

5-2021

Microstructural refinement of cement paste internally cured by polyacrylamide composite hydrogel particles containing silica fume and nanosilica

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Bose, Baishakhi; Davis, Cole R.; and Erk, Kendra, "Microstructural refinement of cement paste internally cured by polyacrylamide composite hydrogel particles containing silica fume and nanosilica" (2021). *School of Materials Engineering Faculty Publications*. Paper 28.
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1 *Article*
2 **Microstructural Refinement of Cement Paste**
3 **Internally Cured by Polyacrylamide Composite**
4 **Hydrogel Particles Containing Silica Fume and**
5 **Nanosilica**

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10

11 **Abstract:**

12 Supplementary cementitious materials were incorporated into
13 hydrogel-based internal curing agents to improve the hydration,
14 microstructure, and ultimately strength of internally cured high-
15 performance cement paste. Polyacrylamide composite hydrogel
16 particles containing amorphous silica – either silica fume or
17 nanosilica – and two different polymer network crosslink densities
18 were synthesized and incorporated into cement paste. The presence
19 of silica and low crosslink density increased the absorption
20 capacity of the particles in pore solution. Micrographs of internally
21 cured paste indicated a significant improvement in hydrogel-
22 related void-filling ability and an increase in void size for low
23 crosslink density particles containing silica. Compressive strength
24 and electrical resistivity increased at later ages for paste samples
25 containing particles with higher silica dosage. The relationship
26 between extent of hydration, void size, and void-filling activity
27 was found to strongly influence the paste’s long-term strength and
28 is thus an important structure-property relationship to consider
29 when selecting hydrogels for internal curing purposes.

30

31 **Keywords:** microstructure (B); silica fume (D); cement paste (D);
32 polymers (D); internal curing

33

34 **1. Introduction**

35

36 The growing demand for concrete with better quality in terms of
37 strength and durability while ensuring low carbon footprint has led
38 to the development of high-performance concrete (HPC). HPC,

39 however, is prone to self-desiccation and shrinkage [1], [2], due to
40 the low water-to-cement (w/c) ratio used in its production. To
41 mitigate the scarcity of water in HPC, superabsorbent polymer
42 (SAP) particles have been successfully used in previous research
43 as internal curing agents [3]–[7]. SAPs can absorb large amounts
44 of water during mixing of concrete and release the water as the
45 concrete ages, facilitating hydration reactions. Use of SAPs has
46 been proven to be effective in preventing self-desiccation [5],
47 mitigating autogenous shrinkage [4], [8]–[12], sealing cracks [13]–
48 [15], improving resistance to freeze-thaw attack [16],[17],
49 improving the microstructure [18] from the additional hydration,
50 thereby enhancing strength and durability of the concrete.

51

52 The introduction of SAPs into concrete is not without challenges.
53 The dosing and size of the hydrogel-based particles must be
54 carefully monitored to ensure that the mechanical strength of the
55 bulk concrete is not compromised by large voids left behind by the
56 dehydrated SAPs. Furthermore, the rheological properties of fresh
57 mortar are governed by the chemical structure of the SAPs [19].
58 The timing of water release is also of paramount importance:
59 desorption during the acceleration period of the cement paste aids
60 in mitigating autogenous shrinkage and improvement in hydration
61 [20].

62

63 Additionally, SAPs are not chemically inert. SAPs used in
64 cementitious systems are primarily composed of poly(acrylic acid-
65 acrylamide) [19], [21], [22]. Multivalent cations – which are
66 abundant in the alkaline pore solution of freshly mixed concrete –
67 have been shown to induce rapid dehydration (deswelling) of
68 swollen hydrogel particles [18],[20],[23],[24]. In particular,
69 complete collapse of polymer networks comprised primarily of
70 acrylic acid (sodium acrylate) has been observed [8], as the
71 carboxylic acid groups in these networks become anionic in
72 alkaline environments and are able to complex with free cations
73 [25]. Thus, SAPs containing acrylic acid are prone to premature
74 water release in cementitious environments, potentially causing an
75 increase in effective w/c ratio and decreasing the compressive
76 strength of mortar [26]. Desorption of acrylic acid-rich SAPs has
77 been observed in previous studies to occur within few minutes in

78 free swelling experiments [8] and reduces the effectiveness of the
79 internal curing if it occurs during the dormant period.

80

81 Considering the sensitivity of acrylic acid to pore solution
82 composition, the present study focuses on acrylamide-based
83 hydrogel particles which are not strongly ionized in alkaline
84 environments and thus are expected to display more desirable,
85 stable swelling behavior in cementitious mixtures. Acrylamide-rich
86 SAPs have previously been shown to be more resistant to changes
87 in pore solution chemistry [27] and have also displayed inorganic
88 phase growth within the voids which remained in the cement
89 microstructure after SAP dehydration [18][28]. This “void-filling”
90 phenomenon was even more pronounced for hydrogel particles
91 containing only acrylamide [29]. Also, a greater percentage of
92 acrylamide in the hydrogel was observed to promote adhesion to
93 the cement matrix, which further appeared to facilitate desorption
94 of the hydrogel particles due to capillary effects [30], [31].

95

96 Supplementary cementitious materials (SCMs) have recently
97 grown in popularity as a strategy to reduce the carbon footprint
98 caused by the cement industry while improving the strength and
99 durability of HPC. Both silica fume (SF) [32], [33] and nanosilica
100 (NS) [34]–[36] have been used for partial replacement of cement
101 or in conjunction with cement as binder material in cementitious
102 systems. In addition to fostering pozzolanic reactions, NS also acts
103 as a filler material to improve microstructure [37]. The high
104 surface area of NS promotes nucleation of calcium silicate hydrate
105 (C-S-H) [38], which presumably leads to higher compressive
106 strengths. However, there are some issues when incorporating
107 these fine-grained SCMs into cement-composites. For example,
108 particles are subject to agglomeration at higher dosages and may
109 reduce mixture workability [38]. Additionally, the fineness of the
110 particles may create inhalation hazards during processing and
111 exacerbate respiratory issues in workers, although amorphous
112 silica has not been conclusively proven to cause pulmonary
113 sicknesses [39].

114

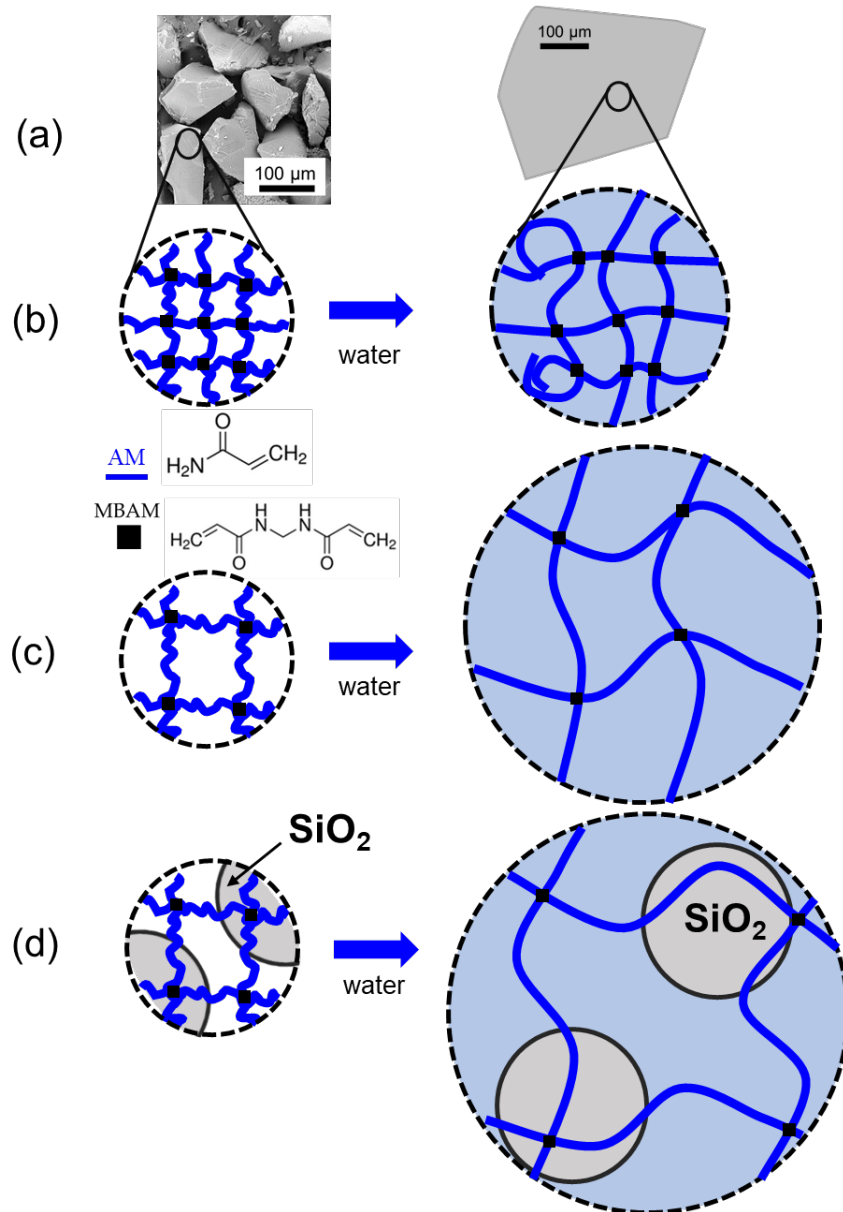
115 Several research studies have been conducted previously in
116 presence of both SAP particles and silica (in the form of NS or SF)
117 to improve performance of internally cured cementitious systems

118 [40]–[44]. Mechanical strength of SAP-cured mortar containing
119 NS was comparable to reference mortar without SAP [45]–[47].
120 Another study showed that inclusion of SAP reduced shrinkage
121 when added to concrete containing NS, while maintaining slump
122 [48]. Addition of SAP to SF-containing mixes showed that
123 autogenous shrinkage was effectively reduced and more than half
124 of the volume of SAP-related voids were filled with portlandite
125 [49]. It is important to note that in these previous studies, SAP and
126 silica were separately incorporated into the cementitious mixtures;
127 as described here, the present study investigates the effects of
128 directly combining SAP and silica.

129
130 A novel method of incorporating amorphous NS into poly(acrylic
131 acid-acrylamide) hydrogel particles to form a “composite”
132 hydrogel has already been reported by Erk and Krafcik *et al.*
133 [50][51]. Cement paste internally cured with acrylamide-rich
134 composite hydrogels particles displayed greater growth of
135 hydration products in SAP-related voids compared with pastes
136 containing conventional (silica-free) SAPs as well as those
137 containing acrylic acid-rich composite hydrogel particles. Another
138 study conducted by Davis *et al.* showed that the swelling capacity
139 and the growth of products inside SAP-related voids can be
140 enhanced by decreasing the crosslink density of the
141 polyacrylamide particle [29]. Thus, polyacrylamide-silica
142 composite hydrogel particles appear to have an advantage over
143 conventional SAPs by promoting pozzolanic reactions in vicinity
144 of the SAP-related voids while continuing to facilitate internal
145 curing. Also, as the NS is physically confined within the polymer
146 network during synthesis of the composite hydrogel, NS inhalation
147 risks during concrete batching and casting are expected to be
148 minimized.

149
150 The goal of the present study is to measure the effect of dosage and
151 type of silica and the crosslink density of the polyacrylamide
152 network on the performance of polyacrylamide composite
153 hydrogel particles as internal curing agents. Two types of
154 amorphous silica (SiO₂) were chosen for this study – NS and SF –
155 keeping in mind the most common SCMs used in the concrete
156 industry. Each different type of hydrogel was synthesized at two
157 different crosslink densities. Figure 1 shows a schematic of the

158 polyacrylamide network with and without silica particles, with a
 159 relatively high and low density of crosslinks before and after
 160 hydration. The absorption behavior of composite hydrogel particles
 161 was characterized using gravimetric swelling tests. Experiments
 162 were then performed on cement paste internally cured by
 163 composite hydrogel particles to determine the impact on non-
 164 evaporable water content, density, porosity, inorganic phase
 165 development, and compressive strength.
 166



167
 168 Figure 1: A schematic representations (not to scale) of the hydrogel
 169 particles in dry and hydrated state in (a) macroscale; (b) nanoscale
 170 at a high crosslink density without the presence of silica; (c)

171 nanoscale at a low crosslink density without the presence of silica;
172 and (d) with silica particles confined within the network of a low
173 crosslink density particle.

174

175 **2. Material and Methods**

176

177 *2.1 Silica Characterization*

178

179 Two sources of amorphous silicon dioxide (SiO₂; silica) were
180 utilized in this study. Silica nanoparticles (NS) with a reported
181 diameter of 60-70 nm were purchased from U.S. Research
182 Nanomaterials, Inc. (Houston, TX). Silica fume (SF) with a
183 reported diameter of 150 nm was purchased from Norchem, Inc.
184 (Beverly, OH). X-ray diffraction (XRD) was performed on the as-
185 received SF and NS silica particles using a Siemens D500
186 diffractometer (30 mA, 50 kV) at 0.02°/s scanning rate in (10–40)°
187 2θ range (Siemens AG, Germany). Samples were prepared by
188 loosely packing the silica particles into a metal sample holder
189 pressed to a paper surface in order to avoid preferential orientation
190 of the particles.

191

192 A Zetasizer Nano ZS (Malvern Instruments, Malvern, United
193 Kingdom) was used to measure the zeta potential of dilute
194 suspensions of silica dispersed in Deionized (DI) water. For each
195 type of silica, two samples were created at different values of pH,
196 7.1 ± 0.1 and 9.8 ± 0.1 , through the progressive addition of a 2M
197 NaOH solution and measured with an electronic pH meter.
198 Measurements at pH > 10 were not possible with the existing
199 Zetasizer configuration. Silica particles were added to the solution
200 at a concentration of 0.1 wt.%, sonicated with a Branson Digital
201 sonicator at 25% amplitude for 2 minutes, and allowed to
202 equilibrate at 25°C for 6.5 hours prior to testing. Three
203 measurements were performed for each sample and averaged to
204 report the zeta potential.

205

206 *2.2 Hydrogel Synthesis*

207 Hydrogel particles were synthesized following the solution
208 polymerization method. Acrylamide (AM, monomer), N,N'-
209 methylenebisacrylamide (MBAM, crosslinker), sodium
210 metabisulfate (NaS₂O₅), sodium persulfate (NaS₂O₈), were all

211 purchased from Sigma-Aldrich (St. Louis, MO) and used without
 212 further purification. Deionized (DI) water used for the synthesis of
 213 hydrogels was collected from a Barnstead Nanopure Infinity
 214 system (Barnstead Thermolyne Corporation, Ramsey, MN). DI
 215 water used had a resistivity of >18 Mohm cm.

216 Crosslinking solutions were prepared by adding 0.3 g of MBAM to
 217 20 mL of DI water. Initiator solutions were prepared by adding
 218 0.3g of NaS₂O₅ and NaS₂O₈ to 10 ml of DI water, separately
 219 (initiator dosage was fixed at 1% by monomer weight). Fresh
 220 batches of crosslinking and initiator solutions were prepared for
 221 each batch of hydrogel synthesis. The reagents used and their
 222 proportion in each variation of hydrogel are summarized in Table
 223 1. Two dosages of silica and crosslinker were investigated: a silica
 224 dosage of 1 and 10% by weight of monomer and crosslinker
 225 dosage of 0.5 and 2% by weight of monomer. In Table 1,
 226 composite hydrogels are labelled as “X-Y-Z” to indicate
 227 composition, where “X” is either NS or SF, “Y” is the dosage of
 228 silica (1 or 10), and “Z” is the dosage of crosslinker (0.5 or 2).

229 Table 1: Hydrogel compositions.

Hydrogel	AM (g)	Water (mL)	Crosslinking	
			Solution (mL)	Silica (g)
AM-2	3.0	7.0	4.0	-
SF-1-2	3.0	7.0	4.0	0.030
SF-10-2	3.0	7.0	4.0	0.300
NS-1-2	3.0	7.0	4.0	0.030
NS-10-2	3.0	7.0	4.0	0.300
AM-0.5	3.0	7.0	1.0	-
SF-10-0.5	3.0	7.0	1.0	0.300
NS-10-0.5	3.0	7.0	1.0	0.300

230 The hydrogel synthesis was adapted from Krafcik *et al.* [50]. To
 231 minimize the absorption of water on the silica, particles were
 232 placed inside 20 mL glass scintillation vials, covered with
 233 aluminum foil, and kept in a vacuum oven at 23°C for 8 hours.
 234 Particles were then stored in a desiccator prior to use. The required
 235 amount of water and silica (as per dosage requirement, see Table 1)
 236 were added to a centrifuge tube and ultrasonication was performed
 237 to disperse the particles. A Branson Digital sonicator equipped

238 with a tapered microtip for low volumes (3 mm tip for 1-10 mL,
239 Sigma-Aldrich) was used to sonicate the suspensions at 35%
240 amplitude for 2 minutes and then at 40% amplitude for 3 minutes.

241 The hydrogel synthesis reaction was conducted in 20 mL glass
242 scintillation vials. The water-silica suspensions were added to the
243 vials first. AM monomer and the prepared crosslinking (MBAM)
244 solution in required amount (see Table 1) was added to the vials
245 and stirred for 5 minutes. Then, 0.5 mL of each of the freshly
246 prepared initiator solutions were added to the vial, and the vial was
247 capped and placed in a temperature-controlled oil bath set at 60°C
248 until gelation was observed (typically within 10 minutes). It is
249 worth mentioning that following the current procedure for
250 hydrogel synthesis, attempt to increase the dosage of silica beyond
251 10% by weight of monomer prevented gelation (sample-spanning
252 percolation of the polymer network, [52]) from occurring.

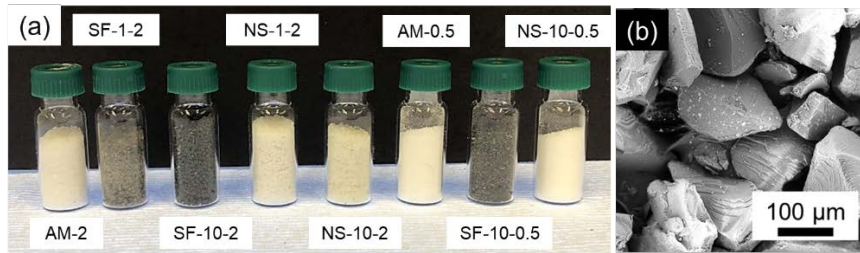
253 Following gelation, the reaction product – a bulk hydrogel – was
254 removed from the vial and immersed in DI water for 24 hours at
255 23°C to remove any unreacted reagents. The hydrogels containing
256 silica differed in appearance compared with the silica-free
257 hydrogels. Hydrogels containing NS were more opaque compared
258 to pure AM hydrogels while hydrogels containing SF were shades
259 of grey, with the intensity of grey increasing with SF dosage. TDS
260 measurements of the DI “wash” water were nearly identical before
261 and after hydrogel immersion. This, along with the variation in
262 color of the synthesized hydrogels, provides evidence of the silica
263 being physically confined in the polymer network even when
264 hydrogels were swollen and immersed in fresh water. Also, no
265 visible sedimentation of silica aggregates was observed in the
266 synthesis vials or wash beakers.

267

268 *2.3 Creation and Characterization of Hydrogel Particles*

269 Bulk hydrogels were dried in an oven at $80 \pm 1^\circ\text{C}$ for 10 hours and
270 then ground into a fine powder using an electric grinder and a
271 mortar and pestle. Hydrogel particles were then sieved into
272 different size fractions by vibrating a set of standard ASTM sieves
273 on a mechanical vibrator table for 30 minutes at 1725 rpm.
274 Particles retained on the sieves with mesh size of 45, 75, and 114
275 μm were added to a scintillation vial in equal weight proportions,

276 mixed, and then capped to form a representative sample of each
277 hydrogel type with particle size ranging from 45 to 150 μm . To
278 prevent any moisture uptake from the atmosphere, the vials of
279 representative samples were kept sealed under laboratory
280 conditions at 23°C, away from direct exposure to sunlight or
281 moisture. This representative sample of hydrogel particle size was
282 used for all the tests in this study except select compressive
283 strength of cement paste using different sized hydrogels. Hydrogel
284 particles were imaged using a NanoScience Instruments Phenom
285 Desktop scanning electron microscope (Thermo Fisher Scientific,
286 Waltham, MA), (uncoated sample, 15 kV). The synthesized
287 hydrogel particles in their dry form along with the scanning
288 electron micrograph of SF-10-2 are shown in Figure 2. Some silica
289 particles are visible on Figure 2b in the form of bright white spots
290 on the surface of the hydrogel particle.
291



292
293 Figure 2: (a) Synthesized dry hydrogel particles. Each vial contains
294 1.10 ± 0.01 g. (b) Scanning electron micrograph of SF-10-2,
295 showing the angular morphology of the hydrogel particles.
296

297 *2.4 Gravimetric Swelling Tests of Hydrogel Particles*

298

299 The tea-bag method [53],[54] was employed to quantify the
300 absorption capacity of the hydrogel particles in both reverse
301 osmosis (RO) water and pore solution. Previous researchers have
302 used synthetic or extracted pore solution to characterize swelling
303 behavior of SAPs [8], [55], [56]. SAP absorption capacity studied
304 using tea-bag tests have been found to be an overestimation of the
305 amount of water that would be absorbed when placed in cement
306 mixes [57][58], however it serves as a simple, reproducible test to
307 estimate the swelling capacity of SAPs.
308

308

309 Here, pore solution was prepared by adding tap water to cement at
310 a water-to-cement ratio of 10 and stirring, covered, for 4 hours.

311 The solution was poured through a Büchner funnel under vacuum
312 with a 589/3 Whatman filter paper (diameter of 150 mm) to
313 remove the cement particles. The filtered solution was kept
314 covered in a plastic container to minimize carbonation effects.
315 Fresh pore solution was prepared for each batch of gravimetric
316 swelling tests.

317

318 For both solutions (RO and pore solution), 200 mL of liquid was
319 added to a beaker and a teabag was fully immersed into the
320 solution for 30 seconds. The teabag was allowed to drip dry and
321 then weighed to obtain the wet mass of the bag, m_{bag} . Then, 0.2 g
322 of dry hydrogel particles (m_{dry}) were added to the wet teabag. The
323 teabag was then immersed into the solution and removed at regular
324 time intervals for weighing (m_{wet}). In the case of pore solution, the
325 beakers were covered with aluminum foil in between
326 measurements to minimize carbonation. Swelling tests were
327 conducted in triplicate. The swelling ratio, Q (grams of absorbed
328 fluid per grams of dry hydrogel particles), was calculated using the
329 following formula:

330

$$331 \quad Q = \frac{m_{wet} - m_{bag} - m_{dry}}{m_{dry}} \quad (1)$$

332

333 *2.5 Creation and Characterization of Internally Cured Cement* 334 *Paste*

335

336 2.5.1 Batch Mixing of Cement Paste

337

338 Ordinary Type I Portland cement (ASTM C150) obtained from
339 Buzzi Unicem (Greencastle, IN) was used. The properties of the
340 cement from the manufacturer's mill certificate are reported in
341 Table 2. Mixture proportions for the mixing of cement paste are
342 given in Table 3. Tap water was used for mixing and the admixture
343 used was Glenium 3030 NS full-range water reducer (WRA)
344 supplied by BASF (Ludwigshafen, Germany). Hydrogel dosage
345 (0.2% by weight of cement) and WRA amount were kept constant
346 (see Table 3).

347

348 Five control samples (denoted as "C.XX" in Table 3) were
349 investigated for the compressive strength study. The first three
350 control samples, C.35, C.35-AM-2 and C.35-AM-0.5, have w/c

351 ratios of 0.35, the same w/c ratio that was used for all pastes
 352 internally cured with composite hydrogel particles. The other two
 353 controls, C.30 and C.40, were created to provide upper and lower
 354 bounds of comparison with the internally cured pastes. These
 355 bounds were chosen based on the maximum equilibrium
 356 absorption capacity that was observed in this study for NS-10-0.5
 357 sample. Some researchers will add extra “curing” water to SAP-
 358 containing mixtures (e.g., 5%) to maintain mixture workability
 359 [24]. Here, no additional “curing” water was added to the mixture
 360 and given the relatively low absorption capacity of acrylamide-
 361 based SAPs observed at 24 hours compared with commercial
 362 SAPs, there was no detectible change in workability of mixtures
 363 with and without hydrogel particles.

364

365 Table 2: Cement properties.

Blaine Fineness	381 m ² /kg	366
Loss on Ignition	2.19 wt.%	367
SiO ₂	19.58%	368
Al ₂ O ₃	5.17%	369
Fe ₂ O ₃	2.84%	370
CaO	63.78%	371
MgO	2.40%	372

373 Table 3: Mixture proportions for cement pastes (WRA in % by
 374 weight of cement).

Sample Name	Cement (g)	Water (g)	Hydrogel particles (g)	WRA (%)
C.35	100	35	--	0.70
C.35-AM-2	100	35	0.2	0.70
C.35-AM-0.5	100	35	0.2	0.70
C.30	100	30	--	0.70
C.40	100	40	--	0.70
SF-1-2	100	35	0.2 ^a	0.70
SF-10-2	100	35	0.2 ^b	0.70
NS-1-2	100	35	0.2 ^a	0.70
NS-10-2	100	35	0.2 ^b	0.70
SF-10-0.5	100	35	0.2 ^b	0.70
NS-10-0.5	100	35	0.2 ^b	0.70

375 ^a containing 0.0004% silica by weight of cement

376 ^b containing 0.004% silica by weight of cement

377

378 Dry cement and dry hydrogel particles (if applicable) were added
379 to a mixing cup and hand mixed for 30 seconds. Water and WRA
380 were added simultaneously, and the mixture was hand-mixed for
381 60 seconds, scraped from the sides of the container, allowed to rest
382 for 30 seconds and then mixed for another 60 seconds before
383 pouring into cylindrical molds each of 1” diameter and 2” height.
384 The molds used for this study were developed by Davis *et al.*[29].
385 Molds were sealed and kept in an environmental chamber at $23 \pm$
386 0.1°C and 50% relative humidity for 24 hours. The paste samples
387 were then demolded and stored in the environmental chamber (23
388 $\pm 0.1^\circ\text{C}$ and 50% relative humidity) until testing. Samples utilized
389 for electrical resistivity tests were placed in saturated lime water
390 until testing after demolding. Care was taken to ensure that the
391 level of saturated lime water remained constant for the duration of
392 test period.

393

394 2.5.2 Density Measurements

395

396 Density measurements were conducted on cement paste samples to
397 evaluate if the voids left behind by the hydrogel particles
398 introduced significant porosity so as to affect bulk density. After
399 the 7- and 28-day compressive strength tests, pieces from the paste
400 sample were collected to conduct density measurements. The
401 specimens (3 for each cement paste sample) were dried in an oven
402 for 3 days at $110 \pm 5^\circ\text{C}$ until constant mass was obtained. The
403 specimens were immersed in DI water at temperature of $23 \pm 1^\circ\text{C}$
404 for 24 ± 4 hours. Specimens were then dried on a large piece of
405 absorbent cloth and the mass of each specimen was measured (in
406 saturated surface dry condition, (*B*)). The specimens were again
407 immersed in water and its apparent mass measured, (*C*). The
408 specimens were dried in the oven for 24 hours at $110 \pm 5^\circ\text{C}$ and
409 the oven dried mass was measured (*A*). The oven dried (OD)
410 specific gravity and the absorption capacity (in percentage) in
411 terms of *A*, *B* and *C* are given by the following equations:

412

$$413 \text{ Oven dried specific gravity} = \frac{A}{(B-C)} \quad (2)$$

$$414 \text{ Absorption (\%)} = \frac{(B-A)}{A} \times 100 \quad (3)$$

415

416 2.5.3 Non-Evaporable Water Content Measurements

417

418 Internal curing water held by SAPs may increase the degree of
419 hydration [59]. This test is a commonly used method to provide an
420 indication of the hydration of cementitious materials [60]. A small
421 piece from the 28-day cement paste sample (cast and stored in the
422 manner described in Section 2.5.1) was immersed in isopropanol
423 for 24 hours, ground and sieved using a sieve with mesh size of
424 250 μm . About 3 g of the ground cement paste was dried for 24 h
425 in an oven at 105°C. Then, the samples were ignited in a muffle
426 furnace at 1050°C for 3 h. The mass of the samples was measured
427 using a balance with a 0.0001 g resolution and was used to
428 calculate the non-evaporable water content using the following
429 equation:

430

$$431 \quad W_n = \frac{m_{105} - m_{1050}}{m_{1050}} - LOI \quad (4)$$

432

433 where W_n is the non-evaporable water content (g/g cement paste),
434 m_{105} is the dry mass (g), m_{1050} is the ignited mass (g), and LOI is
435 the loss on ignition of cement, which is 2.19% according to the
436 mill certificate provided by the manufacturer. The test was run in
437 triplicate and average values were reported.

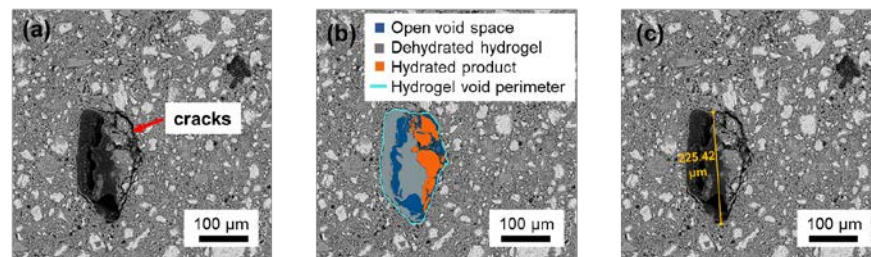
438

439 2.5.4 Backscattered Electron Microscopy

440

441 Cement paste prepared using the method described in Section 2.5.1
442 were used for electron microscopy imaging. Microstructure
443 analysis was performed on 3 days old cement paste. Cured
444 cylinders were immersed in isopropanol for 24 hours to stop
445 hydration, cut into manageable pieces with a diamond saw,
446 vacuum dried for 72 hours at (23 ± 5) °C, and then vacuum
447 impregnated with epoxy. The epoxy coated cement paste samples
448 were then dried at (60 ± 5) °C for 48 hours. Then, a fresh section
449 of each epoxy coated sample was exposed by cutting with a
450 diamond saw and polished. The samples were then carbon coated
451 and imaged using a NanoScience Instruments Phenom Desktop
452 SEM. At least 30 random hydrogel particles' voids were imaged
453 for further microstructural analysis using ImageJ to quantify the
454 portions of the hydrogel particles' voids filled with some product
455 of hydration. Details regarding the procedure implemented to

456 calculate area fraction of the hydrogel void filled with hydration
457 products can be found in the supplementary material (Figure S1).
458 The largest diameter for 30 voids within select paste samples was
459 also measured to compare the hydrogel-related void size between
460 different cement paste samples. Figure 3 illustrates the maximum
461 diameter calculation process from a micrograph of a hydrogel void
462 that is labeled with all the relevant features: original dimension of
463 the hydrogel at the time of set, open void space, dehydrated
464 hydrogel, and hydration product growth.
465



466
467 Figure 3: Micrograph of cement paste with hydrogel particle void.
468 (a) Microstructure features within the local vicinity of the void
469 clearly indicated the dimensions of the original swollen hydrogel
470 particles, including visible cracks marked by the arrow. (b) Open
471 void space, layers of dehydrated hydrogel and hydration product
472 growth/deposit inside the void are highlighted along with the
473 perimeter of the original swollen hydrogel particle at the time of
474 set. (c) Line indicates the measured maximum diameter of the
475 hydrogel particle.
476

477 2.5.5 Compressive Strength Measurements

478
479 Compressive strength tests were conducted on cement paste
480 samples aged 3, 7, and 28 days using an Insight 820.300-SL
481 machine with a load capacity of 300 kN (MTS Systems Corp.,
482 Eden Prairie, MN) at a constant strain rate of 1 mm/min. For each
483 sample, three specimens were tested and the average compressive
484 strength along with the standard deviation were calculated.
485

486 2.5.6 Thermogravimetric Analysis

487
488 Cement paste samples were used to quantify content of calcium
489 hydroxide (CH) in 7- and 28-day samples by thermogravimetric
490 analysis (TGA). Paste samples were taken out of the environmental

491 chamber at the specified days, hydration stopped by immersing in
492 isopropanol for 24 hours and then ground into powder using a
493 mortar and pestle. Care was taken to ensure the powder used for
494 TGA analysis did not originate from the surface of the cylindrical
495 paste sample to eliminate any potential effects of moisture
496 condensation. The powder was sieved through No. 200 (75 μm)
497 sieve and then dried in a vacuum oven at 23°C for 3 days until
498 constant mass was obtained. A small sample of powder (15 to 25
499 mg in size) was used for TGA measurements using a 2050
500 Thermogravimetric Analyzer manufactured by TA Instruments
501 (New Castle, DE) with platinum crucibles. Analysis was
502 performed in a nitrogen gas atmosphere, with a temperature range
503 of 23 °C to 1000 °C at a heating rate of 10 °C/min.

504

505 2.5.7 Electrical Resistivity Tests

506

507 The electrical resistivity of cementitious materials provides an
508 indirect indication of porosity. It is a non-destructive means of
509 investigating microstructural characteristics which in turn can aid
510 in understanding the uptake and transportation of ions as the paste
511 ages [61]. Cement paste samples were removed from the
512 environmental chamber at specified days and the resistance of the
513 samples was measured following procedure described by Spragg *et*
514 *al.*[62] . The sponges were wetted in a freshly prepared saturated
515 calcium hydroxide solution prior to each measurement, and the
516 resistance of the top and bottom sponge was accounted for.

517

518 A separate study of the control samples (without any hydrogels)
519 left in a controlled temperature environment without any curing
520 water and another set in lime water was performed to ensure that
521 there is no significant difference in electrical resistivity of samples
522 if submerged in saturated lime water.

523

524 3. Results and Discussion

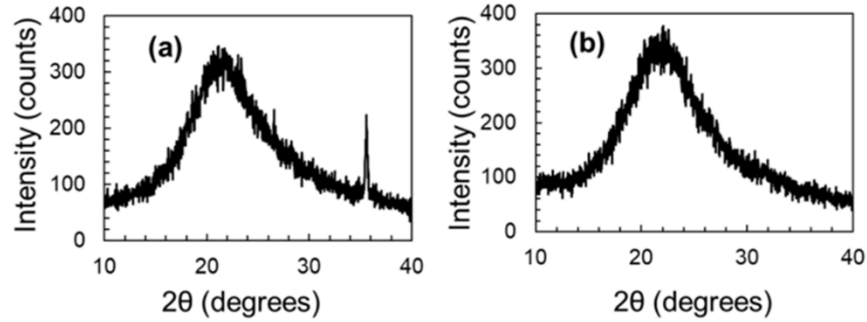
525

526 3.1 Silica Characterization Results

527

528 As shown in Figure 4, the XRD patterns indicated that both NS
529 and SF are highly amorphous as the overall intensity of the signal
530 was extremely low with a broad reflex, centered at about 22°. For

531 SF, a peak at $2\theta \sim 35.5^\circ$ was obtained due to the presence of silica
 532 carbide [63]. Crystalline silica would have given a pattern with two
 533 high-intensity peaks about the 2θ at 20.8° and 26.6° , respectively
 534 [64].
 535



536
 537 Figure 4: XRD pattern of the (a) silica fume (SF) (b) nanosilica
 538 (NS) used in this study.

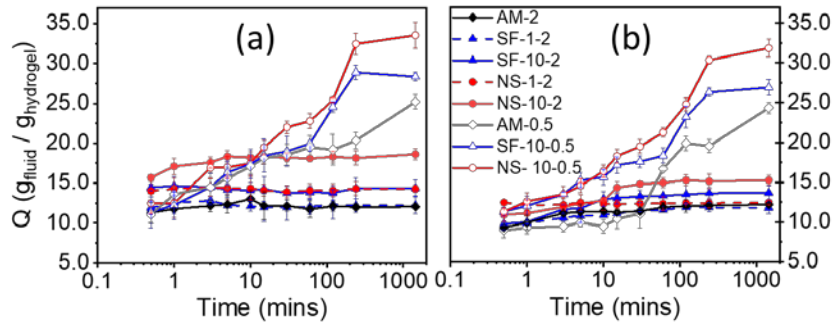
539
 540 The zeta potential measurements are given in Table 4. These
 541 results suggest that the amorphous silica particles have a negative
 542 surface charge due to the dissociation of terminal silanol groups
 543 and subsequent formation of surface hydroxyl (-OH) groups [65].
 544 Also, the zeta potential values indicated that both forms of silica
 545 will be stable at the highly alkaline pH that is usually common in
 546 cementitious mixtures as aqueous dispersions with zeta potentials
 547 less than -30mV are considered to be stable [66].

548
 549 Table 4: Zeta potential measurements of SF and NS.

Form of silica	pH	Zeta Potential (mV)
Silica Fume	7.1 ± 0.1	$- 28.6 \pm 0.7$
(SF)	9.8 ± 0.1	$- 41.3 \pm 0.6$
Nanosilica	7.1 ± 0.1	$- 26.1 \pm 2.4$
(NS)	9.8 ± 0.1	$- 41.6 \pm 1.4$

550
 551 *3.2 Hydrogel Absorption Results*
 552
 553 Figure 5 shows the swelling capacities of hydrogel particle
 554 samples in RO water and pore solution. At a constant crosslink
 555 density of 2%, compared with pure (silica-free) AM particles, the
 556 addition of NS resulted in greater absorption in RO water, which at
 557 equilibrium (24 hours) increased by 19% and 55% for NS dosages
 558 of 1% and 10%, respectively. To a lesser extent, addition of SF

559 also increased the equilibrium absorption by 2% and 20% for SF
 560 dosages of 1% and 10%, respectively. Additionally, the decrease of
 561 crosslink density increased the swelling capacity by 110% for the
 562 pure (silica-free) AM particles, and similar trends were also
 563 observed for the silica-containing particles. For instance, a 80%
 564 increase in equilibrium swelling capacity of NS-10-0.5 was
 565 observed compared with NS-10-2. As expected, absorption
 566 capacities for each hydrogel sample were reduced in pore solution
 567 (Figure 5b), as the naturally occurring ions in pore solution
 568 reduced the osmotic driving force for water absorption [25]. It is
 569 important to note that no residues of silica particles were observed
 570 in the beakers after the swelling tests; *i.e.*, the NS and SF particles
 571 remained physically confined within the hydrogel particles even at
 572 maximum particle swelling.
 573



574
 575 Figure 5: Swelling capacity of hydrogel particle samples as a
 576 function of immersion time in (a) RO water and (b) pore solution.
 577

578 As seen in Figure 5, the NS-10-0.5 hydrogel particles, with lower
 579 crosslink density and containing NS, displayed the greatest
 580 absorption capacity in both RO water and pore solution. Two
 581 factors contributed to this behavior. First, reducing the crosslink
 582 density of the hydrogel particles effectively doubled their
 583 measured absorption capacity. This is well-known behavior in
 584 polymer physics [52], illustrated in Figure 1, as the presence of
 585 chemical crosslinks in a polymer network reduces the overall
 586 flexibility (degrees of freedom) of the polymer molecules and thus
 587 hinders volumetric expansion. Consistent with past work by Davis
 588 *et al.* [29], the greater network restrictions and reduced absorption
 589 due to crosslinks manifest as large increases in the particles'
 590 compressive, shear, and elastic moduli [29]. Second, zeta potential
 591 measurements (Table 4) indicated the likelihood of water

592 adsorption directly on to the silica particles driven by hydrogen
 593 bonding and dipole interactions of water molecules with surface
 594 hydroxyl groups [67]. As the silica particles were physically
 595 confined in the polymer network, such surface adsorption would
 596 manifest globally as an increase in absorption capacity. This idea is
 597 consistent with the greater increase in swelling observed for NS-
 598 containing hydrogel particles compared with SF, as the smaller NS
 599 particles displayed greater total surface area for water adsorption.

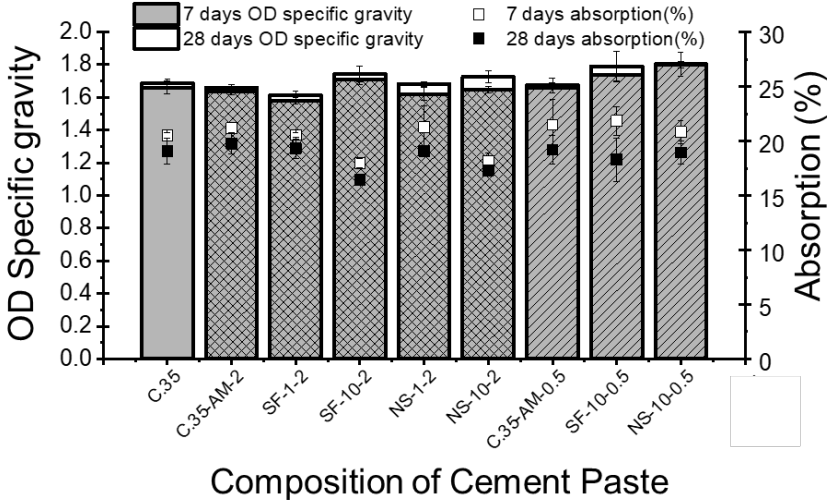
600

601 *3.3 Density Measurement Results*

602

603 The oven dried specific gravity (OD) and the absorption capacity
 604 of the cement paste samples are reported in Figure 6. A slight
 605 increase in specific gravity and consequent decrease in absorption
 606 capacity of the cement pastes were observed with age. This was
 607 expected as over time, the cement paste hydrated and porosity
 608 decreased; hence, the density increased and the absorption capacity
 609 subsequently decreased. Interestingly, the addition any hydrogel
 610 particles – high or low crosslink density, containing NS or SF – did
 611 not significantly change the density of the paste samples compared
 612 with the control paste (C.35), indicating that the hydrogel-related
 613 voids did not significantly affect the bulk density of the paste
 614 samples at the chosen conventional dosage of 0.2 % hydrogel
 615 particles by weight of cement.

616



617

618 Figure 6: Oven dry (OD) specific gravity and absorption capacity
 619 of cement paste samples at 7 and 28 days. For clarity, hatched bars
 620 represent samples containing low crosslink density hydrogel

621 particles and cross-hatched bars represent samples containing high
622 crosslink density hydrogel particles.

623

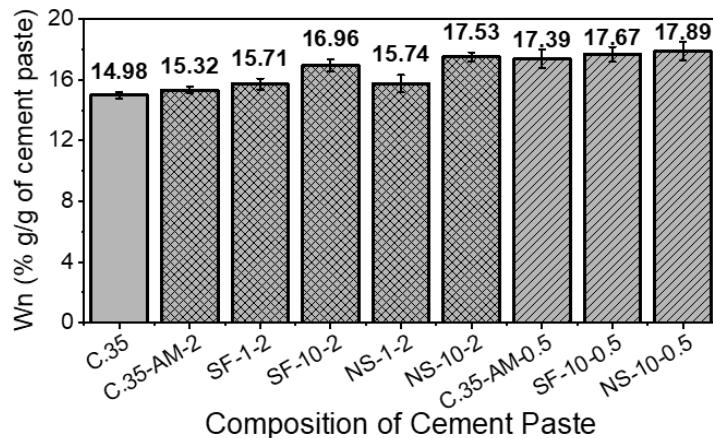
624

625

626 *3.4 Non-Evaporable Water Content Results*

627

628 The non-evaporable water content (W_n) at 28 days is shown in
629 Figure 7. It was evident that the addition of hydrogel particles
630 increased the hydration of the cement paste samples, which is in
631 agreement with previous research performed on cement paste
632 containing hydrogel particles [60]. Also, for the high crosslink
633 density particles, an improved degree of hydration for paste
634 containing composite hydrogel particles compared to paste
635 samples containing silica-free hydrogels. No significant
636 improvement of hydration was observed when comparing paste
637 containing hydrogel particles with low crosslink density.
638



639

640 Figure 7: Non-evaporable water content (W_n) of the cement pastes
641 at 28 days. For clarity, hatched bars represent samples containing
642 low crosslink density hydrogel particles and cross-hatched bars
643 represent samples containing high crosslink density hydrogel
644 particles.

645

646 *3.4 Cement Paste Microstructure*

647

648 Scanning electron micrographs of internally cured cement pastes
649 are shown in Figures 8 and 9 for high and low crosslink density
650 hydrogel particles, respectively. For each sample, the sizes of the

651 hydrogel-related voids and the amounts of hydration product
 652 observed within the voids were measured and are described below
 653 to ultimately determine the effects of hydrogel particle
 654 composition – crosslink density and the presence of silica – on the
 655 cement paste microstructure.
 656 The size of the hydrogel-related voids in the cement microstructure
 657 is an important parameter to estimate for each hydrogel particle
 658 composition as the presence of voids beyond a critical size will
 659 reduce cement strength. Additionally, hydrogel particle swelling
 660 capacity results from the free swelling experiments (Figure 5)
 661 cannot be directly applied to estimate void sizes in the
 662 microstructure. This is because during mixing and placement of
 663 cement, the hydrogel particles will likely experience physical
 664 confinement from the surrounding cement solids which can hinder
 665 the volumetric expansion of the hydrogel particles and ultimately
 666 reduce their capacity for fluid absorption.

667
 668 To estimate the size of the hydrogel-related voids within the
 669 cement microstructure, the maximum diameter was measured for
 670 30 randomly selected voids in each sample. Histograms of all
 671 measurements are available in supplementary material (Figure S2).
 672 Table 5 reports the average values to allow for relative
 673 comparisons to be made between different hydrogel particle
 674 compositions. While some quantitative information was lost when
 675 comparing average size values instead of complete size
 676 distributions, these averages were treated here as rough estimates
 677 of particle sizes due to the measurement challenges described in
 678 the following paragraph.

679
 680 Table 5: Average maximum length of SAP-related voids from
 681 cement paste microstructure analysis.

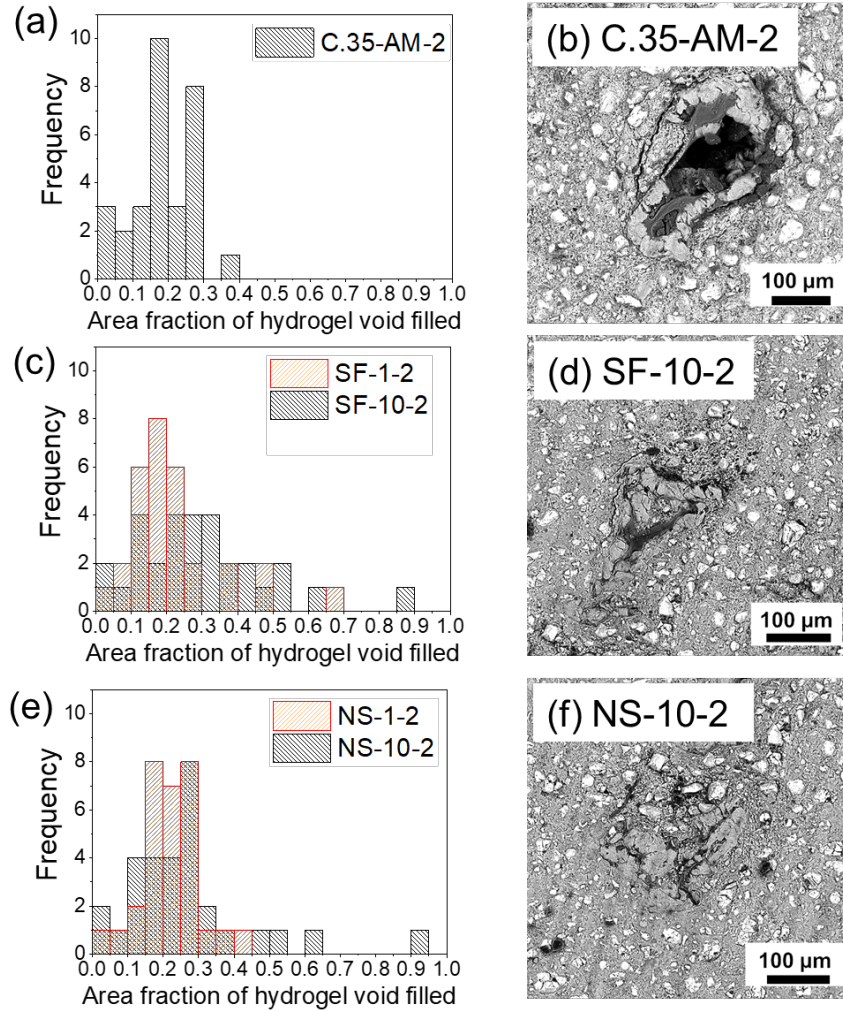
Sample	Average maximum length of void (μm)
C.35-AM-2	212
SF-10-2	236
NS-10-2	239
C.35-AM-0.5	225
SF-10-0.5	290
NS-10-0.5	355

682

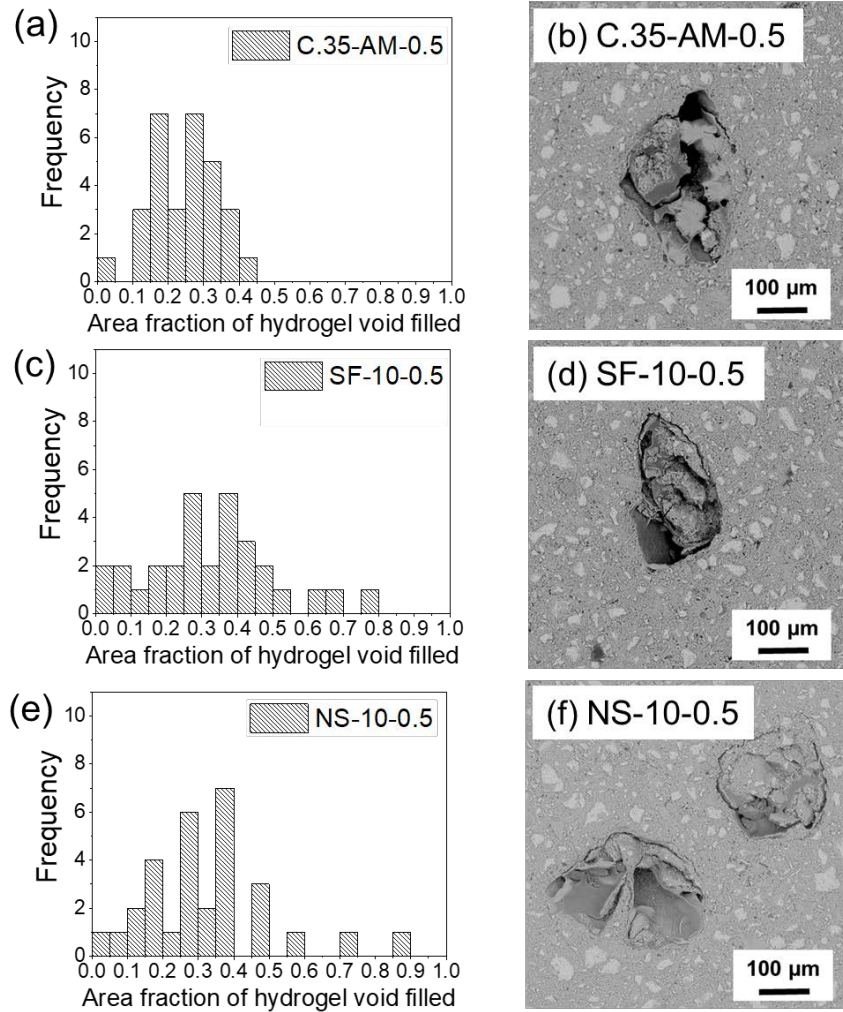
683 Example diameter measurements are provided in Figure S3 to
684 illustrate that the maximum diameters sometimes included regions
685 filled with hydration product, which was believed to form
686 during/after particle dehydration. As such, these measured
687 diameters provided a rough estimate of the size of the swollen
688 hydrogel particles at the cement setting time. In some images (e.g.,
689 Figure 8b; Figure 9b, d, and f), microstructure features within the
690 local vicinity of the void clearly indicated the dimensions of the
691 original swollen hydrogel particles, including visible cracks, open
692 void space, layers of dehydrated hydrogel, poorly consolidated
693 hydration product (also see Figure 3). However, in other images
694 (e.g., Figure 8d and f), such features were less visible when the
695 hydrogel-related voids contained significant growth of hydration
696 product, partially obscuring the original dimensions of the swollen
697 hydrogel particles. In these cases (< 9% of all analyzed images),
698 maximum diameter was determined by marking off the visible
699 edges of the hydrogel-related voids and then measuring the
700 diameter in several directions to obtain the maximum diameter (see
701 labeled image in supplementary material Figure S3, for more
702 details).

703
704 Despite these measurement challenges, some significant trends
705 were observed from Table 5. Most notable was the relatively
706 smaller swollen sizes displayed by the high crosslink density
707 particles compared with the low crosslink density particles. In the
708 free swelling experiments reported in Figure 5, the high crosslink
709 density particles only swelled to approximately half the capacity of
710 the low crosslink density particles after 24 hours, an expected
711 outcome due to the network restrictions imparted by the chemical
712 crosslinks. In the cement pastes, however, the differences in
713 swollen particle size reported in Table 5 were not as great due in
714 part to the confinement of the swelling particles by the surrounding
715 cement solids. This trend was also observed during a previous
716 study conducted by Erk and coworkers on cement paste internally
717 cured with spherical PAM [29]; for more details, see histograms in
718 supplementary material, Figure S4. Increases in swollen particle
719 sizes were observed when silica was present in the hydrogel
720 particles, again consistent with free swelling results in Figure 5.
721 For the high crosslink density particles containing silica, a small
722 increase in swollen particle size was observed (e.g., 13% increase

723 in size from C.35-AM-2 to NS-10-2) while greater increases were
 724 observed for low crosslink density particles containing silica (e.g.,
 725 58% increase in size from C.35-AM-0.5 to NS-10-0.5).
 726
 727



728
 729 Figure 8: Microstructure analysis of pastes cured with high
 730 crosslink density hydrogel particles. (a) (c) and (e) Area of
 731 hydrogel particle voids filled with hydration products as a function
 732 of cement paste composition. Micrographs (3-day cured) of
 733 hydrogel particle voids in cement paste internally cured with (b)
 734 C.35-AM-2 with 35% of the void filled, (d) SF-10-2 with 89% of
 735 the void filled, and (f) NS-10-2 with 93% of the void filled.
 736



737
 738 Figure 9: Microstructure analysis of pastes cured with low
 739 crosslink density hydrogel particles. (a) (c) and (e) Area of
 740 hydrogel particle voids filled with hydration products as a function
 741 of cement paste composition. Micrographs (3-day cured) of
 742 hydrogel particle voids in cement paste internally cured with (b)
 743 C.35-AM-0.5 with 40% of the void filled, (d) SF-10-0.5 with 80%
 744 of the void filled, and (f) NS-10-0.5 with 89% of the upper-right
 745 hand corner void filled.

746
 747 As seen in the micrographs in Figures 8 and 9, one of the most
 748 striking features of the cement microstructures was the observed
 749 “filling” of the hydrogel-related voids with hydration product.
 750 Based on elemental analysis conducted in a prior study (see Figure
 751 S5), the hydration products are believed to be mostly CH with
 752 some amount of intermixed C-S-H.
 753

754 To determine how the hydrogel particle composition affected the
755 observed void-filling, the amounts (by area fraction) of hydration
756 product observed within the hydrogel-related voids were quantified
757 for each internally cured paste. Details of these measurements,
758 including representative images, are provided in supporting
759 information (Figure S1). Of the 30 hydrogel-related voids that
760 were analyzed for paste containing high crosslink density particles
761 (see histograms in Figure 8), the following numbers of voids were
762 more than 30% filled: 1 void in C.35-AM-2; 5 voids in SF-1-2 and
763 13 voids in SF-10-2; 3 voids in NS-1-2 and 7 voids in NS-10-2. By
764 comparison, of the 30 hydrogel voids analyzed for paste containing
765 low crosslink density particles (see Figure 9), the following
766 numbers of voids were more than 30% filled: 9 voids in C.35-AM-
767 0.5; 16 voids in SF-10-0.5; and 15 voids in NS-10-0.5. Thus, more
768 voids resulting from low crosslink density hydrogel particles
769 containing silica were filled with hydration products compared to
770 voids resulting from high crosslink density particles.

771

772 The greater filling of hydrogel-related voids in SF-10-2 and NS-
773 10-2 samples was in good agreement with the increased amount of
774 non-evaporable water observed in Figure 7. In particular, the SF-
775 10-2 composite hydrogel particles appeared to have the greatest
776 impact on the microstructure of the cement paste, potentially
777 indicating that desorption and reaction rates may depend on silica
778 form. Increased non-evaporable water content for NS-10-0.5 when
779 compared to NS-10-2 was also observed which is consistent with
780 the larger amount of filled hydrogel voids in NS-10-0.5.

781

782 The differences in void-filling ability observed in Figures 8 and 9
783 are most likely due to the different physical and chemical
784 structures of the hydrogel particles, including the crosslink density
785 and the presence of silica. The following paragraphs describe the
786 hydrogel structure-property relationships that are hypothesized to
787 directly impact the development of the cement microstructure.

788

789 The differences in absorption capacity (Figure 5) of the high and
790 low crosslink density hydrogel particles were significant and
791 important to consider when analyzing the internally cured paste
792 microstructures. The significantly higher swelling capacity of the
793 low crosslink density particles likely caused the hydrogels to retain

794 more water in the paste mixture. In turn, greater amounts of water
795 may have facilitated more hydration product growth inside the
796 voids during early stages of hydration. It was also expected to take
797 longer to fully expel the absorbed water; hence, this additional
798 water present for longer time durations might have facilitated
799 growth of more products in and around the hydrogel-related voids.
800 Additionally, it is noteworthy that the high-swelling low crosslink
801 density hydrogel particles formed larger sized voids on average
802 compared with the voids resulting from the low-swelling high
803 crosslink hydrogels (see Table 5). Hence, the void-filling “activity”
804 in the vicinity of the low crosslink density hydrogel particles
805 appeared to be much greater than in the vicinity of the high
806 crosslink particles, ultimately resulting in more total void space
807 filled by hydration product in pastes cured with the low crosslink
808 density hydrogel particles.

809

810 Besides dictating absorption capacity, the nanostructure of the
811 hydrogel’s internal polymer network may have played additional
812 roles in the formation of hydration product. In particular, as
813 illustrated in Figure 1, the high crosslink density hydrogels have
814 higher polymer concentration and thus smaller mesh size (pore
815 size) compared with the low crosslink density hydrogels. Inspired
816 by existing hydrogel-based crystallization studies [68], the high
817 crosslink density, small mesh size hydrogel particles were
818 expected to more strongly hinder the nucleation and growth of
819 hydration product within the hydrogel, by a combination of the
820 following factors. First, the supersaturation threshold probably
821 increased for the nucleation of inorganic phases including CH and
822 C-S-H. This is supported by a study that found higher
823 supersaturation levels are required for crystallization of calcium
824 carbonate from solutions confined within gelatin-based hydrogels
825 with smaller mesh size [69]. Second, the growth rate of the
826 hydration products might have been significantly reduced due to
827 slower diffusion of ions throughout the smaller mesh size of the
828 hydrogel particle. As reported by Lopez-Bengaza *et al.*, [70] and
829 others [71], hindrance of ion diffusion in agarose hydrogels with
830 small mesh size resulted in slower growth of calcium carbonate.
831 Third, the smaller mesh size might have physically confined the
832 growing inorganic phases, thereby limiting the product’s overall
833 size and morphology, especially as the latter is typically dictated

834 by preferred crystallographic growth orientations. To summarize,
835 chemical crystallization studies have found that mass transport in
836 hydrogel-based materials is relatively slow and controlled because
837 the mobility of ions in the solution is restricted by the polymer
838 network and supersaturation concentrations can be more difficult
839 to achieve. Ultimately, these changes in transport and chemical
840 activity can slow the overall rate of crystallization and change the
841 size and morphology of the resulting products. In the present work,
842 such changes likely contributed to the reduced void-filling that was
843 observed in pastes cured with the high crosslink density, small
844 mesh size hydrogel particles.

845

846 In addition to crosslink density, the presence of silica within the
847 hydrogel particles directly impacted the cement microstructure. For
848 both the high and low crosslink density hydrogel particles, silica
849 resulted in increased void-filling as illustrated in Figures 8 and 9.
850 Thus, silica appeared to have increased the formation of hydrated
851 product in the hydrogel-related void. This result was most likely
852 due to silica acting as a filler material [37] in addition to fostering
853 pozzolanic reactions. Furthermore, the high surface area of NS
854 may have promoted nucleation of C-S-H over the surface [38]. The
855 presence of silica inside the composite hydrogels along with the
856 unrestricted space for nucleation and growth provided by the
857 deswollen hydrogel void was also expected to contribute towards
858 enhancement of hydration product growth.

859

860 Lastly, when considering the impact of the silica-containing
861 hydrogels on the internally cured pastes, it is important to note that
862 the relatively small dosage of the silica in the system did not result
863 in detectable increases in global pozzolanic activity (results and
864 details will be discussed in Section 3.6). In a previous study with
865 spherical hydrogel particles, it was relatively straight-forward to
866 distinguish CH growth by its typical morphology (Figure S5) and
867 confirm with EDX measurements [29]. However, for the present
868 study with irregular shaped hydrogel particles, the growth
869 observed in the hydrogel-related voids was more complex and
870 likely composed of CH intermixed with C-S-H. As such, EDX
871 measurements were likely to be inaccurate and not performed.

872

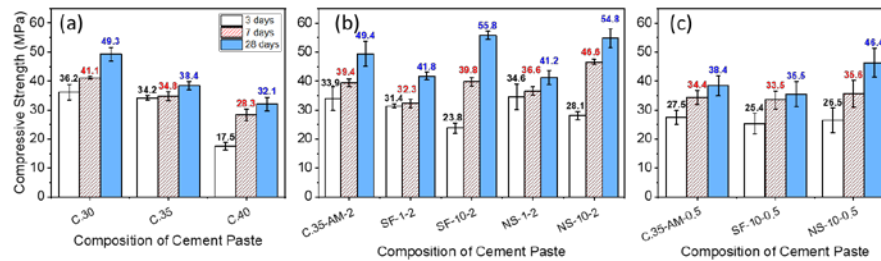
873

874 3.5 Compressive Strength Results

875

876 The changes in compressive strength of the cement paste samples
 877 at various ages are shown in Figure 10, including the results for
 878 three hydrogel-free control samples, C.30, C.35, and C.40, which
 879 have w/c ratios of 0.30, 0.35, and 0.40, respectively (Figure 10a).
 880 The results for cement pastes containing high and low crosslink
 881 density hydrogel particles are shown in Figure 10b and 10c,
 882 respectively. After 28 days of curing, increases in strength beyond
 883 all control samples were observed for pastes containing high
 884 crosslink density hydrogel particles with the highest dosage of
 885 silica, i.e. SF-10-2 and NS-10-2 in Figure 10b. In comparison, the
 886 28-day compressive strength values for pastes containing low
 887 crosslink density hydrogels were significantly reduced (Figure
 888 10c).

889



890

891 Figure 10: Compressive strength of cement pastes at various ages.
 892 (a) Control pastes at different w/c ratios without hydrogel particles;
 893 (b) pastes internally cured with high crosslink density hydrogel
 894 particles; and (c) pastes internally cured with low crosslink density
 895 hydrogel particles.

896

897 Reduced early-age (3 days) strength was observed for almost all
 898 paste samples containing composite hydrogel particles compared
 899 with the respective control pastes containing silica-free particles,
 900 i.e. C.35-AM-2 in Figure 10b and C.35-AM-0.5 in Figure 10c.
 901 Among internally cured samples, pastes containing hydrogels with
 902 the highest dosage of silica fume (SF-10-2) had the lowest early-
 903 age strength. Interestingly, the most significant gains in strength
 904 over the 28-day period were observed for pastes containing SF-10-
 905 2 (+135%) and NS-10-2 (+95%) when compared to the control
 906 paste C.35-AM-2 (+46%).

907

908 Reductions in early-age strength may be explained by considering
909 the desorption behavior of the different hydrogel particles. As
910 shown in Figure 10, the 3 days strength of paste containing
911 composite hydrogel particles was reduced compared to silica-free
912 hydrogel particles. This reduction could indicate that that the
913 composite hydrogel particles were desorbing more fluid at earlier
914 ages compared with the silica-free hydrogel particles, leading to a
915 cement matrix that has a local w/c ratio greater than 0.35 and thus
916 reduced strength. This idea is perhaps consistent with other
917 published results[72], showing that the presence of SF in OPC-
918 SCM systems increased the desorption rate of SAP hydrogel
919 particles; as SF typically creates a finer pore structure, the authors
920 suggested that the presence of SF facilitates hydrogel desorption
921 by increasing the capillary pressure of the matrix. Here, the silica
922 confined within the composite hydrogel was not released from the
923 particle; however, the silica may still increase the local capillary
924 pressure, leading to accelerated desorption at early ages.

925
926 It is important to note that fluid desorption from the hydrogel
927 particles into the cement matrix was not directly observed or
928 measured in this study. The results from the 24-hr free “*ex situ*”
929 swelling experiments shown in Figure 5 did not display any
930 signatures of fluid desorption. Additionally, swelling tests
931 conducted for up to 3 days did not show any significant change in
932 swelling capacity compared with the 24-hr absorption values in
933 Figure 5 (see Figure S6 in supplementary material). While *ex situ*
934 swelling tests are useful to determine the equilibrium absorption of
935 a particular SAP formulation, it is well known that these tests are
936 not completely accurate representations of the environment that a
937 SAP particle experiences when confined in a cement matrix [25].
938 Specifically, in *ex situ* swelling tests, like Figure 5, there are no
939 significant chemical or physical driving forces that evolve over
940 time to encourage fluid desorption from the hydrogel particles. For
941 example, Montanari, *et al.* [27] recently showed that the sorption
942 behavior of SAP was dependent on the concentration of ions in the
943 pore solution which of course changes over time during hydration.

944
945 To better understand the relationship between longer term (28
946 days) compressive strength and microstructure, Table 6
947 summarizes the relative changes of hydration product growth, void

948 size, and compressive strength for select hydrogel compositions.
 949 From Table 6, for silica-free hydrogels, a decrease in crosslink
 950 density corresponded to a 33% increase in void-filling, a small
 951 (6%) increase in void size, and a 22% decrease in 28 days
 952 compressive strength. The negative correlation between void-
 953 filling and compressive strength was unexpected as it was assumed
 954 that the compressive strength of the paste would increase if more
 955 of the SAP-related voids were filled with hydrated product. This
 956 unexpected observation may instead indicate that at the relatively
 957 low hydrogel dosages used in this study, any strength gains which
 958 resulted from SAP-related void-filling were local and did not
 959 contribute towards the global compressive strength.

960

961 Table 6: Impact of crosslink density decrease on hydration product
 962 growth in hydrogel-related voids, void size and 28 days
 963 compressive strength.

Comparison Samples	Average area of hydration product in hydrogel voids	Average diameter of hydrogel-related void	Compressive Strength of cement paste
C.35-AM-2 to C.35-AM-0.5	33% ↑	6% ↑	22% ↓
SF-10-2 to SF-10-0.5	12% ↑	23% ↑	36% ↓
NS-10-2 to NS-10-0.5	28% ↑	49% ↑	15% ↓

964

965 For the SF-containing hydrogel samples compared in Table 6, a
 966 decrease in crosslink density corresponded to a moderate increase
 967 (12%) in void-filling and a dramatic 36% decrease in 28 days
 968 compressive strength. So again, the expected benefits of void-
 969 filling were not observed at the global scale. In this case, the
 970 dramatic strength reduction between the samples have resulted
 971 from the substantial increase in size (23%) of the hydrogel-related
 972 voids, which could increase the likelihood for crack initiation and
 973 propagation during compression testing and result in failure at
 974 reduced loads. For the NS-containing hydrogel samples compared
 975 in Table 6, a decrease in crosslink density corresponded to a 28%
 976 increase in void-filling, a large increase (49%) in void size, and a
 977 moderate decrease (15%) in 28 days compressive strength. So,

978 despite the fact that the low crosslinked NS-containing hydrogels
979 created relatively large voids in the cement paste, the compressive
980 strength was not as dramatically reduced like for the SF samples,
981 perhaps due to the increased void-filling abilities of these NS-
982 containing hydrogels.

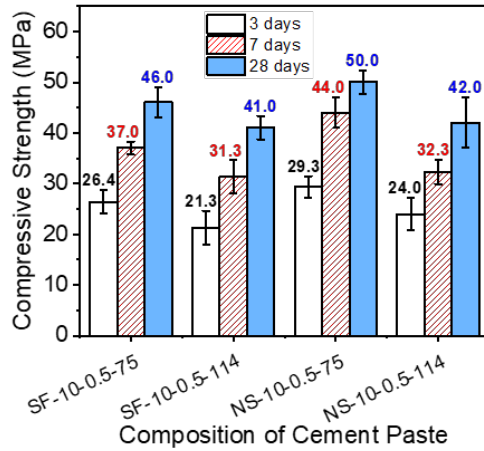
983

984 Overall, the comparisons illustrated in Table 6 and the results in
985 Figure 10 clearly indicate that the compressive strength of cement
986 paste containing hydrogel particles was dependent on the crosslink
987 density of the particles, as the higher-swelling low crosslink
988 density hydrogel particles resulted in reduced long term
989 compressive strengths. Table 6 also shows that there was not one
990 dominant feature of the microstructure that completely explained
991 the strength reductions, as both a hydrogel's void-filling ability as
992 well as its total void size appeared to play important roles.

993

994 In one final experimental attempt to better understand the
995 relationship between hydrogel-related microstructure features and
996 paste compressive strength, another set of compressive strength
997 tests were conducted on paste samples containing dried and sieved
998 low crosslink density hydrogels with different particle sizes
999 (Figure 11). Samples denoted in Figure 11 as “-75” contained low
1000 crosslink density particles with dry sizes of 45-75 μm ; samples
1001 denoted as “-114” contained low crosslink density particles with
1002 dry sizes of 75-114 μm . Paste samples containing composite silica-
1003 containing hydrogels with larger particle size resulted in small but
1004 significant strength reductions at all ages (3, 7, 28 days). For
1005 instance, compared to the NS-10-0.5-75 sample, there was a 16%
1006 reduction in 28 days strength for NS-10-0.5-114. Such reductions
1007 were expected as larger particles will swell to greater dimensions
1008 in the cement paste and result in larger hydrogel-related voids.
1009 Although hydration product growth in these voids might offset
1010 some of the loss in strength, larger voids will lead to reduced
1011 overall strength.

1012



1013

1014 Figure 11: Compressive strength of cement pastes at various ages
 1015 internally cured with 0.5% crosslinked hydrogel particles of
 1016 different size ranges: “-75” denotes dry particles within 45-75 μm
 1017 and “-114” denotes dry particles within 75-114 μm .

1018

1019 To summarize, considering the comparisons in Table 6 and data in
 1020 Figures 10 and 11, increased hydrogel-related void size in the
 1021 cement paste microstructure due to either larger hydrogel particles
 1022 or hydrogel particles with lower crosslink density (and thus greater
 1023 swelling) resulted in compressive strength reductions. However, as
 1024 illustrated by the NS-containing hydrogels, these void-size-
 1025 dependent strength reductions were at least partially off-set by the
 1026 growth of hydrated product within the voids.

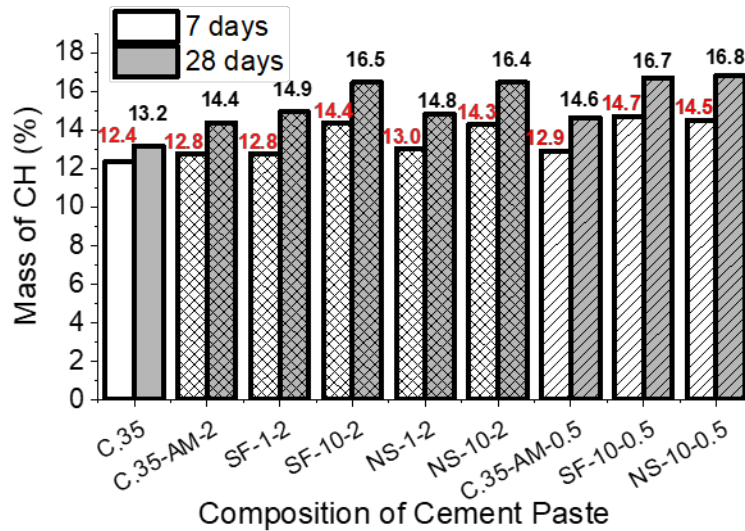
1027

1028 *3.6 Phase Analysis*

1029

1030 The CH content in the cement paste samples at two hydration ages
 1031 is shown in Figure 12. As hydration proceeded, the amount of CH
 1032 increased in the samples. CH content further increased with silica
 1033 dosage in the hydrogel; for example at 28 days, a 14% increase in
 1034 CH within the NS-10-2 paste sample was observed compared to
 1035 the internally cured control (C.35-AM-2) sample.

1036



1037

1038 Figure 12: Calcium hydroxide content (%) of cement paste at 7 and
 1039 28 days. For clarity, cross-hatched bars represent samples
 1040 containing high crosslink density hydrogel particles and hatched
 1041 bars represent samples containing low crosslink density hydrogel
 1042 particles.

1043

1044 In systems containing SCMs, the conversion of CH to C-S-H
 1045 should decrease the CH content when compared to samples
 1046 without any SCM. Here, the observed increases in CH in Figure 12
 1047 in samples containing composite hydrogels indicate that the
 1048 presence of silica in the hydrogel particles did not impact the
 1049 global CH content inside the paste matrix. While unexpected, this
 1050 was not a surprising outcome as even at the highest dosage of silica
 1051 in the hydrogel particles (10 wt.% of monomer), silica was less
 1052 than 0.005 wt.% of the cement used in fresh paste mixture. The
 1053 silica concentration in a single swollen SF-10-2 or NS-10-2
 1054 particle was estimated to be approximately 0.5-1.5 vol.% based on
 1055 starting reagent concentrations in Table 1, average silica and dry
 1056 hydrogel particle size, and swelling dimensions from micrographs.
 1057 To put these dosages into context, typical NS dosages in
 1058 conventional OPC-SCM mixtures range from 0.2 to 12 wt.% of
 1059 cement [73]. Thus, the dosage of silica in the paste mixtures of this
 1060 study was most likely insufficient to decrease global CH content as
 1061 C-S-H is created, as measured by TGA. Instead, the measured
 1062 increase in CH in Figure 12 was consistent with the results from
 1063 the non-evaporable water measurements (Figure 7), indicating that

1064 pastes internally cured with composite hydrogel particles had
1065 increased degree of hydrations.

1066

1067 No significant changes in CH content were observed in Figure 12
1068 for samples cured with low crosslink density hydrogels compared
1069 with high crosslink density hydrogels, despite the increases in
1070 void-filling observed in pastes containing low crosslink density
1071 particles (see Table 6). For instance, in Figure 12, the increase in
1072 CH content was 15% in NS-10-0.5 sample, when compared to
1073 C.35-AM-0.5. As aforementioned, the increase in CH content for
1074 NS-10-2 sample was 14%, when compared to C.35-AM-2. This
1075 observation again supports the idea that at these relatively low
1076 dosages of hydrogel particles in cement pastes, any local
1077 microstructural or compositional changes related to the hydrogel
1078 particles may be difficult to quantify directly using global
1079 characterization techniques, like macroscale compression testing or
1080 TGA.

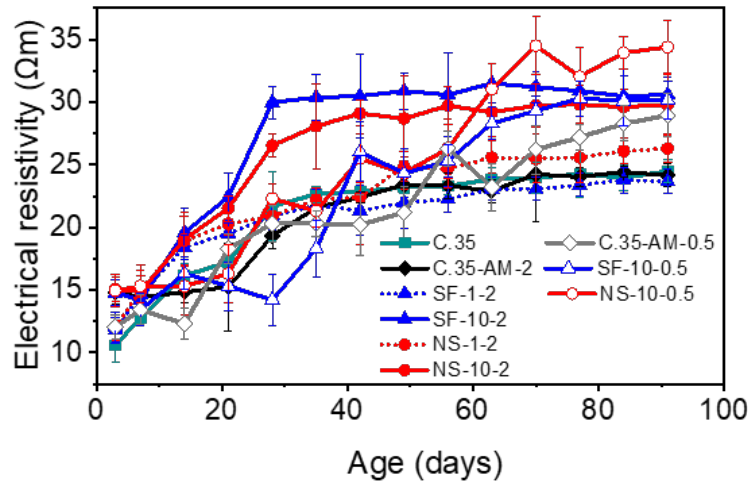
1081

1082 *3.7 Results from Electrical Resistivity Tests*

1083

1084 Resistivity is related to the volume and connectivity of pores inside
1085 the paste samples, and conductivity is primarily due to pore
1086 solution [62]. In general, as paste hydrates over time, pore volume
1087 decreases, causing a corresponding increase in resistivity. As
1088 shown in Figure 13, there was a prominent increase in resistivity
1089 for paste samples containing composite silica-containing high
1090 crosslinked hydrogel particles after 21 days when compared to all
1091 other paste sample.

1092



1093

1094 Figure 13: Variation of electrical resistivity of cement paste
 1095 samples with the age of the sample.

1096

1097 Similar trends have been seen in another study with SAPs [61]
 1098 which suggested that the electrical resistivity of cementitious
 1099 systems containing SAP was dependent on two competing factors:
 1100 increased amount of macrovoids (including SAP-related voids) and
 1101 densification of the pore structure in the vicinity of SAP-related
 1102 voids as a result of enhanced water replenishment. The results in
 1103 Figure 13 suggest that the dominant factor for pastes internally
 1104 cured with high crosslink density hydrogels was the latter – an
 1105 increased degree of hydration due to the presence of hydrogel
 1106 particles. The SF-10-0.5 did not show any marked improvement
 1107 when compared to the SF-10-2 samples, which might be because
 1108 the larger macrovoids played a more important role in the
 1109 resistivity of the paste containing lower crosslinked hydrogels.

1110

1111 The increase in resistivity of samples containing SF-10-0.5 and
 1112 NS-10-0.5 composite hydrogel particles when compared to other
 1113 control samples suggest that the dosage and size range of
 1114 composite hydrogel particles was insufficient to cause a connected
 1115 pore structure that would increase conductivity of ions. This was
 1116 confirmed by the images of the hydrogel-related voids (Figures 8
 1117 and 9) showing that the internally cured cement paste did not have
 1118 an interconnected pore system. Growth of hydration product inside
 1119 the hydrogel-related voids decreases the porosity and hence causes
 1120 a gradual increase in resistivity over time. Similar decrease in

1121 porosity in the micro- and mesopore range have been observed in
1122 cement paste containing SAP by previous researchers [74].

1123

1124 *3.8 Comparisons with Prior Work*

1125

1126 Compared to previous investigations [50] of the swelling behavior
1127 of poly(acrylic acid-acrylamide) hydrogel particles with and
1128 without NS, the polyacrylamide composite hydrogel particles
1129 studied here displayed lower absorption capacity in RO water and
1130 pore solution and were less sensitive to fluid composition,
1131 displaying similar equilibrium swelling values in both
1132 environments. In the previous investigation, hydrogel particles
1133 containing a high concentration of acrylic acid also displayed
1134 relatively fast desorption (rapid deswelling) during immersion in
1135 pore solution due to the interactions of the anionic segments in the
1136 polymer network with naturally occurring cations in the pore
1137 solution. As expected, the acrylamide-based particles studied
1138 herein were much less sensitive to pore solution composition due
1139 to their low anionicity and thus did not display any significant
1140 desorption behavior even after 3 days of immersion in pore
1141 solution.

1142

1143 The acrylamide-based composite hydrogel particles studied here
1144 displayed much greater void-filling ability after 3 days of
1145 hydration compared with particles containing a high concentration
1146 of acrylic acid with and without NS [50], [75]. However, even in
1147 acrylic acid-based hydrogel particles, addition of silica resulted in
1148 a measurable increase in the formation of hydration product within
1149 the hydrogel-related voids [50], consistent with present results.
1150 Significant void-filling behavior was also observed in pastes
1151 containing suspension polymerized (spherical) polyacrylamide
1152 hydrogel particles not containing silica [29]. In this prior work,
1153 hydrogel particles that had low crosslink density (0.5 wt.%
1154 MBAM) and thus higher absorption capacity also displayed greater
1155 void-filling ability compared to particles with higher crosslink
1156 density (2 wt.% MBAM) and lower absorption capacity which was
1157 consistent with the present study results.

1158

1159 Together, these comparisons with prior work indicate that the
1160 presence of silica in the hydrogel particles as well as the organic

1161 chemistry of the polymer network jointly impact the void-filling
1162 ability of these particles and thus corresponding paste properties.
1163 Specifically, pozzolanic reactions and corresponding strength gains
1164 appear to be more extensive for pastes containing composite
1165 hydrogel particles that retain fluid in the presence of silica for a
1166 greater length of time, even if the overall absorption capacity of
1167 these particles is relatively low. That is, compared to high-
1168 capacity, fast-desorbing hydrogel particles composed of acrylic
1169 acid, acrylamide-based composite hydrogel particles swell less in
1170 pore solution but have increased void-filling abilities such that
1171 incorporation of these low-swelling yet highly retentive particles in
1172 cement allows for microstructural refinement and gains in
1173 compressive strength by pozzolanic reactions to be realized.

1174

1175 **4. Conclusions**

1176

1177 Polyacrylamide composite hydrogel particles containing silica led
1178 to better hydration of internally cured cement paste compared to
1179 silica-free hydrogel particles. The main findings were as follows:

- 1180 • Equilibrium free swelling capacities of composite
1181 hydrogels with low crosslink density and higher silica
1182 dosage were greatest among the hydrogels studied. This
1183 was attributed to the silica facilitating water absorption and
1184 the lower crosslink density allowing the polymer molecules
1185 more degrees of freedom, leading to increased swelling.
- 1186 • For pastes including composite hydrogel particles with
1187 higher dosage of silica and higher crosslink density, the
1188 compressive strength and electrical resistivity increased
1189 substantially at later ages compared to hydrogel-free pastes
1190 and pastes containing silica-free hydrogel particles, also
1191 consistent with the increase in non-evaporable water
1192 content.
- 1193 • The microstructure analysis of internally cured cement
1194 paste showed that some of the hydrogel-related voids were
1195 filled with hydration products after 3 days. This “void-
1196 filling” phenomenon was more extensive in pastes cured
1197 with composite hydrogel particles with low crosslink
1198 density and higher dosage of silica. These samples also
1199 displayed the largest average diameter of hydrogel-related
1200 voids.

- 1201 • The size of the hydrogel-related void appeared to play a
1202 more important role in determining compressive strength at
1203 later ages than the local microstructure refinement due to
1204 void-filling. However, results indicated that strength
1205 reductions due to larger void sizes may be at least partially
1206 off-set by the growth of hydrated product within the voids,
1207 which was enhanced by the presence of silica in the
1208 hydrogel particles.
- 1209 • Overall, for the acrylamide-based hydrogels that were
1210 synthesized in this study, the selection of silica type –
1211 nanosilica or silica fume – did not play as strong a role in
1212 defining hydrogel absorption behavior (and thus internal
1213 curing performance) as the magnitude of crosslink density
1214 within the polymer network.

1215

1216 From this study, it is clear that the relationship between extent of
1217 hydration, void size, and void-filling activity will strongly
1218 influence long-term strength and is thus an important structure-
1219 property relationship to consider when selecting SAPs for internal
1220 curing purposes. From a practical perspective, the incorporation of
1221 silica within the hydrogel’s polymer network allows for
1222 supplementary cementitious materials to be incorporated in a novel
1223 manner without undue health hazards associated with
1224 nanomaterials. And a greater dosage of silica may be used in the
1225 future to enhance pozzolanic reactions and further increase the
1226 quality of the concrete internally cured with composite hydrogel
1227 particles. This research also found that the crosslink density of
1228 polyacrylamide networks can be specifically manipulated to ensure
1229 that acrylamide-rich SAPs achieve sufficient swelling capacities
1230 and can thus be effective internal curing agents.

1231

1232 **Acknowledgments**

1233

1234 The authors would like to thank the Lyles School of Civil
1235 Engineering at Purdue University for allowing the use of the
1236 Charles Pankow Concrete Materials Laboratory, Dr. Jan Olek for
1237 his insights into analysis of the TGA data, and Dr. Raikhan
1238 Tokpatayeva for her assistance with the XRD measurements.

1239

1240

1241 **Conflicts of interest**

1242 The authors have no conflicts of interest to declare.

1243

1244 **Funding**

1245 This work was funded by the National Science Foundation,
1246 CAREER award CMMI #1454360. The sponsors of research had
1247 no involvement in study design, collection, analysis and
1248 interpretation of data, writing of the report, and in the decision to
1249 submit the article for publication.

1250

1251 **Author Contributions**

1252 Baishakhi Bose: Conceptualization, Data curation, Investigation,
1253 Visualization, Original draft preparation, Editing draft
1254 Cole R. Davis: Investigation, Data curation, Reviewing draft
1255 Kendra A. Erk: Funding acquisition, Conceptualization, Reviewing
1256 and editing draft

1257

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1582 *Article*

1583 **Microstructural Refinement of Cement Paste**
1584 **Internally Cured by Polyacrylamide Composite**
1585 **Hydrogel Particles Containing Silica Fume and**
1586 **Nanosilica**

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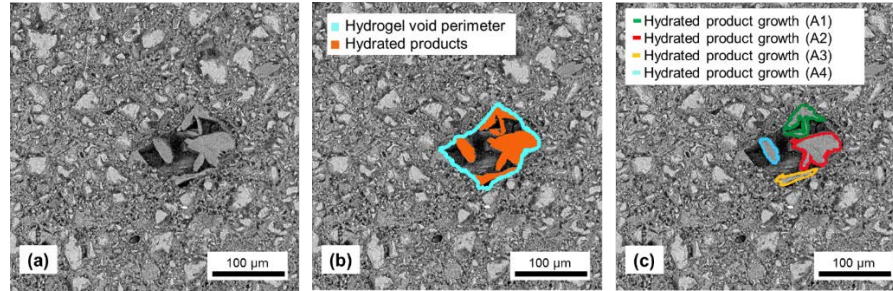
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1594 **Supplemental Material**

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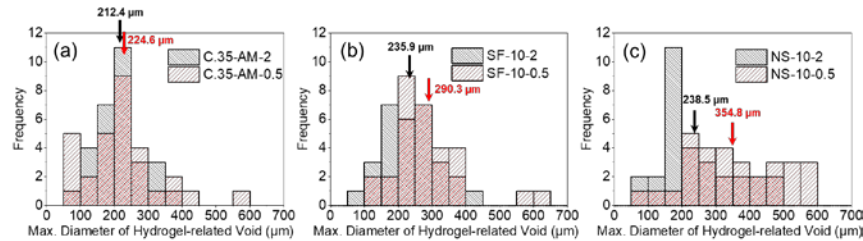
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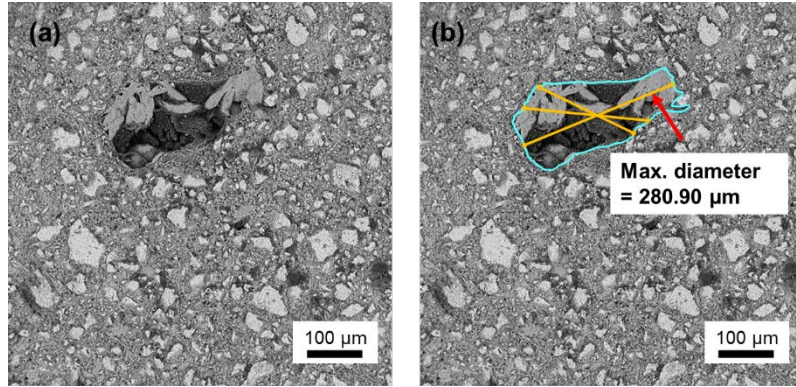
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Figure S1: Calculation of area fraction of hydrated product growth in hydrogel-related void using ImageJ. (a) A deswollen hydrogel void. (b) The perimeter of the void is marked to find the total area of the void and the shaded regions shows the areas where hydrated products have deposited/grown. (c) Each area with product growth is separately marked off at the perimeter and the area within is calculated, totaled and divided by the total area of the void from (b) to obtain the area fraction of the hydrated product growth in this hydrogel particle void. 30 such hydrogel particle voids were analyzed for each type of internally cured cement paste composition.

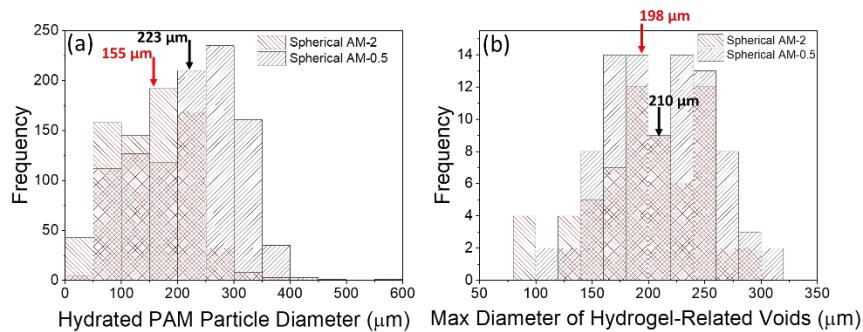


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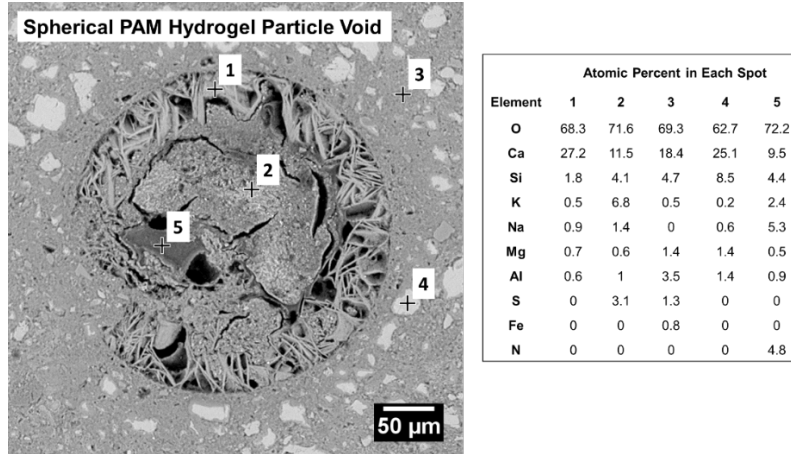
Figure S2: Maximum Diameter of Hydrogel-related voids as a function of cement paste composition. 3 days aged cement paste internally cured with (a) C.35-AM-2 and C.35-AM-0.5, (b) SF-10-2 and SF-10-0.5, (c) NS-10-2 and NS-10-0.5 were used for analysis and plotting the histogram. Arrows show the average maximum diameter of 30 imaged voids for that particular sample.



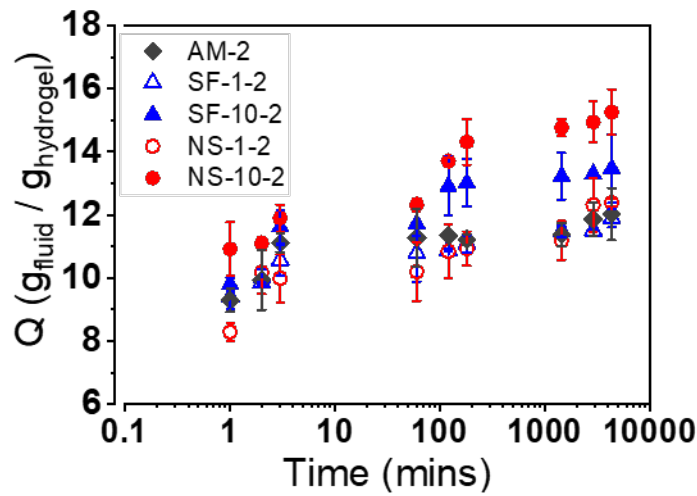
1624
 1625 Figure S3: (a) Micrograph of cement paste with the hydrogel-
 1626 related voids contained significant growth of hydrated product,
 1627 obscuring the original dimensions of the swollen hydrogel
 1628 particles. (b) Visible edges of the hydrogel-related voids were
 1629 marked off and the diameter in several directions were measured to
 1630 obtain the maximum diameter.
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 1634 Figure S4: (a) Hydrogel particle diameter of spherical PAM in
 1635 hydrated state measured using Optical microscopy (OM) paired
 1636 with ImageJ. (b) Maximum diameter of hydrogel-related voids in
 1637 cement paste measured using scanning electron microscopy (SEM)
 1638 and ImageJ. Reducing the crosslinker amount allows for more
 1639 water absorption and thus, a larger hydrated particle size was
 1640 measured. Although hydrated PAM particles containing 0.5%
 1641 crosslinker amount were larger, the difference in their respective
 1642 void size in cement paste micrograph were not statistically
 1643 significant with a confidence of 95% ($p = 0.061$). More details in
 1644 Davis *et al.*, [26].
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 1649 Figure S5: A SEM micrograph of cement paste internally cured
 1650 with spherical shaped PAM along with the energy dispersive X-ray
 1651 spectroscopy (EDS) done for elemental composition analysis.
 1652 From the morphology and the elemental composition analysis, the
 1653 product growth inside the hydrogel void is considered to be CH
 1654 with some C-S-H intermixed. More details in Davis *et al.*, [26].



1655
 1656 Figure S6: Swelling capacity of hydrogel particle samples as a
 1657 function of immersion time in pore solution from 1 minute to 3
 1658 days.
 1659