# A NEW BOUNDARY ELEMENT TECHNIQUE FOR ONE- AND TWOTEMPERATURE MODELS OF 3D BIOTHERMOMECHANICAL BEHAVIOR OF ANISOTROPIC BIOLOGICAL TISSUES 

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#### Abstract

The main objective of this paper is to develop a novel boundary element technique for describing the three-dimensional (3D) biothermomechanical behavior of anisotropic biological tissues. The governing equations are studied on the basis of the dual phase lag bioheat transfer and Biot's theory for one- and two-temperature models. Because of the benefits of CQBEM, such as not being restricted by the complex shape of biological tissues and not requiring discretization of the interior of the treated region, it can cope with complex bioheat models and has low use of RAM and CPU. CQBEM is therefore a flexible and efficient tool for modeling the distribution of bioheat in anisotropic biological tissues and associated deformation. The resulting linear equations arising from CQBEM are solved by the generalized modified shift-splitting (GMSS) iterative method which reduces the number of iterations and the total time of the CPU. Numerical findings show the validity, efficacy and consistency of the proposed technique.


## 1 INTRODUCTION

Human body is a complicated thermal structure, Arsene d'Arsonval and Claude Bernard have been proved that the temperature difference between arterial blood and venous blood is due to oxygenation of blood [1]. An important number of research papers in bioheat transfer over the past few decades has focused on an understanding blood flow effect on the temperature distribution within living biological tissues. The first attempt to describe the temperature distribution in biological tissues with blood flow effect has been introduced by Pennes [2]. Askarizadeh and Ahmadikia [3] solved analytically Fourier and non-Fourier bioheat equations in skin tissue. Li et al. [4] established the biothermomechanical behavior in bi-layered human skin.

Due to the nonlinearity of the bioheat equations, it is very difficult to solve them analytically [5, 6] in general, Therefore, many researchers have used and applied various numerical methods like finite difference method (FDM) [7-9], finite element method (FEM) [10] and boundary element method (BEM) [11-31]. The BEM is one of the numerical methods used to solve the current general problem [32-56]. Generally, Laplacedomain fundamental solutions are easier to obtain than time-domain fundamental solutions for engineering and
scientific problems [57,58]. Since the CQBEM requires Laplace-domain fundamental solutions of the problem's governing equations and didn't need unknown time-domain fundamental solutions. Therefore, it is widely used in scientific and engineering applications.

The main purpose of this article is to propose a novel boundary element model for describing thermomechanical interactions in anisotropic biological tissues. The uncoupled governing equations are solved independently, where the dual phase lag bioheat transfer equation is solved first for obtaining the temperature distribution using the boundary element method, and then the mechanical equation has been solved using the CQBEM to obtain the displacement components for different temperature distributions at each time step. The resulting linear equations arising from BEM are solved by GMSS which reduces the number of iterations and total CPU time.


Fig. 1. Configuration of $a$ ) Geometry and $b$ ) Boundary element model of the considered problem.

## 2 FORMULATION OF THE PROBLEM

Consider an anisotropic soft tissue occupies the region $\Omega=\left\{\left(x_{1}, x_{2}, x_{3}\right): 0<x_{1}<\underline{\alpha}, 0<x_{2}<\underline{\beta}, 0<\right.$ $\left.x_{3}<\underline{\gamma}\right\}$ with boundary $\Gamma$ as shown in Fig. $1 a$.

On the basis of Biot's theory [59, 60], the governing equations that model the biothermomechanical behavior of anisotropic biological tissues can be expressed as

$$
\begin{align*}
& \left(\nabla^{T} \sigma\right)^{T}+F=\rho \ddot{u}+\phi \rho_{f}\left(\ddot{u}_{f}-\ddot{u}\right)  \tag{1}\\
& \dot{\zeta}+\nabla^{T} q=0  \tag{2}\\
& \sigma=\left(C_{a j l g} t r \epsilon-A p\right) I-\mathfrak{B}\left(T-T_{0}\right)  \tag{3}\\
& \epsilon=\frac{1}{2}\left(\nabla u^{T}+\left(\nabla u^{T}\right)^{T}\right)  \tag{4}\\
& \zeta=\mathrm{A} \operatorname{tr} \epsilon+\frac{\phi^{2}}{\mathrm{R}} \mathrm{P} \tag{5}
\end{align*}
$$

where the equation governing fluid motion has been modeled using the rule of Darcy [61]

$$
\begin{equation*}
q=-K\left(\nabla p+\rho_{f} \ddot{u}+\frac{\rho_{a}+\phi \rho_{f}}{\phi}\left(\ddot{u}_{f}-\ddot{u}\right)\right) \tag{6}
\end{equation*}
$$

The 3D bioheat transfer equation expressed by the following dual phase lag model [62]:

$$
c \rho\left[\frac{\partial T}{\partial \tau}+\tau_{q} \frac{\partial^{2} T}{\partial \tau^{2}}\right]=\breve{K} \nabla^{2} T+\widetilde{K} \tau_{T} \frac{\partial}{\partial \tau}\left(\nabla^{2} T\right)+W_{b} C_{b}\left(\breve{T}_{b}-T\right)+Q_{m}+Q_{r}-W_{b} C_{b} \tau_{q} \frac{\partial T}{\partial \tau}(7)
$$

where the relation between the conductive temperature $T$ and the thermodynamic temperature $\phi$ is $\boldsymbol{T}-$ $\mu \boldsymbol{T}_{, x x}=\phi$ and $\mu$ is the two-temperature parameter which is also denoted the temperature discrepancy.

In the current study, we assumed that $\mathbb{C}=0.66$ at low frequency as measured by Bonnet and Auriault [63].
According to Bonnet [64], the equations of motion of our problem can be expressed as follows [65]

$$
\left.\begin{array}{c}
\hat{B}_{\tilde{x}} \hat{u}^{g}(\tilde{x})=0 \text { for } \tilde{x} \in \Omega \\
\hat{u}^{g}(x)=\hat{g}_{D}  \tag{8}\\
\text { for } x \in \Gamma_{D} \\
\hat{t}^{g}(x)=\hat{g}_{N}
\end{array}\right\}
$$

where $\Gamma=\Gamma_{D} \cup \Gamma_{N}, \Gamma_{D} \cap \Gamma_{N}=\phi, \widehat{B}_{\tilde{x}}$ and $\hat{t}^{g}$ are defined as

$$
\hat{B}_{\tilde{x}}=\left[\begin{array}{ccc}
B_{\tilde{x}}^{e}+s^{2}\left(\rho-\beta \rho_{f}\right) I & (\alpha-\beta) \nabla_{\tilde{x}} & -\mathfrak{B} \nabla_{\tilde{x}} \\
s(\alpha-\beta) \nabla_{\tilde{x}}^{T} & -\frac{\beta}{s \rho_{f}} \Delta_{\tilde{x}}+\frac{s \phi^{2}}{R} & 0
\end{array}\right], \hat{t}^{g}(x)=\left[\begin{array}{ccc}
T_{x}^{e} & -\alpha n_{x} & 0 \\
s \beta n_{x}^{T} & \frac{\beta}{s \rho_{f}} n_{x}^{T} \nabla_{x} & 0
\end{array}\right]\left[\begin{array}{c}
\hat{u}(x) \\
\hat{p}(x) \\
T(x)
\end{array}\right],
$$

In which $\beta=\frac{\phi^{2} s K \rho_{f}}{\phi^{2}+s K\left(\rho_{a}+\phi \rho_{f}\right)}$

## 3 BOUNDARY ELEMENT IMPLEMENTATION FOR BIOHEAT TRANSFER FIELD

Through this section, our main goal is to outline a boundary element procedure for solving (7) subjected to the following initial and boundary conditions

$$
\begin{align*}
& T(x, 0)=T_{0},\left.\frac{\partial T(x, \tau)}{\partial \tau}\right|_{\tau=0}=0  \tag{9a}\\
& T(x, \tau)=T_{b}(x, \tau) \text { for } x \in \Gamma_{1}  \tag{9b}\\
& q_{b}(x, \tau)+\tau_{q} \frac{\partial q_{b}(x, \tau)}{\partial \tau}=-\breve{K}\left[\frac{\partial T(x, \tau)}{\partial n}+\tau_{T} \frac{\partial}{\partial \tau}\left(\frac{\partial T(x, \tau)}{\partial n}\right)\right] \text { for } x \in \Gamma_{2} \tag{9c}
\end{align*}
$$

Discretizing the time interval $0 \leq \tau \leq F$ into $F+1$ equal time steps $\Delta t>0$ with discrete times $\tau^{f}=f \Delta \tau$ $\left(T^{f}(x)=T\left(x_{1}, x_{2}, x_{3}, f \Delta \tau\right)\right.$ ). Taking into consideration initial conditions (9a), we have $T^{0}(x)=T^{1}(x)=T_{0}$. For transition $\tau^{f-1} \rightarrow \tau^{f}(f \geq 2)$. Thus, equation (7) using differential quotients can be approximated as follows [66]

$$
\begin{gather*}
c \rho\left(\frac{T^{f}(x)-T^{f-1}(x)}{\Delta \tau}+\tau_{q} \frac{T^{f}(x)-2 T^{f-1}(x)+T^{f-2}(x)}{(\Delta \tau)^{2}}\right)=\widetilde{K} \nabla^{2} T^{f}(x) \\
+\frac{\breve{K} \tau_{T}}{\Delta \tau}\left[\nabla^{2} T^{f}(x)-\nabla^{2} T^{f-1}(x)\right]+W_{b} C_{b}\left[\breve{T}_{b}-T^{f}(x)\right]+Q_{m}+Q_{r}-W_{b} C_{b} \tau_{q} \frac{T^{f}(x)-T^{f-1}(x)}{\Delta \tau} \tag{10}
\end{gather*}
$$

which can be written as follows

$$
\begin{equation*}
\nabla^{2} T^{f}(x)-B T^{f}(x)+C \nabla^{2} T^{f-1}(x)+D T^{f-1}+E T^{f-2}(x)+F=0 \tag{11}
\end{equation*}
$$

where
$B=\frac{\left(c \rho+W_{b} C_{b} \Delta \tau\right)\left(\Delta \tau+\tau_{q}\right)}{\widetilde{K} \Delta \tau\left(\Delta \tau+\tau_{T}\right)}, C=\frac{\tau_{T}}{\Delta \tau+\tau_{T}}, D=\frac{c \rho\left(\Delta \tau+2 \tau_{q}\right)+W_{b} C_{b} \tau_{q} \Delta \tau}{\widetilde{K} \Delta \tau\left(\Delta \tau+\tau_{T}\right)}$,
$E=-\frac{c \rho \tau_{q}}{\breve{K} \Delta \tau\left(\Delta \tau+\tau_{T}\right)}, F=\frac{\Delta \tau\left(W_{b} C_{b} \breve{T}_{b}+Q_{m}+Q_{r}\right)}{\widetilde{K}\left(\Delta \tau+\tau_{T}\right)}$.
The boundary conditions (9b) and (9c) can be reexpressed as

$$
\begin{align*}
T^{f}(x) & =T_{b}^{f}(x) \text { for } x \in \Gamma_{1}  \tag{12a}\\
Z^{f}(x) & =-\breve{K} \frac{\partial T^{f}(x)}{\partial n}=w_{b}^{f}(x) \text { for } x \in \Gamma_{2} \tag{12b}
\end{align*}
$$

where

$$
w_{b}^{f}(x)=\frac{\Delta \tau}{\Delta \tau+\tau_{T}}\left(q_{b}^{f}(x)+\left.\tau_{q} \frac{\partial q_{b}(x, \tau)}{\partial \tau}\right|_{t=t^{f}}\right)-\widetilde{K} \frac{\tau_{T}}{\Delta \tau+\tau_{T}} \frac{\partial T^{f-1}(x)}{\partial n}
$$

According to the boundary element technique of Liao [67], we can extend the technique to deal with 3D dual-phase lag bioheat transfer equation by considering the following partial differential equations for $\Phi(\mathrm{x} ; \mathrm{P})$

$$
\begin{equation*}
(1-\mathrm{P}) \mathrm{L}[\Phi(\mathrm{x} ; \mathrm{P})-\mathrm{U}(\mathrm{x})]=-\mathrm{PA}[\Phi(\mathrm{x} ; \mathrm{P})] \tag{13a}
\end{equation*}
$$

with the boundary conditions

$$
\begin{align*}
& x \in \Gamma_{1}: \Phi(x ; P)=P T_{b}^{f}(x)+(1-P) U(x)  \tag{13b}\\
& x \in \Gamma_{2}:-\breve{K} \frac{\partial \Phi(x ; P)}{\partial n}=P w_{b}^{f}(x)+(1-P)\left[-\breve{K} \frac{\partial U(x)}{\partial n}\right] \tag{13c}
\end{align*}
$$

The linear operator can be written as follows

$$
\begin{equation*}
L(U)=\nabla^{2} u-B u=\frac{\partial^{2} u}{\partial x_{1}^{2}}+\frac{\partial^{2} u}{\partial x_{2}^{2}}+\frac{\partial^{2} u}{\partial x_{3}^{2}}-B u \tag{14a}
\end{equation*}
$$

Using (11), the nonlinear operator can be written as

$$
\begin{equation*}
A[\Phi(\mathrm{x} ; \mathrm{P})]=\nabla^{2} \Phi(\mathrm{x} ; \mathrm{P})-B \Phi(\mathrm{x} ; \mathrm{P})+C \nabla^{2} T^{f-1}(x)+D T^{f-1}+E T^{f-2}(x)+F \tag{14b}
\end{equation*}
$$

If $\mathrm{P}=0$ then equations (13a) - (13c) can be expressed as

$$
\begin{equation*}
L[\Phi(\mathrm{x} ; 0)=L[U(x)]] \tag{15a}
\end{equation*}
$$

and

$$
\begin{align*}
& \Phi(\mathrm{x} ; 0)=U(x) \text { for } x \in \Gamma_{1}  \tag{15b}\\
& -\breve{K} \frac{\partial \Phi(\mathrm{x} ; 0)}{\partial n}=-\widetilde{K} \frac{\partial U(x)}{\partial n} \text { for } x \in \Gamma_{2} \tag{15c}
\end{align*}
$$

It is clear that the solution of (15a) with boundary conditions (15b) and (15c) corresponds to the initial approximation $U(x)$ as

$$
\begin{equation*}
\Phi(\mathrm{x} ; 0)=U(x) \tag{16}
\end{equation*}
$$

Also, if $\mathrm{P}=1$ then

$$
\begin{equation*}
A[\Phi(\mathrm{x} ; 1)]=0 \tag{17a}
\end{equation*}
$$

and

$$
\begin{align*}
& \Phi(\mathrm{x} ; 1)=T_{b}^{f}(x) \text { for } x \in \Gamma_{1}  \tag{17b}\\
& -\breve{K} \frac{\partial \Phi(\mathrm{x} ; 1)}{\partial n}=w_{b}^{f}(x) \text { for } x \in \Gamma_{2} \tag{17c}
\end{align*}
$$

Also, the solution of (17a) with boundary conditions (17b) and (17c) corresponds to the unknown temperature $T^{f}(x)$ as

$$
\begin{equation*}
\Phi(\mathrm{x} ; 1)=T^{f}(x) \tag{18}
\end{equation*}
$$

By differentiating equations (13a) - (13c) with respect to $P$, we have

$$
\begin{equation*}
-L[\Phi(x ; P)-U(x)]+(1-P) L\left[\frac{\partial \Phi(\mathrm{x} ; \mathrm{P})}{\partial P}-\frac{\partial U(x)}{\partial P}\right]=-A[\Phi(x ; P)]-P \frac{\partial \mathrm{~A}[\Phi(x ; P)]}{\partial P} \tag{19a}
\end{equation*}
$$

and

$$
\begin{align*}
& \frac{\partial \Phi(\mathrm{x} ; \mathrm{P})}{\partial P}=T_{b}^{f}(x)+\frac{\partial T_{b}^{f}(x)}{\partial P}-U(x)+(1-P) \frac{\partial U(x)}{\partial P} \text { for } x \in \Gamma_{1}  \tag{19b}\\
& -\widetilde{K} \frac{\partial}{\partial n}\left(\frac{\partial \Phi(\mathrm{x} ; \mathrm{P})}{\partial P}\right)=w_{b}^{f}(x)+P \frac{\partial w_{b}^{f}(x)}{\partial P}+\widetilde{K} \frac{\partial U}{\partial n}-(1-P) \widetilde{K} \frac{\partial}{\partial n}\left[\frac{\partial U(x)}{\partial P}\right] \text { for } x \in \Gamma_{2} \tag{19c}
\end{align*}
$$

For $P=0$ and using (16) we have

$$
\begin{equation*}
L\left[U^{[1]}(\mathrm{x})\right]=-\mathrm{A}[U(x)] \tag{20a}
\end{equation*}
$$

and

$$
\begin{align*}
& U^{[1]}(\mathrm{x})=T_{b}^{f}(x)-U(x) \text { for } x \in \Gamma_{1}  \tag{20b}\\
& -\widetilde{K}\left(\frac{\partial U^{[1]}(\mathrm{x})}{\partial n}\right)=w_{b}^{f}(x)+\widetilde{K} \frac{\partial U(x)}{\partial n} \text { for } x \in \Gamma_{2} \tag{20c}
\end{align*}
$$

where

$$
U^{[1]}(x)=\left.\frac{\partial \Phi(\mathrm{x} ; \mathrm{P})}{\partial P}\right|_{P=0}
$$

Making use of (14a) and (14b), we can write (20a) in the following form

$$
\begin{equation*}
\nabla^{2} U^{[1]}(x)-B U^{[1]}(x)+R[U(x)]=0 \tag{21}
\end{equation*}
$$

where
$R[U(x)]=\nabla^{2} U(x)-B U(x)+C \nabla^{2} T^{f-1}(x)+D T^{f-1}(x)+E T^{f-2}(x)+F$
Applying Taylor series expansion to function $\Phi(\mathrm{x} ; \mathrm{P})$ about $P=0$ taking into account the first derivative

$$
\begin{aligned}
\Phi(\mathrm{x} ; \mathrm{P}) & =\Phi(\mathrm{x} ; \mathrm{P})+\left.\frac{\partial \Phi(\mathrm{x} ; \mathrm{P})}{\partial P}\right|_{P=0}(P-0) \\
& =\Phi(\mathrm{x} ; \mathrm{P})+U^{[1]}(x) P
\end{aligned}
$$

For $\mathrm{P}=1$, we obtain
$\Phi(\mathrm{x} ; 1)=\Phi(\mathrm{x} ; 0)+U^{[1]}(x)$
Using (16) and (18), this means
$T^{f}(x)=\mathrm{U}(\mathrm{x})+U^{[1]}(x)$
In order to obtain $U(x)$, we follow the following iterative rule [68]

$$
\begin{equation*}
T_{k}^{f}(x)=T_{k-1}^{f}(x)+m U^{[1]}(x), \quad k=1,2,3, \ldots, K \tag{22a}
\end{equation*}
$$

where $T_{0}^{f}(x)=T^{f-1}(x), m$ and $K$ are respectively iterative parameter and iterations number.
Now, we use the boundary element technique for each transition $\tau^{f-1} \rightarrow \tau^{f}$ to solve

$$
\begin{equation*}
\nabla^{2} U^{[1]}(x)-B U^{[1]}(x)+R\left[T_{k-1}^{f}(x)\right]=0 \tag{22b}
\end{equation*}
$$

with boundary conditions (20b) and (20c) and then calculate the temperature using (22a)
For equation (22b), the corresponding boundary integral equation can be written as [62]
$B(\xi) U^{(1)}(\xi)-\int_{\Gamma} T^{*}(\xi, x) \frac{\partial U^{(1)}(x)}{\partial n} d \Gamma=-\int_{\Gamma} \frac{\partial T^{*}(\xi, x)}{\partial n} U^{(1)}(x) d \Gamma+\int_{\Omega} R\left[T_{k-1}^{f}(x)\right] T^{*}(\xi, x) d \Omega$
where, $B(\xi)(0<B(\xi)<1)$ is the point location - dependent coefficient, $\Gamma=\Gamma_{1} \cup \Gamma_{2}$.
Equation (23) can be written as
$B(\xi) U^{(1)}(\xi)+\frac{1}{\widetilde{K}} \int_{\Gamma} T^{*}(\xi, x) w^{(1)}(x) d \Gamma=\frac{1}{\widetilde{K}} \int_{\Gamma} q^{*}(\xi, x) U^{(1)}(x) d \Gamma+\int_{\Omega} R\left[T_{k-1}^{f}(x)\right] T^{*}(\xi, x) d \Omega$
The 3D fundamental solutions of temperature $T^{*}(\xi, x)$ and heat flux $q^{*}(\xi, x)$ are respectively

$$
\begin{align*}
& T^{*}(\xi, x)=\frac{1}{4 \pi r} \exp (-r \sqrt{B})  \tag{24b}\\
& q^{*}(\xi, x)=\frac{\widetilde{K} d}{4 \pi r^{2}} \exp (-r \sqrt{B})\left(\frac{1}{r}+\sqrt{B}\right), \quad d=\sum_{e=1}^{3}\left(x_{e}-\xi_{e}\right) \cos \alpha_{e}
\end{align*}
$$

where r denotes the distance from the source point $\xi$ to the field point $x$.
If the boundary $\Gamma$ is discretized into $N$ boundary elements and the domain $\Omega$ is discretized into $L$ internal elements, Eq. (24a) can be approximated as follows

$$
\begin{equation*}
\sum_{j=1}^{N} G_{i j} w^{[1]}\left(x_{j}\right)=\sum_{j=1}^{N} H_{i j} U^{[1]}\left(x_{j}\right)+\sum_{l=1}^{L} P_{i l} R\left[T_{k-1}^{f}\left(x_{l}\right)\right] \tag{25}
\end{equation*}
$$

where
$G_{i j}=\frac{1}{\widetilde{K}} \int_{\Gamma_{j}} T^{*}\left(\xi_{i}, x\right) d \Gamma_{j}, H_{i j}=\left\{\begin{array}{ll}\int_{\Gamma_{j}} q^{*}\left(\xi_{i}, x\right) d \Gamma_{j}, & i \neq j \\ -0.5, & i=j\end{array}, P_{i l}=\int_{\Omega_{j}} T^{*}\left(\xi_{i}, x\right) d \Omega_{j}\right.$
Using the boundary conditions (20b) and (20c) into (25), we obtain the unknowns $w^{(1)}$ and $U^{(1)}$ on the boundary. Then, the values $U^{(1)}\left(\xi_{i}\right)$ can be calculated as follows

$$
\begin{equation*}
U^{(1)}\left(\xi_{i}\right)=\sum_{j=1}^{N} H_{i j} U^{(1)}\left(x_{j}\right)-\sum_{j=1}^{N} G_{i j} w^{(1)}\left(x_{j}\right)+\sum_{j=1}^{N} P_{i l} R\left[T_{k-1}^{f}\left(x_{l}\right)\right] \tag{26}
\end{equation*}
$$

Thus, with the temperature $T$ determined, the remaining task is to solve the poroelastic problem (8).

## 4 BOUNDARY ELEMENT IMPLEMENTATION FOR THE POROELASTIC FIELDS

The representation formula for problem (8) which describes the unknown field $\hat{u}^{g}$ inside the domain is

$$
\begin{equation*}
\hat{u}^{g}(\tilde{x})=\left(\hat{V} \hat{t}^{g}\right)_{\Omega}(\tilde{x})-\left(\widehat{\kappa} \hat{u}^{g}\right)_{\Omega}(\tilde{x}) \text { for } \tilde{x} \in \Omega \tag{27}
\end{equation*}
$$

where the integral operators are

$$
\begin{align*}
& \left(\hat{V} \hat{t}^{g}\right)_{\Omega}(\tilde{x})=\int_{\Gamma} \widehat{U}^{T}(y-\tilde{x}) \hat{t}^{g}(y) d s_{y}  \tag{28}\\
& \left(\widehat{K} \hat{u}^{g}\right)_{\Omega}(\tilde{x})=\int_{\Gamma}\left(\hat{T}_{y} \widehat{U}\right)^{T}(y-\tilde{x}) \hat{u}^{g}(y) d s_{y} \tag{29}
\end{align*}
$$

For anisotropic case, we used anisotropic fundamental solutions which proposed by Wang and Achenbach [32,33], but for comparison purposes with other methods which are special cases of our general and complex study, we defined the Laplace domain fundamental solution $\widehat{U}(r)$ and the corresponding traction $\widehat{T}_{y}$ as [65].

$$
\widehat{U}(r)=\left[\begin{array}{ccc}
\widehat{U}^{s}(r) & \widehat{U}^{f}(r) & 0  \tag{30}\\
\left(\hat{P}^{s}\right)^{T}(r) & \hat{P}^{f}(r) & 0
\end{array}\right], \hat{T}_{y}=\left[\begin{array}{ccc}
T_{y}^{e} & s \alpha n_{y} & 0 \\
-\beta n_{y}^{T} & \frac{\beta}{s \rho^{f}} n_{y}^{T} \nabla & 0
\end{array}\right] \text { with } r:=|y-x|
$$

where the solid displacement fundamental solution $\widehat{U}^{s}(r)$ can be written as

$$
\begin{equation*}
\widehat{U}^{s}(r)=\frac{1}{4 \pi r\left(\rho-\beta \rho^{f}\right)}\left[\mathbb{R}_{1} \frac{\left(k_{4}^{2}-k_{2}^{2}\right)}{\left(k_{1}^{2}-k_{2}^{2}\right)} e^{-k_{1} r}-\mathbb{R}_{2} \frac{\left(k_{4}^{2}-k_{1}^{2}\right)}{\left(k_{1}^{2}-k_{2}^{2}\right)} e^{-k_{2} r}+\left(I k_{3}^{2}-\mathbb{R}_{3}\right) e^{-k_{3} r}\right] \tag{31}
\end{equation*}
$$

with

$$
\begin{equation*}
\mathbb{R}_{j}=\frac{3 \nabla_{y} r \nabla_{y}^{T} r-I}{r^{2}}+k_{j} \frac{3 \nabla_{y} r \nabla_{y}^{T} r-I}{r}+k_{j}^{2} \nabla_{y} r \nabla_{y}^{T} r \tag{32}
\end{equation*}
$$

which can be expressed as [61]

$$
\begin{equation*}
\widehat{U}^{s}(r)=\frac{1}{4 \pi \mu r(\lambda+2 \mu)}\left[(\lambda+\mu) \nabla_{y} r \nabla_{y}^{T} r+I(\lambda+3 \mu)\right]+O\left(r^{0}\right) \tag{33}
\end{equation*}
$$

For the regularization, the displacement fundamental solution $\widehat{U}^{s}(r)$ for a solid is dismantled into singular $\widehat{U}_{S}^{s}(r)$ and regular $\widehat{U}_{\mathrm{r}}^{s}(\mathrm{r})$ parts, respectively, as follows

$$
\begin{gather*}
\widehat{U}^{s}(r)=\widehat{U}_{s}^{s}(r)+\widehat{U}_{r}^{s}(r) \text { with } r:=|y-x| \\
=\frac{1}{\mu}\left[I \Delta_{y}-\frac{\lambda+\mu}{\lambda+2 \mu} \nabla_{y} \nabla_{y}^{T}\right] \Delta_{y} \hat{x}(r)-\frac{1}{\mu}\left[\left(\left(k_{1}^{2}+k_{2}^{2}\right) \Delta_{y}-k_{1}^{2} k_{2}^{2}\right) I-\left(k_{1}^{2}+k_{2}^{2}-k_{4}^{2}-\frac{k_{1}^{2} k_{2}^{2}}{k_{3}^{2}}\right) \nabla_{y} \nabla_{y}^{T}\right] \hat{x}(r) \tag{34}
\end{gather*}
$$

where

$$
\begin{align*}
\hat{x}(r)= & \frac{1}{4 \pi r}\left[\frac{e^{-k_{1} r}}{\left(k_{2}^{2}-k_{1}^{2}\right)\left(k_{3}^{2}-k_{1}^{2}\right)}+\frac{e^{-k_{2} r}}{\left(k_{2}^{2}-k_{1}^{2}\right)\left(k_{2}^{2}-k_{3}^{2}\right)}+\frac{e^{-k_{3} r}}{\left(k_{1}^{2}-k_{3}^{2}\right)\left(k_{2}^{2}-k_{3}^{2}\right)}\right] \\
& =-\frac{1}{\left(k_{1}^{2}-k_{2}^{2}\right)\left(k_{1}^{2}-k_{3}^{2}\right)\left(k_{3}^{2}-k_{2}^{2}\right)}+O\left(r^{2}\right) \tag{35}
\end{align*}
$$

Also, the remaining parts of the fundamental solution $\widehat{U}(r)$ can be defined as

$$
\begin{align*}
& \widehat{U}^{f}(r)=\frac{\rho^{f}(\alpha-\beta) \nabla_{y} r}{4 \pi r \beta(\lambda+2 \mu)\left(k_{1}^{2}-k_{2}^{2}\right)}\left[\left(k_{1}+\frac{1}{r}\right) e^{-k_{1} r}-\left(k_{2}+\frac{1}{r}\right) e^{-k_{2} r}\right]=O\left(r^{0}\right)  \tag{36}\\
& \hat{P}^{s}(r)=\frac{\widehat{U}^{f}(r)}{s}=O\left(r^{0}\right)  \tag{37}\\
& \hat{P}^{f}(r)=\frac{s \rho^{f}}{4 \pi r \beta\left(k_{1}^{2}-k_{2}^{2}\right)}\left[\left(k_{1}^{2}-k_{4}^{2}\right) e^{-k_{1} r}-\left(k_{2}^{2}-k_{4}^{2}\right) e^{-k_{2} r}\right]=\frac{s \rho^{f}}{4 \pi r \beta}+O\left(r^{0}\right) \tag{38}
\end{align*}
$$

where $k_{1}, k_{2}, k_{3}$ and $k_{4}=k_{3} \sqrt{\frac{\mu}{\lambda+2 \mu}}$ are given in [61], $\widehat{U}_{s}^{s}(r)$ are of $O\left(r^{-1}\right)$ and $\widehat{U}_{r}^{s}(r)$ are of $O\left(r^{1}\right)$ where the following limiting process $\tilde{x} \in \Omega \rightarrow x \in \Gamma$ is performed on (28) to obtain

$$
\begin{equation*}
\lim _{\tilde{x} \in \Omega \rightarrow x \in \Gamma}\left(\hat{V} \hat{t}^{g}\right)_{\Omega}(\tilde{x})=\left(\hat{V} \hat{x}^{g}\right)(x):=\int_{\Gamma}^{\dot{U}} \widehat{U}^{T}(y-x) \hat{t}^{g}(y) d s_{y} \tag{39}
\end{equation*}
$$

Also, we perform the following limiting process $\tilde{x} \in \Omega \rightarrow x \in \Gamma$ on (29) to have [67]

$$
\begin{equation*}
\lim _{\tilde{x} \in \Omega \rightarrow x \in \Gamma}\left(\widehat{K} \hat{u}^{g}\right)_{\Omega}(\tilde{x})=[-I(x)+C(x)] \hat{u}^{g}(x)+\left(\widehat{K} \hat{u}^{g}\right)(x) \tag{40}
\end{equation*}
$$

where

$$
\begin{equation*}
C(x)=\lim _{\varepsilon \rightarrow 0} \int_{y \in \Omega:|y-x|=\varepsilon}\left(\widehat{T}_{y} \widehat{U}\right)^{T}(y-x) d s_{y} \tag{41}
\end{equation*}
$$

where the double layer operator is

$$
\begin{equation*}
\left(\widehat{K} \hat{u}^{g}\right)(x)=\lim _{\varepsilon \rightarrow 0} \int_{|y-x| \geq \varepsilon}\left(\widehat{T}_{y} \widehat{U}\right)^{T}(y-x) \hat{u}^{g}(y) d s_{y} \tag{42}
\end{equation*}
$$

Using equations (39) - (42), the Laplace domain boundary integral equation can be expressed as

$$
\begin{equation*}
C(x) \hat{u}^{g}(x)=\left(\hat{V} \hat{t}^{g}\right)(x)-\left(\widehat{K} \hat{u}^{g}\right)(x) \tag{43}
\end{equation*}
$$

Applying inverse Laplace transformation to obtain the following boundary integral equation

$$
\begin{equation*}
C(x) u^{g}(x, t)=\left(V * t^{g}\right)(x, t)-\left(K u^{g}\right)(x, t) \tag{44}
\end{equation*}
$$

According to [65] The poroelastodynamic fundamental solution can be expressed as follows

$$
\left(\widehat{T}_{y} \widehat{U}\right)^{T}=\left[\left[\begin{array}{cc}
\hat{T}_{y}^{e} & s \alpha n_{y}  \tag{45}\\
-\beta n_{y}^{T} & \frac{\beta}{s \rho_{0}^{f}} n_{y}^{T} \nabla_{y}
\end{array}\right]\left[\begin{array}{cc}
\widehat{U}^{s} & \widehat{U}^{f} \\
\left(\hat{P}^{s}\right)^{T} & \hat{P}^{f}
\end{array}\right]\right]^{T}=\left[\begin{array}{cc}
\hat{T}^{s} & \hat{T}^{f} \\
\left(\widehat{Q}^{s}\right)^{T} & \widehat{Q}^{f}
\end{array}\right]^{T}
$$

According to Stokes theorem, the differentiable vector field $\mathrm{a}(y)$ with $y \in \Gamma$ can be written as

$$
\begin{equation*}
\int_{\Gamma}^{\dot{~}}\left(\nabla_{y} \times \mathrm{a}, n_{y}\right) d s_{y}=-\int_{\partial \Gamma}^{\dot{C}}(\mathrm{a}, v) d \gamma_{y}=-\int_{\phi}^{\dot{ }}(\mathrm{a}, v) d \gamma_{y}=0 \tag{46}
\end{equation*}
$$

where $v$ is the unit tangent vector along $\partial \Gamma$, we can express (46) as follows

$$
\begin{equation*}
\int_{\Gamma}^{0}\left(n_{y} \times \nabla_{y}, \mathrm{a}\right) d s_{y}=0 \tag{47}
\end{equation*}
$$

According to [65], we can use (47) to derive the following formula

$$
\begin{equation*}
\int_{\Gamma}\left(M_{y} \mathrm{a}\right) d s_{y}=0, M_{y}=\left(\nabla_{y} \nabla_{y}^{T}\right)^{T}-\nabla_{y} \nabla_{y}^{T} \tag{48}
\end{equation*}
$$

By applying formula (48) to a vector $\mathrm{a}=v u$ we have [70]

$$
\begin{align*}
& \int_{\Gamma}^{\infty}\left(M_{y} v\right) u d s_{y}=-\int_{\Gamma}^{\infty} v\left(M_{y} u\right) d s_{y}  \tag{49}\\
& \int_{\Gamma}^{\infty}\left(M_{y} v\right)^{T} u d s_{y}=\int_{\Gamma} v^{T}\left(M_{y} u\right) d s_{y} \tag{50}
\end{align*}
$$

Using (34) and (45), we can write $\hat{T}^{s}$ as follows

$$
\begin{equation*}
\left(\widehat{T}^{s}\right)^{T}=\left(T_{y}^{e}\left(\widehat{U}_{\text {sing }}^{s}+\widehat{U}_{\text {reg }}^{s}\right)\right)^{T}+s \alpha \hat{P}^{s} n_{y}^{T}=\left(T_{y}^{e} \widehat{U}_{\text {sing }}^{s}\right)^{T}+O\left(r^{0}\right) \tag{51}
\end{equation*}
$$

Using the same representation of $T_{y}^{e}$ as in [65], we can write

$$
\begin{equation*}
\left(\widehat{T}^{s}\right)^{T}=(\lambda+2 \mu) n_{y} \nabla_{y}^{T} \widehat{U}_{\text {sing }}^{s}-\mu\left(n_{y} \times\left(\nabla_{y} \times \widehat{U}_{\text {sing }}^{s}\right)\right)+2 \mu M_{y} \hat{u}_{\text {sing }}^{s}+o\left(r^{0}\right) \tag{52}
\end{equation*}
$$

which can be written using (34) in the form
$\left(\hat{T}^{s}\right)^{T}=M_{y} \Delta_{y}^{2} \hat{X}+I\left(\mathrm{n}^{T} \nabla_{y}\right) \Delta_{y}^{2} \hat{X}+2 \mu\left(M_{y} \widehat{U}_{\text {sing }}^{s}\right)^{T}+o\left(r^{0}\right)$
Applying definition (29) to Eq. (53), we get
$(\hat{k} \hat{u})_{\Omega}^{s}(\tilde{x})=\int_{\Gamma}\left[\left(M_{y} \Delta_{y}^{2} \hat{X}\right) \hat{u}+\left(I\left(n^{T} \nabla_{y}\right) \Delta_{y}^{2} \hat{X}\right) \hat{u}+2 \mu\left(M_{y} \widehat{U}_{\text {sing }}^{S}\right)^{T} \hat{u}+O\left(r^{0}\right) \hat{u}\right] d s_{y}$
Applying (49) to the first term and applying (50) to the third term on the right-hand side of (54), also, making use of the Duffy transformation and a standard Gaussian quadrature rule, we obtain [69]

$$
\begin{equation*}
(\widehat{K} \hat{u})_{\Omega}^{s}(\tilde{x})=\int_{\Gamma}^{\dot{~}}\left[-\Delta_{y}^{2} \hat{X}\left(M_{y} \hat{u}\right)+\left(I\left(n^{T} \nabla_{y}\right) \Delta_{y}^{2} \hat{x}\right) \hat{u}+2 \mu \widehat{U}_{s}^{s}\left(M_{y} \hat{u}\right)+O\left(r^{0}\right) \hat{u}\right] d s_{y} \tag{55}
\end{equation*}
$$

The second term in the right side of (55) has been manipulated to get

$$
\begin{equation*}
\left(n^{T} \nabla_{y}\right) \Delta_{y}^{2} \hat{x}(r)=\frac{n^{T} \nabla_{y} r}{4 \pi r^{2}}+O\left(r^{0}\right) \tag{56}
\end{equation*}
$$

where

$$
\begin{equation*}
C^{s}(x)=I(x) c(x) \text { with } c(x)=\frac{\phi(x)}{4 \pi} \tag{57}
\end{equation*}
$$

According to [65], the solid related part of the limit (32) can be reexpressed as follows

$$
\begin{equation*}
\lim _{\Omega \ni \tilde{x} \rightarrow x \in \Gamma}(\widehat{K} \hat{u})_{\Omega}^{s}(\tilde{x})=-I(x)[-1+c(x)] \hat{u}(x)+(\widehat{K} \hat{u})^{s}(x) \tag{58}
\end{equation*}
$$

By augmenting $\widehat{U}_{s}^{s}$ to $\widehat{U}^{s}$ and using (50) we obtain a more efficient form of (55) as follows

$$
\begin{equation*}
(\widehat{K} \hat{u})_{\Omega}^{s}(\tilde{x})=\int_{\Gamma}-\Delta_{y}^{2} \hat{x}\left(M_{y} \hat{u}\right)+\left(I\left(n^{T} \nabla_{y}\right) \Delta_{y}^{2} \hat{x}\right) \hat{u}+2 \mu \widehat{U}^{s}\left(M_{y} \hat{u}\right)+O\left(r^{0}\right) \hat{u} d s_{y} \tag{59}
\end{equation*}
$$

Discretizing the time interval $0 \leq t \leq T$ into $N+1$ equal time steps $\Delta t>0$ with discrete times $t_{n}=n \Delta t$. The convolution quadrature method numerically approximates the following convolution integral

$$
\begin{equation*}
(f * g)(t)=\int_{0}^{t} f(t-\tau) g(\tau) d \tau \text { for } t \in[0, T] \tag{60}
\end{equation*}
$$

by the finite sum

$$
\begin{equation*}
(f * g)\left(t_{n}\right) \approx \sum_{k=0}^{n} \omega_{n-k}^{\Delta t}(\hat{f}) g\left(t_{k}\right) \tag{61}
\end{equation*}
$$

The integration weights $\omega_{n}$ are calculated with Cauchy's integral formula of Lubich [71, 72] as follows

$$
\begin{equation*}
\omega_{n}^{\Delta t}(\hat{f}):=\frac{1}{2 \pi i} \int_{|z|=R} \hat{f}\left(\frac{\gamma(z)}{\Delta t}\right) z^{-(n+1)} d z \tag{62}
\end{equation*}
$$

Now, by using the polar coordinate transformation $z=R e^{-i \varphi}$ and the trapezoidal rule with $\mathrm{L}+1$ equal steps, the integral (62) can be approximated as follows

$$
\begin{equation*}
\omega_{n}^{\Delta t}(\hat{f}) \approx \frac{R^{-1}}{L+1} \sum_{\ell=o}^{L} \hat{f}\left(s_{\ell}\right) \zeta^{\text {en }} \quad \text { with } \zeta=e^{\frac{2 \pi i}{L+1}} \text { and } s_{\ell}=\frac{\gamma\left(R \zeta^{-\ell}\right)}{\Delta t} \tag{63}
\end{equation*}
$$

By substituting Eq. (63) into Eq. (61), we obtain

$$
\begin{equation*}
(f * g)\left(t_{n}\right) \approx \sum_{k=0}^{N} \frac{R^{-(n-k)}}{N+1} \sum_{\ell=0}^{N} \hat{f}\left(s_{\ell}\right) \zeta^{\ell(n-k)} g\left(t_{k}\right) \approx \frac{R^{-n}}{N+1} \sum_{\ell=0}^{N} \hat{f}\left(s_{\ell}\right) \hat{g}\left(s_{\ell}\right) \zeta^{\ell n} \tag{64}
\end{equation*}
$$

wiith

$$
\begin{equation*}
\hat{g}\left(s_{\ell}\right)=\sum_{k=0}^{N} R^{k} g\left(t_{k}\right) \zeta^{-\ell k} \tag{65}
\end{equation*}
$$

By applying the procedure [70] to the convolution operator of our problem (44), we obtain

$$
\begin{equation*}
C(x) u^{g}(x, t)=\left(v * t^{g}\right)(x, t)-\left(k * u^{g}\right)(x, t) \tag{66}
\end{equation*}
$$

which can be expressed as

$$
\begin{equation*}
C(x) \hat{u}^{g}\left(x, s_{\ell}\right)=\left(\hat{v} \hat{t}^{g}\right)\left(x, s_{\ell}\right)-\left(\hat{k} \hat{u}^{g}\right)\left(x, s_{\ell}\right), \quad \ell=0 \ldots \ldots . . N \tag{67}
\end{equation*}
$$

Let the boundary $\Gamma=\partial \Omega$ is discretized into $N_{e}$ surface triangles boundary elements $\tau_{e}$ as (Fig. 2a)

$$
\begin{equation*}
\Gamma \approx \Gamma_{h}=\bigcup_{e=1}^{N_{e}} \tau_{e} \tag{68}
\end{equation*}
$$

Now, we define the following subspaces on $\Gamma_{h}$ as

$$
\begin{array}{ll}
S_{h}[k]\left(\Gamma_{N, h}\right):=\operatorname{span}\left\{\varphi_{i}^{\alpha}[k]\right\}_{i=1}^{i}, & \alpha \geq 1 \\
S_{h}[k]\left(\Gamma_{D, h}\right):=\operatorname{span}\left\{\psi_{j}^{\beta}[k]\right\}_{j=1}^{j}, & \beta \geq 0 \tag{70}
\end{array}
$$

where the unknown Neumann datum is approximated with in continuous polynomial shape functions $\varphi_{i}^{\alpha}[k]$ and time dependent coefficients. Also, the unknown Dirichlet datum is approximated with $\mathfrak{j}$ piecewise discontinuous polynomial shape functions $\psi_{j}^{\beta}[k]$ and time dependent coefficients as follows

$$
\begin{align*}
& \hat{u}^{g}[k](x) \approx \hat{u}_{h}^{g}[k](x)=\sum_{i=1}^{\mathbb{i}} \hat{u}_{h, i}^{g}[k] \varphi_{i}^{\alpha}[k](x) \in S_{h}[k]\left(\Gamma_{N, h}\right)  \tag{71}\\
& \hat{t}^{g}[k](x) \approx \hat{t}_{h}^{g}[k](x)=\sum_{j=1}^{\hat{j}} \hat{t}_{h, j}^{g}[k] \psi_{j}^{\beta}[k](x) \in S_{h}[k]\left(\Gamma_{D, h}\right) \tag{72}
\end{align*}
$$

where $k=1,2,3,4$ are the poroelastic degrees of freedom, $i=1, \ldots, I$ are the collocation points on the on the Neuman boundary and $j=1, \ldots, J$ are the collocation points on the Dirichlet boundary.

Inserting these spatial shape functions into (67), yields the following $N+1$ algebraic systems of equations

$$
\left[\begin{array}{ll}
\hat{V}_{D D} & -\widehat{K}_{D N}  \tag{73}\\
\hat{V}_{N D}-\left(C+\widehat{K}_{N N}\right)
\end{array}\right]_{\ell}\left[\begin{array}{l}
\hat{t}_{D, h}^{g} \\
\hat{u}_{N, h}^{g}
\end{array}\right]_{\ell}=\left[\begin{array}{ll}
-\hat{V}_{D N} & \left(C+\widehat{K}_{D D}\right) \\
-\hat{V}_{N N} & \widehat{K}_{N D}
\end{array}\right]_{\ell}\left[\begin{array}{l}
\hat{g}_{N, h}^{g} \\
\hat{g}_{D, h}^{g}
\end{array}\right]_{\ell} \ell=0 \ldots N
$$

where the Schur complement of the block of the system matrix can be defined as follows

$$
\begin{equation*}
\hat{S}_{N N}:=\hat{V}_{N D} \widehat{V}_{D D}^{-1} \widehat{K}_{D N}-\left(C+\widehat{K}_{N N}\right) \tag{74}
\end{equation*}
$$

## 5 NUMERICAL RESULTS AND DISCUSSION

Since the system of equations that arise in the boundary element analysis is dense and non-symmetric, Barra et al. [73] investigated that the right multi-level hierarchical preconditioner (MLHP) procedure requires less iterations number and CPU time than the left MLHP procedure and implemented it with the generalized minimal residual (GMRES) algorithm [74]. In the present work, a Krylov subspace iterative method has been used to solve the resulting linear systems. In order to reduce the iterations number and CPU time, a dual threshold incomplete LU factorization technique (ILUT) which is one of the well-known preconditioning techniques is implemented as a robust preconditioner for TFQMR (Transpose-free quasi minimal residual) [75] to accelerate the convergence of the solver TFQMR [48].

The specific absorption rate can be expressed as [76]

$$
\begin{equation*}
Q_{r}=S_{0} P_{0}(\tau) e^{-S_{0} x} \tag{75}
\end{equation*}
$$

In order to explain the calculations of the proposed technique, we used the following transversely isotropic soft tissue parameters [77]

The elasticity tensor

$$
\begin{align*}
C_{a b l g}= & {\left[\begin{array}{cccccc}
C_{11} & C_{12} & C_{13} & 0 & 0 & 0 \\
C_{12} & C_{11} & C_{13} & 0 & 0 & 0 \\
C_{13} & C_{13} & C_{33} & 0 & 0 & 0 \\
0 & 0 & 0 & C_{44} & 0 & 0 \\
0 & 0 & 0 & 0 & C_{44} & 0 \\
0 & 0 & 0 & 0 & 0 & C_{66}
\end{array}\right] }  \tag{76}\\
& C_{11}=\frac{E^{2} v_{0}^{2}-E E_{0}}{(1+v)\left(2 E v_{0}^{2}+E_{0}(v-1)\right)}, C_{12}=-\frac{E^{2} v_{0}^{2}+E E_{0} v}{(1+v)\left(2 E v_{0}^{2}+E_{0}(v-1)\right)} \\
C_{13}= & -\frac{E E_{0} v}{2 E v_{0}^{2}+E_{0}(v-1)}, C_{33}=-\frac{E_{0}^{2}(v-1)}{2 E v_{0}^{2}+E_{0}(v-1)}, C_{44}=\mu_{0}, C_{66}=\frac{1}{2}\left(C_{11}-C_{12}\right)
\end{align*}
$$

where
$v=0.196, v_{0}=0.163, \mu_{0}=20.98 \mathrm{GPa}, E=68.34 \mathrm{GPa}, E_{0}=51.35 \mathrm{GPa}, k_{1}=108.39 \mathrm{GPa}, k_{2}=-21.70 \mathrm{GPa}$
where $E$ and $E_{0}$ are the Young's moduli in the isotropy plane and fiber direction respectively, $v$ and $v_{0}$ are Poisson's ratio in the isotropy plane and fiber direction respectively, and $\mu_{0}$ is the shear moduli in the plane
perpendicular to isotropy plane.
We used the following strongly anisotropic soft tissue parameters [78]

$$
\mathrm{v}=0.95, \mathrm{v}_{0}=0.49, \mu_{0}=20.98 \mathrm{GPa}, \mathrm{E}=22 \mathrm{kPa}, \mathrm{E}_{0}=447 \mathrm{kPa}, \mathrm{k}_{1}=1243 \mathrm{kPa}, \mathrm{k}_{2}=442 \mathrm{kPa}
$$

and other constants taking into consideration are as follows
$\rho_{s}=1600 \mathrm{~kg} / \mathrm{m}^{3}, \rho_{\mathcal{F}}=1113 \mathrm{~kg} / \mathrm{m}^{3}, \mathrm{p}=25 \mathrm{MPa}, \phi=0.15$ and $\mathrm{Q} / \mathrm{R}=0.65$.
In the CQBEM modelling of the considered problem, the boundary has been discretized using 84 linear boundary elements and 404 internal points as shown in Fig. 1b. The computation was done using Matlab R2018a on a MacBook Pro with 2.9 GHz quad-core Intel Core i 7 processor and 16GB RAM.

The results of 1 T and 2 T models are presented graphically in figures 2-4 which show the variation of the displacements $u_{1}, u_{2}$ and $u_{3}$ with the time $\tau$ for the CQBEM and analytical solution of [79]. It can be seen from these figures that the results of 2 T model show more good agreement than the results of 1 T model. The difference between analytical and numerical results due to anisotropy properties of the biological tissues considered in the CQBEM. It can be seen from these figures that the CQBEM results are in good agreement with the analytical results. Our results thus confirm that our method is efficient and accurate.


Fig. 2. Variation of the displacement $u_{1}$ with time $\tau$.


Fig. 3. Variation of the displacement $u_{2}$ with time $\tau$.


Fig. 4. Variation of the displacement $u_{3}$ with time $\tau$.

## 6 CONCLUSIONS

The main conclusion of this paper is to develop a new boundary element technique for describing the biothermomechanical interactions in anisotropic biological tissues. The uncoupled governing equations are resolved independently, Where the dual phase lag bioheat transfer equation is resolved first for one-temperature and two-temperature models to obtain the temperature distribution and then the displacement distributions are obtained by solving the mechanical equation using the proposed CQBEM, which is a flexible and efficient method, since it deals with more complex shapes of biological tissues and does not involve discretization, also, it has low RAM and CPU usage. The resulting linear equations arising from CQBEM solution of bioheat and mechanical equations are solved by the GMSS method which reduces the iterations number and total CPU time. Numerical findings demonstrate the validity, efficacy and consistency of the proposed technique.

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