

## **P02-267**

### **FROM EVIDENCE-BASED PRACTICE IN SUICIDE PREVENTION TO THE REAL WORLD: HOW LONG IS THE LEAP?**

**M. Pompili**<sup>1,2</sup>

*<sup>1</sup>Dept. of Psychiatry, Sant'Andrea Hospital, Sapienza University of Rome, Roma, Italy, <sup>2</sup>McLean Hospital, Harvard Medical School, Belmont, USA*

This presentation aims to shed light on effective suicide prevention activities that often are missing in the everyday clinical practice. Too often in fact suicidal individuals seek help from mental health professionals that nevertheless fail to recognize suicide risk. For instance, on average, 45% of suicide victims had contact with primary care providers within 1 month of suicide. Likewise, the real world often presents challenges that impair proper utilization of the evidence-based practice. Also, the alarming suicide rates around the world points to lack of effective preventive understanding of suicide. This presentation will present key point of the evidence-based practice, how to implement such approach and how to overcome difficulties in the real world. It will deal with the state of the art of preventive measures of suicide, what the missing elements are and how to make the most from personal experience without risking relying on clinician's intuition in management of suicidal individuals.