

## Retinoids and Cancer: Antitumoral Effects of ATRA, 9-cis RA and the New Retinoid IIF on the HL-60 Leukemic Cell Line

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### Key Words

Retinoids · Cancer · Leukemia · HL-60 · IIF

### Abstract

**Objective:** To compare the antitumoral effects of all-trans retinoic acid (ATRA) and 9-cis retinoic acid (9-cis RA) with those of 5-OH,11-O-hydrophenanthrene (IIF), a new derivative of retinoic acid. **Materials and Methods:** The effect of retinoids was tested on cell line HL-60. Cell differentiation and apoptosis were evaluated by morphological and biochemical analysis as *bcl-2* protein and by DNA fragmentation assay. The ability to activate retinoic acid receptors (RAR) and/or retinoid X receptors (RXR) and to modulate gene expression was determined by transactivation assay. **Results:** With cell line HL-60, the antiproliferative effect of IIF was stronger than that of ATRA and 9-cis RA. Following retinoid treatment, cells appeared to differentiate and apoptotic cells were observed. The appearance of DNA laddering and a decrease in the amount of *bcl-2* protein confirmed apoptosis. IIF transcriptionally activated RXR- $\gamma$  more than RAR- $\alpha$ . **Conclusion:** The findings indicate that IIF transcriptionally activates RXR- $\gamma$  preferentially, induces apoptosis and has a more antiproliferative activity than ATRA and 9-cis RA on cell line HL-60.

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### Introduction

All-trans retinoic acid (ATRA) and many of its analogs and derivatives (generally referred to as retinoids) are widely used in oncology with very good therapeutic value due to their antiproliferative and prodifferentiating effects. In particular, ATRA has been shown to be potent in inducing differentiation of acute promyelocytic leukemia (APL) blasts and as such it is used with chemotherapeutic drugs to treat APL [1, 2]. The clinical use of retinoids has several limitations: the doses needed for successful treatment are often toxic, leading to the hypervitaminosis-A syndrome and some patients with APL eventually relapse because cancer cells become resistant to it. In order to overcome this resistance, many analogs were synthesized, which bind to the retinoic acid receptors (RAR) and/or the nuclear retinoid X receptors (RXR). Members of the RAR family ( $\alpha$ ,  $\beta$ ,  $\gamma$  and their isoforms) are activated by most physiological retinoids, among which are ATRA and 9-cis retinoic acid (9-cis RA), while members of the RXR family are activated only by 9-cis RA [3, 4].

The leukemic cell lineage HL-60 is considered a good model for the study of the differentiating effect of retinoids [5]. In the presence of different agents, particularly retinoic acid, it can differentiate to monocytes or granulocytes.

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Here we report the effect of 5-OH, 11-O-hydrophenanthrene, C<sub>17</sub>H<sub>20</sub>O<sub>2</sub> (IIF), a new derivative of ATRA [6], on the proliferation, differentiation and apoptosis of HL-60 cells using morphological analysis, methylthiazolotetrazolium assay, reduction of nitro blue tetrazolium, *bcl-2* assay and DNA fragmentation. We have also evaluated the ability of IIF to activate RAR using transactivation assay.

## Materials and Methods

### *Cell Culture and Evaluation of Cellular Morphology*

HL-60 cells were obtained from American Type Culture Collection, Rockville, Md., USA. The cells were maintained in suspension culture in RPMI 1640 medium (Sigma) supplemented with 10% (v/v) fetal calf serum (Gibco, Grand Island, N.Y., USA), penicillin, 50 U/ml, streptomycin, 50 mg/ml, and glutamine, 4 mM, and grown at 37 °C in a humidified atmosphere of 5% CO<sub>2</sub> in air. Trypan blue dye exclusion was used to estimate cell viability. Cells were free from mycoplasma. Exponentially growing cells were harvested by low-speed centrifugation, then washed and resuspended in 1 ml of RPMI. Cells were seeded (5,000/well) in 96-well plates. IIF was dissolved at 10<sup>-2</sup> M in propylene glycol, ATRA (Sigma) and 9-cis RA (Sigma), freshly prepared each time, were dissolved at 10<sup>-2</sup> M in ethanol. The cells were treated with IIF, ATRA or 9-cis RA. Every other day the cells were spun down, media were replaced and added with retinoids. The control cells were treated with equivalent amounts of glycol or ethanol alone. Cell proliferation was evaluated by a method based on the reduction of methylthiazolotetrazolium (Sigma), taken as an index of the number of metabolically active cells and results were expressed as percentage absorbance for treated wells/controls using the method of Denizot and Lang [7]. Differentiation was assessed by examining cell morphology with light microscopy on cytospin slides stained with May-Grünwald-Giemsa staining solution. Differentiation was also evaluated on the basis of the percentage of cells stained with 1% safranin O (Sigma) presenting cell-associated nitro blue diformazan (NBD) deposits from the reduction of nitro blue tetrazolium (Sigma) using a previously described method [8].

### *Transactivation Assay*

The receptor expression vectors pCMX-hRAR $\alpha$ , pCMX-hRAR $\beta$ 2, pCMX-hRAR $\gamma$ , pCMX-nRXR $\alpha$ , pCMX-nRXR $\beta$  and pCMX-nRXR $\gamma$  were used. The basal reporter plasmid pAM-TREp-*luc* containing two copies of the TRE-palindromic response element was used in transfections for RAR, while the basal reporter plasmid pTK-CRBPII-*luc* was used for the RXR transfections. Receptor expression vectors and basal reporter plasmids were kind gifts of Prof. R. Evans, Salk Institute for Biological Studies, La Jolla, Calif., USA. Plasmids were transiently transfected in CV-1 cells (ECACC, UK) by the lipofectamine plus method (GIBCO, Grand Island, N.Y., USA) with 40 ng of the receptor expression plasmid vector, 200 ng of the reporter luciferase plasmid and 360 ng of carrier plasmid pUC19/5  $\times$  10<sup>4</sup> cells/well in 24-well plates. The cells were transfected for 3 h, incubated with and without IIF 100 nM or ATRA 100 nM for 42 h, washed twice with PBS and treated with a lysis buffer (25 mM Tris phosphate, pH 7.8; 8 mM MgCl<sub>2</sub>; 1 mM DTT; 1% Tritons X-100; 1% BSA; 15% glycerol). After 30 min, the enzymatic activity of luciferase

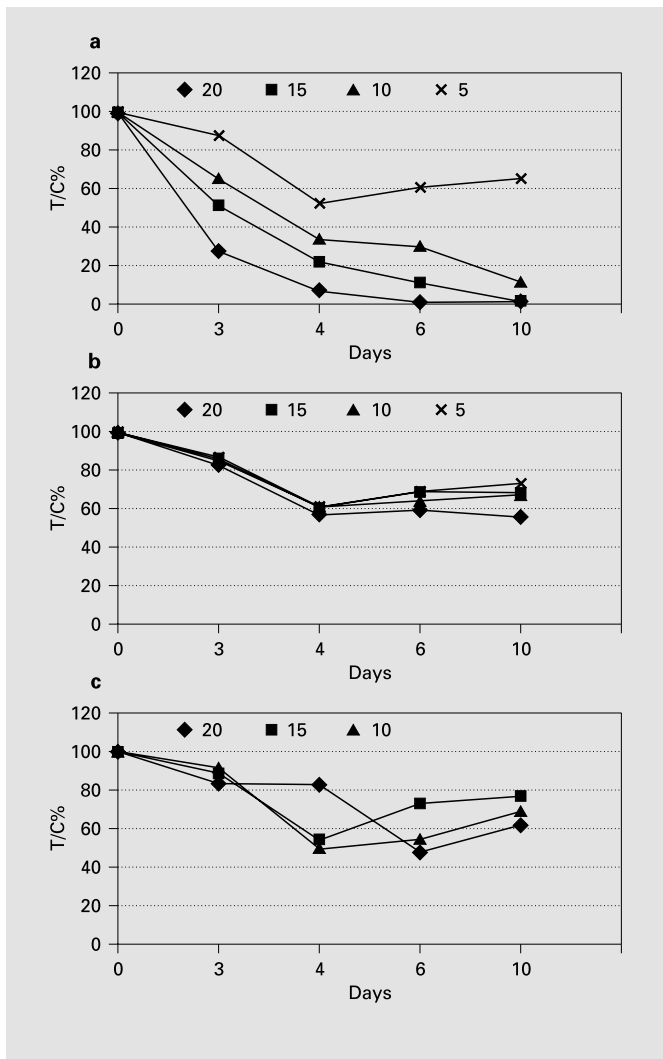
was measured with an automated luminometer (Digene DCR-1, MGM Instruments, Conn., USA) and was expressed as relative light units per milligram of protein, as determined by the Bio-Rad method (Bio-Rad, Richmond, Calif., USA). Basal luciferase activity was determined by taking the activity obtained with the reporter plasmids and receptor expression vectors in the absence of ATRA or IIF. To control for transfection efficiency in each experiment, cells were transfected with the wild-type 760-*luc* vector, which contains the *luc* gene under the control of the HCMV major IE promoter (-760 to +65, kindly provided by Dr. C.V. Paya, Mayo Clinic, Rochester, N.Y., USA). Cells were transfected with 200 ng of the wild-type 760-*luc* and 400 ng of pUC19/5  $\times$  10<sup>4</sup> cells and *luc* activity was measured 42 h later. Each experiment had a luciferase activity control value not lower than 1 SD below the mean value obtained in each of the previous experiments.

### *DNA Fragmentation Assay*

Exponentially growing cells (1  $\times$  10<sup>5</sup>/ml in T-25 flasks) were treated every other day with IIF (10  $\mu$ M) or ATRA (10  $\mu$ M) and diluted every other day in order to maintain the same concentration of 1  $\times$  10<sup>5</sup> cells/ml. The cells (3  $\times$  10<sup>6</sup>/sample) were collected by centrifugation at 220 g for 10 min at 25 °C. Cell pellets were resuspended in 500  $\mu$ l of TE (10 mM Tris-HCl, pH 8, 1 mM EDTA, pH 8) and lysed for 1 h at 0-4 °C by the addition of 500  $\mu$ l of lysis buffer (5 mM Tris-HCl, pH 8, 20 mM EDTA, pH 8, 2% Triton X-100). Samples were then centrifuged for 12 min at 1,000 g; supernatants were collected in a clean microcentrifuge tube, while pellets were resuspended in 1 ml of TE, pH 8. For a qualitative evaluation of DNA laddering, 0.2 M sodium acetate and 1 ml absolute ethanol were then added to the samples. After overnight incubation at -20 °C, samples were centrifuged for 30 min at 1,000 g. Pellets, resuspended in 100  $\mu$ l of TE, pH 8, were subjected to RNase (0.5  $\mu$ g/ml at 37 °C for 1 h) and then to proteinase-K (1  $\mu$ g/ml at 37 °C for 1 h) treatment. After addition of  $\times$  6 DNA loading buffer (0.25% xylene cyanol, 0.25% bromophenol blue, 30% glycerol in water), samples were separated in a 1% agarose gel containing 0.5  $\mu$ g of ethidium bromide per milliliter and visualized under UV light. The DNA ladder 100 pb (Gibco BRL) was used as a molecular marker.

### *Evaluation of bcl-2 Protein*

Expression of *bcl-2* protein was determined by Western blotting with the use of monoclonal antibody anti-*bcl-2* (Kamiya Biomedical Co., USA) in the same samples as the HL-60 cells used for DNA laddering. The cells (3  $\times$  10<sup>6</sup>/sample) were collected by centrifugation at 220 g for 10 min and pellets were resuspended in PBS and sonicated on ice in the presence of protease inhibitors. Protein concentration was determined by the method of Lowry et al. [9]. Cell lysates (40  $\mu$ g of protein per lane) were size-fractionated in sodium dodecyl sulfate-15% polyacrylamide gels prior to transfer to Hybond TM-C Extra membranes (Amersham, Italy) by standard protocols. Membranes were blocked overnight with BSA 3% in transfer buffer saline (TBS) at 4 °C. The anti-*bcl-2* and the antimouse peroxidase conjugated antibodies were diluted 1:100 and 1:3,000, respectively, with BSA 0.1% in TBS Tween 1%. The *bcl-2* protein transferred by Western blotting was detected by ECL (Amersham). The amount of protein in each lane was the same, as confirmed by Western blotting of tubulin (not shown).



**Fig. 1.** Effect of IIF (a), ATRA (b) and 9-cis RA (c) on proliferation of HL-60 cells. The cells were treated every other day with various doses ( $\mu\text{M}$ ) of the compounds. Results are expressed as percentage absorbance for treated wells/controls. Each point is the mean  $\pm$  SEM from six replicate wells of three experiments in which  $5 \times 10^3$  cells were plated.

## Results

The antiproliferative effects of IIF, ATRA and 9-cis RA with respect to untreated exponentially growing controls on the HL-60 cell line were compared. In HL-60 cells, IIF (fig. 1a) strongly reduced proliferation in a dose-dependent manner; its effect was greater than those of ATRA (fig. 1b) and 9-cis RA (fig. 1c). To evaluate whether or not the effect on proliferation was accompanied by morphological changes (indicating that cells undergo dif-

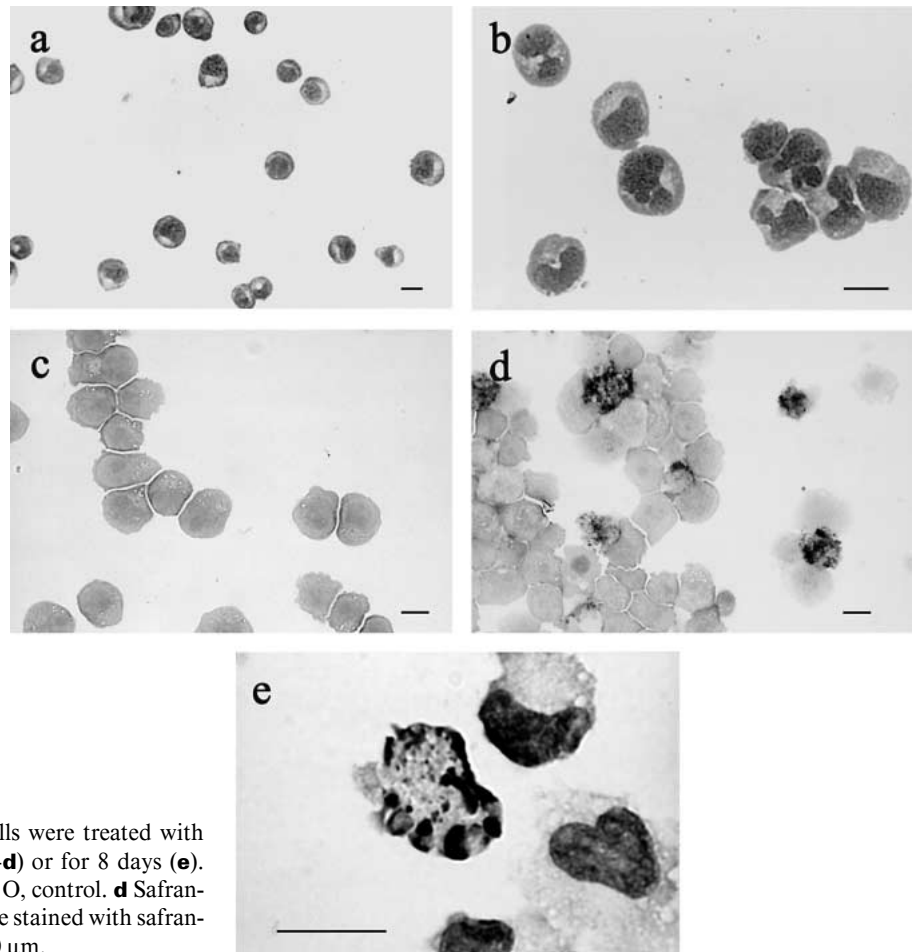
ferentiation and apoptosis), cell morphology at various days of culture was analyzed. After 3 days, controls presented the typical morphology of promyelocytes and, to a lesser degree, myelocytes (fig. 2a). Following IIF or ATRA (not shown) treatment, cells appeared morphologically differentiated, with clearly lobated nuclei (fig. 2b). Functional differentiation was demonstrated by the appearance of NBD granules dispersed close to the nucleus in 15% of treated cells (fig. 2c, d), showing the acquired capability to produce superoxide anions typical of mature granulocytes. At day 4, NBD-positive cells were 60 and 10% in treated cells and in controls, respectively (not shown). Apoptotic cells (40% with respect to controls) could be seen from the 5th day of culture (not shown) and became predominant (70%) on the 8th day (fig. 2e). The presence of apoptotic cells was confirmed by the evaluation of DNA laddering (fig. 3). After 5 and 7 days of culture, DNA laddering was evident in cells treated with IIF or ATRA, but not in controls.

We evaluated the presence of *bcl-2* proteins in HL-60 cells at different days of culture, in order to verify whether its decrease paralleled the appearance of apoptosis (fig. 4). The amount of *bcl-2* protein decreased with respect to controls both in samples treated with IIF and ATRA and the phenomenon was more evident 7 days after treatment. These data were well correlated with those of DNA cleavage.

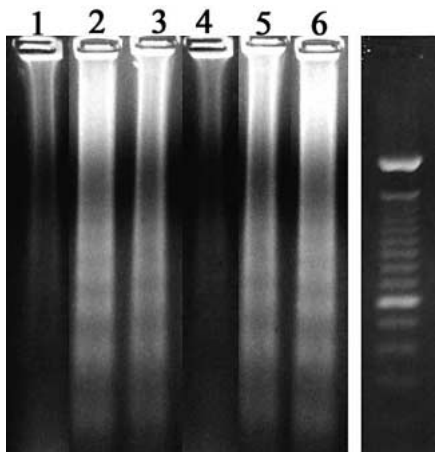
To discover which receptor was the target of IIF, we tested the interaction of the compound with nuclear receptors of the classes RAR and RXR by measuring its ability to stimulate the transcriptional activity of each receptor transfected with reporter genes responsive to retinoids into CV-1 cells. In preliminary experiments it was demonstrated that IIF transcriptionally activated receptors of the RXR class and in particular RXR- $\gamma$  (fig. 5a) and that it did not activate RAR- $\alpha$  receptors. In figure 5b it is shown that, different from what happened using ATRA, transactivation of RXR- $\gamma$  induced by IIF was significantly higher than the basal level.

## Discussion

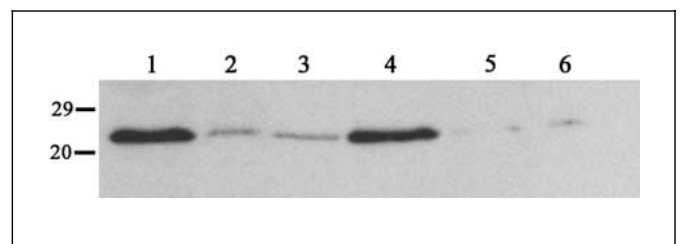
ATRA and many analogs or derivatives of this molecule exert antiproliferative and prodifferentiating effects on a variety of transformed cells. ATRA is used in the treatment of APL in combination with chemotherapy, but its use is complicated by the fact that many patients can become resistant to the drug and that other patients develop the hypervitaminosis-A syndrome, which can even



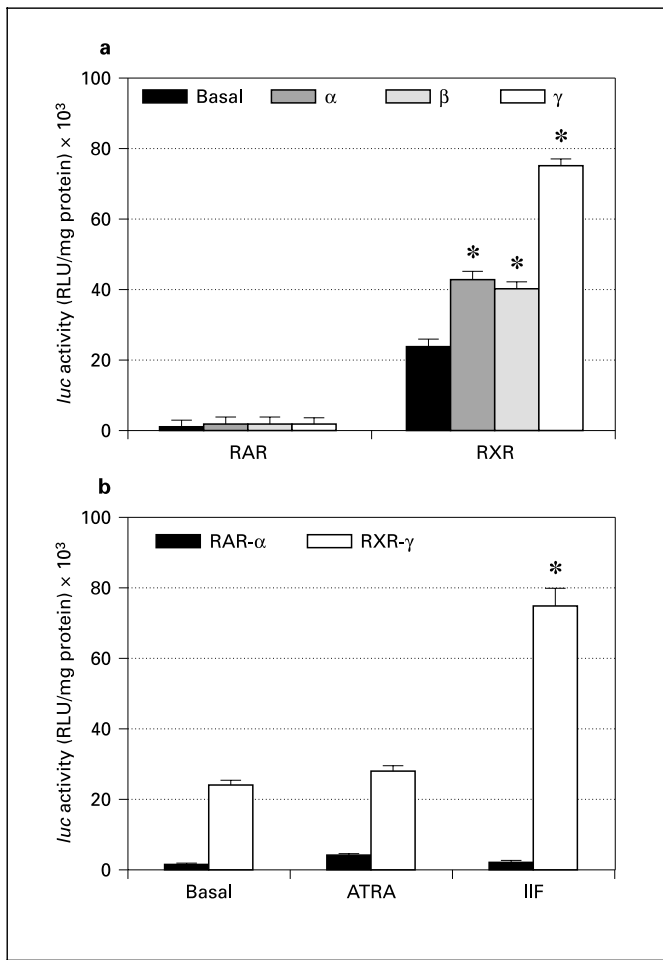
**Fig. 2.** Light micrographs of HL-60 cells. Cells were treated with 10 μM IIF or not and cultured for 3 days (a-d) or for 8 days (e). a Giemsa, control. b Giemsa, IIF. c Safranine O, control. d Safranine O, IIF. e Giemsa, IIF. Samples c and d were stained with safranine O in order to show NBD granules. Bar = 10 μm.



**Fig. 3.** DNA fragmentation in HL-60 cells treated with IIF or ATRA. HL-60 cells ( $1 \times 10^5$ /ml in T-25 flasks) were incubated with or without 10 μM IIF or ATRA for 5 days (lane 1 = control; lane 2 = IIF; lane 3 = ATRA) and 7 days (lane 4 = control; lane 5 = IIF; lane 6 = ATRA). The molecular markers (100 pb) are shown to the right of the figure.



**Fig. 4.** *Bcl-2* protein expression in HL-60 cells. Cells ( $1 \times 10^5$ /ml in T-25 flasks) were incubated with or without 10 μM IIF or ATRA. *Bcl-2* protein was evaluated after 5 days (lane 1 = control; lane 2 = IIF; lane 3 = ATRA) and 7 days (lane 4 = control; lane 5 = IIF; lane 6 = ATRA).



**Fig. 5.** Evaluation of RAR and RXR transactivation in mammalian CV-1 cells; *luc* activity was expressed as relative light units (RLU) per milligram of protein. Basal luciferase activity was determined by taking the activity obtained with the reporter plasmids in the absence of ATRA or IIF. The data are the mean  $\pm$  SEM from four experiments, each in duplicate. **a** RAR and RXR transactivation in the presence of 100 nM IIF. **b** RAR- $\alpha$  and RXR- $\gamma$  transactivation in the presence of 100 nM ATRA or IIF.

lead to death [10–13]. One approach suggested to overcome ATRA resistance is the substitution of ATRA with other retinoids, such as 9-cis RA, whose plasma levels and metabolism are different from those of ATRA, but do not present large variations, even after prolonged treatment [14]. Recently, in a patient with APL, sensitivity to the antileukemic effect of ATRA was restored by clinical treatment with an inhibitor of histone deacetylase, sodium phenylbutyrate [15]. In 30% of APL patients, ATRA or 9-cis RA treatment causes the retinoic acid syndrome. Many mechanisms have been proposed to explain the

occurrence of the syndrome, in which an important role is given to the release of vasoactive cytokines [16].

In order to find compounds for the treatment of APL that can overcome these problems, new analogs of ATRA have been synthesized, among which is IIF, a new derivative of vitamin A [6]. In HL-60 cells, IIF had a strong anti-proliferative effect, higher than that of ATRA and of 9-cis RA for all the doses employed, with the exception of the 5  $\mu$ M dose which, in any case, had the same efficacy of the highest doses of the other compounds. The antiproliferative effect of IIF was accompanied by morphological and biochemical changes, like the acquired capability of producing superoxide anions, clearly showing cell differentiation and apoptosis.

The presence of apoptotic cells was demonstrated not only by cell morphology, but also by the appearance, in cells treated with IIF and ATRA, of the DNA laddering typical of apoptosis and by a decrease of *bcl-2* protein. Unlike other oncogenes, the *bcl-2* gene and some of its family members, rather than cell proliferation, promote cell survival by preventing programmed cell death [17, 18]. *Bcl-2* protein overexpression has been demonstrated in many tumor cells and has been found to be inversely related to the apoptotic cell index [19–22]. Similar to these data, we have found that, in HL-60 cells, the decrease of *bcl-2* protein induced by IIF and ATRA was well correlated with the laddering of DNA.

9-cis RA has been found to be a high-affinity ligand for RXR receptors, which form heterodimers with other hormone receptors, thus influencing the level of transcription of target genes [23, 24]. In addition, 9-cis RA binds to RAR with the same affinity as ATRA [25] and may influence gene transcription in this way as well. In contrast, ATRA directly activates only the RAR, and its RXR-stimulating activities, shown in vivo transactivation assays, are probably due to its conversion to 9-cis RA under in vivo conditions [23]. In HL-60, apoptosis was observed only when cells were treated with agents capable of activating both RAR and RXR [26]. Under the experimental conditions it appears that IIF, even though it transcriptionally activates RXR- $\gamma$  preferentially, was also able to induce apoptosis. This effect could be due to minimal transcriptional activation of RAR or to a conversion into a compound able to transcriptionally activate RAR under culture conditions.

## Conclusion

Our findings show that the new derivative of retinoic acid, IIF, has good antiproliferative and prodifferentiating properties in cells of the leukemic lineage HL-60 and demonstrate that IIF transcriptionally activates RXR- $\gamma$  preferentially. RXR is the receptor class which binds 9-cis RA and induces apoptosis in HL-60 cells.

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