

## Reduction of Carryover of Aflatoxin from Cow Feed to Milk by Addition of Activated Carbons

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### ABSTRACT

According to a double-reversal experimental design on 12 late-lactation Friesian cows the effect of two activated carbons (ACs) (CAC1 and CAC2) and a hydrated sodium calcium aluminosilicate (HSCAS) on carryover of aflatoxin B<sub>1</sub> (AFB<sub>1</sub>) from feed to aflatoxin M<sub>1</sub> (AFM<sub>1</sub>) in milk was determined. Cows were fed a basal diet containing AFB<sub>1</sub> naturally contaminated corn meal and copra. During week 1 cows were fed diets containing AFB<sub>1</sub> alone (11.28 µg of AFB<sub>1</sub>/kg of feed); in week 2 the diets contained AFB<sub>1</sub> plus 2.0% sorbent; and in week 3 the diets again contained AFB<sub>1</sub> alone (13.43 µg of AFB<sub>1</sub>/kg of feed). ACs reduced the analytical content of AFB<sub>1</sub> in the pelleted feed by from 40.6% to 73.6%, whereas reduction by HSCAS was 59.2%. The AFM<sub>1</sub> concentrations in milk in weeks 1 and 3 were higher than that in week 2. Decreases in the AFM<sub>1</sub> excreted in the milk by addition to feed of 2% of the sorbents ranged from 22% to 45%. CAC1 and HSCAS were significantly different from each other in reducing the AFM<sub>1</sub> concentration in milk (45.3% versus 32.5%); these reductions were significantly higher than that of CAC2 (22.0%). Carryover reduction by addition of CAC1 (50%) was significantly higher than that of HSCAS (36%). Addition of 2% CAC2 did not allow pelleting of feed because of the caking action of this carbon. The lower performance of CAC2 could be related to the unsuccessful pelleting. The addition of ACs did not influence feed intake, milk production, milk composition, or body weight. Our results suggest that ACs, high-affinity sorbents for AFB<sub>1</sub> in vitro, are efficacious in reducing AFB<sub>1</sub> carryover from cow feed to milk. Further in vivo investigations should establish lower amounts of ACs which can be efficacious.

Key words: Aflatoxins, milk, activated carbons, carryover, feed

Aflatoxins (AF) are a group of highly toxic secondary metabolic products of *Aspergillus flavus* and *Aspergillus parasiticus* that easily occur on feeds and foods. As AF are carcinogenic, teratogenic, and mutagenic to animals, including humans, detoxification of aflatoxin-contaminated foods

and feeds is one of the most serious problems of food hygiene.

Dairy cows fed aflatoxin B<sub>1</sub> (AFB<sub>1</sub>)-contaminated diets secrete into milk amounts of the main hepatic AFB<sub>1</sub> metabolite, aflatoxin M<sub>1</sub> (AFM<sub>1</sub>), as a function of AFB<sub>1</sub> intake and lactation stage (33). AFM<sub>1</sub> toxicity is similar to that of the original molecule as shown by trials carried out on ducks (25), rats (23), and trout (27), whereas its mutagenic potential seems to be lower (1). Recently AFB<sub>1</sub> and AFM<sub>1</sub> were categorized as class 1 and 2B (or probable) human carcinogens, respectively (26). As milk is one of the most important human foods and the main nutrient for growing young, who are notably vulnerable and potentially more sensitive than adults, numerous methods of detoxification have been tested (22).

The addition of sorbents to contaminated feeds seems to be the most efficacious strategy for preventing aflatoxicosis. Sorbents act as inabsorbable carriers that adsorb toxic molecules, thereby preventing or reducing their absorption in the intestinal tract. Some in vitro tests (20) showed that hydrated sodium calcium aluminosilicates (HSCASs) were particularly efficacious in binding aflatoxin. Harvey et al. (10) conducted a detoxification test by adding HSCAS to dairy cow feeds having 200 µg of AFB<sub>1</sub>/kg and obtained a significant reduction in carryover, also confirming the efficacy of the treatment even at the low contamination levels frequently found in practice.

Pietri et al. (21) tested the effectiveness of a zeolite in reducing carryover of AFB<sub>1</sub> and did not detect any effect on carryover. Veldman (32) revealed a 33% and 0% carryover reduction by bentonite and HSCAS, respectively, and detected the formation of an inert, stable complex between bentonite and AFB<sub>1</sub> capable of preventing absorption in the intestine.

Although activated carbons (ACs) have been recognized as one of the most effective and nontoxic adsorbents (4), few studies about their employment as sorbents for AFB<sub>1</sub> are reported in the literature. Some authors observed low (5, 6) or no (14) ability of activated charcoal to reduce

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AFB<sub>1</sub> toxic effects in chickens. In contrast, detoxification tests carried out on ducklings (28), mink (2), and chickens (13, 30) showed that activated charcoal was effective in reducing the toxic effects of AFB<sub>1</sub>. These contrasts in the data can be ascribed to the type of activated charcoal used.

No data on the efficacy of ACs in reducing AFB<sub>1</sub> carryover into milk are available. Galvano et al. (12) evaluated AFB<sub>1</sub> affinity of ACs in vitro, revealing very high adsorption and higher affinity for AFB<sub>1</sub> than HSCAS. The aims of our investigation were to evaluate the ability of ACs and an HSCAS to reduce the carryover of AFB<sub>1</sub> from feed to milk and to establish whether AC could be added to contaminated feeds in practical conditions.

## MATERIALS AND METHODS

### Sorbents

The following finely pulverized sorbents were used: two commercial ACs (CAC1 and CAC2) previously tested and demonstrated to have an high affinity in vitro for AFB<sub>1</sub> (12), and an HSCAS demonstrated to reduce aflatoxin toxicity (10, 14, 20).

### Experimental design

According to a double-reversal experimental design (34), 12 multiparous late-lactation (30 to 33 weeks) Friesian cows were randomly distributed into three groups, each receiving only one type of sorbent and used as its own control. Cows were fed a basal diet (15 kg of corn silage, 4 kg of triticale (*Triticum secale*) silage, 4 kg of alfalfa hay, 2 kg of dehydrated beet pulp) to which 5 kg of pelleted feed containing AFB<sub>1</sub> naturally contaminated corn meal and copra was added. Compound feed samples of each dietary treatment were collected during the experimental period to determine the AFB<sub>1</sub> content.

The experimental period was divided into three weeks: during week 1, cows were fed diets containing AFB<sub>1</sub> alone; in week 2 the diets contained AFB<sub>1</sub> plus 2.0% sorbent, and in week 3 the diets again contained AFB<sub>1</sub> alone. AFM<sub>1</sub> excretion into the milk was determined only on days 3 to 7 of each week. Daily morning and evening milk samples from each cow were collected and mixed in proportion to morning and evening milk production. These samples were again combined in proportion to the daily milk production of each cow to constitute a representative bulk milk sample of each group. The AFM<sub>1</sub> concentration in the milk from cows fed sorbents were compared with those when sorbents were not fed. Moreover, a comparison between the three sorbents was carried out.

### Methods of analysis

Determination of AFB<sub>1</sub> in feed was carried out according to the method of Howell and Taylor (11) as regards extraction and column cleanup; 250 µl of the purified extract were treated to convert AFB<sub>1</sub> to AFB<sub>2</sub>A by trifluoroacetic acid-catalyzed hydration according to Cohen and Lapointe (3).

AFM<sub>1</sub> in milk was extracted by immunoaffinity column (Easi-Extract<sup>®</sup>, Biocode Ltd, University Road, Heslington, York, UK) according to the method reported by Mortimer et al. (17). For both AFB<sub>1</sub> and AFM<sub>1</sub>, the final extract was evaporated under a nitrogen stream and finally redissolved in the mobile phase (500 µl) and filtered (0.45-µm pore size); 50 µl of extract were usually injected.

Determination of AFB<sub>1</sub> in feed and AFM<sub>1</sub> in milk were carried out by high-performance liquid chromatography (HPLC) under the following experimental conditions. A Perkin-Elmer Series 4 HPLC (Perkin-Elmer Corp., Norwalk, CT, USA) equipped with ISS 100 sampling system and 1020 computing integrator was used. The

detector was a Perkin-Elmer LS 4 fluorescence spectrophotometer with excitation and emission wavelengths of 365 nm (slit 15 nm) and 440 nm (slit 20 nm), respectively. The stationary phase was a LiChrosorb RP-18 (125 by 4 mm (i.d.) column) 5 µm (Merck, Darmstadt, Germany).

The mobile phase for AFB<sub>1</sub> determination was acetonitrile (A) plus water (B). The program was 20A plus 80B to 50A plus 50B, 0 to 12 min; 100A plus 0B, 13 to 14 min; and 20A plus 80B, 15 to 21 min. The flow rate was 1.5 ml/min. Retention time for AFB<sub>2</sub>A was 8.4–8.5 min. Mobile phase for AFM<sub>1</sub> determination was isocratic, acetonitrile-water (28:72). The flow rate was 1.5 ml/min. The retention time for AFM<sub>1</sub> was 5.4 to 5.5 min.

### Statistics

AFB<sub>1</sub> and AFM<sub>1</sub> data are presented as means ± SEM and *P* < 0.05 values were considered to be significant according to the Duncan multiple range test (7).

## RESULTS AND DISCUSSION

Owing to the addition of 2% AC the feeds become black, but no effects on feed intake were revealed, as the diets were entirely consumed. The addition of 2% CAC2 did not allow pelleting of feed because of the caking action of this carbon.

### AFB<sub>1</sub> reduction in feed

The addition of ACs to the feed achieved a substantial reduction in the analytically detected AFB<sub>1</sub>. As reported in Figure 1, the addition of CAC1 and CAC2 reduced detectable AFB<sub>1</sub> from 11.28 µg/kg to 2.68 µg/kg and 6.70 µg/kg respectively, whereas HSCAS reduced AFB<sub>1</sub> to 4.60 µg/kg.

Phillips et al. (20) in in vitro studies showed that HSCAS had a great affinity for AFB<sub>1</sub>, whereas others (32, 35) reported a reduction of detectable AFB<sub>1</sub> in feed by the addition of bentonite. The authors explained these findings by the formation of a stable complex between the sorbents

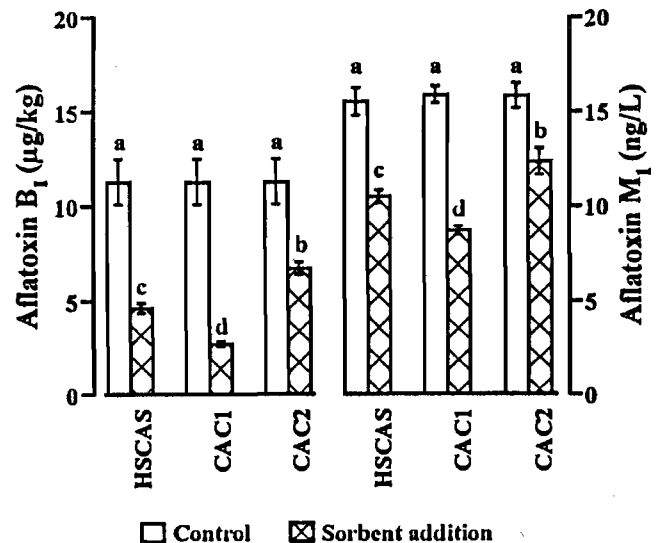


FIGURE 1. Reduction of AFB<sub>1</sub> in feed and AFM<sub>1</sub> in milk as an effect of the addition of sorbents. Each bar represents the mean (*n* = 4 for AFB<sub>1</sub>; *n* = 10 for AFM<sub>1</sub>); error bars denote standard error of the mean. Different letters on the tops of bars mean significantly different values, *P* < 0.05.

and AFB<sub>1</sub>, resistant against solvent extraction. Since addition of ACs reduced the analytically recovered AFB<sub>1</sub> from the feed by 40.6% to 73.6%, the formation of an analogous inert, stable complex, AC-AFB<sub>1</sub>, resistant to solvent extraction (chloroform), must occur.

Under the conditions of the present study, CAC1 showed greater reduction of the analytically recovered AFB<sub>1</sub> from feed than HSCAS (73.6% versus 59.2%) (Figure 1). This agrees with our previous study (12) in which *in vitro* affinity for AFB<sub>1</sub> of ACs compared to HSCAS was tested. In contrast, the performance of CAC2 was far from that expected. As pelleting of feed probably improves the adsorption of AFB<sub>1</sub> by ACs, the lower reduction of analytically recovered AFB<sub>1</sub> from feed with CAC2 could be related to the unsuccessful pelleting.

#### AFM<sub>1</sub> reduction in milk

The AFM<sub>1</sub> content of milk related to AFB<sub>1</sub> intake was lower than values reported by Munksgaard et al. (18). Veldman et al. (33) reported that the average daily AFB<sub>1</sub> intake for dairy cows has to be below 40 µg/day to produce milk with less than 0.05 µg of AFM<sub>1</sub>/kg (European Communities tolerance). In the present study, despite the average AFB<sub>1</sub> intake of cows being over 55 µg/day, the AFM<sub>1</sub> content of milk, with or without addition of sorbents was substantially below the EC tolerance level.

Mean values for AFM<sub>1</sub> of week 2 (sorbents present) were significantly lower than those of weeks 1 and 3 (Table 1). In agreement with the observations of Harvey et al. (10), the absence of sorbents during week 3 allowed AFM<sub>1</sub> concentration in milk to reach the same or greater values than in week 1. Nevertheless, these results could be also related to the increase of AFB<sub>1</sub> intake in week 3. In contrast, AFM<sub>1</sub> secretion showed the same values from week 1 to week 3 because of decreased milk yield. However, data pooled for the 3 test weeks showed that both the ACs and the HSCAS were effective in reducing AFM<sub>1</sub> concentration in milk. In agreement with the results of analytic recovery of AFB<sub>1</sub> from feed, addition of CAC1 to feed caused a significantly higher decline of AFM<sub>1</sub> concentration in milk than HSCAS (45.3% vs 32.5%); furthermore, CAC2, with a

22.0% reduction, was less effective than CAC1 and HSCAS in reducing AFM<sub>1</sub> concentration in milk (Figure 1).

#### Carryover from feed to milk

Carryover of AFM<sub>1</sub> from feed to milk in weeks 1 and 3 (controls) ranged from 0.45% to 0.55%, whereas in week 2 (sorbents added) it ranged from 0.27% to 0.41%. Carryover data from the present study were similar to those (0.14% to 6.2%) commonly reported for dairy cows (8–10, 15, 16, 18, 19, 24, 29, 31–33). Nevertheless, carryover values related to milk yield in both control and treatment weeks were quite low if compared to the values observed by other authors (31–33). This could be partially explained by the late lactation stage of the cows, in agreement with the observations of Lafont et al. (16) and Veldman et al. (33). Moreover, these latter authors (33) reported that a wide variability of carryover could be ascribed to animal factors related to the conversion of AFB<sub>1</sub> to AFM<sub>1</sub> by the mixed-function oxidase system.

The HSCAS was confirmed as a protective agent against AFB<sub>1</sub>. Under our experimental conditions, 2% HSCAS addition reduced carryover by 36%. This reduction was lower than those reported in studies on dairy goats (2% HSCAS, 60% carryover reduction) (10), (1, 2, and 4% HSCAS addition, 52, 82, and 87% carryover reduction, respectively) (29), and on dairy cows (1% HSCAS, 44% carryover reduction) (10), but higher if compared to the studies on dairy cows of Harvey et al. (10) (0.5% HSCAS, 24% carry-over reduction), and Veldman (32), who reported no carryover reduction by addition of 1% HSCAS. Nevertheless, differences in species, dosages of HSCAS and AFB<sub>1</sub>, and duration of AFB<sub>1</sub> exposure should be considered when comparing published results.

We are aware of no reports on carryover reduction by addition of ACs. CAC1 was more efficient at reducing carryover than HSCAS (50% versus 36%). In contrast, CAC2 (27%) was less effective than HSCAS in reducing carryover. This latter result, as well as the lower reduction of detectable AFB<sub>1</sub> in feed and AFM<sub>1</sub> in milk, could be ascribed to the unsuccessful pelleting of feed. Our data

TABLE 1. Reduction in carryover of AFB<sub>1</sub> in feed to AFM<sub>1</sub> in milk over a 3-week period in three groups of cows with or without sorbents added to the feed

Week (group)	Sorbent in feed	AFB <sub>1</sub> intake (µg/day)	Milk yield (kg/day)	AFM <sub>1</sub> in milk		Carryover AFB <sub>1</sub> to AFM <sub>1</sub> (%)	Reduction of carryover (%)
				(ng/l) <sup>a</sup>	(µg/day)		
1 (1)	none	56.40	19.40	15.52 ± 0.73A	0.30	0.53	NA <sup>b</sup>
1 (2)	none	56.40	19.34	15.88 ± 0.44B	0.31	0.54	NA
1 (3)	none	56.40	19.66	15.83 ± 0.65B	0.31	0.55	NA
2 (1)	HSCAS	56.40	18.10	10.48 ± 0.33B	0.19	0.34	36
2 (2)	CAC1	56.40	17.72	8.68 ± 0.22C	0.15	0.27	50
2 (3)	CAC2	56.40	18.78	12.35 ± 0.70C	0.23	0.41	27
3 (1)	none	67.15	17.58	17.25 ± 0.73A	0.30	0.45	NA
3 (2)	none	67.15	17.66	17.83 ± 0.48A	0.31	0.47	NA
3 (3)	none	67.15	17.44	18.41 ± 0.69A	0.32	0.45	NA

<sup>a</sup> Mean ± SEM; n = 10. Within each group (see first column) of cows, values followed by different letters are statistically different (P < 0.05).

<sup>b</sup> NA, not applicable.

suggest that the complex AC-AFB<sub>1</sub> should decrease the bioavailability of AFB<sub>1</sub> for absorption in the intestine and could reduce carryover up to 50%. Measure of fecal AFB<sub>1</sub> excretion would provide additional evidence. Adding a lower amount (from 0.1% to 0.5%) may attenuate both pelleting difficulties and the color change of the feed. Since addition of ACs did not show effects on milk yield and composition or body weight (data not shown) our study demonstrates that ACs could be added to feed in practical conditions. As regards toxic effects related to addition of ACs, no obvious adverse effects were observed, but our data do not allow us to affirm that there would never be adverse effects on health status. Undesired preferential adsorption of useful organic molecules (e.g., vitamins or minerals) should be investigated in long-term studies.

In summary, our results demonstrate that ACs, high-affinity sorbents for AFB<sub>1</sub> in vitro, could reduce the AFM<sub>1</sub> content of milk to safe levels and are potential protective agents against aflatoxicosis at low contamination levels. Further in vivo investigations should establish lower amounts of ACs added to feed which can be efficacious. Moreover, studies in progress in our laboratory on the aflatoxin binding process could allow functional improvements to the adsorption ability of ACs.

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