

Non-Cytotoxic Roles of Granzymes in Health and Disease

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15-20 Word Summary

Granzymes exert cytotoxic and non-cytotoxic roles in health and disease. The present review focuses on novel non-cytotoxic roles of granzymes.

Running Title

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ABSTRACT

Granzymes are serine proteases previously believed to play exclusive and somewhat redundant roles in lymphocyte-mediated target cell death. However, recent studies have challenged this paradigm. Distinct substrate profiles and functions have since emerged for each granzyme while their dysregulated proteolytic activities have been linked to diverse pathologies.

1. – INTRODUCTION**GRANZYMES**

Granule-secreted enzymes (granzymes, Gzms) are a family of serine proteases first identified in 1987 (1, 2). The human genome comprises five granzymes (Gzms A, B, H, K, M) that are located on chromosomes 5 (Gzms A, K), 14 (Gzms B, H) and 19 (GzmM), encoding proteases that exhibit distinct substrate specificities (3, 4). Human and mouse GzmA and GzmK (tryptases) cleave after basic residues; GzmB (asp-ase) cleaves after acidic residues; GzmM (met-ase) cleaves after aliphatic residues; and human GzmH/mouse GzmC (chymase) cleave after aromatic residues. The functional characteristics of each granzyme are summarized in Table I. Despite human granzymes sharing approximately 40% structural sequence homology (5), differences in substrate binding clefts dictate unique substrate specificities and downstream consequences in health and disease (6–9). As such, there is an emerging body of work investigating the physiologic and/or pathologic roles for each granzyme.

Historically, granzymes have been viewed as redundant mediators of cytotoxic lymphocyte-mediated target cell death through a process involving the pore-forming protein, perforin, that facilitates granzyme entry into cells. There have been many excellent reviews written on the mechanisms of granzymes and perforin in the induction of cell death (6, 7, 10–13). In recent years, in addition to cytotoxicity, diverse roles of granzymes, particularly GzmB, have been delineated in inflammation, extracellular matrix (ECM) degradation, impaired wound healing, scarring, basement membrane disruption, blistering, loss of epithelial barrier function, vascular permeability and autoimmunity (9, 14–17). GzmA and GzmB are the most widely studied granzymes, with less understood pertaining to the roles of Gzms H, K and M, which are occasionally referred to as the ‘orphan’ granzymes (18). Notably, the roles of Gzms A, K and M in immune cell-mediated killing are currently an area of controversy (19, 20). Thus, as our understanding of granzymes evolves, this may prompt the need to reassess earlier studies, characterizing elevated granzymes in fluids, cells and tissues from diverse human pathologies, through a new, non-cytotoxicity-focused lens. As the functions of granzymes are further delineated with advanced genomics,

proteomics, degradomics and other tools, other pathophysiological roles for granzymes are likely to emerge. The purpose of the present review is to provide insights into the non-cytotoxic functions of granzymes and contextualize the relevant literature within the framework of health and disease.

ORIGINAL CONCEPT: GRANZYMES IN PERFORIN-DEPENDENT, LYMPHOCYTE-MEDIATED CELL DEATH

As granzymes were first observed within the granules of cytotoxic T lymphocytes (CTLs) and natural killer (NK) cells, initial research established a role for granzymes in lymphocyte-mediated cell death. Under this paradigm, granzymes cleave intracellular substrates to initiate cell death (apoptosis, pyroptosis, necrosis) of target cells. This field of research gained particular traction in the 1990s — coinciding with the peak of apoptosis research — after a landmark study was published ascertaining synergistic roles for granzymes and the membrane-perforating molecule, perforin (formerly known as cytolysin), in cell death (21). Since then, granzymes and perforin — particularly, GzmB and perforin — have been recognized as major constituents of lytic granules within cytotoxic cells and the main effectors of granule-dependent cell death (7).

Both CTLs and NK cells are capable of synthesizing and storing cytotoxic granules. Within these granules, granzymes are rendered as zymogens which, at least in mice, require N-terminal processing by proteinases, cathepsin C (also dipeptidyl peptidase I) (Gzms A, B, K) or cathepsin H (GzmB), to become fully, proteolytically active (22–24). Upon engagement of a target cell, the lytic granules are rapidly polarized toward the immunological synapse, which allows for transport of activated granzymes, perforin, and other contents towards the plasma membrane along a microtubule cytoskeleton (25). Subsequently, perforin helps to deliver granzymes into a target cell. Although different mechanisms have been proposed to explain how perforin releases granzymes into the cytosol of target cells (26), recent evidence suggests that this process is dependent on the ability of perforin to form pores in the plasma membrane of the target cell (27, 28). The successive delivery of granzymes into the cytoplasm of the target cell rapidly induces cell death through the cleavage of substrates both in the cytosol and nucleus. Apart from the release of granzymes triggered by target cell

77 recognition, granzymes, (i.e. GzmB), may be constitutively released to the extracellular space, albeit the exact
78 regulation of this mechanism and its relevance is not clear (29).

79 The role of the GzmB/perforin pathway in cytotoxic lymphocyte-mediated apoptosis is well-documented. Within
80 the target cell, GzmB activates the caspase cascade directly by processing effector caspases 3 and 7 or indirectly
81 through cleavage of pro-apoptotic BH3-interacting domain death agonist (Bid) (30–33). GzmB may also cleave
82 Bid into a truncated form (gtBid) (30–33). Further, GzmB can bypass caspases and mitochondria, cleaving
83 related substrates involved in apoptosis execution directly (34–41). The relative contribution of the different
84 pathways to cell death induced by GzmB may depend on differences between the substrate specificity of human
85 and mouse GzmB (42, 43). In mice, ten granzymes have been identified (Gzms A to G, K, M and N) and are
86 primarily named after their human homologs, apart from GzmC, which is a homolog for the closely related
87 human GzmH. The relevance of these findings, predominantly derived using recombinant proteins in in vitro
88 settings, is still unclear (44). The cytotoxic potential of the remaining granzymes is less clear and differences in
89 the profile of substrates cleaved by human or mouse granzymes may add to the obscurity (43, 45). Still, current
90 investigations indicate that cell death pathways activated by other granzymes are non-apoptotic and caspase-
91 independent, although their relevance and potential implications in disease remain to be confirmed and fully
92 characterized (12). More detailed information on these pathways and their potential relevance can be found in
93 other reviews (6–14, 18–20, 46–48).

94 Despite the breadth of literature describing the differential role(s) of granzymes in various cell death pathways,
95 there remains significant controversy over the specific contributions of individual granzymes to cell death. As
96 perforin is an essential precursor for granzyme delivery by CTLs, a lack of perforin would result in the loss of
97 granzyme internalization by target cells. Based on this fact and the assumption that granzymes could only elicit a
98 physiological effect intracellularly, perforin knockout mice were at one time used to dismiss the contribution of
99 all granzymes to disease (6, 46, 49). We now know this is not the case, and that granzymes can exhibit perforin-

independent and/or other non-cytotoxic intracellular/extracellular functions as discussed in the following sections.

EMERGING CONCEPTS: NON-CYTOTOXIC ROLES FOR GRANZYMES

Over the past 15 years, diverse roles for granzymes (especially GzmB) have been forwarded. Extracellular roles for granzymes have been identified along with increased granzyme levels observed in the extracellular space and biofluids. Extracellular granzymes can accumulate in the extracellular milieu due to leakage from immunological synapses of CTLs/NK cells, constitutive secretion (29, 50) and/or secretion by other immune and non-immune cell types that do not express perforin and/or form immunological synapses (reviewed in Turner et al. (16) and Boivin et al. (9)). In recent years, the extracellular roles of GzmA and GzmB have been investigated. The role of extracellular GzmB independent of perforin was first demonstrated in an in vivo mouse model of abdominal aortic aneurysm, whereby GzmB deficiency increased overall survival while perforin deficiency showed no improvement (51). In the latter study, a role for extracellular GzmB was proposed and later confirmed by Ang et al. (52) using an extracellular GzmB inhibitor (Serpina3n). In the extracellular milieu, GzmA (53) and GzmB (54–56) can induce perforin-independent cell detachment in anchorage-dependent cells through the cleavage of ECM proteins. In cultured rat small intestine epithelial cells, GzmA mediates collagen type IV and fibronectin degradation, promoting reduced cellular adhesion (53). GzmB cleaves fibronectin, vitronectin and laminin, leading to endothelial cell detachment and anoikis as well as inhibition of tumour cell spreading, migration and invasion (55). Similarly, in smooth muscle cells (54), fibroblasts (56) and endothelial cells (55), the addition of GzmB in the absence of perforin induces anoikis through the cleavage of fibronectin and other ECM proteins. Together, these observations underscore novel functional roles of granzymes outside of cytotoxicity that were previously not considered. As granzymes are observed in abundance in conditions as described below, often in the absence of perforin, it is important to consider non-cytotoxic, perforin-dependent (intracellular) and -independent (extracellular) roles.

Non-Cytotoxic Roles of Granzymes in Health and Disease

Interest in non-cytotoxic roles for granzymes has been fueled by observations suggesting that granzymes can be expressed and secreted by both immune and non-immune cells as well as observations demonstrating granzyme accumulation and retention of proteolytic activity in the extracellular milieu. Granzymes are expressed in diverse populations of immune cells including: CD34⁺ hematopoietic progenitor cells (GzmB (57)), regulatory CD4⁺ T cells (GzmB (48)), B cells (GzmB (58–61)), CD4⁺ T cells (GzmA (62, 63), GzmH (64), GzmK (63)), CD3⁺, CD56⁺ and gamma delta T-cells (GzmM (65)), type I innate lymphoid cells (mouse GzmC (66)), intestinal T cells (GzmM (67)), intraepithelial $\gamma\delta$ lymphocytes (GzmA (68), GzmB (68)), macrophages (GzmB (69), GzmK (70)), type II pneumocytes and alveolar macrophages (GzmA (71), GzmB (71)), NK cells (GzmA (65, 71, 72), GzmB (64, 71), GzmH (64, 73), GzmK (72), GzmM (65, 73, 74)), mast cells (GzmA (75), GzmB (51, 56, 76–81), GzmH (75, 78)), basophils (GzmB (76, 82)), monocyte-derived dendritic cells (GzmB (83)), plasmacytoid dendritic cells (GzmB (84–91)); as well as non-immune cells including: platelets (GzmA (92), GzmB (93)), keratinocytes (GzmB (94–96)), testicular Sertoli cells and placental syncytial trophoblasts (GzmB (97)), articular chondrocytes (GzmB (98)), visceral adipose tissue (GzmB (99)), photoreceptor cells of the retina (GzmM (100)); and cancer cells: B-chronic lymphocytic leukemia cells (GzmB (59)), breast carcinoma cells (GzmB (101)), urothelial carcinoma cells (GzmB (102)), nasal NK/T-cell, gamma delta T-cell and intestinal T-cell lymphomas (GzmM (67)).

Importantly, it is now established that activation of granzyme-positive immune cells can leak or secrete granzymes into the extracellular milieu. Previous studies into the accumulation of extracellular granzymes in response to tissue damage and inflammation have elucidated novel roles for granzymes in disease pathogenesis, with pathologic roles for granzymes under active investigation (7, 103). Within the extracellular milieu, GzmB in particular can cleave and activate various substrates including cell junction proteins, cell surface receptors, extracellular matrix proteins, cytokines/growth factors, and plasma proteins, as will be discussed in the next sections of this review (6, 16, 104–106). Granzymes have also been implicated in mechanisms underlying viral clearance by inactivating diverse viral proteins independently of their ability to kill the host cell (reviewed in

Jong et al. (107); however, the scope of this review is limited to granzyme function as it relates to cellular physiology.

Collectively, studies characterizing the expression of granzymes in cells other than CTLs/NK cells, cells expressing granzymes that lack perforin, accumulation of granzymes in the extracellular space and biofluids, and retention of proteolytic activity in biofluids, suggest that granzymes could play consequential, non-cytotoxic roles in various pathologies.

2. – GRANZYMES: NON-CYTOTOXIC MECHANISMS

The steady discovery of non-cytotoxic roles for granzymes has identified novel mechanisms and key roles in health and disease. In this section, substrates for each of the granzymes are discussed and classified based on their subcellular localization and primary functional role. This information is also summarized in Table II. As indicated above for cell death, it is important to note that the substrate specificities of human and mouse granzyme homologues are different and this may influence their pathogenic mechanisms and resulting biological functions (43).

CELL JUNCTION PROTEINS

To date, there is little *in vitro* or *in vivo* evidence to suggest that Gzms A, H, K or M disrupt cell adhesion via the cleavage of desmosomal or hemidesmosomal proteins. However, in recent years, GzmB-mediated cleavage of both desmosomal and hemidesmosomal proteins has been observed in a number of *in vivo* models, suggesting GzmB plays an important role in the disruption of epithelial barrier function, vascular permeability and/or disruption of the basement membrane zone (68, 76, 108–111). While much of this work has focused on skin, lessons learned are beginning to be transferred to other epithelial tissues (reviewed in Jung et al. (112)).

Several studies have emerged recently suggesting a role for GzmB on epithelial dysfunction in different epithelial pathologies/tissues including the skin (cleavage of cell-cell junction proteins, filaggrin cleavage and loss of epithelial barrier function in dermatitis) (111), colon (intraepithelial $\gamma\delta$ lymphocyte release of GzmB

170 inducing cell epithelial shedding in Crohn's disease) (68), eye (disruption of tight junctions of the retinal
171 pigment epithelium, ECM remodelling of the Bruch's membrane and disruption of the blood-retina barrier in
172 macular degeneration) (110), and airways (NK-derived extracellular GzmB-mediated epithelial protease-
173 activated receptor (PAR)-2 activation, IL-25 production and Th2 response in asthma) (108). While much of the
174 data pertaining to GzmB and epithelial dysfunction is at its infancy, increasing evidence suggests a number of
175 key junctional proteins are susceptible to GzmB-mediated proteolysis, including desmoglein-1 and desmoglein-3
176 (111), epithelial (E)-cadherin (111), filaggrin (111), junctional adhesion molecule (JAM)-A (56, 110), zonula
177 occludens (ZO)-1 (56, 110, 111), and occludin (110). Another mechanism for GzmB-mediated epithelial barrier
178 dysfunction involves the production of soluble E-cadherin fragments (~80 kDa) (111). Soluble E-cadherin
179 fragments are elevated in multiple conditions (113), including those with demonstrated GzmB activity and
180 junctional protein dysfunction, such as dermatitis. In atopic dermatitis, soluble E-cadherin fragments correlate
181 with disease severity and may disrupt cell-cell junctions important in epithelial barrier function maintenance
182 (114). Indeed, attenuation of GzmB activity, achieved through genetic deletion or pharmacological inhibition,
183 reduces the loss of barrier function in atopic dermatitis by inhibiting E-cadherin and filaggrin cleavage as
184 demonstrated using murine and ex vivo human skin models (111).

185 GzmB also promotes endothelial barrier disruption in blood vessels. GzmB cleavage of vascular endothelial
186 cadherin (VE-cadherin) (80), platelet endothelial cell adhesion molecule (PECAM)-1, JAM-A and ZO-1 (56)
187 may result in multiple pathologic consequences within the vasculature ultimately leading to increased vascular
188 permeability and inflammation. In the context of macular degeneration, GzmB-mediated cleavage of occludin
189 was proposed to contribute to pathologic angiogenesis and microvasculature permeability (110).

190 In the basement membrane zone, GzmB mediates disruption through cleavage of $\alpha 6$ and $\beta 4$ integrins (109),
191 collagen VII (109), and collagen XVII (BP180) (76, 109). Cleavage of the hemidesmosomal proteins by GzmB
192 is proposed to contribute to the onset and progression of subepidermal blistering (pemphigoid) diseases (bullous
193 pemphigoid, dermatitis herpetiformis, epidermolysis bullosa acquisita), whereby GzmB-mediated cleavage of

194 these desmosomal proteins results in the separation of the epidermis from the dermis. In a recent study by
195 Hiroyasu et al. (76), further proof of concept and target validation was demonstrated using a combination of both
196 GzmB knockout mice and topical GzmB inhibitor approaches in conjunction with three models of autoimmune
197 sub-epidermal blistering. Elevated GzmB was observed in human blister fluid from patients with bullous
198 pemphigoid and inhibition of GzmB in murine models resulted in a significant reduction in blistering that
199 coincided with the inhibition of hemidesmosomal protein cleavage (76).

200 **CELL SURFACE RECEPTORS**

201 Cell surface receptors are key signalling mediators between extracellular and intracellular environments and are
202 highly susceptible to extracellular protease-mediated degradation.

203 GzmA cleaves numerous PARs, a family of G protein-coupled receptors activated by cleavage of their
204 extracellular domain, exposing de novo N termini which function as self-activating tethered ligands to promote
205 transmembrane signalling (115, 116). In the blood, GzmA cleaves the thrombin (PAR-1) receptor on platelets,
206 desensitizing their response to thrombin-induced aggregation (15, 117). However, the relevance of GzmA/PAR-
207 1 in coagulation is not well understood. In an in vivo model of sepsis, GzmA knockout mice show reduced
208 coagulatory damage, suggesting GzmA/PAR-1 inhibition of thrombin-mediated aggregation in platelets is likely
209 not a key mechanism during sepsis (118). Even so, GzmA may be able to mediate the effects of other ligands
210 that interact with PAR-1, like endotoxin, which is associated with the development of sepsis (103). Differences
211 in the cytokine profiles elicited from monocytes exposed to GzmA versus thrombin suggests that GzmA
212 activates monocytes via a different receptor (119). Further investigation will be required to establish the
213 conditions and cell types where GzmA/PAR-1 activation is favoured. GzmA-mediated PAR-1 cleavage has also
214 been proposed to suppress tumour progression by promoting JAK2/STAT1 signal activation-induced apoptosis
215 (120). In hepatocellular carcinoma patients, the loss of GzmA-mediated PAR-1 cleavage is observed and this
216 may contribute to tumor progression (120). Hence, it may be of interest to examine the levels of GzmA/PAR-1
217 activity in other cancers and its correlation with disease severity. GzmA-mediated thrombin receptor cleavage

218 elicits morphological changes in neural cells, as demonstrated by detection of weakened calcium ion (Ca^{2+})
219 signals (117). GzmA also cleaves the thrombin-like receptor on neurites, leading to neurite retraction and
220 reversed stellation of astrocytes (15, 121). Hence, GzmA may play an important role in the development of
221 nervous system impairments (121). GzmA-mediated activation of PAR-2 has been proposed; however, it has not
222 been conclusively demonstrated (122).

223 GzmB is capable of cleaving both PAR-1 and PAR-2 (108, 123). GzmB-mediated PAR-1 activation in neurons
224 and was found to induce neuronal cell death/atrophy associated with multiple sclerosis (123). Conversely, in the
225 context of asthma, extracellular GzmB was not toxic, but rather activated PAR-2 in the epithelium, resulting in
226 IL-25 expression and secretion (108). IL-25 production was augmented by IL-13, provoking a type II immune
227 response (108). Thereafter, both pulmonary group 2 innate lymphoid cells (ILC2s) and T helper 2 (Th2) cells
228 were activated, leading to subsequent eosinophilic recruitment and allergic airway disease (108). GzmB may
229 also cleave other cell surface receptors pertaining to autoantigen generation, including the acetylcholine receptor
230 in myasthenia gravis (124), neuronal glutamate receptor 3 in Rasmussen's encephalitis (125), as well as
231 fibroblast growth factor receptor 1 (FGFR1, CD331) and Notch Homolog 1 (Notch1) in prostate cancer (126).
232 Although there is a diverse range of autoantigens predicted to be cleaved by GzmB, few have been validated.
233 Literature pertaining to GzmB-mediated autoantigen generation has been reviewed previously (127).

234 GzmK may also cleave PAR-1, promoting pro-inflammatory cytokine and chemokine release in cultured lung
235 fibroblasts (IL-6, IL-8 and MCP-1) (128), endothelial cells (IL-6 and MCP-1) (129), keratinocytes (IL-6) and
236 pro-inflammatory M1 macrophages and peritoneal macrophages (IL-1 β) (70, 130). GzmK-mediated PAR-1
237 activation also induces cell proliferation and endothelial activation (70, 128, 129). The expression of pro-
238 inflammatory cytokines IL-1 β and IL-6 and chemokines IL-8 and MCP-1 are implicated in a variety of
239 inflammation-driven processes and can contribute to local tissue inflammation (131–134). In fibroblasts and
240 endothelial cells, GzmK-dependent production of these cytokines/chemokines requires mitogen-activated protein
241 kinases (MAPK), extracellular-signal regulated kinase (ERK)1/2 and p38 phosphorylation (128, 129).

The ECM is a vital component of all tissues, providing scaffolding for cell adherence, but also plays a key role in regulating cellular behaviour and processes such as migration, proliferation, inflammation, differentiation and homeostasis. Consequently, proteolytic processing of the ECM is tightly regulated. While much attention has been focused on the ECM cleavage capacity of matrix metalloproteinases (MMPs), their activities are tightly regulated by Tissue Inhibitors of Metalloproteinases (TIMPS) (135). Further, MMPs are critical regulators of many physiologic processes and broad MMP inhibition can exacerbate inflammation by suppressing MMP-mediated chemokine processing (136). Of note, it is estimated that of the twenty-four human MMPs, up to ten may exert anti-inflammatory or anti-tumorigenic roles. As such, they have been referred to as ‘anti-targets’, whereby their function should perhaps be promoted rather than inhibited (137). Conversely, there are no known endogenous extracellular inhibitors of GzmB; thus, accumulation and proteolytic activity associated with inflammation remains unregulated. While there is increasing evidence for extracellular GzmB in pathogenesis, our understanding of other granzymes in ECM cleavage, including their activity retention in the extracellular milieu and/or ECM substrates is poorly understood.

As described in a review article by Butler and Overall (138) on MMPs and their respective TIMPS, the protease web is tightly regulated. Thus, it could be postulated that dysregulated proteases in the ECM could lead to disruptions of other proteases in the protease web, resulting in proteolytic amplification and/or other pathological consequences. In the context of granzymes, investigations into elevated and unimpeded granzyme activity in the extracellular space and its implications on other proteases are emerging. GzmB retains its activity in plasma (139) and none of the anti-proteases in the lung inhibit GzmB activity (140). As a consequence of this, studies by Parkinson et al. (81) suggest that aberrant GzmB activity can impact other proteases. GzmB-generated fibronectin fragments were found to induce MMP1 and MMP3 expression in dermal fibroblasts, suggesting that GzmB may disrupt the protease web by indirectly inducing other proteases (81). Moreover, Geng et al. (141) have shown that decorin binds to the surface of collagen fibrils to impede access and proteolytic cleavage by

266 MMP1, while Parkinson et al. (81) reported GzmB-mediated decorin cleavage rendered collagen I susceptible to
267 MMP1-mediated cleavage. In another example of how GzmB may influence other proteases, Hiroyasu et al. (76)
268 demonstrated that GzmB-induced macrophage inflammatory protein (MIP)-2 (mouse homolog of IL-8)
269 expression, promoted neutrophil recruitment and neutrophil elastase expression in models of autoimmune
270 blistering. Discussed later in this review, GzmB-mediated release of ECM-sequestered growth factors (VEGF,
271 TGF- β) may also influence the activities of other proteases.

272 GzmB mediates disruption of cellular interactions within the basement membrane zone through cleavage of
273 collagens IV and VII (109, 142, 143). GzmB proteolysis of collagen IV also has implications in lymphocyte
274 transmigration (142, 143). The contribution of collagen VII to pathomechanisms of subepidermal blistering is
275 well-established, with therapeutic efficacy of a topical GzmB inhibitor observed in more than three different
276 blistering disease murine models to date (144).

277 Increasing evidence suggests proteoglycans are key proteins targeted by GzmB in aging and wound healing
278 pathologies. Within cartilage tissue, GzmB has been shown to cleave cartilage proteoglycans including aggrecan
279 (145). Aggrecan was also found to be cleaved by GzmA, and later, it was shown that GzmA knockout mice were
280 less susceptible to collagen-induced arthritis than wild-type mice (146). Here, it was shown that GzmA
281 contributed to arthritis by promoting osteoclastogenesis by the induction of tumour necrosis factor (TNF)- α
282 release in precursor cells (146). GzmB can also cleave ECM proteins fibronectin (147), laminins-332,-511 (55,
283 110) and vitronectin (55) as stated previously in this review. Further, GzmB cleavage of fibronectin can induce
284 release of fibronectin-sequestered VEGF (148). Given the important pathologic role for VEGF in macular
285 degeneration, it is exciting to speculate whether GzmB, which is elevated in aging and diseased eyes (110),
286 contributes to the increase in VEGF that is observed in macular degeneration.

287 The small leucine rich proteoglycan decorin is abundant in the skin and other tissues. While it is associated
288 primarily with the collagen-matrix, decorin also interacts with and governs the activities of diverse proteins,

including fibronectin, thrombospondin-1, WNT-inducible signaling pathway protein 1, toll-like receptors (TLR) 2/4 and several receptor tyrosine kinases (EGFR, HER2, MET, and VEGFR2) (149). Further, decorin plays a key role in collagen organization and fibrillogenesis. Reduced decorin is associated with increased scarring and fibrosis; thus, it follows that decorin has been investigated as an anti-fibrotic agent in vivo (150, 151). Notably, decorin is perhaps the most well-studied extracellular GzmB substrate. GzmB-mediated decorin cleavage has been observed in several in vivo models of skin conditions (age-impaired wound healing, diabetic wound healing, accelerated skin aging, photoaging, pressure injury in aged skin) and aneurysm (52, 81, 111, 152–155), the pathologies and phenotypes of which will be described in detail in a later section of this review. GzmB cleavage of decorin, biglycan and β -glycan has also been observed to sequester TGF- β 1 (156).

In addition to their roles in aging and wound healing, decorin and fibronectin are known to affect tumour cell survival and metastasis, prompting Arias et al. (8) to hypothesize that GzmB cleavage of these ECM substrates may also be relevant in cancer. However, this hypothesis has not been investigated experimentally. Rather, these suggestions were made on the basis that decorin and fibronectin functions underlie critical processes related to tumor progression and these ECM components are observed at reduced levels in a variety of human cancers. Decorin can facilitate cell cycle arrest, cell death, anti-angiogenic and anti-metastatic programs (157). Further, TGF- β is a known effector cytokine underlying epithelial-mesenchymal transition (EMT) and cancer progression (158). Hence, GzmB-mediated decorin cleavage may promote tumour survival signaling and metastasis. Within the tumour microenvironment, fibronectin has important functions in proliferation, angiogenesis, invasion and metastasis (159). Expression of pro-inflammatory fibronectin fragments is increased in human oral cancer and regulates cancer cell spreading, migration and invasion (160). Hence, GzmB cleavage of fibronectin may also affect tumour development. Moreover, GzmB cleavage of fibronectin releases VEGF which can enhance angiogenesis (148, 161). It is possible that GzmB-mediated release of fibronectin-sequestered VEGF could contribute to tumour angiogenesis; however, further elucidation is required. All these hypotheses and preliminary results regarding GzmB-mediated ECM remodelling in cancer need to be further experimentally

confirmed in biologically relevant in vivo models. Investigation into the relevance of additional GzmB ECM substrates to this mechanism is also warranted. In urothelial carcinoma, GzmB is expressed in the absence of perforin, retains proteolytic activity and cleaves cell-matrix substrate vitronectin, suggesting that GzmB degradation of other ECM components may contribute to oncogenesis (102).

GzmB can also cleave ECM forms of fibrinogen and Von Willebrand Factor (VWF), leading to impaired platelet aggregation (162). Moreover, GzmB delays ristocetin-induced platelet aggregation and inhibited platelet adhesion and spreading (162). GzmB cleavage of (VWF) is dependent on conformation; thus, it may not be observed in all pathophysiological settings (162). Nonetheless, while not demonstrated in vivo, GzmB has a potential role in coagulation, warranting further investigation.

CYTOKINE PROCESSING & INDIRECT CYTOKINE, GROWTH FACTOR RELEASE

A small number of cytokines are processed intracellularly within the cytoplasm by GzmA and GzmB into their active state for release.

GzmA processes pro-IL-1 β to IL-1 β in macrophages; however, the mechanism remains to be confirmed, with speculation it occurs through either direct or indirect activation of caspase-1/the inflammasome (105, 163–165). Initially, GzmA was believed to cleave pro-IL-1 β directly (164). Metkar et al. (165) observed GzmA to stimulate IL-1 β in vitro that was then reversed by a caspase-1 inhibitor, suggesting a role for the inflammasome in this process. Further, genetic deletion of GzmA in mice decreased lipopolysaccharide (LPS)-induced toxicity, confirming the potential relevance of GzmA-mediated IL-1 β release in LPS-induced shock (165). A follow up study by Hildebrand et al. (163) demonstrated that GzmA secretion mediated by the bacterial *Pasteurella multocida* toxin (PMT) was able to process pro-IL-1 β without inducing cell death via caspase-1 and inflammasome activation. In both instances, the resulting mature IL-1 β (17 kDa) is bioactive, but the functional consequences have yet to be explored. GzmA indirectly elicits the release of pro-inflammatory cytokines through the activation of TLRs which play an important role in the innate immune response. In monocytes and

336 macrophages, TLR signaling is required for GzmA-mediated cytokine release including IL-6 and TNF- α (92,
337 166–168). LPS-pre-sensitized macrophages elicit GzmA cleavage of TLRs 2, 4 and 9, and release of pro-
338 inflammatory cytokines IL-1 β , IL-6, IL-8 and TNF- α (165, 169). GzmA can also induce the release of cytokines
339 from cultured human peripheral blood mononuclear cells (IL-6, IL-8 and TNF- α or IL-1 β , IL-6, IL-8 and TNF-
340 α) (119, 165), purified monocytes (IL-6, IL-8 and TNF- α or IL-8 and MCP-1) (92, 119), macrophages (IL-1 β)
341 (165), plasmacytoid dendritic cells (type I interferons) (168), fibroblasts and epithelial cells (IL-6, IL-8) (170),
342 albeit the mechanisms involved have not been fully elucidated. Current evidence supports that GzmA-mediated
343 pro-inflammatory cytokine processing and production promotes the development of colorectal cancer (171).
344 GzmA has been investigated in patients with ulcerative colitis, a chronic inflammatory condition closely linked
345 to colorectal cancer, as a biomarker for response to anti-inflammatory immunotherapy as discussed in a later
346 section (172).

347 Several reports have described GzmB in the direct cleavage and indirect induction of pro-inflammatory
348 cytokines. GzmB cleaves IL-1 α (17 kDa) resulting in the generation of a more pro-inflammatory form of IL-1 α
349 than its precursor (173). IL-1 α proteolysis by GzmB is likely involved in the activation and link between the
350 innate and adaptive immune response (173). GzmB processes pro-IL-18 resulting in activation and subsequent
351 release of IL-18 (111, 174, 175). IL-18 promotes T cell activation and expansion and is a critical inducer of the
352 inflammatory cytokine IFN- γ . GzmB can indirectly promote the release of cytokines IL-8 (from keratinocytes)
353 (76) and IL-25 (from lung epithelial cells) (108) in addition to growth factors (156), which are outlined briefly
354 here. In a murine model of blistering disease, GzmB impeded secretion of the neutrophil chemoattractant MIP-2
355 (mouse homolog of IL-8) (76). Correspondingly, GzmB induced IL-8 secretion from human primary
356 keratinocytes in a dose-dependent manner in vitro (76). In a model of asthma, GzmB induced IL-25 secretion
357 from the epithelium through activation of PAR-2 (108). GzmB is also capable of releasing ECM-sequestered
358 growth factors, VEGF (148) and TGF- β (156). GzmB triggers the release of VEGF through fibronectin cleavage
359 (148). Further, VEGF release leads to VEGFR2 activation (161). GzmB-mediated decorin/biglycan/ β -glycan

360 cleavage triggers the release of active TGF- β 1 (156). While the precise functional roles of GzmB-mediated
361 ECM-sequestered growth factors require further elucidation in vivo, the implications are potentially extensive.

362 There is also evidence supporting a role for GzmK in cytokine induction. GzmK indirectly promotes cytokine
363 release through a PAR-1-dependent mechanism in cultured lung fibroblasts (IL-6, IL-8 and MCP-1) (128),
364 endothelial cells (IL-6 and MCP-1) (129), skin fibroblasts and keratinocytes (IL-6) (70), and pro-inflammatory
365 M1 macrophages and peritoneal macrophages (IL-1 β) (70, 130). GzmK also indirectly elicits the release of pro-
366 inflammatory cytokines via TLR activation. In contrast to GzmA, GzmK supports LPS-CD14 complex
367 formation, which binds to TLR4 (169). In vitro, GzmK can enhance LPS-induced cytokine release from human
368 primary monocytes (TNF- α) (176) and mouse peritoneal macrophages (IL-1 β) (130). Similarly, GzmK can
369 enhance TNF- α -induced cytokine release from endothelial cells (IL-6, MCP-1) (129). Also in endothelial cells,
370 GzmK can promote the expression and secretion of soluble VEGFR1, which sequesters VEGF-A and impairs
371 subsequent pro-angiogenic signalling (177). The underlying mechanisms remain unknown but do not appear to
372 involve PAR-1 activation (177). In support of these findings, GzmK was observed to positively correlate with
373 sVEGFR1 protein levels and negatively correlate with T4 intratumoural angiogenesis and tumour size in human
374 colorectal cancer (177).

375 GzmM is also capable of indirectly eliciting a pro-inflammatory response. In a mouse model of LPS-induced
376 endotoxemia, GzmM knockout mice were resistant to LPS-induced toxicity which corresponded with reduced
377 levels of serum IL-1 α , IL-1 β , TNF and IFN- γ (178). This GzmM pro-inflammatory response was reasoned to
378 operate downstream of LPS-TLR4 signaling, which may have implications in sepsis/endotoxemia and other
379 diseases (178).

380 **PLASMA PROTEINS**

Non-Cytotoxic Roles of Granzymes in Health and Disease

381 The proteolytic activity of circulating GzmA has been investigated. GzmA cleaves pro-urokinase plasminogen
382 activator (uPA) which converts single-chain human pro-urokinase into active two-chain enzyme and plays a
383 putative role in plasmin generation (15, 179).

384 GzmB-mediates cleavage of clotting factors plasmin (180) and plasminogen (180). In systemic sclerosis, GzmB
385 cleaves plasminogen which limit the pro-angiogenic function of plasmin and increased levels of antiangiogenic
386 angiostatin (180). A potential role for GzmB in C3 and C5 processing to C3a and C5a, respectively has also been
387 proposed (181); however, more research must be done to confirm a pathologic role for GzmB in hemostasis.

388 GzmM cleaves both denatured and soluble plasma-derived platelet aggregation plasma protein VWF (182). This
389 proteolysis prevents binding of VWF to coagulation factor VIII (182), affecting the VWF/coagulation factor VIII
390 ratio which is important in the clinical management of blood coagulation.

391 **OTHER/UNDEFINED**

392 The breadth of research that granzymes have impacted is further showcased in this section as more research
393 groups are investigating the consequences of granzyme activity.

394 GzmA-mediated myelin basic protein (MBP) degradation results in myelin destruction and is implicated in the
395 pathogenesis of multiple sclerosis (15, 183).

396 GzmB is also considered an important contributor to axonal injury and neuronal death in multiple sclerosis
397 (184). GzmB inhibition using serine protease inhibitor a3n (Serpina3n) prevents loss of myelin and overall
398 disease severity in experimental autoimmune encephalomyelitis (EAE) and is under investigation as a potential
399 novel therapeutic approach (184). Though not fully understood, observations that GzmB is expressed by
400 regulatory T and B cells, both with and without perforin, in tumour microenvironments highlight potential roles
401 for GzmB in tumour progression that are independent of ECM remodelling (reviewed in Arias et al. (8)) as
402 discussed in a later section.

Using single cell RNA and antigen receptor sequencing, a recent study has identified a GzmK-expressing population of CD8⁺ T-cells as key contributors to inflammaging in humans and mice, although no GzmK substrates were directly implicated in this study (185). Termed “age-associated T-cells”, human and mouse GzmK⁺CD8⁺ T-cells shared transcriptomic and epigenetic signatures, and displayed similarities to terminal, exhausted T cells isolated from mice with chronic infection (185). The circulating GzmK⁺CD8⁺ T-cell population clonally expanded with age, was detected in all organs with age, was the primary source of GzmK detected in the aging mice, and correlated with increased levels of pro-inflammatory cytokines IL-6, IL-8, and TNF- α (185). Findings derived from immune cells in young and old mice showed that GzmK, with and without IFN- γ , enhanced the senescence-associated secretory phenotype (SASP) in fibroblasts (185). While it remains to be seen if deletion of GzmK would attenuate the observed inflammaging phenotypes in vivo, the study findings suggest that GzmK could be a key mediator in inflammaging.

3. – GRANZYMES IN RELEVANT PATHOLOGIES

Tissue injury, inflammation and repair are key elements underlying the pathophysiology of many conditions, and elevated protease activity is thought to be a key contributor. While granzymes are not the only proteases involved in these processes, granzyme substrates are key mediators and granzymes have been observed in diverse pathologies in multiple body systems. Putative role(s) of granzymes in disease pathology is context-dependent – dependent upon the cell source, degree and site of protease accumulation, and protease access to substrates/tissues. The current understanding of the best known granzymes (Gzms A, B, K) and their established roles in various pathologies is summarized in Figures 1-4 and discussed below.

GZMA IN SEPSIS

Elevated extracellular GzmA is observed in plasma, serum, synovial fluid and bronchoalveolar lavage fluid in patients with inflammatory conditions, ranging from rheumatoid arthritis (186–188) gut disease (189) to sepsis (190). Granzyme release can be stimulated in NK cells by bacterial products in the absence of target cells, which could contribute to extracellular GzmA expression (191). Several detailed studies have delved into the

427 pathogenic role of GzmA in sepsis (103). Extracellular GzmA levels are significantly increased in severe sepsis,
428 septic shock, and endotoxemia (190, 192). In fact, increased serum GzmA levels (relative to healthy donors)
429 precedes sepsis onset in people with peritonitis, one of the leading disease cofounders (103). Further, GzmA was
430 positively correlated with sequential organ failure assessment (SOFA) score, a clinical predictor of patient
431 mortality (103). In human subjects injected with LPS, there was a transient increase in GzmA expression in
432 plasma, corresponding to similar elevations observed in bacteremic melioidosis patients (192). Notably, GzmA
433 release appears to be part of a general response to bacterial infection rather than being pathogen specific (192).

434 While the non-cytotoxic mechanisms of extracellular GzmA in disease remains to be fully characterized, in vitro
435 studies using purified, recombinant GzmA have elucidated potential pathologic roles in sepsis. Exposure to
436 purified GzmA triggered pro-inflammatory cytokine release in cultured fibroblasts (IL-6 and IL-8), epithelial
437 cells (IL-8), human peripheral blood mononuclear cells (IL-6, IL-8 and TNF- α), monocytes (in conjunction with
438 LPS, IL-6, IL-8 and TNF- α) and macrophages (IL-1 β , IL-6 and TNF- α) (15, 103). The inflammasome may be
439 required for pro-inflammatory IL-1 β cytokine expression as caspase-1 depletion ameliorates secretion (163),
440 although a separate study showed GzmA activates IL-1 β directly by cleaving the precursor form (164).

441 Studies involving a mouse model of sepsis have identified an influx of GzmA-positive cells. In vivo, GzmA is
442 predominantly expressed by NK cells, which mediates macrophage expression of IL-6 and TNF- α through a
443 TLR4-dependent mechanism (103, 118). A recent study by Hu et al. (68) identified GzmA-expressing
444 intraepithelial $\gamma\delta$ lymphocytes in Crohn's disease which is characterized by an enteric bacteria invasion similar
445 to sepsis (68). After a fatal challenge with mouse pathogen *Brucella microti*, GzmA knockout mice displayed
446 increased survival, which correlated with reduced expression of IL-1 α , IL-1 β and IL-6 (118). In a model of *E.*
447 *coli*-induced sepsis, there was increased survival in GzmA knockout mice, along with a lower sepsis score and
448 reduced expression of IL-1 α , IL-1 β and IL-6 (193). In a cecal ligation and puncture model, both GzmA knockout
449 mice and wild-type mice treated with an extracellular GzmA inhibitor exhibited increased survival compared to
450 untreated wild-type mice (166). Notably, the loss of GzmA activity in these mice ameliorated infection-related

451 pathology (inflammation) but not bacterial clearance, suggesting the protease may be a therapeutic target for the
452 prevention of bacterial sepsis without affecting immune control of the pathogen (103, 118, 193). Interestingly,
453 some studies suggest that the contribution of GzmA to sepsis might depend on the type of bacterial infection.
454 Bronchoalveolar lavage fluid from patients with pneumococcal pneumonia presented increased levels of GzmA
455 and GzmA knockout mice showed increased resistance to pneumosepsis induced by *Streptococcus pneumoniae*
456 infection (194). In contrast, GzmA deficiency did not affect the susceptibility to *Klebsiella pneumoniae*-induced
457 sepsis (195). Again, in both cases, the immune control of the pathogen was unaffected in the absence of GzmA.
458 Collectively, GzmA is an emerging therapeutic target for inflammation in bacteria-mediated sepsis with potential
459 application of GzmA as a biomarker of peritoneal sepsis development and severity (103).

460 **GZMA IN ULCERATIVE COLITIS & COLORECTAL CANCER**

461 The development of colorectal cancer is strongly linked to chronic inflammation observed in ulcerative colitis
462 (196), and the current literature suggests GzmA could be a key mediator of inflammation underlying both
463 conditions. High *GZMA* expression has been detected in tumour samples from human colorectal cancer patients
464 co-expressed with genes encoding inflammatory markers IFN- γ , TNF- α , and IL-2 (171), as well as from tissue
465 obtained from the intestinal mucosa of patients with active Crohn's disease or ulcerative colitis (197).
466 Mechanistically, extracellular GzmA was reported to induce IL-6 in macrophages through the NF κ B pathway,
467 and in turn activate oncogenic STAT3 signaling in colon cancer cells (171). Genetic ablation of GzmA or
468 pharmacological inhibition with GzmA inhibitor Serpinb6b in mouse models attenuated severity of colitis,
469 inflammatory cytokine levels, as well as colorectal cancer development (171), suggesting that GzmA could be a
470 key therapeutic target for both inflammatory bowel disease and colorectal cancer. Furthermore, a study on
471 ulcerative colitis patients revealed GzmA to be a robust marker of treatment response with novel, efficacious
472 therapeutic, etrolizumab, supporting the utility of GzmA as a potential predictive biomarker (172).

473 **GZMB IN CARDIOVASCULAR INJURY**

474 A role for extracellular GzmB in disease, independent of perforin, was first observed in a mouse model of
475 abdominal aortic aneurysm using both GzmB and perforin knockout mice (51). Here, GzmB was abundant in
476 both mouse and human disease (51). Further, GzmB deficiency decreased aortic aneurysm, reduced rupture, and
477 increased overall survival, perforin-deficient mice exhibited no improvement in survival compared to controls,
478 suggesting a perforin-independent role for GzmB in aortic aneurysm (51). In this initial study, fibrillin-1 was
479 identified as a substrate that was cleaved by GzmB in the medial layer, leading to medial disruption (51). GzmB
480 deficiency reduced fibrillin-1 cleavage, medial disruption, aortic rupture and mortality (51). In a follow-up study
481 by Ang et al. (52), decorin was identified as a key GzmB substrate that was cleaved in the adventitia. Decorin
482 plays an important role in collagen organization and fibrillogenesis; hence, the loss of decorin was predicted to
483 reduce overall circumferential strength of the aorta. Indeed, GzmB-mediated cleavage of decorin led to reduced
484 collagen organization, aneurysm and rupture, which most likely was attributed to a loss of sustained
485 circumferential tensile strength in the adventitia (52). Intravenous injection of Serpina3n, a potent, irreversible,
486 non-specific, systemic inhibitor of GzmB, prevented the loss of decorin, resulting in increased collagen
487 organization, aneurysmal rupture and survival in a dose-dependent manner (52). As such, current evidence
488 suggests an important role for GzmB-mediated decorin cleavage in models of impaired vascular wound healing.

489 The contributions of GzmB activity to degradation of ECM substrates have also been linked to microvascular
490 damage. In addition to the cleavage of cell-cell adhesion proteins, it was demonstrated that GzmB disrupts
491 endothelial adhesion, migration, and capillary tube formation through degradation of fibronectin (148, 161).
492 GzmB has also been shown to promote vascular permeability through the proteolytic release of fibronectin-
493 sequestered VEGF (161). In studies performed by Hendel et al, GzmB-mediated fibronectin cleavage triggered
494 the release of ECM-sequestered pro-angiogenic VEGF (198), leading to VEGFR2 activation (161). While the
495 link between GzmB and VEGF in vivo requires further elucidation, anti-VEGF treatment was able to attenuate
496 GzmB-induced microvascular permeability in a murine model of oxazolone-induced dermatitis (111). More

497 recently, using prematurely aged mice, GzmB reduced levels of fibronectin, increased VEGF and enhanced
498 microvascular hemorrhage in a murine model of pressure injury (199).

499 The GzmB/perforin pathway was originally investigated in the context of allograft vasculopathy, an accelerated
500 form of arteriosclerosis and major cause of chronic solid organ rejection (54, 200). Reduced luminal narrowing
501 was observed in both murine GzmB and perforin knockout models, supporting a role for the GzmB/perforin-
502 apoptosis pathway in this accelerated form of transplant arteriosclerosis (54, 200). Of note, albeit separate
503 studies, greater protection was observed in the perforin knockout mice, suggesting that other granzymes could
504 also be involved. Subsequently, as elevated circulating GzmB was observed in patients with unstable plaques
505 and increased cerebrovascular events (201) as well as following acute myocardial infarction (202), the role of
506 GzmB and perforin in native atherosclerosis was investigated in an apolipoprotein E (ApoE)-knockout model
507 (152). In this study, perforin and GzmB knockout mice exhibited distinct roles in atherogenesis. ApoE/perforin-
508 deficient mice exhibited greater protection versus ApoE/GzmB-deficient mice, suggesting a role for other
509 granzymes in atherogenesis (155). However, ApoE/GzmB-deficient mice exhibited reduced decorin and
510 increased collagen in plaques, suggesting a potential role for GzmB in plaque instability and rupture (155).

511 A role for GzmB in cardiac fibrosis has also been proposed. GzmB was elevated in fibrotic human heart sections
512 as well as fibrotic murine hearts isolated from an angiotensin II-induced model of cardiac fibrosis (80). In vivo,
513 independent of perforin, GzmB deficiency or Serpina3n administration led to reduced angiotensin II-induced
514 cardiac hypertrophy and fibrosis, microhemorrhage, inflammation as well as fibroblast recruitment (80). These
515 observations were hypothesized to be dependent on GzmB cleavage of VE-cadherin, resulting in subsequent
516 vessel wall permeability, inflammation and fibroblast activation (80). Of note, GzmB-mediated decorin cleavage
517 did not appear to be involved in this purported mechanism of action.

518 **GZMB IN INFLAMMATORY SKIN CONDITIONS**

Elevated GzmB is documented in multiple inflammatory dermatological conditions and skin injury, including atopic dermatitis (111, 203), autoimmune blistering disease bullous pemphigoid (76, 109), Stevens-Johnson syndrome/toxic epidermal necrolysis (204, 205), diabetic wounds (147, 153), pressure injuries (199), and aged skin (152, 154, 199), with dysregulated GzmB contributing to pathogenic roles through proteolytic degradation of substrates within the epidermis, dermal-epidermal junction (DEJ), and dermis. It is important to emphasize that the impact of extracellular GzmB on skin pathology is determined by the cell source, area of accumulation (e.g., epidermis, DEJ, dermis, etc.), and substrates/cleavage site exposure to GzmB, which appears to vary between these skin conditions.

Epidermis

Recent discoveries uncovering the role of extracellular GzmB in skin afflicted with atopic dermatitis have revealed novel mechanisms underlying the pathogenesis of the disease. GzmB is elevated in atopic dermatitis lesional skin compared with healthy and non-lesional tissue, and is detected both within the epidermis and dermis (111, 206). GzmB detection in the plasma of atopic dermatitis patients is correlated with pruritus (itchiness) and disease severity (203). Extracellular GzmB, predominantly secreted from mast cells, was demonstrated to cleave the epidermal barrier proteins filaggrin, E-cadherin, desmoglein-1 and desmoglein-3 (111). GzmB further disrupts cell junctions through the cleavage of cell junction proteins leading to a loss of barrier function in vitro. ZO-1 and JAM-A were also identified as GzmB substrates in the skin in vitro (56, 111). Using an in vivo model of hapten-induced dermatitis, GzmB knockout mice exhibited reduced inflammation, epidermal thickness, lesion formation, epithelial barrier dysfunction, erosions (an indicator of scratching and indirect measure of pruritus) as well as overall disease severity (111). Furthermore, topical administration of a potent, small molecule inhibitor of GzmB (VTI-1002, viDA Therapeutics, Vancouver, Canada) also reduced dermatitis severity compared to controls, providing further target validation (111).

Xerosis and pruritus are common features of atopic dermatitis as well as aging skin and some preliminary investigations have been performed in the context of GzmB (111, 203). As GzmB directly cleaves structural

543 proteins key to epidermal barrier function which could contribute to the development of xerosis and pruritus,
544 further investigations into GzmB-mediated xerosis and pruritus are warranted. In the aging population, xerosis
545 and pruritus are among the most common skin health concerns due to aging-related declines in functions of the
546 epidermal barrier, immune system and nervous system (207, 208). Particularly, the epidermal barrier
547 composition is altered with age, and the capacity for barrier repair is reduced (207, 209). In support of this,
548 GzmB has been reported to be elevated in aged skin (81, 199). Strikingly, in a murine model of accelerated aging
549 and skin aging, ApoE/GzmB double knockout mice exhibited significantly decreased erosions compared to the
550 control ApoE^{-/-} mice (152). Whether reduced erosions were due to reduced pruritus requires further elucidation.
551 Taking into account that GzmB is elevated in skin aging (81, 199), correlated with increased pruritus severity
552 (203) and inhibition reduces transepidermal water loss in a murine dermatitis model (111), there is evidence to
553 support a role for GzmB in age-related xerosis and pruritus (112).

554 Beyond the skin, extracellular GzmB activity has been implicated in barrier dysfunction in other tissues. Tight
555 junctional proteins, JAM-A and occludin, as well as fibronectin, laminin-332, and collagen IV have been
556 identified as substrates of GzmB in retinal pigment epithelial cells, with implications for age-related macular
557 degeneration (110). Furthermore, as dysregulated extracellular GzmB activity has been noted to play key roles in
558 pathological inflammation of the airway epithelium (108) and the gut epithelium (68), the role of GzmB in
559 promoting epithelial barrier dysfunction in other tissues could be speculated.

560 *Dermal-epidermal junction (DEJ)*

561 A study by Russo et al. (109), identified GzmB to be elevated at the DEJ in multiple autoimmune blistering
562 diseases: human bullous pemphigoid, dermatitis herpetiformis, and epidermolysis bullosa acquisita. GzmB, but
563 not perforin, is abundantly expressed along the DEJ in SJS/TEN (210). GzmB cleaves key basement membrane
564 substrates present in the DEJ including collagen XVII, collagen VII, and $\alpha 6\beta 4$ integrins (109). Laminin-511
565 (previously known as laminin-10), highly expressed in the basement membrane, is also identified as a GzmB

566 substrate (55), but its cleavage in the context of GzmB and blistering has not been reported. GzmB knockout
567 mice displayed reduced disease severity in two models of epidermolysis bullosa acquisita and a bullous
568 pemphigoid model (76). In this study, GzmB was found to contribute to skin blistering through the cleavage of
569 collagen XVII and $\alpha 6$ -integrin (76). Similarly, topical application of the GzmB inhibitor VTI-1002 reduced
570 degradation of anchoring proteins collagen XVII and $\alpha 6$ -integrin, neutrophil infiltration, and histological
571 blistering score (76). While these studies provide evidence and focus on the disruption of the DEJ/basement
572 membrane zone in skin, lessons from these findings could be applied to other tissues where GzmB levels may be
573 elevated in the basement membrane zone.

574 *Dermis*

575 GzmB accumulation in skin has been observed in conditions impacted by aging, chronic inflammation and/or
576 impaired wound healing. Similar to our observations in vessel wall injury and repair, decorin degradation has
577 also been observed in several skin pathologies. Decorin is a key proteoglycan that associates with collagen in the
578 skin, providing tensile strength, binding to growth factors such as TGF- β and protecting collagen from cleavage
579 by MMPs and other proteases. Decorin is the best characterized GzmB substrate in the dermis. Elevated GzmB
580 and decorin degradation has been detected primarily in the dermis of human and/or murine skin exhibiting
581 accelerated aging (152, 154), pressure injuries in aged skin (199), ultraviolet (UV) light exposure (81), as well as
582 impaired wound healing from pressure injuries (199) and diabetic wounds (153). In a mouse model of
583 accelerated skin aging, GzmB deficiency ameliorated decorin degradation, loss of dermal collagen density,
584 collagen disorganization and skin thinning (152). As approximately 80-90% of premature skin aging can be
585 attributed to sun/UV radiation exposure, referred to as photoaging, the role of GzmB in photoaging was
586 investigated in mice using a 20-week, chronic model in which mice were exposed every other day to low level (1
587 MED) UVA/UVB radiation (81). In this model, mast cells were identified as a major source of GzmB and the
588 absence of GzmB prevented cleavage of decorin, loss of collagen integrity, and wrinkle formation (81). In an in
589 vivo mouse model of impaired diabetic burn wound healing and scarring, inhibition of GzmB activity using

590 topical GzmB inhibitor VTI-1002 prevented the loss of decorin, augmented collagen organization, and improved
591 overall wound quality and tensile strength (153). In support of these observations, fibrotic scars from diverse
592 tissues exhibit reduced decorin levels (211, 212), whilst mouse studies indicate decorin administration to wounds
593 reduces fibrosis (213, 214). Most recently, GzmB was also shown to be elevated in the dermis of pressure injury
594 wounds in humans and mice (199). In the latter study, decorin levels and tensile strength were significantly
595 increased in an aging mouse model of pressure injury when GzmB was absent (199). As wounds typically heal
596 with reduced tensile strength, especially in the elderly or diabetic populations, previous exposure to pressure
597 injuries is a predictive risk factor for subsequent pressure injuries. As such, this work shows promise as a
598 potential therapeutic option to reduce the risk of future pressure injuries by increasing tensile strength.

599 The mechanisms of GzmB in the pathogenesis and exacerbation of inflammatory skin conditions are rapidly
600 emerging and better understanding of the consequences of its uninhibited, dysregulated proteolytic activity in the
601 skin will shed light on its efficacy as a novel therapeutic target as well as other therapeutic opportunities.

602 **GZMB IN NEUROINFLAMMATION**

603 Multiple sclerosis (MS) is a chronic neuroinflammatory disease characterized by demyelination of the central
604 nervous system and axonal damage caused by infiltrating immune cells, including T cells (215). While
605 intracellular GzmB accumulates in the neural soma (216) and studies have suggested that it induces cytotoxicity
606 through the classical, perforin-dependent mechanism (217, 218), accumulating evidence also indicates that
607 GzmB contributes to neuronal damage independent of perforin. In the absence of perforin, recombinant GzmB
608 induces toxicity in neurons cleaving caspase-3 and α -tubulin in vitro (216, 219), gaining entry through mannose-
609 6-phosphate receptor (216). GzmB is also reported to cleave intracellular substrate transaldolase, the loss of
610 which is found in myelinating cells oligodendrocytes at sites of demyelination, along with loss of myelin basic
611 protein (220).

Non-Cytotoxic Roles of Granzymes in Health and Disease

Predominantly released by activated CD8⁺ T cells, GzmB is expressed at high levels in active lesions (216) and cerebrospinal fluid of patients with MS (123). This extracellular GzmB induces neurotoxicity through cleavage of cell surface receptor, PAR-1 (221), whereby inhibition of PAR-1 prevented GzmB-mediated toxicity (123). In further support of a GzmB-PAR-1-mediated mechanism, using a murine model of late/chronic EAE, siRNA specifically targeting GzmB significantly reduced the cumulative EAE disease severity scores compared to controls (222). In the same study, the proposed mechanism involved Eomes⁺ CD4⁺ T cell-mediated secretion of GzmB which facilitated neurotoxicity through a process that could be attenuated using a PAR-1 antagonist (222).

More recently, a role for GzmB in a non-apoptotic mechanism that may underlie the pathogenesis of multiple sclerosis has been uncovered. As CD4⁺ T cells derived from MS patients are resistant to suppression by regulatory T cells (223), the authors questioned whether extracellular GzmB, which has been linked to autoimmunity, may play a role (223). Extracellular GzmB was shown to inhibit suppression of non-regulatory, responder T cells by regulatory T cells without decreasing viability of regulatory T cells (223). Importantly, extracellular GzmB inhibitor Serpina3n has shown efficacy in reducing axonal and neuronal injury in a mouse model of EAE (184). In the latter study, Serpina3n-treated mice exhibited a significant reduction in myelin loss and cumulative EAE scores (184). Given that extracellular GzmB is a key contributor in mediating inflammation in other tissues, further investigation may reveal other non-cytotoxic roles for extracellular GzmB in neuroinflammatory disease.

GZMB IN CANCER PROGRESSION

The role for the GzmB/perforin pathway in cytotoxic lymphocyte-mediated tumour cell apoptosis is well-documented and described elsewhere. However, it is recognized that immune cells possess multiple mechanisms in their arsenal with respect to tumour cell killing (eg. Fas/CD95/FasL/CD95L, TRAIL, other granzymes, etc.). As such, loss of GzmB alone does not augment tumorigenesis (224). In light of the emerging non-cytotoxic mechanisms of GzmB, such as ECM remodelling and manipulating immune homeostasis/tumour escape

636 programs, GzmB is now also appreciated for its roles in promoting tumour progression (reviewed in Arias et al.
637 (8) and Tibbs and Cao (225)).

638 Elevated GzmB has been observed in various cancers, where GzmB may contribute to pathology through
639 cleavage of substrates within the surrounding tumour microenvironment. Emergent discoveries on the role of
640 ECM remodeling/degradation in cancer have underscored a putative role for extracellular GzmB in urothelial
641 cancer promotion. A study by D'Eliseo et al. (102) identified GzmB, in the absence of perforin, to be elevated in
642 neoplastic urothelial cancer cells undergoing EMT at the cancer invasion front. In vitro, GzmB expressed by
643 tumour cell lines cleaved vitronectin which is a vital component of the ECM and GzmB inhibition suppressed
644 bladder cancer cell invasion (102). In urothelial cancer, GzmB expression was detected in T cells, with
645 negligible levels of perforin (226), supporting potential roles for GzmB in invasion and metastasis. It is likely
646 that GzmB cleavage of other known ECM substrates, such as decorin and fibronectin, is also relevant to the
647 progression of other solid tumours (8).

648 Another mechanism by which tumours promote survival and invasion is through manipulating immune
649 homeostasis and escape mechanisms. In healthy individuals, regulatory cells employ various mechanisms
650 involved in downregulating the pro-inflammatory activities of T cells, known as immune checkpoints (227).
651 During cancer development, tumour cells can activate these host mechanisms, establishing an
652 immunosuppressive microenvironment which dampens anti-tumour T cell responses to promote tumour survival
653 and invasion (228). GzmB has been found within pro-tumourigenic regulatory cells, mainly CD4⁺ Treg and
654 IL21-dependent Breg cells (8). Here it was found in mice in vivo cancer models that GzmB-positive CD4⁺ Treg
655 cells favour tumour development by mediating elimination of effector anti-tumoural NK and CD8⁺ T cells by a
656 mechanism dependent on perforin (229). Few studies to date have examined GzmB expression and activity in
657 regulatory cells infiltrating solid carcinomas in vivo (230–232) and more research is required to validate the role
658 of GzmB in cancer immunosurveillance. Finally, though the key roles of GzmB in mediating inflammatory
659 responses from diverse immune and non-immune cells has been demonstrated in recent years as described

660 elsewhere in this review, its relevance in the context of tumour progression is also unclear and warrants further
661 investigation. Our understanding of granzymes and their contributions to tumour development is at its infancy.
662 As current findings support both pro-tumour and anti-tumour effects of granzymes in tumour environments, not
663 unlike other pathologies, the roles of granzymes appear to be influenced by their cell source, sub-cellular
664 location, microenvironment, as well as access to substrates. As such, the relative tumourigenicity of cells
665 transplanted into GzmB-deficient mice compared to wild-type mice is unresolved and may be dependent on cell
666 type (reviewed in Arias et al. (8))

667 **GZMK IN SKIN INFLAMMATION**

668 Expressed at negligible levels in healthy skin, GzmK is elevated in response to tissue injury and inflammation,
669 localizing with the inflammatory cell infiltrate predominantly in the dermis. In acute burns, GzmK expression
670 was demonstrated to be predominantly expressed by pro-inflammatory M1 macrophages (70).

671 GzmK knockout mouse models and mechanistic in vitro studies have further delineated GzmK-specific roles,
672 particularly involving inflammation of the skin. Exposure to purified GzmK induces pro-inflammatory cytokine
673 secretion: IL-6 from keratinocytes (70), IL-6 and IL-8 from skin fibroblasts (70, 128) and IL-1 β from pro-
674 inflammatory M1 macrophages and peritoneal macrophages (70, 130). GzmK also increases expression of MCP-
675 1 in fibroblasts and endothelial cells as well as VCAM-1 and ICAM-1 in endothelial cells, adhesion molecules
676 that facilitate immune cell recruitment (70, 129). In the presence of GzmK, THP-1 monocyte attachment to
677 endothelial cells in culture was elevated (129), which further supports a role for GzmK in promoting immune
678 cell infiltration. Using a murine model of thermal skin injury, GzmK contributed to a prolonged pro-
679 inflammatory stage of wound repair (70). Moreover, GzmK knockout mice with thermal injury showed reduced
680 expression of IL-1 β , IL-6, MCP-1, ICAM-1 and VCAM-1, corresponding to decreased detection of macrophages
681 (70). GzmK knockout mice also exhibited improved keratinocyte migration, re-epithelialization, matrix
682 organization and wound closure (70).

684 A role for GzmK in sepsis is also a current area of investigation. Plasma GzmK levels are elevated in patients
685 with putative diagnoses of sepsis compared to healthy individuals while physiological inhibitors of GzmK, inter-
686 alpha inhibitor proteins, are significantly decreased in patients with sepsis (233). Using in vivo models of
687 bacterial sepsis, a key role for GzmK in exacerbation of sepsis was implicated, with GzmK-deficient mice
688 displaying lower sepsis scores than wild-type mice (193).

689 **4. – CURRENT KNOWN GRANZYME INHIBITORS & FUTURE THERAPEUTIC OPPORTUNITIES**

690 It has been estimated that approximately five to ten percent of all pursued drug targets are proteases (234). The
691 unique, non-cytotoxic, pathologic roles that granzymes exert make this family of proteases suitable drug targets.
692 In particular, the identification of granzymes in the extracellular space and the emergence of their roles in
693 disease in recent years have significantly increased their potential as druggable targets. This could explain why
694 few granzyme inhibitors were developed when granzyme function was solely believed to be linked to perforin
695 and intracellular functions. Perhaps the most attractive and best studied target at present is GzmB, with many
696 studies supported by in vitro, ex vivo and in vivo studies validating extracellular GzmB as a target for certain
697 cardiovascular, neurologic and cutaneous conditions. Recent studies using a combination of knockout, Serpin,
698 siRNA and small molecule approaches to validate granzymes (GzmB in particular) as a target have demonstrated
699 proof-of-concept and support further advancement towards the clinic. To our knowledge, viDA Therapeutics
700 (Vancouver, Canada) is the only industrial group that is actively developing pharmacologic inhibitors against
701 granzymes, with a focus on GzmB and GzmK. The development of inhibitors of other granzymes is still in its
702 infancy. Known naturally occurring and synthetic inhibitors of granzymes are listed in Table I.

703 GzmA is detectable in circulation with activity tightly regulated by extracellular inhibitors aprotinin, anti-
704 thrombin III (ATIII)/Serpinc1, α 2-macroglobulin and CI esterase inhibitor (235–237). GzmA inhibition involves
705 the formation of a stable covalent ester linked complex through the active site of the serine protease, blocking
706 the active site from substrate-binding. These non-specific inhibitors are known to modulate systemic

707 inflammation associated with multiple cardiac events (238). However, inhibitor levels are reduced in sepsis
708 patients, which may explain why increased active GzmA levels are observed in the blood and correlates with
709 disease severity (166). Serpin family inhibitors Serpine2/Protease Nexin-1 and Serpinb12 are slow binding
710 inhibitors of GzmA and hepsin found in the blood and tissues (239, 240). Serpinb6b has also been identified as
711 an inhibitor of mouse GzmA but not human GzmA (241). Administration of Serpinb6b by intraperitoneal
712 injection to mice induced with a model of bacterial sepsis improved survival and reduced serum IL-6 levels
713 (193).

714 Serpinb9, also known as protease inhibitor 9, PI-9, is an intracellular inhibitor of human GzmB that exists only
715 in the cytoplasm (242, 243). Thought to serve as a layer of protection for cytotoxic lymphocytes against GzmB
716 leakage from granules (244), Serpinb9 is the only known endogenous inhibitor of human GzmB (242). There is
717 currently no known endogenous inhibitor of extracellular human GzmB. Serpina3n is a naturally occurring, non-
718 specific extracellular inhibitor of GzmB that is only found in mice (245, 246). Serpina3 is a family of thirteen
719 related inhibitors from the same gene locus in mice that are all orthologues of human antichymotrypsin (ACT)
720 (247) though Serpina3n is the only orthologue that inhibits GzmB and human ACT is not a GzmB inhibitor (9).
721 Though Serpina3n is not a specific inhibitor of GzmB and can inhibit other proteases, in vivo administration has
722 been used as a means of inhibiting extracellular GzmB activity in vivo to demonstrate proof-of-concept.
723 Serpina3n has demonstrated efficacy in murine models of abdominal aortic aneurysm, whereby Serpina3n
724 attenuated decorin cleavage, prevented rupture and increased survival (52). Serpina3n has also been assessed in a
725 murine EAE model whereby Serpina3n was found to attenuate GzmB-mediated axonal and neuronal injury
726 compared to the vehicle-treated controls. Further, Serpina3n also prevented the loss of myelin and reduced
727 disease severity (184). VTI-1002 (viDA Therapeutics, Vancouver, Canada) is a potent and highly specific
728 extracellular GzmB inhibitor that has demonstrated efficacy in a topical formulation for scarring (153), atopic
729 dermatitis (111), and autoimmune blistering disease (76).

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730 Identification of inhibitors against the orphan granzymes have trailed behind those targeting GzmA and GzmB,
731 though some studies have emerged. To date, Serpinb1 is the only intracellular inhibitor for human GzmH that
732 has been identified (248). Inter-alpha-inhibitor protein (I α IP) is a natural physiological inhibitor of human and
733 mouse GzmK found in plasma, mediated by the second Kunitz-type domain of its bikunin subunit (249). Levels
734 of I α IP are inversely correlated with levels of free extracellular GzmK (26 kDa) in the blood and disease severity
735 in human patients with sepsis (233), suggesting that in addition to inducing inflammation, elevated levels of
736 GzmK may contribute to the onset and/or progression of sepsis. However, to our knowledge, no pharmacologic
737 studies using GzmK inhibitors have been performed in any in vivo models to validate GzmK as a target. An
738 irreversible GzmM-specific tetrapeptide chloromethylketone inhibitor has been designed against the catalytic
739 cleft of human GzmM (250). Serpinb4 is also an intracellular inhibitor of human GzmM, in addition to GzmB
740 (251). In vitro, Serpinb4 inhibited GzmM cleavage of substrates α -tubulin and nucleophosmin while
741 overexpression of Serpinb4 in human HeLa tumour cells inhibited recombinant GzmM and NK cell-mediated
742 cell death (251).

743 Apart from GzmB, most of the granzyme inhibitors identified to date are non-specific, large protein molecules,
744 rendering them less than ideal for pharmacologic development due to synthesis and manufacturing costs among
745 other challenges. With respect to GzmB, topically applied VTI-1002 has demonstrated efficacy in preclinical
746 models of scarring, dermatitis, and autoimmune blistering. Given the recent explosion in studies demonstrating
747 novel mechanistic roles for granzymes in different pathologies, further therapeutic developments in this area are
748 inevitable.

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753 **DISCLOSURES**

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756 **AUTHOR CONTRIBUTIONS**

757 K.C.R. prepared figures; K.C.R., K.J., and C.T.T. drafted the manuscript; K.C.R., K.J., J.P., C.T.T., and D.J.G.
758 edited and revised the manuscript; K.C.R., K.J., J.P., C.T.T., and D.J.G. approved the final version of the
759 manuscript.

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Table I: Human Granzyme Family Substrate Specificity, Biological Functions & Inhibitors

	Chromosome	Type	Cleavage Specificity (Amino Acid Abbreviation)	Original Concept	Emerging Concepts	Inhibitors
GzmA	5q11-12	Tryptase	Basic residues (Arg, Lys)	Caspase-independent cell death	<ul style="list-style-type: none"> · Carcinogenesis · ECM Degradation · PAR Activation · Pro-inflammatory Cytokine Release · Osteoclastogenesis 	Extracellular <ul style="list-style-type: none"> · Antithrombin III · Aprotinin · α2-macroglobulin · CI esterase inhibitor · Nexin 1 · Serpinb12 Intracellular <ul style="list-style-type: none"> · Serpinb6b (mice only)
GzmB	14q11.2	Asp-ase	Acidic residues (Asp, Glu)	Apoptosis	<ul style="list-style-type: none"> · Antibacterial · Autoimmunity · Barrier Dysfunction · Basement membrane Disruption · ECM Degradation · Impaired Remodelling · PAR Activation 	Intracellular <ul style="list-style-type: none"> · Serpinb9/PI-9 · Compound 20 Extracellular <ul style="list-style-type: none"> · Serpina3n (mice only) · VTI-1002
GzmH	14q11.2	Chymase	Aromatic residues (Phe, Trp, Tyr)	Cell Death	<ul style="list-style-type: none"> · Antiviral 	Intracellular <ul style="list-style-type: none"> · Serpinb1
GzmK	5q11-12	Tryptase	Basic residues (Arg, Lys)	Necrosis	<ul style="list-style-type: none"> · Endothelial Activation/Dysfunction · PAR Activation · Pro-inflammatory Cytokine Release · SASP 	Extracellular <ul style="list-style-type: none"> · Inter-alpha inhibitor proteins · Bikunin
GzmM	19p13.3	Met-ase	Aliphatic residues (Leu, Met)	Unknown	<ul style="list-style-type: none"> · Innate Immunity 	Intracellular <ul style="list-style-type: none"> · Serpinb4 Extracellular <ul style="list-style-type: none"> · Tetrapeptide chloromethylketone

ECM, extracellular matrix; PAR, protease-activated receptor; SASP, senescence-associated secretory phenotype

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Table II: Non-Cytotoxic Human Granzyme Substrates, Arranged by Biological Significance

Gzm	Substrate	Perceived Consequence of Cleavage	Reference(s)
Cell Junction Proteins			
GzmB	$\alpha 6\beta 4$ integrin	Loss of dermal-epidermal adhesion; implicated in BP and EBA pathogenesis	(109)
	Collagen XVII (BP180)	Loss of dermal-epidermal adhesion, implicated in BP and EBA pathogenesis; production of collagen XVII fragments (~97 kDa) may be autoantigenic with possible implication in linear IgA bullous disease	(76, 109)
	Desmoglein-1	Epidermal barrier dysfunction; implicated in atopic dermatitis pathogenesis	(111)
	Desmoglein-3	Epidermal barrier dysfunction; implicated in atopic dermatitis pathogenesis	(111)
	E-cadherin	Epidermal barrier dysfunction; implicated in atopic dermatitis pathogenesis; production of sE-cadherin fragments (~80 kDa) impairs epithelial barrier function	(111)
	Filaggrin	Epidermal barrier dysfunction, implicated in atopic dermatitis pathogenesis	(111)
	JAM-A	Loss of cell-to-cell contact integrity leading to reduced endothelial and retinal barrier function and an increase in vascular permeability and leukocyte extravasation, leading to inflammation and fibrosis	(56, 110)
	Occludin	Loss of cell-to-cell contact integrity leading to reduced retinal barrier function	(110)
	PECAM-1	Loss of endothelial cell-to-cell contact integrity leading to reduced endothelial barrier function and an increase in vascular permeability and leukocyte extravasation, leading to inflammation and fibrosis	(56)
	RPE-derived tight junctions	Loss of cell-to-cell contact integrity leading to reduced retinal barrier function	(110)
	VE-Cadherin (CD144)	Loss of endothelial cell-to-cell contact integrity leading to reduced endothelial barrier function and an increase in vascular permeability and leukocyte extravasation	(56, 80)
	ZO-1	Loss of cell-to-cell contact integrity leading to reduced epidermal and retinal barrier function	(56, 110, 111)
Cell Surface Receptors			
GzmA	PAR-1, thrombin and thrombin-like receptor	Competitively interacts with PAR-1 against thrombin; desensitizes response to thrombin-induced aggregation by platelets; in hepatocellular carcinoma, low expression of GzmA and PAR-1 in tumour tissues is correlated with aggressive clinicopathological characteristics and poor prognosis; mechanistically, GzmA activates PAR-1 on tumor cells to induce tumor suppression and cell death via the activation of the JAK2/STAT1 pathway; elicits morphological changes in neural cells, as demonstrated by detection of weakened Ca ²⁺ signals; leads to neurite retraction and reversed stellation of astrocytes; may be implicated in nervous system impairments	(117, 120, 121, 170, 252)
GzmB	Acetylcholine Receptor	May be autoantigenic; implicated in myasthenia gravis	(124)
	FGFR1 (CD331)	May be autoantigenic; implicated in prostate cancer	(126)
	Neuronal Glutamate Receptor 3	May be autoantigenic; implicated in Rasmussen's encephalitis (severe form of pediatric epilepsy)	(125)
	Notch1	May be autoantigenic; implicated in prostate cancer	(126)
	PAR-1	Neuronal death	(123)
	PAR-2	IL-25 release (with IL-13) in epithelial cells and promotes type II immune response	(108)
GzmK	PAR-1	Endothelial dysfunction; releases IL-6, MCP-1	(128, 129)
Extracellular Matrix Proteins			
Collagen Fibres			
GzmA	Collagen IV	Lymphocyte transmigration through basement membrane remodeling	(53, 253)
GzmB	Collagen IV	Lymphocyte transmigration	(142, 143)
	Collagen VII	Loss of dermal-epidermal adhesion; implicated in sub-epidermal, autoimmune blistering, EBA pathogenesis	(109)
Proteoglycans			
GzmA	Aggrecan	Major constituent of cartilage; implicated in arthritis pathogenesis	(254)
GzmB	Aggrecan	Cartilage degradation; implicated in arthritis pathogenesis	(145)

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	β -glycan (soluble)	Sequesters TGF- β 1; implicated in cardiovascular disease pathogenesis	(156)
	Biglycan	Sequesters TGF- β 1; implicated in cardiovascular disease pathogenesis	(156)
	Decorin	ECM remodelling; decreases structural integrity and strength; disrupts collagen fibrillogenesis/collagen organization/thick bundle formation; sequesters TGF- β 1; implicated in atopic dermatitis, age-impaired wound healing, diabetic wound healing, ApoE aging, photoaging, aneurysm and cardiovascular disease pathogenesis	(52, 81, 111, 152–156)
Other			
GzmB	Fibrillin-1	Loss of elastic lamellae, medial degeneration, vessel wall instability; implicated in Marfan syndrome and abdominal aortic aneurysm pathogenesis	(51)
	Fibrinogen (matrix form)	Impairs platelet integrin to mediate platelet adhesion; forms platelet-platelet bridges; contributes to thrombus growth; putative role in local coagulation during inflammation	(162)
	Fibronectin	Impairs integrin-mediated cell-matrix adhesion/signaling leading to cell detachment and death, vasomotor dysfunction, increased inflammation; implicated in vascular disease pathogenesis and diabetic wounds; production of fibronectin fragments (various ~80-230 kDa) increases vascular permeability and induces MMP-1/3 expression in fibroblasts; implicated in photoaging	(54, 55, 81, 110, 147, 148)
	Laminin-332 (previously Laminin-5), Laminin-511 (previously Laminin-10)	Impairs integrin-mediated cell-matrix adhesion/signaling leading to cell detachment and death	(55, 110)
	Vitronectin	Impairs integrin-mediated cell-matrix adhesion/signaling leading to cell detachment and death	(55)
	VWF (matrix form)	Interferes with VWF-platelet interaction (delays ristocetin-induced platelet aggregation and inhibits platelet adhesion and spreading); putative role in local coagulation during inflammation	(162)
Cytokine Processing			
GzmA	pIL-1 β	Produces cytokine IL-1 β ; Dysregulated inflammation	(163, 164)
GzmB	IL-1 α	Enhances IL-1 α activity; Dysregulated inflammation	(173)
	pIL-18	Produces cytokine IL-18; Dysregulated inflammation	(111, 174, 175)
Plasma Proteins			
GzmA	uPA	Generates plasmin during T-cell mediated processes	(179)
GzmB	C3	Produces anaphylatoxin C3a; activates the complement system	(181)
	C5	Produces anaphylatoxin C5a; activates the complement system and neutrophil chemoattractant	(181)
	Plasmin	Produces angiostatin fragments; antiangiogenic activity	(180)
	Plasminogen	Produces angiostatin fragments; antiangiogenic activity	(180)
GzmM	VWF	Inhibits platelet aggregation and destabilizes coagulation factor VIII in plasma; putative role in local coagulation during inflammation	(182)
Other/Undefined			
GzmA	MBP	Damages myelin; implicated in neurodegenerative disease pathogenesis (e.g., multiple sclerosis)	(183)
GzmK	Unidentified	Senescence-associated inflammation (SASP: IL-6, CCL2, CXCL1)	(185)
GzmM	Ezrin	Inhibits activation of AKT and MAPK survival pathways; putative role in cell death; inhibits tumor metastatic progression	(255)
	PAK2	Unknown	(256)

BP, bullous pemphigoid; CCL, CC chemokine ligand; CXCL, chemokine (C-X-C motif) ligand; EBA, epidermolysis bullosa acquisita; E-cadherin, epithelial cadherin; FGFR1, fibroblast growth factor receptor 1; IL, interleukin; JAK/STAT, janus kinase/signal transducer and activator of transcription; JAM-A, junctional adhesion molecule A; MAPK, mitogen-activated protein kinase; MBP, myelin basic protein; MMP, matrix metalloproteinases; Notch1, notch homolog 1; PAR, protease-activated receptor; PECAM-1, platelet endothelial cell adhesion molecule 1; RPE, retinal pigment epithelium; SASP, senescence-associated secretory phenotype;

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TGF- β , transforming growth factor beta; *PAK2*, P21 activated kinase; *uPA*, pro-urokinase plasminogen activator; *VE-cadherin*, vascular endothelial cadherin, *VWF*, von Willebrand factor; *ZO-1*, zonula occludens

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FIGURE LEGENDS

Figure 1: GzmB and GzmK in endothelial dysfunction. GzmB contributes to endothelial permeability through the release of fibronectin-sequestered VEGF, which may promote endothelial permeability. Secondly, GzmB cleaves key cell adhesion proteins (e.g., VE-cadherin) resulting in reduced cell-cell adhesion. GzmB cleavage of fibronectin disrupts endothelial adhesion, migration and capillary tube formation. GzmB contributes to anoikis through cleavage of fibronectin, laminin and vitronectin. In a tumour microenvironment, cleavage of these matrix proteins may discourage tumour cell survival and metastasis, which may be enhanced or impeded by VEGF-mediated pro-angiogenic signaling. GzmK may promote endothelial dysfunction through a process involving PAR-1 activation leading to pro-inflammatory cytokine release as shown.

Figure 2: GzmB in atherosclerosis. GzmB accumulates with increased atherosclerotic severity. GzmB may contribute to plaque instability and rupture via the cleavage of decorin in the atherosclerotic cap region resulting in reduced collagen stability and rupture. GzmB may also contribute to smooth muscle cell death via apoptosis/anoikis.

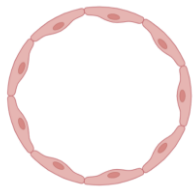
Figure 3: GzmB in abdominal aortic aneurysm. GzmB elevation has been observed in lymphocytes in the intraluminal thrombus, deep intima, media and adventitia. GzmB may contribute to medial disruption through the cleavage of fibrillin-1, a key component of microfibrils, and further disruption to the elastic lamellae. GzmB accumulation in the adventitia is proposed to contribute to the cleavage of decorin, an important mediator of collagen fibrillogenesis and organization. Loss of decorin contributes to impaired adventitial collagen remodeling leading to reduced circumferential strength resulting in dilatation and rupture. Decorin also binds to, and retains TGF- β . At present, while GzmB has been shown to release TGF- β from decorin and biglycan in vitro, the significance of these findings in vivo is unknown.

Figure 4: GzmB and GzmK in aging and/or inflammatory skin conditions. The role of GzmB in skin is context-dependent based on the location, cell source, and substrates exposed to proteolysis. In the epidermis, GzmB contributes to reduced epithelial barrier function through the cleavage of cell-cell junction proteins. GzmB also induces IL-8 release from keratinocytes resulting in neutrophil recruitment and may augment neutrophil elastase activity, as demonstrated in autoimmune blistering. The impact of GzmB on epithelial dysfunction is an area of active study in other epithelial tissues where GzmB may augment a Th2 immune response (asthma), cleave desmosomal proteins in the retinal pigment epithelium (macular degeneration) or promote epithelial shedding (Crohn's disease). In the basement membrane (dermal-epidermal junction), GzmB accumulation results in cleavage of hemidesmosomal proteins (collagen VII and XVII as well as α 6 β 4 integrin) leading to separation and sub-epidermal blistering in bullous pemphigoid, dermatitis herpetiformis and epidermolysis bullosa acquisita. While GzmB-mediated laminin cleavage has been observed in vitro, to date, its cleavage has not been investigated in vivo. GzmB accumulation in the dermis has been observed in extrinsic skin aging (e.g., photoaging) and chronic wound healing (e.g., diabetic, age-impaired) and scarring (thermal injury). In the dermis, GzmB-mediated cleavage of decorin contributes to impaired collagen remodeling and reduced tensile strength. Decorin can also impede MMP-1-mediated collagen cleavage while GzmB-generated fibronectin fragments promote dermal fibroblast MMP-1/3 expression. GzmB-mediated decorin cleavage also increases TGF- β release and scarring. Ultraviolet light induces GzmB expression in keratinocytes and increases GzmB+ mast cells in the dermis. GzmK appears to act on PAR-1 in the epithelial cells and possibly the dermal

Non-Cytotoxic Roles of Granzymes in Health and Disease

microvasculature via PAR-1 to induce proinflammatory cytokine production. GzmK also impedes re-epithelialization of keratinocytes.

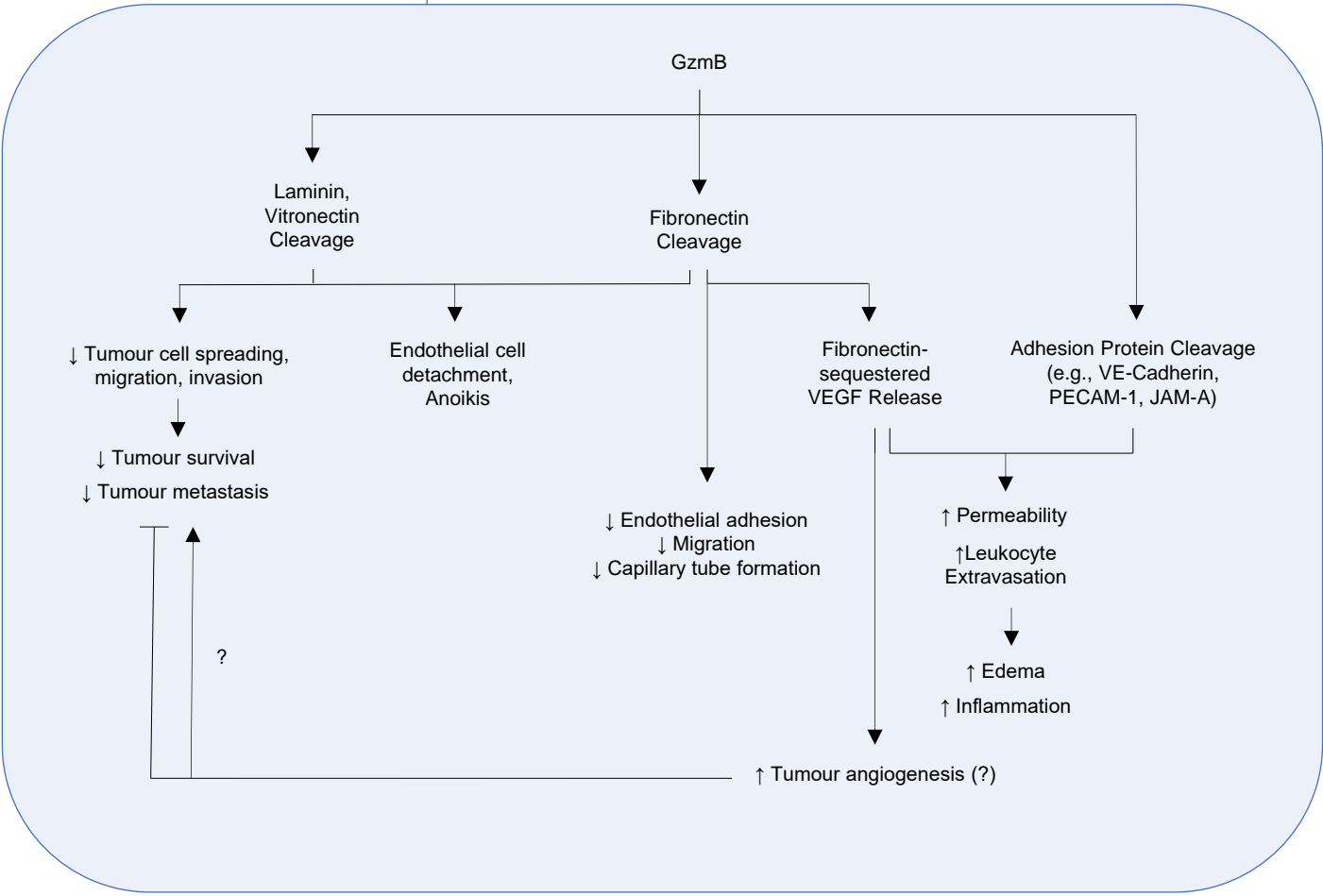
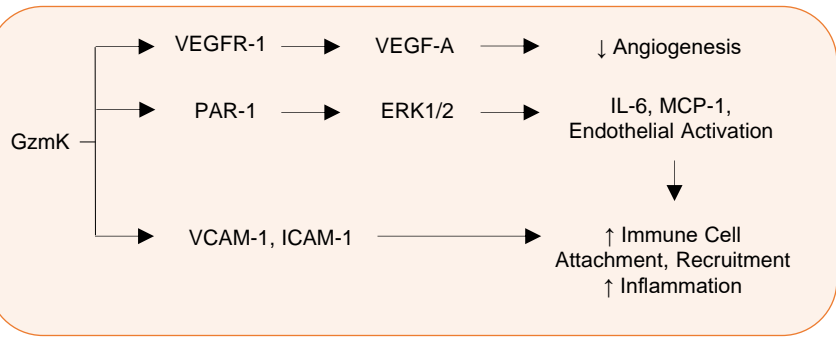
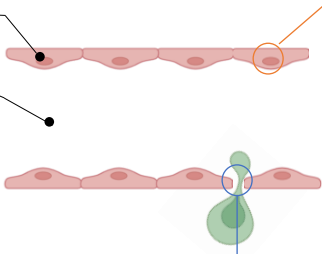
Microvasculature



Healthy

Endothelial Cell

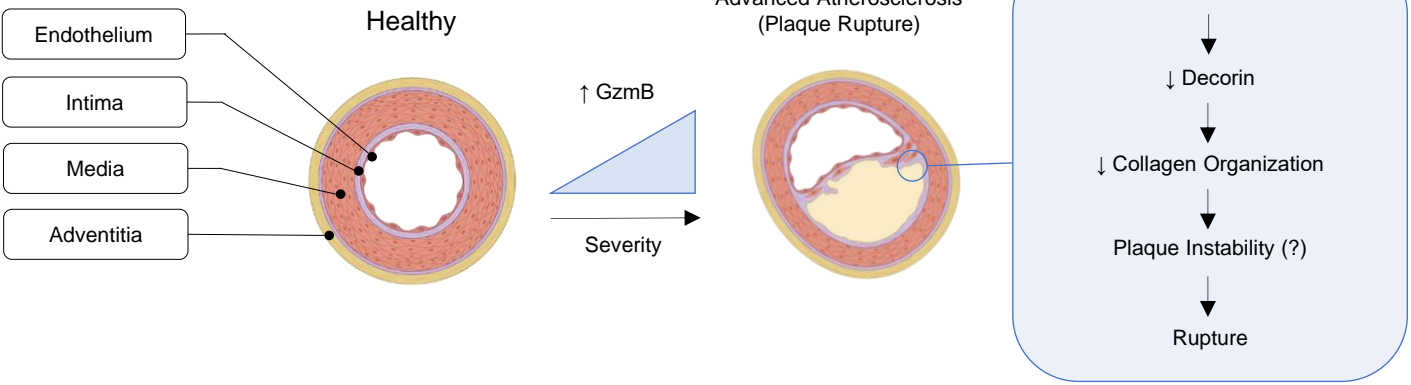
Lumen



Note: Figures are to be redone by APS professional artist as stated in review invitation

Macrovasculature

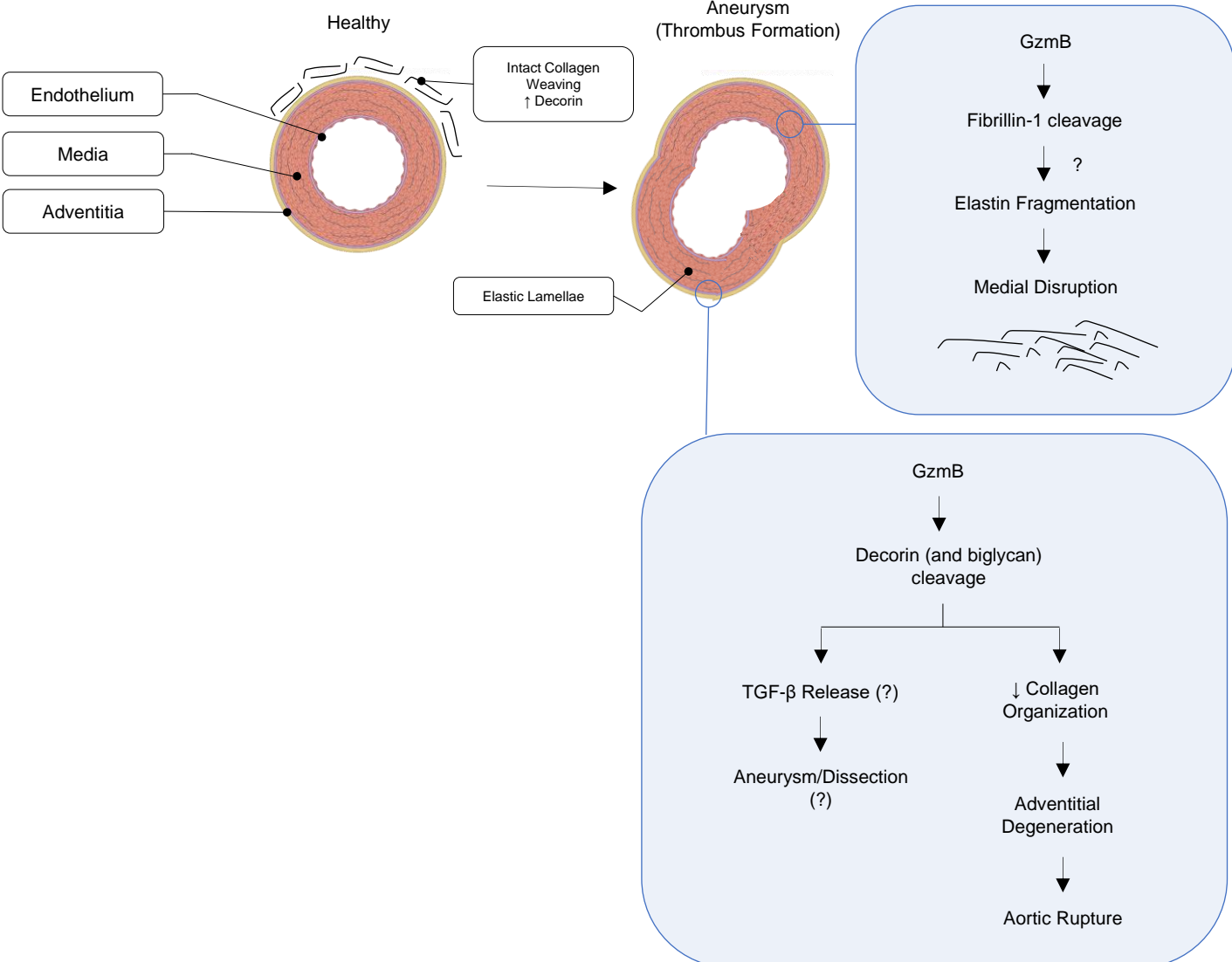
Atherosclerosis



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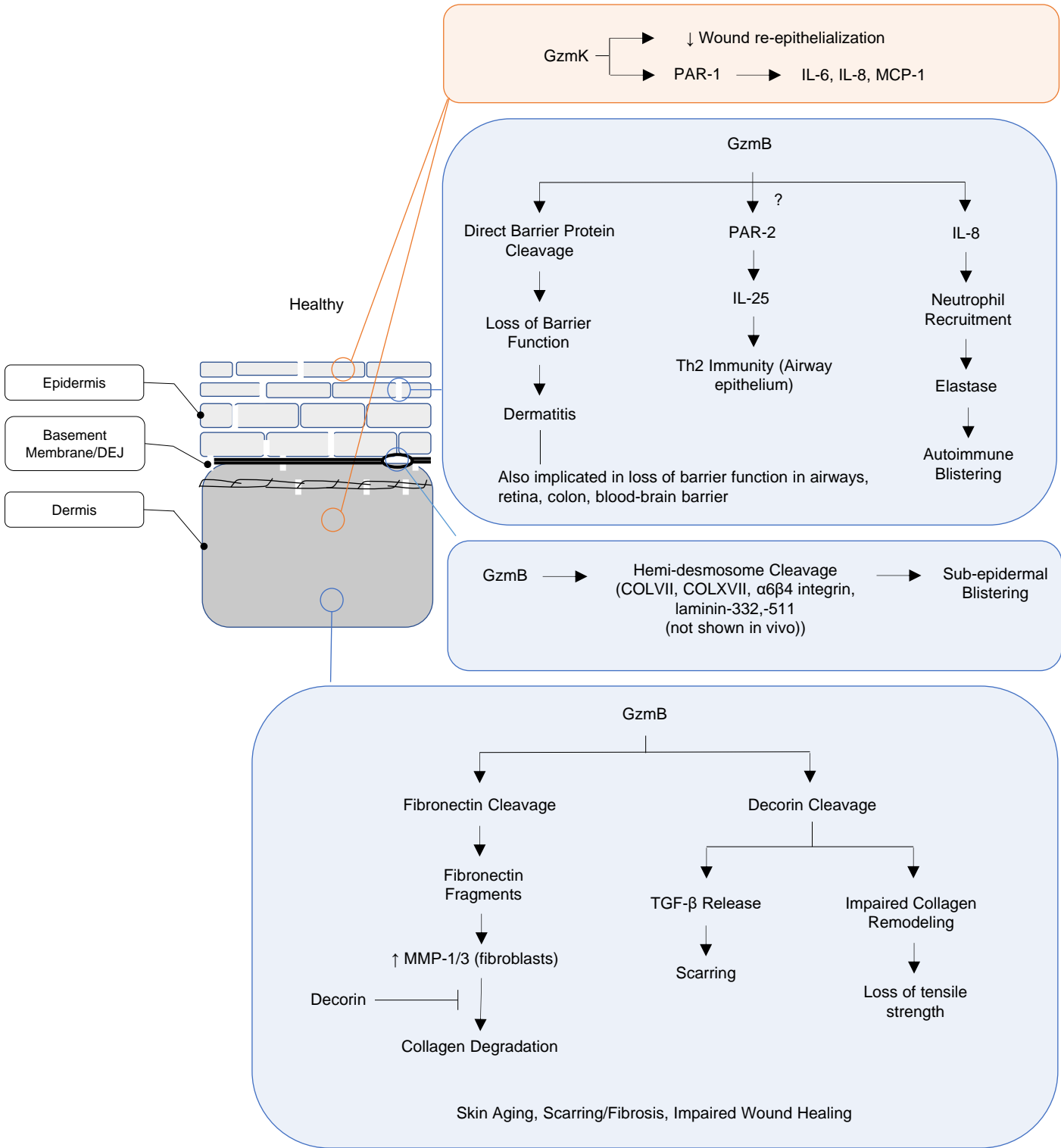
Macrovasculature

Abdominal Aortic Aneurysm



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Skin/Epithelium



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