



# **Domestic Violence**





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# **Background**

Domestic violence, intimate partner violence, or domestic abuse, is defined as a pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship. These behaviors include physical acts and nonphysical acts, including using (a) intimidation, (b) coercion, (c) threats, (d) isolation, and (e) finances to maintain power. Domestic abuse occurs regardless of (a) race, (b) gender, (c) age, (d) sexual orientation, and (e) socioeconomic status.

### Methods

A comprehensive search was conducted using Google and Google Scholar, utilizing the search terms (a) domestic abuse statistics, (b) domestic violence, and (c) intimate partner violence, for the years 2011 through 2018 and in English.

# **Complications**

The immediate effects of domestic violence manifest in the form of physical injuries, including (a) cuts, (b) bruises, (c) bitemarks, (d) concussions, and (e) sexually transmitted diseases. Long term and repetitive abuse leads to chronic emotional and psychological problems, including (a) depression, (b) post-traumatic stress disorder, and (c) alcohol and substance abuse.

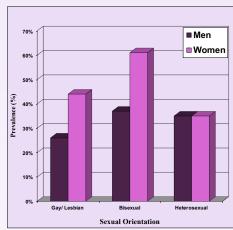
# **Epidemiology**

Within the United States, greater than 12 million people are victims of intimate partner violence annually. Greater than 1 in 4 women and 1 in 9 men have been victims of rape, physical violence or stalking in their lifetime resulting in a negative impact such as (a) injury, (b) fear, (c) concern for safety, or (d) needing support services. Additionally, nearly half of Americans have reported experiencing emotional abuse by a partner at some point in their lifetime.

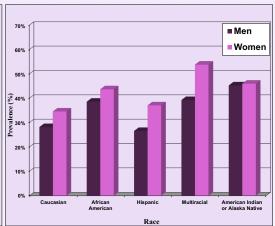


#### Results

#### **Prevalence Across Sexual Orientation**



#### **Prevalence Across Race**



## Conclusions

Recommendations are focused on (a) prevention of domestic violence, (b) raising awareness, specifically for men and the LGBTQ community who are victims of domestic violence, (c) decreasing victim shame, and (d) disseminating information and statistics to the public that are informative, but not misleading. Prevention begins at an early age *by promoting healthy, respectful relationships in families*.

#### Resources

National Domestic Abuse Hotline: 1 (800) 799 7233 To Find a Shelter Near You: www.domesticshelters.org

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