

The HONOR Framework: Empowering Adolescent Girls to Address Violence

Naelijwa Manongi

Community and International Development, Andrews University

Dr. Joel Raveloharimisy

### Abstract

Adolescent girls worldwide are subject to various forms of violence, such as corporal punishment and sexual abuse inflicted by family members, caregivers, and school violence. In this paper, we propose the HONOR framework, which encourages intervention strategies that prompt girls to respond to violence and promotes a holistic understanding of inequality within supportive relationships.

Keywords: Honor, Outline, Navigate, Own, Reaffirm, Empower, Violence.

## Introduction

Adolescent girls worldwide are subject to various forms of violence, such as corporal punishment and sexual abuse inflicted by family members, caregivers, and school violence. Girls are particularly vulnerable to gender-based violence, including sexual violence, exploitation, abuse, forced marriage, and human trafficking. While there is evidence that violence can be prevented, high rates of violence persist, and girls require empowerment and honor-based strategies to reclaim their power. Violence can have severe physical, psychological, and social consequences, making it crucial to address the issue. In this paper, we propose the HONOR framework.

This approach combines Social Emotional Learning (SEL) and Development Education to increase girls' awareness and understanding of violence, promoting their resilience. The framework comprises five components: Honor, Outline, Navigate, Own, and Reaffirm. HONOR is most effective when implemented through SEL and Development Education, reinforcing each other and addressing violence as a power problem within relationships. The approach encourages intervention strategies that prompt girls to respond to violence and promotes a holistic understanding of inequality within supportive relationships.

## References

- Ellsberg, M., A. Vyas, B. Madrid, M. Quintanilla, J. Zelaya and H. Stöckl. (2017). Violence Against Adolescent Girls: Falling Through the Cracks? Background paper. Ending Violence in Childhood Global Report 2017. Know Violence in Childhood. New Delhi, India.
- Rogers, C. (1959). A theory of therapy, personality and interpersonal relationships as developed in the client-centered framework. In (ed.) S. Koch, Psychology: A study of a science. Vol. 3: Formulations of the person and the social context. New York: McGraw Hill.
- Oxfam GB. 2012. Ending violence against women - dspace. Retrieved December 24, 2022, from <https://oxfamilibrary.openrepository.com/bitstream/handle/10546/254118/ml-ending-violence-against-women-301112-en.pdf?sequence=8>
- United Nations Children's Fund. (2017). A Familiar Face: Violence in the lives of children and adolescents. <https://data.unicef.org/resources/a-familiar-face/>