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Women's sexuality after Spinal Cord Injury: It's time to talk about pleasure and intimacy

Merna Seliman

Western University, mseliman@uwo.ca

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Name: Merna Seliman

Title: Women's sexuality after Spinal Cord Injury: It's time to talk about pleasure and intimacy

Imagine that you are at the hospital. You are told that you have a spinal cord injury. Your life is forever changed. Your body feels foreign to you. Your sense of self changes. You wonder how others look at you and perceive you. You wonder if you are still sexy. You wonder if your partner still wants to be with you. You wonder if you will ever experience the joy of intimacy with someone. Your doctor does not bring this up. You start thinking it must not be possible for you. You start looking for information but practical knowledge and resources that meet your needs are nonexistent. This research explores the lived experience and needs of women living with Spinal Cord Injury related to sexuality and intimacy. The goal is to develop a sexuality education program in collaboration with a team that consists of women with lived experience and clinicians.