In-hospital Outcomes of Acute Ischaemic Stroke Patients with Atrial Septal Defect.

A National Inpatient Sample Study.

Running Title: Atrial Septal Defects and Ischaemic Stroke Outcomes

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1 Abstract

Background and Aims. Atrial septal defects (ASD) are a well-recognised risk factor
for acute ischaemic stroke (AIS). We aimed to delineate the relationship between
ASD and in-hospital AIS outcomes (mortality, severe stroke (National Institutes of
Health Stroke Scale (NIHSS) >15), prolonged hospitalisation >4 days and routine
home discharge) in contemporary practice using data from the United States
National Inpatient Sample.

8 Methods. NIS admissions with a primary diagnosis of AIS between 2016-2018 were 9 extracted. The NIHSS variable had 75% missing data, which were imputed using 10 multiple imputations by chained equations. The relationship between ASD and the 11 main outcomes was modelled using multivariable logistic regressions, adjusting for 12 age, sex, comorbidities, stroke severity and revascularisation therapies.

Results. 245,859 records representative of 1,229,295 AIS admissions were 13 included, 35,840 (2.91%) of whom had ASD. ASD patients were younger (median 14 age 63 years versus 72 years) and less likely to have traditional cardiovascular risk 15 factors than their counterparts without ASD. ASD was independently associated with 16 58% lower odds of in-hospital mortality (hazard ratio (95% confidence interval) = 17 0.42 (0.33-0.54)), 18% lower odds of severe stroke (0.82 (0.71-0.94)), 20% higher 18 odds of routine home discharge (1.20 (1.14-1.28)) and 28% higher odds of 19 prolonged hospitalisation (1.28 (1.21-1.35)). 20

Conclusions. ASD was associated with better in-hospital outcomes, which were
 likely driven by younger age, lower prevalence of traditional cardiovascular risk
 factors, and lower stroke severity. Further research is warranted to clarify the ASD

- 1 anatomical characteristics which are most strongly associated with these
- 2 associations.
- 3 **Keywords:** Atrial septal defect; Patent Foramen Ovale; Acute Ischaemic Stroke;
- 4 Mortality; Severe stroke;

1 Introduction

2 Atrial septal defects (ASD) and patent foramen ovale (PFO) are wellrecognised risk factors for ischaemic stroke, with possible underlying 3 pathophysiological mechanisms including higher risk of paradoxical venous 4 embolisms through the inter-atrial shunt [1], in-situ thrombosis, particularly in the 5 6 presence of an atrial septal aneurysm (ASA) [2], as well as higher burden of other 7 AIS risk factors, such as atrial fibrillation and heart failure amongst this patient group 8 [3]. A previous meta-analysis estimated that PFO patients younger than 55 years have a 3-fold increase in the odds of first incident stroke (AIS) [4], while patients with 9 both PFO and ASA had 15-fold increased risk [4]. However, it is also important to 10 note that PFOs have a ~25% prevalence in the general population [5], and may not 11 necessarily be implicated in the pathogenesis of AIS in some patients [6], especially 12 in older patients with a high burden of traditional AIS risk factors [1]. Based on the 13 14 results of several large multi-centre randomised controlled trials [7-12], a recent European Society of Cardiology Position Paper recommended PFO closure as 15 secondary preventative therapy after AIS in patients aged 18-65 years who have a 16 high estimated probability of a causal role of the PFO in the AIS pathogenesis [13]. 17

Despite the wide interest in the association between PFO and ASD and 18 19 incident AIS, the association between these inter-atrial shunts and patient outcomes after AIS remains only partially characterised. A recent Swedish nationwide case-20 control study including ~20,000 patients with ASDs, ~1800 of whom had an incident 21 22 ischaemic stroke over a 25-year follow-up, has established that while ASD was associated with a 6-fold increase in the risk of incident AIS compared to age- and 23 sex-matched controls, ASD patients were 30% less likely to suffer a recurrent event 24 and over 50% less likely to die over the study follow-up period [3]. Possible 25

explanations for these results include different underlying stroke aetiologies between
patients with and without congenital heart defects (CHD) as well as different patient
demographics, with CHD patients being younger and less likely to have traditional
risk factors such as hypertension or diabetes [3]. However, PFOs are associated
with increased risk of recurrent AIS, with an increasing risk amongst older patients
[14] and those with large shunt sizes [15]. The relationship between PFOs and poststroke mortality remains largely uncharacterised.

8 We therefore aimed to evaluate the association between ASD/PFO and in-9 hospital outcomes (mortality, length of stay, discharge destination and stroke 10 severity) amongst patients admitted with AIS using data from the United States 11 National Inpatient Sample in order to delineate this important relationship in 12 contemporary US clinical practice.

13

14 Methods

15 Data Source

This retrospective cohort study used data from the United States National 16 Inpatient Sample, the largest US all-payer inpatient claims registry which represents 17 a 20% stratified sample of all community hospital admissions. [16] Each record 18 sampled in the NIS is assigned a sampling weight (a measure inversely related to the 19 probability of each hospital discharge being selected into the sample). [17] Using the 20 21 provided sampling weight and information regarding the NIS strata, this dataset can provide national estimates for the sampling population, representative of 95% of the 22 US population. [16] The authors completed the online Healthcare Cost and Utilization 23 project Training Tool and read and signed the Data Use Agreement. The NIS is an 24

anonymised, publicly available database. Ethical approval was not required. Using
admission data files between 2016 and 2018, records with a primary diagnosis of
ischemic stroke (International Classification of Diseases, Tenth revision [ICD-10]
codes I63.0-I63.9) were extracted.

5

6 Outcomes, Exposures and Confounders

7 The following primary outcomes were analysed: (1) in-hospital mortality, (2) 8 prolonged hospitalisation >4 days, (3) routine discharge and (4) moderate/severe stroke, defined as National Institutes of Health Stroke Scale (NIHSS) >15. Vital 9 status at discharge (dead/alive) and the length of hospital stay (LOS) serve as 10 11 standard variables in the NIS. [18,19] Prolonged hospitalisation was defined as LOS>4 days [20]. Discharge status was coded using the provided discharge 12 destinations. [21] Discharge destination was dichotomized into routine discharges 13 and other discharges ("home health care", "short term-hospital," "other facilities 14 including intermediate care and skilled nursing homes," "died in hospital," 15 "discharged against medical advice", "discharged to an unknown population"). The 16 NIHSS was determined using ICD-10-CM codes R297.00 (NIHSS = 0) to R297.42 17 (NIHSS = 42).18

The main exposure of interest was the presence of an atrial septal defect or patent foramen ovale coded during the respective stroke admission (ICD-10 code Q21.1). As ICD-10 coding does not allow differentiation between PFO and ASD, in the absence of adjunctive echocardiographic information to differentiate between the two entities, these were analysed together and were described collectively as ASD in this study. Adjusting covariates was based on clinical judgement and literature [3,20].

1 Elixhauser comorbidities (congestive heart failure, valvular disease, pulmonary circulation disease, peripheral vascular disease, paralysis, other neurological 2 disorders, chronic pulmonary disease, diabetes mellitus, hypothyroidism, renal 3 failure, liver disease, peptic ulcer disease, acquired immune deficiency syndrome, 4 lymphoma, metastatic cancer, solid tumour without metastasis, rheumatoid 5 arthritis/collagen vascular disease, coagulopathy, obesity, weight loss, fluid and 6 7 electrolyte disorders, anaemia, alcohol abuse, drug abuse, psychosis, depression and hypertension) were determined using the Healthcare Cost and Utilization Project 8 9 Elixhauser comorbidity software. [22] Other comorbidities were determined using the corresponding ICD-10 codes specified in Supplementary Table 1. The administration 10 of intravenous thrombolysis (IVT) and endovascular thrombectomy (EVT) was 11 identified using ICD-10-PCS codes (Supplementary Table 1). 12

13 Statistical Analyses

All analyses were performed in Stata MP 14.1, using provided discharge weights as probability weights and using survey data analysis techniques stratifying by NIS stratum and admission year [23] to account for patient clustering within hospitals [24]. A 5% statistical significance threshold was used (P < 0.05).

18

19 Descriptive Statistics

Patient characteristics were compared between patients with and without ASD on admission. Non-normally distributed continuous variables were described as median (interquartile range), while categorical variables were described as number (percentage). The Mann-Whitney U and Pearson's Chi-squared tests were employed to compare characteristics for non-normally distributed continuous and categorical variables, respectively.

2 Missing Data

The NIHSS had ~75% missing values (Table 1). Admissions with missing 3 NIHSS data were significantly older, more likely to be women, and had a higher 4 5 prevalence of comorbidities. More recent admissions and those to urban teaching centres had less NIHSS data missing (Supplementary Table 2). Data missingness 6 7 was likely dependent only on observed, but not unobserved data and subsequently 8 deemed likely missing-at-random. [25] A multiple imputation by chained equation algorithm with 20 iterations was employed to impute missing NIHSS values using an 9 ordinal logistic regression with the predictors outlined in Supplementary Table 2. 10

11 Main Analyses

Multivariable logistic regressions were used to analyse the relationship 12 between ASD and the outcomes of interest. In order to ascertain any possible 13 14 treatment effect by revascularisation therapies on these relationships, further models including interaction terms between ASD and IVT/ET were constructed. All models 15 were adjusted for age, sex, year of admission, hospital location/teaching status, 16 17 hospital region, primary payer, Elixhauser comorbidities, other comorbidities (cancer, anaemia, dyslipidaemia, dementia, smoking, Parkinson disease, infective 18 19 endocarditis, atrial fibrillation, previous transient ischaemic attack, pneumonia (including aspiration), rheumatic heart disease, coronary heart disease, all-cause 20 bleeding, shock, previous stroke, thrombolysis, thrombectomy and the NIHSS score. 21

22

23 **Results**

24 Descriptive Statistics

All ischemic stroke records (identified as admissions with a primary diagnosis 1 ICD10 code I63, n=266,996) from the National Inpatient Sample between 2016-2018 2 were extracted. After the exclusion of elective admissions (n=8776) as well as those 3 with missing data on key variables (age, vital status at discharge, sex, length of stay, 4 primary payer, race, quartile of estimated median household and discharge 5 destination, n=12,361), a total of 245,859 records were included in the analyses. 6 7 Having applied the sampling weights and excluded strata with single sampling units, included records were used to provide estimates for the population from which they 8 9 were sampled: 1,229,295 admissions with the primary diagnosis of acute ischaemic stroke. 10

Table 1 details the descriptive statistics of the included cohort. There were 11 35,840 (2.91%) admissions with co-existing ASD. These were significantly younger, 12 more likely to be male, more likely to be white and more likely to be drawn from a 13 14 later admission year, compared to AIS patients without ASD. ASD patients were more likely to have pre-existing valvular disease, pulmonary circulation disease and 15 peripheral vascular disease compared to their counterparts without ASD. 16 Conversely, ASD patients were less likely to have pre-existing diabetes mellitus, 17 hypertension, heart failure, atrial fibrillation or renal failure than their counterparts 18 without ASD. ASD patients were significantly more likely to undergo 19 echocardiography during their hospitalisation (32.76% versus 9.08%) as well as 20 thrombolysis (11.82% versus 9.45%) and thrombectomy (4.30% versus 3.01%) 21 compared to their counterparts without ASD. In terms of raw outcomes, ASD patients 22 had significantly lower rates of in-hospital mortality (1.26% versus 3.56%) and 23 severe stroke (9.86% versus 13.12%), but higher rates of prolonged hospitalisation 24

- >4 days (37.35% versus 33.78%) and routine home discharge (51.29% versus
 37.38%) compared to their counterparts without ASD.
- 3 Main Analyses

4 Table 2 details the results of the logistic regressions assessing the relationship between ASD and AIS in-hospital outcomes. After extensive adjustment 5 6 for age, sex and comorbidities, patients with ASD had 58% lower odds of in-hospital 7 mortality (hazard ratio (95% confidence interval) = 0.42 (0.33-0.54)), 18% lower odds 8 of severe stroke (0.82 (0.71-0.94)) as well as 20% higher odds of routine home discharge (1.20 (1.14-1.28)). Conversely, ASD patients had 28% higher odds of 9 prolonged hospitalisation (1.28 (1.21-1.35)). 10 Interaction with Revascularisation Therapies 11

- Table 3 details the additional models including interaction terms between ASD
 and thrombolysis and thrombectomy respectively. There were no statistically
- 14 significant interaction terms between ASD and either revascularisation modality for
- 15 any of the studied outcomes.

1 Discussion

2 In this National Inpatient Sample study representative of ~1.2 million hospital admissions across the United States, we describe for the first time the epidemiology 3 of co-existing ASD across a large, representative, contemporary and unselected 4 cohort of AIS patients. ASD patients were younger, more likely to be male, more 5 6 likely to have co-existing valvular disease and pulmonary vascular disorders, but less 7 likely to have traditional cardiovascular risk factors such as diabetes mellitus, hypertension, heart failure or atrial fibrillation. After adjustment for a wide range of 8 9 important confounding patient characteristics, ASD was associated with significantly better in-hospital stroke outcomes, including a 58% decrease in mortality, 18% 10 decrease in the odds of severe stroke (NIHSS >15) and 20% increase in the odds of 11 routine home discharge. Finally, we did not identify any interactions between these 12 associations and utilisation of stroke revascularisation therapies. 13

14 Our results are consistent with the only prior large-scale study to have evaluated the relationship between ASD and outcomes after stroke [3]. This 15 nationwide study from Sweden which included ~1800 ASD patients with AIS found 16 that, in comparison to age- and sex-matched controls, ASD was associated with a 17 30% decrease in the risk of recurrent stroke and 50% decrease in post-stroke long-18 19 term mortality. Our findings support the hypothesis that the lower mortality observed amongst ASD patients become apparent from the early stages of the post-stroke 20 period, even in an unselected cohort of AIS patients. Furthermore, our study 21 22 delineates for the first time that this is driven not only by individual patient factors such as age and lower prevalence of traditional cardiovascular risk factors, but also 23 by lower stroke severity. Importantly, these relationships may also driven by the 24 different distribution of AIS aetiologies which may be observed amongst patients with 25

ASD, who are more likely to experience embolic strokes[1]. We were however
unable to test this hypothesis due to the lack of data on the Trial of Org 10172 in
Acute Stroke Treatment (TOAST)[26] classification in our primary data source.
Finally, despite the higher rate of administration of revascularisation therapies in AIS
patients with ASD, the results of our study suggest that the association between
ASD and better in-hospital outcomes was independent of administration of
revascularisation therapies.

8 Whilst the results of our study bring further clarity towards this important research question, further research efforts are required in order to fully characterise 9 the epidemiology of AIS amongst patients with ASD. Firstly, further studies including 10 large cohorts of unselected stroke patients with long post-discharge follow-up are 11 warranted to also delineate these relationships longitudinally. Furthermore, studies 12 with granular echocardiographical data are warranted in order to delineate the 13 14 ASD/PFO characteristics which are most strongly associated with these outcomes. including co-existence of ASA. This is particularly important as these clinical 15 scenarios are likely to have different implications in the primary and secondary 16 preventative settings. While ASD detection is important, given the long-term adverse 17 effects of untreated ASDs on cardiovascular haemodynamics and outcomes [27], 18 19 PFO screening is not currently warranted in the general population, especially given its likely high prevalence and likely 'innocent bystander' role in stroke pathogenesis 20 in people with traditional cardiovascular risk factors [28]. This may however differ for 21 patients with PFO and coexistent ASA, who have a three-fold increase in the risk of 22 incident stroke compared to people with PFO without ASA [29]. The different acute 23 stroke outcomes between these patient populations will therefore further inform the 24 25 different primary screening recommendations for these inter-atrial defects.

Our study is powered by several important strengths. We included a sample representative of 1.2 million unselected hospitalisations across the United States reflecting contemporary clinical practice. Furthermore, this allowed us to include ~35,000 ASD patients with AIS, rendering this the largest study of this patient population to date. We were also able to adjust our analyses for a wide variety of important potential confounders, including utilisation of evidence-based revascularisation therapies.

8 We acknowledge some limitations, which mainly stem from the administrative nature of our primary data source. Having relied on ICD-10 codes to delineate our 9 primary exposure, we were unable to differentiate between ASDs and PFOs. This is 10 an important limitation of our study, as the risk profile may be highly heterogeneous 11 between the two groups and therefore these also warrant to be evaluated separately. 12 Similarly, we lacked echocardiographical information regarding the exact nature or 13 14 size of the ASDs, which may be important risk modifiers in these relationships. Similarly, we lacked data on stroke subtypes according to the TOAST classification 15 and were therefore unable to use this to stratify our analyses. Finally, the NIHSS 16 variable was also derived from ICD-10 codes and subsequently had a high degree of 17 missing data. While we undertook missing data analysis of this variable which 18 19 indicated multiple imputation as an appropriate methodological approach to minimise the impact of this, our results need to be interpreted with caution in the light of these 20 considerations. 21

In conclusion, in this study including a sample representative of 1.2 million unselected AIS admissions across the United States between 2016-2018 of whom ~35,000 had co-existing ASD, we found that ASD was significantly associated with markedly better in-hospital outcomes. Compared to their counterparts without ASD,

ASD patients had 58% lower odds of in-hospital mortality and 20% higher odds of routine home discharge. These results were likely driven by the individual patient factors such as age and lower prevalence of traditional cardiovascular risk factors, but also by lower stroke severity amongst ASD patients. Further research is warranted to clarify the anatomical characteristics of inter-atrial shunts which are most strongly associated with these relationships but also whether ASD determines similar post-stroke outcomes over longer-term follow-up.

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16 Disclosures

17 None.

18 Authors' Contributions

- 19 TAP, MAM and PKM conceived the study. Data were analysed by FC under the
- supervision of TAP, MOM and PKM. FC, TAP and PKM drafted the article and all the
- authors contributed to writing the article. PKM is the guarantor.

22 Supplemental Material

1 Supplementary Tables 1-2.

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1 Tables

2 **Table 1.** Descriptive statistics of the included cohort, stratified by the presence of an

3 atrial septal defect.

	Total	No ASD	ASD	Р
				value
N	1229295	1193455	35840	
Age, y	72.00 (61.00-	72.00 (61.00-	63.00 (52.00-74.50)	< 0.001
median (IQR)	82.00)	82.00)		
Sex				
Women	621605	605080	16525 (46.11)	<0.001
n(%)	(50.57)	(50.70)		
Length of stay, d	3.00 (2.00-	3.00 (2.00-	4.00 (2.00-6.00)	<0.001
median (IQR)	6.00)	6.00)		
NIHSS	4.00 (2.00-	4.00 (2.00-	3.00 (1.00-8.00)	<0.001
Median (IQR)	9.00)	9.00)		
missing, n(%)	929430	904135	25295 (70.58)	<0.001
	(75.61)	(75.76)		
Race/Ethnicity				<0.001
N (%)	952450	007000	26220 (72.10)	
vvnite	000400	027220	20230 (73.19)	
Black	(09.43)	21/700	5570 (15 54)	
Diack	(17 92)	(17 99)	3370 (13.34)	
Hispanic	87950 (7 15)	85510 (7.16)	2440 (6 81)	
Asian/Pacific Islander	32300 (2.63)	31660 (2.65)	730 (2.04)	
Notivo Amoricon	32330 (2.03)	4720 (0.40)	160 (0.45)	
Native American	4690 (0.40)	4730 (0.40)	160 (0.45)	
Other	30345 (2.47)	29635 (2.48)	710 (1.98)	
Year of admission,				<0.001
n (%)	100545	407005	44050 (00.00)	
2016	439515	427665	11850 (33.06)	
2017	(35.75)	(35.83)	12105 (26 70)	
2017	401000	440400	13105 (30.79)	
2018	328115	317310	10805 (30 15)	
2010	(26 69)	(26 59)	10003 (30.13)	
Comorbidities				
n (%)				
Valvular Disease	124410	120335	4075 (11.37)	0.001
	(10.12)	(10.08)		
Pulmonary circulation	9405 (0.77)	8355 (0.70)	1050 (2.93)	<0.001
disease				
Peripheral vascular	119155 (9.69)	115410 (9.67)	3745 (10.45)	0.035
disease				
Paralysis	127880	122875	5005 (13.96)	<0.001
	(10.40)	(10.30)		
Other neurological	6580 (0.54)	6265 (0.52)	315 (0.88)	<0.001
alsoraers Chronia nulmanari	100070	100405		0.007
Chronic pulmonary	196070	190425	5045 (15.75)	0.637
uisease	(15.95)	(12.90)		

Diabetes mellitus (without chronic complications)	222090 (18.07)	217325 (18.21)	4765 (13.30)	<0.001
Diabetes mellitus (with chronic complications)	256110 (20.83)	250715 (21.01)	5395 (15.05)	<0.001
Hypothyroidism	177380	172965	4415 (12.32)	<0.001
Renal failure	206730	202725	4005 (11.17)	<0.001
Liver disease	20890 (1.70)	20320 (1.70)	570 (1.59)	0.459
Peptic ulcer disease	8185 (0.67)	7920 (0.66)	265 (0.74)	0.440
AIDS	2680 (0.22)	2610 (0.22)	70 (0.20)	0.674
Lymphoma	6265 (0.51)	6110 (0.51)	155 (0.43)	0.348
Metastatic cancer	19920 (1.62)	19255 (1.61)	665 (1.86)	0.119
Solid tumour without metastasis	22300 (1.81)	21815 (1.83)	485 (1.35)	0.003
Rheumatoid arthritis/collagen vascular disease	33870 (2.76)	32855 (2.75)	1015 (2.83)	0.687
Coagulopathy	45225 (3.68)	43830 (3.67)	1395 (3.89)	0.338
Obesity	169955 (13.83)	165080 (13.83)	4875 (13.60)	0.582
Weight loss	50540 (4.11)	49405 (4.14)	1135 (3.17)	<0.001
Fluid and electrolyte disorders	275845 (22.44)	269100 (22.55)	6745 (18.82)	<0.001
Anaemia (deficiency)	148365 (12.07)	144360 (12.10)	4005 (11.17)	0.018
Alcohol abuse	53925 (4.39)	52310 (4.38)	1615 (4.51)	0.614
Drug abuse	31655 (2.58)	30425 (2.55)	1230 (3.43)	<0.001
Psychoses	30035 (2.44)	29120 (2.44)	915 (2.55)	0.546
Depression	141370 (11.50)	136955 (11.48)	4415 (12.32)	0.026
Hypertension	1056115 (85.91)	1030050 (86.31)	26065 (72.73)	<0.001
Congestive Heart Failure	196000 (15.94)	192445 (16.13)	3555 (9.92)	<0.001
Transient Ischaemic Attack	9695 (0.79)	9440 (0.79)	255 (0.71)	0.456
Smoking	231380 (18.82)	223645 (18.74)	7735 (21.58)	<0.001
Dyslipidaemia	725100 (58.99)	704950 (59.07)	20150 (56.22)	<0.001
Dementia	147135 (11.97)	144975 (12.15)	2160 (6.03)	<0.001
Pneumonia	31940 (2.60)	31120 (2.61)	820 (2.29)	0.103
Atrial fibrillation	310530 (25.26)	305365 (25.59)	5165 (14.41)	<0.001
Coronary heart disease	349855 (28.46)	340935 (28.57)	8920 (24.89)	<0.001
Parkinson's disease	18015 (1.47)	17655 (1.48)	360 (1.00)	0.001
Infective endocarditis	2520 (0.20)	2435 (0.20)	85 (0.24)	0.537

Rheumatic heart	37045 (3.01)	35630 (2.99)	1415 (3.95)	<0.001
All-cause bleeding	88550 (7.20)	85840 (7.19)	2710 (7.56)	0.239
Previous	191990	185995	5995 (16.73)	0.008
cerebrovascular	(15.62)	(15.58)		
disease				
Shock	5505 (0.45)	5340 (0.45)	165 (0.46)	0.873
	Pro	ocedures		
		<u>n (%)</u>		
Thrombolysis	117045 (9.52)	112810 (9.45)	4235 (11.82)	<0.001
Thrombectomy	37450 (3.05)	35910 (3.01)	1540 (4.30)	<0.001
Echocardiography	120130 (9.77)	108390 (9.08)	11740 (32.76)	<0.001
Outcomes				
n (%)				
In-hospital mortality	42930 (3.49)	42480 (3.56)	450 (1.26)	<0.001
Prolonged	416570	403185	13385 (37.35)	<0.001
hospitalisation	(33.89)	(33.78)		
(> 4 days)				
Routine Home	443730	425685	18045 (51.29)	<0.001
Discharge	(37.79)	(37.38)		
Severe Stroke (NIHSS	38990 (13.00)	37950 (13.12)	1040 (9.86)	<0.001
>15)				
missing, n(%)	929430	904135	25295 (70.58)	<0.001
	(75.61)	(75.76)		

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4

5 **Table 2.** Results of the multivariable logistic regressions delineating the association

6 between atrial septal defects and in-hospital outcomes amongst acute ischaemic

7 stroke admission in the National Inpatient Sample.

Outcome	Hazard Ratio (95% confidence interval)	<i>P</i> value
In-hospital mortality	0.42 (0.33-0.54)	<0.001
Prolonged hospitalisation (> 4 days)	1.28 (1.21-1.35)	<0.001
Routine Home Discharge	1.20 (1.14-1.28)	<0.001
Severe Stroke (NIHSS >15)	0.82 (0.71-0.94)	0.007

8

9 All logistic regression models were adjusted for age, sex, year of admission, hospital

10 location/teaching status, hospital region, primary payer, Elixhauser comorbidities,

11 other comorbidities (cancer, anaemia, dyslipidaemia, dementia, smoking, Parkinson

- 1 disease, infective endocarditis, atrial fibrillation, previous transient ischaemic attack,
- 2 pneumonia (including aspiration), rheumatic heart disease, coronary heart disease,
- all-cause bleeding, shock, previous stroke, thrombolysis, thrombectomy and the
- 4 NIHSS score, except for the model assessing the severe stroke outcome, which did
- 5 not include an NIHSS adjustment.

- 2 **Table 3.** Results of the multivariable logistic regressions delineating the association
- 3 between atrial septal defects and in-hospital outcomes amongst acute ischaemic
- 4 stroke admission in the National Inpatient Sample, including interaction terms for
- 5 revascularisation therapies.
- 6

Intravenous Thrombolysis			
Outcome	Thrombolysis HR (95% CI)	No thrombolysis HR (95% CI)	P value of interaction term
In-hospital mortality	0.37 (0.19-0.72)	0.43 (0.33-0.56)	0.667
Prolonged hospitalisation (> 4 days)	1.52 (1.45-1.59)	1.29 (1.22-1.37)	0.494
Routine Home Discharge	1.21 (1.02-1.44)	1.21 (1.32-1.28)	0.941
Severe Stroke (NIHSS >15)	0.82 (0.63-1.08)	0.82 (0.71-0.96)	0.973
	Endovascular Thron	nbectomy	
Outcome	Thrombectomy HR (95% CI)	No thrombectomy HR (95% CI)	P value of interaction term
In-hospital mortality	0.22 (0.10-0.51)	0.46 (0.36-0.59)	0.097
Prolonged hospitalisation (> 4 days)	1.40 (1.07-1.85)	1.28 (1.21-1.35)	0.504
Routine Home Discharge	1.07 (0.78-1.46)	1.21 (1.14-1.29)	0.437
Severe Stroke (NIHSS >15)	0.82 (0.59-1.15)	0.82 (0.71-0.95)	0.992

7

All logistic regression models were adjusted for age, sex, year of admission, hospital 8 location/teaching status, hospital region, primary payer, Elixhauser comorbidities, 9 other comorbidities (cancer, anaemia, dyslipidaemia, dementia, smoking, Parkinson 10 disease, infective endocarditis, atrial fibrillation, previous transient ischaemic attack, 11 pneumonia (including aspiration), rheumatic heart disease, coronary heart disease, 12 all-cause bleeding, shock, previous stroke and the NIHSS score, except for the 13 models assessing the severe stroke outcome, which did not include an NIHSS 14 adjustment. 15

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1 Figures



Figure 1. Patient population flowchart.