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7 **Differential Gene Expression Profiles in Inflammatory Bowel Disease Patients**
8 **from Kurdistan, Iraq**

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10
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13
14 **Abstract**

15 **Objectives:** Inflammatory bowel disease, generally comprising Crohn's disease (CD) and
16 ulcerative colitis (UC), has become a significant global public health concern in the last decade.
17 The present study aimed to determine the alterations of the whole genomic expression profile
18 among patients with inflammatory bowel disease. This study was conducted to provide the
19 expression profile of IBD patients for the first time in this geographic location, as there are very
20 few articles in the literature addressing this specific aspect. **Methods:** A study conducted in Erbil
21 province, Kurdistan region of Iraq, from July 2021 to July 2022 compared the genome
22 expression profiles of 10 patients with inflammatory bowel diseases to their matched controls.
23 The sequences used in the design of this array were selected from GenBank®, dbEST, and
24 RefSeq, Whole blood RNA extracted and hybridization on GeneChip® human genome U133A
25 2.0. The Scanner 3000 was used for the scanning high-resolution image and operating software
26 (GCOS) was used for reading the results. **Results:** Shared upregulated genes between ulcerative
27 colitis (UC) and Crohn's disease (CD) were (*RIT2*, *BCL2L1*, *MDM2*, and *FKBP8*) while shared
28 downregulated genes were (*NFKBIB*, *DDX24*, and *RASA3*). **Conclusions:** Upregulated and
29 downregulated gene expression patterns are detected in individuals with inflammatory bowel
30 disease, offering diagnostic potential and opportunities for treatment by targeting the associated
31 pathways.

32 **Keywords:** Crohn's disease, Expression, Erbil, Gene, Ulcerative colitis.

33

34 **Advances in Knowledge:**

- 35 1. The study determines the alterations of the whole genomic expression profile in
36 patients with inflammatory bowel disease (IBD).
- 37 2. Genes (*RIT2*, *BCL2L1*, *MDM2*, *FKBP8*) were found to be upregulated in both
38 ulcerative colitis (UC) and Crohn's disease (CD), while genes (*NFKBIB*, *DDX24*,
39 *RASA3*) were downregulated.
- 40 3. These findings contribute to understanding the molecular basis of IBD and provide
41 potential diagnostic markers.
- 42 4. Identification of shared differentially expressed genes offers insights into common
43 mechanisms underlying UC and CD pathogenesis.
- 44 5. The study highlights the importance of genomic alterations as potential targets for
45 future treatments.

46

47 **Application to Patient Care:**

- 48 1. The observed alterations in gene expression among IBD patients have significant
49 implications for diagnosis and treatment.
- 50 2. The identified upregulated genes (*RIT2*, *BCL2L1*, *MDM2*, *FKBP8*) and downregulated
51 genes (*NFKBIB*, *DDX24*, *RASA3*) can serve as potential biomarkers for IBD.
- 52 3. Targeting the pathways associated with these differentially expressed genes may lead
53 to the development of novel therapeutic interventions.
- 54 4. The findings provide a basis for personalized medicine approaches in IBD, allowing
55 for tailored treatments based on individual genomic profiles.
- 56 5. Understanding the molecular changes in IBD enhances the potential for precision
57 medicine and improved patient care.

58

59 **Introduction**

60 Inflammatory bowel disease (IBD) is a group of gastrointestinal disorders that clinically includes
61 Crohn's disease (CD), ulcerative colitis (UC), and other indeterminate colitis. ¹ Over the past
62 decade, IBD has emerged as a global public health challenge. ² The incidence pattern of IBD has

63 shifted during the past 20 years, increasing incidence in previously low incidence regions like
64 Asia and the Middle East as well as continuing to rise in the West.³ Inflammatory bowel disease
65 (IBD) is a complex and heterogeneous group of disorders that exhibit significant geographic and
66 ethnic variations in both incidence and prevalence.⁴ These differences underscore the
67 importance of understanding the molecular underpinnings of IBD within specific populations.⁵
68 While numerous studies have explored the clinical aspects of IBD, there is a growing need to
69 investigate the underlying genetic and genomic factors contributing to the disease's pathogenesis.

70
71 The pathogenesis of IBD are not known; however, it is considered to be multifactorial and a cure
72 for IBD has yet to be discovered.⁶ Recent experimental and clinical studies, agreed that genetics,
73 environment, gut microbiota and immune response are responsible for the initiation and
74 progression of IBD in susceptible host.⁷ Additionally, it has been proposed that diet, lifestyle
75 and pollutants and the deficiency of (vitamins and minerals) contribute to the severity or the
76 development of IBD.⁸, and⁹ Previously, the deficiency of micronutrients observed in IBD
77 patients, for instance, high prevalence of vitamin deficiency reported among patients with IBD
78 including vitamin D, C, B12, folic acid and zinc.¹⁰

79
80 Experimental study revealed that the invasion of mucosal tissue with activated phagocytic
81 immune cells that produce reactive oxygen and nitrogen species (ROS and RNS, respectively),
82 lead a change towards prooxidants and hence increases of oxidative stress, which disrupts
83 cellular homeostasis by injuring important macromolecules, leads to cell damage, increases
84 mucosal barrier permeability, and increases locally existing inflammation.¹¹ and¹² Thus,
85 oxidative stress has been mentioned as a potential contributor to the etiology of IBD.¹² The level
86 oxidative stress can be evaluated indirectly by assessing the quantities of DNA/RNA damage,
87 lipid peroxidation, and protein oxidation/nitration.¹³ Lipids are the most involved class of
88 macromolecules among the numerous biological targets of oxidative stress.¹⁴ Malondialdehyde
89 (MDA), is one of the final products of polyunsaturated fatty acids peroxidation which also well-
90 known oxidative stress biomarker, it is overproductions related to increase of free radicals and
91 decrease the levels of antioxidants.¹⁵

92

93 **Materials and Methods**

94 This study conducted in Erbil province - Kurdistan region of Iraq, from July 2021 to July 2022.
95 In this experiment, the genome expression profile of patients with UC (6) and CD (4) determined
96 and compared to their matched controls (5). The criteria for the diagnosis of IBD was a
97 combination of clinical, radiographic, histological and endoscopic assessment and the collected
98 data were reviewed by 3 independent physicians, while exclusion criteria were colitis from other
99 cause. Additionally, anyone who had any of the following criteria were disqualified: pregnant
100 women, nursing mothers, people who had undergone a total colectomy in the past, people who
101 were taking experimental medications, people who had cancer or any other concurrent end-stage
102 organ disease, and addicts. All conscripts who were not given an IBD diagnosis were considered
103 to be part of the control population. Ethical approval for this study was obtained from the
104 Salahaddin University College of Science. The study adhered to all ethical guidelines and
105 regulations regarding the treatment of human subjects. Official permission was obtained to
106 collect samples from patients involved in the study. Prior to their inclusion, all patients provided
107 written informed consent, detailing the purpose of the research, potential risks and benefits, and
108 their rights as participants. Participant confidentiality was strictly maintained throughout the
109 study.

110

111 The collected samples were peripheral blood RNA extracted from blood samples and
112 hybridization on GeneChip® human genome U133A 2.0 array. This array well designed to
113 analyzes the expression level of 18,400 transcripts and variants, including 14,500 well-
114 characterized human genes. The sequences used in the design of this array were selected from
115 GenBank®, dbEST, and RefSeq. The sequence clusters were created from the UniGene database
116 (Build 133, April 20, 2001) and then refined by analysis and comparison with a number of other
117 publicly available databases, including the Washington University EST trace repository and the
118 University of California, Santa Cruz Golden-Path human genome database (April 2001 release).
119 Oligonucleotide probes complementary to each corresponding sequence are synthesized in situ
120 on the array. Eleven pairs of oligonucleotide probes are used to measure the level of transcription
121 of each sequence represented on this array. The Scanner 3000 was used for the scanning high-
122 resolution image and operating software (GCOS) was used for reading the results. Bioinformatic

123 analysis started with preprocessing (normalization and scatter plots), alignment conducted for
124 assemble transcripts, statistical tool ANOVA used to determine the top upregulated and
125 downregulated genes, heat map created with TBtools, g:Convert used for the conversion of gene
126 numbers to gene IDs, co-expression of related genes identified with Genemania-online tools, and
127 finally ShinyGO 0.76.3 tool used for the determining the defected pathways related to
128 upregulated and downregulated genes.

129
130 All of the statistical analyses were performed in SPSS version 25 (IBM Corp., Armonk, NY,
131 USA) and p-values of < 0.05 were considered to indicate statistical significance. ANOVA were
132 used for determining the fold changes in each gene.

133 134 **Results**

135 Figure (1) shows the list of up regulated genes and figure (2) shows the list of downregulated
136 genes in UC. Top upregulated genes and downregulated genes in CD presented in Figure (3) and
137 (4), respectively. The following genes downregulated in UC (*RNF19A*, *NFKBIB*, *EWSR1*,
138 *DDX24*, *HES2*, *SART3*, *PPIG*, *TCAF1*, *DKC1*, *RASA3*, *CELF1*, *CCL23*, *SNRNP70*, *MXD4*, *CD6*,
139 *HSP90AA1*, *PPIG*, *DNAJB4*). Conversely, the downregulated genes in patients with CD were
140 (*ZCCHC24*, *ILF3*, *RASA3*, *LAMB1*, *TRABD*, *TNFRSF25*, *BDH1*, *MAF*, *PIN1*, *GDPD5*, *PBXIP1*,
141 *PRPF6*, *AP3D1*, *DDX24*, *DIO2*, *GGA1*, *CORO1B*, *NFKBIB*). Significantly upregulated genes in
142 patients with UC were (*MDM2*, *SLC6A2*, *TRMT1*, *SNCA*, *CYP4B1*, *TNS1*, *RIT2*, *ZER1*, *SLC4A1*,
143 *GNGT1*, *FOXH1*, *FKBP8*, *TNS1*, *CA1*, *TMOD1*, *SELENBP1*, *ALAS2*, *BCL2L1*). Conversely,
144 upregulated genes in patients with CD were (*CXCL1*, *MDM2*, *GUCY1B3*, *DZIP1*, *RIT2*, *GYP A*,
145 *FECH*, *PIGV*, *SHOX2*, *SARDH*, *DOHH*, *NR4A1*, *FKBP8*, *CXCL3*, *NFIX*, *MIA*, *ABLIM3*,
146 *BCL2L1*).

147
148 The pathways of shared upregulated genes (*RIT2*, *BCL2L1*, *MDM2*, and *FKBP8*) and
149 downregulated genes (*NFKBIB*, *DDX24*, and *RASA3*) in IBD identified, we found that *BCL2L1*
150 and *MDM2* have roles in the following pathways (p53 signaling pathway and NF- κ B signaling
151 pathway), respectively. The *NFKBIB* related to the cytosolic DNA-sensing pathway,
152 adipocytokine signaling pathway, B cell receptor signaling pathway, and chemokine signaling

153 pathway, and *RASA3* related to the (Ras signaling pathway). Also, we found that *DDX24* has a
154 role in controlling p53 activities.

155

156 **Discussion**

157 To date, there are no published DNA microarray-based studies in Kurdistan region of Iraq and
158 even there are small number of such studies in Middle-East based on DNA microarray to
159 investigate the changes of gene expression in patients with IBD. Thus, in the present study the
160 expression of the genes investigated via DNA microarray. For this purpose, blood mRNA was
161 collected from 10 patients with IBD (6 patients with UC and 4 patients with CD) and 5 controls,
162 the enrolled patients and controls were from Kurdistan region of Iraq. the results of the present
163 study explained through online and offline bioinformatic tools such as (Tbtools) for drawing the
164 heatmap, (Genemania) for determining the co-expression of the genes, (G:GOS) for converting
165 gene names to Ensemble IDs, and (STRING) for finding gene interactions and pathways. The top
166 upregulated and downregulated genes in both UC and CD determined regarding the control
167 group. The following genes downregulated in UC (*RNF19A*, *NFKBIB*, *EWSR1*, *DDX24*, *HES2*,
168 *SART3*, *PPIG*, *TCAF1*, *DKC1*, *RASA3*, *CELF1*, *CCL23*, *SNRNP70*, *MXD4*, *CD6*, *HSP90AA1*,
169 *PPIG*, *DNAJB4*). Conversely, the downregulated genes in patients with CD were (*ZCCHC24*,
170 *ILF3*, *RASA3*, *LAMB1*, *TRABD*, *TNFRSF25*, *BDH1*, *MAF*, *PIN1*, *GDPD5*, *PBXIP1*, *PRPF6*,
171 *AP3D1*, *DDX24*, *DIO2*, *GGAI*, *CORO1B*, *NFKBIB*). Significantly upregulated genes in patients
172 with UC were (*MDM2*, *SLC6A2*, *TRMT1*, *SNCA*, *CYP4B1*, *TNS1*, *RIT2*, *ZER1*, *SLC4A1*,
173 *GNGT1*, *FOXH1*, *FKBP8*, *TNS1*, *CAI*, *TMOD1*, *SELENBP1*, *ALAS2*, *BCL2L1*). Conversely,
174 upregulated genes in patients with CD were (*CXCL1*, *MDM2*, *GUCY1B3*, *DZIP1*, *RIT2*, *GYPB*,
175 *FECH*, *PIGV*, *SHOX2*, *SARDH*, *DOHH*, *NR4A1*, *FKBP8*, *CXCL3*, *NFIX*, *MIA*, *ABLIM3*,
176 *BCL2L1*).

177

178 The list of upregulated and downregulated genes can be used for the diagnosis of IBD and their
179 types in Kurdish population. However, the co-expression reports of downregulated and
180 upregulated genes and their interactions were used to identify candidate genes associated to the
181 onset of IBD regarding their pathways (supplementary file Figure 1-6), for this purpose, shared
182 upregulated genes (*RIT2*, *BCL2L1*, *MDM2*, and *FKBP8*) and downregulated genes (*NFKBIB*,
183 *DDX24*, and *RASA3*) in UC and CD were used for further analysis through (KEGG database).

184 We found that *BCL2L1* and *MDM2* have roles in the following pathways (p53 signaling pathway
185 and *NF-κB* signaling pathway) while the biological roles of *RIT2* and *FKBP8* not found on the
186 *KEGG* database. Thus, their biological functions determined depending on the previous studies.
187 we found that *NFKBIB* related to the (cytosolic DNA-sensing pathway, adipocytokine signaling
188 pathway, B cell receptor signaling pathway, and chemokine signaling pathway), and *RASA3*
189 related to the (Ras signaling pathway). While the pathway related gene for *DDX24* determined
190 based on previous studies. Previous study evaluated the expression of mucosal genes in
191 ulcerative colitis patients which reported the downregulation of *NFKBIB* in infected tissues.¹⁶
192 Regarding the results of previous published study, *DDX24* negatively regulates cytosolic RNA-
193 Mediated innate immune signaling.¹⁷ Another study reveals that *DDX24* as an important
194 regulator of p300 and suggest that the modulation of the p53-p300 interplay by *DDX24* is critical
195 in controlling p53 activities in human cancer cells.¹⁸ *RASA3* gene previously has not been
196 associated with IBD, until, studies determined that differential methylation of *RASA3* could
197 potentially alter endothelial–leukocyte adhesions, known to be of major importance for gut
198 homing of inflammatory cells in IBD, targeted by drugs such as vedolizumab.¹⁹

199
200 Previous study measured *BCL2L1* expression levels in 116 paired CRC and normal tissues and
201 CRC cell lines by qRT-PCR, they found that *BCL2L1* expression levels were significantly
202 upregulated in the CRC tumor tissues and cell lines compared with the adjacent nontumor
203 tissues.²⁰ Another experimental study on mice confirmed that the upregulation of *BCL2L1*
204 related to the onset of IBD.²¹ *MDM2* is a phospho-protein and a ubiquitin ligase for p53 that is
205 responsible for inhibiting p53 activity and promoting its destruction.²² Mutations in
206 the *P53* gene have been identified in most human chronic diseases , as well as in its downstream
207 signaling pathways, which are mediated by the *MDM2* genes; therefore, proper functioning of
208 both genes is important for the normal function of cells.²³ Consequently, when mutations in any
209 of these genes disrupt critical signaling pathways, they can result in chronic diseases including
210 cancer.²⁴ and ²⁵

211
212 The variations in *RIT2* gene has been shown to be associated with a number of neurological
213 disorders, such as Parkinson’s disease (PD) and autism.²⁶ and ²⁷ However, the immune signaling
214 study in 2019 revealed that non-immune genes such as *RIT2* can impact immune function

215 through the alteration of their expression.²⁸ *FKBP8* protein is located on the outer membrane
216 and has an anti-apoptotic role by interacting with *Bcl-2*.²⁹ and³⁰ A study concluded that *FKBP8*
217 plays an essential role in mitochondrial fragmentation through LIRL during mitophagy and this
218 activity of *FKBP8* together with LIR is required for mitophagy under stress conditions.³¹
219 Consequently, disruption of mitochondrial function and increased expression of genes or proteins
220 indicative of mitochondrial fragmentation have been observed in neurological diseases, and in
221 models of diabetes, intestinal inflammation, infection, and sepsis.³²

222

223 **Conclusions**

224 In conclusion, our study has identified a list of genes exhibiting both upregulation and
225 downregulation, which can serve as valuable tools for the diagnosis of inflammatory bowel
226 disease (IBD). Additionally, the associated pathways related to these gene alterations represent
227 promising targets for potential treatments.

228

229 It is essential to note that while our findings provide valuable insights into the genomic
230 landscape of IBD, this study has its limitations, such as the relatively small sample size and the
231 preliminary nature of the investigation. Therefore, caution should be exercised when interpreting
232 and applying these results. Further research with larger and more diverse cohorts is warranted to
233 corroborate our findings and enhance our understanding of the molecular mechanisms
234 underpinning IBD.

235

236 **Conflicts of Interest**

237 The authors declare no conflict of interests.

238

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241

242 **Author Contributions**

243 BIM was primarily responsible for sample collection, laboratory investigation, and the biological
244 analysis of the data. He played a critical role in gathering patient samples and conducting the
245 necessary laboratory experiments. Additionally, he was actively involved in the analysis of

246 biological data. BKA contributed to the project by working on the research's template and
247 conducting the statistical analysis. Her statistical expertise was instrumental in interpreting the
248 research findings accurately. She also provided guidance and supervision throughout the research
249 process, collaborating closely with the first author. Both authors collaborated in the preparation
250 and writing of this research paper. The division of work between them was complementary,
251 ensuring the successful completion of the study. All authors approved the final version of the
252 manuscript.

253

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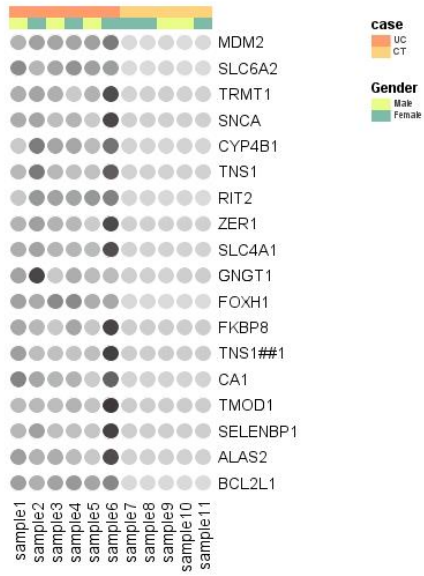
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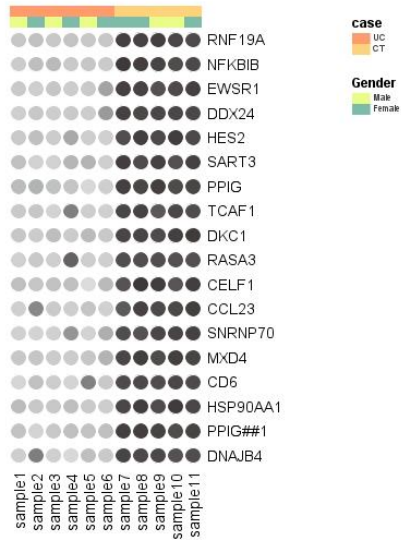
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Figure 1: List of Upregulated genes in UC by Heatmap.

364

Dark color: highly expression.

365



366

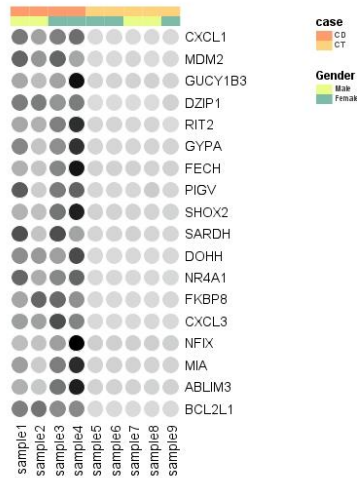
367

Figure 2: List of downregulated genes in UC by Heatmap.

368

Light color: low expression.

369



370

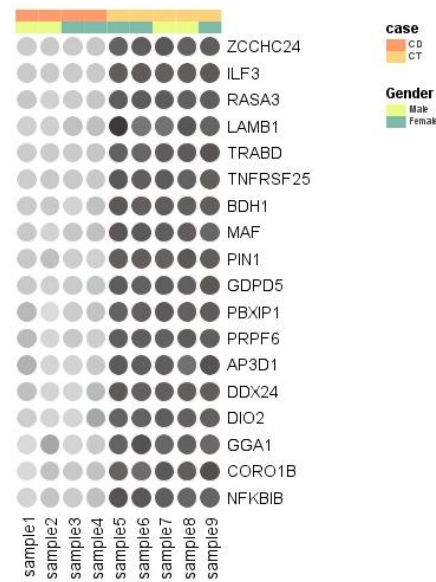
371

Figure 3: List of Upregulated genes in CD by Heatmap.

372

Dark color: highly expression.

373



374

375

Figure 4: List of downregulated genes in CD by Heatmap.

376

Light color: low expression.