Management of coastal dunes affected by shrub encroachment: are rabbits an ally or an enemy of restoration?

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Abstract

In coastal dunes, shrub encroachment disrupts natural disturbance, and reduces habitat heterogeneity and species composition. In this paper, we implemented a pilot scale trial aimed at restoring coastal dunes affected by the encroachment by the shrub *Retama monosperma* (hereinafter *Retama*) as well as strengthening the populations of *Thymus carnosus* (regionally cataloged as 'Critically Endangered'). A total 3 ha of *Retama* shrub was clearcut in two sites with different *Retama* cover (54 and 72%). The effect of rabbits on vegetation recovery was assessed by placing exclosures both in treated and untreated plots in Spring, 2015. Plant composition, species richness and diversity were evaluated two years after treatments (with and without *Retama* clearing, and with and without rabbit exclusion). *Retama* clearing alone did not allow the recovery of plant composition typical of gray dunes two-years after treatments, but resulted in a biodiversity loss within the *Retama* understorey when rabbits were present. However, *Retama* clearing resulted in a significant vigor improvement of *T. carnosus* in the site with the highest density of *Retama*. Rabbit exclusion significantly increased species richness and Shannon-Wiener diversity index, and allowed the recovery of plant composition typical of gray dunes. The results suggest that shrub encroachment caused by *Retama* has a long-lasting negative impact on dune vegetation and that periodic clearing should be combined with rabbit exclusion at least during early restoration stages of dune vegetation. To recover the population of *T. carnosus*, *Retama* should be prevented from reaching high cover and periodic clearing without rabbit exclusion is suggested.

Keywords Clearcut · Diversity · Exclosure · Grazing · *Oryctolagus cuniculus* · *Retama monosperma*

Introduction

In coastal dunes, shrub encroachment disrupts natural disturbance, and reduces habitat heterogeneity and species composition. The coastal dunes are ecosystems of great interest for conservation due to their high ecological diversity (Martínez et al. 2004; Van der Maarel 2003) and the provision of important ecosystem services such as coastal protection, freshwater supply, recreation and biodiversity conservation (Everard et al. 2010). Coastal dunes are also the ecosystems where degradation is greatest due to human activity (Martínez et al. 2013; Nordstrom et al. 2000). Fixation or stabilization (generally through the planting of herbaceous or woody species) have been often promoted to reduce dune erosion and to slow down the advance of blowing transgressive sand sheets (Pye 1983). However, stabilization and encroachment disrupts environmental heterogeneity, biodiversity and natural disturbance (Avis 1995; Isermann et al. 2007; Muñoz-Vallés et al. 2014; Wouters et al. 2012) thus outcompeting the community adapted to naturally disturbed habitats (Martínez et al. 2013). Moreover, the competitive displacement of threatened species by common species poses a conservation dilemma: should natural habitats be managed to prioritize the conservation of threatened species or should they be allowed to evolve with minimal human intervention, even if this leads to the extinction of an endangered species?

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In an increasingly fragmented territory, environmental management is posed to conserve as much biodiversity as possible.

Since the beginning of the twentieth century, *Pinus pinea* and *R. monosperma* (hereinafter 'Retama') have been planted extensively in the coastal dunes of southwestern Spain (Kith-Tasara 1946; Martínez and Montero 2004; Muñoz-Vallés et al. 2014; Muñoz-Reinoso 2021). Both species are native in the region but have been deliberately introduced outside their original forest areas (Martínez and Montero 2004; Talavera 1999). Once introduced, *Retama* is dispersed by rabbits and cattle (goats) (Dellafiore et al. 2006; Zunzunegui et al. 2012). The areas initially planted and the adjacent areas where these species have expanded have severely reduced the habitat dominated by fixed, stable sand dunes that are covered by herbaceous vegetation (hereinafter, 'gray' dunes) (Muñoz-Vallés et al. 2013; Gallego-Fernández et al. 2015), as occurred in other European coastal areas (Houston 2008). Gray dunes are a priority habitat type of the European Union that demand conservation and management actions (Gracia and Muñoz 2009). Furthermore, *Retama* has drastically affected the populations of *Thymus carnosus* (herainafter 'Thymus') (Zunzunegui et al. 2012), which is currently protected by European (EU Directive 92/43/CEE), National (Royal Decree 139/2011) and Regional (Decree 23/2012) regulations.

Retama monosperma is a species native to the southwestern Iberian Peninsula and northwestern Morocco (Talavera 1999). *Retama* formations constitute a European natural habitat type (Thermo-Mediterranean and pre-desert scrub; European Commission 2013). However, in certain sites where this species was artificially planted, *Retama* encroachment may pose a threat to coastal dune ecosystems. This encroachment is the result of plantings made in the early 1920s, when tree plantations aimed at stabilizing 'non-productive' coastal sand dunes (Martínez and Montero 2004). Moreover, gray dunes are considered habitats of priority community interest and often contain rare species (Isermann 2011), as shown by the presence of *Thymus carnosus* in the present study. Thus, management actions on this growing problem are required to preserve mobile and gray dunes and the endangered, protected *Thymus*. The growth of *Retama* reduces both the light penetration and air temperature and increases both the relative humidity under its canopy. In addition, this N-fixing species increases nutrient concentration in the soil (Muñoz-Vallés et al. 2011, 2013; Esquivias et al. 2015), thus entailing an important disruption of nutrient-poor habitats. This way *Retama* expansion outcompetes psammophilous species typical of gray dunes (including *Thymus*) (Muñoz-Vallés et al. 2011; Muñoz-Vallés and Cambrollé 2015). The further expansion of *Retama* mediated by rabbits (Dellafiore et al. 2006) would also compromise the future colonization of *Thymus* in the new expanding dunes.

In this paper, we show the first results of management actions aimed at restoring the gray dunes affected by *Retama* encroachment and at preserving *Thymus*. The effects of *Retama* clearing and rabbit exclusion on coastal dune vegetation and the endangered *Thymus* were assessed in the short term (two years). Specifically, we aimed at answering the following questions: 1) What is the response of plant community typical of fixed (gray) dunes after *Retama* clearing; 2) Do rabbits have a positive or a negative role in the recovery of plant community?; 3) How *Retama* and rabbits should be managed to promote *Thymus* conservation? These results can serve as a basis for the management and restoration of coastal habitats affected by shrub encroachment.

Methods

Area of study

The study was carried out in a coastal dune system located at El Rompido spit (N 37° 12′, W 7° 07′, SW Spain, Fig. 1). It is a sandy formation associated with the mouth of the Piedras River, which has evolved from a barrier island system (active in the eighteenth century), its width varying from 300 to 700 m, and steadily growing to East at mean annual rate of ca. 40 m per year (1.5 ha/year) (Muñoz-Vallés et al. 2009, 2011). The climate is Mediterranean, with an influence from the Atlantic Ocean. Mean annual temperature is 18.2 °C and mean annual rainfall is 583 mm (AEMET 2019). The outstanding conservation value of this site is recognized in its designation as Regional Protected Area, Site of Scientific Interest and Special Area of Conservation under the EC Habitats and Species Directive 1992. The spit stretches eastwards for 12 km running parallel to the coastline, and currently covers an area about 500 ha. The xeroseries starts with embryonic shifting dunes covered with sparse vegetation, dominated by *Elytrigia juncea* subsp. *boreoatlantica*. This is followed by mobile, active dunes or foredunes (hereinafter referred as 'yellow' dunes) usually with one single ridge (ca. 5 m high). Both the sea side and downwind of yellow dunes is dominated by *Ammophila arenaria* subsp. *australis, Achillea maritima, Artemisia campestris* subsp. *maritima, Lotus creticus* and *Pancratium maritimum* (Muñoz-Vallés et al. 2015). The yellow dunes give way landwards to fixed, stable sand dunes that are covered by herbaceous vegetation and small shrubs under less disturbed conditions, with a lower sand accumulation and a flatter relief. Gray dune include a grass community dominated by *Malcolmia littorea*, *Echium gaditanum*, *Polycarpon alsinifolium, L. creticus* and *Carduus meonanthus* and, in more mature stages, *Helichrysum italicum subsp. picardii*, *Euphorbia terracina* and *Anthemis maritima*. These gray dune xeroseries contain the endangered *Thymus carnosus*.

Fig. 1 a-b Area of study showing the distribution of clearcut sites and local patches of *Thymus carnosus* throughout the Site of Community Importance and Special Protection Area 'Marismas del Río Piedras and Flecha del Rompido' (diagonal-hatch pattern); Detail of sites 1 (**c**) and 2 (**d**), showing clearcut areas (white line), control (untreated) areas (diagonal-hatch) and rabbit exclosures (cross-hatch pattern)
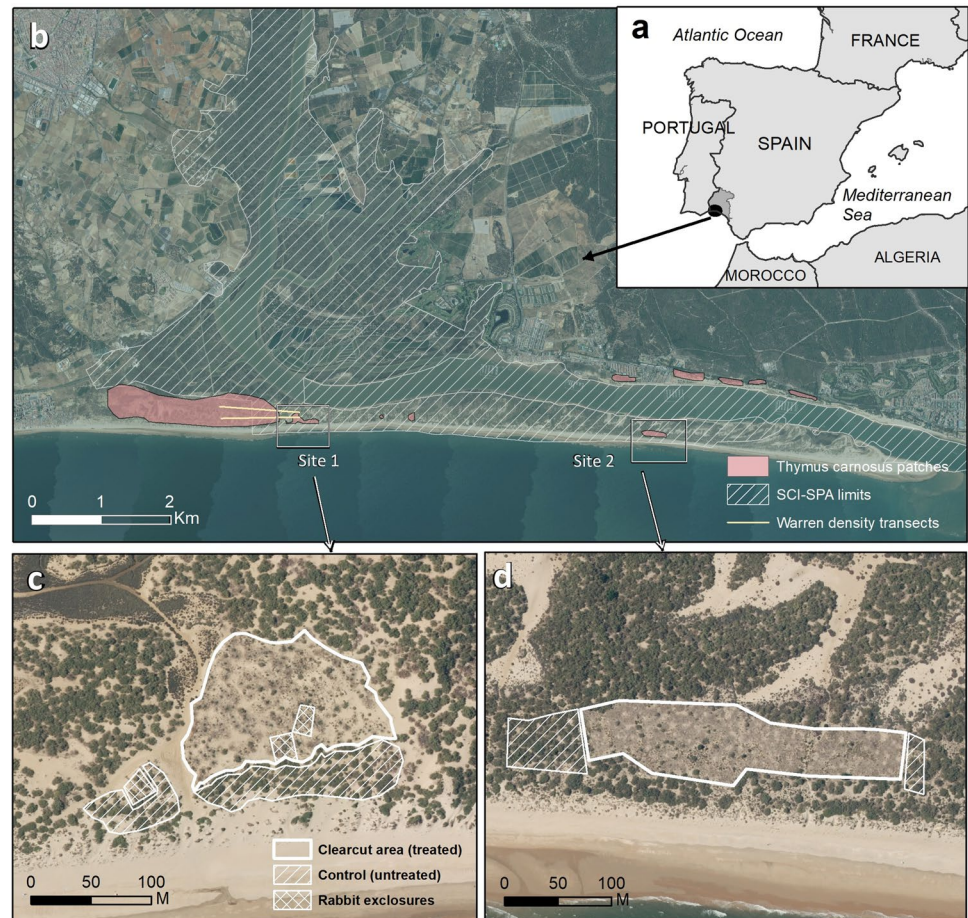
Thymus has a distribution range restricted to the southwest of the Iberian Peninsula, with two main nuclei, one located between Lisbon and Sines (Portugal), and the other from Faro (Portugal) to Huelva (Spain). Thus, the area of study houses the easternmost population of this species globally (Muñoz-Vallés et al. 2009). Gray dunes and even the downwind of the yellow dunes are being colonized by a *Retama* shrubland (Muñoz-Vallés et al. 2014). *Retama* extends to the transition zone with the upper saltmarsh (which is marked by the presence of *Salsola* spp.). The study area was partially planted with *Retama* in the 1920s (Gallego-Fernández et al. 2006). Since then, *Retama* has spreaded extensively, and currently occupies 96% of the dunes. This expansion has considerably modified the composition of dune plants since just some nitrophilous annuals grow in the *Retama* understorey (Muñoz-Vallés et al. 2011, 2015).

Clearing of *Retama* and rabbit exclusion

The purpose of this study was to evaluate the response of native plant community after a drastic reduction of *Retama* cover and to assess the role of rabbits in gray dune restoration. Two 1.5 ha sites with different *Retama* cover

were selected: site 1 had a mean ($\pm$ SD) *Retama* cover of $56 \pm 27\%$, whereas site 2 had a cover of $72 \pm 24\%$ (data obtained in $n = 30$ transects of 25 m for each site) (Fig. 1). Also, sites 1 and 2 differed in the composition of the plant community as shown in Tables S1, S2 and S3. The treatment, carried out in April 2015, consisted of cutting the stems directly at the ground of most of the *Retama* individuals to decrease its cover to ca. 10%. The roots were not removed because the heavy machinery could have damaged numerous individuals of *Thymus*, which were often intermingled with *Retama*. Preferentially, young and medium-sized individuals (diameter < 3.5 m) that showed lower shading and litter accumulation compared to senescent individuals were left unfelled. Felling was carried out with portable gasoline chainsaws. The felled biomass was burned in situ over areas previously covered by the canopy of *Retama* but leaf litter was not removed. After clearing *Retama*, rabbit exclosures were placed in site 1 (Fig. 1c). Exclosures had a mesh size of 2.5 cm, a height of 1 m, and a distance between piles of 3 m. The fence was buried 0.3 m below ground to prevent rabbits from entering the exclosures by digging. The size and shape of rabbit exclosures (500-4000 m²) were adapted to the spatial distribution of *Thymus*. Each exclosure included at least

30 *Thymus* individuals. To have an estimate of rabbit density in the study area, the number of warrens and used entrances for each warren were counted in 20-m belt transects (total length = 2.36 km) (Fig. 1b), according to Palomares (2001). Rabbit density was then estimated following Fernández-de-Simon et al. (2011) using the equation $y = 0.025x$, where y is the number of rabbits ha^{-1} and x is the number of warren entrances km^{-1}.

Experimental design

The effect of *Retama* clearing on dune vegetation was evaluated two years after treatment. In site 1, we also assessed the effect of rabbits on the plant community. A total of 750 1×1 m plots were established at sites 1 and 2 in April 2017. Plots were established both within the *Retama* understorey (i.e., shaded habitat beneath the *Retama* canopy, hereinafter 'under') and in areas located ≥2 m away from the understorey (i.e., sun-exposed dunes, hereinafter 'sun'). The

following treatments were set and compared ($n = 50$–100 plots per treatment; Fig. 2):

- In site 1 (*Retama* cover = 56%): treatment 1 (control, 1 T1): with rabbits and *Retama*; treatment 2 (T2): with rabbits and clearcut *Retama*; treatment 3 (T3): without rabbits and *Retama*; treatment 4 (T4): without rabbits and cleacut *Retama*. In each treatment, vegetation features were analyzed both in sun-exposed dunes (hereinafter identified with the subscript 'sun'), and within the *Retama* understorey (hereinafter identified with the subscript 'under'). As a result, in site 1 we analyzed the following treatments: T1$_{sun}$, T2$_{sun}$, T3$_{sun}$, T4$_{sun}$, C1$_{under}$, T2$_{under}$, T3$_{under}$ and T4$_{under}$ (Fig. 2).

- In site 2 (*Retama* cover = 72%): treatment 5 (control, T5): with rabbits and *Retama* (understorey); treatment 6 (T6): with rabbits and clearcut *Retama* (sun-exposed dunes and *Retama* understorey). As a result, in site 2 we analyzed treatments T5$_{under}$, T6$_{sun}$ and T6$_{under}$. The absence of sun-

Fig. 2 Schematic view of the different plot types studied
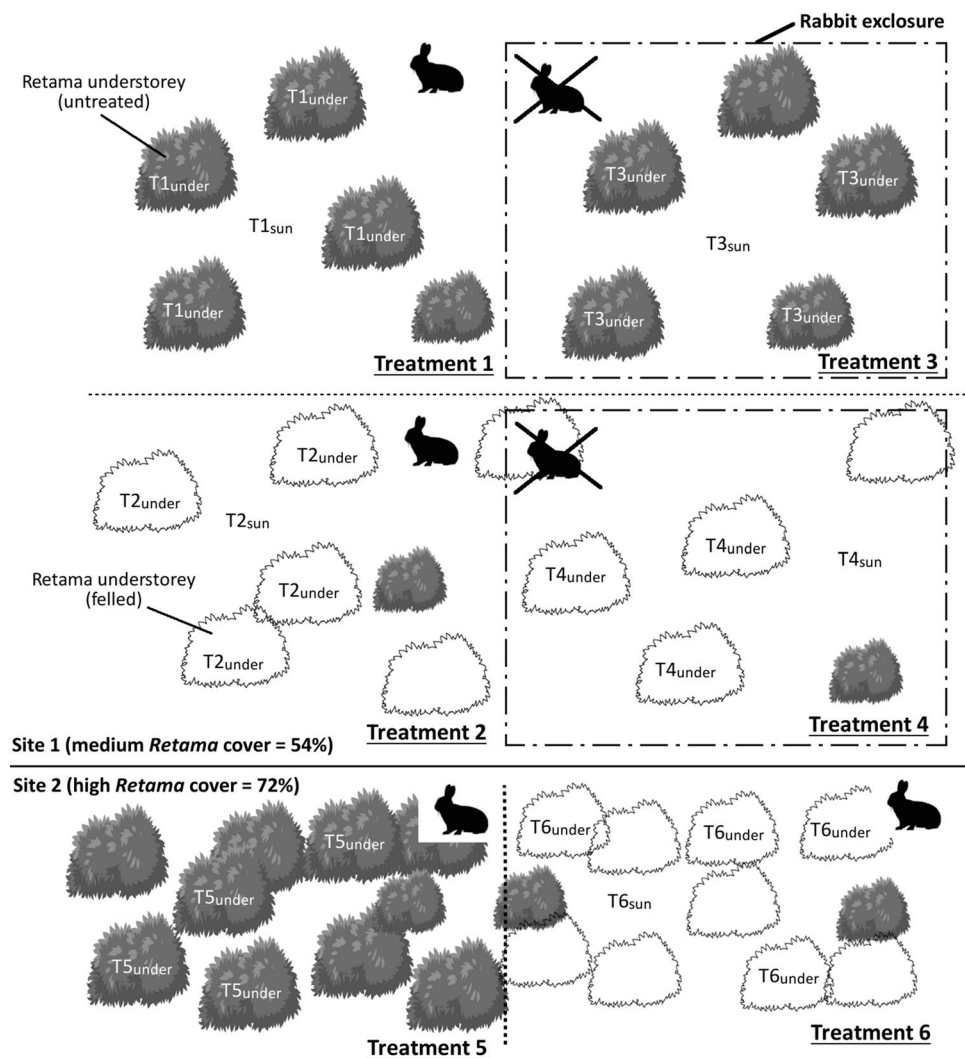
exposed dunes with (untreated) *Retama* in this site made unfeasible to analyze a control T5$_{sun}$.

All treatments shared similar slope and substrate characteristics. The frequency of each plant species was calculated from presence data obtained in $n = 50$ to 100 1×1 m quadrats (depending on the size of each treatment, we measured the presence of each species in a minimum of 50 quadrats and a maximum of 100 quadrats). Samplings were done in spring (April, 2017) to record spring ephemerals and woody, perennial plants. Plant determinations followed Flora Iberica (Castroviejo 1986-2012) except for families Gramineae and Compositae (not included in Flora Iberica) for which a different guide was used (Valdés et al. 1987). Nomenclature was checked using the Plantlist database (http://www.theplantlist.org/). From community composition data obtained we calculated the species richness (*S*), the Shannon-Weaver's diversity index (*H´*), the dominance index (*D*) and the Buzas and Gibson's evenness index ($e^{H'/S}$, where *H´* is the Shannon's diversity index) corresponding to each treatment. The former indices value all species equally and do not evidence shifts in composition. Thus, multivariate tests SIMPER and one-way ANOSIM were applied to get complementary information of plant community composition. The SIMPER test calculates the percentage of dissimilarity between pairs of treatments, as well as the contribution of each species to overall dissimilarity. ANOSIM is a non-parametric test that assesses the overall significance of the difference between predefined groups (treatments) by reporting significance (*p*) and *R* values. The *R* statistic compares average similarities within groups and between groups. *R* values theoretically varies between −1 and 1. *R* values close to 1 indicate high dissimilarity between groups while close to 0 values indicate no differences in community composition between treatments (Clarke and Warwick 2001).

Response of *Thymus* to *Retama* clearing and rabbits

All *Thymus* individuals included in sites 1 and 2 were numbered before treatments with an aluminum plate attached to the main stalk. Since *Thymus* is a long-living perennial plant, significant changes in its abundance were not expected within the duration of the experiment. Thus, the vigor of *Thymus* individuals was measured and compared before (May, 2015) and two years after treatments (May 2017) in different treatments. In this case, no distinction was made between sub-environments (sun-exposed or understorey) since *Thymus* normally appeared in sun-exposed dunes but also in close proximity to *Retama*. Five vigor categories were established based on the percentage of green stems in plant: totally dry (0); proportion of green stems = 1-20% (1), 21-40% (2), 41-60% (3), 61-80% (4), and > 81% (5). For comparison, the variation of vigor (ΔV) was obtained

by subtracting the vigor category measured in 2017 (V$_{2017}$) from the vigor category in 2015 (V$_{2015}$) (Eq. 1). Thus, $\Delta V < 0$ indicates that *Thymus* underwent a vigor decrease, while $\Delta V > 0$ indicates an improvement in the plant vigor. $\Delta V = 0$ means that the plant did not show any vigor change between 2017 and 2015.

$$\Delta V = V_{2017} - V_{2015} \qquad (1)$$

Statistical analysis

Normality and equality of variances were analyzed by Shapiro-Wilk and Levene tests. The non-parametric Kruskal-Wallis test was applied to compare the medians of *S*, *H´*, the dominance index, the Buzas and Gibson's evenness index, and ΔV of *Thymus* between years (before and after treatments). Sites 1 and 2 were analyzed separately. When significant differences existed, pairwise analysis was done with the Mann-Whitney U test. Differences were considered significant when $p \leq 0.05$. Multivariate analyses SIMPER and ANOSIM were used to compare plant community response to clearcutting and rabbit grazing based on the identity of all plant species present in the treatments. Both multivariate analyses were based on the Bray-Curtis similarity measure. Bonferroni corrected p values and *R* statistic values were obtained by Anosim test. The software Past3 was used (Hammer 2001).

Results

The clearcut of *Retama* scrub increased the percentage of bare sand areas notably (from a *Retama* cover of 54% in site 1 and 72% in site 2 to ca. 10% after treatments) (Figs. 1c-d). *Retama* showed massive resprouting (89% of felled *Retama* individuals). Consequently, additional clearings were implemented 12, 30 and 48 months after initial felling. These clearings were considered part of the treatment to maintain the reduction of *Retama* cover initially established. Based on active warrens counts, rabbit density in the study area was 0.9 rabbits ha^{-1}.

In site 1, *Retama* clearing and rabbit exclusion significantly increased S and *H´*, both in sun-exposed dunes and within the *Retama* understorey. Accordingly, dominance showed a significant decrease and a significant increase of evenness. In contrast, when rabbits were present, *Retama* clearing significantly reduced *S* and *H´* in the *Retama* understorey (Figs. 3a, b). The absence of rabbits alone (in treatments with *Retama*) significantly increased *H´* in sun-exposed dunes (Fig. 3b). Curiously, *Retama* clearing resulted in a significant decrease of both *S* and *H´* within the understorey (Figs. 3a-b). Table 1 shows an overview of the effect
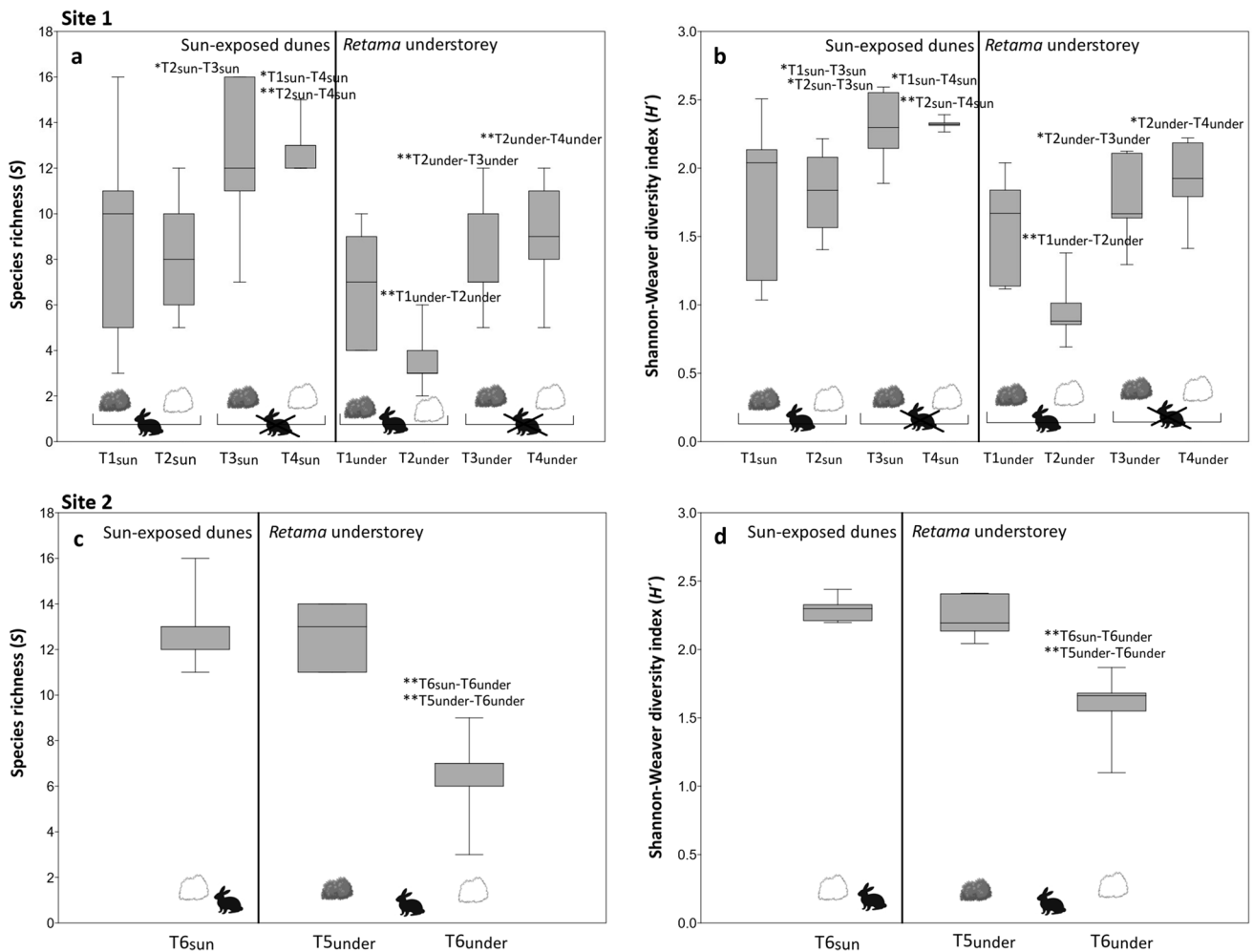
Fig. 3 Effect of *Retama* clearcutting and rabbit exclusion on species richness (S) and Shannon-Weaver diversity index (*H´*). The different treatments compared were: In site 1: T1: untreated *Retama* with rabbits; T2: clearcut *Retama* with rabbits; T3: untreated *Retama* without rabbits; and T4: clearcut *Retama* without rabbits. Plant community of sun-exposed dunes ('sun') and *Retama* understorey ('under') in the different treatments were analysed separately. In site 2: T5: untreated *Retama* with rabbits, understorey; T6: clearcut *Retama* with rabbits (sun-exposed dunes and *Retama* understorey). Significant differences between plot pairs are indicated: *$p \leq 0.05$; **$p \leq 0.01$. Each box plot represents the median (Q_2), Q_1 and Q_3 of $n = 50$ to 100 quadrats ($N = 750$)

of the different treatments in species richness, the diversity index and *Thymus* vigor.

Retama clearing (with rabbits) resulted in significant differences in plant composition, either in sun-exposed dunes (T1$_{sun}$ vs. T2$_{sun}$; Anosim test) or within the *Retama* understorey (T1$_{under}$ vs. T2$_{under}$; ANOSIM test), however, *R* values <0.5 suggested that these differences were rather poor (Table 1). Similarly, in cleared *Retama* treatments, rabbit exclusion caused significant differences in plant composition in both sub-environments (T2$_{sun}$ vs. T4$_{sun}$ and T2$_{under}$ vs. T4$_{under}$, respectively; ANOSIM test). In this case, *R* values close to 1 suggested that rabbits were a strong factor explaining such differences (Table 1). However, rabbit exclusion alone (without *Retama* clearing) did not caused significant differences in plant composition either in sun-exposed dunes

(T1$_{sun}$ vs T3$_{sun}$) or within *Retama* understorey (T1$_{under}$ vs T3$_{under}$) (Table 1). Similarly, in absence of rabbits, *Retama* clearing did not show significant changes in plant composition, whatever the subenvironment considered (see T3$_{sun}$ vs T4$_{sun}$ and T3$_{under}$ vs T4$_{under}$ in Table 1). Rabbits showed a clear food selection for annual non-spiny plant species. In treatments with rabbits (T1$_{sun}$, T1$_{under}$, T2$_{sun}$ and T2$_{under}$), plant community was dominated by spiny species such as *Carduus meonanthus* and *Echium gaditanum* (Tables S1, S2). In fact, *E. gaditanum* showed a sharp increase after *Retama* clearing (T2$_{sun}$, T2$_{under}$, T4$_{sun}$ and T4$_{under}$) whereas rabbit exclosures (T3$_{sun}$, T3$_{under}$, T4$_{sun}$ and T4$_{under}$) were colonized by a diverse plant community including *L. creticus*, *Erodium cicutarium*, *Malcolmia littorea* and *Medicago littoralis* (Tables S1, S2; Fig. 4).

Table 1 Average dissimilarity (%) between plot pairs identified by the dissimilarity percentage procedure analysis (SIMPER)

Issue addressed on plant composition	Plot types compared	Dissimilarity %	Bonferroni-corrected p value	R
site 1 (Retama cover = 54%), sun-exposed dunes				
Effect of *Retama* clearing, with rabbits	$T1_{sun}$ vs $T2_{sun}$	63.1	0.028*	0.46
Effect of rabbit exclusion (untreated *Retama*)	$T1_{sun}$ vs $T3_{sun}$	66.1	0.518	0.30
Effect of rabbit exclusion after *Retama* clearing	$T2_{sun}$ vs $T4_{sun}$	54.7	0.0168*	0.95
Effect of *Retama* clearing, without rabbits	$T3_{sun}$ vs $T4_{sun}$	45.4	0.2408	0.62
site 1 (Retama cover = 54%), Retama understorey				
Effect of *Retama* clearing, with rabbits	$T1_{under}$ vs $T2_{under}$	46.4	0.0028*	0.39
Effect of rabbit exclusion in untreated *Retama*	$T1_{under}$ vs $T3_{under}$	62.7	1	0.25
Effect of rabbit exclusion after *Retama* clearing	$T2_{under}$ vs $T4_{under}$	50.8	0.014*	0.91
Effect of *Retama* clearing, without rabbits	$T3_{under}$ vs $T4_{under}$	63.2	0.2436	0.74
site 2 (Retama cover = 72%)				
Effect of *Retama* encroachment, with rabbits	$T5_{under}$ vs $T6_{sun}$	76.4	0.0432*	1
Effect of *Retama* clearing, with rabbits, within the *Retama* understorey	$T5_{under}$ vs $T6_{under}$	34.7	0.2586	0.32
Effect of *Retama* clearing in different subenvironments, with rabbits	$T6_{sun}$ vs $T6_{under}$	88.7	0.0474*	0.99

Bonferroni-corrected p-values and R statistic obtained by the Anosim test are included. Significant differences are indicated with the symbol "*"

Fig. 4 Effect of rabbit exclusion on dune plant composition in *Retama*-cleared plots, one year after treatment

In site 2, sun-exposed dunes ($T6_{sun}$) were dominated by *Helichrysum italicum* subsp. *picardii*, whereas the *Retama* understorey was dominated by annuals such as *Carduus meonanthus*, *Sonchus oleraceus* and *Centranthus calcitrapa* (Table S3). As in site 1, *Retama* clearing resulted in a significant decrease of both S and $H´$ within the *Retama* understorey ($T5_{under}$ vs $T6_{under}$ in Fig. 3c-d, Table 1), however, plant composition was very similar (dissimilarity percentage = 35%, SIMPER test) and no significant differences were apparent (Table 1), besides a slight increase in the abundance of the therophyte *S. oleraceus*. $P6_{under}$ showed significantly lower S and $H´$ than $P6_{sun}$ (Fig. 3c-d). Untreated *Retama* understorey ($P5_{under}$) and $P6_{sun}$ showed similar S and $H´$ values, however, their plant community composition showed high dissimilarity percentages (89%),

as well as significant differences and R values close to 1 (Anosim test).

Finally, we observed a significant increase in *Thymus* vigor after two years only in clearcut areas previously colonized by a high density of *Retama* (T5 vs T6, Fig. 5). In contrast, *Thymus* showed a significant vigor loss inside rabbit exclosures with untreated *Retama* with respect to control *Retama* plots with rabbits (T1 vs T3; Fig. 3).

Discussion

The present study provides the first management experiences aimed at restoring coastal dunes affected by *Retama* encroachment. Our results suggest that shrub encroachment caused by *Retama* has a long-lasting negative impact on dune vegetation. In addition, we show that the drastic reduction of the coverage of *Retama* and the exclusion of rabbits significantly influence the change in composition and abundance of species of the plant community and favor the growth of the threatened species *Thymus*, promoting the restoration of dune vegetation.

Retama clearing alone did not allow the recovery of plant composition typical of gray dunes two-years after treatments, but resulted in a biodiversity loss within the *Retama* understorey when rabbits were present. Several studies reported an increase of species richness and diversity, including the recovery of species specific to open dune habitats (Kutiel et al. 2000; Marchante et al. 2011a) following removal of shrubs (either native or invasive) without further rabbit exclusion, whereas other studies reported a very little effect (Bird et al. 2020). In addition, we found repeated

Fig. 5 Vigor variation ($\Delta V = V_{2017} - V_{2015}$) of *Thymus carnosus* two years after treatment in the different treatments studied. $\Delta V > 0$ indicates an improvement in *Thymus* vigor after clearing, while $\Delta V < 0$ indicates a loss of vigor in the same period. $\Delta V = 0$ indicates no change
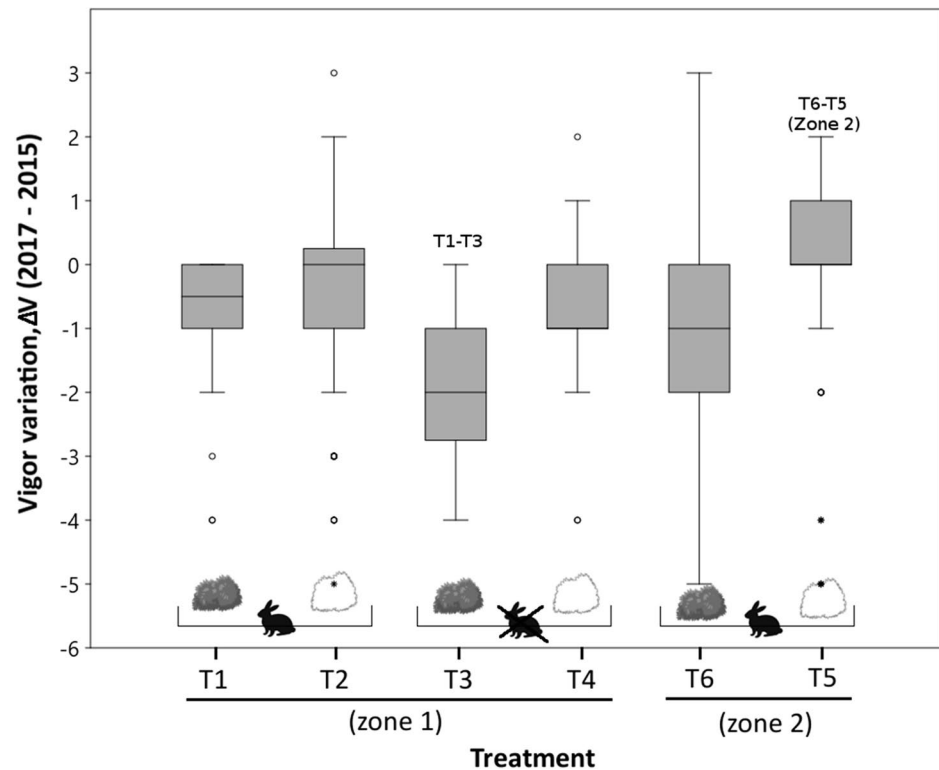
resprouting of *Retama* after felling. Resprouting after fire or seawater flooding have been reported in *Retama* species (Muñoz-Vallés et al. 2013), but resprouting rates found in the present study for *R. monosperma* were higher than values reported after felling in *Retama raetam* from western Australia (Bettink and Brown 2011). The recovery of plant community typical of gray dunes was particularly poor within the understorey of clearcut *Retama*, suggesting that higher organic matter and nutrient concentrations may persist for more than two years (Marchante et al. 2011a; Muñoz-Vallés et al. 2011). Accordingly, the removal of leaf litter along with plants might promote a faster recovery of dune vegetation (Marchante et al. 2011b; Pickart et al. 1998).

Our study showed that *Retama* clearing alone was not enough to restore dune vegetation, but strongly depended on the presence of rabbits. Also, both *S* and *H´* significantly increased in plots with rabbits exclusion (with or without *Retama* clearing) suggesting that rabbits may compromise restoration of plant community typical of gray dunes. Our results agree with Moulton et al. (2019) who found an increase in vegetation cover in southern Australia dunes (where rabbits are an invasive alien species) coinciding with a decrease of rabbit density. In general, grazing favor habitat heterogeneity (by opening patches or scrapes) (Burggraaf-van Nierop and van der Meijden 1984; Isermann et al. 2010), and slows succession (Millett and Edmondson 2013). Consequently, the increase of rabbit density has been proposed to reduce grass and shrub encroachment (Houston 2008;

Kooijman and de Haan 1995; Kooijman et al. 2017). However, this apparently general trend of 'less rabbits-more vegetation' may not follow a linear correlation regarding species richness, diversity and composition. The highest plant richness was reached at intermediate levels of grazing pressure, in agreement with the general statement of maximum diversity with intermediate disturbance levels (Isermann et al. 2010). In the present study, rabbits outside the exclosures fed anything that doesn't have spines or skewers and promoted the development of grasslands dominated by the spiny species *Carduus meonanthus* and *Echium gaditanum*, thus favoring the development of a species-poor community of therophytes. In sand dunes from Belgium, rabbits exclusion resulted in a dense and high vegetation with dominance of a few grass species, negatively affecting annuals such as *Arenaria serpyllifolia* and *Phleum arenarium* (Somers et al. 2005). This observation agrees with previous reports of rabbit preferences for certain species, e.g., avoiding hairy species such as *Holcus lanatus* or mosses (Zeevalking and Fresco 1977) or with higher water and protein content (Alves et al. 2006; Somers et al. 2008). Particularly, *L. creticus* seems to be very attractive for rabbits because it appeared even in unfavorable habitats such as the *Retama* understorey only when rabbits were excluded. In dune systems from the UK, rabbits reduced woody perennial cover, whereas rabbit exclusion increased graminoids (Millett and Edmonson 2013; Plassmann et al. 2009) but this outcome was not found in the present study likely due to the shorter experiment

duration and the sampling season (spring), before the development of most annual graminoids (e.g., *Vulpia* spp., *Bromus* spp., and *Lagurus ovatus*, that occur in late spring and early summer).

The role of rabbits in vegetation structure and composition in coastal dunes may also depend on habitat type. On a large scale, most studies recognizing the potential role of rabbits on reducing shrub encroachment have been developed in dune grasslands from northern Europe, which are affected by higher nitrogen deposition rates (Erisman et al. 1998; Galloway et al. 2008) and rainfall than in southwestern Europe. Both conditions enhance plant growth, suggesting that the role of rabbits in coastal dune vegetation may be highly variable depending on the study region (including factors such as climate, nitrogen deposition, grazing intensity, or habitat type). Under rainfall limitations typical of the Mediterranean climate and lower nitrogen deposition rates, our results suggest that rabbits, even in lower densities than other studies (e.g., up to 45 rabbits/ha in Plassman et al. 2009), exert a strong top-down control, affecting the structure, composition and productivity of sand dune plant communities. At mesoscale (i.e., different dune communities), high rabbit densities have a differential effect between closed vegetation formations and open dunes (Isermann et al. 2010). In our study, rabbit grazing caused a significant decrease of both S and $H´$ either in sun-exposed dunes or the *Retama* understorey, with dominance of therophytes such as *Carduus meonanthus* and *Echium gaditanum*.

Our results suggest that there is no obvious rule of thumb for managing shrub encroachment in sand dunes. The origin of the encroachment (natural or human-mediated), the presence of threatened species, the climate type and the general conservation goal may recommend context-specific management solutions, not always aimed at dune 'rejuvenation' or 're-mobilization' (Delgado-Fernandez et al. 2019). In the present study, the combination of *Retama* clearing and rabbit exclusion allowed the recovery of dune vegetation in the short term (two years), especially in sun-exposed areas. Our results also suggest that *Thymus* conservation may be improved by clearing dune areas affected by a high density of *Retama*. In contrast, rabbits exclusion may be counter-productive for *Thymus*, as the combined effect of *Retama* and dune vegetation could act synergistically to outcompete *Thymus*. Thus, long-term management of gray dunes affected by shrub encroachment and high rabbit density (habitat approach) would be the most effective solution for restoration of gray dunes as a priority habitat and their endangered flora. Rabbit exclusion may be needed to recover dune vegetation, particularly in areas heavily affected by shrub encroachment with a high rabbit density and not affected by nitrogen deposition. This recommendation is also supported by the role of rabbits in *Retama* dispersal by endozoochory (Dellafiore et al. 2006) and their impact on the abundance of flowering individuals (Mühl 1999). Thus, too many rabbits would reduce species diversity but few rabbits would allow shrubs to resprout and succession to develop faster. Therefore, long-term management (e.g., including repeated clearings) would be needed for shrubs with resprouting ablity.

The sandy soil and high broom cover found in the study area are preferred sites for warren construction (Dellafiore et al. 2008) but data on rabbit population dynamics are unknown. Then, we can assume that population may have followed a similar trend to neighboring areas. Wild, native rabbits were historically abundant and widespread on the Iberian Peninsula, however, the introduction of myxomatosis into the wild in the 1950s and further outbreak of rabbit hemorrhagic disease in 1989 caused a significant drop in their population (Virgós et al. 2007 and references therein). Moreover, the outbreak of a new rabbit hemorrhagic disease strain in 2012-2013 provoked an additional population decline (Carro et al. 2019). Despite the absence of hunting practices and some top predators such as the Iberian lynx in the study area, the density values reported in the study area (0.9 rabbit ha^{-1}) remain within values reported in the Doñana National Park (50 km from the study area). These values are, however, far from densities reported before the first outbreak of the hemorrhagic disease (ca. 8.6 rabbit ha^{-1}; Moreno et al. 2007). Given current population decline and the importance of rabbits as prey for many endangered predators, no massive elimination or exclusion of rabbits from this site is justified. However, rabbit exclusion from selected areas may be promoted to support fixed dunes recovery at least during early recovery stages of dune vegetation. On the contrary, *Thymus* conservation would not require rabbit exclusion but should prevent *Retama* from reaching a high cover. These results can serve as a basis for the management and restoration of coastal habitats affected by shrub encroachment.

Declarations

Not applicable.

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