



Communication and Social Emotional Learning

A new victory each day: The runner boy Rui

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The diversity of pupils in schools has become a reality. After the 2006 UN Convention for the Rights of People with a Disability (CRPD), which declared inclusive education as the first choice, the states are obliged to organize legislation and the necessary support so that children can execute their rights.







The general objective of this ASUMIE project is to improve the whole school teams by enriching the skills of support professionals in order to enhance the self-efficacy in (cognitivesocioemotional) inclusive learning in those children experiencing barriers to learning, improving inclusive education.







How to do that?

Guidebook – Infographics

Casebook







Guidebook-Infographics









Why Communication and SEL (Socioemotional learning) are essential for GOOD PRACTICES IN INCLUSIVE EDUCATION?

https://www.youtube.com/watch?v=vtrHIaORk Ao







Why Communication and SEL (Socioemotional learning) are essential for GOOD PRACTICES IN INCLUSIVE EDUCATION?

Differentiation means tailoring instruction to meet individual needs.

Differentiation focus on *how a child will demonstrate learning*.

When teachers provide differentiated opportunities, they are taking into account the student.







Guidebook-Infographics

COMMUNICATION



Process where there is an active transmission and/or sharing of information regarding oneself, the other and the world, sharing meanings and understanding. It allows us to express what we feel, think and know.





ACTIVE LISTENING IS:

- an essential part of communication,
- can be seen as a technique,
- allows a person to fully concentrate on
- what others are saying,
- helps to understand others' messages.

INCLUDES:

- providing attention,
- showing the speaker we are listening,
- providing feedback,
- deferring judgment,
- responding properly.

ASSERTIVENESS

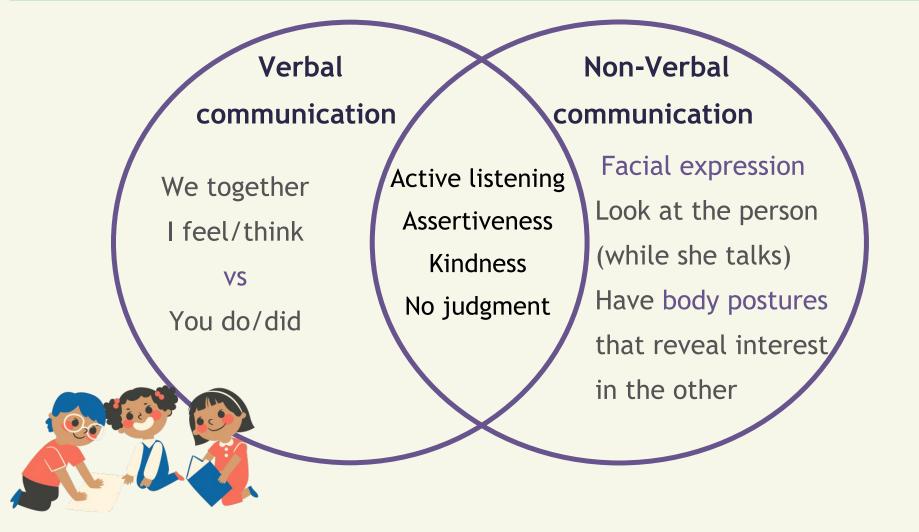
ASSERTIVE BEHAVIOR IS:

- a modality of expressing feelings, thoughts, opinions, and socially appropriate personal beliefs,
- in a respectful, clear, and honest way, without anxiety excessive.
- a social skill associated with better self-confidence, and self-esteem,
- forming and maintaining stronger relationships, and better mental health.
 WHEN PEOPLE BEHAVE ASSERTIVELY:
 - they assert themselves
 - without diminishing or hurting others.

EMPATHIC COMMUNICATION

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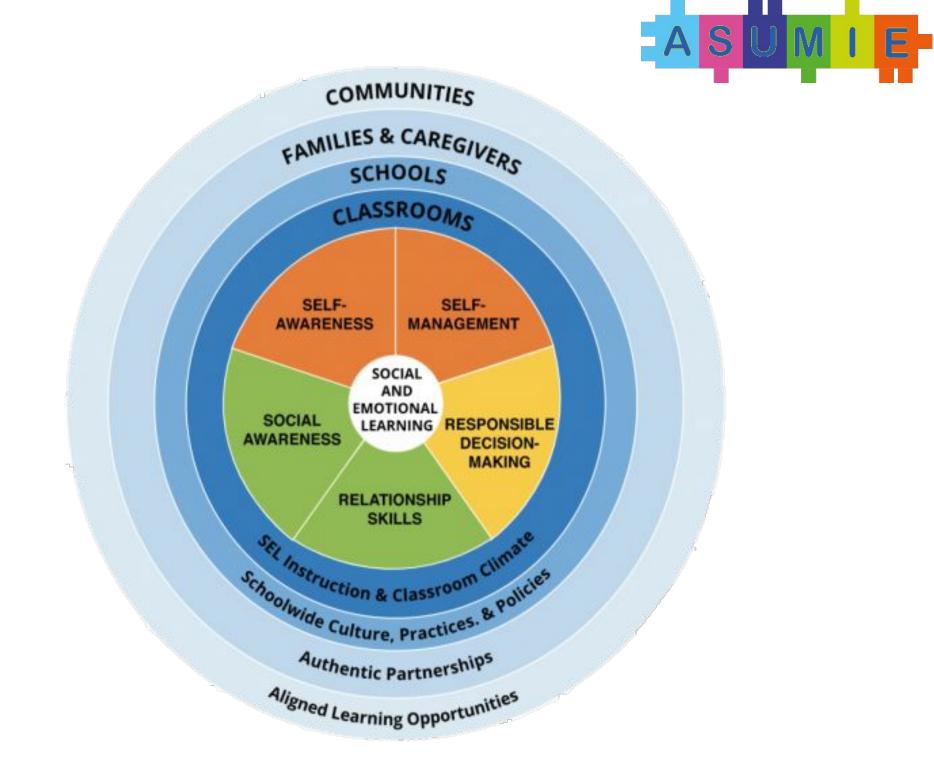
It involves both properly expressing one's own messages and understanding the messages of others.



Guidebook-Infographics SOCIAL EMOTIONAL LEARNING

For an empathic relationship you need to:

- Be aware of emotional cues
- Decode each other's non-verbal behavior
- Promoting common expression and understanding
- Taking an interest in the other as if it were ourselves
- Tune in with each other



Self-awareness

The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts. Self-management The abilities to manage one's emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations.

The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

Social awareness





Relationship skills The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. Responsible decision-making The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.

ASUMIE



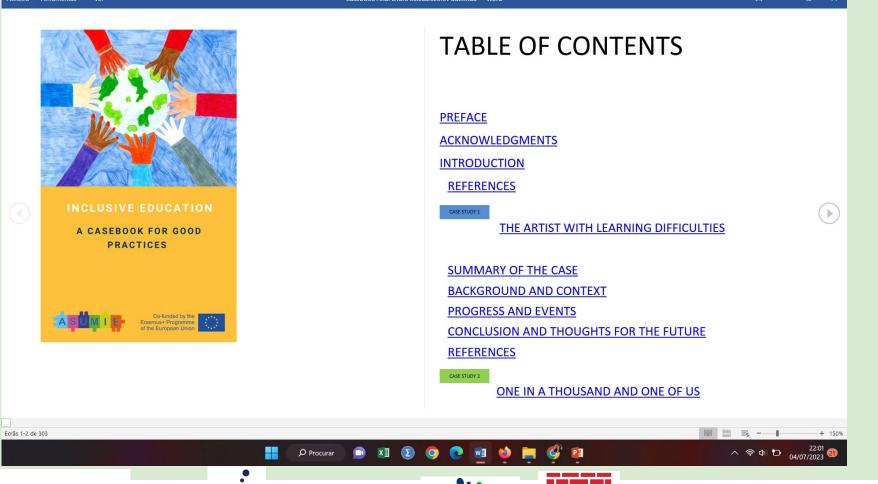
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Casebook

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CASE STUDY 5

A new victory each day: The runner boy Rui

- \rightarrow Rui is a 12-year-old Portuguese boy living with his mother and father.
- → Rui's communication development, despite his autism diagnosis, is a significant aspect of his progress.
- → Through different therapies and methods of support Rui developed his language skills.
- → He articulated his first words at 23 months and formed simple sentences by three.
- → This progress allowed him to engage in activities with peers and participate in scholar and extra-scholar activities.
- → Collaboration between parents, therapists, and educators played a vital role in fostering Rui's communication abilities.
- → Early intervention and ongoing support were key in overcoming communication challenges for individuals with autism.

Let's talk about

