

## ***"Yes, And" Communication: Improv Exercises for the Classroom***

Belmont University New Faculty Orientation

August 3, 2023

1:00 PM-2:00 PM

BMRC 200A

### **The three "rules" of improvisation:**

- Say "Yes, and...";
- Make your partner look good;
- Say the first thing that comes into your head.

### **Resources**

Alan Alda's book:

*If I Understood You, Would I Have This Look on My Face? My Adventures in the Art and Science of Relating and Communicating*, Random House, 2017.

The source of today's exercises:

Dan Diggles, *Improv for Actors*, Allworth Press, 2004.

A classic, foundational work on improv, which explains the principles of improvisation, including status, in depth. Unfortunately, it is out of print, but can be found used.

*Impro: Improvisation and the Theatre*, Keith Johnstone, Methuen, 1981.

### **Facilitators**

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