

The Development Prospect of Chinese Rehabilitation Specialist Nurses under the Background of Aging

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Abstract: Objective: To explore the correlation between the supply-demand contradiction and development of rehabilitation nursing talents in China through the analysis of China's aging population. It provides ideas for the increasingly professional and regularization of rehabilitation nursing in China, and provides evidence-based suggestions for the employment of rehabilitation specialist nurses. **Design:** Review Article. **Methods:** Literature review. **Finding:** Due to the traditional concept of Chinese society and the low recognition of rehabilitation specialist nurses, the training institutions for rehabilitation specialist nurses are not perfect, and the education level of rehabilitation specialist nurses is uneven, making it difficult to meet the needs of Chinese rehabilitation nurses. **Conclusion:** Call on more nursing talents to participate in the construction of rehabilitation nursing in China. Explore the prospects for the development of rehabilitation specialist nurses around the world, take China as an example, and provide evidence-based advice for the employment of rehabilitation specialist nurses.

Keywords : Rehabilitation Nurses; Aging; Chinese Nurse; Specialist Nurses

1. Definition of Rehabilitation Specialist Nurse

A specialist nurse refers to a clinical registered nurse with a high theoretical level and practical ability in a certain clinical nursing field, skilled in applying the theory and skills of specialist nursing, able to independently solve difficult problems of a specialist, specializing in the professional nursing, and rich in clinical experience. Nurses^[1], whose basic responsibilities include clinical nursing, clinical management, teaching, nursing consultant and clinical research^[2]. Rehabilitation nursing is an important branch of nursing. It is based on the requirements of the general rehabilitation medical plan, around the goal of comprehensive rehabilitation, and cooperates with other rehabilitation professionals to carry out functional recovery and functional reconstruction for people with various functional disabilities due to injuries, illnesses and disabilities. training guidance and comprehensive care^[3]. At present, it is mainly divided into orthopaedic rehabilitation specialist nurses, stroke rehabilitation specialist nurses, geriatric rehabilitation specialist nurses, convalescent rehabilitation specialist nurses, and disabled and chronic disease rehabilitation specialist nurses^[4]

2. The relationship between aging society and rehabilitation specialist

nurses

Under the background of China's aging and the epidemic, the shortage of rehabilitation specialist nurses is becoming more and more serious. Rehabilitation care is based on the premise and foundation of increased training of health and social care professionals. With the development of society, the acceleration of the aging process and the change of people's medical and health needs and concepts, the requirements for disease treatment are no longer limited to prolonging life, but more emphasis on functional recovery, social participation ability recovery and improvement of quality of life, etc., so that the demand for rehabilitation nursing is increasing, therefore, the training of specialist nurses to speed up rehabilitation is very necessary in the context of China's aging society. The "National Nursing Career Development Plan (2016-2020)" also clearly

proposes "expanding the field of nursing services", which means that the Chinese nursing industry will form a situation in which rehabilitation nursing, clinical nursing and home nursing are integrated and developed in parallel^[5].

3. The development status of Chinese rehabilitation nursing talents

In recent years, the training of rehabilitation specialist nurses and the development of rehabilitation nursing in China have received extensive attention from all walks of life. Taking elderly rehabilitation nursing as an example, there are currently fewer than 300,000 nursing personnel in Chinese nursing institutions, of which only 40,000 hold practicing certificates. According to the internationally recognized proportion of three elderly people needing one professional nursing talent, the demand for elderly rehabilitation nursing talents in my country is about 10 million, and the supply and demand are seriously imbalanced^[7]. Rehabilitation and physiotherapy institutions all over the country are in urgent need of rehabilitation nursing professionals, and the contradiction between supply and demand is very serious. On the one hand, there is an oversupply of rehabilitation nursing service personnel, and there is a huge gap; on the other hand, nurses trained in colleges and universities are only willing to work in tertiary hospitals, and are not willing to work in their peers. This situation is largely due to the fact that the current nursing talent guarantee system for rehabilitation nursing services in my country is not perfect, and it is unable to attract professional nursing talents to join the rehabilitation career^{[8][9]}.

4. Provide educational opportunities and proportionate remuneration for rehabilitation nurses

2021 General Office of the State Council. The National Development and Reform Commission's "Work on Promoting the Shortcomings of the Life Service Industry to Improve the Quality of People's Life" proposes to strengthen the training of undergraduate-level talents and support nursing, rehabilitation, housekeeping, childcare and other related majors. Strive to increase the number of undergraduates in nursing, rehabilitation, home economics, childcare and other life service industries by 100,000 compared with 2020 by 2025^[6]. In order to meet the social and market demand, take the international health and social care professionals' professional core literacy standards as the core, vigorously promote the construction of relevant rehabilitation nursing professions in China, reform the talent training mode, cultivate talent training programs, reform the curriculum teaching methods, establish a diversified evaluation system, and train professional health and social care Professional talents to fill the gaps in the industry are of great significance to improve the quality of care and promote the development of the rehabilitation nursing industry^[10]. The issue of remuneration and benefits directly affects nurses' career choice, and on the other hand, it also largely affects nurses' work attitude and polarity. With such social perceptions, the salary level of rehabilitation nursing has remained low for a long time and lacks social security.

5. Rehabilitation nurses are in touch with internationalization to reform the talent training model

In recent years, different levels of nursing skills competitions have been carried out from the whole country to the provinces and cities, which have had a positive impact on improving the comprehensive ability and practical operation of nursing students. Therefore, the effectiveness of the programme design and implementation of the World Skills Competition, the National Clinical Skills Competition for College Students in Higher Medical Schools, the National Vocational College Rehabilitation Professional Skills Competition, and the Local College Nursing Competition were summarised. The competition promotes learning, teaching, reform and construction, promotes nursing education and teaching reform, continuously improves students' comprehensive ability, and builds a socialist geriatric nursing competition mechanism with Chinese characteristics. national conditions, help improve the training of rehabilitation nursing talents, and cultivate excellent talents for the rehabilitation nursing profession. The development of the rehabilitation nursing profession is of great

importance to the development of professional health and social care personnel in China, and is crucial to improving the quality of care and promoting the development of the healthcare sector.

Discussion

Globally, the New Coronary Pneumonia epidemic that began in 2020 has had a profound and long-term impact on human social development, with the health protection of vulnerable groups increasingly affected by the epidemic as it becomes more widespread in scale and scope, longer in duration, and more influential and destructive. The rehabilitation nursing profession adapts to the needs of the society and the market, and the training of practitioners is a test, opportunity and challenge. It is an extended service and an important supplementary role of medical care. To achieve the strategic goal of a healthy China, we must start with all-round and full-cycle medical and health services for the people, improve the comprehensive quality of rehabilitation and nursing personnel, and attach importance to and improve the personnel training and service quality of various types of medical and health services at all levels. attract a large number of nursing talents with appropriate policies, provide considerable salary levels and opportunities, allow more nursing staff to practice in the rehabilitation nursing business, and fill the vacancies of professional rehabilitation nursing staff. as well as community nurses and other healthcare occupations.

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