

RESEARCH ARTICLE

REVISED Anatomical variations of the frontal sinus: A computed tomography-based study [version 2; peer review: 2 approved]

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V2 First published: 18 Jan 2023, **12**:71

https://doi.org/10.12688/f1000research.129498.1

Latest published: 31 Aug 2023, 12:71

https://doi.org/10.12688/f1000research.129498.2

Abstract

Background: The pneumatization of the frontal sinus is variable between individuals, including monozygotic twins. The volumetric anatomic variants of the frontal sinus are classified into aplasia, hypoplasia, medium-sized, and hyperplasia. We aimed to study the frontal sinus morphology in Omani patients using computed tomography (CT) evaluations.

Methods: Retrospectively, 1220 frontal sinus CT scans from 610 patients investigated at Sultan Qaboos University Hospital, Oman, from January 2019 to December 2020 were reviewed. The frontal sinus morphology was classified according to the classification proposed by Guerram et al. The Chi-square test was used to determine the influence of sex.

Results: With regard to the unilateral occurrence, the most prevalent frontal sinus category observed was medium-sized (13.3%), followed by hyperplasia (7.9%), hypoplasia (5.4%), and aplasia (2%) categories. Similarly, in bilateral occurrence, the most common frontal sinus category observed was medium-sized (53%), followed by hyperplasia (13.1%), hypoplasia (3.4%) and aplasia (2%) categories. Right and left frontal sinus aplasia were observed in 2.1% and 1.8% of cases, respectively. In terms of sex influence, the left unilateral (p<0.01) and the bilateral hypoplasia (p<0.05) were significantly higher in females. On the other hand, the left unilateral (p<0.01) and the bilateral hyperplasia (p<0.05) were higher in males.

Conclusions: The baseline data of frontal sinus category frequencies reported in the present study is helpful in the diagnostic evaluation of sinusitis in the clinical setting. The preoperative recognition of frontal sinus types, particularly frontal sinus aplasia in multiplanar CT scans,



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Any reports and responses or comments on the article can be found at the end of the article.

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is crucial to avoid unexpected complications while performing endoscopic sinus surgery.

Keywords

Frontal sinus, sinusitis, hyperplasia, aplasia, surgery

Competing interests: No competing interests were disclosed.

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Author roles: Al Hatmi AS: Data Curation, Methodology, Project Administration, Writing – Review & Editing; Al Ajmi E:
Conceptualization, Methodology, Project Administration, Visualization, Writing – Original Draft Preparation, Writing – Review & Editing;
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Grant information: The author(s) declared that no grants were involved in supporting this work.

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How to cite this article: Al Hatmi AS, Al Ajmi E, Albalushi H *et al.* **Anatomical variations of the frontal sinus: A computed tomography-based study [version 2; peer review: 2 approved]** F1000Research 2023, **12**:71 https://doi.org/10.12688/f1000research.129498.2

First published: 18 Jan 2023, 12:71 https://doi.org/10.12688/f1000research.129498.1

REVISED Amendments from Version 1

The following information was added to the new version of the manuscript:

The title of the study was modified. The importance of this study was highlighted in the discussion section. Table 3, summarizing the prevalence of frontal sinus variations from different studies, was added to the discussion. The role of the frontal sinus in forensic investigation was added to the discussion and conclusion.

Any further responses from the reviewers can be found at the end of the article

Introduction

Frontal sinuses are a pair of funnel-shaped pneumatic cavities situated in the squamous part of the temporal bone. Two frontal sinuses are separated by a bony septum, which is rarely located in the midline. Frontal sinuses emerge as an outgrowth in the region of the frontal recess of the nose in the fourth month of intrauterine life. At birth, they are rudimentary or absent. They begin to develop and become evident only after the second year of life. They grow at the age of seven or eight and mature after puberty. After 20 years of age, the size of the sinuses remains unchanged until the atrophic changes begin to appear due to advancing age. Frontal sinuses drain into the anterior part of the middle meatus of the nose through an ethmoid infundibulum or a frontonasal duct. The volume of the frontal sinus is highly variable between the two individuals. In adults, the mean size of the sinus is around ten cc and it may reach a maximum of 37 cc.

Frontal sinuses are rarely symmetrical as both sinuses develop individually.⁵ The pneumatization of the frontal sinus is known to be highly variable. The frontal sinus morphology varies from aplasia to hyperplasia within the same individual and even between monozygotic twins.⁶ The anatomical variations of the frontal sinus morphology have been reported in various populations worldwide.^{1,7–12} These studies have confirmed that climate and geography influence the frontal sinus morphology differences between the populations. In addition, few studies have demonstrated sexual dimorphism in frontal sinus anatomic variations.^{6,13–15} Frontal sinus anatomic variations are clinically important as they are closely associated with frontal sinusitis physiopathology, clinical presentation, development of complications and treatment.^{16–20} Furthermore, these variations and the unique morphology of the frontal sinus are helpful in the identification of subjects for forensics.^{14,21} Previously, few studies have proposed classifications for frontal sinus morphology based on two-dimensional and three-dimensional evaluations. Despite tremendous clinical significance, few recent papers have dealt with frontal sinus morphology, particularly in Middle Eastern populations. Hence, the objective of the present study was to assess the frontal sinus morphology in Omani patients using computed tomography (CT) according to the classification by Guerram *et al.*¹⁰

Methods

Patient population

The present study is a retrospective review of the electronic medical records database (TrakCare Unified Health Information System) at the Department of Radiology and Molecular Imaging, Sultan Qaboos University Hospital, Oman. All Omani patients aged ≥18 years referred for CT scan of the paranasal sinuses from January 2019 to December 2020 were included in the study. Patients with anterior skull base trauma, fibro-osseous lesions or significant motion artifacts that impaired the visualization of the frontal sinuses were excluded from the study. The present study obtained institutional ethical approval from the Medical Research Ethics Committee, Sultan Qaboos University.

CT acquisition protocol

All the scans were performed using a 64 multidetector CT scanner (Siemens Sensation 64) with the following parameters: 120 kVp, tube current modulation with reference mAs of 130 and 0.75-mm slice thickness. The Picture Archiving and Communication System (PACS) (Synapse PACS, FUJIFILM Worldwide, version 5.7.102) was used for screening the scans.

Data collection and definitions

We evaluated right and left frontal sinuses from 610 patients' CT scans, based on the standard method described by Guerram *et al.*, to determine the prevalence of frontal sinus size categories. ¹⁰ Using this method, frontal sinus size was categorized into four types, including aplasia, hypoplasia, medium-sized, and hyperplasia. To evaluate the frontal sinus categories, supraorbital and mid-orbital lines were generated on CT sections. The supraorbital line was a horizontal tangent connecting the superior margins of both orbits, while the mid-orbital line was a vertical line drawn at the midpoint of the distance between the medial and lateral borders of the orbit parallel to the mid-sagittal plane. Based on these lines, frontal sinus size categories were classified as follows: Aplasia: no pneumatization; Hypoplasia: minimal pneumatization under the supraorbital line; Medium-sized: pneumatization over the supraorbital line but medial to the mid-orbital line; Hyperplasia: lateral to the mid-orbital line (Figure 1). All the scans were reviewed by a single observer who is a board-certified radiologist. After screening, the data from each patient was recorded in the Microsoft Excel spreadsheet.

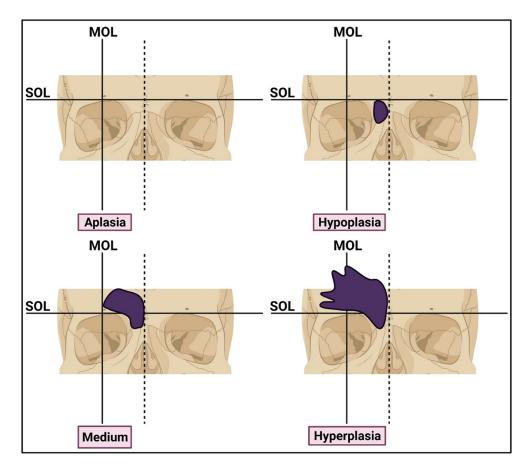


Figure 1. Schematic representation of morphological classification of frontal sinus size categories. SOL: supraorbital line. MOL: midorbital line. Image was prepared using biorender.com.

Statistical analysis

The statistical analysis was performed using SPSS software package (v.23) for Windows v24.0 (IBM Corp., Armonk, N.Y., USA). Descriptive statistics (e.g., frequency and percentage) were used to present the data. The sex difference was determined using the Chi-square test. A p-value <0.05 was considered statistically significant.

Results

In the present study, the morphometry of 1220 frontal sinuses from 610 patients was recorded concerning the frequency of each type of frontal sinus. Among the study group, 314 were males (51.5%), and 296 (48.5%) were females, with a mean age of 43.1 ± 15.5 (SD) years. The unilateral and bilateral occurrence of each type of frontal sinus frequency was summarized in Tables 1 and 2. With regard to the unilateral occurrence, the most common frontal sinus category observed

Table 1. The frequency of unilateral-frontal sinus size categories.

Frontal sinus category	Right side			Left side			Unilateral
	Male; n=314 (%)	Female; n=296 (%)	Total n=610 (%)	Male; n=314 (%)	Female; n=296 (%)	Total n=610 (%)	total n=1220 (%)
Aplasia	6 (1.9)	7 (2.4)	13 (2.1)	3 (1)	8 (2.7)	11 (1.8)	24 (2)
Hypoplasia	14 (4.5)	25 (8.4)	39 (6.4)	9 (2.9)*	18 (6.1) [*]	27 (4.4)	66 (5.4)
Medium- sized	50 (15.9)	37 (12.5)	87 (14.3)	39 (12.4)	36 (12.2)	75 (12.3)	162 (13.3)
Hyperplasia	22 (7)	13 (4.4)	35 (5.7)	41 (13.1)**	20 (6.8)**	61 (10)	96 (7.9)

Sex association is significant on the left side for hypoplasia and hyperplasia.

^{**}p<0.01.

^{*}p'<0.05; Chi-square test. Values presented as number (%).

Table 2. The frequency of bilateral-frontal sinus size categories.

Frontal sinus category	Male n=314 (%)	Female n=296 (%)	Total n=610 (%)
Aplasia	5 (1.6)	7 (2.4)	12 (2)
Hypoplasia	5 (1.6)*	16 (5.4) [*]	21 (3.4)
Medium-sized	162 (51.6)	161 (54.4)	323 (53)
Hyperplasia	50 (15.9)**	30 (10.1)**	80 (13.1)

Sex association is significant for hypoplasia and hyperplasia.

**p<0.01.

was medium-sized (13.3%), followed by hyperplasia (7.9%), hypoplasia (5.4%), and aplasia (2%). Similarly, in bilateral occurrence, the most common frontal sinus category observed was medium-sized (53%), followed by hyperplasia (13.1%), hypoplasia (3.4%) and aplasia (2%) categories, respectively. Right and left frontal sinus aplasia were observed in 2.1% and 1.8% of cases, respectively. The sex-wise distribution of frontal sinus categories was presented in Tables 1 and 2. There was a significant sex difference in the frequencies of left frontal sinus hypoplasia and hyperplasia categories (Table 1). Regarding the bilateral occurrence, a statistically significant sex difference was observed in the frequencies of hypoplasia and hyperplasia categories. The left unilateral (p<0.01) and the bilateral hypoplasia (p<0.05) were significantly higher in females than in males (Tables 1 and 2). On the other hand, the left unilateral (p<0.01) and the bilateral hyperplasia (p<0.05) were higher in males than in females (Tables 1 and 2). The representative images of CT scans showing frontal sinus categories are provided in Figure 2.

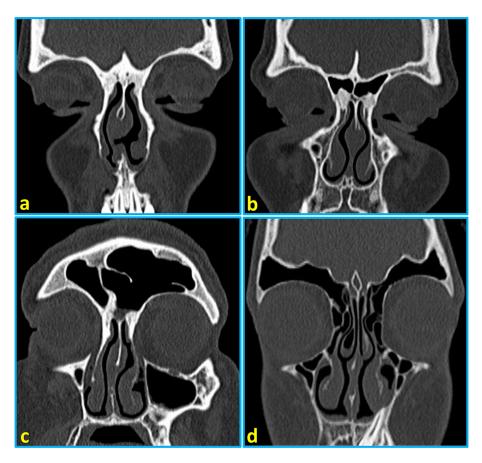


Figure 2. Reformatted coronal computed tomography images of the paranasal sinuses showing types of frontal sinus pneumatization: (a) bilateral aplasia of the frontal sinuses, (b) bilateral hypoplasia, (c) medium-sized pneumatization of the right frontal sinus and hyperplasia of the left frontal sinus, and (d) bilateral hyperplasia of the frontal sinuses.

^{*}p<0.05; Chi-square test. Values presented as number (%).

Table 3. The prevalence of frontal sinus categories in different studies.

Author, Year	Country	Sample size	Aplasia/ small size (%)	Hypoplasia (%)	Medium size (%)	Hyperplasia (%)
Present study	Oman	610 patients, CT	3.9	8.8	66.2	21
Ozdemir et al., 2021 ²²	Turkey	404 patients, CT	22.9	-	65.8	11.3
Stokovic et al., 2018 ¹²	Croatia	91 dry skulls, CT	21.4	-	46.7	31.9
Yuksel Aslier et al., 2016 ¹¹	Turkey	74 dry skulls, CT	4.1	14.2	37.2	44.5
Guerram <i>et al.</i> , 2014 ¹⁰	France	80 dry skulls, X-ray	2.5	9.4	76.2	11.9

Discussion

Previously, to address the volumetric anatomic variants of the frontal sinus, three different studies have classified the frontal sinus morphology into four patterns, including aplasia or small size, hypoplasia, medium-sized, and hyperplasia. ^{10–12} These studies have used different parameters for classification with a small sample size. Moreover, these studies used dry skulls for the evaluation of variants (Table 3). To the best of our knowledge, for the first time, the present study evaluated the frontal sinus volumetric anatomic variants in a large sample of patients in the Middle Eastern population and analyzed the gender and laterality differences in these variants. The present study followed Guerram et al.'s classification to determine the morphology of the frontal sinuses. 10 Similar to previous studies, in the present study, the mediumsized category of frontal sinus was the most common type of frontal sinus morphology. 10,12,22 The values of mediumsized frontal sinus frequency observed in the present study are comparable with the frequency of 65.84% reported in a recent study by Ozdemir et al.²² In contrast, in a study by Yüksel Aslier et al., hyperplasia (44.5%) was the most common type, followed by medium-sized (37.2%), hypoplasia (14.2%) and aplasia (4.1%) categories. ¹¹ Similarly, in a study by Buller et al., following Guerram et al.'s morphologic classification, hyperplasia was found to be the most frequent sinus category (66%), followed by medium-sized (30.2%) and hypoplasia (3.8%) categories.²³ However, no cases of aplasia were observed in this study.²³ The study's small sample size and inclusion criteria could possibly be the reason for these contrasting results. After aplasia, hypoplasia of the frontal sinuses is a rare morphology of the frontal sinuses. In studies by Yuksel Aslier et al. and Guerram et al., hypoplasia was observed in 14.2% and 9.5%, respectively. 10,11 The frequency of hypoplasic frontal sinuses observed in the present study (8.7%) is comparable with Guerram et al. study findings. ¹⁰ Regarding sex influence on frontal sinus categories, our study findings are comparable with the previous study by Guerram et al. 10 In their study, hypoplasia was higher in females (13.7%) than males (5%). On the other hand, hyperplasia was higher in males (16.3%) than in females (7.5%).

Among different frontal sinus morphology variations, the frontal aplasia type is well documented in different populations worldwide. In the existing literature, the reported frequency of bilateral frontal sinus aplasia greatly varies among populations worldwide. In a recent study on Saudi individuals, bilateral frontal sinus aplasia was found to be 3.3%. In Jordanian and Iranian individuals, prevalences of 4.2% and 8.3% were reported, respectively. A study from Turkey reported a low prevalence of 0.73%. Similarly, two studies on Indian subjects reported low frequencies of 2.05% and 2.5%, respectively. Surprisingly, unusually high frequencies were reported in Northern Irish (10%) and Chinese individuals (16.6%). Surprisingly, unusually high frequencies of 43% and 40%, respectively, in Canadian Inuit males and females, and 25% and 36%, respectively, in Native Alaskans males and females, were observed. In our study, the frequencies were thought to be due to the influence of extremely cold climatic conditions. In our study, the frequency of bilateral frontal sinus aplasia was noted in 2% of cases. This frequency is close to that reported in the Indian population. Similar or comparable frequencies of frontal sinus aplasia in relative populations could be attributed to the ontogenic development of the frontal sinus. In most studies, bilateral frontal sinus aplasia is found to be more frequent in females than in males. In contrast, in Jordanian subjects, the frequency is higher in males than females. Similar to most of the studies, bilateral frontal aplasia is found to be more common in females than in males though it was not statistically significant.

The reported frequency of unilateral frontal sinus aplasia among different populations has varied between 0.8% and 12.7%. Higher frequencies of 12.7%, 10%, 6.5%, and 6.6% unilateral aplasia were reported in Chinese, ²⁹ Indian, ¹⁵ Saudi, ²⁴ and Jordanian subjects, ²⁵ respectively. In contrast, low frequencies of 1.2%, 2%, and 2.5% were reported in Turkish, ⁷ Northern Irish, ²⁸ and upper Rhine subjects, ¹⁰ respectively. In Iranian subjects, unilateral aplasia was identified in 5.6% of cases. ²⁶ In Omani subjects, the recorded unilateral aplasia frequency was low and similar to Turkish subjects. Concerning the sex differences, in Indian, ³³ Saudi, ²⁴ and Turkish subjects, ¹ unilateral aplasia was more common in females. On the other hand, in Jordanian, ²⁵ Japanese ¹³ and Iranian subjects, ²⁶ unilateral aplasia was more frequent in

males. In the present study, unilateral aplasia was more frequent in females than in males though it was not statistically significant. With regard to laterality differences, most of the studies from Saudi Arabia, ²⁴ Japan, ¹³ Turkey, ⁷ Iran, ²⁶ and India³³ have reported aplasia more frequently on the right side. In contrast, no laterality difference was observed in the present study.

The anatomy of the frontal sinus is the most complex compared to other paranasal sinuses. Due to its close relationship with the anterior cranial fossa and orbits, frontal sinusitis is considered a main source of orbital and cranial complications. 34,35 Evidence from recent studies indicates that frontal sinus anatomical variations, particularly size and shape, are positively associated with the development of sinusitis. 16-20 Another recent study reported a significant association between the frontal sinus type and frontal sinusitis frequency.²² In the same study, the prevalence of sinusitis in mediumsized and large sinuses was significantly higher than in small sinuses. 22 Hence, the baseline data of frontal sinus types reported in the present study is helpful in the diagnostic evaluation of sinusitis in the clinical setting. The preoperative recognition of frontal sinus types, particularly frontal sinus aplasia in multiplanar CT scans, is crucial to avoid unexpected complications while performing endoscopic sinus surgery. For example, in endoscopic sinus surgery, opening a nonexistent frontal sinus is a disastrous step. 25 Furthermore, frontal sinus aplasia is known to increase the risk of having traumatic brain injuries.³⁶ Hence, the frontal sinus morphology reported in the present study alert surgeons to rely on the preoperative radiological evaluation of the frontal sinus. The frontal sinus is well recognized for individual identification in forensic investigations.³⁷ The unique morphological characteristics of the frontal sinus, particularly the low prevalence of frontal sinus aplasia, are helpful in individual identification by comparing antemortem and postmortem radiographs.³⁸ Furthermore, the stability of the frontal sinus throughout life and its unique pattern, even between monozygotic twins, increased its importance in the forensic field.^{39,4}

Conclusions

In our study, the most prevalent frontal sinus category was medium-sized, followed by hyperplasia, hypoplasia, and aplasia categories. The sex factor influenced the frequencies of hypoplasia and hyperplasia categories. The frequencies of unilateral and bilateral aplasia were low, and these values were comparable with values reported in Indian and Turkish populations. The baseline data of volumetric anatomic variations of frontal sinuses is crucial to minimize the complications associated with surgical procedures as well as for the forensic investigations.

Data availability

To protect the patients' privacy the present study data access was restricted. The anonymous raw data of the study showing the different types of frontal sinus morphology can be shared with readers and reviewers. To apply for access to the data, readers or reviewers can contact Dr. Srinivasa Rao Sirasanagandla (srinivasa@squ.edu.om). While applying for access, reader or reviewer should give a signed letter mentioning that they will not share the data with a third party and it will used only for academic purpose. The anonymous data will be provided in a password-protected file.

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Version 2

Reviewer Report 05 October 2023

https://doi.org/10.5256/f1000research.155087.r202735

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The suggested amendments have been made. The article can be accepted

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Neuroradiology, Head and neck Radiology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 22 September 2023

https://doi.org/10.5256/f1000research.155087.r202736

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Please kindly add ethics number in the methodology part.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Anatomist, geometric morphometric analysis, shape analysis expert, forensic

anthropology, forensic odontology and radiology research.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 16 August 2023

https://doi.org/10.5256/f1000research.142185.r172540

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🤾 Ka Suprasanna

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The article is an interesting study regarding variations in frontal sinus pneumatisations. These are the various observations made during the review

- 1. Many authors have previously studied the pneumatisation of paranasal sinuses. What this study adds to the existing knowledge needs to be highlighted.
- 2. The authors have extensively discussed the variations in pneumatisations in various studies and in various ethnic groups. It would be more clear, if this data could be presented in a tabulated form.
- 3. Crista galli pneumatisation extending from the frontal sinus has been previously studied. How many of the cases in this study had crista galli pneumatisation

Is the work clearly and accurately presented and does it cite the current literature? Yes

Is the study design appropriate and is the work technically sound?

Are sufficient details of methods and analysis provided to allow replication by others? Yes

If applicable, is the statistical analysis and its interpretation appropriate?

Are all the source data underlying the results available to ensure full reproducibility?

No

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Neuroradiology, Head and neck Radiology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 24 Aug 2023

Dr Srinivasa Rao Sirasanagandla

Many authors have previously studied the pneumatisation of paranasal sinuses. What this study adds to the existing knowledge needs to be highlighted.

Response: The importance of the study was highlighted in the discussion section.

The authors have extensively discussed the variations in pneumatisations in various studies and in various ethnic groups. It would be more clear, if this data could be presented in a tabulated form.

Response: Table 3 summarizing the prevalence of frontal sinus variations was added in the discussion.

Crista galli pneumatisation extending from the frontal sinus has been previously studied. How many of the cases in this study had crista galli pneumatization.

Response: Our study aim was to record the volumetric anatomic variants of the frontal sinus according to the Guerram *et al.*'s classification. Hence, crista galli pneumatization was not evaluated in this study.

Competing Interests: There are no competing interests to disclose.

Reviewer Report 01 March 2023

https://doi.org/10.5256/f1000research.142185.r160660

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? Aspalilah Alias

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Malaysia

This manuscript is accepted and ready for publication after the minor changes I stated below. Overall, this finding can help in clinical cases such as sinusitis and trauma and the forensic case for identification. I hope that more statistical analysis should be done in the future, for example, the traditional morphometric methods, such as measurement of length and the volume of the frontal sinus, and more advanced analysis of the shape, such as geometric morphometric methods and artificial intelligence research for the future. The parameter for the identification, for example, age determination, can also increase the manuscript's value. Please add the ethics approval number in the methodology part as you use the patient data for the research.

The comments for the manuscripts as below

- 1. Title Suggested topic Anatomical variations of the frontal sinus: A computed tomography-based study.
- 2. Abstract Please change the paranasal sinus to the frontal sinus.
- 3. Introduction -The introduction is enough for introducing the paper. Initially, the authors explain the anatomy of the frontal sinus, link with the previous study, and relate with the clinical and forensic function of forensic sinuses.
- 4. Result: Table 1 and Table 2 Gender association is significant on the left side for hypoplasia and hyperplasia.*p<0.01.*p<0.05
 - Please change gender to sex, while *p<0.01 to **p<0.01 and maintain *p<0.05
- 5. Discussion "Two studies on Indian subjects reported low frequencies of 2.05 and 2.5%, respectively."
 - Please add percentage 2.05%
- 6. Discussion Please add the forensic contribution for identification from the frontal sinus.
- 7. Conclusion Please add also the forensic contribution for identification from frontal sinus.

Is the work clearly and accurately presented and does it cite the current literature? Yes

Is the study design appropriate and is the work technically sound? Yes

Are sufficient details of methods and analysis provided to allow replication by others? γ_{es}

If applicable, is the statistical analysis and its interpretation appropriate? Partly

Are all the source data underlying the results available to ensure full reproducibility?

Yes

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Anatomist, geometric morphometric analysis, shape analysis expert, forensic anthropology, forensic odontology and radiology research.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 24 Aug 2023

Dr Srinivasa Rao Sirasanagandla

1. Title - Suggested topic Anatomical variations of the frontal sinus: A computed tomography-based study.

Response: The title of the study was changed as suggested by the reviewer.

- 2. Abstract Please change the paranasal sinus to the frontal sinus. **Response: The correction was made in the abstract.**
- 3. Introduction -The introduction is enough for introducing the paper. Initially, the authors explain the anatomy of the frontal sinus, link with the previous study, and relate with the clinical and forensic function of forensic sinuses.

Response: Thank you for your valuable comments

- 4. Result: Table 1 and Table 2 Gender association is significant on the left side for hypoplasia and hyperplasia.*p<0.01.*p<0.05 Please change gender to sex, while *p<0.01 to **p<0.01 and maintain *p<0.05 Response: The suggested changes were made in the results section and highlighted with track changes.
- 5. Discussion "Two studies on Indian subjects reported low frequencies of 2.05 and 2.5%, respectively."

Please add percentage 2.05%

Response: The correction was made.

6. Discussion - Please add the forensic contribution for identification from the frontal sinus.

Response: The importance of frontal sinus for the forensic investigation was added in the discussion and highlighted with the track changes.

7. Conclusion - Please add also the forensic contribution for identification from frontal sinus. **Response: The importance of frontal sinus for the forensic investigation**

was added in the conclusion and highlighted with the track changes.

Competing Interests: No competing interests were disclosed.

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