

1 **The carbon sink of secondary and degraded humid tropical forests**

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26 **Summary Paragraph**

27 The globally important carbon sink of intact, old-growth tropical humid forests is declining because
28 of climate change, deforestation and degradation from fire and logging¹⁻³. Recovering tropical
29 secondary and degraded forests now cover about 10% of the tropical forest area⁴, but how much
30 carbon they accumulate remains uncertain. Here we quantify the aboveground carbon sink of
31 recovering forests across three major continuous tropical humid regions: the Amazon, Borneo and
32 Central Africa^{5,6}. Based on satellite data products^{4,7}, our analysis encompasses the heterogenous
33 spatial and temporal patterns of growth in degraded and secondary forests, influenced by key
34 environmental and anthropogenic drivers. In the first twenty years of recovery, regrowth rates in
35 Borneo were up to 45% and 58% higher than in Central Africa and the Amazon, respectively. This is
36 due to variables such as temperature, water deficit and disturbance regimes. We find that regrowing
37 degraded and secondary forests accumulated 107 Tg C yr⁻¹ (90 to 130) between 1984-2018,

38 counterbalancing 26% (21% to 34%) of carbon emissions from humid tropical forest loss during the
39 same period. Protecting old-growth forests is therefore a priority. Additionally, we estimate that,
40 conserving recovering degraded and secondary forests can have a feasible future carbon sink
41 potential of 53 Tg C yr⁻¹ (44 to 62), across the major tropical regions studied.

42

43 **Main**

44 The Forest and Land use Declaration negotiated at the 26th climate change Conference of the Parties
45 (COP26)⁸ confirmed that Tropical Moist Forests (TMF) are a vital nature-based solution to addressing
46 the climate and ecological emergencies⁹. However, across the world's three largest continuous TMF
47 regions – the Amazon, Borneo and Central Africa – disturbances due to different anthropogenic
48 drivers result in ongoing forest cover losses (Supplementary Table 1)¹⁰. Between 2001 and 2019,
49 emissions from forest loss in the Amazon (370±170 Tg C yr⁻¹), Borneo (150±70 Tg C yr⁻¹), and Central
50 Africa (110±50 Tg C yr⁻¹) collectively made up 29% of global gross forest emissions¹¹. The result is a
51 patchwork of forest types at different stages of recovery from disturbance, with limited current
52 understanding of their contribution to forest carbon dynamics.

53 Here we consider two forest types which we term “Recovering Forests”: (i) secondary forests, which
54 grow on deforested, now abandoned, land and (ii) degraded forests, which are forested lands that
55 have suffered partial loss of their tree canopy, structure and function due to selective logging, fire or
56 climate extremes⁴. Forests recovering from (human-induced) disturbances are important for results-
57 based payments frameworks such as Reducing Emissions from Deforestation and Degradation
58 (REDD+). The Global Stocktakes¹², which evaluate the collective progress to reaching the Paris
59 Agreement goals, require credible Monitoring, Reporting and Verification (MRV) of all carbon
60 sources and sinks. This should include accurately quantifying the carbon accumulation rates in all
61 recovering forests, which are expanding across the tropics⁴.

62 Such quantitative information is currently only available for secondary forests, based on field-plot
63 data scaled up to large ecozones^{6,13,14} or spatially explicit satellite-based data available only for
64 specific regions¹⁵. Small-scale studies of carbon recovery in degraded forests have been conducted in
65 some regions with sufficient in-situ data^{16,17}. However, field data alone cannot capture the complex
66 forest dynamics across these vast areas. Critically, there has been no large-scale, pan-tropical,
67 assessment of the Aboveground Carbon (AGC) sink in both secondary and degraded forests,
68 resulting in uncertainties in their role in carbon removal. The increasing availability of satellite-
69 derived products offers a viable solution, providing pan-tropical, continuous spatial and temporal
70 coverage, to monitor forest dynamics.

71 The primary aim of this study was to capture the regrowth variability of all recovering forests in the
72 Amazon, Borneo, and Central Africa, considering each region's unique spatial and temporal patterns
73 of climate, geography, and socio-ecology. We provide the first satellite-based pan-tropical estimates
74 of degraded *and* secondary forest AGC growth rates for these three regions⁴. We (i) quantify the
75 spatial patterns of growth, showing how these are influenced by environmental drivers; (ii) calculate
76 the current and future carbon accumulation potential; (iii) evaluate the timing of deforestation in
77 degraded forests; and (iv) quantify the impact of deforestation on the degraded forests carbon stock
78 potential. We combined a unique satellite dataset, tracking disturbances to the TMF cover (optical,
79 30m resolution)⁴, with a global AGC product (active radar, 100m resolution)⁷ in a space-for-time
80 substitution approach to model AGC accumulation as a function of Years Since the Last (forest)
81 Disturbance (YSLD).

82 **Growth of recovering tropical forests**

83 Our analysis of the annual AGC sinks in recovering forests reveals distinct trajectories across the
84 three continents and between forest types (Figure 1). Degraded forests are most severely disturbed
85 in Borneo: after one YSLD, AGC was only 13% of the median AGC of old-growth forests, decreasing
86 from 121 Mg C ha⁻¹ (95% confidence interval from Monte Carlo simulations [Cl_{MC}]: 119.3 to 122.8) to
87 16 Mg C ha⁻¹ (Cl_{MC}: 2.5 to 34.9) (Figure 1a; Supplementary Table 2). In Amazonian and Central African
88 forests, the AGC in newly degraded forests (1 YSLD) was 60.0 (Cl_{MC}: 41.6 to 79.1) and 57.3 Mg C ha⁻¹
89 (Cl_{MC}: 40.5 to 76.0), respectively. This is approximately 50% the AGC of old-growth forests in the
90 Amazon (121 Mg C ha⁻¹ [Cl_{MC}: 120.3 to 122.7]) and Central Africa (115 Mg C ha⁻¹ [Cl_{MC}: 114 to 116])
91 (Supplementary Table 2; Supplementary Figures 14 to 16).

92 In the first 20 years of recovery, the average annual growth rate and associated average Cl_{MC} of
93 degraded forests in Borneo was 3.60 Mg C ha⁻¹ yr⁻¹ (Cl_{MC}: 2.7 to 4.5). This is 45% and 58% higher than
94 in Central Africa (1.98 Mg C ha⁻¹ yr⁻¹ [Cl_{MC}: 1.8 to 2.2]) and the Amazon (1.49 Mg C ha⁻¹ yr⁻¹ [Cl_{MC}: 1.3
95 to 1.7]), respectively. In secondary forests, the average growth rate in the first 20 years was similar
96 in Borneo (2.52 Mg C ha⁻¹ yr⁻¹ [Cl_{MC}: 1.3 to 3.7]) and Central Africa (2.51 Mg C ha⁻¹ yr⁻¹ [Cl_{MC}: 1.3 to
97 3.7]). In the Amazon, the average regrowth rate was 20% lower, but within the Cl_{MC} of the other two
98 regions (2.07 Mg C ha⁻¹ yr⁻¹ [Cl_{MC}: 1.2 to 2.9]) (Supplementary Table 4), suggesting there may be
99 higher spatial variability in regrowth across the Amazon.

100 The observed differences in AGC loss and subsequent regrowth can be linked to the distinct
101 degradation drivers which are dominant in each region (Supplementary Table 1), as well as
102 environmental differences. Notably, the absolute reduction in AGC was highest in Borneo since Indo-
103 Malayan forests are dominated by the ecologically and economically important, high-biomass
104 *Dipterocarpaceae* trees, which grow in high abundance and thus are subject to intense selective
105 logging¹⁸. The Amazon and Central Africa are dominated by their own ecologically and economically
106 important tree genera, such as the *Entandrophragma* in Central Africa, but at lower abundance,
107 hence forests in these two regions are subject to lower intensity selective logging¹⁹.

108 Amazonian forests are often degraded by fire, especially in the Brazilian Amazon¹⁷. Within a fire-
109 degraded forest, there is a complex combination of forest recovery from the initial disturbance, and
110 long-term reductions in AGC due to post-fire mortality^{17,20}, limiting the overall growth rates.

111 In degraded forests of Central Africa, the canopy disturbance caused by the dominant, small-scale,
112 manual clearing of individual trees may go undetected by optical remote sensing products
113 estimating land cover change⁴. The active satellite sensors estimating AGC will inherently detect the
114 impact of these small disturbances leading to (i) a potential underestimation in old-growth forest
115 AGC, and (ii) a lower growth rate estimate in recovering degraded forests due to undetected
116 ongoing disturbances (Supplementary Figure 12; Supplementary Note 1; Supplementary Discussion
117 1).

118 In contrast, the few secondary forests mapped in Central Africa were regrowing at similar rates to
119 those in the Amazon (Figure 1; Supplementary Table 4) and 1.3 times faster than degraded forests
120 (Supplementary Table 15). The faster annual recovery rate of secondary forests compared to
121 degraded forests may be an artifact of not directly accounting for wood density in our study, which
122 is unique in different recovering forests. Early successional, secondary forests in the humid tropics
123 tend to be fast-growing, low wood-density species, which are gradually replaced by higher wood-
124 density species²¹. Remote sensing datasets do not capture wood density, but rather include wood
125 density intrinsically, thus emphasizing the importance of field validation as we have done here
126 (Supplementary Note 2). Secondary forests, growing in open canopy areas, may also grow faster
127 than degraded forests, where species may still compete for resources such as light and water.

128 We used the latest, wall-to-wall AGC products that represent the best available data to inform our
129 understanding at large scale. Our regional aggregation approach enabled us to reduce the random
130 errors, which were between 25% to 72% at the pixel level (Supplementary Table 3). However,
131 systematic, or regional biases in the AGC product may still exist (Supplementary Note 1 and 2,
132 Supplementary Discussion 1). For example, our median AGC estimate for old-growth forests was
133 lower than field-study estimates in the three regions (Supplementary Note 1, Supplementary
134 Discussion 1). Exploring these biases is a priority for the AGC field-work and remote sensing
135 communities, with scientific and policy implications.

136 Across the three regions, we found the AGC of old-growth forests was not statistically different than
137 estimates from a higher resolution (~25m) but spatially limited AGC footprint product (GEDI - Global
138 Ecosystem Dynamics Investigation)²² (Supplementary Note 1; Supplementary Figure 19), giving
139 confidence that our wall-to-wall estimate is representative of old-growth forest dynamics despite its
140 lower spatial resolution.

141 A network of pan-tropical ground measurements found Asian secondary forests to have the highest
142 carbon-gains followed by African and then South American forests²³. Across the three regions, our
143 growth rate estimates, and the AGC after 20 years of recovery in both degraded and secondary
144 forests, are similar to previous studies (Extended Data Figure 1). For example, we calculated that
145 Amazonian secondary forests recovered 37% (CI_{MC}: 36% to 49%) of their AGC relative to old-growth
146 forest AGC after 20 years, similar to 33% found by Poorter et al.²⁴. By comparison, we calculated a
147 relative recovery of 62% from a modelling, meta-analysis of field data (Cook-Patton et al.)¹⁴ and
148 using refined regional default values of old-growth forests²⁵ (Supplementary Note 2; Supplementary
149 Table 18). In the Amazon the Cook-Patton et al. regrowth rates may be at the upper-end of regrowth
150 potential. Despite the high propagated uncertainty in the space-for-time substitution modelling
151 (Supplementary Table 3, Supplementary Discussion 1), the overlaps between different data
152 approaches (satellites and field data) increases our confidence in the likely boundaries of carbon
153 accumulation, and the applicability of satellite products to help refine estimates.

154 In Borneo, our results for degraded forests are comparable with field-derived estimates of carbon
155 accumulation (2.8 [CI: 2.0 to 3.6] to 4.3 [CI: 3.5 to 5.2] Mg C ha⁻¹ yr⁻¹) and recovery times (40 to 60
156 years) in recovering degraded forests in Malaysian Borneo¹⁶ (Supplementary Note 2). After 40 and
157 60 years of recovery, we estimated 91% (CI_{MC}: 82% to 99%) and 97% (CI_{MC}: 90% to 102%) of AGC to
158 have recovered, respectively in Bornean degraded forests. Our estimated carbon remaining after
159 degradation (16 Mg C ha⁻¹ [CI_{MC}: 2.5 to 34.9] Mg C ha⁻¹) (13%) is low compared to field studies in
160 Borneo (80% AGC remaining after 1 YSLD)^{26,27}, however the field studies only considered degradation
161 due to logging and no other disturbances such as burning, which we include (Supplementary Note 2;
162 Supplementary Figure 21a to c). We also considered the whole Island, including the southern parts,
163 which have lower AGC density estimates²⁸ (Supplementary Note 2).

164 **Climate-driven regrowth sensitivity**

165 To understand why the growth of recovering forests varies across the regions, we built AGC growth
166 models stratified by distinct climate conditions (Figure 2 and Extended Data Figure 3) and analysed
167 the response of AGC to different driving variables (Extended Data Figure 2). Across the three regions,
168 YSLD was the most important predictor of AGC accumulation, especially in secondary forests
169 (Extended Data Figure 2), emphasising the importance of long-term conservation for effective
170 climate mitigation.

171 To investigate the influence of environmental variables, we used the AGC after 20 years of recovery
172 (AGC₂₀) as the primary comparison because growth rates are influenced by both the Y-intercept and

173 asymptotes of the non-linear model. We show that regions with the highest average annual
174 maximum temperatures (Tmax) had significantly slower growth rates compared to regions with the
175 lowest Tmax (10 to 40% slower across all three regions; Figure 2; Supplementary Table 7; Extended
176 Data Figure 2).

177 In Bornean degraded forests the AGC₂₀ was 43% higher in the lowest quartile temperature range (14
178 to 30.6°C) than in the highest quartile temperature range (31.4 to 32.2°C). This is consistent with
179 previous studies^{2,23} and our understanding of tree physiology. Higher temperatures lead to higher
180 Vapour Pressure Deficit, causing leaf stomata closure to avoid water loss²⁹, and result in lower
181 carbon accumulation.

182 In Central Africa, the AGC₂₀ varied less across the temperature ranges in both degraded and
183 secondary forests. The AGC₂₀ was only 15% lower in the warmest region than in the cooler regions
184 (Supplementary Table 7). Growth rates were statistically similar, with overlapping confidence
185 intervals, especially in secondary forests (Supplementary Table 7; Figure 2), potentially owing to the
186 low areal extent of secondary forests mapped in this region (Supplementary Table 15; Figure 1c;
187 Supplementary Discussion 1). African forests may also be more adapted to high temperatures³⁰ so
188 that other, especially anthropogenic, processes dominate³¹.

189 Across the three regions, recovering degraded and secondary forests in drier areas exhibited 30%
190 lower growth rates than in wetter areas, defined on the basis of the Maximum Cumulative Water
191 Deficit (MCWD) index (Extended Figure 3; Supplementary Table 9). In the Amazon, MCWD
192 significantly influenced AGC recovery (Extended Data Figure 2). The AGC₂₀ in Amazonian degraded
193 and secondary forests was 25% and 33% lower in the most water deficient regions (down to –
194 611mm MCWD), respectively than in the least water deficient regions (up to 0mm) (Extended Data
195 Figure 3). The results are consistent with a previous field-based study in the Neotropics, which found
196 secondary forests to have between 20% to 40% lower AGC₂₀ in water deficient regions (-300mm to -
197 600mm), than in non-water deficient regions (0mm)⁶.

198 In Borneo, despite being the wettest of three regions in terms of MCWD, the AGC₂₀ was 38% lower
199 in the southern, most water deficient parts of the island than in the wetter, northern regions
200 (Extended Data Figure 3c; Supplementary Table 9). The larger drop in growth rates in Borneo is likely
201 because forests are more exposed to extreme drought events caused by El Niño on the southern
202 parts of the island³². Bornean forests generally have a narrower water deficit tolerance than other
203 forest regions, thus the rates of carbon accumulation across the whole island may be more
204 vulnerable to extreme drought events¹.

205 In Central Africa, MCWD had the lowest overall effect in reducing growth rates and associated AGC₂₀
206 (Extended Data Figure 2 and 3) compared to the other two regions. There was only a 13% difference
207 in the growth rates between the lowest and highest MCWD regions in secondary forests. This result,
208 combined with the low response to Tmax, is in line with previous research suggesting (i) that, unlike
209 high temperatures, drought does reduce net carbon uptake in Central African forests^{2,30} (Figure 2,
210 Extended Data Figure 2 and 3) but that (ii) overall, forests in Central Africa are more resistant to
211 climate extremes than in the Amazon and Borneo³⁰, driven in part by more drought-adapted tree
212 species in Central Africa³³.

213 Based on the consistent differences in AGC accumulation under different climate conditions
214 demonstrated here, we expect a potential reduction in the carbon sink of these forests as a response
215 to future changes in hot and dry climate extremes. Historically, this pattern has been more evident
216 in the Amazon than in Central Africa even though both regions have experienced similar drying

217 patterns and temperature increases over the past decades³⁴. Despite recent increased water
218 availability in Asia, forests in this region are more impacted by human-induced disturbances than the
219 other two regions (Figure 1)³⁴. We show that generally AGC was less influenced by MCWD and Tmax
220 in secondary forests compared to degraded forests (Extended Data Figure 2). Recovering degraded
221 forests are largely composed of late succession species, which tend to be more sensitive to
222 temperature extremes and drought as the initial disturbance may exacerbate the impact of
223 subsequent extreme events and recurrent, drought-induced, fires³⁵.

224 **Environment-driven regrowth sensitivity**

225 Our analysis also captured the influence of topography and distance from nearest old-growth forest
226 on secondary and degraded forest regrowth (Extended Data Figure 2). Across the three regions, we
227 found a complicated picture emerging of AGC stock and growth rates with changes in Height Above
228 the Nearest Drainage System (HAND) (Extended Data Figure 2 and 4). Pan-tropically, we found
229 degraded forests had higher growth rates with increased HAND (Extended Data Figure 4;
230 Supplementary Table 11). This relationship was clearest in Borneo, where the AGC₂₀ was 34% lower
231 in both degraded and secondary forests growing on floodplains proximal to the river network. This is
232 consistent with some³⁶, but not all, studies³⁷ exploring the relationship between topography and
233 AGC. Across all three regions, floodplains include low-lying carbon-rich peatlands that are
234 experiencing extensive deforestation and degradation. In Borneo, lower growth rates in these areas
235 may be due to the difficulties of restoring degraded peatlands due to poor seedbanks, their
236 distinctive hydrology, and species composition³⁸. The permanence of the remaining forests, and
237 associated AGC in peatlands, is also at increased risk to further degradation from fire and drought
238 following the initial disturbance as a result of forest fragmentation³⁹.

239
240 Soil and belowground carbon can also be reduced during disturbance. A study of secondary forests
241 in the Neotropics found that soil properties, including soil carbon, recover about 90% of their
242 properties in less than a decade, much faster than AGC²⁴. But recovery varies with soil and
243 disturbance type - a study in logged degraded forests in Malaysian Borneo, found soil carbon
244 continued to be lost after AGC recovered⁴⁰. Such studies emphasize the importance of preservation
245 in areas where natural above and below ground regeneration may be slower and the carbon
246 therefore irrecoverable within the 2100 Paris Agreement timeframe⁴¹.

247 Forest fragmentation across the three regions, represented here by the “distance from the nearest
248 old-growth forest” (see methods) affected the AGC of degraded forests (Extended Data Figure 5;
249 Supplementary Table 13). After one YSLD, degraded forests located closer to old-growth forests had
250 up to 50% higher AGC than more distant degraded forests, presumably related to a lower degree of
251 disturbance in forests proximal to old-growth forests. The AGC₂₀ was also up to 50% higher in forests
252 recovering within <120m of an old-growth forest area than in forests growing more than 1km away,
253 despite technical limitations to the approach (Supplementary Discussion 1). Higher growth rates of
254 degraded forests near old-growth forest areas can be attributed to a number of ecological
255 processes, such as increased seed availability, lower fragmentation, and less influence of
256 anthropogenic and climate disturbances such as fires⁴² and altered microclimates¹. We found that
257 the proportion of degraded forests impacted by burning increases with forest fragmentation
258 (Supplementary Figure 21d to f). This was most noticeable in the Amazon region; within 120m of a
259 large old-growth forest cluster, the proportion of degraded forests impacted by burning was 8.4%,
260 this increased to 45% in forests more than 1km away.

261 **Current and future carbon sink potential**

262 Based on our models of carbon accumulation (Figure 1), the total aboveground carbon stored in all
263 recovering forests across the three regions in 2018 equated to 3,559 Tg C (CI_{MC}: 2,994 to 4,290).
264 Most (> 90%) of the 2018 carbon stock of recovering forests was in degraded forests, with two thirds
265 in the three largest countries (Figure 3): Brazil (37%), the Democratic Republic of Congo (DRC; 16%)
266 and Indonesia (14.3%) (Extended Data Figure 6 and 7; Supplementary Figure 18). The area of
267 secondary forests in our study is a conservative estimate in the Brazilian Amazon compared to
268 previous studies (Supplementary Note 1; Supplementary Table 16). Similarly, the area of degraded
269 forests in Borneo and Central Africa is lower than in other datasets (Supplementary Note 1). The
270 characteristics of the data do not impact the analysis of growth rates (per unit area) but the
271 estimated total carbon contribution from all recovering forests is likely underestimated.

272 The spatial pattern of carbon stock followed the areas which have experienced severe human-
273 disturbances, such as the “Arc of deforestation” in the Brazilian Amazon and along logging roads in
274 Central Africa and Borneo. These could be indicative areas of focus for the UN 2021-2030 decade of
275 ecosystem restoration (Figure 3). Our results show that secondary and degraded forests across the
276 Amazon collectively store 2,124 Tg C (CI_{MC}: 1808 to 2541) (annual sink of 62 Tg C yr⁻¹ [CI_{MC}: 53 to 75]).
277 Owing largely to the Amazon’s vast spatial extent (Figure 3), the carbon stored is approximately 65%
278 higher there than in Borneo (729 Tg C [CI_{MC}: 589 to 913], where we estimate an annual sink of 24 Tg
279 C yr⁻¹ [CI_{MC}: 19 to 30]).

280 Central Africa has the lowest total carbon storage in recovering forests (707 Tg C [CI_{MC}: 597 to 836]),
281 (Figure 3c), despite being the second largest of the three regions. The low carbon sink (21 Tg C yr⁻¹
282 [CI_{MC}: 18 to 25]) is likely linked to the fact that human impact on forest cover often occurs below the
283 spatial scale detectable by the remote sensing products (Supplementary Figure 12). Monitoring and
284 protecting the remaining old-growth forest in Central Africa may therefore be more important for
285 project-scale carbon policies and frameworks such as REDD+⁴³. Central Africa has the fastest growing
286 population of the three regions, anthropogenic pressures such as continued population growth are,
287 therefore, likely to have the largest impact on forest carbon loss by the end of the 21st century,
288 which will be exacerbated by climate change³¹.

289 Our results emphasise that the type of REDD+ activities should not be uniform across the tropics.
290 Such results can be used to inform international funders and empower local, community-led efforts
291 to sustainably manage and protect recovering forests in a targeted manner, addressing the local
292 drivers of unsustainable forests loss, whilst allowing people and biodiversity to thrive⁴⁴.

293 So far we have only accounted for the carbon gains in recovering forests, however, rates of
294 deforestation and degradation in the tropics remain high (Supplementary Figure 13), with a recent
295 increasing trend in some regions⁴. We estimated that across the tropics, the AGC accumulated in
296 recovering forests (3,560 Tg C [CI_{MC}: 2994 to 4290]) counterbalanced 26% (CI_{MC}: 21% to 34%) of the
297 gross AGC emissions from deforestation (10,521 Tg C [CI_{MC}: 10,441 to 10,655]) and degradation
298 (2,916 Tg C [CI_{MC}: 2,157 to 3,602]) between 1984 to 2018 (Extended Data Table 1). The emissions
299 estimated from degradation are about 28% of deforestation-based emissions. This is similar to a
300 previous study focusing on selective logging⁴⁵. Furthermore, we found about 35% of degraded
301 forests were deforested by 2018 (Extended Data Table 2). If these degraded forests had been
302 preserved, the potential contribution from all recovering forests (5,892 Tg C [CI_{MC}: 5,114 to 6,842])
303 to counterbalance gross forest loss emissions (12,349 Tg C [CI_{MC}: 11,714 to 13,787]) could have
304 reached 48% (37% to 58%) (Extended Data Table 2).

305 Based on the existing 2018 carbon stocks of recovering forests and our estimated rates of carbon
306 accumulation (Figure 1), we modelled the potential carbon gain by 2030 for the three regions

307 assuming all recovering forests were protected and regrow (Figure 4). We calculate a potential
308 future carbon sink of 1,149 Tg C (CI_{MC} : 1010 to 1,288), a 32% increase from the 2018 carbon stock
309 (Figure 4). Thus, protecting the remaining recovering forests not only maintains carbon stock, but
310 also maximizes the carbon sink potential. However, this maximum potential value is likely
311 unfeasible. Many secondary forests are part of long-standing shifting cultivation practices, and
312 degraded forests in logging concession areas are typically cut in 15 to 40 year cycles or converted to
313 other land uses⁴⁶. Of the degraded forests that were later deforested (35%), we found that almost
314 half (44% to 47%) were deforested within the first 5 years after their last disturbance event
315 (Supplementary Figure 17), suggesting that recently degraded forests are most at risk from further
316 deforestation, making their carbon stock potentially more “vulnerable”. Recently disturbed forests
317 covered a larger area than older recovering forests (Supplementary Figure 13) and contained 29%
318 (Borneo) to 60% (Central Africa) of the modelled recovering forest carbon stock potential in 2030
319 (Figure 4; Supplementary Figure 18). Deciding which recovering forests to protect is therefore not
320 straight forward.

321 A more feasible scenario for calculating potential of conservation may be to ensure that at least
322 recently (<6 YSLD) degraded forests and older (>20 YSLD+) secondary forests are allowed to recover
323 to 2030. The combined carbon gain in such a scenario would be 639 Tg C (CI_{MC} : 533 to 744) across
324 the three regions, equivalent to ~56% of the maximum technical future carbon sink potential (1,149
325 Tg C). Limiting subsequent deforestation of recently degraded forests, increasing the interval
326 between anthropogenic disturbances, such as logging, and reducing the intensity of the disturbance
327 would ensure these forests can continue to be used sustainably by the people that depend on
328 them²⁷.

329 Our calculations demonstrate that the large-scale, maximum technical carbon sink potential may not
330 be realised at the local scale as not all forests recover from disturbance. Studies have shown that
331 degraded forests disturbed by fire, continue to be a net source of carbon for many years following
332 the initial disturbance due to legacy fluxes, post-fire disease and mortality²⁰. Future remote sensing
333 studies could identify where large-scale carbon losses continue following the initial disturbance.
334 Such an approach, combined with identification of forests according to the YSLD, as we have done
335 here, may help to prioritise areas for conservation and restoration.

336 Recovering forests can continue to provide ecosystem services. Degraded forests in Malaysian
337 Borneo were found to provide access to clean water, clean air and regulate temperature⁴⁷. Older
338 secondary forests can increase biodiversity in both species’ richness and diversity⁴⁸. In some places,
339 older secondary forests even gain protected status after a certain number of years⁴⁹. However, the
340 efforts to protect secondary and degraded forests cannot be at the expense of the conservation of
341 old-growth forests, which remains the most cost-effective climate mitigation strategy in the land-use
342 sector⁵⁰. Old-growth forests continue to be subject to unsustainable rates of deforestation and
343 degradation, and emissions from old-growth forest deforestation (10,521 Tg C) and degradation
344 (2,916 Tg C) still greatly outweigh the removals from recovery (3,560 Tg C) (Extended Data Table 1).

345 The priority for meeting the declaration on forest conservation (COP26)⁸ therefore remains
346 protecting old-growth forests. Nevertheless, our study provides the first pan-tropical quantitative
347 evidence that recovering degraded forests are a sizeable carbon sink, despite the slow, decade to
348 centennial-timescale of the recovery process. It is therefore important to invest in sustainably
349 conserving recovering forests, to safeguard their current and future carbon sink potential.

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461

462 **Methods**

463 **Recovering forest carbon accumulation**

464 The primary dataset used in this analysis was the pantropical dataset that monitors the extent and
465 changes in Tropical Moist Forests (TMF) over the last three decades⁴. TMF includes all closed forests
466 (>90% crown cover) in humid forests only. This TMF dataset is based on observations of the Landsat
467 collection from 1982 to 2019, where available, with a spatial scale of 30m and an annual temporal
468 frequency over 38 years. Importantly, this dataset characterises the duration of the observations of
469 tree cover disturbances, enabling disturbances to be classified as either forest degradation events
470 (disturbances that are visible for less than 2.5 years) or deforestation events (disturbances that last
471 for more than 2.5 years). A disturbance observation was defined as the absence of tree cover in a
472 pixel that had previously been characterised as TMF cover. From this approach it was possible to

473 map degraded forests and secondary forests, amongst other forest cover types. Degraded forests
474 were defined here as tree covered pixels where disturbances were visible for a short time period
475 (between 3 months and 2.5 years maximum) whereas secondary forests were defined as pixels with
476 natural regrowing vegetation after an absence of tree cover for more than 2.5 years.

477 The TMF dataset can be used to estimate the time (in years) since the last disturbance event for any
478 recovering forests, which was considered as a good proxy of the age of secondary forests in this
479 study (Supplementary Figure 10). We used the extent of the different forest types and the metric
480 “Years Since Last Disturbance” (YSLD) as the first input data in this research. The second key input
481 data used in this study was the ESA-CCI Aboveground Biomass (AGB) dataset, available for the year
482 2018⁷. We converted the AGB into Aboveground Carbon (AGC) by applying a conversion factor of
483 0.456⁵¹. The TMF and AGC dataset were combined to determine the AGC with increasing YSLD in a
484 space-for-time substitution approach, a method that was applied by Heinrich et al (2021)¹⁵. As the
485 AGC dataset extends only to 2018, the TMF dataset was pre-processed to extract a map of YSLD in
486 2018 for degraded and secondary forests, respectively within the three main continuous tropical
487 humid forests regions, the Amazon, Island of Borneo, and Central Africa. We opted not to expand
488 the analysis to include broader regions such as the Neotropics, Western Africa and Southeast Asia
489 more generally as this would encompass many smaller, and often insular, landscapes, adding further
490 complexity to the already heterogenous environmental and anthropogenic drivers.

491 The possible range of YSLD was from 1 to 36 years, however due to limited availability in the early
492 collection of satellite imagery (i.e. in the 1980s and 1990s) this range was lower, in the three regions,
493 the oldest degraded/secondary forests were 34 years old (i.e. growing since 1984)⁴. Using ArcGIS Pro
494 (Python 3.6.10; arcpy)⁵² we grouped connected forest pixels into forest type clusters, based on the
495 YSLD and extracted the forest clusters with more than nine pixels (i.e., clusters with an area greater
496 than 0.81 ha). This is an area approximately equal to one pixel of the ESA-CCI product (100m spatial
497 scale). Following the removal, over 8.7 million clusters were available for analysis (Supplementary
498 Table 15) for which the modal AGC was determined for each forest cluster.

499 In addition we used a pan-tropical dataset of commercial and small holder oil palm cover available
500 for the year 2019⁵³ to remove oil palm plantations from the TMF secondary or degraded forests. This
501 was particularly important for Borneo, where there are large areas of small holder oil palm
502 plantations that are partly misclassified as forest regrowth in the TMF dataset. We removed all areas
503 that are classified as any type of oil palm in this ancillary dataset.

504 Following this correction we carried out our post-processing analysis in the statistical software
505 programme R (v4.0.2)⁵⁴ (Supplementary Table 17). We calculated the median AGC value per forest
506 YSLD. When applying this analysis for the secondary forest type we applied a bias correction to the
507 AGC values for each YSLD by subtracting the smallest AGC value from all values such that the data
508 began at or near 0 Mg C ha⁻¹ for a 1 year-old secondary forest¹⁵. We did not apply this kind of bias
509 correction to the degraded forest as we assumed that even after 1 YSLD the degraded forests would
510 retain some level of AGC post-disturbance.

511 Following a similar approach to Heinrich et al¹⁵ that used a space-for-time substitution approach to
512 model AGC accumulation with increasing forest age across the Brazilian Amazon¹⁵, we modelled the
513 AGC accumulation with increasing YSLD using the Chapman-Richard model for growth⁵⁵ within each
514 of the three rainforest regions:

$$515 \quad Y_t = A(1 - e^{-kt})^c \pm \epsilon; A, k, \text{ and } c > 0 \quad (1)$$

516 Where Y_t refers to the AGC at YSLD (t); A is the AGC asymptote or the AGC of the old-growth forest; k
517 is a growth rate coefficient of Y as a function of age; c is a coefficient that determines the shape of
518 the growth curve; and ϵ is an error term. We assumed that after a given number of years, the AGC
519 could return to levels equivalent to old-growth forests and reach a precalculated asymptote. We
520 therefore extracted the AGC values corresponding to undisturbed forest pixels in the TMF map of
521 year 2018 that are here considered as a proxy for old-growth forests. The median AGC value of
522 undisturbed forest pixels were then used as the A term in equation (1). We then compared our
523 estimates of growth rates with estimates from previous studies^{14,16} and did a detailed comparison
524 with estimates of secondary forest growth in the Brazilian Amazon (Supplementary Note 1)^{15,56–58}.
525 The Brazilian Amazon was chosen to carry out the in-depth analysis as this is a region with extensive
526 previous research, with in-country remote sensing datasets for comparison. Where studies
527 indicated the conversion factor used to convert AGB to AGC we adjusted these to reflect the
528 conversion factor used in this study (0.456)⁵¹.

529 **Modelling carbon accumulation by drivers**

530 Over the period 1985 to 2018, we calculated the average of two climate variables that are known to
531 have an impact on forest dynamics to model the AGC under varying conditions of the variables: the
532 average maximum annual temperature (T_{max})⁵⁹ and the Maximum Cumulative Water Deficit
533 (MCWD), which is often used as an indicator of drought^{60–62}. Additionally, we investigated the impact
534 that a normalised terrain model (Height Above Nearest Drainage; HAND) had on the growth rates⁶³.
535 A further variable we investigated was the distance from nearest region of old-growth forest as a
536 proxy for forest fragmentation, which we developed in this study using the TMF dataset⁴. The two
537 climate variables were chosen to enable the most direct comparison with previous studies that have
538 also used these variables^{15,23,30}, enabling us to benchmark and validate our approach. The two
539 environmental variables, HAND and distance from undisturbed forest, were chosen as the impact of
540 these variables has only been explored in a few region-specific studies but never across the pan-
541 tropics, thus providing new scientific insights.

542 To determine the distance between degraded or secondary forest areas and old-growth (i.e.,
543 undisturbed) forests we first identified and extracted clusters of connected pixels of old-growth
544 forest with an area of more than 6.25ha. We did this as to exclude small patches of old-growth
545 forest. The threshold of 6.25ha, equal to ca. 70 pixels of the TMF dataset, was chosen as this is the
546 minimum area detected by the PRODES deforestation mask developed by the National Institute for
547 Space Research (INPE) in Brazil, which produces annual maps of deforestation in the Brazilian Legal
548 Amazon⁶⁴. We then expanded the perimeter of old-growth forest clusters by 4 (~120m), 17 (~500m),
549 33 (~1000m) and 67 (~2000m) pixels and aggregated the layers together to produce a map of
550 distance from large old-growth forests.

551 We determined the modal value of the respective variables overlying either the degraded or
552 secondary forest pixel within a region of the same YSLD. In R we calculated the corresponding
553 percentile of each variable value weighted by the number of connected pixels within a forest region.
554 We split the dataset into the forest regions that experienced the lowest 25%, middle 50% and upper
555 75% of the respective variables. The only variable for which we manually created the groups was the
556 “distance from old-growth forest” as the forest regions were generally heavily skewed to being close
557 to the old-growth forests. We therefore manually created three groups: (i) “< 120m”; (ii) “120m to
558 1000m”; and (iii) “1000m +” to represent distance (in metres) from nearest large patch of old-
559 growth forest. In each of these groups we again calculated the median AGC value per forest YSLD,
560 weighted by the number of connected pixels within a forest region. Finally, we applied equation 1

561 within the nls function again to model the growth in the different forest types, this time split up by
562 the variable quartiles.

563 **Modelling the importance of each driver**

564 We used a multi-linear model approach to relate AGC to the independent variables as well as the
565 YSLD within the three regions. The relative importance of each independent variable in influencing
566 AGC was assessed using a bootstrapping approach. Prior to this we assessed whether the variables
567 had (i) a linear-relationship with AGC and (ii) if any of the variables had a colinear relationship with
568 another driver using various correlation coefficients such as Pearson's R and Spearman's rho as well
569 as the linear model's Variance Inflation Factor (VIF) analysis. Where the correlation coefficients were
570 below ± 0.5 and VIF values were < 2 , we assumed the relationship between the independent
571 variables was not very strongly correlated and therefore could be used in the modelling analysis
572 (Supplementary Figure 3 and 4). Based on the assessment of linearity, we also concluded that there
573 were no relationships with AGC that were clearly non-linear (Supplementary Figure 5, 6 and 7), and
574 so we assumed a linear relationship of all the variables with AGC and scaled the variables to
575 between 0 – 1 to enable comparison between the regions. Although we assumed a non-linear
576 relationship of AGC with time (YSLD) in Equation 1, many of our comparisons to previous studies
577 used the average growth rate in the first 20 years since the last disturbance event, a linear
578 interpretation of growth that we also applied in this analysis.

579 In order to minimize spatial autocorrelation when building the linear model⁶⁵ we built an
580 exponential semi-variogram model, to test at what distance (in degrees) the linear model residuals
581 were no longer spatially autocorrelated. We estimated that a distance of 0.5 degrees (~55 km) for
582 the Amazon and Central Africa and 0.3 degrees (~33 km) for Borneo minimized spatial
583 autocorrelation and that this information could be used in a stratified spatial sampling approach⁶⁶.
584 We rounded the latitude and longitude coordinates of each forest cluster to the nearest 0.5 (0.3)
585 degrees and then sampled the data such that only 1 forest cluster of each 0.5 (0.3) grid square was
586 selected for further analysis.

587 We then applied the linear model to determine the standardised coefficients of each of the
588 environmental variables as well as YSLD in each forest type within each region. We ran the linear
589 model analysis 100,000 times, randomly sampling a forest cluster per grid square at each iteration.
590 Next, we calculated the average coefficient, standard error, and p-value at the 95% confidence
591 interval for each variable across all the iterations.

592 **Mapping regional carbon stock potential**

593 To map the carbon stock potential, we applied the region-specific growth models to all secondary
594 and degraded forest pixels respectively. We calculated the accumulated carbon stock of the standing
595 area of recovering forest in 2018 and produced a map, aggregated to 0.1-degree grid square of the
596 2018 carbon stock. Here we also show the regions identified as peatland^{67,68}, to highlight where
597 there may be additional soil carbon benefits. We also applied a similar approach to Chazdon et al.⁵
598 and modelled the potential carbon stock at the end of 2030 if all the 2018 standing forest remained
599 standing and were protected until the year 2030. We disaggregated the information by forest type
600 and by country within the regions to demonstrate the carbon stock that can be lost if the forests
601 were not left to stand, but also the carbon that could be gained if the forests are protected.

602 **Estimating forest carbon losses**

603 We estimated the gross carbon losses from deforestation and degradation in the following manner:

604 (i) For the carbon losses from deforestation, we used the TMF dataset to identify the year a forest
605 pixel was deforested. The total area that was deforested between 1984 and 2018 across the three
606 regions was multiplied by the median AGC value of old-growth forest, assuming that all AGC would
607 be lost. This provided the total amount of AGC lost due to deforestation over the study period. Old-
608 growth forests that were first degraded and then subsequently deforested are included in this
609 estimate.

610 (ii) For the carbon losses from degradation we used the difference between AGC in old-growth
611 forests and the modelled AGC in areas after the first year since the last disturbance event (i.e., 1
612 YSLD). We took these differences as the emission factor for degraded forests across the respective
613 regions and multiplied it by the area of degraded forests in 2018 to estimate the total AGC loss due
614 to degradation.

615 **Model variability and uncertainty**

616 We used more than 8.7 million secondary and degraded forest connected pixel clusters across the
617 three study regions, using their median to estimate the changes in AGC with YSLD. The use of
618 remote sensing data has the potential to capture the spatial variability in regrowth across these
619 dynamic regions, which is in part masked when taking the median value across the whole region.

620 We aimed to disaggregate this variability by environmental variables, but also wanted to
621 demonstrate the range of recovery aggregated across the three regions by running 50 Monte Carlo
622 simulations. Each simulation randomly sampled the data such that a total of ~10% of the dataset
623 was sampled at the end of the simulations. This was equivalent to sub-sampling 100 and 25 clusters
624 for each YSLD group for degraded and secondary forests, respectively. In each simulation we applied
625 the methodology described above, calculating the median AGC per YSLD group, applying Equation 1
626 and determining the 95% confidence interval. We also estimated a new old-growth forest AGC value
627 to represent the asymptote based on randomly sampled pixels of old-growth forest AGC. We then
628 estimated the 95% confidence interval from the Monte Carlo simulations to represent the model
629 variability (Supplementary Figure 14 to 16; Supplementary Table 2).

630 We estimated the uncertainty caused by the ESA-CCI dataset of AGB, a parameter which is provided
631 on a pixel-scale in the dataset as the standard error. We followed a similar methodology when
632 extracting the mean AGB values for each cluster, by determining the modal standard error for each
633 cluster of a specific YSLD. We calculated the median standard error value for each YSLD grouping in
634 each region. We then propagated the error of the dataset ($Data_{SE}$) with the error of the fitted
635 regional models. The non-linear growth model provided an estimate of the uncertainty expressed as
636 both the 95% confidence interval and the residual standard error. We propagated the residual
637 standard error of the model ($Model_{SE}$) with $Data_{SE}$ using the root square of sum method to obtain an
638 overall standard error of the regional growth models (Supplementary Table 3).

639

640 **Supplementary information**

641 Supplementary Information is available for this paper.

642 **Data Availability**

643 All the original datasets used in this research are publicly available from their sources: JRC-TMF
644 dataset⁴ (<https://forobs.jrc.ec.europa.eu/TMF/download/>); ESA-CCI AGB/AGC map⁷
645 (<https://catalogue.ceda.ac.uk/uuid/84403d09cef3485883158f4df2989b0c>); Descal et al. (2021) oil

646 palm map⁵³ ([https://developers.google.com/earth-](https://developers.google.com/earth-engine/datasets/catalog/BIOPAMA_GlobalOilPalm_v1#description)
647 [engine/datasets/catalog/BIOPAMA_GlobalOilPalm_v1#description](https://developers.google.com/earth-engine/datasets/catalog/BIOPAMA_GlobalOilPalm_v1#description)); TerraClimate Maximum
648 Temperature⁵⁹ ([https://developers.google.com/earth-](https://developers.google.com/earth-engine/datasets/catalog/IDAHO_EPSCOR_TERRACLIMATE)
649 [engine/datasets/catalog/IDAHO_EPSCOR_TERRACLIMATE](https://developers.google.com/earth-engine/datasets/catalog/IDAHO_EPSCOR_TERRACLIMATE)); MCWD data can be produced by
650 combining monthly rainfall dataset from Funk et al.⁶¹ (
651 <https://edcintl.cr.usgs.gov/downloads/sciweb1/shared/fews/web/global/monthly/chirps/final/dow>
652 [nloads/monthly/](https://edcintl.cr.usgs.gov/downloads/sciweb1/shared/fews/web/global/monthly/chirps/final/dow)) with code from Campanharo and Silva Junior (2019)⁶⁰; HAND data⁶⁹
653 (<https://code.earthengine.google.com/ed75ecef7fcf94897b74ac56bfb3f43>); Xu et al. Peatland
654 dataset⁶⁷ (<https://archive.researchdata.leeds.ac.uk/251/>); MapBiomass dataset⁷⁰
655 (<https://amazonia.mapbiomas.org/>) and the code to extract secondary forest area and age⁵⁸;
656 Logging concession areas⁷¹ ([https://data.globalforestwatch.org/datasets/managed-forest-](https://data.globalforestwatch.org/datasets/managed-forest-concessions/explore)
657 [concessions/explore](https://data.globalforestwatch.org/datasets/managed-forest-concessions/explore)). Both the Tmax and HAND indices were pre-processed in GEE. Country
658 boundaries shown in map-based figures
659 (http://thematicmapping.org/downloads/world_borders.php)⁷²

660 All final data produced in this study are available in a public repository:

661 <https://zenodo.org/record/7330549#.Y3vCo0nP1PY>⁷³

662 Code Availability

663 All code used to produce the main figures of the are available in a public repository:

664 <https://zenodo.org/record/7330549#.Y3vCo0nP1PY>⁷³

665 References [Methods]

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711

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730

731 **Author Contributions**

732 V.H.A.H., J.H., S.S., T.C.H., and L.E.O.C.A designed the concept and methodological process of the
733 study. V.H.A.H carried out the main data analysis with support from R.D., D.F, T.M.R., C.H.L.S.J.,
734 H.L.G.C. and T.J.. C.V. provided the code for analysis and the data of the Tropical Moist Forest
735 dataset prior to the publication of the study with guidance from F.A.. C.A.S processed the raw GEDI
736 data for further analysis. V.H.A.H wrote the initial draft of the manuscript. All authors (V.H.A.H., C.V.,
737 R.D., T.M.R., D.F., C.H.L.S.J., H.L.G.C., F.A., T.J., C.A.S., J.H., S.S., T.C.H., and L.E.O.C.A) discussed
738 results, provided comments during the preparation of the manuscript, and gave their approval for
739 publication.

740 **Competing interest declaration**

741 The authors declare no competing interests, financial or otherwise.

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744 **Display Material Legends**

745 **Figure 1 | Modelled Aboveground Carbon (AGC) accumulation with Years since last forest**
746 **disturbance (YSLD) in different tropical regions.** AGC is shown in (a) Degraded Forests and (b)
747 Secondary Forests in the Amazon, Island of Borneo, and Central Africa tropical humid forest regions.
748 Points denote the median AGC value calculated for each YSLD, fitted lines are based on a non-linear
749 model (see methods). Shading denotes the 95% confidence interval of the non-linear model
750 (Supplementary Discussion 1 for further exploration of variability and uncertainty). Crosses denote
751 the median AGC of old growth (OG) forests in the respective regions and associated 95% confidence
752 interval from the Monte Carlo simulation. (c) Map delineating the spatial extent used in this study
753 representing each region as well as highlighting the percentage area occupied by different forest
754 types used in this study as well as Other Lands. Map created using ESRI’s ArcGIS Pro (2.6.0).

755 **Figure 2 | Modelled Aboveground Carbon (AGC) accumulation in different maximum Temperature**
756 **(Tmax) zones within different tropical regions.** AGC as a function of Year since last disturbance
757 event (YSLD) is shown for (a – b) the Amazon; (c – d) Borneo; and (e – f) Central Africa for Degraded
758 Forests (left column) and Secondary Forests (right column). Points denote the median AGC value
759 calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in the
760 legend denote the absolute lower 25% (yellow), middle 50% (red) and upper 25% (dark red) limits of
761 the Tmax range in each location, which has units °C. Shading denotes the 95% confidence interval of
762 the non-linear model. Crosses denote the median AGC of old-growth (OG) forests in the respective
763 regions within the respective ranges of the variable. Each subplot contains a not-to-scale map of the
764 region showing where the ranges for the Tmax bins can be found geographically. Maps were created
765 using ESRI’s ArcGIS Pro (2.6.0).

766 **Figure 3 | The modelled 2018 carbon stock in recovering forests (degraded and secondary forests)**
767 **within the three major tropical forest regions.** The carbon stock shows the total carbon that has
768 accumulated since the last disturbance event using the region-wide regrowth models developed in
769 this study for (a) the Amazon, (b) Island of Borneo, (c) Central Africa Values of the carbon stock (Tg

770 C) are aggregated to 0.1-degree grid squares and show the sum of degraded forest (Extended Data
771 Figure 6) and secondary forest (Extended Data Figure 7), together representing recovering forest.
772 Regions of peatland have been highlighted (see methods) and are denoted by the hatching.
773 Annotated values denote the AGC stock and associated 95% confidence interval as estimated in this
774 study using the Monte Carlo simulations per country expressed using ISO3 code for each country.
775 Map created using ESRI's ArcGIS Pro (2.6.0).

776 **Figure 4 | The 2018 carbon stock and maximum technical 2030 carbon (C) sink potential across**
777 **recovering forests within the three major tropical forest regions.** Panels are split up according to
778 the years since the forest was last disturbed and then further separated by region (columns) and
779 forest type (rows). Solid bars denote the total carbon accumulated from the beginning of the growth
780 period (since 1984 in Amazon and Central Africa, and since 1987 in Borneo) to 2018. Lighter bars
781 denote the maximum potential carbon gain from 2018 to 2030 if the 2018 recovering forest area
782 would remain until 2030. Black values refer to the 2018 carbon stock, grey values to the 2018 – 2030
783 maximum technical C gain. The range (\pm) shows the 95% confidence interval from the Monte Carlo
784 simulations.

785 **Extended Data Legends**

786 **Extended Data Figure 1 | The Aboveground Carbon (AGC) after 20 years in recovering forests**
787 **relative to old-growth forest values across different studies compared to this study.** Values are
788 expressed as the percentage (%) AGC recovered relative to old-growth forest values across the three
789 study regions: Amazon, Borneo, and Central Africa in recovering degraded and secondary forests.
790 Where previous studies capture a different region to those used in this study, the specific region has
791 been indicated alongside the study name in brackets. E.g., W. Africa refers to West Africa in Poorter
792 et al. and N'Guessan et al., this region is not in Central Africa but represents the closest region that
793 could be found containing such information. Uncertainty types are either the 95% confidence
794 interval (CI 95%) or the minimum and maximum values presented by the studies for the respective
795 regions. More information on the previous studies and the associated values is given in the source
796 data for this figure and the supplementary material.

797 **Extended Data Figure 2 | Correlation coefficients of different variables driving tropical**
798 **Aboveground Carbon (AGC) (Mg C ha^{-1}).** Values shown are the average standardised (to be within -1
799 and 1) coefficients from multiple general linear model runs based on spatial data that was sampled
800 via stratified random sample accounting for spatial autocorrelation of the variables. The number of
801 model runs to determine the average was based on the number of samples in each run such that the
802 total sample size was 100,000. Bars denote the average standard deviation. Each coloured
803 circle/triangle represents the respective standardised coefficient in degraded/secondary forests
804 within the 3 regions (colours). Smaller shapes within the large, coloured shapes represent whether
805 the result was statistically significant, where black denotes $p < 0.05$, white denotes $p < 0.1$ and no
806 colour denotes $p \geq 0.1$. The variables are Years since last Disturbance (YSLD) equivalent to age for
807 secondary forests; Average Annual Maximum Temperature; Maximum Cumulative Water Deficit
808 (MCWD); Height Above Nearest Drainage (HAND) and Distance from nearest undisturbed (old-
809 growth) Tropical Moist Forest (TMF). The effects of MCWD are positive because the MCWD values
810 are negative and so have an opposite effect: less negative values indicate less water deficit, which is
811 associated with generally higher AGC and thus a positive coefficient.

812 **Extended Data Figure 3 | Modelled Aboveground Carbon (AGC) accumulation with Maximum**
813 **Cumulative Water Deficit (MCWD) within different tropical regions.** AGC as a function of Year since
814 last disturbance event (YSLD) is shown in (a – b) Amazon; (c – d) Borneo; and (e – f) Central Africa for
815 Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC
816 value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in
817 the legend denote the absolute lower 25% (yellow), middle 50% (light green) and upper 25% (dark

818 green) of the MCWD range, which has units -mm yr^{-1} . Shading denotes the 95% confidence interval
819 of the non-linear model. Crosses denote the median AGC of old-growth (OG) forests in the
820 respective regions within the respective ranges of the variable. Each subplot contains a not-to-scale
821 map of the region showing where the ranges for the MCWD bins can be found geographically.

822 **Extended Data Figure 4 | Modelled Aboveground Carbon (AGC) accumulation with Height Above**
823 **Nearest Drainage (HAND) within different tropical regions.** AGC as a function of Year since last
824 disturbance event (YSLD) is shown in (a – b) Amazon; (c – d) Borneo; and (e – f) Central Africa for
825 Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC
826 value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in
827 the legend denote the absolute lower 25% (green), middle 50% (yellow) and upper 25% (grey) of the
828 HAND range, which has units metres (m). Shading denotes the 95% confidence interval of the non-
829 linear model. Crosses denote the median AGC of old-growth (OG) forests in the respective regions
830 within the respective ranges of the variable. Each subplot contains a not-to-scale map of the region
831 showing where the ranges for the HAND bins can be found geographically.

832 **Extended Data Figure 5 | Modelled Aboveground Carbon (AGC) accumulation with distance from**
833 **nearest old-growth forest within different tropical regions.** AGC as a function of Year since last
834 disturbance event (YSLD) is shown in (a – b) Amazon; (c – d) Borneo; and (e – f) Central Africa for
835 Degraded Forests (left column) and Secondary Forests (right column). Points denote the median AGC
836 value calculated for each YSLD, fitted lines are based on a non-linear model (see methods). Values in
837 the legend denote the distances <120 m (lime green), 120m to 1000m (green) and 1000m + (dark
838 green), representing the distance from the nearest old-growth forest. Shading denotes the 95%
839 confidence interval of the non-linear model. Crosses denote the median AGC of old-growth (OG)
840 forests in the respective regions within the respective ranges of the variable. In this case, only a
841 single value of old-growth forest AGC is shown. Each subplot contains a not-to-scale map of the
842 region showing where the ranges for the distance bins can be found geographically.

843 **Extended Data Figure 6 | The modelled 2018 carbon stock in degraded forests within the three**
844 **major tropical forest regions.** The carbon stock shows the total carbon that has accumulated since
845 the last disturbance event using the region-wide regrowth models developed in this study for (a)
846 Amazon, (b) Island of Borneo, (c) Central Africa. Values of the carbon stock (Tg C) are aggregated to
847 0.1-degree grid squares and show the sum of degraded forest. Regions of peatland have been
848 highlighted (see methods) and are denoted by the hatching. Annotated values denote the AGC stock
849 and associated 95% confidence interval as estimated in this study using the Monte Carlo simulations
850 per country expressed using ISO3 code for each country. Map created using ESRI's ArcGIS Pro (2.6.0).

851 **Extended Data Figure 7 | The modelled 2018 carbon stock in secondary forests within the three**
852 **major tropical forest regions.** The carbon stock shows the total carbon that has accumulated since
853 the last disturbance event using the region-wide regrowth models developed in this study for (a)
854 Amazon, (b) Island of Borneo, (c) Central Africa. Values of the carbon stock (Tg C) are aggregated to
855 0.1-degree grid squares and show the sum of secondary forest. Regions of peatland have been
856 highlighted (see methods) and are denoted by the hatching. Annotated values denote the AGC stock
857 and associated 95% confidence interval as estimated in this study using the Monte Carlo simulations
858 per country expressed using ISO3 code for each country. Map created using ESRI's ArcGIS Pro (2.6.0).

859 **Extended Data Table 1 | Carbon emissions from forest loss and removals from recovering forest**
860 **and their contribution to counterbalancing forest loss emissions accumulated up to 2018 across**
861 **the three regions.** Values refer to the sum of emissions/removals of Aboveground Carbon (AGC) in
862 units Terragrams of carbon (Tg C) accumulated throughout the growth period (1984 to 2018). The
863 emissions from deforestation were estimated based on the median value of old-growth forest AGC
864 for each region, with the assumption that all AGC value was lost. Emissions from degradation were

865 estimated by calculating the difference in AGC between old-growth forests and the first year since
866 the last disturbance event. The emissions from deforestation included old-growth and degraded
867 forest that were later deforested. Emissions from degradation only considered the AGC that was lost
868 in degraded forests but later recovered. Values in brackets are the lower and upper estimates
869 representing the 95% confidence interval from the Monte Carlo simulations.

870 **Extended Data Table 2 | Percentage area of degraded forest that were deforested by 2018 and**
871 **their potential carbon contribution to counterbalancing gross emissions from forest loss.** The
872 percentage area was calculated based on the total number of forest areas that had at one point
873 (between 1984 and 2018) been classed as a degraded forest and the number of these areas that
874 were deforested by 2018. The carbon removal potential was calculated based on the growth models
875 for degraded forests in each of the three regions (Figure 1). Values in brackets are the lower and
876 upper estimates representing the 95% confidence interval (CI) from the Monte Carlo simulations.

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880 [End of manuscript]