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Constraining decadal variability regionally improves near-term projections of hot, cold and dry extremes

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1 Constraining decadal variability regionally improves near-term 2 projections of hot, cold and dry extremes

3
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10 11 12 **Abstract**

13 Hot, cold and dry meteorological extremes are often linked with severe impacts on the public
14 health, agricultural, energy and environmental sectors. Skillful predictions of such extremes
15 could therefore enable stakeholders to better plan and adapt to future impacts of these events.
16 The intensity, duration and frequency of such extremes are affected by anthropogenic climate
17 change and modulated by different modes of climate variability. Here we use a large multi-
18 model ensemble from the Coupled Model Intercomparison Project Phase 6 and constrain these
19 simulations by sub-selecting those members whose global SST anomaly patterns are most similar
20 to observations at a given point in time, thereby phasing in the decadal climate variability with
21 observations. Hot and cold extremes are skillfully predicted over most of the globe, with also a
22 widespread added value from using the constrained ensemble compared to the unconstrained full
23 CMIP6 ensemble. On the other hand, dry extremes show skill only in some regions with results
24 sensitive to the index used. Still, we find skillful predictions and added skill for dry extremes in
25 some regions such as western north America, southern central and eastern Europe, southeastern
26 Australia, southern Africa and the Arabian Peninsula. We also find that the added skill in the
27 constrained ensemble is due to a combination of improved multi-decadal variations in phase with
28 observed climate extremes and improved representation of long-term changes. Our results
29 demonstrate that constraining decadal variability in climate projections can provide improved
30 estimates of temperature extremes and drought in the next twenty years, which can inform
31 targeted adaptation strategies to near-term climate change.

32 33 34 35 **Keywords**

36 Climate projections | Temperature and dry extremes | CMIP6 | Climate variability | Prediction
37 skill | Constraint

1. Introduction

Hot and dry meteorological extremes are nowadays having significant impacts on societies, economies and ecosystems worldwide (Blauhut *et al* 2015, 2016, Brás *et al* 2021, Ebi *et al* 2021, Xu *et al* 2016, Wilhite *et al* 2007, García-León *et al* 2021). Such events are also projected to become stronger and more frequent in the future under anthropogenic climate change (Coumou and Robinson 2013, Cook *et al* 2018, Dai 2011, 2013, Fischer *et al* 2013, Fischer and Schär 2010, Sillmann *et al* 2013, De Luca and Donat 2023). In addition to hot and dry also winter cold extremes over the mid-latitudes can pose significant distress to infrastructures, emergency services, agricultural and energy sectors (Cheng *et al* 2019, Wang *et al* 2010, Guirguis *et al* 2011, Palmer 2014, Sillmann *et al* 2011). Given their potentially severe impacts, it is important to anticipate future changes of hot, cold and dry extremes with skillful climate predictions, so that their occurrence probabilities are correctly anticipated and suitable adaptation strategies can be implemented by governments and stakeholders. Information about near-term climate change (e.g. the next 10-30 years) is particularly important to inform strategic decisions to plan adaptation.

Anthropogenic climate change is expected to continue in the next decades as greenhouse gas concentrations are projected to rise due to continued emissions (Masson-Delmotte *et al* 2021) and is expected to drive further increases in hot and dry extremes (e.g. Sillmann *et al* 2013, De Luca and Donat 2023). On the other hand, the internal variability of the climate system plays a crucial role in shaping the climate on inter-annual to multi-decadal timescales (Dai *et al* 2015, Mann *et al* 2014, Meehl *et al* 2013). In fact, internal variability is the dominating source of uncertainty for projections of regional climate in the first few decades (Hawkins and Sutton 2009, Lehner *et al* 2020). For assessing future near-term climate change therefore both forced warming and climate variability need to be taken into account in order to provide the most accurate estimates of changes on these time scales.

Initialised climate predictions aim at reducing uncertainty from internal variability by synchronising the phasing of variability modes between the model simulations and the observations (Meehl *et al* 2021, Merryfield *et al* 2020, Meehl *et al* 2009). Initialised predictions show regionally improved skill when compared to uninitialised climate projections over some land regions for mean values of climatic variables (Smith *et al* 2019, Delgado-Torres *et al* 2022) and extreme indices in multi-annual predictions (Delgado-Torres *et al* 2023). However, because they are very computationally-expensive, especially if initialised every year, the time-span of these predictions is typically limited to ten years after initialization as in the Coupled Model Intercomparison Project Phase 6 (CMIP6) (Eyring *et al* 2016) Decadal Climate Prediction Project (DCPP) (Boer *et al* 2016). Moreover, decadal predictions are affected by initialization shocks and by their drift towards the model's preferred climate state which can negatively affect their skill (e.g. Bilbao *et al* 2021). Recently, several approaches have been developed that allow to obtain skillful climate prediction by constraining internal climate variability from large

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3 81 ensembles of climate projections (Befort *et al* 2020, Mahmood *et al* 2021, 2022). Such methods
4 82 select those ensemble members from large ensembles of transient climate simulations that are in
5 83 closest agreement with for example a climate prediction (Befort *et al* 2020, Mahmood *et al* 2021)
6 84 or observational (Mahmood *et al* 2022) reference dataset. This selection procedure is
7 85 conceptually similar to initialisation of climate predictions (Meehl *et al* 2021) and has the main
8 86 advantage to exploit initialisation information beyond the 10 years of decadal prediction, without
9 87 much computational cost since it uses existing climate projections, and which in addition can
10 88 provide seamless information until the end of the century. These constrained climate projections
11 89 are consistent with the model-specific climate attractors and are therefore not affected by shock,
12 90 drift and related artefacts (Hazeleger *et al* 2013, Bilbao *et al* 2021, Smith *et al* 2013).
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18 92 Here we follow the approach of Mahmood *et al* (2022) for constraining decadal climate
19 93 variability in a large multi-model ensemble, and we assess the prediction skill of hot, cold and
20 94 dry extremes in these constrained projections over global land areas. With this method, we
21 95 constrain climate variability based on the similarities, at a given point in time, between a large
22 96 CMIP6 multi-model ensemble (MME) and multi-annual averages of observed sea surface
23 97 temperature (SST) anomaly patterns. The method, for each year, sub-selects only those ensemble
24 98 members which are most in agreement with the observed SST patterns. For the skill assessment
25 99 we focus on the next 20-year period after applying the constraint, which is a time-scale where a
26 100 previous study (Mahmood *et al* 2022) showed added value for some annual mean variables and
27 101 where the role of internal variability is still large.
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32 103 **2. Data**

33 104 We use 149 ensemble members coming from a MME of 19 CMIP6 models (Table S1). From this
34 105 MME we consider data of the historical simulations from 1960 to 2014 and concatenate them
35 106 with the Shared Socioeconomic Pathway (SSP) 2-4.5 (O'Neill *et al* 2016) up to 2019 included.
36 107 The data we analyse for calculating the extreme indices are monthly total precipitation (mm),
37 108 daily and monthly minimum and maximum surface temperatures (°C). By the time of the
38 109 analysis, these 149 members were all available members from the MME used in Mahmood *et al*
39 110 (2022) that provided daily data required for computing the extremes indices. We evaluate these
40 111 simulated extremes against observations-based datasets; to address sensitivity to the choice of
41 112 reference dataset we use one observational and one reanalysis dataset for temperatures and two
42 113 observational datasets for precipitation. The reference datasets we use are the gridded Berkeley
43 114 Earth Surface Temperatures (BEST, <https://climatedataguide.ucar.edu/climate-data/global-surface-temperatures-best-berkeley-earth-surface-temperatures>) from which we obtain daily and
44 115 monthly minimum and maximum surface temperatures, and the Global Precipitation
45 116 Climatology Center (GPCC) (Becker *et al* 2013) from which we use monthly total precipitation.
46 117 To test the robustness of the results related to the choice of the reference datasets we also
47 118 replicate all the analyses using ERA5 reanalysis (Hersbach *et al* 2020) from where, similarly to
48 119 BEST, we obtain minimum and maximum temperatures and Rainfall Estimates on a Gridded
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3 121 Network (REGEN; Contractor *et al* (2020)) dataset from which, similarly as GPCC, we extract
4 122 monthly total precipitation. We choose BEST and GPCC as the main reference for the
5 123 retrospective predictions because they are both observational datasets and their combination
6 124 allows us to end our hindcast evaluation in 2019, since this is the last year available for GPCC.
7 125 On the other hand, ERA5 and REGEN represent our second reference because ERA5 is a
8 126 reanalysis and REGEN ends in 2016. We combine the temperature and precipitation
9 127 observational/reanalysis datasets to compute one of the two drought indices which is based on
10 128 precipitation and potential evapotranspiration (mm) (see section 3.1). Since the dry extreme
11 129 indices are computed from accumulated periods, we remove the year 1960 and base all our
12 130 results within the 1961-2019 period.
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19 132 To better understand some characteristics of how the variability constraint can improve near-
20 133 term projections regionally, we also focus our analysis on four different regions located on four
21 134 different continents. These regions are western north America (WN America, 25°N-45°N,
22 135 125°W-95°W), southern central and eastern Europe (SCE Europe, 35°N-55°N, 5°E-35°E),
23 136 southeastern China (SE China, 20°N-40°N, 95°E-125°E) and southeastern Australia (SE
24 137 Australia, 45°S-25°S, 135°E-155°E) (Figure S1). For all the regions we mask the oceans and
25 138 consider only land grid-points. We choose these regions because they are the ones where the
26 139 constraining method shows added skill over the raw CMIP6 ensemble, and to understand time-
27 140 series characteristics that contribute to the skill in the constrained ensemble.
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31 141 32 142 **3. Methods**

33 143 **3.1 Extreme indices**

34 144 We compute six extreme indices as measures for global hot, cold and dry extremes over land
35 145 areas similarly to De Luca and Donat (2023). For hot extremes we calculate two ETCCDI
36 146 indices (Zhang *et al* 2011), namely the percentage of days when daily maximum temperature
37 147 exceeds the 90th percentile ($TX90p$) and the annual maximum value of daily maximum
38 148 temperature (TXx). For cold extremes we also use two ETCCDI indices: the percentage of days
39 149 when daily minimum temperature is below the 10th percentile ($TN10p$) and the annual minimum
40 150 value of daily minimum temperature (TNn). These ETCCDI indices are computed using the R
41 151 package “*climdex.pcic.ncdf*” (<https://github.com/ARCCSS-extremes/climdex.pcic.ncdf>). To
42 152 quantify dry extremes we use the Standardized Precipitation Index (SPI, McKee *et al* (1993))
43 153 and the Standardized Precipitation Evapotranspiration Index (SPEI, Vicente-Serrano *et al*
44 154 (2010)) with accumulation periods of 3-, 6- and 12-months.
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50 156 The SPI is computed solely from monthly total precipitation and it is often used to measure
51 157 meteorological drought, with lack of precipitation indicated by negative values. On the other
52 158 hand, the SPEI is computed from monthly total precipitation and monthly mean of daily
53 159 maximum and minimum temperatures, the last two used to compute potential evapotranspiration
54 160 following the Hargreaves (1994) approximation; SPEI therefore represents drought in terms of
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3 161 lack of water availability. We use the entire investigation period as baseline for the estimation of
4 162 the distribution parameters (De Luca and Donat 2023, Vicente-Serrano *et al* 2020), i.e. 60 years
5 163 (1960-2019) for the CMIP6 MME and BEST-GPCC datasets, and 57 years (1960-2016) for
6 164 ERA5-REGEN. Since the SPI and SPEI indices do not directly indicate drought occurrences, we
7 165 select from these indices only monthly values ≤ -1 which represent moderately dry conditions.
8 166 We use -1 as threshold to make sure that a sufficient number of monthly values in the SPI and
9 167 SPEI drought datasets are available. Our drought indices count the number of dry months per
10 168 year and we named them *SPI_{n_dry}* and *SPEI_{n_dry}*, where *n* stands for the accumulation period
11 169 of the index (i.e. 3, 6 and 12 months) (De Luca and Donat 2023). The SPI and SPEI indices are
12 170 computed using the R package “*SPEI*” (Beguería *et al* 2014, Vicente-Serrano *et al* 2010).

13 171
14 172 We calculate all the indices on the native CMIP6 model, BEST, GPCC, ERA5 and REGEN grids
15 173 and then re-grid them to a common latitude-longitude grid of 2.8°x2.8° (the resolution of the
16 174 model with the coarsest resolution included in this study, CanESM5) to facilitate multi-model
17 175 analysis. We then remove the ocean grid-points with a land-sea mask so that only land values are
18 176 retained and exclude Antarctica.

19 177
20 178 **3.2 Constraining internal climate variability**
21 179 We follow the approach introduced by Mahmood *et al* (2022) to constrain the large MME of
22 180 CMIP6 simulations. For this we used observational SST data from the Extended Reconstructed
23 181 Sea Surface Temperature version 5 dataset (ERSSTv5; Huang *et al* (2017)) from the National
24 182 Oceanic and Atmospheric Administration (NOAA). The monthly mean model and observed SST
25 183 data were regridded to a common 3°x3° grid and the climatological mean (1981-2010) was
26 184 removed to compute the anomalies.

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28 186 Internal climate variability is constrained by comparing spatial distributions of global SST
29 187 anomaly patterns between each of the 149 CMIP6 ensemble members and the observed anomaly
30 188 averaged over a 9-year period preceding the start of the prediction. Such comparison is
31 189 performed via area-weighted spatial pattern correlation. Similar to Mahmood *et al* (2022), we
32 190 choose the top ranking 30 members (referred to as “Best30”) for hindcasting up to 20 years after
33 191 the initialization. The unconstrained ensemble consists of all 149 members (referred to as “All
34 192 ensemble”).

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36 194 We use 9-year averages of SST anomalies since constraining based on this period showed high
37 195 skill in constrained projections as shown by Mahmood *et al* (2022), who also tested sensitivity to
38 196 using other averaging periods. To start a constrained prediction from January 1961, we use the 9-
39 197 year mean SST anomalies from January 1952 to December 1960 to select the Best30 members.
40 198 Such a procedure is repeated every year and the Best30 members selected based on SST anomaly
41 199 comparison from 1953 to 1961 are used for predictions starting in 1962, 1954-1962 for
42 200 predictions starting in 1963, etc. Here we focus on the hindcast period of 1 to 20 years after the

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3 201 initialization. To evaluate the 20-year mean hindcasts against observational data sets, the final
4 202 constraining period considered goes from January 1991 to December 1999 for predicting January
5 203 2000 to December 2019. Therefore, we use a total of 40 start dates for the retrospective
6 204 predictions.
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10 206 **3.3 Evaluation metrics**

11 207 We use a set of metrics that evaluate different aspects of the degree of agreement between the
12 208 simulations and observations (e.g. Donat *et al* 2023, Mahmood *et al* 2021, 2022, Delgado-Torres
13 209 *et al* 2022, 2023).
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16 211 The Spearman Correlation Coefficient (Spearman 1904) estimates the linear relationship
17 212 between the observational reference and the CMIP6 MME mean. It ranges between -1 (worst
18 213 agreement) and 1 (best agreement). We use the Spearman rank correlation to avoid assumptions
19 214 about distributional properties (e.g. normality). The Spearman correlation coefficient is defined
20 215 as:
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$$23 \quad 217 \quad r = \frac{6 \sum_{i=1}^n d_i^2}{n(n^2 - 1)} \quad (eq. 1)$$

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28 219 where i corresponds to each time step (from 1 to n), and d_i is the difference between the ranks of
29 220 x_i and o_i (simulated and observed value, respectively, for time step i).
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32 222 In order to assess whether the Best30 ensemble captures more observed variability than the All
33 223 ensemble, we use the residual correlation (Smith *et al* 2019, Mahmood *et al* 2022) using the
34 224 Spearman's test (Corder and Foreman 2014). The residual correlation measures to what extent
35 225 we can predict the variations around the forced signal and it therefore quantifies the added skill
36 226 from aligning variability phases or "initialising" the predictions. We therefore remove the forced
37 227 signal (using the All ensemble mean as best estimate of the forcing response) from the observed
38 228 and Best30 mean time-series by subtracting their corresponding linear fits with the All ensemble
39 229 mean (Smith *et al* 2019). This results in time-series of observed and Best30 residuals. The
40 230 residual correlation is the correlation between the observed and Best30 residuals. Positive values
41 231 of the residual correlation indicate that the Best30 ensemble captures some observed variability
42 232 around the forced signal derived from the All ensemble mean, and negative values indicate the
43 233 that the observed and predicted residuals are not in phase. The Spearman's correlations and
44 234 residual correlations are computed from a total of forty 20-year averages, starting each year from
45 235 1961 to 2000.
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48 237 The Root Mean Squared Skill Score (RMSSS; Murphy (1988)) is also a deterministic skill
49 238 measure computed from the MME mean and is used to assess whether the Best30 ensemble is
50 239 more skillful than a reference hindcast. The RMSSS is based on the Root Mean Squared Error
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(RMSE), which quantifies the agreement in terms of the error magnitude between the ensemble mean and the observational reference. For quantifying the RMSSS we compute the RMSE for the Best30 ensemble and the reference hindcast using 20-year averages with starting years ranging from 1961 to 2000. The reference hindcasts used to compute the RMSSS are the climatological hindcasts (i.e. no anomaly) for assessing the Best30 skill, and the All ensemble mean hindcasts for quantifying the added value in Best30 over the All ensemble. Positive RMSSS values indicate that the Best30 ensemble is more skillful than the reference hindcast and negative values indicate it is less skillful than the reference hindcast. The RMSSS is defined as:

$$RMSSS = 1 - \frac{RMS_{exp}}{RMS_{ref}} \quad (eq. 2)$$

where RMS_{exp} and RMS_{ref} correspond to the Root Mean Square (RMS) difference of the hindcasts and reference hindcast, respectively, from the observed value o_i , which is computed as:

$$RMS = \sqrt{\sum_{i=1}^n \frac{(x_i - o_i)^2}{n}} \quad (eq. 3)$$

The Ranked Probability Skill Score (RPSS; Wilks (2011)) is used to estimate the skill of probabilistic products from all members of the MME. The RPSS is based on the Ranked Probability Score (RPS) which evaluates the skill in terms of probabilities (computed as the percentage of members that fall into each equiprobable tercile category, with the three categories indicating below average, approximately average and above average conditions). For computing the RPSS, we first compute the RPS for each 20-year average with starting years from 1961 to 2000 and then quantify the temporal mean of these averages. As with the RMSSS, positive RPSS values indicate that the Best30 ensemble outperforms the reference hindcast, while negative RPSS values indicate that the reference hindcast is more skillful. The probabilistic climatological hindcast (defined as the same probability for all tercile categories, i.e., 33.3%) and the All ensemble are used as reference hindcasts. The RPSS is defined as:

$$RPSS = 1 - \frac{mean(RPS_{exp})}{mean(RPS_{ref})} \quad (eq. 4)$$

where RPS_{exp} and RPS_{ref} correspond to the RPS for each time step of the hindcasts and reference hindcast, respectively, which is computed as:

$$RPS = \sum_{m=1}^J \left[\left(\sum_{j=1}^m p_{xj} \right) - \left(\sum_{j=1}^m p_{oj} \right) \right]^2 \quad (eq.5)$$

where j corresponds to the probabilistic category (from 1 to $J=3$), and p_{xj} and p_{oj} are the hindcasted and observed probabilities, respectively, for the probabilistic category j .

We estimate the statistical significance of the correlation and residual correlation with a two-sided t-test (Wilks 2011) accounting for the time-series auto-correlation following (Zwiers and von Storch 1995) to assess whether the skill values are significantly different from zero. To assess the statistical significance of the RMSSS and RPSS, we apply a two-sided Random Walk test (DelSole and Tippett 2016) to the RMSE and RPSS time-series to assess whether the number of times that the Best30 ensemble is better or worse than the reference hindcast is statistically significant. To the p-values obtained with the two-sided t-test and Random Walk test we apply the False Detection Rate (FDR; Wilks (2016)) procedure using $\alpha_{FDR} = 0.1$ to control the type I errors (or false positives).

4. Results

4.1 Hot and cold extremes

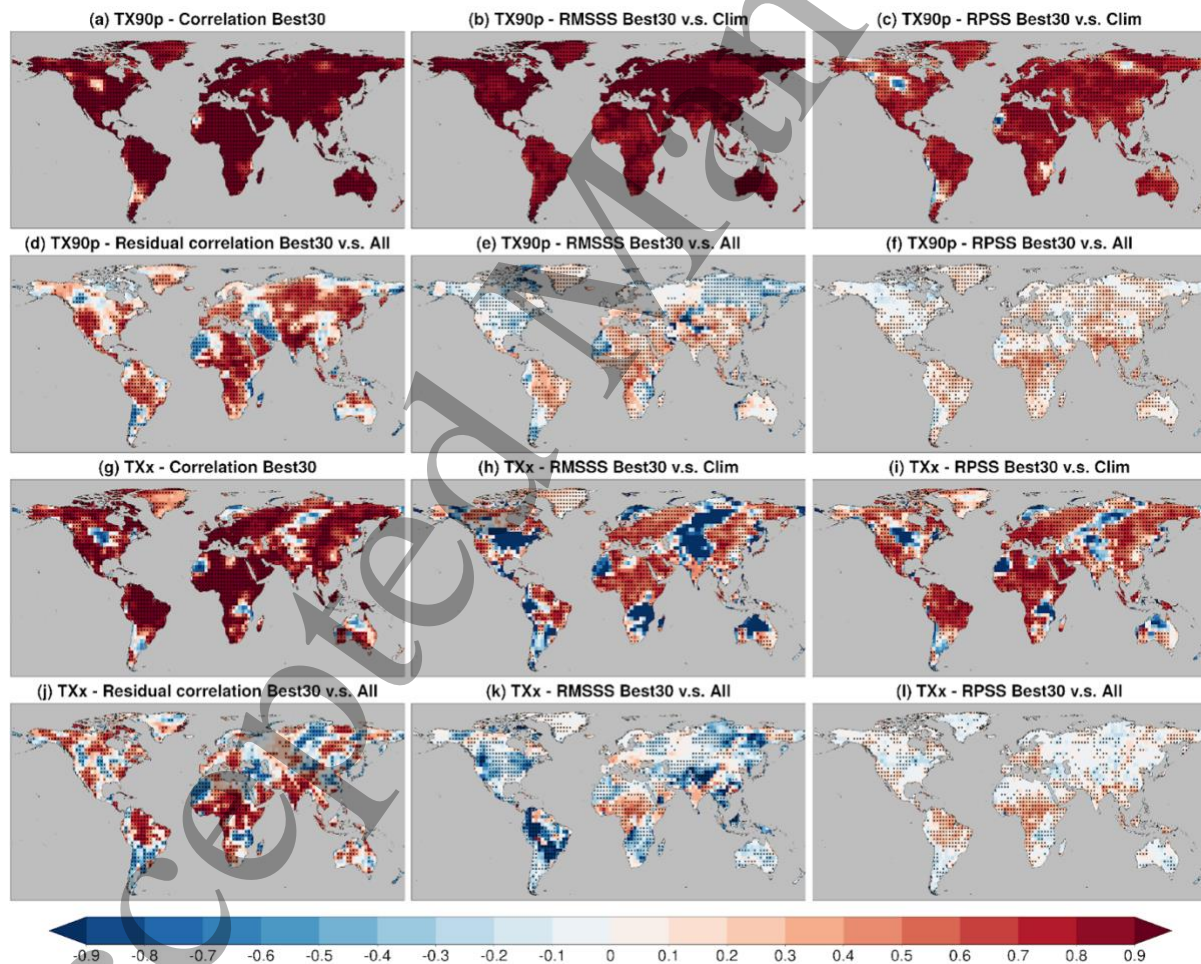
Best30 $TX90p$ shows high skill in most global land regions, with correlations exceeding 0.9 in the majority of grid cells, and $RMSSS > 0.8$ and $RPSS > 0.6$ in large areas, respectively (Figure 1(a)-(c)). Improved skill from the constraint in Best30 in comparison to All ensemble as measured by positive residual correlations is found in the western USA, South and eastern North America, Africa, the Arabian Peninsula, Europe, most of Asia and northern Australia (Figure 1(d)), meaning that in these regions observed variability is captured better by Best30 than by All ensemble. Improved skill based on the RMSSS is found over central and northern South America, Greenland, most of the African continent, southeastern Europe, the Arabic Peninsula and most of central and southern Asia (Figure 1e), pointing out a good agreement between Best30 and the reference dataset. Improved skill measured by the RPSS is widespread and similar to the one of residual correlation (Figure 1(f)) and indicates that Best30 is more skillful than All ensemble when evaluating the skill in terms of probabilities.

Best30 TXx shows often weaker skill compared to $TX90p$, as also found for multi-annual predictions by Delgado-Torres *et al* (2023), but 20-year projections are still skillful over large areas of the globe for the three metrics. Lack of skill is found in some parts of North and South America, Scandinavia, western and southern Africa, central parts of Asia and northern Australia (Figure 1(g)-(i)). Improved skill as measured by residual correlation is found over Alaska, Canada, eastern North America, southwestern USA, Mexico, northern South America, eastern Europe, India, eastern Russia, southeastern Asia and western Australia (Figure 1(j)). RMSSS shows improved skill mainly over central Africa (Figure 1(k)), whereas the negative RMSSS

311 values in other regions (such as large parts of North and South America) are indicative of an
 312 increased mean bias in Best30 compared to All ensemble. RPSS improved skill is found in
 313 western North America, South America, central and eastern Europe, central Africa and in some
 314 localised parts of Asia (Figure 1(l)).

315
 316 Similarly to hot extremes, we find high hindcast skill also for indices of cold extremes (Figure
 317 S2). $TN10p$ and TNn show high Best30 skill over most of the globe, with the former having
 318 larger areas with significant skill than the latter (Figure S2(a)-(c), (g)-(i)). For both indices, we
 319 find added skill compared to All ensemble over southeastern North America, eastern Brazil,
 320 equatorial Africa, southeastern China and northern Australia (Figure S2(d)-(f), (j)-(l)). When
 321 using ERA5 as reference datasets we find similar spatial patterns for hot and cold extremes in
 322 both the Best30 skill and skill improvement (Figures S3-S4).

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325
 326 **Figure 1** Skill measures obtained with the Best30 ensemble for $TX90p$ (first row) and TXx (third row),
 327 and added skill of the Best30 ensemble in comparison to the All ensemble for $TX90p$ (second row) and
 328 TXx (fourth row). The first column shows the correlation between the Best30 ensemble mean and
 329 observations (a, g) and the correlation between the residuals of the Best30 ensemble mean and

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3 330 observations calculated by linearly regressing out the All ensemble mean (d, j). The second column shows
4 331 the RMSSS of Best30 using the climatological hindcast (b, h) and the All ensemble (e, k) as the reference
5 332 hindcast. The third column is similar to the second column, but for the RPSS. Stippling indicates grid
6 333 points where the skill measures are statistically significant controlling the FDR with $\alpha_{FDR} = 0.1$.
7 334 The observational reference dataset is BEST.
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10 336 We next inspect the regional average time series for three regions in which the Best30 ensemble
11 337 shows improved skill over the All ensemble, namely western North America, southern central
12 338 and eastern Europe, and southeastern China (Figure 2). We use these time series plots to
13 339 illustrate some of the characteristics that help explain the improved skill in Best30 compared to
14 340 the unconstrained ensemble. While all time series indicate a long-term warming over the analysis
15 341 period for both $TX90p$ and TXx in all three regions, there are also some noteworthy differences.
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19 343 In SCE Europe and SE China (Figure S1) the Best30 ensemble mean has lower values than the
20 344 All ensemble mean for both $TX90p$ and TXx in the first two decades of the investigation period.
21 345 These values are closer to the observed temperature values, contributing to the improved skill.
22 346 Overall this leads to a stronger long-term warming of hot extremes in these regions in Best30
23 347 compared to All, and more similar to observations. In addition, The Best30 ensemble also
24 348 captures some of the observed decadal-scale variations with accelerated warming in the 1980s
25 349 and early 1990s and reduced warming rates from the mid 1990s, whereas the All ensemble mean
26 350 features temporally more homogeneous increases. In WN America (Figure S1) the Best30
27 351 ensemble mean also has lower values than the All ensemble mean during the first two decades of
28 352 the investigation period. In this case this makes it more different to the observed time series, as
29 353 also reflected by the negative RMSSS values when using the All ensemble as reference.
30 354 However, the positive Residual Correlation (and positive RPSS for the TXx index) indicate some
31 355 added skill in Best30 over the All ensemble, and this is indicative of correctly predicting some
32 356 aspects of the decadal-scale variations in the warming rates (such as the reduced warming rates
33 357 in the 1990s). Similar time-series are also found when using the ERA5 reference datasets as
34 358 shown in Figure S5.
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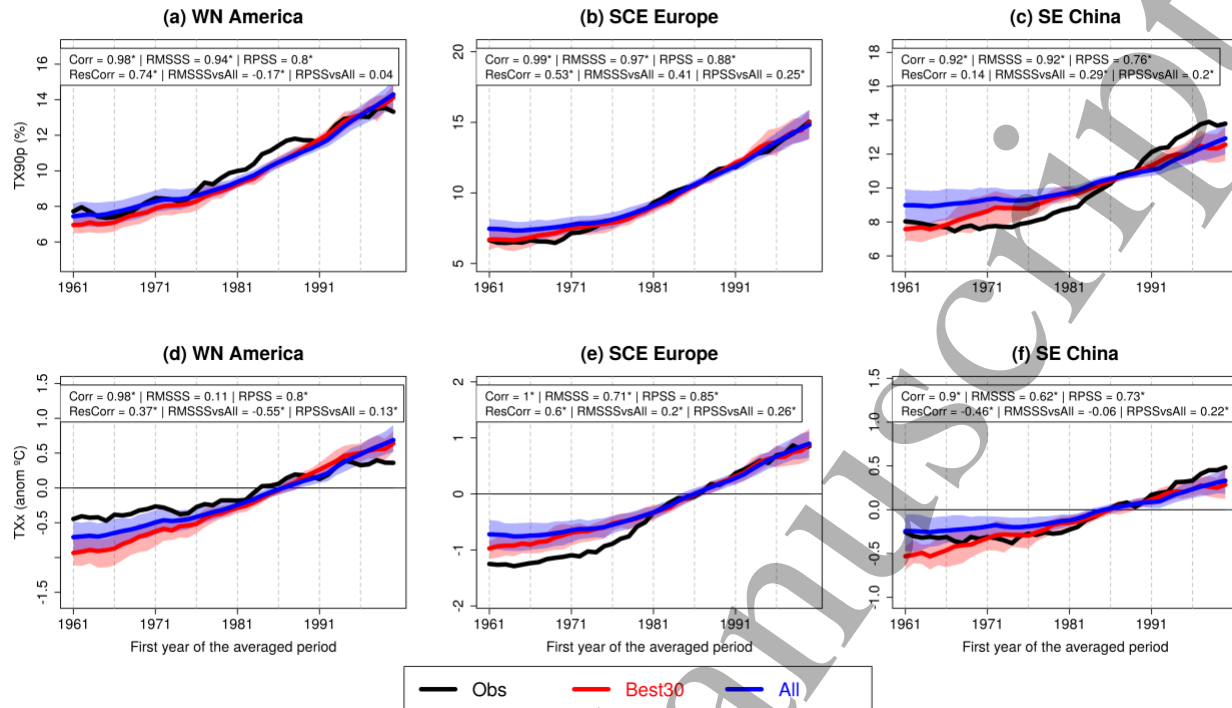


Figure 2 Regional 20-year average time-series of hot extreme indices from 1961 to 2000 initialised years for Best30 (red), All ensemble (blue) and observational (black) datasets. Regions are western North America (WN America), southern central and eastern Europe (SCE Europe) and southeastern China (SE China). Shaded coloured bands represent the interquartile range (25th and 75th percentiles) of the Best30 and All ensemble. We also show the evaluation metrics averaged over each single region, in the same order as Figure 1(a)-(f). Asterisks indicate metrics statistically significant. The observational reference dataset used is BEST.

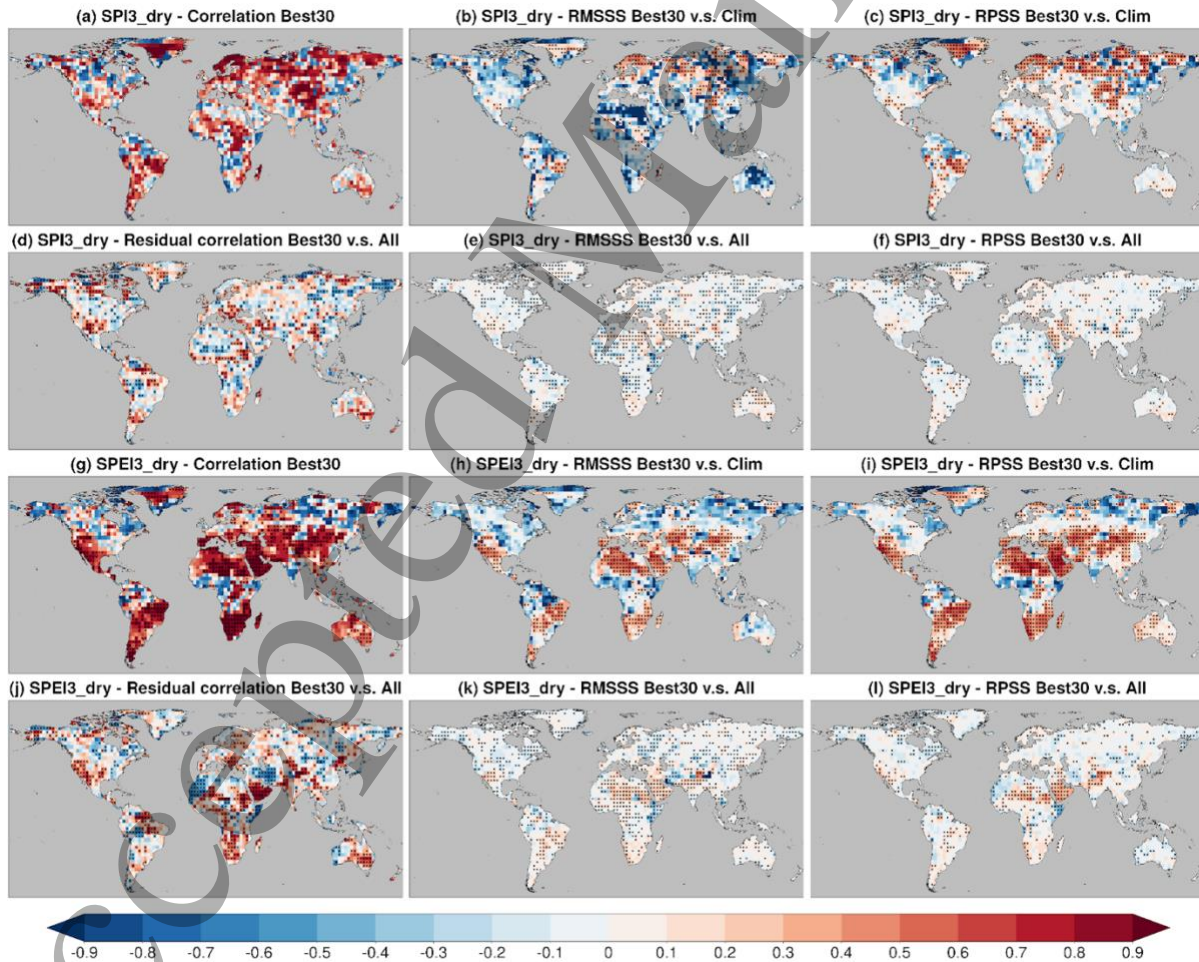
4.2 Dry extremes

Skill for dry extremes is overall spatially more limited when compared to the skill for hot extremes. However, there are some areas where near-term projections of dry extremes are skillful, and where our constraint adds skill.

Best30 $SPI3_{dry}$ correlations are locally significant over the southwestern USA, central and southern South America, Greenland, northern Europe, central Africa, parts of Asia and southeastern Australia (Figure 3(a)). Whereas RMSSS and RPSS show similar patterns of positive skill over central South America, northern Europe, central Africa and central and northern Asia (Figure 3(b),(c)). Residual correlations indicate skill improvements from the constraint for $SPI3_{dry}$ in a few regions, e.g. over the southern USA, central Africa and in other localised areas of the globe (Figure 3(d)). Also RMSSS and RPSS indicate some added value for the constrained ensemble in similar regions, e.g. the southern USA, some scattered areas in South America, the Arabian Peninsula and southern Australia (Figure 3(e)-(f)).

Best30 *SPEI3_dry* shows significant skill based on the three metrics over southwestern USA, central and northern Mexico, central and southern South America, northern and southern Africa, the Iberian peninsula, southeastern Europe, the Middle East, western and central Asia and southeastern Australia (Figure 3(g)-(i)). Residual correlations indicate improved skill over the western USA, northern South America, the Balkans, parts of central and southern Africa, the Arabian Peninsula and southeastern Australia (Figure 3(j)). Also here RMSSS and RPSS indicate some skill improvements for *SPEI3_dry* in the southwestern USA and northern Mexico, parts of South America and Africa, the Arabian Peninsula and in a few areas of central Asia (Figure 3(k)-(l)).

Overall similar results are obtained when considering the drought indices with longer accumulation periods, such as *SPI6_dry*, *SPEI6_dry* (Figure S6), *SPI12_dry* and *SPEI12_dry* (Figure S7) and different reference datasets (i.e. ERA5-REGEN, Figures S8-S10).



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402 **Figure 3** Same as Figure 1 but for *SPI3_dry* and *SPEI3_dry*. The observational reference datasets used
403 are GPCC (precipitation) and BEST (to compute potential evapotranspiration).
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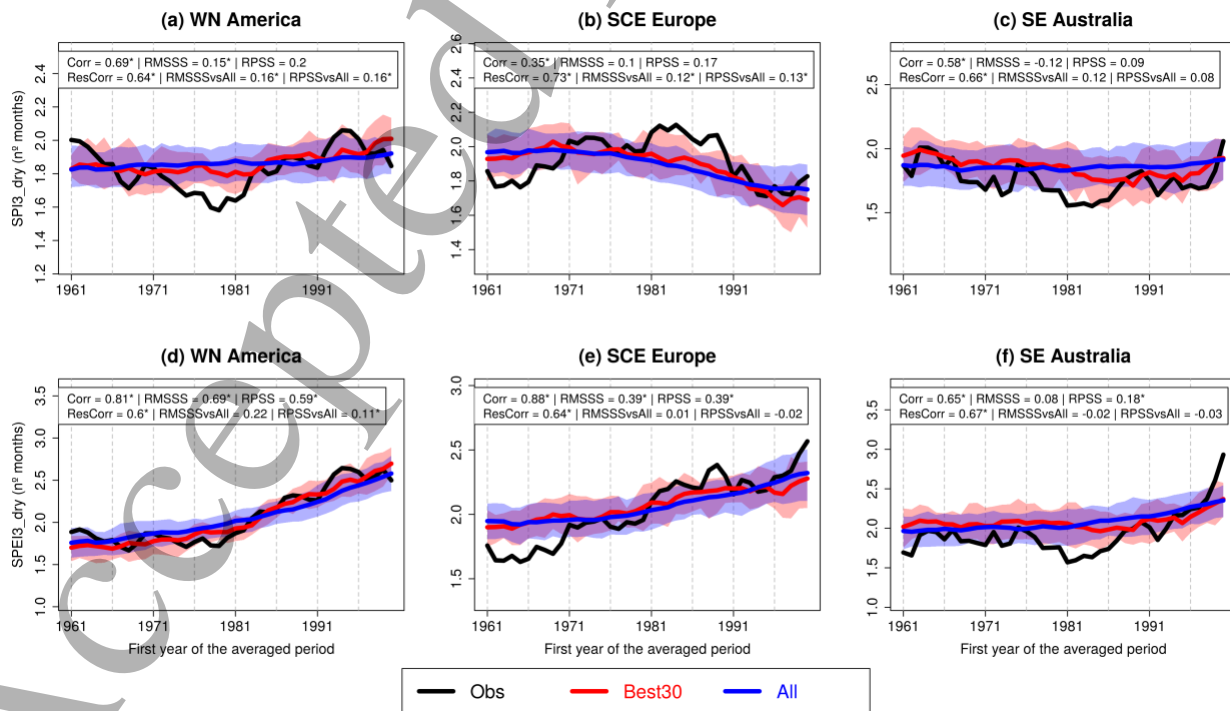
406 In the following, we focus on regional timeseries of the drought measures in three regions where
 407 the constraint adds skill (i.e. WN America, SCE Europe and SE Australia), to better understand
 408 the characteristics of the improved hindcasts (Figure 4). Here, Best30 and All ensemble correctly
 409 capture both the stationarity (Figure 4(a),(c)) and long-term changes in the observations (Figure
 410 4(b),(d)-(f) for both indices. There is also added value in Best30 compared to All, especially for
 411 WN America where Best30 captures some of the observed decadal-scale variations around the
 412 CMIP6 (All) mean, although with smaller magnitude. We obtain similar results with *SPI6_dry*,
 413 *SPEI6_dry*, *SPI12_dry* and *SPEI12_dry* (Figure S11), or when using the ERA5-REGEN
 414 reference datasets (Figures S12-S13). In summary, these results illustrate how the constraint can
 415 improve near-term projections of drought, by enhancing the representation of both decadal-scale
 416 variations and long-term changes in WN America, SCE Europe and SE Australia.

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418 When comparing the skill for these drought indices (i.e. *SPI_{n_dry}* or *SPEI_{n_dry}*) against the skill
 419 in predicting the entire distributions of *SPI* or *SPEI* (i.e. including dry and wet conditions), we
 420 note some interesting differences (Figure S14). While for most regions the patterns of skill are
 421 reasonably similar between predicting *SPI/SPEI* and the corresponding drought indices, in
 422 particular in SE Australia (where both *SPI3_dry* and *SPEI3_dry* had skill and added skill), there
 423 is no skill (nor added skill) for *SPI3* or *SPEI3*. This indicates some asymmetry in the
 424 predictability of accumulated precipitation (*SPI*) or water availability (*SPEI*), with dry conditions
 425 being more predictable than wet conditions.

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3 **Figure 4** As Figure 2 but for *SPI3_dry* and *SPEI3_dry* and southeastern Australia (SE Australia) instead
4 of southeastern China (SE China).
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8 **5. Discussion and Conclusions**

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10 In this work we presented the first evaluation of multi-decadal prediction skill of CMIP6
11 projections of hot, cold and dry extremes in global land regions with decadal variability
12 constrained based on observations. We performed our analysis within the 1961-2019 period with
13 20-year predictions started each year from 1961 to 2000 (i.e. generating retrospective predictions
14 of 20-year windows ranging from 1961-1980 to 2000-2019). We showed that the constrained
15 ensemble (Best30) has high skill for hot and cold extremes over large parts of the globe, with
16 also added value compared to the unconstrained ensemble (All) in several regions. Dry extremes,
17 on the other hand, showed lower skill compared to temperature extremes but drought predictions
18 are skillful in some regions. These regions include e.g. western North America, Southeastern
19 Europe and Southeastern Australia, which were affected by prominent dry and hot extremes in
20 recent decades.
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25 This work builds on recent studies, which investigated the predictability of extremes in multi-
26 annual predictions from the DCPM MME against observations for temperature extremes
27 (Delgado-Torres *et al* 2023) and on recent work developing the methods to constrain variability
28 in large projection ensembles with the goal to provide multi-decadal climate predictions
29 (Mahmood *et al* 2022). The former study showed high skill in predicting average and extreme
30 temperatures with DCPM when compared to observations, and added value when compared to an
31 historical CMIP6 MME. The latter investigation, on the other hand, showed high skill in average
32 temperature for Best30 compared to observations and added value when this is compared to the
33 All ensemble. These studies reflect our findings, but their geographical patterns of DCPM and
34 Best30 added value against the Historical and unconstrained ensemble respectively do not
35 necessarily reflect our maps, since for example we obtained more positive and significant skill in
36 *TX90p* and *TXx* than Delgado-Torres *et al* (2023), especially in western north America, central
37 south America, central Africa, southern central and eastern Europe, India and southeastern
38 China. Similarly to our results, Delgado-Torres *et al* (2023) found higher skill for *TX90p* than
39 *TXx*. This is because the former is a more moderate extreme occurring several days in a year and
40 for which modulation related to climate variability modes more detectable, whereas the latter
41 represents only the one most extreme day per year whose intensity is affected by different
42 processes (e.g. specific atmospheric circulation patterns on that day), which may not be
43 predictable with our method.
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51 We envisage future work on assessing the multi-decadal prediction skill of other impact-relevant
52 climate phenomena, such as compound hot-dry (e.g. De Luca and Donat 2023, Bevacqua *et al*
53 2022) and wet-windy (e.g. De Luca *et al* 2020, Martius *et al* 2016) extremes derived from a large
54 MME of CMIP6 models. In addition, identifying the sources of predictability driving good skill
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3 470 in selected regions of the globe, as done for example by Patricola *et al* (2020) and Imada and
4 471 Kawase (2021), can further extend the understanding of the physical processes at play and
5 472 improve the prediction. In particular, applying the constraint only to specific ocean regions can
6 473 help to attribute the predictability to specific modes of variability or climate system components
7 474 (e.g. Mahmood *et al* 2022).
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11 476 Our work demonstrates that constraining internal climate variability with observations, leads to
12 477 more trustworthy predictions of hot and dry extremes on multi-decadal time-scales, and we
13 478 believe that such predictions can be useful for stakeholders to develop targeted adaptation
14 479 strategies to climate change over the next 20 years.
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