

# Protein-Imprinted Polymers: How Far Have “Plastic Antibodies” Come?

Leonor Resina<sup>a,b,c</sup>, Carlos Alemán<sup>c,d</sup>, Frederico Castelo Ferreira<sup>a,b</sup>, Teresa Esteves<sup>a,b,\*</sup>

<sup>a</sup> iBB – Institute for Bioengineering and Biosciences, Department of Bioengineering, Instituto Superior Técnico - Universidade de Lisboa, Avenida Rovisco Pais 1, 1049-001 Lisboa, Portugal. m.leonor.resina@tecnico.ulisboa.pt, frederico.ferreira@tecnico.ulisboa.pt, teresa.esteves@tecnico.ulisboa.pt

<sup>b</sup> Associate Laboratory i4HB—Institute for Health and Bioeconomy at Instituto Superior Técnico, Universidade de Lisboa, Avenida Rovisco Pais 1, 1049-001 Lisboa, Portugal

<sup>c</sup> Departament d’Enginyeria Química and Barcelona Research Center for Multiscale Science and Engineering, EEBE, Universitat Politècnica de Catalunya, C/ Eduard Maristany 10-14, 08019 Barcelona, Spain. carlos.aleman@upc.edu

<sup>d</sup> Institute for Bioengineering of Catalonia (IBEC), The Barcelona Institute of Science and Technology, Baldiri Reixac 10-12, 08028 Barcelona, Spain

\* **Corresponding author:** Teresa Esteves, iBB – Institute for Bioengineering and Biosciences, Department of Bioengineering, Instituto Superior Técnico - Universidade de Lisboa, Avenida Rovisco Pais 1, 1049-001 Lisboa, Portugal. Tel: +351218419167. teresa.esteves@tecnico.ulisboa.pt

## 50 **Abstract**<sup>1</sup>

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52 Antibodies are highly selective and sensitive, making them the gold standard for  
53 recognition affinity tools. However, their production cost is high and their downstream  
54 processing is time-consuming. Molecularly imprinted polymers (MIPs) are tailor-made  
55 by incorporating specific molecular recognition sites in their structure, thus translating  
56 into receptor-like activity mode of action. The interest in molecular imprinting  
57 technology, applied to biomacromolecules, has increased in the past decade. MIPs,  
58 produced using biomolecules as templates, commonly referred to as “plastic antibodies”  
59 or “artificial receptors”, have been considered as suitable cheaper and easy to produce  
60 alternatives to antibodies. Research on MIPs, designed to recognize proteins or peptides  
61 is particularly important, with potential contributions towards biomedical applications,  
62 namely biosensors and targeted drug delivery systems. This mini review will cover recent  
63 advances on (bio)molecular imprinting technology, where proteins or peptides are  
64 targeted or mimicked for sensing and therapeutic applications. Polymerization methods  
65 are reviewed elsewhere, being out of the scope of this review. Template selection and  
66 immobilization approaches, monomers and applications will be discussed, highlighting  
67 possible drawbacks and gaps in research.

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69 **Keywords:** molecularly imprinted polymers, nanoparticles, artificial antibodies,  
70 biomimetics, biosensors, biomolecules, diagnostics, selective targeting, drug delivery

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## 72 **1. Introduction**

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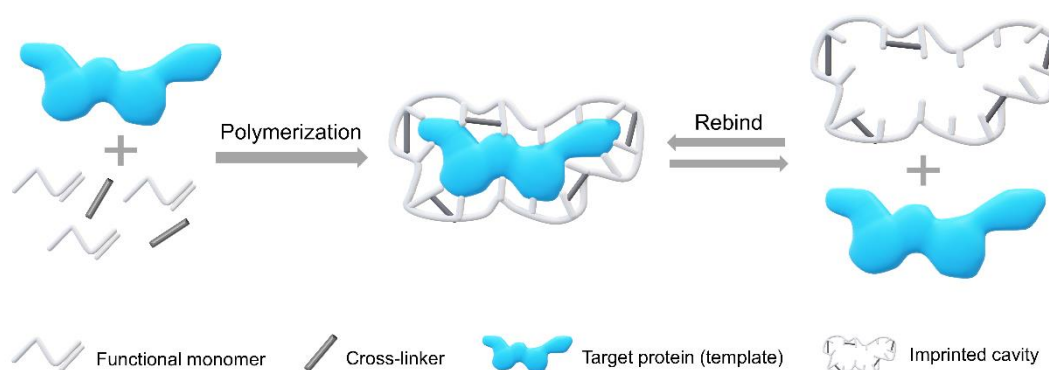
74 The interest on molecular imprinting technology, studied since the 1970s, has  
75 grown exponentially between the 1970s and mid-2010s (Ansari and Masoum, 2019), with  
76 applications ranging from separation and purification, as selective adsorbers or  
77 membranes, to sensors (Alexander et al., 2006; Whitcombe et al., 2014).

78 Molecularly imprinted polymers (MIPs) are synthetic polymers that are tailor-  
79 made for specific recognition. As antibodies and enzymes, their three-dimensional  
80 structure and functional groups with a specific orientation are orchestrated to allow a  
81 selective molecular binding. Functional monomers interact with the template, or printed  
82 molecule, forming a template-monomer complex. Polymerization takes then place, in the  
83 presence the template, by reaction of a cross-linker and an initiator. After the polymer is  
84 formed, the template molecule is removed, leaving the MIP with empty cavities, that act  
85 as specific binding sites (Hui Lee and Doong, 2016; Scriba, 2016), as represented in a  
86 simplified scheme in Figure 1. This cavity will preferentially bind the template, as it  
87 matches the template’s geometry, and it has affinity for its complementary functional  
88 groups. MIPs can be synthesized using virtually any molecule as a template, ranging from

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<sup>1</sup> **Abbreviations:** AAm: acrylamide; AIBN: azo-bis isobutyronitrile; APMA: N-(3-aminopropyl) methacrylamide; APS: ammonium persulfate; BSA: bovine serum albumin; CEA: Carcinoembryonic antigen; DMAEM: 2-(dimethylamino)ethyl methacrylate; DMAPMA: N-(3-(dimethylamino)propyl)methacrylamide; EBA: N,N'-ethylenebis(acrylamide); EGDMA: ethylene glycol dimethylacrylate; EGFR: epidermal growth factor receptor; HPLC: high performance liquid chromatography; MAA – methacrylic acid; MBA: N,N'-methylenebisacrylamide; MIPs: molecularly imprinted polymers; N/A: not available; NIPAm: N-isopropylacrylamide; PBS: phosphate buffered saline; PDA: 1,4-bis(acryloyl)piperazine; PEGDMA: poly(ethylene glycol)dimethacrylate; PSMA: prostate-specific membrane antigen; QCM – quartz crystal microbalance; SDS: sodium dodecyl sulphate; TBAm: N-tert-butylacrylamide; TEMED: N,N,N',N'-Tetramethylethylenediamine.

89 drugs, small molecules, amino acids, chiral enantiomers, DNA, peptides, proteins and  
90 even whole cells (Haginaka and Sakai, 2000; Hammam et al., 2018; Lin et al., 1997;  
91 Liustrovaite et al., 2023; Mohajeri and Ebrahimi, 2008; Ping Li et al., 2004; Suedee et al.,  
92 2002; Trinh et al., 2018), thus translating into a target molecule size range from a few Da  
93 (e.g. 126 Da melamine (Poma et al., 2013)) to several kDa (e.g 66.5 kDa bovine serum  
94 albumin (BSA) (Arabi et al., 2021b) and 180 kDa spike glycoprotein of SARS-CoV-2  
95 (Ratautaite et al., 2023, 2022)).  
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97  
98 **Figure 1.** Schematic representation of protein MIP synthesis.  
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100 Biomolecules such as antibodies, some receptors, and enzymes are the gold  
101 standard for affinity tools, since their target recognition capacity is highly selective and  
102 sensitive. However, the use of natural biomolecules presents disadvantages, including:  
103 limited working conditions, such as mild temperature, narrow pH range and low stability  
104 in organic solvents. Antibody production in mammalian cells has been optimized over  
105 last decades, still the associate production costs are high. Recombinant expression in  
106 bacterial or yeast systems still presents limitations like endotoxin production (Arbabi-  
107 Ghahroudi, 2022; Asaadi et al., 2021; Liu and Huang, 2018; Malaquias et al., 2021; Mark  
108 et al., 2022; Thompson et al., 2016). Therefore, given that MIPs are usually cheap, easy  
109 to synthesize in a reproducible way, and have shown robust performances in a variety of  
110 solvents (Hui Lee and Doong, 2016; Wackerlig and Schirhagl, 2016), MIPs, using  
111 biomolecules as templates, have been considered as suitable alternatives for medical  
112 diagnosis and theragnostics in the biomedicine field and as replacement of enzymes in  
113 catalytic processes or even used as bioelectrodes for energy harvesting based on microbial  
114 fuel cells in more advanced MIP applications (Ostovan et al., 2022).

115 Due to their functional similarity to their natural counterparts, MIPs designed for  
116 biomolecules have been referred to as “plastic antibodies” or “artificial receptors”.  
117 Research developed on MIPs selective for biomacromolecules, like proteins or peptides,  
118 is particularly important, since these have the potential to contribute towards biomedical  
119 applications aiming at biosensors, toxic analyte sequestration, or drug delivery systems,  
120 among others (Canfarotta et al., 2018; Chen et al., 2016; Hui Lee and Doong, 2016;  
121 Suedee et al., 2002).

122 Molecularly imprinted technology has significantly contributed on the  
123 development of novel biosensors for disease detection. Namely, several cancer  
124 diagnostics sensors based on MIPs has been development, using prostate, breast, ovarian  
125 and hepatic cancer biomarkers as target molecules (Pilvenyte et al., 2023b). Polypyrrole-  
126 based electrochemical MIP sensors were developed targeting the CA-125 marker for

127 epithelial ovarian cancer (Rebelo et al., 2019), the CA15-3 marker for breast cancer  
128 (Santos et al., 2018), and the PSA protein marker for prostate cancer (Yazdani et al.,  
129 2019). In the latter study, it was developed a sensor for PSA with a limit of detection  
130 (LOD) so low as 2.0 pg/mL, which is below the threshold “risk” values of 4.0-10.0 ng/mL  
131 of PSA concentration in blood, thus showing the potential competitiveness of this assay.  
132 Biomarkers for neurodegenerative diseases is another relevant focus area of MIP-based  
133 biosensors with recent advances in the development of MIP-based electrochemical  
134 sensors for Alzheimer’s and Parkinson’s diseases (Pilvenyte et al., 2023a). For instance,  
135 a very competitive Alzheimer’s disease MIP biosensor was designed for an amyloid- $\beta$   
136 peptide using a combination of polypyrrole and carbon nanotubes, reaching a LOD as low  
137 as 0.3 fg/mL (Özcan et al., 2020). A MIP-based biosensor was similarly developed for  $\alpha$ -  
138 synuclein peptides with a LOD of 10 fg/mL, for Parkinson’s disease, using aniline, the  
139 monomer of the conducting polymer polyaniline, and *m*-aminobenzenesulfonic acid (Lee  
140 et al., 2021). Overall, such studies suggest a growing tendency in developing MIP-based  
141 biosensors using such functional monomers to obtain an electroconductive polymeric  
142 structure in the MIP to enable high detection sensitivities (Canfarotta et al., 2016;  
143 Ramanavicius et al., 2022; Ramanavicius and Ramanavicius, 2022).

144 This mini-review is focused on current advances on molecular imprinting  
145 technology where proteins, peptides and epitopes are used as templates, and/or MIPs that  
146 are designed to mimic biological (macro)molecules. Polymerization methods are  
147 reviewed elsewhere (Haupt et al., 2020), being out of the scope of this review. Template  
148 selection and immobilization approaches, functional monomers and applications will be  
149 discussed, highlighting possible drawbacks and gaps in the literature.

## 150 2. Protein imprinting

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153 Proteins are biomacromolecules of significant interest in research, with special  
154 focus on their detection and quantification, since they are often biomarkers of important  
155 human diseases, including viral infections (Cennamo et al., 2021; Liv et al., 2021; Raziq  
156 et al., 2021; Sukjee et al., 2022; Tai et al., 2005), hormonal and DNA regulation processes  
157 (Rachkov and Minoura, 2000; Zhang and Liu, 2018), and many cancer types (Canfarotta  
158 et al., 2018; Han et al., 2019; Tang et al., 2018; Zhang et al., 2015). However, detection  
159 and quantification of proteins requires labour and cost-intensive separation methods,  
160 often based on immunoassays.

161 Table 1 shows a short overview of the common functional monomers, initiators,  
162 cross-linkers and solvents used on studies for protein imprinted MIPs. Apart from the  
163 polymerization method chosen, reagents for the polymerization reaction appear to be  
164 quite similar among studies with protein imprinted MIPs, without much novelty presented  
165 in terms of functional monomers, initiators and cross-linkers selected, in agreement with  
166 what has already been reviewed elsewhere (Teixeira et al., 2021; Yang et al., 2019).

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**Table 1.** Short overview of polymerization reagents (monomers, cross-linkers, initiators) and solvent for selected studies using protein imprinting technology.

Template	Monomers	Cross-linker	Initiator	Solvent	Ref.
<b>Cytochrome c</b>	AAm	MBA EBA PDA PEGDMA	APS TEMED	Water Tris-buffered saline	(El Kirat et al., 2009)
	AAm	MBA	APS	PBS	(Li et al., 2006)
<b>Haemoglobin</b>	Dopamine	N/A	APS	PBS	(Ouyang et al., 2010)
	AAm	MBA	APS	PBS	(Li et al., 2006)
<b>BSA</b>	DMAEM	MBA PEGDMA	Irgacure® 2959	Potassium phosphate buffer and ethanol	(Kryscio and Peppas, 2012)
<b>Albumin</b>	AAm	MBA	APS	PBS	(Li et al., 2006)
<b>DNAzyme complex</b>	AAm NIPAm DMPMA	MBA	APS TEMED	Aqueous buffer solution	(Zhang and Liu, 2018)
<b>Prostate-specific membrane antigen (PSMA)</b>	AAm DMAEM	EGDMA	AIBN	Methanol/water mixture	(Tang et al., 2018)
<b>Epidermal growth factor receptor (EGFR)</b>	NIPAm TBAm Acrylic acid APMA	MBA	APS TEMED	PBS	(Canfarotta et al., 2018)
<b>Ribonuclease A</b>	AAm	MBA	APS	PBS	(Li et al., 2006)
<b>Human serum albumin (HSA)</b>	3-(methacryloxy) propyltrimethoxysilane	-	-	PBS Tween 20 solution	(Guoning et al., 2020)

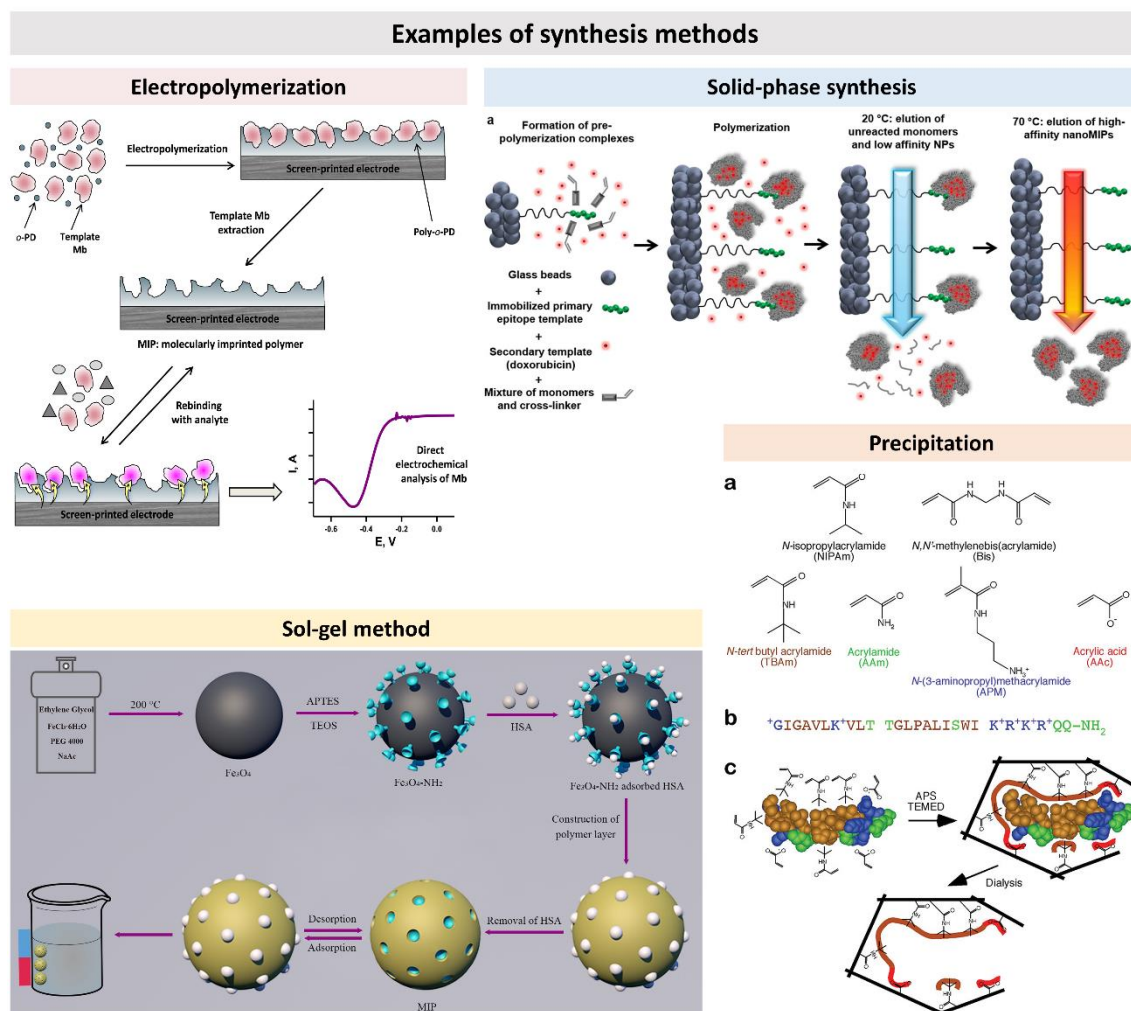
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172 AAm: acrylamide; AIBN: azo-bis isobutyronitrile; APMA: N-(3-aminopropyl)  
 173 methacrylamide; APS: ammonium persulfate; DMAEM: 2-(dimethylamino)ethyl  
 174 methacrylate; DMAPMA: N-(3-(dimethylamino)propyl)methacrylamide; EBA: N,N'-  
 175 ethylenebis(acrylamide); EGDMA: ethylene glycol dimethylacrylate; MBA: N,N'-  
 176 methylenebisacrylamide; N/A: not available; NIPAM: N-isopropylacrylamide; PBS:  
 177 phosphate buffered saline; PDA: 1,4-bis(acryloyl)piperazine; PEGDMA: poly(ethylene  
 178 glycol)dimethacrylate; SDS: sodium dodecyl sulphate; TBAM: N-tert-butylacrylamide;  
 179 TEMED: N,N,N',N'-Tetramethylethylenediamine.

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181 To obtain MIPs for biomacromolecules, two main protein imprinting strategies  
 182 have been developed: protein imprinting, including i) non-oriented surface imprinting and  
 183 ii) oriented surface imprinting, where the entire protein works as template; and epitope  
 184 imprinting, where the template will be a part of the structure of the target protein.  
 185 Representative examples found in literature of protein and epitope imprinting strategies  
 186 discussed in this review are represented in Figure 2.

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189 **Figure 2.** Representative synthesis methods: non-oriented surface imprinting –  
 190 electropolymerization (reprinted from (Shumyantseva et al., 2016), Copyright 2023, with  
 191 permission from Elsevier) and precipitation (reprinted with permission from (Hoshino et  
 192 al., 2008), Copyright 2023 American Chemical Society); oriented surface imprinting –  
 193 sol-gel (reprinted from (Guoning et al., 2020), Copyright 2023, with permission from

194 Elsevier); epitope imprinting: solid-phase synthesis (reprinted with permission from  
195 (Canfarotta et al., 2018), Copyright 2023 American Chemical Society).

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## 197 **2.1. Protein imprinting**

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In the protein imprinting approach, the whole protein is the template. Such strategy, following the traditional MIP concept, could be argued as the most appropriate biomimetic approach in terms of binding affinity, since it would retain the tertiary structure of the target protein, as well as, affinity groups for weak protein interactions, such as hydrogen bonds, electrostatic and van der Waals interactions (Boysen, 2019). However, epitope imprinting, which will be reviewed further ahead, may provide a recognition mechanism more similar to natural receptors. Depending on the application, it may be useful to have a binding site for only a specific peptide motif of the biomolecule. This is particularly relevant for cell membrane proteins, when considering specific biological variants detection, or to promote for cost-effective MIPs development and manufacture strategies. The literature reports MIPs targeting common proteins, such as BSA, albumin, ribonuclease A, horseradish peroxidase (HRP), or cytochrome c, using molecular imprinting methods based on different strategies for the immobilization of the target, and varied functional monomers (Kryscio and Peppas, 2012; Li et al., 2006; Wang et al., 2019). Additional examples are resumed in Table 2, including methods for removal of the template after MIP synthesis. Template removal techniques include protein denaturation steps, so that the template changes its conformation and will be released from the imprinted cavity, followed by washing steps to promote the elution of the denatured template. A drawback of these methods is that they do not allow recovery of the template molecule for reuse. Another methodology is based solely in washing with mild solvents, like aqueous solutions, thus relying on disruption of weak interactions, such as electrostatic and hydrogen bonds, and the slow diffusion of the protein through the polymer network. Additionally, the use of thermo-responsive monomers (e.g. N-isopropylacrylamide) in the structure of the MIP allows the release of the protein simply by increasing the temperature of the washing solution above the lower critical solution temperature (LCST), which leads to increase space between polymer chains, allowing the protein to be released from the MIP's cavity.

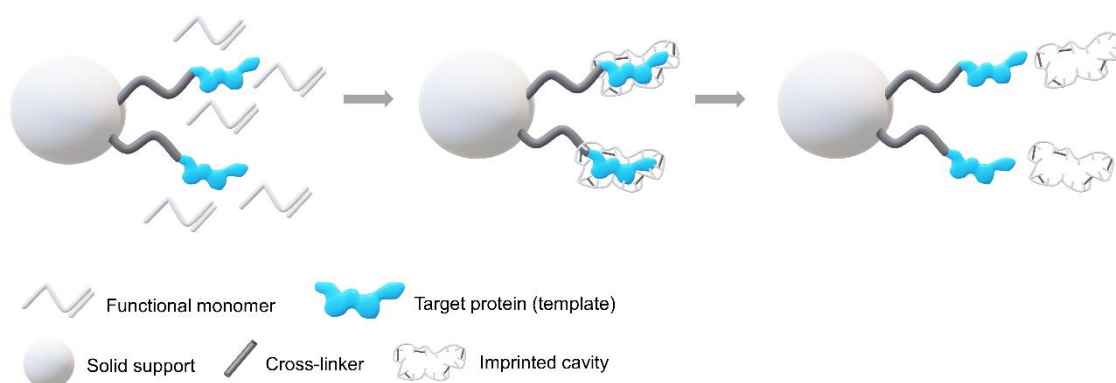
227 **Table 2.** Summary of protein templates and template removal procedures for selected  
 228 studies using protein imprinting technology.  
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<b>Template</b>	<b>Template removal</b>	<b>Ref.</b>
<b>Cytochrome c</b>	Digestion with trypsin and washing with SDS solution	(El Kirat et al., 2009)
	Washing with ethanol, NaOH, and acetic acid with SDS solutions	(Li et al., 2006)
<b>Haemoglobin</b>	Washing with SDS solution	(Ouyang et al., 2010)
	Washing with ethanol, NaOH, acetic acid with SDS solutions	(Li et al., 2006)
<b>BSA</b>	Washing with potassium phosphate buffer	(Kryscio and Peppas, 2012)
<b>Albumin</b>	Washing with ethanol, NaOH, and acetic acid with SDS solutions	(Li et al., 2006)
<b>DNAzyme complex</b>	Washing with water	(Zhang and Liu, 2018)
<b>Prostate-specific membrane antigen (PSMA)</b>	Soaking in aqueous NH <sub>3</sub> /methanol, followed by washing with water and methanol	(Tang et al., 2018)
<b>Epidermal growth factor receptor (EGFR)</b>	Washing with water in solid phase extraction and centrifugal dialysis	(Canfarotta et al., 2018)
<b>Ribonuclease A</b>	Washing with ethanol, NaOH, acetic acid with SDS	(Li et al., 2006)
<b><i>Listeria monocytogenes</i></b>	Acetic acid and trypsin	(Liustrovaite et al., 2023)

230  
 231 Some studies report the development of MIPS for the whole tertiary protein  
 232 structure in liquid solution, by addition of the target biomolecule to the reaction mixture  
 233 (Wang et al., 2014; Yang et al., 2023). Some studies have even reported the use of whole  
 234 cells, like bacteria, to develop MIP-based sensors reaching relevant LOD values, a MIP-  
 235 based electrochemical sensor developed for *Listeria monocytogenes* has a LOD of 70  
 236 CFU/mL (Liustrovaite et al., 2023). However, the most common approach reported  
 237 resorts to solid phase synthesis, in which the template protein is first immobilized in a  
 238 solid support such as silica beads (Canfarotta et al., 2016; Zhang et al., 2009), glass  
 239 surfaces (El Kirat et al., 2009; Kryscio and Peppas, 2012) and other silica moulds  
 240 (Dabrowski et al., 2019; Li et al., 2006) and an affinity chromatography step is used for  
 241 the synthesis and purification of the molecularly imprinted nanoparticles (MIP-NPs)  
 242 (Figure 2 and Figure 3).

243 Immobilization of the protein to the solid support could be achieved using an  
 244 affinity ligand of the protein (Ambrosini et al., 2013), or by chemical functionalization of  
 245 the surface of the solid support (Canfarotta et al., 2016). The use of an affinity ligand  
 246 enables the orientation of the immobilized protein, meaning that all binding sites are  
 247 constructed with similar orientation, thus improving binding site homogeneity.





249  
250 **Figure 3.** Schematic representation of protein imprinting with MIP synthesis with the  
251 target protein immobilized on the surface of a silica bead.  
252

253 Ambrosini and co-workers reported the use of solid-phase synthesis of MIP-NPs  
254 for protein recognition using the model protein trypsin (23 kDa) (Ambrosini et al., 2013),  
255 adapting the solid-phase synthesis method previously developed for synthesis of a MIP  
256 for melamine, a small molecule (<1 kDa) (Poma et al., 2013). Trypsin was immobilized  
257 on the surface of glass beads, according with the approach reported for melamine, and the  
258 beads were then packed into a column, where the functional monomers (NIPAM and  
259 EBA) were added, and the reaction took place. Finally, several washing steps were  
260 performed for purification of the MIPs. Despite the difference in size of the target  
261 molecules, the immobilization on the solid support appears to depend mostly on the  
262 functional groups present in the target molecule, thus rendering solid-phase synthesis a  
263 versatile method for MIP synthesis. Still, one has to consider that large biomolecules are  
264 more complex and they often have similar reactive groups (e.g. amines or carboxylic  
265 acids) on different locations, which makes more challenging to obtain specificity on  
266 immobilization of the template biomolecule with uniform orientations. One advantage of  
267 the solid-phase synthesis strategy is the decrease of the cost of the process due to the solid  
268 phase being reused several times for MIP synthesis, thereby saving template molecules.  
269 One study reported the maintenance of the size and  $K_D$  of the MIPs for over 30 batches  
270 of template reuse (Poma et al., 2013), that value being inferior to the standard protein A  
271 chromatography performance for antibody production, which can be reused for 100  
272 cycles. However, stability of proteins under reaction conditions for several cycles should  
273 be assessed, as literature is scarce concerning this information and there is a severe lack  
274 of studies presenting a process design and model along with realistic economic analyses.

275 To selectively separate lysozyme from a mixture of proteins in aqueous solution,  
276 acrylamide and acryloyl- $\beta$ -cyclodextrin were used as functional monomers (Zhang et al.,  
277 2009). Here, the target protein was immobilized on the surface of silica beads and the  
278 polymerization reaction took place around the immobilized lysozyme. After removal of  
279 the template and consequent detachment from the beads, the MIPs were packed in a  
280 column. A successful high performance liquid chromatography (HPLC) separation was  
281 achieved, with lysozyme selectively separated from cytochrome c, BSA and avidin, with  
282 a maximum adsorption capacity for lysozyme of 44.6 mg/g, being 4 times higher than for  
283 the remaining proteins (Zhang et al., 2009). In a different study, instead of using solid  
284 phase synthesis, the same acrylamide and methacrylic acid were also used as functional  
285 monomers to obtain a lysozyme imprinted MIP. Impressively, the obtained MIP was

286 successfully used to purify this protein from egg white using a chromatographic column,  
287 with maximum adsorption capacity reaching 94.8 mg/g, purity close to 100% and mass  
288 recovery of 98.2% (Wang et al., 2014). Overall, these studies highlight the high values of  
289 maximum adsorption capacities achieved through solid-phase synthesis of MIPs for  
290 proteins, thus suggesting that immobilization and consequent orientation of the template  
291 molecule might contribute to higher selectivity of the MIPs.

292 A different approach that also does not require the immobilization of the template  
293 is MIP electrosynthesis, where cyclic voltammetry is used for electropolymerisation of  
294 the MIP. Here, a pre-polymerisation mixture of template protein and monomer is  
295 prepared, which is then deposited onto an electrode surface by applying cyclic potential  
296 sweeps. A study on the electrochemical quantification of troponin T (37 kDa), a  
297 biomarker of myocardial injury, used o-phenylenediamine as a monomer and a gold  
298 electrode for deposition of the MIP to build a biosensor based on a redox probe (Karimian  
299 et al., 2014). A similar study for recognition and electrochemical detection of myoglobin  
300 (18 kDa) used screen-printed electrodes where the pre-polymerisation mixture of  
301 myoglobin and o-phenylenediamine was electrodeposited (Shumyantseva et al., 2016).  
302 Even so, it is necessary to consider the difficulty to scale-up electrosynthesis processes  
303 due to potential difficulties to increase the electrode active area and electronic transport  
304 in the bulk of the reaction mixture. Furthermore, recyclability of the template is not  
305 considered, thus limiting the applicability of this method to less expensive targets, or  
306 resulting in process with prohibitive costs.

307 To the best of our knowledge, only one molecular imprinting methodology was  
308 reported with the objective to synthesize a replica of the protein, which is based on a two-  
309 step imprinting process. The strategy follows the approach to: i) firstly, to obtain a  
310 molecular cast of the target antibody, synthesized as a MIP particle, and then ii) to perform  
311 the second imprinting stage, analogous to a stamping method, in which polymerization  
312 occurs by compression of the pre-synthesized MIPs particles onto a pre-polymerized layer  
313 placed on the surface of a quartz crystal microbalance (QCM) electrode. Therefore, the  
314 polymer layer will be covered with molecularly imprinted antibody replicas after  
315 removing the stamp (Hussain et al., 2013; Jenik et al., 2009; Latif et al., 2014; Schirhagl  
316 et al., 2010). This methodology limits the range of applications to those that are usually  
317 based on immobilized antibodies on surfaces, such as biosensors or immunoassays that  
318 are often performed on chips. However, it is difficult to gather if the production of such  
319 immunoassay platforms could be improved with this strategy instead of using actual  
320 antibodies. Again, literature is found lacking on an actual economic analysis of the cost  
321 of production.

322 Although direct imprinting for detection and separation of proteins seems to be  
323 fairly well explored in the literature, there is still a call for designing MIPs for other  
324 challenging proteins with biomedical interest, particularly disease biomarkers, like  
325 surface membrane proteins expressed in cancer. One point of concern is the fact that  
326 cross-selectivity between similar proteins may impair a MIP performance, resulting on  
327 false positives, as several studies look at the selectivity of the MIPs against proteins that  
328 are not the target, but share similar structural characteristics. Indeed, in a competitive  
329 assay, using the previously mentioned lysozyme MIPs, no statistical difference was found  
330 in adsorption capacity for lysozyme, trypsin and cytochrome c, three proteins of high  
331 isoelectric point. While such MIP bound preferentially to lysozyme, the maximum  
332 adsorption capacity was close to 800 mg/g for the three proteins (Culver et al., 2016).  
333 This result raises a concern over the fact that imprinting alone may not account for the  
334 selectivity of certain classes of proteins.

335

## 2.2. Epitope imprinting

When entire proteins are used as templates for MIPs preparation, their efficient removal after polymerization is impaired, due to difficult diffusion through the MIP network. Additionally, proteins' tertiary conformations, which depend on conditions, such as pH, solvent and temperature (Kryscio et al., 2012), are unstable, contributing to lack of MIPs selectivity. To overcome such drawbacks, using only a part of the protein as template has been purposed as an imprinting strategy. Indeed, in the epitope imprinting approach, short linear peptides are used as the target molecules for the MIP. Therefore, in this case, the selective recognition neglects the protein 3D conformational specificity and relies on amino acid recognition, since imprinting is based only on the amino acid sequence, the primary structure of the peptide, instead of secondary and tertiary structures of proteins. Epitope design and selection strategies have been extensively discussed elsewhere (Tse Sum Bui et al., 2023), covering computational tools for selection of appropriate amino acids sequences and peptide length to maximize affinity of the MIP developed.

A possible strategy for proteins that have their C- or N-terminus exposed, such extremity is used as the site around which the MIP will be formed and the protein selectively captured. Nonapeptides, peptides with nine amino acid sequence length, as target molecules have been selected the length large enough to allow the unique identification of a particular protein (Nishino et al., 2006). Such strategy was used for the cases of MIPs development for cytochrome c, BSA and alcohol dehydrogenase (ADH), in which as nine amino acid sequence peptides of the C-terminus of these proteins were successfully used as templates in the synthesis of molecular imprinted films (Nishino et al., 2006). In these examples, the authors also used solid phase synthesis to facilitate the polymerization reaction around the template peptides.

MIP-NPs were also synthesized for an exposed C-terminus peptide of green fluorescent protein (GFP) by inverse microemulsion polymerization, using AAm and MBA as monomers and APS and TEMED as initiators (Zeng et al., 2011). Surfactants were also added so that polymerization occurred in inverse microemulsion, where the peptide was correctly oriented at the interface of water and oil domains, without the need for previous template surface immobilization. In another study an exposed antigenic domain of Lpp20, an outer membrane lipoprotein antigen specifically expressed by all the *H. pylori* strains, was used as a template in inverse mini-emulsion polymerization, using AAm as functional monomer. The obtained MIP was successfully assessed to capture the bacteria *H. pylori* (Han et al., 2015). While examples of epitope imprinting by inverse emulsion polymerization are still scarcely reported, possibly due to poor stability of epitopes on the water/oil interface, this is an innovative and apparent simple method for MIPs preparation, as it skips the steps of template immobilization required on solid phase synthesis, *i.e.* avoids the steps of activation and functionalization of the solid support, immobilization of template and several washing steps.

It is worth noting that most studies overviewed here use acrylate-based functional monomers, without discussion further progresses in the literature in the selection and use of alternatives types of monomers. The broader use of different functional monomers is reviewed elsewhere (Teixeira et al., 2021). Again, for the most studies reviewed, MBA and APS are the recurrent choices for cross-linker and initiator, respectively. Such selection has several advantages in terms of polymerization techniques efficiency and obtained MIP performance. However, considering today's concerns on promoting the development of sustainable and greener processes in MIP design (Arabi et al., 2021a),

385 alternative reagents could be procured, such as, for example, itaconic acid obtained from  
386 fermentation of *Aspergillus* species.

387 Overall, epitope imprinting has the advantage of relying only on the use of short  
388 peptides as templates instead of the whole protein, which are potentially easy to  
389 synthesize, and thus more available than their protein counterparts. However, not all  
390 proteins meet the criteria set for this approach.

391

### 392 **2.2.1. Conformational epitope imprinting**

393

394 Epitope imprinting based on the primary structure of an exposed peptide sequence,  
395 although efficient, is limited, as not all proteins meet the required criteria, such as the  
396 target protein to include an exposed C-terminus or an amino acid sequence both specific  
397 and short enough. A possible solution for these limitations is the use of conformational  
398 epitope imprinting, this approach uses as template the primary, secondary and tertiary  
399 structure of the selected epitope, thus, incorporating the recognition of the specific 3D  
400 conformation of the epitope into the MIP.

401 This strategy was applied in the design of a MIP for the p32 protein, by inverse  
402 microemulsion polymerization (Zhang et al., 2015). p32, a membrane protein that is  
403 overexpressed on the surface of varied tumour cell types, has the potential to target and  
404 mediate drug delivery and thus the developed MIP has the potential to actively targeting  
405 tumours. This protein has an N-terminal  $\alpha$ -helix in the extracellular domain, which was  
406 set as the target site for the MIP. The peptide apamin mimics the extracellular domain of  
407 p32, as it has a sequence of seven aa residues identical to the one present on this domain,  
408 and it was successfully used as the imprinting template (Zhang et al., 2015).

409

### 410 **2.2.2. Peptide imprinting**

411

412 Peptide imprinting has not only been used for protein recognition, but also for  
413 recognition of the peptides themselves. In this strategy, a short peptide sequence is again  
414 used as template. Synthesis of peptide-selective MIPs has been reported for varied  
415 peptides. A MIP for the recognition of the hormone oxytocin was synthesized by bulk  
416 polymerization, using as template a tetrapeptide with the same three amino-acid C-  
417 terminal section of the structure of oxytocin, and using methacrylic acid (MAA) as  
418 functional monomer and ethylene glycol dimethacrylate (EGDMA) as crosslinker  
419 (Rachkov and Minoura, 2000).

420 A MIP for the recognition of the hormone angiotensin II, with a detection limit of  
421 8 pM, was achieved by free radical polymerization using as functional monomer sodium  
422 acrylate, and as cross-linker poly(ethylene glycol) diacrylate. In this case, the whole  
423 peptide was used as template since it has a short eight aa sequence (Rachkov et al.,  
424 2004).

425 The synthesis of MIP-NPs for the specific binding of melittin, which is a bee  
426 venom biotoxin, was achieved by precipitation polymerization (Hoshino et al., 2008).  
427 Melittin has 26 amino acids, of which 6 are positively charged, 6 residues at the C-  
428 terminus are hydrophilic, and the remainder is mostly composed of non-polar amino acid  
429 residues. In this study, the authors established a rationale for monomer selection  
430 considering the overall polarity of the peptide and the individual charge of each amino  
431 acid residue of the peptide sequence. Hence, the optimum monomer combination should  
432 comprise a mix of hydrophobic and negatively charged monomers to bind to the opposing  
433 charges of the residues of the target peptide. The two most successful monomer  
434 combinations contain 40% of hydrophobic monomers (TBAm) and 5% of negatively

435 charged functional monomers (acrylic acid, AAc), or 5% hydrogen bonding monomer  
436 (AAM), 5% negatively charged monomers (AAc) and 40% of hydrophobic monomers  
437 (TBAm). Dissociation constants ( $K_D$ ) obtained by nonlinear fitting of Langmuir  
438 isotherms for these MIPs were in the range of 7.3-25 pM, which are comparable to the  
439 dissociation constant of a natural antibody (17 pM). The values of  $K_D$  of the MIPs are of  
440 the same order of magnitude as the ones found for antibodies, which range from 10 pM  
441 to 5 nM depending on antibody (Friguet et al., 1985; Landry et al., 2015; Pan et al., 2016),  
442 thus suggesting that the same affinities can be achieved for the MIP as the natural  
443 counterpart, showing the importance of functional monomer selection for successful  
444 biomacromolecule MIP synthesis. These strategies illustrate a more holistic approach  
445 where the global charge and hydrophobic/hydrophilic balance of molecules is considered  
446 on MIP design, to potentiating more probable success on tailoring host site formation to  
447 template specific structural properties.

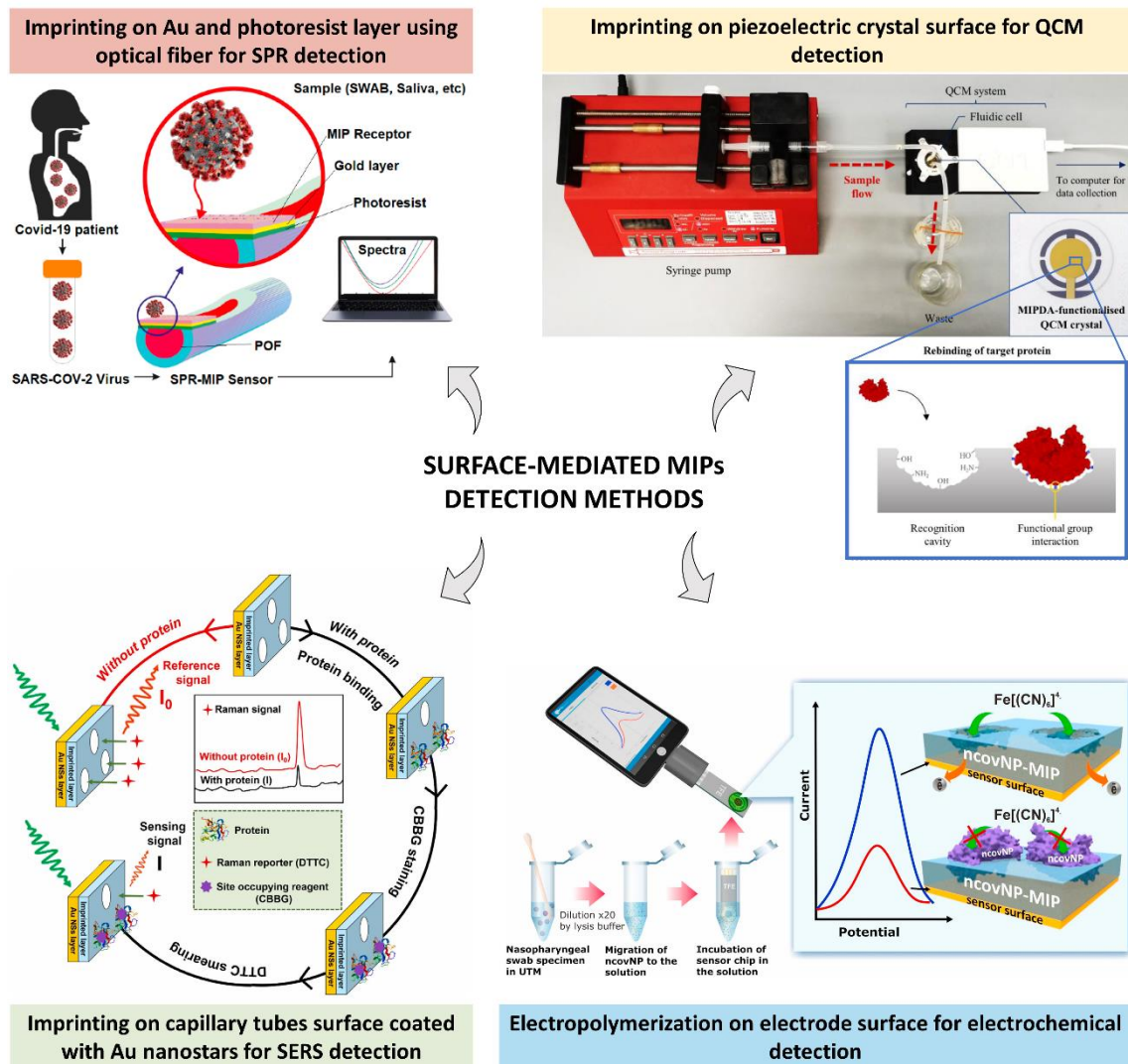
### 448 449 **3. Applications**

450  
451 MIPs for biomacromolecules have the potential for numerous applications, from  
452 bioseparation and purification processes in biotechnology and pharmaceutical industries  
453 to biomedical applications. Many of the studies described in this section target selective  
454 recognition of proteins aiming at the potential application of MIPs in separation and  
455 purification of proteins within pharma or food industry processes. In this context, the use  
456 of MIPs has been explored in affinity chromatography as it has been demonstrated for  
457 lysozyme, BSA, haemoglobin, and cytochrome c (Li et al., 2006; Ouyang et al., 2010;  
458 Wang et al., 2019, 2014; Zhang et al., 2009).

459 The biomedical field covers a broad spectrum of potential applications for  
460 biomacromolecule MIPs, spanning from biosensors and targeted drug delivery. MIP-  
461 based biosensors have been extensively explored in the literature, with protein  
462 quantification method being the prime target for MIP application, as the current  
463 technology relies on expensive immunoassays. An especially motivating application of  
464 MIP biosensors is their use as diagnostic tools. Figure 4 and Table 3 resume some  
465 examples of recent studies using MIPs for proteins, coupled to varied sensing units, as  
466 biosensor diagnostic tests with clinical relevance. As previously mentioned, MIP-based  
467 biosensors for detection of biomarkers of cancer and neurodegenerative diseases, often  
468 using electrochemical detection, have been a focus of recent research. Nevertheless, MIP-  
469 based electrochemical biosensors have also been developed for other clinically relevant  
470 biomarkers such as troponin T (Karimian et al., 2014) or myoglobin (Shumyantseva et  
471 al., 2016) in cardiac disease. Several studies have also explored MIPs for detection of  
472 viral detection systems, for example for poliovirus (Wang et al., 2010), bovine leukaemia  
473 virus (Ramanaviciene and Ramanavicius, 2004) and dengue virus (Tai et al., 2005).

474 Of particular relevance in recent years are MIP-based sensors for detection of  
475 SARS-CoV-2, for instance using a disposable electrochemical chip with high sensitivity  
476 (Raziq et al., 2021), or a surface plasmon resonance optical sensor (Cennamo et al., 2021),  
477 capable of detecting SARS-CoV-2 in nasopharyngeal swab samples of COVID-19  
478 positive patients (Figure 4). Further works using MIP-based electrochemical sensors for  
479 SARS-CoV-2 have been developed using electroconductive polymers, namely  
480 polypyrrole, with significant sensitivity of detection with calibration curves with protein  
481 concentrations ranging 0-25  $\mu\text{g/mL}$  (Ratautaite et al., 2023, 2022). A study worth noting  
482 is the design of an electrochemical sensor using two alkane thiols (11-  
483 mercaptoundecanoic acid and 6-mercapto-1-hexanol) to form a self-assembled  
484 monolayer MIP for the spike protein of SARS-CoV-2 with a reported LOD as low as 0.34

485 nM and a limit of quantification around 1 nM (Zukauskas et al., 2023). Overall,  
 486 electrochemical detection coupled to MIP for proteins appears to be a promising method  
 487 to reach low LODs for relevant clinical targets.  
 488



489  
 490 **Figure 4.** Representative surface mediated MIPs detection methods, including surface  
 491 plasmon resonance (SPR) using a plastic optical fiber (POF) (reprinted with permission  
 492 from (Cennamo et al., 2021) under Creative Commons License – Attribution 4.0  
 493 International – CC BY 4.0 – <https://creativecommons.org/licenses/by/4.0/legalcode>),  
 494 QCM (reprinted from (Lim et al., 2023), Copyright 2023, with permission from Elsevier),  
 495 surface-enhanced Raman scattering (SERS) (reprinted from (Arabi et al., 2021b),  
 496 Copyright 2023, with permission from Elsevier), and an electrochemical method  
 497 (reprinted from (Raziq et al., 2021), Copyright 2023, with permission from Elsevier).  
 498

499 **Table 3.** MIPs for proteins with clinical relevance and detection units as biosensor  
 500 diagnostic tools.  
 501

<b>Target protein</b>	<b>Clinical relevance</b>	<b>Detection</b>	<b>Ref.</b>
<b>Troponin T</b>	Cardiac biomarker for early cardiac disease diagnosis	Electrochemical	(Karimian et al., 2014)
<b>Myoglobin</b>	Very early cardiac biomarker of acute myocardial infarction	Square wave and differential pulse voltammetry	(Shumyantseva et al., 2016)
<b>Albumin</b>	Indicator of kidney or liver dysfunction	QCM	(Lin et al., 2004)
<b>Butyrylcholinesterase</b>	Acute and chronic liver damage indicator; prognostic indicator in cancer	Electrochemical	(Ozcelikay et al., 2019)
<b>Human chorionic gonadotropin</b>	Marker of ectopic pregnancy or trophoblastic tumours; screen for fetal congenital abnormalities	Chemosensing by extended-gate field-effect transistors and capacitive impedimetry	(Dabrowski et al., 2019)
<b>PSMA</b>	Prostate cancer biomarker	Love wave sensor	(Tang et al., 2018)
<b>Carcinoembryonic antigen (CEA) and poliovirus</b>	CEA: Colon cancer biomarker; Poliovirus: causative agent of poliomyelitis	Potentiometry	(Wang et al., 2010)
<b>Bovine leukaemia virus glycoprotein</b>	Bovine leukaemia diagnostic	Electrochemical	(Ramanaviciene and Ramanavicius, 2004)
<b>Dengue virus NS1 protein</b>	Indicator of dengue virus infection	QCM	(Tai et al., 2005)
<b>Human interleukin-1</b>	Indicator of varied inflammatory diseases	Luminescence	(Tao et al., 2006)
<b>SARS-CoV-2 nucleoprotein</b>	COVID-19 diagnostic	Electrochemical	(Raziq et al., 2021)
<b>Subunit 1 of the SARS-CoV-2 Spike protein</b>	COVID-19 diagnostic	Surface plasmon resonance	(Cennamo et al., 2021)
<b>SARS-CoV-2 Spike protein</b>	COVID-19 diagnostic	Electrochemical	(Ratautaite et al., 2023, 2022; Zukauskas et al., 2023)

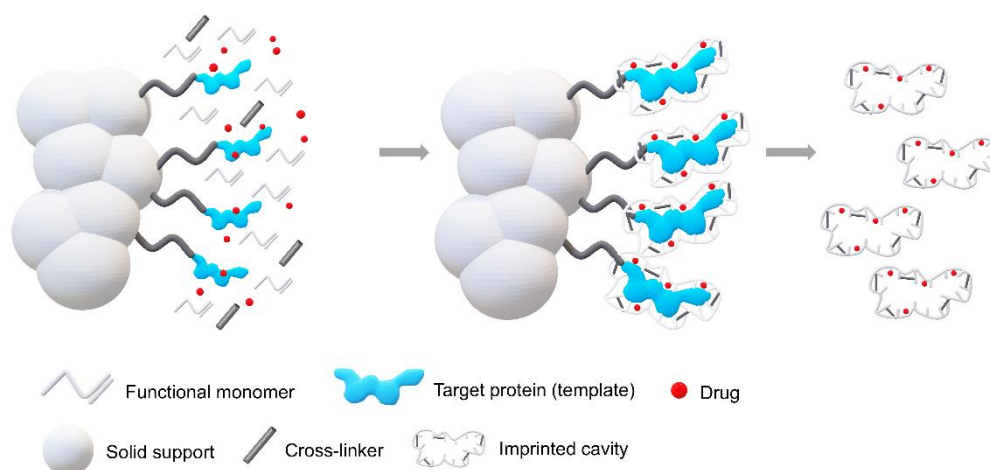
502  
 503 MIPs may also be explored as targeting agents, for example, of a tumour, by  
 504 binding to the membrane surface protein of the tumour cells, namely of a protein that is  
 505 overexpressed on the surface of cancer cells. In this line of work, MIP-NPs have been

506 developed to target the extracellular  $\alpha$ -helix domain of the p32 protein in *in vitro* and *in*  
507 *vivo* models (Zhang et al., 2015). Such type of MIPs, loaded with fluorescent probe (IR-  
508 783 dye), were assessed for tumour imaging in mice, and when encapsulating a  
509 photosensitizer compound, such as methylene blue, that was used for photodynamic  
510 treatment of tumours. The encapsulation process took place during polymerization by  
511 simply adding the desired compounds (IR-783 and methylene blue) to the aqueous phase  
512 before initiating the inverse microemulsion polymerization, where AAm and MBA were  
513 used, respectively, as functional monomer and cross-linker (Zhang et al., 2015). This  
514 study demonstrated that MIP-NPs can simultaneously function as targeting tools and  
515 nanocarriers for drugs.

516 In another study, the C-terminal linear peptide of EGFR (amino acids 418–435:  
517 SLNITSLGLRSLKEISDG), an overexpressed receptor on the cell surface of many  
518 tumours, was used as the template for production of MIP-NPs by solid phase synthesis.  
519 This MIP was assessed for targeted drug delivery to MDA-MB-468 breast cancer cells  
520 (Canfarotta et al., 2018). In this case, a dual imprinting strategy was followed, in which  
521 the chosen drug (doxorubicin) was used as a secondary template present in solution with  
522 the monomers (NIPAm, TBAm and APMA) and the cross-linker (MBA) (Canfarotta et  
523 al., 2018), as represented in Figure 55. After binding of the MIP to the EGFR receptor,  
524 the anticancer drug would be released by diffusion and accumulate around cancer cells,  
525 promoting cancer cell death. This study illustrates a strategy where the MIP presents  
526 binding sites for the drug and for the membrane receptor, demonstrating that MIP-NPs  
527 can selectively deliver a drug, by response to the tumour microenvironment, to specific  
528 cell targets.

529 The potential of using MIPs for therapies in humans is an extremely important  
530 feature that need to be addressed. Some studies have demonstrated efficacy in cell culture  
531 and some have used *in vivo* models, such as mice. For instance, a MIP targeting the folate  
532 receptor in cancer cells have been tested in mice bearing tumours, showing both the safety  
533 of using the MIPs in an organism, while showing the effectiveness of the targeting of the  
534 tumour and drug delivery (Liu et al., 2017).

535



536

537 **Figure 5.** Schematic representation of dual imprinting strategy using solid-phase  
538 synthesis.

539

540 An important feature in clinical applications is the successful detection of a  
541 therapeutic targeting agent by imaging techniques. A synergistic chemo- and photo-  
542 dynamic cancer therapy with a dual imaging agent relying on dual-template MIP-NPs  
543 was recently demonstrated in *in vitro* and *in vivo* models. In this study, the MIPs were



544 synthesized for the CD59 epitope, as this protein is overexpressed in solid tumours, and  
545 the secondary template was doxorubicin as the chemotherapy agent. For the dual  
546 fluorescent/magnetic resonance imaging, gadolinium-doped silicon quantum dots were  
547 first prepared and used as the core of the MIP-NPs, and photosensitizer chlorin e6, the  
548 photo-dynamic cancer therapeutic, was embedded in the silica core. The polymerization  
549 took place on the surface using NIPAm, AAm and TBAm as functional monomers and  
550 MBA as cross-linker (Peng et al., 2020). The synthesis process complexity increases the  
551 number of variables to be considered over the synthesis, *i.e.* functional monomers that  
552 will match functional groups in both peptide and drug templates, cross-linkers, initiators  
553 and solvents compatible for both molecules. This work successfully showed that the  
554 already evidenced targeting ability of MIPs for biomarkers can be further explored to  
555 comprise several therapeutic options. Furthermore, it also evidences the potential of  
556 protein MIP-NPs to be coupled to imaging tools, allowing a more precise guided cancer  
557 treatment.

#### 558 559 **4. Conclusions**

560  
561 The field of molecular imprinting of biomacromolecules has seen significant  
562 growth over the past decade despite the inherent challenges, such as the need of their  
563 synthesis to be compatible with the use of aqueous media and allow for the  
564 immobilization of the target molecule, to ensure that proteins and peptides maintain their  
565 native conformations during polymerization.

566 In light of the advantages of MIPs, such as being cheap, easy to synthesize in a  
567 reproducible way, and showing robust performances in a variety of solvents, it is not  
568 surprising that MIPs for biomolecules have been considered as suitable for medical  
569 diagnosis and therapeutics, but also as replacement of enzymes in catalytic processes or  
570 even used as bioelectrodes for energy harvesting.

571 Concerning the template molecule, most proof-of-concept studies used as  
572 templates the readily available and “low-cost” proteins, such as BSA or cytochrome c.  
573 This could be somewhat expected as more interesting protein targets are expensive, as is  
574 the case of human disease biomarkers, such as receptors that are overexpressed on the  
575 surface of tumour cells. However, the impact of using MIPs, instead of antibodies, is  
576 based on the cost effectiveness of the process to obtain MIPs, therefore it is important to  
577 maintain low costs when expensive templates are used. A possible strategy could be the  
578 reuse of the template in several polymerization reactions, when it is immobilized on a  
579 solid surface, similarly to what is seen for catalytic enzymes in bioprocesses, that are  
580 reused throughout batches until they lose enzymatic activity. Unfortunately, the literature  
581 is severely lacking on studies reporting for how many batches, can the templates be reused  
582 in MIPs synthesis, with only one available study reporting the maintenance of the MIPs  
583 properties (size and  $K_D$ ) for over 30 batches (Poma et al., 2013). Therefore, there is the  
584 need of additional studies on templates recyclability, scaling up of synthesis and  
585 purification of MIPs for proteins. It is fundamental that process design and model  
586 accompanied by economic analyses to be performed for such systems in order to assess  
587 the applicability of MIPs for proteins in industry, concerning MIPs economic  
588 competitiveness with the use of antibodies.

589 Epitope imprinting appears to be a promising approach for the near future as it not  
590 only minimizes the complications of dealing with very large and condition-sensitive  
591 templates during polymerization, but also decreases the difficulty in template removal  
592 after syntheses, due to diffusion constraints in the polymer network. This strategy could  
593 contribute to decrease the cost associated with the template as well. However, this also

594 comes with limitations as these epitopes need to comply with certain characteristics,  
595 namely an appropriate length to ensure a specific recognition mechanism, and loss of the  
596 tertiary structure contributions to recognition specificity.

597 In terms of applications, the potential of using MIPs as biosensors seems to be a  
598 consensus in the literature, with most studies focusing on diagnostics, ranging from  
599 cardiovascular and neurodegenerative diseases to cancer. There is a continuous call for  
600 new MIP development as new pathogens are identified, and more reliable disease  
601 biomarkers are being assessed in biology and medicine. The targeting potential for  
602 directed drug delivery has also been reported showing that MIPs for biomarkers can target  
603 tumours and function as drug carriers, for example. However, it was not until recently  
604 that MIPs with dual affinity sites (biomarker and drug) were synthesized and tested in *in*  
605 *vitro* and *in vivo* models. Indeed, this adds complexity to the synthesis process and  
606 possible cross interference in binding site formation for the protein should be further  
607 assessed. So far, studies have relied on MIP-NP endocytosis by the cells for drug delivery  
608 or laser incidence for photodynamic therapy. Thus, it would be interesting to assess the  
609 incorporation of stimuli responsive characteristics on MIPs, such as pH-responsive or  
610 electro-responsive, for enhanced controlled targeted drug delivery.

611 Furthermore, it is extremely important to ensure the safety of use of MIPs in  
612 human patients. However, very few studies have been performed using animal models in  
613 pre-clinical settings, to show the safety and efficacy of MIPs for therapeutic applications.

614 Overall, moving forward to clinical approval and commercialization of MIPs for  
615 proteins and peptides for biomedical applications, it would be interesting to see further  
616 studies reporting biocompatibility, safety and immunogenic responses using *in vivo*  
617 models to ease bench to bedside transition. Additionally, for studies claiming reusability  
618 of the template and downsizing of production costs, it will be important to have  
619 experimental data and economic analysis supporting claims that would ease the path to  
620 commercial success of MIPs.

621

## 622 **Declaration of competing interest**

623

624 The authors declare that they have no known competing financial interests or personal  
625 relationships that could have appeared to influence the work reported in this paper.

626

## 627 **Acknowledgments**

628

629 This work is financed by national funds from FCT - Fundação para a Ciência e a  
630 Tecnologia, I.P., with dedicated funds from the project eOnco (2022.07252.PTDC) and  
631 the PhD scholarship (SFRH/BD/145057/2019), iBB (UIDB/04565/2020 and  
632 UIDP/04565/2020), i4HB (LA/P/0140/2020). This publication is part of the I+D+i  
633 project PID2021-125767OB-I00 funded by MCIN/AEI/ 10.13039/501100011033 and, as  
634 appropriate, by “ERDF A way of making Europe”, by the European Union. Authors are  
635 thankful to the Agència de Gestió d'Ajuts Universitaris i de Recerca (2021 SGR 00387)  
636 for financial support. Support for the research of C.A. was also received through the prize  
637 “ICREA Academia” for excellence in research funded by the Generalitat de Catalunya.

638

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