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## **Histochemical examination of blood vessels in murine femora with intermittent PTH administration**

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**Abbreviated Title: *Perivascular stromal cells after PTH administration***

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## **Abstract**

**Objective:** To verify the biological effects of parathyroid hormone (PTH) on the blood vessels in the bone, this study aimed to investigate histological alterations in endomucin-positive blood vessels and perivascular cells in murine femora after intermittent PTH administration. For comparison with blood vessels in the bone, we examined the distribution of endomucin-positive blood vessels and surrounding  $\alpha$ SMA-immunoreactive perivascular cells in the liver, kidney, and aorta with or without PTH administration.

**Methods:** Six-week-old male C57BL/6J mice received hPTH [1-34] or vehicle for two weeks. All mice were fixed with a paraformaldehyde solution after euthanasia, and the right femora, kidney, liver, and aorta were extracted for immunohistochemical analysis of endomucin,  $\alpha$ SMA, ephrinB2, EphB4, and HIF1 $\alpha$ . Light microscopic observations of semi-thin sections and transmission electron microscopic (TEM) observations of ultra-thin sections were performed on the left femora.

**Results:** After intermittent PTH administration,  $\alpha$ SMA-reactive/ephrinB2-positive stromal cells appeared around endomucin-positive/EphB4-immunoreactive blood vessels in the bone. In addition, intense immunoreactivities of EphB4 and HIF1 $\alpha$  were seen in vascular endothelial cells after the PTH treatment. Several stromal cells surrounding PTH-treated blood vessels exhibited well-developed rough endoplasmic reticulum under TEM observations. In contrast to bone tissues,  $\alpha$ SMA-positive stromal cells did not increase around the endomucin-positive blood vessels in the kidney, liver, or aorta, even after PTH administration.

**Conclusion:** These findings show that intermittent PTH administration increases  $\alpha$ SMA-reactive/ephrinB2-positive perivascular stromal cells in bone tissue but not in the kidney, liver, or aorta, suggesting that PTH preferentially affects blood vessels in the bone.

**Keywords:** *blood vessels, perivascular stromal cells, parathyroid hormone (PTH), endomucin,  $\alpha$ SMA*

## 1 Introduction

Parathyroid hormone (PTH) is currently used for the treatment of osteoporosis due to its bone mass-increasing properties [1-3]. Previous studies have reported that intermittent PTH administration increases bone mass by promoting osteoblastic bone formation as well as inducing preosteoblastic proliferation [4,5]. On the other hand, several reports have suggested biological effects of PTH on the blood vessels in bone [6-8]. For example, PTH [1-34] treatment increased the number of blood vessels at the fracture site and stabilized it early in a femur fracture mice model [7]. Furthermore, we have demonstrated that intermittent administration of PTH increased the number and diameter of endomucin-positive bone-specific vessels as well as that of  $\alpha$ SMA(+)/TNALP(+)/c-kit(+) perivascular stromal cells around the blood vessels in mice [8].

Kusumbe *et al.* [9] and Rammsay *et al.* [10] have recently divided blood vessels in bone into type H and type L vessels. The blood vessels of type H show intense CD31-reactivity and endomucin-positivity, whereas those of type L yield weak CD31-reactivity/endomucin-positivity in murine long bones. Endomucin is a mucin-like sialoglycoprotein with a molecular weight of 80–120 kDa that is only expressed on the vascular endothelial cells of capillary and venous [11-14]. Kusumbe *et al.* [9] have demonstrated that strongly endomucin-positive blood vessels interact with osteoblasts in bone tissue. In addition, the authors verified that hypoxia-inducible factor (HIF1)  $\alpha$  increased the number of endomucin-positive blood vessels and of Runx2-positive/osterix-positive osteoblasts in bone [9]. It has also been reported that the miR-497-195 cluster, which is highly expressed in endomucin-positive blood vessels, maintains Notch activity and HIF1 $\alpha$  stability in vascular endothelial cells in bone [15]. These findings suggest that HIF1 $\alpha$  may promote both angiogenesis and osteoblastic bone formation via the induction of endomucin-positive blood vessels.

EphB4 and ephrinB2 are involved in the regulation of angiogenesis, with EphB4, a receptor for ephrinB2, expressed in the vascular endothelial cells of veins and ephrinB2 in the vascular endothelial cells of arteries and arterioles [16]. In our previous study, endomucin-positive blood vessels showed EphB4 immunoreactivity in the femoral metaphyses of murine bone [17]. EphB4/ephrinB2 signaling is also known as a coupling factor between osteoblasts and osteoclasts, which suggests that endomucin-positive/EphB4-positive blood vessels may affect

the bone cells via ephrinB2 signaling (Zhao *et al.*, 2006; Allan *et al.*, 2008; Martin *et al.*, 2010; Chen *et al.*, 2018; Baek *et al.*, 2018).  $\alpha$ SMA-positive perivascular stromal cells, which have been found to increase around blood vessels after intermittent PTH administration, show TNALP and c-kit positivity (Zhao *et al.*, 2021). Thus, these cells have the potential to differentiate into osteoblast lineage cells via EphB4/ephrinB2 signaling.

Taken together, in this study, we examined the localization of EphB4, ephrinB2, and HIF1 $\alpha$  in endomucin-positive blood vessels and  $\alpha$ SMA-immunoreactive perivascular stromal cells after intermittent PTH administration. In addition, since endomucin-positive blood vessels have been found not only in bone but also in various tissues throughout the body, including the liver, kidney, and lung, we also investigated the localization of endomucin-positive blood vessels and  $\alpha$ SMA-immunoreactive perivascular–stromal cells in the liver, kidney, and aorta after the administration of PTH.

## **2 Materials and methods**

### **2.1 Animals**

Six-week-old male C57BL/6J mice (n=12, Japan CLEA, Tokyo, Japan) were divided into a control group receiving vehicle only (0.9% saline; n=6) and a PTH group receiving hPTH [1-34] (Sigma-Aldrich Co., LLC., St. Louis, MO; n=6). The mice received 20  $\mu$ g/kg/day of hPTH [1-34] every 12 h for 2 weeks, as previously described (Yamamoto *et al.*, 2016). The experimental protocol was approved by the Hokkaido University Animal Care and Use Committee, which is accredited by the Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC) International (approval no. 20-0019).

### **2.2 Specimen preparation**

All mice were euthanized with an intraperitoneal injection of a combination of anesthetic agents, prepared with 0.3 mg/kg of medetomidine, 4.0 mg/kg of midazolam, and 5.0 mg/kg of butorphanol. Subsequently, they were perfused with 4% paraformaldehyde solution diluted in 0.067 M phosphate buffer (pH 7.4) through the left cardiac ventricle 6 h after receiving the last vehicle or hPTH [1-34], as previously reported (Yamamoto *et al.*, 2016). The femora, kidney,

liver, and aorta were extracted from the mice, and then immersed in 4% paraformaldehyde solution diluted in a 0.067 M phosphate buffer (pH 7.4) for 24 h at 4 °C. After fixation, the femora were decalcified for 1 month with 10% ethylenediamine tetraacetic disodium salt (EDTA-2Na) for light microscopic observations or 5% EDTA-2Na for transmission electron microscopic (TEM) observations and then embedded in paraffin or epoxy resin. For paraffin embedding, the decalcified right femora, kidney, liver, and aorta were dehydrated in ascending ethanol solutions. All the paraffin sections subjected to the following immunohistochemistry were photographed under a Nikon Eclipse Ni microscope (Nikon Instruments Inc. Tokyo, Japan). Light microscopic images were acquired with a digital camera (Nikon DXM1200C, Nikon). For epoxy resin embedding, the decalcified left femora were post-fixed with 1% osmium tetroxide in a 0.1 M cacodylate buffer for 4 h at 4 °C, dehydrated in ascending acetone solutions, and embedded in epoxy resin (Epon 812; Taab, Berkshire, UK).

### ***2.3 Single immunohistochemical staining***

For immunodetection using horseradish peroxidase (HRP)-conjugated secondary antibodies, all dewaxed paraffin sections were subjected to endogenous peroxidase activity inhibition by soaking in methanol containing 0.3% hydrogen peroxidase for 30 min and pretreatment with 1% bovine serum albumin (BSA; Serologicals Proteins, Inc., Kankakee, IL) in PBS (1% BSA-PBS) for 30 min. After that, sections were incubated with the corresponding pair of antibodies according to the antigen of interest (primary/secondary), as follows: 1) EphB4, goat antibody against mouse EphB4 (#AF446, R&D Systems, Inc., Minneapolis, MN; diluted 1: 50)/HRP-conjugated anti-goat IgG (#A201PS, American Qualex Scientific Products, Inc., San Clemente, CA; diluted 1: 100); 2) HIF1 $\alpha$ , rabbit polyclonal anti-HIF1 $\alpha$  (#GTX127309, Gene Tex, Inc., Irvine, CA; diluted 1: 100)/HRP-conjugated anti-rabbit IgG (#P0399, DakoCytomation, Glostrup, Denmark; diluted 1: 100); 3) endomucin, rat antibody against endomucin (#sc-65495, Santa Cruz Biotechnology, Inc., Dallas, TX; diluted 1:100)/HRP-conjugated anti-rat IgG (#A18921, Zymed Laboratories Inc., South San Francisco, CA; diluted 1: 100); 4)  $\alpha$ SMA, mouse antibody against  $\alpha$ SMA (#AF446, R&D Systems; diluted 1: 400)/HRP-conjugated anti-mouse IgG (#61-6520, Chemicon International Inc., Temecula, CA; diluted 1: 100). Immunoreactions were assessed using 3, 3'-diaminobenzidine tetrahydrochloride (Dojindo Laboratories, Kumamoto, Japan).

#### **2.4 Double immunofluorescent staining**

For the endomucin/ $\alpha$ SMA double immunohistochemical staining, dewaxed paraffin sections were incubated with 1% BSA-PBS, then with anti-endomucin antibody (Santa Cruz), and subsequently with Alexa 594-conjugated anti-rat IgG (#A-21211, Invitrogen Co., Camarillo, CA). The sections were subsequently incubated with mouse antibody against  $\alpha$ SMA (R&D Systems) and reacted with Alexa 488-conjugated anti-mouse IgG (#A-11001, Invitrogen Co.), diluted 1: 100. For the detection of endomucin/ephrinB2 and  $\alpha$ SMA/ephrinB2, dewaxed paraffin sections were reacted with endomucin antibody (Santa Cruz), or with  $\alpha$ SMA antibody (R&D Systems), and then labeled with Alexa 594-conjugated anti-rat IgG or Alexa 594-conjugated anti-mouse IgG (#A-21203, Invitrogen Co.). The immuno-labeled sections were reacted with goat antibody against ephrinB2 (#AF496, R&D Systems; diluted 1: 50), and then incubated with Alexa 488-conjugated anti-goat IgG (#A-11055, Invitrogen Co.; diluted 1: 100). The sections were embedded using VECTASHIELD hard-set mounting medium with DAPI (Vector Laboratories, Inc. Burlingame, CA) and observed using a fluorescence microscope.

#### **2.5 Transmission electron microscopic observation**

Histological sections of epoxy resin-embedded decalcified specimens were prepared with an ultramicrotome (Sorvall MT-5000; Ivan Sorvall, Inc., Norwalk, CT), stained with toluidine blue and observed under a light microscope. Ultra-thin sections were cut with an ultramicrotome and stained with uranyl acetate and lead citrate for TEM observation (Hitachi H-7100; Hitachi Co. Ltd, Tokyo, Japan) at 80 kV.

### **3 Results**

In the control femur, most blood vessels exhibited immunoreactivity for endomucin; however, only very few  $\alpha$ SMA-positive blood vessels were observed (**Fig. 1A**). In contrast,  $\alpha$ SMA-positive blood vessels were detected after the intermittent PTH administration (**Fig. 1D**).  $\alpha$ SMA-positive stromal cells spread out of the endomucin-positive blood vessels (**Fig. 1D**). The double detection of endomucin/ephrinB2 showed that endomucin-positive blood vessels were

distant from ephrinB2-reactive osteoblasts in the control mice (**Fig. 1B**). In the PTH-treated mice, however, ephrinB2-positivity was observed not only in the osteoblastic layer but also in the vicinity of the endomucin-positive blood vessels (**Fig. 1E**). As shown in **Fig. 1F**, the thick layer of  $\alpha$ SMA-reactive perivascular cells either overlapped with ephrinB2 reactivity or was located in close proximity to ephrinB2-reactive osteoblasts in PTH-treated mice.

Since ephrinB2 could interact with EphB4 [18-22], we examined the localization of EphB4. Although EphB4 immunoreactivity was localized on the vascular endothelial cells in both the control and PTH-treated specimens, it was more evident in the PTH-treated specimens (**Fig. 2A and B**). Semi-thin sections showed numerous preosteoblasts and various types of stromal cells between the blood vessels and osteoblasts in the PTH-treated mice (**Fig. 2D**), whereas lower numbers of preosteoblasts were found in the corresponding region in the control mice (**Fig. 2C**).

The intensity of HIF1 $\alpha$ , which induces transcription of angiogenesis-related genes such as VEGF in response to hypoxia [23-25], increased in reaction to the intermittent PTH administration. Although both the control and PTH-treated specimens displayed HIF1 $\alpha$  immunoreactivity in blood vessels, it seemed more evident after PTH administration (compare **Fig. 3A and B**). TEM observation showed increased cell density in the region between the blood vessels and osteoblasts after PTH administration compared to the control (**Fig. 4A and B**). A variety of stromal cells occupied the region between the blood vessels and osteoblasts in the PTH-treated femora (**Fig. 4C**), but when observed at a higher magnification, these stromal cells possessed abundant rough endoplasmic reticulum and Golgi apparatus, indicating the potential to synthesize extracellular matrices (**Fig. 4D**).

Finally, we examined the distribution of endomucin-positive blood vessels and  $\alpha$ SMA-immunoreactive perivascular cells in the kidney, liver, and aorta of control and PTH-treated mice. In both groups of mice, endomucin immunopositivity was detectable in the vascular endothelial cells of glomeruli and peritubular capillaries of the kidney (**Fig. 5A, C**), the central veins and sinusoidal capillaries of the liver (**Fig. 5E, G**), and the tunica intima of the aorta (**Fig. 5I, K**). Unlike the blood vessels in bone tissue, numbers of  $\alpha$ SMA-positive cells did not increase in association with the endomucin-reactive blood vessels of the kidney (**Fig. 5D**), the sinusoid of the liver (**Fig. 5H**), and the tunica media of the aorta (**Fig. 5L**) in PTH-treated mice compared to the respective control specimens (**Fig. 5B, F, J**).



## 4 Discussion

In this study, we found that intermittent PTH administration leads to an increase in  $\alpha$ SMA(+)/ephrinB2(+) stromal cells around endomucin-positive and EphB4-reactive blood vessels in bone tissue, whereas such cells did not appear in other organs. Our previous studies showed that PTH induces Runx2-positive/TNAP-reactive preosteoblasts and  $\alpha$ SMA(+)/TNAP(+)/c-kit(+) stromal cells surrounding blood vessels in bone [4,8]. Since we found that most blood vessels express both endomucin and EphB4 in the femoral metaphysis,  $\alpha$ SMA-positive/ephrinB2-positive perivascular stromal cells might be committed to the osteogenic lineage via interaction with EphB4-positive vascular endothelial cells.

HIF1 $\alpha$  promotes the transcription of various proteins such as VEGF, erythropoietin, and glucose transporters to adapt to hypoxic conditions [23-25]. The role of HIF1 $\alpha$  is thought to be closely related to the regulation of angiogenesis-osteogenesis coupling [26-30]. The report by Kusumbe et al. [9] indicated that HIF1 $\alpha$  increases the number of endomucin-positive blood vessels and Runx2-positive/osterix-positive osteoblasts, which suggests the promotion of bone formation. Similarly, there are reports that PTH treatment increases the expression levels of HIF1 $\alpha$  protein in primary mice osteoblasts [31], and that PTH decreases the gene expression of *Hif1 $\alpha$*  in cultured osteoblastic UMR106.01 cells [32]. These reports provide conflicting results and the discrepancy has not been settled yet. Our current study shows HIF1 $\alpha$  immunoreactivity in bone tissue on the vascular endothelial cells, perivascular cells, and osteoblasts after intermittent PTH administration. Taken together, our findings suggest that PTH contributes to the increase in  $\alpha$ SMA-reactive perivascular stromal cells via increased HIF1 $\alpha$  expression in bone.

Endomucin-positive blood vessels were found extensively in the liver and kidney as well as in bone in both control and PTH-treated mice. However,  $\alpha$ SMA-positive stromal cells around endomucin-positive blood vessels were observed only in bone tissue after intermittent PTH administration. Although PTH receptors are expressed on vascular endothelial cells of bone as well as on renal vascular endothelial cells [33], we detected no  $\alpha$ SMA-positive perivascular stromal cells around endomucin-positive vessels in the kidney and liver. These findings suggest that PTH preferentially affects blood vessels in bone but not in the kidney, liver, or aorta.

## **5 Conclusion**

Our study strongly suggests the possibility that intermittent PTH administration would increase in the number of  $\alpha$ SMA-reactive/ephrinB2-positive perivascular stromal cells in bone, but not in kidneys, livers, and aortae. Therefore, PTH appears to preferentially affects blood vessels in bone tissue when compared with other organs including kidneys, livers, and aortae.

### **Ethical standards**

All animal experiments in this study were conducted following the Hokkaido University Guidelines for Animal Experimentation (approved research proposal no. #20-0019).

### **Competing interests**

The authors declare no competing interests.

### **Contributors**

Hasegawa T designed the study and prepared the first draft of the paper as a corresponding author. Maruoka H and Zhao S are the researchers mainly in charge of this work, including the immunohistochemistry staining and the TEM observation experiments. Hirona Y, Abe M, Yamamoto T, Hongo H, Haraguchi-Kitakamae M, Nasoori A, Ishizu H, Nakajima Y, Oomaki M, and Shimizu T contributed to the experimental work, including the preparation of paraffin samples of PTH-treated mice. Iwasaki N, Freitas PHL, and Li M participated in the discussion of the results and the editing and formatting of the manuscript. All authors revised the paper for intellectual content and approved its final version.

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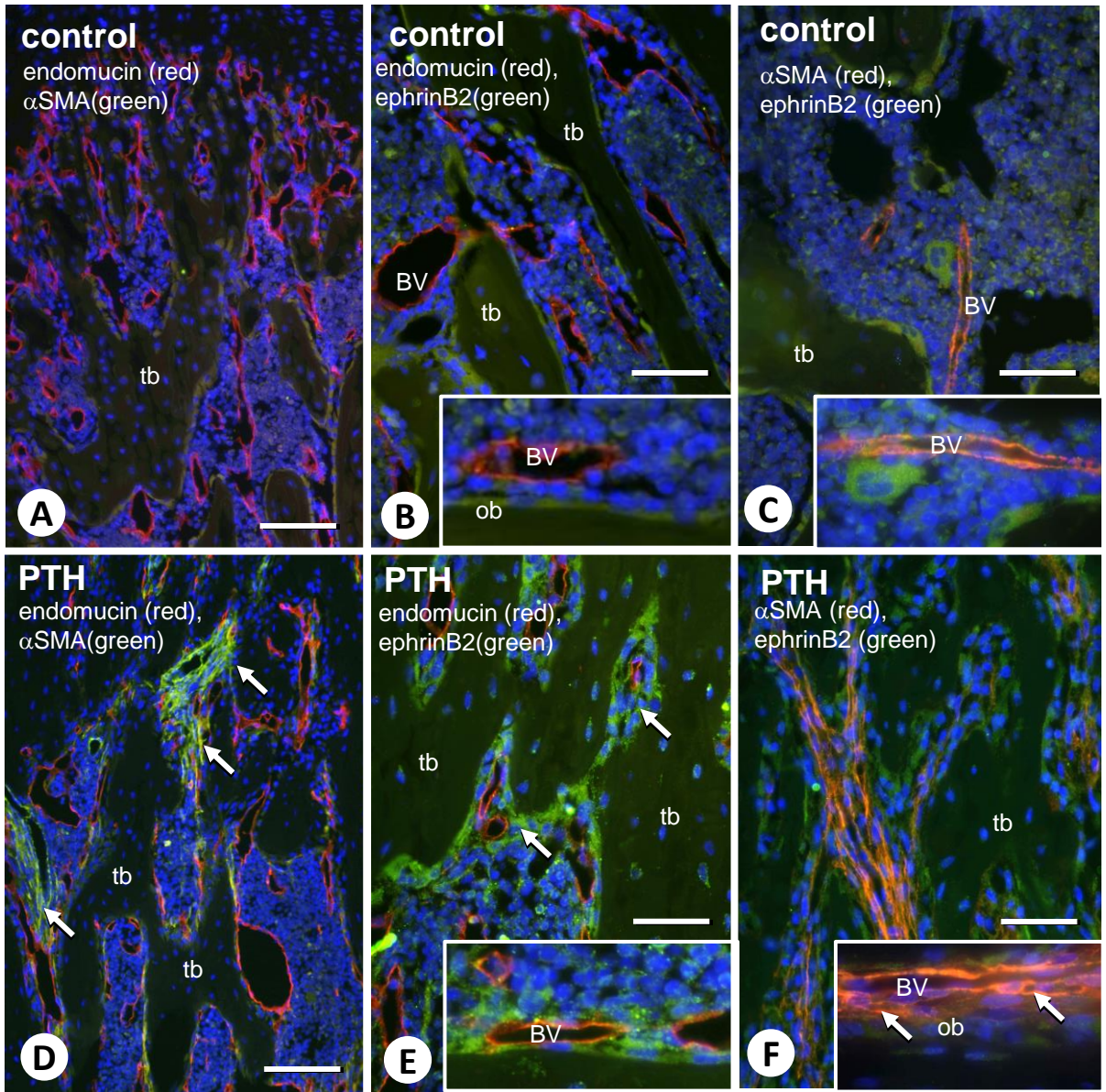


Fig.1

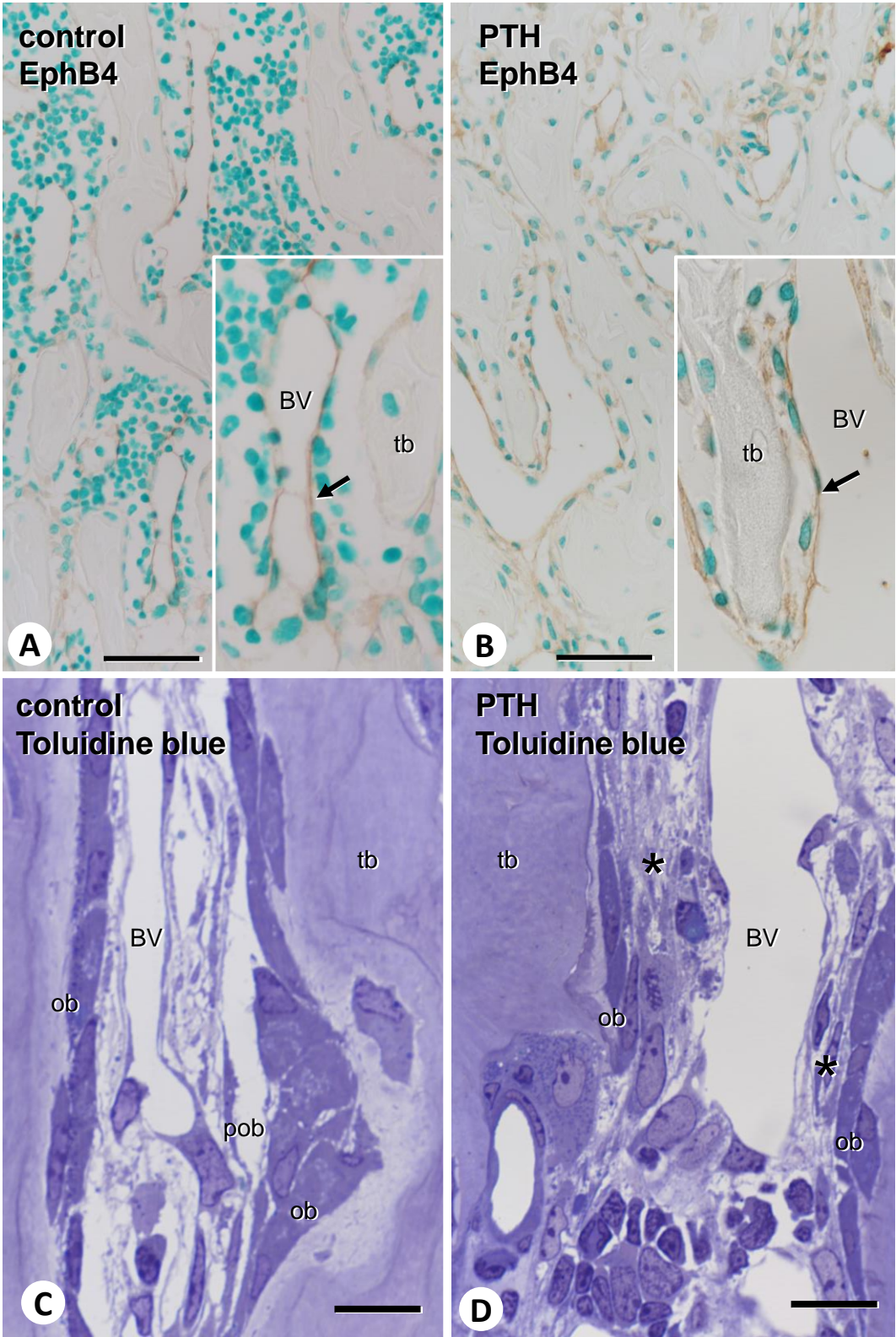


Fig.2

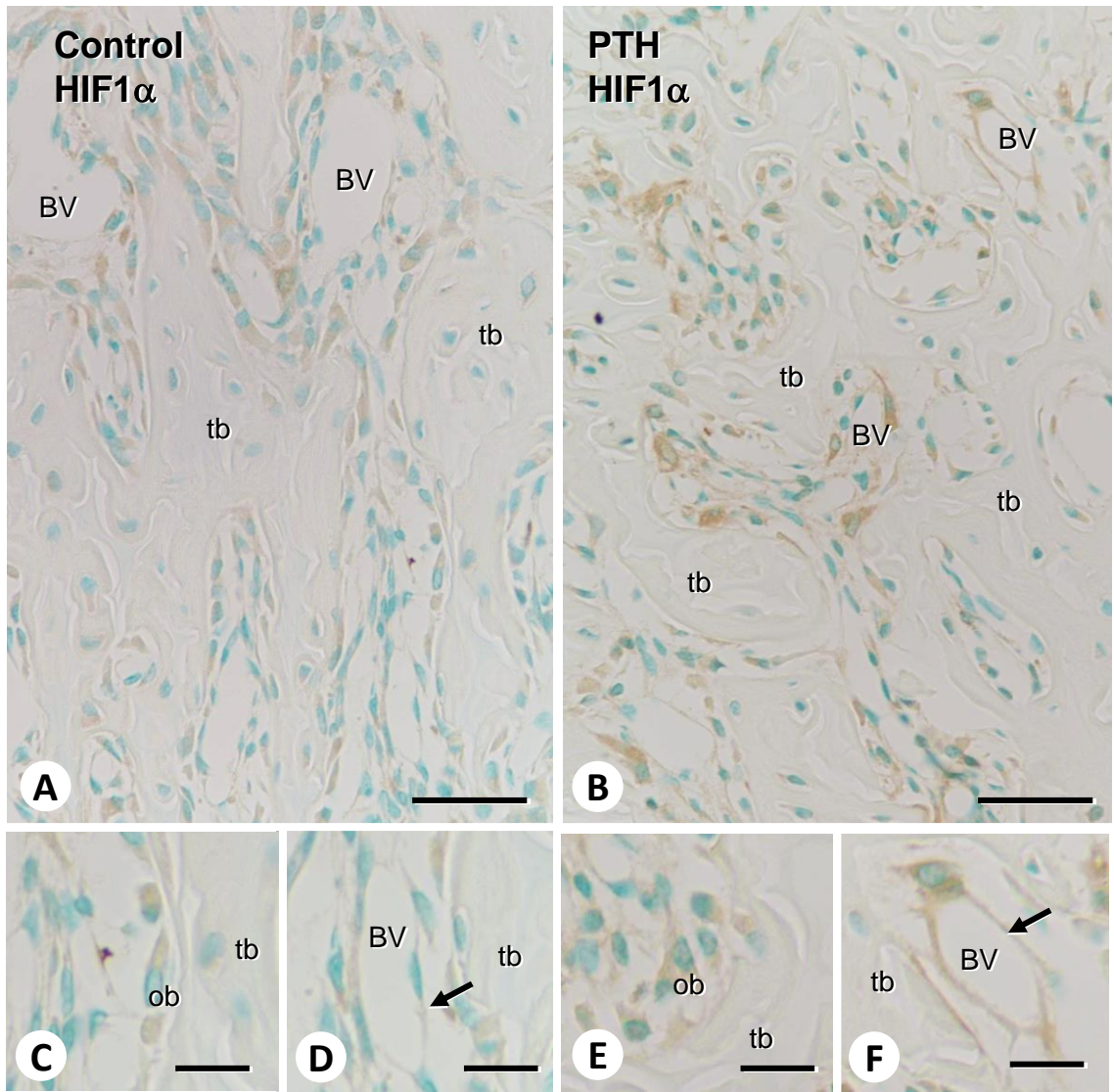


Fig.3



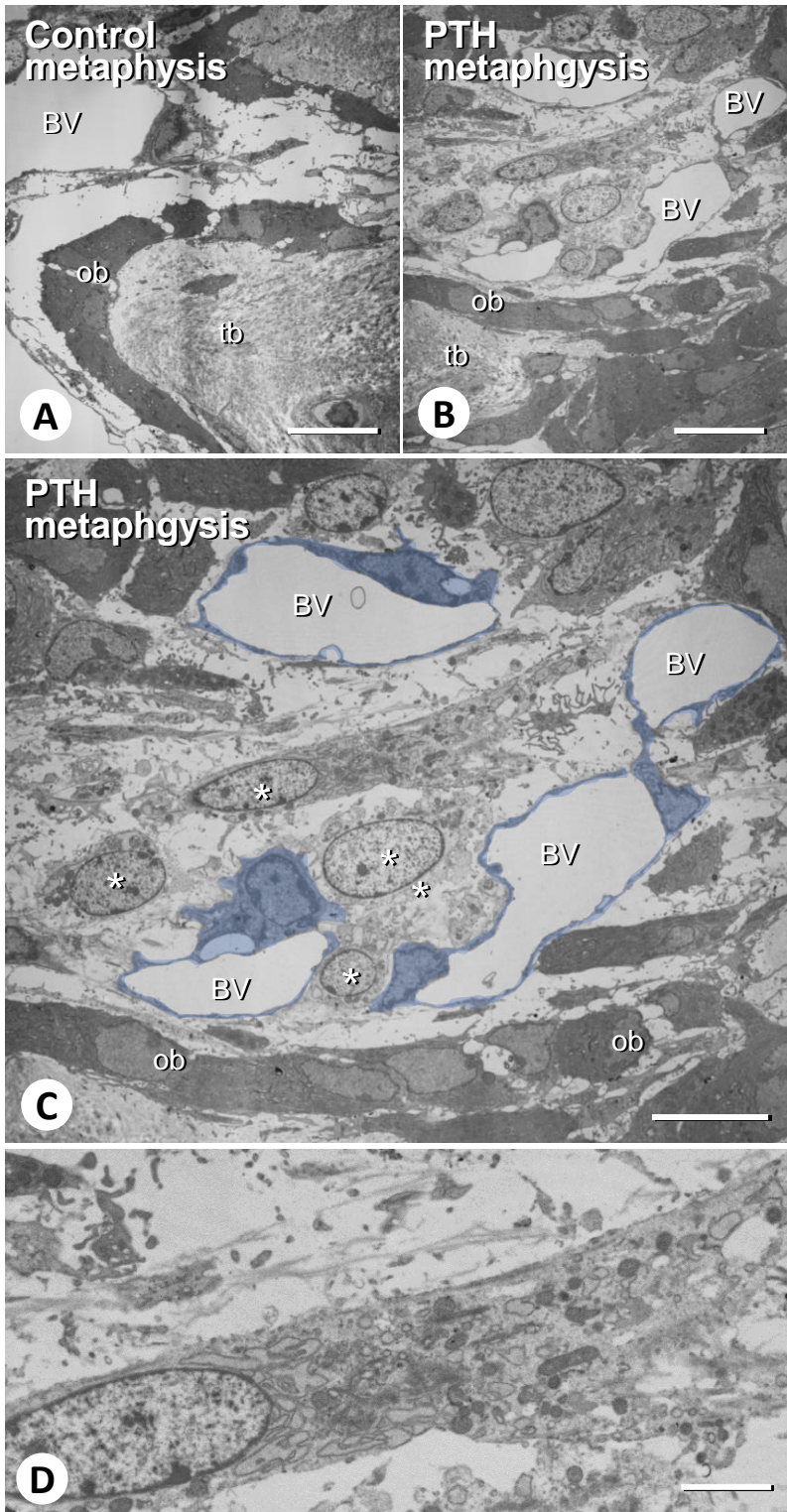


Fig.4

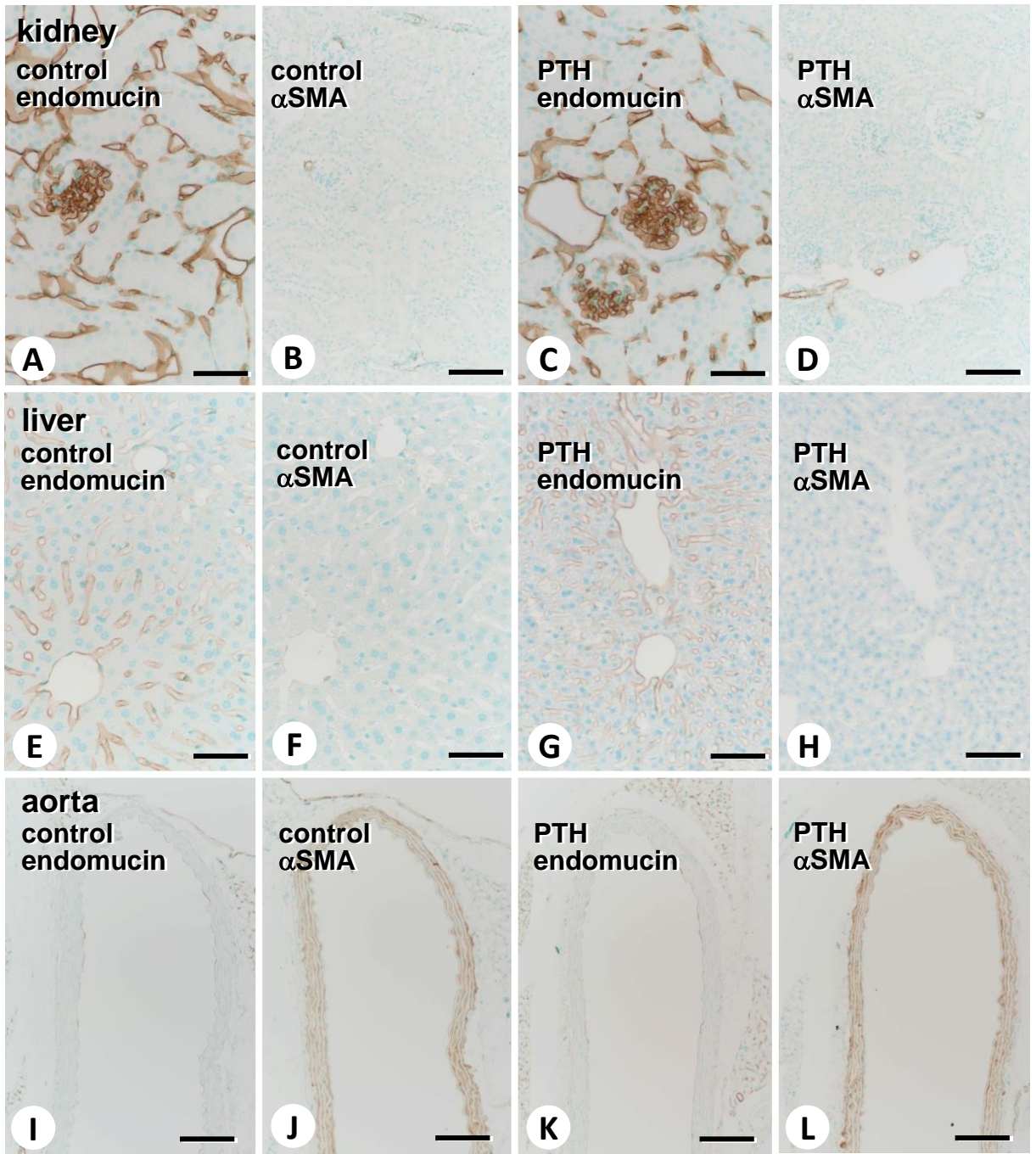


Fig.5

## Figure legends

### Figure 1

#### *Distribution of endomucin-positive blood vessels and $\alpha$ SMA- and ephrinB2-immunoreactive cells after intermittent PTH administration in the femoral metaphysis*

Panels **A-F** show the double detection of endomucin (red color)/ $\alpha$ SMA (green color) (**A, D**), endomucin (red color)/ephrinB2 (green color) (**B, E**), and  $\alpha$ SMA (red color)/ephrinB2 (green) (**C, F**) via immunohistochemistry in the control (**A-C**) and PTH-treated (**D-F**) specimens, respectively.  $\alpha$ SMA-immunopositive blood vessels and  $\alpha$ SMA-reactive cells surrounding the blood vessels are markedly increased after PTH administration (**D**, see the arrows) compared to the control specimens (**A**). In addition, many ephrinB2-reactive cells (arrows) surround the endomucin-positive blood vessels in the PTH-treated mice (see inset in **E**), while endomucin-positive blood vessels in the control mice are located away from ephrinB2-osteoblasts on the bone surface (**B**). The double detection of  $\alpha$ SMA and ephrinB2 reveals that ephrinB2-reactive cells co-localize with  $\alpha$ SMA around the blood vessels after PTH administration (indicated by white arrows in **F**).

BV: blood vessel, tb: trabecular bone, ob: osteoblasts

Bars, **A, D**: 100  $\mu$ m, **B, C, E, F**: 50  $\mu$ m

### Figure 2

#### *Immunolocalization of EphB4-immunoreactive cells in bone after PTH administration*

Panels **A, B** show immunolocalization of EphB4 (brown color) in the femoral metaphyses of control (**A**) and PTH-treated (**B**) mice. The control specimens exhibit EphB4-positive vascular endothelial cells (marked with an arrow in **A**), while PTH-treated specimens reveal not only EphB4-positive vascular endothelial cells but also many EphB4-positive cells around the blood vessels (**B**). Panels **C** and **D** are semi-thin sections of control (**C**) and PTH-treated (**D**) metaphyses stained with toluidine blue. A few preosteoblasts and bone marrow cells are located between the osteoblasts and blood vessels in the control sections (**C**). After PTH administration, many preosteoblasts and interstitial stromal cells (asterisks) are visible in the corresponding area (**D**).

tb: trabecular bone, BV: blood vessel, ob: osteoblast, pob: preosteoblast

Bars, **A, B**: 50  $\mu$ m, **C, D**: 10  $\mu$ m

### Figure 3

#### *Immunolocalization of HIF1 $\alpha$ in the femoral metaphysis after PTH administration*

Panels **A-F** show the immunohistochemistry staining of HIF1 $\alpha$  (brown color) in control (**A, C, D**) and PTH-treated (**B, E, F**) specimens. Whereas the control specimens display faint HIF1 $\alpha$  immunoreactivity on osteoblasts (brown color, **C**) and blood vessels (arrows, **D**), intense immunoreactivity for HIF1 $\alpha$  can be seen on osteoblasts (brown color, **E**) and blood vessels (arrows, **F**) after PTH administration.

tb: trabecular bone, BV: blood vessel, ob: osteoblast

Bar, **A, B**: 20  $\mu\text{m}$ , **C-F**: 10  $\mu\text{m}$

### Figure 4

#### *TEM observation of the stromal cells between blood vessels and osteoblasts in the femoral metaphysis after PTH administration*

The TEM images show abundant stromal cells (asterisks, **C**) accompanied with blood vessels (blue color, **C**) located on the bone marrow region in the femoral metaphyses of PTH-treated mice (**B**), whereas only a few preosteoblasts with poor cell organelles and cytoplasm can be seen overlying osteoblasts in the control mice (**A**). At higher magnification of PTH-treated specimens, stromal cells display numerous cell organelles, including rough endoplasmic reticulum in their cell bodies (**D**).

tb: trabecular bone, BV: blood vessel, ob: osteoblast

Bar, **A-C**: 10  $\mu\text{m}$ , **D**: 3  $\mu\text{m}$

### Figure 5

#### *Immunohistochemistry of endomucin and $\alpha\text{SMA}$ in the kidney, liver, and aorta of control and PTH-treated specimens*

The specimens obtained from the kidney in both control and PTH administrated mice demonstrate the immunoreactivity of endomucin on the vascular endothelial cells of glomeruli and peritubular capillaries (brown color, **A, C**); however, they exhibit very little  $\alpha\text{SMA}$ -positivity on the arteries and veins (**B, D**). In the liver, the vascular endothelial cells of central veins and sinusoidal capillaries reveal the immunoreaction of endomucin in both control and PTH-treated mice (brown color, **I, L**), although  $\alpha\text{SMA}$ -positivity cannot be seen on the corresponding area (**F, H**). The aorta of control and PTH-treated-mice exhibit very faint

endomucin-positivity on the vascular endothelial cells of tunica intima (I, K) and intense  $\alpha$ SMA-immunoreactivity on the vascular smooth muscle cells of tunica media (J, L),

Bar, A-H: 50  $\mu$ m, I-L: 100  $\mu$ m