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# EFFICIENCY OF ADEMETHIONINE IN OXIDATIVE STRESS IN TISSUES OF IRRADIATED RATS

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# Abstract

**Introduction.** Ionizing radiation in low doses of low intensity causes prolonged activation of lipid per oxidation and depletion of the antioxidant system in a living organism. Moreover, Ademethionine is currently being considered as a promisingantioxidant.

**Method.** Experimental studies were carried out on 60 sexually mature male Wistar rats. The animals were irradiated in a total dose of 1Gy on a  $\gamma$ -therapeutic device AGAT-R No. 83 (isotope <sup>60</sup>Co). At the end of the total dose, the rats were injected intraperitoneally with Heptral (ademethionine) after 15 minutes, 12, 24, 36, 48, 60, 72, 84, 96, 108, 120, 132, 144, 156 hours after radiation exposure at the rate of 10 mg / kg mass. After the introduction of Heptral, the animals were taken into the experiment after 24 hours, 3, 7, 15 days. In homogenates of the spleen and thymus of animals, the amount of oxidized and reduced forms of pyridine nucleotides was determined.

Results. Chronic  $\gamma$ -irradiation in a total dose of 1Gy leads to a significant decrease in the content of reduced forms of pyridine nucleotides in the spleen and thymus of rats. Administration of Heptral to irradiated animals normalized oxidative homeostasis. So, on the

7th day of the experiment, the amount of oxidized forms of pyridine nucleotides in the spleen was 47.3% lower, and reduced - 36.3% higher than in animals that did not receive treatment. At the end of the observation period, the reduction coefficient of pyridine nucleotides in the spleen slightly differed from the control level. In comparison with irradiated animals, which were not injected with Heptral, the NADP content was lower by 70.3%, and NADPH<sub>2</sub> - higher by 48.8%.

**Conclusion.** The course administration of Heptral to irradiated animals leads to the normalization of the reduction factor of pyridine nucleotides. According to its mechanism of action, Heptral can be used in the complex treatment of low- intensity radiation injuries in low doses.

## Key words: $\gamma$ -irradiation; spleen; thymus; pyridine nucleotides; ademethionine.

#### Introduction

The effect of ionizing radiation on a living organism is characterized by prolonged activation of the processes of lipid peroxidation (LPO) and depletion of the physiological antioxidant system (AOS).  $\gamma$ -irradiation leads to the accumulation of LPO products in many organs, primarily radiosensitive. These include organs involved in the immune response and hematopoiesis (spleen, thymus, bone marrow) [1].

Global technogenic pollution of the environment, in particular with radionuclide's, makes it urgent to search for pharmacological drugs that can effectively correct the pronounced imbalance in the LPO -AOS system of the body, arising against the background of chronic exposure to low doses of  $\gamma$ - radiation [2].

Heptral (ademethionine), which is a precursor of cysteine, taurine, and glutathione, is currently considered as a promising antioxidant [3, 4, 5]. To date, the most studied area of therapeutic use of ademethionine is liver disease and depression, since it has a unique combination of hepatoprotective, antioxidant and antidepressant properties [6, 7, 8].

The aim of this work is to study the possibility of using Heptral in the case of disturbances in the functioning of the glutathione AOS unit in the spleen and thymus of rats exposed to chronic low-intensity  $\gamma$ -irradiation at low doses.

#### Method

Experimental studies were carried out on 60 sexually mature male Wistar rats. The animals were irradiated in a total dose of 1Gy on a  $\gamma$ -therapeutic device AGAT-R No. 83 (<sup>60</sup>Co isotope). Specifications: 0.1Gy every 24 hours, dose rate 0.39g/ h; source-field distance 100 cm; exposure 2.64 min. At the end of the total dose of irradiation, the first group of

animals was injected intraperitoneally with saline, then they were taken into the experiment after 24 hours, 3, 7, 15 days, rats from the other group were injected with Heptral intraperitoneally after 15 minutes, 12, 24, 36, 48, 60, 72, 84, 96, 108, 120, 132, 144, 156 hours after radiation exposure at the rate of 10 mg / kg mass.

At the end of the introduction of Heptral, the animals were taken into the experiment after 24 hours, 3, 7, 15 days. In homogenates of the spleen and thymus of animals, the amount of oxidized and reduced forms of pyridine nucleotides was determined [9].

The data obtained were subject to statistical processing by the method of estimating the average using "T tables" using programs "Primer Biostatistics" and "Excel" [10].

#### Results

As evidenced by the results of the study, chronic  $\gamma$ -irradiation in a total dose of 1Gy leads to a significant decrease in the reduced forms of pyridine nucleotides in the spleen and thymus rats.

#### Table 1

Content of NADP and NADPH in the spleen and thymus rats, which were irradiated at the total dose of 1 Gy (M  $\pm$  m, n = 6, nmol/g)

A series of experiments		The content of pyridine nucleotides			
		NADP		NADPH	
		spleen	thymus	spleen	thymus
Control		135,60±12,44	90,30±10,60	495,10±18,48	140,70±13,40
Term after exposure to the total dose of radiation	At once after	163,81±14,90	114,14±13,36	397,57±14,78	108,20±10,30
	24 hours	191,47±21,00	136,44±16,00	346,57±12,94	98,63±9,39
	3 days	207,88±22,80	160,55±18,87	330,23±12,33	84,42±8,04
	7 days	228,76±21,00	173,47±20,35	271,81±10,15	67,68±6,45
	15 days	244,08±22,40	183,76±21,62	236,66±8,83	59,66±5,68

Note P < 0.05 on a parity basis with the control in the drop

This may be due to several reasons, in particular, the increased use of reduced equivalents in the process of neutralizing reactive oxygen species or, possibly, inhibition of the reactions in which they are formed, primarily glucose-6- phosphate dehydrogenase. It is known that for the course of enzymatic reactions, it is not so much the absolute amount of pyridine nucleotides that is important, but the ratio of the concentration of reduced and oxidized forms [11]. Table 2 shows the values of the reduction coefficient of pyridine

nucleotides, which indicate profound disturbances in the redox system of the spleen and thymus of irradiated rats.

Table 2

A series of experiments		NADPH/ NADP ratio		
A series of	experiments	spleen	thymus	
Control		3,65	1,56	
Term after exposure	At once after	2,43	0,95	
to the total dose of	24 hours	1,81	0,72	
radiation	3 days	1,59	0,53	
	7 days	1,19	0,39	
	15 days	0,97	0,32	

NADPH / NADP ratio in the spleen and thymus of rats irradiated at a total dose of 1Gy

As evidenced by the data shown in Table 3, 24 hours after the completion of the course of Heptral administration to irradiated animals, the NADP content in the spleen was 150%, and NADPH<sub>2</sub> - 80.9% relative to the intact group. But in comparison with animals that did not receive the drug, the amount of NADP is slightly higher, and NADPH<sub>2</sub>- significantly exceeds this indicator.

Day 3 of the study is characterized by a decrease in the amount of NADP in comparison with the previous period by 20.5%, while NADPH<sub>2</sub> practically does not differ from it. During the study period, in rats that were not injected with Heptral, the concentration of NADP in the spleen was higher by 23.7%, and NADPH<sub>2</sub>- decreased by 18.3%.

On the 7th day, the content of oxidized forms was 47.3% lower, and of reduced forms - 36.3% higher than in animals that did not receive treatment.

Such positive trends continued in the future. Thus, at the end of the experiment, the reduction factor of pyridine nucleotides in the spleen slightly differs from the control level. In comparison with irradiated animals, which were not injected with Heptral, the content of NADP is lower by 70.3%, and NADPH<sub>2</sub>is higher by 48.8%.

In the thymus of rats, a similar dynamics of changes in the amount of oxidized and reduced forms of NADP was noted, and by the 15th day after the end of the total dose of irradiation and the course of Heptral administration, the concentration of NADP was 14.2% higher than the control values, and NADPH<sub>2</sub>- was almost at the level of the latter. In comparison with a similar group of animals that did not receive the drug, the amount of NADP decreases by 89.3%, and NADPH<sub>2</sub>- increases by 47.6%.

Table 3

Influence of course administration of Heptral of NADP and NADPH cities in spleen
and thymus of rats irradiated in total dose of 1Gy (M $\pm$ m, n = 6, nmol/g).

A series of experiments		The content of pyridine nucleotides			
		NADP		NADPH	
		spleen	thymus	spleen	thymus
Control		135,60±12,44	90,30±10,60	495,10±18,48	140,70±13,40
Term after irradiation and administration of Heptral	24 hours	203,54±18,66	139,97±16,46	400,54±14,95	105,10±10,00
	3 days	175,74±16,17	121,72±14,29	420,84±15,71	115,52±11,00
	7 days	164,62±15,05	117,57±13,78	451,53±16,85*	119,45±11,38
	15 days	148,75±13,68*	103,12±12,08	478,27±17,85*	126,63±12,06

Note\*- P > 0.05 in relation to the control

Table 4

The effect of course administration of Heptral on the ratio of NADPH /NADP in the spleen and thymus of rats irradiated at a total dose of 1Gy (M  $\pm$  m, n = 6).

		The ratio NADPH/ NADP		
A series of expe	eriments	Spleen	Thymus	
Control		3,65±0,20	1,56±0,11	
	24 hours	1,97±0,09	0,75±0,04	
Term upon completion	3 days	2,40±0,14	0,95±0,06	
of the total dose and administration of Heptral	7 days	2,74±0,16	1,02±0,07	
administration of freptia	15 days	3,22±0,20	1,23±0,09	

Note P <0.05 compared to control in all cases

Thus, the studies carried out demonstrate the positive effect of Heptral on the regulation of the relationship between oxidized and reduced forms of NADP in an irradiated organism, thereby contributing to the strengthening of the functional link of the glutathione redox system, which they are part of.

### Conclusion

1. Chronic  $\gamma$ -irradiation in a total dose of 1Gy leads to a significant violation of the ratio of oxidized and reduced forms of pyridine nucleotides in the thymus and spleen of experimental rats.

2. Course administration of Heptral to irradiated animals leads to the normalization of the reduction factor of pyridine nucleotides.

3. Heptral, by its mechanism of action, can be used in the complex treatment of lowintensity radiation injuries in low doses.

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