**Kuchma Igor L., Gozhenko Anatoliy I., Flyunt Igor-Severyn S., Ruzhylo Sofiya V., Kovalchuk Galyna Y., Zukow Walery, Popovych Igor L. Role of the neuroendocrine complex in immunotropic effects of nitrogenous metabolites in rats. Journal of Education, Health and Sport. 2021;11(3):212-230. eISSN 2391-8306. DOI [http://dx.doi.org/10.12775/JEHS.2021.11. 03 .0 21](http://dx.doi.org/10.12775/JEHS.2021.11.03.021)  [https://apcz.umk.pl/czasopisma/index.php/JEHS/article/view/JEHS.2021.11. 03 .0 21](https://apcz.umk.pl/czasopisma/index.php/JEHS/article/view/JEHS.2021.11.03.021)  [https://zenodo.org/record/ 4739899](https://zenodo.org/record/4739899)**

**The journal has had 5 points in Ministry of Science and Higher Education parametric evaluation. § 8. 2) and § 12. 1. 2) 22.02.2019. © The Authors 2021;** Open Access. This article is distributed under the terms of the Creative Commons Attribution Noncommal Systems of Nicolaus Copernicus University in Torun, Poland Dependential Developmental License witch permits any noncomm

**Received: 05.03.2021. Revised: 14.03.2021. Accepted: 28.03.2021.**

# **ROLE OF THE NEUROENDOCRINE COMPLEX IN IMMUNOTROPIC EFFECTS OF NITROGENOUS METABOLITES IN RATS**

**Igor L. Kuchma<sup>1</sup> , Anatoliy I. Gozhenko<sup>1</sup> , Igor-Severyn S. Flyunt<sup>2</sup> , Sofiya V. Ruzhylo<sup>2</sup> , Galyna Y. Kovalchuk<sup>2</sup> , Walery Zukow<sup>3</sup> , Igor L. Popovych1,4**

**<sup>1</sup>Ukrainian Scientific Research Institute for Medicine of Transport, Odesa, Ukraine [igorkuchma@ukr.net;](mailto:igorkuchma@ukr.net) [prof.gozhenko@gmail.com;](mailto:prof.gozhenko@gmail.com) 2 Ivan Franko Pedagogical University, Drohobych, Ukraine  [igorf3007@ukr.net](mailto:igorf3007@ukr.net) ; [doctor-0701@ukr.net](mailto:doctor-0701@ukr.net) <sup>3</sup>Nicolaus Copernicus University, Torun, Poland [w.zukow@wp.pl](mailto:w.zukow@wp.pl) <sup>4</sup>Bohomolets' OO Institute of Physiology of National Academy of Sciences, Kyїv, Ukraine [i.popovych@biph.kiev.ua](mailto:i.popovych@biph.kiev.ua)**

#### **Abstract**

**Background.** We have previously shown that nitrogenous metabolites have immunomodulatory effects, both suppressor and enhancing, both in healthy rats and in humans exposed to pathogenic influences. The immunomodulatory effect of bilirubin is probably mediated through aryl hydrocarbon receptors, and uric acid through TL- and adenosine receptors of immune cells. The question of mediators of the immunomodulatory action of urea and creatinine remains open. We hypothesized the mediating role of mediators of the autonomic nervous system and adaptive hormones. The **aim** of this study is to analyze the relationships between the parameters of nitrogenous metabolites and the parameters of the autonomic nervous and endocrine systems, on the one hand, and between neuroendocrine and immune parameters - on the other hand. **Material and methods**. Experiment was performed on 60 healthy female Wistar rats. The plasma levels and urinary excretion of the nitrogenous metabolites, HRV and endocrine (corticosterone, triiodothyronine and testosterone plasma levels, calcitonin, parathyroid and mineralocorticoid activities, the thickness of glomerular, fascicular, reticular and medullar zones of adrenals) parameters as well as parameters of immunity were determined. **Results**. According to the results of canonical correlation analysis, the modulating effects of nitrogenous metabolites on neuroendocrine parameters are quite pronounced and almost identical in terms of bilirubin  $(R=0,603)$ , creatinine  $(R=0,602)$ , uric acid ( $R=0.599$ ) and urea ( $R=0.586$ ). Taken together, nitrogenous metabolites determine neuroendocrine parameters by 71,5% (R=0,845;  $\chi^2_{(84)}$ =179; p<10<sup>-6</sup>). Triiodothyronine, fascicular and medullar areas of the adrenal glands, vagal tone and calcitonin activity were the most susceptible to nitrogenous metabolites. In turn, neuroendocrine parameters determine the parameters of immunity, subject to exposure to nitrogenous metabolites, by 95,8% (R=0,979;  $\chi^2_{(264)}$ =405; p<10<sup>-6</sup>). **Conclusion**. Previously identified immunomodulatory effects of nitrogenous metabolites are realized, perhaps, through the factors of the autonomic nervous and endocrine systems.

**Key words**: uric acid, creatinine, urea, bilirubin, neuro-endocrine parameters, relationships, rats.

### **INTRODUCTION**

We have previously shown that the nitrogenous metabolites uric acid, bilirubin, creatinine, and urea exhibit immunotropic activity in both healthy rats [5,6,17] and humans exposed to pathogens [7,8,11,12,21]. The immunomodulatory effect of bilirubin is probably mediated through aryl hydrocarbon receptors, and uric acid through TL- and adenosine receptors of immune cells. The question of mediators of the immunomodulatory action of urea and creatinine remains open. We hypothesized the mediating role of mediators of the autonomic nervous system and adaptive hormones [17]. Our hypothesis is based on the concepts of functional-metabolic continuum [4] and neuroendocrine immunomodulation [9,16,18,22,23]. In testing the hypothesis in observations of people with post-radiation encephalopathy, we found links between nitrogenous metabolites and HRV markers of the autonomic nervous system - on the one hand, and between the latter and exactly the same immune parameters that are associated with nitrogenous metabolites - on the other hand [13].

The **aim** of this study is to analyze the relationships between the parameters of nitrogenous metabolites and the parameters of the autonomic nervous and endocrine systems, on the one hand, and between neuroendocrine and immune parameters - on the other hand.

#### **MATERIAL AND METHODS**

Experiment was performed on 60 healthy female Wistar rats 220-300 g. Of these, 10 remained intact, while others received drinking water of various compositions during the week. The day after the completion of the drinking course in all rats assessed the state of autonomous regulation. For this purpose, under an easy ether anesthesia, for 15-20 sec ECG was recorded in the lead II, inserting needle electrodes under the skin of the legs, followed by the calculation of the parameters of the HRV: mode (Mo), amplitude of the mode (AMo) and variational swing (MxDMn) as markers of the humoral channel of regulation, sympathetic and vagal tones respectively [1].

Animals were then placed in individual chambers with perforated bottom for collecting daily urine. The experiment was completed by decapitation of rats in order to collect as much blood as possible.

The plasma levels of the hormones of adaptation: corticosterone, triiodothyronine and testosterone (by the ELISA [10]) were determined.

Electrolytes: calcium (by reaction with arsenase III), phosphates (phosphate-molybdate method), sodium and potassium (flamming photometry) were determined in plasma and daily urine. The analyzes were carried out according to the instructions described in the manual [3].

The analyzers "Tecan" (Oesterreich), "Pointe-180" ("Scientific", USA) and "Reflotron" (Boehringer Mannheim, BRD) were used with appropriate sets and a flamming spectrophotometer "СФ-47".

According to the parameters of electrolyte exchange, hormonal activity was evaluated: parathyroid by coefficient (Cap•Pu/Pp•Cau)<sup>0,25</sup>, calcitonin by coefficient (Cau•Pu/Cap•Pp)<sup>0,25</sup> and mineralocorticoid by coefficient (Nap•Ku/Kp•Nau)<sup>0,25</sup>, based on their classical effects and recommendations by IL Popovych [18].

In the adrenal glands after weighing, the thickness of glomerular, fascicular, reticular and medullar zones was measured under a microscope [2].

Methods for the determination of nitrogenous metabolites and immune parameters are given in the previous article [17].

Digital material is statistically processed on a computer using the software package "Statistica 20".

### **RESULTS AND DISCUSION**

Screening of linear correlation coefficients between parameters of nitrogenous metabolites, on the one hand, and the recorded neuroendocrine parameters, on the other hand, revealed the following (Table 1).

In the next step of the analysis, a regression model was constructed for each plasma and urine nitrogenous metabolite by stepwise exclusion until the maximum level of adjusted  $\mathbb{R}^2$ was reached. As a result, it turned out that some regression models included parameters with an insignificant correlation coefficient, while some parameters with a significant correlation were outside the model.





It is appropriate to start the analysis with those nitrogenous metabolites for which (at least to us) receptors on immunocytes are unknown. A stronger relationship was found between plasma creatinine and corticosterone levels (Fig. 1).



**Fig. 1. Scatterplot of correlation between Creatinine (X-line) and Corticosterone (Y-line) Plasma in female rats**

Creatinineemia is less associated with parathyroid activity. Both endocrine factors are determined by plasma creatinine by 32% (Table 2 and Fig. 2).



R=0,582; R<sup>2</sup>=0,338; Adjusted R<sup>2</sup>=0,318; F<sub>(2,6)</sub>=14,6; p<10<sup>-5</sup>





**R=0,582; R<sup>2</sup>=0,338; χ<sup>2</sup> (2)=23,5; p,10-5; Λ Prime=0,662 Fig. 2. Scatterplot of canonical correlation between Creatininemia (X-line) and** the Endocrine parameters **(Y-line) in female rats**

In contrast, creatinineuria is associated with endocrine factors weakly inverse, albeit statistically significantly (Table 3).

$K=0,324$ ; K $=0,103$ ; Adjusted K $=0,0/3$ ; $\Gamma_{(2,6)}=3,3$ ; $p=0,043$							
		<b>B</b> eta	St. Err.		St. Err.	$t_{(57)}$	$p-$
			of Beta		of B		level
Variables			Intercpt	18.20	2.81	6.49	$10^{-6}$
Medullar $ZA$ , $\mu$ M	$-0.26$	$-0.218$	0.128	$-0.0310$	0.0182	$-1.70$	0.094
Calcitonin Activity	$-0.24$	$-0.199$	0.128	$-2.4675$	1.5909	$-1.55$	0.126

**Table 3. Regression Summary for Creatinineuria**  $R = 0,324; R = 0,105; A$  diversed  $R = 2,8; R = 0,043;$ 

Canonical analysis shows that both creatinine exchange parameters determine the constellation of four endocrine parameters by 36% (Table 4 and Fig. 3).

**Table 4. Factor load on canonical roots of Creatinine (left set) and Endocrine parameters (right set)**

Left set	Root 1
Creatinineemia, mM/L	$-0,998$
Creatinineuria, µM/24h•100 g	$-0,093$
<b>Right set</b>	Root 1
Corticosterone, nM/L	$-0,845$
Calcitonin Activity	$-0,291$
Parathyroid Activity	0,555
Medullar Zone Adrenals, µM	0.087



**R=0,602; R<sup>2</sup>=0,363; χ<sup>2</sup> (8)=31,6; p<10-4; Λ Prime=0,565 Fig. 3. Scatterplot of canonical correlation between Creatinine (X-line) and** the Endocrine parameters **(Y-line) in female rats**



Plasma urea levels are also most closely related to corticosterone (Fig. 4).

**Fig. 4. Scatterplot of correlation between Urea (X-line) and Corticosterone (Y-line) Plasma in female rats**

Weaker positive correlation was found for mineralocorticoid and calcitonin activities, while negative - with the thickness of the adrenal medulla (source of circulating catecholamines), as well as with with the Mode HRV ( $r = -0.25$ ), which is their inverse reflection, and the vagal tone  $(r = -0.31)$ . However, the last two parameters after the step-bystep exclusion turned out to be outside the regression model for some reason (Table 5 and Fig. 5).

$K=0,508$ ; K =0,525; Aqjusted K =0,275; $\Gamma_{(4,6)}=0,0$ ; p=0,0002							
		Beta	St. Err.	В	St. Err.	$t_{(55)}$	$p-$
			of Beta		$\circ$ f B		level
Variables			Intercpt	2.22	2.89	0.77	0,446
Corticosterone, nM/L	0.44	0.407	0.116	0.007	0.002	3,52	0,001
Mineralocorticoid Activity	0,28	0,195	0.155	0,635	0,506	1,25	0.215
Calcitonin Activity	0.24	0.204	0.117	1,611	0.927	1,74	0,088
Medullar $ZA$ , $\mu$ M	$-0.23$	$-0,172$	0.156	$-0,016$	0.014	$-1,10$	0.277

**Table 5. Regression Summary for Urea Plasma**  $R_{\rm E}$ =0,323; Adjusted R<sup>2</sup>=0,273; F<sub>(4,6</sub>=6,6; p=0,0002



**R=0,568; R<sup>2</sup>=0,323; χ<sup>2</sup> (4)=21,8; p=0,0002; Λ Prime=0,677 Fig. 5. Scatterplot of canonical correlation between Urea Plasma (X-line) and** the Endocrine parameters **(Y-line) in female rats**

Urea excretion, like creatinine, is also weakly associated with endocrine factors, and statistically insignificant (Table 6).





As a result, the determining effect of urea on this endocrine constellation was almost similar to that of creatinine: 34,3% vs 36,3% (Table 7 and Fig. 6).

**Table 7. Factor load on canonical roots of Urea (left set) and Endocrine parameters (right set)**

Left set	Root 1
Urea Plasma, mM/L	$-0,958$
Urea Excretion, $\mu M/24h \cdot 100 g$	0,127
<b>Right set</b>	Root 1
Corticosterone, nM/L	$-0,751$
Mineralocorticoid Activity	$-0,544$
Calcitonin Activity	$-0,304$
Medullar Zone Adrenals, µM	0,513



## **R=0,586; R<sup>2</sup>=0,343;**  $\chi^2$ **<sub>(8)</sub>=28,7; p=0,0004; Λ Prime=0,596 Fig. 6. Scatterplot of canonical correlation between Urea (X-line) and** the Endocrine parameters **(Y-line) in female rats**

Interestingly, a similar measure of determination (36,3%) of endocrine parameters is also demonstrated by plasma bilirubin (Table 8 and Fig. 7).







**R=0,603; R<sup>2</sup>=0,363; χ<sup>2</sup> (6)=24,8; p=0,0004; Λ Prime=0,637 Fig. 7. Scatterplot of canonical correlation between Bilirubin Plasma (X-line) and** the Endocrine parameters **(Y-line) in female rats**

In this case, bilirubin upregulates calcitonin activity, adrenal mass and plasma corticosterone levels, while downregulates the secretion of testosterone (in females!) by the adrenal reticular zone, as well as plasma levels of triiodothyronine.

Plasma uric acid levels are positively correlated with vagal tone (Fig. 8), while inversely with calcitonin activity and plasma triiodothyronine levels (Table 9), as well as sympathetic tone not included in the model ( $r = -0.29$ ). The degree of determination is 25% (Fig. 9).



**Fig. 8. Scatterplot of correlation between Uricemia (X-line) and MxDMn HRV (Y-line) in female rats**

$N=0,232, N=0,207, N=0$ and $N=0,270, 173.67$ 1, 0, 0000							
		<b>B</b> eta	St. Err.	В	St. Err.	$t_{(56)}$	$p-$
			of Beta		$\circ$ f B		level
Variables			Intercpt	1585	408	3.89	0,0003
MxDMn HRV, msec	0.42	0.356	0.117	3.415	1.122	3.04	0,0035
Calcitonin Activity	$-0.30$	$-0.310$	0.115	$-346.7$	129,2	$-2.68$	0,0096
Triiodothyronine, nM/L	$-0,23$	$-0.197$	0.119	$-212.5$	127.8	$-1,66$	0,1019

**Table 9. Regression Summary for Uricemia** R=0,535;  $R^2=0$ , 287; Adjusted  $R^2=0$ , 248;  $F_{0.0}=7,5$ ; n=0, 0003



**R=0,535; R<sup>2</sup>=0,287; χ<sup>2</sup> (3)=19,1; p=0,0003; Λ Prime=0,713 Fig. 9. Scatterplot of canonical correlation between Uricemia (X-line) and** the Neuroendocrine parameters **(Y-line) in female rats**

Uricosuria is also associated with the level of triiodothyronine inversely, but much more closely (Fig. 10), as well as with the thickness of the fascicular zone of the adrenal cortex (Fig. 11). In the regression model, the program also included the thickness of the glomerular zone and testosteroneemia (Table 10). This endocrine constellation is determined by uricosuria by 24% (Fig. 12).

Both parameters of uric acid exchange, taken together, determine the constellation of six neuroendocrine parameters by 36% (Table 11 and Fig. 13).



**Fig. 10. Scatterplot of correlation between Uricosuria (X-line) and Triiodothyronine (Y-line) in female rats**



**Fig. 11. Scatterplot of correlation between Uricosuria (X-line) and the thickness of Fascicular zone adrenal cortex (Y-line) in female rats**

R=0,540; R <sup>2</sup> =0,291; Adjusted R <sup>2</sup> =0,240; F <sub>(4,6)</sub> =5,7; p=0,0007							
		Beta	St. Err.	В	St. Err.	$t_{(55)}$	$p-$
			of Beta		of B		level
Variables			Intercpt	17.51	2,75	6,36	$10^{-6}$
Triiodothyronine, nM/L	$-0.47$	$-0,295$	0,148	$-2,334$	1,175	$-1,99$	0,052
Fascicular ZAC, µM	$-0.45$	$-0,220$	0.151	$-0,0087$	0,0060	$-1.46$	0,150
Testosterone, nM/L	$-0,20$	$-0,132$	0.117	$-0,208$	0,184	$-1,13$	0.264
Glomerular ZAC, µM	$-0,19$	$-0,140$	0,117	$-0.0118$	0,0098	$-1,20$	0,236

**Table 10. Regression Summary for Uricosuria**



**R=0,540; R<sup>2</sup>=0,291; χ<sup>2</sup> (4)=19,3; p=0,0007; Λ Prime=0,709 Fig. 12. Scatterplot of canonical correlation between Uricosuria (X-line) and** the Endocrine parameters **(Y-line) in female rats**

**Table 11. Factor load on canonical roots of Uric acid (left set) and Neuroendocrine parameters (right set)**

Left set	Root 1
Uricosuria, µM/24h•100 g	$-0,918$
Uricemia, µM/L	$-0,786$
<b>Right</b> set	Root 1
Triiodothyronine, nM/L	0,723
Fascicular ZAC, µM	0,704
Calcitonin Activity	0,330
Testosterone, nM/L	0,276
Glomerular ZAC, µM	0,231
MxDMn HRV, msec	$-0,564$



**R=0,599; R<sup>2</sup>=0,359; χ<sup>2</sup> (12)=35,7; p=0,0004; Λ Prime=0,519 Fig. 13. Scatterplot of canonical correlation between Uric acid (X-line) and** the Neuroendocrine parameters **(Y-line) in female rats**

As a result of canonical correlation analysis involving all registered nitrogenous metabolites, on the one hand, and neuroendocrine parameters, on the other hand, two pairs of canonical roots were formed.

The nitrogenous root of the first pair receives the maximum factor load from uricosuria and less load from bilirubinemia, uricemia and urea excretion, as well as inversely from creatinine excretion. The neuroendocrine root represents the parameters subject to **upregulation** by creatinineuria while **downregulation** by other nitrogenous metabolites. This neuroendocrine constellation is determined by the corresponding nitrogen constellation by 71,5% (Fig. 14).

**Table 12. Factor load on first canonical roots of nitrogenous metabolites (left set) and neuroendocrine parameters (right set)**

Left set	Root 1
Uricosuria, µM/24h•100 g	$-0,521$
Bilirubinemia, µM/L	$-0,371$
Urea Excretion, µM/24h•100 g	$-0,332$
Uricemia, µM/L	$-0,281$
Creatinineuria, µM/24h•100 g	0,360
<b>Right</b> set	Root 1
Medullar ZA, µM	$-0,598$
MxDMn HRV, msec	$-0,430$
Calcitonin Activity	$-0,404$
Triiodothyronine, nM/L	0,782
Fascicular ZAC, µM	0,706
Mineralocorticoid Activity	0,321
Testosterone, nM/L	0,254
Reticular ZAC, µM	0,243
Glomerular ZAC, µM	0,168



**R=0,845; R<sup>2</sup>=0,715; χ<sup>2</sup> (84)=179; p<10-6; Λ Prime=0,026 Fig. 14. Scatterplot of canonical correlation between the nitrogenous metabolites (X-line) and neuroendocrine parameters (Y-line) in female rats. First pair of Roots**

The second pair of roots is poorly structured and illustrates the relationship between other nitrogen-endocrine constellations (Table 13 and Fig. 15).

**Table 13. Factor load on second canonical roots of nitrogenous metabolites (left set) and endocrine parameters (right set)**

inu enuvernie parameters (right set)	
Left set	Root 2
Bilirubinemia, µM/L	0,359
Creatininemia, mM/L	0,189
Urea Excretion, $\mu M/24h \cdot 100 g$	0,187
Uricosuria, µM/24h•100 g	$-0,326$
Urea Plasma, mM/L	$-0,184$
<b>Right set</b>	Root 2
Medullar ZA, µM	0,294
Fascicular ZAC, µM	0,208
Corticosterone, nM/L	0,198
Triiodothyronine, nM/L	0,190
Adrenals Mass, mg/100 g	0,157
Parathyroid Activity	$-0,497$
Mineralocorticoid Activity	$-0,482$
Reticular ZAC, µM	$-0,179$



**R=0,796; R<sup>2</sup>=0,634; χ<sup>2</sup> (66)=117; p<10-4; Λ Prime=0,092 Fig. 15. Scatterplot of canonical correlation between the nitrogenous metabolites (X-line) and endocrine parameters (Y-line) in female rats. Second pair of Roots**

At the final stage of the analysis the connections between neuroendocrine parameters and those parameters of immunity which in the previous research were revealed subject to modulating influence of nitrogenous metabolites are found out.

Two neuroendocrine-immune pairs of canonical roots are formed. The first pair of roots reflects the immunomodulatory effect, primarily of triiodothyronine and glucocorticoids, to a lesser extent - mineralocorticoids, androgens and parathyroid hormone, as well as, conversely, catecholamines, vagus and calcitonin (Table 14). The degree of determination is 96% (Fig. 16).

Left set	Root 1
Triiodothyronine, nM/L	0,967
Fascicular ZAC, µM	0,634
Mineralocorticoid Activity	0,329
Reticular ZAC, µM	0,304
Parathyroid Activity	0,229
Testosterone, nM/L	0,163
Medullar Zone Adrenals, µM	$-0,403$
MxDMn HRV, msec	$-0,385$
Calcitonin Activity	$-0,318$
<b>Right</b> set	Root 1
<b>Natural Killers Blood, %</b>	0,923
<b>Monocytes Blood, %</b>	0,906
<b>Phagocytic Index Monocytes, %</b>	0,248
<b>Reticulocytes Thymus, %</b>	0,232
Hassal's corpuscles Thymus, %	0,150
<b>Fibroblastes Spleen, %</b>	0,139
<b>Stub Neutrophils Blood, %</b>	0,104
<b>Eosinophiles Spleen, %</b>	0,093
<b>Spleen Mass Index, g/100g</b>	0,050
<b>Microbial Count Neutrophils</b>	$-0,902$
<b>Phagocytic Index Neutrophils, %</b>	$-0,642$
<b>Lymphoblastes Spleen, %</b>	$-0,378$
<b>Lymphocytes Thymus, %</b>	$-0,260$
<b>Lymphoblastes Thymus, %</b>	$-0,232$
Th Lymphocytes Blood, %	$-0,171$
<b>Entropy Splenocytogram</b>	$-0,167$
<b>Macrophages Thymus, %</b>	$-0,098$

**Table 14. Factor load on first canonical roots of neuroendocrine (left set) and immune parameters (right set)**



**R=0,979; R<sup>2</sup>=0,958; χ<sup>2</sup> (264)=405; p<10-6; Λ Prime<10-4**



The second neuroendocrine root is poorly structured and reflects the modulating effect of hormones and vagus on another constellation of immune parameters (Table 15 and Fig. 17).

**Table 15. Factor load on second canonical roots of neuroendocrine (left set) and immune parameters (right set)**

Left set	Root 2
Medullar Zone Adrenals, µM	0,424
Fascicular ZAC, µM	0,357
Testosterone, nM/L	0,334
Corticosterone, nM/L	0,138
Glomerular ZAC, µM	0,110
MxDMn HRV, msec	$-0,373$
Parathyroid Activity	$-0,315$
Mineralocorticoid Activity	$-0,301$
Reticular ZAC, µM	$-0,238$
<b>Right</b> set	Root 2
<b>Entropy Leukocytogram</b>	$-0,557$
<b>Endotheliocytes Thymus, %</b>	$-0,419$
<b>Microphages Spleen, %</b>	$-0,381$
<b>Fibroblastes Spleen, %</b>	$-0,227$
<b>Phagocytic Index Neutrophils, %</b>	$-0,215$
<b>Phagocytic Index Monocytes, %</b>	$-0,143$
Leukocytes Blood, 10 <sup>9</sup> /L	0,202
<b>Eosinophiles Spleen, %</b>	0,186
Th Lymphocytes Blood, %	0,164
<b>Eosinophiles Blood, %</b>	0,133
<b>Reticulocytes Thymus, %</b>	0,115
<b>Stub Neutrophils Blood, %</b>	0,111
<b>Macrophages Thymus, %</b>	0,103



**R=0,854; R<sup>2</sup>=0,729; χ<sup>2</sup> (231)=274; p=0,029; Λ Prime=0,0014 Fig. 17. Scatterplot of canonical correlation between the neuroendocrine (X-line) and immune (Y-line) parameters in female rats. Second pair of Roots**

It seems that nitrogenous metabolites modulate the activity of the autonomic nervous system, as well as the adrenal, thyroid and parathyroid glands, mediators and hormones which, in turn, have an immunomodulatory effect. This assumption is consistent with the concepts of functional-metabolic continuum [4] and neuroendocrine-immune complex [16,18,22,23].

However, the question of the role of the central nervous system in the immunotropic effects of nitrogenous metabolites in line with the concept of the immune homunculus [14,15,19,20,24,25,26] remains open, which will be the subject of our next research.

### **CONFORMITY TO ETHICAL STANDARDS**

Experiments on animals have been carried out in accordance with the provisions of the Helsinki Declaration of 1975, revised and supplemented in 2002 by the Directives of the National Committees for Ethics in Scientific Research.

The conduct of experiments was approved by the Ethics Committee of the Ukrainian Scientific Research Institute for Medicine of Transport. The modern rules for the maintenance and use of laboratory animals complying with the principles of the European Convention for the Protection of Vertebrate Animals used for scientific experiments and needs are observed (Strasbourg, 1985).

**Conflict of Interest.** The authors declare that there is no conflict of interest that could be perceived as interfering with publication of the article.

**Competing Interests.** The authors declare that they have no competing interests.

**Funding sources.** This study has not received any financial support from any government, community or commercial organization.

### **REFERENCES**

1. Baevskiy RM, Ivanov GG. Heart Rate Variability: theoretical aspects and possibilities of clinical application [in Russian]. Ultrazvukovaya i funktsionalnaya diagnostika. 2001; 3: 106- 127.

2. Bilas VR, Popovych IL. Role of microflora and organic substances of water Naftussya in its modulating influence on neuroendocrine-immune complex and metabolism [in Ukrainian]. Medical Hydrology and Rehabilitation. 2009; 7(1): 68-102.

3. Goryachkovskiy АМ. Clinical Biochemistry [in Russian]. Odesa. Astroprint; 1998: 608  $p<sub>1</sub>$ 

4. Gozhenko AI. Functional-metabolic continuum [in Russian]. J of NAMS of Ukraine. 2016; 22 (1): 3-8.

5. Gozhenko AI, Smagliy VS, Korda IV, Badiuk NS, Zukow W, Popovych IL. Functional relationships between parameters of uric acid exchange and immunity in female rats. Actual problems of transport medicine. 2019; 4(58): 123–131.

6. Gozhenko AI, Smagliy VS, Korda IV, Badiuk NS, Zukow W, Popovych IL. Features of immune status in different states of uric acid metabolism in female rats. Journal of Education, Health and Sport. 2019; 9(12): 167-180.

7. Gozhenko AI, Smagliy VS, Korda IV, Badiuk NS, Zukow W, Kovbasnyuk MM, Popovych IL. Relationships between parameters of uric acid exchange and immunity as well as microbiota in patients with neuroendocrine-immune complex dysfunction. Journal of Education, Health and Sport. 2020; 10(1): 165-175.

8. Gozhenko AI, Smagliy VS, Korda IV, Badiuk NS, Zukow W, Kovbasnyuk MM, Popovych IL. Relationships between changes in uric acid parameters metabolism and parameters of immunity and microbiota in patients with neuroendocrine-immune complex dysfunction. Journal of Education, Health and Sport. 2020; 10(2): 212-222.

9. Gozhenko AI, Zukow W, Polovynko IS, Zajats LM, Yanchij RI, Portnichenko VI, Popovych IL. Individual Immune Responses to Chronic Stress and their Neuro-Endocrine Accompaniment. RSW. UMK. Radom. Torun; 2019: 200 p.

10. Instructions for use of a set of reagents for enzyme-linked immunosorbent assay of hormones in human blood. St-Pb. CJSC "Alcor Bio"; 2000.

11. Kuchma IL, Gozhenko AI, Bilas VR, Huchko BY, Ponomarenko RB, Nahurna YV, Zukow W, Popovych IL. Relationships between parameters of nitrogenous metabolites and HRV in humans exposed to the factors of the accident at the Chоrnobyl nuclear power plant. Journal of Education, Health and Sport. 2021; 11(1): 253-268.

12. Kuchma IL, Gozhenko AI, Bilas VR, Ruzhylo SV, Kovalchuk GY, Nahurna YV, Zukow W, Popovych IL. Immunotropic effects of nitrogenous metabolites (creatinine, urea, uric acid and bilirubin) in humans exposed to the factors of the accident at the Chоrnobyl nuclear power plant. Journal of Education, Health and Sport. 2020; 10(12): 314-331.

13. Kuchma IL, Gozhenko AI, Flyunt ISS, Ruzhylo SV, Nahurna YV, Zukow W, Popovych IL. Role of the autonomic nervous system and lipoperoxidation in immunotropic effects of nitrogenous metabolites in patients with postradiation encephalopathia. Journal of Education, Health and Sport. 2021; 11(2): 145-155.

14. Kul'chyns'kyi AB**,** Kyjenko VM, Zukow W, Popovych IL. Causal neuro-immune relationships at patients with chronic pyelonephritis and cholecystitis**.** Correlations between parameters EEG, HRV and white blood cell count. Open Medicine. 2017; 12(1): 201-213.

15. Kul'chyns'kyi AB**,** Zukow W, Korolyshyn TA, Popovych IL. Interrelations between changes in parameters of HRV, EEG and humoral immunity at patients with chronic pyelonephritis and cholecystitis. Journal of Education, Health and Sport. 2017; 7(9): 439-459.

16. Nance DM, Sanders VM. Autonomic innervation and regulation of the immune system. Brain Behav Immun. 2007; 21(6): 736-745.

17. Popovych IL, Gozhenko AI, Kuchma IL, Zukow W, Bilas VR, Kovalchuk GY, Ivasivka AS. Immunotropic effects of so-called slag metabolites (creatinine, urea, uric acid and bilirubin) at rats. Journal of Education, Health and Sport. 2020; 10(11): 320-336.

18. Popovych IL, Gozhenko AI, Zukow W, Polovynko IS. Variety of Immune Responses to Chronic Stress and their Neuro-Endocrine Accompaniment. Scholars' Press. Riga; 2020: 172 p.

19. Popovych IL, Kul'chyns'kyi AB**,** Gozhenko AI, Zukow W, Kovbasnyuk MM, Korolyshyn TA**.** Interrelations between changes in parameters of HRV, EEG and phagocytosis at patients with chronic pyelonephritis and cholecystitis. Journal of Education, Health and Sport. 2018; 8(2): 135-156.

20. Popovych IL, Kul'chyns'kyi AB**,** Korolyshyn TA, Zukow W**.** Interrelations between changes in parameters of HRV, EEG and cellular immunity at patients with chronic pyelonephritis and cholecystitis. Journal of Education, Health and Sport. 2017; 7(10): 11-23.

21. Smagliy VS, Gozhenko AI, Korda IV, Badiuk NS, Zukow W, Kovbasnyuk MM, Popovych IL. Variants of uric acid metabolism and their immune and microbiota accompaniments in patients with neuroendocrine-immune complex dysfunction. Actual problems of transport medicine. 2020; 1(59): 114–125.

22. Sternberg EM. Neural regulation of innate immunity: a coordinated nonspecific host response to pathogens. Nat Rev Immunol. 2006; 6(4): 318-328.

23. Thayer JF, Sternberg EM. Neural aspects of immunomodulation: Focus on the vagus nerve. Brain Behav Immun. 2010; 24(8): 1223-1228.

24. Tracey KJ. Physiology and immunology of the cholinergic antiinflammatory pathway. J Clin Invest. 2007; 117(2): 289-296.

25. Gozhenko A., Biryukov V., Gozhenko O., Zukow, W. Health as a space-time continuum. Journal of Education, Health and Sport, 2018; 8(11): 763-777. DOI: <http://dx.doi.org/10.5281/zenodo.2657000.>

26. Gozhenko A., Biryukov V., Muszkieta R., Zukow, W. Physiological basis of human longevity: the concept of a cascade of human aging mechanism. Collegium antropologicum, 2018; 42(2): 139-146.