Resource use and biophysical constraints of Scottish agriculture

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Abstract. Agriculture is a fundamental sector of economy and society that ensures food supply, classified by the Millennium Ecosystem Assessment among the so-called "provisioning ecosystem services". Due to the increase of food demand worldwide, farmers are shifting more and more towards intensive agriculture. This trend is connected to the unsustainable consumption of natural resources, most often exceeding the carrying capacity of natural ecosystems. In this paper, the resource use and biophysical constraints of Scottish agriculture were investigated at regional and national levels by means of the Emergy Synthesis method. The study focused on two main agroecosystems: 1) the Cairngorms National Park (CNP) and 2) the national agricultural sector of Scotland as a whole. The evolution of the agricultural sector was explored over time (years 1991, 2001, 2007), accounting for local renewable and non-renewable resources as well as imported resources. Performance and sustainability indicators were then calculated with and without including human labor and economic services (money flows). In the year 2007, the Emergy Yield Ratio (EYR) of the Scottish agricultural sector was about 46% of the same indicator calculated for the CNP (2.65 versus 5.72, respectively). A higher Environmental Loading Ratio (ELR) was calculated for the national sector than for CNP (1.25 versus 1.02, respectively). The Emergy Sustainability Index (ESI) was 2.12 for the national sector and 5.60 for CNP. Such figures were calculated without including the emergy flows supporting labor and services. If the latter are also accounted for, the ESI of the national level and CNP drop by a factor 5.6 and 3.9, respectively. Such variations suggest that larger flows of non-renewable resources strongly affect the environmental performance, increasing the dependence on non-renewable resources supporting the larger economic system in which the agricultural sectors are embedded in.

Key words: Scotland, Cairngorms National Park, biophysical accounting, agriculture.

1. Introduction

The intensive exploitation of primary production mainly by means of monocultures has a negative effect on biodiversity, water conservation, and soil fertility, putting at risk the future carrying capacity and life support system of many areas of the planet (Brown & Ulgiati 1999, 2001; MEA 2005). Agriculture is increasingly dependent on large amounts of fertilizers, pesticides, and machinery. In general, abandoning traditional practices in favor of more intensive exploitation does not provide additional support to local populations and family farms. Instead, it determines the expulsion of farmers from their land and the concentration of land in the hands of fewer owners and big enterprises, practicing large-scale monocultures and shifting from traditional crops to cash and bioenergy crops. The risks associated to land use change and related social impacts have been underlined by many researchers and international assessments (Pimentel et al. 1973; FAO 2000; Odum 2007; IAASTD 2009) pointing out the need for using technology and science to prevent the decrease of rural population, providing at the same time support to multifunctional agriculture, rural income, and landscape protection.

A crucial step in this framework is the implementation of evaluation methods able to assess the interplay between agricultural processes and natural ecosystems. Very important is also to monitor the performance of agricultural systems, identify bottlenecks, and then suggest possible alternatives and improvements. The main goal of this research was the evaluation of the environmental performance and sustainability of the Scottish agricultural system at regional and national scales by using the Emergy Synthesis method, building on previous experiences by Ulgiati et al. (1993, 2008, 2010, 2011), Franzese et al. (2005, 2008, 2009), among others.

2. Materials and methods

The resource use and biophysical constraints of the Scottish agricultural system were investigated by using the Emergy Synthesis method (Odum 1996). The resource flows supporting the regional level of the Cairngorms National Park (CNP) and national level of Scotland were evaluated in the years 1991, 2001, and 2007 to assess their environmental performance and sustainability over time. The study of the agricultural system of the CNP is part of a larger investigation on the multifunctional role of protected areas. In fact, while the Scottish agricultural system as such is not constrained by specific environmental protection policies, the activities within the CNP are subject to regulations aimed at preserving the environmental integrity while promoting environmentally friendly activities, among which agriculture and ecotourism.

2.1. The area of study

Scotland, located in the north of Britain, is well known for its mountainous landscape rich with forests, rivers, and lakes. Scottish landscape makes difficult to carry out productive activities and as a result of this problem 85% of Scotland's land is considered a "Less Favoured Area" by the European Union that acknowledges the existence of natural and geographic disadvantages. With a population of about 5,100,000 inhabitants, Scotland has a population density of 65.6 persons/km². About 65,000 people are directly employed by the agricultural sector and about 250,000 jobs (1 in 10 of all Scottish jobs) derive from this sector. The Cairngorms National Park was started in 2003 as a result of the National Park Act and it is the largest national park in the UK. It covers 3,800 km² and supports approximately 16,000 resident people as well as important protected habitats and species. National Parks in Scotland are explicitly required to promote sustainable economic and social development. Therefore, they are not "wilderness reserves" but instead they fit the International Union for Conservation of Nature (IUCN) category V (protected landscape). The National Park contains a variety of ecosystems from the sub-arctic Cairngorms plateau through managed moorlands, pastures and forestry to intensively farmed land in the river valleys. Protected for both its biodiversity and geodiversity, the mosaic of habitats of the Park creates a unique and highly valued landscape. Furthermore, 25% of species in the UK conservation priority species list is found within the National Park.

2.2. The Emergy Synthesis method

Emergy Synthesis is a biophysical accounting method based on the concept of energy quality and focused on the study of natural and human-dominated ecosystems from a "donor-side" point of view: i.e., the evaluation of the work done by the biosphere to generate goods and services (Odum 1996). A more comprehensive explanation of the emergy theory and accounting procedures can be found in Odum (1988, 1994, 1996), Brown and Ulgiati (2004a, b), and Franzese et al. (2009).

A detailed inventory of the main mass, energy and money flows supporting the investigated system is required to perform a sound emergy evaluation. Such evaluations are useful to provide a clear picture of the biophysical support and constraints to the system, included the so-called "free environmental services" (sun, wind, rain, geothermal flow, among others) usually not accounted for by conventional economic and energy accounting. Direct and indirect labor inputs are also accounted for within the emergy accounting as these flows are indirectly supported by additional resource flows within the society.

The following main steps are needed to perform an emergy evaluation oriented to assess the environmental performance and sustainability of the investigated system:

1. Identification of the spatial and temporal boundaries of the investigated systems. The spatial scales of the two systems (regional and national levels) were chosen corresponding to the administrative boundary of the investigated systems while the time scale was one year for both levels.

2. Modelling of the investigated systems by means of a symbolic energy language. A system diagram was drawn, including the main system's components and their interactions to each other and with the surrounding environment.

3. Inventory of the main inputs to the investigated systems (mass, energy and money flows).

4. Calculation of the emergy flows (seJ) by means of appropriate conversion factors (the so-called UEVs, Unit Emergy Values). Emergy Synthesis includes in its conversion coefficients also the resources provided for free by nature (sun, rain, wind, deep heat, topsoil, etc.). This means that the time and spatial scales of indirect input flows are expanded from the local scale to the scale of biosphere.

5. Calculation of the total emergy used by the systems.

6. Calculation of emergy intensity values for the generated products and emergy-based indicators to describe the system's performance and sustainability.

7. Final interpretation of results.



Figure 1. Cairngorms National Park (CNP): geographic location

3. Results and discussion

The system diagram of the Cairngorms National Park is shown in Figure 2. In such diagram, three main sub-systems (wilderness, forestry, and agriculture) are directly supported by renewable resources. The renewable flows (sun, rain, wind, geothermal), aggregated on the left of the diagram, support the investigated system directly (wilderness, forestry, and agricultural production) and indirectly (agricultural, forestry, and industrial products). In addition to renewable flows, several human-driven emergy flows imported from the main economy (fossil fuels, fertilizers, electricity, goods, machinery, and labor) support the production patterns of the regional agroecosystem. These flows are shown as inflowing from the top of the diagram (Fig. 2). The people living in the Park receive goods both from internal and external sectors, through commercial and transport infrastructures (assets). Tourists visiting the Cairngorms National Park (CNP) interact with local assets and productive activities, enjoying local products, environmental and recreation services. Finally, when they leave the Park, they are also enriched with a deeper understanding of the environmental, economic, and social aspects of the area. The economic budget of the region is mainly composed by income related to production activities (goods exported) and contribution from external investments and subsidies. Tourists also provide an additional income used to imported goods and raw resources from outside the system. Money flows, drawn by means of dotted lines, are shown as entering from the right side of the diagram and flowing out as payments for services associated to imports. It is important to note that the money paid for resources

import only refers to the services associated to such resources. Services measure the indirect labor invested outside of the investigated system to extract and process the raw materials and make processed resources available to the production process (money is not paid to nature for its free resources, but always paid to support direct and indirect labor). Figure 3 shows the emergy diagram drawn for the agricultural sector of Scotland in the year 2007. As shown in Figure 2, due to lack of disaggregated data for crop and livestock sub-systems, we had to make the assumption that all input flows were used to generate the two outputs: livestock and crops. This is because a fraction of agricultural land was used as pasture, while another fraction was used to produce human food and animal feedstock with crop rotation. The total amount of emergy was divided by the amount of agricultural production, thus generating an average value of UEV for crops; then, the same amount of total emergy was divided by the livestock production to generate an average UEV for livestock.

Table 1 shows the direct resource supply and land use of the agricultural sectors of Scotland and CNP over time (years 1991, 2001, and 2007) while Table 2 shows the generated products of the investigated agroecosystems. From these data it clearly appears that both systems follow a similar trend: the direct labor applied to both agricultural processes decreases over time while becoming more expensive. At the same time, the use of agricultural machinery increases, but it is accompanied by a simultaneous decrease of electricity and fuel use, suggesting higher efficiency in machinery use. Fertilizers decrease from 1991 to 2007, having a peak in the year 2001, while pesticides and herbicides decline steadily. On the product side, the economic value grows in current price terms, while the to-



Figure 2. Emergy system diagram of the Cairngorms National Park in the year 2007



Figure 3. Emergy system diagram of the Scottish agricultural sector. Numbers in bracket are emergy flows (x 10¹⁸ seJ/yr) associated to each input in the year 2007

Direct supply, land use	I Init		Scotland		CNP			
(process scale)	Unit	1991	2001	2007	1991	2001	2007	
Rainfall	g/yr	5.49E+16	5.12E+16	6.12E+16	1.58E+15	1.63E+15	1.60E+15	
Total Cropped Land	ha/yr	3.92E+06	3.92E+06	4.15E+06	1.79E+05	1.79E+05	1.79E+05	
Fertilizers (N+ $PO_4 + K_2O$)	g/yr	3.28E+11	4.02E+11	2.48E+11	4.44E+09	4.73E+09	3.53E+09	
Nitrogen (N)	g/yr	1.95E+11	2.27E+11	1.38E+11	2.61E+09	2.84E+09	2.03E+09	
Phosphate (PO ₄)	g/yr	6.13E+10	8.10E+10	4.90E+10	8.51E+08	8.73E+08	6.96E+08	
Potassium (K ₂ O)	g/yr	7.17E+10	9.40E+10	6.10E+10	9.77E+08	1.02E+09	8.08E+08	
Fungicides	g/yr	1.10E+09	6.80E+08	7.46E+08	2.45E+06	1.39E+06	1.81E+06	
Insecticides	g/yr	5.96E+06	3.70E+06	2.61E+06	3.39E+04	2.57E+04	2.05E+05	
Herbicides	g/yr	9.83E+08	7.53E+08	6.77E+08	1.16E+07	5.52E+06	2.40E+06	
Growth Regulators, Molluscicides and Others	g/yr	4.63E+08	4.63E+08	2.01E+08	9.57E+04	7.11E+04	7.28E+04	
Electricity	J/yr	9.71E+14	5.35E+14	4.30E+14	8.17E+12	4.50E+12	3.62E+12	
Water for irrigation	g/yr	5.23E+12	5.23E+12	5.23E+12	_	_	_	
Liquid Fuels	J/yr	1.19E+16	1.11E+16	9.93E+15	1.00E+14	9.35E+13	8.35E+13	
Machinery	g/yr	3.30E+11	3.78E+11	7.19E+11	2.78E+09	3.18E+09	6.05E+09	
Direct Labor	hrs/yr	9.15E+07	9.16E+07	8.45E+07	8.66E+05	8.67E+05	8.00E+05	
Direct Labor	€/yr	6.06E+08	9.24E+08	9.35E+08	5.73E+06	8.74E+06	8.85E+06	
Indirect Labor (Services)	€/yr	1.48E+09	1.53E+09	1.42E+09	7.20E+06	6.99E+06	9.54E+06	

Table 1. Direct supply and land use of the agricultural sectors of Scotland and CNP over time

Table 2. Products generated by the agricultural sectors of Scotland and CNP over time

Products	T.T :4		Scotland		CNP			
	Unit	1991	2001	2007	1991	2001	2007	
Economic value of crops	€/yr	6.01E+08	8.35E+08	1.07E+09	1.48E+06	2.35E+06	2.83E+06	
Economic value of livestock	€/yr	1.25E+09	1.30E+09	1.38E+09	9.66E+06	9.64E+06	1.13E+07	
Total economic value	€/yr	1.85E+09	2.14E+09	2.45E+09	1.11E+07	1.20E+07	1.41E+07	
Mass of crop production (dry matter)	g/yr	2.85E+12	2.85E+12	2.92E+12	7.51E+09	8.36E+09	7.61E+09	
Mass of livestock production (dry matter)	g/yr	3.04E+11	2.86E+11	2.89E+11	1.17E+09	1.00E+09	1.06E+09	
Total mass (dry matter)	g/yr	3.16E+12	3.14E+12	3.21E+12	8.69E+09	9.36E+09	8.67E+09	
Energy content of crop production	J/yr	3.72E+16	3.75E+16	3.83E+16	1.02E+14	1.15E+14	1.03E+14	
Energy content of livestock production	J/yr	7.81E+15	7.45E+15	7.65E+15	4.54E+13	3.87E+13	4.06E+13	
Total energy content	J/yr	4.50E+16	4.50E+16	4.59E+16	1.48E+14	1.53E+14	1.44E+14	

tal dry mass produced is almost stable as well as the energy content. Table 3. shows the emergy flows supporting the Scottish agricultural sector in the year 2007.

The same emergy evaluation at national level (Table 3) was implemented for the years 1991 and 2001 as well as for the agricultural sector of the Cairngorms National Park for the same years. Finally, performance and sustainability indicators were calculated for both systems.

Table 4 shows the extensive emergy-based indicators calculated for the two systems over time. The total emergy (U) was calculated with and without the emergy associated to labor (L) and services (S). The two values present a significant difference: at national level, labor and services represent about 50% of the total used emergy (U) while at the level of the National Park they are lower (20–27%). These figures suggest a highly labor intensive agriculture but also, more likely, a highly subsidized system (money investment for Park protection more than for the value of agricultural products as such).

Tables 5 and 6 list the emergy-based performance indicators calculated for the two agroecosystems. As previously underlined, these indicators refer to the separate crop and livestock products as well as to the agricultural production as a whole, calculated with and without including the emergy flows associated to Labor and Services.

Indicators in Table 6 point out that: 1) the Emergy Yield Ratio (EYR) slightly increases in both systems (increased ability to exploit local resources); 2) the Environmental Loading Ratio (ELR) slightly decreases in both systems (higher reliance on renewable resources); 3) the Emergy Sustainability Index (ESI) increases in both systems. The latter trend is very unusual and suggests the effectiveness of environmental and agricultural policies that seem capable to decrease the use of imported and non-renewable resources and increase the reliance on local renewable resources. When labor and services are accounted for all indicators are affected negatively (Table 5).

Results are better understood in their globality if they are shown in a pictorial way, by means of radar diagrams. To be able to plot data with different orders of magnitude we applied two normalization procedures: 1) normalization with reference to the first year of investigation: all values are divided by the value of the first year of investigation (Figs. 4 and 5); 2) normalization with reference to the total generated impact: for each indicator, the total impact is calculated by adding the values of the two systems, then, to calculate its fraction or percentage, the value of the indicator is divided by the sum of the two (Fig. 6). The larger is the area identified by the diagram, the more intensive is the global impact generated by the system. Figure 4 shows the emergy-based indicators calculated for the agricultural sector at national level. Indicators show a better performance over time, from 1991 to 2007, with a negative performance in the year 2001. Instead,

the same indicators calculated for the CNP show a more stable trend (Fig. 5).

In the year 2007, the Emergy Yield Ratio (EYR) of the Scottish agricultural sector was about 46% of the same indicator calculated for the CNP (2.65 versus 5.72, respectively). A higher Environmental Loading Ratio (ELR) was calculated for the national sector than for CNP (1.25 versus 1.02, respectively). The Emergy Sustainability Index (ESI) was 2.12 for the national sector and 5.60 for CNP (Table 6). Such figures were calculated without including the emergy flows supporting labor and services. If the latter are also accounted for, the ESI of the national level and CNP drop by a factor 5.6 and 3.9, respectively. Such variations suggest that larger flows of non-renewable resources strongly affect the environmental performance, increasing the dependence on non-renewable resources supporting the larger economic system in which the agricultural sectors are embedded in.

The comparison of the emergy-based indicators between the two investigated systems (Fig. 6) points out a lower performance of the agricultural sector at Park level, affecting the calculated values of UEV (seJ/€, seJ/g, seJ/J) that resulted higher for the CNP than for the national level. Instead, the other indicators (Empower Density, Emergy Yield Ratio, Environmental Loading Ratio, and Emergy Sustainability Index) resulted higher for the national level, showing the bigger impact of such sector. Finally, the socalled "emergy signature" (Fig. 7) highlights how the share of different resources driving the Scottish National agriculture changed over time. Surprisingly, the local environmental resources still play an important role in comparison to the imported non-renewable (fuels, machinery, fertilizers), unlike other agricultural systems worldwide. Labor and Services also entail a huge emergy cost: however, this is not due to the actual number of hours of labor applied (that is steadily declining), but instead to the standard of living (labor cost, i.e. emergy cost of resources supporting direct and indirect labor). Efforts to decrease the total emergy use of the Country making it more reliant on renewables would translate into less emergy-intensive and more renewable labor and services, in so also improving the performance of agricultural and other productive sectors.

Summarizing, results converge to point out that the whole agricultural sector of Scotland, although performing relatively well compared to other agricultural systems worldwide, is more environmental impacting than the agricultural sector of the CNP. The CNP has a low productivity, while the national sector uses too much non-renewable resources and therefore loads more on the environment. It is promising that the emergy indicators calculated at national level slightly improve over time, and that the same indicators calculated for the CNP remain stable at the already good level achieved thanks to the implementation of strict conservation policies.

Item	Unit	Raw amount	Emergy Intensity (seJ/unit)	Ref. for intensity*	Emergy (x10 ¹⁸ seJ/yr)
Local Renewable Inputs					
Solar radiation	J/yr	1.13E+20	1	[a]	11.32
Wind (kinetic energy of wind at surface)	J/yr	7.17E+17	2.51E+03	[b]	179.84
Rainfall (Chemical Potential)	J/yr	1.21E+17	3.05E+04	[b]	368.75
Geothermal flow	J/yr	5.04E+16	1.20E+04	[b]	60.43
Local Non renewable Inputs					
Top soil	J/yr	1.20E+16	1.24E+05	[b]	149.02
Inputs Imported from outside					
Diesel fuel	J/yr	9.77E+15	1.11E+05	[b]	108.07
Lubricants	J/yr	1.55E+14	1.11E+05	[b]	1.72
Natural Gas	J/yr	1.02E+15	8.05E+04	[b]	8.23
Electricity	J/yr	4.30E+14	2.86E+05	[c]	12.29
Water for irrigation	g/yr	5.23E+12	7.61E+05	[d]	0.40
Fertilizers					
Nitrogen (N)	g/yr	1.38E+11	6.37E+09	[b]	87.89
Phosphate (PO_4)	g/yr	4.90E+10	6.54E+09	[b]	32.03
Potassium (K ₂ O)	g/yr	6.10E+10	1.84E+09	[b]	11.25
Fungicide	g/yr	7.46E+08	5.08E+09	[e]	0.38
Insecticides	g/yr	2.61E+06	4.81E+09	[e]	0.001
Herbicides	g/yr	6.77E+08	8.25E+09	[e]	0.56
Growth regulators, Molluscicides and others	g/yr	2.01E+08	6.05E+09	[e]	0.12
Agricultural machinery					
Steel and Iron	g/yr	4.53E+10	5.31E+09	[f]	24.07
Aluminium	g/yr	7.74E+09	3.25E+10	[b]	25.17
Rubber and Plastic	g/yr	5.53E+08	3.69E+09	[b]	0.20
Copper	g/yr	1.66E+09	3.36E+09	[c]	0.56
Human Labor	€/yr	9.35E+08	3.91E+12	[g]	365.41
Annual Services in Agricultural Production	€/yr	1.42E+09	3.91E+12	[g]	556.80
TOTAL EMERGY with Labor and Services					1752.91
TOTAL EMERGY without Labor and Services					830.70

Table 3. Emergy evaluation of the agricultural sector of Scotland in the year 2007

*References for Transformity values: [a] [by definition]; [b] [after Odum 2000]; [c] [Brown & Ulgiati 2004b]; [d] [after Buenfill A.A. 2000]; [e] [esti-mated from Biondi et. al. 1989]; [f] [Bargigli & Ulgiati 2003]; [g] [Gasparatos et al. 2008]. Note: Values of specific emergies and transformities refer to the 15.83 · 10²⁴ seJ/yr biosphere baseline (Odum 2000). All transformities calculated earlier,

based on the $9.44 \cdot 10^{24}$ seJ/yr baseline, have been multiplied by 1.68 to be update.

Extensive Indicators	T Luit		Scotland		CNP			
	Unit	1991	2001	2007	1991	2001	2007	
Local renewable inputs, R	seJ/yr	3.31E+21	3.08E+21	3.69E+21	9.55E+19	9.85E+19	9.66E+19	
Local non-renewable inputs, N	seJ/yr	1.41E+21	1.41E+21	1.49E+21	6.45E+19	6.45E+19	6.45E+19	
Purchased inputs, F	seJ/yr	3.65E+21	3.90E+21	3.13E+21	3.97E+19	4.03E+19	3.42E+19	
Direct Labor, L	seJ/yr	2.37E+21	3.61E+21	3.65E+21	2.24E+19	3.42E+19	3.46E+19	
Services (indirect labor), S	seJ/yr	5.80E+21	5.98E+21	5.57E+21	2.82E+19	2.73E+19	3.73E+19	
Total emergy inputs with L&S U = $(R+N+F+L+S)$	seJ/yr	1.65E+22	1.80E+22	1.75E+22	2.50E+20	2.65E+20	2.67E+20	
Total emergy inputs without L&S U = $(R+N+F)$	seJ/yr	8.36E+21	8.39E+21	8.31E+21	2.00E+20	2.03E+20	1.95E+20	

Table 4. Extensive emergy-based indicators of the agricultural sectors of Scotland and CNP over time

Table 5. Intensive emergy-based indicators of the agricultural sectors of Scotland and CNP (with Labor and Services)

		Scotland			CNP			
Intensive Indicators with Labor and Services	Unit	1991	2001	2007	1991	2001	2007	
CROPS								
Emergy per unit of economic value	seJ/€	2.75E+13	2.15E+13	1.64E+13	1.69E+14	1.12E+14	9.43E+13	
Specific Emergy per unit of dry matter	seJ/g	5.79E+09	6.31E+09	6.00E+09	3.33E+10	3.17E+10	3.51E+10	
Solar Transformity	seJ/J	4.45E+05	4.80E+05	4.58E+05	2.45E+06	2.31E+06	2.59E+06	
LIVESTOCK								
Emergy per unit of economic value	seJ/€	1.32E+13	1.38E+13	1.27E+13	2.59E+13	2.75E+13	2.37E+13	
Specific Emergy per unit of dry matter	seJ/g	5.44E+10	6.30E+10	6.07E+10	2.13E+11	2.64E+11	2.53E+11	
Solar Transformity	seJ/J	2.12E+06	2.42E+06	2.29E+06	5.51E+06	6.85E+06	6.58E+06	
WHOLE SYSTEM								
Emergy per unit of economic value	seJ/€	8.93E+12	8.41E+12	7.15E+12	2.25E+13	2.21E+13	1.89E+13	
Specific Emergy per unit of dry matter	seJ/g	5.24E+09	5.74E+09	5.46E+09	2.88E+10	2.83E+10	3.08E+10	
Solar Transformity	seJ/J	3.68E+05	4.00E+05	3.82E+05	1.70E+06	1.73E+06	1.86E+06	
Empower density	seJ/ha	4.22E+15	4.59E+15	4.23E+15	1.39E+15	1.48E+15	1.49E+15	
EYR = U/(F+L+S)		1.40	1.33	1.42	2.77	2.60	2.52	
ELR = (N+F+L+S) / (R)		4.00	4.83	3.75	1.62	1.69	1.77	
%REN = 1 / (1+ELR)		0.20	0.17	0.21	0.38	0.37	0.36	
ESI = EYR / ELR		0.35	0.28	0.38	1.71	1.54	1.43	

Intensive Indicators without Labor and	Unit -	Scotland			CNP		
Services		1991	2001	2007	1991	2001	2007
CROPS							
Emergy per unit of economic value	seJ/€	1.39E+13	1.01E+13	7.76E+12	1.35E+14	8.64E+13	6.89E+13
Specific Emergy per unit of dry matter	seJ/g	2.93E+09	2.94E+09	2.84E+09	2.66E+10	2.43E+10	2.57E+10
Solar Transformity	seJ/J	2.25E+05	2.24E+05	2.17E+05	1.96E+06	1.77E+06	1.89E+06
LIVESTOCK							
Emergy per unit of economic value	seJ/€	6.69E+12	6.44E+12	6.02E+12	2.07E+13	2.11E+13	1.73E+13
Specific Emergy per unit of dry matter	seJ/g	2.75E+10	2.94E+10	2.88E+10	1.70E+11	2.03E+11	1.85E+11
Solar Transformity	seJ/J	1.07E+06	1.13E+06	1.09E+06	4.39E+06	5.26E+06	4.81E+06
WHOLE SYSTEM							
Emergy per unit of economic value	seJ/€	4.52E+12	3.93E+12	3.39E+12	1.79E+13	1.69E+13	1.38E+13
Specific Emergy per unit of dry matter	seJ/g	2.65E+09	2.68E+09	2.59E+09	2.30E+10	2.17E+10	2.25E+10
Solar Transformity	seJ/J	1.86E+05	1.87E+05	1.81E+05	1.35E+06	1.33E+06	1.36E+06
Empower density	seJ/ha	2.14E+15	2.14E+15	2.00E+15	1.11E+15	1.13E+15	1.09E+15
EYR = U/F		2.29	2.15	2.65	5.03	5.04	5.72
ELR = (N+F) / (R)		1.53	1.72	1.25	1.09	1.06	1.02
%REN = 1 / (1+ELR)		0.40	0.37	0.44	0.48	0.48	0.49
ESI = EYR / ELR		1.50	1.25	2.12	4.61	4.74	5.60









Figure 5. Emergy-based indicators of the agricultural sector of the Cairngorms National Park over time. Values normalized from Table 5



Figure 6. Comparison of emergy-based indicators referring to the agricultural sectors of Scotland and CNP in the year 2007. Values normalized from Table 5

Results also raise an important aspect related to the interplay between the need for high productivity in support of a large population (Scotland, 65.6 persons/km2) traded for higher environmental load and enforced environmental protection in a system (the CNP) that is hardly capable of supporting 4 persons/km². Policies that are concerned about both standard of living and environmental protection need to address efficient and effective use of resources (doing more with less) and decreasing use of non-renewable and imported resources (increased reliance on local sources). The latter aspect requires that local resources are both conserved (clean environment, traditions, food quality) and usefully exploited within a multifunctional framework based on additional income from diversification of activities as well as increased use and reuse of residues. It is not a given that such strategies are feasible to the extent that is required to keep the same standard of living and improve environmental care. It is also not a given that Scottish population may accept a lower standard of living (in terms of resource use) to allow for the same standard



Figure 7. Emergy signature of the agricultural sector of Scotland over time

of environmental protection performed within the CNP. Finally, it is still to be understood if an optimum share of economic development and environmental protection can be identified and, if so, implemented through top-down policies. This is why policy enforcement and performance monitoring must both be implemented to allow deeper understanding and sound actions.

4. Conclusion

Results point out a global environmentally sound performance of the Scottish agriculture and an even better performance of agricultural activities in the Cairngorms National Park. However, the comparison between the two systems identifies a trade-off between increased economic production and environmental protection. Reliance on local renewable resources is unlikely to allow high yields as energy intensive production still does. On the other hand, increased population and standard of living call for production activities much beyond the carrying capacity of the region. Policies that improve the multi-functionality of production activities and support the "doing more with less" can help, but they seem far from being able to fill the existing gap between expectations for economic improvement and awareness of the need for environmental integrity.

Moreover, the large fraction of emergy provided as labor and services in both the investigated systems suggests that the global performance of the Scottish economy, based on large flows of non-renewable resources, heavily affects the dynamics of the agricultural sector. In fact, labor and services rely on the non-renewable emergy sources that support the main economy. Such a finding points out the need for an accurate exploration of the context in which the investigated process is embedded in and suggests that efforts for the improvement of the performance of a productive sector are unlikely to be successful without a simultaneous effort for the improvement of the larger surrounding economic system. Saving resources in a given sector with the hope that they can be reinvested somewhere else to keep pushing the standard of living to a even higher level of resource consumption may translate into a crude awakening. When the lifestyle goes up, it affects the economic and emergy cost of labor, in so making the single productive sectors less effective and sustainable. Some investors may decide to outsource the production, some others may decide to decrease labor by increasing machinery (until oil price allows), and others simply may go out of business. Instead, if the standard of living is reoriented toward lower consumer habits and higher community values, then all the sectorial performance indicators may benefit from the lower large-scale resource use.

The application of the Emergy Synthesis method allows monitoring the use of different kind of resources over time, also taking into account their different quality. In so doing, aspects that are most often disregarded in conventional economic and energy analyses are highlighted and become the basis of more environmentally sound policies. In particular, it becomes possible to identify trade-offs between intensity of resource use, standard of living, and environmental integrity that are linked to each other by internal loops and synergies, and would otherwise remain hidden and not accounted for.

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