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Fine-mapping inflammatory bowel disease loci to single variant

2 resolution

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Summary

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53 The inflammatory bowel diseases (IBD) are chronic gastrointestinal inflammatory 54 disorders that affect millions worldwide. Genome-wide association studies have 55 identified 200 IBD-associated loci, but few have been conclusively resolved to specific 56 functional variants. Here we report fine-mapping of 94 IBD loci using high-density 57 genotyping in 67,852 individuals. We pinpointed 18 associations to a single causal 58 variant with >95% certainty, and an additional 27 associations to a single variant with 59 >50% certainty. These 45 variants are significantly enriched for protein-coding changes 60 (n=13), direct disruption of transcription factor binding sites (n=3) and tissue specific 61 epigenetic marks (n=10), with the latter category showing enrichment in specific immune 62 cells among associations stronger in CD and in gut mucosa among associations stronger 63 in UC. The results of this study suggest that high-resolution fine-mapping in large 64 samples can convert many GWAS discoveries into statistically convincing causal 65 variants, providing a powerful substrate for experimental elucidation of disease mechanisms. 66

The inflammatory bowel diseases (IBD) are a group of chronic, debilitating disorders of the gastrointestinal tract with peak onset in adolescence and early adulthood. More than 1.4 million people are affected in the USA alone¹, with an estimated direct healthcare cost of \$6.3 billion/year. IBD affects millions worldwide, and is rising in prevalence, particularly in pediatric and non-European ancestry populations². IBD has two subtypes, ulcerative colitis (UC) and Crohn's disease (CD), which have distinct presentations and treatment courses. To date, 200 genomic loci have been associated with IBD^{3,4}, but only a handful have been conclusively ascribed to a specific causal variant with direct insight into the underlying disease biology. This scenario is common to all genetically complex diseases, where the pace of identifying associated loci outstrips that of defining specific molecular mechanisms and extracting biological insight from each association.

The widespread correlation structure of the human genome (known as linkage disequilibrium, or LD) often results in similar evidence for association among many neighboring variants. However, unless LD is perfect ($r^2 = 1$), it is possible, with a sufficiently large sample size, to statistically resolve causal variants from neighbors even at high levels of correlation (Extended Data Figure 1 and ref 5). Novel statistical approaches applied to very large datasets that address this problem⁶ require that the highly correlated variants are directly genotyped or imputed with certainty. Truly high-resolution mapping data, when combined with increasingly sophisticated and comprehensive public databases annotating the putative regulatory function of DNA variants, are likely to reveal novel insights into disease pathogenesis⁷⁻⁹ and the mechanisms of disease-associated variants.

Genetic architecture of associated loci

We genotyped 67,852 individuals of European ancestry, including 33,595 IBD (18,967) CD and 14,628 UC) and 34,257 healthy controls using the IlluminaTM Immunochip (Extended Data Table 1). This genotyping array was designed to include all known variants from European individuals in the February 2010 release of the 1000 Genomes Project^{10,11} in 187 high-density regions known to be associated to one or more immunemediated diseases¹². Because fine-mapping uses subtle differences in strength of association between tightly correlated variants to infer which is most likely to be causal, it is particularly sensitive to data quality. We therefore performed stringent quality control to remove genotyping errors and batch effects (Methods). We imputed into this dataset from the 1000 Genomes reference panel^{13,14} to fill in variants missing from the Immunochip, or filtered out by our quality control (Extended Data Figure 2). We then evaluated the 97 high-density regions that had previous IBD associations³ and contained at least one variant that showed significant association (Methods) in this data set. The major histocompatibility complex was excluded from these analyses as fine-mapping has been reported elsewhere¹⁵.

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We applied three complementary Bayesian fine-mapping methods that used different priors and model selection strategies to identify independent association signals within a region, and to assign a posterior probability of causality to each variant (Supplementary Methods and Extended Data Figure 2). For each independent signal detected by each method, we sorted all variants by the posterior probability of association, and added variants to the 'credible set' of associated variants until the sum of their posterior probability exceeded 95% — that is, the credible set contains the minimum list of DNA variants that are >95% likely to contain the causal variant (Figure 1). These

sets ranged in size from one to > 400 variants. We merged these results and subsequently focused only on signals where an overlapping credible set of variants was identified by at least two of the three methods and all variants were either directly genotyped or imputed with INFO score > 0.4 (Methods and Figure 1).

In three out of 97 regions, a consistent credible set could not be identified; when multiple independent effects exist in a region of very high LD, multiple distinct fine-mapping solutions may not be distinguishable (Supplementary Note). Sixty-eight of the remaining 94 regions contain a single association, while 26 harbor two or more independent signals, for a total of 139 independent associations defined across the 94 regions (Figure 2a). Only *IL23R* and *NOD2* (both previously established to contain multiple associated protein-coding variants ¹⁶) contain more than three independent signals. Consistent with previous reports ³, the vast majority of signals are associated with both CD and UC, though many of these have a significantly stronger association with one subtype. For the purposes of enrichment analyses below, we compared 79 signals that are more strongly associated with CD to 23 signals that are more strongly associated with UC (the remaining 37 were equally associated with both subtypes, Supplementary Table 1).

Using a restricted maximum likelihood mixed model approach¹⁷, we evaluated the proportion of total variance in disease risk attributed to these 94 regions and how much of that is explained by the 139 specific associations. We estimated that 25% of CD risk was explained by the specific associations described here, out of a total of 28% explained by these loci (correspondingly for UC: 17% out of 22%). The single strongest signals in each region contribute 76% of this variance explained and the remaining associations

contribute 24% (Extended Data Figure 3), highlighting the importance of secondary and tertiary associations in GWAS results^{15,18}.

Associations mapped to a single variant

For 18 signals, the 95% credible set consisted of a single variant ('single variant credible sets'), and for 24 others the credible set consisted of two to five variants (Figure 2b). The single variant credible sets included five previously reported coding variants: three in NOD2 (fs1007insC, R702W, G908R), a rare protective allele in IL23R (V362I) and a splice variant in *CARD9* (c.IVS11+1G>C) ^{16,19}. The remaining single variant credible sets were comprised of three missense variants (I170V in SMAD3, I923V in IFIH1 and N289S in NOD2), four intronic variants (in IL2RA, LRRK2, NOD2 and RTEL1/TNFRSF6B) and six intergenic variants (located 3.7kb downstream of GPR35; 3.9kb upstream of *PRDM1*; within a EP300 binding site 39.9 kb upstream of *IKZF1*; 500 bp before the transcription start site of JAK2; 9.4kb upstream of NKX2-3; and 3.5kb downstream from HNF4A) (Table 1). Of note, while physical proximity does not guarantee functional relevance, the credible set of variants for 30 associated loci now implicates a specific gene either because it resides within 50 kb of only that gene or has a coding variant with >50% probability – improved from only 3 so refined using an earlier HapMap-based definition. Using the same definitions, the total number of potential candidate genes was reduced from 669 to 233. Examples of IBD candidate genes clearly prioritized in our data are described in the Supplementary Box, and a customizable browser (http://finemapping.broadinstitute.org/) is available to review the detailed finemapping results.

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Associated protein coding variants

We first annotated the possible functional consequences of the IBD variants by their effect on the amino acid sequences of proteins. Thirteen out of 45 variants (Figure 2c) that have >50% posterior probability are non-synonymous (Table 1), an 18-fold enrichment (enrichment $P=2x10^{-13}$, Fisher's exact test) relative to randomly drawn variants in our regions (Figure 3a). By contrast, only one variant with >50% probability is synonymous (enrichment P=0.42). All common coding variants previously reported to affect IBD risk are included in a 95% credible set including: IL23R (R381Q, V362I and G149R); CARD9 (c.IVS11+1G>C and S12N); NOD2 (S431L, R702W, V793M, N852S and G908R, fs1007insC); ATG16L1 (T300A); PTPN22 (R620W); and FUT2 (W154X). While this enrichment of coding variation (Figure 3a) provides assurance about the accuracy of our approach, it does not suggest that 30% of all associations are caused by coding variants; rather, it is almost certainly the case that associated coding variants have stronger effect sizes, making them easier to fine-map.

Associated non-coding variants

We next examined conserved nucleotides in high confidence binding site motifs of 84 transcription factor (TF) families²⁰ (Methods). There was a significant positive correlation between TF motif disruption and IBD association posterior probability (*P*=0.006, logistic regression) (Figure 3a), including three variants with >50% probability (two >95%). In the *RTEL1/TNFRSF6B* region, rs6062496 is predicted to disrupt a TF binding site (TFBS) for EBF1, a TF involved in the maintenance of B cell identity and prevention of alternative fates in committed cells²¹. A low frequency (3.6%) protective

allele at rs74465132 creates a binding site for EP300 less than 40kbp upstream of *IKZF1*. The third notable example of TFBS disruption, although not in a single variant credible set, is detailed in the Supplementary Box for the association at *SMAD3*.

Recent studies have shown that trait associated variants are enriched for epigenetic marks highlighting cell type specific regulatory regions 9,22,23 . We compared our credible sets with ChIPseq peaks corresponding to chromatin immunoprecipitation with H3K4me1, H3K4me3 and H3K27ac (shown previously 22,23 to highlight enhancers, promoters and active regulatory elements, respectively) in 120 adult and fetal tissues, assayed by the Roadmap Epigenomics Mapping Consortium 24 (Figure 3b). Using a threshold of $P=1.3\times10^{-4}$ (0.05 corrected for 360 tests), we observed significant enrichment of H3K4me1 in 6 immune cell types and for H3K27ac in 2 gastrointestinal (gut) samples (sigmoid colon and rectal mucosa) (Figure 3b and Supplementary Table 2). The subset of signals that are more strongly associated with CD overlap more with immune cell chromatin peaks, whereas UC signals overlap more with gut chromatin peaks (Supplementary Table 2).

These three chromatin marks are correlated both within tissues (we observe additional signal in other marks in the tissues described above) and across related tissues. We therefore defined a set of "core immune peaks" for H3K4me1 and "core gut peaks" for H3K27ac as the set of overlapping peaks in all enriched immune cell and gut tissue types, respectively. These two sets of peaks are independently significant and capture the observed enrichment compared to "control peaks" made up of the same number of ChIPseq peaks across our 94 regions in non-immune and non-gut tissues (Figure 3c,d). These two tracks summarize our epigenetic-GWAS overlap signal, and the combined

excess over the baseline suggests that a substantial number of regions, particularly those not mapped to coding variants, may ultimately be explained by functional variation in recognizable enhancer/promoter elements.

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Overlap with expression QTLs

Variants that change enhancer or promoter activity might change gene expression, and baseline expression of many genes has been found to be regulated by genetic variation²⁵-²⁷. Indeed, it has been suggested that these so-called expression quantitative trait loci (eQTLs) underlie a large proportion of GWAS associations^{25,28}. We therefore searched for variants that are both in an IBD-associated credible set with 50 or fewer variants, and the most significantly associated eQTL variant for a gene in a study²⁹ of peripheral blood mononuclear cells (PBMC) from 2,752 twins. Sixty-eight of the 76 regions with signals fine-mapped to ≤ 50 variants harbor at least one significant eQTL (affecting a gene within 1 Mb with $P < 10^{-5}$). Despite this abundance of eQTLs in fine-mapped regions, only 3 credible sets include the most significantly associated eQTL variants, compared with 3.7 expected by chance (Methods). Data from a more recent study³⁰ using PBMCs from 8,086 individuals did not yield a substantively different outcome, demonstrating a modest but non-significant enrichment (8 observed overlaps, 4.2 expected by chance, P=0.06). Using a more lenient definition of overlap which requires the lead eQTL variant to be in LD ($R^2 > 0.4$) with an IBD credible set variant increased the number of potential overlaps but again these numbers were not greater than chance expectation. As PBMCs are a heterogeneous collection of immune cell populations, cell typespecific signals or signals corresponding to genes expressed most prominently in non-

immune tissues may be missed. We therefore tested the enrichment of eQTLs that overlap credible sets in five primary immune cell populations (CD4+, CD8+, CD19+, CD14+ and CD15+), platelets, and three distinct intestinal locations (rectum, colon and ileum) isolated from 350 healthy individuals (Methods). We observed a significant enrichment of credible SNP/eQTL overlaps in CD4+ cells and ileum (Extended Data Table 2): three and two credible sets overlapped eQTLs, respectively, compared to 0.4 and 0.3 expected by chance (P=0.005 and 0.020). An enrichment was also observed for the naïve CD14+ cells from another study³¹: eight overlaps observed compared to 2.7 expected by chance (P=0.001). We did not observe enrichment of overlaps in stimulated (with interferon or lipopolysaccharide) CD14+ cells from the same source (Extended Data Table 2). We investigated eQTL overlaps more deeply by applying two colocalization approaches (one frequentist, one Bayesian, Methods) to the our cell-separated dataset where primary genotype and expression data were available. We confirmed greater than expected overlap with eQTLs in CD4+ and ileum described above (Figure 4 and Extended Data Table 2). These CD4+ colocalized eQTLs also had stronger overlap with CD4+ ChIPseq peaks than our other credible sets, further supporting a regulatory causal mechanism. The number of colocalizations in other purified cell types and tissues was largely indistinguishable from what we expect under the null using either method, except for moderate enrichment in rectum (4 observed and 1.4 expected, P=0.039, Frequentist approach) and colon (3 observed and 0.8 expected, P=0.04, Bayesian approach). Only

two of these colocalizations correspond to an IBD variant with causal probability > 50%

(Table 1 and Extended Data Figure 4a).

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Discussion

We have performed fine-mapping of 94 previously reported genetic risk loci for IBD. Rigorous quality control followed by an integration of three novel fine-mapping methods generated lists of genetic variants accounting for 139 independent associations across these loci. Our methods are concordant with an existing fine-mapping method⁶ (67 of 68 credible sets in single signal regions overlap, including exact matches for all single variant credible sets), and provide extensions to support the phenotype assignment (CD, UC or IBD) and the conditional estimation of multiple credible sets in loci with multiple independent signals. The use of multiple methods allowed us to focus our downstream analyses on loci where the choice of fine-mapping method did not substantially alter conclusions about the biology of IBD. Our results improve on previous fine-mapping efforts using a preset LD threshold³² (e.g. r²> 0.6) (Extended Data Figure 5) by formally modeling the posterior probability of association of every variant. Much of this resolution derives from the very large sample size we employed, because the number of variants in a credible set decreases with increasing significance (P=0.0069). The high-density of genotyping also aids in improved resolution. For instance, the primary association at *IL2RA* has now been mapped to a single variant associated with CD, rs61839660. This variant was not present in the Hapmap 3 reference panel and was therefore not reported in earlier studies^{3,33} (nearby tagging variants, rs12722489 and rs12722515, were reported instead). Imputation using the 1000 genomes reference panel and the largest assembled GWAS dataset³ did not separate rs61839660 from its neighbors (unpublished results), due to the loss of information in imputation using the limited

reference. Only direct genotyping, available in the immunochip high-density regions, permitted the conclusive identification of the causal variant.

Accurate fine-mapping should, in many instances, ultimately point to the same variant across diseases in shared loci. Among our single-variant credible sets, we fine-mapped a UC association to a rare missense variant (I923V) in *IFIH1*, which is also associated with type 1 diabetes (T1D)³⁷ with an opposite direction of effect (Supplementary Box). The intronic variant noted above (rs61839660, AF=9%) in *IL2RA* was also similarly associated with T1D, again with a discordant directional effect³⁸ (Supplementary Box). Simultaneous high-resolution fine-mapping in multiple diseases should therefore better clarify both shared and distinct biology.

Resolution of fine-mapping can be further improved by leveraging LD from other ethnicities³⁴. However, the sample size from other ethnicities we have collected is small compared with European samples (9,846 across East-Asian, South-Asian and Middle-Eastern). Limited access to matched imputation reference panels from all cohorts and the fact that the smaller non-European sets are not from populations (e.g., African-derived) with narrower LD also suggest that gains in fine-mapping accuracy would be limited at this time. Ultimately this effort will be aided by more substantial investment in genotyping non-European population samples and by developing and applying more robust trans-ethnic fine-mapping algorithms.

A new release of the 1000 genomes (phase 3)³⁵ and the UK10K³⁶ project have introduced new variants that were not present in the reference panel in our study. Our major findings remain the same using this new reference panel: the 18 single-variant credible sets are not in high LD ($r^2 > 0.95$) with any new variants in either new dataset,

and the 1,426 variants in IBD associations mapped to ≤ 50 variants are in high LD with only 47 new variants (3.3% of the total size of these credible sets, Supplementary Table 1). Given that this release represents a near complete catalogue of variants with minor allele frequency (MAF) > 1% in European populations, we believe our current fine mapping results are likely to be robust, especially for common variant associations. Highresolution fine-mapping demonstrates that causal variants are significantly enriched for variants that alter protein coding variants or disrupt transcription factor binding motifs. Enrichment was also observed in H3K4me1 marks in immune related cell types and H3K27ac marks in sigmoid colon and rectal mucosal tissues, with CD loci demonstrating a stronger immune signature and UC loci more enriched for gut tissues (P values are 0.014, 0.0005 and 0.0013 respectively for H3K4me1, H3K27ac and H3K4me3; chisquare test). By contrast, overall enrichment of eQTLs is quite modest compared with prior reports and not seen strongly in excess of chance in our well-refined credible sets (≤ 50 variants). This result underscores the importance of high-resolution mapping and the careful incorporation of the high background rate of eQTLs. It is worth noting that evaluating the overlap between two distinct mapping results is fundamentally different than comparing genetic mapping results to fixed genomic features, and depends on both mappings being well resolved. While these data challenge the paradigm that easily surveyed baseline eQTLs explain a large proportion of non-coding GWAS signals, the modest excesses observed in smaller but cell-specific data sets suggest that much larger tissue or cell-specific studies (and under the correct stimuli or developmental time points) will resolve the contribution of eQTLs to GWAS hits.

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Resolving multiple independent associations may often help target the causal gene more precisely. For example, the *SMAD3* locus hosts a non-synonymous variant and a variant disrupting the conserved transcription factor binding site (also overlapping the H3K27ac marker in gut tissues), unambiguously articulating a role in disease and providing an allelic series for further experimental inquiry. Similarly, the *TYK2* locus has been mapped to a non-synonymous variant and a variant disrupting a conserved transcription factor binding site (http://finemapping.broadinstitute.org/).

One-hundred and sixteen associations have been fine-mapped to \leq 50 variants. Among them, 27 associations contain coding variants, 20 contain variants disrupting transcription factor binding motifs, and 45 are within histone H3K4me1 or H3K27ac marked DNA regions. The best-resolved associations - 45 variants having >50% posterior probabilities for being causal (Table 1) – are similarly significantly enriched for variants with known or presumed function from genome annotation. Of these, 13 variants cause non-synonymous change in amino acids, three disrupt a conserved TF binding motif, ten are within histone H3K4me1 or H3K27ac marked DNA regions in disease-relevant tissues, and two colocalize with a significant cis-eQTL (Extended Data Figure 4a). Risk alleles of these variants can be found throughout the allele frequency spectrum, with protein coding variants having somewhat larger effects and more extreme risk allele frequencies (Extended Data Figure 6a-c).

This analysis, however, leaves 21 non-coding variants (Extended Data Figure 4b), all of which have >50% probabilities to be causal (five have >95%), that are not located within known motifs, annotated elements, nor in any experimentally determined ChIPseq peaks or eQTL credible sets yet discovered. While we have identified a statistically

compelling set of genuine associations (often intronic or within 10 kb of strong candidate genes), we can make little inference about function. For example, the intronic single-variant credible set of *LRRK2* has no annotation, eQTL or ChIPseq peak of note. This underscores the incompleteness of our knowledge regarding the function of non-coding DNA and its role in disease, and calls for comprehensive studies on transcriptome and epigenome in a wide range of cell lines and stimulation conditions. That the majority of the best-refined non-coding associations have no available annotation is perhaps sobering with respect to how well we may currently be able to interpret non-coding variation in medical sequencing efforts. It does suggest, however, that detailed fine-mapping of GWAS signals down to single variants, combined with emerging high-throughput genome-editing methodology, may be among the most effective ways to advance to a greater understanding of the biology of the non-coding genome.

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492 Table 1. Variants having posterior probability >50%.

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Ns: number of independent signals in the locus. Phe: phenotype. AF: allele frequency. Prob: posterior probability for being a causal variant. INFO: imputation. Func: functional annotations -- coding (C), disrupting transcription factor binding sites (T), overlapping epigenetic peaks (E) and colocalization with eQTL (Q).

498 Figure 1. Fine-mapping procedure and output using the SMAD3 region as an 499 **example**. a, 1) We merge overlapping signals across methods; 2) select a lead variant 500 (black triangle) and phenotype (color); and 3) choose the best model. Details for each 501 step are available in Methods. b, Example fine-mapping output. This region has been 502 mapped to two independent signals. For each signal, we report the phenotype it is 503 associated with (colored), the variants in the credible set, and their posterior probabilities. 504 505 Figure 2. Summary of fine-mapped associations. a, Independent signals. Sixty-eight 506 loci containing one association and 26 loci containing multiple associations. b, Number 507 of variants in credible sets. 18 associations were fine-mapped to a single variant, and 116 508 to ≤ 50 variants. c, Distribution of the posterior probability of the variants in credible sets 509 having ≤ 50 variants. 510 511 Figure 3. Functional annotation of causal variants. a, Proportion of credible variants 512 that are protein coding, disrupt/create transcription factor binding motif sites (TFBS) or 513 are synonymous, sorted by posterior probability. **b,** Epigenetic peaks overlapping 514 credible variants in cell and tissue types from the Roadmap Epigenomics Consortium³⁹. 515 Significant enrichment has been marked with asterisks. Proportion of credible variants 516 that overlap (c) core immune peaks for H4K4me1or (d) core gut peaks for H3K27ac 517 (Methods). In panels a, c and d, the vertical dotted lines mark 50% posterior probability 518 and the horizontal dashed lines show the background proportions of each functional 519 category. 520 521 Figure 4. Number of credible sets that colocalize eQTLs. Distributions of the number 522 of colocalizations by chance (violins) and observed number of colocalizations with p-523 values (dots). Both the background and the observed numbers were calculated using the 524 "Frequentist colocalization using conditional P values" approach (Methods).

Methods

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Genotyping and QC

We genotyped 35,197 unaffected and 35,346 affected individuals (20,155 CD and 15,191 UC) using the Immunochip array. Genotypes were called using optiCall⁴⁰ for 192,402 autosomal variants before QC. We removed variants with missing data rate >2% across the whole dataset, or >10% in any one batch, and variants that failed (FDR $< 10^{-5}$ in either the whole dataset or at least two batches) tests for: a) Hardy-Weinberg equilibrium in controls; b) differential missingness between cases and controls; c) different allele frequency across different batches in controls, CD or UC. We also removed non-coding variants that were present in the 1000 Genomes pilot stage but were not in the subsequent Phase I integrated variant set (March 2012 release) and had not been in releases 2 or 3 of HapMap as these mostly represent false positives from the 1000 Genomes pilot, which often genotype poorly. Where a variant failed in exactly one batch we set all genotypes to missing for that batch (to be reimputed later) and included the site if it passed in the remainder of the batches. We removed individuals that had >2% missing data, had significantly higher or lower (defined as FDR<0.01) inbreeding coefficient (F), or were duplicated or related (PI HAT \geq 0.4, calculated from the LD pruned dataset described below), by sequentially removing the individual with the largest number of related samples until no related samples remain. We projected all remaining samples onto principal component axes generated from HapMap 3, and classified their ancestry using a Gaussian mixture model fitted to the European (CEU+TSI), African (YRI+LWK+ASW+MKK), East Asian (CHB+JPT) and South Asian (GIH) HapMap samples. We removed all samples that were classified as non-European, or that lay more

than 8 standard deviations from the European cluster. After QC, there were 67,852 European-derived samples with valid diagnosis (healthy control, CD or UC), and 161,681 genotyped variants available for downstream analyses. Linkage-disequilibrium pruning and principal components analysis From the clean dataset we removed variants in long range LD^{41} or with MAF < 0.05, and then pruned 3 times using the '--indep' option in PLINK (with window size of 50, step size of 5 and VIF threshold of 1.25). Principal component axes were generated within controls using this LD pruned dataset (18,123 variants). The axes were then projected to cases to generate the principal components for all samples. The analysis was performed using our in-house C code (https://github.com/hailianghuang/efficientPCA) and LAPACK package⁴² for efficiency. Controlling for population structure, batch effects and other confounders We used 2,853 "background SNPs" present on the Immunochip but not known to be associated with immune disorders to calculate the genomic inflation factor λ_{GC} . After including the first five principal components calculated above as covariates, $\lambda_{GC} = 1.29$, 1.25 and 1.31 for CD, UC and IBD (adding additional principal components did not further reduce λ_{GC} , Extended Data Table 3a). Because our genotype data were processed in 15 batches with variable ratios of cases to controls, we conducted two analyses to ensure possible batch effects were adequately controlled. First, we split the samples into a "balanced" cohort with studies that have both cases and controls and an "imbalanced" cohort with studies that have exclusively cases or controls (Extended Data Table 1). As λ_{GC} under polygenic inheritance scales with the sample size⁴³, we randomly downsampled the full dataset to match the sample size of the balanced and the imbalanced

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cohorts respectively. We tested for association in these subsets of our data (and included batch ID as a covariate in the balanced cohort), and found the λ_{GC} from the balanced and imbalanced cohorts to be within the 95% confidence interval of size matched values from our full data, suggesting that batch effects are not systematically inflating our association statistics (Extended Data Table 3b). We also performed a heterogeneity test for the odds ratio (OR) of lead variants in each credible set using the balanced and imbalanced cohorts, and observed no significant heterogeneity after Bonferroni correction (Supplementary Table 3).

We next sought to disentangle the contributions of polygenic inheritance and uncorrected population structure in our observed λ_{GC} . LD score regression⁴⁴ is able to differentiate these two effects, but requires genome-wide data, so is not possible in our Immunochip dataset. Instead, we compared λ_{GC} and λ_{1000} values calculated using the same set of background SNPs from the largest IBD meta-analysis with genome-wide data⁴⁵. For both CD and UC the λ_{1000} values in our Immunochip study (1.012 and 1.012) were equal or less than those in the genome-wide study (1.016 and 1.012). Furthermore, LD score regression on the genome-wide data shows that the majority of inflation is caused by polygenic risk (LD score intercept = 1.09 for both CD and UC, compared to $\lambda_{GC} = 1.23$ and 1.29). Together, these results show that our residual inflation is consistent with polygenic signal and modest residual confounding. We tested what effect correcting for the LD score intercept of 1.09 would have on posterior probabilities and credible sets and found no major differences compared to uncorrected values. The full comparison of λ values is shown in Extended Data Table 3c.

Imputation

Imputation was performed separately in each Immunochip autosomal high-density region (185 total) from the 1000 Genomes Phase I integrated haplotype reference panel. To prevent the edge effect, we extended each side of the high density regions by 50kbp. Two imputations were performed sequentially (Extended Data Figure 2) using software and parameters as described below. The first imputation was performed immediately after the quality control, from which the major results were manually inspected (Manual cluster plot inspection, Methods). The second imputation was performed after removing variants that failed the manual cluster plot inspection. We used SHAPEIT^{46,47} (versions: first imputation: v2.r644, second imputation: v2.r769) to pre-phase the genotypes, followed by IMPUTE2^{13,14} (versions: first: 2.2.2, second: 2.3.0) to perform the imputation. The reference panels were downloaded from the IMPUTE2 website (first: Mar 2012 release, second: Dec 2013 release). After the second imputation, there were 388,432 variants with good imputation quality (INFO > 0.4). These include 99.9% of variants with MAF ≥ 0.05 , 99.3% of variants with 0.05>MAF ≥ 0.01 , and 63.0% of variants with MAF < 0.01 (Extended Data Figure 6d-f), with similar success rates for both coding and non-coding variants, making it unlikely that missing variants substantially affect our fine-mapping conclusions. Manual cluster plot inspection

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Variants that had posterior probability greater than 50% or in credible sets mapped to \leq 10 variants were manually inspected using Evoker v2.2⁴⁸. Each variant was inspected by three independent reviewers (ten reviewers participated) and scored as pass, fail or maybe. Reviewers were blinded to the posterior probability of these variants. We removed variants that received one or more fails, or received less than 2 passes. 220 out

of 276 inspected variants passed this inspection, and 53 of 56 failed variants were restored by imputation. There is no difference in MAF between the failed and the passed variants (P=0.66). A further cluster plot inspection flagged two additional failed variants after removing the failed variants from the first inspection and redoing the imputation and analysis. Dramatic clustering errors accounted for 27/58 flagged variants, which were eliminated from final credible sets. The remaining 31 had only minor issues, and the imputed data for these remained in our final credible sets, with marginally smaller posteriors (mean of the difference: 9.8%, P=0.06, paired t test).

Establishing a *P* value threshold

We used a multiple testing corrected P value threshold for associations of 1.35×10^{-6} , which was established by permutation. We generated 200 permuted datasets by randomly shuffling phenotypes across samples and carried out association analyses for each permutation across all variants in high-density regions that overlap IBD-associated loci³. We stored (i) all the point-wise P values (α_S), as well as (ii) the "best" P values (α_B) of each of the 200 permuted datasets. We then computed the empirical, experiment-wide P value (α_M)(corrected for multiple testing) for each of the tests as its rank/200 with respect to the 200 α_B . We then estimated the number of independent tests performed in the studied regions, n, as the slope of the regression of $\log(1-\alpha_M)$ on $\log(1-\alpha_S)$, knowing that $\alpha_M = 1 - (1 - \alpha_S)^n$, yielding a value of 37,056. The P value threshold was determined as $0.05/n \approx 1.35 \times 10^{-6}$.

Detecting and fine-mapping association signals

We used three fine-mapping methods (Supplementary Methods) to detect independent signals and create credible sets across 97 Immunochip autosomal high-density regions

- that contained at least one variant with p $< 1.35 \times 10^{-6}$. Our process for merging the results of the three methods is described below and illustrated in Figure 1a.
- 642 1. We merged signals from different methods if their credible sets overlapped. To 643 ensure a conservative credible set, this new merged credible set included all variants 644 from all merged signals (the union of constituent credible sets). We assigned each 645 variant in the merged credible sets a posterior probability equal to the average of the 646 probabilities from the methods that reported this signal. To filter out technical 647 artifacts we required genotyped variants in small credible sets to pass manual cluster 648 plot inspection (see above) and all imputed variants to have INFO > 0.4. For signals 649 reported by only one or two methods that contain only imputed variants (i.e. no 650 directly genotyped variants), we additionally required at least one variant with 651 INFO > 0.8 and MAF > 0.01.
- We next assigned each signal to a provisional combination of lead variant and
 phenotype (CD, UC or IBD) that maximized the marginal likelihood of equation 8 in
 Supplementary Methods.
- 3. At loci with >1 signals, we built a multivariate model with all signals reported by all three methods, and tested all possible combinations of adding signals reported by one or two methods, as long as they still had p < 1.35 x 10⁻⁶ when jointly fitted in the multi-signal model. We selected the combination with the highest joint marginal likelihood (equation 8 in Supplementary Methods).

Phenotype assignment of signals

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The provisional phenotype assignment carried out during the signal merging described above is merely a point estimate, and does not capture the uncertainty associated with the

phenotypic assignment. We therefore recomputed the assignment of each signal as CDspecific, UC-specific or shared using the Bayesian multinomial model from fine-mapping method 2, Empirical covariance prior with Laplace approximation⁴⁹, as it is designed to assess evidence of sharing in the presence of potentially correlated effect sizes. For the lead variant for each credible set, we calculated the marginal likelihoods as in equation 13 from Supplementary Methods, restricting either $\beta_{UC} = 0$ (for the CD-only model) or $\beta_{CD} = 0$ (for the UC-only model), as well as using the unconstrained prior (for the associated-to-both model). We then calculated the log Bayes factor in favor of sharing, i.e. the log of the ratio of marginal likelihoods between the associated-to-both model and the best of the single-phenotype associated models. These sharing log Bayes factors are given in Supplementary Table 1 (column 'sharingBF'), and are a probabilistic assessment of phenotype assignment: for instance, the log Bayes factor of 97.4 for the primary signal at IL23R suggests a very high certainty that this signal is shared across both CD and UC, whereas the log Bayes factor of 0.4 for the primary signal at FUT2 is more ambiguous. In addition to providing the log Bayes factor itself, we also applied a log Bayes factor cutoff of 10 to select variants with strong evidence of being shared across phenotypes.

Final filters

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These procedures generated some signals where all three methods largely agreed, and some where they differed. While the signals where the methods disagree are of interest for methods development, here we chose to focus on the most concordant signals, as they are most straightforward to interpret biologically. We therefore discarded all signals found by only one method (which completely removed one locus), and two loci where the ratio of marginal likelihoods (equation 8 in Supplementary Methods) for the best

model and the second-best model was < 10 (Supplementary Notes). After these filters

(Extended Data Figure 7) we considered 139 signals from 94 regions (containing a total

of 181,232 variants) to be confidently fine-mapped, and took them forward for

subsequent analysis.

Estimating the variance explained by the fine-mapping

We used a mixed model framework to estimate the total risk variance attributable to the IBD risk loci, and to the signals identified in the fine-mapping. We used the GCTA software package⁵⁰ to compute a gametic relationship matrix (G-matrix) using genotype dosage information for the genotyped variants in the high-density regions (which we will call \mathbf{G}_{HD}). We then fit a variety of variance component models by restricted maximum likelihood analysis using an underlying liability threshold model implemented with the DMU package⁵¹. The first model is a standard heritability mixed-model that includes fixed effects for five principal components (to correct for stratification) and a random effect summarizing the contribution of all variants in the fine-mapping regions, such that the liabilities across all individuals are distributed according to

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$$L \sim N(\beta_1 P C_1 + \dots + \beta_5 P C_5, \lambda_1 \mathbf{G}_{HD} + (1 - \lambda_1) I),$$

where λ_1 is thus the variance explained by all variants in fine-mapping regions, which we estimate. We then fitted a model that included an additional random effect for the contribution of the lead variants that have been specifically identified (with G-matrix $\mathbf{G}_{Signals}$), such that the liability is distributed as

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$$\boldsymbol{L} \sim \boldsymbol{N}(\beta_1 P C_1 + \dots + \beta_5 P C_5, \lambda'_1 \mathbf{G}_{HD} + \lambda_2 \mathbf{G}_{Signals} + (1 - \lambda'_1 - \lambda_2) I).$$

The variance explained by the signals under consideration is then given by the reduction in the variance explained by all variants in the fine-mapping regions between the two

models ($\lambda_1 - \lambda'_1$). We used this approach to estimate what fraction of this variance was 709 710 accounted for by (i) the single strongest signals in each region (as would be typically done prior to fine-mapping), or (ii) all signals identified in fine-mapping. We used Cox and Snell's method⁵² to estimate the variance explained across individual signals 712 713 (Extended Data Figure 3b) for computational efficiency. 714 Overlap between transcription factor binding motifs and causal variants For each motif in the ENCODE TF ChIP-seq data (http://compbio.mit.edu/encodemotifs/, accessed Nov 2014)²⁰, we calculated the overall information content (IC) as the 716 sum of IC for each position⁵³, and only considered motifs with overall IC \geq 14 bits 717 718 (equivalent to 7 perfectly conserved positions). For every variant in a high-density region 719 we determined whether it creates or disrupts a motif at a high-information site (IC \geq 1.8). 720 Overlap between epigenetic signatures and causal variants For each combination of 120 tissues and three histone marks (H3K4me1, H3K4me3 and H3K27ac) from the Roadmap Epigenome Project we calculated an overlap score, equal 723 to the sum of fine-mapping posterior probabilities for all variants in peaks of that histone 724 mark in that tissue. We generated a null distribution of this score for each tissue/mark by 725 shifting chromatin marks randomly (between 0bp and 44.53Mbp, the length of all high-726 density regions) and circularly (peaks at the end of the region shifted to the beginning of 727 the region) over the high-density regions while keeping the same inter-peak distances. To summarize these correlated results across many cell and tissue types we defined a set 729 of "core" H3K4me1 immune and H3K27ac gut peaks as sets of overlapping peaks in 730 cells that showed the strongest enrichment. Intersects were made using bedtools v2.24.0 default settings⁵⁴. We selected 6 immune cell types for H3K4me1 and 3 gut cell types for

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- 732 H3K27ac (Supplementary Table 2). We also chose controls (Supplementary Table 2) 733 from non-immune and non-gut cell types with similar density of peaks in the fine-734 mapped regions as compared to immune/gut cell types to confirm the tissue-specificity of 735 the overlap. We used the phenotype assignments (described above) in dissecting the 736 enrichment for the CD and UC signals. Sixty-five CD and 21 UC signals that were 737 mapped to ≤ 50 variants were used in this analysis. 738 **Published eQTL summary statistics** 739 We used eQTL summary statistics from three published studies: 740 • Peripheral blood eQTLs from the GODOT study²⁹ of 2,752 twins, reporting loci with MAF>0.5%. Imputation was performed using the 1000 genomes reference panel¹¹. 741 Peripheral blood eQTLs from the Westra et al. study³⁰ of 8,086 individuals, including 742 variants with MAF>5%. Imputation was performed using the HapMap 2 CEU
- variants with MAF>5%. Imputation was performed using the HapMap 2 CEU population reference panel⁵⁵.
- CD14+ monocyte eQTLs from Table S2 in Fairfax et al.³¹, comprised of 432
 European individuals, measured in a naïve state and after stimulation with interferon γ (for 2 or 24 hours) or lipopolysaccharide, reporting loci with MAF>4% and
 FDR<0.05. Imputation was performed using the 1000 genomes reference panel¹⁰.

Processing and quality control of new eQTL ULg dataset

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A detailed description of the ULg dataset is in preparation (Momozawa *et al.*, in preparation). Briefly, we collected venous blood and intestinal biopsies at three locations (ileum, transverse colon and rectum) from 350 healthy individuals of European descent, average age 54 (range 17-87), 56% female. SNPs were genotyped on Illumina Human OmniExpress v1.0 arrays interrogating 730,525 variants, and SNPs and individuals were

subject to standard QC procedures using call rate, Hardy-Weinberg equilibrium, MAF ≥ 0.05, and consistency between declared and genotype-based sex as criteria. We further imputed genotypes at ~7 million variants on the entire cohort using the Impute2 software package¹³ and the 1,000 Genomes Project as reference population (Phase 3 integrated variant set, released 12 Oct 2014) ^{11,14}. From the blood, we purified CD4+, CD8+, CD19+, CD14+ and CD15+ cells by positive selection, and platelets (CD45-negative) by negative selection. RNA from all leucocyte samples and intestinal biopsies was hybridized on Illumina Human HT-12 arrays v4. After standard QC, raw fluorescent intensities were variance stabilized⁵⁶ and quantile normalized⁵⁷ using the lumi R package⁵⁸, and were corrected for sex, age, smoking status, number of probes with expression level significantly above background as fixed effects and array number (sentrix id) as random effect. For each probe with measureable expression (detection P value < 0.05 in >25% of samples) we tested for *cis*-eQTLs at all variants within a 500 kbp window. The nominal P value of the best SNP within a cis-window was Sidakcorrected for the window-specific number of independent tests. The number of independent test in each window was estimated exactly in the same manner as for the number of independent test for fine-mapping methods (Establishing a P value threshold, Methods). We estimated false discovery rates (q-values) from the resulting P values across all probes using the qualue R package⁵⁹. 480 cis-eQTL with FDR \leq 0.10 for which the lead SNPs (i.e. the SNP yielding the best P value for the cis-eQTL) mapped within the 97 high-density regions (94 fine-mapped plus 3 unresolved) were retained for further analyses.

Naïve colocalization using lead SNPs

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We calculated the number of IBD credible sets that contain a lead eQTL variant in a
particular tissue ("observed"). This number is then compared to the background number
of overlaps ("expected"):

$$\sum_{i \in S} (1 - (1 - N_i^{-1})^{C_i})$$

where N_i is the total number of variants in region i in 1000 genomes with an allele frequency greater than a certain threshold (equal to the threshold used for the original eQTL study), C_i is the number of these variants that lie in IBD credible sets, and S is a set of regions that have at least one significant eQTL. We simulated 1,000 trials per region with binomial probability equal to the regional background overlap rate: $1 - (1 - N_i^{-1})^{C_i}$. Empirical P values were estimated by comparing the observed number of overlaps with the simulated number of the overlaps. More specifically, P value is defined as the proportion of trails that have equal or more overlaps in the simulations than the observed.

Frequentist colocalization using conditional *P* values

We next used conditional association to test for evidence of colocalization, as described in Nica $et~al.^{25}$. This method compares the P value of association for the lead SNP of an eQTL before and after conditioning on the SNP with the highest posterior in the credible set, and measures the drop in $-\log(P)$. An empirical P value for this drop is then calculated by comparing it to the drop for all variants in the high-density region. Because this method requires full genotypes we could only apply it to the ULg dataset (MAF > 5%). An empirical P value ≤ 0.05 was considered as evidence that the corresponding credible set is colocalized with the corresponding cis-eQTL. To evaluate whether our fine-mapping associations colocalized with cis-eQTL more often than expected by

chance we counted the number of credible sets affecting at least one cis-eQTL with $P \le 0.05$, and compared how often this number was matched or exceeded by 1,000 sets of variants that were randomly selected yet distributed amongst the loci in accordance with the real credible sets. The number of variants per set is same as the number of credible sets in this eQTL analysis (MAF matched, size ≤ 50), shown in Extended Data Table 2.

Bayesian colocalization using Bayes factors

Finally, we used the Bayesian colocalization methodology described by Giambartolomei $et\ al.^{60}$, modified to use the credible sets and posteriors generated by our fine-mapping methods (similarly only applicable to the ULg full genotype data). The method takes as input a pair of IBD and eQTL signals, with corresponding credible sets S^{IBD} and S^{eQTL} , and posteriors for each variant p_i^{IBD} and p_i^{eQTL} (with $p_i^X=0\ \forall\ i\notin S^X$). Credible sets and posteriors were generated for eQTL signals using the Bayesian quantitative association mode in SNPTest (with default parameters), with credible sets in regions with multiple independent signals generated conditional on all other signals. Our method calculates a Bayes factor (BF) summarizing the evidence in favor of a colocalized model (i.e. a single underlying causal variant between the IBD and eQTL signals) compared to a non-colocalized model (where different causal variants are driving the two signals), given by the ratio of marginal likelihoods

$$BF = \frac{L(Colocalized)}{L(Not\ colocalized)}.$$

The marginal likelihood for the colocalized model (i.e. hypothesis H_4 in Giambartolomei et al.) is given by

822
$$L(Colocalized) \propto \frac{1}{N} \sum_{i \in S^{IBD} \cup S^{eQTL}} p_i^{IBD} p_i^{eQTL}$$

- and the marginal likelihood for the model where the signals are not colocalized (i.e.,
- hypothesis H_3) is given by:

825
$$L(Not \ colocalized) \propto \frac{1}{N^2 - N} \sum_{i,j \in S^{IBD} \cap S^{eQTL}, i \neq j} p_i^{IBD} p_j^{eQTL}$$

- 826 In both cases, N is the total number of variants in the region. We only count towards N
- variants that have $r^2 > 0.2$ with either the lead eQTL variant or the lead IBD variant.
- To measure enrichment in colocalization BFs compared to the null, we carried out
- a permutation analysis. In this analysis, we randomly reassigned eQTL signals to new
- fine-mapping regions to generate a set of simulated null datasets. This is carried out using
- the following scheme on variants and credible sets with the same MAF cut-off as the
- 832 eQTL dataset (ULg, MAF > 5%):
- 833 1. Estimate the standarized effect size β_g for each eQTL signal g, equal to standard
- deviation increase in gene expression for each dose of the minor allele.
- 835 2. Randomly reassign each eQTL signal to a new fine-mapping region, and then select a
- 836 new causal variant with a MAF within 1 percentage point of the lead variant from the
- real signal. If multiple such variants exist, select one at random. If no such variants
- exist, pick the variant with the closest MAF.
- 839 3. Generate new simulated gene expression signals for each individual from
- Normal($\beta_g x_j$, $1 \beta_g^2 2f(1 f)$) where x_j is the individual's minor allele dosage at
- the new causal variant and f is the minor allele frequency.
- 4. Carry out fine-mapping and calculate colocalization BFs for each pair of (real) IBD
- signal and (simulated) eQTL signal.
- 844 5. Repeat stages 2-4 1000 times for each tissue type

We can use these permuted BFs to calculate P values for each IBD credible set, given by the proportion of time the permuted BFs were as large or greater than the one observed in the real dataset. To generate a high-quality set of colocalized eQTL and IBD signals, we take all IBD signals that have the colocalization BF > 2, P < 0.01 and r^2 (with the eQTL variant) >0.8.

Code availability

Computer code used in this study is provided in the 'Software availability' sections in Supplementary Methods.

Data availability

The data that support the findings of this study are available from the international IBD Genetics Consortium but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of the international IBD Genetics Consortium.

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Extended Data Figure 1. Power of the fine-mapping analysis. Power (y axis) to identify the causal variant in a correlated pair (strength of correlation shown by color) increases with the significance of the association (x axis), and therefore with sample size and effect size. The vertical dashed line shows the genome-wide significance level. To estimate the relationship between the strength of association and our ability to fine-map it, we assumed that the association has only two causal variant candidates, and we defined the signal as successfully fine-mapped if the ratio of Bayes factors between the true causal variant and the non-causal variant is greater than 10 (a 91% posterior, assuming equal priors for the two candidate variants). Using equation (8) in Supplementary Methods, we have

$$logBF = log \frac{Pr(Y | SNP1)}{Pr(Y | SNP2)} \approx log \frac{Pr(Y | SNP1, \theta_1^*)}{Pr(Y | SNP2, \theta_2^*)}$$

in which θ^* is maximum likelihood estimate of the parameter values. The log-likelihood ratio follows a chi-square distribution:

logBF~
$$-\frac{1}{2}(\chi_{\text{SNP1}}^2 - \chi_{\text{SNP2}}^2) = -\frac{1}{2}\lambda(1 - r^2)$$

in which λ is the chi-square statistic of the lead variant and r is the correlation coefficient between the two variants. Because of the additive property of the chi-square distribution, logBF follows a non-central chi-square distribution with 1 degree of freedom and non-centrality parameter $\lambda(1-r^2)/2$. Therefore, the power can calculated as the probability that logBF > log(10), given by the cumulative distribution function of the non-central chi-squared distribution.

Extended Data Figure 2. Procedures in the fine-mapping analysis. Details for each stage are described in Methods. The dashed line means the imputation was performed only once after the manual inspection (not iteratively).

Extended Data Figure 3. Variance explained. Variance explained by secondary, tertiary, ... variants as a fraction of the primary signal at each locus.

Extended Data Figure 4. Functional annotations. a, Functional annotation for 45 variants having posterior probability > 50%. b, Functional annotation for 116 association signals that are fine-mapped to ≤ 50 variants. Annotations are defined in Methods. We additionally grouped eQTLs into "Immune/Blood" (CD4+, CD8+, CD19+, CD14+ CD15+, platelets) and "Gut" (ileum, transverse colon and rectum). The eQTLs were generated from the ULg dataset using the "frequentist colocalization using conditional P values" approach (Methods).

Extended Data Figure 5. Size of credible sets. Comparison of credible set sizes for primary signals using each of our fine-mapping methods (methods 1, 2 and 3), the combined approach (as adopted in final results) and the approach described in Maller *et al.*⁶ (y axis) and the $R^2 > 0.6$ cutoff (x axis). Fine-mapping maps most signals to smaller numbers of variants.

Extended Data Figure 6. Distributions of the allele frequency and the imputation quality. Panels **a-c**: distribution of the risk allele frequency for 45 variants having > 50% posterior probability plotted against (**a**) posterior probability, (**b**) significance of the association as $-\log 10(P)$, and (**c**) odds ratio of the association. Variants are color coded according to their

functions. Odds ratio for IBD associations was the larger of odds ratios for CD and UC. Panels **d-f**: distribution of imputation quality (INFO measure from the IMPUTE2 program) for variants having MAF \geq 5% (**d**), between 5% and 1% (**e**) and <1% (**f**).

Extended Data Figure 7. Merging and adjudicating signals across methods. The number of signals for each method is shown in the brackets, and for each method a black bar indicates a signal with $p < 1.35 \times 10^{-6}$, and a grey bar a signal that does not reach that threshold. The colored bar shows the final status of each signal after merging and model selection (Methods). "Low info" corresponds to INFO < 0.8 (the threshold used for signals reported by 1 or 2 methods) and "rare and imputed" to MAF < 0.01 and no genotyped variants in the credible set, regardless of INFO (Methods).

Extended Data Table 1. Study samples. Genotyped samples in each batch for healthy controls (Control), Crohn's disease (CD) and ulcerative colitis (UC). Batches were grouped into cohorts for further analysis (Controlling for population structure, batch effects and other confounders, Methods).

Extended Data Table 2. Colocalization with eQTL. The number of IBD credible sets that colocalize with eQTLs using the naïve, frequentist and Bayesian approaches. Significant observations are boldfaced. 'Number of credible sets' reports the number of credible sets that have MAF above the cut-off.

Extended Data Table 3. Genomic inflation. Genomic inflation factors and LD score regression intercept for Crohn's disease (CD), ulcerative colitis (UC) and both (IBD). a, Genomic inflation factors using the first four, five and six principal components. The factors were calculated using 2,853 background variants from the Immunochip. b, Genomic inflation factors for subsets of the data (using five principal components for the same 2,853 background variants). Balanced, imbalanced and down-sampled cohorts are defined in Methods. Numbers in brackets indicate the 95% confidence interval for the inflation factors (only estimated for the down-sampled cohorts). c, LD score regression intercept and genomic inflation factors (λ_{GC} and λ₁₀₀₀) from the largest IBD meta-analyses with genome-wide data (CD:GWAS and UC:GWAS).