

## INVESTIGATION, THERAPY AND USE OF MOLECULAR BIOMARKER IN CHRONIC KIDNEY DISEASE

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### Abstract

In this article we will discuss anatomy and physiology of kidney in the body. We will define causes, symptoms, stage, complications of chronic kidney disease and use of new technologies of biomarker. When the kidneys are not working properly creatinine levels increased in body, which cause the symptoms of renal failure. Hypertension, tiredness, headache, swelling face and ankles are the symptoms of kidney disease. The Biomarkers use is important for the chronic kidney disease. It is used to confirm the presence of disease. The molecular biomarker in GFR Test is the most important role in chronic renal disease. This study came across the biomarkers of identification of CKD. Disease-specific markers may supplement more general biomarkers. Biomarkers can range from simple physiologic measurements of pulse and blood pressure. Blood samples are test by the help of GFR Test. The GFR is estimated using serum creatinine, a readily available and inexpensive marker. However, serum creatinine varies with age, sex, muscle mass, dietary habits, and medications. Similarly, urine albumin reflects glomerular injury, glomerular permeability, or tubular injury, inflammation, fibrosis, and glomerular hyper filtration .Finally these biomarkers have confirmed the capability to identify early damage, localize injury. Whether the newly identified or kidney biomarkers of underlying pathophysiological processes are purely associations are need to be determine. An approach to biomarker advance that incorporate mutual with regulatory science involving discipline that is required to make sure that balanced, proof based biomarker development keeps speed with technical and medical need.

**Keyword:** Chronic Kidney Disease, Biomarker, Glomerular Filtration Rate Test, New Technologies Of Biomarker.

### INTRODUCTION

The kidneys are vital organs in the body. These are bean formed organs that placed below the rib cage. The proper kidney is normally barely decrease than the left kidney to make area for the liver(1,2,3).The main role of kidneys is preserving homeostasis(4, 5).Your kidneys remove wastes and extra fluid from your body. The kidney removes wastes, extra fluids and acid from the body (6, 7). This may result in ankle edema, nausea, weakness, restless sleep, and shortness of breath. Without therapy, the damage

may worsen and the kidneys may eventually quit functioning. That is serious and terrible. (8, 9).

The kidney disease mainly 2 types

Acute kidney disease (AKD)

Chronic kidney disease (CKD) (10).

### **Acute kidney disease**

It also called acute renal injury. It is a short-term disease, because sudden decreases the kidney function. The acute kidney disease is of 3 types

Pre-renal:- Decreased blood flows to the kidneys

Inter-renal:- Due to damage the kidney.

Post-renal:- Due to obstruction of urine flows from the kidneys (11, 12).

### **Chronic kidney disease**

It is a long standing disease. It is also called as kidney failure and impaired kidney function. Diabetes, hypertension and heart disease are the cause of kidney failure (13, 14).

## **BIOMARKER**

Biomarker is a technique of diagnosis. For therapeutic intervention biomarker is a character to evaluate as an indicator for pathogenic process and normal biological process (15, 16).

It is characterized by measured and evaluated indication of variety process in these diseases.

### **Types of Biomarkers**

Biomarker is of four types.

Molecular biomarker

Histologic biomarker

Radiographic biomarker

Physiologic biomarker (17).

Molecular biomarker:

It can be calculated biological samples.

E.g. Serum, plasma, cerebrospinal fluid (CSF) etc (18).

Histologic biomarker:

In this process measurement of grading, staging and history of disease (18).

E.g. Cancer disease, Diabetes

Radiographic biomarker:

It is obtained from image related test.

E.g. CT, MRI, Ultrasound, X-ray, ECG etc. (18).

Physiologic biomarker:

In this process that measurement a particular body process.

E.g. Blood pressure (18).

## **PATHOPHYSIOLOGY**

The both kidneys are two bean formed organs. Those are the part of urinary system. Every day the kidneys filter 189 liters of fluid. The kidney balance the body's fluids, electrolytes and pH balance of the blood. It makes glucose and protein. The kidney produce hormones i.e. calcitriol and erythropoietin. Calcitriol produced by vitamin D, that helps absorb calcium and the erythropoietin helps make red blood cells (RBCs) in body.

**Formation of Urine:** Urine is formed in 3 main steps.

Glomerular filtration, reabsorption and secretion.

**Glomerular filtration:** Every kidney consists of thousands and thousands of tiny systems called as nephron. Every nephron has a glomerulus. The glomerulus is a cup like structure called glomerulus capsule. The glomerulus capsule has glomerulus capillaries. The blood passes through the glomerulus capillaries to the kidney. The glomerular filtration begins in the process of urine formation.

**Reabsorption:** The glomerulus removes waste materials and water from the bloodstream. The filtrate contains waste, but the body prefers other substances.

**Secretion:** At that same time glomerular reabsorption and as well as glomerular secretion is done in kidney (19, 20).

### **Causes of Kidney Damage**

Chronic kidney disease: Diabetes and hypertension causes of CKD.

Kidney cancer: Genetic disorder, smoking is the cause of kidney cancer.

Kidney stone: Drinking too little water is the cause of kidney stone.

### **Symptoms of Renal Disease**

Muscle cramps, swelling ankles, feet, face, dark urine or blood in urine, dry skin, loss of appetite, sleeping problem.

### **Common Test of Kidney Disease**

**Advanced Imaging:** CT scan, MRI, Ultrasound can show abnormalities of kidney.

**Blood Tests:** For detection of kidney damage we can prefer blood test.

**Uretroscopy:** It is also known as endoscope. It is a procedure that uses anuretroscope to look inside the ureters and kidney (21).

## FUNCTIONS OF A KIDNEY

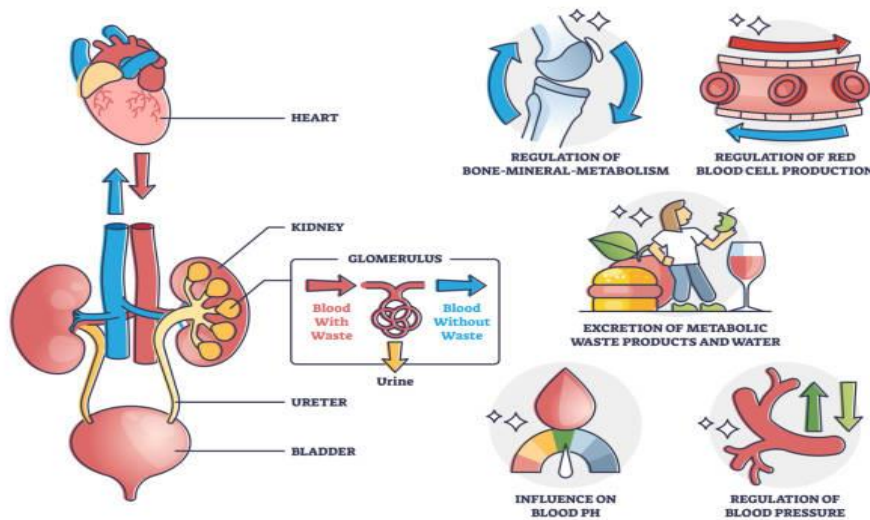


Figure 1: (22, 23)

### GLOMERULAR FILTRATION RATE (GFR) TEST

Blood will be tested. The GFR test estimates the amount of blood that goes through the filter each minute and also analyzes the levels of creatinine. The waste product creatinine is produced by the body during routine bodily processes. As a result, the most common method for estimating GFR is the estimated GFR test, or eGFR. We shall employ a technique known as a GFR calculator in this procedure. A mathematical formula that estimates the rate of filtration is a GFR calculator.

The results of a blood test to assess levels of a waste product called creatinine that is filtered by the kidneys

Age Weight height Gender Race

An easy test with potentially highly accurate results is the eGFR.

### What happens during a GFR test?

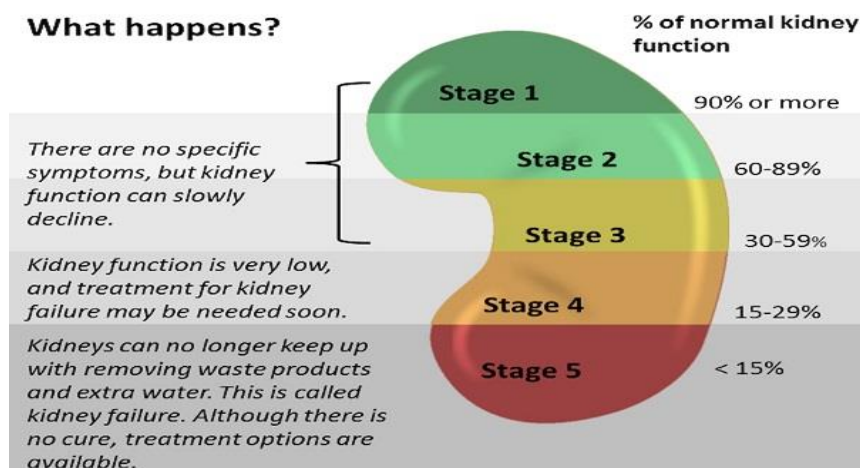


Figure 2: (22,23)

In the normal range GFR of 90 or higher. GFR of 60-89 may have early stage kidney disease. GFR below 15 may have kidney failure (24).

## **NEW TECHNOLOGY OF BIOMARKER**

The biomarkers are used in different types of disease. E.g.: Cancer, Kidney disease, cardiovascular disease, Diabetes, Alzheimer's disease etc.

### **Heart Disease**

Radiographic biomarker is mainly used in the treatment of cardiovascular or heart disease.

**Electrocardiogram (EGC)** – A device that studies heart rhythm using electrical markers.

**Echocardiogram** – Non-invasive method based on ultrasound of the chest area.

**Stress test** – Increase the heart rate with exercise or medication to monitor the heart's response.

**Cardiac Computer Tomography (CT) scans** – Collection of images around the heart to provide a complete view of the heart.

**Cardiac Magnetic Resonance Imaging (MRI)** – It is Similar to a CT scan an image of the heart is taken for evaluation (25).

### **Cancer Disease**

Molecular biomarker is mainly used in the treatment of cancer disease.

If you have a tumor, they will most likely use the samples taken during a biopsy of the tumor or during surgery.

A blood or bone marrow sample test leukemia.

For some cancers, other body fluids such as urine might be tested (26).

### **Diabetes Disease**

Molecular biomarker is used in the treatment of diabetes. It is test in blood samples (27).

### **Alzheimer's Disease**

Radiographic and molecular biomarker is used in the Alzheimer's disease.

In this disease, treatment is done through the computed tomography (CT), MRI (28).

It is test in blood or Cerebrospinal fluid (CSF) (29).

Other technology used for biomarker includes in-vitro analyses of metabolite quantification, expression of protein and DNA/RNA (30).

Two Dimensional Gel Electrophoresis is the primary approach for proteomics paintings. It separates the combination samples using 2 one-of-a-kind parts. Proteins are separated by way of the pl fee in 1st size and the relative molecular weight in 2<sup>nd</sup> dimension (31).

**In a laboratory test, an enzyme immunoassay (ELISA) is commonly used. Antibody test** in the blood (32, 33).

ELISA is applied in many diagnostic tests.

### **Detects and Calculates the Presence of Antibodies in the Blood**

Auto-antibodies (anti-dsDNA, anti-dsg1, ANA, etc.)

Antibodies against infectious disease (antibacterial, antiviral, antifungal)

Hepatitis A, B, C, HIV, etc.

### **Detection and Estimation of Tumor Marker Values**

Prostate-specific antigen (PSA)

Carcinoembryonic Antigen (CEA)

### **Detection and Estimation of Hormone Levels**

Luteinizing hormone

Follicular stimulating hormone

Prolactin

Testosterone

### **Recognize Drug Addiction**

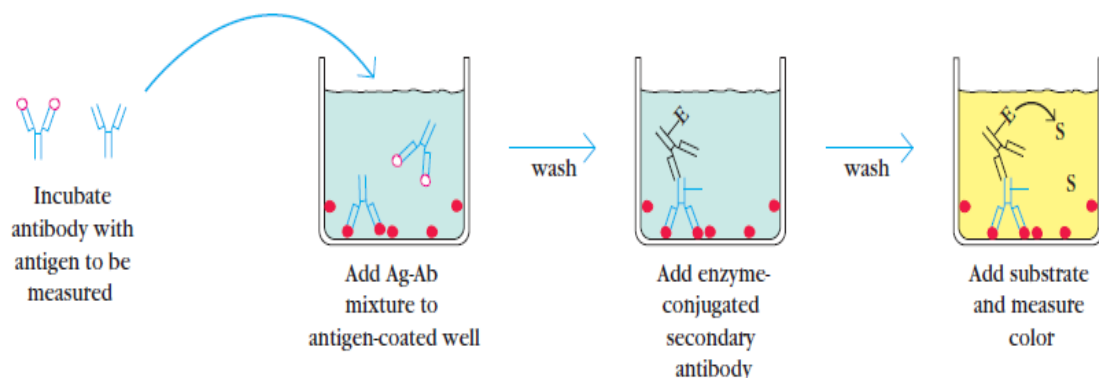
Amphetamine

Methamphetamine

3, 4-methylenedioxymethamphetamine

Cocaine

Benzoyllecgonine (34).



**Figure 3: (35)**

ELISA technique is based on observance of mass sensing BioCD array suffers from its result variation with change in alkali, buffer and pH (36). Mass biosensors measure protein amount by means of directly converting the protein mass into bodily signal that are extra impartial of the nearby micro-surroundings (37).

Generally serum sample is viscous and turbid in nature for electrochemical immunity assay. Tedious process is also known as purification of serum sample and it also block

the protein detection (38). It is a quantitative method for measurement of antigen or antibody based on the change in electrochemical signal before and after immunoreactions (39).

The plasmonic nano structures the detection of biomarker protein on the surface can used Enhanced Raman Spect (SERS) which is a technique of ultrasensitive vibrational spectroscopy (40).

The fluorescence detection has been most widely used and biomarker proteins are used comparatively easy labeling of biomolecules with fluorescent tag in biological application (40, 41, 42).

## BIOMARKERS USED SPECIAL FOR KIDNEY DISEASE

Biological markers (biomarkers), which pick out normal or pathogenic procedures, or responses to remedy, are a treasured for figuring out a affected person's situation. Biomarkers used to diagnose and degree a pathological situation or make a diagnosis about the improvement of sickness. Diabetes can also be detect by this test. There is a rareness of sensitive and specific biomarkers for the early calculation of CKD progression.

Why we choose biomarkers in CKD?

It can be measure easily, exactly & reproducibly.

It can with sensitivity signify the kidney response to treatment.

It can identify specific types of kidney disease (43, 44, 45, 46).

## CONCLUSION

Biomarker studies has expanded vastly in the formerly ten times with aiming of allowing nephrologists to identify order detriment ahead. Valuable interventions are the reason to identify order conditions. In discovery lores, medical product development, and healthcare biomarkers are critical to the fabric for the individual and population. Lots of promising biomarkers of order health that are introduced in the pathophysiology- sense medium of renal damage have established the eventuality to progress clinical treatment of order conditions. For opinion of AKI and CKD biomarkers may revise. Whether the lately linked or order biomarkers of bolstering pathophysiological processes are purely associations are need to be determine. An approach to bio- marker strengthen that consists of collaborative with nonsupervisory wisdom concerning multiple disciplines is demanded to make sure that rational, proof-predicated fully biomarker development keeps pace with scientific and medical want.

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