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Lacretia Dye

Faculty Bibliography

Associate Professor, Department of Counseling & Student Affairs.

Biography

Dr. Lacretia 'Cre' Dye is an Assistant Professor in the Department of Counseling and Student Affairs. She has served as the Clinical Coordinator of School Counseling.

Professional Experience

Dr. Dye has practiced and offered supervision in both mental health and school settings. She has worked with children and adults for over 15 years combining counseling and yoga/meditation techniques that encourage an integrative health. She is a RYT 200 yoga instructor and believes in the heart, mind and body connection that allows you to come back into your body, your breath and your immediate sensate reality.

Teaching

Dr. Dye teaches *Research Methods & Program Evaluation in Counseling, Introduction to School Counseling, Principles of Group Counseling, Testing & Assessment in Counseling, Social & Cultural Diversity, Developmental Career Counseling, Seminar in Guidance/Counseling* and *Practicum/Internship*.

Scholarship

Dr. Dye's research interests include urban education, urban school counseling, self care in counselor training, multicultural counseling, trauma releasing activities in counseling, and using mindfulness and yoga in counseling.

A sample of Dr. Dye's published articles and monographs include: School counselors activities in predominately African American urban schools; Calm, cool & confident: Integrating mindful yoga into your school counseling program and Incorporating religiosity, spirituality and mindfulness into the professional development of residential life staff. Dr. Dye has presented her research at local, state, regional, national, and international conferences.

Service

Dr. Dye serves on the CEBS Curriculum Committee, Strategic Planning Committee, and the PEC Admission and Retention Subcommittee. She also serves on University Academic Complaint Committee and the Minority Assistantship Advisory Council.

Dr. Dye is heavily involved in community activities and regularly gives workshops with parents, teachers and students in hope to enrich the lives of community members and leaders.

Licensures & Certifications

Dr. Dye is a National Certified Counselor and a Licensed Professional Clinical Counselor (KY). She is also a Licensed School Counselor (MI), and Certified Yoga Calm Trainer & Instructor.

Research Works

Burke, Monica & Loretia Dye. Using Culturally Responsive Trauma-Informed Mindfulness Practices to Support and Empower BIPOC Students, [*Culturally Responsive Leadership for Social Justice and Academic Equity for All*](#), Pennsylvania: IGI Global, 2023.

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