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Application of a LED-UV based light technology for decontamination of chicken breast fillets: impact on microbiota and quality attributes

Arturo B. Soro, Paul Whyte, Declan J. Bolton, Brijesh K. Tiwari



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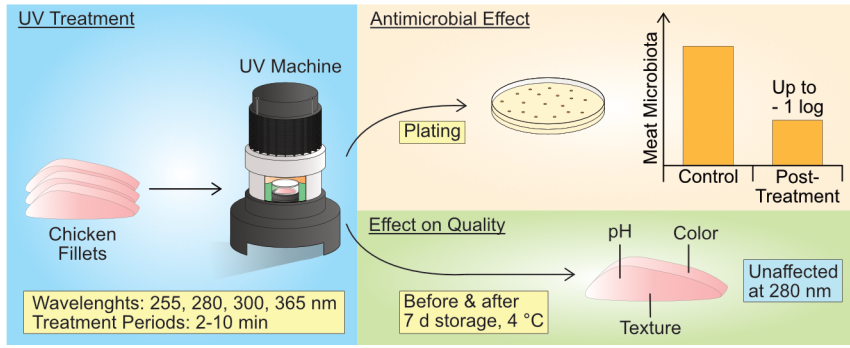
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**CRedit authorship contribution statement**

**Arturo B. Soro:** Conceptualization, Methodology, Software, Data curation, Validation, Writing-Original Draft preparation and Editing. **Paul Whyte:** Supervision and Writing- Review and Editing. **Declan J. Bolton:** Supervision and Writing- Review and Editing. **Brijesh K. Tiwari:** Supervision, Writing- Review and Editing, Project administration and Funding acquisition.

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1 **Application of a LED-UV based light technology for**  
2 **decontamination of chicken breast fillets: impact on microbiota and**  
3 **quality attributes**

4 Arturo B. Soro<sup>1,2</sup>, Paul Whyte<sup>2</sup>, Declan J. Bolton<sup>3</sup>, Brijesh K. Tiwari<sup>1</sup>

5 <sup>1</sup>Department of Food Chemistry and Technology, Teagasc Food Research Centre, Ashtown,  
6 Dublin 15, Ireland.

7 <sup>2</sup>UCD School of Veterinary Medicine, University College Dublin, Belfield, Dublin 4, Ireland.

8 <sup>3</sup>Department of Food Safety, Teagasc Food Research Centre, Ashtown, Dublin 15, Ireland.

9 Contact information for corresponding author: Brijesh K. Tiwari, Teagasc Food Research  
10 Centre, Ashtown, Dublin D15 KN3k, Ireland, [brijesh.tiwari@teagasc.ie](mailto:brijesh.tiwari@teagasc.ie)

11 Email addresses: Arturo B. Soro: [arturoblazsor@hotmail.com](mailto:arturoblazsor@hotmail.com)

12 Paul Whyte: [paul.whyte@ucd.ie](mailto:paul.whyte@ucd.ie)

13 Declan J. Bolton: [declan.bolton@teagasc.ie](mailto:declan.bolton@teagasc.ie)

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**26 Abstract**

27 Light-emitting diode (LED) technologies are economical and efficient devices that could be considered  
28 in poultry processing as disinfection strategies. This study evaluated the efficacy of a LED-based  
29 device to reduce the microbial load on chicken meat and investigated it's impact on selected quality  
30 parameters. Quality parameters including pH, texture and color after LED-UV exposure and during  
31 subsequent storage for 7 days at 4 °C were investigated. Diced chicken breast fillets were exposed to  
32 UV light wavelengths of 255, 280, 300 and 365 nm for 2, 4, 6, 8 and 10 min. A microbiological  
33 analysis was conducted on chicken samples to enumerate bacterial counts. Reductions between 1.17  
34 and 1.67 log CFU/g for total viable counts of mesophilic, psychrophilic bacteria and total  
35 Enterobacteriaceae counts were observed, whereas, up to 2 log CFU/g was obtained for  
36 *Pseudomonas* and lactic acid bacteria groups after treatment with wavelengths of 280, 300 and 365  
37 nm. Furthermore, color, texture and pH were not affected by exposure to UV light at 280 nm even  
38 following 7 days storage. Thus, LED-based technologies could be applied on poultry meat to reduce  
39 the levels of spoilage bacteria while maintaining quality attributes.

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**50 Keywords**

51 Ultraviolet light, decontamination, poultry processing, novel technologies, food safety

## 52 **1. Introduction**

53 The food industry has evaluated and optimized new processes and technologies for improving food  
54 safety and preventing a deterioration in quality caused by current industrial processes (Morales-de la  
55 Peña, Welti-Chanes, & Martín-Belloso, 2019). The poultry industry is currently searching for novel  
56 alternative technologies to replace chemical or heat based methods (Umaraw, Prajapati, Verma,  
57 Pathak, & Singh, 2018). As a consequence, novel non-thermal technologies such as ultrasound, cold  
58 plasma, pulsed electric fields, among others, have recently been considered as decontamination and  
59 preservation techniques that could potentially be applied in the food industry and especially in poultry  
60 processing. Therefore, these emerging technologies could assure the safety while also improving the  
61 quality of food products (Režek Jambrak, Vukušić, Donsi, Paniwnyk, & Djekic, 2018).

62 In particular, ultraviolet (UV) light has been widely employed for decontamination purposes in water,  
63 air and surfaces. Along the light spectrum, UV irradiation is situated near visible light between 100  
64 and 400 nm and can be divided into three different regions: UV-A (315-400 nm), B (280-315 nm) and  
65 C (200-280 nm). The UV-C spectrum has been associated with the capacity to damage and/or  
66 destroy bacterial structures which are required for growth and replication (Guerrero-Beltrán &  
67 Barbosa-Cánovas, 2016). Although the germicidal effects of UV light have been extensively studied  
68 during the past decades, the efficacy and impact of this technology when applied in complex matrices  
69 like food requires further investigation (Koutchma, 2009).

70 Decontamination of poultry meat with UV light at a wavelength of 254 nm has been carried out  
71 previously to control pathogens like *Salmonella*, *Listeria monocytogenes*, *Escherichia coli* and  
72 *Campylobacter* (Chun, Kim, Lee, Yu, & Song, 2010; Haughton et al., 2011; McLeod et al., 2018;  
73 Sommers, Scullen, & Sheen, 2016; Yang, Sadekuzzaman, & Ha, 2017). All of these authors studied  
74 the effect of UV light emitted by lamps in a specific wavelength. In recent years, light-emitting diodes  
75 (LED) based on light transmission through two terminals have appeared as an alternative to UV  
76 lamps as a result of their lower power consumption and heat emissions, reduced cost, compact and  
77 robust design and higher efficiency. Haughton et al. (2012) evaluated the use of a LED-based  
78 technology at a wavelength of 395 nm to inactivate *Campylobacter*. These authors observed the  
79 potential of LED technology for the decontamination of chicken meat and demonstrated the  
80 antimicrobial effect of an UV wavelength outside the UV-C spectral region. Thus, further information is

81 needed to select the best wavelength(s) or spectral region of UV light to maximize microbial  
82 inactivation while minimizing any deterioration in the quality of chicken meat. LED-UV light devices  
83 offer an opportunity to evaluate the effect of several wavelengths and could be applied to the food  
84 chain as a result of them not producing any toxic by-products, their cost effectiveness and easy scale-  
85 up potential (Hinds, O'Donnell, Akhter, & Tiwari, 2019).

86 Furthermore, authors such as McLeod et al. (2018), Haughton et al. (2012) and Lazaro et al. (2014)  
87 have investigated the impact of UV light on spoilage bacteria and the quality of poultry meat.  
88 However, there is currently insufficient information about the efficacy of LED devices for the  
89 inactivation of spoilage bacteria present in chicken meat that can grow at refrigeration temperatures.  
90 Technological advances have allowed more powerful and efficient UV light devices to be developed,  
91 and thus, it is necessary that these alternatives be considered (Koutchma, 2019). Furthermore, the  
92 impact of this technology on the quality of poultry meat should also be investigated. Koutchma,  
93 Forney and Moraru (2009) demonstrated that UV light at 254 nm can affect the color and texture of  
94 food products due to the generation of free radicals and concluded that UV light can be absorbed by  
95 food structures within a wavelength range with negative repercussions on food quality. In the  
96 literature, there is a lack of evidence showing the effect of different spectral regions on the quality  
97 attributes of chicken meat.

98 Cold plasma is another technology that can be applied to decontaminate poultry meat. This  
99 technology has been demonstrated to minimize the negative quality effects on chicken meat when  
100 treatment parameters are optimized. Additionally, non-thermal cold plasma may be comparable to UV  
101 light in terms of mechanisms of action to inactivate microorganisms and effects on meat quality.  
102 However, there are some limitations associated with cold plasma, in particular their manufacture and  
103 potential for scaling-up (Gavahian, Chu, & Jo, 2019).

104 Incorporation of a LED-based technology in poultry processing could effectively reduce the levels of  
105 spoilage bacteria in the final product while maintaining desirable quality attributes. In addition, the  
106 easy scaling-up process and low price of this technology, among other benefits, could facilitate its  
107 implementation in the poultry industry. The aim of the present study was to investigate the application  
108 of several UV light wavelengths with different time points using a LED device in order to establish an  
109 effective treatment in which the microbial burden on chicken could be reduced while not adversely  
110 affecting quality parameters. Therefore, the specific objectives of this study were to: 1) determine the

111 effectiveness of the LED-UV based technology at different wavelengths and time points to reduce  
112 total viable counts of mesophilic (TVCM) and psychrophilic (TVCP) bacteria, total Enterobacteriaceae  
113 counts (TEC), *Pseudomonas* and lactic acid bacteria (LAB), and 2) evaluate the impact of the  
114 selected UV treatments on quality parameters of chicken meat such as pH, texture and color.

115

## 116 **2. Materials and methods**

### 117 **2.1 Samples**

118 Skinless chicken breast fillets were purchased 2-3 days before their best-before date at a local  
119 supermarket (SuperValu) in Dublin (Ireland). Chicken trays were stored at 4 °C and used within 3 h of  
120 purchase.

### 121 **2.2 UV-LED equipment**

122 The LED device (PearlLab Beam, Aquisense technologies, NC, USA) consisted of a LED head or  
123 UVinaire™, UV homogenizing tube and control box as Figure 1 shows. In the LED head, the light  
124 source was protected by a quartz emission window and directly coupled with a cooling fan which  
125 prevented overheating. This equipment was connected to a UV homogenizing tube or chamber where  
126 samples were positioned and treated. The treatment chamber was completely closed to avoid the  
127 passage of visible light and potential interference. To select the UV light wavelength, four switches  
128 were in place in the control box corresponding to three different wavelengths and a shutter switch,  
129 with the latter serving as a safety measure (the off position prevented operation of the equipment).  
130 From both devices, wavelengths of  $255 \pm 1$ ,  $280 \pm 1$ ,  $300 \pm 4$  and  $365 \pm 3$  nm were selected and  
131 presented a full bandwidth of 12.3, 12.4, 16.9 and 8.9 nm at half of the maximum, respectively. In  
132 addition, the fluence rate of the applied light was measured in  $W/cm^2$  using a UV radiometer  
133 (Opticalmeter, model ILT2400, International light technologies, MA, USA) on the surface of glass petri  
134 dishes, which was  $0.003 W/cm^2$  at 255 nm,  $0.068 W/cm^2$  at 280 nm,  $0.049 W/cm^2$  at 300 nm, and  
135  $0.043 W/cm^2$  at 365 nm. The UV fluence rate of each wavelength on the surface of chicken samples  
136 were also determined as presented in Table 1. The UV light dose (D) of each fluence rate measured  
137 on the surface of meat was calculated using the equation 1:

138 Eq. 1)  $D = F \times t$ ,



139 where the D is the UV light dose in  $W \times \text{min} \times \text{cm}^{-2}$ , F is fluence rate in  $W/\text{cm}^2$  and t is the treatment  
140 time in minutes.

141 *INSERT FIGURE 1 HERE*

142 *INSERT TABLE 1 HERE*

### 143 **2.3 Effect of UV light on the chicken microbiota**

144 Chicken fillets were cut into square pieces of approximately 10-15 g and thickness of 1-1.6 cm under  
145 aseptic conditions. In the meantime, samples were kept at 4 °C covered with plastic petri dishes. Every  
146 piece of chicken was centrally placed inside of two glass petri dishes 5 cm from the source and  
147 treated with UV light in a sterile and dark chamber (Figure 1). Glass petri dishes were employed to  
148 prevent cross-contamination between samples and protect the meat samples from drying. In addition,  
149 to maximize the effect of UV light, samples were treated on both sides which consisted of aseptically  
150 inverting the chicken pieces following the procedure of Haughton et al. (2012). The previously stated  
151 wavelengths were evaluated at time points of 2, 4, 6, 8, and 10 min and untreated samples stored  
152 aseptically at 4 °C were used as controls. Treatments were performed in triplicate and three  
153 independent experiments were carried out. Finally, the temperature of the samples was measured  
154 before and after each treatment with a temperature probe (Total-range digital thermometer,  
155 Traceable, VWR, USA) to determine possible temperature increases. Observed increases in  
156 temperature of the chicken pieces were no greater than 2 °C.

157

#### 158 **2.3.1 Microbiological analysis**

159 Treated and control samples were stomached (Star Blender, LB 400, VWR, USA) for 90 s in  
160 maximum recovery diluent (MRD, Oxoid, UK) in a 1/10 (w/v) proportion and ten-fold serial dilutions  
161 were prepared. Afterwards, an inoculum of 0.1 mL of each dilution was spread plated in duplicate  
162 onto plate count agar (PCA, Oxoid, UK), *Pseudomonas* agar base (PSA, Oxoid, UK) with  
163 *Pseudomonas* CFC selective agar supplement (Oxoid, UK), and Man, Rogosa and Sharpe agar  
164 (MRS, Oxoid, UK) for enumeration of TVCm/TV Cp, *Pseudomonas* and LAB, respectively. Moreover,  
165 following the ISO method for enumeration of *Enterobacteriaceae*, a double layer of violet red bile

166 glucose agar (VRBGA, Oxoid, UK) was poured onto petri dishes with 1 mL of inoculum of the sample.  
167 The inoculated plates of PCA, VRBGA, PSA and MRS were incubated at 30 °C for 2 d (TVCM) and  
168 6.5 °C for 10 d (TVCP), 37 °C for 1 d, 25 °C for 2 d and 30 °C for 3 d, respectively. After incubation,  
169 bacterial colonies were counted and mean values were calculated and expressed as  $\log_{10}$  CFU per g  
170 of chicken meat. The presented results are showed as logarithmic reduction units calculated by  
171 subtracting mean bacterial levels of controls and treatments.

172

## 173 **2.4 Effect of UV light on the quality parameters of chicken meat**

174 Similar procedures were carried out in treated and control samples when chicken quality parameters  
175 were evaluated. Treatments of UV light with wavelengths of 280 and 365 nm were selected and  
176 assessed for 6 and 10 min on chicken pieces of 10-15 g with 8 samples replicates per treatment. The  
177 pH, color and texture were analyzed for treated samples and controls on the same day (day 0) and  
178 after 7 days' storage at 4 °C (day 7) inside sterile plastic petri dishes.

179

### 180 **2.4.1 Measurement of pH**

181 The pH of the meat surface was measured in duplicate in all samples using a pH electrode (Foodcare  
182 pH and temperature electrode, FC2323, Hanna Instruments, Bedfordshire, UK) and portable pH  
183 meter (Hanna, model HI 98163, Hanna Instruments, Bedfordshire, UK). Measurements were  
184 performed before and after treatment and subsequent storage for 7 days under refrigeration  
185 conditions.

186

### 187 **2.4.2 Instrumental color analysis**

188 The effect of UV light on the color of chicken meat was evaluated after treatment and storage for 7  
189 days at 4 °C. Color analysis was performed with a portable colorimeter (Chroma meter CR-400,  
190 Konica Minolta, UK) with an illumination area of 8 mm and 2° standard observer. Moreover, Hunter  
191 values of  $L^*$ ,  $a^*$  and  $b^*$  were determined as indicators of luminosity, redness and yellowness,  
192 respectively. Standardization was carried out with a blank standard plate. Color measurements in

193 chicken samples were taken in 8 locations per sample and treatments were carried out in triplicate.  
194 Additionally,  $\Delta E$  values were calculated with the equation 2 to determine total differences in meat  
195 color.

$$196 \text{ Eq. 2) } \Delta E = \sqrt{(\Delta L)^2} + \sqrt{(\Delta a)^2} + \sqrt{(\Delta b)^2}$$

197 where  $\Delta L$ ,  $\Delta a$  and  $\Delta b$  are calculated by subtracting the Hunter values of the samples after storage  
198 from the controls.

199

### 200 **2.4.3 Texture Profile Analysis (TPA)**

201 The texture of raw chicken pieces was evaluated using an Instron Universal testing machine (Instron,  
202 Model No. 5543, UK) following the procedure of Inguglia, Burgess, Kerry and Tiwari (2019). In order  
203 to assess the effect of UV light on texture, a TPA was carried out with a flat circular probe of 35 mm  
204 which was attached to a stainless steel cell of 500 N. A one-time measure was executed for each  
205 chicken piece (1-1.5 cm height) and consisted of a double compression cycle up to 60% of the  
206 original portion height. Eight replicates of each treatment were performed and TPA parameters such  
207 as hardness, springiness, cohesiveness, gumminess and chewiness were obtained as measurable  
208 values. Hence, hardness (N) is the maximum force reached in the first compression cycle, springiness  
209 (mm) is the recovered distance between compressions, cohesiveness (dimensionless) is the ratio of  
210 the two areas of compression, gumminess is calculated as hardness x cohesiveness and chewiness  
211 is the result of multiplying springiness and gumminess.

212

### 213 **2.5 Statistical analysis**

214 Treatments in triplicate and three independent experiments ( $n = 9$ ) were carried out for the study  
215 evaluating the antimicrobial effect of UV light on the chicken microbiota. To assess the impact of UV  
216 irradiation on the quality parameters of chicken meat, treatments were analyzed using 8 duplicates ( $N$   
217 = 8). In particular, color analysis was evaluated in duplicates of 8 measures per sample and  
218 treatments in triplicate ( $N = 24$ ). The average and standard deviation was calculated from data  
219 obtained from these experiments. A comparison between samples and controls was carried out using  
220 factorial analysis of variance (ANOVA) and statistical differences were detected with the Tukey *post*

221 *hoc* test at  $\alpha < 0.05$  level. GraphPad Prism 7.0 for Windows (GraphPad software Inc, San Diego, CA,  
222 USA) was used as statistical and graph creator program.

223

## 224 **3.Results**

### 225 **3.1 Microbiological analysis**

226 Mean bacterial concentrations of the target bacteria were obtained in untreated chicken breast  
227 samples. TVC<sub>m</sub> and TVC<sub>p</sub> (mesophilic and psychophilic), TEC, *Pseudomonas* and LAB were 3.57,  
228 3.91, 1.81, 3.21 and 3.05 log CFU/g, respectively (Appendix A). In general, the applied wavelengths  
229 had a significant influence on the levels of the various bacterial groups examined as shown in Figure  
230 2. Conversely, the 255-nm wavelength was notably less effective when compared to the other  
231 wavelengths. In particular, the application of UV light treatment on chicken fillets for 6 min resulted in  
232 significant reductions in TVC<sub>m</sub> of 1.67 log CFU/g at a 300 nm wavelength ( $p < 0.01$ ) and 1.43 log  
233 CFU/g at a 280 nm wavelength ( $p < 0.001$ ) (Figure 2 A). Although lower bacterial reductions were  
234 observed after 8 and 10 min treatments using 300 and 280 nm wavelengths, the reductions were not  
235 statistically different between treatment times ( $p \geq 0.05$ ). However, chicken samples assessed for 4  
236 min using a 365 nm wavelength had significantly higher reductions of 1.17 log CFU/g for TVC<sub>m</sub> ( $p <$   
237  $0.001$ ) compared to 0.42 log CFU/g after 10 min treatment. Similar reductions of 1.37 and 1.55 log  
238 CFU/g in TVC<sub>p</sub> ( $p < 0.001$ ) were observed in chicken meat when UV light was applied at 280 nm and  
239 300 for 6 min and 10 min, respectively (Figure 2.B). In addition, a significant decrease in TVC<sub>p</sub>  
240 reductions was detected in chicken samples treated with 365 nm for 8 min in comparison with  
241 treatment times of 6 and 10 min for the same wavelength ( $p < 0.05$ ).

242

*INSERT FIGURE 2 HERE*

243 TEC bacteria showed a similar pattern to TVC<sub>m</sub> on samples treated for 6 min with 365 nm light where  
244 a reduction of 1.54 log CFU/g was achieved (Figure 2 C) ( $p < 0.0001$ ). Furthermore, wavelengths of  
245 300 and 280 nm significantly reduced concentrations of TEC by 1.54 and 1.17 log CFU/g ( $p < 0.0001$ )  
246 when the same treatment time was applied. *Pseudomonas* and LAB groups were the most  
247 susceptible to UV irradiation among the organisms assessed in the current study. The most effective  
248 treatments were 300 nm for 8 min and 280 nm for 10 min resulting in reductions of 2.16 and 2.50 log  
249 CFU/g for *Pseudomonas* and LAB concentrations, respectively (Figure 2 D and E) ( $p < 0.0001$ ). In

250 contrast, greater reductions in LAB were observed when longer UV treatments were applied. Even  
251 when the 255 nm light was applied, a maximum reduction of 0.80 log CFU/g ( $p < 0.05$ ) was achieved  
252 for LAB which was the highest inactivation observed in the study at this wavelength. Although  
253 bacterial reductions in LAB counts were higher than those achieved for TVCp using the same  
254 treatment parameters, lower levels of inactivation were also detected in TVCp after longer UV light  
255 treatments such as 8 min at 365 nm in chicken meat. Consequently, the stability of the UV light  
256 intensity was investigated as a result of these generalized effects on the target bacteria within the  
257 chicken. The intensity of the light in the different wavelengths did not vary during the treatment period  
258 (data not shown).

259

### 260 **3.2 Effect of UV light on the quality parameters of chicken meat**

261 The impact of UV light at wavelengths of 280 and 300 nm for 6 and 10 min on chicken meat was  
262 analyzed for changes in pH, color and texture based on the microbial inactivation data (see section  
263 3.1). The average pH of non-treated chicken meat was 5.64 on raw fillets and increased through  
264 storage up to a maximum of 6.50 (Table 2). In contrast, all UV treated samples showed slow rate of  
265 pH increase compared to control during the studied storage period. In particular, samples treated with  
266 280 nm had a final pH of 5.90-5.98, which was significantly lower compared to control samples ( $p <$   
267  $0.05$ ).

268

*INSERT TABLE 2 HERE*

269 In addition, the color of chicken meat was not significantly altered by any of the UV light treatments  
270 compared to controls as presented in Table 3. At the end of storage, significant reductions ( $p < 0.05$ )  
271 in  $L^*$  (lightness) and  $a^*$  (redness) values were observed for control samples, while the  $b^*$  (yellowness)  
272 parameter remained unchanged (Table 4). Chicken samples treated with 365 nm light for 6 and 10  
273 min resulted in the development of darker colored meat compared to control. These changes in total  
274 color of chicken meat were confirmed with the calculation of  $\Delta E$  values (Table 4). Thus, differences in  
275 color can be classified as highly perceived ( $\Delta E > 3$ ), perceived ( $1.5 < \Delta E < 3$ ) and small differences  
276 ( $\Delta E < 1.5$ ) (Tiwari, Muthukumarappan, O'Donnell, & Cullen, 2008). The storage period had a negative  
277 impact in the color of meat in controls and samples exposed to 365 nm which showed  $\Delta E$  values up to

278 3. Lastly, it is worth noting that the  $L^*$ ,  $a^*$  and  $b^*$  values of the broiler meat did not change significantly  
279 during storage for samples treated with 280 nm and thus, meat color was preserved up to 7 days.  
280 Furthermore, storage time and UV light treatment did not have an effect on the texture of chicken  
281 fillets, except for an increase in the cohesiveness of treated meat at 280 nm for 6 min (Table 5) ( $p <$   
282 0.05). Nevertheless, this variation in cohesiveness was not observed following storage and may have  
283 been due to variability between samples.

284 *INSERT TABLE 3 HERE*

285 *INSERT TABLE 4 HERE*

286 *INSERT TABLE 5 HERE*

## 287 **4. Discussion**

### 288 **4.1 Microbiological analysis**

289 In the literature, the effect of UV light has been extensively studied as a disinfection strategy for  
290 poultry meat. However, most of the authors have focused mainly on the application of UV light at a  
291 wavelength of 254 nm for inoculated bacteria on chicken meat (Haughton et al., 2011; Sommers,  
292 Scullen, & Sheen, 2016; Sommers, & Sheen, 2015, Yang, Sadekuzzaman, & Ha, 2017). Little  
293 information is available on the effect of other wavelengths situated outside the UV-C spectral region.  
294 Furthermore, none of the former studies have evaluated LED-based technologies as a potential  
295 hygiene measure that could be applied during broiler processing (Soro, Whyte, Bolton, & Tiwari,  
296 2021).

297 Haughton et al. (2012) examined the efficacy of a LED-UV light system using a specific wavelength of  
298 395 nm to reduce *Campylobacter*, TVC<sub>m</sub> and TEC levels on poultry meat. Bacterial counts were  
299 reduced by between 1 and 3 log CFU/g with treatment times of 5 (0.15 W min/cm<sup>2</sup>) and 10 min (0.30  
300 W min/cm<sup>2</sup>). In the present study, similar results were observed in bacterial reductions of TVC<sub>m</sub> and  
301 TEC (1 log CFU/g) when UV light at 365 nm was applied for 6 min (0.23 W min/cm<sup>2</sup>) on chicken meat.  
302 Thus, this research group demonstrated that it is necessary to consider other wavelengths within the  
303 UV light spectrum to assess the full potential of this technology for disinfection purposes. Moreover,  
304 variability in the levels of reduction achieved for naturally contaminated bacteria after UV exposure  
305 was also found by Haughton et al. (2012). Hence, different bacterial concentrations in chicken

306 batches, the wide variety of microorganisms and differences in resistance to UV light among bacterial  
307 strains could account for some of the variability observed. However, more research is required to  
308 understand the resistance mechanisms of bacteria against UV light and the differences of resistance  
309 between strains within the same species (Gayán, Condón, & Álvarez, 2013).

310 Additionally, few studies have considered UV light for the decontamination of TVCm and TEC on  
311 chicken meat (Haughton et al., 2012; Haughton et al., 2011; Lazaro et al., 2014). In particular, Lazaro  
312 et al. (2014) applied UV light at 254 nm during a 90 s treatment ( $0.003 \text{ W min/cm}^2$ ) on chicken fillets  
313 at a distance of 14 cm from the light source and obtained reductions of less than 1 log CFU/g in these  
314 bacterial groups. In agreement with the latter, our study observed an inactivation effect below 0.80 log  
315 CFU/g in all target bacteria following UV light treatment at 255 nm for 10 min ( $0.010 \text{ W min/cm}^2$ ). In  
316 contrast, Haughton et al. (2011) achieved reductions of 1.76 and 1.29 log CFU/g in TVCm and TEC,  
317 respectively, with UV light at 254 nm for 32 s ( $0.003 \text{ W min/cm}^2$ ) on chicken breasts at a distance of  
318 6.5 cm from the source. These results differed significantly from those obtained in the present study  
319 with bacterial reductions expected to be higher in chicken samples exposed to 255 nm light. Factors  
320 associated with the device configuration and type of reactor are strongly dependent variables on the  
321 effectiveness of the treatment and could affect the UV process (Hinds et al., 2019). Therefore,  
322 optimization of each UV light device is required for determining its microbial decontamination  
323 potential.

324 In the present study, initial counts of TVCm (3.57 log CFU/g) and TEC (1.81 log CFU/g) on chicken  
325 fillets were reduced by between 1.2 and 1.7 log CFU/g when treatments using 280, 300 and 365 nm  
326 for 6 min were carried out. Similar reductions were obtained in different studies which inoculated  
327 foodborne pathogens, including *Salmonella*, *E. coli*, *Campylobacter* and *L. monocytogenes* on  
328 chicken meat (Chun et al., 2010; Haughton et al., 2012; Haughton et al., 2011; McLeod et al., 2018;  
329 Yang, Sadekuzzaman, & Ha, 2017). This indicates that a significant proportion of the total mesophilic  
330 bacteria has been potentially inactivated by UV light. The LED-technology could be evaluated in order  
331 to assess if it is capable of reducing levels of common foodborne pathogens on poultry meat. In  
332 particular, *Campylobacter* has raised public health concerns in the last decades due to its high  
333 prevalence in poultry meat and the number of campylobacteriosis cases associated with meat  
334 consumption (EFSA, 2010). Soro, Whyte, Bolton, and Tiwari (2020) reviewed the potential application

335 of UV light against *Campylobacter* and highlighted it's promising results, low cost and potential for  
336 scaling-up in a food processing environment.

337 To the best of our knowledge, there is a lack of data available on the effect of UV light on TVCp,  
338 *Pseudomonas* and LAB in broiler meat. Cichoski et al. (2015) studied the impact of this technology on  
339 psychrophilic bacteria and achieved reductions of approximately 0.9 log CFU/g with UV light at 254  
340 nm for 7 min (0.946 W min/cm<sup>2</sup>) on chicken drumsticks. In this study, bacterial reductions of 0.41  
341 CFU/g in TVCp were obtained after exposure to UV light (254 nm) for 8 min (0.008 W min/cm<sup>2</sup>).  
342 Wavelengths of 280, 300, 365 nm were more effective against TVCp, *Pseudomonas* and LAB with  
343 increased reductions in the latter two groups of bacteria (2 log CFU/g).

344 According to Rouger, Tresse, and Zagorec (2017), these bacterial groups are spoilage bacteria which  
345 cause quality issues in meat during refrigerated storage. Thus, psychrophilic species can become  
346 more prevalent in chicken meat during storage and TVCp should be considered when evaluating the  
347 microbial shelf-life of chicken meat (Rouger, Remenant, Prevost, & Zagorec, 2017).

348

#### 349 **4.2 Effect of UV light on the quality parameters of chicken meat**

350 The second part of this study examined the impact of UV light on parameters such as pH, texture and  
351 color of broiler meat. No adverse effects in color were observed after immediate exposure to UV light  
352 at 280 nm for 6 or 10 min, and at the end of a storage period of 7 days at 4 °C. Chun et al. (2010),  
353 McLeod et al. (2018), Yang, Sadekuzzaman, and Ha, (2017) reported similar results when UV light at  
354 254 nm was applied. However, some authors described significant differences in the color values of  
355 treated samples in comparison to controls during refrigerated storage (Park & Ha, 2014; Lazaro et al.,  
356 2014). For instance, Lazaro et al. (2014) showed a decrease in  $L^*$  and  $b^*$  value after 9 days storage in  
357 samples treated with UV light at 254 nm for a maximum of 2 min (0.195 W min/cm<sup>2</sup>). In the present  
358 study, significant decreases in  $L^*$  and increases in  $b^*$  values were detected in chicken samples  
359 exposed to UV light at 365 nm for 6 (0.234 W min/cm<sup>2</sup>) and 10 min (0.390 W min/cm<sup>2</sup>) after the 7-day  
360 storage period. In contrast, Haughton et al. (2012) observed an increase in  $L^*$  when UV light at 395  
361 nm for 10 min was directly applied to chicken meat at a distance of 3 cm. However, changes in meat  
362 color were observed immediately after UV treatment, unlike the present study in which color variations  
363 were noted only after storage.



364 Moreover, meat texture is a quality parameter that has not yet been considered in the literature for the  
365 evaluation of UV light. Nevertheless, a sensorial panel carried out by Park and Ha (2014) identified a  
366 softer meat texture in chicken fillets after extensive exposure to UV light at 260 nm (3.6 W min/cm<sup>2</sup>).  
367 The current study assessed the texture of chicken samples treated with UV light at 280 and 365 nm  
368 and showed no alteration in texture parameters after UV irradiation and storage at refrigeration  
369 temperature. Additionally, the pH of meat slightly changed post-treatment with UV light at 280 nm.  
370 However, these treated chicken samples showed a significantly lower increase in pH than controls  
371 after storage. Slight changes in the pH of meat after storage were also found by Chun et al. (2010)  
372 and Lazaro et al. (2014) in chicken samples treated with UV light. This study has not considered other  
373 factors such as protein and lipid oxidation, lipid profile, amine formation and water holding capacity,  
374 for example. Little information is currently available in the literature about these parameters (Chun et  
375 al., 2010; Cichoski et al., 2015; Lazaro et al., 2014; Park & Ha, 2014). Therefore, further investigation  
376 is required to evaluate these parameters in chicken meat before considering implementation of this  
377 technology in the poultry industry.

378

## 379 **5. Conclusion**

380 In the current study, the LED-based device demonstrated an inactivation effect on chicken for all of  
381 the bacterial groups examined when wavelengths of 280, 300 and 365 nm were applied. Specifically,  
382 *Pseudomonas* and LAB showed the largest reductions and therefore, were the most susceptible  
383 bacterial groups to UV light. Furthermore, a number of quality parameters of chicken such as color,  
384 texture and pH did not change significantly when exposed to a UV light wavelength of 280 nm and 7-  
385 day storage period at 4°C. Therefore, LED-based technology using previously optimized conditions  
386 could be used within poultry processing facilities to reduce levels of spoilage bacteria on chicken  
387 breast fillets while maintaining quality attributes such as color, pH and texture.

388

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394

## 395 **Conflict of interest declaration**

396 The authors declare no conflict of interest.

397

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508 **Tables**

509 **Table 1.** UV light fluence rate ( $W/cm^2$ ) on chicken samples measured by radiometer and doses of UV  
 510 light ( $W \times min \times cm^{-2}$ ) calculated for each wavelength and time point.

	UV light Dose ( $W \times min \times cm^{-2}$ )						
	Fluence rate ( $W/cm^2$ )	2	4	6	8	10	
Wavelength (nm)	255	0.001	0.002	0.004	0.006	0.008	0.010
	280	0.041	0.082	0.164	0.246	0.328	0.410
	300	0.039	0.078	0.156	0.234	0.312	0.390
	365	0.039	0.078	0.156	0.234	0.312	0.390

511

512 **Table 2.** Evaluation of pH in broiler meat after treatments with UV light at 280 and 365 nm for 6 and  
 513 10 min (day 0) and at the end of the storage period (day 7) at 4 °C.

Treatment	Storage period (days)	
	0	7
Control	5.64 ± 0.07	6.50 ± 0.14
280 nm/6 min	5.52 ± 0.04 *	5.90 ± 0.03 *
280 nm/10 min	5.78 ± 0.06 *	5.98 ± 0.15 *
365 nm/6 min	5.67 ± 0.09	6.24 ± 0.07 *
365 nm/10 min	5.62 ± 0.03	6.17 ± 0.12 *

514 Results expressed as Mean ± Standard Deviation.

515 Denotes statistically significant differences between controls and various treated samples in each  
 516 column (\*p < 0.05)

517

518 **Table 3.** Determination of the effect of UV light on the color of chicken meat following treatments at  
 519 280 and 365 nm for 6 and 10 min.

Treatment	Color measure	$L^*$	$a^*$	$b^*$	$\Delta E$
Control	-	59.02 ± 1.75	2.55 ± 1.13	8.35 ± 0.85	-
280 nm/6 min	Before	56.80 ± 1.98	1.31 ± 0.43	6.74 ± 1.55	1.27
	After	55.58 ± 2.04	0.98 ± 0.36	6.87 ± 1.34	
280 nm/10 min	Before	60.26 ± 1.72	1.31 ± 0.41	8.93 ± 9.15	1.33
	After	59.03 ± 1.09	0.84 ± 0.48	9.15 ± 0.63	
365 nm/6 min	Before	56.26 ± 1.86	2.29 ± 0.73	7.52 ± 0.68	1.18
	After	55.31 ± 1.96	1.92 ± 0.43	6.92 ± 0.84	
365 nm/10 min	Before	59.16 ± 3.63	1.39 ± 0.73	8.47 ± 2.36	1.20
	After	58.58 ± 3.67	0.84 ± 0.39	7.57 ± 2.57	

520 Results expressed as Mean ± Standard Deviation.

521 Where  $L^*$ ,  $a^*$  and  $b^*$  values represent the luminosity, redness and yellowness, respectively.

522 No significant differences were found.

523

524 **Table 4.** Study of the influence of UV light on the color of broiler meat after treatment with 280 and

525 365 nm for 5 and 10 min and storage for 7 days at 4 °C

Treatment	Storage period (days)	$L^*$	$a^*$	$b^*$	$\Delta E$
Control	0	59.02 ± 1.75	2.55 ± 1.13	8.35 ± 0.85	3.32
	7	55.97 ± 2.11*	1.90 ± 0.75*	9.50 ± 1.77	
280 nm/6 min	0	55.58 ± 2.04	0.98 ± 0.36	6.87 ± 1.34	1.02
	7	54.56 ± 2.46	0.96 ± 0.39	6.87 ± 1.71	
280 nm/10 min	0	59.03 ± 1.09	0.84 ± 0.48	9.15 ± 0.63	0.91
	7	58.16 ± 1.86	0.57 ± 0.31	9.26 ± 0.62	
365 nm/6 min	0	55.31 ± 1.96	1.92 ± 0.43	6.92 ± 0.84	4.43
	7	51.31 ± 5.16*	1.85 ± 0.67	8.82 ± 1.85*	
365 nm/10 min	0	58.58 ± 3.67	0.84 ± 0.39	7.57 ± 2.57	3.56
	7	55.05 ± 3.53*	1.13 ± 0.72	7.91 ± 2.22	

526 Results expressed as Mean ± Standard Deviation.

527 Where  $L^*$ ,  $a^*$  and  $b^*$  values represent the luminosity, redness and yellowness, respectively.

528 The observed significant differences were of  $p^* < 0.05$  compared to controls.

529

530 **Table 5.** Analysis of meat texture after treatment with UV light at 280 and 365 nm for 6 and 10 min

531 (day 0) and at the end of the storage period (day 7) at 4 °C.

TPA parameters	Storage period (days)	Control	280 nm/6 min	280 nm/10 min	365 nm/6 min	365 nm/10 min
Hardness	0	139.40 ± 29.59	109.32 ± 30.65	130.63 ± 24.81	124.14 ± 21.65	132.22 ± 8.26
	7	96.85 ± 31.90	137.74 ± 17.06	127.81 ± 39.41	122.00 ± 25.09	102.13 ± 38.82
Springiness	0	1.94 ± 0.39	2.23 ± 0.21	2.30 ± 0.48	2.28 ± 0.25	2.13 ± 0.27
	7	2.39 ± 0.59	2.66 ± 1.25	2.52 ± 0.23	2.30 ± 0.38	2.19 ± 0.26
Cohesiveness	0	0.14 ± 0.05	0.23 ± 0.05*	0.20 ± 0.05	0.21 ± 0.05	0.19 ± 0.04
	7	0.22 ± 0.09	0.22 ± 0.04	0.25 ± 0.06	0.19 ± 0.07	0.19 ± 0.05
Gumminess	0	24.89 ± 8.67	25.55 ± 9.88	24.88 ± 5.09	25.90 ± 6.29	23.03 ± 6.65
	7	21.97 ± 12.88	29.53 ± 5.83	32.97 ± 14.49	23.85 ± 11.23	19.92 ± 11.70
Chewiness	0	39.98 ± 22.52	57.08 ± 29.44	56.83 ± 19.32	59.56 ± 17.14	49.67 ± 16.94
	7	56.41 ± 36.42	74.54 ± 21.12	84.14 ± 38.72	57.77 ± 34.68	44.24 ± 30.54

532 Results expressed as Mean ± Standard Deviation.

533 The observed significant difference was of  $p^* < 0.05$  compared to controls for each texture

534 parameter.

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548 **Figure captions**

549 **Figure 1.** Illustration of a LED device in which the LED head (A), UV collimating tube (B) and control  
550 box (C) are represented. Sample position inside the UV chamber is also indicated as distance from  
551 the source of 5 cm.

552

553 **Figure 2.** Bacterial reductions (Log CFU/g) of TVCm (A), TVCp (B), TEC (C), Pseudomonas (D) and  
554 LAB (E) achieved with UV light treatments at wavelengths of 255, 280, 300 and 365 nm for each  
555 treatment period (2, 4, 6, 8 and 10 min) on chicken compared to untreated controls. Results were  
556 calculated as the mean and standard deviation of 9 replicates in 3 independent experiments.  
557 Significant different between samples and controls were of  $p^* < 0.05$ ,  $p^{**} < 0.01$ ,  $^{***}p < 0.001$ ,  $p^{****}$   
558  $< 0.0001$ .

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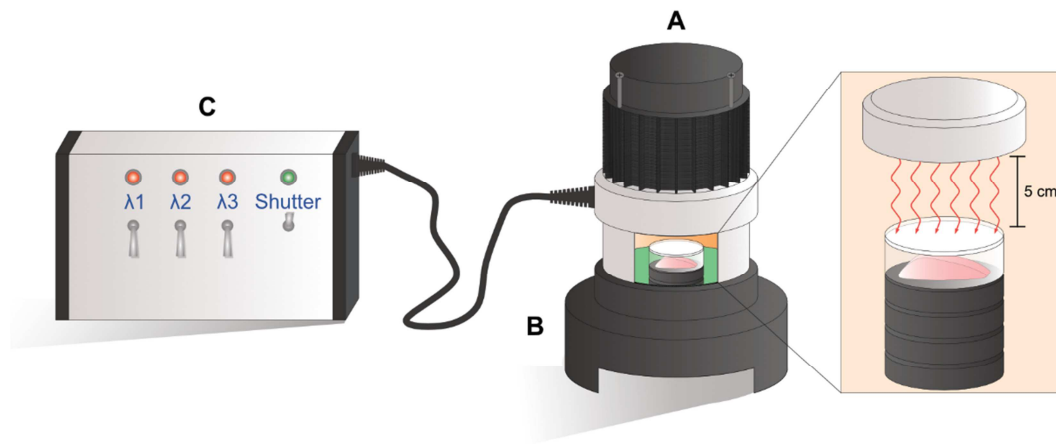
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568 **Figure 1.** (color online only)

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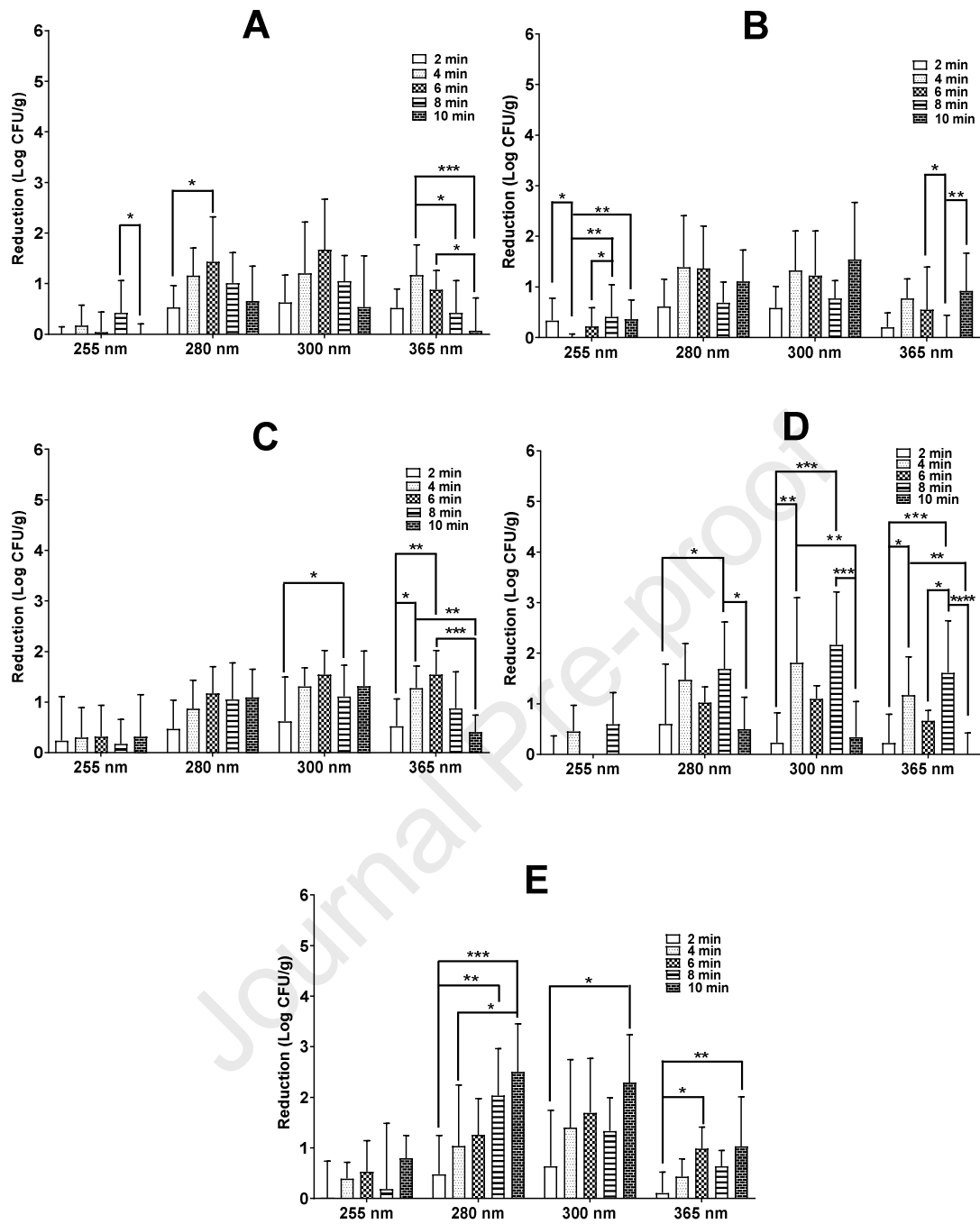
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584 **Figure 2.**

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589 **Appendix**590 **Table A.1** Initial concentration of TVC<sub>m</sub> and TEC and achieved bacterial reductions after the

591 application of UV light at different wavelengths and treatment times.

Type of bacteria	Wavelength (nm)	Time (min)	Bacterial reduction (Log. CFU/g)	Initial concentration (Log. CFU/g)
TVC mesophiles	255	2	- 0.19 ± 0.34	3.57 ± 0.27
		4	0.17 ± 0.40	
		6	0.04 ± 0.39	
		8	-0.32 ± 0.48	
		10	-0.36 ± 0.56	
	280	2	0.53 ± 0.44	
		4	1.16 ± 0.55	
		6	1.43 ± 0.89	
		8	1.01 ± 0.60	
		10	0.66 ± 0.69	
	300	2	0.63 ± 0.54	
		4	1.21 ± 1.01	
		6	1.67 ± 1.00	
		8	1.05 ± 0.50	
		10	0.54 ± 1.02	
365	2	0.52 ± 0.38		
	4	1.17 ± 0.60		
	6	0.88 ± 0.38		
	8	0.42 ± 0.64		
	10	0.07 ± 0.65		
Enterobacteriaceae	255	2	0.24 ± 0.87	1.81 ± 0.15
		4	0.30 ± 0.59	
		6	0.32 ± 0.62	
		8	-0.17 ± 0.49	
		10	0.32 ± 0.83	
	280	2	0.47 ± 0.57	
		4	0.87 ± 0.56	
		6	1.17 ± 0.53	
		8	1.06 ± 0.72	
		10	1.09 ± 0.56	
	300	2	0.62 ± 0.88	
		4	1.31 ± 0.37	
		6	1.54 ± 0.48	
		8	1.11 ± 0.62	
		10	1.31 ± 0.70	
365	2	0.53 ± 0.54		
	4	1.28 ± 0.44		

6	1.54 ± 0.48
8	0.88 ± 0.72
10	0.41 ± 0.34

592

593 **Table A.2** Initial concentration of *Pseudomonas* and LAB and achieved bacterial results after the  
 594 application of UV light at different wavelengths and treatment times.

Type of bacteria	Wavelength (nm)	Time (min)	Bacterial reduction (Log. CFU/g)	Initial concentration (Log. CFU/g)
<i>Pseudomonas</i>	255	2	-0.30 ± 0.66	3.21 ± 0.20
		4	-0.45 ± 0.59	
		6	-0.60 ± 0.49	
		8	-0.60 ± 0.63	
		10	-0.67 ± 0.65	
	280	2	0.60 ± 1.18	
		4	1.47 ± 0.72	
		6	1.02 ± 0.31	
		8	1.69 ± 0.93	
		10	0.50 ± 0.63	
	300	2	0.23 ± 0.59	
		4	1.81 ± 1.29	
		6	1.10 ± 0.26	
		8	2.16 ± 1.05	
		10	0.34 ± 0.71	
365	2	0.22 ± 0.57		
	4	1.17 ± 0.78		
	6	0.67 ± 0.21		
	8	1.61 ± 1.03		
	10	-0.02 ± 0.44		
Lactic acid bacteria	255	2	0.01 ± 0.73	3.05 ± 0.25
		4	0.39 ± 0.32	
		6	0.53 ± 0.61	
		8	0.19 ± 1.30	
		10	0.80 ± 0.45	
	280	2	0.48 ± 0.76	
		4	1.03 ± 1.21	
		6	1.26 ± 0.72	
		8	2.04 ± 0.93	
		10	2.50 ± 0.95	
300	2	0.64 ± 1.10		
	4	1.40 ± 1.35		
	6	1.69 ± 1.08		

	8	1.34 ± 0.66
	10	2.29 ± 0.95
	2	0.11 ± 0.41
	4	0.43 ± 0.35
365	6	0.98 ± 0.43
	8	0.64 ± 0.31
	10	1.03 ± 0.98

595

596 **Table A.3** Initial concentration of TVCp and reductions achieved after the application of UV light at  
 597 different wavelengths and treatment times.

Type of bacteria	Wavelength (nm)	Time (min)	Bacterial reduction (log. CFU/g)	Initial concentration (Log. CFU/g)
TVC psychrophiles	255	2	0.34 ± 0.44	3.92 ± 0.39
		4	-0.37 ± 0.27	
		6	-0.22 ± 0.37	
		8	0.41 ± 0.64	
		10	0.36 ± 0.38	
	280	2	0.61 ± 0.54	
		4	1.39 ± 1.02	
		6	1.37 ± 0.83	
		8	0.69 ± 0.41	
		10	1.11 ± 0.62	
	300	2	0.58 ± 0.43	
		4	1.33 ± 0.78	
		6	1.23 ± 0.88	
		8	0.77 ± 0.35	
		10	1.55 ± 1.13	
	365	2	0.21 ± 0.28	
		4	0.78 ± 0.38	
		6	0.55 ± 0.84	
		8	-0.09 ± 0.53	
		10	0.92 ± 0.74	

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## Highlights

- Wavelengths of 280, 300 and 365 nm obtained the best inactivation results.
- The most affected bacteria were the *Pseudomonas* genus and lactic acid bacteria.
- Application of UV light at 280 min and storage did not alter pH, color and texture.
- LED-UV based technology is a potential disinfection strategy of chicken fillets.

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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