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# **Test Items in the Complete and Short Forms of the BOT-2 that Correlate to Subtest Score in Typically Developing** Children 6-10 Years of Age

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### Introduction

The Bruininks-Oseretsky Test of Motor Proficiency, second edition (Be 2), is used to measure fine and gross motor proficiency in children ag 21 years.<sup>1</sup> The BOT-2 consists of both a Complete and Short Form a comprised of 4 composites with 8 subtests. The Short Form consists items proportionally selected from the subtests of the Complete Form Despite requiring less time to administer and score, a group of resea found that the BOT-2 Short Form is not a valid measure for assessin motor proficiency in 4-6 year olds, suggesting that a revision of the S Form may be advised.<sup>2</sup> Brahler et al<sup>3</sup> investigated 4 subtests (Streng Balance, Precision and Integration) with children 6-10 years of age. found that several items were poorly associated with their subtest tot scores and the Short Form contained low yield items in 3 of these subtests.

#### Purpose

The purpose of this study was to determine the magnitude of associ between individual subtest items of the BOT-2 and the respective tot subtest scores on the 4 subtests of manual dexterity, bilateral coordi running speed and agility, and upper limb coordination. A secondary objective was to determine if the items on the BOT-2 Short Form demonstrate the greatest correlation with their respective subtest to score.

## **Hypothesis**

We hypothesized that all of the individual subtest items would be at moderately correlated to the respective total subtest scores for all 4 administered subtests.

### **Participants**

Subjects were a convenience sample of 44 children in first and third grades (21 male, 23 Female; 6-10 years) at a Midwestern element school with no known conditions.

### **Methods**

The BOT-2 subtests of Manual Dexterity, Bilateral Coordination, Ru Speed and Agility, and Upper Limb Coordination were administered subjects per the examiner's manual. Subjects progressed through subtests in random order and each subtest was graded and admini by a consistent person. Means and standard deviations were calcu the scores on the individual subtest items. Pearson correlation test run to determine the magnitude of the association between the indi subtest items and the respective subtest total score; the magnitude association was assessed to see if the items that comprise the Sho were strongly associated with their subtest total score.

	Table 1. Manual Dexterity: Individual Subtest Items and Total Se
	Items in order from strongest to weakest association with
and is	subscale total score
of $14$	*Transferring Pennies
n 11	*Sorting Cards
n. Archore	*Making Dots in Circles
	*Placing Pegs Into a Pegboard
9 Short	*Stringing Blocks
gin, They	Manual Dexterity Total
iney	Note: Transferring Pennies is also on the Short Form; *= $p \le 0.0$
la	
	Table 2 - Dilateral Coordination, Individual Subtact Itama and Ta
	Table 2. Bilateral Coordination: Individual Subtest items and To
	items in order from strongest to weakest association with
	SUDSCAIE TOTAI SCORE
	*Jumping in Place Opposite Sides Synchronized
	* Tapping Feet and Fingers Opposite Sides Synchronized
iation	* Inversion and Index Fingers
	"Jumping Jacks * Jumping in Place Serve Sidee Surchronized
ination,	"Jumping in Place Same Sides Synchronized
У	Touching Nose with Index Fingers Eyes Closed
	Tapping Feet and Fingers Same Sides Synchronized
tal	Rilatoral Coordination Total
	Noto: Jumping in Place Same Sides Synchronized and Tapping
	Synchronized are also on the Short Form: * = n < 0.05, statistical
	Synchronized are also on the Short ronn, $-p \ge 0.05$ , statistical
	Table 3. Running Speed & Agility: Individual Subtest Items and
least	Items in order from strongest to weakest association with
of the	subscale total score
	*One-Legged Side Hop
	*Two-Legged Side Hop
	*One-Legged Stationary Hop
	*Shuttle Run
	*Stepping Sideways Over a Balance Beam
d	
ary	Running Speed & Agility Total
	Note: One-Legged Stationary Hop is also on the Short Form; * =
	correlations
	Table 1 Upper Limb Coordination, Individual Subtect Items and
	Table 4. Opper Limb Coordination: Individual Subtest items and
	items in order from strongest to weakest association with
unning	Subscale total score
d to	*Dropping a Dall One Hand
the	*Catching a Taccod Roll One Hand Synchronized
istered	*Dribbling a Roll Alternating Handa
lated for	*Dropping and Catching a Ball Roth Hands
ts were	*Catching a Tossod Ball Both Hands
ividual	*Throwing a Ball at a Target
e of	
ort Form	Upper Limb Coordination Total
	Note: Dropping and Catching a Ball Both Hands and Dribbling a
	the Short Form: $* = n < 0.05$ statistically significant correlations
	and chief of the provident of the content of the co

otal Score				
	Mean	Std. Deviation	r	р
	5.30	1.357	.784	.000
	5.11	1.166	.752	.000
	4.50	1.338	.730	.000
	5.23	1.075	.710	.000
	3.89	0.993	.573	.000
	23.93	4.438		
$b \leq 0.05$ . statistically significant correlations				

and Total Score				
	Mean	Std. Deviation	r	р
	1.73	1.283	.771	.000
	2.16	1.119	.724	.000
	2.20	.930	.675	.000
	2.77	.677	.586	.000
	2.91	.291	.510	.000
	3.91	.421	.191	.215
	3.95	.302	.033	.832
	19.66	3.080		
ping Feet and Fingers Same Sides				
victically cignificant correlations				

istically significant correlations

s and Total Score				
	Mean	Std. Deviation	r	р
	3.84	1.539	.773	.000
	5.59	1.545	.722	.000
	6.89	2.060	.613	.000
	5.41	1.386	.453	.002
	6.27	1.264	.420	.005
	27.91	4.950		
m; * = p ≤ 0.05, statistically significant				

ms and Total Score				
	Mean	Std.	r	р
		Deviation		-
	6.02	1.355	.847	.000
	4.09	1.235	.788	.000
	2.09	1.763	.787	.000
	5.09	1.840	.780	.000
	4.16	1.180	.766	.000
	3.86	1.322	.729	.000
	2.95	1.257	.697	.000
	28.30	7.712		
oling a Ball Alternating Hands are also on				

Tables 1-4 display the means, standard deviations, correlation coefficients (r), and p-values computed for the Manual Dexterity, Bilateral Coordination, Running Speed and Agility, and Upper Limb Coordination subtests of the BOT-2. Individual items are listed in the tables from highest to lowest correlation, and the items that comprise the Short Form are indicated.

All individual items in the Manual Dexterity, Running Speed and Agility, and Upper Limb Coordination subtest were significantly correlated (p < 0.05) with their overall subtest score. Two items in the Bilateral Coordination subtest, touching nose with index fingers eyes closed (p=.215) and tapping feet and fingers same sides synchronized (p=.832), were not significantly correlated with the overall subtest score. Tapping feet and fingers same sides synchronized is also included on the Short Form.

All of the individual tests for the Upper Limb Coordination subtest had moderate-to-excellent correlations (average r = 0.771), which makes them valid assessments of the upper limb coordination when testing children 6 -10. Manual Dexterity and Running Speed and Agility had similar scores to the Upper Limb Coordination subtest (average r = 0.710 and average r = 0.7100.596, respectively) and are also valid assessments in children ages 6-10 years. However, the individual tests for the Bilateral Coordination subtest had the lowest average correlations (average r = 0.499), meaning they may not accurately assess bilateral coordination in children 6-10 years. Therefore, our hypothesis was proven wrong.

While some items included in the Short Form of the BOT-2 were significantly correlated with the overall subtest score, this study found that these items might not be the most highly correlated. Revisions to the short form may be needed in order to include more items that are all significantly correlated with their respective subtest scores.

1. Bruininks R, Bruininks B. Bruininks-Oseretsky test of motor proficiency (2nd ed.). Minneapolis, MN: NCS Pearson; 2005.

\*Project completed in partial fulfillment of requirements for Doctor of Physical Therapy Degree







#### Discussion

### References

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3. Brahler C, Donahoe-Fillmore B, Mrowzinski S, Aebker S, Kreill M. Numerous Test Items in the Complete and Short Forms of the BOT-2 Do Not Contribute Substantially to Motor Performance Assessments in Typically Developing Children Six to Ten Years Old. Journal Of Occupational Therapy, Schools & Early Intervention. 2012;5(1):73-84.