

University of Kentucky UKnowledge

Clinical and Translational Science Faculty Publications

Center for Clinical and Translational Science

3-28-2016

Targeting $I\kappa$ B Kinase β in Adipocyte Lineage Cells for Treatment of Obesity and Metabolic Dysfunctions

Robert N. Helsley University of Kentucky

Yipeng Sui University of Kentucky

Se-Hyung Park University of Kentucky

Zun Liu University of Kentucky

Richard G. Lee Ionis Pharmaceuticals, Inc.

See next page for additional authors

Follow this and additional works at: https://uknowledge.uky.edu/ccts_facpub

Part of the Translational Medical Research Commons Right click to open a feedback form in a new tab to let us know how this document benefits you.

Repository Citation

Helsley, Robert N.; Sui, Yipeng; Park, Se-Hyung; Liu, Zun; Lee, Richard G.; Zhu, Beibei; Kern, Philip A.; and Zhou, Changcheng, "Targeting IKB Kinase β in Adipocyte Lineage Cells for Treatment of Obesity and Metabolic Dysfunctions" (2016). *Clinical and Translational Science Faculty Publications*. 17. https://uknowledge.uky.edu/ccts_facpub/17

This Article is brought to you for free and open access by the Center for Clinical and Translational Science at UKnowledge. It has been accepted for inclusion in Clinical and Translational Science Faculty Publications by an authorized administrator of UKnowledge. For more information, please contact UKnowledge@lsv.uky.edu.

Targeting ${\sf I}\kappa{\sf B}$ Kinase β in Adipocyte Lineage Cells for Treatment of Obesity and Metabolic Dysfunctions

Digital Object Identifier (DOI) 10.1002/stem.2358

Authors

Robert N. Helsley, Yipeng Sui, Se-Hyung Park, Zun Liu, Richard G. Lee, Beibei Zhu, Philip A. Kern, and Changcheng Zhou

This article is available at UKnowledge: https://uknowledge.uky.edu/ccts_facpub/17

Targeting IB kinase in Adipocyte Lineage Cells for Treatment of Obesity and Metabolic Dysfunctions

Robert N. Helsley, Yipeng Sui, Se-Hyung Park, Zun Liu, Richard G. Lee, Beibei Zhu, Philip A. Kern, Changcheng Zhou





TISSUE-SPECIFIC STEM CELLS

Targeting IKB kinase β in Adipocyte Lineage Cells for Treatment of Obesity and Metabolic Dysfunctions

ROBERT N. HELSLEY,^a YIPENG SUI,^a SE-HYUNG PARK,^a ZUN LIU,^a RICHARD G. LEE,^b BEIBEI ZHU,^c PHILIP A. KERN,^c CHANGCHENG ZHOU^{a,d}

Key Words. Adipogenesis • Adipose stem cells • Antisense oligonucleotide • I κ B kinase β • Obesity

ABSTRACT

IKB kinase β (IKK β), a central coordinator of inflammation through activation of nuclear factor-KB, has been identified as a potential therapeutic target for the treatment of obesity-associated metabolic dysfunctions. In this study, we evaluated an antisense oligonucleotide (ASO) inhibitor of IKK\$ and found that IKK\$ ASO ameliorated diet-induced metabolic dysfunctions in mice. Interestingly, IKKβ ASO also inhibited adipocyte differentiation and reduced adiposity in high-fat (HF)-fed mice, indicating an important role of IKKß signaling in the regulation of adipocyte differentiation. Indeed, CRISPR/Cas9-mediated genomic deletion of IKKβ in 3T3-L1 preadipocytes blocked these cells differentiating into adipocytes. To further elucidate the role of adipose progenitor IKK β signaling in diet-induced obesity, we generated mice that selectively lack IKKB in the white adipose lineage and confirmed the essential role of IKK\$ in mediating adipocyte differentiation in vivo. Deficiency of IKKB decreased HF-elicited adipogenesis in addition to reducing inflammation and protected mice from diet-induced obesity and insulin resistance. Further, pharmacological inhibition of IKKB also blocked human adipose stem cell differentiation. Our findings establish IKKB as a pivotal regulator of adipogenesis and suggest that overnutrition-mediated IKKB activation serves as an initial signal that triggers adipose progenitor cell differentiation in response to HF feeding. Inhibition of IKK $\!\beta$ with antisense therapy may represent as a novel therapeutic approach to combat obesity and metabolic dysfunctions. STEM CELLS 2016;34:1883-1895

SIGNIFICANCE STATEMENT

Obesity is associated with both increased adipocyte size and adipocyte number but the the mechanisms underlying nutritionally induced hyperplasia remain elusive. Our findings establish IkB kinase β (IKK β) as an important regulator of adipogenesis and adipose tissue development. Overnutrition-mediated IKK β activation may serve as an initial signal that triggers adipose progenitor cell differentiation in response to consumption of a high-fat diet. Our studies also demonstrate IKK β as a potential target for future anti-obesity drugs and provide evidence for the use of appropriate IKK β antisense oligonucleotides as a potential therapeutic strategy to treat obesity and metabolic disease.

INTRODUCTION

Obesity is a rapidly growing epidemic representing a growing serious health threat in an increasing number of countries as the number of overweight and obese individuals are expected to increase to over half of the world's population by 2030 [1]. There is an urgent need to understand the mechanisms underlying obesity and obesity-related metabolic diseases. Obesity is associated with both increased adipocyte size (hypertrophy) and adipocyte number (hyperplasia). Adipocyte number is a major determinant of fat mass in adults [2, 3] and approximately 10% of the body's adipocytes are re-generated annually at all adult ages [3]. Obese individuals also have a significantly greater number of adipocytes added per year than lean individuals [2, 3], suggesting that regulation of new adipocyte production is a potential therapeutic target to treat obesity. However, the mechanisms underlying nutritionally induced hyperplasia remain largely unknown.

It is generally accepted that obesity is associated with a state of chronic low-grade inflammation that is a major contributor to type 2 diabetes and atherosclerosis [4, 5]. Many inflammatory pathways that contribute to the pathogenesis of insulin resistance and atherosclerosis are regulated by the transcriptional factor nuclear

^aDepartment of Pharmacology and Nutritional Sciences, University of Kentucky, Lexington, Kentucky, USA; ^bCardiovascular Antisense Drug Discovery Group, Ionis Pharmaceuticals, Inc., Carlsbad, California, USA; ^cDepartment of Medicine, University of Kentucky, Lexington, Kentucky, USA; ^dSaha Cardiovascular Research Center, University of Kentucky, Lexington, Kentucky, USA

Correspondence: Changcheng Zhou, Ph.D., Department of Pharmacology and Nutritional Sciences, University of Kentucky, 900 South Limestone, 517 Wethington Bldg., Lexington, Kentucky 40536, USA. Telephone: 859-218-1801; Fax: 859-257-3646; e-mail: c.zhou@uky.edu

Received October 27, 2015; accepted for publication February 15, 2016; first published online in STEM CELLS *Express* March 17, 2016.

© AlphaMed Press 1066-5099/2016/\$30.00/0

http://dx.doi.org/ 10.1002/stem.2358 factor- κ B (NF- κ B), a master regulator of the innate and adaptive immune responses [6]. IKB kinase (IKK) β is the predominant catalytic subunit of the IKK complex and is required for activation of NF-KB by inflammatory mediators in the canonical or classical activation pathway [6-9]. It has been well established that overnutrition can lead to IKK β activation in vitro and in vivo [10–12], and recent studies have implicated IKK β as a key molecular link between obesity, inflammation and metabolic disorders [5, 13, 14]. For example, diet-induced insulin resistance has been associated with the activation of IKK β /NF- κ B in multiple tissues including liver, adipose tissue, and brain [10, 15-20]. Deletion of IKKβ in the liver improved diet-induced insulin resistance, and deficiency of IKKβ in myeloid cells rendered global insulin sensitivity upon high-fat (HF) feeding [17]. By contrast, constitutive activation of IKK β in the liver caused systemic insulin resistance [18]. Activation of IKK β in the hypothalamus has also been linked to obesity and metabolic disease [19, 21].

We have recently demonstrated that IKKB functions in smooth muscle cells (SMCs) to regulate vascular inflammatory responses and atherosclerosis development [8]. Of particular interest is that many adipocyte precursor cells express SMC markers and ablation of IKKB blocked adipocyte differentiation in vitro and in vivo, suggesting that IKKB functions in adipocyte precursor cells to regulate adipose tissue development [8]. In the present study, we explored a novel and efficient pharmacological approach to inhibit IKKB in vivo by using antisense oligonucleotides (ASOs) and found that ASOmediated IKKB knockdown ameliorated diet-induced obesity and metabolic disorders in mice. Interestingly, IKKB ASO also inhibited high-fat diet (HFD)-elicited adipocyte differentiation and reduced adipose tissue growth. As the functions of IKKB in regulating adipogenesis and adipose tissue development has not been fully understood, we then selectively deleted IKK β in the white adipose lineage in mice to further elucidate the role of adipose progenitor cell IKKB signaling in obesity and metabolic function. Deficiency of IKKB decreased adipogenesis and systemic inflammation elicited by HF feeding, leading to reduction in diet-induced obesity and insulin resistance. Last, inhibition of IKKB in human adipose stem cells also blocked adipogenesis in these cells. Our results establish IKKβ as an important regulator of adipogenesis and adipose tissue development. Overnutrition-mediated IKKB activation may serve as an initial signal that triggers adipose progenitor cell differentiation in response to consumption of a HFD. Antisense therapy targeting IKK β may present as a novel therapeutic approach to combat obesity and metabolic dysfunctions.

MATERIALS AND METHODS

Animals

For the IKK β ASO studies, 8-week-old male C57BL/6 mice (The Jackson Laboratory, Bar Harbor, ME, http://www.jax.org/) were fed a normal chow diet (ND) or a Western-type HFD (21.2% fat, 0.2% cholesterol; Harlan Teklad, Hayward, CA, http://www.harlan.com/) and received biweekly intraperitoneal injections of either a nontargeting control ASO (5'-CCTTCCCTGAAGGTTCCTCC-3') or an IKK β targeted ASO (5'-GCAGACTCTCATCCTCCGTC-3') for 8 weeks at a dose of 25 mg/kg body weight/week. The 20-mer phosphorothioate ASOs were designed to contain 2'-O-methoxyethyl groups at positions 1 to 5 and 15 to 20, and were generated and purified by Ionis Pharmaceuticals (Carlsbad, CA, http://www.ionispharma.com/). For cell lineage analysis, PDGFR β -Cre mice [22] were crossed with Rosa26^{lacZ} reporter mice [23] to generate PDGFR β -Cre/Rosa26^{lacZ} mice. To delete IKKB in adipocyte lineage cells, mice containing loxP-flanked IKK β alleles (IKK $\beta^{F/F}$) [8, 24] was crossed with PDGFR β -Cre transgenic mice [22] to generate PDGFR β -Cre/IKK $\beta^{F/F}$ mice (termed as IKK $\beta^{\Delta PDGFR\beta}$). For obesity studies, 4-week-old male IKK $\beta^{F/F}$ and $\mathsf{IKKB}^{\Delta\mathsf{PDGFRB}}$ littermates were fed a ND or a HFD for 16 weeks until euthanization at 20 weeks of age. For the Bromodeoxyuridine (BrdU) studies, 4-week-old male IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ littermates were intraperitoneal injected with 50 mg/kg body weight/ day BrdU (TCI America, Portland, Oregon, http://www.tcichemicals. com/en/us/index.html) and mice were placed on a HFD for 7 days prior to euthanization. All animals were housed in a specific pathogen-free environment with a light-dark cycle, under a protocol approved by the University of Kentucky Institutional Animal Care and Use Committee.

Metabolic Analyses

Body weight was measured weekly and body composition was measured by nuclear magnetic resonance (NMR) spectroscopy (Echo MRI, Houston, TX, http://www.echomri.com/). Intraperitoneal glucose tolerance test (GTT) and insulin tolerance test (ITT) were performed, as previously described [8]. Plasma insulin was measured using a Rat/Mouse Insulin ELISA kit (Millipore, Billerica, Massachusetts, http://www.emdmillipore.com/US/ en). Plasma TNF α levels were measured by a mouse TNF α ELISA kit (BioLegend, San Diego, CA, http://www.biolegend.com/). Plasma cytokine levels were measured by a mouse cytokine multiplex assay kit and a BioPlex 200 system (Bio-Rad Laboratories, Hercules, California, http://www.bio-rad.com/). For insulin stimulation studies, 20-week-old male IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ littermates or ASO-treated C57BL/6 mice were injected with insulin (0.35 U/kg body weight) into the inferior vena cava [25]. After 5 minutes, mice were euthanized and tissues were collected for protein isolation and Western blot analysis.

Adipose Stromal Vascular (SV) Cell Isolation and Differentiation

Adipose SV cells and mature adipocytes were isolated as previously described [8]. The SV cells were used for RNA and protein isolation or cultured in 12-well plates for differentiation. For differentiation assays, SV cells were induced by high-glucose Dulbecco's modified Eagle's medium containing dexamethasone (1 μ M), isobutylmethylxanthine (0.5 mM), insulin (10 μ g/ml), rosiglitazone (1 μ M), and 10% fetal bovine serum (FBS) until they were ready for analysis [8].

RNA Isolation and Quantitative Real Time PCR (QPCR) Analysis

Total RNA was isolated from mouse tissues or cells using TRIzol Reagent (Life Technologies, Grand Island, NY, https://www.thermofisher.com/) and QPCR was performed using gene-specific primers and the SYBR Green PCR kit (Life Technologies) as previously described [26, 27]. The sequences of primer sets used in this study are listed in Supporting Information Table 1.

Quantification of Mitochondrial DNA

Genomic DNA was extracted from subcutaneous white adipose tissue (WAT) by the DNAeasy Blood and Tissue kit (Qiagen,

Germantown, MD, http://www.qiagen.com). QPCR was performed on COX1 mitochondrial DNA and normalized to a nuclear 28S sequence [28, 29]. The sequences of primer sets used in this study are listed in Supporting Information Table 1.

Human Subjects and Adipose Stem Cell Isolation

Human adipocytes were derived from the differentiation of adult-derived human adipose stem cells (ADHASC) as described previously [30, 31]. The adipose tissue was from a collagenase digestion of the lipoaspirate of patients undergoing liposuction of subcutaneous fat. These patients were generally young, healthy women undergoing cosmetic procedures, and this method of collection was approved by the University of Kentucky Institutional Review Board. Differentiation was induced using differentiation media as previously described [30, 31]. At least 80%–90% of the cells developed lipid droplets in 7–10 days.

Statistical Analysis

All data are presented as the mean \pm SEM. Individual pairwise comparisons were analyzed by two-sample, two-tailed Student's *t* test unless otherwise noted, with *p* < .05 was regarded as significant. Two-way analysis of variance (ANOVA) was used when multiple comparisons were made followed by a Bonferroni multiple comparisons test. *N* numbers are listed in figure legends.

RESULTS

ASO-Mediated IKK β Knockdown Protects Mice from Diet-Induced Obesity

We recently demonstrated that IKKB inhibitors can inhibit adipocyte differentiation in vitro and ameliorate diet-induced adiposity in mice [8]. To explore novel and more efficient pharmacological approaches for IKKB inhibition, we utilized second-generation ASO targeting technology [32] and investigated the impact of IKKB ASO on diet-induced obesity and metabolic disorders. Intraperitoneal delivery of ASO has been shown to reach a variety of tissues including liver and adipose tissue [33, 34]. Indeed, we found that IKKB ASO can efficiently decrease IKKB gene expression in multiple tissues including liver, skeletal muscle (Sk.M), and WAT at a dose of 25 mg/kg BW/week (Fig. 1A). Interestingly, IKKβ mRNA levels were not significantly altered in brown adipose tissue (BAT) by IKKB ASO treatment at this dose. Western blot analysis also confirmed the specific and efficient IKKB knockdown in tissues including liver and WAT as IKK α protein levels were not affected by IKKB ASO treatment (Fig. 1B).

We next determined whether IKK β ASO treatment can ameliorate diet-induced obesity. Groups of 8-week-old wildtype male mice were fed a ND or HFD and were treated with control ASO or IKK β ASO for 8 weeks (Fig. 1C). HF-feeding increased body weight in mice treated with both control and IKK β ASOs. However, IKK β ASO treatment significantly decreased HFD-induced body weight gain and adiposity. While lean mass was slightly but significantly increased in IKK β ASOtreated mice, fat mass was decreased by 45% in HFD-fed mice treated with IKK β ASO (Fig. 1D). IKK β ASO was able to decrease both subcutaneous (sub) WAT and visceral WAT including epididymal (epi) and retroperitoneal (retro) fat pads in HFD-fed mice as compared with littermate controls (Fig. 1E).

IKK β ASO Improves Insulin Sensitivity and Reverses Hepatic Steatosis in Obese Mice

Obesity is frequently associated with metabolic disorders such as insulin resistance and hepatic steatosis. We next investigated whether IKKB ASO treatment can protect HFD-fed mice from these disorders. IKKβ ASO-treated mice had decreased fasting plasma glucose and insulin concentrations as compared with control mice (Fig. 1F), suggesting improved diabetic phenotype. Upon glucose and insulin tolerance test, IKKβ ASO-treated mice had improved glucose tolerance and showed an increased hypoglycemic response to the injected insulin (Fig. 1G). To further assess the impact of IKKB ASO treatment on insulin signaling, HFD-fed mice were injected with insulin prior to euthanization and phosphorylation of Akt was analyzed in multiple tissues. IKKβ ASO was able to enhance phosphorylation of Akt in response to insulin in liver, Sk.M and WAT (Fig. 1H). While hepatic IKKB signaling has been demonstrated to contribute to obesity-associated insulin resistance [17, 18], the role of adipose IKKβ signaling in the regulation of insulin sensitivity has not been well-defined. We then performed adipose glucose uptake assays. Interestingly, adipose tissue explants from IKKB ASOtreated mice had elevated glucose uptake in the absence of insulin and insulin stimulation further enhanced glucose update by adipose tissues (Fig. 1I). Therefore, the enhanced Akt phosphorylation and increased glucose uptake in adipose tissue likely contribute to the improved insulin sensitivity in IKKB ASO-treated mice. Further, HF feeding also caused lipid accumulation and hepatic steatosis in control mice. However, IKKB ASO-treated mice were protected from these detrimental effects (Fig. 1J, 1K). Consistently, hepatic triglyceride and cholesterol contents were significantly reduced in IKKB ASO-treated mice (Fig. 1L). Collectively, these results suggest that pharmacological inhibition of IKKB by ASO ameliorates obesity-associated metabolic disorders in mice.

IKK β Regulates Murine Adipocyte Differentiation

We next investigated whether IKKB ASO treatment can also affect IKKB expression in adipocyte precursor cells and affect adipocyte differentiation. Indeed, we found that IKKB expression was decreased in both adipose SV cells and mature adipocytes in IKKB ASO-treated mice (Fig. 2A). Consistent with our previous study [8], ASO-mediated IKKB knockdown diminished the ability of adipose SV cells to differentiate into adipocytes (Fig. 2B). As expected, the expression levels of adipogenic genes including PPARy, Zfp423, and C/EBPs were significantly decreased in epiWAT from IKK_B ASO-treated mice (Fig. 2C). Further, IKK β ASO treatment also decreased the expression of a known NF-κB target, Smad ubiquitination regulatory factor 2 (Smurf 2) (Fig. 2D). Smurf2 is an ubiquitin E3 ligase that regulates proteasome-mediated degradation of several proteins including β -catenin [8, 35, 36]. Consistently, ASO-mediated IKK β knockdown increased nuclear β-catenin protein levels in epi-WAT (Fig. 2E). Since Wnt/ β -catenin signaling has been well defined to inhibit adipogenesis in vitro and in vivo [37, 38], the increased Wnt signaling likely contributes to the decreased adipogenesis in IKKβ ASO-treated mice.

To further define the role of IKK β in adipogenesis, we used the CRISPR-Cas9 system to delete the IKK β gene in murine 3T3-



Figure 1. Pharmacological inhibition of IKKB with ASOs protects mice from diet-induced obesity, improves insulin sensitivity, and reverses hepatic steatosis in obese mice. (A): IKKB mRNA expression in liver, kidney, spleen, Sk.M., BAT, subWAT, retroWAT, and epiWAT from mice treated with control ASO or IKK β ASO for 8 weeks (n = 6.10; *p < .05, ***p < .001, assessed by Student's t test). (B): Western blot analysis of IKK β and IKK α expression in liver and epiWAT from mice treated with control or IKKβ ASO for 4 weeks. (C, D): Growth curves (C), and fat mass and lean mass (D) of ND and HFD-fed mice treated with control ASO or IKK β ASO (n = 10 for ND and 30 for HFD; *p < .05, **p < .01, and ***p < .001, assessed by Student's t-test (C) or two-way analysis of variance (D)). (E): Representative images of adipose depots (top) and weight of adipose depots (bottom) from mice treated with control or IKK β ASO for 8 weeks (n = 20; ***p < 0.001, assessed by Student's t test). Results are presented as means \pm SEM. (F): Fasting plasma glucose and insulin levels of HFD-fed mice treated with control or IKK β ASO (n = 29-30; ***p < .001, assessed by Student's t test). (G): IPGTT, IPITT, and area of curve (AUC) of IPGTT and IPITT of HFD-fed mice treated with control or IKKβ ASO (n = 8-10; **p < .01, *** p < .001, assessed by Student's t test). (H): Western blot analysis of phosphorylated Akt and total Akt levels in liver, epiWAT, and Sk.M of control or IKKB ASO-treated mice injected with saline or 0.35 U/kg body weight. (I): Glucose uptake was measured in primary adipose tissues from mice treated with control or IKK β ASO (n = 9; **P < 0.01, ***P < 0.001, assessed by two-way analysis of variance). (J, K): Representative appearance (J) and hematoxylin and eosin (top) and Oil-red-O (bottom) stained sections (K) of livers from mice treated with control or IKK β ASO (scale bar =100) μ m). (L): Hepatic cholesterol and triglyceride levels of mice treated with control or ΙΚKβ ASO (n = 10; ***p < .001, assessed by Student's t test). Results are presented as means ± SEM. Abbreviations: ΙΚΚβ, ΙκB kinase β; HFD, high-fat diet; ASO, antisense oligonucleotide; ND, normal chow diet; Sk.M., skeletal muscle; BAT, brown adipose tissue; subWAT, subcutaneous white adipose tissue; retroWAT, retroperitoneal WAT; epiWAT, epididymal WAT; IPGTT, intraperitoneal glucose tolerance test; IPITT, intraperitoneal insulin tolerance tests.



Figure 2. IKKβ regulates murine adipocyte differentiation. **(A)**: IKKβ mRNA expression in adipose stromal vascular (SV) cells and mature adipocytes isolated from epididymal WAT (epiWAT) of mice treated with control or IKKβ ASO (n = 6; **p < .01, assessed by Student's t test). **(B)**: Oil-red-O staining of adipose SV cells isolated from epiWAT of mice treated with control and IKKβ ASO induced by differentiation media (scale bar = 100 µm, bottom panels). **(C)**: Expression of adipogenic genes in epiWAT of control and IKKβ ASO treated mice was measure by QPCR (n = 6; **p < .01, ***p < .001, assessed by Student's t-test). **(D)**: Western blot analysis of Smurf2 protein levels in epiWAT. **(E)**: Western blot analysis of nuclear β-catenin levels in epiWAT. **(F)**: Western blot analysis of IKKβ and IKK α protein levels in control 3T3-L1 cells or CRISPR-mediated IKKβ-deficient 3T3-L1 cells. **(G)**: Oil-red-O staining of control and IKKβ-deficient 3T3-L1 cells induced by differentiation media (scale bar = 100µm, bottom panels). **(H)**: Expression of adipogenic genes and adipocyte markers in control or IKKβ-deficient 3T3-L1 cells (n = 6; **p < .01, ***p < .001, assessed by Student's t-test). **(I)**: Orbit markers in control or IKKβ-deficient 3T3-L1 cells. **(J)**: Western blot analysis of Smurf2 protein levels in control or IKKβ-deficient 3T3-L1 cells (n = 6; **p < .01, ***p < .001, assessed by Student's t test). **(I)**: Western blot analysis of Smurf2 protein levels in control or IKKβ-deficient 3T3-L1 cells. **(J)**: Western blot analysis of nuclear β-catenin protein levels in control or IKKβ-deficient 3T3-L1 cells (n = 6; **p < .01, ***p < .001, assessed by Student's t test). **(L)**: Control or IKKβ-deficient 3T3-L1 cells. **(J)**: Western blot analysis of nuclear β-catenin protein levels in control or IKKβ-deficient 3T3-L1 cells (n = 6; ***p < .001, assessed by Student's t test). **(L)**: Control or IKKβ-deficient 3T3-L1 cells were treated with vehicle control or 100 nM PS-341, as indica

L1 preadipocytes (Fig. 2F). We found that deletion of IKK β almost completely blocked 3T3-L1 cell differentiation (Fig. 2G). Gene expression analysis showed that mRNA levels of adipogenic genes and adipocyte markers including PPAR γ and adipo-

nectin were significantly decreased by IKK β -deficiency (Fig. 2H). Consistently, deletion of IKK β decreased the expression of Smurf2 (Fig. 2I) and increased nuclear β -catenin accumulation (Fig. 2J), leading to increased β -catenin activity in these cells



Figure 3. Generation of mice lacking IKK β in the white adipose lineage. (A): Western blot analysis of IKK β and IKK α protein levels in epiWAT, subWAT, liver, BAT, and skeletal muscle (Sk.M.) of IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (B): Western blot analysis of IKK β and IKK α protein levels in adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (C–G): Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (C–G): Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice were treated with LPS for 3 hours. The expression levels for proinflammatory cytokines including TNF α (C), MCP-1 (D), IL-1 α (E), IL-1 β (F), and IL-6 (G) were examined by QPCR (n = 5; **p < .01, ***p < .001, assessed by two-way analysis of variance). Results are presented as means ± SEM. Abbreviations: IKK β , IKB kinase β ; epiWAT, epididymal WAT; BAT, brown adipose tissue; subWAT, subcutaneous white adipose tissue; retroWAT, retroperitoneal WAT.

(Fig. 2K). We further confirmed that β -catenin ubiquitination was inhibited by IKK β deficiency in 3T3-L1 cells (Fig. 2L), suggesting the impact of reduced Smurf2 expression. Taken together, these results confirm the important role of IKK β in adipogenesis and indicate that pharmacological inhibition of IKK β by ASO can decrease adipogenesis and diet-induced adiposity.

Targeted Deletion of IKK β in the White Adipose Lineage

Since ASO treatment affects many tissues and cell types, it is not clear how significantly the ASO-mediated IKK β knockdown in adipose progenitors contributes to the beneficial effects on obesity and metabolic disorder in mice. Compared with other tissues or cell types, the role of IKK β signaling in adipose progenitors has not been well-defined. To investigate the function of IKK β signaling in adipose progenitors, we sought to generate a mouse model that selectively lacks IKK β in white adipose lineage. Recent studies have identified a subset of perivascular cells as adipose progenitors which express multiple mural cell markers including platelet-derived growth factor receptor (PDGFR) β , α smooth muscle actin, and NG2 [39]. For example,

both PDGFR β , a human mesenchymal stem cell (MSC) marker [40], and PDGFR α , another isoform of PDGFR, have been confirmed to be adipocyte progenitor markers by independent groups [41-45]. Consistently, we also found that the high expression levels of PDGFRB in adipose SV cells as compared with mature adipocytes (Supporting Information Fig. 1A). We then crossed PDGFRB promoter-driven Cre mice [22] with Rosa26^{lacZ} reporter mice that express β-galactosidase (lacZ) in target tissues upon Cre-mediated excision of a "Stop" sequence to generate PDGFRβ-Cre/Rosa26^{lacZ} mice (Supporting Information Fig. 1B). While none of adipose SV cells from control Rosa26^{lacZ} mice was lacZ⁺ cells, many of adipose SV cells from PDGFRβ-Cre/Rosa26^{lacZ} mice were lacZ⁺ cells (Supporting Information Fig. 1C). Staining of the white adipose depots and tissue sections also indicated that PDGFR_B-Cre is activated in adipose progenitors that give rise to white adipocytes as PDGFRB generated strong lacZ expression in adipocytes in addition to the vasculature (Supporting Information Fig. 1D, 1E). Taken together, our results are consistent with previous reports [39, 41] and confirm that PDGFR β is a marker for adipocyte lineage cells.

We then deleted IKK β in adipocyte lineage cells by intercrossing PDGFR\beta-Cre mice with mice containing loxP-flanked



Figure 4. Deficiency of IKK β in adipocyte lineage cells renders mice resistant to diet-induced obesity. **(A)**: Growth curves of ND or HFD-fed IKK $\beta^{APDGFR\beta}$ mice (n = 9-18, ***p < .001 when comparing HFD-fed IKK $\beta^{F/F}$ mice to HFD-fed IKK $\beta^{\Delta PDGFR\beta}$ mice, assessed by Student's t-test). **(B)**: Body weight, fat mass, percentage of fat, and lean mass of 10-week-old IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice fed a ND or HFD for 16 weeks (n = 7-19; **p < .01, ***p < .001, assessed by two-way analysis of variance). **(C)**: Representative photographs of epiWAT, retroWAT, subWAT, and BAT from ND or HFD-fed IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. **(D, E)**: Representative coronal section MRI images (D) and visceral and subcutaneous adipose tissue volume (E) of HFD-fed IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice (n = 3; ***p < .001, assessed by Student's t test). Results are presented as means ± SEM. Abbreviations: ND, normal chow diet; HFD, high-fat diet; BAT, brown adipose tissue; subWAT, subcutaneous white adipose tissue; retroWAT, retroperitoneal WAT; epiWAT, epididymal WAT.

IKKβ alleles (IKKβ^{F/F}) [8, 24]. The resulting PDGFRβ-Cre/IKKβ^{F/F} (termed IKKβ^{ΔPDGFRβ}) mice were viable and appeared indistinguishable from their control IKKβ^{F/F} littermates. Western blot analysis confirmed the deletion of IKKβ in WAT including epi-WAT and subWAT but not in BAT, liver, and Sk.M (Fig. 3A). As expected, PDGFRβ-Cre-mediated IKKβ deletion also caused reduced IKKβ expression in adipose SV cells of IKKβ^{ΔPDGFRβ} mice (Fig. 3B). Further, IKKβ deficiency reduces NF-κB-mediated pro-inflammatory gene expression in response to lipopolysaccharide (LPS) in adipose SV cells of IKKβ^{ΔPDGFRβ} mice (Fig. 3C–3G), suggesting impaired NF-κB activation in these cells.

Deficiency of IKK β in Adipocyte Lineage Cells Renders Mice Resistant to Diet-Induced Obesity

To determine the role of adipose progenitor IKK β signaling in obesity, IKK $\beta^{F/F}$, and IKK $\beta^{\Delta PDGFR\beta}$ littermates were fed a ND or a

HFD for 16 weeks. There were no significant differences in body weight for ND-fed mice. HFD-feeding elicited increases in body weight in both IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. However, IKK β deficiency significantly decreased diet-induced bodyweight gain in IKK $\beta^{\Delta PDGFR\beta}$ mice as compared with IKK $\beta^{F/F}$ mice (Fig. 4A). While lean mass was not affected by IKK β deficiency, HFD-fed IKK $\beta^{\Delta PDGFR\beta}$ mice had significantly decreased fat mass as compared with control littermates (Fig. 4B).

HFD-fed IKKβ^{ΔPDGFRβ} mice also had decreased visceral adipose pads including epididymal and retroperitoneal fat pads. However, deficiency of IKKβ did not affect the size or weight of subWAT and BAT (Fig. 4C, Supporting Information Fig. 2A, 2B). As subWAT often undergoes "browning" process which enhances oxidative metabolism and protects mice from metabolic dysfunctions [28, 46–48], we then examined whether deficiency of IKKβ affects browning of subWAT in these mice. Interestingly, the expression levels of beige or brown adipocyte markers as well as mitochondrial function-related genes such as UCP-1 and PGC-1 α [28, 47, 48] were not affected in subWAT of IKK $\beta^{\Delta PDGFR\beta}$ mice (Supporting Information Fig. 3A). Consistently, $\mathsf{IKK\beta}^{\Delta\mathsf{PDGFR}\beta}$ mice also had comparable mitochondrial content in subWAT as that of control littermates (Supporting Information Fig. 3B). MRI analyses also confirmed that $IKK\beta^{\Delta PDGFR\beta}$ mice had a significantly decreased volume of visceral adipose tissue but a similar subcutaneous adipose tissue volume as compared with IKK $\beta^{F/F}$ mice under HF feeding conditions (Fig. 4D, 4E). We next analyzed the expression levels of IKKB and adipose progenitor markers in SV cells isolated from subWAT and epiWAT of control mice. Interestingly, IKKB expression levels were significantly higher in visceral SV cells than subcutaneous SV cells. Further, the expression levels of adipose progenitor markers such as PDGFR β were much higher in visceral SV cells as compared with subcutaneous SV cells (Supporting Information Fig. 4), indicating a more abundant adipose progenitor cell population in visceral WAT. Collectively, these results demonstrate that PDGFRβ-Cre-driven IKKβ deficiency in the white adipose lineage decreases diet-induced obesity and visceral adiposity.

IKK β -Deficient Mice are Protected from Obesity-Associated Metabolic Disorders

We next investigated whether deficiency of IKKB also protected mice from obesity-associated insulin resistance. $\mathsf{IKK}\beta^{\Delta\mathsf{PDGFR}\beta}$ mice had comparable glucose and insulin levels and similar glucose tolerance and insulin tolerance as that of IKK $\beta^{F/F}$ when fed a ND (Fig. 5A, 5B; Supporting Information Fig. 5). As expected, HF feeding increased plasma glucose and insulin levels in both IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice (Fig. 5A). Although glucose concentrations were not affected by IKKB deficiency, HFD-fed IKK $\beta^{\Delta PDGFR\beta}$ mice had significantly decreased insulin concentrations as compared with HFD-fed control littermates (Fig. 5A). Consistently, $IKK\beta^{\Delta PDGFR\beta}$ mice also had improved glucose tolerance and insulin tolerance as compared with IKK $\beta^{F/F}$ mice under HF feeding conditions (Fig. 5B). PDGFRβ-Cre-mediated IKKβ deletion also enhanced phosphorylation of Akt in response to insulin in WAT but not in liver and Sk.M (Fig. 5C). Further, adipose tissue explants from $\mathsf{IKK\beta}^{\Delta\mathsf{PDGFR}\beta}$ mice had significantly increased insulinstimulated glucose uptake compared with that of $\mathsf{IKK}\beta^{\mathsf{F/F}}$ mice (Fig. 5D).

Obesity-associated macrophage infiltration contributes to the development of systemic insulin resistance [49]. Although IKKB expression levels were not affected in macrophages of IKKβ^{ΔPDGFRβ} mice (Fig. 5E), macrophage infiltration was substantially decreased in WAT of IKK $\beta^{\Delta PDGFR\beta}$ mice (Fig. 5F, Supporting Information Fig. 6), suggesting that deficiency of IKKB in adipose lineage blocks the increased inflammatory infiltrates in WAT under obese conditions. Consistently, the mRNA levels of macrophage markers and several key proinflammatory cytokines including TNF α , MCP-1, and IL-1 β were significantly decreased in WAT of IKK $\beta^{\Delta PDGFR\beta}$ mice (Fig. 5G). We next measured plasma cytokine levels to determine whether IKKB-deficient mice also had decreased systemic inflammation. Deficiency of IKKB significantly decreased HFDinduced plasma pro-inflammatory cytokines including TNFa, MCP-1 and IL-6 in IKKB^{Δ PDGFRB} mice (Fig. 5H). Taken together, deficiency of IKKB improved insulin signaling in adipose tissue

and protected mice from obesity-associated metabolic disorders.

Deficiency of IKK β Inhibits Adipogenesis in Mice

We next investigated whether deficiency of IKKB can decrease HF feeding-elicited adipogenesis in vivo. For this experiment, $\mathsf{IKK}\beta^{\mathsf{F/F}}$ and $\mathsf{IKK}\beta^{\Delta\mathsf{PDGFR}\beta}$ mice were treated with BrdU during the first week of HF feeding. We then used BrdU as a marker to track newly differentiated adipocytes in these mice after 7 days of HFD. Immunostaining of adipose tissue sections with BrdU antibodies revealed that IKK $\beta^{\Delta PDGFR\beta}$ mice had significantly decreased BrdU positive adipocytes in WAT (Fig. 6A, 6B), indicating decreased adipogenesis. We also assessed the adipogenic potential of adipose SV cells isolated from visceral adipose tissue of IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice and confirmed that ΙΚΚβ deficiency impaired the adipogenic potential of SV cells from IKK $\beta^{\Delta PDGFR\beta}$ mice (Fig. 6C). Further, the expression levels of adipocyte markers and key adipogenic genes including PPAR γ , C/EBP α , and Zfp423, were significantly reduced by IKKβ deficiency (Fig. 6D). Consistent with results from IKKβ ASO treatment and 3T3-L1 experiments (Fig. 3), IKK $\beta^{\Delta PDGFR\beta}$ mice had decreased Smurf2 levels and increased nuclear β-catenin levels in epiWAT (Fig. 6E, 6F) as well as in primary adipose SV cells (Fig. 6G, 6H). Further, deficiency of IKKB substantially decreased β-catenin ubiquitination in adipose SV cells (Fig. 6I), which likely contributes to the accumulation of nuclear $\beta\text{-catenin}$ in IKK $\beta^{\Delta\text{PDGFR}\beta}$ mice.

Inhibition of IKK β Decreases Adipogenesis in Human Adipose Stem Cells

In addition to murine 3T3-L1 preadipocytes and primary SV cells, we also determined whether IKKB regulates the differentiation of human adipose stem cells. Adult-derived human adipose stem cells, also known as ADHASCs [30, 31, 50], were isolated from healthy subjects. Consistent with previous reports [30, 31, 50], human adipose stem cells were able to efficiently differentiate into mature adipocytes in vitro and at least 80%-90% of the cells developed lipid droplets in 7-10 days (Fig. 7A). Pharmacological inhibition of IKKB by BMS-345541 strongly inhibited human adipose stem cell differentiation and repressed human adipogenic gene expression (Fig. 7B). BMS-345541 treatment also led to reduced Smurf2 expression and decreased β -catenin ubiquitination, leading to increased nuclear β -catenin levels (Fig. 7C-7E), which likely contribute to the decreased adipogenesis in human adipose stem cells. Collectively, these results demonstrated IKKB as an important regulator of both human and murine adipocyte differentiation.

DISCUSSION

As a central coordinator of inflammatory responses, IKK β signaling in multiple tissues including liver, pancreas, and brain have been associated with obesity and obesity-related metabolic dysfunctions [15, 17–19, 21, 51]. High doses of IKK β inhibitors such as salicylates have been used to treat inflammatory conditions including diabetes in humans for more than a century [52, 53]. Moreover, inhibition of IKK β activity by salicylates also protected mice against insulin resistance triggered by HFD or obesity [15, 16]. Interestingly, long-term anti-inflammatory therapy has also been associated with



Figure 5. IKKβ-deficient mice are protected from obesity-associated metabolic disorders. **(A)**: Fasting plasma glucose and insulin levels in ND or HFD-fed IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (n = 5-11; **p < .01, ***p < .001, assessed by two-way analysis of variance). **(B)**: IPGTT, IPITT, and area under the curve (AUC) of IPGTT and IPITT of HFD-fed IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (n = 6-11; *p < .05, **p < .01, ***p < .001, assessed by two-way analysis of variance). **(B)**: IPGTT, IPITT, and area under the curve (AUC) of IPGTT and IPITT of HFD-fed IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (n = 6-11; *p < .05, **p < .01, ***p < .001, assessed by student's *t* test). **(C)**: Western blot analysis of phosphorylated Akt and total Akt levels in epiWAT, liver, and Sk.M of IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (n = 9; ***p < .001, assessed by two-way ANOVA). **(E)**: Western blot analysis of IKKβ protein levels in peritoneal macrophages of IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (scale bar = 100µm). **(G)**: The expression levels of pro-inflammatory genes and macrophage markers in epiWAT of HFD-fed IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (n = 5; *p < .05, **p < .01, ***p < .01, assessed by Student's *t* test). **(H)**: Plasma cytokine levels of ND or HFD-fed IKKβ^{F/F} and IKKβ^{ΔPDGFRβ} mice (n = 5-7; *p < .05, **p < .01, ***p < .01, assessed by Student's *t* test). **(H)**: Plasma cytokine levels of StMC appGFR^β mice (n = 5-7; *p < .01, ***p < .01, ***p < .01, assessed by two-way ANOVA). Results are presented as mean-s ± SEM. Abbreviations: epiWAT, epididymal WAT; ND, normal chow diet; HFD, high-fat diet; IKKβ, IKB kinase β.

weight loss in human studies [54]. We recently demonstrated that salicylates and the potent IKK β inhibitor, BMS-345541, can also inhibit adipocyte differentiation in a dose-dependent manner [8]. In the current study, we demonstrated that IKK β ASO can efficiently decrease IKK β expression in various tissues including liver and WAT, and ameliorate diet-induced obesity and metabolic disorders in mice. To our knowledge, our study is the first to use ASOs targeting IKK β in vivo and investigate its metabolic impact. Consistent with previous reports demonstrating that hepatic IKK β signaling contribute to insulin resistance [17, 18], IKK β ASO-treated mice had improved insulin signaling in the liver. Nevertheless, knockdown of IKK β in WAT also resulted in enhanced Akt phosphorylation and increased glucose uptake. Therefore, the improved diabetic phenotype in IKK β ASO-treated mice was likely due to the repressed IKK β signaling in multiple tissues including liver and WAT. In addition to improved insulin signaling, IKK β ASO treatment also repressed IKK β expression in SV cells, leading to decreased adipogenesis in WAT. Collectively, our studies demonstrate IKK β as a potential target for future anti-obesity drugs and provide evidence for the use of appropriate IKK β ASOs as a potential therapeutic strategy to treat obesity and metabolic disease (Supporting Information Fig. 7).

Despite substantial progress in defining transcription factors such as PPAR γ and C/EBPs in the regulation of committed preadipocyte differentiation, the initial signals that trigger adipose progenitor cells commitment to adipocyte lineage in response to overnutrition remain unknown. In addition to its well-established role as a central mediator of inflammation and immune responses, IKK β /NF- κ B signaling plays key roles



Figure 6. Deficiency of IKK β inhibits adipogenesis in mice. **(A, B)**: Representative images (A) and quantification (B) of immunostaining for BrdU in epiWAT from BrdU-treated IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice fed a high-fat diet for 7 days (n = 4-5; **p < .01, significance assessed by Student's t test). The nuclei were stained with DAPI (blue) and the BrdU-positive cells are indicated by arrows. **(C)**: Oil-red-O staining of adipose stromal vascular (SV) cells isolated from epiWAT of IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice induced by differentiation media. (scale bar = 100µm, bottom panels). **(D)**: The expression levels of adipogenic genes and adipocyte markers in adipose SV cells of IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice were measured by QPCR (n = 5-8; *p < .05, **p < .01, ***p < .001, assessed by Student's t test). **(E, F)**: Western blot analysis of Smurf2 protein levels (E) and nuclear β -catenin protein levels (F) in epiWAT of IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. **(I)**: Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (I): Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (I): Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (I): Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice. (I): Adipose SV cells isolated from IKK $\beta^{F/F}$ and IKK $\beta^{\Delta PDGFR\beta}$ mice were treated with vehicle control or 100 nM PS-341, as indicated, for 4 hours. β -catenin was immunoprecipitated with anti- β -catenin antibodies and then probed with anti-ubiquitin monoclonal antibodies. The whole cell lysates were probed with anti- β -catenin antibodies as an internal control. Results are presented as means \pm SEM. Abbreviations: BrdU, Bromodeoxyuridine; IKK β , IKB kinase β ; Smurf2, Smad ubiquitination regulatory factor 2.

in the regulation of hematopoietic cell development and stem cell differentiation [36, 55-57]. It has also been reported that NF-KB activity increases during adipocyte differentiation [58] and IKKβ/NF-κB activation is associated with increased adipogenesis and insulin resistance in maternal obesity [59]. Further, proinflammatory signals have been demonstrated to be important for adipogenesis in vivo and many IKKβ/NF-κB activators including LPS, IL-1B, and MCP-1 can stimulate adipogenesis and promote adipocyte differentiation [60–62]. While the role of IKK β signaling in regulating HFD-elicited tissue inflammation and insulin resistance is well recognized [10, 13, 14], it remained elusive if activation of IKKB also mediates adipogenesis and adipose tissue growth in response to overnutrition. Since ASOs affects many cell types, we then selectively deleted IKKB in white adipose lineage in mice and confirmed that deficiency of IKK β in adipocyte lineage cells decreased adipogenesis and systemic inflammation elicited by HF feeding, leading to resistance to diet-induced obesity and insulin resistance.

Intriguingly, IKK $\beta^{\Delta PDGFR\beta}$ mice displayed no significant phenotype under standard laboratory conditions but were resistant to obesity when challenged with a HFD, indicating that HFD-induced IKKB activation in adipose progenitors is essential for HFD-induced adipose tissue growth. Consistent with our previous report [8], deficiency of IKK β significantly decreased Smurf 2 expression and substantially inhibited β -catenin ubiquitination in adipose SV cells, leading to accumulation of nuclear β-catenin and increased β-catenin activity. Wnt/β-catenin signaling plays an important role in the regulation of MSC lineage and has been well defined to inhibit adipogenesis in vitro and in vivo [37, 38, 63]. Consistently, Cre-mediated IKKB deletion or ASO-mediated IKKB knockdown impaired the adipogenic potential of adipose SV cells in mice. We also demonstrated, for the first time, that inhibition of IKKB activity can also block human adipose stem cells differentiation, suggesting that IKKB plays an important role in regulation of both murine and human adipocyte differentiation.



Figure 7. Inhibition of IKKβ decreases adipogenesis in human adipose stem cells. **(A)**: Oil-red-O staining of adult-derived human adipose stem cells induced by differentiation media or media containing 5 μM IKKβ inhibitor BMS-345541 (scale bar = 100μm, bottom panels). **(B)**: The expression levels of adipogenic genes and adipocyte markers of human adipose stem cells treated with vehicle control or 5 μM BMS-345541 were measured by QPCR (n = 4; *p < .05, **p < .01, **p < .001, assessed by Student's t test). **(C, D)**: Western blot analysis of Smurf2 protein levels (C) and nuclear β-catenin protein levels (D) in control or BMS-345541-treated human adipose stem cells. **(E)**: Control or BMS-345541-treated human adipose stem cells were treated with vehicle control or 100 nM PS-345541-treated human adipose stem cells were treated with vehicle control or 100 nM PS-34541-treated numan adipose stem cells and then probed with anti-ubiquitin monoclonal antibodies. The whole cell lysates were probed with anti-β-catenin antibodies as an internal control. **P < 0.01, ***P < 0.001. Results are presented as means ± SEM. Abbreviations: IKKβ, IKB kinase β; Smurf2, Smad ubiquitination regulatory factor 2.

It is worth noting that IKK $\beta^{\Delta PDGFR\beta}$ mice had decreased visceral adipose tissue but comparable subcutaneous adipose tissue as control mice when fed a HFD. There is a major ontogenetic difference between visceral and subcutaneous fat as they have different developmental origins [64]. Wang et al. [46] demonstrated that different fat depots have extensive differences in adipogenic potential. Visceral adipose tissue has a high capacity for adipogenesis in vivo but subcutaneous adipogenesis is limited [46]. A recent study also confirmed that HF feeding rapidly and specifically activates adipogenesis in visceral but not subcutaneous

depots in mice [65]. Further, subcutaneous fat depot can also undergo extensive browning process after cold exposure and the appearance brown-like cells or beige cells are mainly found in subcutaneous fat but not in visceral fat [46]. It has been recently demonstrated that the PDGFR β -positive adipocyte lineage cells contribute to beige adipogenesis after prolonged cold exposure [45]. While deficiency of IKK β did not affect the beige or brown adipocyte marker expression or mitochondrial content in subWAT of IKK $\beta^{APDGFR\beta}$ mice after HF feeding, it would be of interest to investigate whether IKK $\beta^{APDGFR\beta}$ mice have affected beige adipocyte formation or mitochondrial function after chronic cold exposure in the future. Consistent with previous studies demonstrating that human visceral adipose tissue expresses high levels of IKK β as compared with subcutaneous adipose tissue [66], we also found that IKKB expression levels were significantly higher in murine visceral SV cells than in murine subcutaneous SV cells. Moreover, the expression levels of adipose progenitor markers including PDGFR β were much higher in visceral SV cells than in subcutaneous SV cells. It is plausible that visceral adipose tissue has more abundant adipose progenitor population and activation of IKKB signaling is required for these cells differentiating into adipocytes in response to HF feeding. Deletion of IKK β in adipocyte lineage cells therefore has more impact on visceral adipose tissue growth than that of subcutaneous adipose tissue when challenged with a HFD. Further studies will be required to determine the detailed mechanisms that account for the different effects of IKKB deficiency on visceral versus subcutaneous fat. While both subcutaneous and visceral fat are increased in obese mice and human, accumulation of visceral but not subcutaneous adipose tissue contributes to the increased risk of obesity-associated metabolic dysfunctions [67]. Our data suggest that targeting IKK β in adipocyte lineage cells may represent a novel therapeutic approach to reduce visceral adipose tissue mass in obesity.

CONCLUSION

Our study revealed a pivotal role of IKK β in the regulation of adipocyte differentiation and adipose tissue growth in obesity. ASO-mediated IKK β knockdown protected mice from dietinduced obesity and metabolic dysfunctions. Deficiency of IKK β in adipocyte lineage cells also inhibited HF feedingelicited adipocyte differentiation and adipose tissue growth, leading to resistance to obesity and insulin resistance. Our findings suggest that overnutrition-induced IKK β activation in adipose progenitors is an important trigger for adipocyte differentiation and IKK β antisense inhibition may represent as a novel therapeutic approach to combat obesity and related metabolic dysfunctions.

ACKNOWLEDGMENTS

We thank Dr. Michael Karin at the University of California, San Diego for IKK $\beta^{F/F}$ mice; Dr. Ralf Adams at Cancer Research UK and Dr. Dean Sheppard at the University of California, San Francisco for PDGFR β -Cre mice; Dr. Brett Spear for the TOPflash reporter; Dr. David Powell for MRI analysis; and Dr. Wendy Katz for tissue sectioning and staining. This work was supported in part by NIH grants (R01HL123358, R01ES023470, R01HL131925, R21ES022745, P20GM103527, UL1TR000117, and R01DK71349). R.N.H. was supported by an NIH training grant (T32DK007778) and a PhRMA Foundation predoctoral fellowship. Y.S. was supported by an American Heart Association postdoctoral fellowship (14POST18740064).

AUTHOR CONTRIBUTIONS

R.N.H.: Conception and design, collection and/or assembly of data, data analysis and interpretation, manuscript writing, final approval of manuscript. Y.S., S.-H.P., and Z.L.: Collection and/or assembly of data, final approval of manuscript. R.G.L.: Provision of study material or patients, final approval of manuscript. B.Z.: Provision of study material or patients, final approval of manuscript. P.A.K.: Provision of study material or patients, final approval of manuscript. c.Z.: Conception and design, collection and/or assembly of data, data analysis and interpretation, manuscript writing, final approval of manuscript.

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

R.G.L. is an employee at Ionis Pharmaceuticals. P.A.K. received research funding from Kindex Pharmaceuticals. The other authors indicate no potential conflicts interest.

REFERENCES

 Kelly T, Yang W, Chen CS et al. Global burden of obesity in 2005 and projections to 2030. Int J Obes (Lond) 2008;32:1431–1437.
Rodeheffer MS, Birsoy K, Friedman JM.

Identification of white adipocyte progenitor cells in vivo. Cell 2008;135:240–249. **3** Spalding KL, Arner E, Westermark PO

et al. Dynamics of fat cell turnover in humans. Nature 2008;453:783–787.

4 Kahn SE, Hull RL, Utzschneider KM. Mechanisms linking obesity to insulin resistance and type 2 diabetes. Nature 2006;444: 840–846.

5 Gregor MF, Hotamisligil GS. Inflammatory mechanisms in obesity. Annu Rev Immunol 2011;29:415–445.

6 Hayden MS, Ghosh S. Shared principles in NF-kappaB signaling. Cell 2008;132:344–362.

7 Karin M. Nuclear factor-kappaB in cancer development and progression. Nature 2006;441:431–436.

8 Sui Y, Park SH, Xu J et al. IKKbeta links vascular inflammation to obesity and atherosclerosis. J Exp Med 2014;211:869–886.

9 Park SH, Sui Y, Gizard F et al. Myeloidspecific IkappaB kinase beta deficiency decreases atherosclerosis in low-density lipoprotein receptor-deficient mice. Arterioscler Thromb Vasc Biol 2012;32:2869–2876.

10 Jiao P, Ma J, Feng B et al. FFA-induced adipocyte inflammation and insulin resistance: involvement of ER stress and IKKbeta pathways. Obesity (Silver Spring) 2011;19: 483–491.

11 Nguyen MT, Satoh H, Favelyukis S et al. JNK and tumor necrosis factor-alpha mediate free fatty acid-induced insulin resistance in 3T3-L1 adipocytes. J Biol Chem 2005;280: 35361–35371.

12 Hotamisligil GS, Erbay E. Nutrient sensing and inflammation in metabolic diseases. Nat Rev Immunol 2008;8:923–934.

13 Baker RG, Hayden MS, Ghosh S. NF-kappaB, inflammation, and metabolic disease. Cell Metab 2011;13:11–22.

14 Solinas G, Karin M. JNK1 and IKKbeta: Molecular links between obesity and metabolic dysfunction. FASEB J 2010;24:2596–2611.

15 Yuan M, Konstantopoulos N, Lee J et al. Reversal of obesity- and diet-induced insulin

resistance with salicylates or targeted disruption of Ikkbeta. Science 2001;293:1673–1677. **16** Kim JK, Kim YJ, Fillmore JJ et al. Prevention of fat-induced insulin resistance by salicylate. J Clin Invest 2001;108:437–446.

17 Arkan MC, Hevener AL, Greten FR et al. IKK-beta links inflammation to obesity-induced insulin resistance. Nat Med 2005;11: 191–198.

18 Cai D, Yuan M, Frantz DF et al. Local and systemic insulin resistance resulting from hepatic activation of IKK-beta and NF-kap-paB. Nat Med 2005;11:183–190.

19 Zhang X, Zhang G, Zhang H et al. Hypothalamic IKKbeta/NF-kappaB and ER stress link overnutrition to energy imbalance and obesity. Cell 2008;135:61–73.

20 Chiang SH, Bazuine M, Lumeng CN et al. The protein kinase IKKepsilon regulates energy balance in obese mice. Cell 2009;138:961–975.

21 Purkayastha S, Zhang G, Cai D. Uncoupling the mechanisms of obesity and hypertension by targeting hypothalamic IKK-beta and NF-kappaB. Nat Med 2011;17:883–887.

22 Foo SS, Turner CJ, Adams S et al. Ephrin-B2 controls cell motility and adhesion during blood-vessel-wall assembly. Cell 2006;124: 161–173.

23 Soriano P. Generalized lacZ expression with the ROSA26 Cre reporter strain. Nat Genet 1999;21:70–71.

24 Li ZW, Omori SA, Labuda T et al. IKK beta is required for peripheral B cell survival and proliferation. J Immunol 2003;170:4630–4637.

25 Oh DY, Talukdar S, Bae EJ et al. GPR120 is an omega-3 fatty acid receptor mediating potent anti-inflammatory and insulin-sensitizing effects. Cell 2010;142:687–698.

26 Helsley RN, Sui Y, Ai N et al. Pregnane X receptor mediates dyslipidemia induced by the HIV protease inhibitor amprenavir in mice. Mol Pharmacol 2013;83:1190–1199.

27 Sui Y, Helsley RN, Park SH et al. Intestinal pregnane x receptor links xenobiotic exposure and hypercholesterolemia. Mol Endocrinol 2015;29:765–776.

28 Galmozzi A, Mitro N, Ferrari A et al. Inhibition of class I histone deacetylases unveils a mitochondrial signature and enhances oxidative metabolism in skeletal muscle and adipose tissue. Diabetes 2013;62:732–742.

29 Maimaitiyiming H, Norman H, Zhou Q et al. CD47 deficiency protects mice from diet-induced obesity and improves whole body glucose tolerance and insulin sensitivity. Sci Rep 2015;5:8846.

30 Rasouli N, Yao-Borengasser A, Varma V et al. Association of scavenger receptors in adipose tissue with insulin resistance in nondiabetic humans. Arterioscler Thromb Vasc Biol 2009;29:1328–1335.

31 Finlin BS, Zhu B, Starnes CP et al. Regulation of thrombospondin-1 expression in alternatively activated macrophages and adipocytes: Role of cellular cross talk and omega-3 fatty acids. J Nutr Biochem 2013;24: 1571–1579.

32 Crooke ST. Advances in understanding the pharmacological properties of antisense oligonucleotides. Adv Pharmacol 1997;40:1–49.

33 Warrier M, Shih DM, Burrows AC et al. The TMAO-generating enzyme flavin monooxygenase 3 is a central regulator of cholesterol balance. Cell Rep 2015;10:326–338.

34 Watts LM, Manchem VP, Leedom TA et al. Reduction of hepatic and adipose tissue glucocorticoid receptor expression with antisense oligonucleotides improves hyperglycemia and hyperlipidemia in diabetic rodents without causing systemic glucocorticoid antagonism. Diabetes 2005;54:1846–1853.

35 Han G, Li AG, Liang YY et al. Smad7induced beta-catenin degradation alters epidermal appendage development. Dev Cell 2006;11:301–312.

36 Chang J, Liu F, Lee M et al. NF-kappaB inhibits osteogenic differentiation of mesenchymal stem cells by promoting beta-catenin degradation. Proc Natl Acad Sci USA 2013; 110:9469–9474.

37 Ross SE, Hemati N, Longo KA et al. Inhibition of adipogenesis by Wnt signaling. Science 2000;289:950–953.

38 Cristancho AG, Lazar MA. Forming functional fat: A growing understanding of adipocyte differentiation. Nat Rev Mol Cell Biol 2011;12:722–734.

39 Tang W, Zeve D, Suh JM et al. White fat progenitor cells reside in the adipose vasculature. Science 2008;322:583–586.

40 Crisan M, Yap S, Casteilla L et al. A perivascular origin for mesenchymal stem cells in multiple human organs. Cell Stem Cell 2008; 3:301–313.

41 Cai X, Lin Y, Hauschka PV et al. Adipose stem cells originate from perivascular cells. Biol Cell 2011;103:435–447.

42 Lee YH, Petkova AP, Mottillo EP et al. In vivo identification of bipotential adipocyte progenitors recruited by beta3-adrenoceptor activation and high-fat feeding. Cell Metab 2012;15:480–491.

43 Berry R, Rodeheffer MS. Characterization of the adipocyte cellular lineage in vivo. Nat Cell Biol 2013;15:302–308.

44 Jeffery E, Berry R, Church CD et al. Characterization of Cre recombinase models for the study of adipose tissue. Adipocyte 2014; 3:206–211.

45 Vishvanath L, MacPherson KA, Hepler C et al. Pdgfrbeta mural preadipocytes contribute to adipocyte hyperplasia induced by high-fat-diet feeding and prolonged cold exposure in adult mice. Cell Metab 2015;23: 350–359.

46 Wang QA, Tao C, Gupta RK et al. Tracking adipogenesis during white adipose tissue development, expansion and regeneration. Nat Med 2013;19:1338–1344.

47 Wu J, Cohen P, Spiegelman BM. Adaptive thermogenesis in adipocytes: Is beige the new brown? Genes Dev 2013;27:234–250.

48 Peirce V, Carobbio S, Vidal-Puig A. The different shades of fat. Nature 2014;510:76–83.

49 Olefsky JM, Glass CK. Macrophages, inflammation, and insulin resistance. Annu Rev Physiol 2010;72:219–246.

50 Spencer M, Unal R, Zhu B et al. Adipose tissue extracellular matrix and vascular abnormalities in obesity and insulin resistance. J Clin Endocrinol Metab 2011;96: E1990–1998.

51 Salem HH, Trojanowski B, Fiedler K et al. Long-term IKK2/NF-kappaB signaling in pancreatic beta-cells induces immune-mediated diabetes. Diabetes 2014;63:960–975.

52 Williamson RT. On the Treatment of glycosuria and diabetes mellitus with sodium salicylate. Br Med J 1901;1:760–762.

53 Reid J, Macdougall AI, Andrews MM. Aspirin and diabetes mellitus. Br Med J 1957;2:1071–1074.

54 Boaz M, Lisy L, Zandman-Goddard G et al. The effect of anti-inflammatory (aspirin and/or statin) therapy on body weight in Type 2 diabetic individuals: EAT, a retrospective study. Diabet Med 2009;26:708–713.

55 Vallabhapurapu S, Karin M. Regulation and function of NF-kappaB transcription factors in the immune system. Annu Rev Immunol 2009;27:693–733.

56 Widera D, Mikenberg I, Kaltschmidt B et al. Potential role of NF-kappaB in adult neural stem cells: The underrated steersman? Int J Dev Neurosci 2006;24:91–102.

57 Zhang Y, Liu J, Yao S et al. Nuclear factor kappa B signaling initiates early differentiation of neural stem cells. STEM CELLS 2012;30: 510–524.

58 Berg AH, Lin Y, Lisanti MP et al. Adipocyte differentiation induces dynamic changes in NF-kappaB expression and activity. Am J Physiol Endocrinol Metab 2004;287:E1178– 1188.

59 Yan X, Zhu MJ, Xu W et al. Up-regulation of Toll-like receptor 4/nuclear factorkappaB signaling is associated with enhanced adipogenesis and insulin resistance in fetal skeletal muscle of obese sheep at late gestation. Endocrinology 2010;151: 380–387.

60 Hemmrich K, Thomas GP, Abberton KM et al. Monocyte chemoattractant protein-1 and nitric oxide promote adipogenesis in a model that mimics obesity. Obesity (Silver Spring) 2007;15:2951–2957.

61 Yoon JS, Lee HJ, Choi SH et al. Quercetin inhibits IL-1beta-induced inflammation, hyaluronan production and adipogenesis in orbital fibroblasts from Graves' orbitopathy. PLoS One 2011;6:e26261.

62 Wernstedt Asterholm I, Tao C, Morley TS et al. Adipocyte inflammation is essential for healthy adipose tissue expansion and remodeling. Cell Metab 2014;20:103–118.

63 Wright WS, Longo KA, Dolinsky VW et al. Wnt10b inhibits obesity in ob/ob and agouti mice. Diabetes 2007;56:295–303.

64 Chau YY, Bandiera R, Serrels A et al. Visceral and subcutaneous fat have different origins and evidence supports a mesothelial source. Nat Cell Biol 2014;16:367–375.

65 Jeffery E, Church CD, Holtrup B et al. Rapid depot-specific activation of adipocyte precursor cells at the onset of obesity. Nat Cell Biol 2015;17:376–385.

66 Bashan N, Dorfman K, Tarnovscki T et al. Mitogen-activated protein kinases, inhibitorykappaB kinase, and insulin signaling in human omental versus subcutaneous adipose tissue in obesity. Endocrinology 2007;148: 2955–2962.

67 Mathis D. Immunological goings-on in visceral adipose tissue. Cell Metab 2013;17: 851–859.

See www.StemCells.com for supporting information available online.