

1 **First Myocardial Infarction in Patients with Premature Coronary Artery**  
2 **Disease: Insights into Patient Characteristics and Outcome after Treatment**  
3 **with Contemporary Stents**

4  
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11

12 **Abbreviations**

13 CAD = coronary artery disease  
14 MACE = major adverse cardiac events  
15 MI = myocardial infarction  
16 PCI = percutaneous coronary intervention

17

18 **Abstract**

19 **Background.** Patients with premature coronary artery disease (CAD) have a higher incidence of  
20 myocardial infarction (MI) than patients with non-premature CAD. Yet, it is unknown whether  
21 these patient groups differ in clinical outcome after a first acute MI, percutaneously treated with  
22 new-generation drug-eluting stents.

23 **Methods.** We pooled and analyzed the characteristics and clinical outcome of all patients with a  
24 first MI (and no previous coronary revascularization) at time of enrolment, in four large-scale  
25 drug-eluting stent trials. CAD was classified premature in men <50 and women <55 years. MI  
26 patients with premature and non-premature CAD were compared. Main endpoint was major  
27 adverse cardiac events (MACE): all-cause mortality, any myocardial infarction, emergent  
28 coronary artery bypass surgery, or clinically indicated target lesion revascularization.

1 **Results.** Of 3,323 patients with a first MI, 582(17.5%) had premature CAD. These patients had  
2 lower risk profiles and underwent less complex interventional procedures than patients with non-  
3 premature CAD. At 30-days follow-up, the rates of MACE (HR:0.22, 95%-CI:0.07-0.71;  
4 p=0.005), MI (HR:0.22, 95%-CI:0.05-0.89; p=0.020), and target vessel failure (HR:0.30, 95%-  
5 CI:0.11-0.82; p=0.012) were lower in patients with premature CAD. At 1-year, premature CAD  
6 was independently associated with lower rates of MACE (adjHR:0.50, 95%-CI:0.26-0.96;  
7 p=0.037) and all-cause mortality (adjHR:0.24, 95%-CI:0.06-0.98; p=0.046). At 2-years,  
8 premature CAD was independently associated with lower mortality (adjHR:0.16, 95%-CI:0.05-  
9 0.50; p=0.002).

10 **Conclusions.** First MI patients with premature CAD, treated with contemporary stents, showed  
11 lower rates of MACE and all-cause mortality than patients with non-premature CAD, which is  
12 most likely related to differences in cardiovascular risk profile.

## 14 Introduction

15 Myocardial infarction (MI) is an important cause of cardiac mortality and can result in serious  
16 morbidity, even in young adults.<sup>1</sup> A substantial proportion of all patients, who present with an  
17 acute MI and undergo acute percutaneous coronary intervention (PCI), are relatively young and  
18 have premature coronary artery disease (CAD).<sup>2,3</sup> Over time, the incidence of an acute MI has  
19 decreased in middle-aged and older patients, while in young patients the incidence rate remained  
20 stable or has increased.<sup>2,4-6</sup> Various potential reasons for these divergence in trends between both  
21 age groups have been suggested, including dissimilarities in the main pathophysiological  
22 mechanism of MI, differences in the patients' risk profiles<sup>2,4-6</sup>, as well as alterations in the  
23 definition of 'premature' CAD.<sup>2,7-10</sup>

24 In previous research, mortality was lower in young MI patients than in both middle-aged  
25 and older MI patients. Furthermore, young MI patients had a lower incidence of recurrent MI  
26 than older patients.<sup>11</sup> Notably, most previous data on the outcome of MI patients with premature

1 CAD were derived from pooling studies and from clinical registries that assessed patients after  
2 non-invasive or invasive treatment, including the implantation of different generations of  
3 coronary stents.<sup>8,11,12</sup>

4 It is greatly unknown whether the clinical outcome after PCI with contemporary drug-  
5 eluting stents differs between MI patients with premature CAD and those with non-premature  
6 CAD. In addition, information about potential differences between patients with premature and  
7 non-premature CAD in modifiable risk factors, and in treatment options, is scarce. To compare  
8 the risk profile and 2-year clinical outcome after PCI for acute MI in patients with premature or  
9 non-premature CAD, we assessed clinical data of participants in four randomized drug-eluting  
10 stent trials, who at the time of enrolment were treated for their first MI and had no history of  
11 coronary revascularization.

## 13 **Patients and Methods**

14 **Study design.** The present pooled data analysis was performed in all-comer participants of the  
15 TWENTE (*clinicaltrials.gov*: NCT01066650), DUTCH PEERS (TWENTE II, NCT01331707),  
16 BIO-RESORT (TWENTE III, NCT01674803), and BIONYX (TWENTE IV, NCT02508714)  
17 trials. Details of the original trials have been reported previously.<sup>13-16</sup>

18 Briefly, the four investigator-initiated, patient-blinded, randomized trials included 9,204 patients  
19 who underwent PCI in 6 Dutch centers, 2 Belgian centers, and 1 Israeli center. In all trials,  
20 inclusion criteria were broad, and patients were eligible for participation if they were aged  
21 18 years or older, capable of providing informed consent, and required PCI with drug-eluting  
22 stent implantation. The DUTCH PEERS, BIO-RESORT, and BIONYX trials enrolled all-comer  
23 patients with any clinical syndrome, while TWENTE enrolled patients with any clinical  
24 syndrome, except for ST-segment elevation myocardial infarction during the last 48 hours.

25 Randomization was performed in a 1:1 fashion in the TWENTE, DUTCH PEERS, and BIONYX  
26 trials, whereas the 3-arm BIO-RESORT trial had a 1:1:1 randomization. Randomization in BIO-  
27 RESORT and BIONYX was stratified for diabetes, and in TWENTE and BIONYX

1 randomization was stratified for sex. The Medical Ethics Committee Twente and the Institutional  
2 Review Boards of all participating centers approved the original trials. In addition, the four trials  
3 complied with the Declaration of Helsinki. All patients provided written informed consent.

4 In the present analysis, we pooled data of demographic, clinical, and angiographic  
5 characteristics (at time of the index procedure) as well as clinical outcome of all trial participants  
6 who were enrolled at the time of their first acute MI and had no history of coronary  
7 revascularization. Then we compared the patient, lesion, and procedure characteristics as well as  
8 the clinical outcome of patients with premature and non-premature CAD. Premature CAD was  
9 defined as CAD in men aged <50 years and women <55 years.

10  
11 **Procedures, follow-up, and monitoring.** Coronary interventions and concomitant  
12 pharmacological treatment were performed according to standard techniques, international  
13 medical guidelines, and operator's judgment. Generally, dual antiplatelet therapy was prescribed  
14 for 12 months in case of an acute coronary syndrome. Questionnaires, patient visits to outpatient  
15 clinics, and telephone-based follow-up were used to obtain follow-up information. Adverse  
16 events were externally adjudicated by independent, blinded clinical event committees.

17  
18 **Definitions.** The main endpoint of this study was major adverse cardiac events (MACE), a  
19 composite of all-cause mortality, any MI, emergent coronary artery bypass surgery, or clinically  
20 indicated target lesion revascularization. Several secondary endpoints were assessed, including  
21 target vessel failure (cardiac death, target vessel MI, or clinically indicated target vessel  
22 revascularization), the individual components of the composite endpoints, and stent thrombosis.  
23 All clinical endpoints were pre-specified according to recommendations of the Academic  
24 Research Consortium.<sup>17,18</sup>

25  
26 **Statistical analysis.** Continuous variables were reported as mean  $\pm$  standard deviation (SD), and  
27 differences were assessed with the Wilcoxon Rank Sum test or Student's t-test, as appropriate.

1 Dichotomous and categorical variables were reported as frequencies with percentages, and  
2 differences were assessed with the Chi-square test. Kaplan-Meier statistics were used to assess  
3 time to endpoints, and the log-rank test was applied for between-group comparisons. Cox  
4 proportional hazard analysis was used to compute hazard ratios and provided a 2-sided  
5 confidence interval. Potential confounders were identified if in univariate analysis a p-value of  
6  $<0.15$  was found. These potential confounders were diabetes, smoking, renal insufficiency,  
7 stroke, reduced left ventricular function, treatment of severely calcified lesion, treatment of ostial  
8 lesion, multivessel treatment, treatment of a chronic total occlusion, and inclusion period (i.e.,  
9 trial). The potential confounders were included in the first multivariate Cox regression model.  
10 Other variables such as age, gender, body-mass index, hypertension, peripheral arterial disease,  
11 family history of coronary artery disease, and clinical syndrome at presentation were found not to  
12 be potential confounders. Stepwise backward selection was used to exclude variables with a non-  
13 significant association with the main endpoint and only the true confounders (diabetes, stroke,  
14 renal insufficiency, treatment of severely calcified lesion, and inclusion period (trial)) were kept  
15 in the model. To assess goodness-of fit of the multivariable model, the Hosmer and Lemeshow  
16 test was applied, revealing a (favorable) p-value for MACE and target vessel failure (1-year  
17 MACE  $p=0.51$ ; 2-year MACE  $p=0.73$ ; 1-year TVF  $p=0.39$ ; 2-year TVF  $p=0.70$ ). P-values and  
18 confidence intervals were two-sided, and p-values  $<0.05$  were considered significant. SPSS  
19 version 28 (IBM, Armonk, NY) was used for the statistical analyses.  
20

## 21 **Results**

22 Of all 9,204 trial participants, 3,323 study patients presented with an acute MI and had no history  
23 of MI, coronary artery bypass surgery, or PCI. Of this study population, 582 (17.5%) patients had  
24 premature CAD (Figure 1).

25 Patients with premature CAD had fewer risk factors and comorbidities than patients with  
26 non-premature CAD, including diabetes, hypertension, peripheral arterial disease and renal  
27 failure. Yet, patients with premature CAD were more often smokers, and had on average a higher

1 body-mass index and more often a family history of CAD. The procedural characteristics also  
2 differed between patients with premature and non-premature CAD: patients with premature CAD  
3 were less often treated in multiple vessels and in calcified or bifurcated lesions, and they had a  
4 lower total length of implanted stents (Table 1). During the first 30 days after PCI, patients  
5 with premature CAD had lower rates of various clinical endpoints, including MACE (HR: 0.11,  
6 95%CI: 0.02–0.79,  $p=0.008$ ), and target vessel failure (HR: 0.22, 95%CI: 0.05–0.92,  $p=0.023$ ).  
7 Yet, definite or probable stent thrombosis (0.2% vs. 0.2%; HR: 0.79, 95%CI: 0.09–6.52,  $p=0.82$ )  
8 and definite stent thrombosis (0.2% vs. 0.2%; HR: 1.18, 95%CI: 0.13–10.53,  $p=0.88$ ) showed no  
9 significant difference between the groups.

10 The 1-year rates of MACE (HR: 0.44, 95%CI: 0.23–0.83,  $p=0.010$ ), target vessel failure  
11 (HR: 0.51, 95%CI: 0.27–0.95,  $p=0.003$ ), all-cause mortality (HR: 0.20, 95%CI: 0.05–0.80,  
12  $p=0.012$ ), and any (recurrent) MI (HR: 0.15, 95%CI: 0.02–1.11,  $p=0.031$ ) were lower in patients  
13 with premature CAD. Definite or probable stent thrombosis (0.5% vs. 0.3%; HR: 2.01, 95%CI:  
14 0.52–7.79,  $p=0.30$ ) and definite stent thrombosis (0.5% vs. 0.2%; HR: 2.82, 95%CI: 0.67–11.80,  
15  $p=0.14$ ) showed no between-group differences. After adjustment for confounders, premature  
16 CAD was found to be associated with lower rates of all-cause mortality (adj.HR: 0.24, 95%CI:  
17 0.06–0.98,  $p=0.046$ ) and MACE (adj.HR: 0.50, 95%CI: 0.26–0.96,  $p=0.037$ ) at 1-year follow-up.  
18 No statistically significant association was found between premature CAD and the secondary  
19 endpoints target vessel failure (adj.HR: 0.56, 95%CI: 0.30–1.05,  $p=0.07$ ) and any (recurrent) MI  
20 (adj.HR: 0.17, 95%CI: 0.02–1.28,  $p=0.08$ ) at 1-year.

21 At 2-year follow-up, the rates of MACE (HR: 0.60, 95%CI: 0.38–0.94,  $p=0.024$ ), all-  
22 cause mortality (HR: 0.19, 95%CI: 0.06–0.59,  $p<0.001$ ), and cardiac mortality (HR: 0.14,  
23 95%CI: 0.02–1.04,  $p=0.025$ ) were lower in patients with premature CAD. Yet, definite or  
24 probable stent thrombosis (0.9% vs. 0.5%; HR: 1.68, 95%CI: 0.60–4.65,  $p=0.32$ ) and definite  
25 stent thrombosis (0.9% vs. 0.4%; HR: 2.35, 95%CI: 0.80–6.86,  $p=0.11$ ) showed no significant  
26 difference between patients with premature and non-premature CAD. After adjustment for  
27 confounders, premature CAD was an independent predictor of lower all-cause mortality (adj.HR:

1 0.16, 95%CI: 0.05–0.50,  $p=0.002$ ) and cardiac mortality (adj.HR: 0.13, 95%CI: 0.02–0.97,  
2  $p=0.047$ ) after 2 years, but not of MACE (adj.HR: 0.72, 95%CI: 0.49–1.06,  $p=0.10$ ).

## 4 **Discussion**

5 **Main findings.** One out of six patients who presented with their first acute MI and were treated  
6 with percutaneous coronary intervention had premature CAD. These young MI patients had less  
7 complex cardiovascular risk profiles, including lower rates of diabetes, hypertension, renal  
8 failure, and peripheral arterial disease. Yet, they had more often a family history of CAD and  
9 were more often smokers and overweight. Furthermore, patients with premature CAD had less  
10 complex target lesions and were less often treated in multiple vessels and in calcified or  
11 bifurcated lesions. During follow-up, premature CAD was independently associated with lower  
12 MACE and mortality risks, but the incidence of another myocardial infarction and the rates of  
13 repeated revascularization did not differ between patients with premature and non-premature  
14 CAD.

15  
16 **Incidence of premature CAD.** In patients aged 40 to 59 years, treated from 2015 to 2018, the  
17 American Heart Association reported the prevalence of acute MI to be 3.2% in men and 1.9% in  
18 women.<sup>19</sup> Among all MI patients undergoing PCI in the US, the incidence of premature CAD has  
19 been reported to be 20 to 30%.<sup>2,3</sup> In the present analysis in mostly Western European patients  
20 with a first acute MI but no previous coronary revascularization, the proportion of patients with  
21 premature CAD was only slightly lower (18%). In young individuals, over the years a  
22 stabilization or even an increase in the incidence of MI and in the prevalence of premature CAD  
23 have been observed.<sup>2,3,19,20</sup> Changes in cardiovascular risk profile may explain the generally  
24 higher incidence of MI among young patients.<sup>21</sup> The increase in the incidence of MI has been  
25 seen particularly in young women who now represent about a quarter up to a third of all women  
26 with an MI, while among all men with an MI the proportion of the young remained similar.<sup>2,3</sup> In



1 the current analysis, 30% of the MI patients with premature CAD were female, which is  
2 comparable to the findings of previous reports.<sup>2,3</sup>

3 Between-study difference in the incidence of premature CAD may partly be explained by  
4 differences in the definition of 'premature' (i.e., age-threshold) and study population (i.e., any  
5 acute coronary syndrome, all MI, or only ST-segment elevated MI).<sup>2,7-9</sup> Furthermore, some  
6 studies used the same age threshold for both sexes, while others applied different cut-off points in  
7 women and men, as women generally develop atherosclerosis somewhat later than men.<sup>10</sup>  
8 Differences in age-threshold and patient population are likely to have some impact on the results  
9 of studies reporting clinical outcomes after PCI, which renders between-study comparisons  
10 difficult.

11 The present analysis assessed PCI-naïve patients who underwent PCI for their first MI.  
12 We did this focus on patients without any previous coronary revascularization, as before  
13 laboratory tests for measuring troponin levels became generally available and applied, some PCI  
14 patients treated for non-ST-segment elevation MI, according to current definitions, were (falsely)  
15 classified as unstable angina. If such patients develop another MI later on, they might be  
16 considered as having their first MI and being premature CAD patients. To prevent such error that  
17 could have clouded the findings of our analysis, we considered only patients without previous  
18 PCI.

19  
20 **Risk factors.** Differences in risk profiles have been reported when comparing MI patients with  
21 premature and non-premature CAD. Patients with premature CAD were more often men and  
22 obese, and they had a lower prevalence of diabetes and hypertension.<sup>22-25</sup> In addition, patients  
23 with premature CAD more often had a family history of (premature) CAD, suffered from  
24 dyslipidemia or hypercholesterolemia, and were smokers.<sup>22-25</sup> The results of the present analysis  
25 in patients presenting with a first acute MI confirmed most of the previous findings. The  
26 prevalence of diabetes and hypertension was lower, while more premature CAD patients had a  
27 family history of CAD. Furthermore, in accordance with literature, we found in patients with

1 premature CAD a higher rate of current smokers and, on average, a higher body-mass index. Yet,  
2 between patients with premature and non-premature CAD of our analysis there was no difference  
3 in sex or hypercholesterolemia. In this context, dissimilarities in genetic and socio-cultural  
4 background of study populations from different countries and even continents may have played a  
5 role.

6  
7 **Outcome.** A few previous studies evaluated the clinical outcome of young patients with MI. One  
8 study that compared the outcome between MI patients younger than 40 years and MI patients  
9 aged 41–50 years revealed no difference in 1-year outcome and long-term mortality,<sup>4</sup> while most  
10 other researchers found patients with premature CAD to have lower adverse event rates.<sup>8,11,12,26</sup> A  
11 study in patients that required PCI found the 6-month and 1-year mortality rates to be lower in  
12 premature CAD patients.<sup>12</sup> In addition, a study in MI patients found lower 2-year rates for all-  
13 cause mortality, MI, stroke, heart failure, and sudden cardiac death in patients aged <45 years.<sup>26</sup>  
14 In the current analysis, premature CAD was associated with lower 2-year rates of MACE, and  
15 both all-cause and cardiac mortality.

16 The findings of observational studies were similar to the results of the controlled clinical  
17 studies, showing lower mortality rates in patients with premature CAD.<sup>8,11</sup> For instance, the  
18 prospective Dresden Myocardial Infarction Registry which compared patients aged <40 years  
19 with older patients, observed lower in-hospital and 2-year mortality rates in the younger patient  
20 group.<sup>8</sup> During follow-up of 2.4 years, the Norwegian Myocardial Infarction Registry, which  
21 compared young MI patients <45 years with MI patients aged between 45 to 59 years, found a  
22 lower risk of all-cause mortality in the young patient group, but there was no statistically  
23 significant between-group difference in non-fatal stroke and MI.<sup>11</sup> Considering the overall higher  
24 life expectancy of young individuals, the lower (all-cause and cardiac) mortality rates in young  
25 individuals with premature CAD do not surprise.

26

1 **Limitations.** The result of the present analysis might be transferred to a non-randomized setting  
2 as the current study was performed with data of four trials with broad inclusion criteria that  
3 aimed at replicating day to day clinical practice. Yet, this study has some limitations. The  
4 findings of this post-hoc analysis of patient-level pooled data from four large-scale randomized  
5 all-comer trials should be considered hypothesis generating. In addition, as in most studies, we  
6 cannot exclude the presence of undetected or unmeasured confounders. As in the present analysis  
7 the number of adverse events is relatively low, the impact of some risk factors may be  
8 overestimated and the difference between the two groups might partly be explained by chance. In  
9 addition, in the present analysis overfitting may have occurred for the model, as too many  
10 variables may have been included, and some variables may not be validated in previous datasets  
11 but entered by chance. The study's focus on PCI patients with a first MI 'but no previous  
12 coronary revascularization' might have resulted in the exclusion of some non-premature MI  
13 patients with extensive atherosclerotic burden. Yet, the criterion above was prudently chosen in  
14 order to prevent that patients of an older age, who previously met the criteria of premature CAD,  
15 might accidentally be classified as non-premature CAD. Better outcome found with new-  
16 generation DES might have resulted from a combination of refinement of DES, use of advanced  
17 interventional devices, refined concomitant pharmacological therapy, and increased awareness of  
18 and more aggressive goals for secondary prevention. In addition, detailed information about risk  
19 factors, comorbidities, and medical therapy other than anticoagulants and antiplatelet drugs were  
20 collected at the time of study enrolment only. For that reason, the impact of secondary prevention  
21 could not be assessed.

## 23 **Conclusion**

24 First MI patients with premature CAD, treated with contemporary stents, showed lower rates of  
25 MACE and all-cause mortality than those with non-premature CAD, which is most likely related  
26 to differences in cardiovascular risk profile. Patients with premature CAD were (by definition)  
27 younger and had lower rates of diabetes, hypertension, renal failure, and peripheral arterial

1 disease than non-premature CAD patients. Yet, the premature CAD patients had more often a  
2 positive family history for CAD and were more often current smokers and overweight. Our  
3 findings suggest that in patients with a family history of (premature) CAD, it may be particularly  
4 useful to address these modifiable risk factors.  
5

### 6 **Conflicts of interest**

7 CvB reports that the research department of Thoraxcentrum Twente has received research grants  
8 provided by Abbott Vascular, Biotronik, Boston Scientific, and Medtronic. RLA reports a  
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2 Methodology, Investigation, Resources, Writing - Original Draft, Visualization, Supervision,  
3 Project administration, Funding acquisition.

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## 8 Data statement

9 Given the privacy of the participants, data will not be shared publically. Researchers with a  
10 specific research question can send it to the corresponding author. The request will be assessed  
11 individually by a group of searchers consisting of members of the steering committees of the  
12 original trials.

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10

## 11 **Legends to the figures**

### 12 **Graphical abstract**

13 Comparison of patients with premature and non-premature coronary artery disease.

### 14 **Figure 1: Flowchart**

15 The number of patients who presented with an acute myocardial infarction, stratified by  
16 premature coronary artery disease.

17 *Abbreviations:* CABG=Coronary artery bypass surgery; MI=myocardial infarction;  
18 PCI=percutaneous coronary intervention

### 19 **Figure 2. Kaplan-Meier cumulative adverse event curves at 2-year follow-up in MI patients** 20 **with premature and non-premature CAD**

21 Kaplan-Meier cumulative incidence curves for: (A) the primary endpoint major adverse cardiac  
22 events (B), all-cause mortality (C), any myocardial infarction (D), and target lesion  
23 revascularization. MI patients with premature (red) or non-premature coronary artery disease  
24 (blue).

25 *Abbreviations:* CI=confidence interval; HR=hazard ratio; MI=myocardial infarction

1 **Table 1: Baseline and procedural characteristics for MI patients with premature or non-**  
 2 **premature coronary artery disease**

3

|   | Premature coronary artery disease |                    | p-value |
|---|-----------------------------------|--------------------|---------|
|   | Yes (n=582)                       | No (n=2,741)       |         |
| <b>General characteristics</b>            |                                   |                    |         |
| Age (years)                               | 45.3±4.9                          | 65.0±9.0           | <0.001  |
| Women                                     | 177 (30.4)                        | 746 (27.2)         | 0.12    |
| Body-mass Index (kg/m <sup>2</sup> )      | 28.3±4.8                          | 27.3±4.3           | <0.001  |
| Smoker                                    | 402/577 (69.7)                    | 915/2,685 (34.1)   | <0.001  |
| <b>Medical history</b>                    |                                   |                    |         |
| Diabetes mellitus                         | 55 (9.5)                          | 398 (14.5)         | 0.001   |
| Renal failure <sup>a</sup>                | 6 (1.0)                           | 85 (3.1)           | 0.005   |
| Hypertension                              | 152/581 (26.2)                    | 1,194/2,727 (43.8) | <0.001  |
| Hypercholesterolemia                      | 162/577 (28.2)                    | 821/2,713 (30.3)   | 0.34    |
| Previous stroke                           | 7 (1.2)                           | 123 (4.5)          | <0.001  |
| PADs <sup>b</sup>                         | 8 (1.4)                           | 137 (5.0)          | <0.001  |
| LVEF < 30%                                | 1 (0.2)                           | 10 (0.4)           | 0.46    |
| Family history of coronary artery disease | 321/573 (56.0)                    | 1,093/2,664 (41.0) | <0.001  |
| Clinical syndrome at presentation         |                                   |                    | <0.001  |
| STEMI                                     | 358 (61.5)                        | 1,464 (53.4)       |         |
| Non-STEMI                                 | 224 (38.5)                        | 1,277 (46.6)       |         |
| <b>Procedural characteristics</b>         |                                   |                    |         |
| Multivessel treatment                     | 58 (10.0)                         | 464 (16.9)         | <0.001  |
| Target vessel                             |                                   |                    |         |
| Left main                                 | 2 (0.3)                           | 27 (1.0)           | 0.13    |
| Right coronary artery                     | 228 (39.2)                        | 1,068 (39.0)       | 0.92    |
| Left anterior descending artery           | 277 (47.6)                        | 1,377 (50.2)       | 0.25    |
| Left circumflex artery                    | 135 (23.2)                        | 784 (28.6)         | 0.008   |
| Total stent length (mm)                   | 32.6±20.2                         | 36.4±24.3          | 0.001   |
| Calcified lesion treatment                | 55 (9.5)                          | 476 (17.4)         | <0.001  |
| Ostial lesion treatment                   | 22 (3.8)                          | 121 (4.4)          | 0.49    |
| Bifurcated lesion treatment <sup>c</sup>  | 152 (26.1)                        | 916 (33.4)         | 0.001   |
| Chronic total occlusion treatment         | 12 (2.1)                          | 37 (1.9)           | 0.20    |

4  
 5 Values are mean±SD, n (%) or n/N (%). Procedures present patient-level data. <sup>a</sup> Defined as previous renal  
 6 failure, creatinine ≥130 μmol/L, or the need for dialysis; <sup>b</sup> Defined as a history of: symptomatic  
 7 atherosclerotic lesion in the lower or upper extremities; atherosclerotic lesion in the aorta causing  
 8 symptoms or requiring treatment; atherosclerotic lesion in the carotid or vertebral arteries related to a non-



- 1 embolic ischemic cerebrovascular event; or symptomatic atherosclerotic lesion in a mesenteric artery; <sup>c</sup>
- 2 Target lesions were classified as bifurcated if a side branch  $\geq 1.5$  mm originated from them.
- 3 Abbreviations: LVEF=Left ventricle ejection fraction; non-STEMI=non-ST-segment-elevation
- 4 myocardial infarction; PADs=peripheral arterial disease; STEMI=ST-segment-elevation myocardial
- 5 infarction.

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Table 2: Clinical outcomes at 30 days, 1- and 2-years for MI patients with premature or non-premature coronary artery disease

| Variable                                    | Premature coronary artery disease |              | HR<br>(95%-CI)   | P <sub>log-rank</sub> | Adjusted HR<br>(95%-CI)* | P <sub>log-rank</sub> |
|---|-----------------------------------|--------------|------------------|-----------------------|--------------------------|-----------------------|
|   | Yes (n=582)                       | No (n=2,741) |                  |                       |                          |                       |
| <b>30 days</b>                              |                                   |              |                  |                       |                          |                       |
| Major adverse cardiac events <sup>a</sup>   | 1 (0.2)                           | 43 (1.6)     | 0.11 (0.02-0.79) | 0.008                 | -                        | -                     |
| Target vessel failure <sup>b</sup>          | 2 (0.3)                           | 42 (1.5)     | 0.22 (0.05-0.92) | 0.023                 | -                        | -                     |
| All-cause death                             | 0                                 | 12 (0.5)     | -                | -                     | -                        | -                     |
| Cardiac death                               | 0                                 | 9 (0.3)      | -                | -                     | -                        | -                     |
| Any myocardial infarction                   | 0                                 | 26 (1.0)     | -                | -                     | -                        | -                     |
| Target vessel-related myocardial infarction | 0                                 | 23 (0.8)     | -                | -                     | -                        | -                     |
| Target vessel revascularization             | 2 (0.3)                           | 16 (0.6)     | 0.59 (0.14-2.56) | 0.47                  | -                        | -                     |
| Target lesion revascularization             | 1 (0.2)                           | 11 (0.4)     | 0.43 (0.06-3.31) | 0.40                  | -                        | -                     |
| <b>1 year</b>                               |                                   |              |                  |                       |                          |                       |
| Major adverse cardiac events <sup>a</sup>   | 10 (1.7)                          | 107 (3.9)    | 0.44 (0.23-0.83) | 0.010                 | 0.50 (0.26-0.96)         | 0.037                 |
| Target vessel failure <sup>b</sup>          | 11 (1.9)                          | 101 (3.7)    | 0.51 (0.27-0.95) | 0.003                 | 0.56 (0.30-1.05)         | 0.07                  |
| All-cause death                             | 2 (0.3)                           | 48 (1.8)     | 0.20 (0.05-0.80) | 0.012                 | 0.24 (0.06-0.98)         | 0.046                 |

|  |          |           |                  |        |                  |       |
|--|----------|-----------|------------------|--------|------------------|-------|
| <b>Cardiac death</b>                               | 1 (0.2)  | 27 (1.0)  | 0.17 (0.02-1.28) | 0.051  | 0.22 (0.03-1.60) | 0.13  |
| <b>Any myocardial infarction</b>                   | 1 (0.2)  | 31 (1.1)  | 0.15 (0.02-1.11) | 0.031  | 0.17 (0.02-1.28) | 0.08  |
| <b>Target vessel-related myocardial infarction</b> | 1 (0.2)  | 27 (1.0)  | 0.17 (0.02-1.28) | 0.051  | 0.21 (0.03-1.54) | 0.12  |
| <b>Target vessel revascularization</b>             | 11 (1.9) | 60 (2.2)  | 0.86 (0.45-1.63) | 0.64   | 0.90 (0.47-1.73) | 0.76  |
| <b>Target lesion revascularization</b>             | 9 (1.6)  | 38 (1.4)  | 1.10 (0.54-2.30) | 0.78   | 1.27 (0.61-2.66) | 0.53  |
| <b>2 years</b>                                     |          |           |                  |        |                  |       |
| <b>Major adverse cardiac events<sup>a</sup></b>    | 21 (3.6) | 164 (6.0) | 0.60 (0.38-0.94) | 0.024  | 0.72 (0.49-1.06) | 0.10  |
| <b>Target vessel failure<sup>b</sup></b>           | 21 (3.6) | 136 (5.0) | 0.72 (0.45-1.14) | 0.20   | 0.95 (0.64-1.41) | 0.81  |
| <b>All-cause death</b>                             | 3 (0.5)  | 76 (2.8)  | 0.19 (0.06-0.59) | <0.001 | 0.16 (0.05-0.50) | 0.002 |
| <b>Cardiac death</b>                               | 1 (0.2)  | 33 (1.2)  | 0.14 (0.02-1.04) | 0.025  | 0.13 (0.02-0.97) | 0.047 |
| <b>Any myocardial infarction</b>                   | 9 (1.6)  | 53 (1.9)  | 0.79 (0.39-1.60) | 0.51   | 1.03 (0.56-1.87) | 0.94  |
| <b>Target vessel-related myocardial infarction</b> | 6 (1.0)  | 40 (1.5)  | 0.70 (0.30-1.65) | 0.41   | 0.78 (0.35-1.74) | 0.55  |
| <b>Target vessel revascularization</b>             | 20 (3.5) | 85 (3.2)  | 1.10 (0.68-1.79) | 0.71   | 1.38 (0.90-2.10) | 0.14  |
| <b>Target lesion revascularization</b>             | 15 (2.6) | 57 (2.1)  | 1.23 (0.70-2.18) | 0.47   | 1.48 (0.90-2.46) | 0.12  |

Data are n (%), unless otherwise indicated. <sup>a</sup>Major adverse cardiac events is a composite of all-cause death, any myocardial infarction, emergent coronary artery bypass surgery, and clinically indicated target lesion revascularization. <sup>b</sup>Target vessel failure is a composite of cardiac death, target vessel related

myocardial infarction, and clinically indicated target vessel revascularization. \*At 30-days, no multivariable analysis was performed as the number of events was low.

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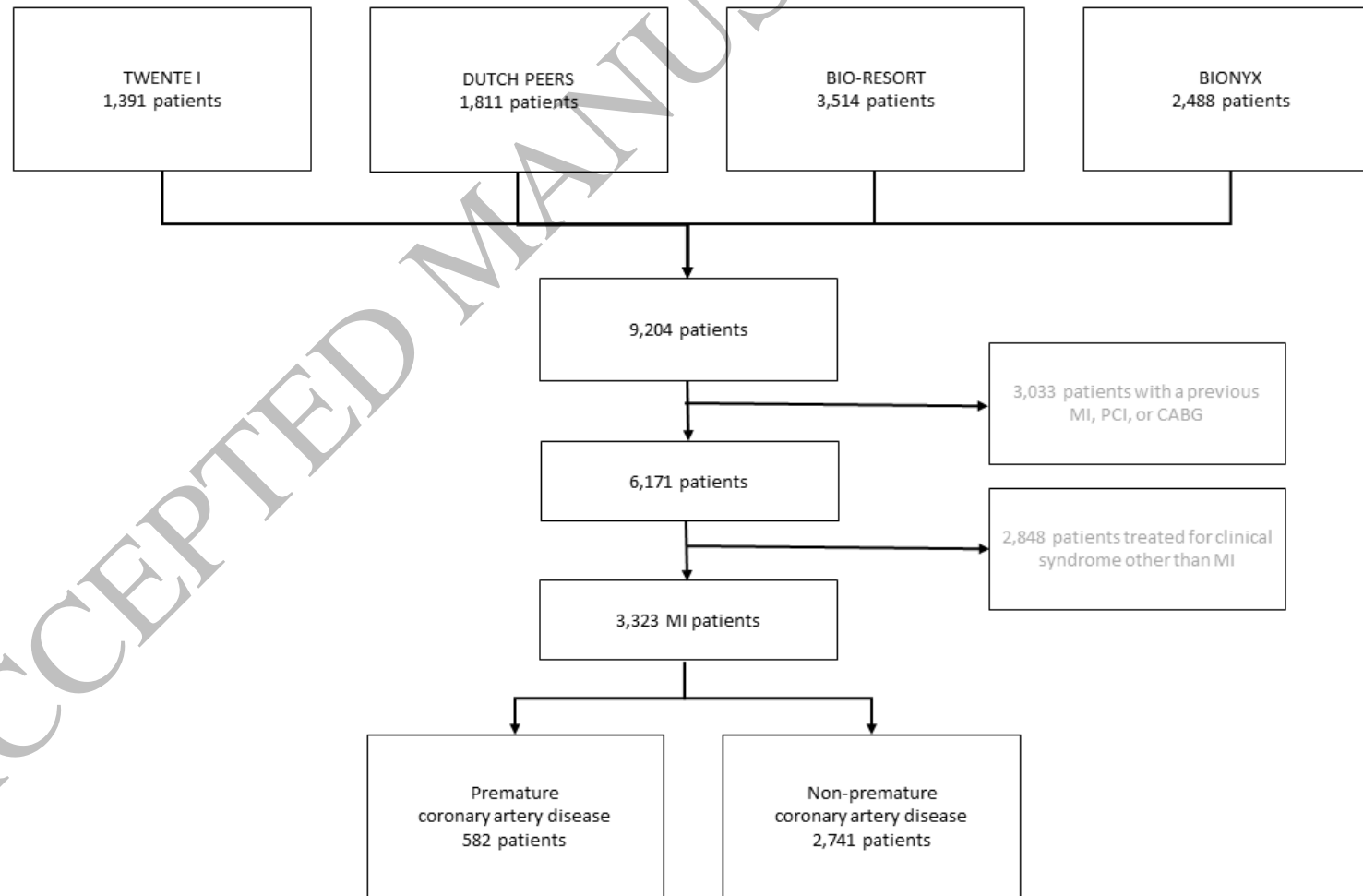


Figure 1  
247x139 mm ( x DPI)

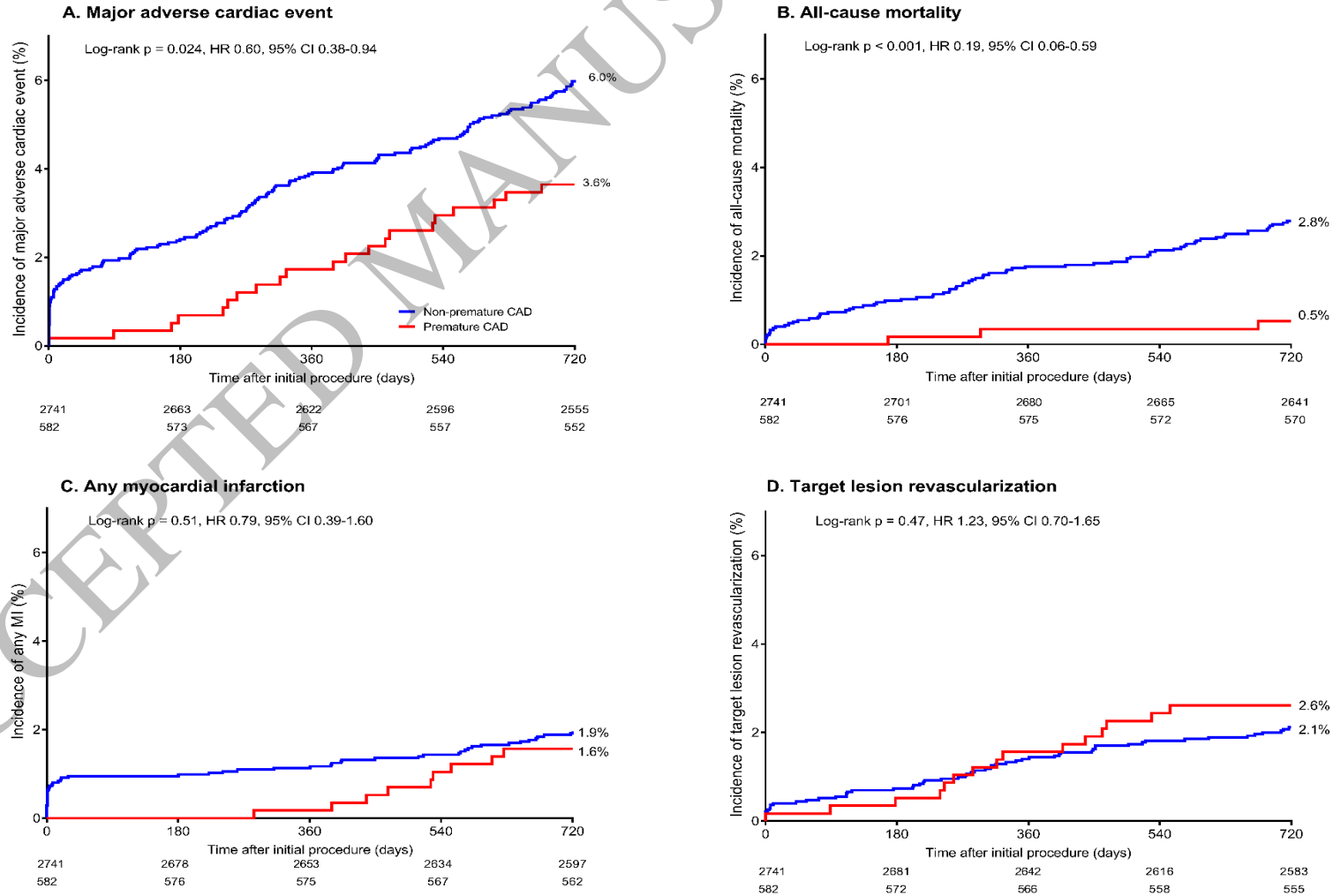


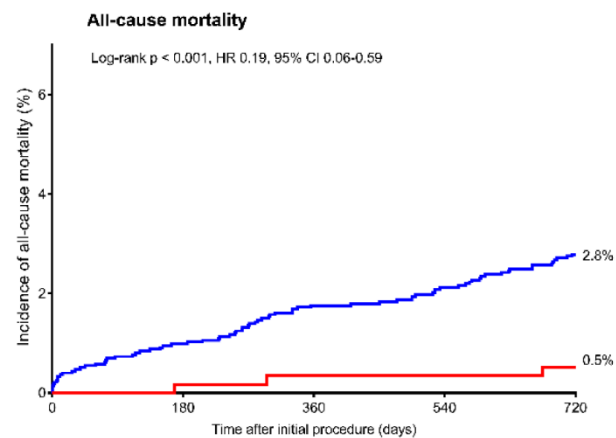
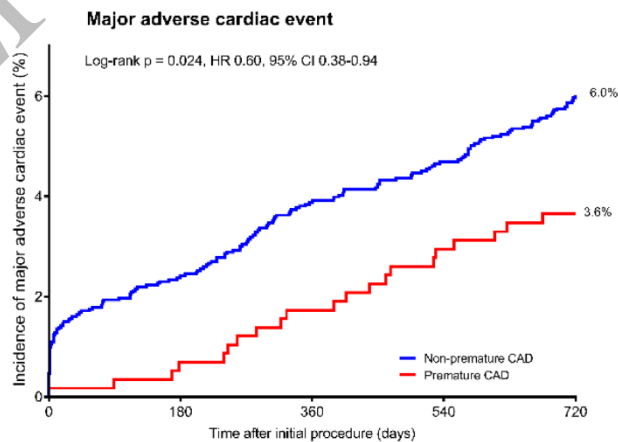
Figure 2  
223x160 mm ( x DPI)

### Outcome After First Acute Myocardial Infarction in Patients with Premature Coronary Artery Disease, Treated with Contemporary Drug-Eluting Stents

**Premature**  
Coronary artery  
disease  
n = 582



**Non-premature**  
Coronary artery  
disease  
n = 2,741



Graphical Abstract  
247x139 mm ( x DPI)