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## Psychological Effects of Cybercrime on Minorities: Short-Term and Long-Term Impacts

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## Abstract

**Objective:** The objective of this study was to examine the psychological effects of cybercrime on individuals who belong to minority groups.

**Method:** This study utilized a literature review approach to analyze previous research on the topic. A range of databases were searched, including PubMed and PsycINFO.

**Results:** The findings of this study indicated that cybercrime can have both shortterm and long-term psychological effects on individuals who belong to minority groups. The short-term effects include fear and anxiety, loss of trust, and posttraumatic stress disorder (PTSD). Long-term effects include chronic stress, depression and anxiety, social isolation, and financial impacts.

**Conclusion:** This study highlights the importance of addressing the psychological effects of cybercrime on minorities through supportive services such as counseling, therapy, and community support. Additionally, measures should be taken to prevent cybercrime and provide justice to victims. It is crucial to recognize the impact of cybercrime on minority individuals and provide adequate support to mitigate the psychological effects.

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