Pure

Scotland's Rural College

Vacuolar localisation of anthocyanin pigmentation in microgreen cotyledons of basil, cabbage and mustard greens does not impact on colonisation by Shiga-toxigenic Escherichia coli O157:H7

Wright, Kathryn; Marshall, Jacqueline; Wright, Peter; Holden, NH

Published in: Food Microbiology

DOI: 10.1016/j.fm.2023.104367

First published: 21/08/2023

Document Version Version created as part of publication process; publisher's layout; not normally made publicly available

Link to publication

Citation for pulished version (APA):

Wright, K., Marshall, J., Wright, P., & Holden, NH. (2023). Vacuolar localisation of anthocyanin pigmentation in microgreen cotyledons of basil, cabbage and mustard greens does not impact on colonisation by Shiga-toxigenic Escherichia coli O157:H7. *Food Microbiology*, [104367]. https://doi.org/10.1016/j.fm.2023.104367

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
 You may freely distribute the URL identifying the publication in the public portal ?

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Vacuolar localisation of anthocyanin pigmentation in microgreen cotyledons of basil, cabbage and mustard greens does not impact on colonisation by Shiga-toxigenic *Escherichia coli* O157:H7

Kathryn M. Wright, Jacqueline Marshall, Peter J. Wright, Nicola J. Holden

PII: S0740-0020(23)00154-5

DOI: https://doi.org/10.1016/j.fm.2023.104367

Reference: YFMIC 104367

To appear in: Food Microbiology

Received Date: 8 June 2023

Revised Date: 11 August 2023

Accepted Date: 20 August 2023

Please cite this article as: Wright, K.M., Marshall, J., Wright, P.J., Holden, N.J., Vacuolar localisation of anthocyanin pigmentation in microgreen cotyledons of basil, cabbage and mustard greens does not impact on colonisation by Shiga-toxigenic *Escherichia coli* O157:H7, *Food Microbiology* (2023), doi: https://doi.org/10.1016/j.fm.2023.104367.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2023 Published by Elsevier Ltd.



Vacuolar localisation of anthocyanin pigmentation in microgreen cotyledons of basil, cabbage and mustard greens does not impact on colonisation by Shiga-toxigenic *Escherichia coli* O157:H7.

Kathryn M. Wright^a, Jacqueline Marshall^a, Peter J. Wright^b, Nicola J. Holden^{a c*}

^a Cell and Molecular Sciences, The James Hutton Institute, Invergowrie, Dundee DD2 5DA, UK.

^b Marine Scotland Science, 375 Victoria Road, Aberdeen AB11 9DB, UK.

° SRUC, Department of Rural Land Use, Craibstone Estate, Aberdeen AB21 9YA, UK.

Running title

No impact of anthocyanin on E. coli O157:H7 colonisation of microgreens

ORCID ID

Kathryn Wright	0000-0002-5815-0808
Jacqueline Marshall	
Peter Wright	0000-0002-8402-5795
Nicola Holden	0000-0002-7904-4529

* Correspondence:

Nicola J. Holden Nicola.Holden@sruc.ac.uk

Abstract

Microgreens, the immature plants harvested after a few weeks of growth, are perceived as a heathy, nutritious food ingredient but may be susceptible to colonisation by human pathogens including Shiga-toxigenic *Escherichia coli* (STEC). Some microgreen cultivars accumulate anthocyanins or secrete essential oils which, when extracted or purified, have been reported to inhibit bacterial growth. Therefore, the impact of anthocyanins on bacterial colonisation by STEC (Sakai) was compared for three species that have pigmented cultivars: basil (*Ocimum basilicum* L.), cabbage (*Brassica oleracea* L.) and mustard greens (*Brassica juncea* L.). Inoculation with low concentrations of STEC (Sakai) (3 log₁₀ colony forming units/ml (CFU/ml)) during seed germination resulted in extensive colonisation at the point of harvest, accumulating to ~ 8 log₁₀ CFU/g FW in all cultivars. Bacterial colonies frequently aligned with anticlinal walls on the surface of epidermal cells of the cotyledons and, in basil, associated with peltate and capitate gland cells. Crude lysates of pigmented and non-pigmented basil

cultivars had no impact on STEC (Sakai) growth rates, viability status or biofilm formation. Anthocyanins are located within plant vacuoles of these microgreen cultivars and did not affect colonisation by STEC (Sakai) and pigmentation therefore cannot be considered as a controlling factor in bacterial interactions.

KEYWORDS

Microherb, fresh produce, foodborne pathogen, vegetable

Wordcount:

Abstract – 197 Main body (short report) – 2693

1 1 INTRODUCTION

2 'Microgreens', 'microleaf' and 'microherbs' are marketing terms for immature plants, grown in 3 light and harvested less than a month after germination (Di Gioia et al., 2015). Whilst often 4 consumed in Asian cultures, they are increasingly popular as ingredients in Western countries, 5 providing colour and intense flavour, and may have enhanced nutritional and potentially nutraceutical value (Kyriacou et al., 2016). The method of growth of microgreens can be 6 7 favourable for proliferation of food-borne pathogens including Shiga-toxigenic Escherichia coli (STEC) (Riggio et al., 2019; Wright and Holden, 2018) similar to the situation for sprouted 8 9 seeds. Several STEC outbreaks have been associated with sprouted seeds (Buchholz et al., 2011; CDC, 2016) and STEC can interact with plants as alternative hosts (Holden et al., 2009; 10 Méric et al., 2013). STEC has the potential to colonise a range of microgreen species to high 11 levels under commercially relevant growth conditions (Wright and Holden, 2018). In addition 12 to the public health drivers, foodborne illness incurs large financial costs, whether at the retail 13 or national levels (Bartsch et al., 2018; Hussain and Dawson, 2013). 14

The red colouration of some cultivars of plant species including basil (Ocimum basilicum L.), 15 cabbage (Brassica oleracea L.) and mustard greens (Brassica juncea L.) is due to the 16 presence of anthocyanins. These and other flavonoids have a role in protecting plants from 17 18 abiotic stresses like high light intensities and UV-B radiation and in protection against phytopathogens (Harborne and Williams, 2000; Tattini et al., 2017). The synthesis of 19 anthocyanins is understood to be localised on the cytosolic side of the endoplasmic reticulum, 20 21 but they are primarily located in the vacuole, where the pH influences the resulting colour. 22 Anthocyanins have been the subject of much recent interest into their pharmacological 23 potential as antioxidant, anti-inflammatory and antimicrobial agents (Liu et al., 2021). In 24 particular, they are under investigation by the food industry as natural colourants, flavouring, 25 antioxidant or antibacterial agents to replace synthetic chemical additives or preservatives (Demirdöven et al., 2015). Here, we tested whether pigmentation from anthocyanins impacted 26 the colonisation of microgreens during propagation, by the foodborne pathogen STEC 27 O157:H7. Different green, or red, anthocyanin-producing, cultivars of three species, basil 28 ('Genovese' and 'Dark Opal'), cabbage ('Golden acre' and 'Red Drumhead') and mustard 29 greens ('Wasabini' and 'Red Carpet'), were inoculated with an STEC isolate (Sakai), 30 previously associated with large-scale disease outbreaks from contaminated white radish 31 32 sprouts (Michino et al., 1999). The experimental set-up was designed to mimic commercial growth hydroponic conditions, and the plants harvested at a suitable size for microgreen 33 consumption. 34

- 35
- 36

37 2 MATERIAL and METHODS

38 2.1 Bacterial strain and growth conditions

Escherichia coli O157:H7 Stx-negative strain Sakai was used for biosafety reasons, which 39 40 contains an insertional inactivation of stx^2 with a kanamycin cassette and partial deletion of the stx1a coding sequence and 5' region (Dahan et al., 2004). It was transformed with the 41 plasmid-borne GFP fluorescent reporter pgyrA-gfp (termed STEC (Sakai)) was used for 42 visualisation and for quantification (for details see Wright and Holden, 2018). Bacteria were 43 44 routinely cultured for ~18 h in lysogeny broth (LB) at 37°C with aeration, and prior to use subcultured 1:100 in rich defined MOPS (RDM) glucose and grown at 18°C for ~20 h, in the 45 presence of chloramphenicol (25 µg/ml). Long-term stocks were stored at -80°C in 20 % 46 47 glycerol.

48 2.2 Plant material

Seed of the following red or green plant cultivars (cvs.) were used: basil (*Ocimum basilicum*)
cvs. Micro Leaf Basil 'Dark Opal' (M) and 'Genovese' (C); cabbage (*Brassica oleracea*) cvs.
'Red Drumhead' (C) and 'Golden Acre' (D), mustard greens (*Brassica juncea*) cvs. 'Red
Carpet' (C) and 'Wasabini' (S); purchased from Marshalls seeds, Huntingdon (M), Chiltern
Seeds, Wallingford (C), Sarah Raven Seeds, Wiltshire (S), or Dobies, Paignton, UK (D).

54 2.3 Seed sterilisation, plant growth and inoculation with bacteria

55 Seeds were treated with 5 % Domestos (Unilever: includes 10 % sodium hypochlorite, 0.1-1 56 % sodium hydroxide and surfactant) diluted in sterile distilled water (SDW) for 5 min followed by 6 rinses in SDW. Under sterile conditions, seeds were transferred to round (7.5 cm diameter 57 x 8 cm high) polypropylene containers lined with dry matting (GrowFelt Purple, CN Seeds Ltd., 58 Ely, UK). Seed surface sterilisation reduces endemic microbes and helps to standardise 59 conditions. STEC (Sakai) were diluted to OD₆₀₀ of 0.2 (~8.0 log₁₀ CFU/ml) in 0.5 x Murashige 60 and Skoog medium (Murashige and Skoog, 1962) including vitamins adjusted to pH 5.8 with 61 NaOH (Duchefa, M0222); the same medium required to maintain plant growth and reduce the 62 63 variable factors to 'bacterial inoculant' only. They were further diluted to 3.0 log₁₀ CFU/ml in 0.5 x MS prior to seed inoculation. The matting was moistened with 15 ml of bacterial 64 suspension, and the containers fitted with lids incorporating a sun cap closure (Sigma-Aldrich 65 S5939) to allow gas exchange. They were then transferred to a growth cabinet (16 h light, 66 67 22.8 ± 0.02°C, humidity 96.5 ± 0.05%; 8 h dark, 20.6 ± 0.01°C, humidity 99.2 ± 0.04%) until 68 the time of harvest. All containers, matting or plant growth media were sterilised by autoclaving 69 prior to use. For quantification, plants were cut just above the crown to harvest the edible 70 portion of tissue, weighed and macerated with a pestle and mortar in 1 ml phosphate buffered 71 saline (PBS). These extracts were serially diluted 10-fold in PBS, with 4 replicate 10 µl aliquots

72 plated as micro-drops on to 24.5 cm square bioassay plates containing MacConkey agar with 73 chloramphenicol (Pious et al 2015), and incubated overnight at 37°C. Resultant colonies were 74 expressed as CFU/g of fresh weight (FW) with a detection limit of 403 CFU/g FW (=2.6 log₁₀ CFU/g FW or 7 CFU/g FW^{1/3}), based on presence of at least 1 bacterial colony in one of four 75 samples and converted by the maximum plant weight. For each species, five containers were 76 77 sown with either the red or green cultivar, with one plant being sampled from each container at each harvest date, and the experiment was repeated twice, independently. Due to the 78 79 different growth rates, basil was harvested between 6 and 9 days, and cabbage and mustard between 5 and 8 days from sowing. 80

81 2.4 Leaf lysate extraction and STEC (Sakai) inoculation

Basil cultivars 'Dark Opal' and 'Genovese' were germinated in standard compost and grown 82 83 at ~ 21 °C in a glasshouse. Two weeks after germination, the leaves were aseptically harvested using sterilised scissors and macerated to a fine powder in liquid nitrogen. 10 g leaf 84 powder was added to 40 ml SDW, vortexed for 1 min and harvested by centrifugation (4,000 85 g for 20 min). The supernatant was filter sterilised and stored at -20 °C. Leaf extracts were 86 used to supplement RDM medium with or without 0.2 % (v/v) glycerol, at a concentration of 87 40 % (v/v), as previously (Crozier et al., 2016). To determine growth rates, 2 ml of STEC 88 89 (Sakai) were harvested by centrifugation (4,000 g for 5 min) and re-suspended in 2 ml RDM, 90 or in LB as a control. The cell density was measured and adjusted to a final OD₆₀₀ of 0.05 and 91 200 µl was added per well to a multiwell plate (Honeycomb; Thermo Fisher, USA), in sample reps of 4. The cultures were incubated at 21 °C for 60 hours and cell density read in a 92 93 prewarmed plate reader (Bioscreen C; Oy Growth Curves Ab Ltd., Finland), with measurements taken every 15 min, and the multiwell plates shaken for 60 s pre- and post-94 95 measurement. The results were exported from the plate reader proprietary software as tabdelimited files. To determine the cell viability status, bacteria were grown as above, incubated 96 at 21 °C for 60 hours, serially diluted 10-fold in PBS and plated onto MacConkey plates, half 97 98 of which contained 0.1 % Na-pyruvate to resuscitate stressed, non-culturable cells (Mizunoe et al., 1999), and incubated at 37 °C for 24 hours. The colony number were converted to log₁₀ 99 100 CFU/ml. Biofilm formation was assessed from cells grown as above, with 200 µl per well added at a density of OD₆₀₀ 0.02 and incubated at 21 °C for 60 hours. Biofilms were assessed by 101 102 crystal violet staining, as described previously (Merget et al., 2019).

103 2.5 Confocal microscopy

104 Cotyledons were harvested and mounted in SDW on microscope slides under a coverslip held 105 in place using double-sided tape and observed using a Nikon A1R confocal laser scanning 106 microscope mounted on an NiE upright microscope fitted with an NIR Apo 40x 0.8W water

- dipping lens and GaAsP detectors. GFP (green) and chlorophyll (blue) were excited at 488 nm with emissions gathered at 500-530 nm and 663-738 nm respectively Anthocyanin was excited sequentially at 561 nm with emissions gathered at 570-620 nm (magenta). Images are false colour single confocal fluorescence sections or maximum intensity projections, produced using NIS-elements AR software. Colour plates were prepared using Photoshop CS5 software
- using enhancement of levels where appropriate.

113 2.6 Statistical analysis

- Differences between green and red cultivars for the three species were analysed using linear 114 mixed effects (LME) models. In order to normalise the response variable, CFU/g FW plant 115 tissue, a cube root transformation was used (Shapiro-Wilk Normality test, W = 0.997, p = 116 0.951) as the usual \log_{10} transformation failed to meet the normality assumption (W = 0.831, 117 118 p < 0.0001). The fixed effects were cultivar as a factor and age, defined as day from sowing, 119 as a continuous variable. The addition of a fixed effect for experiment had no significant effect 120 for any species (p < 0.6). As replicate experiments were undertaken for each species, and 121 plants were taken from the same five pots at each sample age, pot nested within experiment 122 was used as a random effect. Based on lower Akaike Information Criterion (AIC) score, inclusion of this random effect structure was justified compared to a general linear model. The 123 LME models were implemented using LMER in the package LME4, R4.21. 124
- Bacterial growth rates were determined by fitting to the Gompertz model using DMFit (ComBase) add-in for Excel to obtain the maximum growth rate (µmax) and the maximum cell density (y_max). ANOVA was run to determine differences in viability status and biofilm formation.

129

131 **3 RESULTS**

132 3.1 Localisation and colonisation dynamics of STEC (Sakai) on microgreens

To first determine whether red-pigmented cultivars exhibited altered localisation of STEC, 133 seeds of different green or red cultivars of three species; basil, cabbage and mustard greens, 134 135 were inoculated with relatively low concentration of STEC (Sakai) (3 log₁₀ CFU/ml) during germination and examined at the 'microgreen' stage. There were no observable differences 136 between the cultivars in that the seedlings became extensively colonised, with the majority of 137 bacteria being located on the epidermal cell surfaces (Fig. 1). Bacteria were observed in close 138 proximity to the gland cells of basil ('Genovese' Fig. 1a and b) and ('Dark Opal' Fig. 1c and d) 139 and aligned with the anticlinal walls of cabbage ('Golden Acre' Fig. 1e, 'Red Drumhead' Fig. 140 1f) or mustard greens ('Wasabini' Fig. 1g or 'Red Carpet' Fig. 1h). 141

The number of STEC (Sakai) colonising each cultivar was quantified over four days, starting 142 five days (cabbage and mustard greens) or six days (basil) from sowing. Germination of seeds 143 on matting watered with relatively low concentrations of bacteria resulted in extensive 144 colonisation of the cotyledons to around 8.0 log₁₀ CFU/g FW (464 CFU/g FW^{1/3} Fig. 2). There 145 was no significant difference in CFU/g FW between basil and cabbage (p=0.575), in a model 146 where cultivar was nested in species, but mustard differed with respect to intercept and slope 147 with days from sowing (Table 1). In general, the level of colonisation decreased with time from 148 149 the start of sampling at day 5 post-sowing (day 6 for basil) until the end of the experiment (Fig. 150 3), although this trend was only significant in cabbage when considered in a single species 151 model (p=0.041). There was no significant difference between the green and red cultivars for any species either when considering the full model or for species models in which the effect 152 of days from sowing and cultivar were compared (p > 0.27). 153

3.2 Leaf lysate extracts from purple basil do not inhibit STEC growth, viability or biofilm formation

As there was no apparent antimicrobial impact for intact, growing plants, the bacterial growth 156 157 response was tested in crude extracts, using basil as a representative species. The impact of both basil cultivars was tested on STEC growth and viability, using freeze-dried leaf lysate 158 159 extracts that were used to supplement defined media. Extracts from either basil cultivar 160 supported growth of STEC (Sakai) at 21 °C (Fig. 4a), with no obvious difference between the rates for either cultivar in the base RDM medium. Although growth rates were faster in RDM 161 glycerol medium supplemented with 'Dark Opal' extract compared to 'Genovese' extract, the 162 difference was marginal (0.020 'vs' 0.018, respectively). Growth rates and maximum cell 163 densities were similar to that for LB medium, but cultures in media that lacked glycerol reached 164 only 35 – 38 % of the cell density of cultures grown in media containing glycerol. The viability 165

- status of the cells (as determined from resuscitation medium) was not significantly affected during growth in the extracts compared to viable plate counts, as measured at 24 hours (p=0.6177) or 60 hours (p=0.445) at 21 °C, or after incubation of 25 days at 21 °C in either of the neat (100 %) extracts (p=0.496). Neither of the basil cultivar extracts particularly enhanced or suppressed biofilm formation, as measured after 60 hours at 21 °C, in media with or without glycerol (Fig. 4b: p=0.057).
- 172
- 173

Journal Pre-proof

174 **4 DISCUSSION**

Although concentrated, extracted anthocyanins possess antibacterial properties, we show that 175 such activity did not occur in planta since pigmented cultivars of three microgreen species 176 were colonised equally well by the foodborne pathogen, STEC O157:H7 (isolate Sakai) as the 177 178 green, non-pigmented cultivars of the same species. Extracted anthocyanins have been reported to have beneficial health effects including antimicrobial activities (Khoo et al., 2017). 179 For example, proanthocyanidins isolated from cranberry show bacterial anti-adhesion activity 180 181 against strains of uropathogenic P-fimbriated E. coli (Howell, 2007) whilst anthocyanins, incorporated into dental copolymer, are being tested as natural antibacterial agents against 182 Streptococcus mutans (Hrynash et al., 2014). In planta anthocyanins are compartmented 183 primarily in the vacuoles of the epidermal cells (Zhao and Dixon, 2010) so that bacteria are 184 185 unlikely to encounter them unless the plant cells are damaged. This lack of exposure of STEC bacteria to anthocyanins, together with the concentrated levels in extracts, may therefore 186 explain the lack of any impact on in planta colonisation for the pigmented compared to the 187 non-pigmented varieties. Furthermore, the effect was consistent across different pigmented 188 189 plant species. Since red or green cultivars tested are genetically distinct, albeit in the same 190 species, there are additional factors that could impact colonisation.

191

192 Multiple other plant-derived secondary metabolites may also show antimicrobial activity, including essential oils from basil (Sakkas and Papadopoulou, 2017). Therefore, crude 193 aqueous soluble extracts of basil were assessed, which from the 'Dark Opal' cultivar 194 195 potentially include oils secreted by the gland cells as well as anthocyanins released from the 196 vacuoles. However, neither extract of either purple pigmented or green non-pigmented basil impacted STEC (Sakai) growth, viability status or biofilm formation. Similarly, a clinical isolate 197 of Salmonella enterica serovar Senftenberg was equally unaffected by growth on (green) basil, 198 199 exhibiting resistance to basil oil and its components (Kisluk et al., 2013). The extracts used here were not concentrated or purified in contrast to forms investigated by others for 200 antimicrobial activity (Burt, 2004; Suppakul et al., 2003), which may in part at least, explain 201 the effect. The structure of the gland cells on the cotyledons of both green and red basil 202 203 appeared essentially similar to those observed on young and more mature basil leaves, and 204 the aroma released during extract preparation was indicative of some oil production. STEC 205 (Sakai) were observed growing in close proximity to both the 2-celled capitate and 4-celled 206 peltate gland cells involved in the synthesis and storage of phenylpropenes that are 207 components of the essential oils secreted by basil (Gang et al., 2001; Werker et al., 1993). This suggests that oils potentially secreted do not influence bacterial colonisation and 208 distribution. Instead, the recessed positioning of the gland cells may offer a protected 209 microclimate for growth of the STEC bacteria, similar to the stomatal pores and channels 210

211 formed above anticlinal walls of the epidermal cells (Monier and Lindow, 2004), as shown here 212 by colonisation of cabbage or mustard greens by STEC. This distribution on the surface of, and occasionally within, cotyledons is similar to previous observations of basil and other 213 species including amaranth and broccoli (Wright and Holden, 2018). The decrease in numbers 214 215 of colonising bacteria with age, also observed previously in broccoli (Wright and Holden, 2018), may be the result of decreased nutrient availability on the cotyledons. However, for 216 microgreens where the cotyledons are consumed, this is unlikely to reduce the potential risk 217 218 at the point of consumption.

219

220 **4.1 Conclusion**

The cotyledons of numerous species consumed as microgreens, including basil, cabbage and 221 222 mustard greens, have the potential for extensive colonisation by STEC (Sakai) and, in planta, 223 intracellular anthocyanins do not play any antimicrobial role reducing their incidence. This raises the need for microbial risk management for consumption of microgreens as raw 224 products, pigmented or not, in line with that for sprouted seeds. Risk management also needs 225 226 to take account of innovative technologies used for plant propagation, which lend themselves 227 to this type of product. The information can be incorporated into existing microbial risk 228 guidance for growing fresh produce.

230 5 ACKNOWLEDGMENTS

- 231 This work was funded by the Scottish Government Rural and Environment Science and
- Analytical Services Division, Strategic Research Programme, in Food Safety (B6 and
- 233 previously in RD3.1.3)

234 6 CONFLICT OF INTEREST

- 235 The authors declare that they have no conflict of interest.
- 236

Journal Pre-proof

237 7 FIGURES AND TABLES

238 FIGURE 1 Colonisation of microgreens by STEC (Sakai)

- STEC (Sakai) expressing GFP close to peltate (P), capitate (C) gland cells or stomata (S) on the surface of cotyledons of 'Genovese' (**a** and **b**) and 'Dark Opal' (**c** and **d**) basil seen in maximum intensity projections (**a** and **c**) or single sections (**b** and **d**). STEC overlying the anticlinal epidermal cell walls of 'Golden Acre' (**e**) 'Red Drumhead' (**f**) cabbage, 'Wasabini' (**g**)
- or 'Red Carpet' (h) mustard greens. Scale bars represent 50 μ m (a, c), 10 μ m (b, d-h).
- 244

245 FIGURE 2. Observed colonisation rates

- Differences in colonisation for STEC (Sakai) plotted in relation to days from sowing for anthocyanin-pigmented (magenta) and green-pigmented (green) cultivars of three microgreen species;- basil, cabbage and mustard greens. Results from two experiments are indicated by symbols (circle and triangle).
- 250

251 FIGURE 3. Predicted colonisation rates.

- 252 Fitted relationship for colonisation of STEC (Sakai) in relation to days from sowing based on
- the full interaction linear mixed model together with lower and upper pointwise standard
- errors for each cultivar. The colonisation data was cube root transformed to conform to
- 255 normality and homogeneity of variance assumptions.
- 256

257 FIGURE 4 Growth and biofilm formation of STEC (Sakai) in basil leaf lysate extracts.

(a) Maximum growth rates (Log₁₀ CFU/h - X) and maximum cell densities (Y-max (OD_{600nm} -258 259 n) of STEC (Sakai) obtained from data fitted to growth models (in DMFit). Growth was quantified in a multi-well reader over 60 hours at 15-minute intervals at 21 °C. The fitted rates 260 261 with standard errors of the rates are provided from three experimental replicates (n=12). 262 Growth rates in LB were included for reference: a maximum growth rate of 0.021 (LB) equates to a generation time of 5.52 hours. (b) Biofilm formation was quantified from crystal violet 263 retained measured at OD_{590nm} after 60 hours at 21 °C. The averages and variance are provided 264 from two experimental reps (n=8). RDM and RDMg refer to rich defined MOPS medium without 265 and with glycerol respectively; DO and G refer to leaf lysate extracts (40 %) of 'Dark Opal' and 266 'Genovese' cultivars respectively. 267

268

- 270 **TABLE 1.** Linear Mixed Model of colonisation (CFU.gFW^{1/3}) in relation to two factors;
- 271 species and cultivar (red or green) and the continuous variable, days from sowing.
- 272 Estimates, confidence interval and significance values given for the fixed effects are
- 273 presented, together with R² of model fit.

Predictors	Estimates	Confidence	p	
		Intervals		
(Intercept)	594.70	387.50 - 801.89	<0.001	
Cabbage	80.92	-201.78 – 363.62	0.575	
Mustard	327.94	45.24 – 610.64	0.023	
Days from sowing	-42.87	-63.47 – -22.28	<0.001	
Basil * Red	34.95	-11.1 – 81.00	0.137	
Cabbage * Red	38.92	-7.13 – 84.98	0.098	
Mustard * Red	-44.52	-90.57 – 1.53	0.058	
Cabbage * Days from	4.94	-24.19 – 34.06	0.740	
sowing				
Mustard *Days from sowing	-34.90	-64.03 – -5.78	0.019	
Observations	240			
Marginal R ² / Conditional R ²	0.345 / 0.558			

275 8 REFERENCES

- Bartsch, S.M., Asti, L., Nyathi, S., Spiker, M.L., Lee, B.Y., 2018. Estimated cost to a restaurant of a
 foodborne illness outbreak. Public Health Reports 133, 274-286.
- 278 Buchholz, U., Bernard, H., Werber, D., Böhmer, M.M., Remschmidt, C., Wilking, H., Deleré, Y., an der
- 279 Heiden, M., Adlhoch, C., Dreesman, J., Ehlers, J., Ethelberg, S., Faber, M., Frank, C., Fricke, G.,
- 280 Greiner, M., Höhle, M., Ivarsson, S., Jark, U., Kirchner, M., Koch, J., Krause, G., Luber, P., Rosner, B.,
- 281 Stark, K., Kühne, M., 2011. German Outbreak of *Escherichia coli* O104:H4 Associated with Sprouts.
- 282 New England Journal of Medicine 365, 1763-1770.
- 283 Burt, S., 2004. Essential oils: their antibacterial properties and potential applications in foods—a
- review. International Journal of Food Microbiology 94, 223-253.
- 285 CDC, 2016. Multistate Outbreak of Shiga toxin-producing *Escherichia coli* O157 Infections Linked to
- 286 Alfalfa Sprouts Produced by Jack & The Green Sprouts (Final Update). Centers for Disease Control
- and Prevention.
- 288 Crozier, L., Hedley, P.E., Morris, J., Wagstaff, C., Andrews, S.C., Toth, I., Jackson, R.W., Holden, N.J.,
- 289 2016. Whole-Transcriptome Analysis of Verocytotoxigenic *Escherichia coli* O157:H7 (Sakai) Suggests
- Plant-Species-Specific Metabolic Responses on Exposure to Spinach and Lettuce Extracts. Frontiers in
 Microbiology 7.
- 292 Dahan, S., Knutton, S., Shaw, R.K., Crepin, V.F., Dougan, G., Frankel, G., 2004. Transcriptome of
- 293 enterohemorrhagic Escherichia coli O157 adhering to eukaryotic plasma membranes. Infection and
- 294 Immunity 72, 5452-5459.
- 295 Demirdöven, A., Karabıyıklı, Ş., Tokatlı, K., Öncül, N., 2015. Inhibitory effects of red cabbage and sour
- 296 cherry pomace anthocyanin extracts on food borne pathogens and their antioxidant properties. LWT
- Food Science and Technology 63, 8-13.
- 298 Di Gioia, F., Mininni, C., Santamaria, P., 2015. How to grow microgreens, in: Di Gioia, F., Santamaria,
- P. (Eds.), Microgreens: Novel fresh and functional food to explore all the value of biodiveristy. ECO-logica, Bari, pp. 51-79.
- Gang, D.R., Wang, J., Dudareva, N., Nam, K.H., Simon, J.E., Lewinsohn, E., Pichersky, E., 2001. An
- 302 Investigation of the Storage and Biosynthesis of Phenylpropenes in Sweet Basil. Plant Physiology
- 303 125, 539-555.
- Harborne, J.B., Williams, C.A., 2000. Advances in flavonoid research since 1992. Phytochemistry 55,
 481-504.
- Holden, N., Pritchard, L., Toth, I., 2009. Colonization outwith the colon: plants as an alternative
- environmental reservoir for human pathogenic enterobacteria. FEMS Microbiology Reviews 33, 689-703.

- 309 Howell, A.B., 2007. Bioactive compounds in cranberries and their role in prevention of urinary tract
- 310 infections. Molecular Nutrition & Food Research 51, 732-737.
- Hrynash, H., Pilly, V.K., Mankovskaia, A., Xiong, Y., Nogueira Filho, G., Bresciani, E., Lévesque, C.M.,
- 312 Prakki, A., 2014. Anthocyanin incorporated dental copolymer: bacterial growth inhibition,
- 313 mechanical properties, and compound release rates and stability by (1)h NMR. International Journal
- 314 of Dentistry 2014, 289401-289401.
- Hussain, M.A., Dawson, C.O., 2013. Economic impact of food safety outbreaks on food businesses.
- 316 Foods (Basel, Switzerland) 2, 585-589.
- 317 Khoo, H.E., Azlan, A., Tang, S.T., Lim, S.M., 2017. Anthocyanidins and anthocyanins: colored pigments
- as food, pharmaceutical ingredients, and the potential health benefits. Food & Nutrition Research61, 1361779-1361779.
- 320 Kisluk, G., Kalily, E., Yaron, S., 2013. Resistance to essential oils affects survival of Salmonella enterica
- 321 serovars in growing and harvested basil. Environmental Microbiology 15, 2787-2798.
- 322 Kyriacou, M.C., Rouphael, Y., Di Gioia, F., Kyratzis, A., Serio, F., Renna, M., De Pascale, S., Santamaria,
- 323 P., 2016. Micro-scale vegetable production and the rise of microgreens. Trends in Food Science &
- 324 Technology 57, 103-115.
- Liu, J., Zhou, H., Song, L., Yang, Z., Qiu, M., Wang, J., Shi, S., 2021. Anthocyanins: Promising Natural
- 326 Products with Diverse Pharmacological Activities. Molecules (Basel, Switzerland) 26, 3807.
- 327 Merget, B., Forbes, K.J., Brennan, F., McAteer, S., Shepherd, T., Strachan, N.J.C., Holden, N.J., 2019.
- 328 The influence of plant species, tissue type and temperature on the capacity of Shigatoxigenic
- 329 *Escherichia coli* to colonise, grow and internalise into plants. Applied and Environmental
- 330 Microbiology, AEM.00123-00119.
- 331 Méric, G., Kemsley, E.K., Falush, D., Saggers, E.J., Lucchini, S., 2013. Phylogenetic distribution of traits
- associated with plant colonization in *Escherichia coli*. Environmental Microbiology 15, 487-501.
- 333 Michino, H., Araki, K., Minami, S., Takaya, S., Sakai, N., Miyazaki, M., Ono, A., Yanagawa, H., 1999.
- 334 Massive outbreak of Escherichia coli O157: H7 infection in schoolchildren in Sakai City, Japan,
- associated with consumption of White Radish sprouts. American Journal of Epidemiology 150, 787-
- 336 796.
- 337 Mizunoe, Y., Wai, S.N., Takade, A., Yoshida, S.-i., 1999. Restoration of culturability of starvation-
- 338 stressed and low-temperature-stressed *Escherichia coli* O157 cells by using H₂O₂-degrading
- compounds. Archives of Microbiology 172, 63-67.
- 340 Monier, J.M., Lindow, S.E., 2004. Frequency, size, and localization of bacterial aggregates on bean
- leaf surfaces. Applied and Environmental Microbiology 70, 346-355.

- 342 Murashige, T., Skoog, F., 1962. A revised medium for rapid growth and bio assays with tobacco tissue
- 343 cultures. Physiologia Plantarum 15, 473-497.
- Riggio, G.M., Wang, Q., Kniel, K.E., Gibson, K.E., 2019. Microgreens—A review of food safety
- considerations along the farm to fork continuum. International Journal of Food Microbiology 290,

346 76-85.

- 347 Sakkas, H., Papadopoulou, C., 2017. Antimicrobial activity of basil, oregano, and thyme essential oils.
- 348 Journal of Microbiolgy and Biotechnology 27, 429-438.
- 349 Suppakul, P., Miltz, J., Sonneveld, K., Bigger, S.W., 2003. Antimicrobial Properties of Basil and Its
- Possible Application in Food Packaging. Journal of Agricultural and Food Chemistry 51, 3197-3207.
- Tattini, M., Sebastiani, F., Brunetti, C., Fini, A., Torre, S., Gori, A., Centritto, M., Ferrini, F., Landi, M.,
- 352 Guidi, L., 2017. Dissecting molecular and physiological response mechanisms to high solar radiation
- in cyanic and acyanic leaves: a case study on red and green basil. Journal of Experimental Botany 68,
- 354 2425-2437.
- 355 Werker, E., Putievsky, E., Ravid, U., Dudai, N., Katzir, I., 1993. Glandular Hairs and Essential Oil in
- 356 Developing Leaves of *Ocimum basilicum* L. (Lamiaceae). Annals of Botany 71, 43-50.
- 357 Wright, K.M., Holden, N.J., 2018. Quantification and colonisation dynamics of *Escherichia coli*
- 358 O157:H7 inoculation of microgreens species and plant growth substrates. International Journal of
- 359 Food Microbiology 273, 1-10.
- 360 Zhao, J., Dixon, R.A., 2010. The 'ins' and 'outs' of flavonoid transport. Trends in Plant Science 15, 72-
- 361 80.
- 362



Journal Pre-R







Vacuolar localisation of anthocyanin pigmentation in microgreen cotyledons of basil, cabbage and mustard greens does not impact on colonisation by Shiga-toxigenic *Escherichia coli* O157:H7.

Kathryn M. Wright^a, Jacqueline Marshall^a, Peter J. Wright^b, Nicola J. Holden^{a c*}

Each Highlight can be no more than 85 characters, including spaces

- Microgreens are susceptible to contamination by foodborne bacterial pathogens
- Many microgreens or microherbs are naturally coloured, or pigmented
- *E. coli* O157 grew equally well on microgreens with or without pigments
- E. coli O157 was also unaffected by crude extracts of basil microgreens
- Pigmentation in microgreens does not imply a reduced risk of foodborne pathogens

Journal Preve

Anthocyanin pigmentation in microgreen cotyledons does not impact on colonisation by Shigatoxigenic *Escherichia coli* O157:H7.

Kathryn M. Wright^a, Jacqueline Marshall^a, Peter J. Wright^b, Nicola J. Holden^{a c*}

CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

Journal Prevention