Prospectus-

A STUDENT-PRODUCED PUBLICATION SINCE 1969

Wednesday, August 24, 2005

Vol. 36 No. 3

Parkland Colle

First Off By JON VOLKMAN

Prospectus Editor

Writing is fun.

Yes, I said it. Writing, and more broadly, English as a subject is simultaneously despised and loved. For me, I love reading when the time is available as well as writing.

It amazes me to see how broken our society's language skills have become, both on a professional and personal level.

It is acceptable to use slang and be informal when talking with a friend, but I find it distressing when I call a business and get the same treatment.

As a working member of society, I see signs of other people's struggle with English daily. At work, I have witnessed coworkers who misspell everyday words like "schedule" and "caramel."

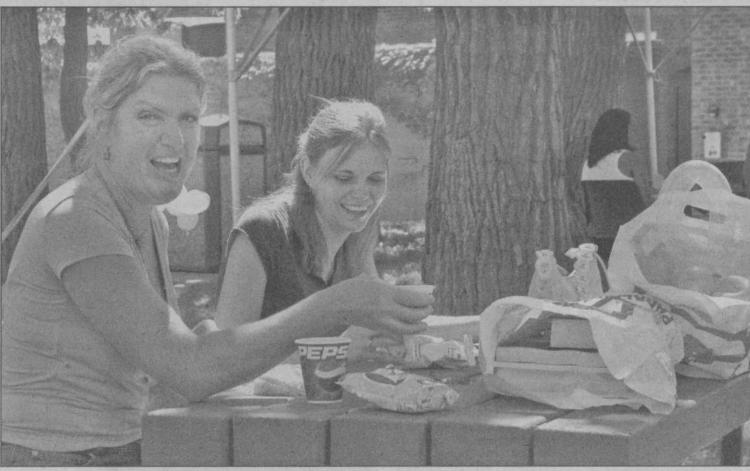
At one of the big electronic stores out on Prospect Avenue, I saw the problem was not exclusive to my work place. I overheard an employee talking to a customer about a computer. He clearly told them that the keyboards and "mices" were in the next aisle.

Around town, signs and billboards clearly announce other people's mistakes. I drive by this one for sale sign advertising bicycles for sale, despite the sign proclaiming "bicyles for sale."

Indeed, as a society our approach to English has become lack dais al at best. People create their own words and language, altering set rules and changing words' meanings.

One of my friends constantly reminds me of how different the English spoken by younger generations is from the one I learned. Listening to her requires a very attentive ear, as I struggle to define the words in the unique ways she uses them.

That is part of what makes English so enjoyable and aggravating though. It is evolving and changing, and all one can do is sit back and listen.



Mrs. Julie Hardy and her daughter, Jenna, Rantoul, enjoy the complimentary lunch Saturday, Aug. 20, during Orientation Open House at Parkland. Jenna began classes Monday with new and returning students. Chad Thomas/*Prospectus*

President Zelema Harris to retire in June '06

By SARAH RAMEY Prospectus Staff Writer

Parkland President Zelema Harris announced her retirement as chief administrator of the college at the all-college opening session for the fall 2005 semester, Monday, August 15.

Her retirement will be effective June 30, 2006. Dr. Harris has served the college in this leadership role since July 1990.

"I am leaving Parkland because I have fulfilled my dreams of leading the greatest community college in the nation. This is not hyperbole; it is the truth," Dr. Harris said to college faculty, staff, and administrators gathered in the college theatre.

Several members of the Parkland Board of Trustees and the Parkland College Foundation staff also attended. "I am proud because we have identified and developed the



President Zelema Harris

best administrative team in the nation. I am proud because we

have been able to attract exemplary faculty at a time when other colleges were struggling to fill faculty positions. Finally, I am proud because I know in my heart the time is right. My children, Narissa, Cynthia, and Jay agree."

Some Parkland accomplishments during her term of service include establishment of the Parkland Business Development Center to serve short-term training needs of businesses; a \$1.5 million Child Development Center to serve students, faculty, staff, and community members with young families; an Agriculture Technology Applications Center to meet the high-tech needs of farmers and agribusinesses as well as a state-of-theart greenhouse expansion; and



for story

See Harris on page 2

On Campus

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HARRIS continued from page 1

Wednesday: Mostly sunny, with a high near 81. East wind between 6 and 9 mph.

Wednesday Night: Mostly clear, with a low around 57.

Thursday: Mostly sunny, with a high near 84 Thursday Night: Mostly clear, with a

low around 64.

Friday: Partly cloudy, with a high near

Friday Night: A chance of showers and thunderstorms. Partly cloudy, with a low near 65.

Saturday: A chance of showers and thunderstorms. Partly cloudy, with a high around 89

Saturday Night: Partly cloudy, with a low around 66.

Sunday: Partly cloudy, with a high near 86.

Prospectus

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Letters and Editorial Policy

- The Prospectus is a student publication. The Prospectus is published weekly dur-ing the Fall and Spring semesters, intermittently in summer.
- Views expressed are opinions of staff and contributors and not necessarily that of the Prospectus or Parkland College.
- Advertising is accepted which is nondiscriminatory and not in violation of any laws. The Prospectus reserves the right to refuse any advertising. Publication of advertising constitutes final acceptance.

Advertisers must verify ads for accuracy. The Prospectus welcomes letters to the editor. The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the *Prospectus* must also include a full name, phone number and address. Correspondence may be edited to accommodate the space requirements of the paper.

Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings if space is available.

The Prospectus deadline for all advertising and other submissions is 5 pM of the Friday immediately before the upcoming

Staff

Editor: Jon Volkman Photography: Nicole Simmons, Theresa Campagna Production: Travis Shoemaker, Ricky Kennedy Advisor: John Ebv

Advertising/Business Manager: Kate Kaput Software/Layout Consultant: Larry Gilbert

Staff Writers E. Clarkson, Aaron Geiger, Sarah Ramey, Joseph Rosenbaum

a \$15 million new Academic and Instructional Services wing to provide additional classroom and computer laboratory space

for students and faculty. Dr. Harris also collaborated with local service providers to create Illinois' first One-Stop Center to better serve underemployed and unemployed dis-

trict residents. Dr. Harris also noted that upon her retirement she will have served as president of a community college for 26 years. She was named president of Pioneer Community College in Kansas City in 1980, and in 1987 became president of Penn Valley Community College when it absorbed other campuses of the Metropolitan Community College District.

Albert Like, Parkland College Physical Plant Employee, expressed his feelings on Dr. Harris' retirement. "Dr. Harris' retirement is going to affect the whole college; its a great loss to Parkland and the surrounding community. I know that wherever she goes, she will take a part of us with her."

The Parkland College Board of Trustees will be meeting tonight, August 24, at 7 p.m. in room A121 of Parkland College to discuss the search process for Parkland College's next president.

Board of Trustees member. James L. Ayers, comments, "We've got the better part of a year to work on that." Ayers has been a trustee for 16 years, and was part of the board when Dr. Harris was interviewed for the position.

Dr. Harris said her replacement will be in place and ready to assume the presidency when she leaves.

"What impressed me about Dr. Harris, was that she was raised on a cotton and tomato farm in east Texas. She was raised with such determination beginning with such limited capabilities.'

Ayers continues, "She's done an excellent job preparing for the next president. She has held around 12 leadership conferences with over 250 participants; we are very well prepared for the transition."

Ayers, an attorney and a resident of Monticello, plans on running for reelection when his term is up in 2007.

Dr. Harris will be greatly missed by faculty, staff and students at Parkland College.



Several student organizations and departments at Parkland offered information to new and returning students at Saturday's Orientation Open House. A complimentary lunch was also served. Chad Thomas/Prospectus



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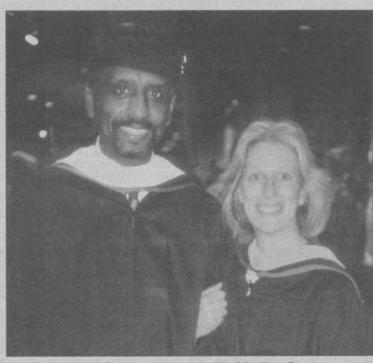
Features Reminding us all to 'carry on' Norm Lambert remembered

By E. CLARKSON Prospectus Staff Writer

Norm Lambert was defined by his sense of duty, which was bolstered through his military career. In the Air Force, Lambert served at Chanute until retiring after twenty-five years of duty. Outside of the military, his sense of duty was evident through his commitment not only to his family, but also to the community, co-workers, and students.

Before Parkland, Lambert worked at Lakeland College as an advisor. He joined the Parkland community in 1991, starting in Student Life. Serving as Assistant Director of Student Support Services, he also oversaw student activities and disability services. Dealing with behavior issues, Lambert worked with Carol Steinman in writing the first student conduct code for the college's students.

Lambert's work with disability services continued throughout his career at Parkland College. Even after moving to counseling in 1994, he maintained this responsibility by working closely with students and faculty. In speaking with Tom Caufield, Director of Stu-



Norm Lambert is shown here with Marilyn Ryan, current Director of Counseling and Advising Center at Parkland.

dent Life, he mentions, "Norm had a unique ability to see around corners in these issues." Lambert's ability to look past problems and try to figure out the issues is part of his legacy. As a counselor, Lambert

excelled through his ability to listen and respond. He was known as a good sounding board. John Sheahan, who also worked with Lambert at Lakeland College, remembers his magnetic personality. His unique ability



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to connect with others was evident as well. Sheahan remembers that "a lot of us that worked here saw him kinda like a big brother."

Lambert also saw the need for a support system for African American males on campus. He founded B2B, short for Brother to Brother. The group focuses on mentoring and advising African American males on campus and benefited from Lambert's dedication and receptiveness.

Outside of Parkland College, Lambert served on the Unit 4 School Board. Through his work at Parkland, he saw how earlier educational experience had hindered some students. This motivated him to join the school board and work from within the system on improving the educational experience. Norm's presence, as described by by Sheahan, was "being a voice of reason on the school board, his dedication to children, no matter what was going on politically, he would always be certain he was looking out for what was best for the children of the city."

Perhaps most importantly though, Lambert cared about his family. Despite his involvement on campus and with the community, Lambert still remained focused on his family. He was a foster parent of over seventy children, making time for every member of his household. Caufield recalls going with Lambert on "daddy/daughter date night," which is an annual event in Champaign.

Lambert went into the hospital last fall for intensive cancer treatment. Despite this, he managed to follow through on a project for the college, handwrit-ing a piece of work he finished while in bed. He maintained a work schedule throughout his treatment, and people began to believe he would be back this fall. Unfortunately, on July 25, while vacationing in the Virgin Islands, Norm Lambert lost his battle with bone cancer. In many ways, he ended up where he wanted to be as Norm and his wife had planned to retire in the Virgin Islands when the time came.

Yet while recalling the fourteen years Lambert was her supervisor, Nancy Rowley remembersaddressingLambert as "Colonel" when he entered the room with a friendly salute. To this he would respond "carry on Lieutenant." In the end, that is what everyone remembers about Lambert, knowing that he would want each of us to.

His funeral, held at Salem Baptist church in Champaign, left particpants feeling uplifted, and was a sort of "celebration of norm's life," Caufield recalls.

What will be remembered about Lambert is something that we all will carry on the inside of each of us, and that is a feeling of gratitude, a commitment to hard work, and the ability to respect the lives that touch ours and the lives of those yet to be known. Thank you Norm, carry on.



Parkland Art Gallery

Through Thursday, September 22.: Parkland College Art and Design Faculty Exhibition continues.

Parkland Theatre

Sunday, August 28: 1–4 p.m. Auditions for *The Exonerated*.

Staerkel Planetarium

August 26:

7:00 p.m.—Summer Prairie Skies.

8:00 p.m.—The X-tra Terrestrial Files.

9:30 p.m.—Pink Floyd's Dark Side of the Moon.

August 27:

7:00 p.m.—Follow the Drinking Gourd

8:00 p.m.—The X-tra Terrestrial Files.

9:30 p.m.—Pink Floyd's Dark Side of the Moon.

Student Government

September 2—5:00 p.m. deadline for application

College Closed

Monday, Sept. 5: Labor Day

Editorial PROSPECTUS - Wednesday, August 24, 2005 - Page 4 The Bush administration's en



By AARON GEIGER Prospectus Guest Writer

President George W. Bush signed an historic bill just recently: the highly-touted and muchplugged energy bill. Basically it is simply a wellillustrated step backward, designed to placate the middle-of-the-road Americans, big businesses, and the throngs of lobbyists fanning themselves with wads of greenbacks. What environmentalists have been steaming about for years, only a few others have just started to realize with this new 'ticket to destroy and make billions'; the energy bill is a political masterpiece, and it has left us in a worse position. Consider this:

The summary of the energy bill, according to a White House press release from Dana Perino, is to "look for more supplies here, as

well as diversify the supply." The only substantial supply left in the United States, as we all know, is located in the pristine Arctic Wildlife Refuge in Alaska (even though those oil supplies won't be ready for an estimated eight to ten years if operations to begin drilling started today). Bush's administration has been pushing for the opening of the refuge for drilling in order to alleviate escalating oil and gas costs, as well as to "limit American influence and oil dependency overseas as to reduce the threat of

Huh? Did I hear that correctly? Bush actually connected terrorism with the pursuit of American oil supplies? Perhaps Bush finally realizes that the worst 'weapon of mass destruction' hap-

terrorism."

pens to be an oil derrick.

The bill also puportedly opens new channels for funding alternative fuels. One of the biggest potential fuels that affects our own state of Illinois is the hailed savior of ethanol. Made from organics, such as corn, ethanol is essentially a grain alcohol that can be mixed with unleaded gasoline and used in FFVs (Fuel Flexible Vehicles). One of

ers, and the researchers. Guess who lobbied heavilv for Bush, yet maintained a strong 'environmentalist' stance? The American Coalition for Ethanol. Guess how many environmentalists voted for Bush? I hope you laughed at that point. Recently the Associated Press released an article on the growing number of individuals around the country

And maybe there's a scandal behind the coincidence of oil prices being timed with the energy bill, the Alaskan oilfield proposal, and the growing distaste by the enire population of Americans.'

the controversies in this channel lies in how ethanol is made. It has been researched by scientists that more fossil fuel energy is used in making ethanol than energy that is finally output by the clean-burning source. The catch? Oil business still wins, and so do the businesses that make ethanol. The losers? The environment, the taxpay-

who have been modifying their hybrid cars, such as the Prius, in order to get upwards of 250 milesper-gallon. This story was released just after automakers and politicians claimed that a cost-efficient car of that magnitude was "years away" (perhaps the same amount of years it would take to get oil out of Alaska?). One elecengineers who made an ultra-light car that could travel over a thousand miles on one gallon of gas. And we're years away from having better hybrids, as well as the phasing out of pure gasburning cars?

There's a reason why Bush rejected the Kyoto accord, which was attemping to reduce greenhouse gases and global

trical engineer put 18 brick-sized batteries into a carved space in his trunk, and plugs his Prius into a wall socket at night. His cost? \$3,000. How much will he save in the long run? At the very least, he'll get his money back, and know that he can claim to be acting in the favor of the environment. One sci/tech article released a few months ago showed a group of

warming. There's a reason why Iraq was in such need to be 'liberated', while some countries in Africa are/were facing starvation, rape, murder, and disease on a Biblical scale, yet received no ominous military 'protection'. There's a purpose behind Hugo Chavez's Venezuelen distrust of it's oil dealings with the U.S. And maybe there's a scandal behind the coincidence of oil prices being timed with the energy bill, the Alaskan oilfield proposal, and the growing distaste by the entire population of Americans regarding the Iraq War. Bush has never been on the side of the environment. In fact, Bush's staff member, Phillip Cooney, who was on his environmental policy council and who advised on topics such as global warming resigned his post and left to work for ExxonMobil. I'll leave you with a final quote from environmentalist David Hawkins regarding that matter: "Perhaps he'll never notice that he changed jobs.

I FIGURE WE CAN BUY A NEW CAR IF WE (F) DON'T PUT GAS INIT! 00 00

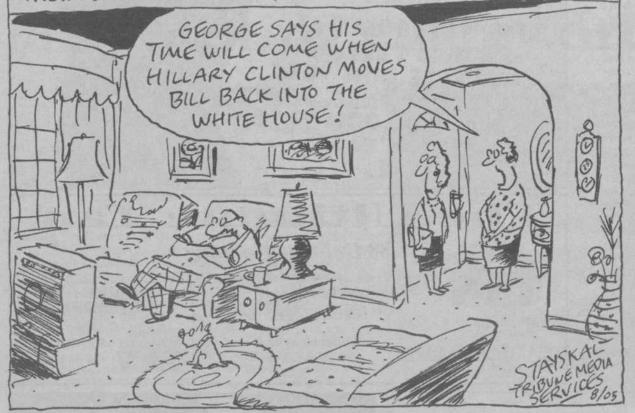
Speak Out! **Prospectus** welcomes Letters to the Editor

The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the Prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper. Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.

Editorial

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STUDY: 46% OF ALL AMERICANS WILL AT SOME TIME IN THEIR LIVES DEVELOP A MENTAL DISORDER



'Deviant' decorations seen as nuisance

By E. CLARKSON Prospectus Staff Writer

Vandalism, tagging, graffiti, urban art, whatever you want to call it, this form of art can be seen nearly in every city across the globe. From the smallest of initials to the intricate murals, these "deviant" decorations are looked upon as a nuisance.

Recently, in downtown Champaign, a stencil art showcase was held at the Open Source art co-op and gallery, curated and overseen by Parkland student Birthday, and her partner in crime Party. Due to the controversial and politically charged attitudes towards such works, the curators asked to be addressed by their tags.

The security focused society that paralyzes modern America frowns upon the "glorification" of such art forms that are seen as defacing public (or private) property. The goals of the art show were both political and personal. Exposure of more "refined" art viewers to the other side of the role that expression plays in creation. A wide variety of artists from the Champaign-Urbana area, regional, national, and even international origins were recruited to display art on the gallery walls anonymously, in order to protect their artistic freedoms and first amendment rights.

The idea was to gather as broad a represen-

See Deviant on page 6

The War on Drugs . . • It's just that simple!

By JOSEPH ROSENBAUM m

Prospectus Staff Writer

The United States is the most warlike country in the world. If we don't like something, we declare war on it. The War on Drugs, crime, terrorism, poverty, yellow people, brown people, red people, etc., etc.

The list goes on and on. With the situation in Iraq and the resulting backlash all over the world, our resources are simply spread too thin to effect change and woefully unprepared for any new threats.

From a rational viewpoint, we are wasting precious resources on the War on Drugs that could be better utilized for the very pressing need of defending ourselves from people who want to kill us. The War on Drugs costs us in excess of 40 billion dollars per year. Not to mention all the manpower, vehicles, helicopters, boats, weapons, etc. that is used in this futile "war."

An interesting point is, although the War on Drugs encompasses all intoxicating substances other than alcohol or Statistics also say that over a five year period, the number of people seeking emergency treatment for marijuana related reasons nearly doubled; while the number of young people entering rehab rose 142 percent. These statistics ple who do something do not have to seek medical treatment for it, why in the world is it considered a problem?

Just over 1% of marijuana users between 12-17 years old visit the emergency room. By comparison the Centers on a "war" that cannot be won. Our brains, like those of other mammals, have certain areas which, when stimulated, provides us with pleasurable sensations.

Exactly what stimuli are found pleasurable varies from per-

"It's a ridiculous and absurd societal norm that dictates it's perfectly okay to have a couple of drinks with lunch, but downright criminal to smoke a joint after dinner."

tobacco, it is being waged primarily against marijuana and those that use

According to the Nation's Drug Czar, marijuana today is super-powered and causes people to go to the hospital for emergency treatment; it's so addictive that the number of people entering drug rehab for marijuana is rising at an alarming rate. come from the annual Drug Abuse Warning Network (DAWN) report from SAMHSA (Substance Abuse and Mental Health Services Administration).

What they don't tell us is that less than ½ of 1 percent of past year marijuana users are actually going to the emergency room because of their marijuana use. If 99.5 percent of the peofor Disease Control and Prevention (CDC) indicate that four times as many young people go to the emergency room for gymnastics and cheerleading injuries than for marijuana, and an incredible 13 times as many go for basketball injuries. What are we doing to protect our children from basketball?

The fact is we are wasting precious resources son to person as does the intensity of the perceived pleasure. Sexual activity, food and certain drugs all act as such stimuli in the human brain. Some people get their stimuli from food, others from salt, Still others are stimulated by drugs and even exercise causes some people to get a "high".

Should overweight people be jailed and put on a strict diet until they attain a desirable weight? Should salt be made illegal because some people abuse it and develop high blood pressure (which ultimately kills them)?

It's a ridiculous and absurd societal norm that dictates it's perfectly okay to have a couple of drinks with lunch, but downright criminal to smoke a joint after dinner. Because we are free-thinking beings, we choose to feel good. What is wrong with that? Because we are humans, some of us lose our selfcontrol. Why punish the majority who don't?

At a time when our national security is threatened, it is not pot smokers with whom we need to be concerned. To continue this ridiculous "war" is not just wasteful and unnecessary, in light of how it robs us of the precious resources we need to defend ourselves, it is downright treasonous to allow it to continue.

On Campus ment". Through this "recla-DEVIANI

continued from page 5

tation as possible. Birthday explained, "When you see stencils, you normnally see them at their individual sites, preventing contact with other [stencils]" She wanted to bring these different forms together in a "safe place" where they could gain respect and be appreciated as a public art form.

"Do It Yourself" (DIY) is the



main theme surrounding stencil art. Birthday said, "any stencil is political by nature, it doesn't necessarily have to be a recognizably political state-

mation of public space for art," the exercising of one's right to think freely is enough of a statement to get a message across. She went on to say that "since [George W. Bush] stole the election, retalliation and reactionary response to current events and the corruption of the government" has been a frequently seen message.

The idea of the anonymity that is the basis for stencil art encompasses and directly affronts all other mainstream art forms because it implies and imparts the idea that the art and the message therein supercedes the importance of the artist as an individual. Living in an age where lawsuits, copyright laws, and internet downloading regulates the people's access to art and different viewpoints than what the corporate, government owned media shoves in our faces, stencil art and other street art forms are an inspiration to all those seeking political freedom of the expressive voice.

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statt management

By ARI BLOOMEKATZ The Seattle Times (KRT)

SEATTLE

Y VIRTUE OF THEIR name, energy drinks would seemingly provide at least one thing-energy.

Rockstar promises a better party. SoBe's Adrenaline Rush promises, well, a rush. Other drinks boast superhuman vigor with names such as Killer Buzz, Full Throttle or Rip It. Red Bull says "it gives you wings."

No way, say medical experts. Not only do such drinks fail to offer a special boost, they say, their high caffeine and sugar content causes dehydration and could be dangerous for the young and active.

"These drinks are marketing ploys. I'm not aware of any scientific data that they do what they say they're going to do,' said Mark Kantor, professor of family and consumer sciences and nutrition at the University of Maryland, who specializes in consumer education. "They don't give you more energy."

"A nutritionist defines energy as calories," said Kantor. "If you refer to energy as something that gives you pep and zip and stamina, that's just a myth. There's nothing that provides that in food."

Nonetheless, energy drinks, which have high amounts of caffeine and ingredients such as taurine and glucuronolactone, have exploded in the beverage market since 1997. There are now more than 1,000 different brands in the roughly \$1 billion industry, said John Craven, editor of the Cambridge, Mass., based beverage-review site BevNET.com, "the beverage industry's source for product reviews, news & more.'

Most of the explosion has been among young people. Some guzzle down the drinks at clubs and bars, mixing them with liquor; others tank up before playing in a sports event or grab a can to prepare for the work day or to stay awake and study.

Such uses trouble doctors.

'(Energy drinks) get to be problematic when used in combination with alcohol or when

used before sports or with kids," said Maher Karam-Hage, medical director of the Chelsea Arbor Addiction Treatment Center at the University of Michigan. Karam-Hage is an addiction specialist who has been a vocal critic of energy drink-alcohol cocktails.

doctors say, is that the drinks cause extreme dehydration. And some governments, such as Sweden's, publish public-health recommendations that the liq-uids be used carefully. Recommendations such as:

caffeine, taurine and glucuronolactone should not be used as thirst quenchers. . The drinks should not be

used for replenishing liquid when exercising.

• The drinks should not be mixed with alcohol.

Before high-energy sporting events, some athletes use energy drinks seeking an extra kick. But some doctors and medical experts say energy drinks not only don't help, they could actually hinder an athlete's per-

The main cause of concern,

· Energy drinks containing

they really don't provide that and the level of sugar and caffeine in some of the drinks can cause dehydration and be dangerous for the young and active. (gsb) 2005 Laura Morton/Seattle Times

as dehydration, a need to use SoBe spokeswoman Kristine the toilet and sometimes being Hinck says consumers have

"That energized feeling is temporary, and it's not a substitute for usable energy in the form of

carbohydrates."

formance.

Hard play alone will dehydrate a person, and Karam-Hage says the drinks can exacerbate the dehydration, forcing the muscles to work harder.

But the companies still recommend a pre-game drink.

"Try it before a workout or a sporting event and see how energized you feel!" SoBe's Web site suggests.

Suzanne Nelson, former nutritionist for the University of Washington athletic programs and now with the San Francisco 49ers, said she would never tell athletes to use the drinks.

While the high amounts of caffeine can provide the feeling of exuberance, Nelson said, athletes can also experience the negative sides of caffeine such

twitchy and nervous, among

"That energized feeling is temporary, and it's not a substitute for usable energy in the form of carbohydrates," Nelson said.

She also worries because there's been little research about the safety of all the ingredients or on their effects during doping tests.

Craven, of BevNET.com, said he's not sure anyone in the industry has done enough research on the drinks' contents.

"These products are definitely being sort of created for marketing purposes more than actual scientific reasons. There's just nothing to back up what half these herbal ingredients do," Craven said.

nothing to fear: "We believe our products are completely safe for consumption," she said. "All our ingredients are listed on the can and there's nothing going to surprise them."

If a student or trainer has any questions or concerns, such as a high sensitivity to caffeine, Hinck said, they should consult a health-care professional.

A spokesperson for the U.S. Food and Drug Administration (FDA) said manufacturers of energy drinks must be responsible for ensuring safety before their products hit the market. If the drinks pose a risk to public health or have labeling that is dishonest and misleading, the FDA will step in.

Still, anecdotal reports suggest caution may be in order: During a 2000 basketball tour-

nament in Ireland, an 18-yearold student, who had drunk up to three cans of an energy drink, collapsed and died.

Medical examiners concluded he had died from the rare, sudden, unexplained adult-death syndrome, which could have been the result of a cardiac dysrhythmia. But witnesses had seen the man drinking the stimulant drinks.

The tragedy prompted research into the safety of energy drinks on the Irish market. And soon after the death, Ireland's Food Safety Promotion Board organized a committee that published an 84-page review of the health effects of stimulant drinks.

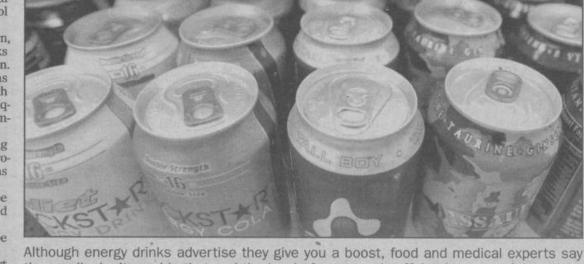
Some of the conclusions:

• High intakes of caffeine are unhealthy because they increase blood pressure and dehydration.

• Other ingredients in the drinks, for example guarana, an herb, are chemically similar to caffeine and produce the same effects.

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others.

Features

Summer workshops promote women in computer science

By E. CLARKSON Prospectus Staff Writer

This summer at Parkland, learning and working somewhere in between the sullen faces of the summer school students and the boisterous College for Kids participants, a large group of young ladies could be found using computers. Not on AIM or MySpace, but with much more exciting and beneficial, not to mention educational, intentions.

The Department of Computer Science and Information Technology, Maria Mobasseri chair, in cooperation with the Women in Computer Science and Information Technology, Ann Blackman faculty advisor, sponsored workshops for girls in the Champaign-Urbana area.

The workshops were open to all girls from entering high school freshmen and up. CSIT was able to offer instruction free, made possible by a grant from the National Science Foundation.

Champaign-Urbana area girls learned of the workshops through their respective schools and Parkland's WCSIT community outreach programs. They were also advertised on local television channels. The classes were intended for high school age, but due to the overwhelming response, opened to middle school aged girls as well.

The two workshops were offered covered hardware and its internal workings, and web page development. The hardware related workshops, led by Cassie Bergschneider, a part-time Parkland instructor, and assisted by Kasey Kerr, focused on the physical makeup of a desktop computer tower. The participants deconstructed the tower, learned the names of the parts, put it back together and made it run.

The web development workshop was offered in two sections, beginning and intermediate to advanced, and was led by

Rose Marshack, with a bachelor's degree in Computer Science and Paul Young, full-time instructor in Fine and Applied Arts, also assisted by Kasey Kerr.

Blackman originally anticipated one class with about 24 students, but was "absolutely bombarded" with enrollment requests. A wait list was formed, and due to such high demand, a second and ultimately, a third class were offered and filled to capacity.

The girls worked with programs including Dreamweaver, Adobe Photoshop, Flash, and learned some html. The CSIT department hosted server space for the girls to upload their webpage projects.

Following up with the workshops, high school girls will be offered an invitation to the Technical Ambassadors Competition with the goal of producing and designing a helpful software tool for a not-forprofit local or government organization.

Due to the media's portrayal of the computer and gaming industry, as well as the social stigma and pressure surrounding adolescents, girls may feel behind or intimidated by Computer Science as an available and very attainable major.

In order to support and promote women's involvement in a nationally underrespresented field, Blackman feels that girls should be introduced to computers and their avenues of career opportunities at a younger age.

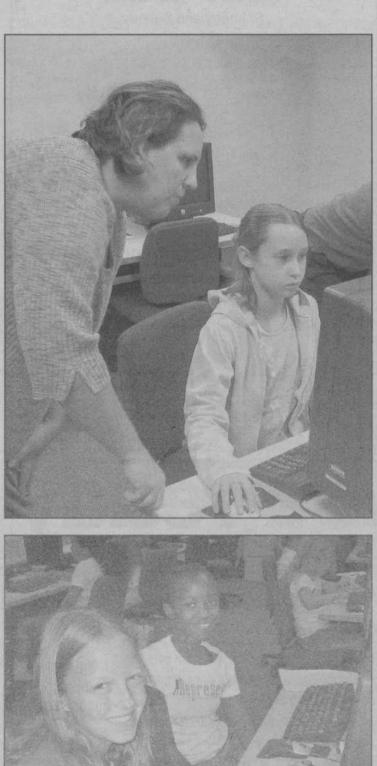
The purpose of the workshops, she went on to say, was to bolster confidence and "help girls overcome intimidation and those barriers" involving and associated with computer use by helping establish a foundation of knowledge in which to build upon. The CSIT Department sponsored two sets of workshops this summer. The hardware workshop ran from June 14-July 7. The web design workshops ran from July 18 through July 28. Pictured below, Lucy Sinogeikina works diligently on a comupter tower in the hardware workshops. Facing page, clockwise, Kasey Kerr assists Elaine McGee with a web project; Alison Harper andd Gina Li wait for directions in the hardware workshop; Paul Young teaches one of the web workshops; two students take a break from their web workshop session.

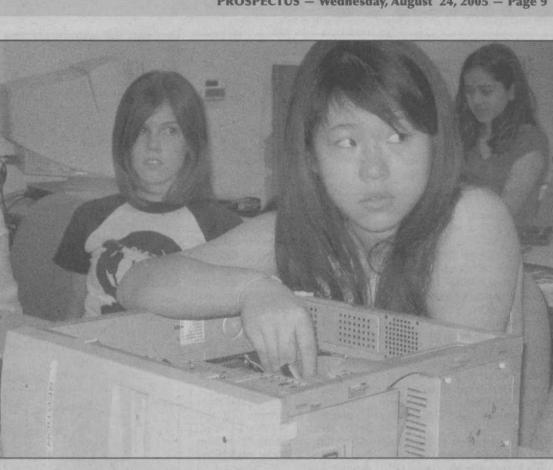


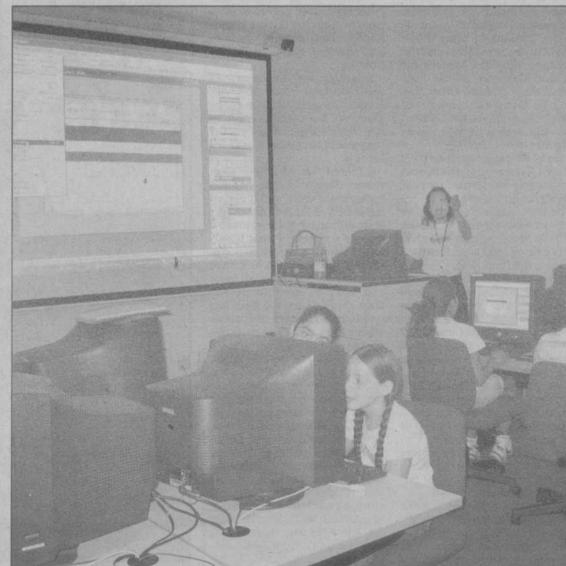


Features

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Features



By LARRY V. GILBERT For the Prospectus

ELEVISION FROM THE 50's and 60's was recorded on some kind of media and are broadcast on the Game Network. You've probably seen some of them.

A surprise came in my email late last week. Someone in California wrote me a note saying he was attempting to locate a Larry Gilbert from Illinois who had appeared on a CBS show in 1958. The show was "What's My Line?'

The note went on to say that he used Google to find anyone in this state with the name Gilbert. Of all places, he said he found my name by searching the Parkland website. Using his terms, he said, "I figured you might be the person because the TV show identified you as a resident of Mahomet, Illinois." He asked that I respond either way. Had he found the correct person? Now what are the chances that this would happen nearly 50 years later?

He is offering me a free DVD of the 1958 show and an opportunity to fly to California to appear on a "remake" of the show.

I have two choices: get up at 3:30 in the morning to watch "What's My Line?" on the Dish network or reply to him and receive the free DVD.

I haven't decided yet!

I'm afraid my reading audience for this newspaper is sparse at best for those who watched the original broadcast back in '58. For some of you your parents were still riding tricycles!

For our new readers, I appeared on the show in New York City because my line was a telephone operator in Mahomet before the conversion to dial phones. At that time, it was unusual for men to be telephone operators. Today, about 10 percent of operators are men.

The highlight of my appearance, without a doubt, was the fact that the guest celebrity that evening was Sophia Loren. I had the honor of meeting her,

her mother, her poodle, and her agent. The following day I was her guest on the set for a movie that she was filming in the city. She sent a limo to my hotel about 11 o'clock, and I stayed on the set until 2:00 that afternoon.

Now I ask you, how many of you have had lunch with Sophia Loren?

> S PAUL HARVEY says, "Now for the rest of the story.

Last week I started the story of meeting Courtney Self and Jeff Kready. I believe I left off with their arriving in Champaign about 8:30 a.m. on Sunday, August 7.

We met at the Original Pancake House for coffee to finalize our surprise for my pastor Randy Gauger, who was also Jeff's former pastor in Topeka, Kansas.

Courtney was the brains of the morning's plan. She suggested that Jeff and I go to the church to meet with Lois White. our church organist and pianist, who would accompany Jeff for his solo.

I feared that we might meet Pastor Randy in the hallway between services, and it almost happened. After the rehearsal, I stepped into the hallway to see if anyone was there. Pastor Randy was standing at the south end of the corridor. But then he turned the other way to visit with someone, and I motioned for Jeff to walk ahead of me. We were just a few steps from the north doorwhere the car was parked. We picked up the pace and got out of the building before pastor turned around. Close one!

Back at the restaurant Courtney had ordered our breakfast, and we were served just minutes after getting back. See what I mean? Courtney, the planner.

We waited to enter the sanctuary only moments before the service started. The pastors came in and didn't look our way. It wasn't until the choir director announced Jeff's solo that pastor knew he was there. A big surprise and a great solo.

A day to remember!



James Harden, Supervisor of Parkland's Physical Plant, enjoys a snow cone during last Saturday's Orientation for new students.

Chad Thomas/Prospectus





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Sports PROSPECTUS - Wednesday, August 24, 2005 - Page 11 Cobra volleyball, golf ready for new season

The Parkland Volleyball and Golf Teams will get the 2005-2006 Cobra sport season underway as both squads will open their seasons on the road. The

AUG 19 ... 7 pm

AUG 24 ... 6 pm

AUG 31 ... 6:30 pm

Owens Tournament SEPT 8-9-10 **Dixie Invitational** SEPT 14 ... 6 /8 pm

SEPT 16 ... 6 pm

SEPT 21 ... 6:30 pm

*Lewis & Clark

SEPT 23-24

SEPT 27 ... 6 pm

SEPT 29 ... 6 pm

OCT 4 ... 6 pm

*Lincoln College OCT 7-8

OCT 12 ... 6 pm * John Wood

OCT 17 ... 7 pm *Springfield

OCT 19 ... 6 pm *Lincoln Land OCT 26 ... 6 pm

Moraine Valley

Vincennes Guad **OCT 31**

Region 24 Play-In

Regional Final Four

217/351-2226

OCT 29

NOV 2

NOV 4

Iowa Central Invite

OCT 14-15

*Shawnee SEPT 30/Oct 1

SWIC

AUG 26-27

SEPT 2-3

Volleyball team will try to win their 10th straight conference title albeit in a conference with a new name. The former Collegiate Conference of Central Illi-

nois (CCCI) has been renamed the Mid-West Athletic Conference (MWAC) to more accurately reflect the geography of the teams who make up the con-

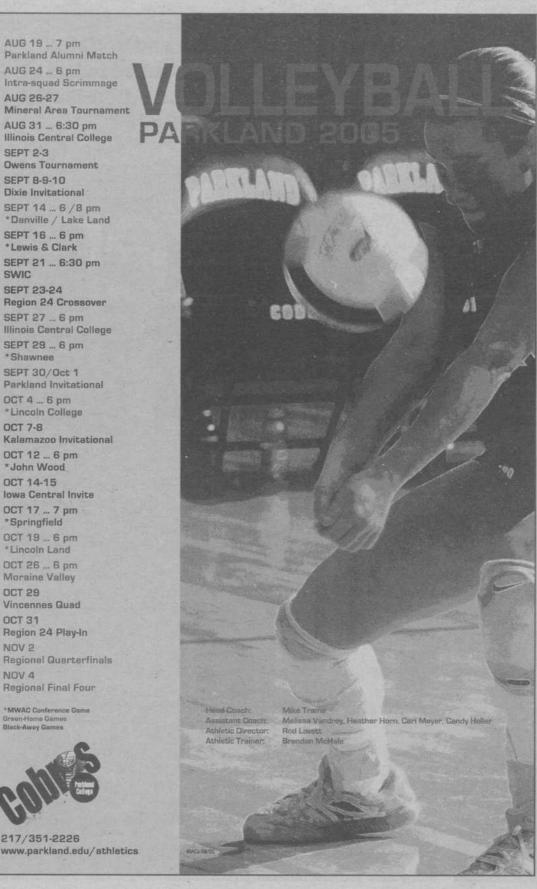
ference.

Coach Mike Trame will begin his second season as the Cobra Head Coach coming off a 28-26 season and a 2nd Place Region 24 finish. The team returns three sophomores who saw valuable playing time and regain the services of Ashley Fearday who sat out the 2004-2005 season with an injury. They are joined by a talented freshman class which features three players who stand

6'0" or taller.

The Cobras will open the season this Friday and Saturday at the Mineral Area Tournament in Park Hills, Missouri. Parkland will open pool play on Friday with matches against Shawnee, Three Rivers, Mo. and Lindenwood University. Bracket play will continue on Saturday in this 9-team tournament. The sched-

See Cobras on page 12



2005-06 SEASON THE EXONERATED Drama Sept. 28, 30 and Oct. 1, 6, 7, 8 • 8 p.m. Oct. 9 • 3 p.m. **BAT BOY: THE MUSICAL** Oct. 26, 28, 29 and Nov. 4, 5, 10, 11, 12 • 8 p.m. Nov. 6 • 3 p.m. THAT TAKES OVARIES Special Event! One weekend only. Jan. 26, 27, 28 • 8 p.m. Jan. 29 • 3 p.m. THE MOUSETRAP Whodunit Feb. 22, 24, 25 and Mar. 2, 3, 4 • 8 p.m. Mar. 5 • 3 p.m. ANGELS IN AMERICA Part One: Millennium Approaches Drama Apr. 12, 14, 15, 20, 21, 22 • 8 p.m. Apr. 23 • 3 p.m. Welcome back students! \$3.00 Off Coupon Present this coupon with your student ID and get \$3 off any regular-priced Parkland Theatre performance! Not valid on discount nights Call 217/351-2528 for reservations.

www.parkland.edu/theatre

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Sports continued from page 11

ule is highlighted by several big tournaments including the 32team Dixie Invitational in Las Vegas, NV. Sept 8-10. Parkland will have their season opening game on September 14 when they host Danville and Lake Land beginning at 6:00

The Parkland Golf Team will hope to build on a successful spring 2005 season which saw the Cobras win the conference title and saw Cole Taylor win Golfer of the Year Honors. Four sophomores return from last year's team and they will be joined by six freshman to fill-out

They will open their season on Friday August 26 at the Fall Preview at the Franklin County Golf Course in West Frankfort, Illinois. The Cobras lone home match of the fall is Friday Sept 9 when they host the Parkland College Invitational at the UI Orange Course in Savoy.

the roster.

Volleyball Roster:

#1 Katie Catlin So. Westville HS

#2 Nicole Kupish Fr. Decatur St. Teresa HS

#3 Kristine Anderson Fr. Clinton HS

#4 Brooklyn Robbins Fr. Lin-

coln HS

- #5 Christy Bushur So. Effingham St. Anthony
- #7 Carly Payan Fr. Bureau Valley HS
- #8 Ashley Miller So. Indianapolis North Central HS
- #9 Traesha Worley Fr. St. Joeseph-Ogden HS
- #10 Katie Baker Fr. Rantoul HS
- #11 Ashley Fearday So. Effingham St. Anthony
- #12 Brittany Pelczynski Fr.
- Nashville HS #13 Megan Hoffert Fr. Lin-
- coln HS
- #14 Lauren West Fr. Lovington HS
- #18 Sadie Dizney Fr. Speedway HS, IN.

Golf Roster:

- Brad Atkinson So. Rantoul HS
- Cody Harley Fr. Windsor HS Dillon Harley Fr. Windsor
- HS
- Robert Harvey So. Oakland HS
 - Matt Hussong So. Normal

Community HS

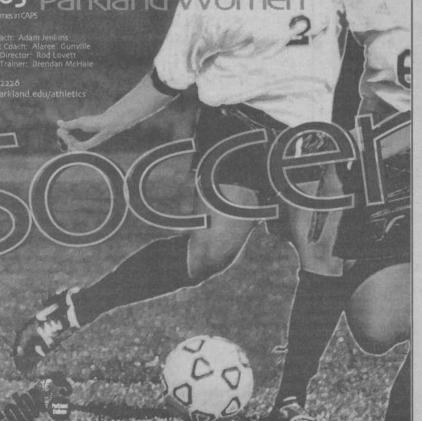
- Jacob Niebrugge So. Effingham St. Anthony
- Jason Roy Fr. Paxton Buckley-Loda HS
- David Sebestik Fr. Mahomet-Seymour
 - Rocky Thomas Fr. Fisher HS

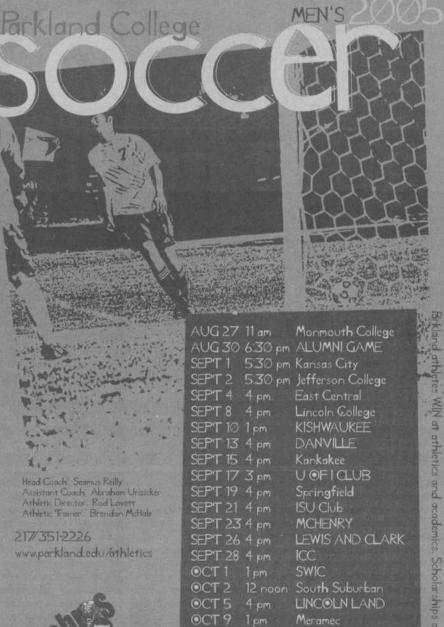
QV.

Schedules and updated information can be found at www.parkland.edu/athletics







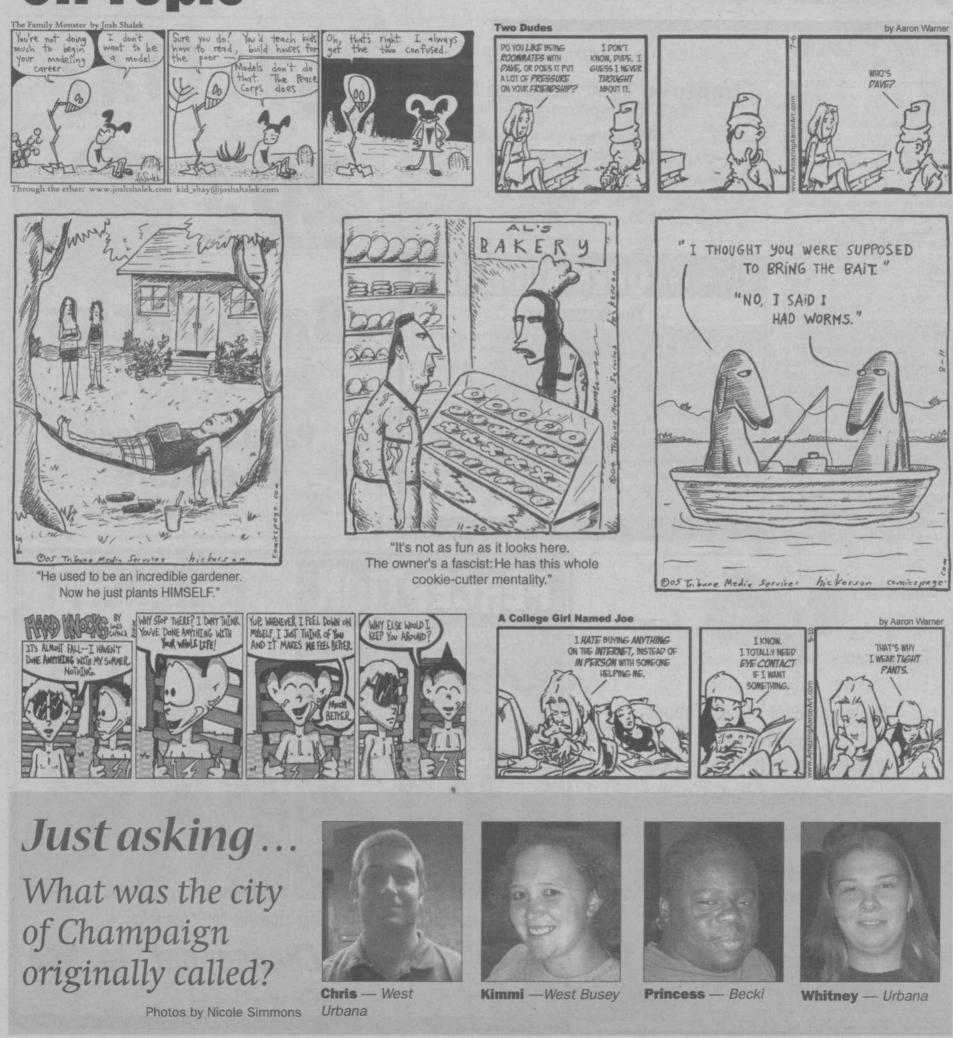


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Home games in CAPS

Off Topic

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Features

CRIME STOP PERS

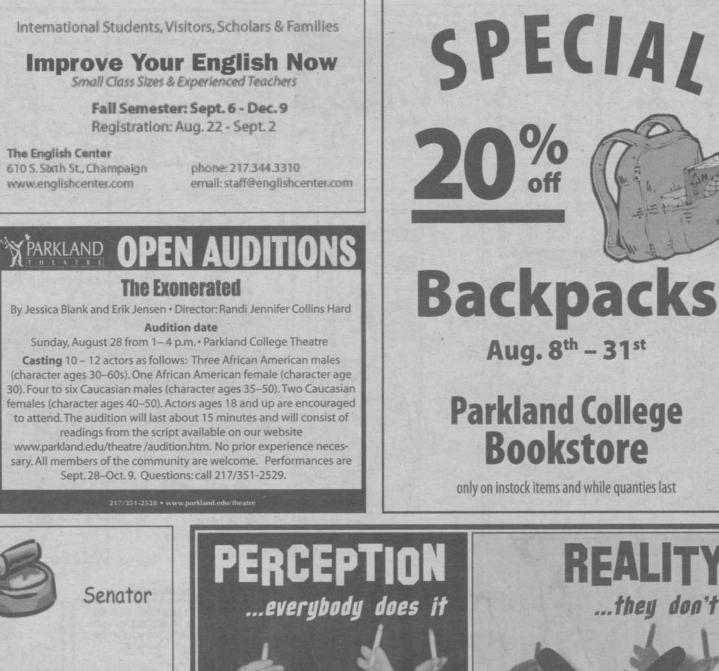
This week Crimestoppers is seeking information on two separate incidents of criminal damage that occurred in the Prairieview Cemetery located at the corners of Old Church Street and Duncan Road in Champaign County.

The first incident occurred sometime betrween July 17-24.. The second incident occurred between July 28-31. The suspect(s) turned over 61 tombstones, some of which were damaged. The suspect(s) also burned two American flags that were on gravesites. The estimated cost of repairing the damage is nearly \$10,000.

Champaign County Sheriff's Office Investigators are requested information regarding these acts of criminal damage. Crimestoppers will pay a reward for information leading to the arrest of the person or persons responsible for these crimes. If you have any information, please call Crimestoppers at 3-7-3-T-I-P-S. Callers to not have to give their names or appear in court. Cash rewards are also paid for information on other felony crimes or fugitives in the Champaign County area.

Secretary

Treasurer



ncali i i ...they don't

The majority of C-U college students don't use tobacco. **Keep it Real---Choose not to Use** Parkland College Wellness Center

Have you ever thought about running for STUDENT GOVERNMENT

at Parkland College?

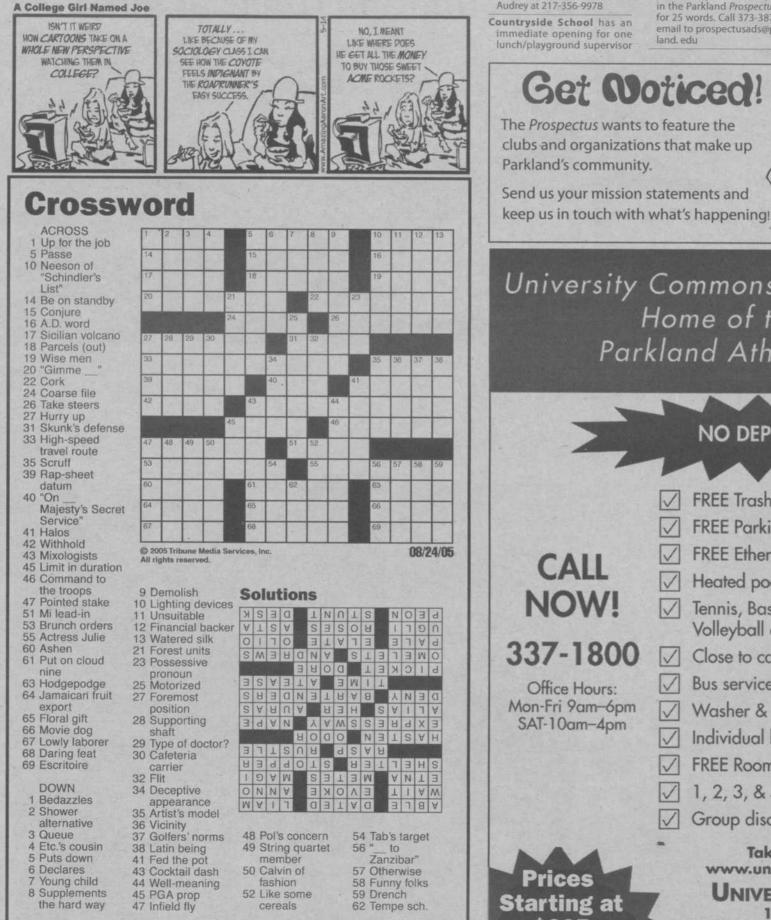
NOW IS YOUR CHANCE!

Application, petition, and essay due by 5:00 p.m. on September 2, 2005.

Please stop by the Student Life Office in room X153 to learn what positions are available and pick up a petition packet. PROSPECTUS - Wednesday, August 24, 2005 - Page 14

Classified

PROSPECTUS Wednesday, August 24, 2005-Page 15



Help Wanted

Single mother seeking responsible babysitters for a 4 year old girl. Babysitters needed for nights out. Possible nights are Wednesday through Satur-day. Must have transportation. Good Pay! 398-9148

Caregiver needed—Flexible hours, days and weekends. Call Audrey at 217-356-9978

Countryside School has an immediate opening for one lunch/playground supervisor

Get Noticed!

for K-8th grades. Work: M-F, 11:20 a.m.-12:50 p.m. on days when lunch is served. Please contact Binky Bognar at (217) 355-1253 or fill out an application at 4301 W. Kirby, Champaign.

Plåce Your Classifieds here next week. Deadline is Friday at noon before Wednesday that you want your ad to appear in the Parkland Prospectus. \$4 for 25 words. Call 373-3876 or email to prospectusads@parkland, edu





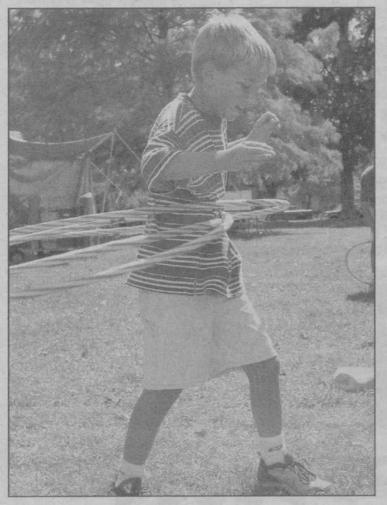
University Commons Apartments Home of the Parkland Athletes!



Did You Know? — The City of Champaign was originally named West Urbana. The name change occurred in 1861!

InFocus

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Weekend Arts Festival offers fun for young and young at heart



Top left: Nicholas Kemp hula-hoops; top right: Susan Nothrup and Mary Kemmer; bottom left: the Boneyard Creek Cloggers; bottom right: these ladies browse a vendor booth at the event. Nicole Simmons/*Prospectus*

