

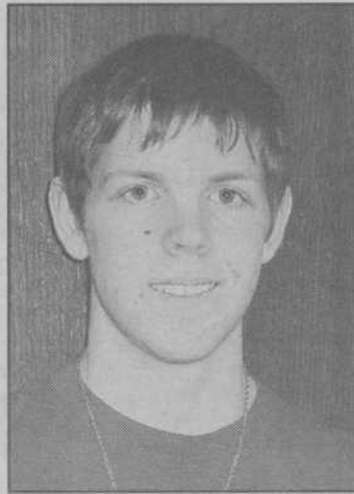
Candidates submit platforms for StuGo



Christian A. Burmeister
for President



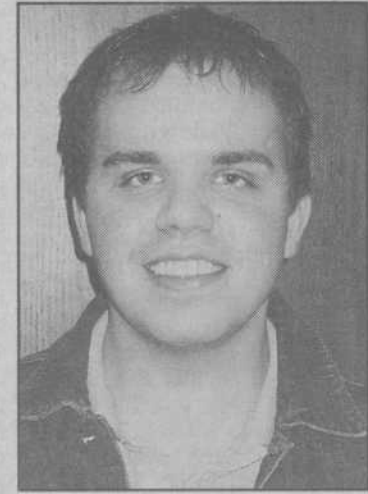
Lisa Colvin
for Senator



Keith Davis
for Senator



Veronica Starr Edmond
for Senator



Darren Elie
for Senator



Debra J. Lewis
for Senator



David Mannen
for Senator



Lisa Monray
for Vice President



Heather Mihaly
for Senator



Stephani Redding
for Vice President

Per candidate instructions, these platforms were not edited by any member of the Prospectus staff.

Christian A. Burmeister—President

During my tenure here at Parkland College I have been involved in several student organizations including S.A.M.E. (Student Alliance Multicultural Education) and the newly established student membership on faculty search committees. Since the fall of 2004 I have been serving as the Student Government Secretary. It's been a complete honor to be a part of a very prestigious group of people, who, like me, just want to make a difference in our community.

I am proud of what I have been able to accomplish, not only for myself, but for others as well. This past year, Student Government was able to raise over \$3,000 for the United Way Foundation. That money will go to individuals who are in need of finan-

cial assistance as well as to help medical institutions.

If elected I will focus on issues that directly affect Parkland students including diversity (in background, age, ability, gender, sexual orientation, race and ethnicity), the price of textbooks and other concerns that students may voice. During my term in office, I would like to accomplish having student participation on campus increased, and to see tolerance heightened. I look forward to serving as your Student Government President.

Lisa Colvin—Senator

Hello, my name is Lisa Colvin and I am running for the position of senator in the student government. I am currently a sophomore majoring in Liberal Arts & Sciences. I plan to transfer to the University of Illinois upon receiving my Associate degree. I have always been active in the community and my educational environment.

I graduated from Limestone Community High School, which is near Pekin, Illinois; while in high school, I was involved in a variety of sports and organizations. I was on the varsity track team for three years and treasurer of the Varsity Lettermen's Club senior year. I also participated in Key Club, Madrigals, softball, and Choir. For three years I had participated in Operation Snowball (drug prevention and student issues lockdown) at my high school. I also have over six hundred hours of volunteer work for Methodist Medical Center in Peoria, Illinois in the emergence department and distribution of supplies.

I am campaigning for the office of student senator because I am proud of my school and I want to help keep the campus running smoothly by offering programs that would insure students can achieve their goals. Such programs would include



Charles J. Rohlfing
for Student Trustee

Month of February too short to give justice to events

By ERIN DeYOUNG
Prospectus Staff Writer

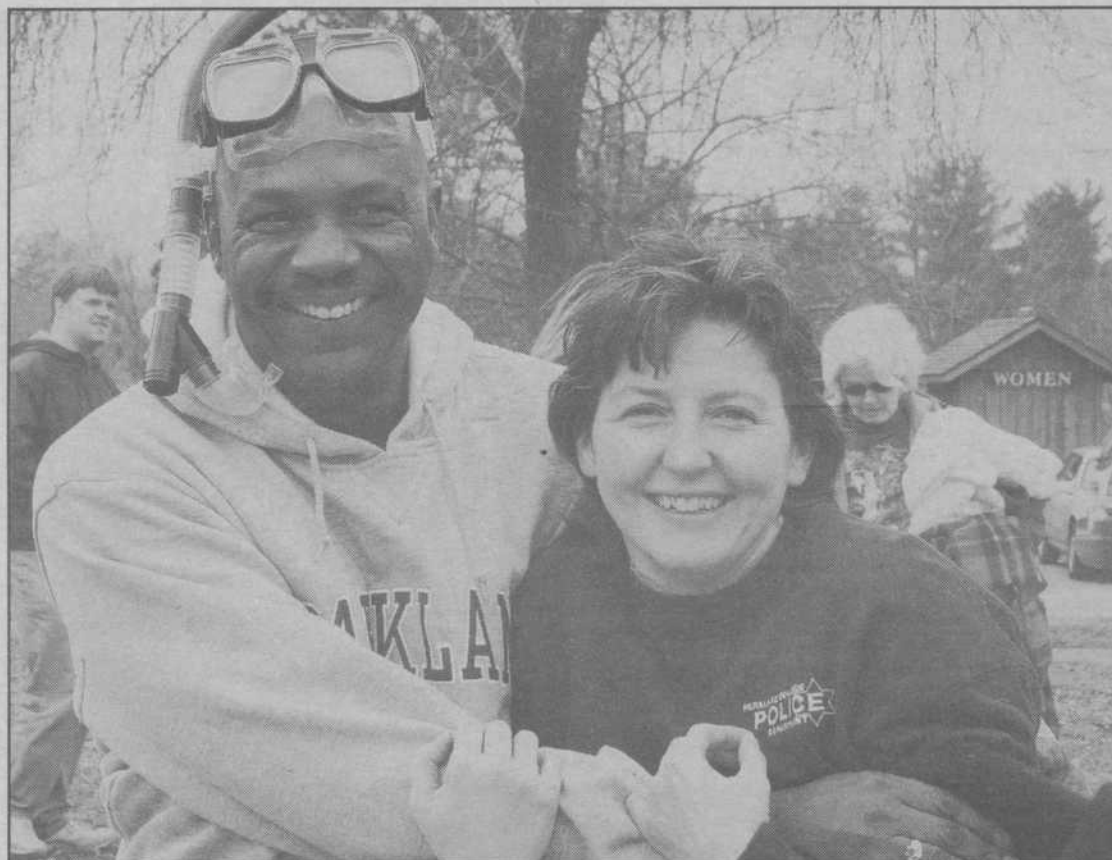
Black History Month has come to an end, and March has started. It seems that the month of February is never quite long enough, and the events that are put on by Parkland College make the weeks go by even faster. Every week this year there was an event worth looking forward to and attending, and every week you have the opportunity to learn a little bit more about African-American culture.

With so many important and talented African-Americans, it seems the short month of February is nowhere near enough time to give all of these people

the justice they deserve. However, it can be enough time to spark an interest in a person's heart. Whether you are 80 or 8, it is never too late to learn something new and to learn about the mark your fellow man left on the world, whether if it was by his or her literature or poetry or if it was by his or her ambition and drive to be treated equally.

Whether you're African-American or not, Black History Month always has something for everyone. It gives you the chance to learn about a culture from your own and way of life, or it gives you the chance to celebrate and maybe learn something you did not know

See **Justice** on page 6



Prospectus Photo by Larry Gilbert

Von Young, Director of Parkland Public Safety, and Officer Angela Corray are shown here at the annual Polar Plunge which was held Saturday, March 5, at Lake of the Woods near Mahomet. Parkland faculty and staff pledged over \$500 for the Special Olympics fund raiser.

Prospectus



To contact the Parkland Prospectus, phone us 217-351-2216 FAX 217-373-3835. By Email: www.parkland.edu/prospectus
By U.S. mail: Parkland College, Room X-155, 2400 W. Bradley Ave., Champaign, IL 61821. ADVERTISERS phone 217-373-3855 or FAX 217-373-3835

Letters and Editorial Policy

- The Prospectus is a student publication.
- It is published weekly during the Fall and Spring semesters, intermittently in summer.
- Views expressed are opinions of staff and contributors
- Advertising is accepted which is non-discriminatory and not in violation of any laws. The Prospectus reserves the right to refuse any advertising. Publication of advertising constitutes final acceptance.
- Advertisers must verify ads for accuracy.
- The Prospectus welcomes letters to the editor.
- The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the Prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper.
- Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.
- The Prospectus deadline for all advertising and other submissions is 5 PM of the Friday immediately before the upcoming issue.

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On Campus

CANDIDATES

continued from page 1

but not be limited to support groups and confidential call networks for single parents as well as a similar group for parents of children with mental and/or physical disabilities. I am the single mother of two children that have to take medication multiple times daily for ADHD. This is a real disease. My three year old son does have violent behaviors when he has not taken his medication. I know that there are many students with similar situations and I want them to have somewhere to turn to.

Keith Davis—Senator

I am running for the position of student government senator because I want to make an impact. I believe in doing my best in everything that I do and expanding my horizons. Last year, I attended many Parkland Christian Fellowship meetings and this year I am actively involved in Phi Theta Kappa. I have made friends in these groups and throughout my classes. I think I qualify for this position because I have a diversity of interests, which makes it possible for me to relate to a diversity of people.

I would like to help people have more control over their lives. I feel that by listening to other students, I can find out what they want and help make it a reality. I take a lot of art classes and know that for every situation there are many different views. By becoming senator, I can serve students by letting their views be heard. I like meeting new people and think this position will help me to change lives through my actions. I would like to develop strong life skills and be a good leader for others. I believe that by becoming senator I can help students succeed in reaching others with their views by representing them here at Parkland.

Veronica Starr Edmond—Senator

Hello students, I am Veronica Starr Edmond and I am running for Senator in our Parkland Student Government. I am a sophomore seeking a degree in Liberal Arts, but I am majoring in our student population. I am a hardworking and fun-loving individual who makes sure things get done. I am approachable, understanding and open-minded. I have great communication, persuasion and mediation skills. If you have an issue, then I have an issue and I will make sure that our issues will be addressed. One issue that is very important to me is student unity. As students we need to come together, stay together and build each other up. We must learn to network with each other, to speak up for one another and, last but not least, to teach each other how we can become the most powerful generation this country has seen. We need to give the world something new and positive to write about in our history books. Let's become the generation of unity and success. What better way to start than in our edu-

cation system. In our very own Parkland College! What I would like to accomplish during my term is student unity throughout the entire Parkland population.

When I become Senator, we all become Senator and Our Voices will be heard. Vote for us!

Darren Elie—Senator

When choosing what school to go to a person may think of how big the school is, what kind of classes or majors they offer? But, I think that one of the major deciding factors are the types of social aspects that are in the school. Here at Parkland there are many different social groups one person can be involved in, mine is student government.

Due to my previous experiences with a diverse group of individuals I am able to communicate the concerns and issues of my fellow students to the faculty. My past experiences include working with developmentally disabled and at risk youth in order to assist them in focusing their goals and effectively develop their social skills. I have benefited from offering these services in my own personal development as a leader. A leader will exemplify discipline, balanced with compassion and an approachability that will meet the needs of ones fellow peers.

For some people serving on student government may be a title, but for me it is an opportunity to grow, learn, and serve more. Also, it will sharpen my skills and techniques as a leader but more importantly as a person.

I hope that you will allow me the pleasure of serving as a senator for you on student government. Thank You, Darren Elie.

Debra Lewis—Senator

I am running for Senator of Student government because my flexibility and diverse life experiences allow me to be receptive to a wide variety of ideas. Since 2004, I have been a member of Phi Theta Kappa. Currently, I serve as the President. This position has allowed me the opportunity to expand my leadership and communication skills. My name may also be familiar from seeing it in the *Prospectus*. I joined the *Prospectus* in January and have been working hard to report stories that are relevant to students. Off campus, I work as a counselor for teenagers in crisis and enjoy hiking with my dog, Honey the Wonder-Mutt. If elected to the office of Senator, I would like to represent you, the student body, by giving a voice to your concerns. Together we can work to better our campus.

David Mannen—Senator

Hello Parkland students! I hope you will support me in the spring election as a Student Government Senator. Being a student at Parkland has been a great experience for me and I would love the opportunity to be of service to my fellow students in my final year here at Parkland College. I can't make promises ex-

cept that I will do my very best to make student's concerns be heard by the student government body. This will be a learning experience for me and I look forward to serving you.

Lisa Monroy—Vice President

I was born and raised in Champaign and I am currently in my second year here at Parkland College. I have served on Parkland's Student Government for the past year and have enjoyed it very much. While in this organization I have raised money for charitable Champaign businesses like the United Way Foundation. This past year I was happy to be a part of the Carle Heart-walk at which the proceeds went to heart disease research. I have also helped organize other student activities like Spring Fling. While in high school I served on Student Government for three years, both as a class representative and as secretary.

I would be honored to serve the student body even further as Vice President. If elected I would like to voice your concerns and issues that you think need to be addressed. I would also like to give back to the night students, because they are not able to participate in the activities going on throughout the day. I am here to help you, but I need your help first. Vote for me as Vice President.

Heather Mihaly—Senator

My name is Heather Mihaly and I feel that I am an ideal candidate for Student Senator here at Parkland College for several reasons.

First, I am a person who likes to get things done when they need to be done. I believe that sometimes things need to change, and even when others are afraid to speak up, I put myself out there to accomplish the task at hand. There are a few issues I am particularly concerned about, such as the idea of banning cell phones from campus, and lowering the cost of books. It is a well-known fact that books are about half of our tuition costs. I intend to speak with anyone I can to see if there isn't a better way; after all they did it in California, and they pay about 20% less for text books than anywhere else in the United States. As your Senator I will address these issues and others that you may feel are important. I want you to feel free to talk with me about things that pertain to your student body, as you are the reason I am here.

Lastly, I represent a very silent group of non traditional students here at Parkland College. I am single mom of three, who is not 21; hold two part time jobs; and am a full time student as well. I want you to know that your concerns are my concerns, and I look forward to and would be honored to serve as you student Senator.

Stefani Redding—Vice-President

This is my fourth semester here, and I am running for Student Government Vice-President. I am already familiar with some of you through my position as a Senator and Student Ambassador. I

have had the opportunity to become familiar with many of the responsibilities of leadership here at Parkland College in carrying out my duties as a Senator and Student Ambassador. I have helped a large number of students with problems, especially our new students. I am a member of Phi Theta Kappa, Student Nursing Association Parkland (SNAP) and compete with the Parkland Equestrian Team. This year, I was honored to be fourth in the Nation, competing for the Parkland Equestrian Team, against many colleges and universities nationwide. I have had many experiences with leadership through the American Quarter Horse Association (AQHYA), and the Illinois Quarter Horse Youth Association (IQHYA). I have held various positions throughout the IQHYA, ranging from President, Secretary/Treasurer, and various director positions in a five-year span. I was chosen by the IQHYA to be a national delegate at the AQHYA World convention for seven-years, where I had to make important decisions based on the problems and concerns of people in the IQHYA.

I feel that I would be a good choice for Vice-President. I have a good understanding of the college and the way things work. I believe that I can accurately represent the voices and concerns of all Parkland students while participating with Student Government as your Vice-President. I enjoy meeting new people and hopefully I can talk with you about any concerns you may have with Parkland College. Make your vote count on March 28, 29, or 30. I thank you for your support.

Charles J. Rohlfing—Student Trustee

That's my name. I am running for the position of student Trustee. As the Student Trustee, I represent you, the students of Parkland College, on the Parkland College Board of Trustees. I have been serving as the interim Student Trustee since mid January and would like to continue in this capacity for next year's term.

If elected, I will be a representative of the students. Your opinions will be voiced to the Board. Any issues you have will be put on the path towards resolution, and you will be heard.

As a current student representative, I have been involved in a lobbying effort to our state representatives and senators to try to get more state funding for Higher Education. Also, I have been involved with the Illinois Board Higher Education Student Advisory Committee—a group of students that meet bi-monthly to make recommendations to the Board of Higher Education. In addition, there have been several fundraising events this last year that I have participated in, including CU Special Recreation, and the united Way of Champaign County.

It is my hope that I will be elected for this coming year, so students can feel as though the issues and problems they have will be addressed.

Parkland nurses find camaraderie in SNAP

By DEBRA LEWIS
Prospectus Staff Writer

Are you a nursing student looking to expand your opportunities here at Parkland? If so, there is an organization you should join. SNAP, which stands for Student Nurses At Parkland, is a club that gives nursing students the opportunity to meet other students, give back to the school and educate the community on health issues. SNAP also hosts new student orientation and initiation and graduation ceremonies every semester.

All nursing students are considered SNAP members. According to President Amanda Frye, "...those [nursing students] who participate [in club meetings and events] are active members of SNAP." President Frye also notes that "students who are not nursing students are able to participate and become a member of the organization but are not considered active members and may not vote until...enrolled in the nursing program." SNAP also gives members an opportunity to expand their leadership skills by offering club officer and chairmanships to active members.

SNAP is active in promoting health and nursing issues both on campus and throughout the local community. SNAP members participate in programs to educate school children about

the importance of proper hand washing. SNAP also makes regular visits to nursing and children's homes. SNAP has also worked with the Boy's and Girl's Scouts to bring health related programming to troop meetings.

On campus, SNAP participates in smoking cessation programs, fundraising and outreach opportunities. SNAP has previously hosted raffles on campus to raise funds for their programs. They also provide a booth at campus events to help prospective students learn about the Nursing Program here at Parkland.

SNAP is currently planning a display for the Welcome Center titled "Nursing: Yesterday, Today and Tomorrow." This display will demonstrate the history of nursing, the current influence of nursing and where nursing is heading.

If you are a nursing student or are planning on joining the nursing program, SNAP is a great way to learn more about the program. Further, SNAP needs your support in order to continue their goals. SNAP meets every Wednesday at alternating times and locations. They also have a bulletin board on the second floor of the L-wing. For more information contact the advisors at tbosch@parkland.edu or hpapenbrok@parkland.edu.

Deadline: April 1 Summer 'Study Abroad' to France now available

Press release

Soak in the beauty and culture of France during a month-long stay in Dijon, France, from June 30 to July 30.

Participants in Parkland College's Summer Study Abroad-Dijon program will take classes at the University of Burgundy's International Center for French Studies, earning four or more college credit hours.

Students will indulge in the regional culture, including food, cinema, music, and more, and will travel around the historic Burgundy region, called the crossroads of Europe.

The program also includes round-trip transportation, housing and meals, a two-night stay in Paris, and a tour to Provence in the south of France.

The application deadline is April 1; applications will be accepted after the deadline on a space-available basis. The Illinois Consortium for International Studies and Programs (ICISP) endorses the Parkland program.

For more information about cost, eligibility, and financial aid possibilities, visit the Office of Study Abroad, C150, call 217/353-2263, or e-mail mbowser-kiener@parkland.edu.

Poet's Corner Untitled

By ASHLEY PAGE

Those of you who have cast the first stone...I'm working on forgiving.

My soul means well, but my heart is broken. So instead I turn my pain into prayers.

For those of you who laugh and make jokes without knowing the woman inside the clothes, I pity you.

My brothers and sisters who say I'm not like you forfeit the benefit of ever knowing themselves, because I am you and you are me.

I say: What they say does not matter, because if they only knew the person that I AM going to be, they'd be begging to take me out to lunch.

For those of you who have come and gone, I thank you from the bottom of my being.

You once were my right hand stage man, but now it is time that you become the audience, watching for greatness. Watching greatness.

You all have become my fans, where whether you know it or not, every little bit counts.

From the time you laughed at my pink shoes to the time you blessed me with a simple hello.

Your essence has impacted my life, my journey, and me. It is what will be remembered when I give my thank you speech:

"I thank you to all that laughed and scomed, for those who have come and gone, you were my ultimate determination.

Always remember me—I plan on making an impact on the world."

Chorus and Chamber Singers to present spring concert

Press release

The Parkland Chorus and the Parkland Chamber Singers will perform in a joint spring choral concert on Saturday, April 9 at 7:30 p.m. at Wesley United Methodist Church, 1203 West Green Street, Urbana. Donations will be accepted at the door.

Guest performers will be the Westville High School Concert Choir and Westville Singing Tigers, directed by Mary Beth Wallig and accompanied by Zhanna Lehmann.

The Parkland Chorus and Chamber Singers are directed by Barbara Zachow, accompanied by Jennifer Bedell (Chorus) and Dana Milan (Chamber Singers).

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21st annual Parkland Farm Toy Show

Photos by Nicole Simmons



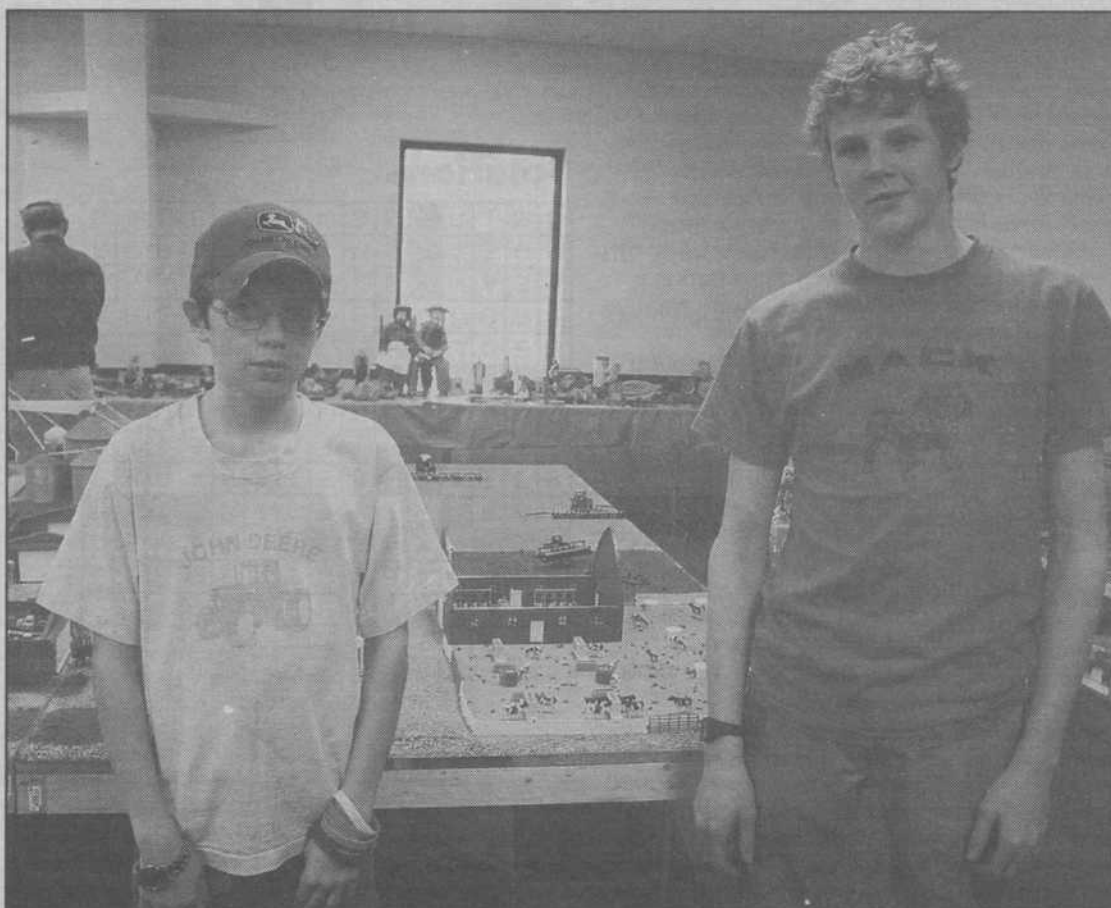
Cecil Wade displays his handmade works.



Chris Karr shows the Olaiver children (L-R: Benjamin, 3; Gabriel, 3; Zachary, 4) an old-fashioned game with rings and a duck.



Sam Smith displays his Pfister Hybrid models.

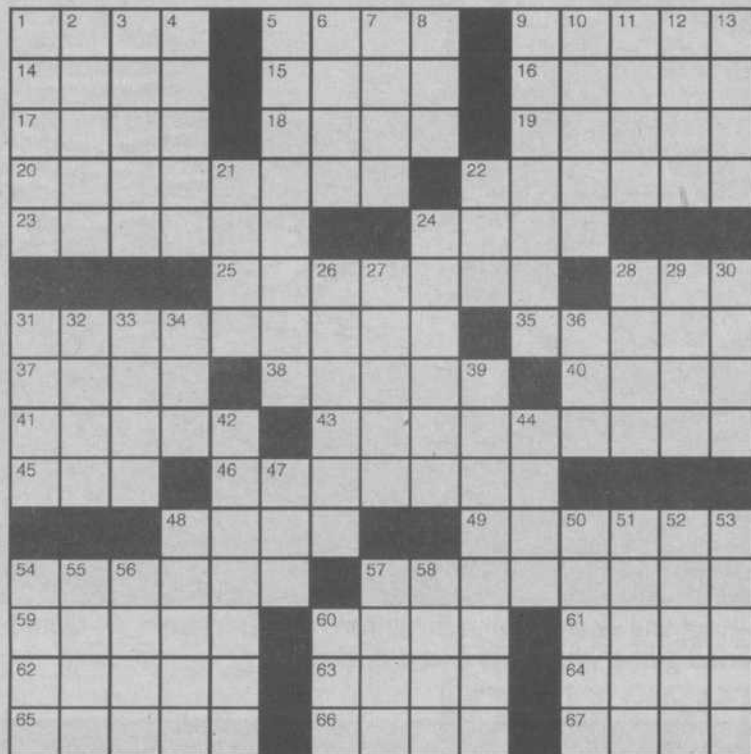


Zachary Maurer and Jacob Kesler stand before the farm landscape they constructed for the show.

Visit us on the Web at
<http://www.parkland.edu/prospectus>

Crossword

- ACROSS**
- 1 First name in espionage
 - 5 Memory method
 - 9 Pot starters
 - 14 Olfactory offense
 - 15 Something shared
 - 16 Leg bone
 - 17 Presidential power
 - 18 Exploits
 - 19 Benefit from tutoring
 - 20 Components
 - 22 Blessed
 - 23 Claim as a right
 - 24 Foundation
 - 25 Regardless of
 - 28 Slugger's stat
 - 31 Ambassadors' offices
 - 35 Secret observers
 - 37 Guys' dates
 - 38 Dry runs
 - 40 Swindle
 - 41 In full hearing
 - 43 Greedy
 - 45 Morning moisture
 - 46 Truly amazing
 - 48 Iowa State city
 - 49 Elicits
 - 54 Sports venues
 - 57 Wife of Odysseus
 - 59 French Open winner of 1989
 - 60 Warsaw native
 - 61 "The Right Stuff" org.
 - 62 Spooky
 - 63 Supplicant's request
 - 64 Molecular building block
 - 65 Post-Christmas events
 - 66 Setback
 - 67 Outer edges
- DOWN**
- 1 Relocated
 - 2 Fred's first partner
 - 3 Clan emblem
 - 4 Bakery bouquet
 - 5 Most circular
 - 6 Force out
 - 7 Very French?
 - 8 Switchback turn
 - 9 Map tomes
 - 10 Female relative
 - 11 Ski lift
 - 12 Cork's country
 - 13 Dune material
 - 21 Ceases
 - 22 Fri. follower
 - 24 Small nightclub
 - 26 Strainers
 - 27 Mexicali money
 - 28 Puerto —
 - 29 Suitor
 - 30 Distinctive doctrines
 - 31 Old-time oath
 - 32 Stag or hart
 - 33 Exhale forcefully
 - 34 Tempe sch.
 - 36 Trident-shaped letter
 - 39 Monotony
 - 42 Harms
 - 44 Sign over
 - 47 Director Craven
 - 48 Sharpshooter Oakley
 - 50 Pertaining to an arm bone
 - 51 Raccoon cousin
 - 52 ___ salts
 - 53 Clothes lines?
 - 54 High cards
 - 55 Mother of Hera
 - 56 Viscount superior
 - 57 Type of shirt
 - 58 Shade trees
 - 60 Sidekick



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03/09/05

Solutions

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American Idol: Season 4 Can there be another Kelly, Ruben, Fantasia?

By LAURIE HAYWARD
 COM 105 Student

In 2002, viewers listened as *American Idol's* first season brought us the voice of Kelly Clarkson. In 2003, viewers were torn between the two unique sounds of Ruben Studdard and Clay Aiken, discovered and presented by *American Idol's* second season.

In 2004, Fantasia Barrino sang her way into history, courtesy of *American Idol's* third season. Can the show's fourth season follow suit?

The fourth season of Fox's *American Idol* debuted on Tuesday, January 18. This season's show has toured through Washington D.C., St. Louis, Cleveland, New Orleans, Las Vegas and Orlando in search of its next big musical star, another vocalist who can awe the masses and produce chart-topping albums. But are fans ready for a new idol? Can viewers sit patiently watching the process unfold for the fourth time and hope to expect a matching, if not exceeding, result? Perhaps the answer is in the ratings, America's mass voice.

On its debut night, featuring a two-hour long episode, *American Idol: Season 4* delivered the highest rated entertainment broadcast of the 2004-2005 season. Reality World TV (realityworldtv.com) reports that nearly 66 million Americans watched at least some portion of the shows debut broadcasts. The website notes that even Gail Berman, Fox's own network president, had doubted the success of a fourth season of the show.

"We can expect to see some [ratings] declines," Berman had told reporters gathered at the Television Critics Association winter press tour the day before *Idol* premiered. "I think

that's only natural for a fourth-year show. What surprised me last year, its third year, was that its audience grew. We certainly don't expect to see that this year," she added, per Reality World TV.

Monday night, February 21, featured the final 12 young men battling it out, voice to voice, in order to gain phone call votes from viewers. Tuesday night, February 22, featured much of the same, but with female vocalists dueling instead. Just like in previous seasons, the young men and women with the least amount of votes are sent home, leaving the favorites to remain and duke it out once again, as the show continues.

As the finalists narrow, each week on *American Idol* becomes theme week, with a different famous artist joining the regular judges (Simon Cowell, Paula Abdul, and Randy Jackson), while the *American Idol* contestants try their hand at one of the artists' popular songs. Last season featured such artists as Donna Summer, Barry Manilow, and Gloria Estefan.

Currently, according to Zap2it.com (a website dedicated to American television and "what to watch") the early Nielsen ratings from Tuesday, February the 22, are highly in favor of the latest *American Idol* season. Fox had an over all average of 12.8 rating, while CBS clung on for second place with a 7.8 rating. Fox faired especially well among adults ages 18 to 49.

Only time will tell if Americans will stay tuned to the voices of this season's *American Idol*, and if the charts will stay strong as the show draws closer to its themed and finals weeks.

Only one contestant will show the mass audience if he or she can meet or exceed the likes of Clarkson, Studdard, Aiken, or Barrino.

JUSTICE

continued from page 2

about your own culture. From learning about famous African-Americans, to listening to Parkland's very own poets, to listen to the beautiful voices of gospel

choir, to discussing current race issues, to maybe just enjoying some good ol' fashion soul food, Black History Month at Parkland College is always keeps the learning process interesting and fun. One only wonders what they will come up with for next year.

Support the Cobras!



The next home game is Tuesday, March 15.

Baseball vs Valparaiso at 1:00 p.m.

Cap and Gown Measurement

Cap and Gown must be ordered by 3:00 p.m. on Friday, March 18, 2005

Payment is due at the time you order cash or check only

Checks are to be made payable to Parkland College



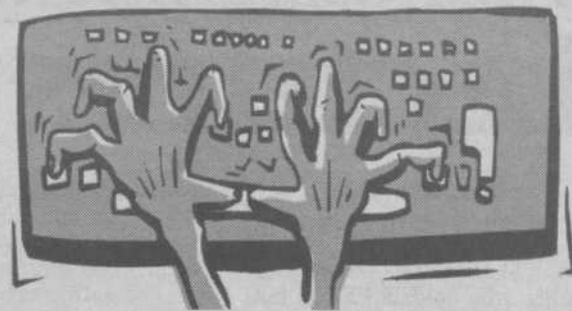
Measurement dates and times are:

Monday	March 14	9 am – 5 pm
Tuesday	March 15	9 am – 3 pm
Wednesday	March 16	9 am – 7 pm
Thursday	March 17	9 am – 5 pm
Friday	March 18	9 am – 3 pm

Questions? Come to X-153

keyboard chatter

by Larry V. Gilbert



EVERY ONCE IN a while, I hear people say something; and I just shake my head (just on the inside) in disbelief. I can think of a couple of examples without really thinking very hard.

The first: "Oh, don't put aluminum foil in the microwave oven. You can't do that!"

Oh, yes, you can.

The rule is that you can't let the aluminum foil touch the interior sides of the oven. If the foil touches the inner walls of the oven, arcing will take place. It would look like a lightning storm inside the oven.

With that said, peel and slice some fresh carrots into a microwave-safe container. Add a couple of teaspoons of water, cover the carrots with foil, and place a lid on the container. Make sure there is no foil extending out of the container.

Depending upon the wattage of the oven, cook the carrots on high about 7 minutes. Remove the dish from the microwave oven and carefully remove the cover and the foil. If the carrots are not cooked to your liking, place everything back in the container, cover with foil, replace the lid and microwave for another minute.

Now, see, there was no arcing, no lightning storm in side the oven.

The second example is related to microwave cooking as well. The uninformed would say, "You can't cook hard-boiled eggs in the microwave without a special utensil."

Yes, you can.

Wrap each egg (in the shell) with a single layer of aluminum foil. Place them in a large Pyrex measuring cup. At least 4 cup size, as I recall. Cover the eggs with water and place in the microwave. No cover is needed.

Bring the water to the boil and let it boil for a couple of minutes. Remove the eggs from the microwave, cover the measuring cup with a piece of plastic wrap, and let the eggs sit for 10 or 15 minutes.

Yes, there are special utensils for boiling eggs in the microwave, but why go to the expense?

No, the eggs will not explode in the microwave. The eggs are shielded from the microwaves by the aluminum foil. The foil transfers the heat from the boiling water to the eggs.

And as Forest Gump said, "That's all I have to say about that."

PROMISE YOU, I did not watch the Illinois-Ohio basketball game on Sunday. All of my friends will tell you that I don't watch the Illini games, even though basketball is my favorite sport on TV.

Every time I have watched the Illini in the past few years, they have lost. So, I don't watch them. And until Sunday, it worked. Illinois has won. But the spell was broken on Sunday . . . the Illini lost their first game this season. I knew that would

happen if I watched the game. So don't blame me.

But it was a good season, and there's still a lot to go. The winning isn't over!

FRIDAY EVENING, A friend of mine who is a member of the Champaign Police Department invited me to be a spectator at the Polar Plunge Saturday at noon. This annual event is a fund-raising activity for Special Olympics. "And if you can work this into your schedule, how about bringing your camera?"

Sgt. Frost's wife is a former student in the Fine and Applied Arts Department; and that's how I met "Frost."

I did go, and I had a ball. To tell you the truth, I was surprised by the number of participants and spectators. But I knew many of the media personnel and law enforcement personnel there. A photographer and reporter were there from the Chicago *Sun Times*. I think all of our local TV stations sent film crews, too.

The TV film crews must film 15 or 20 minutes of activities; and then when their work is aired, we see only one or two minutes. Our own, Chief of Security Police, Von Young, was interviewed by Channel 15 — and the short interview ran Saturday night.

See the *Prospectus* web site: <http://virtual.parkland.edu/prospectus> for Saturday's pictures.

Sgt. Frost told me Saturday night that their financial goal was realized — and more! Chief Young reports that over \$500 was pledged by faculty and staff at Parkland.

Polar Plunge volunteers are needed for 2006. Interested?

SATURDAY NIGHT IS Britcoms night at my house. I don't know whether to say I was disappointed or shocked with what I saw. Perhaps both. WILL-TV is conducting a fund-raising campaign, so last weekend's programming was modified. My regular programs were not aired. A special concerning the Britcoms was on the schedule instead.

Excerpts from popular shows were featured, and the stars of *As Time Goes By* and *Keeping Up Appearances* were interviewed. By far, my favorite character is Hyacinth Bucket (pronounced "bouquet," if you please)—the lady of the house—played by Patricia Routledge. I don't know when the current air schedule was taped, but Routledge appears to be about 60 years old on the show. But not Saturday night. She has "matured" a bit.

The Internet gives a biography for Routledge. Her birthday is Feb. 17, 1929. She's 76, a fine British lady. Her wardrobe for this special was in the same "proper" taste that we see on the series. So I just closed my eyes and listened to the Hyacinth that I know and love. "Rich-u-u-u-u-d" hasn't changed much.

Your assignment, class: eat some candy' Lectures discuss chocolate

By **MARTY HAIR**
Knight Ridder Newspapers

(KRT) DETROIT—Patrick F. Fields, who holds a PhD in botany, teaches classes about the mystery, history and allure of chocolate.

Students call him Doc Choc.

For chocolate lectures, Fields slips into a milk chocolate-colored lab coat to explain how the leathery seeds of the cacao tree—whose botanical name, *Theobroma cacao*, means “food of the gods”—are made into chocolate.

The topic of chocolate is hot. Pricey, luxury chocolates with labels telling the beans' origin and cocoa butter content are showing up in stores and on the Internet.

On the bookshelf, a new arrival is “Chocolate: A Bittersweet Saga of Dark and Light” by Mort Rosenblum (North Point Press, \$24). Beth Kimmmerle's book “Chocolate: The Sweet History” (Collectors Press, \$39.95) is due out in April. Some medical studies, meanwhile, suggest dark chocolate may help stave off hardening of the arteries and boost heart health. The National Institutes of Health is launching a study of dark chocolate's effect on blood pressure and insulin sensitivity in people with hypertension.

Who would have thought?

At the house he shares with his wife, Sandra, near Lansing, Mich., Patrick Fields takes what might be called a longer view of chocolate. What fascinates him is that anybody figured out how to make it.

“It's a multi-step process. How did humans ever come up with it?” Fields wonders, sitting at a table within view of two potted cacao trees he grows near the kitchen window.

Fields outlines the sequence: In the tropics, 25-foot-tall cacao trees bear pods. Twice a year, the pods are harvested and the almond-shaped seeds inside are soaked, fermented and dried, then shipped and sometimes blended with seeds grown elsewhere.

The beans are then roasted and hulled. The shelled nibs (“the good stuff,” Fields says) are 60 percent cocoa butter, the natural fat in the bean. The

ground nibs are called chocolate liquor. The liquor gets pressed to remove some of the cocoa butter, resulting in cocoa powder. For eating chocolate, manufacturers often put back much of the cocoa butter after mixing in milk, sugar, vanilla, stabilizers and other flavorings.

More expensive chocolates contain higher percentages of cacao or cocoa butter. White chocolate has no cocoa solids; it consists of cocoa butter, milk, sugar and other ingredients like vanilla, Fields says.

Complexity is one thing that fascinates Fields about chocolate. “There's complexity on all levels: its chemistry, people's response to it, the complexity of all the kinds offered. I'm just always learning more and enjoying it,” he says.

Chocolate on the brain

At his day job, Fields, 50, is an adjunct science instructor at Olivet College. As Doc Choc, he collects all things chocolate. His house has one room with shelves of chocolate and cocoa tins. On the dining table, loose-leaf binders contain 700 alphabetized chocolate labels. Fields occasionally sends out a free e-mail newsletter about chocolate (to subscribe, send a note to PatrickFFields@aol.com, with “chocolate newsletter” in the message field). He reads up on chocolate development and marketing and how companies that sell chocolate go about their business.

Friends going to Europe bring back chocolate bars for him. Yet while Fields happily samples chocolates from around the world, he is no chocolate snob. He's better described as a chocolate explorer.

His next favorite chocolate could be anywhere — on the shelf at Wal-Mart, at the local party store or on the Web — and he's willing to take a bite of them all.

“People ask me what my favorite is, and it changes based on what I've tasted lately,” he says.

Current raves go to a Scharffen Berger dark chocolate with cocoa nibs (“so like chunky peanut butter,” Fields says) and Godiva Chocolatier's solid dark chocolate bar. He also likes

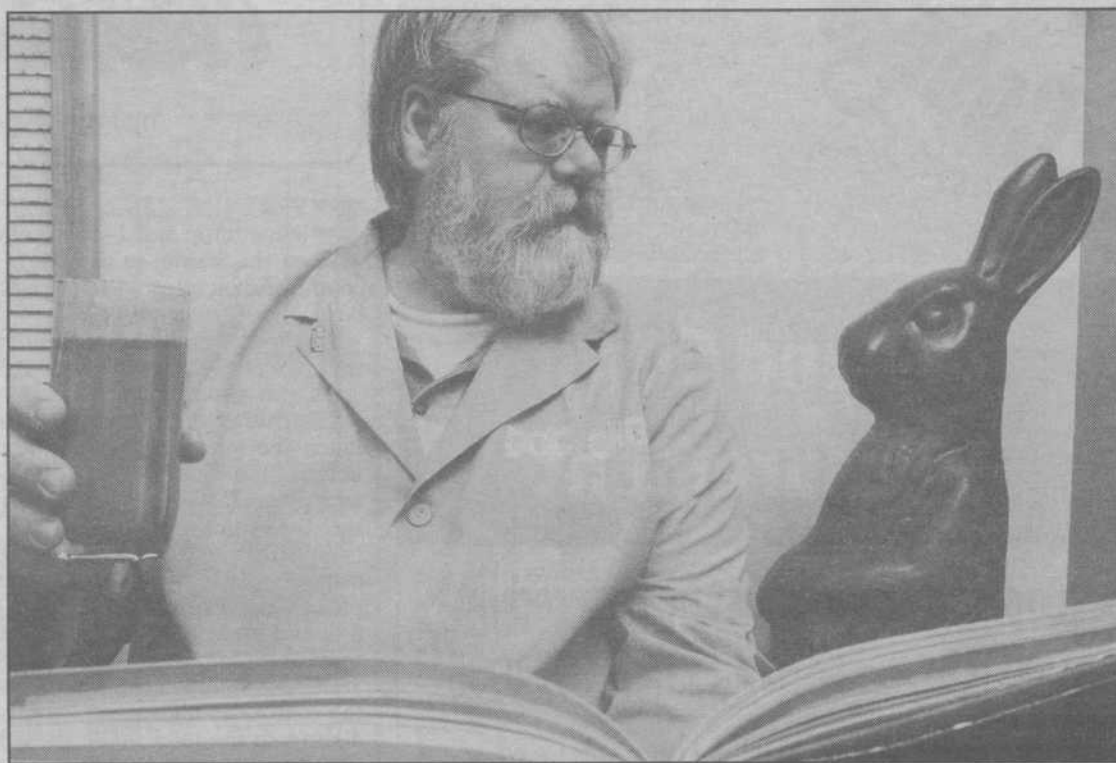


Photo by Clint Spaulding/Detroit Free Press

Olivet College instructor Patrick Fields holds a PhD in botany and teaches about the allure and mysteries of chocolate. His students call him Doc Choc. He is shown on January 26, 2005, in Diamondale, Michigan. (gsb) 2005

chocolate from the Omanhene Cocoa Bean Co. (800-588-2462 anytime, or www.omanhene.com), which uses beans raised on family farms in Ghana that, according to its Web site, don't engage in slave labor. The chocolate is also made in Ghana. “As dark of a milk chocolate as you could get, but it has a kind of fruity flavor,” he says.

He makes folks drool

Fields found a lot to like about chocolate during his childhood in Palo Alto, Calif.

“See's Candies, Hershey's — to me, those were the best brands in the world,” he says. He remained a casual admirer of chocolate during his school years, where he began specializing in paleobotany, the study of plant fossils. Fields received a bachelor's degree from the University of California at Davis, a master's from UC Berkeley and a doctorate in botany and plant pathology from Michigan State University.

While at Berkeley, he learned that a new course on chocolate had a two-year waiting list to enroll. So at MSU, during discus-

sions about new courses that might attract students, he suggested a class on chocolate. He eventually taught an adult education class on the topic there in 2001. Since then, he has also taught a four-week course on chocolate at University of Michigan's Matthaei Botanical Gardens. He also gives talks to clubs and other groups about chocolate.

Dressed in his chocolate lab coat, Fields is an imposing 6 foot 1 with the melodious, distinctive voice of a radio broadcaster. The pace of his words picks up as he gets going on chocolate.

“He's a very enthusiastic speaker and makes folks just drool,” says Jane Taylor, a friend of Fields and a member of the Michigan Herb Associates. (Taylor knows quite a bit about chocolate herself, having co designed the children's garden at Hershey Gardens in Pennsylvania.)

Chocolate isn't Fields' only passion. He searches the country for samples of ancient and modern sand, which he trades with other collectors. His childhood interest in sand was re-

kindled while instructing a class for earth science teachers. Fields demonstrated how unique sand can be in texture, color and shape. That prompted him to start gathering samples and join two societies for sand collectors. He is a research associate in paleobotany at a natural history museum in Idaho. Fields also writes poems about sand, chocolate and other topics, and is past president of the Michigan Botanical Club.

In his classes on chocolate, Fields says, women outnumber men by 2 to 1. Maybe it's because chocolate contains chemicals that mimic endorphins and estrogen, he says.

“I also think quite often they enjoy the sugar and the theobromines, the caffeine-like substance,” he says. One student confided that, during the blackout of 2003, all she could think about was how to finish off every last spoonful of chocolate ice cream in her freezer before it melted.

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Spring Break: March 19–27, 2005



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Humane Society cats get freedom from cages

Press release

Urbana, Ill. — Some cats at the Champaign County Humane Society are living the high life after CCHS opened its first communal cat room Friday. About 20 cats are residing in the cage-free room.

"The room will prove to be an invaluable resource for people who don't own cats, to see what they are like outside of the cages that we usually have to keep them in," said Michelle McKnight, shelter manager.

The public is encouraged to interact with the cats in the communal room, McKnight said. People will get a much better idea of how a newly adopted pet might adjust to being in their home after adoption.

"I hope that this will dispel the myth, once and for all, that

cats don't get along with other cats," said Jason Smith, executive director of the Champaign County Humane Society.

The public reaction to the new cageless cat room has been phenomenal, Smith said. Very few patrons of the shelter can pass the room without stopping for at least a minute or two to watch the cats play and lounge around in their new "home before a home," he said.

The management and staff of the Champaign County Humane Society are extremely excited about the opportunities that a cageless cat area has to offer.

With the rapid success of this new addition to the shelter, they are already considering using the room as a model to create other areas of the shelter that are cage-free.

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I am the anti-recruiter

By AARON GEIGER
Prospectus Staff Writer

There is nothing that can prepare a person for the experience of the military. You could have a brother or sister, father, or best friend give you a day-by-day account, and you wouldn't be 2% there. The recruiters will convince you that they can tell you 95%, and that the other 5% is totally easy. They'll throw out things like the standard, "make money for college" or "save money while you're away, then come home and buy a house!" If you're 'smart' (which almost everybody is, in terms of the military), then you could get a 'highly specialized technical job'. This usually is wrapped in a neat 'tech card' that could have an enlistment bonus from anywhere between \$1K and \$10K (more or less). What this usually entails is some young man or woman with a G.E.D. or a high school diploma being told they have an 'extraordinary mind' for being, let's say, a hull technician (in the Navy, this means you'll be cleaning clogged toilets and pipes, but you don't know that before the fact). The candidate is excited — there's a thousand dollar bonus for a four-year commitment. The job will let the future sailor-to-be have a choice of many ports, from sunny

San Diego, to trashy Norfolk, squalid and nasty Pasca-goula, etc. Excited, the candidate rushes home to mom and pop and tells them the news. Dad says, "I don't think you'd like the military, son." And we all know what happens after that...

Flash forward to the process of simply being accepted into the military. [From now on, I'll just make references to the Navy]. There's the AS-VAB (Armed Services Vocational Aptitude Battery), a test to find out what you're good at. For those that score low on it, the recruiter reasserts how hard the test is, and that a "Fifty is really good!" In real life terms, if you have a freshman high school education, you can read and write, count some numbers, and not drool on the test, you're in! Congratulations. Next, you're off to get a physical, where you'll strip to your underwear (please wear some if you go) and walk around like a deformed monkey, take a urinalysis (ladies, you get to squat and have a woman stare at you quite closely; men, you get to drop your pants and underwear to the floor while being watched by some man who isn't very happy to have his job), get your prostate checked (men only!) and get a pap smear (for you ladies who missed out on the prostate-checking). You'll

have your tattoos checked and marked. If you have things like spider webs on your elbows, or racial epithets streaking across your back, you'll be questioned thoroughly. You get to be weighed and measured, then told how fat and unhealthy you are compared to what you're supposed to be. When all of that is said and done, you get questioned over your history under penalty of a hefty fine and/or imprisonment. Did you take drugs? "Maybe I smoke a joint or two..." Well, that excludes you from a few cushy jobs. Did you have any ties to the KKK, Greenpeace, Texas Militia, or Al-Qaeda? Hope not. Were you ever convicted of anything, including traffic tickets? If so, please list the date, time, place, and nature of your offense, starting with the most recent. "C'mon, don't you realize that everybody has had tickets before?"

You take your oath in a room full of strangers, realizing that only one girl going into the army has any family there to witness this immaculate moment, staged in front of the flag of the United States of America. How patriotic. Before you know it, you're whisked off by plane or bus to a place like Great Lakes, Illinois, also known as Great Mistakes or Great Aches. The fun commences. Not yours, but the

people who are there to 'train' you and 'mold' you into a fine human being; not the waste of life you were before. The first night a couple of the two-hundred souls in your barracks runs away, a couple get into a fist fight, one girl screams about how her stomach is killing her and she needs to go home, and one guy gets in trouble for walking around naked in front of a female Recruit Division Commander (the Navy's drill sergeant). I'm sure everybody has heard a thousand boot-camp stories, and you'll hear a thousand more before you're dead.

The real interesting notion is the company around you. There are ghetto kids from the Bronx, ex gang-bangers from the barrio, farm kids that have never seen a large city or listened to a song without Jesus in it, sons and daughters of blue-collar workers from trailer parks, a couple of daddy's girls and momma's boys and a LOT of foreign nationals hoping to secure a citizenship with their service for the U.S. To top it all, you have people who were offered jail time or military service—what an obvious choice that one was.

These aren't your peers. They aren't familiar. They aren't the shining, beaming faces that the pamphlets were advertising. As the lie is unfolding, you'll experience a myriad of baloney, starting from the top and encrusting you, the bottom-dwelling new recruit, with figurative fecal matter. You'll

find out that your doctors in the military were picked up because they couldn't pass their exams for gaining a practicing license. Your dentists' only interests are to save the military money. If that means giving you a filling instead of a root canal, then so be it. They don't care if five years from now your tooth dies and takes your sanity with it. If an officer doesn't like you, there is little you can do about it. Say goodbye to sleep, goodbye to your girlfriends or husbands, and most certainly say goodbye to your children. Say goodbye to good food, hometown friends, late nights out on town when you feel like it. Say goodbye to your peers as they die, get pregnant, get injured, or go crazy. Say goodbye to your youth—you will never get it all back.

You serve for a few years, and career people tell you that there isn't much out in the real world for you to do, so you should reenlist for a change of assignment, as well as some more cash. People in the airport come up to you and say, "God Bless You!" and somehow that helps a little. You're thanked for your sacrifices, as if you were coming home with a Purple Heart, but in reality you were cleaning toilets on a ship from Mississippi.

And then in the end, you end up as a recruiter, handing out pamphlets of smiling, happy people ready to join the nation's pride, the Armed Forces of the United States of America.

Speak Out!

Prospectus welcomes Letters to the Editor

The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the Prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper. Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.

BUSH PREPARES FOR A NEWS CONFERENCE



Classified

VIRUS #3

BY IAN JOHNSON



■ Help Wanted

Food Service—Provena Central Illinois Region is currently seeking candidates for PRN (as needed) Food Service positions at our Urbana facility. All positions require weekend rotation. Experience is preferred. Applicants may apply at Human Resources, 1400 West Park Street, Urbana, IL 61801. EOE

■ Help Wanted

Housekeeping—Provena Central Illinois Region is currently seeking candidates for PRN (as needed) Housekeeping positions at our Urbana facility. All positions require weekend rotation. Experience is preferred. Applicants may apply at Human Resources, 1400 West Park Street, Urbana, IL 61801. EOE

■ Apartments

Quiet responsible female wanted to share a 5 bedroom house, nice neighborhood, large lot, country, storage, cable, internet access, busline. \$325/month. Utilities included. 344-4674

Having a garage sale? Advertise in the Parkland Prospectus. Deadline for submission is Monday at noon.

Courtyard on Randolph—Now renting for fall from \$618/mo., two- and three-bedroom apartments. 713 S. Randolph, Champaign. Includes cable, water, trash, laundry facility and seasonal pool. 352-8540 a.m., 355-4608 p.m. www.faronproperties.com

■ Miscellaneous

Whatever you want to advertise—Do you need a tutor for the Spring '05 semester? Run an ad in the Prospectus. Are you looking for a photographer for your summer wedding? Does your car need a tune-up before Spring Break? Run an ad!

■ Help Wanted

Help Wanted—Woman with chronic illness needs health-conscious person with reliable car for cooking, cleaning, help with errands. Approximately 12 hours per week. Call 355-4630.

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- Ads cannot be canceled after the above deadline.

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- ALL ADS MUST BE accompanied by a signed insertion order and payment.
- A SAMPLE OF ALL MAIL ORDER items must be submitted prior to the publication of the advertisement.
- NO SPECIAL PLACEMENT request given.
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- TEARSHEETS GIVEN ONLY when a self-addressed stamped envelope accompanies insertion order.

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In the spotlight

SOFTBALL

Brooke Freeman—Catcher

Favorite athlete: Peyton Manning
 Favorite musician: Rascal Flatts
 I'd most like to meet: My grandpa



Favorite food: Anything Mexican
 I will never eat: Steak
 Favorite movie: Dirty Dancing
 I can't live without: My puppy
 Greatest softball achievement: Hitting a grand slam my freshmen year for varsity/ signing with Parkland
 Favorite professor: John Batsie
 Favorite TV show: *One Tree Hill*

Favorite college team: Ohio State
 My dream date would be with: Brad Pitt
 Best advice I ever received: That I should be more confident

BASEBALL

Devlin Boatman—Catcher



Favorite athlete: Shaq
 I'd like to meet: Beyonce
 Favorite food: Pork chops
 I will never eat: Rabbit
 I want to visit: Hawaii
 Favorite movie: Remember the Titans
 I can't live without: My cell phone
 In 10 years I will be: A state policeman
 Favorite professor: Dave Lemons
 Favorite TV show: *Fresh Prince*
 Favorite college team: Texas

Support Your Cobra Athletes

Parkland equestrians succeed at local meet

Press release

Thanks to the many Parkland people who attended the Riding Team competition on the U of I campus Sunday, February 27. The students noticed!! Many of you have been asking for the results. Thanks for your interest and continued support. We had our GREATEST success in our history of equestrian competition.

Congratulations to Stefani Redding and her individual success and to Coach Cat Sutton and the entire team!

First show:

Stefani Redding, Open Reining: 1st place
 Stefani Redding, Open Rail: 1st place
 Amanda Blythe, Advanced: 3rd place
 Isla Arcaro, Novice: 3rd place
 Becca Cook, Novice: 1st place
 Brittany Kocher, Intermediate II: 3rd place
 Shannon Murphy, Intermediate II: 6th place

Mandy Reiter, Intermediate II: 3rd place
 Allison Lutz, Walk Trot: 1st place

Second show:

Stefani Redding, Open Reining: 1st place
 Stefani Redding, Open Rail: 1st place
 Amanda Blythe, Advanced: 4th place
 Isla Arcaro, Novice: 4th place
 Becca Cook, Novice: 3rd place
 Brittany Kocher, Intermediate II: 3rd place
 Mandy Reiter, Intermediate II: 4th place
 Shannon Murphy, Intermediate II: 5th place
 Allison Lutz, Walk Trot: 1st place

Team scores show #1:

University of Illinois: 35
 Parkland College: 34 ("Reserve High Point Team")
 Saint Mary's of the Woods College: 33
 University of Indianapolis: 28
 Purdue: 13
 Ball State: 12

Indiana University: 9
 Butler University: 2

Team scores show #2:

Parkland College: 31 ("High Point Team")
 Purdue University: 28
 University of Illinois: 16
 University of Indianapolis: 21
 Ball State: 18
 Saint Mary's of the Woods College: 17
 Indiana University: 10

High Point Rider

Show #1:

Stefani Redding, Parkland Reserve High Point Rider Show #1:

Mary Alice Bean, Univ. of IL High Point Rider SHOW #2:

Stefani Redding, Parkland Reserve High Point Rider SHOW #2:

Jillian Kimball, Ball State

Regional Qualifiers to date:

- Stefani Redding, Reining
- Stefani Redding, Rail
- Ellie Retherford, Walk Trot
- Mandy Reiter, Advanced Walk Trot Canter

Sports around the country

By RYAN ZERRUSEN
 Prospectus Staff Writer

Ohio State ruins undefeated season

The #1 Illinois Basketball team had one game to go to be undefeated in their regular season, but Ohio State had other ideas for the game. Ohio State's Matt Sylvester had 25 points and also the game-winning and undefeated season-killing three-pointer to win the game. For Ohio State, this game was like their NCAA tournament because of their self-proposed sanctions to be banned from the postseason. The Illini were ahead for the whole game, only being behind for 5.1 seconds to the end. Ohio State fought hard. Despite being down by double digits for the majority of the game, they never gave up and wanted to win more than the Illini. One controversial call was made in a game-changing portion of the game—

Luther Head was called for goal tending when the ball was clearly off the rim and out.

March Madness for the Illini begins with the Big Ten Tournament in Chicago. The first round games will start on Thursday, but Illinois will not be playing until Friday with a first round by being the #1 seed in the tourney.

NCAA Selection Sunday

The NCAA tournament is finally here and the 65-team bracket comes out on Sunday's selection show. Next week's conference tournaments are key to making the 65-team roster for the tournament. Teams on the bubble could help their chances with winning a few games or winning their respective tournaments. So, watch on Sunday after the championship of the Big Ten tournament if your teams made the March Madness NCAA tournament.

MLB starts Spring Training

Major League Baseball started spring training this past week with many games on ESPN. Much of the media was around the ever-growing talk of steroids in baseball with Jason Giambi and Barry Bonds getting most of the media attention. Baseball could be going through big changes in checking for steroids this season. Could this mean a decline of offensive production in baseball? Only the rest of the season will tell.