# Prospectus

A STUDENT-PRODUCED PUBLICATION SINCE 1969

Wednesday, September 17, 2003

Vol. 34 No. 01

### **Public Safety creates new** position, designed for the College Center

By Sarah Ramey

It's loud. I can hear loud bellows of laughter streaming from all different directions. It's hot. I am elbow to elbow with the person next to me and every step I take, I nervously bump into someone. Hoping to reach my destination soon, I glance ahead, but the towering crowds in front of me diminish my sight capacity. As I walk on in anticipation, it seems as if I'm an antsy 7 year old, waiting in line for Splash Mountain at Walt Disney World, but in all reality, I'm just an impatient teenager, trying to push my way through the College

So, maybe I'm exaggerating a little, but some weekdays at about 10-to-the-hour, the previously stated scenario is not far from the truth. For many college students and faculty, this scene can be pretty unnerving, and rather intimidating.

With this and other concerns in mind, Public Safety has recently designed a new position, to aid in the flow of the College Center traffic and activities.

Yvonne Meyer, Officer a Public Safety police officer, has recently been titled "College Relations Officer" of his or her time in the college center, to head off any prob-



photo by Sarah Ramey

Yvonne Meyer will be located at the new sub-station near the food court.

lems that may arise," explains Officer Meyer.

"I really enjoy working with people and solving problems," Officer Meyer said when thinking about why she wanted the job. "So, when the job description came out, I thought it would be something I would like, and also an opportunity to use my skills in those two areas. My past job experience has been in communications as well, so its nice to tie in that experience.

Chief of Police, Von Young, expressed that the biggest goal

Parkland College passes

on offering a bus pass

fulfilled by this position is that there is an officer in the college center when the college is the busiest, Monday through Friday, 8 a.m.-4 p.m. "Because this officer position is assigned to the college center, instead of being an officer on normal patrol, its main focus will be on the college center, being read-ily available at the peak times of throughout the day.

Besides being readily avail-able, in the college center, Officer Meyer will be working on several projects to better the educational environment for students. One project that is currently under way is RAD Training, which is Rape Aggression Defense Training that Officer Meyer is teaching this fall. Also with the help of June Burch, Health Specialist in the Wellness Center, there are plans underway to further develop an informational program to aid people who have been sexually assaulted, to help them take the next steps necessary to solving the problem.

Officer Meyer also hopes to be doing a lot of work with student life, facilitating any needs they may have.

Chief Young believes there will be many positive outcomes from the development of the College Relations Officer. "I believe that this position will benefit the lives of students who attend Parkland College. Our main focus is to provide an atmosphere that is safe for learning, and with this new position, created in the College Center; I think we are closer to attaining that goal.'

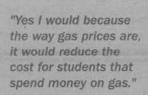
#### Prospectus asks:

Would you support a cost of \$33 per semester being built into Parkland's tuition for unlimited use of the MTD bus service?



Tiffany Mitchell

"I would because I think it would be advantageous for me to be able to just jump on the bus from my apartment and not have to worry about a parking spot, or if someone needed to use my car, I could loan it out without worring about getting to work."





Jason Smock



"I wouldn't because I don't live here in Champaign, and I wouldn't have any use for the bus service. This is a community college so many students wouldn't have use for this service."

Jamie McCoy

"Yes I would, because living in town I can see it would be a great benefit. It's a good deal too."



Aaron Jenvey



" I would not support that because I commute from Arcola, and since I don't live in town it wouldn't be any use for me."

Katelyn Blagg

and has been relocated to the new Public Safety sub-station in room X-110. "It is a position that allows faculty, staff and students to have an easier way to get information to and from Public Safety. It also allows for an officer to spend much

By Sarah Ramey

When I think of my least favorite things to do, I'd say number one is getting a physical at the doctor's office, number two is paying \$78 for a tiny one inch sticker saying that my license plate is renewed, and number three is parking my car at Parkland College.

Unless you get here at 7:30 am, on a normal weekday it is likely that you will be parking incredibly far from the school building. Of course, right now with the sun shining, and a temperature of 75 degrees, its not so bad, but I truly dread those winter months stomping through three feet of snow for the endless trek to the build-

Maybe I'm just a wimp, but it seems like there could be something done to decrease the amount of cars in the parking lot. Charge for parking, encourage car pools, or offer a bus pass that is inclusive in the Parkland College tuition. I am not certain about the debate of the first two, nor do I hope they take place, but the third has been questioned by inquiring student minds at Parkland.

At the University of Illinois, there is a non-refundable built in fee of \$33 per semester for unlimited access to the MTD bus service.

According to Michael Stubbe, Operations Planner at the MTD, this fee is necessary to operate the campus bus service. The University of Illinois also pays a set fee to allow its staff and faculty to have similar access to the bus service.

For anyone to get a bus pass, it is \$90 per semester (\$25 in the summer) or \$180 for a whole year. So it is obvious that U of I students are receiving an incredible discount.

However is something similar to this likely to be offered at Parkland College campus?

Tom Caulfield, Director of Student Life at Parkland College, explains that this is not likely to happen. "The question at hand, is when you look at the full parking lots, how many of those who drive, would be willing to give up driving to take the bus? If you look at how large our district is, it is easy

to see that many students come from out of town, and would not be able to benefit from the bus service."

Caulfield continues, "If we initiated a fee here, we would expect the students from out of town to be very annoyed with our decision."

The students who live in Robeson Hall, are offered something similar to the U of I students and they have unlimited access to the bus services as well. However, Caulfield explained that "Robeson Hall independently provides that bus pass, not Parkland."

It appears that what started out as a great idea, is a bit too complicated for the present situation at Parkland College. Mr. Caulfield explained that Student Government too has pondered the same idea in the

So, it looks as if it is going to be another cold winter of journeying through the snowy paths of Parkland College. However, we've all done it before, so I guess we can do

Photos by Sarah Ramey

## Features

#### **PROSPECTUS**

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Wednesday, September 17, 2003

Just ask June

Drop your question in the question box at the Information Desk

Are all over-the-counter painkillers the same for headaches? According to *The Good Health Fact Book*, there are only three active chemical ingredients—aspirin, acetaminophen, and ibuprofen—in any over the counter headache medication and they

are all equally effective.

Aspirin has been around the longest and costs the least, but it should not be taken by people with bleeding disorders or ulcers because it thins the blood slightly and can irritate the stomach. Aspirin is also not recommended for children with a fever or for anyone anticipating surgery or major dental work within 5 days.

Acetaminophen does everything aspirin does except reduce inflammation and is recommended for reducing fever in children. However, long term use has been associated with liver and possibly kidney disease in some people.

Ibuprofen fights pain, fever, and inflammation and generally costs more. It should, however, not be taken during pregnancy and prolonged use has been linked to kidney damage.

For additional information, visit the Wellness Center in room L-122, send an email to jburch@parkland.edu or Just ask June.

### IMAGES

Fall '03 submission deadline for poetry, prose, and visual arts is November 14.

For **free** copies of Images 2002 and Images 2003, and for further information call or e-mail:

353-2627 jeby@parkland.edu

### Prospectus\_



To contact the Parkland Prospectus, phone us 217-351-2216 FAX 217-373-3835. By Email: prospectus@parkland.edu

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#### LETTERS AND EDITORIAL POLICY

The Prospectus is a student publication.

- It is published weekly during the Fall and Spring semesters, intermittently in summer.
  Views expressed are opinions of staff and contributors
- Advertising is accepted which is non-discriminatory and not in violation of any laws. The Prospectus reserves the right to refuse any advertising. Publication of advertising constitutes final acceptance.

Advertisers must verify ads for accuracy.

The Proposition well-among letters to the

The Prospectus welcomes letters to the editor

The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the Prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper.

 Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.

 The Prospectus deadline for all advertising and other submissions is 5 pm of the Wednesday immediately before the upcoming issue.

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### A Mark, A Mission, A Brand, A Scar; A Review

By Jesse Woodrum

Last month, Dashboard Confessional released their third full-length album called A Mark, A Mission, A Brand, A Scar. The album has a couple good singles and of course several songs that fans will love but which the radio waves will likely never hear. For Dashboard fans, a new arrival is welcome (their last album The Places You Have Come to Fear the Most was starting to get worn out since it's March 2001 release) and as we're prying Places from our CD players and checking o ut this new material responses across the emo-rock community are mixed. I think it is a great new album and a step forward for frontman Chris Carrabba and his band,

likely to ripple across the emo scene.

The album's first single, 'Hands Down," has been on the radio for couple months and it's noticeably Dashboard. Dashboard's songs are still largely lyric-driven, but the instrumental qualities are more prominent, especially on "Hand's Down." It's not fair to say that Carrabba has backed off, lyrically, but the vocals are less overbearing. Instead

C a r r a b b a 's lyrical prowess is balanced by more mature guitar work, and more complex percussion. (I have always considered Mike Marsh a mediocre drummer.)

The track opens up with a quick little electric riff, and the vocals open up on a background of tense muted power chords. The song is marked by a sense of immediacy instead of the typical style of retroperspective. The song ends with a sensual narrative and...a happy ending? Talking with friends about this track, a common response is "What? Happy Emo?" Carrabba revives his lyrical predominance towards the end of the song but there's no question: this track is rock 'n roll.

The second track, "Rapid Hope Loss" is also single material. Here, interpersonal bitterness and heartbreak reclaim Dashboard's theme. This track is powerful, and surely to be a favorite on stage, as well as a pleasant surprise to those who buy the new album without having previously downloaded some of the new material.

"As Lovers Go" is another song that *doesn't* make listeners want to kill themselves. As well as marking a thematic change in direction, the vocals are a little more diverse with other voices in the background.

Towards the middle of the album, songwriting slacks a little and some of the tracks are upsetting. "Carry This Picture" is totally out of character. Groovy towards the beginning with an almost country rhythm, the song fails to follow through on this uncharacteristic but promising track.

The chorus is in ¾ timing which caught me pleasantly off guard but it was littered with a lame, poppy baseline.

"Bend and Not Break" and "Am I Missing" are good tracks. Here the growth of drummer Mike Marsh shows how different Dashboard can sound when focus is shifted from the vocals and balanced elsewhere. Marsh and Carrabba seem to compete for attention when they cry out during the chorus of "Am I Missing."

"Carve Your Heart Out Yourself" and "Ghost of a Good Thing" are both disappointing tracks. Written in on-the-verge-of-tears style of former tracks like "The Places You Have Come to Fear the Most" and "This Bitter Pill," This disc, however, is a sincere collection of amateur footage—the lone Carrabba on stage and the band in rehearsal at their studio in Florida.

The disc introduces itself with the prologue, "In the Spring of 2003, we recorded an album, and then I went on a short solo tour. Our friends had some cameras, and this is what came of them. I hope this finds you well."

I have seen Dashboard Confessional live in Chicago and I found the live stage a poor setting for the experience of emo music. Something about its intimate intrapersonal nature was opposed by the congregation of hundreds on the floor of the Pavilion. That said, the footage of Carrabba's

solo act stage is very good-watching Carrabba's live act on my computer screen isn't the same as being surrounded strangers while I'm trying to experience what the music means to me. Also the footage selected is if Carrabba at his live best. He does his act with all the siasm heard on the recordings (and more) though when I saw Dashboard, he seemed bored with the show. He kept yelling at the sound people offstage during songs, and stopped singing mid-verse, to let sing-along



DASHBOARD CONFESSIONAL A MARK - A MISSION - A BRAND - A SCAR

photo courtesy of http://www.dashboardconfessional.com

they don't even satisfy that old appeal. Some of the guitarwork is incongruous here and it seems like enough effort simply didn't go into the songwriting process. In an interview with MTV News, Carrabba said about forty songs were demoed for the new album and I'm disappointed that a few of these made the cut.

Just as the album seems to be making a turn for the worse the second-to-last track "If You Can't Leave It Be, Might As Well Make It Bleed, is a god-send. Despite its monstrous title it revives the rock 'n roll sentiment of "Hands Down." Carrabba gets real with his Gibson Les Paul and some great rhythms result.

#### Far From Home Movies

I was belated in my acquisition of one of my favorite band's new releases, mostly because I had been downloading the new material since I heard that a new album was in the making, and expected to have it compose before even its release. However, it seems that Kazaa (and I assume other file-sharing programs) have been littered with "ghost tracks"-files containing an obnoxiously scrambled version of the new songs. In my frustration, I succumbed to my efforts and bought a legitimate copy of the new album. Now I am happy I was forced to do so, because the disc is accompanied by a bonus DVD.

Usually "bonus material" is uninteresting promotional junk assembled by the record company with stupid interviews and music videos (in my opinion the enemy of music).

crowd take over.

Carrabba is unquestionably the song-writing force of the band's music. However, as he said in the MTV interview the band helps tweak the songs before recording. Between shots of live performances, the DVD shows the band working on songs in their studio. Watching the birth of the songs I have come to love was interesting and offers insight into the songwriting process of this passionate genre.

One scene even shows Carrabba on a studio take of "If You Can't Leave it Be, Might as Well Make it Bleed." The footage is broke up with clips of Carrabba's commentary after the accidental single-take. The song ends with Carrabba screaming the final lyrics into the mike. Afterwards the emotional effects of such a performance are visible and the songwriter bows his head trying to overcome the powerful exertion. Seconds later he laughs it off and says, "I got...I got hit with a demon spirit." He seems to pass minutes trying to overcome and tries to laugh saying, "I'm not sure I could do anything right now."

Though the new album contains excellent tracks some of us couldn't live without, it has room for improvement. I hope new Dashboard material in the future will not be surrounded by lazy filler. Regardless, I am happy to have parted with fifteen hard-earned dollars for A Mark, A Mission, A Brand, A Scar. The extra material is sincere and the insight it offers is truly a gift on the part of the

### "The Laramie Project" coming to Parkland Theatre



Rehearsing for "The Laramie Project"

By Patrick Yeagle

The tragic kidnapping and murder of gay college student Matthew Shepard will forever be remembered, in part due to the hit drama "The Laramie Project." This drama by Moises Kaufman's Tectonic Theatre Project is of unique format, and promises to be thought provoking and insightful, encouraging the viewer to confront the hate and bias that caused this injustice. It has been put on film, and continues to be presented across the nation in venues of all sizes. Though originally done with only eight people, Parkland's presentation will feature nearly eighty members of the student body and faculty. Parkland Artistic Director Randi Collins Hard will be directing this drama, and the cast will be rehearsing through September to prepare for the October showings.

Moises Kaufman, also the author of another hit, "Gross Indecency: The Three Trials of Oscar Wilde", traveled to the small Wyoming town with his troupe to investigate not only the facts behind the murder, but also the perspectives of the town's people. The production itself is a series of interviews with towns-people: people that knew Matthew, as well as others from the town of Laramie, Wyoming, where the murder occurred. Audience members are presented with a puzzle of conflicting views and thoughts from a large group of real people, including ministers, emergency room doctors, professors, and even auto mechanics. Kaufman and the troupe attempted to glean the most important substance from over 200 such interviews to present the audience with a work that transcends issues and confronts the root of the problem. These interviews are presented as they were spoken, making this drama more a work of good editing than of writing.

Director Hard has high hopes for this show. "This will be a very engaging show. The cast of 75 actors from Parkland students, faculty and staff to members of the community to U of I

photo by Sarah Ramey

students ... are experiencing a wonderful ensemble process. They will have a very unique performance experience. The audience will be moved, angered, entertained and educated. This play has the power to change peoples attitudes about homosexuals. It has the power to force us to re-evaluate our lives, the society we live in and what we are teaching our children. I hope it does those things," she says, adding that the audience will become emotionally involved with the subject, and ask themselves important questions. When asked why this play was chosen, Prof. Hard said, "It has only been produced once in this area, 2 years ago at the Station Theatre. It is an important drama that provides an electric theatre experience. I wanted to be able to cast alot of Parkland students, faculty and staff with other members of the community to bring each character to life onstage. We wanted to have opportunities for diversity in our casting. We have accomplished this. It is a story that is also political because we have many gay rights issues that are still unresolved in this country. This play calls attention to this ongoing issue.

Parkland's theatre troupe will be presenting the fruits of their labor several times during the month of October. On the first of the month, a preview will be offered at 8 p.m. for \$2.99. October 3, 4, 9, 10, and 11 are set as the evening performance dates at 8pm, with October 12 set as a matinee at 3pm. General Admission is \$10, students (over 12) and seniors get in for \$8, and youth (under 12) tickets are \$5. On October 3, post-drama discussion with the actors and director will be held to allow the audience to reflect on the presentation. Those interested should call 217-351-2528 for tickets and information.

Other upcoming plays for this theatre season include the musical fable "Story Theatre", which is scheduled for November, a student production in December, the comedy "Sylvia" in February, and the musical "1776," which is set for April.

## Features

**PROSPECTUS** 

Wednesday, September 17, 2003

### The Labyrinth **Project**

By Rachel W-Domain

Since the spring of 2001, plans have been being made for a labyrinth to be built in Crystal Lake Park. This fall, after years of fundraising and planning, construction of the

labyrinth is to begin.
Unlike David Bowie's labyrinth, a real labyrinth is not a maze, it is a single winding path that leads to the center and then out again. For 4,000 years, labyrinths have been being used as a tool for meditation, relieving stress, healing, channeling insight, imagination and creativity, and connecting one's mind and body.

Last Thursday evening, in remembrance of September 11th, a portable labyrinth was set up in the Wesley Foundation. Many walkers prayed or concentrated on peace as they walked. Some walkers will concentrate on a question as they walk to the center and how they can apply possible solutions as the walk

The Labyrinth Project is being funded and conducted by the Baker Board and the Urbana Park District. In total the project will cost approximately \$60,000.

Marty Kermeen is the artist commissioned to do the work because, as Barbara Jauhola of the Baker Board puts it, "He knows what he's doing." Kermeen, who has made dozens of labyrinths, specializes in working with brick and cre-ating and installing complex labyrinth designs. The design for Crystal Lake Park will be what is known as the classic, or Charters-style pattern.

Jauhola says that for her, walking the labyrinth is "very centering, very restoring." However she says that the

labyrinth does not work for every body and the mentality should be "if it works it works," but that you can't force it. As Kathe Brinkmann, who is also working on the project, states, "It's a tool, it's not magic." She says it clears out the stress of the day or "monkey mind" as she puts it, and helps you to

One of the most emotional experiences Jauhola had as she walked a labyrinth, is when her brother was in open heart surgery undergoing a triple bypass. Entering, she says she felt extremely stressed, but during the walk, "I felt everything was going to be ok." Later she learned that she had been walking while her brother was actually in surgery and that he had come through "with flying

It is also being discussed that Parkland students may play a role in the Labyrinth Project. The Project may be asking for Parkland students to submit possible designs for the land-scaping, after the completion of the actually path.

As the use of labyrinths as a healing tool and for stress relief is becoming popular in the U.S., labyrinths have been constructed in parks, churches, retreat centers, museums, outside of hospitals and even outside a law school in New York.

Upon completion the labyrinth will be open to the public for stress relief and as a spiritual tool. Dedication is set for the spring.

All donations to this project are happily accepted, and upon donation of \$100 dollars or more, the Project will inscribe a name or short message on one of the bricks that make up the path of the labyrinth.

## Student Government Elections

**Election Dates:** Wednesday September 17 From 10 a.m. - 2 p.m. and 5 p.m. -7 p.m. **Thursday September 18** From 10 a.m. - 2 p.m. and 5 p.m. -7 p.m. Friday September 19 From 10 a.m. - 12 p.m.

Election Booth At College Center

## Elections

**PROSPECTUS** 

Wednesday, September 17, 2003

### **Editor's note:**

Following are statements by the six individuals running for student council senate positions.

This past spring five senate positions were vacated graduating students, and now six candidates are vying for these five seats. (One candidate is not featured due to his inability to make either of the photo shoots.)

Talking with Student Body President Adam Colba, he described Student Senators as "a direct representation of the student body." They are, as he went on, "the eyes and ears of the students.'

Class was scarcely in session when candidacy petitions were due. Adam Colba says this is because the organization has a lot of work to tend to this semester. Student Government holds meetings from 2-4 on Thursday, which anyone is invited to attend. E-mail acolba@stu.parkland.edu for information on where the meetings will be held.

Parkland's student government is one of the students' best tools for policy change. Its members have seats on the Parkland College Association and on the Board of Directors. They have funds they can use to help other student organizations as they have helped Colors and the automotive program in the past.

Adam Colba is a very energetic and outgoing individual and I encourage students to engage him and other council members if you have ideas, or input. After becoming acquainted with him, I have confidence in the competency of student government at Parkland College.

When elections have subsided and the new senators take office, the Prospectus will run a feature on the new officers. It is important to be able to put a face on your representatives so you can stop them in the hall and offer an idea or ask questions.

However dedicated its members, the student government will not work without participation from the student body. Voting will take place in the College Center in the X-wing September 17th, 18th, and 19th—Wednesday through

Please take some time to become familiar with the candidates and make your democratic contribution. Please know that Student Government is one of Parkland's most valuable human resources, and make use of it.

Thank you and happy voting, Jesse Woodrum

-Editor

#### **Christopher F. Wassom**

My reason for running for the position of Senator is to have the opportunity to expand the current range of experiences for students. One particular area of focus would revolve around the issue of diversity. Another area of focus would be cooperative learning. I believe that being a first-generation student and coming from a family of six children I have been exposed to a great number of obstacles in pursuing my academic success and thus have the at Parkland College.

ability to assist others in navigating the academic process. Among the issues that I feel strongly about are the need for more activities inside the school, which advocates the sense of community thus addressing again the issues of diversity and cooperative learning. I hope to have the chance to represent a hard-working student's perspective, and accomplishing this through working with my fellow colleagues

#### Rocky L. Bundy

vital role in the lives of many, both ness to the studies of this institution

dents. Some of the ways that this is true is by being able to gain attention to issues and sometimes even changing them. Issues can be addressed either votes debates/ and or discussion. Student government is also a way to help others that cannot help themselves. This

can be done via fundraisers, raffles, such political association such as or even volunteer work.

My name is Rocky L. Bundy and my reasons for running for student government are this. I absolutely feel great when I know that I have either made a difference or helped construct a solution. I want to be a part of a group that prides their selves on actions and results. Being a part of Student Government is also a very reputable association to be a part of. If elected I will serve with great pride and go above and beyond the call of duty for my chain of command and fellow students.

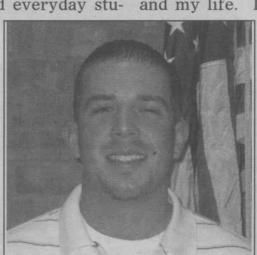
I feel as if I could do a great job for a series of reasons. I am a full-time student who has a 3.4 Senator. Thank You.

Student Government plays a very average. This shows my seriousactive members and everyday stu- and my life. I work two part-time

jobs showing desire for success, efficiency of time management, proud work ethic. I also am a reservist in the military and coming off of four years of active duty Marine Corps. This shows my proud dedication for this great nation and the freedoms that enable us to have

Student Government. Beside my dedication and loyalty, I also have great leadership traits as well. Unselfishness, courage, dependability, initiative, and tact are just a few of these traits that I possess and would proudly bring to the table of Student Government.

In conclusion, I feel that Student Government is a very rewarding and honorable group to serve under. I want people to know that they can come to myself an others and they can expect attention and results. I feel as if Student Government could use a person with such good qualities as myself for



#### **Matthew DeRosa**

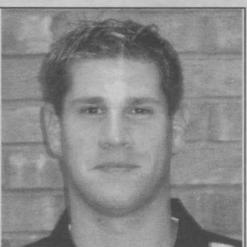
Government Senator because I classmates would like to see done,

that have a foundation in politics. is good to see other students that enjoy these organizations, because they know they cannot make a difference just sitting around complaining about an issue. They join an organization such as this not just wanting to succeed in their desires personal

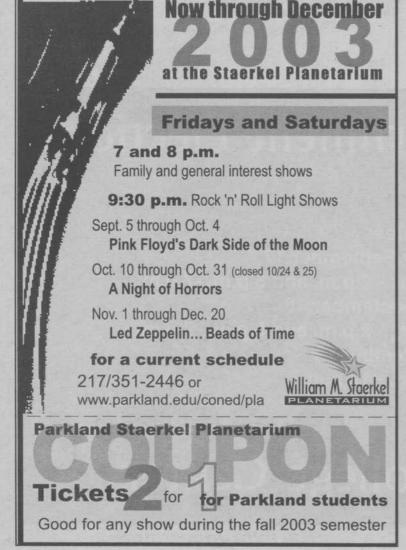
but to serve fellow students as well I am qualified to serve my fellow by taking what they would like to students well. change as well. That is my primary

am running for Student goal. I would like to hear what my take great interest in organizations and try my very best to make them

satisfied.



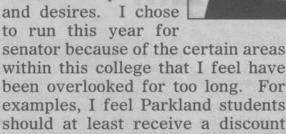
I have had six years of student council experience and have served many positions: representative, council president, class treasurer, class vice-president and class president. Trough these positions I have learned what it takes to be a leader and I feel



#### **Lauren Huber**

A Change in Mind

Huber and I am running for the position of Student Government Senator. I feel that I meet all idealized standards of a group leader. For Parkland, I will devote my time, effort, and stamina in order to fulfill the student body needs



ride for free. Can we, the students of Parkland College get a discount? Hello, my name is Lauren Helene Can we the students of Parkland

> have more functions where we can assemble together, as a student body and not as Parkland students attending "U of I" functions? (quotes intentional) Can the math program alter itself? So I, along with several others do not have to use non-accredited

senator because of the certain areas transfer hours that take away from within this college that I feel have my Financial Aid? If I can help to been overlooked for too long. For change or better these issues, I will examples, I feel Parkland students do anything within my power to do should at least receive a discount so. I only want to help us, the stuon bus passes. The U of I students dents of Parkland College.



in High School, I have had a going ence for me. Some of the issues that

Government. Being involved in Student Government interests me because my future goal is to be an attorney and possibly major in Political Science. So I thought the one of the best ways to get a small taste of what the legal profession may include, is to be involved in Student Government. Also,

I know that Student Government to it that students' needs are being looks great on a college application. met and that everyone is being Not to mention the fact that I would meet new people and it would be yet

Ever since my senior year another exciting learning experidesire to be involved in Student are important to me are whether

> all of the students' needs are being met, and knowing that everyone is being treated both equally and fairly. While on Student Government I want to make sure that every organization and program at Parkland College has plenty of representation. Finally, I believe it is my responsibility to see

treated both equally and fairly.



#### **Brian Watson**

I've always been involved. Being there's one thing I understand it's

involved ensures that you have an opportunity to make a difference and making a difference is really what matters, isn't it. Whether this passion has come from my days of competing in athletics, being in the military or simply being the oldest child I'm not sure, but it's always been an aspect of my life

for you!

privilege of visiting many wonderful places. Not only in the United States, but through out the world and even more importantly I've had the honor of sharing company with the wonderful people who call these places home. Through these experiences I've gained knowledge and a

For as long as I can remember, compassion for people, because if

the potential of people and I understand the potential of a Parkland student. I intend to realize that potential!

To be completely have a solid grasp what being Parkland Student Senator entails, yet I adamantly intend to change that. I intend to not only

and I plan to continue that now. I educate myself on the intricacies will continue to make a difference. of Student Government, but also I'll continue to make a difference ensure that this information is much more accessible to all Parkland stu-In my short life I've had the dents. For this very reason, I'm going to run for one of the Student Senator positions, because I do know what a Senator should be and that is a voice. Your voice! Through me your voice will be passionately and accurately represented. Without a doubt, your voice will be heard!

## Elections

**PROSPECTUS** 

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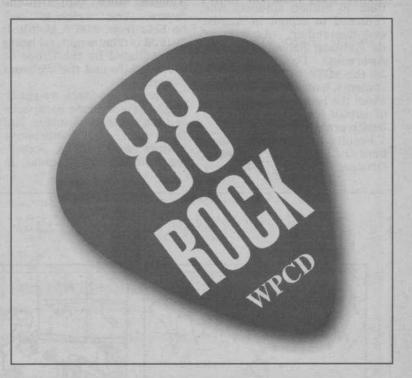
## Pack it Light Wear it Right

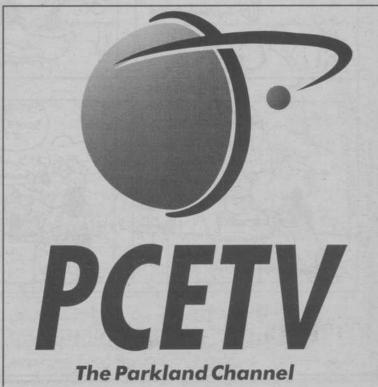
**National Backpack Day** 

September 24, 2003

9 a.m. - 4 p.m. Welcome Center

Weigh in and Win!





## Two groups offer support, community for LGBT's

by Leah Nordness

Colours

Last Wednesday, members of Colours, Parkland's lesbian, gay, bisexual and transgender (LGBT) organization, crowded into a little room in the library. One member placed cookies with rainbow chips in the center of the table for all members to share. Veterans mingled with newcomers to discuss what they want Colours to be about this year

Last year, Colours members were involved in many different activities. Angel Case was an active Colours member. "I actually did the Break the Silence Day last year, which the group didn't, and that's something I'd like to change this year. We did the Queer Film Festival, and did display cases and pizza sales. We made a lot of money with pizza sales."

Thom Schnarre, a faculty advisor of Colours, emphasized that this year, the group will be "more student-focused and student-run. We need student involvement. We need student faces.

Kelly Foster is one of those faces. She wasn't able to attend many Colours meetings last year, and is excited about this year. "I personally think Colours is beneficial for incoming students, to know there's a safe place to go if you're lesbian, gay, bi, or transgender. New students may come from small towns where there's not a lot of support, like I did. It's nice to learn who people are and to make new friends."

Colours has few rules. "Be polite, and identify yourself so people know who you are," said Richard Morris, another faculty advisor. Even officer elections are informal—interested candidates for President, Vice President, candidates Secretary, Treasurer, and IOC Rep., put their names on a piece of paper, and voting for officers will take place this week. The new officers will have an agenda ready for the next meetings. The next meetings are Wednesday and Thursday, Sept. 24 and 25 in the library, room R-226.

"The administration's been working very hard to make Parkland safer for gay, lesbian, bisexual, and transgender people, especially President Harris. The Counseling Center is very tuned to our needs," said Schnarre.

Open Door

The Counseling Center sponsors another LGBT support group, Open Door.

Open Door is for people who are thinking about coming out or have questions who need support. The group provides very different support than Colours. "Colours has it's own focus and agenda; it's a social group. Open Door isn't a student organization," co-facilitator Jennifer Klasky said. "We don't have an agenda beyond being a safe place."

Open Door holds meetings on the first Monday of each month, from 3-4 pm. Meetings are in X-150 and are completely confidential. If you have apprehensions or cannot attend meetings, you may e-mail Open Door at opendoor@parkland.edu or visit the Counseling Center.

### Pack it light, Wear it right

Occupational therapists urge student to beware of backpacks.

"Pack it Light, Wear it Right" is the American Occupational Therapy Association's (AOTA) advice to the more than 40 million students who returned to school in August and September. As part of its National School Backpack Awareness Day, September 24, the AOTA wants to educate students, teachers, and parents about the proper weight and fit of school backpacks, to avoid health problems.

Faculty and staff members of Parkland College's Occupational Therapy Program/Health Professions will spend the day in the Welcome Center passing students through a series of simple tests to check the weight of their backpacks, the stress on particular skeletal structures and muscle groups, and offer excellent tips on how to avoid potential health issues in the future. The "weigh in" will be held from 9:00 A.M. till 4:00 P.M. The event is being co-facilitated by the Office of Student Life and the Wellness Center.

Carrying too much weight or improperly wearing backpacks can cause neck, shoulder, and back pain, and compromise posture and breathing, according to international studies in Italy, Australia, and Hong Kong reported in the past two years. In one study with American students, six out of ten students ages 9 to 20 reported chronic back pain related to heavy backpacks.

Occupational therapy practitioners from across the country will be weighing students with their backpacks, highlighting the large number of students who carry more that the recommended load in their packs, and demonstrating ways to lighten the load.

Pick up more information in the Welcome Center on September 24, and visit the Association's web site at www.aota.org.

## On Campus

**PROSPECTUS** 

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Wednesday, September 17, 2003

# The Citizen's Flora and Fauna at the Planetarium

Parkland College News Release

P. Bryan Heidorn, associate professor in the University of Illinois' Graduate School of Library and Information Science, will be the first speaker in the "World of Science" lecture series at the William M. Staerkel Planetarium at Parkland College. His presentation, entitled "The Citizen's Flora and Fauna," will be given on Friday, October 3, at 7 p.m. in the planetarium. Admission is only \$1 at the door.

Friends of the Staerkel Planetarium will be admitted free of charge.

This is the vision of Dr. Heidorn: First-time visitors to a nature area will be able to examine a searchable collection of species pages, for just those plants and animals

that they may encounter. The database would include photographs, drawings, sounds, and other pertinent information, right at their fingertips. During Dr. Heidorn's talk, he will present current resources and tools that are available on the Internet for achieving his goal. He will also explain how amateur naturalists, teachers, and students can participate in the project.

Following Dr. Heidorn's presentation, the Staerkel Planetarium will present "Just Imagine." For a complete list of planetarium programming, call the show hotline at 217/351-2446 or see http://www.parkland.edu/coned/pla. For more information on the lecture series, contact Dave Leake at 217/351-2567 or email dleake@parkland.edu.







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## Classified

#### **PROSPECTUS**

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#### HOSPITALITY CLUB

We have the club for YOU! If you are in the Hospitality field or even interested, come join us on September 29<sup>th</sup> @ 12pm in Rm. X118 for a meeting. Learn what we are all about and have FUN too!! Hope to see you there.

The HPI CLUB

## Sports

**PROSPECTUS** 

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Wednesday, September 17, 2003

## Athlete Spotlight: Paul Jennison



Paul Jennison

Photo by Tara Gray

By Adam Luckey

Paul Jennison, the 20 year-old goalkeeper for the soccer team, was born in Middlesbrough, England. He came here this year to play for the team because, as he says, "Coach Reilly leads out the soccer program in a respectable way, and he promised me the team would be successful and that the atmosphere would be great." When asked if it is what was promised and what he expected, he responds with an emphatic, "Yes, absolutely." He says the best part of being here is the weather, being in a different country, and living on his own. The most noticeably different things about here as opposed to home are the weather and the food. "I like the food here more, but there are still foods at home that I prefer too." He's been playing soccer since he was ten, and some of his past teams were Hartleypool, Peterlee Newtown, Bishop Auckland, and Chester le street. Here's a quick Q&A with Paul, the Spotlight Athlete of the Week.

Who're major influences on you, and why?

"My mom and dad, they by Guy Ritchie." always pushed me and never

gave up on me when I thought I couldn't do something."

What's the hardest part of playing your position?

"Being separated from the team, and having so many people not understand what it's like to be back there on your own in the goal."

What goals do you have this year for the team and for yourself?

"I want to help the team do better than they did last year, and I want to improve individually as a player."

What do you think the outlook for the season is?

"We'll do consistently well through the year, and better than last. We should go far."

Do you have pre-game music you

listen to?
"I like listening to R&B before games. Also, Eye of the Tiger is a must."

Favorite Book?

"Twist in the Tail, by Jeffrey Archer."

**Favorite Movie?** 

"Snatch, written and directed by Guy Ritchie."

