

Rape Crisis Services trains 13 superheroes

by Rachel W-Domain, staff writer

Who were your heroes when you were growing up? Superman. Wonder Woman. Spider-Man. They could beat up the bad guys, save the world, that sort of thing. You probably don't believe in Superheroes anymore. But I do.

The women and men who volunteer and work at the Rape Crisis Services in Champaign are real superheroes. They undergo intensive training to fulfill their superhero duties by coming to the rescue of women who have been sexually assaulted.

Rape Crisis Services (RCS) presently has 21 trained volunteers. This month, on September 17th, RCS began training 13 new volunteers. On average, they train about 20-50 volunteers a year. These volunteers respond to emergency calls from survivors of sexual abuse 24 hours a day. Volunteers provide an incredible service to RCS, and to the community. It is very challenging. But, "it is some of the most rewarding volunteer work," says Dawn Fridrich, the Director at RCS.

Fridrich began her work here as a volunteer in 1999 and was hired as paid staff in 2001. She is an alumni of Parkland and studied Psychology and Women's Studies at the U of I.

The modern day superheroes that she told me about are put through 48 hours of intensive training. The training will prepare them to answer the hotline and respond to women who have been sexually assaulted. Many assaults are recent. Some very recent, and others have happened days, months or even years ago.

They will also respond to pages, which are requests to be present as an advocate for a woman who has just been sexually assaulted. The advocate acts as support for the survivor. They also communi-

cate between the survivor and other parties, such as police officers, nurses, etc, who all have their agendas and information that they want to get out of the victim. "Her body becomes a crime scene," says Fridrich.

It is the job of the advocates to remind them that it is still a body, and that there is a person attached to that body who still has rights and privacy. Fridrich says that sometimes what it comes down to is that "You have to stand up to this 6-foot guy with a pistol and say, 'You have to go away,' because the survivor may not be ready to talk right now."

When on duty and called in to advocate, the volunteer has a maximum of thirty minutes to arrive at the scene, usually at either the hospital or police station. The advocate will stay with the victim the entire time. That could mean one hour or four. As Fridrich describes it, you may get a call at 4 am and not be out of there till 8 or 9.

As a single mom, Fridrich says that there may be times when she gets called in the middle of the night, and not be back till the morning. In times like this, her kids have to get up and dressed and get themselves to school by themselves. But she says that responding to medical calls is very satisfying. It's difficult because "when you get that call, you're like, 'oh my god, not another one.' But when you leave and you see in that person's eyes the relief, and you see them go home in one piece, that's really gratifying."

Fridrich explained that there are many different reasons people volunteer. Some identify themselves as activists working for social justice. Some identify as anti-violence activists working against violence in the community.

Others were survivors themselves and come with the mentality that someone, at some point, helped them and now

they want to help somebody else. For some, "it's happened to someone they know or love and this is how they're dealing with the pain... and rage," says Fridrich.

Some come out for the experience or to see if this is something they want to do long term or as a career, they come to ask "Can I handle this?" because it's a really tough job. Still others volunteer to build their resume.

Whatever the reason, the services that volunteers provide are indispensable. Many of the volunteers are between 19 and 24 years old. Most are female, but there are a few men who also work as advocates, although for men to respond to a page or phone call they must be specifically requested by the survivor.

Fridrich says that it is frustrating that "survivors are still so often blamed" for the assault. She thinks that this is because "the level of violence is so high, that so much is accepted, particularly against women. We've gotten so used to women being objectified." She says that often during presentations for youth or people who work with youth, she finds that they have grown to accept much more harassment, either to themselves or to others, than they know in their hearts they are comfortable with. These presentations remind people that nothing makes this behavior okay, even though you may see harassment so much that you may start to think that it is.

Fridrich believes that it is very important for college students to know about RCS and what they do, because "approximately 50% of all sexual assaults happen to people 16-24" years of age. It is important for all college students to know where to go if they or someone they know is sexually assaulted.

Prospectus asks: Where will you be when the Cubs win the World Series?



Diana Arnold,
Sophomore

"I work at Finish Line and I hate the new Cubs shirts. I will be married with twelve children before the Cubs win the World Series."

"I have been a Cubs fan since I was four. I've been waiting for this for a long time. I will be in Chicago partying on Waveland Avenue. To all my friends that doubt the Cubs, all I have to say is, GO CUBS!"



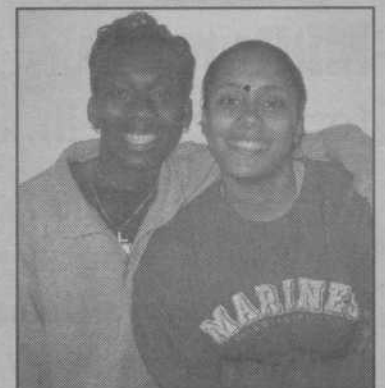
Todd Nicklaus,
Sophomore



Anthony Hillen,
Sophomore

"I will be with all my friends celebrating the victory."

"We will most likely be at dance practice. Go Cubs!"



Lena Geronimo &
Tawanda Fodia,
Freshmen



Nick Reeser,
Sophomore

"I will probably be dead when the Cubs win the World Series. Sorry, Cubs fans."

Photos by Tara Gray

The Laramie Project shines

by Patrick Yeagle, staff writer

As I sat looking around the theater, waiting for the play to start, I noticed the American flag at center stage, cleverly set up next to a fan to make it wave. It reminded me of all the freedoms we enjoy and take for granted in America, and of how one young man, Matthew Shepard, was savagely deprived of those rights, as well as his life, one October night in 1998.

Without warning, the cast began filing onto the stage, first a man with a sign bearing defamatory statements directed at homosexuals, then several other people from various walks of life. It seemed almost like watching a "town-meeting". The story behind the play is conveyed from several points of view, including from Matthew's friends, teachers, and several people he had only met a few times. No closing is present, excluding strings of

chairs hanging above the stage. Scenery seems almost superfluous in this setting, however, as the cast effectively portrays phone calls, office visits, and even interrogations with original subject placement and orientation. It is obvious that much thought went into the visual aspect of the presentation, and it has a utilitarian simplicity that detracts nothing from the story.

The play itself is a virtual roller coaster of disarming humor and brutal honesty. Characters reveal both blinding ignorance and insightful wisdom. From the aloof limo driver to the rancher with the offensive sign to the Catholic priest with a humble understanding of the situation, the audience is presented with the cruel humanity of the situation, and is given a picture of the grief and hope that resulted from this tragedy. The most poignant moment of the play comes when Dennis Shepard,

Matthews father, delivers a sorrowful, yet powerful speech at the trial of his son's murderer. He announces that he will not have the prosecutors seek the death penalty for the uncaring criminal, granting him clemency where his son received none.

The cast got to visit with Moises Kaufman, the playwright, at a rehearsal a few days before the show, and were very excited to contribute to the performance. Many of them expressed joy at being able to participate, mentioning that they were "really pleased" with how it turned out. One cast member revealed his motivation when he said after the play, "I tried to think of what the real people in Wyoming were going through, and I tried to tap into the natural emotions." Another said he felt a real "energy from the community." That same emotion and energy were very apparent in the stellar performance.

A Review, A Little Awareness, and Some History

by Jordan Holmes

Standing room only, students, established community members, music lovers, musicians, an abundance of food and drink, high ceilings, low light, heavy maroon curtains, and one of the best jazz trumpeters that Champaign-Urbana can call its own — Cecil Bridgewater. This was the scene last Tuesday, September 23, at the Cowboy Monkey in downtown Champaign. Mr. Bridgewater — featured jazz trumpeter, arranger, composer, and educator — was on stage with his brother, Ron Bridgewater, saxophone; members of Chambana; and Chip McNeill, head of the U of I Jazz Program, on keyboard.

The atmosphere was low-key and laid back as Cecil Bridgewater wowed his fans and new jazz listeners from every background. The music was loud, lively, and exceptional. Because the jam session was open, audience members, young and old, were welcome to go up on stage, with instrument or song ready, and perform with the group. This relaxed feeling facilitated an enjoyable experience allowing the audience to realize what a pleasure it was to see such talented and experienced musicians.

It was a different atmosphere a few days later, September 27, with a much larger audience in a more formal setting. There was, however, the same talented featured artist, Cecil Bridgewater. Krannert Center for the Performing Arts showcased this jazz performance featuring Cecil Bridgewater, trumpet, and special guests Carl Allen, drums; Ron Bridgewater, saxophone; Kenny Davis, bass; and Mulgrew Miller, piano. The performance included original compositions by both Cecil and Ron Bridgewater and other charts by jazz legends Thelonius Monk and Joe Henderson. To end the concert, they performed the theme to the popular cartoon "The Flintstones." This demonstrated to the audience that jazz is a diverse and fun musical genre. Despite the formal surroundings, the show was far from stuffy.

These events were all a part of a community-wide series called Jazz Threads. This collection of performances and educational opportunities about jazz music is a broad community

effort headed up by Krannert Center for the Performing Arts. The idea is to make the C-U community aware of its rich jazz history. Jazz in Champaign-Urbana? Central Illinois with its abundant corn and bean fields, cow pastures, and Smallvilles, USA, has a rich jazz history?

Jazz is not confined to the Chicagos, New Orleans, or the New York Cities of America. It's all over, and it's thriving again in C-U. With the help of Jazz Threads, jazz performances, discussions, jam sessions, and master classes are drawing attention to the abundance of jazz talent in this community.

Bridgewater will be back in Champaign-Urbana two different weeks between now and May. On Saturday, December 6, he and special guest Dee Dee Bridgewater will be performing with the U of I Concert Jazz Band. On Saturday, March 6, he'll be performing an informal 10:00am concert, and then on Sunday evening, March 7, he'll be joined by Clark Terry, trumpet player. These events will be held at Krannert Center. In May, there will be a Jazz Homecoming performance held at the Virginia Theater.

Cecil Bridgewater, the focal artist of Jazz Threads, was born and raised in Champaign-Urbana. He has influenced and been influenced by jazz and its musicians in this area and beyond. Bridgewater comes from a musical family: his grandfather played the cornet, dad played trumpet, his mom played the piano and sang, and his uncle played the bass and was a band leader. He attended the University of Illinois and went on to compose and record records of his own and with other bands such as The Thad Jones/Mel Lewis Band. He and local jazz groups like Chambana and Medicare 7, 8, or 9 that have been around since the 1960s continue their long-time influence on music in the area.

Jazz is continuing to crescendo in Champaign-Urbana. This Midwestern metropolis has an abundance of diverse cultural experiences to offer local music appreciators, whether they are students or community members. For more information, go to KrannertCenter.com. This is your opportunity to learn about the rich history in Champaign County.

Features

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Wednesday, October 8, 2003

Pink Ribbons

by Rachel W-Domain, staff writer

October is National Breast Cancer Awareness Month. Begun as a weeklong event in 1985, it is now celebrating its 18th year. The originating two founders stressed the importance of detecting breast cancer early through regular exams. Breast cancer is the most common cancer in women today. It is also the second leading cause of cancer related death in women.

Experts encourage women to perform self-examinations monthly, along with an annual exam by a doctor, often a gynecologist. Although the risk of breast cancer is lower for younger women, it is still a risk. It is important to begin to do self-breast exams not only to learn how to detect cancer early, but to learn which lumps are normal, and which are not. Finding a lump does not necessarily mean it is malignant. 90% of lumps are benign, or not cancerous. Cysts are often confused for cancerous lumps. Cysts are lumps in the breast caused by swollen ducts. As every woman's body is different, it is good to know what is normal for your body, so that when something is abnormal, you will be quick to notice.

If cancer is a possibility, a mammogram may be recommended. A mammogram is an X-ray of the breast, used to check for cancer in the breast. October 17th marks National Mammogram Day. Many facilities that offer mammograms honor this day by mak-

ing mammograms available to women for free or at a reduced cost on this day.

When doing a recommended self-exam, it is important to remember that most women have some lumps. When examining, notice both the appearance of the breast — taking notice of any indentations or bulging, rashes, soreness or swelling. Also look for discharge. Finally, look for lumps in or around the breast. Talk with a doctor to learn more about self-examinations, and when a lump is suspicious.

Although there are no confirmed methods to prevent breast cancer, there are things that you can do in your lifestyle to lower your risk. Eating certain foods that contain high fiber and antioxidants is important. Healthy food such as fruits, vegetables, and whole grains are excellent choices. Both obesity and consumption of alcohol increase the risk of breast cancer. Experts on breast health also recommend keeping the body in shape with regular exercise.

The Parkland Library presently has a display up commemorating National Breast Cancer Awareness Month. They have books, magazines and pamphlets available with tons of information about breast health and breast cancer. For more information, stop by.

The information provided in this article was largely supported by the following sources: <http://imaginis.com>; www.breasthealthlink.com; and www.breastcancer.org.

Bulletproof Monk: a Review

by Mark Gillie, staff writer, cartoonist

Bulletproof Monk is a captivating movie. Its intriguing plot and simplicity make it a good movie for the whole family. Not only does it send a message of a contemporary life style, it suggests the incorporation of traditional family values.

Chow Yun-Fat, the star of this movie, plays a monk with incredible powers. His purpose is to ensure the safety of a sacred scroll that holds the world's fate in its power. Although Chow Yun-Fat usually plays similar roles, he brought a refreshing spin to his own style of acting. Instead of his usual persona of authority, he added an element of charisma to the screen. What seemed most interesting about him this time was his continuing efforts to mimic an American accent. After a few more movies, he should be able to use the accent more fluently. The co-star was Seann William Scott. This is probably his first serious role as an actor, and it is much more satisfying to watch him

play a role opposing his typical slacker role. I would not be surprised to see him in more dramatic roles in the future.

The story begins to unfold with comedy as the styles of "the unruly youth" and the "old dude" start to collide. The age-old story of student and teacher erupts within the confines of today's society to create an episodic comedy that is both enjoyable to watch and relates the story to the audience. The introduction of a third character brings depth and meaning to the comic relief and the battle of good and evil. The issues of the younger generation are ever-pointing to the future in this movie. The surprise ending works; it is totally unexpected and ties up all the loose ends while leaving open the possibility of a sequel. I would definitely go to see a sequel; its possibilities for a sequel are endless.

This movie is a must-see for moviegoers who like martial art flicks. It sports a nice blend of culture and martial arts, which amplifies the storyline.

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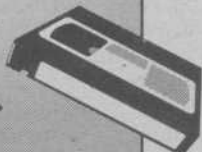
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PCETV
The Parkland Channel

Phi Theta Kappa Fall Induction

Phi Theta Kappa, the international honor society for two-year colleges, will be holding its Fall 2003 induction ceremony on Friday, October 17 in the Parkland College Theatre. The event will begin at 5:00 PM with a reception in the Gallery Lounge immediately following. Students who have earned a 3.5 accumulated grade point average, and have completed at least 12 credit hours have been invited to join this prestigious honor society. To remain a member in good standing, students must carry a GPA of 3.25 once they attain membership.

Applications were mailed to students during the final week of September, but any student meeting the require-

ments, may pick up an application in the PTK office-- Room C-241. Students may also contact the advisor, Marshall Huffman in Room B-121, by phone at 351-2378, or e-mail at mhuffman@parkland.edu.

Phi Theta Kappa is a prime opportunity for those transferring to four-year colleges and universities. Over \$34 million worth of scholarships are available to PTK members. Many universities offer 50% reduction in tuition, or \$2000 - \$4000 per semester. PTK members may automatically qualify for these and other great benefits.

If you are interested in joining Phi Theta Kappa, you may receive more information from the PTK office or by contacting the advisor.

Community Calendar

EDUCATIONAL WORKSHOPS:

Top Ten Healthy Foods
November 4 (register by October 28)

Find out which foods were rated in the top ten foods for healthy bodies by Tufts University and why these foods significantly affect health. Learn simple methods for preparing these foods and discover which ones can be purchased ready to eat. The class meets November 4 from 6:30-8 p.m. at the Mettler Center, 2906 Crossing Court, Champaign. The fee is \$18. For more information, call 217/403-4590. Registration deadline is October 28.

FOR RETIREES:

Intermediate Computers
November 6-20 (Register by October 30)

What happens to computer files after they are deleted? This course is for those who want to learn more about how their computer operates. Learn to locate lost files, create address labels, insert clip art, and make columns. The class meets Thursdays from 1-3 p.m. at the Parkland College Bauman Center, 2104 W. Park Ct., in Champaign. The course fee is \$41. The registration deadline is October 30. Call 217/403-4590 for more information.

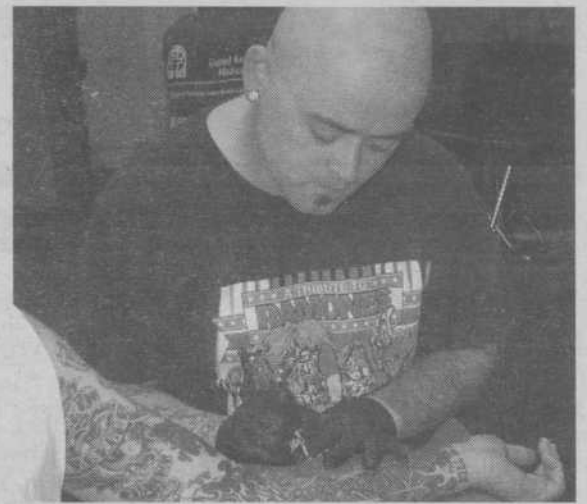
by Tara Gray, staff writer/photographer

From the cartilage to the tragus, piercing body parts is one of the most popular trends for college students. Along with the many holes that a person can place on their body, the permanent ink of a tattoo also sparks interest into their eyes. Now I ask the question, why is it that when students begin their college adventure, torturing their body with needles seems to be very popular? I suppose getting out from under the rents roof and the legal age being upon most of us to inflict temporary pain that causes our bodies to be some piece of artwork gets the best of us, but of the many things a person can do to feel their beginning adulthood, why is this one?

From Wal-Mart to Bogarts, up and down Green Street, throughout the mall and even in some homes with an ice cube and a safety pin, piercing is very popular. Almost anything is possible now, from the eyebrow to the chin, all the way to the nipples and the belly button, father south regions and of course and the ever so famous butt cheeks pierced on Jackass.

The true definition of a tattoo, courtesy of Dictionary.com is, "A permanent mark or design made on the skin by a process of pricking and engraving an indelible pigment or by raising scars." Scars? The definition makes the process seem rather vicious, but I know every person can name at least five people they know or are close to that have a tattoo. Tattoos are very popular in music, television and movie stars, who are discrete or covered with this form of art. While these stars are many people's role models, how did the fad come about? The Dixie Chicks have chicken feet on the toes for their number of successes, while Tommy Lee has them up and down his arms and the one and only Lizard man who even had his tongue altered into a "Y" to complete his full body makeover. Is there such a thing as going to far? One must remember that tattoo's are permanent.

In Champaign-Urbana there are over ten tattoo and piercing parlors throughout U of I campus town alone. The hospital also performs piercing, while Claire's, Afterthoughts and many other jewelry boutiques along with chain jewelry stores will perform. And we must not forget, there are probably underground parlors that perform these operations just for friends and family. Sanitation should be the number one thing on most of our minds, yet money can alter that thought and we allow anyone, even ourselves to inflict pain to our body for a statement we are trying to make. I realize all of us, as we venture through college, are trying to figure out who we are, what we like and do not and what makes us happy, although, is permanent ink or random holes in our bodies the way that we see ourselves or is it a trend or a rebellion for that case. Also, along with these statements, do stereotypes or clothing styles tend to change to a certain form or wild hair colors. Are tattoos and piercing body parts, chains, spikes, blue hair or even the "Abercrombie Club," each of our way of making the world notice us or are they inse-



curities and forming to a group. I admit, I have eight piercings in my ears alone, but I am starting to wonder and not like some of them and I buy Abercrombie clothes, but when it was happening it all seemed so cool and was the right thing to do, now I begin to ponder the whole thought. Are these actions statements or attention needs?

Local tattoo parlor, New Life Tattoo, located on Green Street answered a few of the simple questions on body art. Lunchbox, the piercing specialist, who informed me that he had four piercing and soon to be 13 tattoos, proceeded to report that New Life Tattoo has a sanitation license and when looking for a place to get body work done it is important to know that. For piercing, a person does not need any special license, but the proper training, although, tattooist need a permit that is renewed once a year. Many of the tattoos that were displayed on the walls had been drawn by the workers and the owner, but original art work is also accepted. The cost for piercing went over 35 dollars, while tattoos were flexible. The lower end of the spectrum was around 50 dollars, while Jeremy the owner, was performing a touchy up a full arm tattoo that was much more expensive. Lunchbox started his occupation from just hanging out around the shop; he was there so much they decided to put him to work. The most important part of getting a tattoo or piercing is to clean it. Tattoo instructions include washing the tattoo and applying lotion, while piercing take hot water and soap.

Tattoos and piercing are a fad for college a student that allows a feeling of rebellion. So, why do people get tattoos or piercing? Lunchbox commented, "Sometimes for all the wrong reasons." So, what are the fashion statements that most Parkland students adhere to and why do they do it? Attention, insecurities or is it expression. So, look around and notice the different styles, is your style a clone of someone else or are you making a statement. Whatever the reason may be, college students everywhere are just trying to find out who they are and piercings and tattoos seem to be a popular declaration.

Prospectus

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By Email: prospectus@parkland.edu
By U.S. mail: Parkland College, Room X-155 2400 W. Bradley Ave Champaign, IL 61821. ADVERTISERS phone 217-373-3855 or FAX 217-373-3835

LETTERS AND EDITORIAL POLICY

- The Prospectus is a student publication.
- It is published weekly during the Fall and Spring semesters, intermittently in summer.
- Views expressed are opinions of staff and contributors
- Advertising is accepted which is non-discriminatory and not in violation of any laws. The Prospectus reserves the right to refuse any advertising. Publication of advertising constitutes final acceptance.
- Advertisers must verify ads for accuracy.
- The Prospectus welcomes letters to the editor.
- The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the Prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper.
- Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.
- The Prospectus deadline for all advertising and other submissions is 5PM of the Wednesday immediately before the upcoming issue.

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**Got a question about healthy living?
Just ask June**

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Drop your question in the box at the Information Desk!

Dear June:

Only old people have cholesterol, right?

We all have cholesterol, but high cholesterol levels usually occur in midlife. However, abnormally high cholesterol levels can occur in any age group, even in infants, if blood lipid abnormality runs in the family.

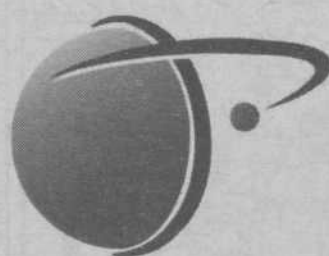
Cholesterol, which is produced in the liver, and other fats attach themselves to proteins called lipoproteins in order to move through the bloodstream. The low-density lipoprotein or LDL (remember the L as in "loaded gun") transports cholesterol to the body's cells and, when an oversupply occurs, deposits the cho-

lesterol on the walls of the arteries where it forms layers of waxy plaque leading to atherosclerosis and heart disease. The high-density lipoprotein or HDL (remember the H as in "happy") removes the cholesterol from the artery walls and returns it to the liver. Having high levels of HDL is as important as having low levels of LDL.

Production of cholesterol by the liver is stimulated by ingesting saturated fat which is generally found in animal products like beef, pork and dairy products. We should, therefore, focus on choosing lean meats like fish or poultry and products that contain polyunsaturated and monounsaturated fats such as corn, olive, or canola oils instead.

In addition, participating in regular aerobic exercise may help raise your HDL levels. Frequent exercise can help you control your weight which can further reduce harmful cholesterol. Maintaining a healthy weight is an important step in controlling cholesterol levels.

For more information, visit the Wellness Center in room L-122, email June at jburch@parkland.edu or Just ask June.



PCETV
The Parkland Channel

Explore Campus

It's week seven of the fall semester and new students are getting a feel for the campus while the veterans are recalling the twists and turns and the character of Parkland College. The buildings that manifest the school (especially the older ones) are unique though of a distinct style. The different departments have done with the college what they will and the result is a fascinating complex—a field of study in itself, worthy of more attention, perhaps, than your statistics class.

So, if you stick to the beaten path each day of the week, try wandering the campus a little and let the environment soothe you. To give you an incentive, the Prospectus is offering a prize to whomever correctly identifies where our Weekly Campus Shot photograph was taken.

If you know where this picture was taken, come to Student Life, room X-155, and say that you want to claim your prize. This week the prize is a gift certificate to the sandwich shop next to the art gallery. We'll also take another photo with you standing next to this beast, to be run alongside next week's mystery spot.

Happy hunting,
Jesse Woodrum, editor



Humor

PROSPECTUS

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Wednesday, October 8, 2003

A Day in the Life

a new weekly feature by Mark Gillie, Cartoonist, Staff Writer

There are many people who have said, "I had a bad day." What really constitutes a bad day? It could be a bad hair day, a broken car, or what I call the epitome of a bad day: I have had a bad day that could go down in history as the definition of a bad day. Let me tell you about it.

I was sleeping in my hammock when all of a sudden I was awoken by two guys in my bedroom. I rolled over and looked at them, and the one guy said, "Shoot, there's somebody in here." Then they ran upstairs. Startled by the whole ordeal, I went upstairs to see what was going on. When I went upstairs I noticed that my VCR was missing. When I was looking at the blank space where my VCR used to be, the phone rang and it scared the bejeezus out of me. It was my first job telling me that I was fired. I thought, *I didn't like the job anyway.* Then the thought hit me...LATE! I looked at my clock and figured I had just enough time to get to my second job.

My car would not start. It shocked the hell out of me and smoke poured out of the dash. I went inside, called my second job, and told them I would be late. I took a couple Aleve (you know, just to take the edge off) and started walking. About a third of the way through the six and a half mile walk, BANG! I was hit by a cop car. It threw me three or four feet into the air and rolled me into the ditch. This is something that would usually cause a little more pain, but luckily for me, I was on Aleve (thanks, Aleve!). Collecting my senses, I wrapped my knee up with an ace bandage I just happened to have with me and continued on my way to work.

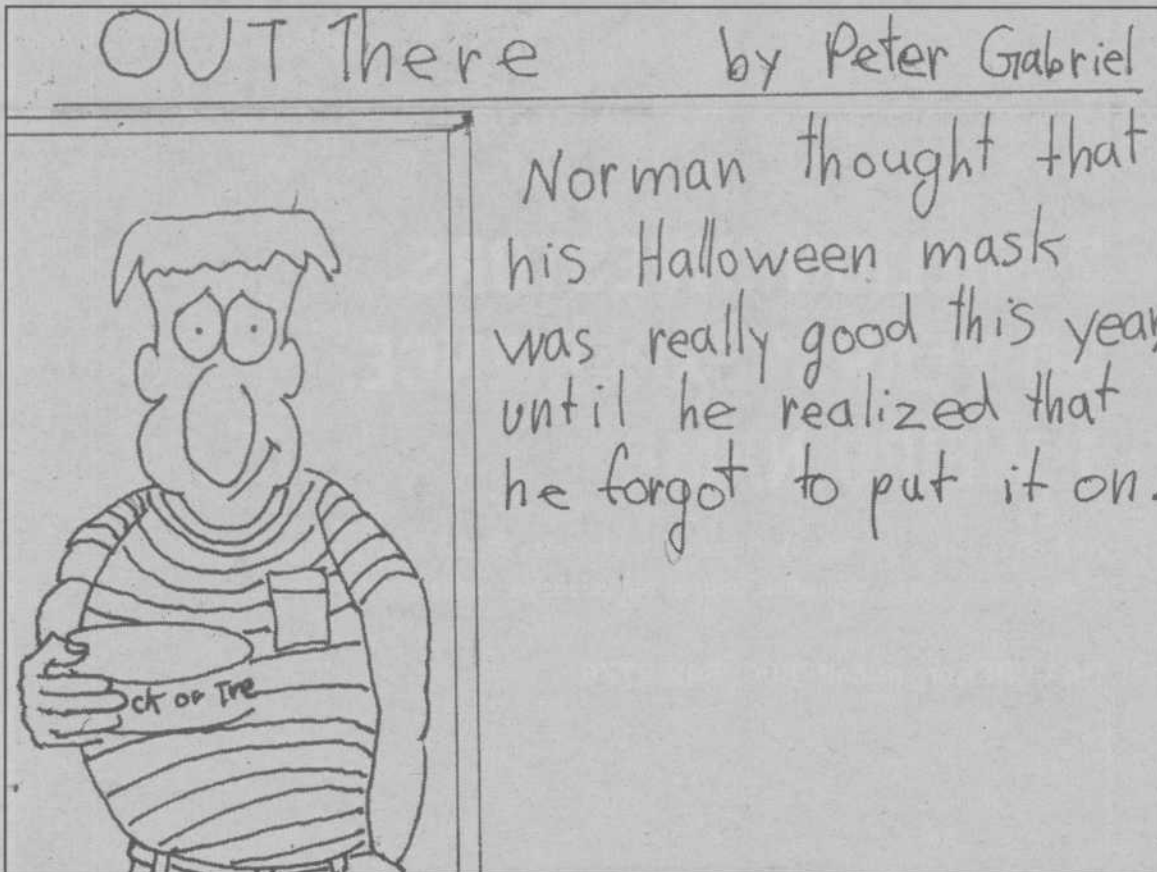
By the time I got there I was a little hungry, so I decided to go to Burger King to get a Whopper before I started work. I ordered my Whopper, slapped down a twenty, and he hands me 47 cents. I go, "Excuse me, I gave you a twenty-dollar bill!" He says, "No, you didn't." I knew I could not win the argument with this guy so I ask for the manager. When the manager arrived she asked, "What's the problem?" I told her and she said, "This is his

first day. Why would he make a mistake?" It was the kind of remark that just slaps you upside the head! I said, "What?" She repeated: "Why would he make a mistake? It's his first day." By now I am about to explode. She said she would count the drawer. I watched her pick up the drawer, walk around the back and come out without even counting the money. She threw the drawer down on the counter and said, "It's all there. You're wrong!"

I gave up and paid twenty dollars for a whopper, but now I'm upset. I walk across the street to get some chocolate or something from a supermarket. Low and behold, five minutes after I entered the store, I was dragged out by who else but the fire department, claiming I have a bomb in my backpack. Now I'm squished up in the back of this cop car when I see this twenty-dollar hamburger go flying past the window, landing open on the ground. I let out a squeaky "Aaaah," which only made the cops look through my bag again. I wasn't aah-ing over the backpack search, I was aah-ing over the fact that I wouldn't get to find out what a twenty-dollar Whopper tasted like. After about a half an hour they let me out and told me to go to work.

I arrived at work with only two hours left, and the boss told me to get to work. I went where I usually go, not knowing that they'd spent the whole day rearranging the warehouse. I cut my leg open on the lipstick-packing machine. Not only was I in pain, but everybody was furious. We had only three days to go to hit the 130-day accident-free goal, which devastated any chance at a company-wide raise. I was sent home once the boss saw the blood trail from the lipstick machine to the first aid box. I limped three and a half hours home, to find that eighty-nine dollars of mine was missing. I woke up the next day with an epiphany: *That was a bad day.*

There is no moral to the story, but at least the next time somebody you know thinks they've had a bad day, just remember it doesn't compare to the stories I could tell. I have had a bad day.



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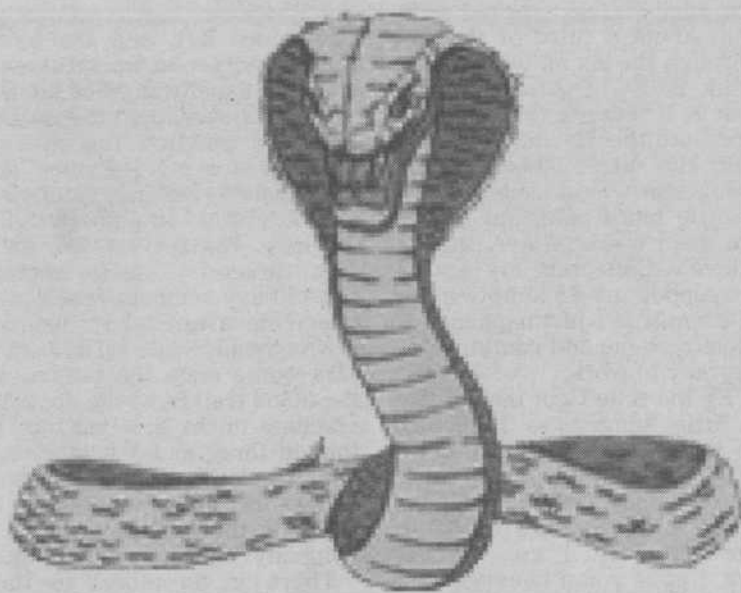
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Press Release

"Now is the Time for Forgiveness" by Myrtle Smyth, C.S., Christian speaker and healer, gifted Irish storyteller, of Belfast, Northern Ireland. She

overcame an abusive home and has lived in the midst of terrorism. Monday, October 13, 7:30 p.m. Hawthorne Suites Hotel Ballroom, 101 Trade Center Drive, Champaign.



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Classifieds

PROSPECTUS

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Wednesday, October 8, 2003

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On Campus

Who's who in Parkland Student Government?

PROSPECTUS

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Wednesday, October 8, 2003

The following is a pictorial directory of the people who comprise Parkland's student government. (Senator Ayesha Khan is not pictured.) These people are the link between the students and administration, and are up for suggestions at any time. They can be reached at their new e-mail address, pcstudentsfirst@hotmail.com; or in their office at 351-2227. Also, you can clip

this page out and memorize them and just follow them around campus with your comments, concerns, complaints, suggestions, prophecies, revelations, etc.

Thank you, and remember—you voted for these people!
Jesse Woodrum, Editor



Adam Colba
Student Body President



Jennifer Monroy
Vice President



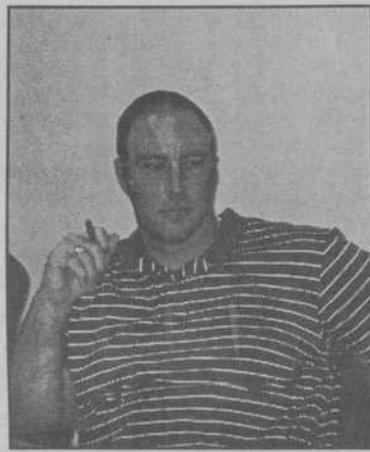
Christi Lockhart
Secretary



April Robinson
Recorder



Takeya Black
Student Trustee



Brian Watson
Senator



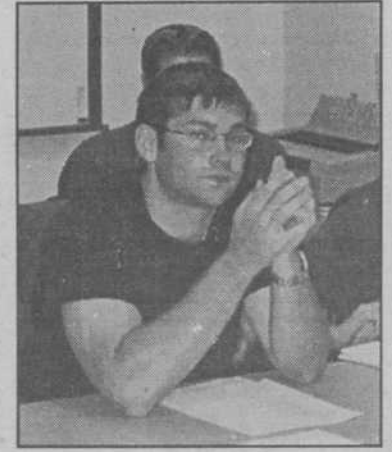
Lauren Huber
Senator



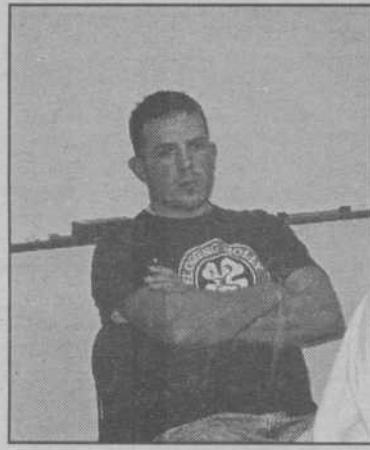
Alexander Bogdantes
Treasurer



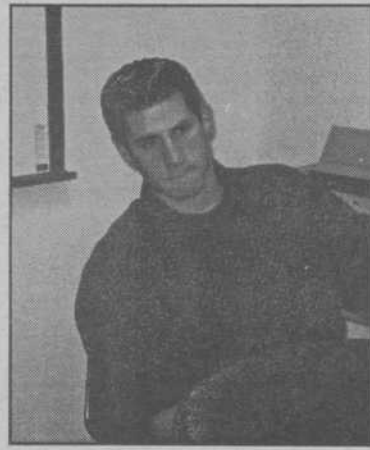
Michelle Hill
Senator



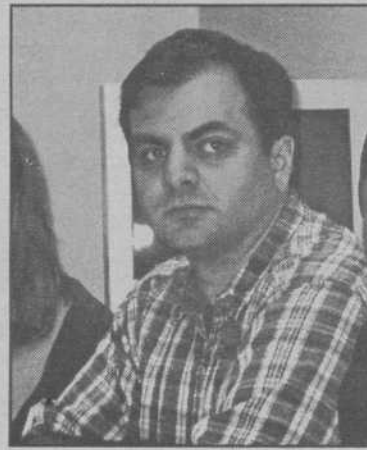
Jack Nelson
Senator



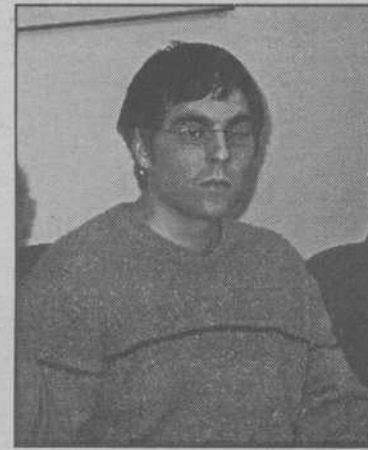
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How 'bout them Cubs?

By Jarrod Finn, staff writer

Towards the end of spring semester, which at the time was also the beginning of the 2003 Major League Baseball season, I put out an article in which I pledge my allegiance to the Cubs and basically said that doubters should pay close attention this year.

Well, I hate to tell you I told you so.

In the end my Cubbies came through and yes, I was jumping for joy. I said from the beginning that this year would be full of success for the Cubs and that they would be seeing the post-season. Boy was I right. Not only did the Cubs exceed all expectations they clinched their first division title since the 1989 season and I would like to give my respects to the man responsible for this success: Jim Hendry and Dusty Baker.

For starters, Hendry is the man who brought in Dusty Baker to manage the Cubs. Baker is by far the greatest manager to put on the Cubs uniform since Don Zimmer [the last manager to guide the Cubs to a division title]. But beyond bringing Baker to the bench, Hendry brought in the players needed for the team's success.

The winter, I thought, was the scene for one of the best deals made in I don't know how long: Mark Grudzielanek and Eric Karros from the Dodgers for

the washed up Todd Hundley and the non-producing Chad Hermansen. Then in late July/early August, Hendry blew my mind with what seemed to be the final touches to create the perfect recipe for a successful team.

First he traded the King of Strikeouts Jose Hernandez, a no name minor leaguer, and a player to be named later (who ended up being "future-star" Bobby Hill) to the Pittsburgh Pirates for centerfielder Kenny Lofton and third baseman Aramis Ramirez. Lofton proved to be the pesky leadoff hitter that the Cubs needed and Ramirez became the power at third base that was also needed. Then not too long later Hendry went back to the Pirates and acquired first baseman Randall Simon for another unknown minor leaguer. Simon provided the Cubs with left-handed offensive pop and was a hitter who could make contact with just about any pitch no matter how far off the plate it was. These three men solidified a lineup that in the end proved to be one that would carry the Cubs to many victories.

In addition to the works of a genius manager the pitching rotation, excluding Shawn Estes except for his last start, came through in brilliant fashion. Four of the five Cubs starters recorded at least fourteen wins. Although Kerry Wood, Matt Clement, and Carlos Zambrano's record may not

show it due to early struggling, they were absolutely dominant down the stretch. Wood, the best of the three, ended the season with the most strikeouts in the Major Leagues. But surpassing those three was stand-out pitcher Mark Prior. In only his first full season Prior had a record of 18-6, a 2.43 ERA, struck out 245 batters and only walked an unbelievable 50 batters in 211.1 innings.

In the end, a team that was expected to do nothing made a twenty-one game turn around in only one season. In other words the Cubs went from a dismal 67-95 during the 2002 season to finishing 88-74 this year. This far exceeded everyone's expectations, but not mine.

By the time this article is printed and before your eyes at this moment, the Cubs would have either been eliminated from the playoffs or have advanced to the National League Championship Series.

If they indeed have been eliminated I will have to say I was happy with this season even though it did not turn out the way I hoped it would. Even so with Dusty Baker and Jim Hendry at the helm and a great team already the Cubs will be making even greater improvements and more success is only on the horizon.

If they are still in it, all I have to say is look out! Harry Caray will be dancing in his grave.

Sports

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Wednesday, October 8, 2003

MLB Playoffs: Issues

By Adam Luckey

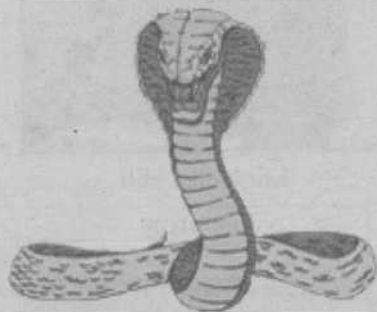
With the Major League Baseball playoffs starting, there isn't much one can do at night but give in to the temptation to turn on the TV to see if anybody will beat the Yankees. Baseball is a sport that, in some people's opinions, is the worst to watch in the regular season, but the most fun to watch once the playoffs roll around. Everyone looks for that one team that is going to surprise everyone in the nation and come out on top. The past two years there have been World Series champions that not many people expected to win. In 2001 it was the Arizona Diamondbacks. In 2002 it was the Anaheim Angels. This year people are looking to the Florida Marlins or the Chicago Cubs to try and be the Cinderella team everybody but New Yorkers ends up cheering for in the World Series. With the Marlins playing the San Francisco Giants, and the Cubs playing the Atlanta Braves, many people view them as underdogs, which makes for interesting games to watch. The Cubs won the National League Central division, and the Marlins are a wild card team from the NL East. The Yankees are in the American League, so once they get to the World Series, which they undeniably will, they will hopefully play either the aforementioned two teams, or the Braves/Giants. Led by centerfielder Kenny Lofton and great pitching, the Cubs have a great chance to get there. They also have a great chance to actually beat the Yankees, giving the Yankees their second World Series upset in three years (they lost to Arizona two years ago).

What makes the Yankees such a hated team? Honestly, it's simple: they're consistently good, year in and year out. When a team is so good it makes them extremely easy to hate. Perhaps it's not that people hate the Yankees (although most people do), but that everyone loves cheering for an underdog. If you find yourself wondering how the Yankees are so good every year, look no further than the sole reason no other pro sport in America has true dynasties anymore: salary cap. Baseball has no limit on how much a

team can spend on players, and in a market like New York where there are so many people, they can draw in much more revenue than other teams to attract the better players. In essence, they buy their championships. Not that any other team wouldn't trade spots with them, but what fun is it to play in a league where the playoffs are just a tournament to see who will play the Yankees in November? Basketball, football, and even soccer leagues in America have salary caps, which are limits on how much a team can pay in player salaries, to prevent one team from being dominant. This allows smaller-market teams to still be able to compete, i.e. Indiana Pacers, Sacramento Kings, Indianapolis Colts, Kansas City Chiefs, St. Louis Rams, Carolina Panthers, Tampa Bay Buccaneers, Columbus Crew, Kansas City Wizards. In baseball though, there is nothing of the sort. Just look at the teams in the playoffs right now except for the Minnesota Twins and the Florida Marlins. You see Oakland, San Francisco, New York, Boston, Atlanta, and Chicago. All but the Twins and Marlins are HUGE markets. That is what has led to the demise of such teams as the Cincinnati Reds, Pittsburgh Pirates, San Diego Padres, and Detroit Tigers. Although Detroit and Pittsburgh shouldn't be considered small markets, they turn into ones for baseball once they have one or two bad seasons. That makes fan support go down, which in turn decreases revenue, and ends up making it harder for them to pay top-notch players enough money to lure them away from the temptation of going to the bigger clubs.

So, as you watch the playoffs this year, just remember that no matter how good the Yankees are, and they are VERY good, they got there a lot more easily than the Marlins, or even the Twins, who at the time of this article are leading the divisional playoffs against the Yankees. So, if the Twins don't beat the Yankees, and New York does end up in the playoffs, lets all hope it's the Marlins that are there with them, pounding them into ground. As a wise man once said, "He who has money, win baseball's World Series."

LADY



COBRAS

Athlete Spotlight: Jenna Gustafson

by Jarrod Finn, staff writer

Raised in a volleyball-laden family environment, Jenna Gustafson, budding Freshman of the Cobra volleyball team has high expectations for this season. Gustafson is a new face in the Cobra lair and brings young flavor to the team. Making the transition from high school sports to the collegiate level can be hard, but Gustafson has not let that bring her down. Even as a freshman she has made a contribution to the team in more ways than one.

Recently I was able to exchange a few words with Gustafson. This is what went down.

Jarrod Finn: How long have you been playing volleyball?

Jenna Gustafson: I have played volleyball ever since 5th grade.

JF: What position are you? What is the toughest part of the position?

JG: I am an outside hitter and also play defense in the back row. The toughest part about that is knowing you get 80% of all the sets and good or bad you have to make them all playable. Back row you are also getting a majority of all the passes and need to be able to get everything up and make it playable.

JF: How were you originally introduced to volleyball?

JG: Both of my older sisters played volleyball. I grew up doing everything they did because I wanted to be just like them.

JF: What about volleyball made you decide to make it your sport?

JG: It is a huge team sport and I love the competition.

JF: Who gave you guidance or help or who did you look up to as you grew up?

JG: Like I said, I have two older sisters (Sara,

who is 21 and Katie who is 20). We are all very close in age and did everything together. The competition was always there between us, but it was so we could all get better and excel.

JF: Do you have any pre-game rituals or superstitions?

JG: No not really. I try to eat a good meal and get enough sleep.

JF: Where did you play in high school?

JG: Centennial High School

JG: How does high school volleyball compare to the collegiate level?

JG: There is a great coaching staff and the competition is huge.

JF: How do you feel as a member of the Parkland team?

JG: I feel very honored to get to play with the girls and to be apart of such a great program.

JF: How do you feel this season will pan out?

JG: This season is going to be good. We know what to expect from each other on the court and have really grown.

JF: What school(s) are in your transfer plans and do you hope to play there?

JG: Not sure yet.

JF: What other sports do you enjoy watching and/or playing besides volleyball?

JG: Football, basketball, and crewing

In the end, Gustafson may be spending only one more season after this with the team but regardless look for her to make a big impact on the floor.

