Prospectus

A STUDENT-PRODUCED PUBLICATION SINCE 1969

Wednesday, November 12, 2003

Vol. 34 No. 11

Prospectus asks:

What are your **Thanksgiving traditions?**



"We play dominos."

Marcos Higueres

"We make tamales."



Maria Ruiz



"Our family tradition is getting everyone together from both sides of the family for a meal."

BIII Wilder

"We go to my aunts house every year and we always have ham and turkey. My aunt says a prayer and cries every year after about three words"



Annie Prault



"We like to have a different location every year."

Shalonda Sanders

"We all pray around the table and say what we're thankful for"

Photos by Jesse Woodrum



Monigeue Newson

Rape Aggression Defense classes to be offered at Parkland College

by Rachel W-Domain

This past Monday, 12 women kicked butt in the basement of the P building. They were completing a five week long self-defense training class here at Parkland. The final class was a simulation of an attack situation, in which the women used the techniques they had learned in the class against three highly trained (and highly padded) "attackers." The women were of all ages, both students at Parkland and members of the community.

The class, Rape Aggression Defense or RAD, is intended to provide women with the knowledge to reduce the risk of an attack, and the ability to choose to defend herself if she is the victim of an attack. The class will be offered on a regular basis here at Parkland in the spring. It includes fifteen hours of self-defense training for women ages 11 and up (younger participants need to have a parent or guardian with them). The class was led by two main instructors, Holly Wilper and Doug McMeyer. Wilper has been teaching basic and advanced RAD classes since

for two years, and trained to teach RAD for kids four months ago.

The class was divided into 5 sessions. Along with physical defense techniques, one important focus of the class is education. The class stresses the importance of risk reduction as the first defense against sexual assault. RAD teaches that 90% of self-defense is education. Students learned about the importance of self-defense for women, and how to reduce their risk of an attack and be more aware of their surroundings

May of 1998. McMeyer has been an instructor

"It's great to see the difference in women between when they walk in and walk out they have more confidence, they hold their heads up, said Wilper. The confidence and assurance, that "yes, you can defend yourself, you have power," were crucial lessons of the class, which reverses many teachings of society that women are not powerful enough to do so. McMeyer, who first heard of RAD when his wife took the class in college, said, "When my wife took this class, it was the first time she was allowed to hit anything; women are often socialized to not put up a fight, not stand up for themselves and they can.

Danielle McFarland, a participant in the class, commented on the experience, "One thing I really liked about this class was the progress we made as individuals. On the first day, many of the women were embarrassed or too shy to yell out loud. By the end of the class, these same women were screaming and punching with force I would not have believed to be inside them. It was an amazing transformation that we all got to

go through as a group.'

The techniques began with simple blocks, punches, and kicks. Eventually they became slightly more complex with techniques that responded to specific types of attacks or grabs. The techniques were designed not to require a great deal of strength or physical ability. Along with these precautions, students were reminded not to feel obligated to perform techniques or take part in practices or simulations that made them feel uncomfortable either physically or emotionally. The techniques were very specific, and carefully chosen to get the woman to safety as quickly and efficiently as possible. "Every

technique," the instructors would often remind the class, "ends in you running."

The last class was a simulation which allowed participants to try out the techniques they had learned. The simulation included four different scenarios in which the student was "attacked" by a highly trained person known to the participants only as a "suit" or "marshmallow." The simulation, which was optional, but which almost all students participated in, was aimed at showing the participants just how hard a good hit had to be, and giving confidence to the participants. During simulation, shouts of encouragement from the other students would cheer on the person going through simulation. Shouts of "Go Vicki!" and, "Go mom!" as well as, "Your voice is your weapon!" and, "Use your knees!" were heard.

Mitch Kutzko, also trained as a RAD instructor, was one of three people who acted as the aggressors or "suits" during simulation. He says that his goal as an aggressor is, "to make a situation as real as possible and still be safe, but to tailor to where you are right now as a student, and what you're trying to learn. We want to raise the bar as high for you as we possibly can, and still have you achieve it-it's all about the

student's growth.

Jnanne Flentje, a probation officer and participant in this class, commented on the simulation. I think that it was excellent. I think it was really good that the attackers knew if you had an injury. I had two spots [marked] and they were really careful about avoiding those spots. They were also very realistic, they weren't too rough but they let you know what would work. I was impressed with how trained they were.'

The person who designed these classes, Larry Nadeau, worked in law enforcement and saw the need for women to have a self-defense class available to them that allowed them options to defend themselves without requiring a lot of strength or training. Today the class is taught in all fifty states as well as Canada and Puerto Rico. They have trained approximately a quarter of a million women since 1992. When Nadeau designed this program, "any technique that his 65 year old grandma couldn't do didn't make it into the program," said Wilper. McMeyer commented on the legend of RAD's founding, "At first I thought, oh yeah, that's a really neat story, but he actually did it.'

In the spring, RAD classes will be offered at Parkland free of charge as a non-credit course. The instructors discussed the importance of a defense class for college women. Kutzko noted, '1 in 4 women are sexually assaulted by the age of 18. You are most vulnerable to being attacked between the beginning of the first semester [in college] to Thanksgiving break.'

The RAD program also offers RAD for kids, RAD for men, and classes for defense techniques using aerosol and impact devices at other locations. To find out more about RAD, and where to take classes, you can visit these websites:

The Hope Center for Personal Empowerment at http://www.hcpe-il.org

Woman's Fund http:// www.awomansfund.org RAD Systems website at http://www.rad-

systems.com

Parkland Sister-College Connection sees progress in the near future

by Sarah Ramey

2003, Effective spring Parkland College entered into a sister-college relationship agreement, and academic cooperation agreements, effective fall 2003, with China's Beijing Vocational College of Agriculture. The academic cooperation agreement will allow Parkland to provide some required courses, taught leading to the A.A.S. degree in several program areas.

It was only three years ago that this idea of an overseas relationship began to develop. Larry Thurow, Associate Vice President for Academic Services, explained that through a series of visits, the relationship between Parkland College and the Beijing Vocational College of Agriculture has developed and opportunities are beginning to

surface. "There have been several visits to the Beijing college campus by Parkland faculty and administration. About three years ago, a Parkland Faculty member attended a conference that began much of this. Then my daughter and I visited the campus a year ago last spring, followed by a visit from Dr. Zelema Harris a year ago last August.'

What the program entails is an opportunity for Beijing students to study a wide va-

Features

PROSPECTUS

Page 2

Wednesday, November 12, 2003

The Walls of **Jerusalem**

by Patrick Yeagle, staff writer

The Tony Noel Agriculture Building on the west side of Parkland's campus was the site of Fred Christensen's "Travelogue: The Walls of Jerusalem" Tuesday the 4th. Mr. Christensen, who teaches non-credit courses at Parkland and has written for many academic and popular publications, offered this presentation on the ancient city of Jerusalem in the heart of Israel. This city is a focal point of three major religions: Judaism, Christianity, and Islam (Islam's third holiest city), and this has greatly shaped the city's history in many ways.

The presentation first covered the basic geography of Israel, including its size, population distribution, and terrain type, starting at the top of Israel near at the Golan Heights, and working south-ward. The focus then shifted to Jerusalem itself, explaining much of the conflict over the city and the social and political implications the current con-flict has. Mr. Christensen also shared his personal experiences in Israel and some travel tips he learned from them. Much of the presentation was given via video from his previous trips to Israel, and the audience was treated to spectacu-

lar sights of modern city life in Jerusalem, as well as many of the ancient structures that still inhabit the city.

This presentation is part of a series held through Parkland's Lifelong Learning Institute, aimed at people 55 years of age or older who are retired or nearly retired. The concept of a travelogue is simply a presentation by individuals from the academic and professional community in the Champaign-Urbana area who are world travelers. Future Travelogue presentations include "The Wonders of China", "The Wonders of China", "The Trans-Alaskan Pipeline", and numerous others. Also offered through the Lifelong Learning Institute are computer classes, water aerobics and yoga classes, arts classes, and "On The Go" programs around the community.

Lifelong Though Learning Institute is mainly aimed at people slightly older than the average college student, it offers many interest-ing presentations that are open to all. If you've got free time between 1:30 and 3:00 pm on the first or third Tuesday of the month (between September and April), consider stopping by the Tony Noel Agricultural Building for an enlightening experience concerning the world and its various cultures.

Commets; Concerns; Suggestions

come in or mail PCStudentsFirst@hotmail.com

Sister-College cont.

riety of topics, and receive both degrees from the Beijing Vocational College of Agriculture Chance to visit the Beijing Vocational College and Parkland College. The programs that are being focused on the most by the program are agriculture/horticulture, accounting, and e-com-

In order to complete their degrees, students from Beijing will take all of their classes at the Beijing Vocational College of Agriculture beginning with their first 45-60 credit hours taken from a program of their own, which is much like the agriculture/business programs offered at Parkland College. Then, the last 15-20 credit hours to fulfill their degree will be taught by Parkland faculty. Because this fall is the first semester that the program is being offered, it is not expected to send Parkland College faculty over to teach no sooner than spring of 2005.

"Of course the advancement of the program has taken a little longer than we anticipated," explains Thurow, "however, it takes time to form relationships with institutions overseas.'

Thurow also hopes that this summer of 2004,

of Agriculture, to get a taste of the atmosphere. "Its very beautiful over there," said Thurow, "my daughter cannot wait to go back."

It is also planned to send local citizens with careers in agriculture, such as farming, over to Beijing to experience the differences in the types of agriculture worldwide.

"This connection will benefit Parkland College in many ways." said Thurow, "It allows for Parkland faculty to experience China, and bring that experience back to the classroom. And of course, a goal would be to soon send students over in a study abroad."

The Parkland Sister-College connection with Beijing will be an exciting development in upcoming years. It will not only bring a greater amount of diversity and flavor to the Parkland College campus, but its will create an even greater cultural understanding for all those who attend Parkland College.



Prospectus



To contact the Parkland Prospectus, phone us 217-351-2216 FAX 217-373-3835.

By E-mail: prospectus@parkland.edu

By U.S. mail: Parkland College, Room X-155 2400 W. Bradley Ave Champaign. IL 61821. ADVERTISERS phone 217-373-3855 or FAX 217-373-3835

LETTERS AND EDITORIAL POLICY

- The Prospectus is a student publication.
- · It is published weekly during the Fall and Spring semesters, intermittently in summer.

· Views expressed are opinions of staff and contributors

· Advertising is accepted which is non-discriminatory and not in violation of any laws. The Prospectus reserves the right to refuse any advertising. rubilication of advertising constitutes final acceptance.

Advertisers must verify ads for accuracy.

The Prospectus welcomes letters to the editor.

· The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the Prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper.

· Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.

 The Prospectus deadline for all advertising and other submissions is 5 P.M. of the Wednesday immediately before the upcoming issue.

Editorial Staff

Jordan Holmes, Jesse Woodrum Kamn Kizer Makaila Shackelford (position available)

Editors Production Editor

Advisor Office Manager Advertising Manager

Staff Writers Jarrod Finn, Tara Gray, Adam Luckey, Leah Nordness, Sarah Ramey, Rachel White-Domain, Patrick Yeagle

Monte Montgomery storms the Canopy

Patrick Yeagle, staff writer

Imagine the most amazing and/or unique guitarists in the history of music, and you will likely think of Jimi Hendrix, Eric Clapton, Jimmy Page, or Neil Young, among many others. One current guitarist that is likely to join their ranks in the future is Monte Montgomery, an amazingly talented acoustic player and singer/songwriter. He played a three-hour set at the Canopy Club Tuesday, the 4th.

MonteÆs band includes himself, bassist Dave Piggot, and Drummer Phil Bass, all of whom are exquisitely talented. They put on a no-frills,

down to business show, and yet they were amusing at the same time. Though the average age of concertgoers that evening was a little older than the average college student, the style of music is something anyone with ears could enjoy. In fact, MonteÆs fingers dance on the fretboard so quickly and gracefully that the experience is pleasing to the eyes as well.

Monte plays nearly the entire set on his acoustic, but it sounds like two guitars, electric at that. Fifteen-minute solos, complex fingering, and funky licks made the concert well worth the

\$12 cover charge.

Story Theatre: a review

by Jordan Holmes

The current theatre project, Story Theatre, opened Wednesday, November 5 with moderate attendance and a warm reception. Despite the low audience numbers, the energy in the theatre was high due to the actor's energy and the premise of the play.

Story Theatre is a compellation of Aesop's fables and Grimm Brothers' stories portrayed on stage by a group of actors without the use of elaborate scenery or props. This forces the audience to use their imagination and presents a greater challenge to the actor's to portray these fables in an entertaining way without extensive props and scenery. Each fable is short and pref-

aced by the actors telling the audience which one will be performed next. This unique style of production is a pleasant change of pace. Simply stated, the play was funny. Many of the fables have a moral which the actors are trying to reveal. One of these fables, "The Fisherman and His Wife" tells a story about a fisherman who catches an enchanted fish who grants him a wish. He uses these wishes for his wife's demands. She wishes for a better cottage, then a castle, and so one. Each wish, she wishes for something more elaborate and eventually she goes from wanting a castle to wanting to be Lord of the Universe. After this greedy and selfish desire she is striped of her wealth, and ends up with her fisherman husband back in her hovel. The

lesson about greed and power was obvious, but some fables just didn't have that obvious lesson and were merely for comedy's sake. One such story, "Venus and the Cat", is simply the worst fable ever.

It was obvious the actors were having fun, which facilitated the easy energetic aura in the theatre. This play is sheer fun with a few good lessons thrown in. It may contain fables from children's books, but some of the humor and lessons are for adults. I highly recommend patronizing the theatre's second play of the season for a chance to laugh and reminisce. Re-visit your childhood or take your children, but regardless go support the arts and learn and thing or two.

Think Fast -Think FedEx.



For part-time Package Handlers at FedEx® Ground, it's like a paid workout. The work's demanding, but the rewards are big. Come join our team, get a weekly paycheck, tuition assistance and break a sweat with the nation's package delivery leade

P/T PACKAGE HANDLERS

QUALIFICATIONS:

- 18 years or older Must be able to lift 50 lbs.
- Part-time, 5-day week
 Ability to load, unload, sort packages

- New Benefits Package
- New Hire Bonus
- · Paid Vacation
- \$8.50-\$9.00/hr. to start, Scheduled Raises
 Tuition assistance after 30 days
 \$.25/hr raise every 90 days for one year

Applications accepted, Monday-Thursday, 8am-5pm, at our facility:

102 Mercury Drive • Champaign, IL 61822

fedex.com/us/careers

Women and minorities are encouraged to apply



EOE/AA

It's not too late!

Atrium **Apartments**

still has room for you!

Sign a lease that starts tomorrow, in the spring, or in the fall.

Rent starting at \$350 a month including útilities!

Open House

M-F 9:30-5:30 Sat. 10-2

Atrium Apartments
www.atriumapartments.net
1306 N. Lincoln Ave. 217-328-5122



The key to your future is

FINISHING

YOUR

BACHELOR'S DEGREE

Accredited—Accelerated—Tailored to the Working Adult

- · Group meets one night a week for 18 months
- Courses taught by Greenville College faculty in Champaign · Minimum of 60 transferable semester credits, three years of
- full-time work experience, and writing proficiency required
- · Transcript evaluation, career and financial aid counseling available
- Classes begin on Tuesday, April 13, 2004

Call Today!

To register for a brief INFORMATION MEETING

Parkland College, Room X150,2400 W Bradley Ave., Champaign beginning at 7:00 p.m. on

October 22; October 30; or, November 4

888-818-4625 (toll free)

or 618-664-6755

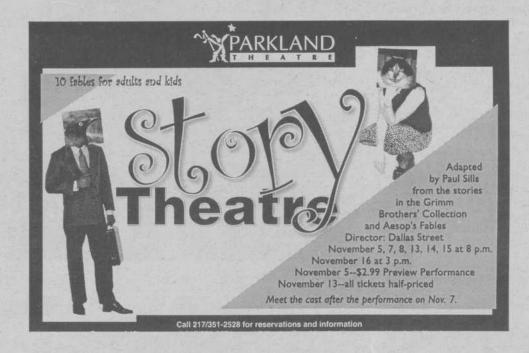
Greenville College, 315 E. College, Greenville, IL. 62246
A Christian college accredited by the Higher Learning Commission of the North Central
Association of Colleges and Secondary Schools and authorized to operate by the
Illinois Board of Higher Education.

Classifieds

PROSPECTUS

Page 3

Wednesday, November 12, 2003



2 MILLION INVESTORS. 80 YEARS' EXPERIENCE. 1 WEIRD NAME.

TIAA-CREF has a long history of managing portfolios for the world's sharpest minds. Contact us for ideas, strategies, and, at the very least, proper pronunciation.

TIAA-CREF.org or call (800) 842-2776



Managing money for people with other things to think about."

RETIREMENT | INSURANCE | MUTUAL FUNDS | COLLEGE SAVINGS | TRUSTS | INVESTMENT MANAGEMENT

TIAA-CREF Individual and Institutional Services, Inc. and Teachers Personal Investors Services, Inc. distribute securities products. For more information, call (800) 842-2733, ext. 5509, for prospectuses. Read them carefully before investing. © 2002 Teachers Insurance and Annuity Association-College Retirement Equities Fund (TIAA-CREF), 730 Third Avenue, New York, NY 10017

Volleyball closes book on '03 season

By Jarrod Finn

It has been a season of highs and lows, injuries, and hurdles to overcome, but in the end the volleyball team seems to be generally happy with the result of the regular season.

"This season has been very trying at times but for our injuries and other issue we have had I feel like we have overcome some big hurdles,' commented Head Coach Joana Ramsey on her feelings pertaining to the season's outcome. "Overall I am pleased."

The girls' volleyball team finished the regular season with a 24-22 overall record [5-1 in conference]. Although this was a bit of a down year compared to a 35-16 record the previous season, but there are positives to be found in the season that has kept the team from being bothered by the down year.

"Our team was much better at defense this year," said sophomore Katie Bushur. "Yes we did struggle at the beginning but we all had to figure out how to work together and that took us longer this year than last year."

If one thing at all shows this year, it is their conference play in which they were once again a dominating force in the

But like all teams, leadership within players is a must to be successful whether it is in the division, like the Lady Cobras, or in non-conference play. Of the members of the team, those who stepped up and provided leadership were sophomore setters Cari Meyer and Katie Bushur and sophomore libero

Jody Kapper. "Cari [Meyer] is a leader by example, and works hard every minute," stated Ramsey. "Katie Bushur also works hard every minute but also brings spirit and drive to the team. She also has a positive attitude and she the team going."

"Jody Kappey is one who has matured into her new position and has become a leader at it," added Ramsey.

Besides the sophomores, the lone trio of freshman [Jenna Gustafson, Jennifer Bohan, and Ashley Fearday] contributed their own part to the team.

Ramsey. "She has worked hard on her arm swing. Her blocking has always been good but now that her arm swing is better she will sometimes take overmatches for us. We just give her the ball and she puts it away. She has been our biggest surprise. I didn't think we would get her arm swing cor-

"Our two left side freshman Jenna [Gustafson] and Jen [Bohan] also played a big role in the success of our team," commented Bushur. "They have had big shoes to fill and they have done a pretty good job filling them.

When asked about the freshman, Coach Ramsey said, [Jennifer Bohan] has really had some trouble with her shoulder and I think that has hindered her a bit from progressing forward at the rate I thought she would, but she is great passer and defender.

rected until the spring but I was wrong"

Unfortunately the team lost in their second match of Regional Play to Shawnee just this past Saturday ending their hopes of bringing home a second national championship in five years. Even with this let down, the season can be considered an overall success. It finished with a winning record [28-24 including the playoffs] and a second consecutive CCCI

As all teams do, Coach Ramsey and her team have some work to do in the offseason. Good recruiting is a must this year since only three of the players this year were

With only three freshmen in the '03 line up, next year should bring a lot of new aces to the Cobra volleyball team.

[Jenna Gustafson] has really become a defensive player for "I think the biggest surprise is Ashley in my freshman is Ashley Fearday. [Ashley] is 6'2' and is someone to look to to keep middle, continued DAD always wanted me to be an accountant.

GRANDPA knew botter. He gove me my first trumpet.

By music in my blood and in my heart. Two weeks after it.

Frendported to Columbia, dad changed his mind. After it.

Now, he wants to join me on town.

> Transferring to Columbia makes sense. You'll be on your way to a creative career that you'll love. And, we make the process really, really easy. Learn more at colum.edu.



www.colum.edu

destiny: rediscovered

Columbia college chicago

THE NATION'S PREMIER VISUAL, PERFORMING, MEDIA AND COMMUNICATION ARTS COLLEGE

600 S. Michigan Avenue, Chicago, IL 60605 ph. (312) 344-7130

Sports

PROSPECTUS

Page 4

Wednesday, November 12, 2003

NBA season begins

By Adam Luckey

It's that time of the year again. The NBA basketball season is beginning again, and there are many story lines to be watching throughout the year. Many new faces are going to emerge in the ever-changing league that is one of the flashiest sports leagues on Earth. Different things happening on different teams, in different divisions of the two different conferences must be paid attention to as the season runs its course.

First, who will win the Eastern Conference? In a conference most NBA people refer to as the "Leastern Conference," even the most mediocre of teams can come out near the top. The Indiana New Jersey Nets, Pacers, Pistons, and New Hornets are the Detroit Orleans front-runners to end up being the best, but the Philadelphia 76er's and Orlando Magic won't be far behind. In a conference devoid of good centers, and for the most part, power forwards, look for players such as the Pacer's Jermaine O'Neal, Net's Kenyon Martin, Piston's Ben Wallace, and Chicago Bull's Eddy Curry and Tyson Chandler to be the premiere low post players. The East does have the two best defenders in the league though, in Indiana's Ron Artest and Detroit's Ben Wallace, and they will most likely be the two players battling it out at the end of the year for NBA Defensive Player of the Year. Overall, it doesn't really matter who goes to the championship from the East, as not even the best team in the Eastern Conference is as good as the fifth-best in the Western Conference. So whoever it is, they will get smashed by the

winner of the West. Second, who will win the West? The answer is simple. It won't be the Clippers, Sonics, Suns, Kings, Timberwolves, Grizzlies, Warriors, Rockets, Mavericks, Jazz, Trailblazers, Nuggets, or Spurs. That leaves us with the Los Angeles Lakers. At the time of this article, they were 5-0 and didn't look like slowing down after adding two Hall-of-Famers in the offseason in power forward Karl Malone and point guard Gary Payton. Add those two to a lineup with Shaquille O'Neal and Kobe Bryant, and it's arguably the best lineup ever. They will win the west, and smash

whoever they play from the East, which will most likely be the Indiana Pacers.

Third, will LeBron James and Carmelo Anthony develop a great rivalry? No, they won't. Not this year at least. Maybe in the future, when they aren't both two rookies with little to no experience, they will have great games against each other. They're both terrific players, and one of them will win rookie of the year, but they won't be true superstars for a few years. Until then, lets just enjoy the rivalries we have, such as Duncan-Shaq, Francis-Marbury, McGrady-Pierce, and Ron Artest against any shooting guard or small forward he

Finally, who will be the MVP this season, with so many superstars in the league? Will it be Tracy McGrady, Tim Duncan, Jason Kidd, Allen Iverson, or Kevin Garnett? No. no, no, no, and no. The man who will win the MVP award will be a giant center who's going to be in the top five in league in points and rebounds, and most likely in blocks too. Just know that when Shaquille O'Neal wins it at the end of the year, it was stated here first. He is easily the most dominant player in the league, with only Tim Duncan coming close. Shaq is the only player in the entire league who, on a nightly basis, simply can not be stopped. He is too powerful, and much too smart of a basketball player to be even slowed by any other center in the league.

So the NBA season is beginning now, and it's going to be fun to watch. Unfortunately, the only team in Illinois is the Chicago Bulls, and they're absolutely horrible. Honestly one of the worst teams ever seen, some people would recommend just cheering for the Indiana Pacers, who at the time of this article were 4-1. The Pacers are a great team, and are a good center away from being a championship team, and the Bulls are young, talented, but far too inexperienced to win even 35 games. Perhaps next year they'll be good, but for this year watch as they tumble into the category of obsolete. That's the NBA preview, and next to college basketball the NBA is probably one of the best sports to watch. So pay attention to the predictions, and remember where you heard it

Hospitaliy Club Annual Thanksgiving Dinner

The South Main Lounge Wednesday, November 19,2003 11 am - 1:30 pm \$6.50 in advance \$7.00 at the event

We will serve you turkey, ham dressing, green beans, corn, potatoes, yams, gravy, desert and