

Celebrate Black History Month... PROSPECTUS

A STUDENT PRODUCED PUBLICATION SINCE 1969

THE WEEK OF FEBRUARY 5, 2003

Is NASA worth the cost
of its operations?

(Photos by Jesse Woodrum)



Markquis Lewis

Yeah, it is.



Jackie Stewart

Yeah I do, because of the scientific research that they do and the information they collect



Chris Rudisill

Of course it is, we trashed this planet, we've got to find another one.



Saeko Hagiwa

Yes I do.



Josh Acree

I think it's a good idea because NASA produced great technology like WD40 and prosthetic limbs.

Parkland Professor Hales Shares Jim Crow Artifacts

When Kevin Hales walks into an antique shop and asks if they have any "Black Americana" or "Jim Crow" memorabilia, he says that most people seem embarrassed and look down. He then tries to make them comfortable, and they usually lead him to the back corner of the store, where the memorabilia, (often postcards,) lay nearly forgotten in a dust-covered box.

Hales has collected about 110 pieces of "Jim Crow" memorabilia this way. Through the month of February, you can view some of his collection in the display case at the Welcome Center.

"Jim Crow" refers to a character created by Thomas D. Rice, who first appeared onstage in 1828. Rice painted himself dark, mispronounced words, and fell on himself. The character was named Jim Crow.

Hales began collecting the memorabilia about a year ago, when his mother, Pearl, died. "My mother loved much of that memorabilia, especially postcards," Hales says. His hope is to collect a thousand

see the memorabilia they will feel "shock, indignation, a bit of anger. I hope it provokes people to think. Is this the way to honor people? Are Amos, Andy, and Aunt Jemima good ways to honor people? Are there ways to depict people in a better light?"

Above all he hopes it will make people in other cultures think about perhaps they are oppressed today. "I hope it gets younger people to look at Chief Illiniwick in a different light. It's something to think about when you're watching football this fall."

So take a few minutes before class and visit the display case. The memorabilia is accompanied by back-

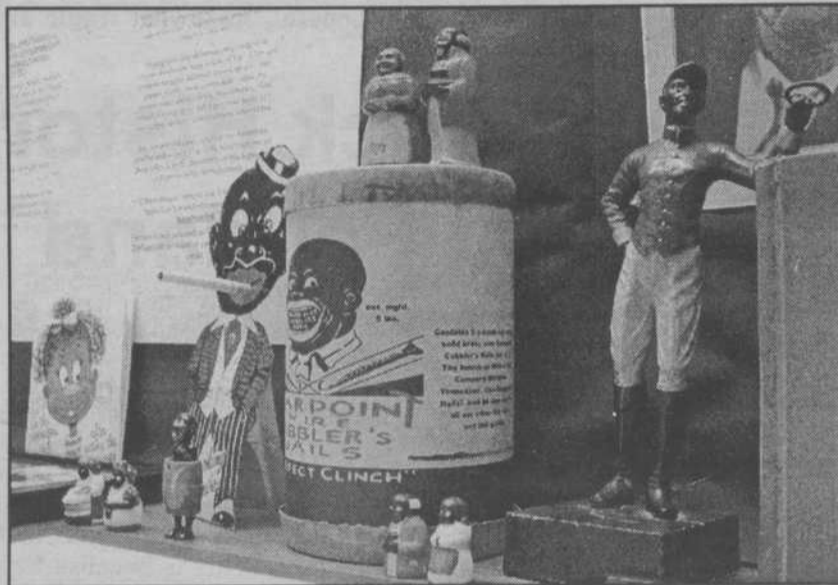


photo by André Moraes

Jim Crow era memorabilia in college display case.

grounds of the pieces, a little bit of history, and refers you to books or movies relating to the items. Hales may alternate the pieces throughout the month to "continue the thinking process."

Hales hopes that when people

A Raisin In The Sun

by Jesse Woodrum

The fourth and, so far, most socially, if not artistically, ambitious play of the 2002-2003 season of Parkland Theater is *A Raisin In The Sun*. Written by Lorraine Hansberry, (a woman whose life is well paraphrased by the title of her sort-of auto-biography; *To Be Young, Gifted, and Black*) in 1959 it became the first Broadway play written by a black woman. Hansberry titled her masterpiece after a Langston Hughes poem entitled "Harlem."

What happens to a dream deferred?
Does it dry up
like a raisin in the sun?

Or fester like a sore
And then run?
Does it stink like rotten meat?
Or crust and sugar over-
like a syrupy sweet?

Maybe it just sags
like a heavy load.

Or does it explode?"

Like the poem, the play explores the fate of dreams. In this case, the American Dream, as it relates to the Younger family living in the South Side of Chicago.

When the Younger's get a substantial insurance settlement, the fate of the money causes tension in the cramped Younger household. Taking on the last suggested personality in Langston Hughes' poem,



submitted photo

Diacos Q. Love and AliceAnna Schumacher prepare for their roles in Parkland Theatre's production of *A Raisin in the Sun*, January 29 - February 9. Call 351-2528 for more information.

Walter, the son of the elder Younger (whose death has brought them this opportunity) seems to explode one day when he realizes that, in his mid-thirties, life has not happened for him the way he planned it. Diacos Q. Love Sr., playing the part of Walter, exudes most of the play's passion in a part that was written to be the most powerful.

My favorite character from the text and my

For more Black History Month events see page 2.

campus news

Meet Public Safety



Greg Boise
Sgt. Police Officer



Dianne Reed
Telecommunication Officer



Chuck Dale
Police Officer



Brad Vrablic
Security Patrol Officer

A Raisin In The Sun Continued

favorite actor from the performance come together to represent the sub-theme of the play; the assimilationist movement. Beneatha Younger, played by Beau'Livea M. Greene, drives the play with her youthful vigor. As a pseudo-sophisticated medical student, she meets Asagai played by Parkland Theater's budding talent Omar Benton Ricks, a confident but humble student from Nigeria studying in the States. He tells humorously of the time when Beneatha met him in a line that symbolically expresses the serious sub-theme of the play: "You see...I'm looking for my identity"

The insurance settlement would be a good help for a poor student in medical school but Walter has himself in a Willy-Lomanesque trance. Convinced of the power of capitalism and his competence in it, he tries to convince his mother to let him invest in a liquor store.

In a semi-hopeful, somewhat tragic and totally

unforeseen ending, that which almost destroyed the family will reunite them, though leave them somewhat battered.

This play is one of the most famous plays from the 50's, it is one of the most famous works in the history of Black-American art, and it has been praised for almost a half a century for its ability to move which transcends race. Kate Roark said of examining this play before selecting it to be performed, "(I was) struck when looking at this play by how strong it is still...it still resonates and it's just really well written." Parkland Students should consider themselves luck to have such an amazing piece brought to their college, and then performed very well. I cannot think on anyone to whom I would not strongly recommend seeing this play. Emotionally, and artistically this play leaves little to be desired. It is the kind of experience that you go to the theater for.

Black History Month Events at Parkland

By: Michael Pierce

As the New Year goes from being new towards making progress we find ourselves now in the month of February. The month of February should have special significance to us as it is a time that allows more readily available opportunities for Americans to become introspective and review parts of our history. This is because February is Black History month. At Parkland College there are a variety of events that are taking place to allow everyone who is so inclined to share in this month of relevant and rewarding historical erudition. Don't miss out on an opportunity to indulge in history and gain a greater understanding of Black, and American, History.

January 29th - February 9th

Parkland Theatre presents: "A RAISIN IN THE SUN"

This is a historic play about the struggles of an African American family living in the Chicago area during the 1950's. For information call (217) 351-2528 or contact the theatre department by email at www.parkland.edu/theatre

February 2003

There will be an archival display and "Jim Crow" memorabilia available for viewing in the Welcome Center display cases. The archival display pieces are donated for the month from the Champaign County Section of the National Council of Negro Women, Inc. The "Jim Crow" pieces are donated from the private collection of Associate Professor Kevin Hales.

February 3rd

African American Read-In

From 11:00 am to 2:00 pm in room D244 of Parkland College.

February 6th & 7th

A public reading with Parkland's Artist-in-Residence, the poet Allison Joseph, will take place

with a question and answer period afterwards. This event will take place from noon until 1:30 pm in the Gallery Lounge. For information on this event call (217) 351-2395.

February 11th & 13th

"I'll Make Me a World"

A video presentation and discussion on a century of African American arts. This event to take place at 11:00 am until 1:00 pm in room D244.

February 15th

A Blues Bistro featuring Vickie Capo-Locke will take place.

Events to include: Music, entertainment, refreshments, and a silent auction.

Donations to benefit: The Champaign County Section or the National Council of Negro Women, Inc.

February 17th

"The African-American/Hispanic Connection"

Giraldo Rosales, guest speaker

remarks with Q&A. 12 noon until 1:30p.m. in the Gallery Lounge.

February 19th

Black History Live

This will be an interactive history competition with refreshments and prizes included. This event will take place at 12 noon until 1:00 pm in the Flag Lounge of Parkland College.

February 22nd

The Annual Gospel Concert will take place offering traditional and contemporary gospel music and praise. This event will take place at 7:00 pm until 10:00 pm at the Parkland Theatre.

February 27th

The Annual Soul Food Lunch sponsored by the Parkland College Black Student Association will take place. Cost for the lunch is \$6.00 if purchased in advance and \$6.50 if purchased on the day of the event. The event will take place from 11:00 am until 1:00 pm in the South Lounge of Parkland College.

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HOW TO REACH US

To contact the Parkland Prospectus, phone us 217-351-2216 FAX 217-373-3835. By Email: www.parkland.edu/prospectus By U.S. mail: Parkland College, Room X-155 2400 W. Bradley Ave Champaign, IL. 61821. ADVERTISERS phone 217-373-3855 or FAX 217-373-3835

LETTERS AND EDITORIAL POLICY

- The Prospectus is a student publication.
- It is published weekly during the Fall and Spring semesters, intermittently in summer.
- Views expressed are opinions of staff and contributors
- Advertising is accepted which is non-discriminatory and not in violation of any laws. The Prospectus reserves the right to refuse any advertising. Publication of advertising constitutes final acceptance. Advertisers must verify ads for accuracy.

- The Prospectus welcomes letters to the editor.

- The rules of correspondence: all letters must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. E-mail to the prospectus must also include a full name, phone number and address. Unverifiable letters will not be printed. Correspondence may be edited to accommodate the space requirements of the paper.
- Guest writers are welcome and subject to the same rules as other correspondence. We welcome writers from the Parkland community and the public. The editor will consider original works of fiction and short writings, if space is available.
- The Prospectus deadline for all advertising and other submissions is 5PM of the Wednesday immediately before the upcoming issue.

Editorial Staff

Blane McClellan Editor
Sara McDuffee Production Editor

editorial

Got questions about healthy living? Just ask June

Drop your questions in the question box at the Information Desk

Dear June,

Are more people getting migraine headaches, or are people assuming that just because they have a pretty bad headache that it's a migraine? What is a migraine? Are they very common? Can anyone get them? Or, is it mostly men or women? Is it an inherited condition? What are some of the conditions that can cause a really bad headache?

Tweedledum in Alice in Wonderland said "I'm very brave generally, only today I happen to have a headache." Headaches can, without a doubt, ruin our day.

The majority of headaches—over 90%—are caused by tension and respond well to prevention and home care. Headaches can also be caused by allergies, sinusitis, TMJ, exposure to chemicals, flu, nervous system diseases like encephalitis or meningitis, caffeine withdrawal, premenstrual syndrome, drug allergies, dehydration, or alcohol use.

Migraine headaches are caused by changes in the flow of blood in the vessels of the head and have very specific symptoms including throbbing pain on one or both sides of the head and sensitivity to light or noise. The headache may be accompanied by nausea and vomiting and may be preceded by visual disturbances. Dizziness and numbness on one side of the body may also precede a migraine. The headaches may last from a few hours to a few days, and recur from several times a week to once every few years. Migraines are more common in women and may begin in childhood but usually begin during the teens and early twenties.

Cluster headaches, however, are five times more common in men. They are very severe, sharp, stabbing headaches that occur on one side of the head, usually in the temple or behind the eye and come on very suddenly. The eye and nostril on the affected side may be runny. The pain may last from 30 minutes to a few hours and may recur several times a day. Attacks may last 4 to 12 weeks and then disappear for months or years.

Headache emergencies require a call to your doctor and include the following:

- * A very sudden, "thunderclap" headache.
* A sudden, severe headache unlike any you have ever had.
* Headache with stiff neck, fever, nausea, vomiting, drowsiness, confusion.
* Sudden, severe headache with stiff neck developing soon after the headache starts.
* Headache with weakness, paralysis, numbness, visual disturbances, slurred speech, confusion or behavior changes.
* Headaches following a recent fall or blow to the head.

For more information, visit the Wellness Center in L-122 or Just ask June.

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Farewell Columbia

By Chris Dupee

My son sighed as we wandered down the grocery aisle looking for simple things; milk, chocolate syrup, potato chips. "I don't get it," he said. "Why are people so upset about the shuttle? I mean, Ok, it's sad and all, but why is it the only thing on TV?"

I made a mental note to ask my wife - again - who his father really was.

"Those men and women were heroes, Marc." I said. I rambled briefly about 'advancing the cause of world peace' and something about their 'sacrifice' being superior to 'starting a war for oil.' Then I changed the subject.

I suppose I could have been angry at his lack of reverence, but I couldn't be.

First of all, it might be easy to interpret his question as a complaint; 'Why have all my shows been pre-empted for this?' But that wasn't what he meant. What he was really asking was 'why are we making more of a fuss over seven

people in a shuttle dying over east Texas than we did over the thirty-some in the commercial airplane that died last week in the mountains of Peru?' Frustratingly, I didn't have a real answer for him

I was born the year Al Shepard became the first American in space. I wasn't old enough to remember JFK declaring that we would go to the moon in this "de-cade," but I never once, that I can recall, ever questioned that it would be done. It was the road we were on and everyone seemed to take it for granted, get on board, hang our collective heads out the window, point our noses to the wind, watching for each new glimpse of the future.

I remember looking up in wonder when Apollo 9 streaked across the crystal-clear predawn Texas sky. We all made sure everyone knew to look for it. We all ran outside. We all looked up. Everyone was space happy. We were glued to the television coverage of every launch; we learned the names of features of the moon; Mare Tranquilitatis, Mare Ibrium, Tycho crater, Hadley's rille. We curled up in front of black-and-white televisions and watched My Favorite Martian, Lost in Space and Star Trek.

Star Trek, in fact, seemed to be the very hallmark of our shared fantasies. The Trek universe was a place where space travel was an everyday occurrence, where the people of earth were one and peace was the mission. We hoped that the space program might bring this fantasy to reality, eventually, and so we invested a lot of emotion into it.

The whole nation - the whole world - watched as Neil stepped off the ladder and onto the surface. An American achievement, a giant leap for mankind. We watched Americans and Soviets meet in orbit. We frowned in concern when Skylab's solar panels were damaged on liftoff and failed to deploy properly. We grieved when the soviets lost three cosmonauts in a re-entry mishap.

Then came the long-awaited shuttle program. We finally had a real-life reusable spacecraft. When

Columbia touched down for the first time she had an audience of millions. It was an American achievement, but it was a human advance. Where once we vowed to go to the moon in a spirit of rivalry with the Soviets, the Space Shuttle program was billed as a 'space taxi' service, available all the world. We anticipated eventually manning the shuttles with astronauts from every nation, ferrying equipment into orbit and doing cutting edge science in a stable microgravity environment. The exploration of space seemed to be the key to pulling the human race together. It seemed that the Star Trek dream might be coming true.

Early after Columbia's first flight, NASA fed our excitement by telling us that they wanted to eventually

launch twenty-five missions a year and make going into space no more noteworthy than flying cross-country.

Then Challenger blew up. We cried for the fallen. The accident warranted all-day news coverage. We watched their deaths over and over. We feared the

end of the space program.

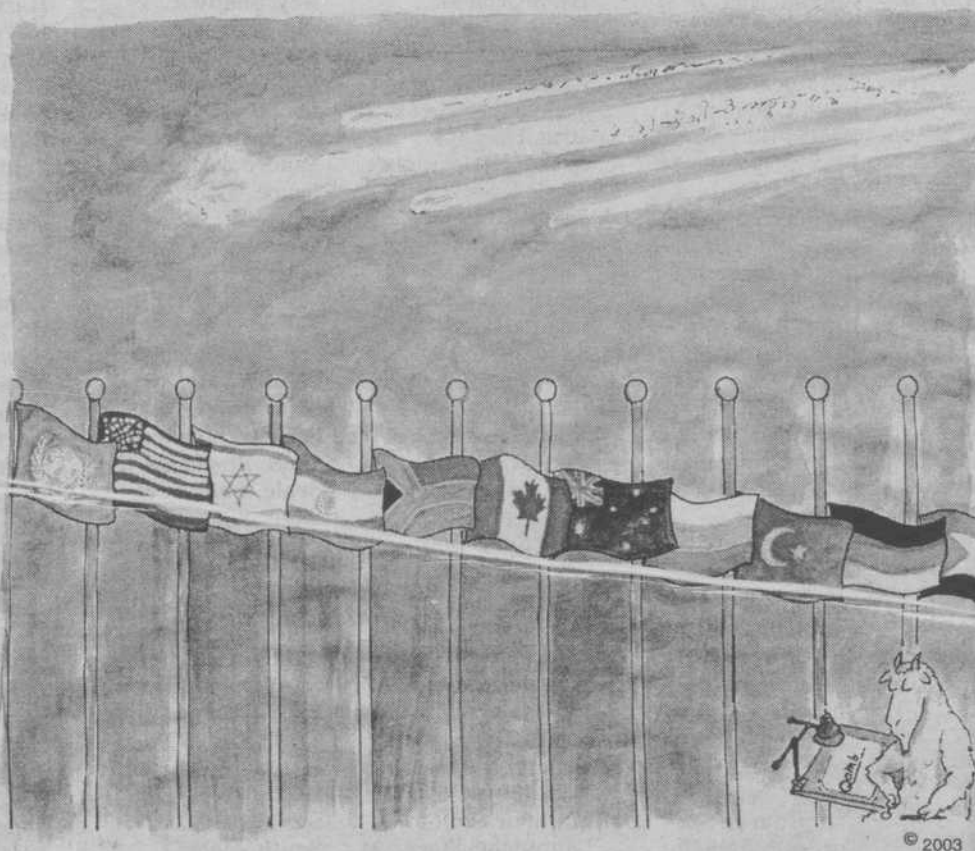
Instead, determinedly, almost quietly, they went on. They built a new shuttle from spare parts and named her Endeavor. They kept flying. Not nearly the twenty-five missions they had billed, and we still gave news coverage to every launch, but they kept flying. They repaired Hubbell, repaired it again, overhauled and renewed it. They launched interplanetary probes, communications satellites and science experiments made by schoolchildren. They built the International Space Station. They flew again and again. We almost stopped watching. Space flights were in the news but they were not big news. Not like before. Eventually, the launches only warranted a quick blurb. The landings were commonplace.

Last autumn, Endeavor and the ISS passed over Champaign-Urbana in tandem orbit. I found out in advance and told everyone I knew about it. I told my children. Two of my friends and I ran outside. No one else did. My children had other things, more important things to do than watch bright points of light cross the sky.

To them, space is no more remote than the Himalayas, as much a part of their world as computers are part of mine, as jet travel was for my father. Only we oldsters still look up. Only we are horrified when a mere seven astronauts perish, as though they weren't aware somehow, as though they were in greater danger than any truck driver. Our children have better perspective than we do. We hoped to be a spacefaring race; they take space flight in stride.

Farewell, Columbia, we'll miss you and your intrepid crew. You weren't the first and you won't be the last, but you may have broken uncomfortable ground. Next time we may not receive all-day coverage.

I guess NASA succeeded after all.



local&regional

Parkland Announces Fall Dean's List

Parkland College has named 1,068 students to the Dean's List for fall semester 2002. The Dean's List honors those students whose scholastic achievement has been outstanding. To be named to the list, students must earn a minimum grade point average of 3.5 on a 4.0 grade scale for the semester in which they are being honored. Students who earn less than 12 hours in that semester can make the Dean's List by achieving a 3.5 cumulative GPA for 12 or more cumulative hours in the academic year.

Albion
Burkett, Lesley R.
Frankland, Lacey A.
Allerton
Catron, Rebecca L.
George, Ashley M.
Anchor
Van Note, Richard C.
Arcola
Cherry, Zachary C.
Hall, Haley R.
Heimstra, Amy L.
Stanley, Matthew A.
Young, Joshua P.
Arlington Heights
Marchinski, Dereck J.
Aurora
Bynum, Lee H.
Everhart, Daniel K.
Francis, Robert M.
Weaver, Brian R.
Avon
Ruff, Steven P.
Baltimore
Bagchi, Ujjayini
Bartlett
Pidu, Rachel L.
Smith, Emily A.
Bayside
Yoo, Hojin
Beardstown
Birdsley, Andrew D.
Bellflower
Bergfield, Tyler S.
Medernach, Gina H.
Zimmerman, Eric A.
Belvidere
Verken, Kylie L.
Bement
Baker, Ricky D.
Boes, Alisha D.
Huddleston, Jason G.
McConkey, Jillian
McNicol, Cory L.
Nimmons, Stephanie A.
Roberts, Jessica J.
Shumard, Jason M.
Smith, Leslie M.
Wingle, Grant M.
Big Rock
Fetzner, Stephanée
Bismark
Brumett, Bill A.
Light, Barbra V.
Bloomington
Carter, Raegan L.
Corkery, Jonathan H.
Higgins, Kristin E.
Prager, Nicole A.
Vesper, Kelly D.
Bourbonnais
Shah, Sima D.
Walker, Shawna L.
Brighton
Beilsmith, Jessica R.
Bristol
Petri, Aaron C.
Broadlands
Jacobson, Anne
Buckley
Luhresen, Craig R.
Buffalo Grove
Lee, Sharon V.

Nanney, Chris R.
Cabery
Birch, Ashley R.
Canton
Davis, Ashley R.
Carbondale
Jasmon, Ryan M.
Carlinville
Gietl, Patrick F.
Schulz, Casey H.
Centralia
Khan, Ayesha
Champaign
Abernathy, Lori A.
Acker, Isaac S.
Ahmed, Amina S.
Allen, Sarah B.
An, Myung-Eun
Anderson, Brian C.
Anderson, Susan A.
Anthe, Allison A.
Anthony, Kristi L.
Antrim, Alec J.
Baek, Kyung Do
Ballew, Debra A.
Barker, Johnathan W.
Baxley, Robert J.
Beeck, Bettina
Berry, Danielle M.
Berry, Melissa A.
Bettenhausen, Rachel A.
Bialeschki, Brian M.
Binion, Lizbeth J.
Birdwell, Jason D.
Bitoy, Leonardo A.
Bogdanets, Alexandr
Hall, Jennifer
Briskin, Donald P.
Brown, Jason
Brown, Julie C.
Brumleve, Joseph T.
Bryson, Inbae
Bubb, Carrie L.
Butler, Kenneth F.
Canli, Kevin R.
Carson, Amy L.
Chang, Sungyul
Chen, Ching-Yueh
Chesher, Benjamin S.
Cho, Han
Choi, Yeong Goo
Chung, Joo-Hee
Clapp, Sarah S.
Coad, De Anna L.
Coker, Priscilla A.
Colclasure, Leah C.
Cole, Joshua W.
Coleman, Kimberly B.
Collins, Andrea N.
Collins, Lyanne
Collins, Gina H.
Conway, Jason R.
Cornett, Amanda L.
Cox, Anna M.
Crayton, Shannon D.
Cribbett, Cristy R.
Cunningham, Sabrina L.
Custer, David L.
Dada, Aderemi
Daniels, Jane A.
Darnell, Dianna A.
Dave, Adrienne B.
Davis, Gabriele M.
Davis, Kathryn
Delporte, Damian R.
DePaz, Flavio
Dodd, Kamara M.
Drewes, Carly N.
Dunn, Kelly L.
Durham, Amy
Einck, Ashley E.
Ellis, Chantel L.
Enloe, Michael D.
Fairfield, Christopher T.
Falconio, Megan L.
Fennell, Emily R.
Ferguson, Shawn M.
Ferrari, Alison R.
Fiscella, Samantha
Fleming, Cindy
Flowers, Donna D.
Foster, Diana N.
Fowler, Kathrine M.
Frizzell, Lindsay N.
Gardner, Monica E.
Gersdorf, Tina L.
Gioja, Joanna R.
Gjorgieva, Marija
Goble, Rachel L.

Goma-Ndamba, Leevy M.
Gong, Xiao Rui
Graves, Julie M.
Gustafson, Katie A.
Guzman, Claudia E.
Haddock, Jennifer L.
Hall, Erin E.
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Harper, Clint D.
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Harris, Ricky W.
Hartle, Jason E.
Harvey, Curtis R.
Haun, Tabatha A.
Healy, Mary P.
Henrichsen, Erin M.
Henry, Nicholas P.
Hettinger, Debra D.
Ho, Cathy S.
Hocking, Aaron T.
Howland, Jayme D.
Hwang, Elliot A.
Ile, Sharon M.
Ingle, Hope E.
Ivlev, Maxim V.
Iwata, Ryoko
Jackson, Rachel E.
Jeon, Ho Chul
Jirapojaporn, Pimchanok
Jlopleh, Steven B.
Jobin, Timothy A.
Johnson, Corrie E.
Jordan, Autumn M.
Kaiser, Anita R.
Kaput, Kate R.
Kashnig, Casey C.
Keimeier, Cherie D.
Khan, Fahad Ather
Kim, Hye Young
Kim, Hyung-Suk
Kim, Jung-Won
Kim, Na Ki
Kim, Sung Taek
Kiemperer, Peter F.
Kneller, Jody A.
Knight, James R.
Knoke, Nick B.
Kolawole, Adetoun
Kouzmanoff, Erica N.
Kraus, Eva
Kroner, Nichole L.
Kuhlen Schmidt, Matthew S.
Labrecque, Stacey M.
Laird, Raymond
Lam, Shu-Fung
Lam, Tim-Tim
Lazaro, Carlos
Li, Peng
Li, Shuli
Lin, Yun
Lipton, Joshua C.
Lubaga, Andre L.
Lytle, Julie A.
Mackiewicz, Justin J.
Madaio, William M.
Maemura, Hiroya
Magruder, Christopher S.
Mahon, Cheryl J.
Mathew, Gigimol P.
McClellan, Don C.
McClellan, Tegan L.
McGee, Myron E.
McGill, Lucas E.
McKlveen, Kerra R.
McNabb, Peter B.
McNeely, Nicholas A.
McOmber, Chani F.
Mechling, Katherine R.
Middleton, Abigail S.
Moon, Christina Y.
Moore, Sherry G.
Morgan, Kevin H.
Morrison, Dena R.
Moukouri, Charlotte T.
Murga, Dario A.
Myers, Michael A.
Nadhimi, Selwa J.
Nelson, Timothy
Newman, Aaron S.
Ngoma, Tresor M.
Nichols, Mary T.
Nichols, Matthew A.
Nimz, Sara K.
Nuss, Albrey A.
Oe, Ayaka
Olzai, Stefano
Park, Hyun Jung
Park, Jungho

Passley, Cameil N.
Patel, Dev P.
Paulus, Georgine C.
Pedigo, Amy
Pellum, Amber M.
Pena, Max R.
Perecherla, Ajay
Perecherla, Sanjay
Phetchareun, D. Philip
Pickett, Kristen L.
Pierce, Michael A.
Piere, Jerome, Christine M.
Pumphrey, Jean A.
Puracchio, Dori
Qian, Sang
Quendangen, Cindy
Rajagopal, Harini
Raymond, Shannon M.
Reaska, Melissa A.
Reiter, Traci J.
Robertson, Victoria L.
Rose, Tracey R.
Roy, Shelly A.
Royse, Shannon A.
Rund, Thaddeus J.
Ryan, Jonathan T.
Sanders, Anthony D.
Sandes-Thompson, Lathisa
Sandrock, Julius A.
Saxon, Jim N.
Schaefer, Anthony N.
Schehlein, Katie E.
Scherer, Elizabeth A.
Schimke, Peter J.
Schlorff, Katie M.
Schmidt, Christopher I.
Schrock, Penny J.
Schultz, Stephen L.
Scott, Stephanie K.
Seale, Andrew D.
Shair, Sarah R.
Shaw, Marcus J.
Shea, Tyson A.
Shirley, Harvey R.
Simmons, Eric M.
Simmons, R. Robert
Simpson, Jessica H.
Sinha, Aishvarya
Skaggs, Eric T.
Sly, Matthew A.
Smith, Hayley B.
Smith, Jana L.
Smith, Maria L.
Smith, Stefanie
Spencer, Matthew M.
Spero, Jessica A.
Stemle, Ada K.
Stewart, Brad
Stocker, Amber L.
Stuber, Tamina A.
Sun, Kei
Swanson, Jonathon R.
Swartz, Seth R.
Swartzendruber, Faith E.
Tang, Dong
Tarter, Ashley B.
Taylor, Michael
Thomas, Heather R.
Thompson, Justin W.
Thopiah, Shruthi R.
Thorsen, Charles E.
Tian, Nan
Tittsworth, Ryan B.
Tomomura, Hiroko
Tran, Anh
Trejo, Jonathan M.
Tucker, Gabriel P.
Ullestad, Meg E.
Unander, Kristine N.
Vallas, Kia E.
Van, Fiona
Vaughan, Ryan T.
Velazquez, Mirelsie
Wackerhage, Ulrike
Wakamatsu, Yurika
Walsh, James R.
Wang, Ying
Ware, Cynthia M.
Warren, Jamie L.
Wasistho, Mya P.
Wat, Chong Hang
Wear, William R.
Weise, Darin G.
Weller, Travis J.
Wells, Michael C.
Whalen, Laura A.
Whitaker, Thomas
Wilcoxon, Lillian

Winkler-Groschen, Nicole K.
Winkler-Groschen, Rochelle M.
Woods, Toni T.
Woolcott, Nicholas J.
Worthy, Rebecca L.
Yamamoto, Angie K.
Yoon, Jeonghye
York, Nicholas R.
Zeman, Heather M.
Zhang, Yunxiang
Zuk, Mariano J.
Charleston
James, Erin D.
Wheeler, Rebecca N.
Chatsworth
Boomgarden, Daniel J.
Chebanse
Elliot, Sean R.
Chenoa
Slagel, Michael R.
Chicago
Gaughan, Megan E.
Haswah, Neda S.
Kaye, Aaron R.
Maajid, Gabriel E.
Schwarzberg, Sara
Tanzar, James W.
Cicero
Zajda, Jennifer L.
Cisco
Huisinga, Brent A.
Cissna Park
Baer, Teresa J.
Hamrick, Jason D.
Hofbauer, Joseph
Nowak, Stefanie M.
Rudin, Daniel C.
Rudin, Sara A.
Steffen, Chalise M.
Steffen, Gretchen N.
Yergler, Joanna M.
Clinton
Miller, Shaye A.
Vandervort, Jennifer C.
Coal City
Zelinko, Lori A.
Coal Valley
Timmons, Terry A.
Colfax
Meyer, Luke E.
Congerville
Steffen, Kayla K.
Crete
Aguilera, Leticia
Danville
Ahmed, Mahnaz
Brandon, Sabrina L.
Lane, Sara A.
Patterson, Jeremiah C.
Pilkington, Thomas C.
Ratcliff, Bryan W.
Decatur
Bardelli, Matthew C.
Cook, Alexis C.
Daniels, Debra K.
Delbridge, Stephanie K.
Harris, Joell A.
Hartrich, Andrew D.
Lane, Daniel N.
Roberts, Griffin W.
Workman, Mallory A.
Deerfield
Krulas, Vanessa J.
Dewey
Bradley, Tara J.
Mallinger, Katherine E.
Sullivan, Ashlee B.
Williams, Shannon M.
DeLand
Neibarger, Corey R.
Dong-Hae, Korea
Kim, Nam Kyu
Donovan
Hamrick, Derick
Effingham
Baumann, Carrie L.
Bushur, Elizabeth M.
Bushur, Katherine A.
Flach, Andrew P.
Kapper, Jody L.
Reed, Jacob R.
Stigers, Kasie S.
Storm, Adam J.
Trigg, Abby S.
Elliot
Godsey, Torri L.
Elmhurst
Lesser, Maria A.
Evanston

Brackett, Sarah Maria H.
Fairbury
Hartman, Joel D.
Wenger, Ryan J.
Fairfax
Goodson, Monica D.
Fairfield
Stum, Kelli M.
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Jahraus, Zachary J.
Farmer City
Freden, Matt R.
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Holstein, Michelle K.
Kidd, Shawna K.
Maxwell, Jason R.
Nelson, Lora J.
Ruch, Brenda C.
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Whalen, Kimberly L.
Fisher
Dunn, Matthew B.
Kelly, Benjamin S.
Musson, Benjamin R.
Pforr, James E.
Sutton, Wayne S.
Fithian
Kelly, Stacy M.
Wilder, Rachel L.
Flossmoor
Wilson, Logan E.
Foosland
Stalter, Peggy S.
Forrest
Augsburger, Jill D.
Folwell, Donna M.
Hetherington, Amy L.
Knauer, Whitney L.
Miller, Marcus L.
Schneider, Mark J.
Walter, Jenna L.
Zimmerman, John C.
Freeport
Barton, Charles A.
Dickinson, Angela M.
Geneva
Kinchus, Laura A.
Nemcek, Mark R.
Sihler, Laura K.
Genoa
Buda, Candice
Georgetown
Peelman, Richard I.
Germantown
Netemeyer, Karen A.
Gibson City
Benison, Jeremiah G.
Benison, Willard J., Jr.
Chase, Kaci N.
Gerth, Ryan N.
Kieser, Troy M.
Sallee, Deena
Warfield, Scott R.
Wolf, Amy E.
Woodall, Steven J.
Gifford
Albers, Frederick W.
Emkes, Brian J.
Hannagan, Hillary A.
Gilman
Evetts, Kimberly N.
Latino, Anthony
Glen Ellyn
Taylor, Lindsay W.
Glenview
Pinkerton, Jacqueline
Hammond
Ponder, Eric P.
Hampton
Duffy, Derek
Hidalgo
Green, Rachael E.
Hoffman Estates
Miller, Heather A.
Homer
Brewer, Haley J.
Childers, Heidi M.
Compton, Ariel A.
Dach, Nicola C.
Wright, Sarah N.
Homewood
Robinson, Lindsey D.
Hong Kong, PR China
Chung, Hung Yu
Hoopeston
Anderson, Katie M.
Knoll, Sean G.
Hume

Eads, Melinda J.
Ichun, Korea ROK
Lee, Sanghoon
Kankakee
Goodberlet, Donna M.
Osenga, Kimberly M.
Kempton
English, Andrew T.
Kenney
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Davyromano, Amanda K.
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Le Roy
Bader, Thomas E.
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Delaporte, Edward
Franzen, Lindsey E.
Sutter, Angela D.
Trimble, Lacey A.
Lincoln
Obaisi, Reem M.
Lisle
Grimaldi, Jeremy D.
Lockport
Pizzoloto, Kristen L.
Loda
Bloomstrand, Kyle S.
Eyre, Christy L.
McCasky, Melissa J.
Paulus, Erica L.
Zaloudek, William F.
Long Point
Cain, Ryanne J.
Lynwood
Iatgenhorst, Dustin L.
Mahomet
Abrams, Barry P.
Back, Nathan K.
Beadles, Sherri L.
Castor, Randall E.
Cawvey, Jessica L.
Covher, Amanda
Cox, Robert A.
Crump, Alex
Davis, Amy E.
Derges, Meredith S.
Dietsch, Michelle
Donlan, Lori K.
Drury, Alice
Enriquez, Carmen E.
Farriell, Catherine A.
Fults, Justin M.
Gomez, Samuel L.
Halfar, Derek A.
Harshbarger, Kelli S.
Heath, Jason R.
Hess, Leslie M.
Horton, Douglas E.
Humes, Douglas R.
Ickstadt, Ashley N.
James, Michelle E.
Johnson, Jennifer
Johnson, Laura B.
Jones, Jamie S.
Jordan, Stephen J.
Kennedy, Priscilla M.
Klinker, Brett E.
Kreidler, Susan J.
Lau, Liat Chye
Lohmeyer, Carrie A.
Martin, Kathryn M.
McDaniel, David F.
Melvin, Matthew J.
Meyer, Yvonne I.
Miller, Timothy I.
Moskal, Emily J.
Ramey, Sarah S.
Rapp, Christina L.
Robinson, Matthew L.
Ronk, Benjamin J.
Scarlett, Aaron
Setser, Kristina M.
Sides, Gavin M.
Skillings, Jennifer A.
Slagle, Amy
Trujillo, David P.
Watson, Caleb D.
Watts, Beth A.
Weiss, Jason D.
Wilson, Deana N.
Yeazel, Tonya A.
Zindars, Alana M.
Mansfield
Ewenson, Thomas E.
Hurd, Kerri L.
Roy, Bambi L.
Manteno

features

Winter Weather Gets People SAD

By Thomas Duggan

During the winter months, it seems like the sky is always gray and overcast. Just about everyone at some point yearns for more sunlight and warmer weather. For some people, these winter conditions can bring on a mood disorder called seasonal affective disorder (SAD). The acronym is appropriate, since some of the symptoms of SAD are feelings of hopelessness, anxiety, and increased irritability. Individuals with SAD have an increase in appetite and a craving for carbohydrates and sweets. They may gain weight as a result. They also have less energy, feel tired, and often have a change in sleeping patterns. These symptoms contribute to relationship problems and the inability to concentrate at work or school.

Seasonal affective disorder is most common during the winter months, when there is less daylight. The shorter daylight hours as well as the tendency for people to spend less time outside during winter causes an individual's melatonin level to increase. Melatonin is a hormone that controls the sleep cycle.

Researchers think that when an individual is exposed to light, the suprachiasmatic nucleus in the brain suppresses the secretion of melatonin. So in winter months, when exposure to light is at a minimum, melatonin builds up, which can lead to symptoms of the mood disorder.

SAD affects up to twenty-five million Americans. Three out of four sufferers are women. Some individuals who work all day indoors and in buildings with few windows or low light may have symptoms of the disorder during any season. Some people even have changes in mood during long periods of cloudy weather.

To avoid seasonal affective disorder, some small changes in lifestyle can make a big difference in fending off symptoms throughout the year. More exposure to daylight by spending more time outdoors decreases melatonin levels. Doctors recommend eating healthy and getting more exercise while you are at it. For the more severe cases, psychotherapy, antidepressant medications, or light therapy may be needed. Light therapy consists of daily exposure to light boxes or full-spectrum light bulbs instead of fluorescent lights. However, outside light is often brighter than artificial light. Sufferers with milder symptoms may want to try herbal remedies such as St. John's Wort. But if it were practical, all of us could just take a vacation.

There's no place like home, Robeson Hall



By: Sarah Ramey

For some people, going to a community college like Parkland, means forfeiting the experience of living on their own for at least their first two years of college education. However

many others, some call them lucky, some call them doomed, will take the plunge into adulthood and move out on their own.

For those not quite geared up to face landlords and monthly power bills, there are other options available for students at Parkland College.

Robeson Hall, located in downtown Champaign is a residence hall primarily for Parkland students. Students can house there to escape from living in their parents' basement, or in many cases, to avoid a long commute to their classes.

Cassandra Gipp, a first year Parkland College student from Cullom, IL, has been living at Robeson Hall since the 2002 Fall Semester. "Coming from a small town, Robeson Hall is a good eye-opening experience," reflects Gipp. "There are so many different cultures and lifestyles."

"Usually people just hang out in their dorms and go out in the hallways. We have a nice cafeteria and a lounge with big couches and a big screen TV. There's a



photos by André Moraes

Robeson Hall, inside and out.

game room with a pool table and a ping pong table, and you can rent video games and movies from the front desk."

"I think that everyone should experience the dorm life because I know it's teaching me a lot. You learn how to manage all of your problems on your own."

Benjamin Reed, a third year Parkland College student and Robeson hall resident, came to this dorm after serving in the military. Having experienced the military lifestyle, Reed feels that Robeson Hall is a good step for first year college students to take. "It makes you grow up fast. There is a lot demanded of you and a lot of responsibility put on you. It's up to you to take care of yourself and your responsibilities. But at the same time it covers you just in case you make mistakes."

Both Gipp and Reed consider their stays at Robeson hall to be a

mostly positive experience. "Everyone is really friendly. The front desk people are extremely helpful and my roommate has become one of my closest friends," emphasizes Gipp.

Reed also feels that the facilities at Robeson are top notch, when compared to other dorms in the central Illinois area. "The food is good

and the bathrooms are luxurious compared to other dorms."

As always, with the good comes the bad, but surprisingly both Reed and Gipp only disclosed one complaint. "There are really loud people in the dorm. Even during the designated quiet hours, it can be very loud. I get a lot less sleep here than back at home," suggested Gipp. Reed too feels that the policy on stereo equipment should be less lenient.

Robeson Hall seems to have surpassed its standards to these two students in particular. Reed especially recommends Robeson Hall to anyone who is thinking about moving out. "For all first year students going away from home, I would recommend staying at Robeson Hall."

Additional information about Robeson Hall can be found at www.robesonhall.com.

Parkland's Dean's List continued

Kebert, Jenna E.
Liptak, Nikki L.
Martinsville
Gross, Tracy L.
Mascoutah
Hoskins, Emily M.
Mattoon
Bushue, Kristina M.
Sikorski, Frank D.
Maywood
Cotton-Schmidt, Jeremy C.
McHenry
Mueller, David J.
Melvin
Schultz, Alaina J.
Mendota
Brown, Kora L.
Midland
Bickel, Ross F.
Milmine
Lane, Casey R.
Momence

Zelhart, Nicole R.
Monticello
Apperson, Thomas O., II
Baker, Lesley L.
Baker, Phoebe C.
Brown, Mason E.
Cordon, Katie D.
Davidson, Ashley
David-Risen, Sara J.
Doane, Jackelyn
Duggan, Thomas P.
Hall, Benjamin S.
Keeter, Zachariah A.
Lieb, Jacob S.
McConaha, Amanda N.
Meece, Kyle A.
Melvin, Michael E.
Mohr, Joshua J.
Munds, Seth A.
Pontious, Valerie K.
Porter, Ashley A.
Porter, Matthew D.
Sample, Jason L.

Scott, Heather M.
Stevens, Stephanie N.
Striegel, Christopher C.
Tiedemann, Brent E.
Vogelzang, Ryan
Wittig, Katie A.
Morris
McCarthy, Melissa R.
Morrison
Boyles, Benjamin J.
Morton
Knobloch, Heidi A.
Mt. Zion
Jenkins, Katie M.
Mt. Vernon
Brown, Jennifer N.
Pigg, Emily G.
Smith, Chase M.
Naperville
Weidner, Rebekah L.
New Athens
Brueggemann, Leah C.
Newman

Brown, Shane R.
Hawkins, Lindsey A.
Holmes, Jill E.
Sumption, Robert
Newport
Turcotte, Nathan C.
Newton
Addis, Stanley A.
Howard, Holly N.
Nix, Samuel J.
Normal
Beitz, Dustin P.
King, Lesa A.
Malcom, Abbey E.
Payne, Skye J.
Northbrook
Fainman, Marc D.
Oak Park
Moore, Adekoyejo J.
Ocala
Field, Michelle L.
Odell
Grieff, Kelly L.

Ogden
Dodd, Kathryn K.
Duitsman, Shanon Kay
Hall, Tyler J.
McWethy, Michael L.
Wienke, Bailee N.
Olney
Cordell, Erik W.
Omaha
Duggan, Joshua J.
Onarga
Henrichs, Ashley J.
Reutter, Linsey K.
Rhodes, Robert S.
Orland Park
Sweis, Livana B.
Palatine
Becker, Mark A.
Yun, Isaac T.
Pana
Trexler, Jared M.
Paxton
Barfield, Carey

Brewer, Justin P.
Browne, Jennifer N.
Coulter, James D.
Dodd, Alexis
Duncan, John M.
Emberson, Wanda E.
Haack, Jena A.
Humber, Heidi M.
James, Jennifer L.
Laroe, Natalie J.
Marshall, Hallie E.
Martinez, Angela T.
Morrison, Adam R.
Morrison, Zachary S.
Reeves, Owen C.
Shaffer, Susan D.
Skonberg, Carl V.
Vaughn, Jessie A.
Wickenhauser, Lacey J.
Willard, Jediah T.
Yunker, Abby L.
Pekin
Vogel, Jacqueline D.

Penfield
Gayheart, Nichole D.
Grussing, Gina L.
Osterbur, Dallas L.
Sparks, Lucille B.
Peoria
Sterling, Joshua S.
Pesotum
Baxley, Andrew J.
Fatheree, Bobette M.
Jacobson, Holli M.
Petersburg
Carter, Matthew G.
Philo
Baugh, Steven M.
Bollinger, Becky D.
Cain, Jacob M.
Howey, Melissa Jean
Perry, Lacey
Wilsey, Derek
Zoch, Lorri C.
To Be Continued on
February 12, 2003

comics&humor

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 Allison Joseph, poet
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February 7 location and times vary
 Artist-in-residence
 Allison Joseph, poet
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February 11 & 13
I'll Make Me A World 11 a.m.–1 p.m. D244
 A Century of African-American Arts
 video presentation and discussion

February 15 7–10 p.m. Gallery Lounge
 Blues Bistro featuring Vickie Capo Locke, vocalist
 entertainment, refreshments, silent auction
 donations to benefit the Champaign County Section of the National Council of Negro Women, Inc.

February 17 12 noon–1 p.m. Gallery Lounge
 The Hispanic/African-American Connection
 Giraldo Rosales, guest speaker

February 19 12 noon–1:30 p.m. Flag Lounge
 Black History Live: an interactive history competition, refreshments and prizes

February 22 7–10 p.m. Parkland Theatre
 Annual Gospel Concert
 traditional and contemporary gospel music and praise

February 27 11 a.m.–1 p.m. South Lounge
 Annual Soul Food Lunch
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sports

All-Star game is for fans

By Mike Mears

This past weekend, we witnessed the NFL's Pro Bowl and the NHL's All-Star game. Actually, we didn't, because no one cares about those games.

That leaves us with the NBA as the only pro league whose All-Star game- and weekend as a whole- is truly worth watching. Who cares who wins? It's the one All-Star game that is a superb spectacle, a great exhibition for the fans.

Wait, what were those two words? "Exhibition?" "Fans?"

So why do we hear that players the fans voted in- to a measly exhibition game- are undeserving?

The fans aren't voting for league MVP here. They aren't voting for All-NBA, they aren't voting for Defensive Player of the Year or Rookie of the Year or any other real award. They're voting for players they want to see. And yet every year we hear media types like ESPN's Sean Elliot say players voted in are "undeserving."

How? This game is FOR the fans. They're the only ones who set the criteria for who starts in the All-Star game. It doesn't matter how good the player is, if someone else has better numbers, or if a player has missed most of the season. Let's not forget that without the fans, there is no All-Star game, because there is no NBA(or NFL, MLB, NHL, or anything else for that matter).

Yet a lot of people seem to forget that. Vince Carter doesn't. Tracy McGrady and Allen Iverson both offered their starting roles to Michael Jordan in his last All-Star game. A move worthy of praise, no doubt. Vince Carter, who is just getting healthy after missing most of the year with a knee injury, said offering his spot to Jordan would be an "insult to the fans." He continued, adding, "He's the greatest player, probably, to put a pair of basketball shoes on. But I appreciate the fact that I'm a starter, also."

McGrady and Iverson's hearts were in the right place, but Carter had the right idea. The fans don't care that he's been injured. They love Vince Carter and want to see him play. Likewise, Carter is a guy who understands this game is about the fans, and for the fans, and doesn't want to cheat them. And yet, some couldn't comprehend this.

If a player is truly "deserving" of a bid, the coaches will name him as a reserve if the fans didn't vote him. But don't say that the players the fans vote in are "undeserving." There wouldn't be a game without them. The world isn't going to end because the fans wanted Yao instead of Shaq or Carter instead of Jordan.

Parkland Men Fall At Home To Spoon River

Press Release

The Parkland College Men's Basketball team continued their recent struggles losing for the fourth time in their last six games falling to Spoon River 70-60. Playing their second consecutive game without leading scorer Darryl Baxter who is out with a sprained knee, the Cobras struggled offensively and turned the ball over 21 times in the game. Tim Melz

and P.J. Richards hit two three-point goals apiece early in the second half as the Crusaders pulled away after leading by just two at the half. Jashun Spearman led Parkland (16-6 4-4) with 14 points while Larry Ellis added 12 and Kenneth Lampley had 10 points and 14 rebounds. Richards and Melz led Spoon River (16-6 6-2) with 15 points each. Parkland travels to Lincoln Land on Saturday for a 4:00 game against the Loggers.

Women's Basketball Earn #1 Ranking in latest poll

Press Release

Coach Tim Wulf and the Parkland Women's Basketball team have earned their first ever #1 ranking after easily defeating Spoon River College and Lincoln Land last week while previous #1 Phoenix College lost a pair of games to Division 1 opponents. The top ranking comes just days after the Parkland Baseball team was ranked #1 in the pre-season NJCAA poll. The Lady

Cobra's, now 21-2 on the season, are off until February 12, when they travel to Lake Land for a 5:30 contest.

So far this season, Parkland has been led by freshman Gina Grussing who is averaging 14.9 points and 6.3 rebounds per game while shooting 57% from the field. The Lady Cobra's are third in the nation in scoring defense, holding their opponents to just 48.3 points per game while averaging 75.6

points on offense. Parkland has defeated two other teams currently ranked in the top ten, #3 ranked Illinois Central College and #9 Kankakee.

The Parkland Men's team held on to the #20 spot in the latest NJCAA poll after defeating Lincoln Land last Saturday. They will host ICC at noon on Saturday in their next game.

Defending Champs Pick Up Where They Left Off

By Mike Mears

The defending NJCAA Division II World Series champion Parkland College Baseball team is ranked #1 in the Pre-Season poll released last week. The Cobras coming off a 55-9 season that resulted in their first national title return a strong pitching staff that will hopefully lead them back to Tennessee and the NJCAA World Series for the third consecutive year.

Five pitchers from last year's staff, and the return of a top pitcher from the 2001 team, form the nucleus for what could be another outstanding staff. Returning pitchers include, lefty David Smith (10-2, 2.02 ERA) who has signed with Southwest

Missouri State, and right-handed hurlers Derek Drage (12-1, 2.84, 1st team All-American), Michael Stitz (6-1, 3.74), and Matt Elder (5-1, 2 saves 3.33). Prairie Central grad, Casey Hammond (2-1, 11 saves, 2.22), returns as the teams closer while the starting

staff is further bolstered by the return of Kyle Widgren (10-4, 2.31 in 2001) who red-shirted last season. Both Hammond and Stitz have signed with Division II regional power St. Joseph College (IN).

Offensively, Parkland must replace All-American and World Series MVP, Dan Grant (University of Northern Iowa) as well as catcher Brent Heaberlin (Drexel University), and third baseman Ryan Marker. Centerfielder Michael Coles (.376 avg., 76 hits, 71 runs, 32 stolen bases) should be the catalyst for the offense while first baseman Dan Davy and second baseman Bo Gum should also have big years.

Parkland will open defense of their title on Saturday February 22 when they travel to St. Catharine College of Kentucky. The Cobras will not open at home until Sunday March 16th when they host Elgin CC.

Source: www.parkland.edu

Preseason Top 20

- 1 Parkland College Champaign, IL 55-9 NA 0 NA
- 2 Northern Oklahoma College-Enid Campus Enid, OK 43-23 NA 0 NA
- 3 Mesa Community College Mesa, AZ 45-15 NA 0 NA
- 4 Northwest Mississippi Community College Senatobia, MS 36-11 NA 0 NA
- 5 Grand Rapids Community College Grand Rapids, MI 44-19 NA 0 NA
- 6 Iowa Central Community College Fort Dodge, IA 43-19 NA 0 NA
- 7 Cecil Community College North East, MD 39-9 NA 0 NA
- 8 Pearl River Community College Poplarville, MS 42-13 NA 0 NA
- 9 Brookdale Community College Lincroft, NJ 35-15 NA 0 NA
- 10 Lurleen B. Wallace Junior College Andalusia, AL 35-21 NA 0 NA
- 11 Glendale Community College Glendale, AZ 28-27 NA 0 NA
- 12 Illinois Valley Community College Oglesby, IL 39-28 NA 0 NA
- 13 Community College of Rhode Island Warwick, RI 29-13 NA 0 NA
- 14 Madison Area Technical College Madison WI 28-21 NA 0 NA
- 15 Shelton State Community College Tuscaloosa AL 39-16 NA 0 NA
- 16 Kirkwood Community College Cedar Rapids, IA 37-21 NA 0 NA
- 17 Kellogg Community College Battle Creek MI 30-20 NA 0 NA
- 18 Allegany College of Maryland Cumberland, MD 34-14 NA 0 NA
- 19 Danville Area Community College Danville, IL 31-24 NA 0 NA
- 20 St. Louis Community College-Forest Park St. Louis MO 34-21 NA 0 NA

Source: njcaa.org