

PROSPECTUS

PARKLAND COLLEGE STUDENT NEWSPAPER

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It's a wing-ding of a Spring Fling!

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Sports Around Campus This Week



Hello Summer!

By Abby Musson
Guest Writer

El Matador catered Spring Fling, bringing various traditional Mexican dishes. In order to eat all students had to have was their Parkland College ID or their social security number. Pepsi provided drinks. Music was provided by WPCD.

While enjoying their food students enjoyed watching the victims of the dunk tank suffer. For one dollar anyone could throw 4 balls, and dunk the teacher or student of their choice. The money raised by the dunk tank event goes to Monica Hernandez, the wife of Parkland student Roberto Hernandez, for her recent kidney transplant. We are happy to hear that she is recovering well from the procedure. Also we would like to thank Bruce Hendrickson, Ted Powers, Tom Caulfield, and all the students who helped by volunteering to be in the dunk tank.

June Burch, Parkland's health specialist, had several sets of "drunk goggles" that showed students how impaired they actually would be if they were drunk. Students tried to walk a straight line, but often when they took off the goggles at the end of the line they discovered that they had failed to even walk on the line. There were also remote control cars for students to drive, weaving between glasses. This task proved to be a hard one also, not only did most students run into or knock over the glasses; they also seemed to have a problem running into other objects surrounding the area. Overall students had a good laugh, participating and watching their friends take part in being instantly drunk with out any alcohol intake. In the fall semester there will be a peer education club starting with a focus on alcohol awareness.

What a great way to end the semester!



Photos by Neil Bernstein/Prospectus

Shawn Elder pays the price of volunteering for the dunk tank during Spring Fling. Looks like someone got their money's worth with this throw-down in the tank she goes, but all for good fun and a good cause.



PC SPRING FLING 2000



WPCD on the scene and on the air LIVE at Spring Fling.



How would you feel about a woman as United States Vice President?

Photos by Aaron Turner/Prospectus



Jessica Sams
"Like, it's about time!"



Ajahe Meeks
"It would be a different approach and would be a benefit if she is qualified."



Jehan Gordon
"It would be nice. Women tell big lies...but, men tell TOO MANY big lies."



Issac Robinson
"It would be pretty interesting to get a woman's perspective."



Kyle Hayes
"I think it would be cool with me!"

May is BIKE MONTH

The League of American Bicyclists, the national organization of cyclists and sponsors of National Bike Month, designated Friday, May 19 as Bike to Work Day for 2000. While Bike to Work Day has historically been held the third Tuesday of the month, the League announced the move to Friday to embrace the growing trend toward casual Fridays and encourage employer support for bike commuting employees.

Elissa Margolin, acting Executive Director of the League, said, "Of course, you don't need a casual day at the office to bike to work. Starting your morning with an invigorating ride before changing into your work clothes is second nature to many bike commuters. But casual days seem to inspire more people to give bike commuting a try and we want to encourage as many people as we can to bike to work."

With climbing gasoline prices and worsening traffic for American commuters, biking to work has become an increasingly attractive option. Bike commuting saves time because cyclists breeze past traffic and don't need to find parking for their cars. Cycling is one of the best exercises for the cardiovascular system. The feelings of accomplishment and relaxation that follow a bike ride, combined with the physical benefits, lead to reduced stress levels and heightened self-esteem and self-confidence.

For more information on bike commuting or the League, e-mail the bike league @bike-league.org or call 202-822-1333.

Why Commute by Bike?

To fight the pollution: Automobiles produce toxic substances that pollute the ground, air and water. Burning fossil fuels creates CO₂ that contributes to global warming. Automobiles also produce noise pollution.

Stay fit: Bicycle commuting allows you to include your workout in your daily schedule. Riding a bike instead of your car sitting in traffic is less stressful. Staying in better shape will decrease your chances of getting sick.

Avoid traffic delays: Off-road trails, bike lanes and wide curb lanes allow you to ride past traffic. Bike commuting takes less time when you account for car parking and traffic. Longer rides can result in less traffic and more enjoyment of your commute.

Save money: Maintenance costs for your automobile will decrease, as will your gas bill. You will save money on parking (and tickets). You won't have to have a membership to a gym to workout.

Enjoy your commute: Arrive at work refreshed and full of energy; ride off stress after work. Commuting under your own power gives you a sense of accomplishment. Take the long way home and ride through a park or along a local river.

The League of American Bicyclists promotes cycling for fun, fitness and transportation, and work through advocacy and education for a bicycle-friendly America. For more information, contact 1612 K Street, NW, Suite 401; Washington, DC 20006; phone: 202/822-1333; fax: 202/822-1334 web site: www.bikeleague.org.

Dear Terri:



Dear Terri,

I have been with my girlfriend for a long time. We live together and have a child. Though I love her very much, we do not seem to really be connected to each other. She has been verbally abusive to me for a good portion of our relationship. She has never been violent, but she has started hurtful and threatening things to our 7-year-old little girl too. I feel she has really crossed the line with the cruel things she says to our daughter and to me. It's like she is only concerned with herself. Like I said, I love her very much. I just don't want to live with her cruelty. Am I over reacting to what are just words, or should I leave her?

Caught in the Middle

Dear Caught,

This is a very difficult situation to figure out. Being subjected to emotional cruelty is definitely troubling.

It takes a lot of courage to leave a relationship you have worked to build. It also takes a lot of courage to stay in a relationship and work it out. What you do needs to be a well thought out decision.

I think that many times we discount the damage that can be done by verbal or emotional abuse. The truth is that words can hurt, and some-

times very much. Disparaging words can stop us from achieving our goals, dreaming our dreams, or even being who we want to be. It is important to express clearly to yourself and others, "I am a valuable person."

You deserve to be treated with respect, but that doesn't mean you need to make a huge production about how your girlfriend treats you and leave the relationship with a gusto.

If your girlfriend is willing to see that her behavior is upsetting to you, she may be willing to work on changing how the two of you interact with each other.

Sometimes it is hard to acknowledge that our relationships are dances. As your girlfriend acts you react, and vice versa. The question is "how do we change the way we dance?" Many times this is most effectively done with the help of a counselor.

It is not good for children to live in an environment where they learn that they are not valuable. As damaging as abuse is to adults, it is worse for children because they do not process it the same way and are incapable of defending themselves.

Just as living in an environment where someone mistreats them is damaging, so is being suddenly removed from the only reality a child knows.

To take a child out of their home, discontinue contact with a caregiver (even if the care is not up to our standards), and change their whole world is very confusing and traumatizing for children.

You must weigh all the positives and the negatives of all possible courses of action before taking action.

Talking about the situation with your girlfriend should be your first step. You can say to your girlfriend, "Please don't speak to me like that," when she becomes disrespectful. Talking about the situation with your girlfriend should be your first step. Let her know that you feel she is abusive. Talk with her about the idea of going to counseling.

Even if your girlfriend is unwilling to see a counselor, I recommend you seek counseling for yourself. Quite often, speaking with a qualified non-biased third party can help us make better decisions.

This is a very difficult situation, not made any easier by the fact that the person you feel is abusive is your girlfriend instead of the other way around. It takes a lot of courage to stand up and say, "this is not right." I wish you a lot of luck.

Terri

Parkland College
Counseling Center
A 251

Letters can be sent to Dear Terri c/o the Parkland Prospectus at 2400 W. Bradley Ave. Champaign, IL 61821-2216 or dropped in the Dear Terri box outside the Prospectus office (X155). Submit letters by e-mail to dearterri@parkland.cc.il.us. All letters can remain anonymous.

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Parkland Business Training Center
The Urbana Public Library

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• All Letters to the Editor MUST be signed.

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In Our Community

Stratton Elementary: A Special Place to Learn and Grow



By Mary O'Malley
Staff Writer

This year has been a good one at Stratton Elementary School, which replaced the Columbia School on Neil Street in Champaign. It's the school's second year in session, and everything seems to be advancing in a gracious, flowing manner.

And there are a few profitable changes in the near future for Stratton. Changes include uniforms, a balanced calendar year, and new educational programs. All these incentives will be effective in July, when the students return to school. The programs are designed to help children perform at both an academic and personal level.

Education is not just about books and homework; education, with effort and determination, also instills certain levels of personal growth and a sense of setting and achieving goals. The program at Stratton is about enriching the quality of the entire being, not just the mind.

Teachers play an essential and important role in the student's life. Stratton has teachers that place an enriching and lasting impression on the students. One of these is Mrs. Sue Talbott. She has been teaching kindergarten at Stratton since the doors opened in 1998. Prior to coming to Stratton, she taught kindergarten at Columbia and Special Ed. at Bottenfield. She says, "I always wanted to teach." She received a Bachelor's in Humanities from the U. of I. and went on to get her Masters in Special Education. However, this turned out not to be what she really wanted to do, so she went back and obtained her teaching certificate in Elementary Education.

Mrs. Talbott is assisted in teaching the Kindergarten class by the graceful and ever so special teachers aide, Mrs. Williams. If you ask Mrs. Williams what her duties are as a teachers aide, she will tell you, "I put Band-Aids on ouches and watch the children on the playground."

Mrs. Talbott said Mrs. Williams is so much more than an aide. She is a shoulder to cry on, a mother, a nose blower, a woman that teaches children how to read, write, and be themselves.

I have known Mrs. Talbott and Mrs. Williams for close to a year now, and they have affected my life in a positive way. I see the children in her class almost every day, and I

am very content knowing my daughter and other children are definitely receiving a quality education. Mrs. Talbott will be leading her Kindergarten class on to first grade. Unfortunately, Mrs. Williams will not be going along on this journey. She will be missed a great deal by both Mrs. Talbott and her pupils.

Mrs. Talbott says her secret to teaching a class of 18 to 20 five and six year olds is having a sense of humor and believing the children have enough sense to know they can manage themselves. She also adds, "The children in my class have plenty of sense, and they keep busy." She keeps them involved with things that are meaningful to them. There are plenty of educational and fun activities going on in Mrs. Talbott's room. They have morning meeting when they discuss their plans for the day, the weather, and other important class business.

On May 23, they are going to the zoo in Bloomington. They have been to the Kranert Center and other educational places in the community.

This group of children is moving towards academic and personal success.

Our hats are off to Mr. Talbott, Mrs. Williams, and all the other staff and teachers at Stratton Elementary School. We wish you the best in the coming year.

What's Going on at Dodd's Park?

By Jim Folkerts
Staff Writer

Well, let me tell you it's not just road work. In response to the growing number of youths involved in what is arguably the area's most popular sport, the Champaign Park District is now in the process of building 12 new soccer fields to replace that nothing we are all used to. That's right, if you ever dreamed of becoming one of those pseudo-utopian 'soccer moms' there is plenty of room for everyone.

In Sports Coordinator Mark Mitchell's own words, the creation of the new fields will be "fantastic" for everyone involved. I should note that getting exact quotes was kind of difficult because some lawmaking idiots decided that tape recording phone conversations is illegal, but when all is said and done I think this is an important addition. The Champaign Park District already has over 800 youths involved in its soccer programs, and that number is expected to grow.

The project involves three different phases. Phase one involves the construction of the fields themselves. The fields will all be fully irrigated and drained. The surfaces will be "turtlebacks", or raised on all four sides (instead of just two) to prevent water from collecting when it rains. Because of this the soccer fields are expected to stay in good condition all year round, with water damage and erosion negligible. During the

season, four of the fields will be kept closed and allowed to regenerate. Ultimately, one of the fields will be fully lighted.

Phase two will involve the construction of pathways, restrooms, and storage facilities. A slew cut will also be created to run east and west.

In phase three the two soccer fields that are currently on the north end will be replaced by a softball complex, as well as a parking lot just off of Bradley. The district hopes to have all of this completed by early September, just in time for the new season. There will probably be a special event held at Dodd's park to kick off the new season.

The possibility of private groups renting out the fields in the future has not been ignored, according to Mike, but at this time the Champaign Park District is taking no offers. At this point the fields are for the exclusive use of the park district's youth and adult leagues. In case you were wondering, no, this project is in no way affiliated with Parkland College or its soccer programs.

For those of you still interested in getting involved with the youth soccer program, a great way to get involved is the annual three on three Soccer Shootout, held on June 3rd and 4th. There is still time to register! This event is sponsored by Summit Sports and Channel 15. For more information contact the Champaign Park District at 398-2550.

Letter to the Editor

Dear Prospectus Editor,

Let me, from Russia; wish the readers of your newspaper well being and happiness.

I'm 43 years old and I live in Saint Petersburg - the former capital of Russia. I'm not married and work as a designer.

I want to know what your readers think about Russia and Russian people. From myself, and from many inhabitants of Saint Petersburg I want to say: "Let's communicate direct". Maybe you want to interchange by ideas, suggestions; to be friends; to come to us during vacation; to exchange by stamps, coins, phone cards, badges; to find joint business; to meet for friendship and marriage; to get instant information about life in Russia (politicians and events...).

I'd like to receive an answer from readers of your newspaper. Also I'd like to know what your readers think about the following: what intelligentsia of Russia, Saint Petersburg must do in order to build such democratic state as yours? The matter is the people and the government have nothing in common. Corruption, theft, murders of opponents, total deception of people... I, as an inhabitant of Russia, can difficult understand why not helping to common people of Russia in building democracy.

We ask you to help in restoration democratic administration in Saint Petersburg. Say how to live in the city where rights of people are violated. Residents of the city live in the beggary but the money which administration of city get from abroad disappears in unknown direction. We, residents of Saint Petersburg, want you to help us to build the structure of people administration such as in your beautiful country.

And about my hobby. I'd like to gather collection of fire medals and fire metallic badges of different countries. Maybe somebody among your readers of your newspaper have something and want to help me in collecting. I'll send in exchange the collection material from Russia. May be somebody has friends among firefighters or can come to the Fire Department (Fire Museum or special shop) in order to inquire about fire medals and fire metallic badges. Fire metallic badges and medals you can send me with your wishes to my address:

Vladimir Nedelski
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Vladimir

Construction Begins on Social Science Wing

By: Brent Fitch
Staff Writer

Rain may have darkened the spirits of some last Wednesday, but everyone huddled under the big tent and umbrellas at Parklands groundbreaking ceremonies were all smiles, as President Zelema Harris thanked public officials and others for their roles in making the new \$15 million addition a reality.

The new wing, projected for completion in August of 2001, will consist of two floors. The main level will attach to the X wing, while the upper level will attach to the C wing via a soon to be new bridge. The wing will contain social sciences and computer services, faculty and staff offices, classrooms, continuing education training and meeting rooms, peer tutoring offices, computer laboratories, and a large multimedia conference center.

With the new addition, President Harris said, "Parkland is going to have enough space to accommodate its student population."

The enrollment rate at Parkland continues to grow more than at most other two-year colleges in the state. Dale Ewen, Executive Vice President, said, "Enrollment was 10,497 for last fall and attributed the increase to part-time students who account for 55 percent of Parkland's enrollment."

President Harris also presented commemorative plaques to State Sen. Stanley Weaver and Rep. Rick Winkle for their help in getting approval and funding.

Senator Weaver said, "Parkland is to be congratulated for the job it had done for students"

Representative Winkel, in reference to the high tech economic development that the University of Illinois is



Aaron Turner/Prospectus
Robert Frost, Director of International Studies and Programs, and his daughter, Lauren, enjoy the ground breaking ceremony.

bringing to Champaign-Urbana, said, "Parkland plays a critical role in it."

Also, drivers are now finding the Bradley Avenue entrance closed due to the construction.

Parkland and the City of Champaign have been discussing the need for the Bradley Avenue entrance project since 1985. In 1999, they entered an agreement to install traffic lights at the intersection. The project will consist of turn lanes into and out of Parkland, and change previous yield signs to stop signs in Parkland's driveway.

Total cost to install the lights will be \$434,005 with Parkland paying a share of \$108,501. Clark Dietz, Inc. designed the new entrance, and Cross Construction, Urbana, will be the general contractor.

"The additional expansion of the C wing will have a tremendous effect on the growing student population that will be increasing over the years," Titus A. Nesbitt, Student Government President, said. "Furthermore, the new Bradley entrance will make it more convenient and safer for everyone."



Aaron Turner/Prospectus
Members of Parkland Faculty stake their claims on the new Social Science Wing at the historic ground breaking ceremony.

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Fitness Forum

By Aaron Turner
Staff Writer

Welcome to the genesis of Fitness Forum! The goal of this column is simple - one, to help readers find answers to their questions concerning "getting in shape," and two, to be entertaining. So hit me with any questions you may have about exercise and/or nutrition. I will always try to answer questions to the best of my ability.

While we're at it, let me lay down a bit of a "disclaimer" here. As with ANY type of question/answer column, you should always take my advice with a grain of salt. There is a lot of conflicting research out there concerning exercise and nutrition. In other words, there will always be someone out there thinking they have a better answer than the next person. Sometimes they do, sometimes they don't. I don't claim to have the one and only best answer, and until science gets it's s--- together and finds facts and not just "theories," no one else should either. 'Nuff said...onto the first question...

Q: What percentage of my fitness program should be geared towards

what/how I eat, compared to how much I need to work out? In other words, if I work out a lot, do I need to worry about my diet?

A: I'll let you in on one of the greatest fitness myths of all time: "If I work out a bunch, I can eat whatever and whenever I want!" Well, for a select few - and I do mean few (those with a metabolism as fast as a nymphomaniac on ecstasy) - a workout or two each week may help them to stay in shape and in a respectable range concerning body composition (I'll get to this term in a second). For the rest of us, however, this just isn't true.

By the way, I will never refer to body weight in this column. I detest weight scales. If you have one, I suggest you throw it away or hand it over to a friend that just wants to be a lighter version of their former self (meaning, they want to look like a small pear instead of a big pear). The only way to really gauge how a diet or exercise program works and to change your body shape is to refer to changes in body composition. Body composition is the ratio of lean body mass (muscle, bone, and tissue) to fat (lard, jiggly butter mounds). Weight

scales tell you nothing. If you are exercising and toning your muscles, while at the same time losing fat, guess what? You might not lose a single pound. Or, God forbid, you may even gain a few pounds. The calamity of it all! Why? Because muscle has weight too! Toning your bod = gaining muscle. You can't do one without the other! Anyway, I'm getting side-tracked.

Back to the question. No, you can't exercise, eat whatever you want, and expect to get closer to your fitness goals. The same goes for eating right but not exercising. It's a fifty-fifty balance! Choosing to do one of the two is very admirable and will do some good, yes, but if you truly want to get the most out of your fitness quest as well as life (ooh, sounds philosophical) do both! Why? Because no matter what your goal is (gain muscle, lose fat, just get fit, etc.), you need to stimulate your muscles and cardiovascular system AND nourish your body with the right stuff. You cannot tone your muscles or increase your cardiovascular health without exercise. Nutrition, on the other hand, is the means to fueling your body with the right nutrients. It is also the means to

regulating calories. Too many calories = energy storage = fat! I can guarantee you that very few people can work out enough to compensate for too many calories taken in through "eating whatever and whenever you want."

Besides, losing fat (notice I didn't use the word "weight") shouldn't be your only reason for exercising and eating right. You want to be healthy too, right? You can't reach a state of overall good health or lose fat/gain muscle without a good eating plan. Now, you don't have to "diet." I hate the word "diet" just as much as I hate weight scales. The word has a bad connotation - that being "I'm starving myself!" Not eating enough is just as detrimental as eating too much! Just eat the right things (lean meats, fruits and veggies, grains, healthy fats) and cut back on the bad things (sugars, saturated fats, and grandma's cookies) and you'll be fine. Combine a good "eating plan" with exercise consisting of resistance training and aerobic training, and you have yourself a reliable fitness routine!

ATTENTION

Attention Parkland Community College Students

Starting this Fall, get your textbooks at the
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Applicants must have completed or currently be enrolled in Com108.

Honors Convocation Confirms Excellence at Parkland

By Aaron Turner
Staff Writer

An elegant array of musical selections accompanied the joining of faculty, staff and family members on the morning of May 12 in the Parkland Gymnasium. The Parkland College Wind Ensemble (directed by Tim Schirmer) initiated the celebration of a select group of Parkland Graduates who distinguished themselves in leadership, scholarship and community activities.

More than one hundred 1999-2000 Graduates and Candidates for Graduation with Honors attended along with friends and family members.

The program began with commentary by Parkland College Association President Seth Mendelowitz. Along with praise for the students and the college, Mendelowitz spoke on the diversity of the region. He referred to the culture shock differences between two students, one from the small town of Piper City moving to the "metropolis" of Champaign and the other from Chicago moving to the "sleepy town" of Champaign.

The gauntlet was then passed to Parkland College Pres. Zelema Harris, who offered the honorees and



Executive Vice President, Dale Ewen presents honree April Binion of Tuscola during the Honors Convocation.

audience a warm welcome. President Harris expressed her congratulations to the students and thanked the family members for their unyielding support.

Following President Harris, graduate/award winner Amy Miller-Good provided a heartfelt greeting, stating that the ceremony occurred "because of outstanding efforts." She added, "One thing we know, these students will stand out wherever they go and whatever they do."

Mike Postula, a Biology professor at Parkland was the

keynote speaker.

He discussed excellence and defined it as a "lifelong commitment to quality," noting that "all here today are evidence." Postula also provided the audience with several amusing anecdotes, including a thought back to his daughter who liked to draw with colored pencils in her childhood. Postula would take her pencils with him to work to sharpen them. He was unaware his daughter got the idea that this is what he did for a living. In fact, one time when she was asked

where he worked and what he did, she answered "He sharpens pencils!"

President Harris presented Karen E. Ball as the All U.S.A. Academic team Nominee/All-Illinois Academic Team Winner.

President Harris described Ms. Ball as a student that "brings perseverance, leadership and knowledge" to every undertaking.

Dale Ewen, Parkland's Executive Vice President, presided over the honors recognition. One by one, 75 of Parkland's finest received awards for their achievements. After all had received their awards, Mendelowitz then closed the ceremony, inviting the audience to the reception that followed the celebration.

The event, according to President Harris after the ceremony, was to "...recognize the accomplishments of these excellent students. It's only appropriate to encourage students to do well."

Amy Miller-Good stated that the program was "a special event honoring students...to help make [them] feel like they achieved something special."

The overall program reflected Parkland's commitment to providing educational excellence.

THE PROSPECTUS

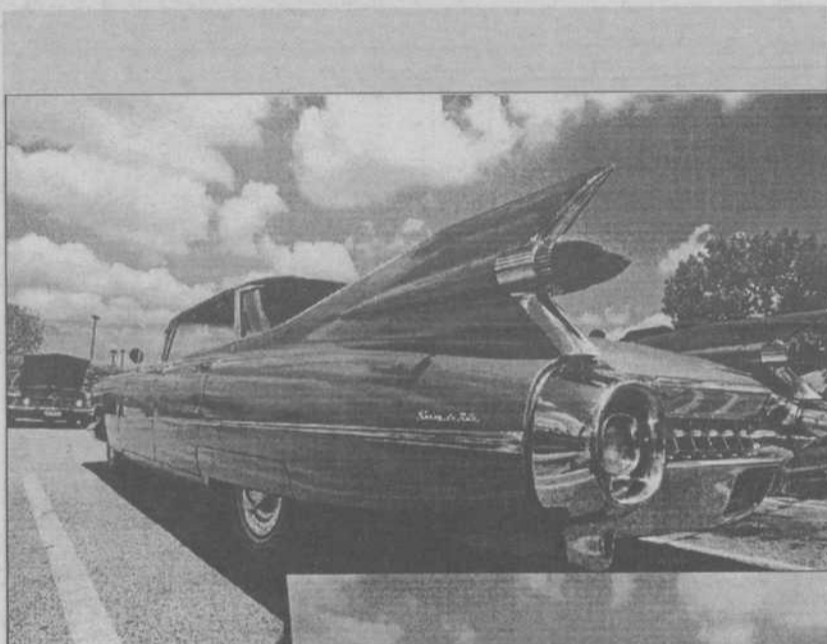
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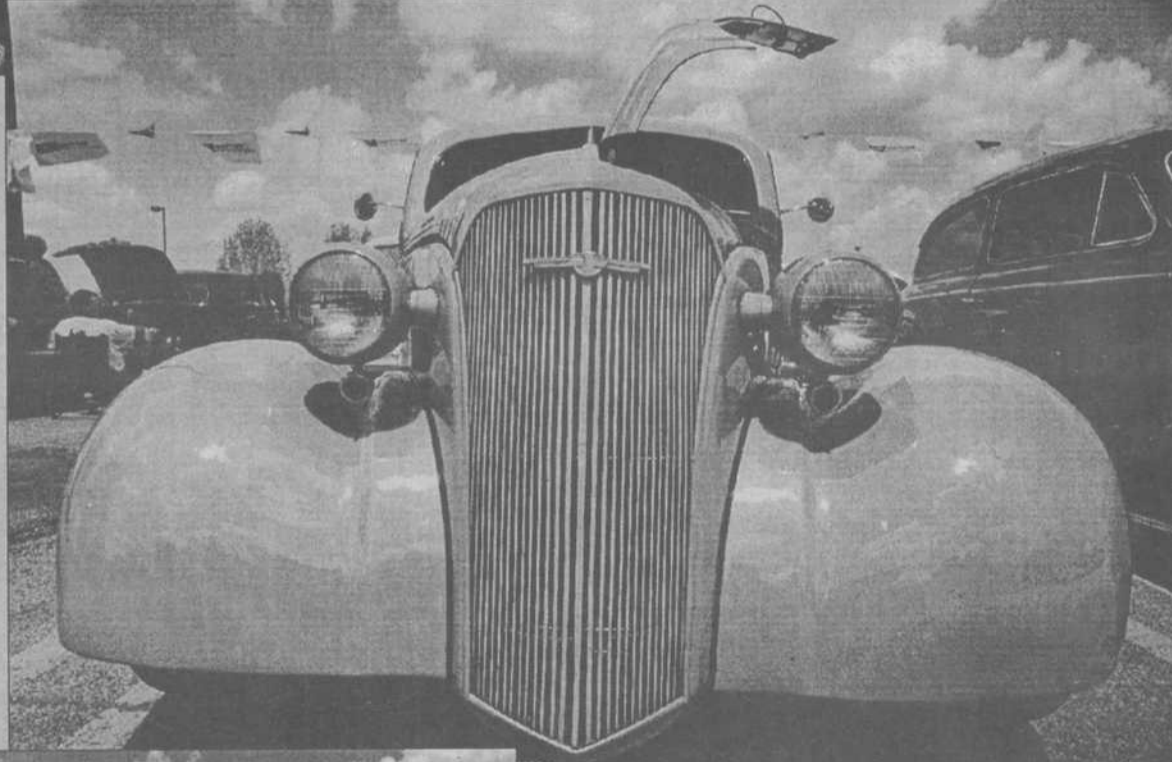
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Congratulations to the Parkland College Automotive Club for another successful car show!

Saturday, May 6, 2000

Be sure to join us next year!



Photos by Neil Bernstein/Prospectus



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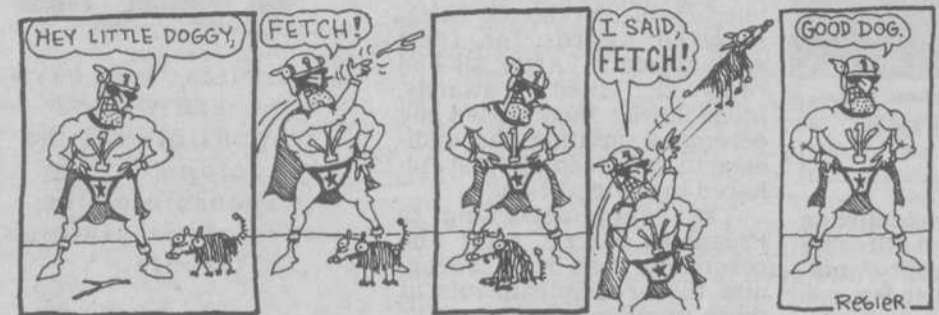
Real Mature by Pat Lewis



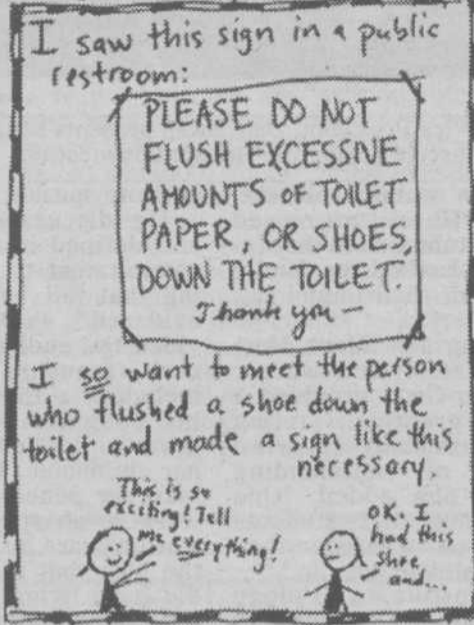
Ick by Rich Moyer



Gongfarmers by Randy Regier



Brain Lint by Amy Kruse Rosenthal



Adam by Adam Green

COMMON MISUNDERSTANDINGS



Crossword Puzzle

- ACROSS**
- 1 Baker or Loos
 - 6 Bouquet holder
 - 10 Stupor
 - 14 Pleasure cruiser
 - 15 Cruising
 - 16 Bit of gossip
 - 17 Makes inroads
 - 19 Use a stiletto
 - 20 Earthenware pot
 - 21 Snake or lizard
 - 23 Peevish
 - 27 Seafarer
 - 28 Work hard
 - 29 Turner or Knight
 - 31 Land plans
 - 32 Tourist attractions
 - 35 Himalayan country
 - 37 Afternoon affair
 - 38 Feminine
 - 40 Health resort
 - 43 Poisonous compound
 - 44 Tugged abruptly
 - 46 Tropical parrot
 - 49 Letters on pink elephants?
 - 51 Ogled
 - 52 One-celled organisms
 - 54 Scatterers
 - 57 Turned outward
 - 59 Yours and mine
 - 60 Solidifies
 - 61 Despotic
 - 66 Actor Roberts
 - 67 ICU element
 - 68 Twilled, worsted cloth
 - 69 Art
 - 70 Wooden fasteners
 - 71 Author of "The Other"

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Solutions

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- 9 Relieves
- 10 Make whiskey from mash
- 11 Hun leader
- 12 Fanatic
- 13 Live coals
- 18 King lead-in
- 22 Tropical fruit
- 23 Attention getter
- 24 Nobel Prize winner Wiesel
- 25 Forum wear
- 26 Apartment dwellers
- 30 Cub Scout subdivision
- 33 In both directions
- 34 Red or White team
- 36 Double over
- 39 Start of summer?
- 40 Hebrides island
- 41 Gaze
- 42 Appends
- 43 Pungent sauce
- 45 More info-
- packed
- 46 Assembled
- 47 Current unit
- 48 Boston hoopster
- 50 European ermines
- 53 Arrange
- 55 Bleed
- 56 German dadaist
- 58 Unit of force
- 62 Oil-well device
- 63 Shout
- 64 In the past
- 65 Actor Cariou



Teen Violence?



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- Features Writer
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These are paid
student positions
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for those qualified
applicants.

Please apply in
person to X 155 as
soon as possible
for full
consideration.



Parkland College Sports Spring Wrap-up: Commemorating and Looking Forward

By Aaron Turner
Staff Writer

Men's Basketball

"Consistency is the key" to the upcoming season, according to head coach Troy Noble. The new head coach for the Parkland Men's Basketball team has his work cut out for him. The team starts off the 2000-2001 season with a bang against Division I defending champions Southeastern Iowa on November 3rd at home. Keep an eye out for a diverse group of athletes! Current recruits hail from Chicago, Central Illinois, and according to Coach Noble, the team hopes to "get the most out of the season" and to forge the "development of a championship mentality," thereby carrying to team through to a successful year!

Women's Basketball

An exciting year lies ahead for Tim Wulf's group. After opening the season at home against Moraine Valley, the team will have a go down in Florida for a week! Coach Wulf promises a change in the style of play, with help from a successful group of recruits. Sixteen new players are coming in to supply the Parkland's Women's Basketball team with additional talents. According to Coach Wulf, sport's fans will get a look at "a more up-tempo, full court look" from the team. Looks to be an exciting season.

Baseball

The 1999-2000 season saw the Cobra's bring home the third highest number of wins in a season! With a final record of 47-17, the Cobra's ended their season by advancing further in the Region 24 Tournament than they have since 1996! Despite a disappointing loss to Lincoln Land in the Championships, Parkland advanced through six games in the losers brackets - a difficult task to take on! A stellar showing from a team usually adds up to a number of individual postseason awards. Here are the following awards given to our ballplayers:

All-Conference

Mike Hamby - Freshman of the Year and First Team Infield
Heath Heiberger - First Team Pitcher
Jason Meyer - First Team All-Academic
Tommy Santiago - Second Team Infield
Dave Garcia - Second Team Catcher
Scott Mertes - Second Team All-Academic
Grant Steffens - Second Team All-Academic
Damon White - Honorable Mention Pitching
Chris Reed - Honorable Mention Outfield/Infield

All-Regional Tournament

Max Sulzberger, Damon White, and Matt Mamula

Parkland College Baseball 2000 Post-Season Awards

Jason Meyer, Sophomore Outfielder - Student Athlete of the Year
Mike Hamby, Freshman First Baseman, Freshman of the Year
Damon White, Freshman Pitcher - Freshmen of the Year
Chris Reed, Sophomore Outfielder - Defensive Player of the Year
Mike Hamby - Most Valuable Hitter
Matt Mamula, Sophomore FirstBase/DH - Most Valuable Hitter
Heath Heiberger, Sophomore - Most Valuable Pitcher
Damon White - Most Valuable Pitcher
Pete Schmitt, Sophomore Outfielder
Jay Bruer Cobra Spirit Award
Max Sulzberger, Freshman Pitcher- Most Improved Player
Dave Garcia, Sophomore Catcher -Most Valuable Player

Men's and Women's Track

The Cobra Men and Women ended an exciting season with a return from National Competition at Nationals. With the women ranking 18th and the men 20th, Head Coach Jeff Bovee was very pleased with the Cobra's performance. As for the 1999-2000 year, Coach Bovee stated that it was a "great season...best season since I've been here!"

Several Cobra athletes cranked out top-ten performances at the Nationals. They are as follows:

Men

Roman Bounds, Jimmy Lacy, Isaac Robinson and Ralph Holmes - 4 X 100 Relay - 6th place - 42.78
Jimmy Lacy, Spencer Smith, Isaac Robinson, and Ralph Holmes - 4 X 400 Relay - 3:17.96
Robert Hanners - 1500m - 10th - 4:12.50
Ralph Holmes - 110m High Hurdles - 7th place - 14.58 (ran a 14.44 time in preliminaries - a #4 all time performance for Parkland!)
400m Hurdles - 4th place - 53.64 (52.78 prelim. Time)

Women

Candy Ard, Stephanie Hedrington, Brianna Williams, and Krista Carlstrom - 4 X 800 Relay - 10th place - 10:00.03
Jody Huddlestun - 5000m run - 4th place - 19:08.40
3000m run - 7th place - 10:36.25 (broke own school record!)

Bob Knight Controversy A Source Of Division

by Ashley McGeachy
Knight-Ridder Tribune

BLOOMINGTON, Ind. -- With construction workers ripping apart Kirkwood Avenue outside, the four men congregated in the back of Nick's English Hut, as they have at noon every weekday since 1964. All of them businessmen in Bloomington, Ind., and loyal graduates of Indiana University, the quartet regularly eat gumbo and burgers and drink water, then play a game of chance to determine who picks up the check.

Two years ago, Monica dominated their conversation. Two months ago, Elian did.

On Tuesday, the Honest John Club, as the members call themselves, discussed Bob Knight inside one of the oldest eateries and bars in town. In March 1992, Nick's had been packed with rowdy students watching the Hoosiers play Duke in the Final Four of the NCAA tournament. One day after the university opted to keep its impetuous coach and issued a "no-tolerance" policy to try to curtail his often-boorish behavior, many lunch patrons were relieved that the seven-week investigation into their beloved coach was over. For now.

"I've been a great basketball fan since the (Branch) McCrackon era," said 81-year-old Charles "Bud" Ferris, whose picture adorned a nearby wall. "I'm old Bloomington, and I've always been a supporter of Bob Knight, even though I don't always agree with his actions as far as the tantrums. ... I am happy the trustees have retained him as

our basketball coach."

"As it says in Coach Knight's house, 'The horse is dead. Get off it,'" added 68-year-old Bob Barker, a three-year letterman in tennis at Indiana in the 1950s. "This has had as much coverage as any event worldwide."

In part, that's because a high-profile basketball coach placed his hands around the throat of a player during a practice, and the action was caught on videotape and broadcast on CNN for all the world to see. That's the explanation in the simplest terms.

But a list of Knight's questionable, often distasteful, antics is longer than a roll of toilet paper. He threw a chair. He kicked his son. He told Connie Chung in an interview, "I think that if rape is inevitable, relax and enjoy it."

He was arrested in Puerto Rico for assaulting a police officer while coaching the United States in the Pan American Games. He refused to leave the court after being ejected from Indiana's game against the Soviet Union's team, and thus forfeited the contest. He leveled his sports information director.

Even in the last year, Knight shot a longtime friend during a hunting trip for which he had no license. He berated his boss after a game against Ohio State, leading athletic director Clarence Doninger to say he felt physically threatened.

And his team ignominiously lost in the first round of the NCAA tournament in March.

"If he'd won a lot of games, this problem would've never come up," said Norm Anderson, another diner at Nick's.



Indiana coach Bob Knight (KRT photo by Steve Deslich)

Not everyone in Bloomington was as forgiving. The Indiana Daily Student published a 12-page special section on Monday's announcement that Knight must pay a \$30,000 fine and miss three games of the 2000-01 regular season. Editor-in-chief John Silver declined to comment on the issue, instead referring to Tuesday's editorial on page 10.

It said of the punishment: "It seems more like a slap on the wrist for 29 years of erratic and unacceptable conduct for anyone. ... His behavior and the university's reaction has made it acceptable to be a tyrant. ... The university's refusal to deal with Knight hints that the administration doesn't have control of the school. The gears stop and start with Bob Knight."

Murray Sperber, a tenured English professor at Indiana, agreed. Sperber joined the Indiana faculty the same time as Knight, in the fall of 1971. And despite threats and nasty

e-mails, Sperber continues to be one of the most visible and harshest of Knight's critics.

On Tuesday alone, he had dates with WFAN radio in New York and CNN's Talk Back Live.

Sitting in his cluttered office on the fourth floor of Ballantine Hall on Tuesday, Sperber took a moment between interviews to talk about Knight and what many have called the university's light-handed punishment.

"Finally, the negatives outweigh the positives, particularly because this controversy doesn't go away and keeps overshadowing everything at Indiana University," said Sperber, copies of ESPN's Magazine and Sports Illustrated at his feet and the movie Hoop Dreams on a nearby shelf. "For the good of the institution, you've got to say he's reached a point of diminishing returns, and they should say, 'Bob, please resign, so we can put closure to this whole thing.' And of course, he won't, and they don't have the (nerve) to do it."

Sperber appeared in the original CNN story that two months ago precipitated Indiana's investigation into Knight's behavior. The fledgling network, a confluence of Sports Illustrated and CNN's resources, told of Knight's choking former guard Neil Reed, an action that lasted fewer than three seconds, school president Myles Brand explained on Monday. CNN was back in Bloomington on Tuesday. The network has more dirt on the coach, Sperber said.

"I think that resolution was horrible in the sense that it guarantees that this will con-

tinue," he said. "I know CNN was here this weekend, and they have more stuff on tape. People are coming out of the woodwork on this."

Reed, the former player and focal point of this latest brouhaha, reemerged Monday night as a guest on Larry King. And he told CNN: "I think this just tells people not to stand up, not to risk your life for the truth, and that upsets me very much."

It upsets other students at Indiana. According to student body president Meredith Suffron, the populace is split on Knight. Everyone is grateful, however, that this chapter of the Knight saga is closed.

"The general reaction with students has been they were tired of it and thought the media had taken it to a new level," said Suffron, a senior from Columbus, Ohio. "They were glad there was a decision. ... The student perception all along has been the investigation didn't make them change their opinion about Coach Knight. It's just how he is as a person, fortunately or unfortunately."

For members of the Honest John Club, they felt fortunate that their coach was back. He needs fewer than 120 victories to become the all-time winningest coach in NCAA history, an honor held by former North Carolina icon Dean Smith.

If Knight can live with the new "no-tolerance" policy and refrain from choking anyone, he should get there.

"I'm all for it," Bill Morrow said. "Bob's done a good job. The only thing I really object to is his language."