

PARKLAND COLLEGE STUDENT NEWSPAPER

Wednesday October 6, 1999

Vol. 32 Issue 40



Reviews page 4

Flu Vaccination Clinic Set For Oct. 13 on PC Campus

by Brian Weidert News Editor

It's flu season again, and Parkland will host a flu vaccination clinic.

The clinic is available to all Parkland employees, students, and their family members 18 years of age and older.

The clinic will be on Wed., Oct. 13 from 10 a.m. to 2 p.m. in the Gallery Lounge.

There will be no charge for persons (employees and their family members) covered by one of Parkland Employee health insurance plans.

However, there will be a \$9 charge for all others, payable by cash or check at time of appointment.

To make an appointment call 217/351-2410 or come to room L122 by Oct. 8. Walk-ins will be accepted if all appointment slots aren't filled.

People at risk for the influenza virus include those 65 years or older, any children or adults who have serious long term health problems with heart disease, anemia, metabolic disease (such as diabetes), asthma, lung and kidney disease, etc.

However, health officials say, since the virus strand mutates, it is a good idea for everyone to get the vaccine

The vaccine begins to protect you after one to two weeks and protection may last as long as one year. You should keep in mind that other viruses may cause symptoms that resemble those caused by influenza. The flu vaccine does not protect against these infections.

For more information contact Jan Thom at 217/353-

Vet Tech Week Set for Oct. 10 - 16

by Brian Weidert **News Editor**

Veterinary Technology faculty and students will observe Vet Tech Week with a variety of events Oct. 10-16.

Visitors will be introduced to various aspects of the program which is the only veterinary technology program in the state of Illinois. The program is fully accredited by the American Veterinary Medical Association.

Students train at the University of Illinois College of Veterinary Medicine in small animal medicine, opthalmology,

surgery, animal radiology, necropsy, food animal medicine, and equine medicine.

Full-time students can earn the Associate in Applied Science degree in two years, including a summer externship.

In Illinois, faster than average growth is projected for veterinary technicians through the year 2005. In recent years, each graduate of the program has received two or three job

For more information contact the Veterinary Technology program director: 217/351-

Anna Maria Watkin-New Library Director

PC Library Expanding Collection, Service

by Rachel Gaffron Staff Writer

The Library at Parkland College has many wonderful resources: books, newspapers, periodicals, electronic services, non-print media, and its knowledgeable librarians. Anna Maria Watkin was recently hired as the Library's new director, bringing a unique combination of creative and technical talents to its staff.

Watkin took a round-about route to find library science. She first earned a Bachelor's of Fine Art in tablished HARQ, Heartdesign and glass from a land Ask a Reference college in her native Eng- Question, an on-line serland, and came to Il. State vice open to anyone with University in Bloomington, Illinois to pursue a Master's of Fine Art. She soon realized the difficulty of making a living with art, and began to investigate the possibility of becoming a librarian who specialized in art. Watkin feels that library science offered the best of both worlds, a systematic profession that allows her to think creative-

After completing a Master's of Library Science from the University of Illinois, she returned to Bloomington to work at to be a place to house the

lege. At that time the Heartland library consisted of a desk and a few boxes of books, and was intended to be a "virtual library," with all resources available electronically. Watkin feels it is critical to have a resource distance learners can access, but shies away from using the word, "virtual." She explained, "There must always be a place for the computers and the librarians who have established the electronic resource." At Heartland she expanded the library's collection and es-Internet access. A building is currently under construction that will house the Heartland library, as Anna Maria/Parkland College Library director well as several other student services. Watkin's art background made her a perfect candidate to assist in the design of the library's floor plan.

Watkin thinks that libraries in general are becoming less physical because of the electronic world, but emphasized that the Internet should be used as a tool not a replacement for the library. "There always needs

Heartland Community Col- information and resources of the library, as well as an environment for study and solitude with the books themselves," she explained. "I cannot imagine a world without a physical space to house a library." Like many bibliophiles, she likes to read a book just for the



Neil Bernstein/Prospectus

turning its pages, while holding it in her hands. Electronic media are influencing a change in the role of the librarian as well because we live in an information age. As Watkin stated, "It is the librarian's job to act as a guide, not a gatekeeper of this information. We are here to teach the student how to use and evaluate the information

the library offers. This first generation college stuknowledge will be empowering for the student."

This summer Watkin brought her open attitude to the Parkland Library. Lori Sprague, archivist for the Parkland Library, describes Watkin as a "cre-

> ative, aggressive thinker" and is impressed with all that she did with the Heartland library project. Watkin believes in the mission of the community college environment. She spent her first years of college at a technical college in England, and has a cer-

shear tactile pleasure of it; tain affinity for programs like Parkland's. "At a community college there is a mix of students of all ages, from all backgrounds. Programs such as College for Kids and Life Long Learners widen the breadth of students even more," she explained.

At Parkland there are also many first generation college students. Both Sprague and Watkin are dents themselves and they appreciate the nurturing environment Parkland offers. "At Parkland, nothing is a stupid question," Sprague said with a smile. "We are in support of creating an environment for escape and learning."

"It is the librarian's job to act as a guide, not a gatekeeper of this information." Anna Maria Watkin

Indeed the Parkland Library is a great place to escape. It subscribes to more than 550 magazines and newspapers, purchases books on The New York Times Best Sellers list, has a large selection of paperback books for recreational reading, and offers the only quiet space to study on campus. An Internet island on the main floor of the library is a devoted area for web research. There is also a large collection of audio

More Library on page 2

The Prospectus is published weekly during the fall and spring semesters, and monthly during the summer session by students of Parkland College, located at: 2400 West Bradley Avenue Champaign, Illinois, 61821-1899.

Phi Theta Kappa Movie Night

by Brian Weidert News Editor

Phi Theta Kappa will be hosting its first "Movie Night" in the Gallery Lounge Wed. Oct. 13, at 5:30 p.m.

This month features The Truman Show, staring Jim Carrey and Ed Harris. The Truman Show has been nominated for 3 Academy Awards

and has won 3 Golden Globes student culture." for best actor (drama), Jim Carrey, best supporting actor, Ed Harris, and best original

The viewing will be followed by a discussion about The Truman Show.

"This was an idea that was given to us by headquarters," says Phi Theta Kappa, "as a way to interact with Parkland's

The Truman Show is just the beginning. "Even students who make their own movies are invited to show them," offers Phi Theta Kappa.

The "Movie Night" is not only for Phi Theta Kappa members, "In fact everyone is invited," they say.

To find out more about "Movie Night," to get information

on how to enter suggestions on viewings, or to see how to enter your own movies contact Dr. Umeeta Sadarangani at 217/373-3868. Or E-mail her at USadarangani @parkland.cc.il.us. To get more about Phi Theta Kappa, an international honors society, check out their web site at www.ptk.org.

Police Reports

On Sept. 27, 1999

At 9:20 a.m. a staff member reported that her calculator is missing from her desk.

At 10:01 a.m. a bookbag was missing fromL147. The bag was latter found and returned to the

At 12:53 p.m. drug paraphemalia was reported as being left on a table in the lounge by the studio.

On Sept. 28, 1999

At 11:27 a.m. a student reported a hit and run accident in the M% parking lot.

On Sept. 29,1999

At 11:57 a.m. a student reported a hit and run accident in the M% parking lot.

On Sept. 30, 1999

At 4:30 p.m. a person reported a hubcap had been stolen from her vehicle sometime that day.

On Oct. 4, 1999

At 8:25 a.m. a staff member reported that an adding machine was taken from her desk.

At 12:13 p.m. Officers responded to a domestic disturbance in the Mwing. The parties were interviewed and the case has been turned over to the Dean of Students office.

American Indian Society To Meet

The first organizational meeting for the American Indian Cultural Society will be Thurs. Oct. 14, at 12-1 p.m. in room X239.

The American Indian's club purpose is to support Native

the community through action, es. education, and lifestyle.

the Parkland scholarship program for incoming tribally enrolled American Indians and

Americans on campus and in the USA American Indian caus-

The club will also participate The club will raise money for in two campus events: the Chicago pow Wow November, and the IOC banquet in April.

The members of the club will play a big part in planning most activities. If you would like more information stop by room X149 or call Parkland at 217/351-

Six Students Chosen Student Ambassadors

dents have been named Student Ambassadors at the college. Student Ambassadors who serve as official college age, their involvement in college Champaign; Christine Wade, of

Six Parkland College stu-representatives at off-campus and/or community activities, and Champaign; Theresa Roney, of sanctioned events and as tour their communication skills. guides and recruiters.

are a select group of students in part on their grade point aver- Decatur. Dannysha Jenkins, of

The new student ambas-Students are chosen based sadors are Erika Anzo, of

Rantoul; Danielle Atibalentja of Champaign, and Sara Butts, of Sycamore.



Choir at Parkland

Titus Nesbitt will be starting up a new choir at Parkland college. The first meeting of Voices Parkland will be held on Oct. 7 from 1-2p.m. in room X150. If you are interested in trying out for the Voices of Parkland, or would like to get information on the choir, please call Titus 217/373-3762.

Open Auditions

Parkland College Theatre will hold open auditions for the upcoming play Christmas Memory" Sunday, Oct. 10, from 2 to 5 p.m. and on Monday, Oct. 11, from 7 to 9 p.m.

The cast includes a wide variety of characters both male and female age range 7 to 100. No appointment is necessary. Everyone in the community is invited to participate.

For more information call 217/351-2529.

Boneyard Creek

The City of Champaign will host the Boneyard Creek ribbon cutting ceremony on Friday Oct. 15, from 10:00 a.m. to 12:00 noon, at Scott Park, the corner of Third and Healey Streets, Champaign, 11.

The ceremony will include a pep band, refreshments, tours, and a slide show. Everyone is invited.



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> Fax: 1-217-398-8418 equal opportunity employer m/f

Notice to Readers The Letter to the Editor, enti-

tled "I Had a Baby Over the Summer," written by Danielle Atibalentja, was a fictional essay depicting the writer's views about teen-age pregnancy in our American culture.

It has come to our attention that the title, "I Had a Baby Over the Summer" could be misconstrued as the writer's personnel situation. This however is not the case. The title is merely a tool used to frame the contents of the letter.

The Editorial Staff apologizes for any inconvenience this might

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PARKLAND COLLEGE STUDENT NEWSPAPER

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Art Exhibit Protest, Long Lines at Museum

'Michael O. Allen, Michael R. Blood and Dave Goldiner Knight-Rider Newspapers

NEW YORK -- The controversial "Sensation" exhibit opened Saturday amid heated protests outside the Brooklyn Museum of Art--and a massive show of support from art lovers.

Nearly 1,000 mostly Catholic protesters prayed, clutched rosary beads and held signs denouncing the exhibit, which includes a portrait titled "The Holy Virgin Mary" decorated with elephant dung.

"Enough is enough; we draw the line here," shouted Desiree Bernstein, a member of an evangelical church on Staten Island. "This is not art to me. This is an abomination."

But block-long lines also snaked outside the museum as a near-record number of supporters waited to see the explosive show.

Museum officials opened the doors early to accommodate a massive crush of visitors--many of whom passionately defended the museum's right to hold the exhibit.

"I don't feel it's offensive at all," said Julie Durkin, 21, a student at Parsons School of Design. "People just need to be open-minded."

Mayor Rudolph Giuliani, who started the controversy over the show when he denounced it 10 days ago, was nowhere to be seen.

Aides said the mayor--who

slashed city funding and plans to sue to evict the century-old museum -- did not plan to comment on the opening.

He seemed like the only New Yorker keeping his lips sealed Saturday, as protesters of all stripes created a nearcarnival atmosphere outside the stately museum on Eastern Parkway.

Conservative politicians blasted the exhibit as a "hate crime." Catholic activists handed out anti-exhibit vomit bags, and a nun held a sign reading, "Defend your Holy Mother against this porno."

They were joined in an unlikely alliance by animal rights activists, who object to several works in the exhibit that include dead animals.

"There's a fundamental difference between free expression and art that causes harm to living beings," said Adam Weissman of the Animal Defense League.

On the other side of the trenches in the budding cultural war, a potpourri of artists and First Amendment advocates also rallied behind a separate set of police barricades.

Gary Schwartz, executive director of the National Campaign for Freedom of Expression, handed out leaflets reading, "Hey, Rudy, I'm a taxpayer too.'

"The purpose of art is to challenge," Schwartz said. "Whether it offends some people shouldn't determine

whether other people can see a painting."

One artist dressed in a Grim Reaper costume to dramatize Giuliani's supposed antipathy toward the arts. Others held signs of the mayor's face splattered with dung.

Despite the tension, the protests were peaceful, with police reporting only a few shouting matches. One veteran anti-Giuliani protester, Robert Lederman, was arrested when he refused to stay behind the barricades, police

Police said there was a bomb threat at the building

The commotion also drew numerous gawkers.

Library continued from page 1

and video cassettes, as well land's past. "It is special as an impressive print collection. "Our goal is to have something for everyone," Watkin said. "We also have a great crew of people working here," she added. "The librarians and staff are friendly and knowledgeable."

The Parkland library is also part of a larger network of libraries, and patrons can request materials through an interlibrary loan by contacting a Reference librarian. The Library subscribes to a wide variety of databases: First Search, IntoTRAC Web, Encyclopedia Britannica, CQLibrary, and Newsbank. To obtain the necessary password for entry into these databases, simply call or visit the reference area with your student ID. The most recent addition to Parkland's many Internet services is PRO: Parkland Reference On-line. Similar to HARQ, PRO gives students from remote locations an opportunity to ask questions of the Reference librarians.

A unique resource area of the Parkland Library is its Archives, led by Lori Sprague. Started in 1972, the Archives include papers, photos, architectur- brary's web site is the most ing new changes at Parkal drawings, oral histories, used on campus, but the Li-

that Parkland's founders had the forethought to create an archive from the beginning," Sprague said. "Many institutions try to collect an archive of history after the fact, but we have everything here, even photos and documents from the brainstorming process, before Parkland

Sprague explained that many instructors at Parkland assign research projects on Parkland's architecture and design philosophy. It is also interesting to look at the historical progression of courses, like the addition of a women's studies program, and the creation of a Day Care on campus. The Archives include class schedules and catalogues and have helped Parkland alumni verify credits and courses for transfer to other institutions. Each month Sprague puts together several displays near the circulation desk that focus on different collections from the Archives. She hopes to add more information from the Archives to the library's web page very soon.

and memorabilia of Park- brary is a busy place in

general. "We are committed to supporting the students and faculty of Parkland, as well as members of the community, and are in the process of making several changes to the library," Watkin said. A new Library catalog will soon be installed that will feature a more user-friendly webbased interface. There will be workshops offered on library instruction and orientation. Perhaps the most exciting change is plans to add a new instructional wing to the Library within the next few years, which will include a sky bridge to promote easier access to the Library's entrance, especially for wheelchair patrons, as well as community members; an electronic classroom; group study, meeting, and storage areas. Both Watkin and Sprague are excited about the future of the library. The electronic classroom will also serve both the students on campus, as well as those learning from remote areas.

Anna Maria Watkin is devoted to serving the student body at Parkland college, both on campus and off. With her at the The Parkland Li-helm, you can expect excitland's Library.

Yoga: Body, Mind, and Soul

by Lauren Schulz Staff Writer

In my last article, I discussed the importance of holistic health. I put an emphasis on the benefits that go along with your body being balanced.

Yoga is one method through which you may better learn how to keep your body in bal-

There are many different forms of yoga; however, the most popular western forms are based on hatha yoga.

The word yoga comes from the sanskrit word for union. The practice of yoga is an ancient art form that has its roots deep in Indian culture and religious beliefs. However there are many forms of yoga that one may practice that does not require any familiarity with yoga's ancient history.

The benefits that yoga practitioners receive include: relaxes muscles and improves suppleness, fitness and physical functions.

Yoga may also help you to control stress, unhealthy habits, destructive emotions, and align all of your body's

How does yoga work? Through breathing correctly, postural exercise, and meditation; harmony between mind, body, and spirit is achieved.

It is essential for relaxation and meditation and to control all mental and bodily functions to breathe correctly! Most of us aren't aware that we breathe incorrectly.

Let's take a moment and think about how often we don't "breathe"...driving your car? Watching T.V.? Even doing your homework.

Do you think this sounds silly? Well, anxiety and tension cause us to take short breaths that are centered in the upper chest.

However, proper breathing. encourages us to make complete use of our lung capacity.

This means breathing deeply in through your nose...out through your mouth...this strengthens your lungs, increases our vitality and and energy, and helps improve circulation.

The proof is in the pudding. A few medical studies have shown that the use of techniques has given relief to people with various ailments such as: high blood pressure, circulation and heart problems, backaches, asthma, and fa-

A random selection of patients with osteoarthritis in the hands, were given yoga practice one time a week for eight weeks, in 1994. Other patients in a control group were given similar exercises, but without therapy.

The patients that practiced yoga had reduced pain and a vast amount of improvement in their finger mobility.

Yoga isn't only designed for people who experience pain and who are ill. Practicing yoga could give you many healthy benefits that improve your life.

Start out small.Do not expect to jump right in and curl up like a human pretzel.

In the morning before school, I use an A.M. yoga tape to get my day moving-actually to get me moving.

You see, your body is rested from sleep, it is also stiff from inactivity.

I practice simple yoga postures and focus on my breathing. If you're in the mood to try something new and would like to face a great day, improve your breathing, alignment, and soul look into yoga.

I use, and would recommend, A.M. yoga for beginners with Rodney Yee (It comes in a set along with P.M. yoga for beginners with Patricia Walden.)

Information about yoga is widespread. You can find material on the Internet, in video series, at your local bookstore.

I suggest you give it a try. What have you got to lose-besides fatigue, stress, and anxi-



REVIEW

New Releases

Everything But The Girl: "Temperamental"

by John Isberg Features Writer

Dance pop artists Everything But The Girl, are back with a new album, "Temperamental." For those of you not familiar with Everything but the Girl, they are composed of singer Tracey Thorn and Ben Watt, guitarist, bass, keyboards, strings, beats and just about everything else.

Everything But

The Girl have been producing albums since 1984 and scored much critical acclaim with their last two albums, "Amplified Heart," which had a big hit with the remix of their song, "Missing," and the amazing album, "Walking Wound-

The new album, "Temperamental," finds the duo seemingly trying to duplicate the success of "Missing," with similiar songs and production. This in effect warps the album

into a tedious, boring affair. album. Much needed inspi-Most of the songs blend together and there are few strong standout tracks.

The album functions much better as background music for rainy days and subways in the city. The one plus the album has is its very urban feel. "Hatfield 1980," captures this feel very well. The title track, "Temperamental," is also good, yet it drags on too long and monotony sets in. This is the main problem with the

ration is in short supply throughout most of it, and most of the songs serve as filler.

In a few spots, the album does shine. The very jazzy, laid back, "No Difference," is a very sexy number. The smooth layering on this song works really well. You can hear echoes of cars driving down rainy streets in the background. The juxtaposition of piano and trumpet evoke Miles Davis, pulling this song out

of the album and onto higher ground.

Overall, "Temperamental," needs work. Hopefully for the next alum, Everything But The Girl will bring us something a little less formulaic and more inspired.

I do recommend checking out their other albums, the more acoustic, "Amplified Heart," and "Walking Wounded." "Temperamental," however, you might want to pass up.



by: Wendy Kim The search for the perfect cup of Joe in Champaign-Urbana:

Sitting in the office one day, we started to discuss our passion for good, quality coffee, and decided that we wanted to share our discoveries with Prospectus readers. Thus began our coffee corner, called JAVA

Our goal is to highlight the standouts amongst the large variety of coffee and tea beverages available at different locations in the area. Our evaluations will include the factors of value in terms of cost and quantity, the quality of beans, and the overall product as it is served, in presentation, ingredients and the palate pleasing or revolting nature of the bevbased on tastings and evalquality of service, or lack you going, or just for taste.

thereof, detailed for your reading pleasure. We hope that you find this column to be a reliable source of information in the world of

Our voyage begins on the corner of Green and Wright, inside of Follett's bookstore. This little known gem in Champaign-Urbana has hundreds of locations across the country and features some of the best coffee available in the area, if not the country. It is called Seattle's Best Coffee, and their claim as the zenith purveyors of coffee is on the mark. SBC is the only national coffee chain to commit to this area, as so many national restaurant chains on Prospect Avenue have done. Its location, in the heart of campustown detracts a lot of local patronage, but we speak loudly and clearly, 'GO AND TRY THIS PLACE, YOU WON'T BE DISAPPOINTED.'

They feature whole beans, which can be ground to order for various coffee makers, in 12 ounce vacuum sealed bags that allow erage. We will also make gas to flow out, but not in, our recommendations maintaining a height of freshness through the siliuations from the patrons of cone barrier. These bags these coffeehouses and our sell for \$8.85, which may own personal experiences. sound expensive, but is The décor and atmosphere well worth the cost if you will be described as objec- want a quality cup of coftively as possible, and the fee to start your day, keep coffee to wine, which is chocolate. The Almond

I am reminded of the scene in Pulp Fiction, when Ouentin Tarantino's character expounds his theory on good coffee, 'not the cheap stuff that Bonnie buys at the grocery store.' It's the gourmet #@!*.

We met with the manager, Richard Cordova, who was transferred from a successful Chicago branch of Seattle's Best, to stimulate growth in Champaign-Urbana with his experience and expertise in the world of coffee. He gave us an educational run down of the roster of beans, which vary from light, medium to dark roasts. Some standouts are the Post Alley Blend, which is a full bodied, and smooth dark roast; their signature, Seattle's Best Blend, which incorporates Indonesian, Central American and South American beans to produce a nutty and sweet, overall satisfying cup of coffee; and Tazza d'oro, their beans of choice for espresso drinks, which is described as a 'cup of gold' for the crema, the foam that characterizes a good shot of espresso. SBC coffee is available in tall, shavings atop whipped grande and supremo sizes, and the café generally features a light and dark roast, along with a decaffeinated

the same tasting techniques by coffee connoisseurs across the world. SBC often features seasonal drinks and coffees from various regions of the world, which are originated by James Stewart, the founder of the company. Currently, Peruvian coffee is in vogue at SBC locations. Villa Rica and Incan coffee from the Cusco region are the two representatives, and if you buy a bag of either, you can get fifty percent off regular coffee beans at this time. The drink special, called Caffé Chono, is basically a caffe latte with cinnamon, nutmeg and orange flavors that evokes images of falling autumn leaves. As the drink is sipped, the balance of sweet and spicy flavors makes us think 'ambrosia'. It is also the perfect transition into the holiday season, when the eggnog latte will be the feature drink of the holidays. We can't wait 'til Christmas...

Our recommendations at SBC are the White Chocolate Mocha, a mocha with real white chocolate cream, Raspberry Mocha Kiss, which is a mocha with raspberry flavor, a huge dollop of premium whipped cream, and a stick of bitter-Cordova compared sweet, melt in your mouth tasted and appreciated with Mocha Joy is as sweet as a

candy bar, but for those of you with a sweet tooth, you will find this drink a taste of heaven. For you traditionalists, SBC's espresso, cappuccino and lattes are as authentic as they come. And don't despair, you noncoffee drinkers, SBC has a large selection of teas; including Oregon chai, and a frozen drink called JetTea, which comes in strawberry, mango or a combination of both flavors, and features ginseng for energy, gingko More Java On page 5



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Campus News

dear ariana...

I've never had anyone in my life that I felt comfortable enough to discuss my attraction to guys with. Now, I think I've met someone that I feel really attracted to, and I keep getting mixed signals about whether or not he likes me in that way... What should I do?

Confused in 'love'

Dear Confused in Love,

A professor here at Parkland often references a bumper sticker on his son's car that reads, 'I'm straight but not narrow.

It's really important to respect the sexual orientation of others, as well as oneself, so keep that respect issue in mind when deciding whether or not to take your attraction to the next level. Also, trust your inner self. If you are getting signals from the object of your affection, maybe you should try to discuss the way you feel about your sexual orientation. Ask yourself, are you comfortable accepting the fact that you are gay: Enough to share it with others? Are you okay with the coming out process, and all that it entails? These questions are important to address because it is a real commitment to a lifestyle, and subculture.

There are a lot of supportive groups in the community that might help you to figure things out, at least to give you a point of reference from an experienced point of view. Some local sources are Champaign-Urbana Gay, Lesbian, Bisexual and Transgender Switchboard, 239-1610; Outpost Community Center, 123 W. Church, Champaign, which is a center for support, features meeting groups, activities, and a library on the subjects of interest in the gay community, and Safezone, at 280 Illini Union, cubicle 2, 1400 W. Green, Urbana, which provides a place for people to become themselves, and has weekly meetings in the Fall and Spring semesters. Parkland also has a group called colOURS, which is a gay, lesbian and transgender student organization.

There are also films, like 'beautiful thing' and 'Billy's Hollywood Screen Kiss' that highlight contemporary issues in the gay community. It is my belief that regardless of sexual orientation, honesty and integrity are the fundamental foundations of a healthy relationship, so keep this in mind in matters of love and intimacy. It takes a lot of courage to be honest about being gay, but accepting it yourself can have astonishing effects on your ability to admit it to others. Regardless, it's a good start...

The Non-Traditional Student Corner

Evening Services at Parkland

by Sharon D. Wenger Staff Writer

Many of the Non-Traditional students here at Parkland utilize the campus during the evening hours. For some, it's the only time they have to attend school. There are a great many services available to students on campus after 5 p.m. Some you certainly know about; of others, you may be unaware.

The most obvious evening student service at Parkland is the availability of evening classes. Almost all academic departments have some evening course offerings. Some even have their programs set up so that their students can complete a certificate or degree entirely by attending evening and/or weekend classes.

Nursing, for example, has an evening/weekend

option and within the art but don't have time course listings for CIS (Computer Information Systems) and Business; 40 percent and 27 percent respectively are evening class sections.

To see the full extent of evening classes available to non-traditional students, check the Parkland Class

The Counseling Center. located in A251, is open Monday through Thursday evenings until 8 p.m. Services offered include academic counseling and advising as well as personal counseling. Walk-ins are accepted during the evening hours or appointments can be scheduled by calling 217/351-2219.

The Art Gallery is open from 6-8 p.m. Monday through Thursday, for those interested in viewing student, faculty, and local

through the day.

Offices that are open to evening students include the Admission Office where students can get copies of their transcripts, class schedules, grades, etc., the Writing Center, the Library, the bookstore, and a host of other offices.

Many evening social and sporting events take place over the course of the semester. Watch the Prospectus for information on these events.

All these services and facilities are available for students at Parkland Col-Reminder: Please submit any questions, comments, or suggestions to Sharon via E-mail at ensharon@advancenet.net or in writing at the Prospectus Office in

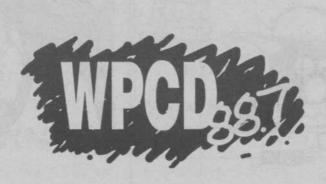
Java Cont. from pg. 4... for clarity of mind, a full day's supply of vitamin C and

folic acid.

Seattles Best Coffee, within Follett's is furnished with sofas in bright magenta, blue, green and orange colors, which are a comfortable alternative to the hard chairs at other cafes. We feel ambivalent about the gigantic stadium sized multimedia screens that loom down ominously at the patrons of SBC, reminding us of the surge of technology in the last ten years and the force of the media in our puny individual lives. The positive point is that they play movies geared for the student audience, and one can sit and enjoy a pastry and cappuccino while watching quality films like 'Dead Poet's Society'. There are also magazines and board games, as well as large tables to spread out and study, for the leisurely minded and the intellectuals in our audience, although the background noise can be a bit distracting for intense study sessions. Our only contention with SBC is its location within the bookstore, which leaves something to be desired as far as the ambience is concerned. Richard has put forth efforts to improve the ambience given the confines of running a business within a business. It feels really industrial, and while it may be an oasis for shoppers at Follett's, we really wish that it had its own storefront and establish its own identity.

On the up side, Richard is a positive reflection of SBC's standard of customer service. He gave us so much information about the techniques involved in the production of the various coffees available to consumers that we had to take notes. Richard is our Coffee Diva. The bottom line is that SBC makes a damn good cup of

Seattle's Best Coffee is located at 1627 S. Wright, in Champaign. You can see and reach Richard and his crew from 8 am to 9pm, M-F; 9-6 Sat; and 11-5 Sunday at 355-3090. If they are out of a particular coffee, SBC's mailorder number is (800)962-9659. Also look for SBC at their myriad locations in Chicago, and across the country. They're coming out with ice cream products and other goodies. They are also the parent company of Torrefazione, an Italian coffee roaster.



Phi Theta Kappa Movie Night

by Brian Weidert News Editor

Phi Theta Kappa will be hosting its first "Movie Night" in the Gallery Lounge Wed. Oct. 13, at 5:30 p.m.

This month features The Truman Show, staring Jim Carrey and Ed Harris. The Truman Show has been nominated for 3 Academy Awards and has won 3 Golden Globes for best actor (drama), Jim Carrey, best supporting actor, Ed Harris, and best original lowed by a discussion about The Truman Show.

"This was an idea that was given to us by headquarters," says Phi Theta Kappa, "as a way

Parkland's student culture." The Truman

Show is just the beginning. "Even students who make their own movies are invited to show them," offers Phi Theta Kappa.

The "Movie Night" is not only for Phi Theta Kappa

The viewing will be fol- members, "In fact everyone is invited," they say.

> To find out more about "Movie Night," to get information on how to enter suggestions on viewings, or to see how to enter your to interact with own movies contact Dr. Umeeta Sadarangani at 217/373-3868. Or E-mail her at USadarangani @parkland.cc.il.us. To get more about Phi Theta Kappa, an international honors society, check out their web site at www.ptk.org.

Come See The Show this Weekend

PC Performers can **Perform off Campus**

Calling all performing artists to the White Street Arts Center. Young inspiring artist and performers are invited to take part in the upcoming 12 Min. Max.

"We want to provide a non-commercial venue for the artists in the Champaign-Urbana area," says Chantelle Hougland, one of

the directors of the center, and a Parkland Student.

The show, which will take place on Friday, Oct. 8 and Saturday Oct. 9, will feature Dance, Poetry, Story telling, and Music.

"We want to be experimental and provide artists the chance to meet each other and collaborate on ideas and projects," ex-

plains Chantelle.

Admission for the show is \$5 or larger donation. There is no fee to perform, however artists must submit their work and audition for the show.

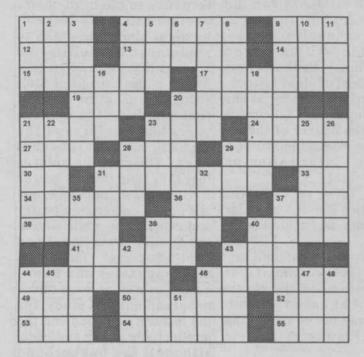
For more information call 217/359-1862 or visit the White Street Arts Cen-

www.prairienet.org/white-street.

Comic Page

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ACROSS

1 Raised railways

4 Mountain lions

9 Beaver construction

12 Confederate general

13 N. Amer. Indian

14 Oval protein

15 One of the few...the proud 17 Religious holiday

19 Conclude

20 Follow immediately 21 Disallows

23 Amount (abbr.)

24 Small island

27 Lemon drink

28 Winglike structure 29 Store room

30 Preposition

31 Evidence furnisher 33 Slang (abbr.)

34 Pale yellow 36 Noah's boat

37 Accountant's title (abbr.) 38 Warmth

39 Native (suffix)

40 At the end

41 Smell or touch

43 Pork 44 Musical presentations

46 Putty

49 Cornwall mine

50 Growth

52 Tutelary deity

53 Impersonal pronoun (poss.) 54 Allows the use of

55 Pig pen

DOWN

1 Large tree 2 Meadow

3 Quiet

4 Smaller than a lake

5 Hire 6 New England state (abbr.)

7 One who acts for another

8 Oceans 9 Hate

10 Eon

11 Manager (abbr.) 16 Those holding office

20 Come forth

21 Amount produced

22 Love

23 Altitude (abbr.)

25 Speech problem (pl.)

26 Great achievement 28 Direct a weapon

29 Inquire 31 H2O 32 Before (poetic)

35 Art canvas supports 37 Dromedaries

39 Single newspaper

40 On the __ (escaped) 42 National (abbr.)

43 Belongs to that girl

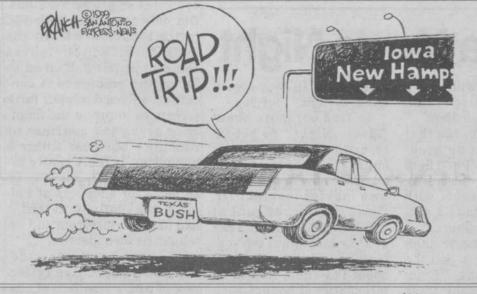
44 Japanese sash

45 Light rap 46 Food fish

47 Natural (abbr.)

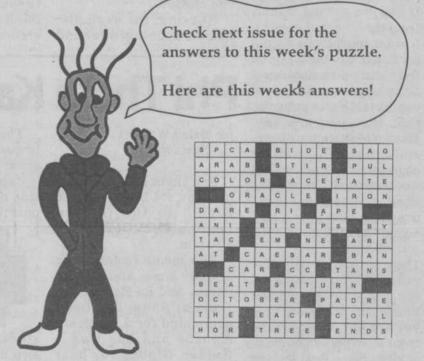
48 Attempt

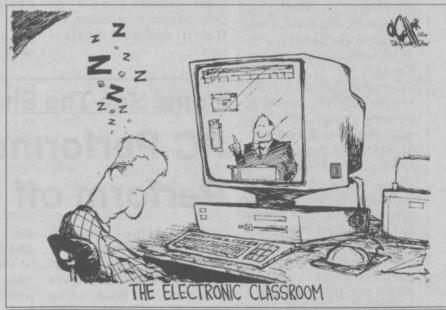
51 North-Central state (abbr.)

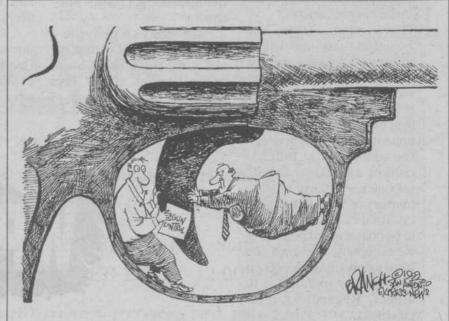












Classifieds



Help Wanted

Full-Time Delivery Person La-Z-Boy Showcase Shoppe needs a delivery person to work weekdays and most weekends. Heavy lifting. Non-Smoking environment. Health and Retirement benefits. Some college background preferred. Opportunity for advancement. Apply in person. La-Z-Boy Furniture Galleries 506 Anthony

La-Z-Boy Furniture galleries needs a part-time delivery person to work most weekends and some hours during the week. Non smoking environment. Heavy lifting. Apply in person at 506 Anthony Drive.

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encouraged to submit an application to: Provena Covenant Medical Center, Resources, 1400 West Park Deskjet color printer. 660c. Street, Urbana, Illinois, 61801. \$50, www.covenant-cu.com EOE.

Artist' models needed for SUnday afternoon drawing UPGRADE YOUR group at Parkland. Male or GRADE! Class-related writ-Female. All body types and ages are desired. No nudity required. \$8 an hour. Call Dennis Lewis at 356-6400 to arrange brief meeting and have any questions answered.

Telephone operators needed for full and part-time, flexible shifts(day, night, weekend)shifts. Must have 45+ WPM typing, professional attitude, and be very reliable. \$7 per hour starting pay, overtime available at \$10.50-\$12. All benefits including life and health insurance, 401K, paid vacations. No phone calls please. Apply in person, 8-5 M-F and be prepared to take a short typing test. Champaign Telephone, 1300 S. Neil, Champaign

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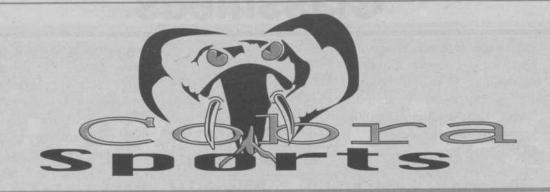
1 Marningstar Variable Annuities/Life 5/30/89. 2 Sanatard & Pao's Insurance Rating Analysis, 1999; and Lipper Analystical Services, Inc., Lipper-Directors' Analysisal Data, 1999 (quarterly).

3 DALBAR, Inc., 1997 Defined Contribution Excellence Ratings. For more complete information, including charges and expenses, call 1 800 842-2733, ext. 5509, for CREF and TIAA Real Estat Account prospectuses. Read them carefully before you livest or send money. TIAA-CREF Individual and Institutional Services distributes CREF certificates and interests in the TIAA Real n the TIAA Real

Neil Bernstein Photography (217) 356-9996

Champaign, IL 61820







Maybe this Bears' Win Will End The Mike Ditka Magic Spell in Chicago

by Skip Bayless Chicago Tribune

Mike Ditka, the Thing that Wouldn't Die, has done it again in Chicago, where he can't lose for winning. Or so it appeared with about two minutes left in perhaps the dreariest performance in Bears history.

As the rain and temperature fell, Sunday's original vacantseat count of 14,653 had increased to maybe two-thirds of Soldier Field. The hooded faithful warmed themselves by booing quarterback Shane Matthews, who later described his play to that point as "absolutely terrible."

Propelled by five turnovers and a missed 32-yard field goal, the Bears were well on their way to being shut out for the first time in the 1990s. Ditka's 10-0 lead seemed like 100-0. Even the voices in the Bears' WMAQ radio booth, who die hardest, were calling for rookie Cade McNown.

If possible, rookie coach Dick Jauron's credibility quotient was about to plunge below even running back Curtis Enis'. Surely Jauron would have to bite down on his pride and officially name McNown the starter. That would signal Bears veterans that win-

ning had been scrapped in favor of developing the highest-paid rookie in team history.

Then unseen lightning struck. Suddenly the mantle was passed by Matthews and caught by Curtis Conway. It was as if the old Ditka force field left his body and electrified Jauron and his Bears. Could it be? Mike Ditka, dressed head to toe in black, looked old and arthritic, drained of his ferocious vitality and card shark's game manage-

His Chicago legend was about to die a little. Maybe a lot. Scrap Iron Mike? Slumped and stationary, he looked more a candidate for a recliner than to replace Jauron and bring back the '80s thunder.

One day Dick Jauron will look back at the last two minutes of a miserably played game on Oct. 3, 1999, as a career turning

Make no mistake, Jauron's team still suffers from severe, one of the better defenses in the playmaking anemia--euphorically camouflaged only until Sunday's visit Minnesota. In truth the Bears stole one from a team forced to play a backup QB (Billy Joe Tolliver) and a beat-up rookie back (Ricky Williams).

But Sunday was significant

because Jauron jerked the welcome mat out from under Ditka. In the end Jauron made the shrewd moves, Ditka the dumb ones. Jauron got the breaks. Ditka turned into the snake-bitten Dave Wannstedt. Da coach? Duh, coach.

Two ships suddenly reversed field and passed in the dismal twilight. Ditka's might sooner need the lifeboats.

Under the circumstances, Jauron's team pulled off one of the most improbable comebacks in NFL history. So awful . . so shockingly amazing. You almost wonder if Old Man Halas was up there, pulling the strings.

"It was like magic was happening," said tackle Blake Brockermeyer. "A game like this happens once every 10 or 15 years--maybe once in your career. You just don't win when you have five turnovers to their one. New Orleans deserved to win, but we came back against

They say the attitude's been bad around here for a couple of years. I can't tell you how much this will do for the confidence of this team."

So what got into the Bears? Running out of time, they were finally forced to let Matthews do

up offense. The Bears beat Kansas City and should have beaten Seattle by coming at discombobulated defenses with fast-break tempo.

Matthews' strengths are his quick wits and release. Asking him to run deliberate seven-step drops on third-and-long and throw 50-yard passes is asking for underthrown disaster.

"Our tempo fell off because we had a million penalties," Brockermeyer said. "But in those last two drives, we really had 'em confused. They couldn't get aligned and couldn't get the matchups they wanted."

That's the only way these Bears can score. Matthews called all the plays at the line of scrimmage, and he kept finding Conway in single coverage. For once, Conway didn't underachieve. He took over the game with a Pro Bowl flourish.

Of course, one could argue that this was a delusional triumph--that Bears 14, New Orleans 10 will only further stunt McNown's growth. But first things first. Jauron needed to beat the gum-chomping ghost who haunts Soldier Field.

The Thing just might have

Parkland College

Track Field Run -A-

Monday, October 25. 1999 4:00 p.m. **Parkland** College **Track** Complex

by Shawn Gibbs TMS Campus

Michigan State:

Tom Izzo's Spartans have made almost as much news off the court this summer as they did on the hardwood last winter.

Although point guard Mateen Cleaves off-the-court problems are well documented, Izzo's for- 75 minutes, said the prosecu- have any concerns. Consider mer players are now making tion had not proved the case this:

news. Antonio Smith was acquitted Sept. 30 on larceny charges.

Smith, now a free agent signee of the New York Knicks, was accused of taking a 40ounce bottle of beer from a convenience store. Although a bottle of beer was found in Smith's posession when he was pulled over, the jury, after deliberating beyond a reasonable doubt.

Smith commented afterwards, "I apologize to the university and hopefully a lot of people will accept my apology."

Penn State:

The Nittany Lions sport a robust 5-0 record heading into lowa City this weekend, but that isn't to say Joe Paterns doesn't

Penn State is last in the Big Ten in sacks with 19; no running back has rushed for more than 100 yards in a game; and they have fumbled 17 times.

"At times we've played good football, and at other times we didn't play as well as we're going to have to down the road," Coach Paterno said.

Lady Cobras Volleyball Goin' Strong!

