



News...

Lost Pants, hit and run reported; all this and more in the Parkland College Media Logs See Page 2

Streeter... What does Easter mean to you? See Page 3

News...

Learn how to save someone's life. See Page 3

Comics...

Crosswords, puzzles and cartoons. See Page 6

Classifieds... Take a peek at our



Min Bao, a Chinese opera singer, points to where he is from, Hubei, China. He will be singing "By Songhua River" during the talent show today; Wednesday, April 8.

On Alternative Break... **Group plants** repairs, protects

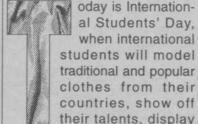
Three Parkland students, a faculty member, and staff to the Collection and Remember spent their Alternative Spring Break (ASB) with service to agencies of Central and Southwestern Illinois.

Park where, guided by Dave Bowman, Park Superintendent, Johanna Elliott; Aaryn In addition to viewing the na-Strebeck, Paxton; Wendy tive wildlife, the group provid-Grethen and Susan Pinnell, Champaign, pulled garlic mustard plants in order to protect the native flora. They group learned the smell, feel, color, shape and root systems of this biennial plant . Then the group went to the Rock Springs Center, Macon County Conservation District in Decatur where they stayed in front of a wildlife feeding area. Guided by Paul Marien, forestry supervisor, they planted trees and mulched around newly planted shrubs and trees to provide a plant screen for wildlife that inhabit the wetland.

They continued with a visit search facility of the Illinois State Museum and the Revis Hill Prairie. Linda Prescott, volunteer coordinator/natural-The trip began at Allerton ist, arranged for them to spend two nights at the Wildlife Prairie Park in Peoria.

International Students' Day

BY: BEN HARDIN PROSPECTUS STAFF WRITER



al Students' Day, when international students will model countries, show off their talents, display

their countries, and show video's.

International Student's Day will continue from 10 a.m. to 2 p.m. in the Gallery Lounge the celebration. Then, the ESL (English as a Second Language) class will sing a song.

At about 10:10, there will be a talent show, lasting about 15

or 20 minutes. It will be repeated at 1 p.m. There will be a dancer from Japan doing the "Noh," a traditional Japanese dance, a dancer from doing Guatemala the "Meringue," and an Indian traditional and popular dancer. There will also be a clothes from their Chinese opera singer and a Korean singer.

The fashion show will start items of interest from at 10:30 a.m. and will be repeated at 1:30. Approximately 21 students will participate in the show in the Gallery Lounge.

There will be about 30 Pres. Zelema Harris will open countries represented in displays of pictures, postcards, maps, flags, and video's. The video's will be shown intermittently throughout the event.



classifieds section. See Page 7

Internet...

Also, check out Prospectus Online at http://www.parkland.cc.il .us/prospectus/



The group also stopped at the Wildlife CPR, a rehabilitation center for wildlife, primarily raptors, in Decatur.

ed service in burning prairie, assisting with children's education program, building and putting up bluebird boxes, and participating in a frog survey.

The group went underground at Illinois Caverns, spotting salamanders and bats, some of the life forms living in the cave.

Joan Bade, Monroe Count Health Department, gave a presentation on the karstt terrain and groundwater contamination resulting from pollution dumped into sinkholes.

On the last day of the trip, the group met with farmers and stopped at an Amish Farm and at an intensive Raised Bed farm.

Ananya Mandal, from Calcutta, India, will be dancing during the International Students' Day, Wednesday, April 8. She will be dancing a Rabindrik dance, based on a classical Spring season dance.

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PAGE 2

News



Department of Public Safety Media Log

Monday 3/30/98

*A student reported that she had recieved an emergency order of protection. The respondent is not a student, but she wanted the Department of Safety aware of the order.

Tuesday 3/31/98

*A staff member of the library reported that they had recived a threatening phone call from a student.

*Police officer took information on a theft of a wallet tht had occurred on Monday.

*A student called to report a hit and run accident that occurred in the B-2 parking lot.

*A student called to report that a check card had been stolen. The item had been left in the Student Service Office. The owner has been contacted a retrieve the property

Wednesday 4/1/98

*A student reported that a pair of pants were taken from his locker while attending an intermural basketball game. Other items in the pants were also taken.

Thursday 4/2/98

*The reporting person is with Cunningham Children's Home had called to report that while some of the residents were out here at the track today, one male assulted another male. She called the University Police Department and they referred her to us. Officer Williams enroute to Cunningham to take the report.

Friday 4/3/98

*A staff member left a bag of personal items in one of the Parkland vans. The items were missing when the staff emmber returned to retrive them.

*A student reportd a hit and run accident in the M-3 parking lot. *Reporting person reports while his wife was here yesterday her vehicle was hit in B-1 parking lot.

responded to 222 service calls and 0 emergency Parkland College Public Safety Depa dical calls

You can improve your health in1.5 hours

BY ART FITZ-GERALI PROSPECTUS STAFF W

Experts say that 20 to 30 minutes of moderate exercise three times a week can vastly improve a person's health. But are young adults going to college getting enough exercise?

Surveys by the American **Physical Therapy Association** show that nearly half of all college students aren't getting enough exercise.

This can lead to problems later in life such as heart disease, high blood pressure, diabetes, and in some cases early death.

A rather benign symptom of this lack of activity in college students is known as the "freshman fifteen", referring to the common occurence of weight gain among college freshman, as once active high schoolers now face a more sedentary life of study.

Other factors which can lead to excessive weight gain by college freshman include the new found freedom students experience. With no home cooked meals and the availability of fast food, the circumstances are right for poor nutrition.

Tim Cochrane, who is the director of Parkland's Fitness and Wellness Center, concurs with the study's findings.

Cochrane says that while some students aren't really getting enough exercise, this usually has more to do with scheduling problems than with lack of awareness.

"Among Parkland students in particular, scheduling can be a problem. Some people are working and going to school; also many younger adults haven't yet had the experience of being out of shape."

On the bright side, since taking over the directorship of the Fitness Center, overall enrollment in the physical education classes offered at Parkland has increased by twohundred.

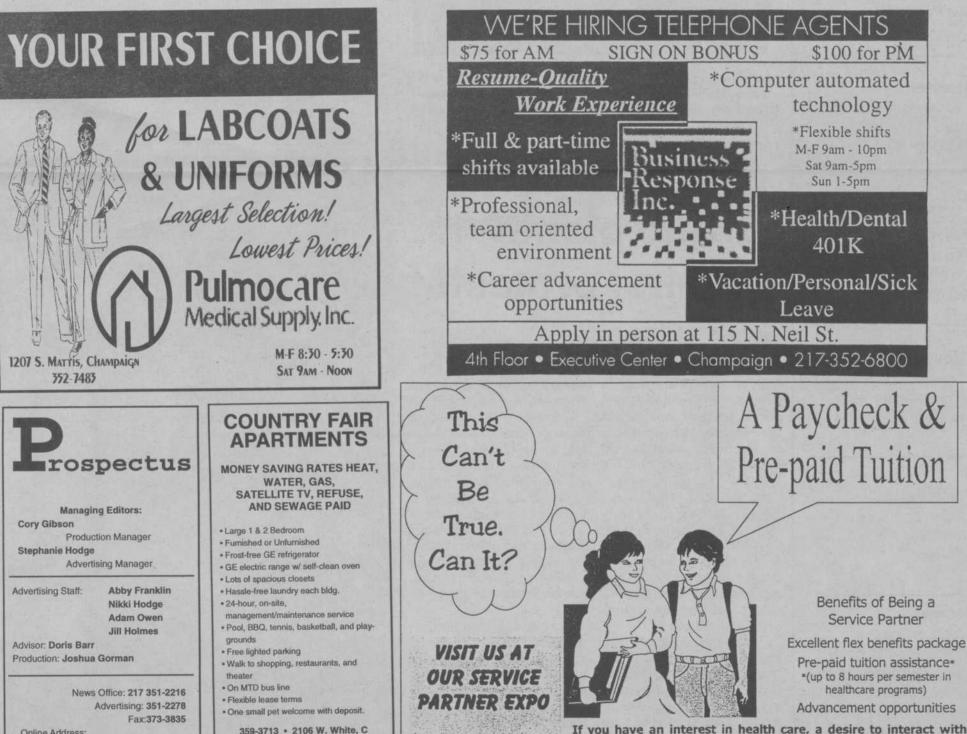
The survey by the American Physical Therapy Association notes, however, that the college years should be the ideal age for laying the foundations for a good physical fitness regimen for life.

To do this the Association says there are five parts to a successful regimen.

The first is cardiovascular strength and endurance, which include the heart and lungs. The second is a healthy diet, which affects body composition. The third is muscular strength endurance, and the fourth flexibility training.

The final component of a successful fitness program is relaxation, and using daily relaxation techniques, in addition to the stress reduction afforded through the physical exercise.

With such a program, it's best to start off slowly and work your way up to increased level of difficulty, increasing the chances you'll stick to the fitness program .



WEDNESDAY

APRIL 15, 1998

3:00-7:00 P.M.

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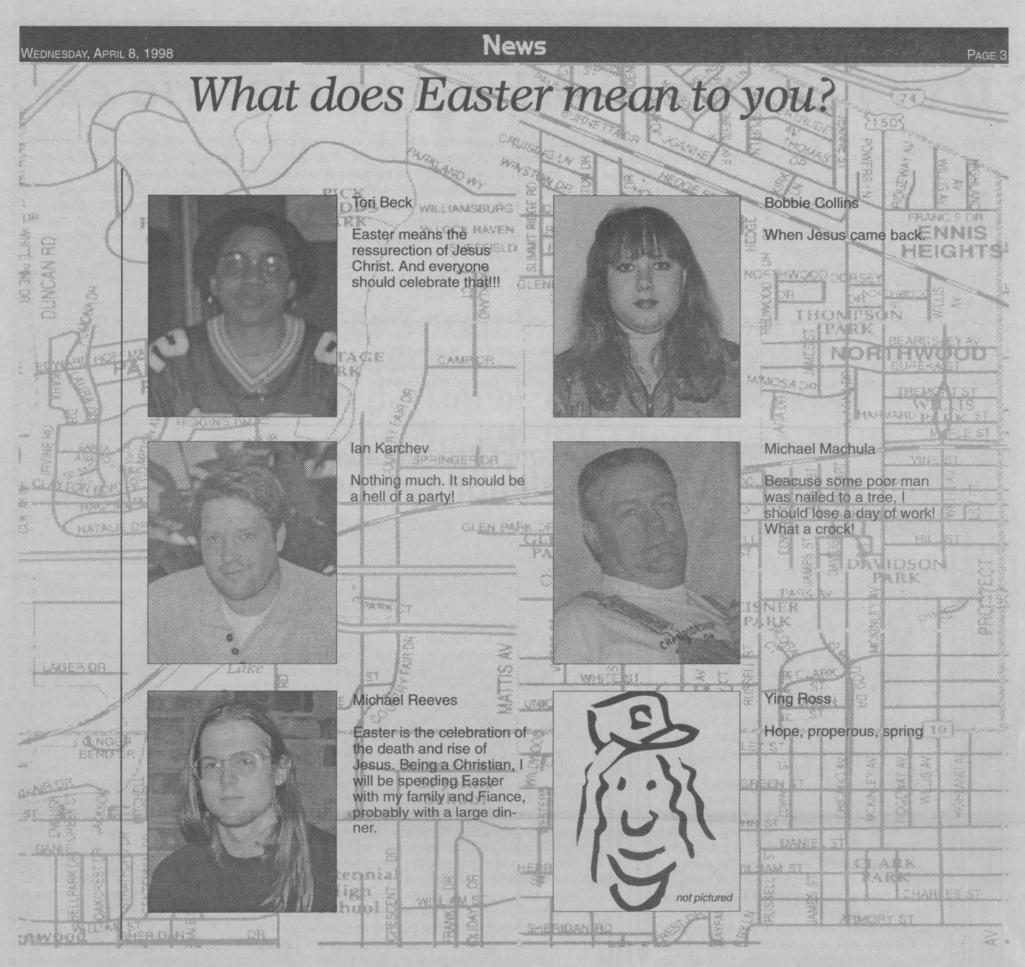
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EOE



Minority donors needed You can save someone's life .

BY: TOBIAS SIMPSON PROSPECTUS STAFF WRITER

"We hope to have more racial minorities sign up for the bone marrow registry, but anyone is welcomed." said Jan Thom, R.N., Health and Safety

The only solution is to get more racial minorities to sign up as potential bone marrow donors.

The reason is tissue types are inherited, and some tissue types are unique to certain racial or ethnic groups.

The process of becoming a

marrow transplant was done in donor will not affect the care you 1968.

This discovery charted a new course for the treatment of leukemia, aplastic anemia and many other life-threatening blood diseases.

An estimated 30,000 chil-

receive in a hospital. There are no extra costs, nor will being an organ donor affect funeral arrangements in any way.

"You can indicate your wishes to be an organ and tissue

Directed by

6 General 4 Students/

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donor by telling your family, signing an Organ Donor Card (such as the one on your state driver's license or I.D.) and/or registering through your local driver's license facility," said Thom.

Specialist.

On Wednesday, April 15, Parkland will be hosting a blood drive in the Gallery Lounge from 9 a.m. to 3 p.m.

Along with the blood drive will be a representative from R.O.B.I. (Regional Organ Bank of Illinois) encouraging students to become organ donors and a recruiter looking for volunteers to sign up for the bone marrow registry.

Especially needed are minority volunteers.

Right now, a Caucasian patient has about an 80 percent chance of finding a match and receiving a transplant.

However, minorities have a much smaller likelihood of finding a match.

For example, an African-American has only a 40 percent chance of finding a match.

This is a serious problem.

potential donor is simple. You have blood drawn ("If your giving at the blood drive they can take a sample without sticking you a second time now," said JanThom) and the results are encoded in the N.M.D.P. (National Marrow Donor Program) registry.

That is it. Registering does not obligate you in any way, and the chances that you will be called are small.

If you are a perfect match and do get the call, you would go through a series of physical exams.

You would then be placed under general anesthesia and the simple surgical procedure of collecting some of your bone marrow would be performed.

There is no cost to the donor ,and the bone marrow grows back in a few weeks.

The first successful bone

dren and adults are diagnosed with life-threatening blood diseases each year in the U.S. alone.

For many, the only hope for survival is a marrow transplant. In the 10 years since N.M.D.P. was established, more than 6,000 marrow transplants have been facilitated.

Currently, the N.M.D.P. coordinates more than 100 transplants every month.

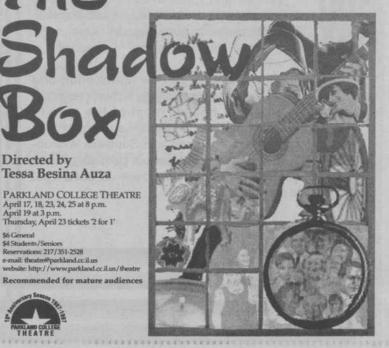
Even more could be done if the registry had more minority donors.

Organ donation is also important. Annually, more than 20,000 organ transplants are performed in the United States.

However, more than 50,000 men, women and children are still waiting because there simply are not enough organs available for transplantation.

Choosing to be an organ

The Pulitzer Prize and Tony Award winning play by Michael Cristofer



Features

U of I student working on electric car

BY TICEY CLIFF

PAGE 4

esse Swinderman, a U of I student, has accepted the Future Car Challenge, a collegiate design competition sponsored by the U.S. Department of Energy and the U.S. Council for Automotive Research.

Together, they are working to develop and demonstrate a commercially viable vehicle technology that can improve the industry's global competitiveness, reduce the impact of cars on the environment — and reduce U.S. dependency on foreign oil.

Swinderman, a member of the Power Electronics division, said recently, "Sure, everyone's heard of an electric car, but this one is different. We are trying to improve on the EV (electrical vehicle) design, not just copy it." A standard EV's range is limited by the power in the battery pack, he explained, meaning that once the charge runs out, the car must sit and recharge. The new HEV (hybrid Electrical Vehicle) will run indefinitely, limited only by the availability of diesel fuel.

The car that Swinderman and other team members are converted into an HEV is a 1997 Dodge Intrepid donated by the Chrysler Corporation. "We are pretty excited to have a sedan," Swinderman said. "It makes you feel like a family could really be riding in this car one day."

The Future Car Challenge is a contest among 13 U.S. universities. The third annual Future Car Challenge competition is from June 4 - 11. It begins with a series of technical evaluations at the competition headquarters at Oakland Community College in Auburn Hills, Mich. Industry and government engineers will measure fuel efficiency, exhaust emissions, range, acceleration, braking, handling, and drivability.

The vehicles also will be judged on design, manufacturability, cost, and consumer acceptability.

Awards will be given in 25 categories, and winners will share ab out \$60,000 in prize money.

Swinderman said his team's car will be up and running in a few weeks. "That's when we really have the change to do some fine tuning."

What attracted him to work on the project? "My major is electrical engineering and the chance for hands-on experience like this is invaluable." He added, "It will help me in my career, not to mention it looks great on a resume."

For answers to your questions: Jeremy Cellarius, Project Leader, at cellarius@uiuc.edu.

TRANSGRESSION ROCKS

ransgression is a small band from Freeport, IL, that plays fast, melodic punk rock at shows across Northern Illinois and Southern Wisconsin.

Band members are: Ryan Wilson, 18, lead vocals; Marc Barbour, 19, guitar; Justin Luecke, 18, drums, and Justin Rawleigh, 18, bass.

Luecke said recently, "About three years ago, I came up with the idea to start a band, and the other, my good friends, thought it would be neat, so we did."

"Our first gig was a talent shown in our hometown," said Wilson. "We didn't win, but we got to be the house band during the nest year's talent show."

Transgression tries to achieve the sounds of many of their favorite bands. "We seem to like all the same type of bands," said Barbour. "We all listen to bands like NOFX, the Vandals, Pennywise, and AFI. Those are pretty much the bands that influence our music the most."

Transgression currently has a 4-track demo tape out that has done considerably well by their standards. "We're trying to work out a deal with Dr. Strange Records now. They spoke of their interest in signing us, but we are still determining what is best for us," Barbour said.

Most small bands dream of the chance to make it big, but this is not so with Transgression. "We would like to be on a small record label but still make some decent money. We don't want to be rock stars. Fame isn't what we are after. It's fun," said Barbour. "Right now, we're going to school (Highland College), and that is the most important to all of us right now." Music doesn't occupy all their time. They try to keep up on their athletic hobbies. "We all like to snowboard whenever we can," said Wilson. "Between school land the band, it's kind of hard to make time for it though."

Former Parkland student says: 'Disability does have benefits'

BY SHAUN MILLS

Former Parkland computer science student Nabil Draves says a disability "does have benefits."

Nabil, whose name means "noble" in Persian, is a 24-year-old man who must use a wheelchair to get around because of his cerebral palsy, a disease that has crippled his muscular coordination.

Nabil explained that his condition was probably caused by a "lack of oxygen either before, during, or after birth" and that "besides the obvious, walking," his disability disallows him the usual abilities that most people take for granted. "It takes me longer to do just about everything than it would take quote 'normal' unquote people to do."

But does he feel bad about his disability? He said, "It does have benefits to have a lot of difficulties." Nabil has always been open about his disability and sees it as "a way to educate other people."

As a member of the Ba-

ha'i Faith, a relatively new but growing global religion, Nabil believes "There is no relationship between the physical body and its ailments or its imperfections, or its disabilities and the soul."

Quoting the Baha'i sacred writings, Nabil said, "Men who suffer not attain no perfection. The plant most pruned by the gardener is that one which, when the summer comes, will have the most beautiful blossoms and the most abundant fruit."

What is it like to be disabled? Nabil said, "Since I've

always been disabled, it's hard to tell you what it's like." For Nabil, it would be like trying to explain one's own racial or cultural experience: "How would you know? You've always been (what you are) so you have no (other) point of view."

But Nabil feels there is no more reason to be wary of speaking or interacting with a disabled person than anytone else. "Most of the time I invite little children to ask me whatever they want because it is a way to educate them about people with disabilities."

Nabil did not suggest that "anybody just go up to people and start asking them relatively personal questions," But he said, "Chidren are a different story."

Nabil said kids often approach him and ask, "What happened to you?" or "Why are you in that wheelchair?" and he tries to answer them as best he can. There sometimes are complications, however. "Sometimes, well, a lot of times, their parents are less than accommodating. They think it's rude or impolite or something else, and they discourage their children from learning, which is very unfortunate."

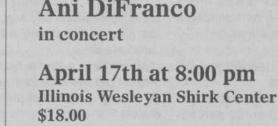
Nabil lives alone in a lowincome subsidized apartment complex in Urbana. His goals are to land a job — despite some apparent discrimination towards from a few of the employers to whom he's applied — and eventually to run his own computer sales business, be an internet service provider, and design web sites.

"Luecke and I also like to skateboard as often as possible in the summer," said Barbour. "It's a lot easier to have time to skate in the summer than it is to make time to snowboard in the in the winter."

Transgression can be found bounding around the state line, playing shows frequently. "People can find us most of the time in Freeport, but we also play a lot of shows across Northern Illinois and Southern Wisconsin whenever we can, school permitting," said Luecke. "And if you come to see us, but a tape. It's only four bucks." Located at Pages For All Ages Bookstore In the Olde Farm Shoppes

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WEDNESDAY, APRIL 8, 1998

Features

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- Answers on page 2

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Classifieds

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THE PARKLAND PROSPECTUS WEDNESDAY, APRIL 8, 1998

P.C. track team has Danville Wonder Twins Track season on the right 'Rhoades'

BY: NICK TRAXLER **PROSPECTUS STAFF WRITER**

Rhoades Jesse of Monticello is in his first year at Parkland college and already four year universities are trying to steal him away. Rhoades, another of Coach Jeff Bovee's talented local track products is tearing his way through his freshman campaign. Throwing the shot put, discus, hammer, and even the javelin he is placing high against the best of the best.

In Alabama Jesse threw the shot and disc. In both events he placed thirteenth and although he knows he can and will improve he was happy with a top fifteen showing versus many junior and senior

praise for this young coach. In a recent interview Reed

said, " Jeff has made incredible strides in just over a year and a half at Parkland College. With close to a full roster now and much of it local talent, he has already tied for a region indoor championship and for his teams I am confident they will achieve every goal they set for themselves."

the tremendous impact Bovee and his entire staff have made in the female junior college track realm. With this resurgence in both Men's and track these women's student/athletes and their coaches have represented

BY: NICK TRAXLER **PROSPECTUS STAFF WRITER**

Danville natives Ricco and Rocco Reed are doing their best impersonations of modern day Wonder Twins.

The two freshman sprinters are trying to boost the acclaim of Parkland's rejuvenated track squad. With both runners placing in the top 15 in the last two meets versus stiff competition, Rocco says that things are looking up for Parkland track.

In Alabama recently the twins raced against Reed also commented on four year college athletes and junior college runners as well. The competition was somewhat new to Rocco. In a brief interview he explained, " In high school I placed fifth in state and was always among the very best in my event, 110 high hurdles. Now I am running against World class athletes. This has made me raise my competitive level. Ricco and I both."

Rocco also expressed a certain happiness Parkland extremely well. Next about his new found home in Champaign sayweek more on the Women's ing, "My brother and I have wanted to get out of

Danville for awhile and after Coach Bovee expressed interest in us, we were glad to come to Parkland to compete."

Ricco is the 400m and 200m runner of the family and they team up with fellow team members Curtis Blanden and Jesse Reed on the 4x100 relay. Their talents were again displayed most recently at Eastern Illinois. In that meet Rocco dominated even 4 year competition by racing to a time of 14.36sec. and taking first place. The time also qualified him for Nationals. Ricco, who is "banged up," according to his brother still placed in the top ten in both the 400 and 200.

As the season progresses these two hope to help Parkland dominate the upcoming Super regional to be held here at Parkland in one month.



four year school competitors.	track and field tear	n members.		
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Rhoades and things can only	51	AFNIL IJJU		Heartland Wireless Cable, Channel 50
get better for this young field	A			
event specialist. When asked	WEDNESDAY	/, APRIL 8		rooms more user friendly for all
about where he would like to				students.
go after next year Rhoades	6:00 p.m.	CROSSROADS CAFE	6:30 p. m.	REAL PEOPLE, REAL STORIES,
replied, " although I don't want	0.00	Opportunity Knocks		REAL JOBS
to look too far ahead, I know I	6:30 p.m.	The People's Choice		What do you do when you lose
want to compete for a four year	7:00 p.m.	Outside Looking In Walls and Bridges		your job and don't know where to turn? See how others have turned
	7:30 p.m. 8:00 p.m.	BLACK HISTORY MONTH		their lives around with around with
school in the south." Florida	0.00 p.m.	GOSPEL CONCERT, 1998		the help of JTPA and Parkland Col-
State would be nice," he	9:00 p.m.	PARKLAND REPORT		lege
added.	5.00 p.m.	Parkland's Agricultural Programs	7:00 p.m.	GOALS 2000: THINKING COL-
Teaming up with Rhoades		Bruce Henrikson & Larry Thurow	Tree pin	LEGE EARLY: PREPARING AC-
to bolster Parkland's field				DEMICALLY AND FINANCIALLY
event showing is high jumper	SUNDAY, API	RIL 12		U.S. Department of Education
Jared Pals. The freshman from			KOD LI	town meeting to help parents,
Effingham is placing high in	10:00 a.m 1	0:00 p.m. Classic Arts Showcase	Nostra da d	teachers, and students understand
every meet and dominating	6:00 P.M.	PARKLAND CHALLENGE		the payoff of preparing for and
junior college foes. According		HIGH SCHOOL QUIZ BOWLS		going to college; and the vital im
to Rhoades, they are constant-	Mary and a start of the	Deland Weldon vs. GMCS		portance of preparing academically
ly improving. "Coach Carl and	6:30 p.m.	Deland Weldon vs. Monticello		and financially for college early in
Coach Wilson are outstanding	7:00 p.m.	PARKLAND COMMUNITY		middle school.
coaches that compliment		FORUM PROJECT 18 & THE	8:00 p.m.	APPLES MAGAZINE:
		YOUNG CHILD		Introduction to the project approach
Coach Bovee's style."		Louise Allen, moderator, with	9:00 p.m.	A DAY IN THE LIFE OF A CHINESE
That style is a hard-nosed		guests Jeanne Gerriets, Director of		AMERICAN WOMAN
approach to the sport that		Project 18, Judy Hartley, Child		Brown bag presentation, Office of
Coach Bovee has brought with	NAMES OF TAXABLE	Care Resource Service, U of I; and	1000 C	Women's Programs and Services
him from his days as a track	Part and had yo	Krista Jones, Public Health Dis-		
co-captain at the University of	A Stranger Barrier	trict's Healthy Moms, Healthy Kids	TUESDAY, AP	HIL 14
Arizona. Bovee was Pac-12	9:00 p.m	IMAGINING THE 20TH CENTURY	PHISMA:	1) Bertolt Brecht
champion in the 800 meters	8:00 p.m.	Exploring the old passages and	Maria Charles	2) Germany's Educational Appren-
while at the U of A and brings		side doors of our collective memo-	Render in	tice System
an incredible amount of knowl-		ry. Presentation by U of I History of	6:00 p.m.	PRISMA IN ENGLISH
edge and experience to		Professors Charles C. Stewart and	6:30 p.m.	PRISMA IN GERMAN
Parkland.		Diane P. Koenker to Parkland Life	7:00 p.m.	PRISMA IN FRENCH
Athletic Director, Jim Reed		long Learning Institute.	8:00 p.m.	GERMAN SCENE IN ENGLISH,
has had nothing but high	9:00 p.m.	BEHIND THE SCENES IN PRODUC-	<u></u>	The Gummy Bear Collection from
nas nau notning but nigh		TION AT WILL-TV.		the Rhine; Expo 2000 World's Fair
	and realizabilities a	Presentation by Allison Davis, pro-	ારલ ક	Projects in Hanover; Young Cycling
		ducer of Praine Fire, to the Park-	- 32.98 - 90	Talents Follow on the Tracks of Idol
	AND COLONY & REALING	land Lifelong Learning Institute.		Jan Ullrich; A European Research
11 0				Probe Heads Toward Titan; Markel
Cobras	MONDAY, AP	RIL 13		Model Trains; Tennis Star Micheal
a nonna 1	a particular and			Stich Helps HIV-Infected Children,
		ATING INCLUSIVE EDUCATIONAL COM	1000 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	and more.
	MUN	ITIES	8:30 p.m.	GERMAN SCENE, in German
		Educators tell about making class-	9:00 p.m.	GERMANY LIVE