



This little vegan went to Market: Chrissie McKenney looks to the Farmer's Market for sustenance, p.2



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How to survive Parkland

By: CASSANDRA CUNNINGHAM AND AARON GEIGER

Editorial Staff

Ack! I just drove around for hours looking for a parking spot, I got lost looking for all of the different wings of the school, I don't know where I can find my lunch, I don't know what professors are good, and I have no idea what is going on!

Parkland is a different kind of a college. It is full of nooks and side hallways, and each one seems to harbor something new and interesting. If you take a walk around the campus, you're likely to run across beautiful landscaping, the planetarium, all sorts of athletics facilities, a "hidden" radio station, the student newspaper, a television studio, a student test kitchen, a mechanic's full-sized garage, and the list goes on and on. It's overwhelming, quite frankly.

But here's a list to help you, the new (or seasoned) student, to get a head start of making the most out of your college experience. If anything, find out just a few tips to keep you out of trouble:

—Know your food options

Isolated from the culinary delights that are mostly located downtown and around the University campus, Parkland students are usually forced to find grubbage on the Parkland campus. There are essentially two areas (besides the vending machines): Gulliver's cafeteria, and a dual-restaurant stand that serves subs and pizza. Here are a couple of pointers when ordering from Gulliver's: 1. You need to beware of purchasing food separately. For example, if you buy a salad, French fries, and a drink, you're going to end up paying somewhere over seven dollars! Look for their meal packages to find something affordable. There are also some options to create your own salad or sandwich, and their "hot bar" changes daily. Also keep in mind that the double restaur-



Aliesha Renolds and Levi Norman/Prospectus

ant closes in the afternoon, so you won't find anything to eat other than the cafeteria—if that happens, and you want just a quick snack, duck into the bookstore right across the hall for a selection on par with a small gas station.

—Take a course taught by Batsie, or some other award-winning faculty

Batsie is adored by most students. He teaches psychology and sociology classes with random outbursts and off-subject tangents, and keeps students on their toes. He offers many creative assignments, easy tests, field trips to prisons and a wide variety of knowledge in his field. Students learn but have tons of fun doing it. The key to having a great college experience is to find the faculty that will challenge you, and they are all over the place—just ask some older students about their favorite professors, and look into the courses.

—Get in line for book buybacks early!

This one is simple. Most people spend 30 minutes in the longest line in America and get to the front and their book is either ineligible for buyback

that walks down the aisles. Tie up those hiking boots because it's highly likely that you'll be in the last parking spot before you get to Mahomet. Take note of which lot you parked in, and which wing you walk into.

ing out from in between SUVs, and you won't be able to see them coming. Slow down. It's okay to be late, instead of late with a totaled vehicle and a broken collarbone.

—Utilize Public Safety

The cops on campus are nice, and very helpful. Make sure you get to know a couple of them. In addition to providing security for the campus, they also assist students with questions. Did you lock yourself out of your car? Did you leave your lights on, and killed your car battery? Are you parked in a dark spot at the end of campus at night, and need an escort? Did you leave your backpack in a locked classroom? Talk to the campus cops, and you'll find they are great assets.

—Walk through the school during your first week of classes

Parkland is one big building of confusion to new students. With tons of hallways

and secret passages, one would think its Hogwarts Academy! Most first time students end up late to the first day because from point a to point b usually ends up being from point A to C to G to Z to B. Don't be afraid to ask someone where to go. Keep a spare map of the campus zipped up in the pocket of that brand new book bag.

—Get involved

Many people think that just because Parkland is a community college that they shouldn't get involved or that there aren't many activities to get involved in. Wrong! There are tons of clubs to join and tons of ways to get involved. From blood drives to culture clubs, Parkland offers students chances to get involved in school and in the community. Here's a hint: social clubs look good on your applications to 4-year schools and the workplace.

—Get into the local media hotspots on campus

Don't be timid, go take a walk around, and visit the following media offices: Prospectus News, the weekly student newspaper that appears in print and online; 88.7 the Wave radio station, headed by Eleni Kametas; and PCTV, the local television channel that tapes shows in a studio between the X- and D-wings.

—Do not get on Facebook or Myspace in the library

When they say it, they mean it. The librarians are not playing! They make rounds and make sure everyone is doing their homework or something important rather than surfing social sites. That is what the computer labs are for. If there are students waiting and people are just checking their friend requests and status updates be kind and get up. I guess it goes without saying that you shouldn't look up anything your mother would disapprove of, if you know what I mean.

—Take advantage of tutoring and writing labs

There is no reason students

See **Survive** on page 5



or, it will be worth three bucks.

—Parking Wars

Parking lots fill up quick, so don't count on getting a close spot for that 10 a.m. class unless you come prepared to drive in circles and stalk every person

Parkland is kind of like a maze to new students. And if you're late to class, don't tear across the parking lot looking for the phantom space, because every year there are several accidents, and students are walk-

Vinyl records spin their way back into the mix

By SEAN HERMANN, Assistant Editor

Vinyl records have been around for just about seventy years now and while a number of people believe that it's a craze of the past, generations of music fanatics are now proving them wrong.

Music collectors of all ages are getting in on the new vinyl obsession, while many have stayed devoted to their beloved vinyl.

"I still have people buying vinyl like it was the only (music) medium, along with the next generation who are buying the new "indie" titles as well as the classics of generations past," said Tim Williams, owner of Any Frequency, a record store in Monticello.

Williams said that there have been a wide variety of buyers in his store during the comeback.

"I see male and female customers anywhere from 14 to 60 years old," he said.

So what makes vinyl so appealing to such a wide range of consumers?

"There is so much nostalgia around it and it's a great col-



Samantha Hylla/Prospectus

lectable, said Williams. "People have so much music on so

many different devices, but a record is different. You know

that when you take the time to physically go to the store and

buy a record and then take the time to play it, that there's a

personal attachment between yourself and the record."

Sure, you may have a personal attachment to an album you downloaded for free on the Internet in the past few years, but just the action of actually going out and buying a record shows a vast musical passion.

"Music has become so disposable. The marketing of bigger box stores and on-line sites, which widen access to music, deflate (music's) value. Records, on the other hand, show a passionate side of music because of the attachment to it," said Williams.

Why do you think the price of a CD shot up to \$20? Not enough people were dedicated to music to spend that much. Paying 99 cents for a song on iTunes might be cheaper and easier if you only want a handful of songs from an album, but there's still no connection with that artist from buying only a few songs. Physically buying a record and taking the time to play it and set it on your favorite tracks shows your bond with the record.

One question that may come in mind if you are new to vinyl

See **VINYL** on page 5

Chuck Shepherd's News of the Weird

Market Week

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• Views expressed are opinions of staff and contributors and not necessarily that of the Prospectus or Parkland College.

• The Prospectus welcomes letters to the editor. We accept submissions from the Parkland community and the public. The editor will also consider original works of fiction and short writings if space is available.

• The rules of correspondence: all submissions must be signed with a phone number and address. The Prospectus staff must verify the identity of letter writers. Correspondence may be edited to accommodate the space requirements of the paper. The deadline for all submissions is 12 p.m. of the Thursday immediately before the upcoming issue.



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LEAD STORY

Donald Duck may be a lovable icon of comic mishap to American youngsters, but in Germany, he is wise and complicated and retains followers well past their childhoods. Using licensed Disney storyline and art, the legendary translator Erika Fuchs created an erudite Donald, who often "quotes from German literature, speaks in grammatically complex sentences, and is prone to philosophical musings," according to a May Wall Street Journal dispatch. Though Donald and Uncle Scrooge ("Dagoberto") speak in a lofty richness, nephews Tick, Trick and Track use the slang of youth. Recently in Stuttgart, academics gathered for the 32nd annual convention of the "German Organization for Non-Commercial Followers of Pure Donaldism," with presentations on such topics as Duckburg's solar system.

Bright Ideas

—The preferred "disciplinary" tactic of Tampa, Fla., high school assistant principal Olayinka Alege, 28, is to have under-performing students remove a shoe so he can "pop" their toes. Five students at King High School complained, triggering a sheriff's office investigation, but Alege was cleared, and indeed, the students admit that the popping is painless (though "weird," said some). One apparently incorrigible student said his toes had been popped 20 times. However, the principal recently ordered Alege to stop.

—Chicago banker George Michael, seeking to avoid \$80,000 a year in property taxes, decided to call his \$3 million mansion a "church" and apply for tax exemption as pastor, and in July 2008, his application was somehow preliminarily approved by the Illinois Department of Revenue. According to a Chicago Tribune report, the application included a photograph of the "church," which was just a shot of an outer wall of Michael's house with a large cross on it, except that the cross was later discovered to have been merely placed on the photograph in marker pen. In July 2009, a state administrative law judge finally reversed the earlier approval.

Leading Economic Indicators

—The Economy Is Working: (1) Carole Bohanan was hired among 300 applicants by the Wookey Hole tourist facility in Somerset, England, in July to be its witch-in-residence, at a pro-rated annual salary of the equivalent of about \$83,000. The witch's job is to linger in the caves full-time during tourist season, looking like a hag and cackling. (2) Officials in Heath, Ohio, might have solved their budget problems. The town (population 8,500) reported in July that its new, six-intersection traffic-camera ticketing system issued 10,000 citations in its first four weeks. (Nonetheless, officials admitted that was too many and were discussing how to ease up.)

—The Economy Is Fail-

ing: (1) A 36-year-old woman pleaded guilty to prostitution in Oklahoma City in June, for giving oral sex to a Frito-Lay employee in exchange for a case of chips. (2) In an interview with the Toronto Star in June, a 36-year-old drag queen, who said he usually gets \$60 for oral sex, was lately receiving offers as low as \$5. Said "Ray": "I didn't spend two hours getting my makeup on and all dressed up for (\$5)."

Things That Live in the Water

—"Goose barnacles": A 6-foot-long log composed of hundreds of barnacles, locked together, washed ashore near Swansea, Wales, in August. Each of the barnacles uses tentacles for snatching food, and a 6-foot mass of snake-like appendages, writhing simultaneously, terrified local beachgoers. Scientists said goose barnacles usually remain on the ocean floor.

—"Tubifex worms": Using a flexible-hose camera, public utility officials in Raleigh, N.C., inspected a faulty water pipe under the Cameron Village shopping district in April and found a pulsating, tennis-ball-size mass attached to a pipe wall. Local biologists identified it as a colony of tubifex worms that navigated the system until finding a propitious feeding spot. Officials have attempted to assure residents that the worms are somehow no threat to water quality.

Cutting-Edge Breakthroughs

(1) In April, researchers at the Huntsman Cancer Institute in Salt Lake City reported the ability to encase scorpion venom in "nanoparticles" that were somehow able to guide the venom intravenously to the human brain, to attack tumors, potentially doubling the venom's success rate. (2) A team from Britain's University of Warwick announced in April that it had built a speedy, fully functioning Formula 3 race car using biodegradable ingredients in the frame (including carrots, potatoes and soybean foam) and chocolate oils in the fuel.

News That Sounds Like a Joke

(1) A 114-pound tortoise, part of the Zambini Family Circus performing in Madison, Wis., in July, escaped. He actually made good time on his dash for freedom, covering two miles in six days before being spotted. (2) About 20 men were present for a Belgian body builders' championship in May when three anti-doping officials arrived unexpectedly and requested urine samples. Every single contestant abruptly grabbed his gear and fled, according to press reports, and the event was canceled.

Creme de la Weird

According to prosecutors in Britain's Preston Crown Court in July, Christopher Monks, 24, wanted two things (based on transcribed Internet chat room dialogue): his parents killed and his penis bitten off. As the Internet is fertile ground for communities of sexual aberrants, Monks easily found a

man, Shaun Skarnes, 19, who was searching to accommodate someone on the latter desire and who allegedly agreed to kill Monks' parents in exchange. However, Skarnes botched the killings, and Monks, himself, is still intact.

Recurring Themes

No Respect: (1) The latest community to challenge the taboo about disturbing a graveyard is Peoria, Ill., where the Lincoln Branch Library is planning an expansion, though on land that was a 19th-century burial ground. By law, all bodies must be preserved, but each exploratory dig turns up more bodies, driving up costs to the city. (2) Neighborhoods near the Wimbledon tennis tournament in suburban London are typically clogged in June, as visitors scramble for parking space. This year, nearby St. Mary's Church sold parking for 20 pounds a day (about \$33), even though the space offered was directly above gravesites in the church's cemetery.

The Jesus and Virgin Mary World Tour

Latest Playdates: Las Vegas, August (Jesus on a sticker on woman's toilet lid); Bryan, Texas, July (Mary on a bird dropping on the side mirror of a pickup truck); Ravena, N.Y., June (Jesus in a coffee stain on a mason jar); Dallas, May (Jesus-shaped piece in a bag of Cheetos); Harlingen, Texas, May (Mary's image on a dry-cleaning company's press); Calexico, Calif., April (Mary on the griddle of the Las Palmas restaurant); New Gloucester, Maine (Jesus on the neck of a guitar); Sudbury, Ontario, April (Jesus on a maple leaf being raked); Netherlands, April (Jesus on a Kit Kat bar). (Only the news report of the Bryan, Texas, sighting indicated that pilgrims were actually visiting the site to pray.)

A News of the Weird Classic (March 1998)

Among the exhibits at the Impulse to Collect show at San Jose State University in February 1998 were Chris Daubert's "Chromatic extrusions rodenta" (rats' droppings following their ingestion of various of his oil paints), Maryly Snow's collection of 696 toothbrushes (each catalogued on 13 attributes), and Bob Rasmussen's variety of unrelated items containing red X's. Among the exhibits rejected were a man's huge mass of dryer lint, another's assortment of cat snot on slides, and yet another's 15-year collection of umbilical cords. Said organizer Theta Belcher, on what makes a real collector: "They take it that one step too far."

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CHUCK SHEPHERD

By **CHRISSE MCKENNEY**
Nutrition Columnist

When I was growing up in Mississippi, we always had a vegetable garden during the summer—so did many of our neighbors. We were never short on tomatoes, corn, bell peppers, zucchini, cucumbers, or any of the other wonder-

Market at the Square in Urbana is the best known farmer's market in the C-U area. Located in the Lincoln Square Mall parking lot (at the corner of Illinois and Vine) it is open from 7:30 a.m.-noon on Saturdays from the second week in May through the first week in November. This market is a beautiful thing, with numerous



Samantha Hylla/Prospectus

ful standards of summertime. When I moved out on my own, and my parents moved themselves and their garden back to Georgia, however, I was stuck with grocery store produce. I lived in apartments or in rental houses where the landlord was not too excited about the thought of my ripping up the lawn to put in more practical and functional plants. I would have gone to a farmer's market, if I had known what that meant or where to find one, but I didn't.

Now I am a semi-grown up with a house and a yard that I can transform any way I like (as long as it doesn't violate the neighborhood covenant). I travel a lot, though, especially in the summer—not the best strategy for successful garden maintenance. The sweet peas that I planted at the end of winter were coming along nicely when I went to Mexico for two weeks in June (a short trip for me). When I returned, the poor little peas had been completely strangled by weeds. If I had been gone much longer, I might not have been able to find the garden at all.

This sort of thing happens a lot in my yard and has forcefully reduced my gardening efforts to staking the volunteer tomato plants that come back each year, and watering the lone Japanese eggplant that I grow in a pot on the back porch. The tomatoes and eggplants are delicious and wonderful, but if I want other fresh veggies, I am out of luck. Fortunately, I have finally discovered farmer's markets and there are several not too far from my virtually gardenless yard.

vendors from around the state selling fresh produce, baked goods, hand-made crafts, and even ice cream, but Saturday mornings may not be the most convenient time for produce-shopping. Last year I was working on Saturday mornings for most of the market season. No Market for me. I no longer work on Saturday mornings, but even when I can make it to the Market before noon on a Saturday, I never manage to buy everything I need for the week. Sometimes I need a zucchini on Wednesday, but my veggie bin is already bare. I could always run to the grocery store, but luckily, I don't have to. Market at the Square may be the biggest and longest-running, but they are not the only market in town.

You may have noticed another market right at Parkland's front door. On Wednesday mornings from 7-1 p.m., vendors are set up on the Mattis Avenue side of the County Fair parking lot (located at the NW corner of Mattis and Springfield). This market runs from June through the end of October. On Thursdays there are three other markets around town. All the way out in the far distant region of South Neil Street in the Shoppes at Knollwood parking lot (2131 S. Neil St.), there is a small market from 8 a.m.-1 p.m. on Thursdays, which will run until mid-November. During the same hours there is also a market in the parking lot of the Champaign-Urbana Public Health District at 201 West Kenyon Road in Champaign. It will be around until the end of Octo-

See Market on page 7

OPEN AUDITIONS

LEND ME A TENOR- Comedy!

By Ken Ludwig

Director: Thom Schnarre
Parkland College Theatre

Saturday, August 29, 2009
1pm-5pm

Casting 4 men & 4 women. Audition will consist of short readings from the script. Readings and character descriptions can be found online at www.parkland.edu/theatre. Men should also be prepared to sing (a cappella) 16 bars of a lyric opera song or classic Christmas carol. Auditions are open to all members of the community, Parkland & U of I students. We encourage diversity! Rehearsals will begin shortly after casting. Performances: Sept. 30 - Oct. 11. Questions? Call 353-2015.

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University of Illinois students react to school's admissions scandal

By DAN SIMMONS
Chicago Tribune

CHAMPAIGN, Ill.—As an admissions scandal continues to make news, thousands of students converged on the University of Illinois campus over the weekend for the start of undergraduate classes Monday.

The mood among students was back-to-school euphoric and most — but not all — said they're willing to forgive and forget about the summer scandal.

"I love this school so much and didn't want the controversy to affect me," said Nicolette Theotikos, an 18-year-old freshman. "I wasn't involved and I don't approve of what happened, but I still think this is a great school."

Others weren't as charitable. "I feel there hasn't been enough heat put on the president and the chancellor," said Julien Ball, 33, a graduate student in library science from Chicago.

Ball is part of "No to Clout Admissions," a student group

that handed out fliers on campus Sunday and hopes to organize a larger movement to pressure the administration more aggressively for the scandal. The group faults administration policies that, it said, have made the state's most prestigious university too expensive and out-of-reach for poor and minority students.

"It's not just about clout in admissions," Ball said. "While clout was going on, access for the rest of us was being limited, as well."

The campus buzzed with the usual back-to-school energy on Friday.

Friends tossed frisbees on the campus Quad. Mothers gave tear-stained goodbye hugs to sons and daughters. Newly minted freshmen walked out of the bookstore dressed in Illini orange.

Many students said it was especially good to be on campus this year after having to answer questions from skeptical friends and family this summer.

"I'd say, 'I'm going to U of I and people would be like, 'Oh, who do you know? How'd you get in?'" said freshman Rachel Zwilling, 18.



The questions came in response to a state investigation of a shadow admissions system that gave preferential treatment to students with ties to trustees, politicians and deep-pocketed donors.

About 800 undergraduate applicants had their names placed on clout lists, known internally as Category I, at the

Urbana-Champaign campus during the last five years, a Tribune investigation found. Dozens more received special consideration from the law school

in the steps of her father and uncles.

She never doubted her choice.

"I know I got in for all the right reasons," she said, "and I've always felt comfortable on this campus."

Meanwhile, the scandal cast the university in a new light—a more positive light—for at least one student.

"I was surprised to hear people were willing to go through histrionics at that level just to get people in here," said Karl Goetze, 45, a doctoral student in classics. He didn't realize how coveted and hotly contested an admissions spot was. In that way, the scandal boosted the school's reputation, he said.

There was no need to tell Jacob Lim about the school's reputation. The 27-year-old from Seoul, South Korea, arrived on campus last week to start an undergraduate degree in economics. He said the university enjoys a reputation in Korea as one of the top public universities in the U.S., a reputation that "always made me

want to come here."

But he admitted the admissions scandal, which he read about online throughout the summer at home, cast the school in a darker light.

"I didn't think major American universities did stuff like that," he said. "It's unfair. Everybody should get the same chance."

While most students said the revelations disturbed them, many said they weren't too surprised.

"That's how life is," said Obinna Osuji, a 19-year-old sophomore from Chicago. "People with power and money get ahead."

He said the preferential admissions probably happen at every college, "but we just got caught."

Meanwhile, he excused himself to take a cell phone call.

Friday night was quickly approaching and he—like the rest of campus—had plans to make and friends to see.

(c) 2009
Chicago Tribune.

Swine flu shots on track so far

By ALAN BAVLEY
Kansas City Star

KANSAS CITY, Mo.—Everything so far is on schedule to begin delivering swine flu shots to the public by October.

Government officials already are working with manufacturers to package the vaccine in vials—the "fill and finish" stage—for distribution to doctors and clinics and hospitals.

About 50 million vaccine doses should be ready by mid-October, officials are saying.

Swine flu vaccine tests started on adults about two

weeks ago at medical centers across the country. Tests on children began last week at various locations.

Scientists are still monitoring safety data. And they don't yet know if we'll need one shot or two to gain enough protection against this H1N1 virus.

"It's possible we'll see two peaks," one of swine flu and one of seasonal flu, said Norman Edelman, chief medical officer of the American Lung Association.

Swine flu recently subsided in the U.S. When the new flu season starts, there could be an upsurge in cases.

Or maybe not.

And while most cases so far have been relatively mild, swine flu has put almost 8,000 people in the hospital and caused more than 500 deaths in the United States.

Here's what we do know: Who has top priority for the first available doses of swine flu vaccine?

The Centers for Disease Control and Prevention has adopted a list of people who should get the vaccine first when supplies are limited:

- Pregnant women.
- People who live with or care for children younger than

6 months of age.

—Health care and emergency services personnel.

—Young people 6 months to 24 years old.

Anyone 25 to 64 who has a medical condition, such as heart disease or diabetes, that puts them at higher risk from flu.

Why are older people not included among the priority groups?

Older people usually are among the most vulnerable to flu. But this time, the young top the list.

There's been a high swine flu infection rate among children, and children and young adults have accounted for more than half the swine flu deaths, said Jay Butler, director of the CDC's H1N1 vaccine task force.

Older people may have some swine flu immunity from their experience with previous flu seasons.

"There's no level of immunity among children," Butler said.

And as children come in

close contact at school, we run the risk of amplifying the spread of the virus, said Sharon Frey, a physician who is leading one of the vaccine studies at St. Louis University.

"The older people are doing better (with swine flu) than the younger people. The younger people are at greater risk," Frey said.

"The children haven't seen it, so they'll be infected by it, and they spread it among themselves and then to their parents."

Is the swine flu vaccine safe? The preliminary evidence looks promising.

"There are no red flags regarding safety," said Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases.

The first couple of weeks of testing on adults has not turned up any side effects, other than occasional pain and swelling where the vaccine is injected into the arm.

The same things can happen with regular seasonal flu vaccine.

After reviewing the initial findings from the first week of tests on adults, a federal safety panel cleared the way for tests to begin on children.

If I get the swine flu vaccine,

will I be protected against regular seasonal flu?

Unfortunately, no.

Seasonal flu shots will protect against three viruses expected to be most prevalent this fall and winter. But swine flu is caused by a new virus that isn't included in the seasonal vaccine.

"The seasonal flu is not going away. It's just as important (to be vaccinated) as it was last year or the year before," said Edelman of the American Lung Association.

Tests are under way at St. Louis University and elsewhere to determine whether getting the swine flu vaccine with the seasonal vaccine offers any advantages to immunity.

But the seasonal flu vaccine is expected to be available in September, ahead of the swine flu shots. And Edelman recommended getting a seasonal flu shot right away.

"It should be plentiful," he said. "Get it early. Get it in September and October."

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The Kansas City Star.

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Budget deficit to top record \$1.58 trillion

By DAVID LIGHTMAN AND KEVIN G. HALL
McClatchy Newspapers

WASHINGTON—The White House and the nonpartisan Congressional Budget Office said Tuesday that this year's federal budget deficit will top \$1.58 trillion, less than projected this spring but still historically high—high enough to pose serious problems for President Barack Obama's agenda.

"Overall," said budget director Peter Orszag, the new forecast "underscores the dire fiscal situation that we inherited and the need for serious steps to put our nation back on a sustainable fiscal path."

Republicans quickly pounced at the latest numbers, which would shatter the previous deficit record, set last year, of \$455 billion.

"The alarm bells on our nation's fiscal condition have

now become a siren," said Senate Minority Leader Mitch McConnell of Kentucky.

Democrats insisted that the new numbers, contained in separately issued reports, were hardly surprising—a view largely shared by independent analysts. Obama loyalists insisted the forecast would not derail the president's most important 2009 initiative, his plan to overhaul the nation's health care system.

"The single most important thing we can do to improve the long-term fiscal health of our nation is slow the growth rate in health care costs," said House Speaker Nancy Pelosi, D-Calif.

Obama is also seeking other potentially costly programs, notably curbs on global warming and perhaps extending some of this year's economic stimulus programs.

Many prominent economists think there is no alterna-

tive to unusually high deficits, because the financial crisis that exploded last September has deeply damaged credit markets and lending, leaving the private sector weakened and in no state to lead a recovery.

"It's scary, but all that it reflects is a weaker forecast. It doesn't change anything about what has to be done," said James K. Galbraith, a University of Texas economist who thinks that government spending is necessary regardless of how large the deficit grows.

"There is no way around this. If the private economy starts to recover, and you start to get private (sector) contribution ... then the budget deficit will fall and anything you are doing can be scaled back," he said.

The new deficit forecasts are below the White House's \$1.84 trillion May number for the fiscal year ending Oct. 1, as administration estimates of funding needed for financial

industry rescues declined.

However, the new figures still mean the deficit would total 11.2 percent of gross domestic product, a post-World War II record. And the White House's "mid-session review" of the budget predicted that during the next 10 years, deficits would total about \$9.05 trillion, up from the \$7.1 trillion it forecast earlier this year.

The CBO stuck to the \$7.1 trillion figure, assuming that Bush-era tax cuts set to expire after next year will expire. The White House assumes that some of the tax cuts will remain, since Obama has said he doesn't want to raise taxes on the middle class, though he's indicated he'd raise taxes on the wealthy.

The CBO had some good news, predicting that the economy would grow at an annual rate of 1.6 percent in the second half of this year, after sharp declines in the first half.

But it anticipated at least several more months of employment losses. The CBO saw unemployment, 9.4 percent last month, averaging 10.2 percent next year before falling to 9.1 percent in 2011.

The timing of the new figure's release suggested the Obama administration fears its impact. Congress is in the middle of a monthlong summer break, Obama was on vacation in Massachusetts, and the data were unveiled a half-hour after the president nominated Federal Reserve Board Chairman Ben Bernanke to another term.

When Congress returns Sept. 8, it faces a host of budget-related challenges. The House is expected to consider a health care overhaul, and while Pelosi insists that it won't increase the deficit, others are skeptical.

At the same time, lawmakers will be racing to finish the budget for fiscal year 2010 before

See Deficit on page 6

MARKET

continued from page 2

ber. For people who have difficulty getting up before noon on any morning, much less on Saturdays, there is market in downtown Champaign on Thursday afternoons from 3-7. The market is set up in the Champaign Police Department parking lot on North First Street (between University and Washington). This one only lasts until August 27, however, so this week is your last chance to check it out. If you already frequent the Market at the Square, you will find familiar faces at these smaller markets. Many vendors sell their produce at multiple different markets throughout the week.

I miss being able to walk out into my yard and grab a fresh ear of corn to drop into a pot of boiling water waiting on the stove, but a quick trip to one of these weekly markets is not a bad substitute.

'Scopes Monkey Trial' of global warming science

By JIM TANKERSLEY
Tribune Washington Bureau

Tribune Washington Bureau WASHINGTON—The nation's largest business lobby wants to put the science of global warming on trial.

The U.S. Chamber of Commerce, trying to ward off potentially sweeping federal emissions regulations, is pushing the Environmental Protection Agency to hold a rare public hearing on the scientific evidence of man-made climate change.

Chamber officials say it would be "the Scopes Monkey Trial of the 21st century"—complete with witnesses, cross-examinations and a judge who would rule, essentially, on whether humans are warming the planet to dangerous effect.

"It would be evolution versus creationism," said William Kovacs, the chamber's senior vice president for environment, technology and regulatory affairs. "It would be the science of climate change on

trial." But the EPA is having none of it, calling such a hearing a "waste of time" and saying a threatened lawsuit by the chamber if the request is denied would be "frivolous." EPA spokesman Brendan Gilfillan said the agency based its proposed finding that global warming is a danger to public health "on the soundest peer-reviewed science available, which overwhelmingly indicates that climate change presents a threat to human health and welfare."

The goal of the chamber, which represents 3 million large and small businesses, is to ward off potentially sweeping federal emissions regulations by undercutting the scientific consensus over climate change. If the EPA denies the request, as expected, the chamber plans to take the fight to federal court. Environmentalists say the strategy is an attempt to sow political discord by challenging settled science—and note that in the famed 1925 Scopes Trial, which pitted lawyers

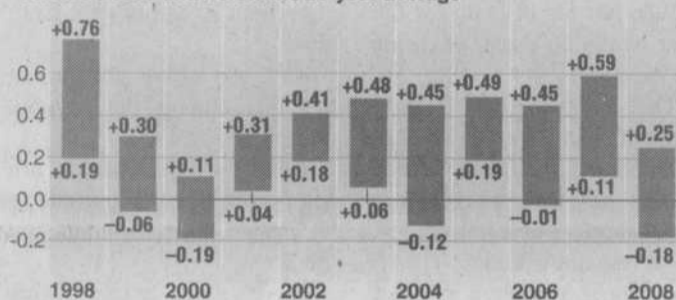
Clarence Darrow and William Jennings Bryan in a courtroom battle over a Tennessee science teacher accused of teaching evolution illegally, the scientists won.

The chamber proposal "brings

Temperature readings

Since reaching a record high in 1998, Earth's temperature has cooled slightly, giving ammunition to global warming skeptics. But most scientists say the fluctuations are normal and warming is continuing.

Range of Earth's temperature, January-December, in degrees Celsius above and below the 20-year average



Source: National Space Science and Technology Center, University of Alabama Huntsville
Graphic: Pat Carr © 2009 MCT

to mind for me the Salem witch trials, based on myth," said Brenda Ekwurzel, a climate scientist for the environmental group Union of Concerned Scientists. "In this case, it would be ignoring decades of publicly

accessible evidence." In the coming weeks, the EPA is set to formally declare that the heat-trapping gases scientists blame for climate change endanger human health and are thus subject to regulation

drawn more than 300,000 public comments. Many of them question scientists' projections that rising temperatures will lead to increased mortality rates, harmful pollution and extreme weather events such as hurricanes. In light of those comments, the chamber will tell the EPA in a filing on Tuesday that a trial-style public hearing—which is allowed under the law, but nearly unprecedented on this scale—is the only way to "make a fully informed, transparent decision with scientific integrity based on the actual record of the science." Most climate scientists agree that greenhouse gas emissions, caused by the burning of fossil fuels and other human activities, are warming the Earth. Using computer models and historical temperature data, those scientists predict the warming will accelerate unless humankind dramatically reduces its greenhouse emissions. "The need for urgent action to

address climate change is now indisputable," the heads of the top science agencies at 13 of the world's largest countries, including the head of the U.S. National Academy of Sciences, wrote in a letter to world leaders last month.

The EPA's endangerment finding for greenhouse gases, as proposed in April, warned that warmer temperatures would lead to "the increased, likelihood of more frequent and intense heat waves, more wildfires, degraded air quality, more heavy downpours and flooding, increased drought, greater sea level rise, more intense storms, harm to water resources, harm to agriculture, and harm to wildlife and ecosystems."

Critics of the finding say it's far from certain that warming will cause any harm at all. The Chamber of Commerce cites studies that predict higher temperatures will reduce mortality rates in the United States.

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Muslims worldwide see renaissance during Ramadan

By **MANYA A. BRACHEAR**
Chicago Tribune

Chicago Tribune

CHICAGO—When Hasan Mavric bit into a date to break his first Ramadan fast on Friday, the taste sparked a series of rituals he had never performed during the ninth and holiest month on the Islamic calendar.

After prostrating himself for the nightly recitation of verses from the Quran known as taraweeh, Mavric worked to elevate his awareness of God with additional prayers

at home after midnight. He expected to rise several hours later to pray again and share a light, pre-fast meal called suhur.

Every Thursday, Mavric also will preface the taraweeh with an abridged version of a ritual, known as dhikr, in which he and others in his Sufi order recite the 99 names of God.

It is the first time Mavric, a member of the Islamic Cultural

Center in Northbrook, Ill., has observed Ramadan as a Sufi, a Muslim who seeks a direct and personal relationship with God.

"It seems hard, but with heavenly support it's easy," said Mavric, 39, of Mt. Prospect, Ill., a member of the Naqshbandi Sufi order.

During Ramadan, Muslims are commanded to fast from dawn to dusk as a show of empathy for those less fortunate. The fast prohibits eating and drinking during daylight hours and forbids vices such as smoking, profanity and ill temper.

Though Sufi Muslims fast in the same prescribed fashion, they also recite extra prayers and abstain from vices for the purpose of expunging their ego

to connect with God.

"Fasting is the best weapon against the ego," Mavric said. "Nothing works better."

Mavric's piety reflects a worldwide renaissance of Islamic spirituality or the Sufi way that encourages heightened devotional activities, open-mindedness about all faiths and universal love.

Though some orthodox Muslims believe Sufis commit heresy by adding extra rituals to Islam's fundamental tenets, scholars say that at least half of the world's 1.2 billion Muslims have chosen to embrace a degree of Sufi practice, feeding

an apparent spiritual hunger and transforming the annual monthlong fast in many communities.

"Ramadan is clearly a high-water mark for spiritual practices for Muslims, especially for Sufis," said Carl Ernst, a professor of Islamic studies at the University of North Carolina in Chapel Hill.

"It's commonly believed that because of the importance of Ramadan, there will be more efficacy of late-night vigils. Special times, special effects."

Marcia Hermansen, a Loyola University Chicago professor and author of a forthcoming

book on Sufi devotion in America, said Sufi practice permeates almost every mosque, but many practitioners stay in the closet to avoid criticism. Ramadan is the one time of year when most Muslims share their spiritual intensity, she said.

But Laleh Bakhtiar, a former lecturer at the University of Chicago and the first woman to translate the Quran from Arabic into contemporary English, said Sufis' motives for performing acts of devotion during Ramadan come from a different place. Many Muslims adhere to the rules of Ramadan

VINYL

continued from page 1

records would be "How do records work?"

And you need is a record player and a record, but how do manufacturers put music onto a piece of vinyl? It's actually much simpler than you would think. The information is cut or pressed into the vinyl. The information is then extracted on playback by means of a transducer and stylus, which rides in the grooves of the vinyl and forms the motions into analog electrical information that can then be amplified and sent to a speaker where you can then hear the final product. Many people believe that vinyl records actually sound better than high quality MP3s and CDs, which is also another reason that vinyl is making a big comeback.

We've all seen our father's stack of crates in the attic, full of vinyl records from his school days, but vinyl dropped off during the 90's. Vinyl used to be the popular choice of music up until about ten years ago. As new ideas kept being introduced to consumers such as CD players, radios, MP3 players and high definition sound, attention was taken away from vinyl. While these hot new electronics were developed, fewer releases came out on vinyl.

Williams, who is a DJ, believes that DJs really kept vinyl records alive during the past decade. They were really the only ones who kept buying and using them and without them, vinyl may not even be alive today.

Even today vinyl is making a significant comeback, independent record stores have come together and developed special days to keep vinyl fans coming back, these special

days being Record Store Day and Vinyl Saturdays.

Record Store Day is "the one day that all of the independently owned record stores come together with artists to celebrate the art of music. Special vinyl and CD releases and various promotional products are made exclusively for the day and hundreds of artists in the United States and in various countries across the globe make special appearances and performances. Festivities include performances, cookouts, body painting, meet & greets with artists, parades, DJs spinning records and on and on," according to the Web site recordstoreday.com.

"Mothers, fathers, Christopher Columbus all had their own day, so why not record stores?" said Williams. What better way to celebrate music than to get free stuff and exclusive releases from your favorite artists?

April 19, 2008 marked the first annual record store day, and has been celebrated annually on the third Saturday of each April. Next year's record store day will be held on April 17, 2010. Vinyl Saturday, a mini version of record store day, is another big vinyl promotion day, held on the first Saturday of every month. The next upcoming vinyl Saturday will feature exclusive releases from the Avett Bros., Big Star, Mars Volta, and RX Bandits.

Any Frequency celebrates both Record Store Day and Vinyl Saturday.

"What I stock in the store is a balance of what is selling and what I hope to sell. I'm sure there is some algorithm turning in my head but I could never write it down," said Williams.

The best selling album to date

at Any Frequency is "Blacklisted" by Neko Case, while popular titles at the moment include the latest from Passion Pit, The Metric, Miiike Snow, Mars Volta and Wilco.

The store has some big plans on September 1—Any Frequency will move from their current location of the past five years, into a bigger location with plans to increase their music selection, build a stage and host a number in-store performances from artists and bands around the area.

Another local independent record store that participates in record store day and vinyl Saturday is Exile on Main St. in downtown Champaign. Exile on Main features many in store performances, sells tickets to local festivals and shows, and is C-U's only independent retailer of all things pop culture, according to their Web site.

If you call yourself a fan of music, you should own some vinyl. It is on the rise, so why not check out the vinyl frenzy for yourself? We have two great record stores right at our fingertips and if you have never been to one, now is a great time. Record players cost anywhere from \$50 to \$1000 and vinyl is usually a snag for the sound quality and awesome album art, at around \$4 to \$70 depending on how many albums are included and whether or not it's premium vinyl. Used vinyl records can be bought for as low as a penny, so no excuses for those broke students. Sit back and enjoy a nice day and play some vinyl while you study for your tests, you'll be happy you did.

Ill. health care town hall overflows

By **GEORGIA GARVEY**
Chicago Tribune

ARLINGTON HEIGHTS, Ill.—An Arlington Heights, Ill., town hall meeting on health care reform led to impassioned, overflow crowds chanting, carrying signs and forcing a second meeting.

U.S. Rep. Mark Kirk, a Republican from Highland Park, Ill., added the second session after about 800—on all sides of the debate showed up to voice their opinions.

Similar town hall meetings on health care across the country in recent weeks have drawn large and vocal crowds. People at Monday's meeting alternately cheered, booed and applauded—but stayed mostly civil in the question-and-answer format. Meanwhile, those left outside during the first meeting chanted competing slogans, holding signs such as, "Tort reform, insurer choice" and "Health care for all."

(The mostly middle-aged and older crowd in the first session tended to be more in favor of a public option, while a more mixed age group in the second session backed ideas such as tort reform and increasing insurer choice, two of Kirk's proposals.

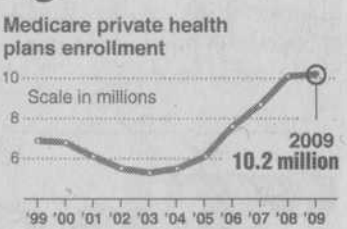
Kirk said he wished more lawmakers would hold similar town halls, calling them the "voice of the American people." He also discussed his own

proposal, which includes allowing people to buy insurance from providers in any state and reforming medical malpractice laws.

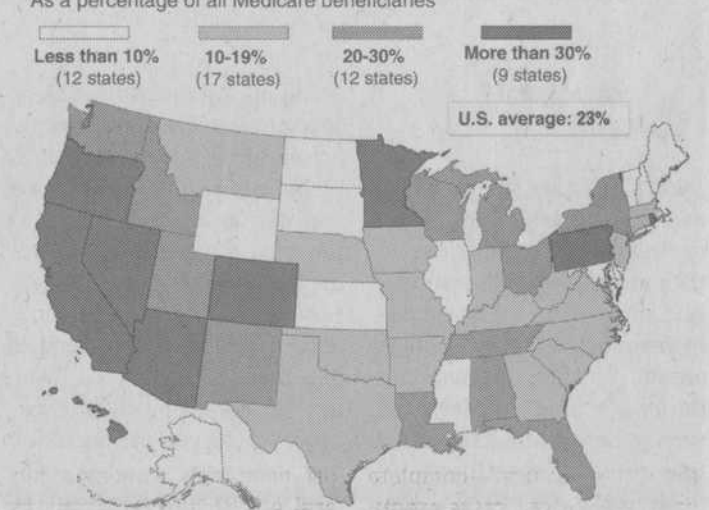
Medicare Advantage

President Barack Obama wants to trim funding for Medicare Advantage, a program that allows Medicare enrollees to receive their benefits through private health plans. The administration says it can eliminate \$177 billion in Medicare Advantage payments over the next 10 years without harming quality of care.

Amendola said a cancer scare convinced her there was something wrong with the system; Abbe Sennett, a Deerfield, Ill., resident and cancer



Medicare advantage enrollment by state



Source: The Henry J. Kaiser Family Foundation, U.S. Centers for Medicare and Medicaid Services. Graphic: Chicago Tribune © 2009 MCT

"The United States is the most litigious society on planet Earth right now," he said.

Many in the audience said some kind of reform was necessary.

"Insurance companies have gotten rid of the sick people," said Barbara Amendola of Highland, Ill. "We can't delay this... American workers need to be protected."

patient, said she's satisfied with her private insurance.

"I pay a fortune for it," she said, and hoped increasing competition would bring her premiums down but strongly opposed public health insurance plans. "I think that the United States, we're based on individualism and not for the group, like socialism is."

SURVIVE

continued from page 1

should be failing because they don't understand the content for their classes. Parkland faculty are ready and willing to help any student, and with any special needs. There are staff tutors and designated labs. It's a quick walk to get some help and be able to pass that test!

—Go see the greenhouse and Kaizad Irani, and check out the landscaping

You don't have to be a fan of horticulture and agriculture to find an appreciation for the greenhouse, which also has regular plant sales. And just by walking into one of the beautiful and engaging landscapes. All of these treats are Parkland gems, and if you're a fan of botanical beauty, then you absolutely have to talk to faculty member Kaizad Irani and his wonderful staff.

—Watch out for Web difficulties
Don't rely on the Angel network to make that midnight deadline at 11:55. Get it in as soon as possible because just when one needs it, it never fails to freeze up or act crazy. And although Parkland is wireless, there are hundreds and hundreds of students using the bandwidth, and when too many

people are watching streaming videos and other bandwidth hogs, performance is going to slow-w-w-wwww down. If the online performance is lacking, duck into one of the computer labs.

—Check out the Cobra sports teams

In case you didn't know, Parkland had one of their best overall seasons on record, with several winning teams, including the Championship baseball team. It's fun to go watch the women's volleyball team on a crisp night. Parkland has a wide swath of other winning teams, such as golf, field hockey, and basketball. There's even an equestrian club.

—Dig the arts?

Lisa Costello and her staff run the Parkland art gallery, which features some nationally recognized exhibits that change several times a year. You can visit the gallery for free, but it always helps to put a little pocket change in the donation bin. The gallery also brings in artists to for talks, and you can get some great inside knowledge from working (and talented) professionals.

—Got entertainment?

There are two must-sees at Parkland during the off-hours,

and your first stop is to take family, friends, or a date to the Parkland Theatre. You'll be pleasantly surprised at the caliber of performances, which vary from outlandish plays, to musicals, and heavy-handed drama. The prices are great for students, too. Your second stop must be to the Planetarium, and make sure you say hello to the amazing faculty member David Leake, who likes to spend a lot of hours at the controls. Check out their Web site for a schedule of shows, lectures, and special events.

—Be a good student

Parkland is a wonderful school to attend, but sometimes students take it a little too casually, and they end up skipping too many classes, or don't put in the good effort, or believe us when we say that you will not only get good grades by being a diligent student, you'll find that you'll do remarkably well when it comes to applying for scholarships, other schools, and employment. Don't be one of the apathetic faces—get into the heart of Parkland, and you'll not only survive, you'll flourish.

GIVE US YOUR OPINION FOR ONE HOUR.

We'll give you \$25 cash.

COLLEGE STUDENT FOCUS GROUPS

We're researching different aspects of student living and are looking for Parkland students to attend a one hour on-campus focus group. Talk to us about student living and culture, and walk out with \$25 cash.

Wednesday, September 2nd

Choose a group you can attend

group 1: 1:00pm – 2:00pm

group 2: 2:30pm – 3:30pm

TO APPLY Email

parklandfocusgroups@gmail.com

with your name, age, year in school, and timing preference.

THE SMALL PRINT

Once you apply, you will receive an email with qualifying questions for you to answer. We use the answers to your questions to make sure we have a representative group of students for our groups. Once you respond with the answers, you will be notified of your eligibility and specific location information by email. Available only to currently enrolled Parkland students. Limited number of openings available. For contact or questions, email the above address.

OPINION

Lower the drinking age?

McClatchy-Tribune NEWS SERVICE
Chicago Tribune

Last year about this time, a group of more than 100 college presidents caused a stir by launching a push to lower the drinking age to 18. Their goal: to cut down on the pernicious, sometimes lethal problem of binge drinking on campus.

The presidents called it the Amethyst Initiative, named after the ancient Greek words that mean "not intoxicated." The college leaders hoped that a lower drinking age would encourage more responsible drinking on campus. That

it would douse the forbidden thrill of bingeing before a frat party or other public appearance.

What are the Greek words for, "You've got to be kidding"?

We said then that those college presidents were right to be alarmed about underage drinking on campus. But we also said cutting the legal drinking age is the wrong answer. It would encourage more alcohol abuse, not less, and could spill over into more drinking among even younger kids.

Now there's a sobering new study that should spur those presidents to rethink Amethyst.

Researchers writing in the *Journal of the American Academy of Child and Adolescent Psychiatry* state that raising the drinking age to 21 has been largely effective in reducing binge drinking everywhere, except—you guessed it—on college campuses.

The study says that among men between 18 and 20 who were not in college, binge drinking plummeted by more than 30 percent from 1979 to 2006. At the same time, such drinking among college men was "as prevalent as ever," it says.

There was no similar difference between underage

women in college or not. But there was a sharp surge in binge drinking—defined in this study as five or more drinks in a row in the past 30 days—among college women age 21 to 23. The study doesn't delve into explanations for these disturbing trends. But we'd guess there are several reasons that the anti-binge drinking message isn't penetrating college campuses.

For one thing, young adults who aren't in college are more likely to still be living at home, and therefore under at least some parental monitoring. They're also more likely to have jobs. It's a lot easier

to skip a class in the morning to nurse a hangover than it is to call in sick to work. Bosses aren't likely to be as forgiving as the Psych 101 prof.

Whatever the reasons, the lesson couldn't be clearer for the college presidents who think lowering the drinking age would solve their campus drinking problems. It won't.

The best way to curb binge drinking on campus isn't to make it easier for kids to knock back a few legally. It's to enforce local laws against serving or selling to minors. And making sure that residence hall advisers are riding herd, not looking the other

way. And finding innovative ways to convince college kids that they risk their health, and their lives, with heavy drinking. That it's not cool.

Kids in high school are getting the message: Binge drinking rates among them are at historic lows, off more than one-third from the peak years of 1979-83, the report said.

But then they go to college, and ... sign up for Drinking 101.

(c) 2009 Chicago Tribune.

"That's so gay, you retard!"

Editorial STAFF
Prospectus

Let's be frank, you've called someone or something "gay" or "retard"—if not yesterday, then at some point in your life. And none of us are strangers to hearing two guys jostling around, and one of them calls the other a "fag." And we've all seen other commentary that tells us that it's time for people to abolish some of the derogatory terms. The Reverend Jesse Jackson put out a plea for young African Americans, in addition to everyone else, to stop using the word "nigger," even in the most "harmless" of occasions.

If anything, the aforementioned terms are more prevalent in today's society than ever before. But how can this be? We obviously use a lot of negative terms to describe situations that we don't necessarily think are occasions of great emotional distress or regret. Someone acts playful and goofy, and you "admonish" him or her with a laughing utterance of "Cut it out, you retard!"

But maybe the point of all of this is to simply say that people are speaking without thinking.

And our culture is one where we need to inject thinkin into the mix. We are used to having technology at our fingertips: the ability to type out a text in rapid-fire, and send it to a thousand people on Twitter; the status update on Facebook, where you can let all of your friends around the country know at once how you are feeling; the accessibility of an infinite amount of information in a little Google search bar.

Are we being overwhelmed into ignorance? Young adults are the most prevalent users of monosyllabic speech, with monikers of "cool," "tight," "raw," and "neat." The short-term "memory bank" words are becoming the death of the literary world of the younger population—limiting people in a way that prevents them from expanding minds into ventures that usually take critical thinking.

Perhaps it's time to help one another to slow down and invest some time in doing a lit-



tle thinking. The path of easiest resistance is usually the worst

course to take in life, so when you're confronted with a chal-

lenge, perhaps it is time to take that challenge head-on.

And speaking of taking challenges head-on, the gay community, minorities, and those with learning disabilities don't have a choice in our society to avoid confrontation and adversity, and they are forced to expand their own critical thinking. All of these challenges can be another reason why these communities of people find it offensive when you utter your "harmless" remarks.

There is currently a movement to stop the use of gay, retard, and other unnecessary words in today's society to negatively describe things among youth. Celebrities like comedian Wanda Sykes and singer/actress Hilary Duff have joined the "Think B4 You Speak" campaign to combat this word. Their simple solution is, "Don't be afraid to tell someone 'it's not okay to say that's so gay.'"

Yes, it is time that our generation becomes a solution to the "thinking" problem, and not a factor, lest we're labeled by our children and grandchildren as "epic retards."

DEFICIT

continued from page 4

it begins on Oct. 1. The CBO predicted a 2010 deficit of \$1.38 trillion.

In the background will be Republican critics, anticipating congressional elections 14 months away and eager to remind voters about the big deficits.

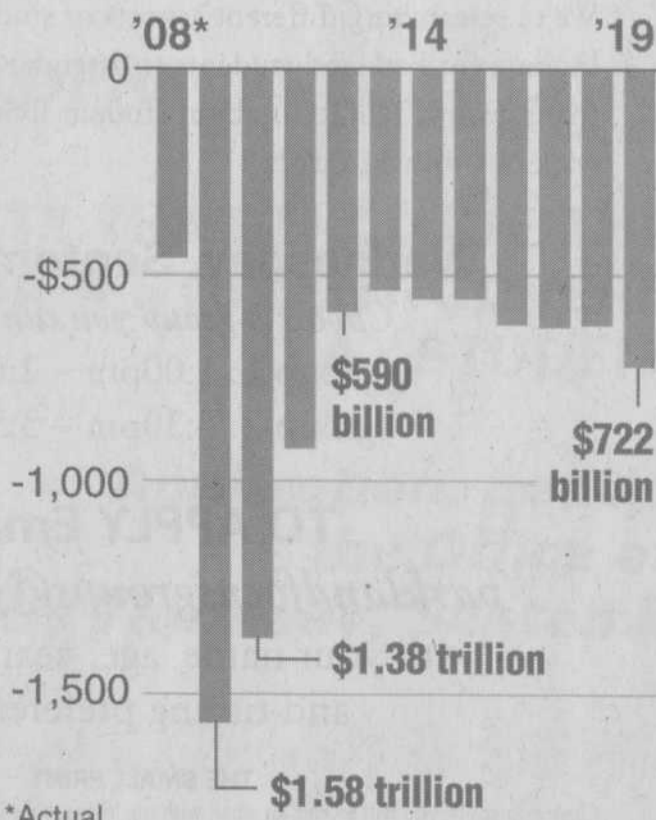
Within half an hour of the new forecast's release, the National Republican Congressional Committee sent releases to media in the districts of 12 vulnerable Democrats, charging how the member "voted in favor of his party's egregious and bloated federal budget, and is now on the hook for an additional \$2 trillion."

Rep. Steny Hoyer, D-Md., the House majority leader, scoffed at such talk.

"President Obama inherited the major causes of the deficit—including debt-financed tax cuts and an economic crisis from the last administration, but he has accepted the responsibility to leave our nation on sounder fiscal footing than he found it," Hoyer said.

Deficit update

New federal deficit projections will be the highest on record and could pose problems for President Barack Obama's economic agenda.



*Actual

© 2009 MCT
Source: Congressional Budget Office

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to avoid God's wrath, she said. Sufis adhere to show God their love.

"Because you love God, you want to do what God asks you to do," said Bakhtiar, a member of the Shadhili Sufi order.

The goals of praying and fasting also vary. Sufis aspire to abstain from food and ill will. Few reach the highest tier, which prohibits any thoughts that don't pertain to God. While all Muslims seek mercy and redemption in the holy month, Sufis also seek an experience with the divine.

This aspiration for a personal union with God had kept Sufis from fully integrating into the mainstream Muslim community, scholars say. For that reason, Imam Senad Agic of the Islamic Cultural Center knows he is an exception. During Ramadan, he offers an abbreviated dhikr once a week for the throngs who come to pray at the Northbrook mosque.

"After fasting all day, they feel victorious," he said, adding that members of the mosque are often intrigued to learn more. "They want to continue on that way."

(c) 2009 Chicago Tribune.

Ramadan

The world's Muslims observe Ramadan, their month of spiritual discipline, by fasting, abstinence and prayer during daylight hours.



Calendar

- Muslims use the lunar calendar of 354 days (12 months of 28 to 30 days each); Ramadan is the ninth month
- Since lunar year is shorter than 365-day solar year, Ramadan occurs earlier each year in the Western calendar



Origin

- On the 27th day of Ramadan, the Quran, the sacred book of Islam, began to be revealed to the prophet Muhammad



Fasting

- Healthy adults consume nothing between sunrise and sunset, not even water; sex and smoking are forbidden
- Normal daily tasks are performed; business hours may be shortened



Reasons for fast

- Religious duty specified in the Koran
- Purifies body and strengthens individual's faith
- Creates common bond with poor



Meals

- A small meal is eaten before sunrise
- Muslims gather for prayer and a meal after sunset; evenings are festive



Fasting's end

- A feast, "eid al-fitr," marks the end of Ramadan; celebrations can last several days



Festivities

- Friends and family gather to pray, eat, exchange gifts
- In some countries, shops and cafes stay open all night

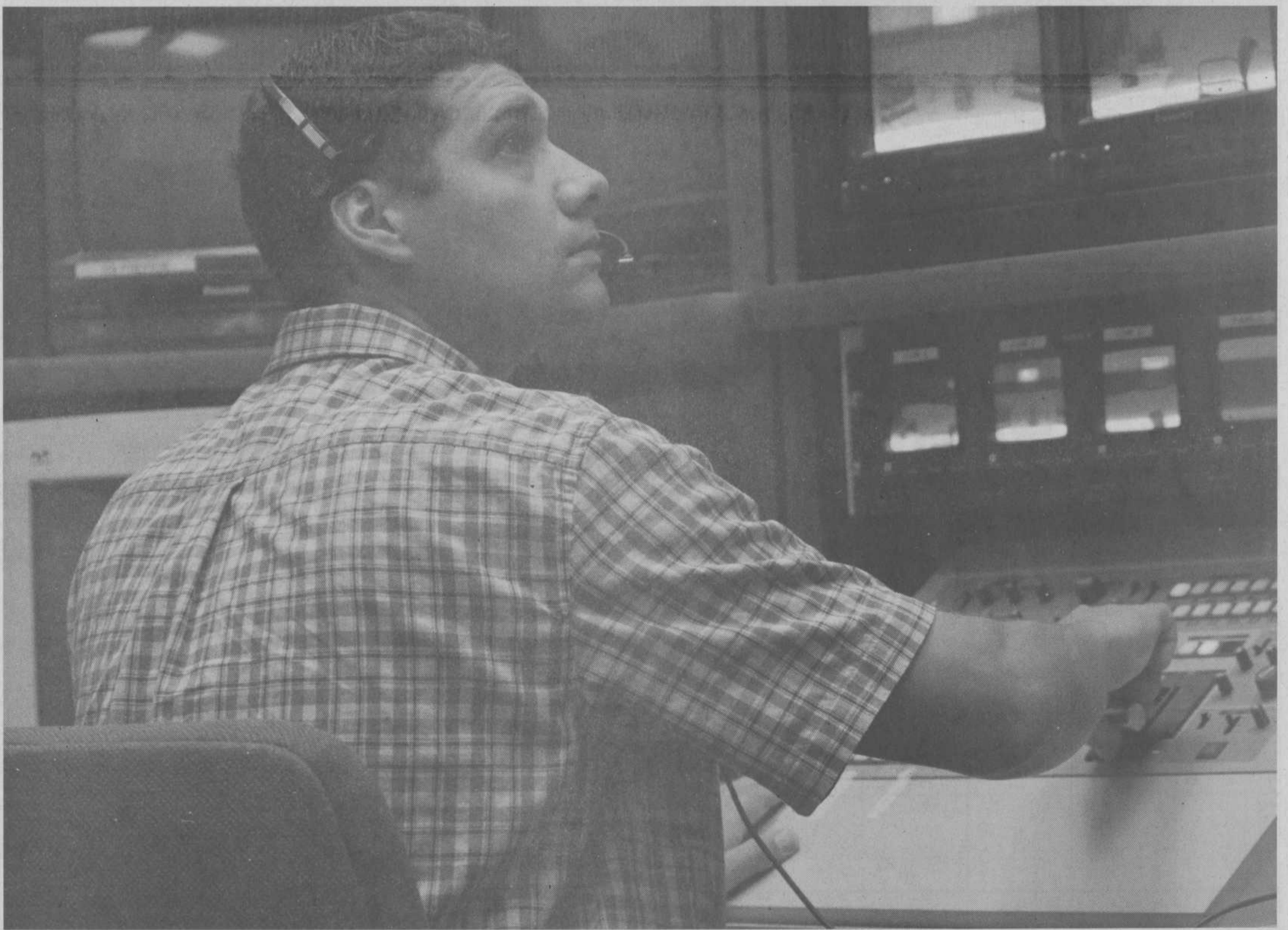
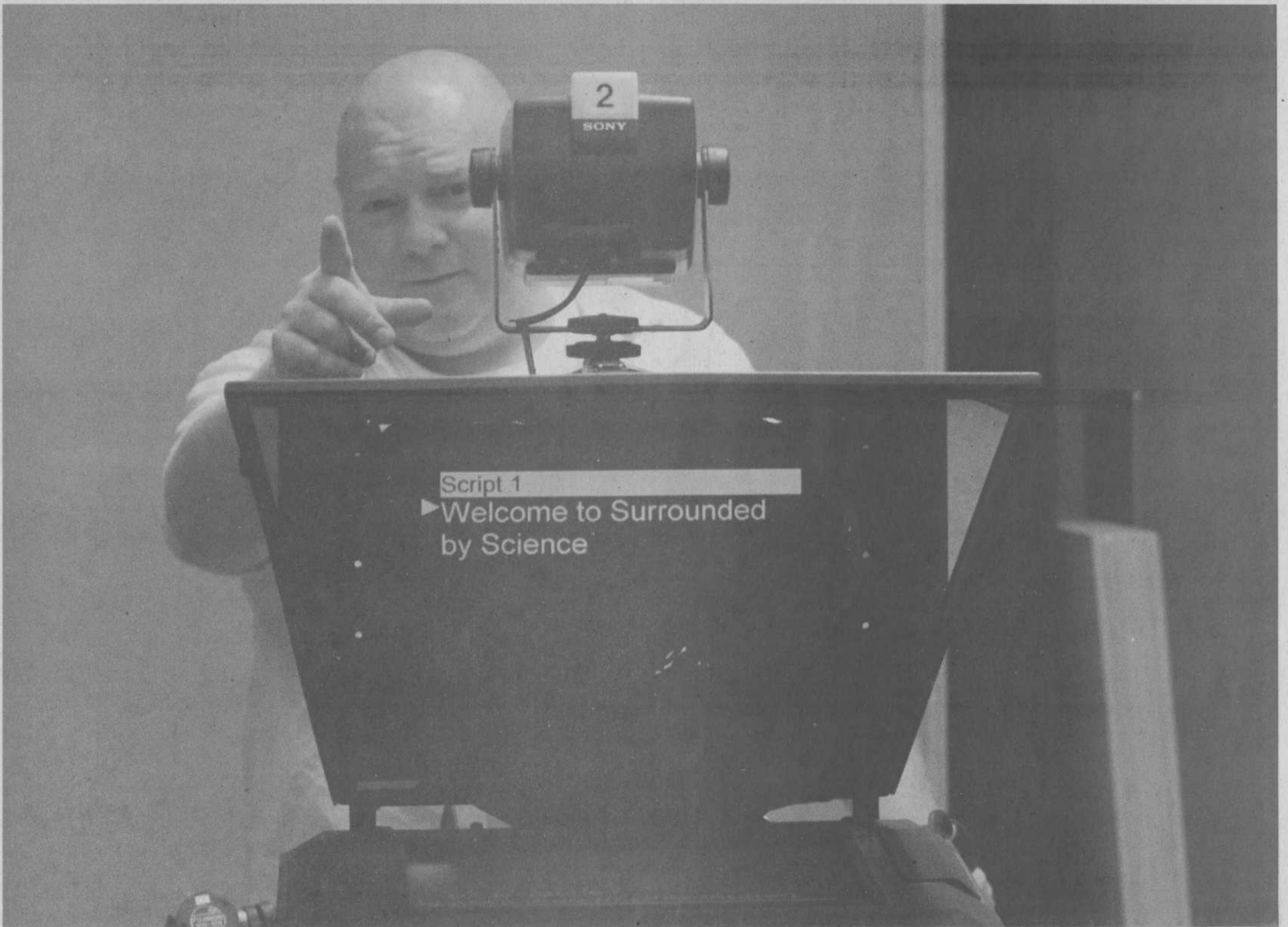
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Behind the scenes: PCTV

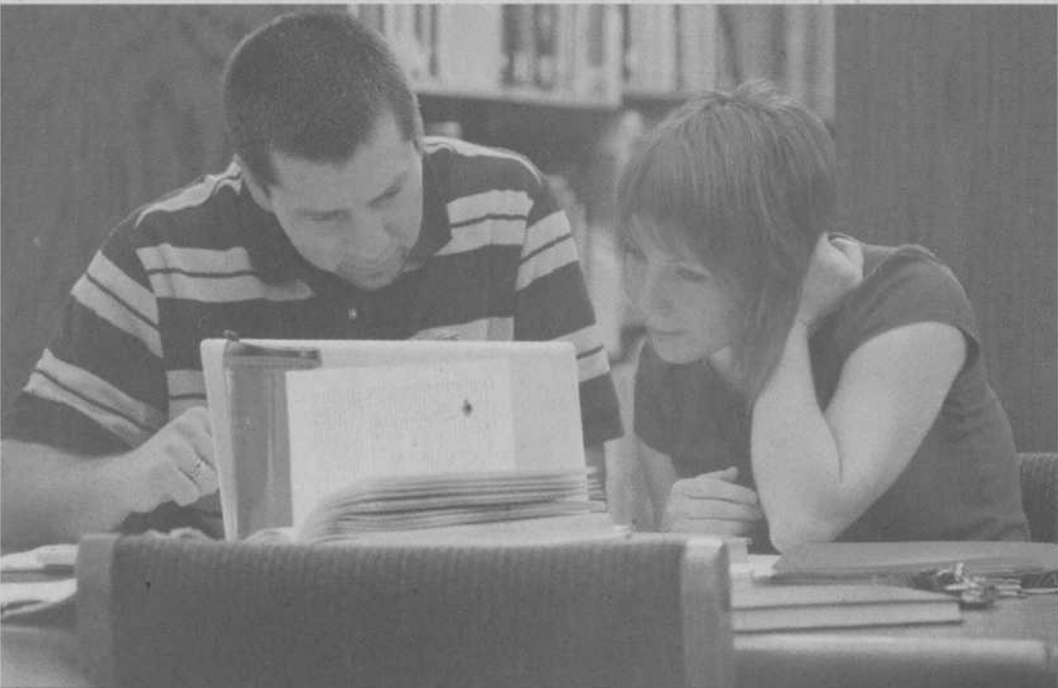


Where do you go to find cultural, educational, and entertainment television that showcases your community? Visit the Parkland channel! Pictured at top: Mike Coulter, Instructional Technology Specialist, can often be found working hard behind the cameras and in the production room at the Parkland Channel. Bottom: Program Manager Chris Foster mans the controls for one of PCTV's many in-house programs that are filmed on campus.

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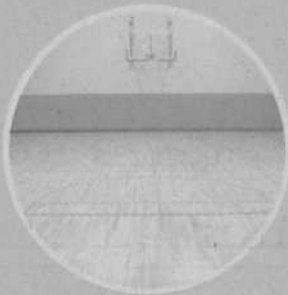
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Downtown Festival of the Arts—Top: A crowd gathered to watch a child try out one of the many instruments that were crafted out of garbage and debris by Recycled Rhythms, which featured a percussive petting zoo. Bottom: Chad Nelson, co-owner of Mississippi Mud Pottery, gives a public lesson to interested observers at the festival, which was held in downtown Champaign, Illinois.

Photos courtesy of Cheryl VanHoy



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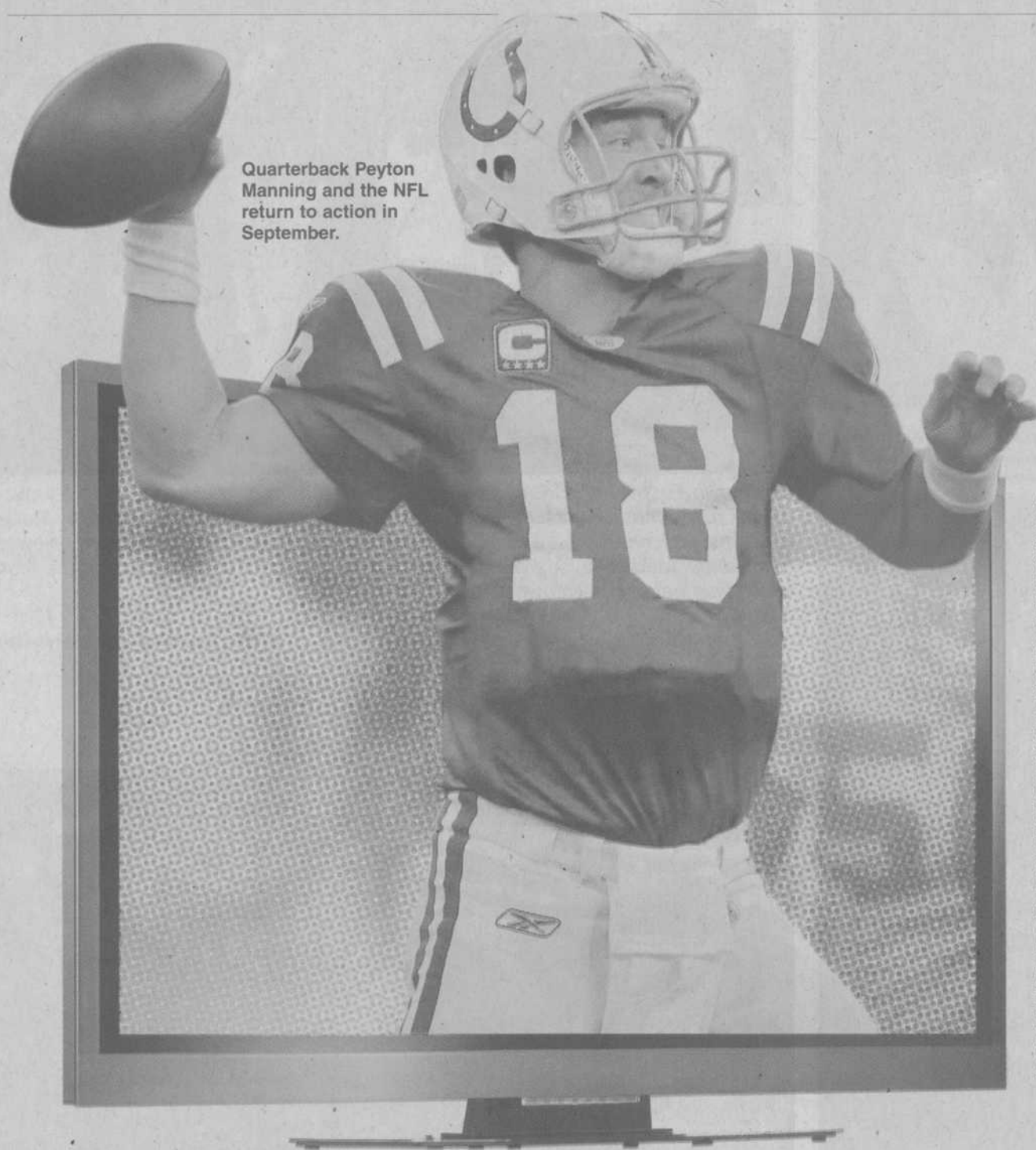
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Quarterback Peyton Manning and the NFL return to action in September.

PHOTO BY DAVID ELLIOTT/MCLATCHY NEWSPAPERS; PHOTO ILLUSTRATION BY ERIC GOODWIN/MCT

Let the games BEGIN

Although changes await NFL fans as the new season kicks off, the thrill remains

By RON GREEN JR.
McClatchy Newspapers

The calendar may say the new year starts on Jan. 1 but football fans know better. What starts with high school games in late August and gathers momentum with the arrival of college football in early September reaches full force when the NFL regular season kicks off the second weekend in September.

Around the league, much has changed. Jim Caldwell has replaced Tony Dungy as boss of the Indianapolis Colts but it's still quarterback Peyton Manning who provides the heartbeat.

Brett Favre has returned from retirement — again — and will be suiting up for the Minnesota Vikings.

The New England Patriots have their quarterback (Tom Brady) back, while his replacement (Matt Cassel) is the new face of the franchise in Kansas City.

Wide receiver Terrell Owens is out of Dallas and on to Buffalo. Coach Mike Shanahan and quarterback Jay Cutler are out of Denver. Quarterback Michael Vick is out of jail and getting back in the game in Philly.

The Pittsburgh Steelers are the reigning Super Bowl champions, the Arizona Cardinals are the league's new glamour team and the Detroit Lions are still trying to win just one game.

It's almost time to get started.

Five NFL games to watch

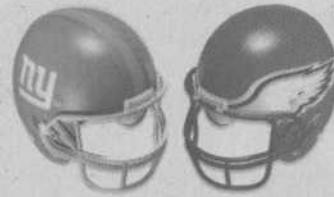
Important matches no football fans will want to miss (all times ET):



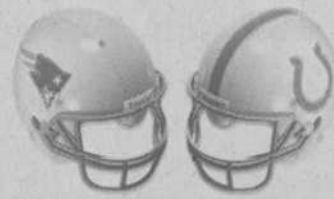
Sept. 14
Buffalo at New England (7 p.m., ESPN): Terrell Owens and the Bills go to Foxboro where they'll face Tom Brady in his regular-season return a year after suffering a knee injury. It's part of a Monday night doubleheader.



Sept. 27
Indianapolis at Arizona (8:20 p.m., NBC): The Colts are moving on without coach Tony Dungy and wideout Marvin Harrison while the Cardinals attempt to sustain their success from last season.



Nov. 1
New York Giants at Philadelphia (4:15 p.m., Fox): The division rivals have been banging on each other for years and both are expected to be playoff teams again. This should be a classic NFC East battle.



Nov. 15
New England at Indianapolis (8:20 p.m., NBC): This has become one of the must-see games over the last few seasons with Peyton Manning against Tom Brady at its center.



Nov. 29
Pittsburgh at Baltimore (8:20 p.m., NBC): They don't get much harder hitting than this rivalry. It doesn't figure to be a high-scoring game, but if you like tough football, this should be just what you want.

2009 NFL schedule

All times ET. (*Sunday night games subject to change)

Week	Day	Time	Game						
Week 1	THURSDAY, SEPT. 10	8:30 p.m.	Tennessee at Pittsburgh						
		SUNDAY, SEPT. 13	1 p.m.	Miami at Atlanta					
		1 p.m.	Kansas City at Baltimore						
		1 p.m.	Philadelphia at Carolina						
		1 p.m.	Denver at Cincinnati						
		1 p.m.	Minnesota at Cleveland						
		1 p.m.	N.Y. Jets at Houston						
		1 p.m.	Jacksonville at Indianapolis						
		1 p.m.	Detroit at New Orleans						
		1 p.m.	Dallas at Tampa Bay						
		4:15 p.m.	San Francisco at Arizona						
		4:15 p.m.	Washington at N.Y. Giants						
		4:15 p.m.	St. Louis at Seattle						
		8:20 p.m.	Chicago at Green Bay						
Week 2	SUNDAY, SEPT. 20	1 p.m.	Carolina at Atlanta						
		1 p.m.	Minnesota at Detroit						
		1 p.m.	Cincinnati at Green Bay						
		1 p.m.	Arizona at Jacksonville						
		1 p.m.	Oakland at Kansas City						
		1 p.m.	New England at N.Y. Jets						
		1 p.m.	New Orleans at Philadelphia						
		1 p.m.	Houston at Tennessee						
		1 p.m.	St. Louis at Washington						
		4:05 p.m.	Tampa Bay at Buffalo						
		4:05 p.m.	Seattle at San Francisco						
		4:15 p.m.	Pittsburgh at Chicago						
		4:15 p.m.	Cleveland at Denver						
		8:20 p.m.	Baltimore at San Diego						
Week 3	SUNDAY, SEPT. 27	1 p.m.	Cleveland at Baltimore						
		1 p.m.	Pittsburgh at Cincinnati						
		1 p.m.	Washington at Detroit						
		1 p.m.	Jacksonville at Houston						
		1 p.m.	San Francisco at Minnesota						
		1 p.m.	Atlanta at New England						
		1 p.m.	Kansas City at Philadelphia						
		1 p.m.	Green Bay at St. Louis						
		1 p.m.	N.Y. Giants at Tampa Bay						
		4:05 p.m.	New Orleans at Buffalo						
		4:05 p.m.	Chicago at Seattle						
		4:15 p.m.	Tennessee at N.Y. Jets						
		4:15 p.m.	Denver at Oakland						
		8:20 p.m.	Miami at San Diego						
Week 4	MONDAY, SEPT. 28	8:30 p.m.	Carolina at Dallas						
		SUNDAY, OCT. 4	1 p.m.	Detroit at Chicago					
			1 p.m.	Cincinnati at Cleveland					
			1 p.m.	Oakland at Houston					
			1 p.m.	Seattle at Indianapolis					
			1 p.m.	Tennessee at Jacksonville					
			1 p.m.	N.Y. Giants at Kansas City					
			1 p.m.	Baltimore at New England					
			1 p.m.	Tampa Bay at Washington					
			4:05 p.m.	Buffalo at Miami					
			4:05 p.m.	N.Y. Jets at New Orleans					
			4:15 p.m.	Dallas at Denver					
			4:15 p.m.	St. Louis at San Francisco					
			8:20 p.m.	San Diego at Pittsburgh					
Week 5	MONDAY, OCT. 5		8:30 p.m.	Green Bay at Minnesota					
		SUNDAY, OCT. 11	1 p.m.	Cincinnati at Baltimore					
			1 p.m.	Cleveland at Buffalo					
			1 p.m.	Washington at Carolina					
			1 p.m.	Pittsburgh at Detroit					
			1 p.m.	Dallas at Kansas City					
			1 p.m.	Oakland at N.Y. Giants					
			1 p.m.	Tampa Bay at Philadelphia					
			1 p.m.	Minnesota at St. Louis					
			4:05 p.m.	Atlanta at San Francisco					
			4:15 p.m.	Houston at Arizona					
			4:15 p.m.	New England at Denver					
			4:15 p.m.	Jacksonville at Seattle					
			8:20 p.m.	Indianapolis at Tennessee					
Week 6	MONDAY, OCT. 12		8:30 p.m.	N.Y. Jets at Miami					
		SUNDAY, OCT. 18	1 p.m.	Detroit at Cincinnati					
			1 p.m.	Houston at Cleveland					
			1 p.m.	St. Louis at Jacksonville					
			1 p.m.	Baltimore at Minnesota					
			1 p.m.	N.Y. Giants at New Orleans					
			1 p.m.	Cleveland at Pittsburgh					
			1 p.m.	Carolina at Tampa Bay					
			1 p.m.	Kansas City at Washington					
			4:05 p.m.	Philadelphia at Oakland					
			4:05 p.m.	Arizona at Seattle					
			4:15 p.m.	Tennessee at New England					
			4:15 p.m.	Buffalo at N.Y. Jets					
			8:20 p.m.	Chicago at Atlanta					
Week 7	MONDAY, OCT. 19		8:30 p.m.	Denver at San Diego					
		SUNDAY, OCT. 25	1 p.m.	Chicago at Cincinnati					
			1 p.m.	Green Bay at Cleveland					
			1 p.m.	San Francisco at Houston					
			1 p.m.	San Diego at Kansas City					
			1 p.m.	Minnesota at Pittsburgh					
			1 p.m.	Indianapolis at St. Louis					
			1 p.m.	New England vs. Tampa Bay at London					
			4:05 p.m.	Buffalo at Carolina					
			4:05 p.m.	N.Y. Jets at Oakland					
			4:15 p.m.	Atlanta at Dallas					
			4:15 p.m.	New Orleans at Miami					
			8:20 p.m.	Arizona at N.Y. Giants					
			Week 8	MONDAY, OCT. 26	8:30 p.m.	Philadelphia at Washington			
SUNDAY, NOV. 1	1 p.m.				Denver at Baltimore				
	1 p.m.	Houston at Buffalo							
	1 p.m.	Cleveland at Chicago							
	1 p.m.	Baltimore at Cincinnati							
	1 p.m.	St. Louis at Detroit							
	1 p.m.	Minnesota at Green Bay							
	1 p.m.	San Francisco at Indianapolis							
	1 p.m.	Miami at N.Y. Jets							
	4:05 p.m.	Oakland at San Diego							
	4:05 p.m.	Jacksonville at Tennessee							
	4:15 p.m.	Carolina at Arizona							
	4:15 p.m.	N.Y. Giants at Philadelphia							
	8:20 p.m.	Dallas at Philadelphia							
	Week 9	MONDAY, NOV. 2	8:30 p.m.	Atlanta at New Orleans					
SUNDAY, NOV. 8			1 p.m.	Washington at Atlanta					
			1 p.m.	Arizona at Chicago					
			1 p.m.	Baltimore at Cincinnati					
			1 p.m.	Houston at Indianapolis					
			1 p.m.	Kansas City at Jacksonville					
			1 p.m.	Miami at New England					
			1 p.m.	Green Bay at Tampa Bay					
			4:05 p.m.	Carolina at New Orleans					
			4:05 p.m.	Detroit at Seattle					
			4:15 p.m.	San Diego at N.Y. Giants					
			4:15 p.m.	Tennessee at San Francisco					
			8:20 p.m.	Dallas at Philadelphia					
			8:30 p.m.	Pittsburgh at Denver					
	Week 10	THURSDAY, NOV. 12	8:20 p.m.	Chicago at San Francisco					
SUNDAY, NOV. 15			1 p.m.	Atlanta at Carolina					
			1 p.m.	Tampa Bay at Miami					
			1 p.m.	Detroit at Minnesota					
			1 p.m.	Jacksonville at N.Y. Jets					
			1 p.m.	New Orleans at St. Louis					
			1 p.m.	Buffalo at Tennessee					
			1 p.m.	Denver at Washington					
			1 p.m.	Kansas City at Oakland					
			4:05 p.m.	Kansas City at Oakland					
			4:05 p.m.	Seattle at Arizona					
			4:15 p.m.	Dallas at Green Bay					
			4:15 p.m.	Philadelphia at San Diego					
			8:20 p.m.	New England at Indianapolis					
	Week 11	MONDAY, NOV. 16	8:30 p.m.	Baltimore at Cleveland					
THURSDAY, NOV. 19			8:20 p.m.	Miami at Carolina					
			SUNDAY, NOV. 22	1 p.m.	Indianapolis at Baltimore				
				1 p.m.	Washington at Dallas				
				1 p.m.	Cleveland at Detroit				
				1 p.m.	San Francisco at Green Bay				
				1 p.m.	Buffalo at Jacksonville				
				1 p.m.	Pittsburgh at Kansas City				
				1 p.m.	Seattle at Minnesota				
				1 p.m.	Atlanta at N.Y. Jets				
				1 p.m.	New Orleans at Tampa Bay				
				4:05 p.m.	Arizona at St. Louis				
				4:15 p.m.	San Diego at Denver				
				4:15 p.m.	N.Y. Jets at New England				
	8:20 p.m.	Cincinnati at Oakland							
Week 12	MONDAY, NOV. 23	8:30 p.m.		Tennessee at Houston					
		THURSDAY, NOV. 26	12:30 p.m.	Green Bay at Detroit					
			4:15 p.m.	Oakland at Dallas					
			8:20 p.m.	N.Y. Giants at Denver					
			SUNDAY, NOV. 29	1 p.m.	Tampa Bay at Atlanta				
				1 p.m.	Miami at Buffalo				
				1 p.m.	Cleveland at Cincinnati				
				1 p.m.	Indianapolis at Houston				
				1 p.m.	Chicago at Minnesota				
				1 p.m.	Carolina at N.Y. Jets				
				1 p.m.	Washington at Philadelphia				
				1 p.m.	Seattle at St. Louis				
				1 p.m.	Arizona at Tennessee				
				4:05 p.m.	Kansas City at San Diego				
4:05 p.m.	Jacksonville at San Francisco								
4:05 p.m.	Pittsburgh at Baltimore								
8:20 p.m.	New England at New Orleans								
Week 13	THURSDAY, DEC. 3	8:20 p.m.		N.Y. Jets vs. Buffalo at Toronto					
		SUNDAY, DEC. 6	1 p.m.	Philadelphia at Atlanta					
			1 p.m.	Tampa Bay at Carolina					
			1 p.m.	St. Louis at Chicago					
			1 p.m.	Detroit at Cincinnati					
			1 p.m.	Tennessee at Indianapolis					
			1 p.m.	Houston at Jacksonville					
			1 p.m.	Denver at Kansas City					
			1 p.m.	Oakland at Pittsburgh					
			1 p.m.	New Orleans at Washington					
			4:05 p.m.	San Diego at Cleveland					
			4:15 p.m.	Minnesota at Arizona					
			4:15 p.m.	Dallas at N.Y. Giants					
			4:15 p.m.	San Francisco at Seattle					
8:20 p.m.	New England at Miami								
Week 14	THURSDAY, DEC. 10	8:20 p.m.	Pittsburgh at Cleveland						
		SUNDAY, DEC. 13	1 p.m.	New Orleans at Atlanta					
			1 p.m.	Green Bay at Chicago					
			1 p.m.	Seattle at Houston					
			1 p.m.	Denver at Indianapolis					
			1 p.m.	Miami at Jacksonville					
			1 p.m.	Buffalo at Kansas City					
			1 p.m.	Cincinnati at Minnesota					
			1 p.m.	Carolina at New England					
			1 p.m.	N.Y. Jets at Tampa Bay					
			1 p.m.	St. Louis at Tennessee					
			4:05 p.m.	Washington at Oakland					
			4:15 p.m.	San Diego at Dallas					
			8:20 p.m.	Philadelphia at N.Y. Giants					
Week 15	THURSDAY, DEC. 17		8:20 p.m.	Indianapolis at Jacksonville					
		SATURDAY, DEC. 19	8:20 p.m.	Dallas at New Orleans					
			SUNDAY, DEC. 20	1 p.m.	Chicago at Baltimore				
				1 p.m.	New England at Buffalo				
				1 p.m.	Arizona at Detroit				
				1 p.m.	Cleveland at Kansas City				
				1 p.m.	Atlanta at N.Y. Jets				
				1 p.m.	San Francisco at Philadelphia				
				1 p.m.	Green Bay at Pittsburgh				
				1 p.m.	Houston at St. Louis				
				1 p.m.	Miami at Tennessee				
				4:05 p.m.	Oakland at Denver				
				4:05 p.m.	Cincinnati at San Diego				
				4:15 p.m.	Tampa Bay at Seattle				
8:20 p.m.	Minnesota at Carolina								
Week 16	FRIDAY, DEC. 25	7:30 p.m.		San Diego at Tennessee					
		SUNDAY, DEC. 27	1 p.m.	Buffalo at Atlanta					
			1 p.m.	Kansas City at Cincinnati					
			1 p.m.	Oakland at Cleveland					
			1 p.m.	Seattle at Green Bay					
			1 p.m.	Houston at Miami					
			1 p.m.	Carolina at N.Y. Jets					
			1 p.m.	Jacksonville at New England					
			1 p.m.	Tampa Bay at New Orleans					
			1 p.m.	Denver at Philadelphia					
			4:05 p.m.	Baltimore at Pittsburgh					
			4:05 p.m.	St. Louis at Arizona					
			4:15 p.m.	Detroit at San Francisco					
			4:15 p.m.	N.Y. Jets at Indianapolis					
8:20 p.m.	Dallas at Washington								
Week 17	MONDAY, DEC. 28	8:30 p.m.	Minnesota at Chicago						
		SUNDAY, JAN. 3	1 p.m.	Indianapolis at Buffalo					
			1 p.m.	New Orleans at Carolina					
			1 p.m.	Jacksonville at Cleveland					
			1 p.m.	Philadelphia at Dallas					
			1 p.m.	Chicago at Detroit					
			1 p.m.	New England at Houston					
			1 p.m.	Pittsburgh at Miami					
			1 p.m.	N.Y. Giants at Minnesota					
			1 p.m.	Cincinnati at N.Y. Jets					
			1 p.m.	San Francisco at St. Louis					
			4:15 p.m.	Atlanta at Tampa Bay					
			4:15 p.m.	Green Bay at Arizona					
			4:15 p.m.	Kansas City at Denver					
4:15 p.m.	Baltimore at Oakland								
4:15 p.m.	Washington at San Diego								
4:15 p.m.	Tennessee at Seattle								
Postseason	SATURDAY, JAN. 9		AFC and NFC Wild Card (NBC)						
		SUNDAY, JAN. 10		AFC and NFC Wild Card (CBS and FOX)					
			SATURDAY, JAN. 16		AFC and NFC Divisional (CBS and FOX)				
				SUNDAY, JAN. 17		AFC and NFC Divisional (CBS and FOX)			
					SUNDAY, JAN. 24		AFC and NFC Divisional Games (CBS and FOX)		
						SUNDAY, JAN. 31		AFC-NFC Pro Bowl at Miami (ESPN)	
							SUNDAY, FEB. 7		Super Bowl XLIV at Miami (CBS)