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# **Chapter**

# Cerebral Veins and Dural Sinuses Thrombosis: State-of-the-Art Diagnosis

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# **Abstract**

Cerebral veins and dural sinus thrombosis (CVT) represents a rare cause of stroke. In adults, CVT has a higher frequency among cases with inherited thrombophilia, mostly women, patients with malignancy, or infections. Two pathophysiological mechanisms contribute to their clinical presentation: diminution of cerebrospinal fluid absorption and increase of venular and capillary pressure. Four major syndromes have been described as isolated or in combination: intracranial hypertension, focal neurological deficits, seizures, and encephalopathy. Non-enhanced CT (NECT) of the head is the most frequently performed imaging study in the emergency department. Features of CVT on NECT can be divided into direct signs (detection of venous clot within a venous channel) and, more frequently, indirect signs (such as cerebral edema or cerebral venous infarct). CVT diagnosis is confirmed with CT venography, which can be performed immediately after NECT, and detects the venous clot as a filling defect, or magnetic resonance imaging (MRI)/MR venography. Different imaging techniques may need to be combined to avoid pitfalls. Conclusions: CVT is a relatively rare disorder in the general population and due to its wide clinical spectrum is frequently misdiagnosed upon initial examination. The knowledge of variable clinical aspects and imaging signs will be essential in providing a timely diagnosis.

**Keywords:** cerebral veins and dural sinuses thrombosis (CVT), thrombophilia, headache, non-enhanced computed tomography (NECT) of the head, computed tomography (CT) venography, magnetic resonance imaging (MRI) of the head, magnetic resonance (MR) venography

# **1. Introduction**

Cerebral veins and dural sinuses thrombosis (CVT) is a rare disease in the adult population, with a significant higher frequency among cases with inherited (genetic) thrombophilia, and young patients, especially women (due to their peculiar acquired

prothrombotic conditions, such as pregnancy, puerperium, or oral contraceptive therapy) [1–5].

Unfortunately, because of its frequently misleading clinical presentation associated with the overlapping signal intensities of acute thrombosis and venous flow on conventional magnetic resonance (MR) images and MR venograms, CVT is difficult to diagnose [6–8].

CVT patients rarely appear as an arterial stroke syndrome, with an acute onset of focal neurological deficits associated with classic vascular risk factors [1–5]. Different imaging techniques are essential in precisely detecting cases with clinically suspected CVT [5–7].

Our chapter will present the cerebral veins and dural sinuses anatomy, the epidemiology, etiology, pathophysiology, and clinical and imagistic aspects of CVT [7–9].

# **2. Cerebral veins and dural sinus anatomy**

Venous blood from the brain is drained by the cerebral veins into the intracranial dural sinuses. Familiarity with their anatomic variants or anomalies is mandatory to accurately diagnose CVT.

# **2.1 Cerebral veins anatomy**

They consist of three groups: the cortical veins, the deep cerebral veins, and the posterior fossa veins (**Figure 1**) [3, 10]. The cerebral veins present different aspects that can determine different features of CVT: on one hand, the superficial, and the posterior fossa veins have extensive anatomic inconsistency (in number, side, and anastomoses), therefore proving why the digital substraction angiography (DSA) detection of their isolated thrombosis is problematic (with the absence of distinct cortical or posterior fossa venous territories and a misleading clinical spectrum); on the other hand, the thrombosis of the deep cerebral veins is clear to diagnose at angiography, because these



#### **Figure 1.**

*Cerebral venous channels anatomy and main clinical spectrum according to the location of CVT.*

veins (except for the anatomic variants of the veins of Rosenthal) are constant, always having distinct venous territories and clinical aspects, respectively [3, 10].

The cerebral veins possess thin walls and, without a muscular tunic, present no valves, with different anastomoses, which determine both their dilatation and the inversion of venous flow toward the brain if there is a thrombosis of the sinus into which they drain [3, 10].

#### **2.2 Dural sinuses anatomy**

The intracranial dural sinuses consist of a system of interconnected multiseptated endothelium-lined channels without valves, situated between the periostal and meningeal dural layers. Their walls are represented by the outer and inner fibrous leaves of the dural mater. Inside them are situated the arachnoid villi and Pacchioni's granulations, which have an important role in the cerebrospinal fluid (CSF) resorption, especially at the level of the superior sagittal sinus (SSS) and lateral sinus (LS), in which most of the CSF absorption unfolds [3, 10].

The dural sinuses are represented by two groups: the posterior-superior, and the antero-inferior (**Figure 1**).

The first group comprises the SSS, inferior sagittal sinus (ISS), LS (consisting of transverse sinus and sigmoid sinus), straight sinus (SS), and occipital sinus. The torcular Herophili is the junction of SSS, SS, transverse sinus, and occipital sinus. The second group includes the cavernous sinus, and the superior and inferior petrosal sinuses. Sometimes, the anterior portion of the SSS is narrow (hypoplasia) or with aplasia or even replaced by two frontal veins, which unite at the level of the coronal suture (explaining why its isolated lack of filling at angiography it is not enough to affirm its occlusion by the venous clot). Another variant consists of a duplication of SSS posterior portion [3, 10, 11].

Frequently (in 50–80% of the cases), the two transverse sinuses are asymmetric; usually, the right transverse sinus is larger than the left (in these cases being a direct continuation of the SSS), so an isolated lack of filling of the transverse portion of the LS is usually suggestive of hypoplasia, or aplasia of the posteromedial segment of the left transverse sinus, not of thrombosis.

The cerebral veins empty especially posteriorly, from the SSS or the SS into the LSs, and only a minority drain anteriorly, to the cavernous sinuses [3, 10].

The dural sinuses empty into the two internal jugular veins, for the horizontal position, and into the vertebral veins for the standing position. In order to avoid venous blood going back upward to the brain in cases of augmented intra-thoracic pressure, IJV present valves [12].

### **3. Epidemiology**

Unfortunately, no epidemiologic studies of CVT contain the essential criteria for an accurate epidemiologic stroke study, due to different aspects, including the multiple nonspecific clinical features of CVT [8, 13, 14].

Current data denote that CVT is an uncommon disease, only less than 0.5–1% of all strokes [14], with a prevalence higher than previously considered, due to a raised awareness of CVT among different clinicians, and a higher accessibility to modern imaging techniques, such as MRI/MR Venography, for the assessment of ambiguous clinical aspects, such as headache and seizures [8, 13–16].

The estimated incidence of CVT ranges from 1.16 to 2.02 per 100,000 inhabitants [13]. According to different studies, CVT is more frequent in children than in adults, occurring infrequently in cases older than 65 years [8, 9]. The peak incidence in adults' population is in their third decade; thus, CVT tends to present at a younger age than those with arterial types of strokes [8]. The median age in the prospective International Study on Cerebral Vein and Dural Sinus Thrombosis (ISCVT) cohort was 37 years [7], and only 8% of the cases presented more than 65 years old [17].

CVT has prominent differential sex prevalence only in adults, being sex-independent in children and the elderly. In the 624 adult patients of ISCVT cohort, there was observed a women predominance (3:1); this imbalance is the consequence of an augmented risk of CVT in women, attributed to a sex-specific risk factor/prothrombotic condition (i.e., oral contraceptives, abortion, pregnancy, puerperium, or hormone replacement therapy) [8, 9].

# **4. Etiology-risk factors**

There are numerous predisposing risk factors for CVT, including all factors that determine the composition of blood, especially those that can induce an alteration in the vascular endothelium or blood stasis [9].

According to ISCVT, the most frequent risk factors observed in elderly cases with CVT are thrombophilia and malignancy [17, 18].

In the Canadian pediatric ischemic stroke registry, thrombophilia was noted in 41% of all cases. Other risk factors were infections, connective tissue diseases, and neoplasms [19].

In adult patients of the ISCVT cohort, in 85% of cases, at least one risk factor was detected, and in about half of CVT cases, two or more risk factors were identified; in consequence, the detection of a first risk factor should not stop a search for possible others [9]. A prothrombotic condition was noted in one-third of all cases of the ISCVT cohort, and genetic thrombophilia was reported in 22% of all CVT cases [9]. The most frequent risk factors identified in adults with CVT are genetic thrombophilia, oral contraceptives (OC), pregnancy, puerperium, and neoplasms [9, 14].

### **4.1 Thrombophilia**

### *4.1.1 Genetic (inherited) thrombophilia*

In thrombophilia appears an overactivity of procoagulant factors or a deficiency in anticoagulants factors, leading to thrombus formation.

The main genetic thrombophilia as inherited procoagulant conditions for CVT are represented by: factor V Leiden (FVL) pathologic variant (activated Protein C resistance) [19–22]; G20210 A prothrombin gene pathologic variant [19, 22–24]; and hyperhomocysteinemia [25].

In a meta-analysis of case-control studies, the prevalence of FVL variant between patients' group and controls group was 12.8% versus 3.6%, and carriers of the FVL variant were more likely to develop CVT (odds ratio [OR] 3.1, 95% CI 1.8–5.5) [26]. In this meta-analysis, the authors observed that the prevalence of the G20210 A prothrombin gene pathologic variant between the patients group and the controls group was 5.2% versus 2.5%, and carriers were suggestively more likely to present the disease (OR 3.1, 95% CI 1.4–6.8) [26].

The possible connection between hyperhomocysteinemia produced by some inherited variants in methylenetetra-hydrofolate reductase (MTHFR) with CVT is still debated [20, 23, 26]. Gouveia and Canhão noted that the occurrence of the MTHFR 677C > T polymorphism in adult cases was comparable for 382 patients presenting CVT versus 1217 subjects from the control group (15.7% vs. 14.6%; OR 1.12, 95% CI 0.8–1.58). They concluded that the MTHFR 677C > T polymorphism does not represent a risk factor for CVT [27]. Marjot et al. observed in a meta-analysis, that the MTHFR 677C > T polymorphism was associated with CVT [OR 2.30, 95% CI 1.20–4.42) [20, 28]. There is no association of CVT with PAI-1 [8, 29].

The anticoagulant factors that regulate thrombin include: antithrombin, protein C, and protein S; thus, the main genetic thrombophilia as inherited anticoagulant conditions for CVT is represented by antithrombin deficiency [30], and protein C or protein S deficiencies [18, 31].

#### *4.1.2 Acquired thrombophilia*

The most frequent acquired thrombophilia observed in CVT is due to pregnancy, puerperium, OC, malignancy, and obesity [32, 33]. For example, in the ISCVT cohort of 624 adults with CVT, a sex-specific risk factor was detected in 65% of women, which represented 75% of all adult cases [9].

#### **4.2 Pregnancy and puerperium**

On one hand, in high-income countries, pregnancy and puerperium are risk factors in 5–20% of all CVT cases [9]. On the other hand, in low-income countries, puerperium is the main risk factor for CVT, with about 30% of all cases [34–37]. Usually, CVT is observed in the third trimester or in the first 3 weeks after delivery, due to the hypercoagulability state and the venous stasis that are noted during this period of time [34–37]. Pelvic phlebothrombosis may generate CVT *via* the venous plexuses of the vertebral channel, and the basilar venous plexus [34–37].

# **4.3 Therapy with estrogens, such as hormonal oral contraceptives (OC) or replacement therapy**

According to different studies, the most frequent risk factor for CVT in younger women is represented by the use of OC [38, 39]. OC may be the single identified risk factor, or may be associated with other risk factors for CVT, such as vasculitis (especially systemic lupus erythematous or Behçet's disease), obesity [40], or inherited thrombophilia; in this last association, the risk of intra-, or extracerebral thrombosis is six times higher than that of nonusers of OC [9, 41]. A few case reports observed the association between tamoxifen (an estrogen receptor modulator) and CVT [42].

In contrast to genetic thrombophilia, pregnancy and OC are transient risk factors for CVT and they are not related to a higher risk for recurrence [34–37].

#### **4.4 Obesity**

Obesity represents a risk factor for CVT and different types of venous thromboembolism. In an observational study of 186 cases with CVT and matched controls, obesity was linked with an augmented risk of CVT for women (adjusted odds ratio

[aOR] 3.5, 95% CI 2.0–6.1) but not men (aOR 1.2, 95% CI 0.3–5.3). The risk was maximum for obese women consuming OC (aOR 29.3, 95% CI 13.5–63.6) [40].

### **4.5 Neoplasms**

In the ISCVT cohort, malignancy was 7.4% of all CVT patients [7]. The most frequent cancers related to CVT are different solid tumors outside the Central Nervous System (CNS) (such as breast tumors or medullary carcinoma of the thyroid), hematologic neoplasms, and CNS malignancies (like medulloblastoma) [14]. The most important pathophysiological mechanisms are represented by direct tumor compression or invasion of dural sinuses, leukostasis, and hypercoagulability, which is determined by increase in acute-phase reactants, or modified coagulation factors from chemotherapy (L-asparaginase, cisplatin), or hormonal drugs [8, 14].

# **4.6 Hematologic disorders**

Different Philadelphia-negative myeloproliferative neoplasms (MPNs) (including polycythemia Vera–PV, essential thrombocythemia, and primary myelofibrosis) develop an increased risk of venous thrombosis. However, previous studies observed that CVT is rarely associated with MPNs (especially PV). PV is a BCR:ABL1 negative, chronic MPN defined by the uncontrolled proliferation of erythroid mass due to an abnormal clone of hematopoietic stem cells, leading to an augmentation in hemoglobin and hematocrit levels and can be associated with an increase in the appearance of myeloid leukocyte cells and megakaryocytes. The Janus kinase 2 V617F (JAK2V617F) mutation led to the diagnosis of PV [17]. Other hematological disorders that can produce CVT are paroxysmal nocturnal hemoglobinuria, heparin-induced thrombocytopenia, and thrombotic thrombocytopenic purpura [14].

### **4.7 COVID-19 infection and COVID-19 vaccine-associated**

### *4.7.1 CVT COVID-19 infection-associated CVT*

Different cases of CVT have been reported in patients with SARS-CoV-2 infection, this type of infection being the only identified risk factor [43, 44]. According to the European Medicines Agency safety committee report concerning 34,331 cases hospitalized with SARS-CoV-2 infection, the frequency of CVT was very low 0.08% (95% CI 0.01–0.5), but with an alarming in-hospital death of 40% [45].

## *4.7.2 COVID-19 vaccination-associated CVT*

Vaccine-induced immune-mediated thrombocytopenia (VITT) is an unusual type of thrombosis linked with thrombocytopenia, commonly determining CVT, and splanchnic vein occlusion, that has been identified subsequently to adenovirus vector vaccines against COVID-19: ChAdOx1 nCOV-19 (AstraZeneca) and Ad26.COV2-S Johnson and Johnson (Janssen/J&J) [46]. Even if there have been reported some cases of CVT subsequently to mRNA vaccines, they did not present the aspects of VITT and could have been incidental [47].

According to Perry et al. [47], when they are compared with those without VITT, cases with VITT-associated CVT were younger, had fewer associated other venous

thrombosis risk factors, and were vaccinated with the ChAdOx1 vaccine. They presented extensive CVT with multiple cerebral veins and dural sinuses thrombosed, and multiple intracerebral hemorrhages. These CVT patients were more likely to present simultaneously splanchnic veins or arterial thromboses. Their outcomes at discharge were worse, with significantly higher rates of death and disability (22–47%), compared with those with other causes of CVT (3–5%) [47, 48]. The main diagnostic criteria for definite VITT-associated CVT are represented by post-vaccine CVT (4–28 days after COVID-19 vaccination), thrombocytopenia, and anti-platelet factor 4 antibodies (anti-PF4 antibodies) [47–49].

# **4.8 Infections**

In the past, different loco-regional or systemic infections were the main etiology of CVT. Actually, in developed countries (especially due to higher accessibility to antibiotics) septic thrombosis of cerebral veins and dural sinuses (cerebral thrombophlebitis) in adults has become an unusual type of CVT (6–12%), but sometimes with significantly higher rates of death and disability [9, 32]. In developing countries, infections represent an important etiology of CVT (18% of cases) [36]. Acute infections of the middle third of the face (especially with *Staphylococcus aureus*), different paranasal sinusitis, multiple dental abscesses, otitis media, mastoiditis, or different infections of throat or scalp can determine acute cerebral thrombo-phlebitis, especially for the cavernous and lateral sinuses. Chronic CVT is produced especially by gram-negative germs or by fungi (Aspergillus). Cerebral thrombophlebitis may also develop as a complication of other loco-regional infections, such as meningitis, epidural, or brain abscesses, or after different open traumatic injury of the head, pelvic phlebothrombosis, or even after systemic infections (trichinosis, cytomegalovirus) [3].

# **4.9 Systemic autoimmune diseases**

The most frequent are systemic lupus erythematosus (SLE), with or without the nephrotic syndrome, Behçet disease, and inflammatory bowel disease [8, 14].

# **4.10 Head injury and mechanical precipitants**

- These are rare causes of CVT.
- a. Cerebral veins and dural sinuses could be occluded by different loco-regional factors, such as head trauma, brain tumors, arachnoid cysts, arteriovenous malformations, and by
- b. Mechanical factors, such as neurosurgical procedures, lumbar puncture, jugular venous cannulation, epidural blood patch, or spontaneous intracranial hypotension [3, 50].

# **4.11 Cryptogenic (idiopathic) CVT**

There is still a minority of CVT cases with no underlying etiology or risk factor. Thus, in the ISCVT cohort, no risk factors could be determined in about 13% of CVT adult cases [9], in a higher percentage for older patients (37%) [9, 17], and in a lower percentage for children (only 10%), respectively [19].

# **5. Pathophysiology**

The pathophysiology of CVT is still incompletely known, due to multiple reasons, including different anatomic variants or anomalies of the cerebral venous channels and the paucity of experiments in animal models of CVT [9]. However, there are two pathophysiological mechanisms determined by the thrombosis of cerebral veins and dural sinuses; they are represented by the diminution of cerebrospinal fluid (CSF) absorption, and by the increase of venular and capillary pressure, respectively (**Figure 2**) [5, 51–53].

#### **5.1 The diminution of CSF absorption in CVT cases**

It is generated by the occlusion of the dural sinuses.

The normal absorption of CSF occurs in the arachnoid granulations and glymphatic system, which drains CSF into the dural sinuses, especially at the level of the SSS, LS, and internal jugular vein (IJV). In the case of dural sinuses thrombosis, a rise of the venous pressure occurs, with a consecutive decrease of CSF absorption which, secondary, elevates the intracranial pressure. This phenomenon determines an increase in venular and capillary pressure and produces vasogenic and cytotoxic edema and cerebral hemorrhage [5, 51–53].

#### **5.2 The increase of venular and capillary pressure**

It is the result of the obstruction of different dural sinuses and cerebral veins [5, 51–53].

In the initial stages of venous occlusion, a decreased but still efficient perfusion of the corresponding brain territory might be possible, due to the dilatation of cerebral veins (which present thin walls, without a muscular tunic) and, to the recruitment of efficient collateral pathways: veins of Troland and Labbe (because the cerebral veins present no valves, with the subsequent inversion of venous flow toward the brain if there is thrombosis of the sinus into which they empty). This explains why the corresponding areas of the brain can be functionally and metabolically affected, but not irreversibly anatomically damaged [5, 51–53].

As local cerebral vein pressure continues to increase, with an exceeded collateral circulation, a progression of the clot within cerebral veins tributaries will significantly decrease the cerebral perfusion pressure. Consequently, the blood-brain barrier will be affected, producing vasogenic edema, cytotoxic edema producing local venous infarcts, and venous and capillary lesions with subsequent cerebral or subarachnoid hemorrhages [5, 51–53].

The decrease of the cerebral channels drainage secondary to their thrombosis produces an increase in venous and capillary pressure, with causing vasogenic edema,



#### **Figure 2.** *Pathophysiology of cerebral veins and dural sinuses thrombosis.*

with leakage of blood plasma into the interstitial space of the white matter/inside the glial cells, under the control of the hydrostatic pressure and osmotic gradients. This type of edema does not determine neuronal lesions, because the fluid in excess in the extracellular space can be evacuated [5, 51–53]. The increased intravenous pressure may lead to a decrease in cerebral perfusion pressure, resulting in diminished cerebral blood flow and consecutive failure of energy metabolism. This allows intracellular entry of ions and water across the cell membranes into neurons, from failure of the Na+/K+ ATPase pump and subsequent cytotoxic edema. In consequence, cytotoxic edema is an intracellular edema, caused by ischemia, producing the dead of neurons [5, 51–53].

Advances in understanding the pathophysiology of cerebral veins and dural sinuses occlusion have been obtained by the use of diffusion-weighted MRI and perfusion-weighted MRI, which have demonstrated the coexistence of both cytotoxic and vasogenic edema in patients with CVT [5, 51–53]. In cerebral venous infarcts, vasogenic edema is the majority in comparison with cytotoxic edema, thus explaining why cerebral venous infarcts differ from arterial ones and have a better prognosis [3, 51–53]. Brain edema and associated augmented intracranial pressure determine headache, vomiting, and diminished consciousness. In the situation of severe pressure differences, consecutive brain herniation can produce death [3].

The increase of the venous and capillary pressures determines cerebral vessel damage and erythrocyte diapedesis due to disruptions of the blood-brain barrier both resulting in cerebral hemorrhage. The neuronal lesions induced by the venous hemorrhages are usually minor than those produced by the arterial ischemic strokes [51–53].

Histological assessment in CVT patients identifies dilated brain veins, brain edema with compressed gyri, decreased sulci, small ventricles due to compression, and ischemic neuronal damages. The brain venous clot resembles different venous clot (an acute clot contains a majority of red blood cells—RBC—and fibrin and a minority of platelets; a chronic thrombus is substituted by fibrous tissue, usually with permeabilization) [3].

# **6. Clinical diagnosis**

The clinical presentation and outcome of CVT are determined by multiple aspects, such as position and amount of occluded venous channels, the status of collateral pathways, the possible association of parenchymal lesions (cytotoxic or vasogenic edema, hemorrhage), age, gender, risk factors, and interval from clinical onset to treatment [4, 6]. Frequently, the clinical spectrum of CVT can be polymorphous, and misleading, usually with a subacute onset (in 50–80% of cases) [3, 54].

### **6.1 Clinical syndromes**

In neonates, frequently CVT present a polymorphous clinical picture, with tetraparesis, seizures, and encephalopathy [19]. In older children, the clinical picture is similar to adults, especially with headache and paresis [55]. In elderly patients, encephalopathy is more frequent than in adults, whereas intracranial hypertension is unusual [1–4].

Usually, in adults with CVT, four clinical syndromes have been observed in combination or isolation: intracranial hypertension, focal neurological deficits, seizures, and encephalopathy [1–4]. Only a minority of adult CVT cases present distinctive clinical syndromes, such as painful ophthalmoplegia (due to cavernous sinus thrombosis), or condylar jugular syndrome-with IX-XII cranial nerves palsies (due to IJVs, or posterior fossa vein thrombosis) [1–4].

#### *6.1.1 Intracranial hypertension*

It is the most frequent clinical syndrome detected in CVT patients (40% of cases) [8], being composed of headache, associated with vomiting, papilledema, visual complaints, and sixth nerve palsy [54]. This syndrome appears usually in cases with a chronic onset [56, 57].

Headache is the most frequent symptom detected in CVT cases (about 90% of patients in the ISCVT cohort). Usually, it may appear initially isolated, and it is more frequent in females and younger adults than in males or older patients [54, 55]. Headache from CVT is polymorphic: It may be localized or diffused [56]; usually, it is severe increasing during the night and can get worse with Valsalva maneuvers or position changes (when the patient is lying down) [2, 32]. Sometimes, it resembles a migraine with aura [58], and rarely, it appears like a thunderclap headache (mimicking a subarachnoid hemorrhage) [59]. Different risk factors for CVT (meningitis, epidural or brain abscesses, meningiomas, dural arteriovenous fistulas, vasculitis) develop headache. This symptom appears more frequently in CVT cases than in patients with cerebral arterial infarcts [3, 8].

Papilledema is noted on fundoscopy in 25–40% of CVT patients, especially in those with chronic onset. It can determine transient loss of vision (usually accompanied by severe headache), and, if prolonged, optic atrophy and subsequent peripheral blindness [8, 14].

#### *6.1.2 Focal neurological deficits*

According to different studies, they are observed in 37–50% of all CVT cases and are detected at onset in 15% of CVT patients [3, 9]. Paresis, usually paraparesis, is the most common sign (in the ISCVT cohort was observed in 37% of CVT patients) [3, 9]. Additional focal neurological deficits are more rare, such as Wernicke aphasia (appears in left transverse sinus occlusion connected with a posterior left temporal cerebral venous infarct), hypoesthesia, hemianopia, and ataxia (which is noted in posterior fossa veins thrombosis) [9]. Rarely, mixed transcortical aphasia is observed in left thalamus lesions due to deep cerebral vein thrombosis [60].

#### *6.1.3 Seizures*

They can appear as focal or generalized seizures, even status epilepticus, especially during the evolution of CVT (in the ICSVT cohort in 40% of patients) [9], and less often at the onset of CVT (12–15% of cases) [61, 62]. Seizures develop more frequently in patients with CVT who present motor deficits, and with supratentorial parenchymal brain lesions, which are the result of thrombosis of the SSS and tributary cortical veins [61, 62]. A higher incidence of seizures has been noted in peripartum (76%) [62] and neonates (44%) [63]. Seizures are more frequently in CVT than in arterial strokes [61–63].

### *6.1.4 Encephalopathy*

Subacute/chronic encephalopathy is more frequent than acute encephalopathy. This syndrome consists of impaired mental status with cognitive impairment (such as delirium, apathy, and dysexecutive syndrome), and decreased level of consciousness (varying among stupor and profound coma). Commonly, it is related with different focal neurological deficits and it is usually detected in ageing or neonate cases [17, 64]. Sometimes, the decrease in the level of consciousness is reversible; nevertheless, coma at clinical onset is the key predictor of a poor outcome [1–4].

# **6.2 Topographic clinical diagnosis**

Because of different factors, such as frequent simultaneous multiple cerebral veins and dural sinuses thrombosis (more than two-thirds of CVT patients), different anatomic variants and anomalies of cerebral venous channels, and the status of the venous collateral circulation, the topographic clinical diagnosis of CVT is not so welldefined like in arterial infarcts [3, 9, 65]. Nevertheless, isolated occlusion of cerebral venous channels determines the following clinical characteristics (**Figure 1**).

# *6.2.1 Superior sagittal sinus (SSS) thrombosis*

It is the commonest dural sinuses thrombosis, particularly during the puerperium (62–80% in associated occlusion and 30% in isolated thrombosis, respectively) [3, 8, 14]. Usually, it appears as an isolated intracranial hypertension syndrome. The clinical spectrum may vary depending on the simultaneous thrombosis of other cerebral venous channels, especially of the bilateral tributaries' superficial cerebral veins. In this last situation, bilateral motor/sensory signs (especially in the legs) and psychiatric symptoms (prefrontal syndrome) may be detected due to bilateral frontoparietal hemispheric lesions [3, 8, 14].

### *6.2.2 Lateral sinus (LS) thrombosis*

LS thrombosis may develop various clinical pictures. Usually, patients with isolated LS occlusion present intracranial hypertension (pseudotumor) syndrome; less often, they accuse isolated headache. Some patients may also develop associated focal neurological deficits due to cerebral lesions determined by the progression of the LS thrombosis to tributaries' cerebral veins. Thus, fluent Wernicke aphasia appears in left transverse sinus thrombosis associated with tributaries left temporal cortical vein thrombosis (40%), frequently in association with right hemianopia or superior quadrantanopia. Right temporal lobe lesions determine only left hemianopia, without aphasia. Nystagmus and gait ataxia characterize cerebellar lesions subsequent to LS thrombosis associated with tributaries posterior fossa veins thrombosis [3, 9, 65]. Due to the fact that the left LS is sometimes hypoplastic (10–14%), the intracranial hypertension syndrome occurs especially after right LS occlusion. In such situations, a bilateral venous drainage impairment may be detected concerning the basal regions of temporal lobes and cerebellum, with corresponding temporal lobe and cerebellar signs [1–4, 65].

The infectious etiology is much more frequent in LS thrombosis than in SSS occlusion. Thus, otitis, mastoiditis, or sinusitis can produce septic LS thrombosis: "otitic

hydrocephalus" [3, 65]. In this situation, the patient presents a relatively characteristic clinical picture with fever, headache, nausea and vomiting, vertigo, diplopia produced by sixth nerve palsy, neck pain, neck tenderness, and temporal and retroorbital pain due to symptomatic trigeminal neuralgia [3, 65]. Sometimes, isolated LS thrombosis (clinically manifested with an isolated headache) could be produced by severe thrombophilia, without any associated infection (such as otitis) [5, 65, 66]. This is the reason why screening for LS thrombosis has to be performed in young females with isolated acute headache without otitis or mastoiditis [65, 66]. Rarely, LS thrombosis may produce isolated pulsating tinnitus [67].

#### *6.2.3 Cavernous sinus thrombosis*

It is rare and usually has an infection etiology, such as pyogenic infections of the face or of the paranasal sinuses [68, 69]. In cases with acute unilateral septic cavernous sinus thrombosis, they develop a peculiar clinical spectrum, with painful ophthalmoplegia, usually associated with proptosis, chemosis, conjunctival edema, papilledema, and retinas hemorrhages (due to ophthalmic superior vein thrombosis). If a fast diagnosis and an adequate treatment are missing, it progresses bilateral *via* intercavernous sinuses. When the clot extends to other venous channels, seizures and paresis may appear [68, 69]. In some situations, such as thrombophilia, surgery on intracranial or facial structures, and occlusion of dural arteriovenous fistulas, an aseptic cavernous sinus occlusion may be detected, with a poor clinical picture represented by an isolated abducens nerve palsy and mild proptosis [68].

#### *6.2.4 Superior and inferior petrosal sinuses thrombosis*

Usually, it is a sequela of cavernous or sigmoid thrombosis. The occlusion of the superior petrosal sinus clinically occurs as an isolated trigeminal palsy, while the thrombosis of the inferior one appears as an isolated abducens palsy [1–4].

#### *6.2.5 Cortical vein thrombosis*

Isolated occlusion of superficial cerebral veins is rarely detected (only 2% of all CVT cases), but it is certainly underdiagnosed, due to difficulties to identify this disease using traditional MRI sequences (spin-echo) and MR venography [70]. Occlusion is detected especially at the level of the superior superficial cerebral veins, with a clinical spectrum consisting of seizures associated with focal neurological deficits, such as motor/sensory deficits or aphasia [70].

#### *6.2.6 Deep cerebral vein thrombosis*

This type of cerebral vein thrombosis is usually associated with the occlusion of the SS; it rarely appears, more often in neonates. In such cases, its clinical picture is severe, with encephalopathy, and tetraparesis [71, 72]. In adults, a more limited occlusion of the deep cerebral veins, without associated SS thrombosis, can determine milder clinical features, especially headache, vomiting, gait ataxia, alternating hemiparesis or tetraparesis, neuropsychological symptoms, and even minor troubles of consciousness [71, 72]. Exceptional, "benign" cases of occlusion of the deep cerebral veins were reported with only mixed transcortical aphasia [60].

#### *6.2.7 Posterior Fossa vein thrombosis*

Isolated posterior fossa vein occlusion rarely occurs, because these veins possess efficient collateral pathways. However, it is the main differential diagnosis in patients with different risk factors for CVT, which present some clinical aspects (intracranial hypertension syndrome, and cerebellar-vestibular syndrome), and atypical features on brain CT, such as bilateral cerebellar infarcts or irregular cerebellar hemorrhages [73, 74].

# *6.2.8 Internal jugular vein (IJV) thrombosis*

Usually, the IJV thrombosis appears as a progression of the sigmoid sinus thrombosis or may be determined by cannulation for long-term IJV access or can be subsequent of tonsillopharyngitis (Lemierre's syndrome). IJV occlusion can be asymptomatic, or it can manifest itself in the form of a local infection (pain and tender of the mastoid, and a painful and swelling occluded IJV). A jugular foramen syndrome (consisting of unilateral pulsatile tinnitus [67] or multiple low cranial nerve palsies VIII-XII) develops if the infection disturbs the skull base [75].

### *6.2.9 Emissary vein (EV) thrombosis*

The emissary veins (e.g., petrosquamosal sinus (PSS)) are vestigial veins, which present no valves and link the dural sinuses with the extracranial veins. Posterior fossa EVs cross through different cranial orifices and guarantee (with the IJV) a supplementary extracranial venous empty of the posterior fossa veins. On one hand, in healthy subjects, EVs are small and asymptomatic. On the other hand, in pathological situations (such as high-flow arteriovenous malformations, IJV aplasia, or IJV, or LS occlusion) EVs become large with clinical significance (different craniofacial syndromes and pulsatile tinnitus) [67, 74].

### **7. Laboratory tests**

Unfortunately, apart from neuroimaging, there is no simple confirmatory laboratory test that can surely exclude acute CVT.

### **7.1 Blood assay**

According to Guidelines from the American Heart Association/American Stroke Association (AHA/ASA) a comprehensive blood count, chemistry panel, prothrombin time, and activated partial thromboplastin time are mandatory for patients with clinical suspicion of CVT [14]. The results from these tests may detect pathological processes that produce CVT, such as a hypercoagulable state, infective, or inflammatory diseases. Antiplatelet factor four (PF4) antibodies are examined for COVID 19-vaccination-associated CVT [47]. On one hand, the screening for use of OC is suggested at the first assessment of young females with clinically suspected CVT, and, on the other hand, the screening for an occult neoplasm is indicated in CVT cases older than 40 years [14, 76].

# **7.2 D-dimer**

A high plasma D-dimer level recommends the diagnosis of CVT, but a normal plasma D dimer level does not eliminate the CVT diagnosis, especially in those situations with associated risk factors and a clinical picture compatible with CVT, such as isolated headache in young females [77, 78].

# **7.3 Lumbar puncture and cerebrospinal fluid (CSF) assessment**

Both techniques may be suitable to eliminate meningitis in those CVT patients with isolated intracranial hypertension syndrome, and in cases with sepsis, or with fever and no clear source of infection [9, 79]. An augmented opening pressure during the assessment of CSF pressure is usually detected in CVT patients with isolated intracranial hypertension. Nevertheless, CSF assessment is not useful for cases presenting focal neurologic deficits and neuroimaging data suggestive for CVT. Unfortunately, the CSF anomalies in CVT are generic, such as lymphocytosis, hyperproteinorahia, and abundant red blood cell count, and are detected between 30 and 50% of all CVT patients [79]. Lumbar puncture is contraindicated in CVT cases with large parenchymal lesions, due to a high risk of herniation [8, 79].

# **7.4 Evaluation for thrombophilic state**

Investigating for thrombophilia should be done for those patients who have an important possibility of severe thrombophilia (such as an individual and/or family history of systemic or cerebral venous occlusion, CVT in young adults, or in cases without a risk factor for CVT) [6]. When specified, screening should comprise factor V Leiden, prothrombin G20210A pathologic variant, homocysteine, antithrombin, protein C, protein S, lupus anticoagulant, anticardiolipin, and anti-beta2 glycoprotein-I antibodies [9, 76].

# **8. Neuroimaging**

Neuroimaging techniques are mandatory for the diagnosis of CVT [76, 80].

# **8.1 Head computed tomography (CT)**

Head CT is generally the initial method to be done in the emergency department in patients with acute clinical doubt for CVT [12]. It should be realized primarily without contrast enhancement (NCECT), and subsequently (if intracranial hemorrhage is not detected) with contrast enhancement (CECT) (**Table 1**) [1, 14, 76, 80].

The main advantages of head CT are: a) it may diagnose other diseases that CVT can clinically be like, such as subdural hematoma, abscess, or neoplasms; b). it may detect diseases that can themselves determine CVT, such as sinusitis, mastoiditis, abscesses, or meningiomas; c). it can identify direct and indirect signs of CVT [3, 76, 80].

# *8.1.1 Direct signs of CVT on head CT*

They signify the direct imagining of the venous thrombus inside the occluded cerebral venous channel and can be detected in 30% of all CVT cases. They are



#### **Table 1.**

*Computed tomography (CT) and magnetic resonance imaging (MRI) features in CVT [1].*



#### **Figure 3.**

*Non-contrast head CT performed in the acute phase shows hyperdense appearance (acute thrombosis) of the left latero-mesencephalic vein [60].*

represented by the "cord sign," the "dense triangle sign," and the "empty delta sign" [8, 76, 81, 82].

The "cord sign" characterizes an acute occluded cerebral vein on NCECT and is detected in 25% of all CVT patients. It looks as a curvilinear or linear hyperdensity determined by a fresh clot in-side a thrombosed cerebral vein (**Figure 3**) [60]. It can be detected during the first week of the disease [10]. After this period, the clot becomes isodense and then hypodense. Mimicking is detected in slow-flow patients; consequently, its specificity is considered to be rather low [3, 76, 80].

The "dense triangle sign" represents a fresh clot inside a dural sinus on NCECT, detected in only 1–2% of all CVT cases [80]. It looks as a triangular or round hyperdensity inside the sinus (usually the posterior part of the SSS) [8]. It is best imagined during the first 2 weeks from CVT clinical onset. As cases with increased hematocrit or dehydration can also determine this sign, and its specificity is low, particularly in other sinuses than SSS [81–83]. Venous sinus density quantification and Hounsfield unit-to-hematocrit (H:H) ratio have been observed to increase the sensitivity in diagnosing CVT, as attenuation of 62HU and higher is indicative of thrombosis [84].

The "empty delta sign" is observed on CECT scans in 10–20% of all CVT patients, between days 5 and 2 months after onset. It looks as a triangular hyperdensity of contrast enhancement of the walls of the sinus surrounding a hypodense central area without contrast enhancement inside the dural sinus (usually the posterior part of the SSS) [85, 86]. The sensitivity and specificity of this sign are increased to 30% of all CVT patients with CT exams with orthogonal sectioning, different window and level settings, and multi-planar reformations. Additionally, an premature separation of the SSS can be confused with this imagistic feature; consequently, it is not pathognomonic specifically characteristic for CVT [85, 86].

#### *8.1.2 Indirect signs of CVT on head CT*

These signs are more common than direct signs and are the following [9, 14]: The intense contrast enhancement of falx and tentorium denotes stasis or hyperemia of the dura mater and appears in 1/5 of all CVT patients. The former is usually problematic to detect in chronic cases, but the latter is observed without difficulty, specifically representing SS and SSS occlusion [1–4, 85].

The cerebral veins may look dilated on the native CT assessment, due to their anatomic peculiarities (they possess thin walls, without a muscular tunic) [85]. Diffuse brain edema (20–50% of all patients) can subsequently determine an effacement of cerebral sulci and small ventricles; this latter feature may be hard to discriminate from typical aspects with small ventricles in young patients [9, 85]. The detection of the reverse sign (enlarged ventricles) cannot eliminate the CVT diagnosis, as it may be determined by the hydrocephalus due to increased CSF creation and decreased reabsorption due to increased cerebral venous pressure. Frequently, it is the hallmark of posterior fossa veins thrombosis. In both situations (small vs. enlarged ventricles), a judgment with anterior CT exams is mandatory [9, 85].

Cerebral parenchymal abnormalities may be divided into nonhemorrhagic and hemorrhagic and may be identified in 60–80% of all CVT patients [85]. The former type of abnormalities comprises extensive areas of hypodensity, produced by diffuse brain edema, as well as focal zones of hypodensity formed by loco-regional edema or cerebral venous infarction, not respecting the arterial borders. With serial imaging, some of these abnormalities may disappear ("vanishing infarcts"), and new parenchymal anomalies may be observed. The latter type of parenchyma abnormalities contains hemorrhagic infarcts, intracerebral hemorrhage, or rarely subarachnoid hemorrhage (**Figure 4**) [8, 60, 85].

Some types of CVT may develop on CT peculiar aspects.

First, numerous irregular filling defects with distended cavernous sinuses and orbital veins on CECT are mandatory for cavernous sinus thrombosis [14, 76]. Second, bilateral parasagittal hemispheric lesions are very evocative for occlusion of the SSS. [14, 76] Third, temporo-occipital lesions designate LS or vein of Labbe thrombosis [14, 76]. Fourth, in patients with acute deep cerebral veins occlusion, they present bilateral hypodensities, representing thalami, basal ganglia, and internal capsule infarcts; bilateral hyper-densities with the same location, determined by acute cerebral hemorrhages or hemorrhagic infarcts; extensive edema with compression of the third ventricle and subsequent hydrocephalus, and a hyperdense area inside the occluded sinuses, due to a fresh clot. In consequence, the presence of hemorrhage or edema adjacent to a cerebral venous channel should recommend CVT [14, 76]. Fifth, cerebellar venous infarctions can produce hydrocephalus and compression of the fourth ventricle [14, 76].



#### **Figure 4.**

*Non-contrast head CT performed in the acute phase shows venous infarction with hemorrhagic transformation in corpus of the left caudate nucleus [60].*

Regrettably, head CT detection of CVT is insensitive, results being pathological only in 30% of true CVT subjects, and all CT signs are nonspecific in the other patients [14]. Additionally, different anatomic variants may mimic sinus occlusion, such as sinus atresia or hypoplasia, asymmetric sinus drainage, and normal sinus filling defects related to arachnoid granulations or intrasinus septa [14, 76]. Consequently, a normal Head CT will not eliminate a CVT. So, in clinically supposed cases, a CT venography or MRI venography is mandatory for CVT detection [81, 82].

# **8.2 CT venography-CTV (multi-detector CT angiography-MDCTA) with bolus injection of contrast material**

Usually, CT venography (CTV) is done especially in acute CVT patients, immediately after NCECT. It certifies an excellent detection of the venous channels (highdensity contrast in patent segments) (**Table 2**) [1].

CTV can distinguish both direct signs of thrombosis (filling defects, with low density in the occluded venous channels) and indirect signs (sinus wall enhancement and increased collateral venous circulation). Supplementary, in subacute or chronic CVT cases, CTV can detect a heterogeneous thrombus (**Table 2**) [8, 85].

When CTV accompanies head CT, their combined accuracy is 90–100%, depending on the obstruction location [86–90].

CTV presents some advantages versus digital subtraction intra-arterial angiography (DSA): It is cheaper, less invasive, and quicker (due to a faster image acquisition). CTV identifies better the ISS, the cavernous sinuses, and the basal vein of Rosenthal (with multiplanar reformatted images) than DSA [87–90]. Compared with DSA, the combination of CT/CTV has a sensitivity and specificity of 95 and 91%, respectively [14].

CTV offers some advantages compared to magnetic resonance venography (MRV): It is much more reachable, cheaper, faster, has no contraindications to ferromagnetic devices, amplified imaging resolution for the main dural sinuses, easier to comprehend, and has fewer artifacts than MRV. CTV presents a similar accuracy as time-of-flight (TOF) MRV in the detection of the dural sinuses, with



#### **Table 2.**

*Comparison of CTV and MRV in CVT [1].*

higher ability versus MRV to detect: the ISS and the nondominant transverse sinus occlusion; the single cortical vein thrombosis; and venous channels with low flow [87–90]. Regrettably, CTV is less sensitive in the valuation of the superficial and deep cerebral veins than in that of the dural sinuses. This weakness can be perfected by using multiplanar reformations, which growths the sensitivity of CTV beyond DSA [87, 88]. Unfortunately, maximum intensity projection (MIP) image generation has reduced recognition of skull base components in three-dimensional display, with unintended sinus omission from bone subtracting algorithms. Nevertheless, this can be ameliorated with specific software for mask bone elimination [90]. CTV also has some disadvantages, such as contrast allergy, contrast nephropathy due to contrast material, and radiation exposure, which may contraindicate its usage during pregnancy or renal failure [90].

### **8.3 Magnetic resonance imaging (MRI) of the head**

Unenhanced MRI is a more sensitive technique for detecting CVT than NECT. Patent dural sinuses can be seen as flow voids (hyposignal on T1, and T2 WI) on MRI [91, 92].

MRI pathological signs in CVT patients consist of direct signs (detecting the thrombus itself inside the venous channel) and indirect signs, respectively (lesions secondary to venous occlusion, perceived especially at the level of the cerebral parenchyma) [91, 92].

# *8.3.1 The MRI direct signs*

The key signs of thrombosis are represented by the replacement of normal dark flow void (which certifies the presence of flow inside a patent venous channel) with the absence of a flow void (which denotes the absence of flow in an occluded cerebral venous channel). The signal intensity of the venous clot on T1- and T2-weighted MR images is comparable to a hematoma, and it is developing dependent on thrombus oldness. The consecutive signal intensity changes observed in the thrombus are the consequences of the paramagnetic aspects of the hemoglobin and its degradation products (i.e., hemosiderin, methemoglobin, deoxyhemoglobin) (**Table 3**) [82, 91–96].

- a. In the acute phase (the first 5 days after the clinical onset), the flow void is missing (the vessel is occluded with absence of flow) and the thrombosed venous channel is isointense with brain tissue on T1-WI and hypo/isointense on T2-WI, as a result of the richness of deoxyhemoglobin in RBC inside the thrombus. The recognition of CVT (fresh venous clot) in the acute stage is problematic on single conventional MRI, because the MRI signs are comparable to normal venous flow. Therefore, other MRI sequences, MRV, CTV, or DSA are required to identify the absence of flow in the occluded cerebral veins or dural sinuses [91, 92].
- b. In the subacute phase (between 6 and 15–30 days after the clinical onset), the thrombus becomes more apparent because the signal is hyperintense in both T1- and T2-WI, due to the accumulation of methemoglobin inside the clot. These imaging signs are specific for CVT and are the most common imagistic features (**Figure 5**) [89–92].
- c. In the chronic stage (between 2 and 4 weeks after the clinical onset), the commencement of recanalization of the previously thrombosed venous channel produces the reappearance of the flow void (the vessel is now patent). In this stage, the venous thrombus, which is heterogeneous, is isointense on T1-WI, with variable intensity (iso/hyperintense) on T2-WI, due to the deoxygenated hemoglobin and methemoglobin components. Therefore, in this stage, the diagnosis of CVT can be unnoticed [91, 92].

After 4–6 months, no signal anomaly is observed on T1-WI or DWI; nevertheless, delicate changes (heterogeneous topic signal abnormalities) can be detected in T2-WI or FLAIR, which can persist for years, and should not be interpreted for a recurrent acute CVT [91, 92].



# **Table 3.**

*The evolution of the thrombus signal [82].*



#### **Figure 5.**

*MRI midline sagittal T1-weighted image. Blue arrow—hyper-intense signal indicating subacute thrombosis of the SSS; this pattern was found 14 days after the onset of symptoms.*

Regrettably, in a substantial percent of cases, we can notice false-negative or falsepositive appearances. The false-negative situations are infrequent and characterize a supra-acute or chronic stage, or a single superficial cerebral vein occlusion, which will be detected mainly by DSA. The false-positive conditions are the consequence of slowly cerebral venous flow. To diminish both artifacts, we have to change the position of the subject, to repeat the sequence in another plane, with two or more sequences, and with other types of sequences, as follows [76, 85]:

*Gradient echo T2\*-weighted (T2\*GRE) MRI sequences*: Recognize CVT, as degradation products, which can determine augmented signal drop-out, identifying intravenous channels thrombus in stages where the clot can be barely visible in other sequences [93]. Consequently, on T2\*GRE MRI sequences, the fresh thrombus can be identified as an area of hypointensity in the affected venous channel. Nevertheless, a chronically occluded dural sinus may still present hypo signal on *T2\*GRE* [94].

*Echo-planar T2 susceptibility weighted imaging (T2\*SWI) MRI sequences*: It is a complementary T2\* GRE sequence to assess CVT. SWI detects the acute isolated superficial cerebral veins occlusion, when both T1 and T2 are less sensitive. It identifies the intraluminal thrombus as a hypointense area. The exaggeration of magnetic susceptibility effect (MSE) aids recognition of discrete thrombosis, and supplementary, this sequence distinguishes cerebral venous stasis, existence of collateral circulation, and intracranial hemorrhage [95]. Complementary, SWI shows a blooming artifact better detected than T2\* GRE, determining a better position of the clot or hemorrhage. Isolated superficial cerebral vein occlusion may be easier to diagnose on the maximum-intensity projections (MIPs) of SWI compared to dedicate venous imaging [82, 95].

#### *8.3.2 The MRI indirect signs*

Different cerebral lesions secondary to venous channel occlusion, such as brain edema, cerebral infarct, and/or cerebral hemorrhage, observed in CVT patients are better identified by MRI than by CT [81].

Cerebral edema and cerebral venous infarction determine both a hypersignal on T2-WI and an isointense/hypointense signal on T1-WI. Isolated cerebral edema, without associated cerebral venous infarcts or cerebral hemorrhages, may be detected in near half of CVT cases and may be accompanied with cortical sulcal effacement and small ventricles. When these MRI features are identified, CTV or MRV should be done to endorse the CVT diagnosis [91, 92].

Cerebral hemorrhage is characterized by a hypersignal in both T1- and T2- WI, occurring in 30% of all CVT cases. Frequently, SSS thrombosis may be associated with flame-shaped, irregular, and heterogeneous bilateral parasagittal areas of frontoparietal hemorrhages. Usually, LS occlusion is accompanied by both temporal and occipital lobes lesions. The occlusion of the vein of Galen or of the SS may be associated with bilateral deep brain lesions, such as thalamic hemorrhages, intraventricular hemorrhages, or wide brain edema [91, 92].

Unfortunately, there is no simple confirmatory MRI indirect sign for CVT, but their significance is clear because of the concomitant MRI direct signs for CVT [91, 92].

*Diffusion-weighted imaging (DWI) techniques*: DWI detects the thrombus as a hypersignal inside the occluded venous channel, with a reduced apparent diffusion coefficient (ADC). Patients with restriction on DWI have extended recovery time and lower probability of total clot recanalization (DWI-prognostic factor) [14, 96] (**Figure 6**).

DWI identifies cerebral edema, which may be divided in:

• Vasogenic edema, presenting diverse signal deviations in the damaged regions, and raised ADC values, lacking lesser ADC values than in health areas [1, 94].



• Cytotoxic edema, presenting a hypersignal, and low ADC values [1, 94].

#### **Figure 6.**

*DWI-b1000. Non-contrast head MRI performed in the acute phase shows a large venous infarction in right temporal lobe (arrows).*

On perfusion-weighted (PWI) MRI, relative cerebral blood volume (rCBV), and mean transit time (MTT) are augmented in damaged regions, with conserved relative cerebral blood flow (rCBF) [1–4, 96].

Usually, in CVT patients, the vasogenic edema is prominent versus cytotoxic edema; in consequence, the corresponding cerebral areas may be functionally and metabolically affected, but not irreversibly. The reversibility of venous brain lesions is emblematic for CVT patients, determining both a better recovery in venous cerebral ischemic strokes than in arterial infarcts and vanishing lesions on MRI, respectively [91–96].

#### **8.4 Magnetic resonance venography (MRV)**

MRV may be realized without contrast enhancement (using TOF technique or phase-contrast technique) or with a contrast-enhanced technique [97, 98].

# *8.4.1 The two-dimensional (2D-TOF) technique (with 1.5- and 3-mm thick slices in the coronal and axial planes)*

This technique is mandatory in pregnant or breastfeeding females, or in patients with severe renal failure, where contrast enhancement is proscribed. It detects: a). the direct sign of CVT, represented by the absence of flow signal (nonappearance of opacification) of venous channel, though interpretation can be confused by different anatomic variants, like sinus hypoplasia, or asymmetric flow [97, 98]. b). The indirect signs of CVT comprise delayed emptying, collateral venous circulation, dilated veins, and tortuous collateral cortical veins (corkscrew veins) (**Figure 7**) [4].

2D-TOF technique is superior to its 3D counterpart, because it has a relative absence of saturation effects and superior sensitivity in the setting of slow venous flow but presents a low sensitivity to small cerebral veins with slow flow. One significant pitfall is that same-plane acquisition can produce false-positive results from saturation and subsequent signal nulling, as this technique is most sensitive to orthogonal flow [97, 98].

#### *8.4.2 Contrast-enhanced (CE)-MRV (MRV with gadolinium)*

MRV with gadolinium realizes a direct examination of luminal filling similar to that of CTV, with similar sensitivity and specificity (**Figure 8**). Both CTV and CE-MRV are superior to the TOF and phase-contrast (PC) techniques, due to different artifacts that may be observed in these sequences [85]. Regrettably, conventional MRV has some limitations: It has a diminished capacity in identifying cavernous sinus and superficial cerebral veins thrombosis, partial thrombosis of other dural sinuses and cerebral veins, or net distinction between hypoplasia and occluded sinus [8].

Different MR techniques may be suitable to distinguish between sinus hypoplasia and dural sinus thrombosis. T2\*GRE or T2\*SWI MRI sequences will distinguish a normal signal in a hypoplastic sinus and an abnormally low signal in the occurrence of a thrombus [93–95]. Supplementary, a chronically thrombosed hypoplastic dural sinus will have absence of flow on 2D-TOF MRV and enhancement on CE-MRI and MRV [8].

CE-MRV sequences should be differentiated from different anatomical 3D T1 sequences, such as SPGR, BRAVO, TFE, and FFE [2].



#### **Figure 7.**

*3D-CORONAL VRT (reformatted by 2D-TOF venography) sequence shows an absent flow in left jugular bulb, left sigmoid sinus, left transverse sinus, and sinus confluence.*



#### **Figure 8.**

*3D-CORONAL VRT (reformatted by CE-MRA) sequence filling defect throughout the dural right cavernous sinus (arrow).*

*3D elliptical T1 post-gadolinium enhancement:* It is a relatively newer technique, in which the paramagnetic effect of gadolinium shorts T1 and produces positive intravascular contrast enhancement [85, 98]. It realizes an improved assessment of the superficial and deep cerebral veins, and of the sinuses of the base of the skull (petrous, cavernous, and basilar plexus); an excellent detection of the lateral sinuses, even with hypoplasia; it overcomes the limitations of other MR techniques, especially signal losses in the situation of slow or turbulent flows (2D TOF, 2D, and 3D phase-contrast), not perpendicular to the acquisition plane (TOF) and in the event of unsuitable choice of encoding speed (2D and 3D phase-contrast) [85, 98].

*3D phase-contrast (PC) MRV*: It has a better capacity to detect slow flow and may better distinguish between slow flow and clot [97, 98]. Static contrast-enhanced 3D MRV detects better the cerebral veins and dural sinuses; unfortunately, it may present some restrictions in chronic dural sinus thrombosis as the clot may be enhanced, simulating a patent sinus [97, 98].

*Time-resolved 3D MRV (4D MRV):* This aspect is resolved with 4D MRV, which obtains images with diverse delays for better recognition of the venous clot [97]. This technique has better sensitivity to detect CVT than T2-WI, T2\*GRE, and TOF-MRV; additionally, it has better specificity than TOF-MRV, and it recognizes better chronic CVT [97].

# **8.5 Cerebral intra-arterial angiography with venous phase imaging and direct cerebral venography**

# *8.5.1 Cerebral intra-arterial angiography with venous phase imaging*

It needs a four-vessel angiography (conventional or DSA) with detection of the whole venous phase on at least two projections (frontal and lateral) and three oblique views for the recognition on the entire SSS [14, 99].

Distinctive signs of CVT are represented by the following: partial deficiency of opacification or absence of filling of venous channels, late emptying, dilatation of cortical, scalp, or facial veins, dilatation of collateral veins, reverse of venous flow, and the abrupt ending of cortical veins encircled by tortuous and dilated collateral "corkscrew" veins [14, 99]. The obstruction of the posterior portion or the SSS, both LSs or the deep cerebral veins, is relatively easy to detect, but it can be misdiagnosed with hypoplasia or aplasia when the anterior third of the SSS or of the left LS is occluded [3, 14, 99]. Thus, we have to identify other imagistic features, such as occlusion of other cerebral vein or dural sinuses or delayed draining and dilatation of collateral veins in the occlusion of the anterior part of the SSS, or total absence of opacification of the whole sinus or its sigmoid segment in LS thrombosis, respectively [3]. This method presents some limitations: It does not detect the thrombus itself, and it is invasive, presents radiation exposure, possible allergy to the iodine contrast material, and requests teams of experts [3, 14, 99].

#### *8.5.2 Direct cerebral venography*

This technique is realized throughout endovascular therapeutic techniques, identifying the thrombus inside the venous channel either as an intra-vessel filling defect (no occlusive thrombosis) or as a complete no filling (occlusive thrombosis); complete obstruction by the clot may occur as a "cupping appearance" inside the dural sinus [14, 99]. Although the interobserver agreement for the detection of CVT is

not excellent, the association of angiography with MRI will increase the interobserver agreement than angiography alone (94% versus 62%) [99].

# **9. Conclusions**

CVT adult patients are younger, predominantly females, and have diminished frequencies of classical vascular risk factors when compared with cases with arterial infarcts.

The main risk factors for CVT in adults are prothrombotic conditions, either genetic or acquired.

The pathophysiology of CVT regulates the clinical picture and the abnormal imaging features. The nonspecific clinical spectrum of CVT may produce delays in diagnosis and consists of headache or intracranial hypertension, seizures, focal neurological deficits, and/or encephalopathy.

Both CT-CTV and MRI-MRV are outstanding methods to diagnose CVT and to distinguish consecutive complications. They may be associated with better evaluation.



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