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1 **Spatio-temporal distribution of microplastics in a Mediterranean river**
2 **catchment: the importance of wastewater as an environmental pathway**

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30 **Abstract**

31
32 Microplastics (MPs) are considered to be ubiquitous contaminants in freshwater ecosystems,
33 yet their sources and pathways at the river catchment scale need to be better determined. This
34 study assessed MP (55-5000 μm) pollution in a Mediterranean river catchment (central Spain)
35 and aimed to identify the importance of wastewater as an environmental pathway. We sampled
36 treated and untreated wastewaters, and raw and digested sludge from five WWTPs during two
37 seasons. River water and sediments were sampled at three locations with different
38 anthropogenic influences during three seasons. On average, 93% (47 - 99%) of MPs were
39 retained by WWTPs. Concentrations in river water and sediment ranged between 1-227 MPs/m^3
40 and 0-2630 $\text{MPs}/\text{kg dw}$, respectively. Concentrations strongly depended upon land-use, with
41 pollution levels increasing significantly downstream of urban and industrial areas. Seasonality
42 influenced the observed MP concentrations strongly. During high flow periods, higher water
43 but lower sediment concentrations were observed compared to low flow periods. We estimate
44 that 1×10^{10} MPs are discharged into the catchment via treated and untreated wastewater
45 annually, which constitutes up to 50% of the total MP catchment discharge. Thus, we conclude
46 that the wastewater system represents a major environmental pathway for MPs into
47 Mediterranean rivers with low dilution capacity.

48
49 **Keywords:** microplastics, wastewater treatment plants, environmental monitoring, freshwater
50 ecosystems, Mediterranean region

51

52

53 **1. Introduction**

54

55 Microplastics (MPs; defined as plastic particles $< 5 \text{ mm}$) have been identified in numerous
56 environmental compartments globally (Auta et al., 2017; Cera et al., 2020; Schell et al., 2020).
57 Pollution by MPs raises environmental concerns as they can be ingested by and potentially
58 affect a wide range of organisms, from primary producers to fish and mammals (de Sá et al.,
59 2018). Yet, quantitative information about MP sources, pathways, and exposure is still limited,
60 especially in freshwater systems. Wastewater has been suggested as one of the main pathways
61 for MPs release to the aquatic environment and represents the convergence of a wide range of
62 potential MP sources (e.g., fibers from clothing, various types of fragments, tire and road wear

63 particles; Wagner et al., 2018; Ziajahromi et al., 2016). Although studies show that wastewater
64 treatment plants (WWTPs) are efficient at capturing MPs (about 60-99.9% are retained;
65 Barchiesi et al. 2021; Ngo et al., 2019), they still constitute a potentially significant source due
66 to the very large volumes of effluents discharged (Edo et al., 2020; Ziajahromi et al., 2017).
67 Thus, despite low concentrations typically reported for treated effluents, the number of particles
68 released to recipient waters can still be very high over relevant temporal scales (Liu et al., 2021;
69 Mason et al., 2016). Furthermore, in some cases, untreated wastewater may enter the
70 environment directly i.e., due to the lack of wastewater treatment infrastructure or the role of
71 combined sewer overflows, which may discharge untreated water during heavy rainfall events.

72
73 During wastewater treatment the bulk of MPs in wastewater influents is believed to be
74 sequestered and concentrated into the sewage sludge (Liu et al., 2019; Mintenig et al., 2017).
75 This solid by-product is frequently reused as fertilizer on agricultural land and these
76 wastewater-derived MPs can enter the terrestrial environment along this pathway (Corradini et
77 al., 2019; Van Den Berg et al., 2020). Thus, surface water runoff from agricultural soils, which
78 receive sewage-sludge or plastic input through other agricultural processes (e.g., plastic
79 mulching), has been suggested as another possible MP pathway to rivers (Horton and Dixon,
80 2018; Qi et al., 2020).

81
82 Industrial spillages, emissions from road traffic, atmospheric deposition, wind-blown debris
83 from littering or loss during waste disposal and the degradation of larger plastic debris directly
84 in the aquatic environment may further contribute to MP contamination in freshwater
85 ecosystems (Cai et al., 2017; Dris et al., 2018; Lechner and Ramler, 2015; Piñon-Colin et al.,
86 2020; Knight et al. 2020). Quantitatively assessing the relative contributions of each of these
87 pathways is challenging, and further research is needed to understand and characterize them in
88 relation to different anthropogenic pressures and geographical settings. Catchment
89 characteristics such as topography, hydrology, land use and soil characteristics are likely to
90 influence MPs sources, transport and sinks further, but the underlying processes are poorly
91 understood and quantified (Windsor et al., 2019).

92
93 In arid or semi-arid regions, MP inputs through surface water runoff from urban or agricultural
94 lands is expected to be lower than in wetter regions. WWTP effluents, however, contribute,
95 during most parts of the year, a large volume of the rivers' total water flow and may therefore

96 be of higher relevance compared to other MPs sources and pathways. Yet, the number of studies
97 assessing MP contamination in freshwater ecosystems in semi-arid areas – and particularly in
98 the Mediterranean region – is very low (Guerranti et al., 2020). Rivers in semi-arid areas are
99 subject to high temporal flow fluctuations, which may affect MP transport and sedimentation.
100 Further work to clarify the sources, environmental pathways, fate, and storage of MPs on the
101 catchment scale in semi-arid systems is required to establish the relative importance of
102 environmental variables and processes, and to design efficient measures to reduce MP
103 pollution.

104

105 Hence, the main objective of this study was to elucidate the role of wastewater as MP source to
106 rivers in a semi-arid Mediterranean catchment by (1) assessing the concentration of MPs in
107 influent, effluent and sludge of WWTPs with different treatment types, as well as their removal
108 efficiency, (2) establishing the spatial (land use based) and temporal (seasonal) distribution of
109 MPs in river water and sediment in the same catchment, and (3) determining the contribution
110 of wastewater to the total MP catchment discharge.

111

112 **2. Material and methods**

113

114 **2.1 Study area**

115

116 This study was conducted in the Henares River catchment (4,144 km²), which is located in the
117 upper Tagus River Basin, central Spain (Fig. 1). The Tagus River is the longest river in the
118 Iberian Peninsula, emptying into the Atlantic Ocean near Lisbon, Portugal. The Henares River
119 catchment has an average discharge of $2.66 \times 10^8 \text{ m}^3 \text{ year}^{-1}$ (based on the latest available 20-year
120 average; CEDEX 2021). The area is characterized by a continental Mediterranean climate, with
121 hot and dry summers and mild-to-cold winters. The flow regime of the Henares comprises high
122 flow during the winter and spring, and low flow during the summer and autumn (Camargo,
123 2006). While the upper part of this catchment is mostly characterized by forest areas or
124 extensive agriculture, the lower part is influenced by industrial and urban areas and wastewater
125 discharges (Fig. 1). The main industry sectors relate to chemical and metal products, machinery
126 and electrical equipment, transport equipment, as well as paper and printing materials. The two
127 main cities in the catchment, Alcalá de Henares and Guadalajara have a population of around
128 197,500 and 87,500 inhabitants, respectively.

129

130 We sampled five out of the 19 WWTPs in the catchment. The sampled WWTPs contribute to
131 approximately 75% of the wastewater discharge. About 1.5% of the wastewater is released
132 untreated into the catchment, mainly corresponding to small villages. Additional untreated
133 wastewater may also be discharged into the rivers during heavy storm events, when the influent
134 volume exceeds WWTP capacities. The five monitored WWTPs differ in regard to treated
135 water volume, treatment steps and influent water characteristics (urban wastewater or a
136 combination of urban and industrial wastewater; Tab. A1).

137

138 **2.2 MP sampling**

139

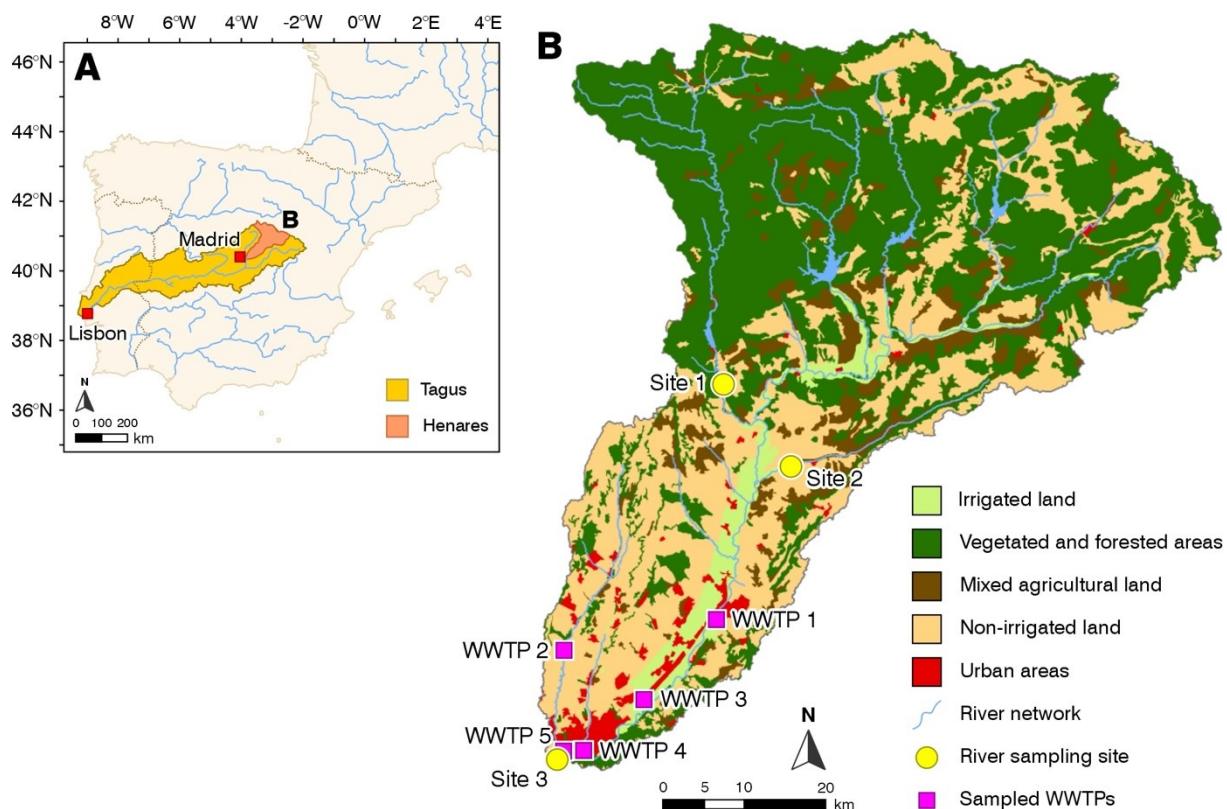
140 At each WWTP, the untreated influent, treated effluent, and raw and processed sludge (after
141 anaerobic or aerobic digestion and dehydration) were sampled. Samples were taken during the
142 summer (25-27 July) and autumn (6-8 November) of 2017. Influent (20 L) and effluent (200 L)
143 were sampled at each WWTP by filtering the water through a battery of nylon nets with
144 different mesh sizes (55, 150, 300 μm). Recommended sampling volumes differ depending on
145 the water type: the sample volume should be sufficient to be representative but small enough to
146 prevent clogging of the nets (Koelmans et al. 2019). After filtering, the concentrated samples
147 were stored in glass flasks, along with the milli-Q water used for rinsing the nets. Raw sludge
148 was sampled prior to sludge treatment steps – like digestion and dehydration – while the
149 processed sludge was sampled after these steps, directly from the sludge hopper. Both sludge
150 types were dried (50°C for 48-72 hours) and stored in glass flasks until further analysis.

151

152 Three sampling sites were chosen to assess the MP concentration in water and sediments of the
153 Henares River catchment (Fig. 1). Site 1 (Sorbe River; UTM 30T 484735 4526717) was located
154 downstream of forested and vegetated areas; Site 2 (Badiel River; UTM 30T 493150 4516208)
155 was located close to the outlet of a sub-catchment mainly influenced by agriculture, but was
156 also subjected to the discharges from untreated wastewaters from very small villages; and Site
157 3 (Henares River; UTM 30T 464261 4478887) was located at the outlet of the catchment. Water
158 and sediment samples were taken during summer (27 July to 1 August), and autumn (6-9 of
159 November) of 2017, and spring (23-24 April) of 2018.

160

161 River water was filtered through the same battery of nets as were used for wastewater. During
 162 each sampling event, 10,000 L of river water were pumped into the nets using a submersible
 163 pump (Jardín y Natura Outdoor & Garden Products S.L, WP30/3, with a flow of 5000 L h⁻¹).
 164 This is except for two samples where only 5000 L were filtered: sampling site 2 in summer,
 165 where rapid clogging of the net with organic material prevented the sampling of a larger
 166 volume, and at sampling site 3 in spring, in response to very high MP concentrations recorded
 167 in the earlier samples. At site 1 and 2, the pump was placed directly onto the riverbed with no
 168 or very little overlying water. At site 3, the water level was higher, and the pump was submerged
 169 directly below the water surface. The filtrate of each size fraction was collected in glass flasks
 170 along with Milli-Q water that was used to rinse the nets. These flasks were stored at 4°C until
 171 analysis. Sediment samples (approximately 0.5 kg wet weight) were taken from riverbed areas
 172 composed of sand and silt with a core sampler (sediment depth: 10 cm). The samples were
 173 dried (50°C for 72 hours) and stored in glass flasks until analysis.



174 Fig. 1 Location of the Henares river catchment within the Tagus River Basin in the Iberian Peninsula (A). The major river
 175 networks of the region are also shown. Location of river sampling sites and the sampled WWTPs within the Henares catchment
 176 (B), with a description of land use retrieved from the Corine land cover database (Corine land cover, 2006).
 177
 178

179 2.3 MP extraction and analysis

180 Water samples (wastewater and river water) were – depending on their organic matter content
 181 – either directly vacuum filtered onto filter papers (Whatman GF/A; Ø 47 mm; 1.6 µm pore

182 size) and retained for analysis or first treated to remove organic material. Some river water and
183 influent samples were largely clear or only contained large pieces of organic material that could
184 be removed and inspected for MPs. These samples were vacuum filtered directly onto filter
185 papers and retained for analysis. Samples with high organic matter content were first left to
186 stand until the overlying water was clear. This was then decanted off and vacuum filtered on a
187 filter paper. The remaining slurry was transferred to clean, pre-rinsed Erlenmeyer flasks and
188 treated using Fenton's reagent, following the procedure outlined in Hurley et al. (2018a). After
189 the digestion was complete, the flasks were filled with filtered RO water and permitted to settle
190 out overnight. The overlying water was decanted and vacuum filtered onto a filter paper,
191 representing a freshwater density extraction ($\rho=1.0 \text{ g cm}^{-3}$). The residual material in the flasks
192 was transferred to clean pre-rinsed polyethylene tubes and subjected to a further freshwater
193 density extraction, followed by two high density extractions using saturated NaI ($\rho=>1.75 \text{ g}$
194 cm^{-3}) to isolate MPs from the solid matrix. All filter papers were stored in petri dishes and
195 retained for analysis.

196 Solid samples (sludge and sediment samples) were subjected to both density separation and
197 organic matter removal. For the sludge, subsamples of between approximately 2.5 and 10 g
198 were weighed into clean, pre-rinsed Erlenmeyer flasks. Initial subsamples of 10 g were found
199 to be too large for some samples, which contained high MP counts. These samples were
200 repeated with smaller sub-sample sizes, which explains the final range that was used. The
201 samples were then treated with Fenton's reagent to reduce the organic content, following
202 Hurley et al. (2018a). Following digestion, the flasks were filled with filtered RO water to
203 loosen any particles adhering to the sides of the flask and to wash any residual hydrogen
204 peroxide in the sample. The samples were left to settle out overnight and the overlying water
205 was decanted and vacuum filtered. The remaining material in the flasks was then transferred to
206 clean, pre-rinsed polyethylene tubes for a second freshwater density extraction, followed by
207 two high density extractions, as was performed for the high organic content water samples. For
208 the sediment samples, 20-30 g replicates were weighed into clean, pre-rinsed polyethylene
209 tubes. They were first subjected to density separation using two high saturated NaI extractions.
210 The first extraction was typically characterized by a large amount of organic material, which
211 was collected using a 38 μm stainless steel sieve and transferred to an Erlenmeyer flask and
212 treated with Fenton's reagent. Both the digested material and the second extractions from
213 density separation (which had significantly low organic content) were filtered onto filter papers
214 (Whatman GF/A \varnothing 47 mm) and retained for analysis.

215 All filter papers were visually analyzed for MP particles using a Nikon SMZ 745T
216 stereomicroscope at 20-50x magnification. Each suspected MP particle was photographed
217 using an Infinity 1 camera and classified into beads (spherical particles), fragments, fibers,
218 films, foams, granules, glitter, or pellets (pre-production pellets). On rare occasions fiber
219 clumps occurred, that could not be separated. These were therefore counted as such. The long
220 and short dimensions of each particle were measured using the Infinity Analyze (v.6.5.4)
221 software package, following calibration using a measurement standard. Particle depth was
222 estimated to the nearest of 25 μm for particles extracted from sludge and sediment and the river
223 water samples taken in spring 2018. The ratio of the minor axis to the depth axis was calculated
224 for those samples, which had a median ratio of 0.5. Following the approach by Simon et al.
225 (2018), this ratio was then used to estimate the depth for MP fragments, granules, foams, and
226 glitter in wastewater and river samples from previous samplings (summer and autumn 2017).
227 For films a depth of 10 μm was assumed.

228 The polymer composition of suspected MPs was characterized using Fourier transform infrared
229 spectroscopy (FTIR). Large MPs ($>300 \mu\text{m}$; excluding fibers) were analyzed using an Agilent
230 Cary 630 ATR-FTIR equipped with a diamond crystal accessory. Each measurement comprised
231 four co-scans, taken at a spectral resolution of 4 cm^{-1} . A new background measurement was
232 taken before each individual particle was analyzed. Small MPs and all fibers ($55\text{-}300 \mu\text{m}$) were
233 analyzed using a Perkin Elmer Spotlight 400 μFTIR in transmission mode. The particles were
234 first compressed using a diamond compression cell (DC-3, Perkin Elmer) before being loaded
235 onto the machine, to improve spectral quality. Four co-scans, taken at a spectral resolution of 4
236 cm^{-1} , were taken for each particle measurement. A new background scan was made each time
237 the diamond compression cell was loaded onto the machine (approximately every 1-10
238 particles). Each spectrum was compared to a series of commercial (PerkinElmer Polymer
239 library, Agilent Polymer library), open source (Primpke et al., 2018), and in-house libraries and
240 manually verified to confirm the polymer type. In addition to fibers that were suspected to be
241 plastic after visual assessment using the criteria of Lusher et al. (2020), a small number of likely
242 cellulosic fibers were analyzed using FTIR to confirm their composition. Fibers that were
243 cellulose (e.g., cotton) or other natural materials (e.g., wool, silk) were not included in the
244 dataset as they are not made of plastic polymers. Semi-synthetic fibers were included in the
245 analysis due to the ongoing debate regarding their inclusion in the definition for MP. For MPs
246 in wastewater (influent, effluent) the polymer composition of 86% of the MPs were determined.
247 The remaining 14% were fibers that visually resembled plastic fibers (Lusher et al., 2020). The

248 polymer composition of > 99% of particles in river water was analyzed and 100% for all other
249 sample types.

250 **2.4 Quality assurance/quality control (QA/QC)**

251 All sample processing and analysis was performed in the NIVA Microplastic Laboratory, in a
252 positive pressure room with HEPA-filtered (class H13) air input. Several contamination
253 reduction procedures are implemented in the laboratory, including: the use of natural fiber
254 clothing and lab coats, removal of loose fibers using a lint roller upon entry to the laboratory,
255 and regular removal of dust from all areas of the laboratory. To further reduce the potential for
256 contamination, all processing steps in which samples were exposed to the laboratory
257 environment (e.g., during subsampling) were undertaken in a laminar flow cabinet present
258 inside the Microplastic Laboratory. All laboratory water or solutions used in the sample
259 processing were pre-filtered (0.22 μm for RO water, 1.2 μm for NaI and H_2O_2) immediately
260 prior to use. All containers were rinsed with filtered RO water three times before use, to remove
261 any potential contamination.

262 A total of three blanks were included for each batch of sludge and sediment samples as well as
263 for river water samples from April 2018. Blanks comprised combined procedural, container,
264 and solution blanks, that were treated to an identical sample processing procedure within each
265 sample batch. All suspected MPs found in the blanks were visually and chemically
266 characterized in the same way as the environmental samples.

267

268 **2.5 MP mass estimation and concentrations**

269

270 The mass of each MP particle was estimated using the three analyzed size axes to provide an
271 estimate of particle volume. According to the different morphologies the volume was calculated
272 using the following approaches: fibers were treated as cylinders; fragments, films, glitter and
273 granules were treated as cuboids; beads were treated as spherules; and fiber bundles were
274 treated as cuboids and then divided to reflect the estimated percentage of the cuboid that was
275 taken up by fiber versus empty space. Polymer density was established from a literature search,
276 where the most commonly reported densities for each polymer were used (Tab. A2). To
277 calculate the mass of the remaining MPs for which the polymer composition was not available,
278 a density of 0.9 g cm^{-3} was assumed for fragments and of 1.3 g cm^{-3} for fibers, based on the

279 median density of the current dataset. Finally, MPs were grouped into four size classes
280 according to the longest measured axes (55-150 μm ; 150-300 μm ; 300-1000 μm and 1000-5000
281 μm). A few particles $> 5000 \mu\text{m}$ and lower than 55 μm were observed, which were excluded
282 from the analysis.

283

284 **2.6 Calculation of MP discharge by wastewater**

285

286 To determine the contribution of wastewater to the total catchment MP discharge, the amount
287 of wastewater annually produced in the Henares catchment was first obtained from the Tagus
288 River Basin Authority (Confederación Hidrográfica del Tajo 2019). Effluents were grouped
289 according to wastewater type (i.e., urban or urban combined with industrial effluents; untreated
290 urban effluents; treated industrial effluents). MP loads emitted with wastewater were estimated
291 based on the observed concentrations in influent and effluent in this study. First, the flow based
292 weighted average was calculated for the influent and effluent across all sampling WWTPs.
293 Furthermore, the flow based weighted average of WWTPs 1, 3 and 5 was used as an estimation
294 for entirely industrial effluents, although MP composition in industrial wastewater is expected
295 to vary greatly based on the industrial sector. The flow based weighted average for influents
296 was used as an approximation to account for wastewater from small villages that are discharged
297 into the rivers without treatment. Finally, the respective average MP concentration was
298 calculated by multiplying the respective volume of wastewater discharge by the obtained
299 weighted average for the wastewater type.

300

301 **2.7 Statistical analysis**

302

303 A Redundancy Analysis (RDA) was performed to assess the influence of different independent
304 variables on the size, particle type and polymer type distribution of MPs in wastewater, sludge,
305 river water and river sediments. For the wastewater, we tested the differences between the
306 untreated and treated water, and subsequently the influence of the sampled WWTP, date, and
307 type of water in the influent water dataset. The same variables, plus WWTP treatment type,
308 were tested for the effluent water samples. Statistical differences were assessed between raw
309 and processed sludge and, in each dataset, we evaluated the possible influence of WWTP, date,
310 treatment type and type of water on the MP distribution. Finally, we tested the influence of the
311 sampling site and the sampling date on the MP dataset obtained from the river water and

312 sediment samples. RDAs were performed with 499 Monte Carlo permutations using the
313 statistical software Canoco v5.1 (Ter Braak and Šmilauer, 2018). Statistical influence of the
314 tested parameters was determined when the calculated p-value was < 0.05 .

315

316 **3. Results and discussion**

317

318 **3.1 MPs in untreated and treated wastewaters**

319 Concentrations based on particle counts in untreated wastewaters ranged between 850 and
320 11,550 MPs m^{-3} , while the estimated concentration based on mass ranged between 4.51 and
321 194 $mg\ m^{-3}$ (Tab. 1). The lowest and highest estimated mass concentrations did not necessarily
322 correspond with the lowest and highest particle count concentrations. For example, the highest
323 particle count concentration was observed during the autumn sampling at WWTP 1, while the
324 highest mass concentration was measured at the same WWTP but during summer. Fibers (11-
325 86%; average: 41%) and fragments (12-69%; average: 42%) were the main MP types observed
326 in untreated wastewaters (Fig. A1; Tab. B1). Granules, foams, beads, films, and glitter were
327 also recorded, and together accounted on average for 12% (2-38%) of the observed MPs. Most
328 fibers had lengths between 1000-5000 μm (74% of all observed fibers), and no fibers smaller
329 than 300 μm were identified (Fig A2). The majority of the other particle shapes – mainly
330 fragments – were between 300-1000 μm (59%) in size (based on the long axis). In total, 24
331 different polymer types and suspected tire particles were identified by the FTIR analysis (Tab.
332 B2). The most frequent polymer types based on particle counts were polyester, polyethylene,
333 and polypropylene (Fig. 2 and A3, Tab. B2).

334 The sampling month and type of influent (urban or urban combined with industrial) did not
335 significantly influence the particle type, size, or polymer distribution of MPs in untreated
336 wastewater (Tab. A3).

337

338 MP concentrations in effluent (excluding paint particles originating from the WWTP tanks)
339 ranged between 45 and 535 MPs m^{-3} , or 0.28 to 48.5 $mg\ m^{-3}$ (Tab. 1). The highest particle-
340 based concentration was measured during the autumn sampling at WWTP 2, while the highest
341 mass-based concentration was measured in the same WWTP but during the summer sampling.
342 On average, the majority of MPs emitted with the effluent were fragments (29-96%; average:
343 69%) followed by fibers (4-64%; average: 19%). Beads, films, foams and, granules were also
344 observed (0-43%; average: 11%; Fig. A1; Tab. B1). An exception to this trend was the autumn
345 sampling at WWTP 5, where more fibers were emitted, and the summer sampling at WWTP 3,

346 where almost equal parts of granules and fragments were emitted (Fig. A1; Tab. B1). The
347 majority of fibers in treated wastewater were between 1000-5000 μm (80% of all observed
348 fibers) while the majority of the other particle types were 300-1000 μm based on the long axis
349 (49%; Fig. A2). Fourteen different polymer types were identified, as well as suspected paint
350 fragments and tire particles (Fig. 2). Paint fragments were the most frequent MP type observed
351 in treated wastewater. They seem to originate from the settling tanks which are coated to protect
352 the tanks against corrosion and bacterial action. Paint fragments were included in the MP
353 analysis as paints are often polymer based or contain polymers as binders (Gaylarde et al. 2021).
354 All paint particles identified from FTIR analysis were matched to a polymeric component of
355 paint. This shows that WWTPs can not only act as a pathway for MPs but also as a source.
356 Apart from paint fragments, most of the MPs in the effluent were composed of polyethylene or
357 polypropylene (Fig. 2 and A3; Tab. B2). Only a single suspected tire particle was observed
358 across all effluents. There was no statistically significant influence of the treatment type,
359 sampling month, or type of influent on the size, particle type, and polymer composition,
360 suggesting that MP outputs from WWTPs are rather homogeneous (Tab. A3). As expected, we
361 identified statistically significant differences in terms of size, particle type, and polymer
362 composition ($p < 0.01$ in all cases; Tab. A3) between the MPs in the influent and effluent water.
363 Almost all polymer types were found in higher abundance in untreated wastewater compared
364 to treated wastewater, except for paint particles which were more prevalent in the effluent.

365
366 The MP concentrations in untreated and treated wastewater varied substantially not only across
367 different WWTPs, but also within the same WWTP across the different sampling events
368 (particularly for WWTP 1). A wide concentration range has also been reported in literature with
369 concentrations ranging between 1.5 and 10,044 MPs L^{-1} in the influent and between 0 and 447
370 MPs L^{-1} in the effluent (Barchiesi et al. 2021; Sun et al. 2019). It has previously been shown
371 that MP concentrations in wastewater are subject to strong temporal fluctuations and depend
372 on factors such as weather conditions or even the time of the day (Cao et al. 2020; Wolff et al.,
373 2018; Xia et al., 2020). The observed variability between different WWTPs may be further
374 related to other external factors such as the served area, type of sewage collection system, plant
375 treatment capacity (Barchiesi et al. 2021). The MP removal efficiency of the WWTPs,
376 calculated based on the particle concentrations in untreated and treated wastewater excluding
377 paint fragments, ranged between 47% and 99%, with a flow-based weighted average of 93%.
378 This is in line with literature reports where efficiencies between 60 and 99.9% have been

379 reported, with lower efficiencies (<90%) being less frequently observed (e.g., Akarsu et al.,
380 2020; Bayo et al., 2020a; Conley et al., 2019; Gündoğdu et al., 2018; Talvitie et al., 2017a).
381 The highest removal efficiency was obtained by WWTP 1, which relies on primary and
382 secondary treatments. Although WWTP 2 showed a high removal rate during the summer
383 sampling, the poorest MPs removal was observed at this WWTP during the autumn sampling.
384 As the effluent measured corresponds to an influent that entered the WWTPs many hours before
385 the sampling time, it could be also assumed that a peak in MP inflow may have occurred during
386 the early morning hours, leading to a higher concentration in the effluent sampled.

387

388 We did not observe a significant increase in the removal efficiency by WWTPs applying
389 additional tertiary treatment compared to those that relied solely on primary and secondary
390 treatments (Tab. A3). Previous studies have shown that secondary treatments can achieve
391 already up to 99% removal (Magnusson and Norén, 2014; Simon et al., 2018). The evaluation
392 of tertiary treatments such as rapid sand filters, disc filters and membrane bioreactors show a
393 potential to increase removal efficiencies (Bayo et al., 2020b; Michielssen et al., 2016; Talvitie
394 et al., 2017a, 2017b).

395

396 In the current study, the overall retention capacity was higher for fibers than for other MP types
397 (Tab. A4). This has also previously been observed by Lares et al. (2018) and Gündoğdu et al.
398 (2018) and may be related to the increased tendency to form fiber bundles or greater retention
399 in wastewater treatment filtration steps due to their elongated and irregular shape. Yet, this
400 trend is not always consistent. For example, Michielssen et al. (2016) and Conley et al. (2019)
401 found that fragments were more effectively removed during wastewater treatment. The increase
402 in fiber concentrations observed in our study during autumn may be due to increased laundry
403 frequencies or loads during this time period (e.g., whereby use of synthetic fabrics compared to
404 natural fibers increased in this season). The breakdown of textiles during laundry is an
405 important source for fibers: depending on the fabric up to 700,000 fibers can be released from
406 a 6 kg wash load (Napper and Thompson, 2016). This may represent an important temporal
407 aspect affecting the nature of MP release by WWTPs in the study area.

408

409 The relatively high number of fragments compared to fibers in wastewater in some samples
410 (e.g., during summer sampling of WWTPs 1, 2, and 3) may be partially related to the fact that
411 the WWTPs collected wastewater from combined sewer systems, which aggregate rainwater

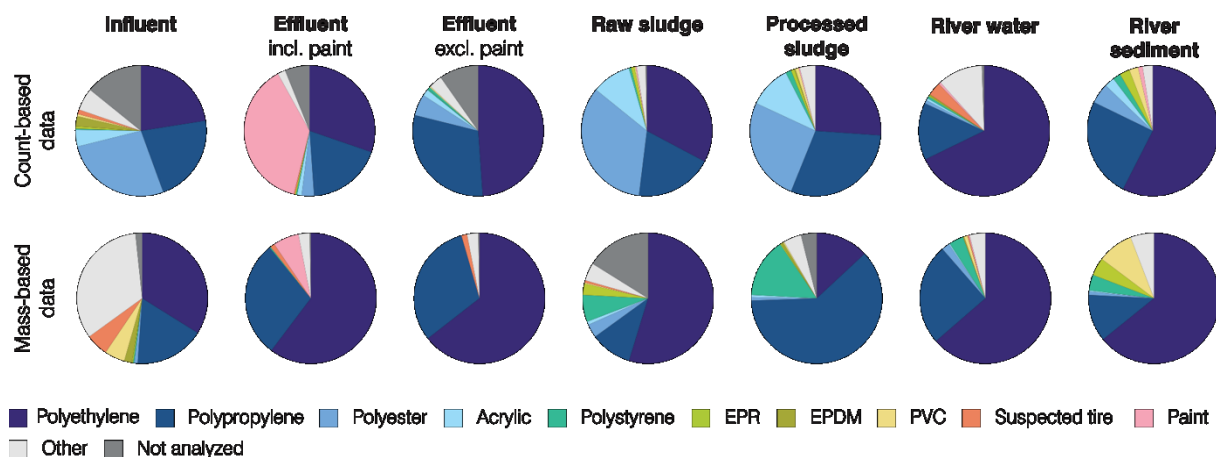
412 runoff and wastewater in the same system (Sun et al., 2019). More fragments from street
413 cleaning and urban runoff may therefore have entered the WWTPs. Stormwater runoff collected
414 in combined sewer systems – which may reach WWTPs or be discharged directly into water
415 bodies – has been suggested as one of the main pathways for tire and road wear particles into
416 the environment (Kole et al., 2017). In this study, however, the percentage of particles that were
417 suspected to be tire particles (rubbery, elastic, black particles that presented a result indicative
418 of high carbon black content in FTIR analysis) and particles found to be composed of major
419 tire rubbers (e.g., styrene-butadiene copolymer) was relatively low (1.23% and 0.14% in
420 untreated and treated water, respectively). Occurrence of tire fragments in combined WWTP
421 influents is possible during rain periods, hence a continuous supply of these particles is not
422 expected. Another explanation for the limited reports of tire particles in wastewater relates to
423 the inherent analytical challenges associated with the determination of these materials in
424 environmental samples. Tire material is typically characterized by high carbon black content,
425 which is used as a filler ingredient. This leads to a near-complete absorption of the IR beam
426 during FTIR analysis and results in low quality spectra that cannot be accurately interpreted. In
427 addition, tire particles derived from road environments may contain mineralogical material, that
428 can significantly increase the particle density and may, therefore, not be isolated using saturated
429 NaI solutions during sample processing. Finally, tire particle sizes below 100 μm are more
430 frequently expected in the environment (Kreider et al., 2010; Järnskog et al. 2020), and their
431 size is therefore close to or below the lower size limit used in the current study. This may
432 explain the low occurrence of tire particles observed.

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Tab. 1. Characteristics of the different WWTPs, concentration of MPs in untreated and treated wastewaters and raw and processed sludge and calculated MP emissions. Numbers marked with an asterixis (*) indicate paint fragments observed in the effluent which seem to originate from the painting of the outlet tank and were thereby emitted by the WWTPs themselves and did not enter with the influent. The retention capacity of the WWTPs has been calculated without considering paint fragments. IT = influent type; TS = treatment steps; Se = season; R= retention; D = discharge; U= urban wastewater ; I = industrial wastewater; S= secondary; T= tertiary; Su= Summer; Au = Autumn.

WWTP	IT	TS	Se	Untreated Wastewater		Treated wastewater		Raw sludge mean (min-max)		Processed sludge mean (min-max)		R	D	Emitted on sampling day
				MPs m ⁻³	mg m ⁻³	MPs m ⁻³	mg m ⁻³	MPs kg ⁻¹ dw	mg kg ⁻¹ dw	MPs kg ⁻¹ dw	mg kg ⁻¹ dw			
1	U/I	S	Su	5,050	194	110+10*	8.00*	8,213 (7,161-10,167)	32.8 (25.1-44.5)	6,276 (3,878-7,876)	92.1 (37.8-196)	97.8	24,675	202,070
			Au	11,550	146	70	1.41	11,954 (9,517-14,545)	82.0 (54.8-129)	5,640 (5,222-6,256)	20.6 (18.1-22.9)	99.4	19,989	148,470
2	U	S	Su	2,650	179	165	48.5	37,163 (31,086-43,320)	131 (118-153)	18,852 (11,283-23,767)	31.0 (8.20-48.1)	93.8	520	327,030
			Au	1,000	23.5	535	6.47	45,043 (37,716-50,167)	349 (209-553)	22,061 (19,949-24,828)	37.6 (24.1-58.1)	46.5	370	1075885
3	U/I	T	Su	850	69.2	255	35.2	10,569 (9,633-11,123)	54.6 (37.3-73.5)	3,304 (2,432-4,749)	49.2 (5.12-136)	70.0	1,837	8,179,635
			Au	3,550	95.1	135+10*	0.58*	60,277 (54,941-66,260)	305 (70.9-716)	9,038 (8,388-9,743)	141 (23.1-364)	96.2	2,121	5,071,545
4	U	S	Su	1,000	18.6	195+65*	3.65+0.28*	30,486 (25,000-40,945)	19.2 (12.7-31.4)	16,600 (12,500-21,348)	46.0 (7.75-99.6)	80.5	1,982	101400
			Au	1,400	1.86	450+460*	16.4+4.0*	13,737 (12,550-15,949)	65.7 (52.2-85.1)	3,978 (3,352-4,972)	516 (5.05-1525)	67.9	2,011	166,500
5	U/I	T	Su	3,350	16.5	45+240*	0.28+0.11*	36,730 (35,185-39,431)	129 (60.0-215)	9,487 (7,648-11,257)	142 (38.0-312)	98.7	32,077	1,110,375
			Au	2,000	4.51	280+600*	5.3+4.4*	37,373 (31,809-43,035)	127 (93.6-159)	7,340 (4,677-11,300)	59.1 (8.91-129)	86.0	37,567	5,596,920

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Fig. 2. Mean count-based and mass-based polymer distribution across all sampling sites and sampling events in different sample types. Acrylic refers only to fibers and does not include acrylic paint. Paint includes paint acrylate and other types of paint fragments matched to a polymeric component of paint. EPDM = Ethylene propylene diene monomer; EPR = Ethylene propylene rubber; PVC = Polyvinyl chloride. Polyethylene terephthalate fragments (included in 'other') and polyester fibers were kept separated to help identify these different particles. Details on the concentration of different polymer types included in the category 'other' can be found in Table B2 and B3.

3.2 MPs in sludge

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Blanks from the sludge analysis contained mainly viscose fibers and expanded polystyrene fragments. While expanded polystyrene fragments were not present in any of the sludge samples, viscose fibers were present in low numbers. To eliminate the potential contribution from airborne contamination, all viscose fibers were excluded from the data (Tab. A5).

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MPs in the raw sludge ranged from about 8,000 to 60,000 MPs kg⁻¹ dw, and from about 33 to 350 mg kg⁻¹ dw (Tab. 1). In the processed sludge, concentrations ranged between about 3,300 and 22,000 MPs kg⁻¹ dw, and, in terms of mass, between 21 and 516 mg kg⁻¹ dw (Tab. 1). As can be seen from the range of measurements in Table 1, MP contamination in sludge is highly heterogeneous. Recent literature shows similarly heterogeneous contamination patterns, with concentrations reported based on dry weight ranging from approximately 1,500 to 170,000 MPs kg⁻¹ dw (Sun et al. 2019). High variation occurred not only between different studies but also between different WWTPs within the same study. For example, Mintening et al. (2017) observed between 10,000 and 240,000 MPs kg⁻¹ dw sludge across different WWTPs in Germany. Mass-based concentrations are, however, not commonly reported (Koyuncuoğlu and Erden 2021).

467 While we found that the MP concentrations based on mass are generally comparable between
468 the raw and processed sludge, based on particle counts, the concentration is much higher in raw
469 sludge (Tab. 1). Raw sludge contained a significantly higher number of particles of all sizes but
470 particularly the larger size fractions ($>150\ \mu\text{m}$; $p=0.004$; Tab. A3). Degradation and
471 fragmentation of MPs during sludge digestion and stabilization processes within wastewater
472 treatment (Mahon et al., 2017) may explain why the raw sludge contained a higher number of
473 large particles. In both sludge types, the majority of fibers were between 1000 and 5000 μm
474 (55% for raw sludge and 60% for processed sludge), while the majority of all other MPs (based
475 on longest axis) were between 300 and 1000 μm (43 and 40%), and between 150 and 300 μm
476 (40 and 35%) (Fig. A2). In both raw and processed sludge, most MPs were fragments (6-82%
477 with an average of 52 % and 17-79% with an average of 56%, respectively) and fibers (16-93%
478 with an average of 47% and 19-83% with an average of 44%, respectively; Fig. A1; Tab. B1).
479 In general, the concentration of fibers and fragments was higher in raw sludge ($p=0.018$). A
480 small number of glitters, granules and beads were found in the processed sludge (1.6%), and
481 glitter, granules and pellets in the raw sludge ($>1\%$). Polyester and polyethylene were the most
482 frequently recorded polymer types in the raw sludge, while polypropylene, polyester and
483 polyethylene occurred most frequently in the processed sludge (Fig. A3; Tab. B2). In raw
484 sludge, 30 different polymer types, suspected paint fragments and tire particles were identified,
485 while in processed sludge only 20 polymer types were identified. Furthermore, based on
486 abundance, polyethylene and polystyrene tended to be more abundant in raw sludge, while
487 ethylene propylene diene monomer and silicone were more abundant in the processed one
488 ($p=0.06$). Due to the large heterogeneity of MPs in the samples, no clear pattern was observed
489 whether any polymer types were preferentially emitted with the effluent or retained in sludge.

490

491 MPs in sludge can enter terrestrial ecosystems if used as agricultural fertilizer, which is the case
492 for 98% of the sludge produced at the investigated WWTPs. With repeated sewage sludge
493 applications MPs may accumulate over time in soils (Corradini et al., 2019; Van Den Berg et
494 al., 2020). Edo et al. (2020) estimated that the use of sludge on agricultural soils in the Madrid
495 area could add up to 10×10^{13} MP particles per year. However, they found much higher MPs
496 concentrations in sludge and soil amendments ($133,000 \pm 59\ \text{MPs kg}^{-1}\ \text{ww}$ and $101,000 \pm 10$
497 $\text{MPs kg}^{-1}\ \text{dw}$, respectively) compared to the current study, which may be related to the lower
498 size limit of 25 μm that was used. Soil amendments corresponded, in this case, to dry sludge
499 pellets, which undergo thermal drying at 300°C as an additional step after digestion. In the

500 summer months, the treated wastewaters from WWTP 3 are used for the irrigation of a golf
501 camp, which may represent an additional source of MPs for the terrestrial environment.

502

503 **3.3 MPs in river water**

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505 Blanks from April 2018 samples showed no presence of MPs, with only cellulose fibers
506 observed (Tab. A6). Therefore, a negligible background contamination was assumed for all
507 other water samples.

508

509 MPs were found in all river water samples. At site 1, the MP concentration in river water was
510 relatively low: up to 3.1 MPs m⁻³ or 0.89 mg m⁻³. Concentrations were around an order of
511 magnitude higher at site 2 (up to 19.7 MPs m⁻³ or 4.0 mg m⁻³), and about two orders of
512 magnitude higher at site 3 (up to 227.0 MPs m⁻³ or 26.9 mg m⁻³). The highest concentrations
513 were recorded during the spring sampling (Tab. 2). The most frequently observed particle
514 morphologies were fragments (62-91%, with an average of 81%), followed by fibers and beads
515 (Fig. A1). Granules, films, glitter and foams were also detected (Fig A1; Tab. B1). According
516 to the existing literature, fragments and fibers are the most frequently observed MPs types in
517 river water, except for a few studies reporting significant contamination from beads or pellets
518 (e.g. Lechner et al., 2014; Mani et al., 2016; Sarijan et al., 2021). Most fibers were 300-1000
519 µm in length (58% of all observed fibers; Fig. A2). Smaller fibers below 300 µm were only
520 observed at sampling site 2. The fiber size distribution was slightly smaller than that emitted
521 by WWTPs in the effluent. Other MP types were largely between 55-150 µm (41% of all
522 particles) or 150-300 µm (41%; Fig. A1) in size. Particles >300 µm were less frequent.

523

524 In total, 30 different polymer types, suspected paint fragments and tire particles were identified.
525 Polyethylene was the most common polymer type followed by polypropylene (Fig. 2; Tab. B3).
526 Statistically significant differences between sites in terms of MP size (p=0.004), particle type
527 (p=0.004), and polymer composition (p=0.012) were observed (Tab. A3). Particles of all types
528 and size categories dominated at site 3 over sites 1 and 2. The observed polymer distribution is
529 comparable to other studies assessing MP contaminated river water, which also reported mainly
530 polyethylene and polypropylene (Cera et al., 2020; Sarijan et al., 2021). Suspected tire particles,
531 as well as styrene-butadiene rubber, were found at sites 2 and 3, at very low concentrations (0.3
532 and 3%, respectively).

533 Our study shows that MP pollution varies strongly depending on land-use and increases
534 significantly in areas with anthropogenic activity and wastewater discharges, as observed by
535 other researchers (Estahbanati and Fahrenfeld, 2016; Tibbetts et al., 2018; Vermaire et al.,
536 2017; Wang et al., 2017; Wu et al., 2020a). The concentration at site 2 was relatively low,
537 despite the influence of untreated wastewater discharge and agriculture as potential sources.
538 In addition to spatial variability in MP concentration, we also observed temporal fluctuations.
539 This has been recently described by other studies looking at the spatiotemporal distribution of
540 MPs in rivers (Fan et al. 2019; Mintenig et al., 2020; Stanton et al., 2020). Temporal variations
541 seem to be strongly related to rain and storm events. For example, the considerable increase in
542 MP concentration at site 3 during the spring sampling period (Tab. 2), may be related to the
543 heavy rain events that occurred prior to the sampling day. High flow velocities have been linked
544 to higher MP concentrations (Mintenig et al., 2020; Watkins et al., 2019), possibly due to MP
545 re-suspension from the sediment phase (Hurley et al., 2018b). Heavy rain and flood events may
546 also result in an increased MP input from non-point sources, along with stormwater (Kataoka
547 et al., 2019; Mak et al., 2020). In contrast, Fan et al. (2019) and Han et al. (2020) observed
548 lower MP concentrations during the wet season probably due to a dilution effect caused by the
549 precipitation. Therefore, MP river concentration may show low temporal variations under
550 similar weather conditions but strong fluctuations after rainfall events (Cheung et al., 2019;
551 Mintenig et al., 2020; Xia et al., 2020).

552

553 *Tab. 2. Concentration of MPs in river water and sediment at different sampling sites*
554 *and sampling events.*

		Water		Sediment	
		MPs m ⁻³	mg m ⁻³	MPs kg ⁻¹ dw	mg kg ⁻¹ dw
				mean (min-max)	mean (min-max)
Site 1	Summer	1.30	0.54	49.7 (0-99.4)	0.32 (0-0.91)
	Autumn	1.70	0.89	0	0
	Spring	3.10	0.84	11.1 (0-33.3)	0.01 (0-0.04)
Site 2	Summer	7.03	4.00	32.9 (0-98.7)	0.073 (0-2.19)
	Autumn	2.10	1.73	49.6 (0-99.9)	0.04 (0-0.07)
	Spring	19.7	1.13	132 (0-246)	1.91 (0-5.53)
Site 3	Summer	147	14.6	2630 (2466-2910)	33.6 (22.7-44.3)
	Autumn	75.8	9.63	1143 (896-1594)	11.4 (4.57-22.4)
	Spring	227	26.9	313 (195-347)	4.36 (0.60-9.16)

555

556 3.4 MPs in river sediment

557

558 MPs observed in the blanks were entirely composed of viscose fibers (Tab. A7), which were
559 not observed in any of the sediment samples.

560

561 The pattern of MP contamination in river sediments corresponded well to that described for the
562 water samples. The lowest MP concentration was found at site 1 (up to 49.7 MPs kg⁻¹ dw or
563 0.32 mg kg⁻¹ dw), followed by site 2 (up to 132 MPs kg⁻¹ dw or 1.91 mg kg⁻¹ dw), with the
564 highest concentration observed at site 3 (up to 2630 MPs kg⁻¹ dw or 33.6 mg kg⁻¹ dw sediment;
565 Tab. 2). MPs in sediment consisted only of fragments (33-100% with an average of 87%) and
566 fibers (0-67%; average: 13%) except for a small number of glitter particles recorded at sampling
567 site 1 in summer (Fig. A1; Tab. B1). In spring, only fragments were present at all sampling
568 sites, suggesting that fibers may be preferentially exported during the high flow events
569 characteristic of this season. Many studies report fragments or fibers as the dominant MPs in
570 freshwater sediments and only in rare occasions other MP types (i.e., pellets, films) have been
571 reported as dominant (Yang et al. 2021). In total, 19 different polymer types and paint fragments
572 were identified. The polymer distribution in the sediment compartment was less diverse than in
573 the water phase. Similar to river water, polyethylene was found to dominate in the sediments,
574 followed by polypropylene. These polymer types were observed across all sediment samples
575 (Fig. 2, Fig. A3), despite their low density compared to water. Alterations to particle density
576 due to aging, biofilm formation, and heteroaggregation (Lagarde et al., 2016; Nguyen et al.,
577 2020; Wu et al., 2020b) may have contributed to their sedimentation. The majority of fibers
578 were between 1000 and 5000 μm (63%), and most fragments, including glitter particles, were
579 between 300 and 1000 μm (50%). The fraction of larger MPs was higher compared to the MPs
580 in the water column, where most MP particles were smaller than 300 μm (Fig. A2).

581

582 In addition to inter-site variability, seasonality also influenced sediment MP concentrations.
583 Yet, in contrast to the water concentrations which were highest in spring, the sediment
584 concentrations at site 3 were instead at their lowest in spring. This supports the assumption that
585 MPs are resuspended from channel bed sediments during high flow and that sediments represent
586 dynamic compartments, serving as temporary sinks or sources of MPs to the water column
587 (Hurley et al., 2018b; Nizzetto et al., 2016a; Ockelford et al., 2020). It should be taken into
588 account that sediment samples were taken from sandy and clayey areas from the sides of the
589 riverbed, where lower flow conditions occurred compared to the center of the riverbed, which
590 was typically made up of gravel and rocks. This may influence MP settling and accumulation,

591 as both flow rate and grain size have been demonstrated to influence MPs concentration in
592 riverbeds (Enders et al., 2019; Ockelford et al., 2020). Further research should investigate the
593 spatial and temporal aspects of this trend, and elucidate the role of river sediments throughout
594 the annual regime of a river.

595

596 **3.5 Wastewater contribution to river contamination**

597

598 We estimate that about 1.0×10^{10} MPs (or 389 kg), from which 1.5×10^9 MPs (or 6 kg) are fibers,
599 enter the Henares River and its tributaries via wastewater annually (Tab. 3). This estimation is
600 based upon the amount of treated and untreated wastewater being discharged to surface waters
601 in the catchment, and the measured MP concentrations in the influent and effluent of the
602 monitored WWTPs. Furthermore, based on the measurements taken at the mouth of the
603 catchment (site 3), we estimate an annual MP export of approximately 4.1×10^{10} MPs (2.1×10^{10}
604 -6.2×10^{10} MPs) or about 4,000 kg (2,646-5,331 kg), which is discharged into the Tagus River
605 system. Fibers represent 3.3×10^8 - 1.4×10^9 MPs (0.23-175 kg), while the remaining 1.9×10^{10} -
606 6.2×10^{10} (2,472-7,379 kg) are other MP types, mainly fragments. This was calculated based on
607 the discharge for the Henares catchment for the period from May 2017 to April 2018 (2.75×10^8
608 m^3 ; Tab. A8; CEDEX 2021). These calculations indicate that wastewater releases contribute
609 approximately 15 to 50% of the total river MP contamination based on particle counts, but only
610 about 7 to 15% based on particle mass. The sediment concentrations were not included in this
611 calculation, which would reduce the estimated contribution from wastewater as a source of MP
612 to the Henares River. Yet, potential sewage overflow due to heavy rain events was also not
613 captured in this estimate, which may represent significant pulses of MP to the river.

614

615 The total amount of wastewater entering the catchment was estimated to be $5.2 \times 10^7 \text{ m}^3$ per
616 year, of which $7.6 \times 10^5 \text{ m}^3$ was untreated. Wastewater, therefore, contributed approximately 1/5
617 of the total streamflow. The river discharge in our sampling period (May 2017 - April 2018)
618 was comparable to the annual average of the past 20 years ($2.66 \times 10^8 \text{ m}^3$). However, the annual
619 discharge in 2017 was only half of this ($1.36 \times 10^8 \text{ m}^3$) due to a dry Spring (Tab. A8). Wastewater
620 may have therefore contributed a greater proportion in 2017 than in other years. Whilst this
621 does not affect the total MP export, decreased streamflow may result in a lower dilution of MPs
622 and therefore higher risk of exposure for aquatic organisms. Discharging untreated wastewater
623 during low flow conditions may also influence the partitioning of MPs between the sediment

624 and water phase, potentially creating hotspots of MP contamination (Woodward et al., 2021).
625 Modeling of fluvial response and impacts related to climate change suggest a significant
626 reduction in inputs (i.e., from precipitation and runoff) and greater interannual variability
627 characterized by increased drought risk for arid and semi-arid regions in Spain (Estrela et al.
628 2012). This could lead to the conditions of 2017 becoming the norm for the Henares River
629 catchment, which would translate to an increased potential risk from MP exposure for aquatic
630 organisms, which will already be under pressure from the other factors related to this
631 environmental shift. This highlights the importance of local climate conditions on the potential
632 significance of MP releases.

633
634 Wastewater largely represents a pathway for MPs from other sources, which converge and are
635 concentrated within wastewater systems and as a result of wastewater treatment processes.
636 Thus, the majority of MPs do not originate from the wastewater system itself. Improving
637 treatment steps to retain more MP and assessing the processing and reuse of sludge represent
638 potential mechanisms to reduce the environmental release of MP, but the original sources of
639 MP to wastewater should also be addressed to make meaningful and long-term reductions in
640 environmental contamination. The MP contamination recorded here was composed of a diverse
641 suite of different particle morphologies and polymer compositions. Yet, insights from the
642 contribution of potential sources emerged from the dataset. For example, a proportion of the
643 polypropylene particles observed in this study shared a visual resemblance. These particles
644 were all green, approximately the same thickness, and are present as rectangular pieces that
645 appear to fragment along their length. Figure 3 presents examples of these particles. One
646 possible source could be artificial turf, which is often composed of green polypropylene shards
647 (e.g., Ekstrand et al., 2006; Morehouse, 1992; Watterson, 2017). These particles were observed
648 in all sample types investigated in this study, demonstrating that this source is an input to
649 wastewater treatment systems. Some are transferred to the sludge, but a proportion is not
650 captured by wastewater treatment processes and are discharged with WWTP effluents. The
651 occurrence of these particles in river water and sediment may relate to wastewater releases, or
652 other release pathways connecting the original source to the river channel, such as surface water
653 runoff. Further work should refine such source apportionment exercise and unfold different
654 transport pathways of MPs to river systems to help inform policy and mitigation strategies.

655

656 The results of this study indicate that although wastewater is an important pathway of MPs to
657 surface water contamination (explaining up to 50% of the total riverine load of MPs), other
658 sources to river water and sediment are also relevant. Rivers are highly dynamic environments
659 with a multitude of potential inputs, thus these sources are difficult to detect and quantify. For
660 example, although we found a significantly higher MP concentration downstream of the
661 WWTPs, this sampling point was also influenced by urban and industrial areas. These
662 environments are also known to represent sources of MP contamination to rivers (Kataoka et
663 al., 2019). This explains the discrepancies in the assemblage of MP observed in the river
664 samples versus the wastewater samples (Fig. A1-A3). Urban and agricultural runoff may
665 constitute additional sources, although rain events, strong enough to produce water runoff,
666 occur only rarely in the study area. Atmospheric fallout may be of lower importance as it has
667 been shown to be made up mainly of fibers (Cai et al., 2017; Stanton et al., 2020), and therefore
668 it is less likely to be the source of MP fragments. During the sampling events, macroplastics
669 were observed at the river shores and directly in the water close to sampling site 3 (Fig. A4).
670 Those plastics have possibly served as a source for MP fragments, which were the main MP
671 type observed in river water and sediment. The contribution of each of these different sources
672 to the total MP loads in the Henares River catchment will be evaluated in a follow-up study
673 using the INCA model described by Nizzetto et al. (2016b).

674

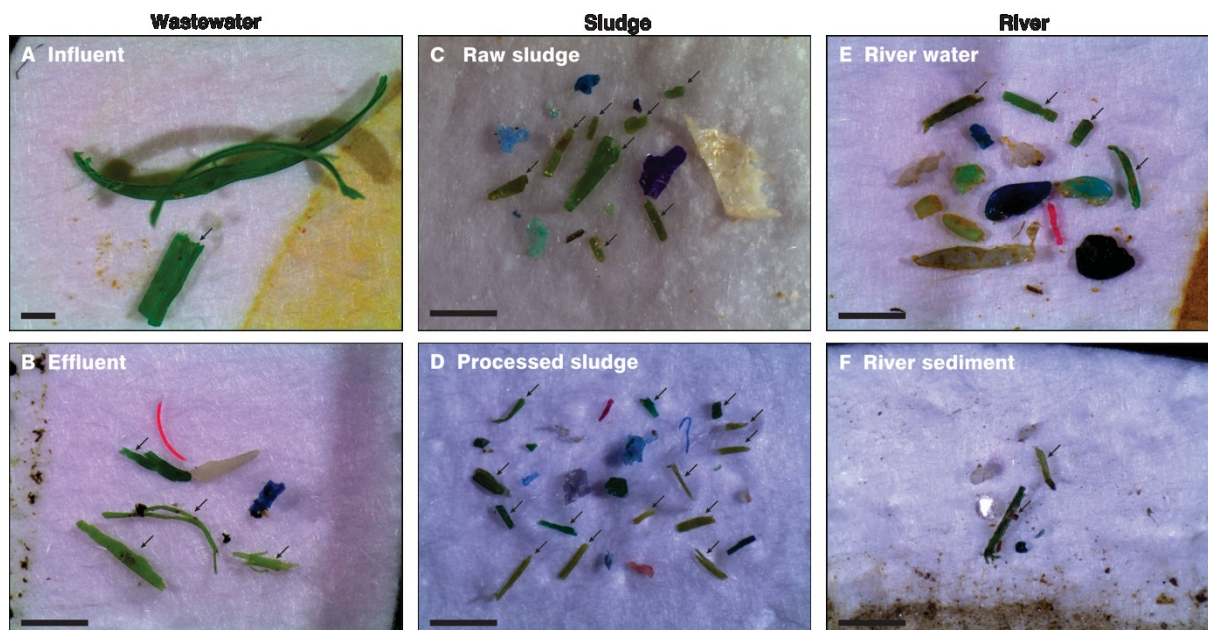
675 *Tab. 3. Estimated amount of MPs (in particle counts and mass) entering the Henares River catchment by wastewater.*

	Amount of wastewater produced in the catchment in 2017 in m ³	Concentration of MPs in wastewater		Emitted into the river per year	
		MPs m ⁻³	mg m ⁻³	Number	kg
Treated urban and industrial wastewater	49,225,286	161 ^a	6.47 ^a	7.9x10 ⁹	318.7
Untreated urban wastewater	765,752	2439 ^b	76 ^b	1.9x10 ⁹	58.2
Treated industrial effluents	2,276,415	123 ^c	5.5 ^c	2.8x10 ⁸	12.5
Total amount	52,267,453			1.0x10 ¹⁰	389.2

676 ^a based on a flow based weighted average in the sampled effluent

677 ^b based on a flow based weighted average in the sampled influent

678 ^c flow based weighted average of sampling WWTPs 1, 3 and 5 were used as an estimation as they were receiving in addition
679 to urban also industrial wastewater, although the MP composition in industrial wastewater is expected to vary greatly based
680 on the industrial sector.
681



682
 683 *Fig. 3. Examples of green polypropylene fragments that share a visual resemblance, observed in all different sample types.*
 684 *The relevant particles are indicated with an arrow. The black scale bar represents 1000 μm in each image.*

685 3.6 Analytical challenges and sample harmonization

686 The results reported for wastewater and sludge are characterized by a discrepancy between
 687 count and mass-based concentrations. This was largely governed by the high proportion of
 688 fibers, which typically contribute less to the total mass based on their low particle volume
 689 compared to other particle types. MP counts and mass concentrations in river water and
 690 sediment – which mostly contained fragments – were in better agreement. Discrepancies
 691 between count and mass-based concentrations have been observed previously (Constant et al.,
 692 2020; Kataoka et al., 2019). This disparity has the potential to result in different trends being
 693 described for MP contamination in the environment. Mass represents a more robust metric for
 694 the comparison of total plastic loads amongst studies, due to the fact that MPs may fragment
 695 during MP sample processing and analysis (Simon et al. 2018). On the other hand, the
 696 possibility to report particle counts and describe individual particle characteristics such as size,
 697 shape, and polymer composition, is more important for environmental risk assessment. These
 698 factors determine the ability of organisms to ingest MPs and are likely to influence the
 699 associated risk (e.g., Carbery et al. 2018). Currently available methods for assessing these
 700 variables are typically costly and time intensive. Additional work is required to produce mass-
 701 based estimates for these particles. This is in contrast to methods that provide outputs as mass-
 702 based quantification, such as pyrolysis gas- chromatography mass-spectrometry, which may be
 703 more time and cost efficient but does not assess factors such as particle size or shape

704 (Hendrickson et al. 2018; Mintenig et al. 2018). In addition, pyrolysis-based mass-spectrometry
705 methods require that problems of sample homogenization and representativeness are first
706 solved, as a single particle may already saturate the detector. Thus, the analytical method used
707 here represents a valuable synthesis to produce datasets useful for different scopes. Aligning
708 datasets that report count or mass-based concentrations across differing size ranges is important.
709 Kooi and Koelmans (2019) suggested using continuous probability distributions to allow a
710 comparison between studies using mass and count-based data and to fill in the gaps on small-
711 sized MPs assessment, which are below the sampled threshold. Further work to harmonize this
712 process and test its application should be undertaken.

713 **4. Conclusions**

714
715 This study represents one of the first investigations assessing the role of wastewater as a release
716 pathway for MP contamination at the river catchment scale under semi-arid conditions.
717 Moreover, it describes the spatiotemporal variability of MP exposure over a gradient of
718 anthropogenic pressures. We show that WWTPs, despite retaining a large number of MPs,
719 provide (together with minor untreated wastewater discharges) about 15-50% of the MPs river
720 catchment discharge. We did not observe any influence of the different wastewater treatment
721 types on the MP removal efficiency. MP river concentrations varied strongly based on land-
722 use, increasing significantly downstream of urban and industrial areas. Seasonality influenced
723 the observed MP concentrations, with increasing water concentrations during spring. To
724 identify and quantify different sources and better understand resulting contamination patterns
725 in environmental settings, high resolution temporal and spatial sampling may be necessary.
726 This may also help to detect and quantify as yet less well-constrained MP sources to river
727 catchments, including sources that are both spatially and temporally variable. Potential
728 additional sources that warrant further attention include the occurrence of macroplastic
729 contamination in the catchment and their potential to form MPs, and the fate of MPs after
730 applied with sewage sludge to agricultural fields, which may reach aquatic systems via surface
731 water runoff.

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734
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741
742 **6. References**

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