

Implementation of Life Participation Approach for Persons with Aphasia

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Objectives

- Explain the Life Participation Approach to Aphasia (LPAA) and how it relates to persons with aphasia and their caregivers.
- Discuss the significance of Life Participation Approach to Aphasia (LPAA) and explain how it can be implemented in the community, as well as what resources are available for Persons with aphasia (PWA) and their caregivers.
- Perform activities that observe the Life Participation Approach to Aphasia.

Life Participation Approach to Aphasia (LPAA)

- Consumer-driven service delivery approach that supports individuals with aphasia and others affected by it in achieving their immediate and long term life goals (Chapey et al., 2000).
- Main focus: re-engagement, increase of participation
- Places the life concerns of those affected by aphasia at center of all decision making (Chapey et al., 2000).
- Highlights significance of functionality

Study

- Self-Reported Quality of Life Outcomes in Aphasia Using Life Participation Approach Values: 1-Year Outcomes (Armour et al., 2019).
- Evaluated effectiveness of LPAA
- 41 clients with aphasia, 40 caregivers
- Intervention: 3 hours of group therapy utilizing LPAA over course of 11 weeks
- Measures: Self-reported and scale-based, Stroke and Aphasia Quality of Life Scale, Modified Caregiver Strain Index, plus client satisfaction data at end of 11 weeks
- Results: Statistically significant improvements in quality of life scores for persons with aphasia (PWA), caregiver's burden decreased significantly, self-reported client program evaluation results demonstrated improved quality of life
- Conclusion: Demonstrated further evidence to support use of LPAA

Significance and Resources

- Significance of LPAA
 - Simplicity
- Resources:
 - The Aphasia Group by *Lingraphica*
 - *American Congress of Rehabilitation Medicine- LPAA resources and groups*
 - *Life Participation Approach to Aphasia: A Statement of Values for the Future- ASHA.*
 - Adler Hope Foundation
 - *Speech Spark- Aphasia Resources*

Activities

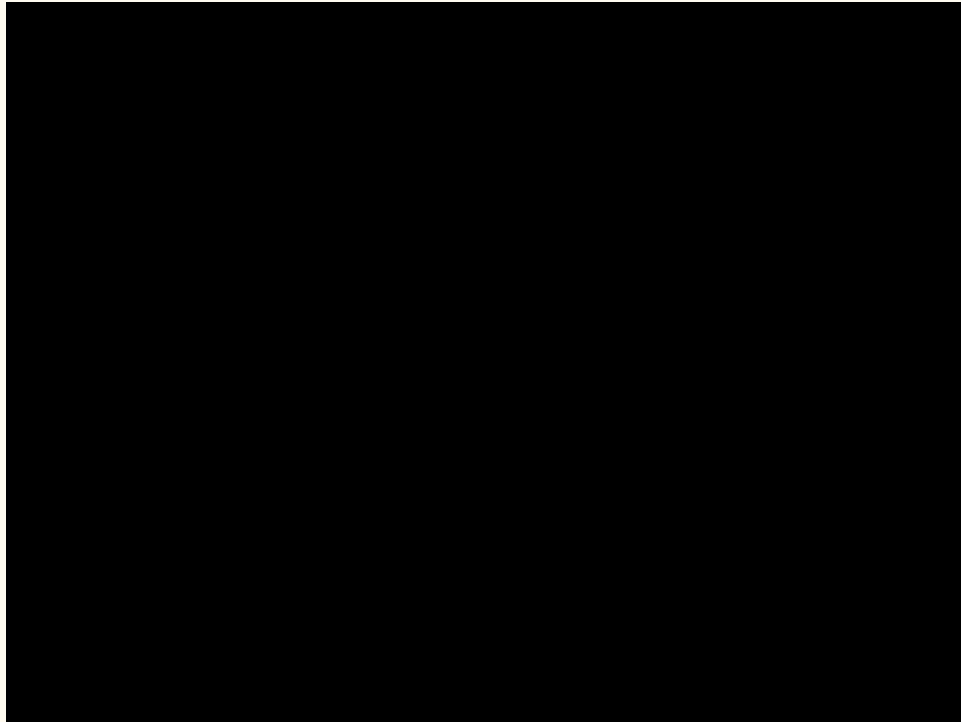
- Goals for therapy are established in a collaborative model with PWA and caregiver (Chapey et al., 2000).
- Focus on impairments that affect the PWA's participation in activities of interest (Chapey et al., 2000).
- Real-life and functional
- Enhance life participation
- Aim to improve quality of life

Example Activities

- Can look different depending on severity of aphasia and setting of care (Sutton, 2019).
 - Facetime a friend or family member
 - Saying “I love you” to their significant other
 - Order food at favorite restaurant
 - Sending text messages
 - Communicating with doctors and nurses
 - Return to employment
 - Volunteer
 - Participating in a book club

Ways We Have Participated in LPAA

- Cruise to Alaska with Aphasia Recovery Connection
- Group outing to brewery in STL



References

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