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From Canvases to Catheters: The Artistic Journey of a Procedure-Loving Resident Physician

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Cover Page Footnote

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From Canvases to Catheters: The Artistic Journey of a Procedure-Loving Resident Physician

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On the Caribbean island of the Dominican Republic, I was introduced to two parallel universes. The first was the vast, vivid world of art. The second, equally broad and profound, was the realm of medicine. As a resident physician now, I have discovered the intricate dance between the two domains.

I chose MedPeds for its symbiotic relationship with my artistic soul – both constantly challenging and enriching me by providing diverse environments that fuel my creativity and perception.

MedPeds, with its unique blend of treating adults and children, offers an expansive range of experiences. These experiences have amplified my awareness and empathy, much like how the various shades of a painting can stir the soul. Every new encounter and every different environment gives me fresh eyes to notice the status quo, form analogies, and appreciate the details.

Interestingly, the dance of medicine extends beyond metaphors. My ballet lessons gave me a fresh perspective, much like the ultrasound machine I navigate daily. As I focus on lifting the arches of my feet, maintaining poise and elegance, I notice a transformation not only in my ballet but also in how I interact with the ultrasound machine. The machine and I have stopped colliding. Instead, we've started moving in harmony. And in this process, I've begun to dance in the hospital halls.

The transformation of my posture and the fluidity of my movements are subtle but powerful reminders of how an external influence can amplify the intricacy of routine tasks. The grace in ballet has helped me maintain a better stance, improving my professional performance while elevating my personal self. This ripple effect from ballet has allowed me to appreciate my work and my surroundings in high definition.

As I progress in my career, I am reminded daily of the artistry in medicine – from diagnosing a condition from seemingly unrelated symptoms to performing a delicate procedure. Every brushstroke I make, every note I hear, every dance step I take, they all reflect in my work as a physician.

In the intersection of art and medicine, I have found a space where my passion and profession meet. I'm not just a resident physician. I am an artist, dancing in the halls, painting with my ultrasound probe, and listening to symphonies of healing. And in every interaction with patients and peers, I strive to make them feel the same harmony and depth I do - because art isn't confined to a canvas, and medicine isn't restricted to the clinic. They exist everywhere, intertwined, dancing together in the halls.

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