1	Coastal resilience and late Holocene tidal inlet history: the evolution
2	of Dungeness Foreland and the Romney Marsh depositional
3	complex (U.K.)
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19	Abstract
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21	Dungeness Foreland is a large sand and gravel barrier located in the eastern
22	English Channel that during the last 5000 years has demonstrated remarkable
23	geomorphological resilience in accommodating changes in relative sea-level, storm
24	magnitude and frequency, variations in sediment supply as well as significant changes
25	in back-barrier sedimentation. In this paper we develop a new palaeogeographic
26	model for this depositional complex using a large dataset of recently acquired litho-,
27	bio- and chrono-stratigraphic data. Our analysis shows how, over the last 2000 years,
28	three large tidal inlets have influenced the pattern of back-barrier inundation and
29	sedimentation, and controlled the stability and evolution of the barrier by determining
30	the location of cross-shore sediment and water exchange, thereby moderating
31	sediment supply and its distribution. The sheer size of the foreland has contributed in
32	part to its resilience, with an abundant supply of sediment always available for ready
33	redistribution. A second reason for the landform's resilience is the repeated ability of

34 the tidal inlets to narrow and then close, effectively healing successive breaches by 35 back-barrier sedimentation and ebb- and/or flood-tidal delta development. Humans 36 emerge as key agents of change, especially through the process of reclamation which 37 from the Saxon period onwards has modified the back-barrier tidal prism and 38 promoted repeated episodes of fine-grained sedimentation and channel/inlet infill and 39 Our palaeogeographic reconstructions show that large barriers such as closure. 40 Dungeness Foreland can survive repeated "catastrophic" breaches, especially where 41 tidal inlets are able to assist the recovery process by raising the elevation of the back-42 barrier area by intertidal sedimentation. This research leads us to reflect on the 43 concept of "coastal resilience" which, we conclude, means little without a clearly 44 defined spatial and temporal framework. At a macro-scale, the structure as a whole 45 entered a phase of recycling and rapid progradation in response to changing sediment 46 budget and coastal dynamics about 2000 years ago. However, at smaller spatial and 47 temporal scales, barrier inlet dynamics have been associated with the initiation, 48 stabilisation and breakdown of individual beaches and complexes of beaches. We 49 therefore envisage multiple scales of "resilience" operating simultaneously across the 50 complex, responding to different forcing agents with particular magnitudes and 51 frequencies.

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53 *Keywords:* Barrier; Gravel; Inlet system; Saltmarsh; Reclamation; Sea-level change

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- 56
- 57 **1. Introduction**
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59 "Coastal resilience" describes the self-organising ability of a coast to respond 60 in a sustainable manner to morphological, biological and/or socio-economic pressures 61 (Klein et al., 1998). From a morphological perspective, it is a concept that is helpful 62 in understanding the ability of a coastal landform to respond to external drivers that 63 include relative sea-level (RSL) rise, an increase in storm magnitude/frequency, or a 64 fall in sediment supply. A morphologically resilient coast is one that can maintain its 65 long-term form despite experiencing short-term variations in the forcing processes, including sediment supply, on which it depends. Sand and gravel barriers can 66 67 demonstrate morphological resilience over a range of temporal and spatial scales.

68 Over short-timescales (days to years), barriers may demonstrate resilience by 69 dissipating or reflecting the energy of high waves or large storms and, though 70 experiencing a degree of morphological change, are nevertheless able to maintain 71 their structural integrity. However, barrier resilience over longer time-scales can 72 involve larger-scale dynamic adjustment due to changes in RSL or variations in 73 sediment supply with, for example, changes in inlet dynamics or phases of barrier 74 progradation or erosion. Observational and geological records also show that the 75 morphological and dynamic resilience of barriers can be exceeded when a 76 geomorphological threshold is crossed and a barrier breaks down (Forbes et al., 1995; 77 Jennings et al., 1998).

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79 Conceptual models for the development of coarse clastic barriers suggest that 80 barrier evolution, and by extension barrier resilience, is controlled by the interplay 81 between the rate of RSL rise, sediment supply, longshore drift, basement topography, 82 as well as storm incidence and magnitude (Orford et al., 1991, 2002). In general, low-83 gradient swash-aligned coasts that experience RSL rise are characterised by 84 transgressive barriers whose resilience is strongly determined by the rate at which 85 sediment is eroded from the shoreface and transported into the back-barrier (Roy et 86 al., 1994). In the case of headland spits, such as Dungeness Foreland, these are 87 progradational barrier complexes that extend down-drift in response to a dominant 88 littoral drift pattern. Their morphological resilience depends on sufficient sediment 89 supply along the barrier length. Progressive down-drift extension of these drift-90 aligned structures is characterised by the deposition of successive beach ridges. New 91 ridge progradation occurs episodically during storms, although tidal currents are 92 involved in building the sub-tidal platform on which the beaches accumulate.

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Maintaining coastal resilience is increasingly viewed as a desirable outcome for coastal management since a resilient coast is better able to accommodate perturbations driven by natural and anthropogenic processes than one that has limited capacity for internal change (Nicholls and Bransen, 1998). However, we still do not thoroughly understand the roles that morphology, palaeogeography and sediment supply play in the resilience of sand and gravel barriers over century to millennial time-scales. This information gap has meant that many current coastal defence and

101 erosion protection measures may not be attuned to the response mechanisms through102 which coastal resilience is enhanced.

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104 In this paper we explore the evolution and resilience of Dungeness Foreland, a 105 large sand and gravel barrier located in the eastern English Channel (Fig. 1) that 106 comprises several hundred storm beaches that date from at least 4000 calibrated years 107 before present (cal. yrs BP, AD 1950). Dungeness Foreland encloses an extensive 108 area of fine-grained marsh sediments that have accumulated in the lee of the barrier (now Romney, Walland and Denge marshes). A recent programme of research, 109 110 involving coring and analyses of back-barrier and barrier sediments, enables us to 111 develop a new palaeogeographic model for the study area based on a review of a large 112 database of palaeoenvironmental information. This model is based on several 113 thousand boreholes, over 40 radiocarbon-dated microfossil diagrams, 39 new 114 Optically Stimulated Luminescence (OSL) age determinations, as well as a rich 115 archival and archaeological record summarised in a set of recent research monographs 116 (Eddison and Green, 1988; Eddison, 1995; Eddison et al., 1998; Long et al., 2002) and web-based material (www.romneymarsh.net). Our focus is on the role of coastal 117 118 morphology and palaeogeography in controlling coastal resilience over different 119 spatial and temporal scales.

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Central to our work is the history of three large tidal inlets which we consider have 121 122 played a strong role in determining the morphological resilience of the Dungeness 123 Foreland. When operating, these inlets were kept open by tidal flux which is a 124 function of tidal range, wave climate and tidal prism (Bruun and Gerritsen, 1959). 125 Studies elsewhere show that tidal inlets enable the deposition of large volumes of 126 sediment in back-barrier areas that can provide a platform against which a barrier can 127 stabilise and over which it may then migrate (FitzGerald et al., 2002; Cleary and 128 FitzGerald, 2003; Davis and Barnard, 2003). Moreover, the shoreface sediment 129 platform is also an important precursor to the deposition of new beaches on 130 prograding barriers such as Dungeness Foreland. The location of tidal inlets relative 131 to the barrier coastline is significant since it influences the input of sediment to the 132 coastal cell and, hence, the pattern of sediment processing. This is particularly so for 133 drift-aligned barrier complexes.



Fig. 1. Location map showing Dungeness Foreland and Romney/Walland Marshes in the eastern English Channel. The hypothetical shorelines shown are from Lewis and Balchin (1940).

- The four principal aims of the paper are as follows:



- 143 2. Using this framework, to reconstruct the depositional history of Dungeness
 144 Foreland, with particular attention paid to the role of the tidal inlets that
 145 formerly existed at Hythe, Romney and Rye as a controlling influence on barrier
 146 resilience;
- 147 3. To explore the interdependence of the barrier, tidal inlet, and back-barrier
 148 sediments, and;
- 149 4. To examine the natural and human influences that contribute to the
 150 morphological resilience of Dungeness Foreland, and to explore the implications
 151 of this research for existing models of barrier evolution.

155 2.1 The location of Dungeness Foreland and relative sea-level change

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157 Dungeness Foreland is located on the south coast of England, towards the 158 eastern end of the English Channel (Fig. 1), at the down-drift limit of a sediment cell 159 that extends from Selsey Bill to Dungeness (Nicholls, 1991). The main sources of 160 gravel derive from offshore and the longshore movement of sediment released from 161 the erosion of the chalk cliffs and associated Pleistocene deposits (Long et al., 1996) 162 (Fig. 1). A platform of subtidal and intertidal deposits underlies much of Rye Bay, 163 Dungeness Foreland and the back-barrier marshes (Greensmith and Gutmanis, 1990; 164 Long and Innes, 1995; Dix et al., 1998). The deposition of the Rye Bay shelf sand 165 body (SSB) is explained by several factors (Dix et al., 1998). First, the area is located 166 at the downwind end of the English Channel, one of the stormiest seas in the U.K, and 167 it therefore experiences the typically high energy wind/wave conditions necessary for 168 SSB deposition. Second, SSB development is favoured by a steep $(>1^\circ)$ shoreface 169 (Roy et al., 1994). Outside the limits of Rye Bay, bedrock outcrops as an eroded planar surface with a gradient typically $<0.6^{\circ}$, whereas across Rye Bay bedrock 170 171 gradients steepen from the exposed bedrock platform that outcrops in the intertidal 172 zone beneath Fairlight Cliffs (Fig. 1). Finally, following the early Holocene opening 173 of the Strait of Dover, stratigraphic evidence and palaeotidal modelling (Austin, 1991) 174 suggests that the tidal range increased significantly and a strong nearshore easterly 175 movement of sand began towards the Strait of Dover (Long et al., 1996).

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The beach gravel of Dungeness Foreland mostly comprises cherty sandstones derived from the Upper Greensand, fine-grained sandstones from the Upper Greensand and various quartzites. The gravel on the beach ridge crests are generally finer than that in the lows, and grain size varies between c. 8 mm and 150 mm (Green, 181 1968). Beach ridge amplitude varies between c. 0.5 m and 2 m (Plater and Long, 182 1995).

183

The present tidal range at Dungeness is 6.7 m and the height of mean high water spring tides at Dungeness Point is +4.03 m OD. Relative sea-level (RSL) in this region has generally risen during the Holocene (Fig. 2) (Waller and Long, 2003; Long et al., 2006). The rate of rise was greatest before c. 5000 cal. yrs BP, typically >3 mm yr⁻¹, after which there was a pronounced slow-down to <2 mm yr⁻¹ as the global production of meltwater fell. Trends from the late Holocene are difficult to establish because most of the data from the last 4000 years have been lowered from their original elevation by sediment (including peat) compaction. The exposed gravel at Dungeness Foreland covers c. 2160 ha, with a further 1150 ha of gravel lying buried beneath marsh sediments.

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195 2.2 Previous work

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197 2.2.1 Dungeness Foreland

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199 A continuous barrier running from Fairlight towards Hythe has been an element of 200 most evolutionary models of Dungeness Foreland, including those dating from the 201 nineteenth century (Elliott, 1847; Lewin, 1862; Drew, 1864; Burrows, 1884; Gulliver, 202 1897). However, these early models were largely speculative being based on scant 203 stratigraphic evidence and no absolute dating. Following a systematic mapping of the 204 morphology of the Dungeness beaches, Lewis (1932) and Lewis and Balchin (1940) 205 assigned ages to individual shorelines based on cartographic and documentary 206 evidence. They suggested that the beach ridges near Broomhill Level (Fig. 1), which 207 are the lowest that outcrop at the surface in the study area, accumulated in the pre-208 Roman period. This suggestion has subsequently been confirmed by radiocarbon 209 dates of c. 3500 cal. yrs BP from organic deposits that overlie the beaches (Tooley and Switsur, 1988; Plater et al., 2002). 210





Fig. 2. Age/altitude graph depicting the age and elevation of transgressive and regressive contacts from the Dungeness Foreland/Romney Marsh depositional complex (from Long et al., 2006). All of the data have been lowered from their original elevation by sediment compaction, a process that particularly affects points from the transgressive contact to the thick main marsh peat.



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220Fig. 3. Simplified lithostratigraphy of Romney and Walland Marshes; Transect 1 (Long and Innes, 1995), Transects 2 and 3
(Long et al., 1998). The location map shows the transect locations.

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A series of deep boreholes in the region of the Dungeness nuclear power station (Fig. 1) penetrate to bedrock (at -30 m to -35 m OD) and reveal a stratigraphic sequence indicating coastal emergence, with offshore and lower shoreface sands that are overlain by upper shoreface sands, surface gravel and storm beach gravels (Hey,

1967; Greensmith and Gutmanis, 1990). This sequence is partly repeated in a 226 227 borehole from Holmstone Beach between Jury's Gap and Galloway's Lookout (Fig. 228 1) (Plater et al., 2002). Further evidence of a progradational shoreface that pre-dates 229 beach ridge deposition comes from an offshore seismic investigation which identified 230 a series of convex-upward reflectors indicative of a seaward-prograding shelf sand 231 body that provided the platform on which the foreland beaches accumulated (Dix et 232 al., 1998, see above). At the nuclear power station site, Greensmith and Gutmanis 233 (1990) dated detrital shell and other organic material to establish a minimum age of c. 234 3100 cal. yrs BP for a sandy facies (beneath the 5 to 6 m thick surface gravels). 235 However, radiocarbon and OSL dates, detailed below in Section 5, indicate that the 236 main body of the extant surface gravel beaches here accumulated more recently, 237 probably in the last two thousand years.

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2.2.2 Tidal inlet history

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241 Previous research has described late Holocene tidal inlets at Hythe, New 242 Romney and Rye (Fig. 1) (e.g. Green, 1968; Cunliffe, 1980, 1988; Green, 1988; 243 Eddison, 2000; Rippon, 2002). The Hythe inlet, which is likely to have been an early 244 conduit for the river Rother (or "Limen"), existed during the Roman period (Cunliffe, 245 1980). By the late Saxon period this inlet was much reduced in size and a breach had 246 developed at Romney, where a Medieval port prospered before sediment infilled the 247 harbour in the 13th century AD. The third inlet at Rye is widely believed to have 248 developed following a catastrophic breach of the barrier during storms in the 13th 249 century AD. This inlet and its associated harbours persisted until the 17th century AD 250 (Eddison, 1998, 2000).

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252 2.2.3 Romney and Walland Marshes

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Lithostratigraphic investigations across Romney and Walland Marshes (Waller et al., 1988; Long and Innes, 1995; Long et al., 1996, 1998; Spencer et al., 1998a, b) corroborate a basic stratigraphic model proposed by Green (1968) who identified four stratigraphic units above bedrock: a lower sand, blue clay, main marsh peat and younger alluvium (Fig. 3). The lower sand accumulated from c. 7800 cal. yrs BP, when RSL rise was rapid and when the tidal range increased following the opening of 260 the Strait of Dover (Long et al., 1996). Diatoms and foraminifera demonstrate that the 261 blue clay immediately beneath the peat accumulated under intertidal mudflat and 262 saltmarsh environments. The peat is up to 6 m thick in the valleys on the western side 263 of Walland Marsh and thins eastward - near Midley Church the peat is only c. 0.5 m 264 thick (Long and Innes, 1993). The basal and upper contacts of this unit rise in altitude 265 in an easterly direction, suggesting that their deposition occurred as a back-barrier 266 inlet infilled (Allen, 1996; Spencer et al., 1998a). Radiocarbon dates from the base of 267 the peat show that it spread from the valleys in the west after c. 6000 cal. yrs BP and 268 by c. 3000 cal. yrs BP was forming across Walland Marsh and abutting the western 269 edge of Dungeness Foreland. Peat is restricted to the northern edge of Romney Marsh 270 proper with thick deposits of laminated sands and silts present across much of the 271 central and southern part of the marsh (Long et al., 1998; Fig. 3).

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273 Dates of between c. 3000 and c. 1700 cal. yrs BP have been obtained from the 274 top of the peat (Long et al., 1998; Waller et al., 1999). The upper contact of the peat 275 is almost always abrupt and locally shows signs of erosion. In places, tidal creeks 276 have cut through the peat and removed it entirely. The largest channel (historically 277 referred to as the "Wainway Channel") is recorded to the south of Moneypenny Farm 278 and Little Cheyne Court (Figs. 1 and 3 (Transect 1)). Other smaller channels 279 (typically several tens to hundreds of meters across) are common in central and 280 southern parts of Walland Marsh, although they are much less frequent across the 281 northern marshlands.

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- 283 **3.** Methodology
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The lithological data presented in this paper for the marshland sediments were mainly collected using a gouge corer, with sample cores for laboratory analysis retrieved using a percussion or "Russian" corer. The deep boreholes that extend through the gravel of Dungeness Foreland, and which were used for the collection of samples for OSL dating, were drilled using

Table 1. Radiocarbon dates used in Fig. 4. Dates are calibrated using Calib 5.0.1 (Reimer et al., 2004). 291 292

Location	Material dated	Laboratory code	Radiocarbon age ±1 SD	Calibrated radiocarbon age, yrs BP (± 2 SD)	Source
Pewis Marsh	Peat (humin) Peat (humic acid)	GrN-27876 GrN-27913 Pooled mean	3500±30 3380±80 3485±28	3650-3838	Waller et al. (2006)
West Winchelsea	Fine rootlets Fine rootlets	GrA-25302 OxA-13460 Pooled mean	1170±35 1297±28 1248±27	1088-1269	Long et al. (2006)
West Winchelsea	Peat (humin) Peat (humic acid)	GrN-28734 GrN-28735 Pooled mean	1360±30 1300±60 1348±27	1185-1309	Long et al. (2006)
Rye 11	Peat	Beta-75451	5590±70	6222-6533	Long et al. (1996)
Little Cheyne Court	Peat	SRR-5611	1050±45	804-1062	Waller et al. (1999)
Little Cheyne Court	Peat	SRR-5614	4410±45	4860-5276	Waller et al. (1999)
Wainway Channel	Cerastoderma edule	Beta- 127959	1210±50	655-925	Evans et al. (2001)
Tishy's Sewer, Broomhill Level	Peat	Q2651	3410±60	3484-3832	Tooley and Switsur (1988)
Tishy's Sewer, Bromhill Level	Peat	Q2652	3160±60	3219-3554	Tooley and Switsur (1988)
Wickmaryholm Pit	Plant macrofossil	OxA-12685	1652±25	1422-1686	This paper
Muddymore Pit	Plant macrofossil	GrA-22408	930±30	782-925	Schofield and Waller (2005)
Manor Farm	Cerastoderma edule Cerastoderma edule	Beta- 160061 Beta- 160060 Pooled mean	1620±40 1590±40 1605±28	1048-1306	Plater et al. (2002)
Cockles Bridge	Whale skull Whale bone	UB-4175 UB-4176 Pooled mean	1448±24 1468±24 1458±17	914-1175	Gardiner et al. (1999)

Marine shells and whale bones are calibrated using the Marine04 dataset, corrected for the local marine reservoir effect (ΔR) in the Eastern English Channel of -32 ± 56 yrs (Harkness, 1983). Dates from peat at Pewis Marsh and West Winchelsea, on the humic acid and humin fractions of the same sample, are also presented as pooled means. The West Winchelsea AMS dates on fine rootlets fine rootlets are AMS dates on adjacent samples from the same depositional unit (Long et al., 2006).

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301 casing with a steel liner to prevent back-filling in conjunction with a 38 mm diameter 302 plastic-lined steel sampling chamber that was percussion driven into the sands. The 303 OSL dates were obtained from coarse (sand-sized) quartz grains using the Single 304 Aliquot Regenerative (SAR) dose measurement protocol (see Roberts and Plater, 305 2005). All site elevations are reported in meters with respect to the U.K. Ordnance 306 Datum (OD) which approximates mean sea-level. The detailed methods and results of 307 the newly collected litho-, bio and chronostratigraphic data summarised in this paper can be found in Roberts and Plater (2005), Schofield and Waller (2005), Long et al. 308 309 (2006), Waller et al. (2006), Waller and Schofield (2006) and Stupples and Plater 310 (submitted).

311

312 This paper uses a chronology based on a variety of data sources. The 313 radiocarbon dates (Table 1) are cited in calibrated years before present (cal. yrs BP), 314 where BP is AD 1950. Freshwater (terrestrial) samples are calibrated using the 315 CALIB 5.0.1 programme (Reimer et al., 2004). Marine samples are calibrated using 316 the Marine04 dataset with a local marine reservoir effect (ΔR) for the English Channel 317 of -32 ± 56 yrs (Harkness, 1983). The OSL dates were originally calculated in years 318 before 2000 AD (Roberts and Plater, 2005), but here we adjust them to years before 319 AD 1950 to allow direct comparison to the calibrated radiocarbon dates (Table 2). 320 Finally, historical dates are referred to in years AD.

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322 4. A new stratigraphic model for the Romney Marsh/Dungeness Foreland 323 depositional complex

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In this section we present a new stratigraphic model for the south coast of the depositional complex that links the barrier and back-barrier sediments, including the tidal inlets that once existed at Romney and Rye (Fig. 4). The transect is divided into seven sections.

Peat accumulation slowed from c. 4000 cal. yrs BP at the upland edge on the western side of the study area. At Pewis Marsh, for example, highly humified peat from the upper contact has been dated to c. 3700 cal. yrs BP (Waller et al., 2006). A thin slope-wash deposit that mantles the peat is dated to between c. 1700-2200 cal. yrs

BP (Waller et al., 2006). This provides a minimum age for the return

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Table 2. Equivalent dose (D_e) , dose-rates, and optically stimulated luminescence (OSL) ages used in Fig. 4 (Roberts and Plater, 2005).

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341 ^{*}. Water content expressed as a percentage of the mass of dry sediment, calculated
342 using field values in conjunction with a model of water history for the area.

343 *. The error shown on D_e is the standard error on the mean.

344 [‡]. 'n' is the number of D_e determinations.

345 \parallel . Dose-rate values (Gy/10³ yr) were calculated using the conversion factors of

346 Adamiec and Aitken (1998) and are shown rounded to 3 decimal places, although the

total dose-rates and ages were calculated using values prior to rounding. Central

values are given for dose-rates – errors are incorporated into that given for the total
 dose-rate.

	Sample No.*	Dept h (m)	Water content (%) [†]	Grain size analyse d (µm)	De (Gy)*	ʻn' ‡	Total dose-rate	$\operatorname{Age}_{(10^3 \text{ yr})^{\P}}$
351								
	73BH-1/1	3.75	21 ± 5	150-180	3.70 ± 0.06	31	0.79 ± 0.03	4650 ± 200
	73BH-1/2	5.95	24 ± 5	150-180	3.11 ± 0.05	33	0.77 ± 0.03	4020 ± 170
	73BH-1/3	8.05	25 ± 5	150-180	3.44 ± 0.06	18	0.67 ± 0.03	5070 ± 220
	73BH-2/1	11.25	25 ± 5	150-180	4.31 ± 0.09	18	0.92 ± 0.04	4660 ± 220
	73BH-2/2	12.25	25 ± 5	150-180	3.81 ± 0.08	17	0.92 ± 0.04	4120 ± 190
	73BH-2/3	13.60	25 ± 5	150-180	3.55 ± 0.09	12	0.84 ± 0.03	4190 ± 190
	73BH-3/1	12.90	25 ± 5	150-180	2.37 ± 0.06	17	0.65 ± 0.03	3580 ± 160
	73BH-3/2	13.90	25 ± 5	150-180	2.42 ± 0.06	18	0.63 ± 0.03	3800 ± 180
	73BH-3/3	15.75	25 ± 5	150-180	3.73 ± 0.09	17	0.92 ± 0.04	4020 ± 190
	73BH-4/1	9.95	25 ± 5	150-180	1.34 ± 0.03	17	0.74 ± 0.03	1780 ± 90
	73BH-4/2	11.55	25 ± 5	150-180	1.75 ± 0.04	18	0.78 ± 0.03	2210 ± 110
	73BH-4/3	14.55	25 ± 5	125-150	2.30 ± 0.05	13	0.92 ± 0.04	2460 ± 110
	73BH-5/1	9.90	25 ± 5	150-180	1.41 ± 0.04	19	0.71 ± 0.03	1940 ± 100
	73BH-5/2	10.85	25 ± 5	150-180	1.39 ± 0.04	18	0.78 ± 0.03	1740 ± 80
	73BH-6/1	10.65	25 ± 5	150-180	1.10 ± 0.02	14	0.57 ± 0.02	1890 ± 80

73BH-6/2	13.55	25 ± 5	150-180	1.40 ± 0.05	15	0.70 ± 0.03	1940 ± 100
73BH-6/3	14.70	25 ± 5	150-180	1.55 ± 0.03	26	0.80 ± 0.04	1890 ± 100
<i>73</i> BH-7/1	10.30	25 ± 5	125-150	1.18 ± 0.02	12	1.20 ± 0.05	930 ± 40
<i>73</i> BH-7/2	12.55	25 ± 5	125-150	1.17 ± 0.04	14	0.85 ± 0.03	1340 ± 70
73BH-7/3	14.70	25 ± 5	125-150	1.20 ± 0.03	29	0.81 ± 0.03	1450 ± 70
73BH-8/1	17.25	25 ± 5	150-180	0.78 ± 0.03	15	0.57 ± 0.02	1310 ± 70
73BH-8/2	14.00	25 ± 5	150-180	0.65 ± 0.02	13	0.50 ± 0.02	1250 ± 70
73BH-8/3	21.00	25 ± 5	150-180	0.91 ± 0.03	14	1.24 ± 0.05	690 ± 40
73BH-9/1	4.85	25 ± 5	180-212	0.60 ± 0.03	15	0.57 ± 0.02	1000 ± 70
73BH-9/2	7.35	25 ± 5	150-180	1.04 ± 0.03	17	1.01 ± 0.04	990 ± 50
73BH-9/3	9.15	25 ± 5	150-180	1.03 ± 0.03	14	1.04 ± 0.04	940 ± 50
73BH-10/1	5.85	25 ± 5	150-180	0.56 ± 0.01	44	0.57 ± 0.02	930 ± 40
73BH-10/2	7.85	25 ± 5	150-180	0.71 ± 0.01	27	0.74 ± 0.03	910 ± 40
73BH-10/3	9.75	25 ± 5	150-180	1.24 ± 0.03	20	1.21 ± 0.05	980 ± 50
73BH-11/1	1.80	23 ± 5	150-180	0.35 ± 0.01	35	0.82 ± 0.03	380 ± 20
73BH-11/2	4.50	25 ± 5	150-180	0.46 ± 0.02	12	0.91 ± 0.04	460 ± 30
73BH-11/3	6.75	25 ± 5	150-180	0.81 ± 0.03	14	0.93 ± 0.04	820 ± 50
73BH-12/1	15.05	25 ± 5	150-180	0.51 ± 0.01	32	0.75 ± 0.03	630 ± 30
73BH-12/2	15.50	25 ± 5	150-180	0.46 ± 0.01	14	0.75 ± 0.03	560 ± 30
73BH-12/3	15.95	25 ± 5	150-180	0.47 ± 0.02	15	0.67 ± 0.03	650 ± 40
73BH-USS	0.01	25 ± 5	150-180	0.03 ± 0.03	12	0.76 ± 0.03	-10 ± 40
73BH-SSR	0.01	25 ± 5	150-180	0.02 ± 0.02	11	1.15 ± 0.05	-35 ± 15

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353 [¶]Luminescence ages are expressed as years before 1950 AD, and rounded to the 354 nearest 10 years.

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of marine conditions to this area. Peat formation was sustained for a much longer period in the central part of the Brede valley near West Winchelsea, where saltmarsh developed on top of the peat only after c. 1300 cal. yrs BP (Long et al., 2006). Several centuries after this initial inundation there was a rapid increase in water depth and tidal energy, probably associated with historically documented flooding in the 13th century AD which resulted in the deposition of c. 4 m of tidally-laminated sediments before site reclamation by c. 1460 AD.

363

364 4.2. The Rye breach; River Brede to East Guldeford (Fig. 4, Section 2)

366 The peat and overlying clastic sediments referred to in Section 4.1 are 367 extensive to the west of the River Brede, whereas to the east is a wide expanse of late 368 Holocene barrier beaches. We suspect that the peat once extended uninterrupted 369 across this area but has been eroded by the large tidal channels that developed here in the Medieval period (the Rother, Wainway Channel and Brede channels). A deep 370 371 borehole that penetrated the late Holocene beaches at Castle Farm (Fig. 4) yielded 372 three OSL dates in age sequence and record sand accumulation from 890 ± 70 yrs BP 373 through to 560 ± 30 yrs BP after which the surface gravel was deposited (Roberts and 374 Plater, 2005). The oldest of these dates corroborates the radiocarbon evidence from 375 the lower Brede (West Winchelsea) suggesting a tidal inlet in this area from at least 376 1000 yrs BP, with sand accumulating on an intertidal or subtidal shoreface in front of 377 the contemporaneous shoreline.

378

379 The transect extends across the former Wainway Channel, now infilled by a 380 deep sequence (from c. +2.5 m OD to at least to -3 m OD) of tidally laminated sands 381 and silts with occasional pockets of eroded peat and broken shells. The northern edge 382 of this channel marks the limit of the erosion associated with the Rye inlet and is 383 notable for a surface outcrop of gravel which forms a series of small cuspate beaches 384 in the Moneypenny Farm area (Fig. 4). The conventional marshland sequence (see 385 section 2.2.3) occurs to the north of this gravel outcrop where the upper levels of the 386 peat contain a layer rich in *Sphagnum* macrofossils indicating the development of a 387 raised bog during the later stages of peat growth; dating evidence at Little Cheyne 388 Court suggests raised bog development after c. 2700 cal. yrs BP (Waller et al., 1999). 389 The bog was inundated soon after c. 900 cal. yrs BP at East Guldeford and Little 390 Cheyne Court, and buried by marine/brackish sediments that extend to the modern 391 surface. In contrast, at Moneypenny Farm these post-peat sediments are overlain by 392 sand and the surface outcrop of gravel. A sample of this sand yielded an OSL age of 393 460 ± 30 yrs BP (Roberts and Plater, 2005).

394

395 4.3. Little Cheyne Court to Jury's Gap (Fig. 4, Section 3)

396

Inundation of the raised bog at Little Cheyne Court occurred as a result of
flooding from the adjacent Wainway Channel. This channel is c. 1000 m wide
between Little Cheyne Court and Sandylands (Broomhill Level) (Green, 1968; Long

and Innes, 1995). Near to Little Cheyne Court, there is evidence for a marked up-core
change in channel stratigraphy, from coarse, saturated sands to finer-grained, welllaminated sands and silts above c. -1 m OD (Fig. 4). A single valve of the mollusc *Cerastoderma edule* from the base of the laminated sand yielded a date of 655-925
cal. yrs BP (Evans et al., 2001).

405

406 Buried gravel of mid to late Holocene age occurs across much of Broomhill 407 Level (Fig. 4). OSL dates indicate the shoreface sands below this gravel were in place 408 by c. 4700 yrs BP (Roberts and Plater, 2005). Locally the gravel subcrop is overlain 409 by a 0.5 m-thick organic deposit which, dating at Tishy's Sewer from c. 3200-3800 410 cal. yrs BP, provides a maximum age for gravel deposition (Tooley and Switsur, 411 1988). To the north-east, in the Scotney Marsh area (Fig. 1), peat abuts the western 412 margin of the gravel outcrop of Dungeness Foreland (Spencer, 1997; Spencer et al., 413 1998a, b). Radiocarbon dates indicate several phases of peat development here 414 between c. 3800 and c. 1600 cal. yrs BP (Spencer and Woodland, 2002). The clastic 415 sediments overlying and intercalated with these peats suggest that tidal waters 416 penetrated behind the gravel barrier from early as c. 3200 cal. yrs BP, with repeated 417 tidal flooding until at least the late Roman period. These tidal waters may have 418 penetrated the barrier from the south coast of the foreland, or from a tidal inlet at 419 Hythe or Romney (see below). A marine/brackish influence in the Scotney Marsh 420 area during the Roman period is supported by archaeological evidence for saltmaking 421 (Barber, 1998).

- 422
- 423

4.4. Dungeness Foreland – Jury's Gap to Galloway's Lookout (Fig. 4, Section 4)

424

The gravel outcrop has a surface relief of +3 m to +4 m OD at Jury's Gap and rises in an easterly direction to c. +5 m OD on Holmstone Beach (Fig. 4). OSL dates from the Midrips indicate that the shoreface sands below the SW-NE trending gravel ridges here were in place soon after the equivalent deposits at Broomhill Level, c. 4700 yrs BP (Roberts and Plater, 2005). These older inner beach ridges extend NW beyond Lydd and indicate an early period of drift-aligned sediment movement and barrier extension towards Hythe.

The rate of eastward barrier development appears to rise after c. 2000 yrs BP (Fig. 4), though this may equally reflect a shift in the axis of foreland progadation (Roberts and Plater, 2005). Thus, OSL dates from Holmstone Beach, South Brooks and Lydd Beach all provide a similar minimum age for gravel deposition of c. 1900 BP. Independent support for this chronology comes from a radiocarbon-dated plant macrofossil at the base of Wickmaryholm Pit; a natural waterlogged depression on the foreland surface (Long and Hughes, 1995) (Fig. 4).

440

441 Several areas of marshland sediment interrupt the continuity of the gravel 442 beaches along the south coast of the foreland (e.g. the Midrips, Wicks and South 443 Brooks). Each is infilled with up to 4 m of sediment, typically comprising a lower 444 laminated sandy silt and an upper, mottled silt clay. Diatoms from a core collected 445 from South Brooks (Long and Hughes, 1995) demonstrate deposition occurred under 446 tidal channel conditions, whilst the tidally-laminated sediments within these sites are 447 indicative of sediment accretion rates of the order of 0.3 m yr^{-1} (Stupples and Plater, 448 submitted). Air photographs, as well as Green's (1968) soil map, show that some of 449 these tidal channels cross-cut older beaches and, therefore, post-date gravel 450 deposition. The origin and, in particular, the age of these marsh sediments are 451 difficult to establish due to the lack of *in situ* carbonaceous material for dating. 452 Eddison (1983) has observed ridge and furrow patterns in the Wicks, which are 453 interpreted as evidence for an "early phase" of agriculture. A "later phase" of more 454 intense activity, perhaps associated with saltmaking, is suggested by a set of closely 455 spaced rectangular ditches, on top of which is a sea wall that dates from the mid-13th 456 century AD and which was part of an extensive set of walls across Walland Marsh 457 built in response to the threat of flooding at this time (Eddison, 1983; Eddison and 458 Draper, 1997).

- 459
- 460

4.5. Galloway's Lookout to Denge Marsh (Fig. 4, Section 5)

461

The gravel beaches rise further in elevation between the eastern edge of Lydd Beach at Galloway's Lookout and Muddymore Pit, with one set of beaches reaching a maximum altitude of c. +6.5 m OD (Lewis and Balchin, 1940; Plater and Long, 1995). These high beaches lie to the west of Denge Marsh and several of them curve back on themselves to form a prominent beach that runs in an arc back along the line of the Dengemarsh Road and defines the eastern edge of the town of Lydd. This
beach can be traced northwards as a thin finger of gravel that extends towards New
Romney. To the east and north of this beach are the fine-grained marsh sediments of
Denge Marsh.

471



Fig. 4. Stratigraphic transect along the south coast of the Romney Marsh/Dungeness Foreland depositional complex. Radiocarbon dates are cited in calibrated years before present (AD 1950) (cal. Yr BP) with a two sigma age range. Marine samples are calibrated using the Calib Marine04 dataset with a local marine reservoir effect (ΔR) for the English Channel of -32 ± 56 yr (Harkness, 1983). OSL ages are presented in full in Roberts and Plater (2005) and Roberts and Plater (in press), and are cited in years before AD 1950 to enable comparison with the radiocarbon dates.



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An age of c. 1000 yrs BP for the prominent Dengemarsh Road beach is 482 483 derived from several sources. OSL dates from shoreface sands at Manor Farm 484 suggest a minimum age for the overlying gravel of 930 ± 40 yrs BP (Fig. 4) (Roberts 485 and Plater, 2005) and a radiocarbon date from the base of Muddymore Pit, provides a 486 maximum age for gravel deposition of 782-925 cal. yrs BP (Schofield and Waller, 487 2005). The age difference between Lydd Beach (c. 1900 yrs BP) and the Dengemarsh 488 Road beach implies a decline in the rate of foreland progradation. However, this 489 simply reflects a change in the axis of progradation, as the intervening ridges were 490 clearly deposited at the distal portion of the prograding foreland. Together, these data 491 suggest that the foreland migrated rapidly in a north-easterly direction between c. 492 1900 and 1000 yrs BP.

Shells of *Cerastoderma edule* from laminated sands and silts that overlie gravel at Manor Farm (Fig. 4) are radiocarbon dated to 1048-1306 cal. yrs BP (Plater et al., 2002), whilst two dates on a whale skeleton found during gravel extraction to the north at Cockles Bridge indicate marine sedimentation here at 914-1175 cal. yrs BP (Gardiner, 1998; Gardiner et al., 1999). Historical sources indicate that much of
the area was used for salt manufacture from c. 1000 AD onwards (Vollans, 1995).

- 500
- 501

4.6. Denge Marsh to Dungeness Point (Fig. 4, Section 6)

502

503 East of Muddymore Pit, the main transect continues across the gravel beaches 504 to the nuclear power station and Dungeness Point itself, which marks the easternmost 505 limit of the complex. Beach ridge elevations continue to rise to the present ness, 506 where altitudes of between +6 m and +7 m OD are attained. OSL ages on the sub-507 gravel shoreface are indicative of rapid coastal progradation between 930 ± 40 and 508 630 ± 30 yrs BP. Historical data, summarised in Lewis and Balchin (1940), indicate eastward progradation rates between 1617 AD and 1844 AD of at least 5.5 m yr⁻¹, and 509 up to 3.6 m yr^{-1} between 1844 AD and 1939 AD (Fig. 1). 510

- 511
- 512

4.7. Denge Marsh to Romney (Fig. 4, Section 7)

513

514 Northeastward from Denge Marsh, OSL age data suggest rapid shoreface extension between 1310 ± 70 and 400 ± 20 yrs BP, with extension beyond 515 516 Dengemarsh Road probably commencing as recently as 930 ± 40 yrs BP (Roberts and 517 Plater, 2005). These observations confirm the suggestion of Lewis (1932) for easterly 518 growth of the foreland during the post-Roman era, switching to more northerly 519 accretion from late Saxon times. Indeed, the tightly recurved, short gravel beaches 520 east of Denge Beach do not extend across Denge Marsh. This indicates that at this 521 time the shoreface sand platform was not sufficiently developed to the north and 522 north-east to enable continuous gravel barrier extension across the entire shore. This 523 phase of barrier progradation clearly occurred under a very different set of dynamic 524 controls to the previous 4000 years (i.e. 5000-1000 cal. yrs BP).

525

526 5. Palaeogeography of the Romney Marsh/Dungeness Foreland depositional 527 complex

528

In the following sections we reconstruct the history of the Romney Marsh/Dungeness Foreland depositional complex. Particular emphasis is placed on the evolution of the three tidal inlets (first at Hythe, then Romney and Rye) and their influence on barrier development. The reconstructions allow us to explore the driving
mechanisms responsible for the long-term resilience of Dungeness Foreland, as well
as models of barrier evolution more generally.

535

536 5.1. The Hythe inlet (Fig. 5)

537

538 Geomorphic and archaeological evidence demonstrate a tidal inlet persisted in 539 the north-eastern part of Romney Marsh proper during the late Holocene. Green 540 (1968) attributed a large area of calcified soils in the area to this inlet. Indeed, the 541 position of these deposits, stratigraphically above the peat along the northern edge of 542 the inlet, shows that an expansion in tidal inundation across former freshwater 543 wetlands occurred during the late Holocene. Radiocarbon dates of c. 3200 cal. yrs BP 544 (RM18) and c. 2300 cal. yrs BP (RM7) from Romney Marsh proper (Fig. 1, Long et 545 al., 1998) provide minimum ages for this inundation. However, the upper peat contact 546 in these cores and elsewhere across Romney Marsh is abrupt and we suspect the 547 inundation occurred later, possibly in the Roman period given the charcoal and burnt 548 silt in the overlying sediment of RM18. Certainly archaeological evidence for 549 saltmaking is abundant across large areas of Romney Marsh during the 1st and 2nd 550 centuries AD (Cunliffe, 1988; Reeves, 1995), reflecting a pattern that was widespread 551 in other coastal lowland areas in the UK and elsewhere on North Sea coasts during the 552 Roman period (e.g. Hall and Coles, 1994; Rippon, 1996; Bonnot-Courtois et al., 2002; 553 Behre, 2004). A third century AD Roman port known as *Limana* (below the fort now 554 known as Stutfall Castle, Fig. 5) existed close to Hythe, near to the mouth of a tidal 555 inlet (Cunliffe, 1980), and Gardiner et al. (2001) believes that there may well have 556 been an earlier fort here too, perhaps dating from as early as 130 AD.





Fig. 5. Palaeogeographical reconstruction of the Romney Marsh/Dungeness Foreland depositional complex when the Hythe inlet was dominant (c. AD 300–400).

562 There is little archaeological evidence for the occupation of Romney Marsh proper between the 2nd century AD and the Saxon period. One hypothesis is that the 563 564 area was inhospitable due to the marine flooding noted above increasing in intensity 565 for at least several centuries after 200 AD (Cunliffe, 1988; Reeves, 1995). This could 566 be related to a period of increased storm magnitude and frequency and/or a rise in 567 RSL, with inundation accompanied by the localised erosion and subsequent 568 compaction of the peatlands. Green (1968) suggests that the western limit of thick, 569 near-surface peat, is close to a line that connects Lydd, Old Romney, Ivychurch and 570 Newchurch (Fig. 1). However, tidal inundation probably reached further west, across 571 onto what is today eastern Walland Marsh via several major west-east aligned creeks 572 that are mapped by Green (1968) close to Brookland and Wheelsgate (creek numbers 573 2 and 3, Fig. 5). There is no evidence for a tidal inlet at either Romney or Rye prior to 574 the 7th century AD.

575

576 Increased occupation of Romney Marsh from the mid-Anglo-Saxon period 577 onward suggests that tidal waters were retreating by this time as the Hythe inlet 578 infilled. Thus, Reeves (1995) records pottery dating from the 8th to the 10th century 579 AD across much of Romney Marsh proper, indicating that reclamation and land 580 settlement were well advanced by this time. Gardiner et al. (2001) track the infilling 581 and closure of the Hythe inlet during this interval caused by the northward extension 582 of sand and gravel beaches close to Sandtun; a port located on a sand spit close to 583 Hythe. Two occupation layers here are dated to 690-775 AD and up to c. 840 AD, 584 after which the site was sealed by blown sand. The closure of the Hythe inlet probably 585 reflected a combination of a reduction in tidal prism (itself possibly associated a 586 change in the outfall of the River Rother) and the northward drift of sand and gravel beaches from the Lydd-Dymchurch area. Aeolian deposition may also have been 587 588 important and suggests an abundance of shoreface sand at this time.

589

590 5.2. The Romney inlet (Fig. 6)

591

592 Historical documents refer to the existence of Romney (or "Rumensea"), a 593 port that stood on the shores of a tidal inlet, from at least AD 741 (Brooks, 1988; 594 Eddison, 2000). This indicates that the east coast barrier was breached at broadly the 595 same time (if not before) as the Hythe inlet was closing. We suspect that the two 596 events may have been linked, and that the Romney breach resulted from 597 cannibalisation of the proximal part of the spit complex. Such a process is an inherent 598 tendency of drift-aligned barriers and would have been encouraged by increased 599 northward drift of sediment towards Hythe. A second possibility is that a tidal channel 600 that flowed along the inside of the Lydd to Hythe beaches, possibly Green's (1968) 601 creek 1 (Fig. 5), weakened the barrier in the Romney area and promoted breaching.

602

603 It is not easy to reconstruct the former geometry of the newly established 604 Romney inlet and the size of the associated back-barrier tidal prism (Fig. 6). Today, 605 much of the inner part of the inlet is infilled with mounds of sand and silt, some 606 thought to be associated with Medieval salt making (Vollans, 1995). However, the 607 absence of the tidal flooding of Romney Marsh proper at this time suggests that a "probable" sea wall (Green, 1968) that can be traced in a westerly direction from New 608 609 Romney, acted as a northerly boundary to this inlet (Fig. 6). This wall can be tracked further inland as the Rumensea Wall, which, according to Allen (1996, 1999), was a 610 611 major sea defence that separated Walland from Romney Marsh proper from as early as perhaps 700 AD. The Rumensea Wall extends nearly all the way to the upland
near Appledore, suggesting that it was built after the development of the Romney inlet
and was designed to protect the economically important regions of Romney Marsh
proper from flooding along its entire length.

616



- 618 Fig. 6. Palaeogeographical reconstruction of the Romney Marsh/Dungeness Foreland depositional complex when the Romney inlet was dominant (c. AD 700–800).
- 620

617

621 The Rumensea Wall was constructed on the east bank of a small creek (the 622 Rumensea). A second more substantial creek that appears to be associated with the 623 Romney inlet can be identified to the south of Brookland in the stratigraphic transect 624 of Long and Innes (1995) (Fig. 3, Transect 1). This channel is infilled with thick 625 deposits of laminated sands and silts. It cuts across the main marsh peat which 626 appears to been totally removed by erosion. Spencer et al. (2002) record similar tidal 627 channel deposits, also incised through the peat, to the northwest of Midley Church. The distribution of the Brookland and Midley channel deposits closely matches a 628 629 swath of Snargate-Finn soils mapped by Green (1968) that extend in a loop from close 630 to Snargate, around Brookland and then south towards Cheyne Court. Compared to 631 the Rumensea, this channel, termed here the "Cheyne Channel", appears to be a much 632 larger and wider (c. 1.2 km) feature and, therefore, one of considerably more 633 significance to the Medieval landscape of Walland Marsh. Whether this provided a 634 route for the river Rother south across Walland Marsh to Romney and thus the635 English Channel is not yet certain, although it must be considered likely.

636

637 The extent of flooding of Walland Marsh appears initially to have been limited 638 by the presence of the raised bog. Indeed, the Cheyne Court area (immediately west 639 of the Chevne Channel) was not flooded until at least c. 900 AD, suggesting that it 640 must have stood above the tidal waters for at least 200 years after the Romney breach. 641 The soil survey map (Green, 1968) shows that the Cheyne Channel was confined 642 between two major sets of embankments which were evidently constructed to limit 643 flooding, both eastwards towards the Rumensea Wall and also to the southwest across 644 Walland Marsh.

645

646 After about 1000 AD, the back-barrier area of the Romney inlet, including the 647 Cheyne Channel, began to infill and the tidal prism fell. This process was greatly 648 enhanced by reclamation from at least the 11th century AD onwards, if not before 649 (Eddison and Draper, 1997). Much of Romney Marsh proper was densely populated 650 at this time, the pressure to acquire new land was high, and the intertidal expanses 651 associated with the Romney inlet must have been a prime target for reclamation. A 652 reduction in size of the Romney tidal prism would have had several consequences. 653 The first, as observed on the German and Belgium coasts during the Medieval period 654 (Behre, 2004; Meier, 2004), is to cause a reduction in the area available for 655 accommodating storm waters. This would have increased the likelihood of 656 catastrophic coastal inundation during storms, especially when combined with 657 compaction and lowering of the reclaimed and drained land behind the sea walls. A 658 second consequence would have been to reduce the cross-sectional area of the tidal 659 inlet and promote sediment infilling of the breach. Tidal inlet reduction can cause a 660 decrease in the size of the ebb-tidal delta and the onshore migration of large swash 661 bars, as noted by FitzGerald et al. (2002) at Chatham Harbor Inlet (Cape Cod, U.S.A). 662 This appears to have occurred as the Romney inlet infilled, with the development of a 663 wide intertidal platform of sands and silts providing the foundation on top of which 664 Dungeness Foreland could prograde.

665

666 There is abundant historical and geomorphological evidence that these 667 processes were accelerating from the 11th century AD onwards. The progressive 668 infilling of the tidal inlet was aided by silting of the back-barrier area and tidal inlets 669 across Walland Marsh, including parts of Denge Marsh and Belgar (Fig. 6). This 670 process continued despite the construction of the Rhee Wall; an artificial watercourse 671 that parallels the Rumensea Wall that was built in a failed attempt to flush out the 672 harbour during the 13th century AD with tidal water which by this time extended 673 northwards from the Rye area along the western edge of Walland Marsh to Appledore 674 (Vollans, 1988; Green, 1988; Eddison, 2002).

675

676 5.3. The Rye inlet (Fig. 6)

677

678 Historical evidence demonstrates the presence of a major tidal inlet at Rye in 679 the 13th century AD (Green, 1968; Eddison, 1998). However, it is now clear that a 680 breach in the barrier occurred here from c. 700 AD, at which time the Romney and 681 Rye inlets may have been joined (Fig. 6). Evidence for this early breach is provided by the radiocarbon dates (c. 1300 cal. yrs BP) for the end of peat formation at West 682 683 Winchelsea and the development of saltmarsh environments here and at East 684 Guldeford shortly after. A breach near Rye would have caused a substantial reduction 685 in the longshore drift of sediment across Rye Bay and the reworking of down-drift 686 portions of the foreland along the south coast (i.e. to the east of the breach). The 687 marked change in beach ridge orientation and distal extent in the beach ridges east of 688 Galloway's Lookout suggest rapid north-eastward progradation of the ness at this 689 time. With both tidal inlets open, tidal waters initially extended across the upstanding 690 peatlands of southern Walland Marsh, including the margins of the raised bog. 691 However, as noted above, reclamation of northeastern Walland Marsh, notably the 692 area between the Cheyne Channel and the Rumensea Wall, caused the size of the 693 Romney inlet to fall. It appears that simultaneously the Rye inlet expanded until it 694 came to dominate the back-barrier area of Walland Marsh, west of the large walls (or 695 "Great Cordon" (Eddison and Draper, 1997) that delimit the western margin of the 696 Cheyne Channel. The contraction of the Romney inlet was greatly facilitated by the 697 construction of a set of embankments from the Cheyne Channel to Midley and thence 698 onto the gravel beaches at Lydd. A pronounced west to east fall in ground surface 699 elevation across these embankments, of between c. 1 m to 2 m (Long and Innes, 1995; 700 Spencer, 1997), confirms the relative timing of these changes in inlet dimensions.

702 Reclamation of the remaining intertidal areas of Walland Marsh continued 703 until at least 1234 AD (Eddison, 1998), but from the middle of the 13th century AD 704 onwards there is growing reference in historical documents to the construction (or 705 strengthening) of sea defences across Walland Marsh to protect land from flooding 706 from the Rye inlet, as opposed to new land claim (Eddison, 1998). This switch to a 707 more defensive mode of land management records the start of a period of renewed 708 flooding of the back-barrier area which was aggravated by the major storms of the 709 middle and later 13th century AD.

710

711 Our reconstruction indicates that the 13th century AD storms enlarged a pre-712 existing early tidal inlet at Rye. An indication of the dimensions of the breach can be 713 estimated from the distribution of peat, which has been eroded from a 4 km wide 714 corridor in the Rye area (Long et al., 2006). A gravel outcrop along the northern 715 shore of the Wainway Channel at Moneypenny Farm (Section 5.2) is derived from 716 material pushed northward during this breach and subsequently redistributed by 717 littoral drift down the Rother estuary and into the Wainway Channel, with the 718 recurves which mark its eastward limit forming as late as c. 500 yrs BP (Section 4.2). 719 However, there is no evidence in the stratigraphy around Rye for further substantial 720 deposits of gravel inland of this inlet (Long et al., 1996). This suggests that the gravel 721 component of the Rye barrier was already of limited volume by the 13th century AD. 722 Elsewhere, the widening of the Rye breach allowed tidal waters to inundate much of 723 Walland Marsh, extending as far east as the "Great Cordon" (Fig. 7). This flooding 724 resulted in a final inundation and rapid burial by collapse of the remaining areas of 725 raised bog on Walland Marsh, as well as extensive areas of peat in the valleys to the 726 west of the study area (Long et al., 2006).

727

The widening of the Rye inlet allowed the town to develop as one of the most important ports in southern England. However, its prosperity was short-lived since renewed land claim after the thirteenth century storms once again rapidly diminished the back-barrier tidal prism (Gardiner, 2002). Gravel began to accumulate again both sides of the breach from about 1400-1600 AD. By this time the inlet was sufficiently full of sediment (mostly sands and silts) to provide a platform on which the gravel beaches of Rye Harbour could develop (Fig. 7). This marked the final stages in the

history of the Rye inlet, which from this point onwards became a narrow tidal channelwith only limited anchorage inland.

737

738 **6. Discussion**

739

The Romney Marsh/Dungeness Foreland depositional complex has displayed a remarkable morphological resilience over the last 4000 years, responding to changes in RSL, sediment supply, storms, and two major breaches associated with widespread back-barrier flooding. What, then, are the factors that contributed to this resilience and what are the implications of our work for a wider understanding of mixed sand and gravel barrier dynamics?

746

747 6.1 Sediment supply and transport

748

749 An abundant sediment supply has clearly been critical, both from external 750 sources and also from internal reworking. Smaller mixed sand and gravel barriers on 751 paraglacial coasts generally complete a life-cycle in a matter of a few centuries or 752 millennia, their geologically ephemeral existence dictated by a finite supply of 753 sediment released by localised erosion of cliff material (e.g. Orford et al., 1991; 754 Forbes et al., 1995). Once the source of material has been exhausted, barriers switch 755 into a breakdown phase associated with up-drift cannibalisation followed by 756 breaching and structural re-organisation. In contrast to these smaller-scale structures, 757 the large barrier system of Dungeness Foreland has a geomorphological persistence 758 that is quantified in thousands of years.

759

760 External sediment supplies to Dungeness Foreland include episodic longshore 761 delivery of sediment from the regional Selsey Bill – Dungeness coastal cell, as well as 762 offshore sources from the floor of the English Channel. The former will have been 763 prevalent during periods of high storm incidence when headland by-passing was 764 possible, and/or when the tidal inlets along the Sussex coast were closed, thereby 765 facilitating the easterly movement of sediment to the Dungeness depocentre (Jennings 766 and Smyth, 1990; Nichols, 1991). The latter is not thought to be a significant 767 contributor during the late Holocene and, as demonstrated by a seismic survey of Rye

- 768 Bay, the majority of offshore sediment at or below wave-base is sand and not gravel
- 769 (Dix et al., 1998).
- 770



Fig. 7. Palaeogeographical reconstruction of the Romney Marsh/Dungeness Foreland depositional complex when the Rye inlet was dominant (c. AD 1400).
 774

775 Dungeness Foreland has been periodically nourished by locally available 776 sediment released through cannibalisation of the updrift portions of the barrier, which 777 were presumably once more extensive in Rye Bay than present based on the 778 orientation of extant beaches along the foreland's south coast. This process is similar 779 to that described in other case studies from North America (e.g. Forbes et al., 1995) 780 and Argentina (Isla and Bujalesky, 2000). Drift-aligned barriers are especially 781 sensitive to reductions in sediment supply with up-drift reworking leading to the 782 creation of distinct erosion/accretion cells. Cell fragmentation may eventually lead to breaching and tidal inlet formation, such as occurred at Romney and at Rye. Carter 783 784 and Orford (1991) note that localised protuberances of sediment may develop at 785 downdrift locations in these cells, and such a process appears to explain some of the 786 abrupt changes in beach ridge orientation and extension observed on the south coast 787 of Dungeness Foreland, east of Galloway's Lookout (Fig. 1). These changes in beach ridge morphology date from around the time of the establishment of the Rye inlet and
probably record accumulation of sediment at the downdrift end of a newly formed
Rye – Dungeness sediment cell.

791

792 The history of Dungeness Foreland is essentially one of fragmentation; an 793 initial single drift-aligned structure that extended across much of the study area 794 developed into a succession of smaller cells characterised by accretion and erosion 795 associated with the opening and closing of different tidal inlets. In this sense, the term 796 "coastal resilience" means little without a clearly defined spatial and temporal 797 framework. At a landform scale, Dungeness Foreland has demonstrated remarkable 798 morphological resilience. But at small spatial scales and shorter temporal intervals, 799 barrier inlet dynamics have been associated with the repeated creation and destruction 800 of individual beaches and complexes of beaches. The landform demonstrates multiple 801 scales of "resilience" that operated simultaneously across the complex in response to 802 different forcing agents of different magnitudes and frequencies. These issues of 803 scale are relevant when considering the application of Orford et al.'s (1991) three 804 phase model of barrier initiation, stability and breakdown to large sand and gravel 805 barriers such as Dungeness. In particular, it is helpful to reflect further on the 806 interactions between sediment supply, sediment transport and nearshore bathymetry 807 and accommodation space.

808

809 For drift-aligned structures, multiple modes of barrier behaviour arise from the 810 interplay between sediment supply, nearshore bathymetry, accommodation space and 811 wave climate (e.g. Cooper and Navas, 2004). During the early and mid Holocene, the 812 Rye Bay bathymetry was relatively deep and the area would have been a sediment 813 sink (Dix et al., 1998). However, by the post-Roman period the bay had shallowed 814 and infilled. From this time onwards, the down-drift export of upper-shoreface gravel 815 increased and Rye Bay developed a sediment deficit. This process caused the Rye 816 Bay barrier to erode and made it increasingly vulnerable to overtopping, overwashing 817 and eventual breaching. Once breached, new deep water conditions developed in the breach vicinity and sediment accumulation and the process of barrier healing began. 818 819 Thus, as the Rye Bay completed a cycle of initiation, stability, breakdown and 820 reformation, so the down-drift part of Dungeness Foreland grew and contracted in 821 harmony.

823 6.2 Relative sea-level change

824

825 The Romney Marsh/Dungeness Foreland depositional complex is located in a 826 region of the northwest Europe that is experiencing gradual, long-term crustal 827 subsidence as a result of on-going glacio-isostatic adjustment following the 828 deglaciation of the British and Fennoscandanavian ice sheets. As a result, the trend in 829 RSL throughout the Holocene has been upwards although, as is apparent from Fig. 2., 830 the rate of RSL has changed quite significantly. Regrettably, the quality of the RSL 831 observations from the study area is not high, due to the contaminating effects of 832 sediment compaction. Nevertheless, the abrupt slow-down in the rate of RSL at c. 833 4000-5000 cal. yrs BP is a regional feature observed elsewhere in southern England 834 (Waller and Long, 2003) and it is noteworthy that this period of time coincides with 835 the earliest dates that are presented in this paper for the deposition of the gravel 836 beaches across Broomhill Level (Section 4.3 above). Indeed, Jennings and Smyth 837 (1990) have previously argued that this pronounced slow-down in mid Holocene RSL 838 facilitated the onshore transfer of sediment to form gravel barriers along the Sussex 839 coast under a strongly dissipative nearshore regime. The altitude of the Dungeness beach ridges rise through time, from c. +1 m OD on Broomhill Level to c. +6 to +7 m 840 841 OD on Denge Beach and the current eastern shore of the complex (Fig. 4). Some of 842 this increase may be explained by changes in beach ridge orientation, sediment 843 supply, as well as storminess (Plater and Long, 1995), but based on the trends in Fig. 844 2, at least 3 m or so of this increase must record the millennial-scale rise in RSL from 845 the mid Holocene to present. These observations indicate that conditions for the 846 development of the foreland probably originated in response to the mid Holocene 847 slow-down in RSL, but that the foreland has continued to grow over millennial 848 timescales, regardless of a continuing upwards trend in long-term RSL.

849

A more challenging question is to determine whether the reslience of the foreland has been affected over shorter timescales by high frequency variations in RSL and, in particular, variations in storminess. During the late Holocene, our reconstruction identifies two time periods of particular importance to the history of the Romney Marsh/Dungeness Foreland depositional complex; the first around c. 2000 cal. yrs BP and the second at c. 700 AD. Changes in barrier behaviour at these 856 times had far-reaching and inter-connected consequences for the foreland and the 857 back-barrier areas. Although there is little evidence for a period of enhanced storms 858 during the Roman period, studies elsewhere suggest an increase in dune formation 859 (e.g. Tooley, 1990; Orford et al., 2000) during the Medieval Warm Period, when the Rye and Romney inlets developed. However, the latter provide, at best, loose 860 861 chronological correlatives to the c. 1300 cal. yrs BP breaches at Romney and Rye, and the dating evidence is currently too weak to invoke enhanced storminess as a common 862 863 cause for their development.

864

865 The evidence for tidal inundation of Romney and Walland Marshes during the 866 Roman period is matched elsewhere in the UK and the southern North Sea basin. In 867 the Severn Estuary, for example, coastal flooding is well documented on the Somerset 868 Levels, the Avon Levels, as well as the Gwent Levels (Godwin, 1943; Rippon, 1997). 869 In North Germany, Behre (2004) describes how in the 1st century AD coastal 870 dwellings were abandoned and the remaining inhabitants protected themselves by 871 constructing their houses on raised mounds known as Wurten. Many of the coastal 872 dwelling sites in Lower Saxony were abandoned by the 3rd century AD, probably due 873 to coastal flooding (Mier, 2004). Such a regional trend suggests RSL rise and 874 associated erosion at this time was a likely contributory factor to inundation and 875 abandonment. It is probable that there was a significant anthropogenic component to 876 these inundations, with land claim likely to have significantly increased flood levels.

877

878

6.3 Barrier and back-barrier interactions

879

880 In addition to abundant sediment supply, barrier resilience is promoted by the 881 close interaction between the barrier and the back-barrier. This is well-illustrated by 882 the repeated ability of the tidal inlets to narrow and then close, effectively healing the 883 original breach via back-barrier sedimentation and ebb- and/or flood-tidal delta 884 development. For example, during the Medieval period, when the Romney and Rye 885 inlets were simultaneously open, the foreland became an island. Back-barrier infilling 886 and tidal inlet closure ensured that the landform reformed into a single structure 887 relatively quickly, probably within a few hundred years. However, only with the 888 Hythe inlet does the process of inlet closure appear to have been an entirely natural 889 process (although Reeves (1995) suggests even here there was a human-dimension);

inlet closure/contraction at Romney and Rye were strongly influenced by reductions
in tidal prism due to aggressive reclamation and by artificial maintenance of the tidal
Rother as a navigable channel.

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- 894

6.4 Implications for the management of sand and gravel barriers

895

896 These observations on self-organisation have implications for coastal 897 management strategies. Firstly, it is clear that drift-aligned sand and gravel barriers 898 are dynamic landforms at a wide range of spatial and temporal scales. Any attempt to 899 restrict this dynamism ignores the fact that this is an inherent element of the long-term 900 resilience of these landforms. Secondly, the Rye-Dungeness barrier system has a 901 particular response to reduced sediment supply - it breaches. These breaches, at 902 Romney and Rye, interrupted the efficient drift-cell export of sediment which would 903 clearly have been unsustainable in the long-term. Each was followed by re-sealing as 904 cell fragmentation and deeper nearshore waters prompted renewed sediment 905 accumulation. This tendency to breach under periods of sediment stress could 906 potentially be used to the long-term future benefit of the landform.

907

908 **7.** Conclusions

909

We have proposed a new stratigraphic model for the Dungeness Foreland/Romney Marsh depositional complex based on a detailed review of a wide range of data. An early drift-aligned structure that extended uninterrupted from Fairlight towards Hythe, is envisaged in line with previous reconstructions. This barrier was in place by c. 5000 to 4000 cal. yrs BP. For the next 2000 to 3000 years, the barrier remained a largely stable form, building relatively slowly to the east, increasingly nourished with sediment cannibalised from up-drift sources in Rye Bay.

917

Marine conditions returned across Romney Marsh proper after c. 2000 cal. yrs BP, penetrating across parts of Walland Marsh. The phases of tidal flooding have not been conclusively dated, but one may correlate with the marine inundation that is recorded in many coastal lowlands in the UK and the southern North Sea basin during the Roman period. Between c. 700-1700 AD, the evolution of Dungeness Foreland was closely linked to the opening and subsequent contraction/closure of tidal inlets at 924 Romney and Rye. For a period of time, perhaps lasting a few hundred years, we 925 believe that the two inlets operated simultaneously and that Dungeness Foreland 926 became an island. Closure of the Romney inlet was aided by extensive reclamation 927 that reduced the back-barrier tidal prism and probably also diminished the size of the 928 Romney (and Rye) ebb-tidal delta. An initially small inlet at Rye was significantly 929 widened in the 13th century AD by a period of intense storms. There followed a 930 relatively brief interval of renewed flooding across Walland Marsh, and then a more 931 protracted infilling of the main tidal channels - the Wainway, Rother and Brede. 932 Renewed reclamation accelerated tidal prism reduction and inlet closure, with 933 significant infilling occurring after c. 1500 AD by sand and gravel derived from up-934 drift sources.

935

936 Our work highlights that resilient coasts are not necessarily stable coasts. 937 Certainly, with respect to our study area, much of the Dungeness resilience can be 938 attributed to the sheer size of the depositional complex that includes the foreland and 939 the back-barrier marshland. Their co-dependence demonstrates that current 940 management schemes that preclude the possibility of significant cross-barrier 941 sediment and water exchange are at odds with the longer-term dynamic resilience of 942 this landform. Indeed, the large height difference between the barrier and back-943 barrier areas, and the extensive use of hard defences along Pett Level, at Broomhill, 944 and also Dymchurch (Robinson, 1988), combine to create a coastal landform that has 945 little capacity for internal readjustment in response to future changes in RSL, storms 946 and sediment supply without radical readjustment of its boundary conditions. Thus, 947 the Holocene record demonstrates that the Romney Marsh/Dungeness Foreland 948 depositional complex retains significant potential for coastal resilience but that, as 949 with many managed coastal lowlands in the developed world, this will only be 950 realised if the constraints of 'hard' engineered coastal protection measures are 951 loosened and 'soft' engineering solutions are considered on spatial and temporal scales more attuned to inherent (and previously demonstrated) resilience 952 953 characteristics.

954

955 Large mixed sand and gravel barriers like Dungeness Foreland are inherently 956 resilient landforms capable of internal recycling of sediment to maintain overall 957 landform integrity. We identify multiple spatial and temporal scales of morphological 958 resilience, often with different elements of the same landform experiencing 959 synchronous phases of erosion, stability or accretion. The repeated development of 960 tidal inlets facilitates cross-barrier exchange of water and sediment, but these inlets 961 also disrupt any tendency toward landform self-destruction that is inevitable in an 962 efficient drift-dominated system that experiences sediment depletion.

963

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965

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- 1311Fig. 1Location map showing Dungeness Foreland and Romney/Walland1312Marshes in the eastern English Channel. The hypothetical shorelines1313shown are from Lewis and Balchin (1940).
- 1315Fig. 2Age/altitude graph depicting the age and elevation of transgressive and1316regressive contacts from the Dungeness Foreland/Romney Marsh1317depositional complex (from Long et al., 2006). All of the data have1318been lowered from their original elevation by sediment compaction, a1319process that particularly affects points from the transgressive contact to1320the thick main marsh peat.
- 1322Fig. 3Simplified lithostratigraphy of Romney and Walland Marshes;1323Transect 1 (Long and Innes, 1995), Transects 2 and 3 (Long et al.,13241998). The location map shows the transect locations.
- 1326 Fig. 4 Stratigraphic transect along the south coast of the Romney 1327 Marsh/Dungeness Foreland depositional complex. Radiocarbon dates 1328 are cited in calibrated years before present (AD 1950) (cal. yrs BP) 1329 with a two sigma age range. Marine samples are calibrated using the 1330 Calib Marine04 dataset with a local marine reservoir effect (ΔR) for 1331 the English Channel of -32 ± 56 yrs (Harkness, 1983). OSL dates are 1332 cited in years before AD 1950 to enable comparison with the radiocarbon dates. 1333
- 1335Fig. 5Palaeogeographical reconstruction of the Romney Marsh/Dungeness1336Foreland depositional complex when the Hythe inlet was dominant (c.1337AD 300-400).
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