

A physical model for the spectral-timing properties of accreting black holes

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ABSTRACT

We develop new techniques to deconvolve the radial structure of the X-ray emission region in the bright low/hard state of the black hole Cygnus X-1 using both spectral and timing data in the 3–35 keV range. The spectrum at these energies is dominated by Comptonization rather than the disc, but there is a complex pattern in the time lags between different energy bands and differences in the normalization and shape in the power spectra of these bands, which clearly shows that the Comptonization is not produced from a single, homogeneous region. We use a physically based model of density fluctuations propagating through a spectrally inhomogeneous flow, setting the spectral components by jointly fitting to the time-averaged and Fourier-resolved spectra. The predicted variability in any band is modelled analytically in Fourier space so it can be fit directly to the observed power spectra and lags. We find that the best-fitting model picks out three distinct radii in the flow, each with a distinct Compton spectrum. The variability and luminosity produced at these radii is enhanced, while propagation of fluctuations from larger radii is suppressed. We associate these radii with the disc truncation, the inner edge of the flow, and (more speculatively) the jet launch radius. These distinct radii are most evident where the source is close to a transition between the low/hard and high/soft states. We suggest that the smoother power spectra seen at lower luminosities imply that the source structure is simpler away from the transition.

Key words: accretion, accretion discs – X-rays: binaries – X-rays: individual: Cygnus X-1.

1 INTRODUCTION

The overall spectral properties of the low/hard state in black hole binaries (BHBs) are often interpreted in a truncated disc/hot inner flow geometry (see, e.g. the review by Done, Gierliński & Kubota 2007; hereafter *DGK07*). In this picture, a cool, optically thick, geometrically thin disc (Shakura & Sunyaev 1973) transitions at some radius to a hot, optically thin, geometrically thick inner flow which behaves similarly to an advection-dominated accretion flow (ADAF; Narayan & Yi 1995). A decreasing truncation radius between the cool disc and the hot, inner flow as the mass accretion rate increases (on time-scales of days to weeks) leading to stronger disc emission, and hence stronger Compton cooling of the hot flow, so that its spectrum steepens. This also provides a mechanism to explain the transition to the disc-dominated state when the truncated disc finally reaches the innermost stable circular orbit (ISCO; Esin, McClintock & Narayan 1997; *DGK07*).

More recent work has shown in detail how this can also explain the properties of the fast variability (on time-scales of 0.01–10 s), including the strong low-frequency quasi-periodic oscillation (QPO).

The radius of the thin truncated disc sets the outer radius of the hot inner flow. Any turbulence in the hot flow will have a time-scale which decreases with radius, so the longest time-scale fast variability is set by the outer radius of the hot flow (Lyubarskii 1997; Arévalo & Uttley 2006); this defines the low-frequency break in the power spectrum. The QPO can be produced in the same geometry by Lense–Thirring (relativistic vertical) precession of the entire hot flow (Fragile et al. 2007; Ingram, Done & Fragile 2009), predicting that the iron line centroid energy is modulated on the same quasi-period as the QPO. This characteristic signature of prograde precession has been seen in the data in H1743-322 (3.8σ detection; Ingram et al. 2016). The decrease in truncation radius with increasing mass accretion rate which produces the spectral softening then also drives the correlated decrease in low-frequency break and QPO time-scale, as observed (Wijnands & van der Klis 1999; Klein-Wolt & van der Klis 2008; Ingram & Done 2012b).

This geometry also offers a qualitative explanation of the more complex, higher order variability properties. It is well established that BHB lightcurves on fast time-scales show variability in higher energy bands lagging behind that from lower energy bands (Miyamoto & Kitamoto 1989; Nowak et al. 1999; Grinberg et al. 2014). These lags might be expected in a model where the low energy band is dominated by the disc, and the high energy band is

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dominated by Comptonization from the hot flow. Fluctuations in the disc will propagate inwards through the hot flow, but with some lag time corresponding to the viscous time-scale for the fluctuation to drift from the disc inner edge to the innermost parts of the hot flow which dominate the Comptonized emissivity (Uttley et al. 2014; Rapisarda et al. 2016). However, such models are unable to explain why these lags are seen between different energy bands where the disc emission is negligible, nor why the lags also depend on the frequency of variability (Nowak et al. 1999; De Marco et al. 2015; Misra et al. 2017). Instead, these features can be explained if the hot flow itself is stratified not only in variability time-scale, but also in spectral shape, such that the outer regions of the flow are associated with softer Compton spectra than the inner regions (Kotov, Churazov & Gilfanov 2001; Gierliński, Done & Page 2009). Slow variability is generated at the largest radii, in the region where the Compton spectrum is softer. These fluctuations have the largest distance to travel (i.e. the longest lag time) before they modulate the hardest spectral inner regions. By comparison, faster variability is produced closer in, so has a shorter distance to propagate – and hence a shorter lag time – before it modulates the spectrally hardest inner regions (Mahmoud & Done 2018, hereafter MD18a). If, instead, the hot flow were homogeneous, spectra from the outer and inner radii would be the same, so while the fluctuation in the inner radii would lag behind those produced in the outer radii, two different energy bands would each sample the same fraction of initial and lagged emission, so their lightcurves would be the same, and no lag would be observed.

Thus, the observed lag between different energy bands which are both dominated by Comptonization suggests that the spectral and variability properties of the hot flow are radially stratified. The observed spectral variability can therefore, in principle, be used to determine the radial stratification of the hot flow. This goal is complementary to that of the recent work of Mastroserio, Ingram & van der Klis (2018), where they focus on using the continuum variability to probe the thin disc structure via reverberation. Here, we are interested instead in using the continuum variability to probe the continuum source itself.

We develop techniques to use the observed spectral-timing information to build a model of a flow which is radially stratified in variability, emissivity, and energy spectra, developing significantly from our previous work in MD18a. We use this on some of the best available data, that of the Rossi X-ray Timing Explorer (RXTE) observations of Cyg X-1, taken before the telemetry limitations which accompanied the antenna failure. Cygnus X-1 is an ideal source for this study, since there is no obvious QPO to complicate the underlying propagation models, as well as being very bright, resulting in a high signal-to-noise. We show simultaneous fits to the time-averaged spectra, the frequency-resolved spectra, and the power spectral densities (PSDs) over different energy bands, together with the lags between those energy bands. We show that we can build a self-consistent picture of all these data with a flow comprising two spectral regions, with the transition from *soft* to *hard* spectra at very small radii (within 2–4 R_g of the black hole) associated with a large peak in both the variability and the emissivity. Alternatively, we prefer a three-component spectral model which gives larger radii, with maximal variability and emissivity generated in an intermediary region from 5 to 6 R_g . While we cannot break all the degeneracies, we show that the data fundamentally requires spectrally distinct regions within the Comptonization zone, and that the variability and emissivity are jointly enhanced at specific radii. In this picture, the flow consists of a number of bright, turbulent rings rather than being a smooth, self-similar structure. This picture is very differ-

ent to the original assumption that variability is dominated by the radially smooth turbulence of the Magneto-Rotational Instability (MRI), which remains the physical mechanism behind the angular momentum transport in the flow (e.g. Balbus & Hawley 1998, Noble & Krolik 2009, as used by Ingram & Done 2011, hereafter ID11; Ingram & Done 2012a). The bright, turbulent radii we identify must be important in understanding the physics of the flow, and we suggest identifying these with the disc truncation radius, the ‘bending wave’ or nonaxisymmetric tilt-shock radii seen in Magnetohydrodynamic simulations (MHD; Lubow, Ogilvie & Pringle 2002; Fragile et al. 2007; Generozov et al. 2014), and/or the jet launch radius.

We note that this complex source structure is required by the distinct time-scales picked out by the multiple separate maxima (‘humps’) in the power spectra. A systematic analysis of all the RXTE PCA data shows that these separate components in the power spectra are especially evident in the intermediate states, where the source is making a transition between the low/hard and high/soft states (Belloni, Psaltis & van der Klis 2002; Axelsson, Borgonovo & Larsson 2005; Grinberg et al. 2014). Instead, the power spectra are much smoother in the dimmer low/hard states, indicating that the X-ray emitting Comptonization source structure may be described by simpler models where there is a smooth radial gradient in variability time-scale, amplitude, emission spectrum, and luminosity in these states (Rapisarda, Ingram & van der Klis 2017a, hereafter R17a). We will apply these spectral-timing techniques to data from a dim low/hard state data in a subsequent paper (Mahmoud, Done & De Marco, in preparation).

2 ANALYTIC MODELLING

In the following, we denote radii as $r = R/R_g$, with gravitational radius $R_g = GM_{\text{BH}}/c^2$ and black hole mass M_{BH} .

In MD18a, we carried out all simulations of the mass accretion variability in the hot flow using a numerical procedure adapted from the method of AU06 and ID11. In that method, the mass accretion rate curve in each annulus, r_n , was generated by randomly sampling from a zero-centred Lorentzian with a cut-off at the local viscous frequency, $f_{\text{visc}}(r)$,

$$|\tilde{m}(r_n, f)|^2 \propto \frac{F_{\text{var}}(r_n)^2}{1 + [f/f_{\text{visc}}(r_n)]^2}. \quad (1)$$

$F_{\text{var}}(r_n)$ here is the fractional variability per radial decade at r_n , related to the rms variability produced at r_n via $F_{\text{var}}(r_n) = \sigma_{\text{rms}}(r_n)/\sqrt{N_{\text{dec}}}$, where N_{dec} is the number of annuli per radial decade. The samples were then transformed to the time-domain via the Timmer & König (1995; hereafter TK95) algorithm. These mass accretion rate curves were then lagged and multiplied together to simulate propagation through the flow, and the final time series were weight-summed to produce the light curves in each band.

However, these simulations are slow. The basis for a fast procedure to produce the energy-dependent PSDs was also adapted in MD18a from the groundbreaking analytic formalism of Ingram & van der Klis 2013, hereafter IvdK13. This analytical method can produce results consistent with those of the TK95 algorithm when spectral constraints are also included. In this work we will use this faster technique to enable us to search through the wide parameter space generated by the multiple components of the model. The updated formalism is described in rigorous detail in Appendix A, but we give an overview of the physical parameters below.

2.1 Spectral stratification

Fundamentally, our model assumes a changing spectral shape as a function of radius, $F(E, r)$. In the simplest case, it describes a hot flow stratified into two regions, each of which produces a different spectral shape. A *soft* spectral component, $S(E)$, is produced in the outer region, while the inner region produces a *hard* spectral component $H(E)$. In this work, both of these components are formed from Comptonization as the RXTE PCA is sensitive only above 3 keV, where the disc emission is negligible. This is different to the two-component models used by Rapisarda et al. (2017a), where the lower bandpass of XMM-Newton means that they are sensitive to the direct emission from the disc. Their two-component model describes a disc and homogeneous hot flow, while ours describes an inhomogeneous hot flow.

$S(E)$, $H(E)$, and their reflected components are determined from direct fitting of a two-component Compton model to the broadband spectrum, further details of which are described in Section 4. For *soft* and *hard* Comptonization components (and their reflections) $S(E)$, $H(E)$, $R_S(E)$, and $R_H(E)$, the time-averaged spectrum associated with each annulus is given by

$$\bar{F}(E, r_n) = \begin{cases} S(E) + R_S(E), & \text{if } r_n > r_{SH}, \\ H(E) + R_H(E), & \text{if } r_n < r_{SH}. \end{cases} \quad (2)$$

Here, r_{SH} is the transition radius between the *soft* and *hard* Comptonization regions. This is analytically derived from the radial scale, the spectral components $S(E)$ and $H(E)$, and the prescribed emissivity (parameterized in Section 2.3) such that the luminosity ratio between the two direct components, f_H^S , matches that of the emissivity, via

$$f_H^S = \frac{\int_E S(E)dE}{\int_E H(E)dE} = \frac{\int_{r_o}^{r_{SH}} \epsilon(r)2\pi r dr}{\int_{r_{SH}}^{r_i} \epsilon(r)2\pi r dr}. \quad (3)$$

Regarding equation (2), we note that our model assumes that the observed variability relates only to variation in the normalization of each spectral component, not from a changing spectral shape. This means we assume that the seed photon rate for Comptonization changes with \dot{m} in the flow, because the spectral index is set by the balance between electron heating from \dot{m} and cooling from the seed photons (e.g. Beloborodov 1999). Any change in heating and cooling can lead to changes in spectral index of the Comptonization spectrum. The heating and cooling are expected to vary together if the seed photons are predominantly from disc-reprocessed X-ray emission (Haardt & Maraschi 1993) and the light travel time for this reprocessing is fast compared to the propagation time. The latter is fairly well justified for our parameters since the disc truncation radii we derive here from the QPO-low-frequency break relation (ID11; Section 2.2) are all $<15R_g$, equating to a light travel time of order 1 ms. Of course, this is not always the case for AGN (Gardner & Done 2014).

However, if the seed photons for the Hard component instead originate from the Soft Compton component, then there will be correlated but lagged variability between the dissipation in the inner regions and its seed photons caused by the same fluctuation which appeared earlier in the outer regions. Alternatively (or additionally), changes in spectral shape can be produced even if the seed photons are locally generated, if they arise via cyclo-synchrotron emission. An increase in density gives rise to more local dissipation but fewer seed photons as it increases the synchrotron self-absorption. This would result in a simultaneous (no lag) anticorrelation of the seed

photons with \dot{m} . Both cases would lead to strong spectral pivoting (Veledina 2016).

Nonetheless, spectral pivoting alone (with or without lags) is not likely to explain all of the lags seen in the Cyg X-1 data set. Mush-tukov, Ingram & van der Klis (2017) used spectral pivoting to fit to the complex covariance of this Cyg X-1 data. Here, their focus was to phenomenologically model the continuum lags in order to extract the reverberation lags from the disc. They derived an extremely small inferred inner radius for the disc of $1.5 R_g$, but with significant residuals around the iron line. This suggests that their model is using the reverberation lags to compensate for continuum lags which are not modelled with their purely pivoting continuum approach. We caution that a full picture of the spectral-timing properties of the flow may require a combination of all of these factors, and we will explore this in future work.

Once $S(E)$, $H(E)$, $R_S(E)$, and $R_H(E)$ are established from the spectrum, the model then solves for parameters which set the radial dependencies of the flow, including

- (i) The radial propagation speed $v_r(r) = rf_{\text{visc}}(r)$.
- (ii) The fractional variability per radial decade, $F_{\text{var}}(r)$.
- (iii) The total emissivity, $\epsilon(r)$.
- (iv) Propagation losses of variability amplitude. This occurs due to either smoothing by the Green's function response of the flow, and/or damping due to macroscopic turbulent processes.

We specify these parameters in detail below, using previous results as the basis to set the minimum number of free parameters required to reproduce the features seen in these data.

2.2 Propagation speed

In simple propagating fluctuation models, the viscous frequency often follows $f_{\text{visc}}(r) = Br^{-m}f_{\text{kep}}(r)$ where $f_{\text{kep}}(r)$ is the Keplerian frequency. This sets the frequency at which fluctuations are generated at r through equation (1). Here, we assume that this also sets the propagation speed, $v_r(r)$, through $v_r(r) = rf_{\text{visc}}(r)$. As we show in Appendix C, the viscous time-scale therefore determines not only the peak positions in the PSD, but also the time lag between energy bands.

In MD18a, we used the association of the low-frequency QPO with Lense–Thirring precession (see Ingram et al. 2016) to set $B = 0.03$ and $m = 0.5$. This was required to reproduce the relation between the low-frequency power spectral break and the QPO frequency ($f_{\text{lb}} - f_{\text{QPO}}$; ID11). This relation correlates the low-frequency noise near f_{lb} – that generated in the outermost regions of the flow – with the QPO frequency assuming solid-body precession of the entire hot flow.

However, the low-frequency break could instead be set by fluctuations from the inner edge of the disc rather than fluctuations in the hot flow itself. In this work, we therefore assume that $B = 0.03$ and $m = 0.5$ in the outer part of the flow, but we also explore whether the inner flow has a distinct propagation speed, as might be expected from the transition between the thin disc and the hot flow (Hogg & Reynolds 2017). Where the spectral shape switches from *soft* to *hard*, the physical process resulting in the different spectrum may also be associated with a different viscosity form. We therefore parameterize the viscous timescale as

$$f_{\text{visc}} = \begin{cases} B_S r^{-m_S} f_{\text{kep}}(r), & \text{if } r \geq r_{SH}, \\ B_H r^{-m_H} f_{\text{kep}}(r), & \text{if } r < r_{SH}, \end{cases} \quad (4)$$

where B_S , m_S , B_H , and m_H are model parameters for the viscosity in the *soft* and *hard* regions. Regardless of the internal variability processes of the flow at $r \ll r_o$, the $f_{lb}-f_{QPO}$ relation should hold, so we fix $B_S = 0.03$ and $m_S = 0.5$. However, we do allow B_H and m_H to vary, as the inner-region viscosity is not constrained by the QPO.

We note that some previous works (e.g. Ingram & Done 2012a, Rapisarda et al. 2016, R17a) have instead used a viscous frequency profile for the flow which smoothly varies with surface density, this form being inferred from MHD simulations. However, those works also assume smooth, MRI-driven turbulence and emission profiles, as these were satisfactory to explain their data given the lack of spectral constraints. In the new picture, we are exploring – of quasi-limited regions enhancing the variability, and in particular of the thin disc being shredded in the *soft* region – it becomes inconsistent to think of the viscous time-scale as being a smooth function of radius. This motivates the broken profile of equation (4).

2.3 Correlated turbulence and emissivity in a 2-component flow

MD18a principally showed that the ‘bumpy’ power spectra seen in the brighter low/hard states of Cyg X-1 and other sources (Churazov, Gilfanov & Revnivtsev 2001; Pottschmidt et al. 2003; Axelsson et al. 2008; Torii et al. 2011; Misra et al. 2017; GX 339-4: Nowak 2000) cannot be matched by self-similar turbulence where $F_{\text{var}}(r)$ is constant. Regions of enhanced variability over a very small range in radii are required in order to produce an excess of power over a limited frequency range. These may be physically associated with the transition from the thin disc to the hot flow, nonaxisymmetric shocks at the inner radius of the flow if this is tilted with respect to the black hole spin (Henisey, Blaes & Fragile 2012; Generozov et al. 2014) or the jet/flow interaction.

The PSDs in our data show three distinct bumps (the shaded regions in e.g. Fig. 4a). In an effort to reproduce the clearly complex structure seen in the variability, we would like a phenomenological model for the turbulence as a function of radius which does not require an excess of free parameters. We therefore parameterize $F_{\text{var}}(r)$ as a sum of three gaussians, with width, σ_j^{en} , radial position, r_j^{en} , and amplitude, A_j , giving

$$F_{\text{var}}(r) = \sum_{j=1}^3 A_j e^{-\frac{r-r_j^{\text{en}}}{2\sigma_j^{\text{en}}}}. \quad (5)$$

One very natural source of this variability is at the truncation radius, where the interaction between the Keplerian disc and sub-Keplerian flow is likely to be highly unstable. We therefore associate the outermost gaussian in $F_{\text{var}}(r)$ with the truncation radius so that $r_1^{\text{en}} = r_o$. We also impose joint constraints on the other parameters in equation (5). The characteristic radii of the two inner gaussians are always limited to be less than that of the adjacent outer one, i.e. $r_2^{\text{en}} < r_1^{\text{en}} (= r_o)$ and $r_3^{\text{en}} < r_2^{\text{en}} \cdot r_3^{\text{en}}$ also cannot fall below the inner radius of the flow, so that $r_3^{\text{en}} > r_i$. We force positive-definite resulting lightcurves by ensuring that the rms variability generated in any region has $0 < \sigma_{\text{rms}}(r) < 0.3$. Models which go above this limit are flagged as infinitely bad in terms of goodness of fit (see Section 3). Since $\sigma_{\text{rms}}(r) \propto F_{\text{var}}(r)$, this implies joint upper boundaries on the gaussian widths and amplitudes, σ_j^{en} and A_j .

Incorporating equation (5) into the model allows it the freedom to significantly vary the amount of turbulence within the flow as a function of position. The physical pictures which can be inferred from the fits can therefore range from the traditional propagating fluctuations model, with broad, low-amplitude Lorentzians produc-

ing constant variability at each radial decade, to the case of certain processes dominating the variability at distinct radii, potentially independent of any smooth MRI-driven turbulence.

However, to make an impact on the power spectra, regions of enhanced variability should form a significant contribution to the resulting lightcurves. This requires that they modulate a large fraction of the total luminosity. It is difficult to do this with a smooth emissivity (as assumed in MD18a) as this limits the contribution to the lightcurve from any small range of radii. The impact of a turbulent region in the lightcurve is a product of the variability power and the integrated emissivity over the radial range where the enhanced variability appears. With the smooth emissivity assumption, the additional variability required to fit the data is so large that the assumption of linearity in the generated lightcurves is broken (MD18a). This results in the lightcurves becoming negative, which is unphysical!

We now link the turbulence to the emissivity of the flow, such that the more variable regions produce a larger proportion of the emission. This is motivated not only by the demands of the data, but also by the findings of MHD simulations which show that turbulence is inherently dissipative (see, e.g. Blaes 2013). We parameterize the radial dependence of the emissivity with a sum of three Gaussians, tied to the same radii and width as for the turbulence above, but with free normalizations. We also assume that this occurs on the background of a smooth $\epsilon(r)$ with index γ in order to encode the joint contributions from the turbulence and gravitational energy release to the energetic dissipation. We then have

$$\epsilon(r) \propto r^{-\gamma} \left(e^{-\frac{r-r_1^{\text{en}}}{2\sigma_1^{\text{en}}}} + Z_2 e^{-\frac{r-r_2^{\text{en}}}{2\sigma_2^{\text{en}}}} + Z_3 e^{-\frac{r-r_3^{\text{en}}}{2\sigma_3^{\text{en}}}} \right), \quad (6)$$

where Z_2 and Z_3 are the relative amplitudes of the second and third Gaussians to that of the outermost at r_o . Through equation (6), the model can also encompass interference-based interpretations of the double-humped power spectra, where the correlated, lagged variability between Comptonized photons from the outer and inner regions results in suppressed power in the range of frequencies for which the lag is half of the fluctuation period (Veledina 2016). On the other hand if interference is not significant, i.e. if the propagation delay is too short, damping will be required to suppress the propagated power and produce dips in the power spectra (see Section 2.4).

To calculate light curves in different energy bands from our simulation, we weight the mass accretion rate at each annulus r_n by the product of the emissivity at r_n , and the integrated spectral components of equation (2), folded with the detector response and interstellar absorption (see equation A7). Including the detector response and interstellar absorption ensures that the simulated data is weighted in the same way as the observations.

In Figs 2(a) & (b), we show the schematic for the revised $F_{\text{var}}(r)$ and $\epsilon(r)$ profiles with arbitrary normalization on both, illustrating how these profiles are now associated in terms of the positions and radial scales of the enhanced regions.

2.4 Smoothing and damping

Another key feature often seen in the Cyg X-1 low/hard states which previous models have been unable to replicate is the suppression of low-frequency correlated variability associated with lower energy bands compared to higher energy bands (e.g. Grinberg et al. 2014, Rapisarda, Ingram & van der Klis 2017b; MD18a). This feature is also seen in other BHs including SWIFT J1753.5-0127 and

GX 339-4 (Wilkinson & Uttley 2009), and so is likely generic to the low/hard state paradigm. For similar Low and High-energy power spectral shapes (i.e. no preferential suppression of certain frequencies between bands), the timing properties can be jointly fit using simple propagating fluctuations, but when the power spectral shapes become distinct at low frequencies, the lags in each band become dominated by different spectral components and joint fits fail (Rapisarda et al. 2017a). This implies that the variability present in the spectrally softer regions is not completely propagated down to modulate the harder regions. Yet, the fact that there are lags between Low and High bands on the time-scale of the outer parts of the flow means that at least *some* of the variability does propagate. The variations in the *soft* region must therefore map onto the inner-region variability after propagation, although with smaller amplitude and a time delay.

Our model includes two distinct methods of variability suppression. First, there can be diffusion of fluctuations as they propagate through the flow due to the Green’s function response (e.g. R17a). This acts to preferentially smooth out the fluctuations which have propagated over a larger distance compared to their wavelength. We follow R17a and model this as an exponential decay such that all fluctuations of frequency f which propagate from r_l to r_n (which takes time-scale Δt_{ln}) are suppressed by a continuous factor $\exp(-S_m \Delta t_{ln} f)$. Here

$$\Delta t_{ln} = \sum_{k=l}^{n-1} dt_k = \sum_{k=l}^{n-1} \frac{dr_k}{r_k} t_{\text{visc}}(r_k) = d \log(r_k) \sum_{k=l}^{n-1} t_{\text{visc}}(r_k). \quad (7)$$

However, our model fundamentally includes regions of enhanced variability/emissivity. The specific processes which generate this additional power could also suppress the propagating fluctuations at the associated radii. In our nomenclature, we will refer to the process of suppressing power at all frequencies uniformly at specific radii as ‘damping’, distinct from the diffusive ‘smoothing’ process discussed above, which instead has a frequency/travel time dependence. We tie our damping effect to the radius at which the spectral shape changes from *soft* to *hard*. There are two proposed mechanisms by which such damping could occur, the first being an increased density of magnetic field lines at the transition radius. This buildup of flux density could be associated with the jet collimation, or warps induced by the flow tilt with respect to the disc plane. Such a process would be highly disruptive to incoming mass accretion rate fluctuations from $r > r_{\text{SH}}$. The purple knots in the flow in Fig. 1 represent this concentration of flux density at the spectral transition radius. An alternative, possibly concurrent mechanism which would result in fluctuation damping could be the dissipation of thermal clumps propagating through the flow. Physically, the spectral transition requires a change in seed photon availability, and these seed photons in the *soft* region could be from clumps torn from the inner edge of the truncated disc by the truncation process. These clumps would produce copious, highly variable, seed photons for the *soft* region of the flow, making the characteristic soft, highly variable spectrum (see also Uttley et al. 2011; Grinberg et al. 2014). However, as it accretes, a given clump would likely shrink due to its outer layers thermalizing with the surrounding medium, and being stripped away by the MRI; this would also result in seed photon starvation of the inner region, explaining the observed hardening of the spectral shape. The grey ‘blobs’ in the flow in Fig. 1 represent these clumps dissipating as they accrete. When considering this possibility however, we bear in mind the work of Poutanen, Veleidina & Zdziarski (2018) which showed that synchrotron emission may be the preferred method source of seed photons in the inner

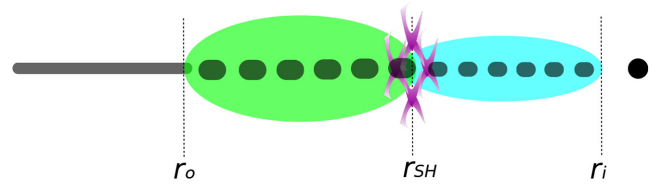


Figure 1. The physical geometry of the flow assumed in the two-component Compton model. The dark grey region denotes the thermal, thin disc which does not vary on fast time-scales. The green region denotes the fast-varying, spectrally *soft* zone, the cyan region denotes the fast-varying, spectrally *hard* zone. Mass accretes down the flow from the disc truncation radius at r_o , through the *soft–hard* transition radius at r_{SH} , towards the inner flow radius at r_i . The purple knots in the flow denote a higher density of magnetic field lines at the spectral transition radius. The grey ‘blobs’ in the flow represent thermal clumps, torn from the disc at the truncation radius, dissipating as they accrete. Clump dissipation, enhancement of the magnetic flux density near the transition radius, or a combination of the two phenomena would result in damping of fluctuations as they propagate from the *soft* to the *hard* region as required by the data, although our model does not distinguish between these mechanisms.

flow, although incorporating this into the model would invoke the aforementioned complexity of spectral pivoting.

Applying a generic mechanism which can encompass both magnetically-driven and clump evaporation-driven damping, we suppress all the propagated variability by a single factor D_{SH} at the spectral transition radius, r_{SH} . In the context of fluctuations propagating from r_l to r_n , these fluctuations are therefore damped by

$$D_{ln} = \begin{cases} D_{\text{SH}}, & \text{if } r_l < r_{\text{SH}} < r_n, \\ 1, & \text{otherwise.} \end{cases} \quad (8)$$

In Fig. 2(c), we show an example of these smoothing and damping effects separately, and in combination. Note that the smoothing in this figure is an example for a fixed frequency, $f = f_{\text{visc}}(r_o)$, and in truth smoothing acts as a function of frequency.

3 TIMING FIT PROCEDURE

Producing a fully generalized model which fits the spectra and timing properties simultaneously would be both technically complex and computationally prohibitive. Furthermore, in a parameter space with dimensions corresponding to the free parameters for both the spectral and timing fits, degeneracy and correlation between parameters would be a significant concern. With this in mind, we fit first to the energy spectra, and then to the energy-dependent timing properties, to demonstrate the possible achievements and limitations of the model. Unlike the slower TK95 method used in MD18a, the fast analytic prescription we use allows us to obtain parameter space minima using the Markov Chain Monte Carlo (MCMC) method via the PYTHON package, EMCEE (Foreman-Mackey et al. 2013). This allows a much more thorough exploration of the parameter space than in MD18a, systematically testing the limits of each model. In all analytic model fits, we assume that Cyg X-1 has a black hole of mass $M_{\text{BH}} = 15M_{\odot}$, and a dimensionless spin parameter of $a^* \sim 0.85$ when calculating $f_{\text{kep}}(r)$ (Tomsick et al. 2014; Kawano et al. 2017). All spectral-timing fits use $N_r = 70$ logarithmically spaced radial bins, which is a compromise between computational cost and spatial resolution. We simulate on a time binning of $dt = 2^{-6}$ s to match the Nyquist frequency of our data.

To find the timing properties of the data, we extract lightcurves using SAEXTRACT in three energy bands: Low (3.13–4.98 keV), Inter-

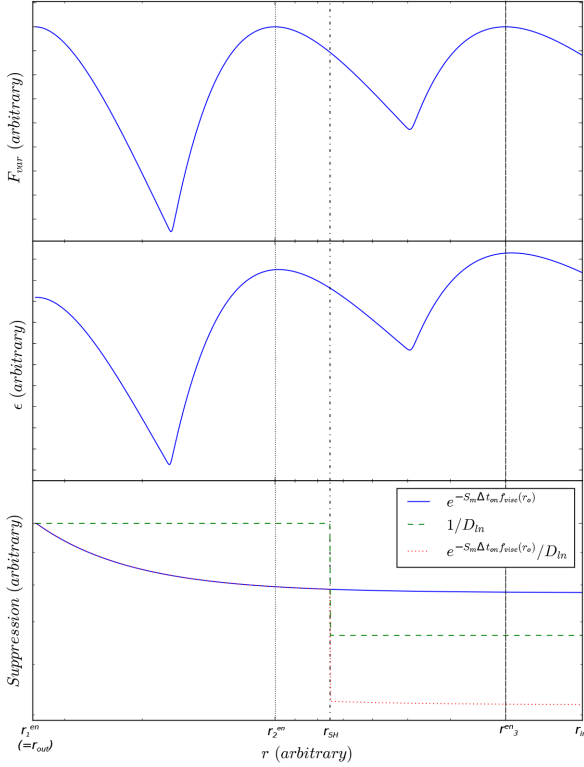


Figure 2. Top panel (a): generic schematic of the fractional variability profile used in the model (blue solid line). Middle panel (b): generic schematic of the emissivity profile used in the model (blue solid line). Comparing panels (a) and (b), we illustrate that the location of the humps in variability correspond to those in the emissivity, from the assumption that turbulence ties to energetic dissipation. Bottom panel (c): generic schematic of the smoothing/damping profiles, denoting the effect of damping (green, dashed line), an example of smoothing (blue, solid line), and the product of these as used in the model (orange, dotted line). Note that we only show an *example* of smoothing at a single frequency propagating from the truncation radius (that of $f_{\text{visc}}(r_0)$), while smoothing is actually a two-dimensional function of frequency and propagation time. The black dot–dashed line denotes the spectral transition radius, r_{SH} .

mediate (9.94–20.09 keV), and High (20.09–34.61 keV). Selecting the boundaries of the Low and Intermediate bands ensures that contamination of the timing signal from the iron line at 6.2 keV is avoided. Since the PCA response declines rapidly below 3 keV and HEXTE becomes unreliable above 35 keV, these bands span as large an energy range as possible for these data without, significantly sacrificing signal-to-noise. These lightcurves are found by co-addition of three consecutive observations of Cyg X-1 (ObsIDs: 10238-01-08-00, 10238-01-07-000, 10238-01-07-00, hereafter Obs. 1–3), where the similar spectra and hardness ratios of these observations justify their co-addition (see MD18a). Obs. 1–3 all consist of 64 energy bins across the entire RXTE PCA energy bandpass (standard channels 0-249; B_1.6ms_64M_0_249 configuration) giving moderate spectral resolution in the 3–10 keV band near the iron $K\alpha$ line. We calculate the noise-subtracted power spectra and time lags of the data by ensemble averaging over 174 intervals, each containing 2^{13} time bins of 2^{-6} s length. The power spectra and time lags are then rebinned geometrically such that the number of points in bin x adheres to $N_p(x) \leq 1.11^x$ (van der Klis 1989), with at least a single point in each frequency bin. This produces fully binned power spectra in each band, $P_i(f)$, and lags between bands, $\tau_{ij}(f)$, where $i, j =$

1... N and N is the number of distinct energy bands. These statistics have corresponding errors $\Delta P_i(f)$, $\Delta \tau_{ij}(f)$. Since each measured frequency is first ensemble-averaged over 174 separate intervals, this far exceeds the prerequisite number of points required for the errors to converge to Gaussian at all frequencies (Papadakis & Lawrence 1993), and so chi-squared fitting is appropriate for this data.

When fitting, we wish to maximize our signal-to-noise ratio in the time lag. Due to the closer proximity of the High and Intermediate (and Intermediate and Low) bands, the propagation lag between these bands is inherently smaller, while their errors are the same as that of the High–Low. Particularly in the case of the Intermediate–High-band cross-spectrum, the average lag reduces to $\sim 10^{-3}$ s, of the order which would be expected for reverberation lags given the geometry of the system. Since the model does not include the reverberation lag here, fitting to these lag spectra would therefore skew the fit statistic towards an underpredicted lag, breaking the fit.

To simultaneously fit to the power spectra and time lags, we therefore reduce the sum of the chi-squared values for the power spectra in the Low, Intermediate, and High bands, and a weighted form of the High–Low band time lags, since the High–Low lag gives us the best signal-to-noise ratio, thus being the most reliable diagnostic of the propagation lag. In particular, we weight the lag by a factor of three against the power spectra. Selection of a factor three ensures an equal balance-in-fit preference between the overall power spectral and lag statistics. The statistic we reduce is therefore

$$\chi^2 = \sum_{j=1}^J \left\{ \frac{[P_{\text{Lo}}^{\text{mod}}(f_j) - P_{\text{Lo}}^{\text{obs}}(f_j)]^2}{\Delta P_{\text{Lo}}^{\text{obs}}(f_j)^2} + \frac{[P_{\text{Int}}^{\text{mod}}(f_j) - P_{\text{Int}}^{\text{obs}}(f_j)]^2}{\Delta P_{\text{Int}}^{\text{obs}}(f_j)^2} + \frac{[P_{\text{Hi}}^{\text{mod}}(f_j) - P_{\text{Hi}}^{\text{obs}}(f_j)]^2}{\Delta P_{\text{Hi}}^{\text{obs}}(f_j)^2} + 3 \frac{[\tau_{\text{LH}}^{\text{mod}}(f_j) - \tau_{\text{LH}}^{\text{obs}}(f_j)]^2}{\Delta \tau_{\text{LH}}^{\text{obs}}(f_j)^2} \right\},$$

where the superscripts mod and obs refer to the model and observational statistics respectively, and subscripts Lo, Int, and Hi refer to the Low, Intermediate, and High energy bands, respectively.

4 SPECTRAL FITS: TWO COMPTON COMPONENTS

In MD18a, we fitted the time-averaged SED from Obs. 1 alone in XSPEC (version 12.9.1; Arnaud, Borkowski & Harrington 1996). The model consisted of two Comptonization components described by `tbabs * (nthcomp + nthcomp)` (Zdziarski, Johnson & Magdziarz 1996), and their combined reflection, `tbabs * (kdblur * xilconv * twocomp)`, where `twocomp` is a local model which adds the Comptonization components together. This fit was motivated by model simplicity, and by similar successful fits to Cyg X-1 spectra (Gierliński et al. 1997; Di Salvo et al. 2001; Makishima et al. 2008; Basak et al. 2017). In MD18a, this fit assumed 0.5 per cent errors on the model alone, and no systematic errors on the data.

For the first spectral fit of this paper, we make two key revisions to this approach. First we use a slightly updated version of the MD18a model, instead fitting `tbnew_gas * (nthcomp + nthcomp + kdblur * xilconv * (nthcomp + nthcomp))`,¹ where the reflected components are now separated into its *soft* and *hard* components

¹tbnew_gas is the new, faster version of `tbabs` (Wilms, Allen & McCray 2000), and can be found here: pulsar.sternwarte.uni-erlangen.de/wilms/research/tbabs.

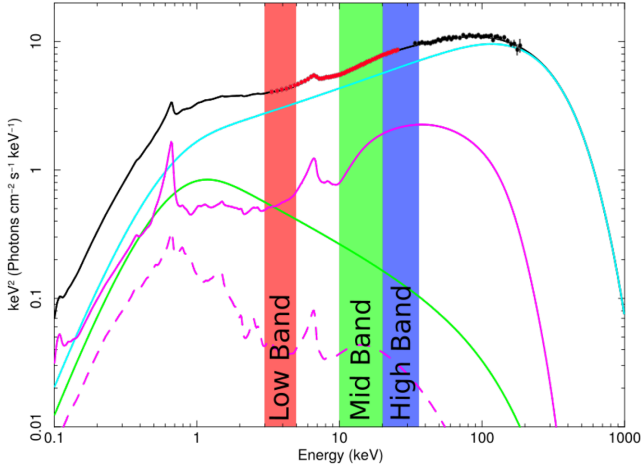


Figure 3. Two-component spectral decomposition of Obs. 1, denoted model 2C. Lines show the total energy spectrum (black solid), the *hard* Compton component ($H(E)$, cyan solid), the *soft* Compton component ($S(E)$, green solid), the truncated disc reflection from the *hard* component ($R_H(E)$, magenta dashed), and the reflection from the *soft* component ($R_S(E)$, magenta solid). Filled circles show the PCA (red) and HEXTE (black) data. The red, green, and blue bands denote the Low (3.13–4.98 keV), Intermediate (9.94–20.09 keV), and High (20.09–34.61 keV) energy ranges, respectively. Systematic errors on model and data have been updated leading to very different spectral shapes from that of MD18a which fit the same data with the same model.

to be consistent with the revised formalism of equation (2). Second, we now add 1 per cent systematic errors to the data only in the PCA range, and assume zero systematic error on the model, as opposed to the zero data-systematic, 0.5 per cent model systematic used in MD18a. This decision is made for consistency with later fits in this paper, which incorporate Fourier-resolved spectra, using 1 per cent PCA systematics as in Axelsson & Done (2018). Like MD18a however, we have followed Makishima et al. (2008) who fix the seed photon temperature for both Compton components to that of the disc at 0.2 keV, and tie the electron temperatures of both components. We also fix the galactic column density to $N_h = 6 \times 10^{21} \text{ cm}^{-2}$ in this and all other fits. Unlike the timing model, we fit the spectrum to Obs. 1 only, as co-addition of spectral data can result in artefacts.

In Fig. 3, we show the broad-band spectral fit. The dominant *soft* (green) and *hard* (cyan) Compton components are produced from the outer and inner regions of the flow, respectively. Also included is the reflection from the *soft* component (magenta solid), and from the *hard* component (magenta dashed), but we do not include the intrinsic or reprocessed disc emission as the energy of this is too low to make a significant contribution to the RXTE data above 3 keV. We denote this as spectral model 2C (two component), with full parameters detailed in Table 1. On comparison to the spectral fit of MD18a which found *soft* and *hard* spectral indices of 1.8 and 1.25

Table 1. Fitting parameters for spectral model 2C, described by $\text{tbnew_gas} * (\text{nthcomp} + \text{nthcomp} + \text{kdblur} * \text{xilconv} * (\text{nthcomp} + \text{nthcomp}))$. This shows fit parameters close to that of MD18a, only now with separate reflection from each Compton component. n_m and $(\frac{\Omega}{2\pi})_m$ denote the normalization and reflection fractions on Compton component m . Normalization values are in standard units of $\text{photons s}^{-1} \text{ cm}^{-2}$ at 1 keV. Uncertainties are quoted at the 1σ confidence level. The associated spectrum is shown in Fig. 3.

Spectrum	Γ_S	$kT_{e,S} \dagger$ (keV)	n_S	Γ_H	$kT_{e,H} \dagger$ (keV)	n_H	$(\frac{\Omega}{2\pi})_S = (\frac{\Omega}{2\pi})_H$	$\log(x_i)$	χ^2/dof
Total	$2.6^{+0.4}_{-0.3}$	170^{+50}_{-20}	$0.82^{+0.05}_{-0.11}$	1.65 ± 0.02	170^{+50}_{-20}	$1.7^{+0.1}_{-0.2}$	-0.28 ± 0.01	$3.00^{+0.01}_{-0.03}$	102.1/91

Note. † These are tied.

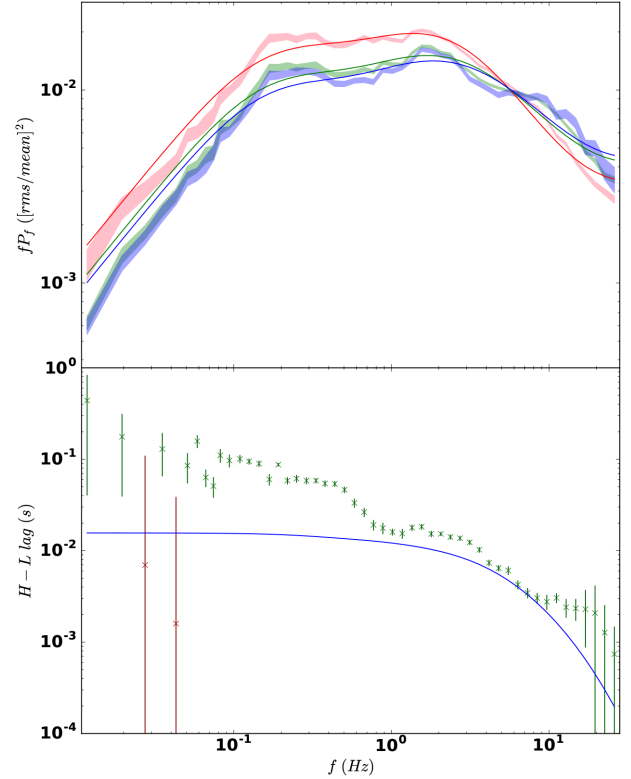


Figure 4. Timing fit using spectral model 2C. Top panel (a): High, Intermediate, & Low-band PSDs. The shaded regions are the 1σ error regions of the Low (pink), Intermediate (green), and High (blue) energy bands from the data. The solid lines show the Low (red), Intermediate (green), and High (blue) energy model outputs. Bottom panel (b): Crosses denote the time lags between the High and Low bands for the data. Green crosses indicate the High band lagging the Low band. Red crosses indicate the Low band lagging the High band. The blue solid line denotes the model output.

respectively, it is clear that the spectral picture we have found here is *dramatically* different in shape, despite the data being identical and the model having no additional complexity. The discrepancy between them therefore arises entirely from the systematic errors assumed. This exemplifies how susceptible spectral data alone are to degeneracy, when no external constraints are imposed from, e.g. the timing properties (see also Basak et al. 2017). Due to the constraints on the seed photon and electron temperatures, the quality of spectral fit 2C is fairly poor ($\chi^2_\nu = 102.1/91$) although in Section 4.2 we will look at how releasing these constraints can, in fact, lead to a better fit to the total and Fourier-resolved spectra.

Fig. 4 shows the optimal joint fit to the PSDs of all three energy bands, and to the High–Low band time lags obtained using spectral model 2C. The parameters of this fit are presented in Table 5, along with parameters for all other spectrally constrained timing fits shown in the body of this paper. The model fits reasonably well to the power

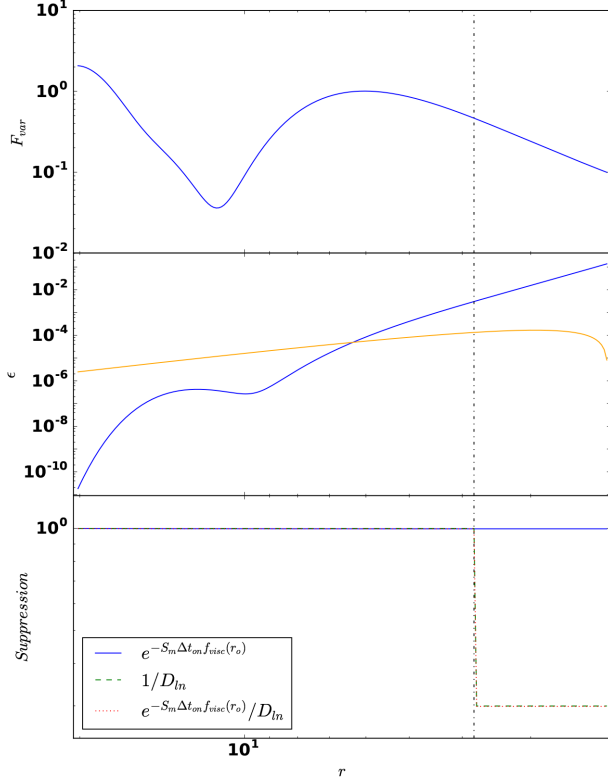


Figure 5. Top panel (a): Fractional variability (F_{var}) profile found for fit of Fig. 4. Colours and line styles as in Fig. 2(a). Middle panel (b): Emissivity (ϵ) profile found for fit of Fig. 4. Orange solid line denotes Novikov–Thorne-type $\epsilon(r) \propto r^{-3} (1 - \sqrt{r_i/r})$ profile for comparison. Other colours and line styles as in Fig. 2(b). Bottom panel (c): Smoothing/damping profile found for fit of Fig. 4. Colours and line styles as in Fig. 2(c).

spectral properties, matching the higher normalization of the Low-energy band at low frequencies compared to the Intermediate and High, and the switch to lower normalization above 8 Hz. However, the model has much less of the double hump structure below 5 Hz than is seen in the data in all energy bands. This is despite the freedom to add regions with enhanced variability, emissivity, and damping/smoothing, with the best-fitting radial profiles shown in Fig. 5. This has significant variability in the outer parts of the flow with a hump in $F_{\text{var}}(r)$ at r_o . This variability then propagates down through the *soft* region, with most contribution to the Low-energy light curve coming from the inner parts of the *soft* region due to the centrally peaked emission profile. The significant damping (dashed line in the lower panel) between the *soft* and *hard* regions ($D_{\text{SH}} = 3.3$) has then resulted in the correct power spectral hierarchy, with the *hard* component modulated by only a small part of the low-frequency variability propagated from the *soft* region. There is no significant smoothing associated with the flow (solid blue line in the lower panel).

However, this best-fitting solution completely underpredicts the lag. By having a centrally peaked emission profile which does not contribute much beyond $5 R_g$, the *soft* variability becomes characterized almost entirely by that near its inner edge close to r_{SH} . This results in a small ‘characteristic’ propagation time from the *soft* to *hard* region, far underpredicting the long lags seen in the data (see equation C1 and Fig. C1).

This tension between the power spectra and lag results is likely due to fundamental problems with spectral model 2C, as the weight-

ings from the spectral fit dictate the contributions each energy band will see from each Comptonization region. Modification of these spectral weights through an alternative spectral fit can therefore drastically alter the shape of the parameter space explored by the timing model. We will therefore now examine what our timing model can achieve when fitting only to the power spectra and time lags, with no prior fit to the energy spectra.

4.1 No constraints from the spectrum

Reworking the model to require no prior spectral fit can be done quite simply, by rewriting equation (A7). This equation describes the weighting of the mass accretion rate curve from annulus r_n when calculating the light curve in energy band, i . Recasting the energy-dependent part of this equation, we get

$$\begin{aligned} w_n^i &= \frac{\epsilon(r_n)r_n dr_n}{\sum_{\text{region}} \epsilon(r_n)r_n dr_n} \int_{E=E_i^{\min}}^{E_i^{\max}} \bar{F}(E, r_n) A_{\text{eff}}(E) e^{-N_H(E)\sigma_T} dE \\ &= \frac{\epsilon(r_n)r_n dr_n}{\sum_{\text{region}} \epsilon(r_n)r_n dr_n} L_{k(r_n)}^i, \end{aligned} \quad (9)$$

where $A_{\text{eff}}(E)$ is the detector effective area, $N_H(E)$ is the galactic column absorption, and σ_T is the Thompson cross-section. The summation limits implied here by ‘region’ are $\{r_o$ to $r_{\text{SH}}\}$ for $r_n > r_{\text{SH}}$ and $\{r_{\text{SH}}$ to $r_i\}$ for $r_n < r_{\text{SH}}$. Here, i denotes the energy band used, and so can take any value from the set [Lo, Int, or Hi]. $k(r_n)$ denotes the spectral component originating from annulus r_n , so that $k(r_n) = S + R_S$ for $r_n > r_{\text{SH}}$, and $k(r_n) = H + R_H$ for $r_n < r_{\text{SH}}$. $L_{k(r_n)}^i$ therefore denotes the luminosity produced by spectral component k , as seen in energy band, i .

Since we have assumed only two Compton components, $L_{k(r_n)}^i$ here can take one of only six values depending on the energy band and radial zone. Explicitly, we have

$$L_{k(r_n)}^i = \begin{cases} L_{S+R_S}^i, & \text{if } r_n > r_{\text{SH}}, \\ L_{H+R_H}^i, & \text{if } r_n < r_{\text{SH}}, \end{cases} \quad (10)$$

for each of the three bands. Usefully, the rms normalization on the power spectra and cross-spectra of equations (A12) and (A13) mean that in calculating timing statistics, we actually require only the *ratio* of luminosities from each component in each band, $J^i = L_{S+R_S}^i / L_{H+R_H}^i$. We can also remove the necessity for a spectral prior in determining r_{SH} by simply allowing f_H^S (formerly defined by the spectral fit through equation (3)) to be free. This leaves us with four additional free parameters in the absence of an independent spectral fit: f_H^S , J^{Lo} , J^{Int} , J^{Hi} .

The best fit for our model free of spectral constraints is shown in Fig. 6, with fit values for the new parameters shown in Table 2. We denote this ‘free spectral weight’ fit as **FSW1**. Now free from the constraints of the spectrum, this fit shows remarkable agreement with the data compared to previous cases. The PSD hierarchies and structure are better reproduced than before, although the sharpness of the high-energy peaks seems to be slightly underpredicted, potentially indicating that the *soft* component power should directly feed the *hard* Component through seed photon variations, as well as mass fluctuations. We discuss this idea further in Section 6. Remarkably though, the lag structure is very well matched for the first time, showing that the lag structure can be reproduced by certain regions of the spectral-timing parameter space, but that constraints imposed by the spectral fit have so far prevented this structure from appearing. On examining the final fit values of J^{Lo} , J^{Int} , and J^{Hi} in

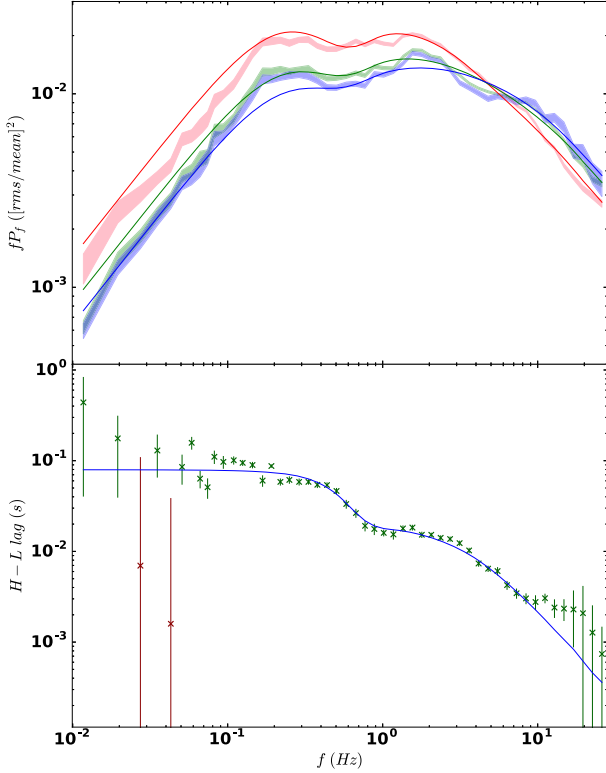


Figure 6. Timing fit with free spectral weights on all components, using the new free parameters of J^{Lo} , J^{Int} , J^{Hi} and f_H^S . Top panel (a): High, Intermediate, & Low band PSDs. Colours as in Fig. 4(a). Bottom panel (b): High–Low band time lags. Colours and symbols as in Fig. 4(b).

Table 2. Fit results for the additional free parameters included when all constraints from the spectrum are released. J^{Lo} , J^{Int} , and J^{Hi} denote the luminosity ratios between the *soft* and *hard* Compton components in the Low, Intermediate, and High bands, respectively, while f_H^S denotes the ratio of bolometric luminosities in the *soft* and *hard* components (see equation (3)). In the cases of fits **FSW1** and **FSW2**, J^{Lo} , J^{Int} , J^{Hi} and f_H^S are included as free parameters in the fits to the timing statistics. For **FSW1**, we allow the new parameters to all be free. For **FSW2**, we constrain J^{Lo} to be greater than 4.2, as this is implied by the FR spectra (see Section 4.2). The final column is included only for comparison, and shows the parameters which would be imposed by spectral fit **2CFR**.

	FSW1	FSW2	Fixed by spectral fit 2CFR
PSDs, Lags	Fig. 6	–	Fig. 9
J^{Lo}	0.31	5.02†	4.21
J^{Int}	0.16	0.26	0.13
J^{Hi}	0.11	0.02	0.02
f_H^S	4.97	1.27	1.32

Table 2, it seems that the spectral picture required by the timing data is that of a *soft* Compton component which decays monotonically with energy, providing less than 20 per cent contribution to the flux even in the Low energy band. This seems remarkably close to the behaviour of spectral-fit **2C**, and those of other fitting studies (e.g. Di Salvo et al. 2001; Basak et al. 2017) which have also indicated a *hard* component which dominates at all energies above ~ 1 keV, with only a minute *soft* Compton contribution at low energies. The glaring problem with this spectral shape becomes clear, however, when looking at the required ratio of total fluxes in the *soft* and *hard*

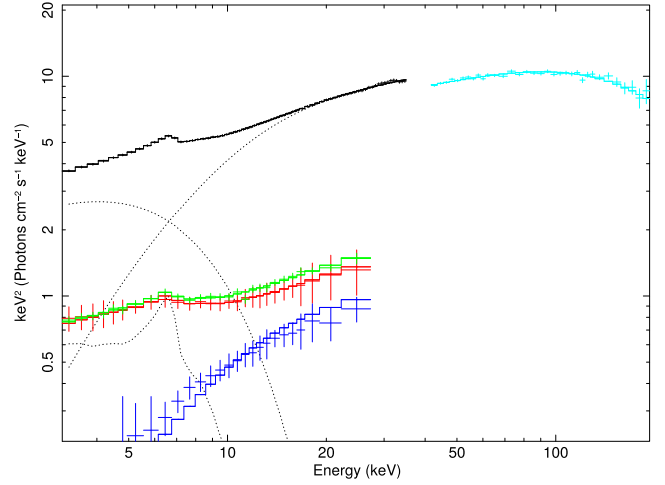


Figure 7. Two-component simultaneous fit **2CFR**, fit to the broad-band spectrum from Obs. 1 and the Fourier-resolved components. Shown are the total energy spectrum in the PCA band (black crosses) and fit (black solid line), with fit components (black dashed lines), and the total spectrum in the HEXTE band (cyan crosses) and fit (cyan solid line), with fit components (cyan dashed lines). We also show the FR spectrum for the slow variability (red crosses), and its fit (red solid line), the FR spectrum for the intermediate variability (green crosses), and its fit (green solid line), and the FR spectrum for the fast variability (blue crosses), and its fit (blue solid line). These FR components are fit using linear combinations of the *soft*, *mid*, and *hard* Compton components and their reflection, as detailed in the text.

components, f_H^S . **FSW1** requires $f_H^S \approx 5$, while models which give the required J^I behaviour have *soft* components with no more than ~ 10 per cent of the luminosity of the hard component, e.g. in the case of **2C** where $f_H^S \approx 0.06$. Not accounting for an unexpected sudden upturn in *soft* Compton contribution below the PCA band-pass then, the values found for the J^I and f_H^S are in extreme tension. However, previous spectral fitting studies have also lacked a key tool which we can now use to further constrain the spectrum, extracted from the timing data itself. This tool is the Fourier-resolved (phase-resolved) spectrum.

4.2 Constrained by the Fourier-resolved spectra

To place further constraints on the spectral fit, we now draw on the Fourier-resolved (FR) spectra found using the technique of Axelson & Done (2018). These spectra are derived from the first, second, and third humps in the energy-independent power spectrum of Obs. 1 (designated here as the ‘slow’, ‘intermediate’, and ‘fast’ variability, respectively). In Fig. 7, the slow, intermediate, and fast FR spectra are shown as the red, green, and blue crosses, respectively.

The most obvious fact on comparison of the FR spectra is that the fast component is highly distinct from the other two, with a much steeper slope down to its minimum resolved energy. Since this fast variability corresponds to where $f_{\text{visc}}(r)$ is highest, it must derive from the innermost, and therefore the hardest, region. The fast FR component therefore provides a strong constraint on the shape of the *hard* Compton component, showing that its seed photon temperature, $kT_{\text{seed}, H}$, should be much higher than that of the *soft*, which draws from the (shredding) disc at $kT_{\text{seed}, S} = 0.2$ keV. If the seed photons for the *hard* component are coming from a source other than the disc (e.g. the *soft* region), then the *hard* region cannot have a line of sight to the disc. If the *hard* region cannot intercept the photons from the disc, then the disc, in turn,

Table 3. Fitting parameters for the two-component spectral model **2CFR**, described by $\text{tbnew_gas} * (\text{nthcomp} + \text{nthcomp} + \text{kdblur} * \text{xilconv} * \text{nthcomp})$, fit to the total and FR spectra simultaneously. n_m and $(\frac{\Omega}{2\pi})_m$ denote the normalization and reflection fractions on Compton component m . Uncertainties are quoted at the 1σ confidence level. Associated spectra are shown in Figs 7 and 8.

Spectrum	Γ_S	$kT_{e,S}$ (keV)	n_S	Γ_H	$kT_{e,H}$ (keV)	$kT_{\text{seed},H}$ (keV)	$n_H \times 10^{-2}$	R_{in} (R_g)	$(\frac{\Omega}{2\pi})_S$	$(\frac{\Omega}{2\pi})_H$	$\log(x_i)$	χ^2/dof
Total	1.85 ± 0.03	$1.7^{+0.1}_{-0.1}$	$2.04^{+0.14}_{-0.07}$	1.69 ± 0.01	105^{+13}_{-9}	3.05 ± 0.13	2.3 ± 0.2	13^{+9}_{-4}	-1.1 ± 0.2	–	$3.3^{+0.2}_{-0.3}$	78.9/167
Slow FR	"	"	0.43 ± 0.03	"	"	"	$0.37^{+0.01}_{-0.02}$	"	"	–	"	"
Int. FR	"	"	0.43 ± 0.02	"	"	"	$0.41^{+0.03}_{-0.02}$	"	"	–	"	"
Fast FR	n/a	n/a	n/a	"	"	"	$0.262^{+0.007}_{-0.009}$	n/a	n/a	n/a	n/a	"

must not intercept photons from the *hard* region, and so there is no way that the *hard* component can produce disc reflection. In the following spectral fits, we therefore switch off reflection from the *hard* component [$R_H(E) = 0$], in order to keep the spectral model self-consistent.

We now simultaneously fit to the broad-band energy spectrum of Obs. 1 and its FR spectra, using 1 per cent systematic errors in the PCA bandpass to ensure consistency with Axelsson & Done (2018). Unlike spectral fit **2C**, we allow the *hard* component seed photon temperature to be free, and untie the *soft* and *hard* electron temperatures. Since the slow variability is produced in the outer regions, it will propagate through both the *soft* and *hard* Compton regions. The slow FR spectrum (red crosses with red line fit) is therefore fit with a linear combination of the *soft* and *hard* *nthcomp* components, along with the reflection from the *soft* component. We allow all normalizations of these components to be free, as it is unknown how much of the slow variability propagates into the *hard* region. The intermediate FR spectrum (green crosses and solid line in Fig. 7), whose spectral shape is very similar to that of the slow, is similarly fit with a linear combination of the *soft* and *hard* *nthcomp* components and *soft* reflection, again with free normalizations. Finally, the fast FR spectrum (blue crosses and solid line in Fig. 7) is fit only with the *hard* *nthcomp* component and no reflection, as this variability is produced and seen only in the *hard* innermost region, and as mentioned has no direct line-of-sight to the disc. We denote this as spectral fit **2CFR** (two-component Fourier-resolved), the parameters for which are shown in Table 3. Despite the additional constraints from the phase-resolved spectra, untying the electron temperatures and the *hard* Compton seed photon temperature has produced a significant improvement in the fit quality ($\chi^2_v = 78.9/167$) compared to spectral fit **2C**. The overfitting in this case is due in part to the significant errors on the Fourier-resolved spectra; discarding the FR spectra from this model we obtain ($\chi^2_v = 56.7/96$). While this is still overfit, this is often the case when applying multiple Compton components to data where the statistical errors underpredict the true uncertainty, and systematic errors must be relied upon (e.g. Ibragimov et al. 2005; Axelsson & Done 2018). However, an overfit in this case is acceptable since we know that additional spectral complexity is required by the timing properties, and that homogeneous Comptonization models are chronically incapable of fitting such data (Ibragimov et al. 2005; Yamada et al. 2013; Axelsson & Done 2018).

It is clear from the broad-band representation of Fig. 8 that we now have a very different spectral picture from that of **2C**, where the *soft* Compton component is now dominant until the iron $K\alpha$ line, switching abruptly to *hard* Compton dominance.

Using **2CFR** gives the best fit combined spectral-timing shown in Fig. 9. The general shape of both the power spectra and the time lags are approximated. The double-broken power-law behaviour is achieved with a switch in band dominance at 7–8 Hz, as observed,

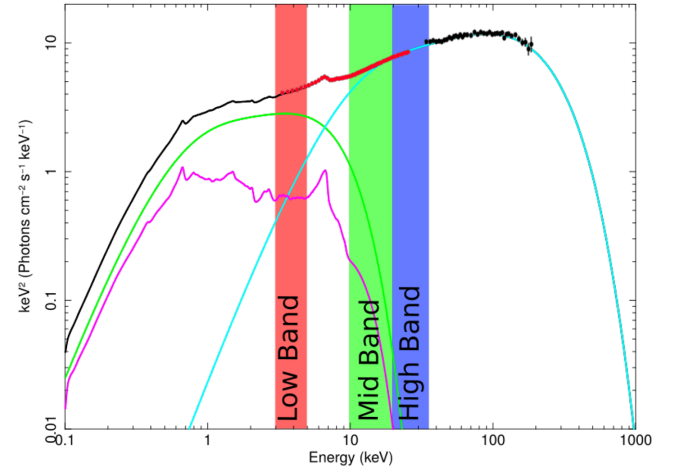


Figure 8. Broad-band representation of spectral model **2CFR**. Shown are the total energy spectrum (black), the *hard* Compton component ($H(E)$, cyan), the *soft* Compton component ($S(E)$, green), and the reflection component ($R(E)$, magenta). Filled circles show the PCA (red) and HEXTE (black) data. The red, green, and blue bands denote the Low (3.13–4.98 keV), Intermediate (9.94–20.09 keV), and High (20.09–34.61 keV) energy ranges, respectively.

while the lags decrease with frequency with the correct slope. However, the finer structure is not well modelled. The observed power spectra show distinct humps whereas the model is much smoother, while the lags behave as a smooth power-law function instead of displaying the clear steps seen in the data. These properties are due to the lack of structure present in the F_{var} profile within $10 R_g$, where the variability is almost uniform save for a minute peak near r_{SH} . This profile was likely converged upon as a compromise between the approximate shape of the PSDs and lags, but it is clearly not a good representation of the timing data.

While spectral fit **2CFR** does constrain the shape of the *hard* Compton component, degeneracy still remains between the normalization of this component and the shape of the *soft* component (and its reflection). To exhaust our analysis of the two-component class of spectral models, we would like to determine whether there exists *any* spectral fit with two Compton components which satisfies the fast FR spectral shape, fits the energy spectrum, and provides a good fit to the timing properties. To do this, we can use the framework developed in Section 4.1, with one additional constraint.

In spectral fit **2CFR**, the fastest FR component (blue lines and crosses in that figure) was well fit only with the *hard* Compton component. The curvature of the *hard* component is therefore well constrained until it peaks. In the case of that fit, the *hard* component normalization is maximal, since it contributes all of the photons at energies above ~ 25 keV. This imposes a lower bound on the

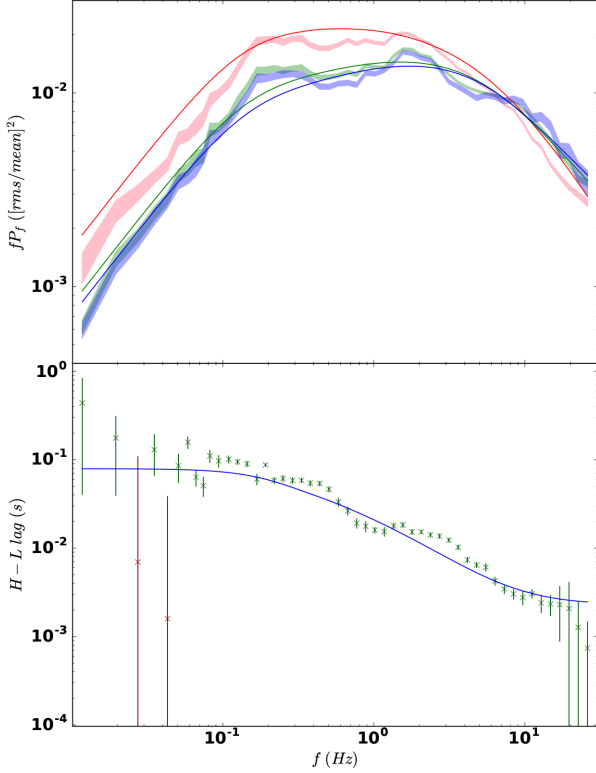


Figure 9. Timing fit using spectral model 2CFR. Top panel (a): High, Intermediate, & Low-band PSDs. Colours as in Fig. 4(a). Bottom panel (b): High–Low band time lags. Colours and symbols as in Fig. 4(b).

ratio of *soft* to *hard* component integrated flux in the Low energy band (J^{L0}) of 4.2; for any alternative fit which replicates the fast FR spectrum, the *hard* component normalization may reduce, but it cannot become larger, and its shape cannot change.

We therefore apply the constraint of $J^{L0} > 4.2$ to our ‘free spectral weight’ formalism of Section 4.1, to determine whether a better fit exists given only this requirement on the spectrum. We denote this fit as **FSW2**, with fit parameters shown in Table 2. This yields a PSD/cross-spectral best fit which shows no improvement in fit quality over Fig. 9 where spectral model 2CFR was used as a prior; for brevity, we therefore do not show this fit here. From this analysis, it appears that no two-component model exists which can reproduce the detailed structure in the timing properties simultaneously along with satisfying the FR spectra. In particular, the lag steps, which are obvious not only in these data, but also in the *Astrosat/LAXPC* observations of Misra et al. (2017), are entirely absent when using two Compton components. To find a model which can reproduce the timing features, we therefore need to examine more complex spectral decompositions than the two-component case, considering a more highly stratified flow than might be suggested by spectral fitting alone.

5 SPECTRAL FIT: THREE COMPTON COMPONENTS

We now consider the decomposition of our energy spectrum into not two, but three distinct Comptonization components, along with reflection from a truncated disc. This is not only motivated from the findings of Section 4, but also from those of other spectral-timing analyses of the low/hard state. In particular, the phase-resolved

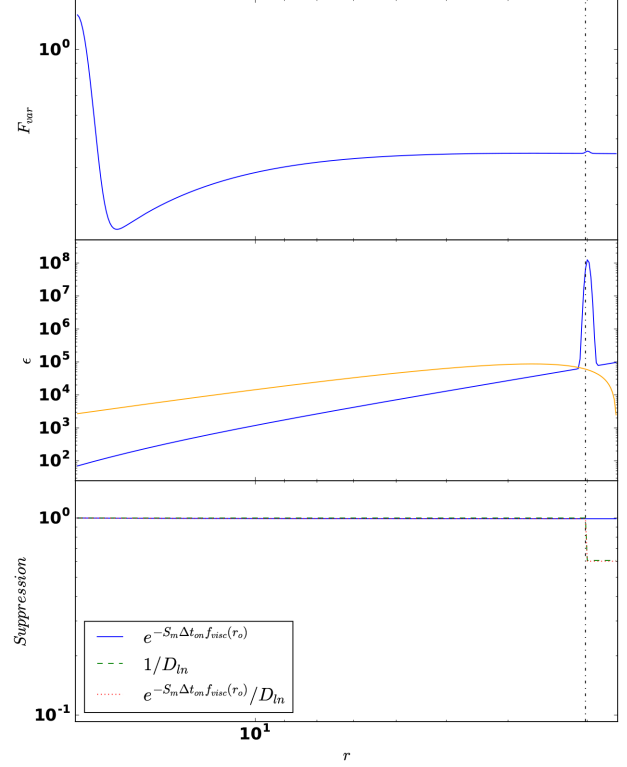


Figure 10. Fractional variability (F_{var} , top panel (a)), emissivity (ϵ , middle panel (b)), and smoothing/damping (bottom panel (c)) profiles found for fit of Fig. 9. Colours and linestyles as in Fig. 5.

analysis of Yamada et al. (2013) showed that a highly variable, very soft component was necessary, in addition to two harder Compton components, to explain the spectral shape in the 0.7–300 keV band for Cygnus X-1 data between 2005 and 2009.

In our formalism we now include an additional Compton component between the *soft* and *hard* – the ‘*mid*’ component, $M(E)$, with reflection $R_M(E)$. In the spectral timing model, the flow is therefore radially stratified into three distinct regions with *soft*, *mid*, and *hard* spectral shapes, illustrated in Fig. 11. The time-averaged flux from each annulus is therefore

$$\bar{F}(E, r_n) = \begin{cases} S(E) + R_S(E), & \text{if } r_n > r_{SM}, \\ M(E) + R_M(E), & \text{if } r_{MH} < r_n < r_{SM}, \\ H(E), & \text{if } r_n < r_{MH}, \end{cases} \quad (11)$$

where we continue to neglect reflection from the *hard* spectral component due to the fast FR spectral shape. Here r_{SM} and r_{MH} are the transition radii between the *soft* and *mid*, and *mid* and *hard* Comptonization regions respectively, analytically derived from the prescribed emissivity such that the luminosity ratios between the Compton components matches that from the emissivity. These radii therefore satisfy the coupled equations

$$\frac{\int_E S(E) dE}{\int_E M(E) dE} = \frac{\int_{r_0}^{r_{SM}} \epsilon(r) 2\pi r dr}{\int_{r_{SM}}^{r_i} \epsilon(r) 2\pi r dr}, \quad (12)$$

$$\frac{\int_E M(E) dE}{\int_E H(E) dE} = \frac{\int_{r_{SM}}^{r_{MH}} \epsilon(r) 2\pi r dr}{\int_{r_{MH}}^{r_i} \epsilon(r) 2\pi r dr}.$$

We now fit the time-averaged SED, with 1 percent systematic errors in the PCA bandpass, with three Comptonization components described by `tbnew_gas * (nthcomp + nthcomp`

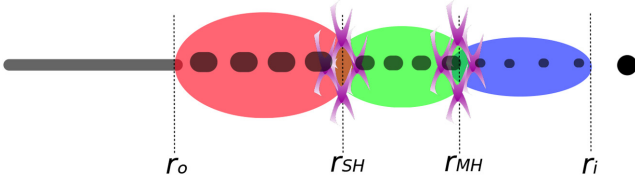


Figure 11. The physical geometry assumed within the flow in the three-component Compton model. The dark grey region denotes the thermal, thin disc which does not vary on fast time-scales. The red region denotes the fast-varying, spectrally *soft* zone; the green region denotes the fast-varying, *mid* spectral zone; the blue region denotes the fast-varying, spectrally *hard* zone. Mass accretes down the flow from the disk truncation radius at r_o , through the *soft-mid* transition radius at r_{SM} and then the *mid-hard* transition radius at r_{MH} , toward the inner flow radius at r_i . The purple knots in the flow denote a higher density of magnetic field lines at the spectral transition radius. The grey ‘blobs’ in the flow represent thermal clumps, torn from the disc at the truncation radius, dissipating as they accrete. Clump dissipation, enhancement of the magnetic flux density near the transition radius, or a combination of the two phenomena would result in damping of fluctuations as they propagate from the *soft* to the harder regions as required by the data, although our model does not distinguish between these mechanisms.

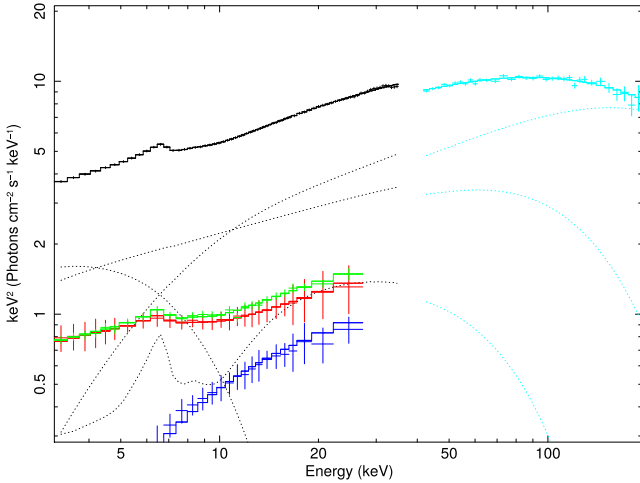


Figure 12. Unfolded three-component spectral model **3CFR**, fit to the broad-band energy spectrum from Obs. 1 and the FR components. Shown are the total energy spectrum in the PCA band (black crosses) and fit (black solid line), with fit components (black dashed lines), and the total spectrum in the HEXTE band (cyan crosses) and fit (cyan solid line), with fit components (cyan dashed lines). We also show the FR spectrum for the slow variability (red crosses), and its fit (red solid line), the FR spectrum for the intermediate variability (green crosses), and its fit (green solid line), and the FR spectrum for the fast variability (blue crosses), and its fit (blue line). These FR components are fit using linear combinations of the *soft*, *mid*, and *hard* Compton components and their reflection, as detailed in the text.

+ n_{thcomp}), and the reflection of the *soft* and *mid* components, $tbnew_gas * (kdblur * xilconv * (n_{thcomp} + n_{thcomp}))$. We simultaneously fit this model to both the total and FR spectra. In fitting, we assume that the slow variability produced in the outer regions will be seen throughout the flow, and therefore in the *soft*, *mid*, and *hard* Compton components. The slow FR spectrum (red crosses and solid line in Fig. 12) is therefore fit with a linear combination of the *soft*, *mid*, and *hard* n_{thcomp} components, and the *soft* and *mid* reflection. As in Section 4.2, we allow all normalizations of these components to be free. The intermediate variability (green crosses and solid line in Fig. 12) is also fit with a

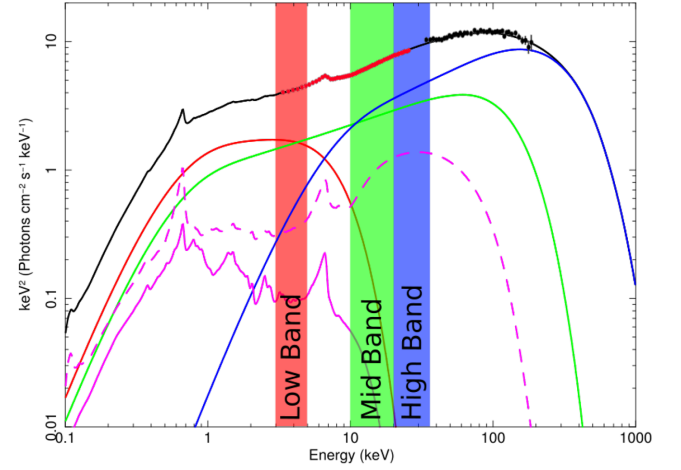


Figure 13. Broadband representation of three-component spectral model **3CFR**. Shown are the total energy spectrum (black), the *hard* Compton component ($H(E)$, blue), the *mid* Compton component ($M(E)$, green), the *soft* Compton component ($S(E)$, red), and the reflection component ($R(E)$, magenta). Filled circles show the PCA (red) and HEXTE (black) data. The red, green, and blue bands denote the Low (3.13–4.98 keV), Intermediate (9.94–20.09 keV), and High (20.09–34.61 keV) energy ranges, respectively.

linear combination of the *soft*, *mid*, and *hard* n_{thcomp} components with reflection, as an improved fit was found when allowing this spectrum some contribution from all three Compton components. Finally the fast spectral component (blue crosses and solid line in Fig. 12) is satisfactorily fit only with the *hard* n_{thcomp} component. We show this unfolded fit (denoted spectral model **3CFR**, three-component Fourier-resolved) in Fig. 12, with the corresponding broad-band shape shown in Fig. 13 and associated parameters shown in Table 4. This fit is somewhat akin to the spectral results of Yamada et al. (2013), with both fits featuring a very soft Compton component with a low-energy rollover in $S(E)$, in addition to the other two components, although our *mid* component is significantly harder than the one found in their observation.

To allow the timing fit model to accommodate three spectral components, the damping parameter of equation (8) now takes the form

$$D_{ln} = \begin{cases} D_{SM}, & \text{if } r_l \leq r_{SM} < r_n < r_{MH}, \\ D_{MH}, & \text{if } r_{SM} < r_l < r_{MH} \leq r_n, \\ D_{SM}D_{MH}, & \text{if } r_l \leq r_{SM}, r_{MH} \leq r_n, \\ 1, & \text{otherwise.} \end{cases} \quad (13)$$

The viscous frequency must also be adapted to reflect the use of three spectral regions. This now follows

$$f_{visc} = \begin{cases} B_S r^{-m_S} f_{kep}(r), & \text{if } r \geq r_{SM}, \\ B_{MH} r^{-m_{MH}} f_{kep}(r), & \text{if } r < r_{SM}, \end{cases} \quad (14)$$

where B_{MH} and m_{MH} are the viscosity parameters which the *mid* and *hard* regions share; we do not include distinct timescales for each of these regions for model simplicity.

Using spectral model **3CFR**, we obtain a best fit to the timing properties shown in Fig. 14. The Intermediate and High band data are lacking in low-frequency power, likely due to the high degree of damping ($D_{SM} = 1.98$ and $D_{MH} = 2.59$). However, the Low-energy PSD is a reasonable match to the data, with the broadband behaviour approximated, and most importantly we now find an excellent fit to the lag spectrum at all frequencies, exhibiting clear step features. The overall fit remains imperfect, but this agreement in the lags is

Table 4. Fitting parameters for the three-component spectral model **3CFR**, described by `tbnew_gas * (nthcomp + nthcomp + nthcomp + kdblur * xilconv * (nthcomp + nthcomp))`, fit to the total and FR spectra simultaneously. n_m and $(\frac{\Omega}{2\pi})_m$ denote the normalization and reflection fractions on Compton component m . Associated spectra are shown in Figs 12 and 13.

Spectrum	Γ_S	$kT_{e,S}$ (keV)	n_S	Γ_M	$kT_{e,M}$ (keV)	n_M	Γ_H	$kT_{e,H}$ (keV)	$kT_{seed,H}$ (keV)	n_H $\times 10^{-2}$	R_{in} (R_g)	$(\frac{\Omega}{2\pi})_S$	$(\frac{\Omega}{2\pi})_M$	$\log(x_i)$	χ^2/dof
Total	1.91	1.67	1.36	1.67	36.1	0.896	1.54	166	2.36	1.75	12.9	-0.539	-0.382	2.90	60.1/158
Slow FR	"	"	0.387	"	"	0.117	"	"	"	0.335	"	"	"	"	"
Int. FR	"	"	0.254	"	"	0.224	"	"	"	0.160	"	"	"	"	"
Fast FR	n/a	n/a	n/a	n/a	n/a	n/a	"	"	"	0.399	n/a	n/a	n/a	n/a	"

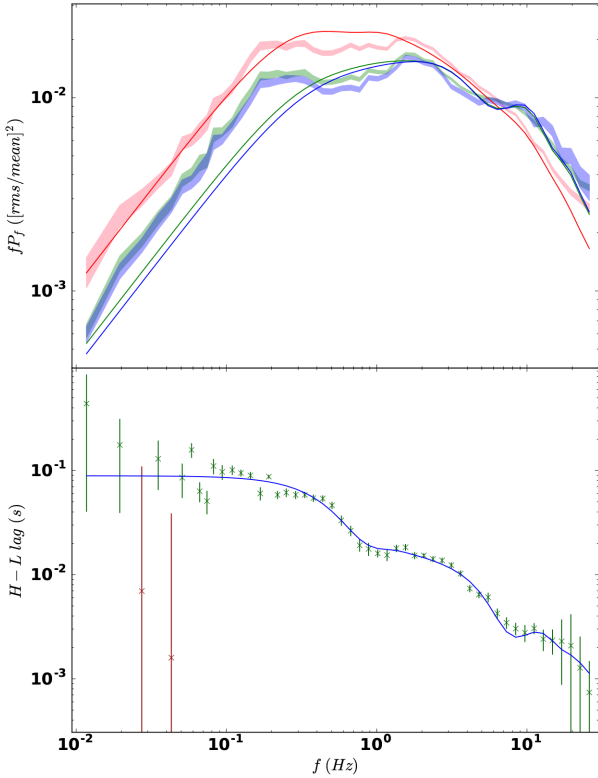


Figure 14. Timing fits using three-component spectral fit **3CFR**. Top panel (a): High, Intermediate, & Low-band PSDs. Colours as in Fig. 4(a). Bottom panel (b): High-Low band time lags. Colours and symbols as in Fig. 4(b). A time-domain animated version of this fit, including the effect on the spectral components and the mass fluctuation behaviour through the flow can be found at: youtu.be/cGdqSAhxTVw.

particularly attractive. The inferred truncation radius of $13.8 R_g$ is also consistent with spectral fitting studies (Kolehmainen, Done & Diaz Trigo 2014, $16 \pm 4 R_g$; Basak & Zdziarski 2016, $13\text{--}20 R_g$). Examining the emission profile in Fig. 15(b), we find two bright ‘rings’ at 6 and $3 R_g$. The turbulence profile of Fig. 15(a) also exhibits a significant peak at $6 R_g$, coincident with the spectral transition radii. This indicates a source of extreme variability and emission here, potentially giving rise to the switch in optical depth at this radius. Additional variability is also found at r_o , which would be attributable to disk-flow interaction. Enhanced emission (and to a lesser degree, enhanced variability) are similarly found in the timing fit from spectral model **2CFR** (Figs 9 and 10) indicating that the data require enhancement of the emission and/or turbulence at specific positions in the flow, independent of the true spectral complexity.

The qualitatively good fit we find in Fig. 14 therefore strongly suggests that the fundamental model features required to approximate complex spectral-timing data such as these include at least: a non-constant F_{var} profile, a bumpy emission profile corresponding to brighter annuli in the flow, at least three Compton components stratified with radius, and some form of damping of slow fluctuations as they propagate from softer to harder regions. Further complexities may be tested to fit the data in detail, but it appears that these features are required as a minimum to match the lags and PSDs.

Regarding the broken viscous time-scale used in fitting, all timing model fits shown in this paper have also been run with a smooth viscous profile satisfying the $f_{ib} - f_{QPO}$ relation, i.e. $f_{visc} = 0.03r^{-0.5}f_{kep}(r)$ for all r . Doing so produced only marginally worse fits in all cases (typical $\Delta\chi^2_v \sim 5$ per cent), although the lag structure in the case of Fig. 14 is qualitatively much better reproduced with a broken viscous time-scale. Since the inclusion of a smooth viscous time-scale produces only a minor reduction in fit quality, we therefore do not regard a broken viscous time-scale as a fundamental requirement of the model in the same manner as spectral stratification, $\epsilon(r)/F_{var}(r)$ enhancement, and fluctuation suppression.

While our model accommodates reasonable complexity in the Compton emission and turbulence, an endemic issue we have encountered in all fits has been the underprediction of higher energy, low-frequency power. However, this could be rectified by the inclusion of spectral pivoting of the harder spectral components, driven by variations in the seed photon production from the softer region, as detailed in Section 2.3. For spectral fit **2CFR**, the position of the *hard* seed photon temperature is quite close to the electron temperature of the *soft* component ($kT_{seed,H} = 3.05 \pm 0.13$ keV compared to $kT_{e,S} = 1.6 \pm 0.1$ keV), suggesting that at least some of the seed photons for the *hard* component are from the *soft* region. The variation in *soft* region luminosity should therefore drive a change in the *hard* component shape, and, in turn, should be an additional source of correlated variability between these components. In particular, our best-fitting case of Fig. 14 approximates the High and Intermediate band spectra down to ~ 1 Hz, but cannot reproduce the low-frequency hump seen in these bands. Direct variability in the seed photons from the *soft* component driving pivoting may help to correct this. If the *hard* component pivot point is close to the High/Intermediate energy bands, pivoting would also result in variability suppression in the High/Intermediate bands relative to the Low band, relaxing the requirement for variability damping as m fluctuations propagate from the *soft* to harder regions.

It is also worth noting that here we have shown the effect of using *our* best fits to the total + FR spectra in the timing model. However, even with constraints from the FR spectra, systematic uncertainties on our data mean that the spectral fit itself is subject to degeneracies, and some other three-component spectral fit may better represent

Table 5. Best-fitting parameter values for all timing models with a prior spectral fit shown in the body of this work. (F) indicates that the parameter is fixed. We do not quote uncertainties due to the inherent parameter space degeneracies (discussed in Appendix D), and more importantly, the sensitivity to variation of the spectral model used as a prior.

Spectral model	2C	2CFR	3CFR
PSDs, Lags	Fig. 4	Fig. 9	Fig. 14
$F_{\text{var}}(r), \epsilon(r)$	Fig. 5	Fig. 10	Fig. 15
B_S	0.03(F)	0.03(F)	0.03(F)
m_S	0.5(F)	0.5(F)	0.5(F)
B_H	1.36	0.269	n/a
m_H	1.33	1.08	n/a
B_{MH}	n/a	n/a	0.0329
m_{MH}	n/a	n/a	3.88×10^{-4}
r_o	19.9	19.1	13.8
r_i †	2.17	2.69	2.00
A_1	2.15	1.13	1.23
A_2	0.103	0.447	2.22
A_3	1.11	8.27×10^{-3}	5.01×10^{-3}
r_1^{en}	$=r_o$	$=r_o$	$=r_o$
r_2^{en}	14.1	3.64	5.96
r_3^{en}	5.78	3.00	2.58
σ_1^{en}	2.56	0.800	3.87
σ_2^{en}	1.79	11.6	0.213
σ_3^{en}	1.69	0.0216	1.40
Z_2	2.48×10^5	2.45×10^6	280
Z_3	2400	4.53×10^9	41.7
γ	9.36	3.25	9.31×10^{-3}
S_m ‡	5.35×10^{-3}	0.0175	3.52×10^{-6}
D_{SH}	3.90	1.64	n/a
D_{SM}	n/a	n/a	1.98
D_{MH}	n/a	n/a	2.59
χ^2/dof	8481/289	4875/289	4708/288

Notes. † A hard limit of $r_i \geq 2$ (near the typical ISCO) is set for the inner radius of the hot flow.

‡ A hard limit of $S_m \geq 0$ is set so that fluctuations do not unphysically become narrower as they propagate.

reality in the accretion flow. Given that the three-component model highly over-fits the spectral data alone ($\chi_r^2 = 60.1/158$), it is likely that a good spectral fit could still be obtained if the fitting procedure for the spectral and timing data were combined. This would provide better constraints on the accretion geometry by directly minimizing across the model fits to both spectra and timing, but this is beyond the scope of this work.

6 CONCLUSIONS

We expand on the spectral-timing model of MD18a describing the BHB low/hard state, in which fluctuations in the mass accretion rate propagate through a Comptonizing, hot flow. This hot flow is stratified into spectrally distinct regions. We systematically explore the inclusion of more sophisticated profiles for the flow turbulence, emissivity, damping/smoothing, and spectral shape, and fit these models to some of the best data available which is from a bright low/hard state in Cygnus X-1. This data exemplifies the complex behaviour seen in many bright low/hard state BHBs, in which low-energy bands dominate the power spectra at low frequencies, while high energy bands dominate at high frequencies (e.g. Wilkinson & Uttley 2009; Grinberg et al. 2014). These power spectra often contain distinct bumps, and the frequencies of this enhanced variability correspond to distinct ‘steps’ in the time lags as seen here (Misra et al. 2017), as well as in other sources (e.g. in GX 339-4; De Marco

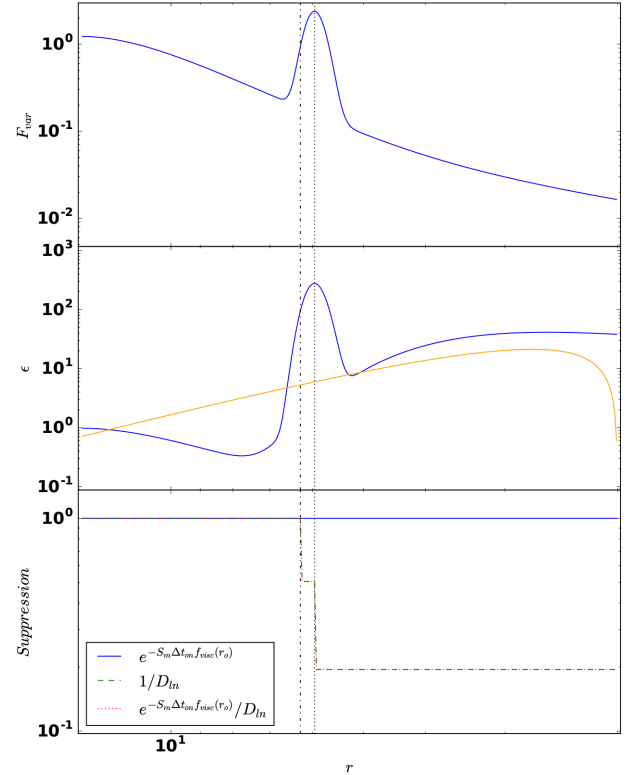


Figure 15. Fractional variability (F_{var} , top panel (a)), emissivity (ϵ , middle panel (b)), and smoothing/damping (bottom panel (c)) profiles found for fit of Fig. 14. The black dot-dashed line denotes the *soft-mid* transition at r_{SM} . The black dotted line denotes the *mid-hard* transition at r_{MH} . Other colours and linestyles as in Fig. 5.

et al. 2015). Such data is very difficult to fit (R17a; Rapisarda et al. 2017b; MD18a), indicating a complex source geometry. Lower luminosity low/hard states have smoother power spectra and time lags as a function of frequency, and can be fit with simpler models especially when the data only extend over a low-energy bandpass where only the disc and outer parts of the hot flow dominate (R17a; Rapisarda et al. 2017b). Here, we use data from 3 to 35 keV, so the emission is dominated by the flow, and not by intrinsic disc emission. It is, however an unfortunate fact that our selection criteria of a low/hard state source with the best signal to noise and the best telemetry RXTE PCA data resulted in an observation where the source structure is most complex.

The main results of this study can be summarized as follows:

- (i) Multiple continuum components showing correlated (but not identical) variability are required to produce the different power spectra seen from different energy bands across the Comptonized emission, and the lags between them.
- (ii) The data require that the amount of turbulence per radial decade is neither constant, nor a smooth power-law function of radius. Instead, annuli of enhanced turbulence are present, separated by regions of low variability. These models therefore put less emphasis upon the MRI as the sole process driving the turbulence, as it is generally expected that the MRI will produce a uniform or at least smoothly varying amount of variability per radial decade. The enhanced turbulence may instead be due to disc–flow interaction at the truncation radius, non-axisymmetric tilt shocks, flow–jet interaction, and/or other even less well-understood processes.

(iii) These regions of greater variability are also sometimes associated with additional emission. Unlike previous cases where the emission has been assumed to be a simple power-law function of radius (perhaps with an inner boundary condition), we find that the best-fitting cases require Compton-bright ‘rings’ in the hot flow. Since the emission from these rings is enhanced, the photon flux variations from them are accentuated relative to the rest of the flow.

(iv) Having distinct regions of enhanced variability and emissivity is not by itself enough to make the distinct humps in the PSD. Propagation means that the power is cumulative at any frequency, so for the power to drop requires that not all the fluctuation power is transmitted to the next radius. The only exception to this is where the emission from two distinct regions is lagged such that interference can be important in suppressing power (Veledina 2016).

(v) Damping of propagated fluctuations is also required so that lower energy bands show more low-frequency variability power than higher energy bands, which is why our models favour a damping term over the effects of interference.

We regard these as fundamental features required in any model which can reproduce the spectra, PSDs, and time lags for the bright low/hard state. This forms the basis for a new paradigm for this state, whereby the Compton emission is dominated by bright, turbulent rings, i.e. a highly inhomogeneous accretion flow. Other sources in this state may be even more complex as there is often a strong QPO present for higher inclinations.

Ultimately, even the use of spectral-timing data cannot break all the model degeneracies associated with the geometry and physical nature of the X-ray emission region without a better theoretical basis. The most fundamental issue is the lack of a clear prescription for the viscous frequency of the hot flow as a function of radius. This restricts our ability to convert from lag time to radius within the flow. The QPO–low-frequency break relation can be used to determine the truncation radius between the disc and hot flow, but the viscous frequency within the rest of the hot flow is quite unconstrained. We are still a long way from numerical simulations which can include all of the potential physical components identified here – disc truncation and the torques from a misaligned flow and jet.

Nonetheless, there are much simpler PSDs seen in the lower luminosity low/hard states which presumably imply a simpler source structure, and there are now detections of reverberation lags from the central source illuminating the accretion disc which give independent-size-scale information in GX339-4 (De Marco & Ponti 2016; De Marco et al. 2017). We will extend our method to fit these data in future work.

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SUPPORTING INFORMATION

Supplementary data are available at [MNRAS](https://www.mnras.org) online.

A time-domain animated version of the timing fit using spectral model **3CFR** can be found at: youtu.be/cGdqSAhxTVw
 This video includes the mass accretion rate fluctuation behaviour through the flow, the effect on the spectral component variation, and the output time-domain light curves for a handy illustration of how the spectra and propagating fluctuations relate.

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APPENDIX A: TIMING FORMALISM FOR TWO SPECTRAL COMPONENTS

[IvdK13](#) show that in the absence of damping, the propagated mass accretion rate curve at a given annulus can be written as:

$$\dot{M}(r_n, t) = \prod_{l=1}^n \dot{M}(r_l, t - \Delta t_{ln}), \quad (\text{A1})$$

where we denote capital $\dot{M}(r_n, t)$ as the *propagated* mass accretion rate at radius r_n , distinct from the generated variability at r_n , $\dot{m}(r_n, t)$. This of course implies that $\dot{M}(r_o, t) = \dot{m}(r_o, t)$.

However, recent work ([R17a](#), [Mushtukov et al. 2017](#)) has highlighted that equation (A1) is only a specific case of the Green's function for the accretion of an annular unit mass from radius r_l to r_n , $G(r_l, r_n, t)$. This function describes how a delta function perturbation initialized at r_l spreads and propagates towards the compact object, to be observed at some inner annulus r_n . The general case of the generator functions is therefore given by

$$\dot{M}(r_n, t) = \prod_{l=1}^n G(r_l, r_n, t) \otimes \dot{M}(r_l, t), \quad (\text{A2})$$

where \otimes denotes a convolution. In the case where $G(r_l, r_n, t) = \delta(t - t_{ln})$, we recover equation (A1) and the power spectrum of mass

accretion rate fluctuations becomes the standard case of [IvdK13](#),

$$|\tilde{M}(r_n, f)|^2 = |\tilde{m}(r_n, f)|^2 \otimes |e^{2\pi i \Delta t_{(n-1)n} f} \tilde{M}(r_{n-1}, f)|^2. \quad (\text{A3})$$

In reality, an infinitely narrow annulus propagating according to equation (A3) would be unphysical, as it would simply move towards the black hole without dispersing radially. Instead, as the surface density fluctuations propagate, they are also expected to smooth out. For a radiatively inefficient accretion flow, the relation between the smoothing time-scale and the local viscous timescale is poorly understood, so we follow [R17a](#) in parameterizing the Fourier transform of this part of the Green's function as an exponential decay with frequency and lag time, scaled by the smoothing parameter, S_m . This prescription has the property of smoothing out older and/or shorter time-scale fluctuations first, as we would expect a physically realistic accretion flow to do.

In [MD18a](#), we also showed that the Low-band dominance of the PSDs at low frequencies demands that the seed photon variability from $r > r_{SH}$ be suppressed on propagation into the inner regions. Such seed photon suppression may arise from clump evaporation as thermal packets torn from the disc dissipate as they are accreted. We again model this generically by only including a fraction D_{SH}^{-1} of the low-frequency noise propagated from the outer regions in the time series of the inner regions. The effect of this damping is distinct from the diffusive smoothing process, in that it affects all fluctuations equally irrespective of frequency or of lifetime within the flow. This prescription is only the simplest possible way to include damping, where the suppression of amplitude takes place at a specific radius. It could instead be a continuous function of radius, but since the final band-dependent light curves are simply weighted sums of the *average* mass accretion rates in each spectral region, the discrete and continuous suppression cases are interchangeable in the model. The final Green's function therefore has a Fourier transform of

$$\tilde{G}(r_l, r_n, f) = \frac{1}{D_{ln}} e^{2\pi i \Delta t_{ln} f} e^{-S_m \Delta t_{ln} f}. \quad (\text{A4})$$

The propagated PSDs are now described by

$$|\tilde{M}(r_n, f)|^2 = |\tilde{m}(r_n, f)|^2 \otimes |\tilde{G}(r_{n-1}, r_n, f) \tilde{M}(r_{n-1}, f)|^2, \quad (\text{A5})$$

which shows that the mass accretion rate in each annulus is simply a sequential convolution of all those preceding it (rescaled by their Green's functions). The modified equation in terms of the input generator power spectra is therefore

$$|\tilde{M}(r_n, f)|^2 = \prod_{l=1}^n \left| e^{-S_m \Delta t_{ln} f} \frac{\tilde{m}(r_l, f)}{D_{ln}} \right|^2, \quad (\text{A6})$$

where the coproduct symbol denotes sequential convolutions.

Our mass accretion rates are converted to counts in a given energy band, i , using the emissivity prescription and SED decomposition described in Section 2.3. This effectively weights the propagated mass accretion rate from each annulus by a factor, w_n^i , given by

$$w_n^i = \frac{\epsilon(r_n) r_n dr_n}{\sum_{region} \epsilon(r_n) r_n dr_n} \int_{E=E_i^{min}}^{E_i^{max}} \bar{F}(E, r_n) A_{eff}(E) e^{-N_H(E) \sigma_T} dE, \quad (\text{A7})$$

where $A_{eff}(E)$ is the detector effective area, $N_H(E)$ is the galactic column absorption, and σ_T is the Thompson cross-section. The

count spectrum for that band can then be written

$$C_i(t) = \sum_{n=1}^N w_n^i \dot{M}(r_n, t). \quad (\text{A8})$$

Since the mean count rate of $\dot{M}(r_n, t)$ is normalized to \dot{M}_0 , the mean count rate in a given energy band is then

$$\mu_C = \sum_{n=1}^N \dot{M}_0 w_n^i. \quad (\text{A9})$$

Dropping the superscript on w_n^i , the rms-normalized power spectrum of the variability in this energy band is then

$$P_i(f) = \frac{2dt^2}{\mu_C^2 T} |\tilde{C}_i(f)|^2 = \frac{2dt^2}{\mu_C^2 T} \sum_{l,n=1}^N w_n w_l \tilde{M}(r_l, f) \tilde{M}^*(r_n, f). \quad (\text{A10})$$

Since our Green's function has the property $G(r_l, r_n, t) = G(r_l, r_k, t) \otimes G(r_k, r_n, t)$, or equivalently $\tilde{G}(r_l, r_n, f) = \tilde{G}(r_l, r_k, f) \tilde{G}(r_k, r_n, f)$, we can use the same arguments as the case of the Green's function of IvdK13 to show that, in the case of unity mean mass accretion rate at each annulus, the cross-spectrum between annuli can be expressed as

$$\tilde{M}(r_l, f) \tilde{M}^*(r_n, f) = \frac{e^{2\pi i \Delta t_{ln}} e^{-S_m \Delta t_{ln} f}}{D_{ln}} \left| \tilde{M}(r_l, f) \right|^2. \quad (\text{A11})$$

The band-dependent power spectrum therefore becomes

$$P_i(f) = \frac{2dt^2}{\mu_C^2 T} \sum_{n=1}^N \left[w_n^2 |\tilde{M}(r_n, f)|^2 + 2 \sum_{l=1}^{n-1} w_l w_n \cos(2\pi \Delta t_{ln} f) \frac{|\tilde{M}(r_l, f)|^2}{e^{S_m \Delta t_{ln} f} D_{ln}} \right]. \quad (\text{A12})$$

We can also compare the timing data in different energy bands

$$\Gamma_{LH}(f) = \frac{2dt^2}{\mu_L \mu_H T} \tilde{C}_L(f) \tilde{C}_H^*(f), \quad (\text{A13})$$

which yields a result for the cross-spectrum, $\Gamma_{LH}(f)$, analogous to that of equation (A12),

$$\Gamma_{LH}(f) = \frac{2dt^2}{\mu_L \mu_H T} \sum_{n=1}^N \left[w_n^L w_n^H |\tilde{M}(r_n, f)|^2 + \sum_{l=1}^{n-1} \left(w_l^L w_n^H e^{2\pi i \Delta t_{ln} f} + w_l^H w_n^L e^{-2\pi i \Delta t_{ln} f} \right) \times \frac{|\tilde{M}(r_l, f)|^2}{e^{S_m \Delta t_{ln} f} D_{ln}} \right]. \quad (\text{A14})$$

Phase/time lags can then be obtained by splitting this cross spectrum into its real and imaginary parts,

$$\Re[\Gamma_{LH}(f)] = \frac{2dt^2}{\mu_L \mu_H T} \sum_{n=1}^N \left[w_n^L w_n^H |\tilde{M}(r_n, f)|^2 + \sum_{l=1}^{n-1} \cos(2\pi \Delta t_{ln} f) \left(w_l^L w_n^H + w_l^H w_n^L \right) \times \frac{|\tilde{M}(r_l, f)|^2}{e^{S_m \Delta t_{ln} f} D_{ln}} \right], \quad (\text{A15})$$

$$\Im[\Gamma_{LH}(f)] = \frac{2dt^2}{\mu_L \mu_H T} \sum_{n=1}^N \sum_{l=1}^{n-1} \left[(w_l^L w_n^H - w_l^H w_n^L) \times \sin(2\pi \Delta t_{ln} f) \frac{|\tilde{M}(r_l, f)|^2}{e^{S_m \Delta t_{ln} f} D_{ln}} \right]. \quad (\text{A16})$$

From these complex components, the time lag is then extracted as

$$\tan(2\pi f \tau_{LH}) = \frac{\Im[\Gamma_{LH}(f)]}{\Re[\Gamma_{LH}(f)]}, \quad (\text{A17})$$

in the same way as the observed timing statistic, which allows direct comparison to the data.

APPENDIX B: SPECTRAL TIMING RESULTS FOR MD18A MODEL

In Fig. B1, we show the spectral fit of MD18a, now with the reflection split into its *soft* and *hard* components. This fit is distinguished from model 2C in that systematic errors of 0.5 per cent on the model are used instead of 1 per cent on the data in the PCA bandpass. This yields a poor fit quality, ($\chi^2_\nu = 254.6/91$), however it is clear that even though this difference in systematic errors is fairly minor, the obtained fit is drastically different. We also show the best energy-dependent timing fit for this spectrum in Fig. B2 with turbulence, emissivity, and suppression profiles in Fig. B3.

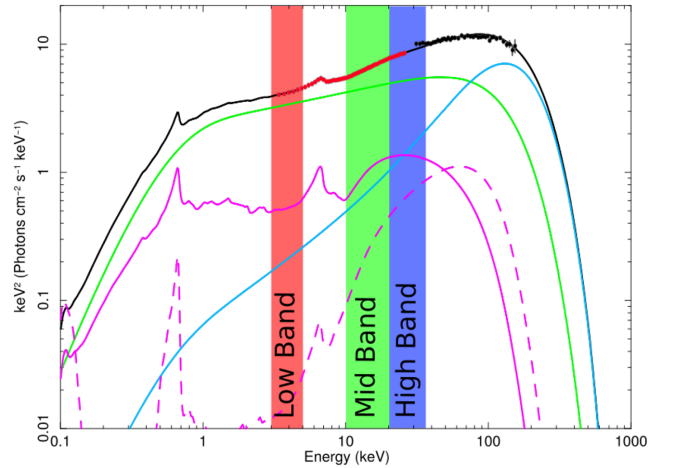


Figure B1. Two-component spectral decomposition of Obs. 1 from MD18a. While the other fits in this paper use 1 per cent systematic errors in the PCA bandpass on the data, this fit uses 0.5 per cent systematics on the model at all energies. Lines show the total energy spectrum (black solid), the *hard* Compton component ($H(E)$, cyan solid), the *soft* Compton component ($S(E)$, green solid), the truncated disc reflection from the *hard* component ($R_H(E)$, magenta dashed), and the reflection from the *soft* component ($R_S(E)$, magenta solid). Filled circles show the PCA (red) and HEXTE (black) data. The red, green, and blue bands denote the Low (3.13–4.98 keV), Intermediate, (9.94–20.09 keV) and High (20.09–34.61 keV) energy ranges, respectively. Systematic errors on model and data have been updated leading to very different spectral shapes from that of MD18a which fit the same data with the same model.

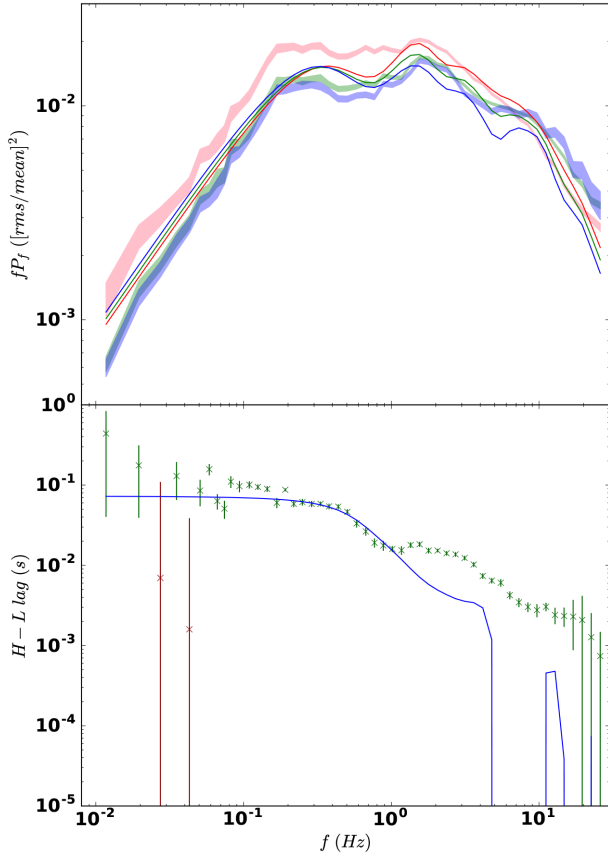


Figure B2. Timing fit using the spectral model of MD18a. Top panel (a): High, Intermediate, & Low band PSDs. The shaded regions are the 1σ error regions of the Low (pink), Intermediate (green), and High (blue) energy bands from the data. The solid lines show the Low (red), Intermediate (green) and High (blue) energy model outputs. Bottom panel (b): Crosses denote the time lags between the High and Low bands for the data. Green crosses indicate the High band lagging the Low band. Red crosses indicate the Low band lagging the High band. The blue solid line denotes the model output.

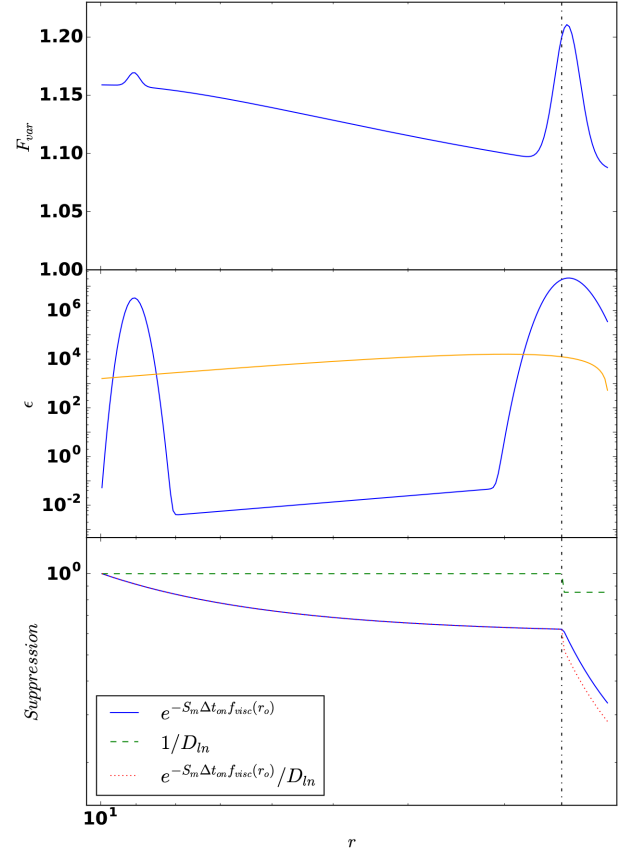


Figure B3. Top panel (a): Fractional variability (F_{var}) profile found for fit of Fig. B2. Colours and linestyles as in Fig. 2(a). Middle panel (b): Emissivity (ϵ) profile found for fit of Fig. B2. Orange solid line denotes Novikov–Thorne-type $\epsilon(r) \propto r^{-3} (1 - \sqrt{r_i/r})$ profile for comparison. Other colours and linestyles as in Fig. 2(b). Bottom panel (c): Smoothing/damping profile found for fit of Fig. B2. Colours and linestyles as in Fig. 2(c).

APPENDIX C: A DEVELOPED PHYSICAL PICTURE FOR THE OBSERVED TIME LAGS

In MD18a, we demonstrated how the maximal time lag – that for the lowest frequencies generated at r_o – can be understood in terms of fluctuations propagating from the characteristic *soft* to the characteristic *hard* position, $\langle r_S \rangle$ and $\langle r_H \rangle$. These are simply the emissivity weighted average positions within each region,

$$\langle r_S \rangle = \frac{\int_{r_{SH}}^{r_o} r^2 \epsilon(r) dr}{\int_{r_{SH}}^{r_o} r \epsilon(r) dr}, \quad \langle r_H \rangle = \frac{\int_{r_i}^{r_{SH}} r^2 \epsilon(r) dr}{\int_{r_i}^{r_{SH}} r \epsilon(r) dr}. \quad (C1)$$

The maximum raw lag is then the propagation time between these radii

$$\begin{aligned} \Delta t_{SH} &= \int_{\langle r_H \rangle}^{\langle r_S \rangle} \frac{dr}{r f_{\text{visc}}(r)} \\ &= \frac{2\pi R_g}{Bc} \left[\frac{\langle r_S \rangle^{m+3/2}}{m+3/2} - \frac{\langle r_H \rangle^{m+3/2}}{m+3/2} + \frac{\langle r_S \rangle^m}{m} - \frac{\langle r_H \rangle^m}{m} \right]. \end{aligned} \quad (C2)$$

This raw lag is illustrated schematically in Fig. C1. The lag we measure is then diluted due to the overlap of the *soft* spectral component into the High band and the *hard* component into the Low band (Uttley et al. 2014), yielding

$$\begin{aligned} \tan[2\pi f_o \tau_{\text{dil}}] &= \frac{\sin(2\pi f_o \Delta t_{SH}) (F_{\text{soft}}^L F_{\text{hard}}^H - F_{\text{soft}}^H F_{\text{hard}}^L)}{F_{\text{soft}}^L F_{\text{soft}}^H + F_{\text{hard}}^L F_{\text{hard}}^H + \cos(2\pi f_o \Delta t_{SH}) [F_{\text{soft}}^L F_{\text{hard}}^H + F_{\text{soft}}^H F_{\text{hard}}^L]}, \end{aligned} \quad (C3)$$

where F_i^j is the total flux due to spectral component i in band j . For sufficiently ‘peaked’ emissivity profiles, (i.e. the emission profile is approximately delta functions at $\langle r_S \rangle$ and $\langle r_H \rangle$ and negligible elsewhere), f_o can be replaced with f , generalizing equation (C3) to all frequencies. Introducing the *soft-hard* damping mechanism, frequencies $f < f_{\text{visc}}(r_{SH})$ are also suppressed by a factor D_{SH} in the *hard* region relative to the *soft*, and so we arrive at a modified form for the final measured lag,

$$\begin{aligned} \tan[2\pi f \tau_{\text{fin}}(f)] &= \frac{\sin(2\pi f \Delta t_{SH}) (F_{\text{soft}}^L F_{\text{hard}}^H - F_{\text{soft}}^H F_{\text{hard}}^L)}{D_{SH} F_{\text{soft}}^L F_{\text{soft}}^H + F_{\text{hard}}^L F_{\text{hard}}^H + \cos(2\pi f \Delta t_{SH}) [F_{\text{soft}}^L F_{\text{hard}}^H + F_{\text{soft}}^H F_{\text{hard}}^L]}. \end{aligned} \quad (C4)$$

Equation (C4) holds well at low frequencies in all cases, with only minor discrepancies introduced by the width of the Fourier-space generator Lorentzians away from $\langle r_S \rangle$ and $\langle r_H \rangle$. For peaked emissivities, the lags at other frequencies are also consistent with equation (C4). In Fig. C2, we demonstrate this by comparing the lags of equation (C4) with the rigorous prediction of equation (A17) for delta function emissivities at arbitrary $\langle r_S \rangle$ and $\langle r_H \rangle$. We note that the models agree remarkably well, showing that lag terms of

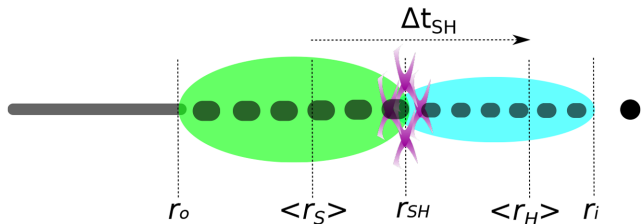


Figure C1. Simplified picture of the lag origin in the two-component Compton model. Colours as in Fig 1.

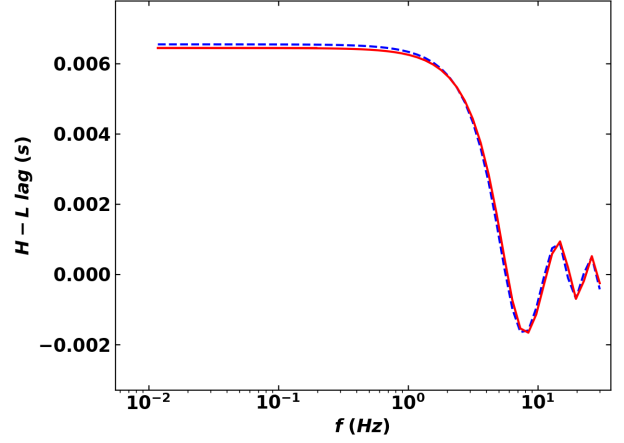


Figure C2. Comparison of lags predicted by the analytic model adapted from IvdK13 (equation A17, blue dashed line) and the physically motivated lag model of equation (C4) (red solid line) for simple delta function emissivities at arbitrary $\langle r_S \rangle$ and $\langle r_H \rangle$. Here, we use an arbitrarily selected $D_{SH} = 3$, viscosity parameters of $B = 0.03$ and $m = 0.5$, and spectral contributions to the Low and High bands from Fig. B1.

higher order than equation (C4) can be ignored in the case of this very simple emissivity.

However for broader emission profiles, the lag can significantly diverge from the equation (A17) prediction, since this breaks the key assumption in equation (C2) of the emission being dominated by $\langle r_S \rangle$ and $\langle r_H \rangle$. Ultimately, the continuum of emission leads to a greater contribution from the lags associated with other annuli and cross-term interference, and equation (C4) breaks down. The broader the emission profile, the more this physically simplified result diverges from the complex analytic prediction of equations (A13)–(A17).

APPENDIX D: UNCERTAINTIES ON FIT PARAMETERS

Due to its sheer size, the parameter space formed by the final model in this work suffers from some inherent degeneracy. Several of the posterior distributions obtained for these parameters from the MCMC chains were therefore non-gaussian. Partly for this reason, we do not quote parameters with errors, but instead show an example corner plot of the posterior distributions for a spectral-timing fit in Fig. D1. This figure shows the posterior distributions for all pairs of parameters for the fit of Fig. 14. A good example of the ‘banana’ structure characteristic of degeneracy can be seen in the γ - Z_2^ϵ or γ - Z_3^ϵ distributions in Fig. D1. This is clearly because the parameters γ , Z_1^ϵ , and Z_2^ϵ could be dependently varied to form similar $\epsilon(r)$ profiles. Also, bimodality is exhibited by several parameters (e.g. B_1 , r_2^{en}), and parameter cross-sections (e.g. $\sigma_2^{en} - \sigma_3^{en}$), making error estimations for these parameters meaningless. By contrast, the damping parameters of D_{SM} and D_{MH} are quite independent of other parameters and could be well determined for a given spectral prior variant. However, even when parameters are well constrained and non-degenerate in the timing fits, these parameters are highly sensitive to the spectral fit used as a prior, and so may vary dramatically for alternative spectral fits.

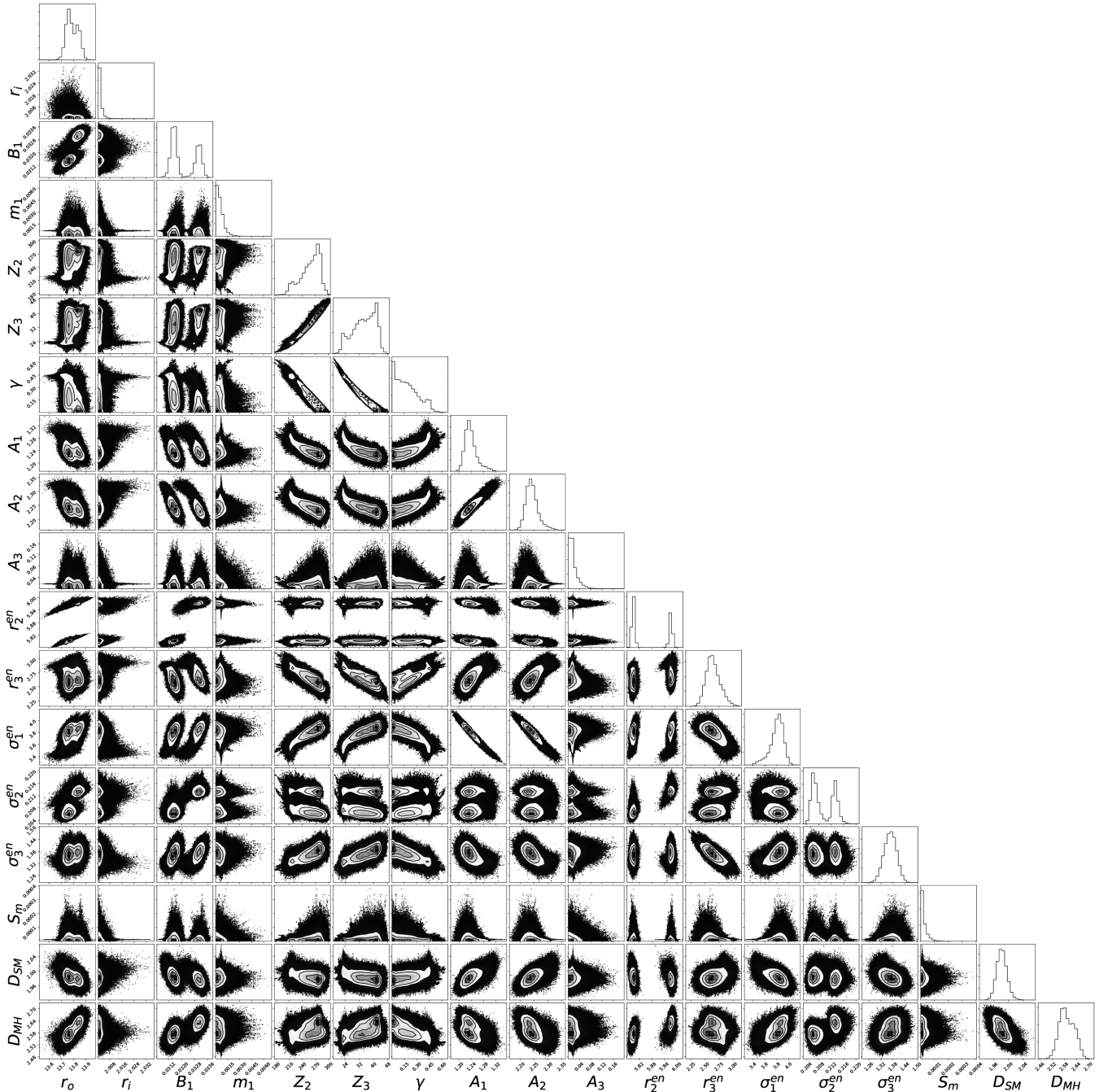


Figure D1. Posterior probability distributions found from the MCMC fit of Fig. 14, shown as an example of the parameter space degeneracies. Interior contour plots show the optimal regions of parameter space for all pairs of parameters. Panels at the top of each column show the 1D posterior distributions of each parameter, integrated over all other parameters. Note that this plot is best viewed digitally to avoid pixelization of the contours.

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