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# **Commercial Mastitis Vaccines - Effects on Mastitis Rates and Somatic Cell Counts in Saanen Goats**

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#### **ABSTRACT**

*Background***:** *Staphylococcus* spp. are the most frequently isolated microorganisms in mastitis cases of small ruminants. The virulence factors of *Staphylococcus* spp. are critical in the treatment. Therefore, preventive medicine and mastitis control programs, especially herd vaccinations are of great importance in the prevention of mastitis. However, it is not always easy to obtain these vaccines under field conditions. This study, it was aimed to compare the effects of different commercial *Staphylococcus* spp. vaccines licensed for bovines and species-specific mastitis vaccines on mastitis rates and somatic cell count (SCC) on Saanen goats on field conditions.

*Materials, Methods & Results***:** The animal material consisted of 115 (230 udder halves) nulliparous Saanen goats. Goats were randomly grouped as bovine vaccine 1 (BV<sub>1</sub>, n = 58), bovine vaccine 2 (BV<sub>2</sub>, n = 58), small ruminant vaccine (SRV,  $n = 56$ , and control ( $n = 56$ ). Vaccines were administered to goats in 2 doses according to the label regimen. First milk samples were collected between 0-5 days in milk (DIM) for microbiological analysis and 25-35 DIM for SCC. The other milk samples were collected at 25-35 ( $1<sup>st</sup>$  month) DIM, 60-65 ( $2<sup>nd</sup>$  month) DIM, 85-95 ( $3<sup>rd</sup>$  month) DIM, 115-125 ( $4<sup>th</sup>$  month) DIM, 145-155 (5<sup>th</sup> month) DIM for microbiological analysis and SCC. Non-*aureus* staphylococci (NAS) and *Staphylococcus aureus* were the most frequently isolated microorganism. It was found that the total mastitis rate decreased in vaccine groups compared to the control group. A significant difference was found only in the  $BV_2$  and SRV groups. The significant difference in *S. aureus* infection was found only in the SRV group. Mastitis vaccines used in this study decreased the *NAS* mastitis rate, but no significant difference was observed. It was found that the clinical mastitis incidence decreased in all vaccine groups compared to the control group, and a significant difference was found between the  $BV_2$  and SRV groups compared to the control group ( $P < 0.05$ ). Somatic cell count was lower in the SRV and BV<sub>2</sub> groups compared to the control group ( $P < 0.05$ ).

*Discussion***:** In this study, compatible with the previous reports NAS and *S. aureus* were the most frequently isolated microorganism. The diversity of virulence factors of *Staphylococcus* spp. also plays an important role in its high incidence. In some countries, mastitis vaccines used in cows are also administered to small ruminants for reducing infection rates. Similarly, in this study, it was found that the mastitis rate decreased in all vaccine groups compared to the control group. A significant difference was found only in the  $BV_2$  and SRV groups. It is thought that the reason for the statistical difference may be due to the biofilm antigen in the BV<sub>2</sub> and SRV. In addition, J5 strain in the BV<sub>2</sub> is estimated to be effective in reducing the prevalence of gram-negative mastitis. It was observed that the infection rates decreased in the vaccine groups, especially due to *S*. *aureus* and NAS. Spontaneous treatment rates were very close to each other between the groups. The reason for the high rate of spontaneous treatment in this study can be explained by the fact that the animals were young and in their 1<sup>st</sup> lactation. SCC was lower in all vaccine groups compared to the control group. This situation is associated with the decrease in infection rates related to the use of vaccines. It was observed that SCC was lower in the vaccine groups. In addition, SCC was found to be lower in this study compared to similar studies. However, it is evident that the use of species-specific vaccines in the SRV group significantly reduced the rates of total *S*. *aureus* mastitis, subclinical NAS mastitis, and new infections by NAS compared to other vaccines. Furthermore, the species-specific vaccine significantly increased the rate of spontaneous treatment for *S*. *aureus* mastitis.

**Keywords:** field condition, mastitis, milk, Non*-aureus* staphylococci, small ruminant, vaccine.

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## **INTRODUCTION**

Mastitis is a cause of significant economic losses in dairy ruminants, not only because of the decrease in milk yield and quality but also because of the increase in the number of culled animals and treatment costs [1,7,12,33]. There are many studies on mastitis prevalence and the most isolated microorganisms in sheep and goats are non*-aureus* staphylococci (NAS, formerly known as coagulase-negative *Staphylococcus*) and *S*. *aureus* [1,8,15].

Vaccination can play an important role in mastitis control programs. There are different vaccines commercially available against *S. aureus*. In general, commercial vaccines are bacterial-based vaccines that contain inactive *S*. *aureus* strains [27].

In recent studies, it was observed that biofilm structures play a role in *S*. *aureus* mastitis etiology [35,39]. Biofilm is highly resistant to immune cells, especially phagocytosis of macrophage, the bactericidal action of antibiotics and disinfectants [5,10]. For this reason, it is known that commercial vaccines contain biofilm antigens in recent years.

This study, it was aimed to compare the effects of different commercial *Staphylococcus* spp. vaccines licensed for bovines and species-specific mastitis vaccines on different mastitis rates and Somatic Cell Count (SCC) on Saanen goats on field conditions.

# **MATERIALS AND METHODS**

# *Animals*

The study was performed in 2 different commercial dairy Saanen herds locations (37° 25'09.4 "N 30° 26'12.9" E - 37° 11'14.2 "N 30° 21'40.9" E) in Turkey. The animal material consists of 115 nulliparous Saanen goats (230 udder halves), between 1-2 years of age without any health and mammary problems. Goats had synchronized oestrus and gave birth in an average of  $5 \pm 0.12$  days. All goats were fed *ad libitum* with a balanced diet. All lactating goats were milked twice a day at 06:00 and 18:00 throughout the lactation period. Milking hygiene included pre-and post-milking sanitization of teats.

# *Commercial mastitis vaccines and groups*

The mastitis vaccines used in the study were determined as follows: Lysigin<sup>®</sup> vaccine<sup>1</sup> (licensed for cattle), Startvac® vaccine2 (licensed for cattle), and Vimco<sup>®</sup> vaccine<sup>2</sup> (licensed for small ruminants).

- Lysigin® vaccine contains 5 different phages and 5, 8, 336 capsules of *S. aureus* serotype (bovine vaccine<sub>1</sub>,  $BV<sub>1</sub>$ ).

- Startvac® vaccine is an inactivated and polyvalent vaccine containing inactivated *Escherichia coli* J5, inactivated *S*. *aureus* capsular polysaccharide 8 (SP 140 strain), and a biofilm-associated antigenic complex (bovine vaccine<sub>2</sub>,  $BV_2$ ).

- Vimco® vaccine contains inactivated *S*. *aureus*, a biofilm-associated antigenic complex (small ruminant vaccine, SRV).

Goats were randomly grouped as  $BV_1$  (n = 58),  $BV_2$  (n = 58), SRV (n = 56), and control group (n = 56). Vaccines were administered to goats in 2 doses according to the label regimen. Licensed vaccine doses in cattle were determined according to Kautz *et al*. [20].

# *Milk sample collection*

During this study, milk samples were collected monthly from a total of 230 udder halves for 5 months. First milk samples were collected between 0-5 DIM (days in milk) for microbiological analysis and 25-35 DIM for SCC. The other milk samples were collected at 25-35 ( $1<sup>st</sup>$  month) DIM, 60-65 ( $2<sup>nd</sup>$  month) DIM, 85-95 ( $3<sup>rd</sup>$  month) DIM, 115-125 ( $4<sup>th</sup>$  month) DIM,  $145-155$  ( $5<sup>th</sup>$  month) DIM for microbiological analysis and SCC. All milk samples were collected from each udder halves into sterile tubes<sup>3</sup> (Eurotubo Deltalab, no: 429946) during morning milking [34]. All collected milk samples were maintained at or below 4°C during transport to the laboratory for analysis within 2 h.

# *Microbiological analysis and milk somatic cell count*

Microbiological analysis and somatic cell counting were carried out using the standard milk sample examination techniques, which exceeded the standard recommended by the International Dairy Federation [16]. Ten microliters of milk sample were single inoculated onto different agars<sup>4</sup> (Sheep blood agar, code: CM0271; MacConkey agar, code: PO0149). The same samples were double inoculated onto Sabouraud dextrose agar<sup>4</sup> with chloramphenicol supplement (code: PO0192). Single inoculated and one of the double inoculated plates were incubated for 24-48 h at 37°C in an aerobic environment and another one of the double inoculated plates was incubated at room temperature. The colonies were identified according to gram staining, hemolysis, catalase tests, and coagulase properties. The morphology of the bacterial colonies

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obtained was checked for colony size, shape, texture, and color. Hemolysis of the red blood cells in the sheep blood agar was also checked for by identification of the changes in the media around and under the colonies. After 48 h, plates with no growth were recorded as no growth. Plates with mixed growth were subcultured to obtain pure colonies [24]. Organisms were identified and quantified using standard laboratory techniques [28]. The SCC was determined using the Fossomatic method<sup>5</sup> according to the International Dairy Federation [17].

# *Calculation of mastitis rates*

Mastitis rate: The number of infected udder halves The number of all udder halves

New infection rate:

The number of newly infected udder halves in the group The number of all udder halves in the same group

New infection refers to the udder half that is microbiologically negative in the  $1<sup>st</sup>$  sampling but microbiologically positive in the next sampling. In addition, microorganism-positive udder halves at 0-5 DIM were defined as a new infection.

Chronic infection rate:

The number of chronically infected udder halves in the group The number of all udder halves in the same group

Chronic infection was defined as microbiologically positive udder halves in at least 2 consecutive milk samples.

Spontaneous treatment was defined as being microbiologically positive on the  $1<sup>st</sup>$  sampling but microbiologically negative on 2 subsequent consecutive samplings for at least 3 milk sampling periods.

# *Statistical analysis*

Data were collected and initially analyzed using Excel and Access<sup>6</sup> 365 and Minitab<sup>7</sup> 16.1 program. Descriptive and graphical analyses were carried out to explore the data. Chi-square statistical analysis was used to evaluate parameters such as mastitis incidence, new and chronic infection rates, and spontaneous treatment rates. The SCC was  $log_{10}$  transformed before analysis. One way repeated measures analysis of variance (ANOVA) procedure was used when analyzing the differences between groups in terms of SCC. The results are presented as mean  $\pm$  standard error  $(X \pm SE)$ . If *P* < 0.05, it was considered statistically significant.

## **RESULTS**

Non*-aureus* staphylococci (52.26%), *Staphylococcus aureus* (26.85%), *Streptococcus* spp. (4.17%), *Klebsiella* spp. (3.70%), *Shigella* spp. (1.85%), *Corynebacterium* spp. (1.39%), *Candida* spp. (1.39%), *Escherichia coli* (0.93%) and *Bacillus* spp. (0.46%) were found among the total microorganisms isolated during the study.

Total mastitis rate was lower in the vaccine groups compared to the control group. There was no significant difference between the vaccine and control groups in terms of total *NAS* mastitis incidence  $(P > 0.05)$ . There was a statistical difference between the vaccine and control groups in terms of the total *S. aureus* mastitis incidence only in the SRV group  $(P < 0.01)$ . Mastitis incidences according to *NAS* and *S. aureus*, and all microorganisms are shown in Table 1.

It was observed that clinical and subclinical mastitis rates decreased in the vaccine groups compared to the control group. *Staphylococcus* spp. and *Klebsiella* spp. are isolated at a higher rate compared to other microorganisms in clinical mastitis. *NAS* and *S*. *aureus* are the most isolated microorganism in subclinical mastitis. Subclinical and clinical mastitis incidences according to NAS, *S*. *aureus*, and all microorganisms are shown in Table 2.

Gram-negative mastitis agents were not detected in the BV<sub>2</sub> group. The highest rate was observed in the  $BV_1$  group. It was observed that the gram-negative mastitis decreased in the  $BV_2$  group compared to the control and BV<sub>1</sub> groups ( $P < 0.05$ ). It is observed that the rates of new infections in SRV and  $BV_2$  groups decreased significantly ( $P < 0.05$ ). The new infection caused by NAS and *S*. *aureus* infections was lower in the vaccine group. The new infection rate according to NAS, *S*. *aureus*, and all microorganisms are shown in Table 3.

The group with the lowest rate of chronic mastitis is the  $BV_1$  group and the group with the highest rate is the SRV group. The spontaneous treatment rates were close to each other but decreased in the control group compared to the vaccine groups. Chronic mastitis and spontaneous treatment rates according to NAS, *S. aureus*, and all microorganisms are shown in Table 4. The mean of SCC by months and groups is shown in Table 5.

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Statistical analysis was evaluated between the lines. Statistical differences between groups were indicated with different letters (a,b). Statistical significance was determined as *P* < 0.05. NS: not significant.

**Table 2.** Subclinical and clinical mastitis rates according to sampling days.



Statistical analysis was evaluated between the lines. Statistical differences between groups were indicated with different letters (a,b). Statistical significance was determined as *P* < 0.05. NS: not significant.

**Table 3.** New infection rates according to sampling days

	Control	BV	$BV$ ,	<b>SRV</b>	$P$ value
0-5 days new infection	0.155	0.052	0.125	0.103	<b>NS</b>
25-35 days new infection	$0.362$ <sup>a</sup>	0.259a,b	0.179 <sup>b</sup>	$0.207^{a,b}$	P < 0.05
55-65 days new infection	0.056a	0.103 <sup>a</sup>	$0.071$ <sup>a</sup>	$0.086$ <sup>a</sup>	<b>NS</b>
85-95 days new infection	$0.037$ <sup>a</sup>	$0.103^{a,b}$	0.071 <sup>b</sup>	$0.034^{a,b}$	P < 0.05
115-125 days new infection	$0.130^{a,b}$	$0.155^{\rm a}$	0.037 <sup>b</sup>	$0.069^{a,b}$	P < 0.05
145-155 days new infection	0.130	0.125	0.111	0.052	<b>NS</b>
Total new infection	$0.170^{\rm a}$	$0.136^{a,b}$	0.093 <sup>b</sup>	0.092 <sup>b</sup>	P < 0.01
New infection by NAS	$0.091$ <sup>a</sup>	$0.075^{ab}$	$0.063^{a,b}$	0.049 <sup>b</sup>	P < 0.05
New infection by <i>S. aureus</i>	0.048	0.035	0.024	0.023	<b>NS</b>

Statistical analysis was evaluated between the lines. Statistical differences between groups were indicated with different letters (a, b, c...). Statistical significance was determined as *P* < 0.05. NS:not significant

Table 4. Chronic mastitis and spontaneous treatment rates according to sampling days.



Statistical analysis was evaluated between the lines. Statistical differences between groups were indicated with different letters (a,b). Statistical significance was determined as  $P < 0.05$ . NS: not significant.





Statistical analysis was evaluated between the lines. Statistical differences between groups were indicated with different letters (a,b). Statistical significance was determined as  $P < 0.05$ . \* $P < 0.01$ . NS: not significant.

#### **DISCUSSION**

Many studies on mastitis prevalence and microorganism isolation have been performed in goats so far [1,8,15]. It was reported that NAS is the most common microorganism for intramammary infections in 7.192 goat milk samples [9]. Similarly, it was reported that the most isolated microorganisms in goats were NAS (12.3%) and *Staphylococcus aureus* (1.2%), while the prevalence of other bacteria was less than 0.5% [32]. Furthermore, the rate of *Staphylococcus* spp. was 73.5% in all isolates in the Sardinia region of Italy. In this study, compatible with the previous reports NAS and *S. aureus* were the most frequently isolated microorganism. According to these study data, *Staphylococcus* spp. has a high prevalence, and advanced protection and control measures are required for this microorganism. It is stated that the prevalence of NAS is very high due to contagious transmission and causing subclinical chronic infections [18]. In addition, the subclinical form of infection, the fact that the causative agent can not be noticed in milk and udder by the milker, plays a role in the continuous increase in the prevalence of NAS. The diversity of virulence factors of *S. aureus* also plays an important role in its high incidence [19,31].

The most frequently isolated gram-negative bacteria species, according to previous studies, were *E*. *coli*, *Pseudomonas* spp., *Citrobacter* spp., and *Klebsiella* spp. [13,41]. Farm hygiene and environmental factors have a close relationship with gram-negative microorganisms [14]. Although *Klebsiella* spp. was the most isolated gram-negative agent in this study, it was isolated at a very low rate compared to all microorganisms. It is estimated that frequent cleaning of milking equipment, maximum attention to milking hygiene, and udder teat dipping treatment significantly reduce the prevalence of these infections in this study.

The use of licensed commercial vaccines in sheep and goats in the world is limited. In some countries, mastitis vaccines used in cows are also administered to small ruminants for reducing infection rates. In a study, Lysigin® vaccine was administered to Saanen goats. It has been found that the infection rate was 1.64 (infection/goat) in the vaccinated group and 2.67 (infection/goat) in the control group. It has been noted that the Lysigin® vaccine

reduced infection rates (*P* < 0.122) [20]. In another study, Masti-Vac<sup>®</sup> vaccine<sup>8</sup> was administered and it was reported that the mastitis rate in the vaccine and control group was 1.3% and 2.7%, respectively [22]. Some researchers used a herd-specific vaccine in cows. It has been found that the mastitis rate was lowest in the vaccinated group (*P* > 0.05) [37]. Similarly, in this study, it was found that the mastitis rate decreased in vaccine groups compared to the control group. A significant difference was found only in the BV<sub>2</sub> and SRV groups. It is believed that the reason for the statistical difference may be attributed to the biofilm antigen in  $BV_2$  and SRV. Considering the significant role of *Staphylococcus* species' biofilm virulence, it can be said that vaccines provide more effective protection. Additionally, it is estimated that the J5 strain in  $BV_2$  has some effectiveness in reducing the prevalence of gramnegative mastitis.

In the study investigating the efficacy of the Mastivac1® vaccine9 , which consists of different *S. aureus* isolates, on experimental mastitis, the infection rates (35.3% - 90.5%) were found to be statistically significant in the vaccine and control groups, respectively  $(P < 0.01)$  [23]. The Vimco<sup>®</sup> vaccine was used by researchers, and it was stated that NAS and *S*. *aureus* mastitis rates decreased effectively in the vaccine group  $(P < 0.001)$  [38]. The results of the previous study align with the findings of this study. Unlike previous studies, the prevalence of *S*. *aureus* mastitis in the  $BV_1$  group was not statistically significant. The statistical difference in *S. aureus* infection was found only in the SRV group. The reason for this decrease can be explained by the biofilm complex in the SRV vaccine. However, despite the presence of the same antigenic complex in the  $BV_2$ , there was no statistically significant decrease in the  $BV_2$  group compared to the control group. This supports that the Startvac® vaccine, which is not used at the standard dose, may not provide effective protection against *S*. *aureus* infection. Additionally, it can be stated that species-specific vaccines play a more effective role in the control of *S*. *aureus* mastitis. Mastitis vaccines used in this study decreased the NAS mastitis rate, but no statistically significant difference was observed. It may be related to the species heterogeneity of NAS [4,6]. Another reason may be related to the biofilm production potential of the NAS isolated from the herd [19,39]. However, the effect of microorganisms on biofilm production was not determined in this study. Examining the biofilm potentials of the isolated pathogens in the study

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could have provided more comprehensive and definitive results. Biofilm production can affect the effects of microorganisms causing mastitis and their susceptibility to vaccines. Therefore, evaluating the biofilm potentials in future studies could provide more information about the control of mastitis and the effectiveness of vaccines.

A significant decrease in *S. aureus* clinical mastitis rates was reported as a result of vaccination [40]. In another study, heifers were administered a vaccine prepared from 2-8 and Smith strains, which were isolated from clinical mastitis cases [29]. The vaccine group did not encounter any clinical mastitis cases. However, the subclinical mastitis rates were 8% and 16% in the vaccine and control groups, respectively. In contrast to the aforementioned studies, some researchers administered a commercial inactivated polyvalent vaccine (containing *S*. *aureus* TC 5, TC 8 strains, *E*. *coli* J5 strain, *S*. *agalactiae*, *S*. *uberis*, *S*. *dysgalactiae*, *S*. *pyogenes*, *P*. *aeruginosa*, and *T*. *pyogenes*) in cattle [21]. The study results revealed a clinical mastitis rate of 18.7% in the control group and 26.1% in the vaccine group. Consequently, it was concluded that the vaccine did not have a significant impact in reducing the incidence of clinical mastitis. In this study, it was found that the clinical mastitis incidence decreased in all vaccine groups compared to the control group, and a statistically significant difference was found between the  $\mathrm{BV}_2$  and SRV groups compared to the control group  $(P < 0.01)$ . The reason for this difference is that leads to clinical mastitis is mostly gram-negative agents. Contrary to this situation, although clinical mastitis rates decreased in the  $BV_1$  group compared to the control group, it is estimated that this rate increased in clinical mastitis due to gram-negative agents in the  $BV_1$  group compared to other vaccine groups. Furthermore, the decrease in subclinical infections in these groups may have prevented the escalation of the infection.

Some researchers reported a moderate reduction in the rates of new infections caused by *S*. *aureus* and NAS with the Startvac® vaccine, while others found that the Lysigin® vaccine did not have a significant effect on the rates of new intramammary infections caused by *S. aureus* and NAS ( $P \ge 0.05$ ) [27,36]. Consistent with these studies, the use of vaccines in this study resulted in a reduction in new infections caused by *S*. *aureus* and NAS. However, there was no statistically significant difference in the reduction of new infection rates between the  $BV_1$  and  $BV_2$ . The only statistically significant difference was observed in the SRV group, which is specific to the species.

In a different study, Lysigin® vaccine group had a spontaneous treatment rate of 1.28 (spontaneous treatment/goat), whereas the control group had a rate of 0.6 (spontaneous treatment/goat) [20]. In this study, a similar increase in spontaneous treatment rate was observed. However, in contrast to the previous study, no statistical difference was found between the groups in this study. The spontaneous treatment rates were very similar between the groups. The reason for the high rate of spontaneous treatment in this study can be explained by the fact that the animals were young and in their 1<sup>st</sup> lactation. When evaluated in terms of spontaneous treatment, it can be observed that the SRV group has a higher rate of spontaneous treatment for NAS mastitis. This can be explained by the more effective protection and immune response provided by the adjuvant present in the full dose of the vaccine. This is because during the administration of other vaccines, the vaccine dose was reduced to almost half.

There are many studies reporting the effect of mastitis vaccines on SCC [3,20,26]. The Vimco® vaccine was utilized by researchers in Lacaune and Manchega sheep, and it was reported that SCC significantly decreased in both breeds following vaccination. The mean SCC decreased from 563.049 cells/mL to 361.970 cells/ mL in Lacaune sheep. It was found 1.060.938 cells/mL and 686.811 cells/mL in Manchega sheep control and vaccine groups, respectively [11]. These results are proportionally similar to the SRV group in this study. However, there was a difference between species in terms of SCC. This situation can be explained primarily by species diversity and apocrine lactation physiology [2,30]. In a study conducted, the Lysigin vaccine was used in Saanen goats, and the SCC was determined as 1.274 x 10<sup>3</sup> cells/ mL and  $1.529 \times 10^3$  cells/mL in the vaccine and control groups, respectively  $(P < 0.10)$  [20]. In this study, in the  $BV<sub>1</sub>$  group in which the same vaccine was used, the mean values in the vaccine and control groups were found to be  $877.9 \pm 53.5 \times 10^3 - 1012.1 \pm 62.6 \times 10^3$ , respectively. The reason for the low SCC in this study, as in the other study, can be attributed to the fact that the goats were in their first lactation period.

#### **CONCLUSIONS**

As a result, it was observed that different mastitis vaccines used in small ruminants under field conditions generally reduced the mastitis incidence

and decreased the SCC. In addition, positive effects on chronic infection and recovery rates were detected in the vaccines used. Therefore, it was thought that bovine-licensed vaccines used in small ruminants could be an alternative to small-ruminant-licensed vaccines. However, it is evident that the use of species-specific vaccines significantly reduced the rates of total *S*. *aureus* mastitis, subclinical NAS mastitis, and new NAS infections compared to other vaccines. Furthermore, the species-specific vaccine significantly increased the rate of spontaneous treatment for *S*. *aureus* mastitis. Additionally, this vaccine demonstrated the lowest somatic cell count values. Considering that *Staphylococcus* spp. is the most common causative agent in goats and the biofilm virulence of this microorganism, the presence of biofilm antigen in the vaccine to be administered can effectively reduce the rate of mastitis. However, it was determined that none of the mastitis vaccines eliminated totally the udder infection. Therefore, in addition to vaccination, other udder health management measures such as training of milkers, milking routine, maintenance of the milking system, and separation of infected animals from the herd should be included in the prevention of mastitis. It was thought that expanding the research and using more milk samples would increase the knowledge.

### MANUFACTURERS

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