

Development of a Clinical Simulation Protocol for the Transfer of a Premature Fetal Manikin to the Perinatal-Life-Support **System**

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DEVELOPMENT OF A SIMULATION PROTOCOL FOR THE TRANSFER OF A PREMATURE FETAL MANIKIN TO THE PERINATAL LIFE SUPPORT SYSTEM

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At present, Perinatal-Life-Support (PLS) research is progressing to offer extreme premature infants (24-28 wks) an extracorporeal environment for extended growth that mimics the natural womb closely. During the early phase development of this novel life-support technology, validation and training could be facilitated by the use of a medical simulation. Within this abstract, the development to realize a well orchestrated clinical simulation protocol is described, tailored to the specific needs of novel procedure(s) regarding the transfer of a premature fetus from the maternal uterus to the PLS system.

Throughout protocol development an iterative approach is used, initiated with a literature analysis and a review of existing obstetrics guidelines for premature births.^{1,2} Co-creation sessions and interviews with medical and engineering experts led to a holistic understanding of fetal physiology, patient and specialist needs, current procedures, task divisions, hospital resources and drug specifications. Expert feedback on drafts, checklists and an explanatory step-by-step video, led to multiple re-designs as unforeseen procedural difficulties arose.



Perinatalogist, nurse, anesthesiologist + assist.



Monitoring of CTG, heart rate, blood pressure.



Placement epidural catheter.



Waiting for required dilation. Perineal/vulval area are disinfected.

Transfer Two perinatalogists, surgical assistant



AROM with amniotomy hook, transfer device inserted into birth canal.

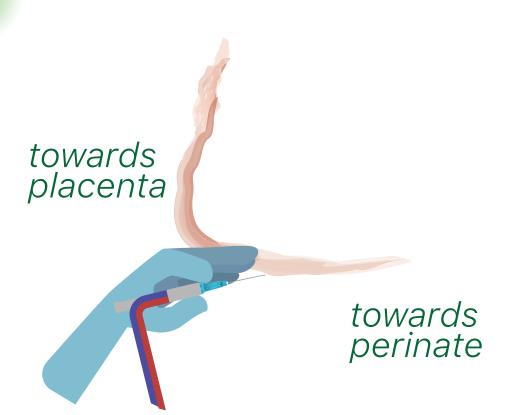


Waiting for required dilation.

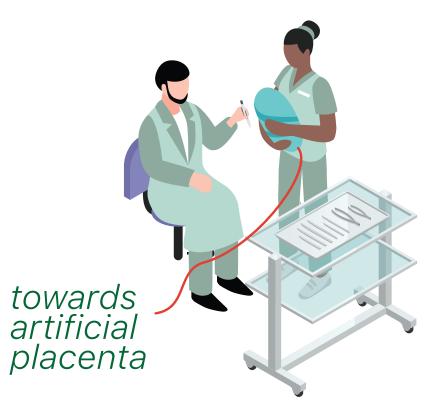


Infant is emerged in artificial amniotic fluid in transferbag.

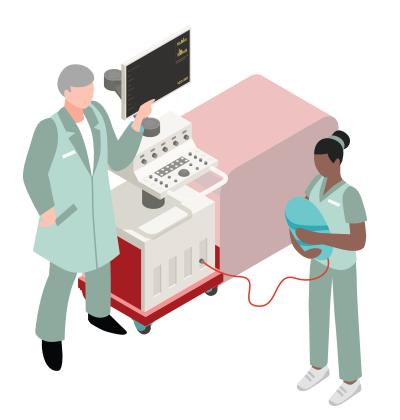
Canulation Neonatologist, CIN Nurse



UC is canulated after which the UC is clamped and dissected.



The PLS-system takes over fetal oxygenation, nourishment & can transfuse medication/blood products



The transferbag is mounted onto PLS-system



Perinatologist guides delivery of placenta and suture incisions.

Topics of discussion

Sterility

- Avoid exposure to vaginal flora to decrease risk of early onset sepsis⁴
- Prophylactic treatment of candidates
- Non-iodine solutions for vaginal lavage

Canulation

- Placental bypass via Seldiger technique
- Intra-uterine via EXIT procedure
- Canulation after UC is cut

Breathing reflex

- Suppression through medication
- Type of maternal anesthesia (C-section and vaginal delivery)
- Amnioinfusion in case of PROM

Using medical simulation during the early phase development process of the PLS-system allows us to train and validate novel practices, in particular the transfer procedure. With this approach we aim to establish a simulation protocol by providing a step-by-step plan, informed by literature and expert consultation to ensure the advancement of a safe, hygienic and effective simulation protocol. We expect to offer a realistic simulation training whilst also informing requirements for the future development of PLS-related devices and their validation.





